

# Mechanical force enhances MMP-2 activation via p38 signaling pathway in human retinal pigment epithelial cells

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## Abstract

**Background** Rhegmatogenous retinal detachment and proliferative vitreoretinopathy (PVR) are eye diseases that are characterized by mechanical stress involving stretching of the retinal pigment epithelial (RPE) cells by the vitreous or the hyperplastic membranes. Here, we assessed whether mechanical force could change the expression of matrix metalloproteinases (MMPs) in RPE cells via the mitogen-activated protein kinase (MAPK) pathway.

**Methods** Collagen-coated magnetite beads and magnetic fields were used to apply tensile forces to cultured RPE cells at focal adhesions. Activation of the MAPK, including extracellular signal-regulated protein kinase (ERK), c-jun N-terminal kinase (JNK), and p38 were determined over a time course from 5 to 30 min by Western-blot analysis.

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Activation of p38 was also tested using immunofluorescence staining. The mRNA levels of MMP-2, MMP-9, tissue inhibitor of MMP (TIMP)-2 and fibronectin (FN) were analyzed by RT-PCR. Active MMP-2 and MMP-9 were demonstrated by zymography. MMP-2 secretion was evaluated by enzyme immunoassay.

**Results** Stimulation of RPE cells with mechanical stress did not change the total protein expression of the MAPK proteins ERK, JNK, and p38. However, of the three kinases, only active p38 showed an increased protein expression which was also shown by a 2.8-fold increase in immunofluorescence staining at 5 min following mechanical stress stimulation. This increase in active p38 expression was blocked by treating the cells with the p38 inhibitor SB203580. FN mRNA increased 2.4-fold at 15 min and MMP-2 mRNA increased 2.1-fold at 4 h. MMP-2 secretion increased 1.5-fold at 4 h and 1.9-fold at 12 h. The expression of MMP-2 and FN, and the activation and secretion of MMP-2, were inhibited in the presence of SB203580. The mRNA expression of MMP-9 and TIMP-2 did not change throughout.

**Conclusions** This study shows that mechanical stress upregulates MMP-2 and FN expression through activation of the p38 pathway. The increase in MMP-2 levels evoked by mechanical force may contribute to the remodeling of the extracellular matrix around RPE cells, weakening the interlinkage and membrane attachment between RPE cells, and facilitate cellular migration.

**Keywords** Mechanical force · Retinal pigment epithelial cell · Mitogen activated protein kinase · Matrix metalloproteinase

## Abbreviations

ECM Extracellular matrix  
ERK Extracellular signal-regulated protein kinase  
FN Fibronectin

IL-8	Interleukin-8
IPM	Interphotoreceptor matrix
JNK	c-jun N-terminal kinase
MAPK	Mitogen-activated protein kinase
MCP-1	monocyte chemoattractant protein-1
MMP	Matrix metalloproteinase
PDR	Proliferative diabetic retinopathy
PVR	Proliferative vitreoretinopathy
RPE	Retinal pigment epithelial
SEM	Scanning electronic microscopy
TIMP	Tissue inhibitor of matrix metalloproteinase
VEGF	Vascular endothelial growth factor

## Introduction

The mechanical forces exerted on all living cells can induce specific physiological responses depending on the nature of the stress, triggering intracellular signaling mechanisms or pathological processes. In the eye, vitreous contacts directly with the inner limiting membrane of the retina. In proliferative diabetic retinopathy (PDR) or proliferative vitreoretinopathy (PVR), the forces from vitreous retinal traction, flow of liquefied vitreous and the contraction of epi/subretinal membrane can be transmitted through the neural retina layer to the retinal pigment epithelial (RPE) layer, separating the neural retina from the RPE layer and causing retinal detachment. Traction forces are transmitted to the RPE interface and to the RPE itself via interphotoreceptor matrix (IPM), which physically links the neural retina to the RPE [1]. IPM may prevent the detachment of the neural retina from the RPE by mechanical forces *in vivo*. RPE cells have been reported to undergo stretch during wound healing [2]. Additionally, applying mechanical force to RPE cells *in vitro* can induce secretion of growth factors such as vascular endothelial growth factor (VEGF) [3].

Matrix metalloproteinases (MMPs) and tissue inhibitor of MMPs (TIMPs) are expressed in IPM and vitreous [4]. MMPs could play a role in several retinal diseases, since they are most likely involved in normal turnover within the extracellular matrix (ECM) that surrounds the neural retina [5]. In neovascularization and proliferative retinopathies, the Bruch's membrane and the IPM are disintegrated, which suggests that MMPs may contribute significantly to the pathogenesis of ocular diseases [6–8]. Also, in choroidal neovascularization, alteration in MMP production may result in migration of RPE and choroidal endothelial cells and matrix invasion [9]. MMP-2 is secreted mainly by RPE cells and ciliary smooth muscle cells. It is also the major endogenous matrix metalloproteinase in the vitreous [10–12].

In addition, under pathological conditions like PDR and PVR, the neural retina secretes MMP-2 [13].

Mechanical stretch can enhance MMP expression in many kinds of cells, such as hepatic stellate cells [14], cardiomyocytes [15], skeletal muscles [16], vein endothelial cells [17], and vascular smooth muscle cells [18]. However, we have little information about the MMP activation in RPE cells induced by mechanical force. Whether the application of mechanical force to RPE cells contributes to pathological processes is largely unknown. With this point in mind, we utilized a model to stretch RPE cells and investigate MMP expression. Further, since mechanical stretch can evoke multiple responses in mammalian cells via the mitogen-activated protein kinase (MAPK) signaling pathway, we studied this pathway at the same time.

## Materials and methods

### Reagents

Anti-p38, anti-ERK 1/2, and anti-JNK rabbit polyclonal antibodies as well as the phosphorylated antibodies to each of these kinases were purchased from New England BioLabs (Beverly, MA, USA). An anti beta-actin mouse monoclonal antibody, horseradish peroxidase-conjugated goat antibodies against rabbit or mouse IgG, a fluorescein isothiocyanate-conjugated goat antibody against rabbit IgG, and SB203580 were purchased from Sigma (St. Louis, MO, USA). MMP-2 concentrations were determined by an MMP-2 ELISA kit (Amersham Pharmacia Biotech, Piscataway, NJ, USA). Dulbecco's Modified Eagle's Medium (DMEM) and FCS were from Invitrogen-Gibco (Rockville, MD, USA). All other chemicals were reagent grade.

### RPE cell culture

Two healthy donor eyes from one adult person were obtained from the Xi'an Central Eye Bank (Xi'an, China) and used in accordance with applicable laws and with the tenets of the Declaration of Helsinki. As previously described [19], eyes were fully bisected by a 360° incision beginning at a position posterior to the ora serrata. The vitreous and retina were removed. The remaining eyecup was washed with phosphate-buffered saline (PBS), followed by addition of 0.025% trypsin-EDTA and then incubation for 30 min at 37°C. The cells were gently scraped and seeded in DMEM with 15% FCS in a culture dish. After proliferation, the cells were retrypsinized with 0.1% trypsin-EDTA solution for 5 min at 37°C. The cells were washed with DMEM and planted in six-well plates at  $2 \times 10^4$  cells/well. The third or fourth passage cells were used for experiments.

### Force generation

Force was produced by a model system described previously [20]. Briefly, magnetite micro particles ( $\text{Fe}_3\text{O}_4$ , Sigma, St. Louis, MO, USA) were incubated with purified collagen (Vitrogen 100, Cohesion Technologies, Palo Alto, CA, USA; 1 mg/ml), at pH 7.4. After rinsing with PBS, the beads (1 g,  $9 \times 10^9$ ) were added into the RPE culture dish (60 mm) and incubated for 30 min. Then, excess non-adherent beads were removed by washing, and the cells were supplemented with fresh DMEM. A ceramic permanent magnet was placed on top of the dish to generate a perpendicular mechanical force (4.4 pN per bead). The treatment time was specific for each individual experiment.

### Scanning electronic microscopy (SEM)

RPE cells grown on uncoated glass coverslips were incubated with beads for 30 min. After washing with PBS, the cells were subjected to magnetic force for 30 min. Then, after fixation and dehydration, the specimens were coated with gold. The surface of RPE cells was recorded by SEM (Hitachi, at 20 kV and 80 mA).

### Immunoblotting

Cell lysates were prepared from subconfluent RPE cells in 60-mm diameter dishes. Cells were rinsed with PBS and collected in the presence of lysis buffer [50 mM Tris/HCl (pH 7.4), 150 mM NaCl, 0.1% (v/v) SDS, 1% (v/v) NP-40, 1 mM EDTA, 0.2 mM PMSF, 50 mM NaF, 20  $\mu\text{l/ml}$  protease inhibitor cocktail]. Freshly isolated cell homogenates were centrifuged 30 min at  $15,000 \times g$  at  $4^\circ\text{C}$ . The supernatant was collected and protein concentration was determined by BCA protein assay. All samples were then diluted in Laemmli buffer and boiled. Samples were subjected to SDS-PAGE in 10% gels and transferred to nitrocellulose membranes. The membranes were blocked with 5% skim milk in PBS overnight, washed three times with TBST, and incubated with the primary antibody, which was diluted with Tween-PBS (JNK and ERK1/2 were diluted 1:2000; p38 was diluted 1:1000), for 2 h at room temperature. The membranes were washed three times with TBST, incubated with the secondary antibody, diluted 1:2000 with Tween-PBS, for 1 h at room temperature, washed three times with TBST, and developed by chemiluminescence with LumiGLO (New England BioLabs, Beverly, MA, USA).

### Immunofluorescence staining

RPE cells grown on uncoated glass coverslips were subjected to magnetic force for 30 min. Samples were

collected and fixed with methanol for 30 min, followed by permeabilization in PBS with 0.3% Triton X-100 for 15 min at room temperature. The cells were then incubated with primary antibody (anti-phospho p38; 1:150) for 1 h at  $37^\circ\text{C}$ , and washed three times in PBS with 0.03% Triton and 0.2% BSA, and incubated with FITC-conjugated secondary antibody (1:300). Nonspecific control staining was performed on the same slide by using secondary antibody only. Coverslips were washed in PBS and mounted with the anti-fade mounting medium (Sigma, St. Louis, MO, USA). The cells were analyzed by a confocal laser scanning microscope (Leica TCS-NT, Germany). Fifty cells were selected randomly in each sample for fluorescence quantification (Leica Confocal software).

### RNA isolation, reverse transcription (RT), and PCR analysis

RNA isolation was performed with TRI reagent (Molecular Research, Cincinnati, Ohio, USA). All RNA preparations were treated with RQ1 DNase (Promega Corp., Madison, WI, USA) for 30 min. The RT-PCR protocol was performed as described in detail elsewhere [21]. RT was conducted on total RNA (1  $\mu\text{g}$ ) using 15 units of AMV reverse transcriptase (Promega Corp., Madison, WI, USA) and 0.5  $\mu\text{g}$  of oligo(dT) primer. The cDNA product was subjected to 30 cycles of amplification in a 30- $\mu\text{l}$  reaction system. PCR-amplified products were shown via agarose gel electrophoresis. Quantification of PCR products was performed by using the UVP Gel Documentation System GDS7500 (UVP, Inc., Upland, CA, USA). The density of each lane was normalized to the density of  $\beta$ -actin. Sequences of the oligonucleotides used in the RT-PCR are shown in Table 1.

### Zymographic analysis

The cell homogenate supernatants were collected and the protein concentration was determined. A final concentration of 0.1% gelatin was added to 1-mm-thick minislab gels (10% acrylamide) [22]. Briefly, 20  $\mu\text{g}$  of protein from RPE cells were used. The medium was diluted to normalize for protein quantity before the addition of  $5 \times$  Laemmli buffer under nonreducing conditions. Electrophoresis was performed at  $4^\circ\text{C}$ , and then the gels were washed in 2.5% Triton X-100 for 1 h at room temperature to remove SDS. Gelatinase reactions were facilitated by incubation in 50 mM Tris buffer at  $37^\circ\text{C}$  for 24 h. After a rinse in distilled water, the gels were stained with Coomassie brilliant blue (Merck Ltd. Dorset, UK) for 1 h. After subsequent destaining with 10% acetic acid/10% methanol (vol/vol), metalloproteinases could be identified by clear bands against a dark-blue background.

**Table 1** Human FN, MMP, and  $\beta$ -actin oligonucleotides

Primer binding sites	Primer sequences	Amplicon (bp)	Temp (°C)
FN	Forward 5'-CTCCAAGTACCCCTGAGGAA-3' Reverse 5'-CCAGGAGACTGTGAGCACTCC-3'	442	52
MMP-2	Forward 5'-CACTTTCCTGGGCAACAAAT-3' Reverse 5'-TGATGTCATCCTGGGACAGA-3'	256	55
MMP-9	Forward 5'-TTCAAGGCTGGGAAGTACTG-3' Reverse 5'-TCCGGAGGGCCCCGGTCACCT-3'	256	56
TIMP-2	Forward 5'-CCAAGCAGGAGTTTCTCGAC-3' Reverse 5'-TTTCCAGGAAGGGATGTCAG-3'	102	55
$\beta$ -Actin	Forward 5'-TTCGTGGATGCCACAGGACT-3' Reverse 5'-TCACCAACTGGGACGACATG-3'	602	55

### Enzyme-linked immunosorbent assay

RPE cells were seeded in 60-mm diameter dishes and allowed to grow in DMEM with 10% FCS for 12 h. The medium was then replaced with fresh DMEM without FCS. Subconfluent RPE cells were subjected to force. Culture-conditioned, serum-free media were collected. MMP-2 concentration was determined with immunoassays performed according to the instructions of the manufacturers (Amersham Pharmacia Biotech). All samples were evaluated in triplicate.

### Statistics

For all assays, mean $\pm$ SD from the experiments were calculated. The data were analyzed for significance by ANOVA or the paired Student's *t*-test.  $P < 0.01$  was considered to be statistically significant.

## Results

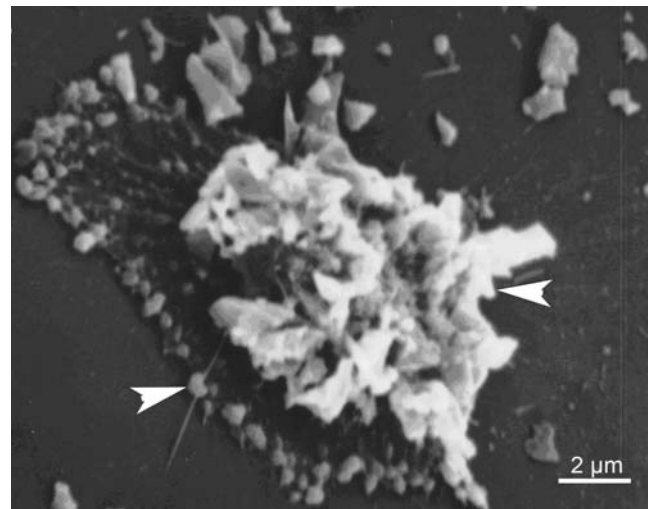
The magnetic model involves the addition of  $\text{Fe}_3\text{O}_4$  beads to RPE cells

We utilized the magnetic model to stretch RPE cells. The beads were rinsed and incubated in collagen solution. After 1 h, a thin collagen layer was formed on the beads' surface. This allowed the beads to bind to collagen receptors on the surface of RPE cells and allow the applied force to be transmitted directly to the cytoskeleton via the receptors [20]. The cells were washed to remove any unbound beads and then placed under a magnet. After half an hour of force treatment, the cells were observed by SEM. The bound beads were distributed on the dorsal surface of RPE cells (Fig. 1). Most of the beads clumped on the cell membrane above the nucleolus while others separated nearby. This kind of distribution was consistent with a cytoskeletal change evoked by force. There were no beads detached from the cell membrane after force treatment, demonstrat-

ing that the applied force was consistent throughout the experiment.

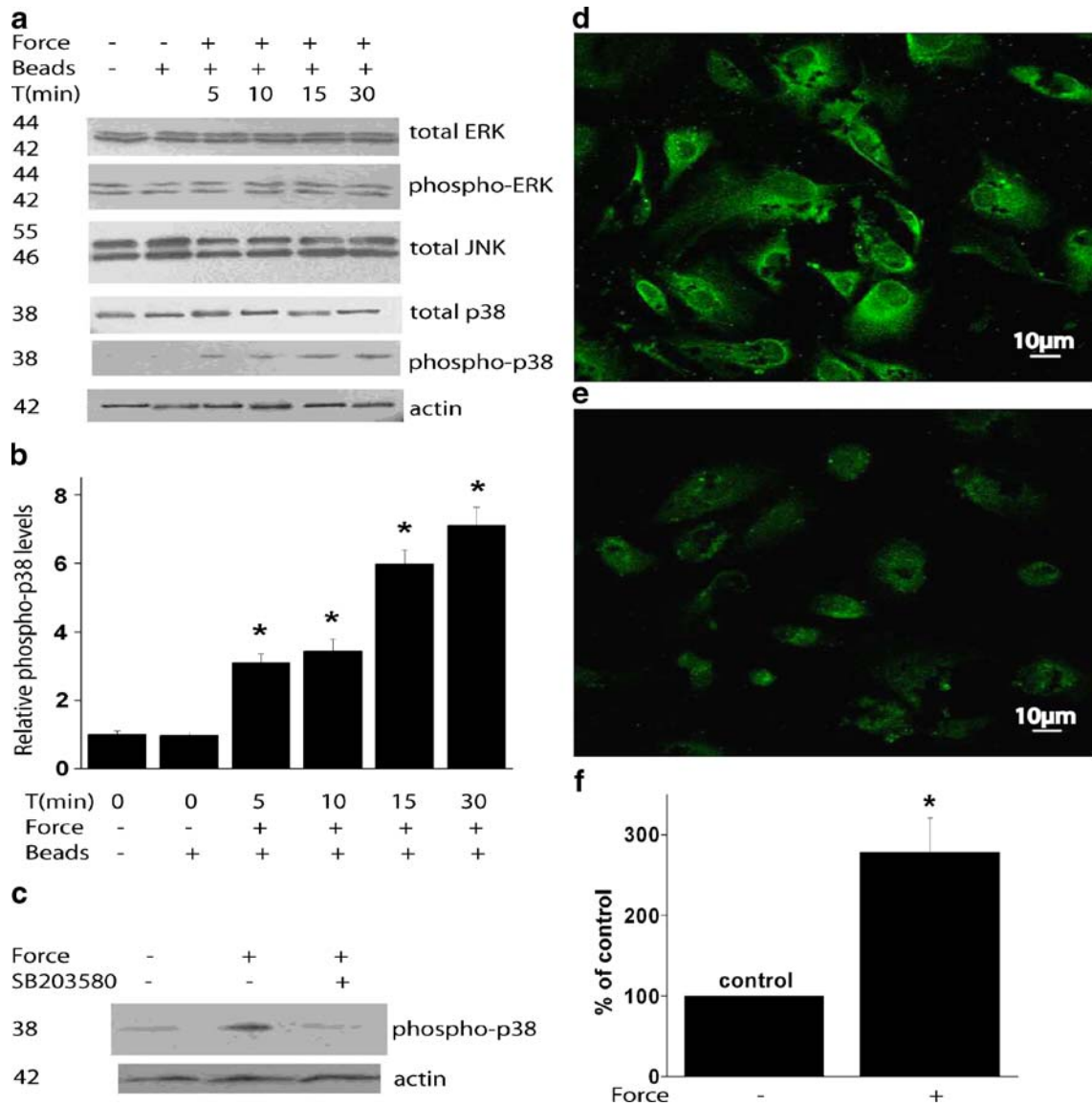
### Mechanical force activates the p38 signaling pathway in RPE cells

Since the MAPK signaling pathway is related to many important physiological functions and can be activated by force in other cell types, we checked whether force could activate MAPK in RPE cells. Cell lysates were analyzed by Western blotting to measure total protein levels and phosphorylated forms of ERK1/2, JNK, and p38. ERK1/2 and JNK were both expressed in RPE cells. However, application of mechanical force did not change the protein level of either total ERK1/2 and JNK or the phosphorylated form of ERK1/2. Phospho JNK expression could not be detected (data not shown). This suggests that neither phospho ERK1/2 nor phospho JNK are stimulated by force (Fig. 2a).



**Fig. 1** Localization of the collagen-coated beads on the surface of RPE cells. After force treatment, the specimens were coated with gold and recorded by SEM. The beads (white arrowhead) separated or clumped on the cell surface





**Fig. 2** MAPK activity in RPE cells. **a** After mechanical force exposure, cells lysates were prepared and Western blot analysis was performed on the indicated proteins. **b** The band of active p38 was scanned and calculated as the number of pixels by Glyko BandsScan software. Values are the band-density ratios compared to the control group. \* $P < 0.01$  versus control,  $n = 3$  experiments. **c** RPE cells were pre-incubated with SB203580 (2 µM), and then exposed to force for

30 min. Samples were collected and probed for active p38. **d, e** Active p38 immunofluorescence stains in RPE cells. The control group (**e**) showed a weak fluorescence in the nuclear membrane and cytoplasm, while the cells treated with force (**d**) showed increased fluorescence intensity. **f** Quantification of fluorescence intensity in RPE cells. Values are the ratios compared to the control group. \* $P < 0.01$  versus control,  $n = 50$  cells

Although force application did not alter the level of total p38, levels of phospho-p38 increased at 5 min (Fig. 2b). Addition of SB203580, an inhibitor of p38, could selectively inhibit force-induced p38 activation (Fig. 2c). Phospho-p38 fluorescence intensity increased 2.8-fold ( $278.7\% \pm 42.2\%$ ;  $P < 0.01$ ;  $n = 50$  cells) in the nuclear membrane and cytoplasm of force treated RPE cells (Fig. 2d, e, f). The beads on the surface of the cells shielded some of the fluorescence emitted from the cytoplasm and nuclear membrane, making the outline of the positive area blurred and interrupted.

Mechanical force upregulates MMP-2 and FN mRNA expression

The balance between MMPs and TIMPs is very important for its direct role in the vitreous liquefaction during aging and pathological processes. To test whether express levels of MMPs and TIMPs were altered during force treatment, mRNA expression was measured by semi quantitative RT-PCR. RPE cells were exposed to force for 15 min, 30 min, 1 h, 4 h, or 12 h. FN mRNA increased approximately 2.4-fold ( $247.4\% \pm 31.7\%$ ;  $P < 0.01$ ;  $n = 3$ ) at 15 min. MMP-2

mRNA increased 2.1-fold ( $216.7\% \pm 28.3\%$ ;  $P < 0.01$ ;  $n = 3$ ) at 4 h (Fig. 3a, b). SB203580 completely abolished the increased mRNA expression of MMP-2 and FN at 12 h (Fig. 3c, d). However, both MMP-9 and TIMP-2 mRNA levels did not change during the time course of the experiment (data not shown).

#### Mechanical force upregulates MMP-2 protein expression

MMPs protein-expression levels were measured by zymography. Both static and stretched RPE cells produced a constitutive 72-kD gelatinolytic band consistent with inactive MMP-2, with an increase noticeable at 12 h. The 68-kD gelatinolytic bands consistent with active MMP-2 did not change until 4 h (Fig. 4a, b). Levels of both inactive and active MMP-2 did not change in stretched cells pretreated with SB203580 at 12 h, relative to the unstretched cells (Fig. 4c, d). No active MMP-9 was detected in stretched cells (data not shown).

#### Mechanical force upregulates MMP-2 secretion

We collected culture-conditioned, serum-free media to measure the secreted MMP-2 concentration by ELISA. In the supernatants of untreated RPE cells, MMP-2 release was detected at a level of  $29.33 \pm 7.62$  ng/ $10^5$  cells. In force-treated groups, MMP-2 concentration increased approximately 1.5-fold ( $1.5 \pm 0.23$ ;  $P < 0.01$ ;  $n = 3$ ) at 4 h and

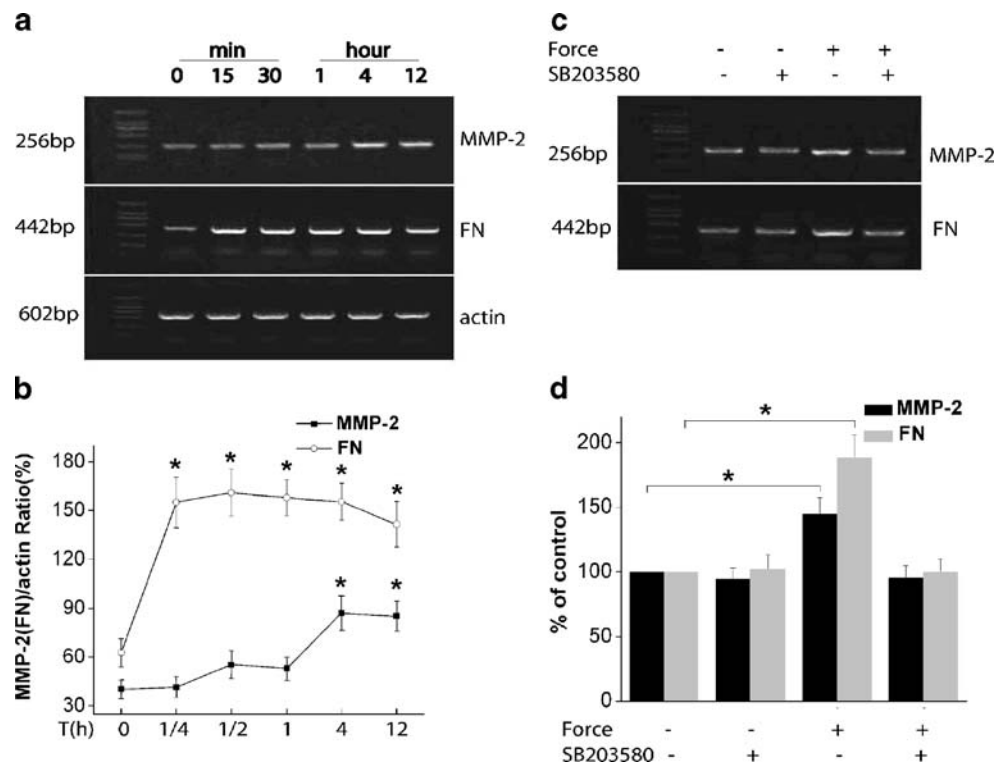
1.9-fold ( $1.94 \pm 0.29$ ;  $P < 0.01$ ;  $n = 3$ ) at 12 h. These increases could be blocked by SB203580 pretreatment (Fig. 5).

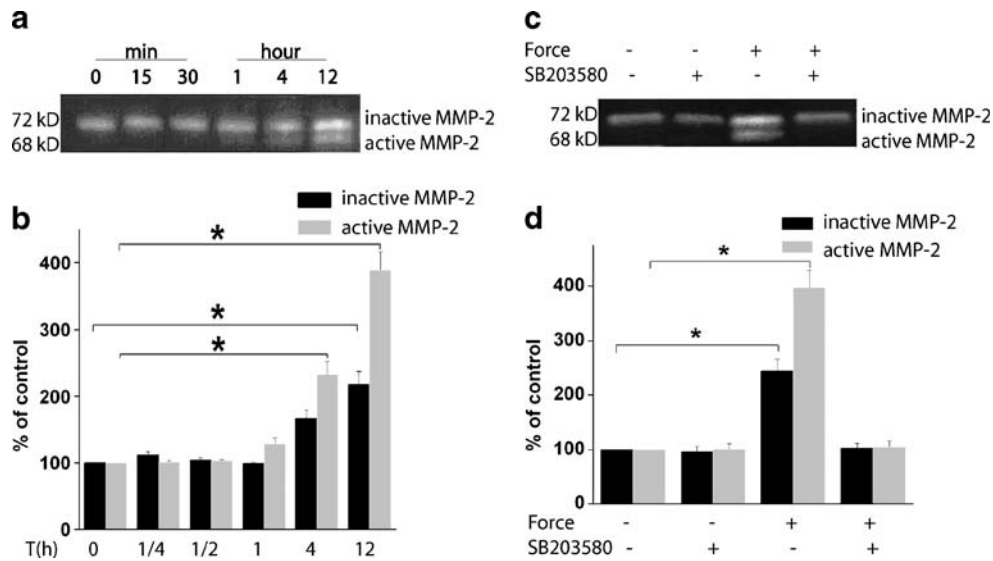
## Discussion

Our previous work showed that force application could alter the polarity of RPE cells [23]. Furthermore, after force exposure, an increased expression of both monocyte chemoattractant protein-1 (MCP-1) and interleukin-8 (IL-8) was demonstrated. If pretreated with an inhibitor of actin polymerization, the RPE cells could no longer overexpress both chemokines. This suggests that the cytoskeleton is involved in regulating the expression [24]. However, it was unknown whether the ECM is involved in this process. In the present study, our analysis revealed that the expression of MMP-2 and FN in RPE cells increased after mechanical stress stimulation via the p38 signaling pathway.

RPE cells are stretched by the vitreous, which would presumably apply lateral shear force. Force from hyperplastic membranes of PVR or PDR could be multi-directional. When the neural retina is detached, the outer segments often appear bent in one direction in what appears to be shear-force distortion. It is very difficult, however, to mimic all of the complex situations in vitro as they occur in vivo. Although the model does not exactly replicate the in vivo condition, it does allow an in vitro method for testing the mechanical tension in cells. So it is worth applying the

**Fig. 3** MMP-2 and FN mRNA expression in RPE cells. **a** Cells were treated with force for different times and total RNA was isolated. Representative amplicons of MMP-2, FN and  $\beta$ -actin were analyzed by RT-PCR. **b** The density of each lane was normalized to the density of  $\beta$ -actin. **c** RPE cells were pre-incubated with SB203580 (2  $\mu$ M), and then exposed to force for 12 h. Representative amplicons of MMP-2 and FN from the treated group were shown in the last lane. The control group was shown in the first lane. **d** The quantification of each lane was shown as percentage of the control. \* $P < 0.01$  versus control,  $n = 3$  experiments





**Fig. 4** Force-induced MMP-2 activity in RPE cells. **a** Cells were treated with force for different times. Extracted protein was analyzed by gelatin zymogram to show inactive and active MMP-2. **b** The quantification of each band is shown as percentage of the control. **c**

After SB203580 (2 μM) pretreatment, cells were exposed to force for 12 h. The treated group is shown in the last lane. The control group is shown in the first lane. **d** The quantification of each lane was shown as percentage of the control. \**P*<0.01 versus control, *n*=3 experiments

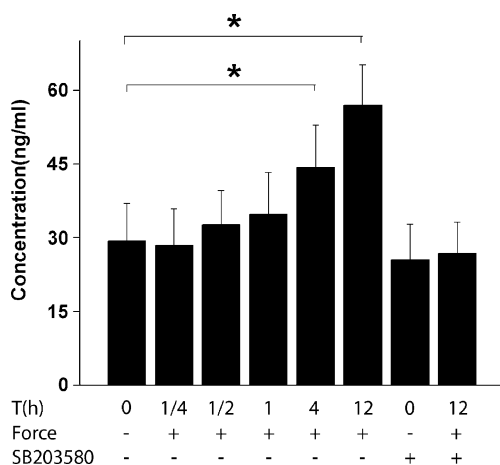
simple model to detect whether mechanical stretch, an important factor that has never been evaluated before, might play a role in the pathological process.

Mechanical stretch occurs in the human eye with PVR or PDR [1]. PVR is a common complication to retinal detachment and the leading cause of anatomical failure in surgery. PVR is associated with the production of inflammatory cytokines, ECM deposition, and release of MMPs from activated cells. RPE cells are a major type of proliferative cell in PVR. Thus far, few studies have examined mechanical force in relation to RPE cells. If the

mechanical stretch affects ECM deposition and MMP expression, force should be an important factor in the pathological process. RPE cells, a source of MMPs, proliferate and migrate toward the neural retina and contribute largely to the formation of fibrocellular retinal membranes [25, 26]. In this study, we report that force affects the balance between MMPs and TIMPs, which might affect migration of RPE cells and proliferative membrane formation.

A precise balance between MMP and TIMP activities may be important for the integrity of ECM components. In the family of MMPs, MMP-2 plays a vital role in the eye. MMP-2 exists in an inactive form and an increase in activity is associated with pathologic conditions [27]. During vitreous liquefaction in aging and various pathological states, MMP-2 activity is considered a potential mechanism [28]. In the development of postoperative PVR, all of the vitreous samples express MMP-2 [29]. MMP-2 is the predominant type of MMP in subretinal fluid. The proteolytic activity in subretinal fluid may be connected to the release of RPE cells into subretinal fluid and to vitreous degradation [30]. In the fibrovascular tissues of PDR, ProMMP-2 is efficiently activated, which indicates that the activity of MMP-2 may be involved in the formation of the fibrovascular tissues [31].

The balance between MMPs and TIMPs in RPE cells may be disrupted in some ocular diseases. MMP-2 can reduce sub-RPE deposits formed most notably in age related macular degeneration [32–34]. The integrity of the Bruch's membrane may regulate MMP and TIMP secretion



**Fig. 5** Force-induced MMP-2 secretion by RPE cells. Secreted MMP-2 in the culture medium was analyzed by ELISA. \**P* <0.01 versus control, *n*=3 experiments

by RPE cells. ECM also sends signals that regulate MMP and TIMP synthesis in RPE cells [35]. RPE cell migration stimulated by cytokines may be facilitated by an increased release of MMPs accompanied by comparatively lower levels of TIMPs [36]. In our study, mechanical stretch enhances MMP-2 expression in RPE cells. Hence, we suggest such a mechanism: when RPE cells are stimulated by the force either from liquefied vitreous or hyperplastic membranes, increased secretion of MMP-2 destroys the balance between MMPs and TIMPs, and changes both the structure and function of IPM and Bruch membrane (unpublished studies), which may facilitate cellular migration. When RPE cells disperse into the vitreous cavity and appear in subretinal fluid, both inflammatory cytokines and MMPs could modulate proliferation and migration of RPE cells, thus causing further development of PVR or PDR.

FN is a substrate of MMPs and a chemoattractant for RPE cells. As an ECM component, FN enhances RPE cell attachment and is present in PVR membranes. Mechanical stretch can upregulate FN mRNA expression in vascular smooth muscle cells [37] and mesangial cells [38]. Our data show a similar result in RPE cells. As cytoskeletal redistribution induced by force seems to be one kind of stress response, upregulation of FN should be considered another one. FN may help to build up and strengthen the ECM around RPE cells.

The change in ECM may activate several signaling pathways, which leads to altered regulation of genes that synthesize and catabolize ECM proteins. At the same time, cell division and tissue structure and function may be altered as well [39]. MAP kinases can be activated in response to various stresses, such as mechanical force, hyperosmolar conditions, oxidative stress, and cytokines [40–42]. Mechanical force activates p38 MAP kinase in rat ventricular myocytes [43]. p38 is the only MAP kinase affected by tensile forces in cardiac fibroblasts [44] and human gingival fibroblasts [45]. In our study, the fluorescence intensity of p38 markedly increased in the cytoplasm and nuclear membrane of RPE cells after force stimulation. We conclude that mechanical force can activate p38 in RPE cells. It is well known that mechanical stretch can evoke many kinds of responses in mammalian cells via the MAPK signaling pathway. MMP-2 is stimulated by cyclic strain in endothelial cells in vitro, in part through both p38- and ERK-dependent pathways [46]. Force inhibits smooth muscle actin in cardiac fibroblasts through p38 pathway [47]. In human mesangial cells, stretch force induces transforming growth factor- $\beta$ 1 and FN expression via p38 [48]. Our results indicate that force-induced p38 activation plays a central role in MMP and FN expression in RPE cells and influences ECM turnover. Furthermore, since the specific p38 inhibitor SB203580 blocked overexpression of

MMPs and FN, p38 appears to be very important to pass force signals downstream to genes and proteins such as MMP-2 and FN. The mechanism may underscore a possible role of p38 inhibitors as anti-decompensate agents of ECM.

In summary, these data indicate that mechanical stretch results in a shift in the balance between MMPs and TIMPs, caused in part by a mechanism involving the p38 signaling pathway. Increased MMP-2 activity evoked by mechanical force may potentially contribute to ECM remodeling around RPE cells, weaken the interlinkage between RPE cells and the membrane being attached, and facilitate cellular migration. These data deepen our understanding of pathological processes and open a potential avenue of therapy for PDR and PVR.

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