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Reactive lymphoid hyperplasia 1 month after LASIK surgery

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Abstract *Purpose:* This study was conducted to investigate a case of reactive lymphoid hyperplasia following laser assisted in situ keratomileusis (LASIK). *Methods:* A 31-year-old man who underwent LASIK presented 1 month later with a fleshy conjunctival (plical) tumor in the left eye. An excision biopsy of the tumor was performed. *Results:* Histopathology of the excised tumor revealed reactive lymphoid hyperplasia. *Discussion:* Conjunctival lymphomas can masquerade as chronic conjunctivitis and can be preceded by reactive lymphoid hyperplasia. It is important to identify and differentiate these tumors.

This report describes the unusual occurrence of a lymphoid conjunctival tumor after LASIK eye surgery.

Keywords LASIK · Lymphoid · Hyperplasia · Complication · Tumour

Introduction

One of the most significant areas of development in photorefractive keratectomy is laser-assisted in situ keratomileusis (LASIK) [2], which involves the use of a microkeratome to create a flap of anterior cornea that is raised to facilitate ablation of a portion of the corneal stroma (typically to treat myopia). In this work, we describe a case of lymphoid hyperplasia tumor developing after LASIK surgery.

Case report

A 31-year-old man underwent LASIK in April 2002 for correction of myopic astigmatism (oculi uterque). After the procedure, he was treated with ocular lubricating drops and topical steroids. One month later, he noticed a small growth forming in the nasal interpalpebral conjunctiva of his left eye (Fig. 1). The tumor did not respond to topical steroid

therapy and gradually enlarged. Upon referral to The New York Eye Cancer Center, he was noted to have an uncorrected visual acuity (UCVA) of 20/16 in his left eye. Slit lamp examination revealed a pink hypervascular conjunctival tumor overlying the plica and compressing the caruncle in the left eye (Fig. 1). After obtaining informed consent, a biopsy was performed to include a 1-mm margin of normal-appearing tissue.

Results

Histopathology

The histopathology of the tan polypoid mucosal tissue (0.5×0.5×0.4 cm) showed irregular follicles in a background of mildly atypical lymphocytes (Fig. 2a). Immunohistochemical stains were performed (CD10, CD20, CD43, CD3, CD5, kappa, lambda). There was marked subepithe-

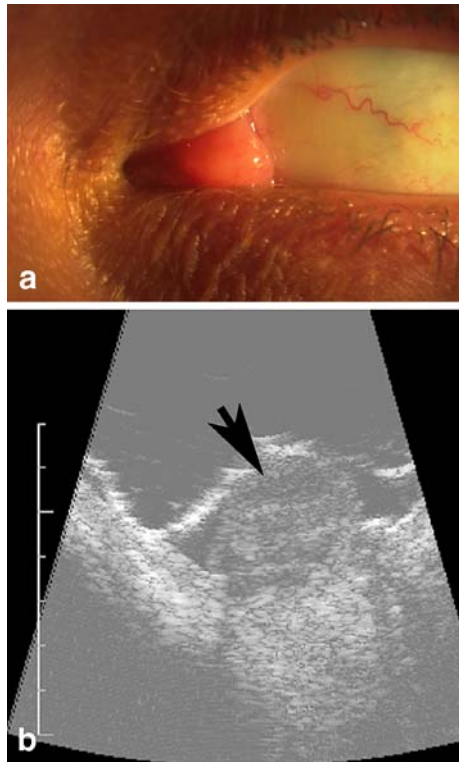


Fig. 1 **a** Color photograph of the patient's left eye showing the tumor overlying the plica and compressing the caruncle. **b** High-frequency ultrasound of the conjunctival tumor showing a dome-shaped tumor with moderate internal reflectivity (*arrow*)

lial lymphoid hyperplasia with numerous lymphoid follicles surrounded by slightly thickened mantle zones (Fig. 2b). The germinal centers contained CD20 and

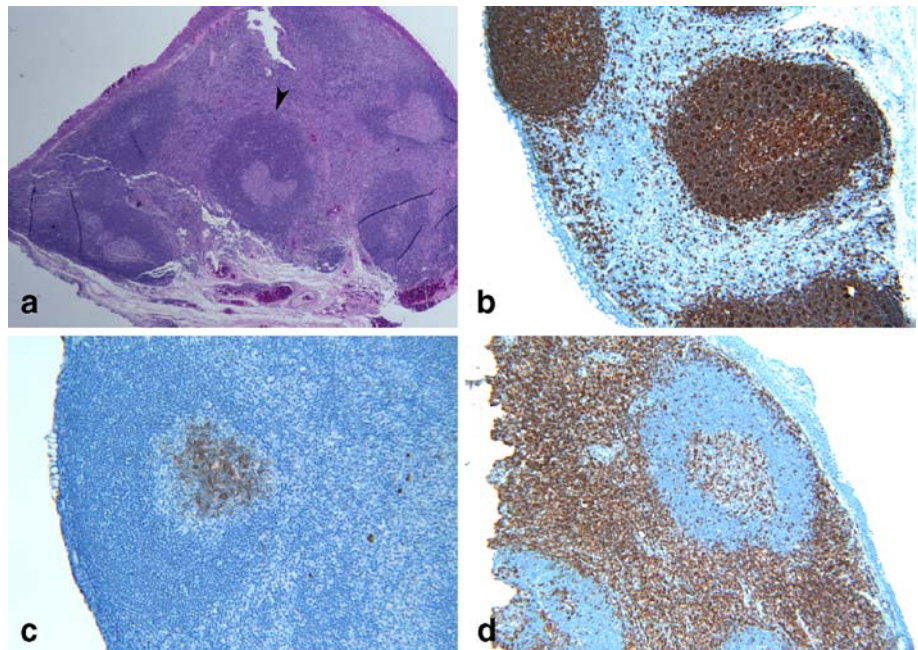
some CD10 positive centrocytes and centroblasts with rare tangible body macrophages (Fig. 2c). The interfollicular areas were devoid of mitotic activity and showed predominantly T lymphocytes (CD3-, CD5-, and CD43-positive; Fig. 2d) and occasional B cells (CD20-positive). Kappa and lambda stains revealed balanced labeling; there was no evidence of monoclonality. Lymphoepithelial tropism was noted focally, and the germinal center contours were focally moth-eaten, particularly in areas where the mantle zone was expanded. This suggested a diagnosis of reactive lymphoid hyperplasia.

Systemic examination did not reveal systemic lymphoma. The patient is now 2 years postexcision with no evidence of ocular recurrence or systemic lymphoma.

Discussion

Ocular adnexal lymphoproliferative lesions consist of a spectrum of disease entities [1, 4]. This includes reactive lymphoid hyperplasia, atypical lymphoid hyperplasia, and lymphoma. Reactive lymphoid hyperplasia is the benign and reversible enlargement of lymphoid tissue secondary to an antigen stimulus. The causes of reactive lymphoid hyperplasia include idiopathic and chronic conjunctival inflammations, such as infections (infectious mononucleosis, toxoplasmosis, tuberculosis, AIDS) and immunological diseases (rheumatoid arthritis) [6]. Conjunctival lymphomas are usually indolent mucosa-associated lymphoid tissue (MALT) lymphomas and may be preceded by apparent reactive lymphoid hyperplasia [9]. No clinical or radiologic criteria exist to differentiate these lesions, but histopathological evaluation, flow cytometry, gene rear-

Fig. 2 **a** Histopathology of the excised tumor showing lymphoid follicles (*arrow*) with germinal centers (hematoxylin-eosin staining; $\times 10$ magnification). **b** Immunohistochemistry of the excised specimen demonstrating marked subepithelial lymphoid hyperplasia with numerous lymphoid follicles surrounded by slightly thickened mantle zones (CD20-positive; $\times 10$ magnification). **c** Germinal centers contain CD20 and some CD10-positive centrocytes and centroblasts with rare tangible body macrophages (CD10-positive; $\times 20$ magnification). **d** Interfollicular areas are devoid of mitotic activity and show predominantly T lymphocytes (CD43-positive) and occasional B cells (CD20-positive; $\times 10$ magnification)



rangement studies, and immunohistochemistry can help in this differentiation [4, 6, 7].

Conjunctival lymphoma may not present with the classic salmon-patch subepithelial nodular infiltration but may rather occur diffusely, causing persistent conjunctival inflammation and cicatrizing conjunctivitis, masquerading as chronic conjunctivitis or even scleritis unresponsive to steroid or immunosuppressive therapy [3, 10]. Yeung et al. [10] have reported an 18-year-old male with a 3-month history of intractable follicular conjunctivitis unsuccessfully treated for Chlamydial conjunctivitis. In their case, a conjunctival biopsy revealed MALT lymphoma. In addition, two reported cases of persistent allergic conjunctivitis were biopsied after 2 months of ineffective treatment and were found to be low-grade MALT lymphomas [3]. Clearly, when confronted with tumor formation or chronic conjunctivitis, the clinician should suspect malignancy. Although squamous and sebaceous carcinomas are typically suspected, these cases demonstrate that the differential diagnosis should include lymphoid tumors.

There have been no previous reports describing the development of conjunctival lymphoid tumors following

LASIK eye surgery. Postoperative complications after LASIK eye surgery that have been described include: dry eyes (mainly due to reduced corneal sensitivity), diffuse lamellar keratitis, infectious keratitis, flap striae, haze, and visual aberrations [2]. There have also been reports of retinal breaks and visual field loss after LASIK [5, 8].

Our patient developed reactive lymphoid hyperplasia within a short period (1 month) of his LASIK surgery. This tumor is probably only temporally related to the LASIK procedure with no cause-effect relationship. The lesion may have been present but unnoticed before the LASIK and the use of eye drops or constant irritation may have aggravated the condition and made the tumor prominent. However, it is important to be aware of this condition in patients with a history of a chronic conjunctivitis or of LASIK.

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