



Genotype–phenotype associations in hereditary spastic paraplegia: a systematic review and meta-analysis on 13,570 patients

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Abstract

Aims The hereditary spastic paraplegias (HSPs) are a heterogeneous group of inherited neurodegenerative disorders. Although, several genotype–phenotype studies have carried out on HSPs, the association between genotypes and clinical phenotypes remain incomplete since most studies are small in size or restricted to a few genes. Accordingly, this study provides the systematic meta-analysis of genotype–phenotype associations in HSP.

Methods and results We retrieved literature on genotype–phenotype associations in patients with HSP and mutated *SPAST*, *REEP1*, *ATLI*, *SPG11*, *SPG15*, *SPG7*, *SPG35*, *SPG54*, *SPG5*. In total, 147 studies with 13,570 HSP patients were included in our meta-analysis. The frequency of mutations in *SPAST* (25%) was higher than *REEP1* (3%), as well as *ATLI* (5%) in AD-HSP patients. As for AR-HSP patients, the rates of mutations in *SPG11* (18%), *SPG15* (7%) and *SPG7* (13%) were higher than *SPG5* (5%), as well as *SPG35* (8%) and *SPG54* (7%). The mean age of AD-HSP onset for *ATLI* mutation-positive patients was earlier than patients with *SPAST*, *REEP1* mutations. Also, the tendency toward younger age at AR-HSP onset for *SPG35* was higher than other mutated genes. It is noteworthy that the mean age at HSP onset ranged from infancy to adulthood. As for the gender distribution, the male proportion in *SPG7*-HSP (90%) and *REEP1*-HSP (78%) was markedly high. The frequency of symptoms was varied among patients with different mutated genes. The rates of LL weakness, superficial sensory abnormalities, neuropathy, and deep sensory impairment were noticeably high in *REEP1* mutations carriers. Also, in AR-HSP patients with *SPG11* mutations, the presentation of symptoms including pes cavus, Neuropathy, and UL spasticity was higher.

Conclusion Our comprehensive genotype–phenotype assessment of available data displays that the mean age at disease onset and particular sub-phenotypes are associated with specific mutated genes which might be beneficial for a diagnostic procedure and differentiation of the specific mutated genes phenotype among diverse forms of HSP.

Keywords HSP · Genotype–phenotype associations · Meta-analysis

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Introduction

The hereditary spastic paraplegias (HSPs) include a diverse clinically and genetically heterogeneous group of inherited neurodegenerative disorders [1]. Affected individuals predominantly present bilateral progressive spasticity and weakness of the lower limbs. Mainly, HSP-related symptoms are associated with degeneration of the longest corticospinal nerves [2]. In the clinical perspective, HSPs have been classified into uncomplicated (or pure) and complicated (or complex) forms. The pure forms refer to a condition that most of the affected individuals display similar clinical characteristics including progressive lower extremity spastic weakness, urinary bladder symptoms and mild diminution of distal

vibratory sensation. The complex form is characterized by additional features such as ataxia, seizures, intellectual disability, parkinsonism, cognitive impairment, extrapyramidal disturbance, and peripheral neuropathy, among others [1, 3].

In the field of neurogenetics, HSPs are conceivably the disorders with the most striking genetic heterogeneity, with all patterns of Mendelian inheritance reported. The autosomal dominant HSP (AD-HSP) is the predominant form of the disorder, responsible for up to 80% of all cases with pure HSP in developed societies. This is while autosomal recessive HSPs (AR-HSPs) are prevalent in populations with a high rate of inbreeding and frequently is associated with complex forms. However, there are reports of HSP cases with X-linked or mitochondrial transmission, but they are rare [1, 2, 4].

Thus far, more than 80 genes for HSPs have been identified and yet the genetic landscape of HSP is far from complete [5]. Mutations in *SPAST* (formerly known as *SPG4*) are the most common genetic findings in patients present with AD-HSP. In the autosomal recessive HSPs, thinning of the corpus callosum is the frequent abnormality of the disorder that is mostly due to pathogenic mutations in *SPG11* [6, 7]. There is a relatively large list of other genes implicated in dominant and recessive HSP. Interestingly, genes like *SPAST* and *SPG11* have been seen with the transmission in both dominant and recessive models [8–10].

In general, HSP has a subtle onset and, therefore, the exact age of onset (AO) for symptoms is not always accurate. There is a significant difference between AOs among the distinct genetic subtypes of HSP. It is noteworthy that the disease can occur at any age, but it is more common in childhood or early adulthood [11].

There are different concomitant neurologic and non-neurologic symptoms such as intellectual disability, dysarthria, and ataxia in patients with AR-HSPs. A considerable number of reports support the existence of an association between the mutated genes and clinical features. It is most common in patients with mutated *ATL1* to present distal atrophy or neuropathy. As for patients with mutated *SPG7*, the manifestation of ataxia is more prevalent. Despite the fact that several studies described the relationship between the phenotypes of HSP patients and their mutations by genotype–phenotype correlation analysis, the findings of a single study are mainly descriptive and also cannot be generalized due to the small cohort size [12–15]. Also, most records have used the sequences of a small number of genes to identify disease-causing mutations in index patients and their relatives, leading to a heterogeneous perspective of clinical genetic results in terms of the affected genes, the studied patient cohorts, and outcome variables.

Accordingly, in this study, we performed a more comprehensive systematic review on the mutation frequency, AO and the genotype–phenotype correlation in distinct HSP

genetic subtypes via meta-analyzing the currently available literature on the genotype–phenotype association to sustain better-personalized treatment of HSP patients.

Methods

Search strategy and selection criteria

We performed a search on PubMed, Embase, Google Scholar, Scopus and Science Direct databases, for papers published in English up to March 2019, using a combination of key terms “Hereditary Spastic Paraplegia”, “HSP”, “AD-HSP”, “AR-HSP”, “*SPAST*”, “*REEP1*”, “*ATL1*”, “*KIF5A*”, “*SPG4*”, “*SPG31*”, “*SPG3A*”, “*SPG10*”, “*SPG11*”, “*SPG15*”, “*ZFYVE26*”, “*SPG7*”, “*SPG35*”, “*FA2H*”, “*SPG54*”, “*DDHD2*”, “*SPG5A*”, “*CYP7B1*”, “mutation”, “genetic”, “variant” and “genotype”. The lexicons of related risk factors were also searched for having a comprehensive study. Studies that evaluated genotype–phenotype correlation in HSP patients were selected. Furthermore, the abstract and title of the individual papers were perused thoroughly, and then studies of interest were selected for assessment of the full article. Case report studies, meta-analysis, reviews, abstract or conference papers, studies on cell line and animal models were excluded.

Data gathering and statistical analysis

Two independent reviewers assessed and selected the studies according to the predetermined inclusion criteria, and the consensus was achieved by a third reviewer. The following data were extracted from the selected studies: author name, year, sample size, patients age, gender, mutated genes, and clinical findings like upper limb (UL) spasticity, lower limb (LL) spasticity, LL weakness, pes cavus, bladder abnormalities, UL hyperreflexia, LL hyperreflexia, extensor plantar, intellectual disability (ID), dysarthria or speech disorder, peripheral neuropathy, epilepsy, ataxia, thin corpus callosum (TCC), white matter abnormalities (WMA), cataracts or visual problems, and superficial sensory abnormalities.

The meta-analysis was conducted as stated by the Preferred Reporting Items for Systematic reviews and Meta-Analysis (PRISMA) [16]. The “meta” package (version 4.9-5) in R (version-3.5.3, The R Foundation for Statistics Computing, March 11, 2019) was employed to fit meta-analysis models for the proportions and means. We used Q test to test for subgroup differences. Heterogeneity between trials was quantified using the Cochrane’s Q statistic and the I^2 test and considered significant at $I^2 > 50\%$ or P value < 0.1 . In the case of significant heterogeneity, the random-effects model was used for the meta-analysis. Otherwise, a fixed-effect model was fitted. Chi-squared test and Fisher’s exact

test were used to evaluate the association of clinical features with genotypes. Moreover, the Benjamini–Hochberg procedure (BH) was run to control the false discovery rate. A P value < 0.05 was considered statistically significant.

Results

Characteristics of included studies

Studies that met our inclusion criteria are listed in Table 1. More details about the included studies for AD-HSP and AR-HSP are summarized in Supplementary Table 1 and Table 2, respectively.

Mutation frequency of HSPs

To estimate pooled frequency of mutations in HSP patients, we performed proportion meta-analysis (*metaprop*). We included *SPAST*, *REEP1* and *ATL1* gene for AD-HSP and *SPG11*, *SPG15*, *SPG7*, *SPG35*, *SPG54*, *SPG5* for AR-HSP. Table 2 provides details on gene mutation frequencies in HSP patients.

Mutation frequencies in AD-HSP patients

We found a total of 57 studies screened 5084 HSP patients, for mutation frequency of *SPAST*. A pooled frequency of 25.00% (95% CI 21.00–30.00) for *SPAST* mutations in HSP cases was found (Fig. 1). However, we found a non-significant difference regarding *SPAST* mutation frequencies among different populations ($Q = 3.47$, $P = 1.00$); the frequency of mutations in the Asian population (32.62%) was higher than that of Caucasians (23.07%) and Americans (24.83%) (Table 3).

For *REEP1*, a total of 12 studies that investigated 1972 HSP patients revealed a mutation frequency of 3.00% (95% CI 2.00–5.00) (Fig. 2). A frequency of 5.00% (95% CI 3.00–9.00) related to *ATL1* mutations was identified considering 26 studies, including 3107 HSP patients (Fig. 3). Moreover, the mutation frequency of *ATL1* in the Caucasian population (8%) was higher than that of Asians and Americans (4% each) (Table 3).

Mutation frequencies in AR-HSP patients

For *SPG11*, a total of 27 studies with 2126 HSP cases were assessed, resulting in a frequency of 18.00% (95% CI 9.00–33.00%) (Fig. 4). Population sub-group analysis revealed that the mutation frequency of *SPG11* in the Asian population was higher (87.98%) than that of Caucasians (10.55%), and Americans (24.23%) (Table 3). As for *SPG15*, a frequency of 7.00% (95% CI 3.00–15.00%) in five studies

including 296 HSP cases was reported (Fig. 5a). Our analysis revealed a frequency of 13.00% (95% CI 5.00–30.00%) related to *SPG7* mutations, in seven studies including 303 HSP cases (Fig. 5b). In sub-group analysis, we found a higher frequency of mutated *SPG7* in Americans in comparison to Caucasians (18.97% vs. 13.29%) (Table 3). A total of four studies investigated 198 HSP patients for mutations in *SPG35* and a pooled frequency of 8.00% (95% CI 1.00–35.00%) was observed (Fig. 5c). There were five studies tested 289 HSP patients for mutations in *SPG54* and we found a frequency of 7.00% (95% CI 0.00–50.00%) (Fig. 5d). A total of five studies screened 195 HSP patients for mutations in *SPG5* with an overall frequency of 5.00% (95% CI 3.00–9.00%) (Fig. 5e).

Mean AO in HSP patients

The meta-analysis result of mean AO of both AD-HSP and AR-HSP is presented in Table 4.

Our result suggested that patients with *ATL1* mutations have the earliest mean AO as 4.53 (95% CI 3.09–5.98) in comparison to other AD-HSP genes. As for *SPAST* and *REEP1*, the mean of AO was 24.79 (95% CI 21.00–28.58) and 17.00 (95% CI 11.18–22.82), respectively (Fig. 6) (Table 4). The assessment of mean AO of AD-HSP genes in different ethnicity indicated a significantly earlier onset of disease for *ATL1*-HSP in the Asian population as well as Caucasians ($P = 0.018$). It is also a significant tendency toward younger age at HSP onset for *SPAST* with a mean age of 21.88 (95% CI 17.71–26.06) in the Caucasians ($P = 0.023$) (Table 5).

With regard to the AO of AR-HSP, *SPG7*-HSP tends to manifest in older years than HSP cases due to mutations in *SPG11*, *SPG15*, *SPG35* and *SPG5* group (Table 4) (Fig. 6). The mean age at the onset of *SPG7*-HSP patients was 37.17 (95% CI 33.31–41.02), for the *SPG11*-HSPs was 13.10 (95% CI 11.30–14.90), for the *SPG15*-HSP group was 14.67 (95% CI 11.44–17.91) and in the *SPG35*-HSP was 13.89 (95% CI 0.00–28.92) years, as well. It was 20.07 (95% CI 10.38–29.76) in *SPG5* mutation-positive patients group (Fig. 6). The mean age at HSP onset in the *SPG11* group is similar among patients with different ethnicities (Table 5).

Gender distribution in HSP patients

Frequently, males were more reported to have HSP due to mutations in *SPG5*, *SPG11*, *SPG7*, *ATL1*, *REEP1*, and *SPAST*, while there was an equal gender distribution among patients with mutated *SPG35*. We found that male to female ratio for *SPAST*-HSP patients was 1.27 (171 male out of 305 patients). This ratio for *SPG7*-HSP patients was 9.00 (18 male out of 20 patients). Also, 67% of *SPG5*-HSP, 54% of

Table 1 The included studies for each gene

Gene	Feature	Studies	References
<i>SPAST</i>	Mutation frequency	57	[8–10, 16–69]
	Mutation frequency in sub-populations	55	[8–10, 16–24, 26–63, 65–69]
	Mean age of onset	40	[9, 18, 20, 23, 25, 27, 28, 30–37, 39–52, 54–59, 62–65, 69]
	Mean age of onset in sub-populations	38	[9, 18, 20, 23, 27, 28, 30–37, 39–52, 54–59, 62, 63, 65, 69]
	UL spasticity	14	[18, 23, 27, 28, 31, 34, 35, 44, 51, 54, 55, 57, 62, 63]
	LL weakness	18	[18, 25, 27, 28, 31, 34, 35, 37, 44, 50, 51, 54, 56–58, 62–64]
	UL hyperreflexia	25	[18, 20, 23–25, 27, 28, 31, 32, 34, 35, 39–41, 44, 50, 51, 54–57, 59, 62–64]
	LL hyperreflexia	26	[10, 18, 20, 23, 25, 28, 30, 31, 34, 35, 38–41, 44, 47, 50, 51, 54–56, 58, 59, 62–64],
	Extensor plantar	28	[10, 18, 20, 23, 25, 27, 28, 30–32, 34, 35, 38, 39, 41, 44, 47, 50, 51, 54–59, 62–64]
	Deep sensory impairment	25	[9, 10, 18, 23–25, 27, 28, 30–32, 34, 35, 41, 44, 47, 50, 51, 54–57, 59, 63, 64]
	ID	25	[9, 10, 20, 23, 25, 27, 28, 30–35, 41, 44, 47, 48, 52–57, 59, 64]
	Dysarthria	25	[9, 10, 20, 23, 25, 27, 28, 30–35, 39, 44–47, 49–51, 54–57, 59]
	Superficial sensory abnormalities	22	[9, 10, 23, 25, 27, 28, 30–32, 34, 35, 37, 44, 47, 50, 51, 54–57, 59, 62]
	Spine curvature disorders	21	[9, 10, 23, 25, 27, 28, 30–32, 34, 35, 44, 47, 50, 51, 54–57, 59, 64]
	Neuropathy	17	[9, 10, 23, 27, 28, 31–35, 44, 49, 51, 53–55, 57]
<i>REEPI</i>	Mutation frequency	12	[10, 19, 34, 37, 43, 49, 58, 70–74]
	Mean age of onset	6	[19, 34, 49, 71, 73, 74]
	UL spasticity	4	[10, 71–73]
	LL weakness	6	[10, 19, 58, 71–73]
	UL hyperreflexia	5	[10, 70–73]
	LL hyperreflexia	6	[10, 19, 58, 71–73]
	Extensor plantar	7	[10, 19, 58, 70–73]
	Deep sensory impairment	5	[10, 19, 70–72]
	ID	4	[10, 70, 71, 73]
	Dysarthria	4	[10, 49, 70, 71]
	Superficial sensory abnormalities	4	[10, 70, 71, 73]
	Spine curvature disorders	4	[10, 70, 71, 73]
Neuropathy	6	[10, 19, 58, 71–73]	
<i>ATLI</i>	Mutation frequency	26	[8, 9, 20, 22, 34, 37, 38, 43, 44, 47, 49, 54, 65, 67, 68, 70–72, 74–81]
	Mutation frequency in sub-populations	25	[8, 9, 20, 22, 34, 37, 38, 43, 47, 49, 54, 65, 67, 68, 70–72, 74–81]
	Mean age of onset	16	[8, 20, 22, 37, 38, 43, 44, 49, 54, 65, 71, 72, 74, 75, 77, 80]
	Mean age of onset in sub-populations	16	[8, 20, 22, 37, 38, 43, 44, 49, 54, 65, 71, 72, 74, 75, 77, 80]
	UL spasticity	5	[44, 54, 71, 72, 81]
	LL weakness	6	[20, 44, 54, 71, 72, 81]
	UL hyperreflexia	6	[44, 54, 70–72, 81]
	LL hyperreflexia	5	[44, 54, 71, 72, 81]
	Extensor plantar	6	[44, 54, 70–72, 81]
	Deep sensory impairment	8	[9, 22, 47, 54, 70–72, 81]
	ID	5	[9, 54, 70, 71, 81]
	Dysarthria	6	[9, 49, 54, 70, 71, 81]
	Superficial sensory abnormalities	8	[9, 20, 44, 47, 54, 70, 71, 81]
	Spine curvature disorders	5	[9, 54, 70, 71, 81]
	Neuropathy	7	[9, 49, 54, 70, 71, 74, 81]

Table 1 (continued)

Gene	Feature	Studies	References
<i>SPG11</i>	Mutation frequency	27	[8–10, 25, 31, 32, 34, 43, 70, 75, 82–98]
	Mutation frequency in sub-populations	26	[8–10, 25, 31, 32, 34, 43, 70, 75, 82–89, 91–98]
	Mean age of onset	22	[9, 10, 32, 34, 43, 70, 75, 82, 83, 85–92, 94–98]
	Mean age of onset in sub-populations	21	[9, 10, 32, 34, 43, 70, 75, 82, 83, 85–89, 91, 92, 94–98]
	UL spasticity	4	[10, 25, 85, 92]
	LL weakness	6	[10, 84, 87, 92, 95, 97]
	UL hyperreflexia	21	[25, 31, 32, 34, 43, 70, 75, 82–88, 90–94, 96, 97]
	ID	16	[10, 70, 75, 82–85, 88, 90–92, 94–98]
	Dysarthria	15	[25, 70, 75, 82, 84, 86–88, 90–92, 94–97]
	Neuropathy	13	[25, 70, 82, 83, 86–88, 91, 94–98]
	Pes cavus	6	[25, 82, 90, 92, 94, 95]
	Ataxia	13	[70, 75, 82, 84–88, 90, 92, 95, 96, 98]
	TCC	19	[25, 70, 82–98]
	Epilepsy	7	[25, 70, 85, 93–95, 98]
	WMA	19	[25, 70, 75, 82–97]
	Cataract (or visual impairment)	7	[82, 86, 87, 90, 93, 94, 96]
<i>SPG15</i>	Mutation frequency	5	[10, 32, 91, 93, 99]
	Mean age of onset	2	[32, 99]
	LL weakness	2	[10, 99]
	UL hyperreflexia	4	[32, 91, 93, 99]
	ID	3	[10, 91, 99]
	TCC	4	[32, 91, 93, 99]
	Epilepsy	2	[93, 99]
	WMA	4	[32, 91, 93, 99]
	Cataract [or visual impairment]	2	[93, 99]
	Neuropathy	2	[91, 99]
<i>SPG7</i>	Ataxia	1	[99]
	Mutation frequency	7	[9, 10, 31, 70, 82, 91, 100]
	Mutation frequency in sub-populations	7	[9, 10, 31, 70, 82, 91, 100]
	Mean age of onset	6	[9, 10, 31, 82, 91, 100],
	UL hyperreflexia	5	[31, 70, 82, 91, 100]
	ID	4	[10, 70, 82, 91]
	TCC	4	[10, 70, 82, 91]
	Dysarthria	5	[10, 70, 82, 91, 100]
	WMA	5	[31, 70, 82, 91, 100]
	Neuropathy	3	[70, 82, 91]
	Ataxia	4	[10, 70, 82, 100]
	Cataract (or visual impairment)	2	[82, 100]
	<i>SPG35</i>	Mutation frequency	4
Mean age of onset		3	[32, 101, 102]
ID		3	[75, 101, 102]
Ataxia		3	[75, 101, 102]

Table 1 (continued)

Gene	Feature	Studies	References
SPG54	Mutation frequency	5	[75, 103–106]
	UL hyperreflexia	4	[75, 103, 104, 106]
	UL Spasticity	2	[103, 106]
	ID	5	[75, 103–106]
	TCC	2	[103–106]
	Dysarthria	3	[75, 103, 106]
	WMA	4	[75, 103, 104, 106]
	Cataract (or visual impairment)	3	[103, 104, 106]
	Pes cavous	2	[103, 106]
SPG5	Mutation frequency	4	[10, 70, 82, 93]
	Mean age of onset	2	[10, 70]

Table 2 Overall mutation frequencies of reported genes in HSP patients

Gene	Meta-analysis		Test for heterogeneity		
	%Frequency [95% CI]	<i>k</i>	<i>Q</i>	<i>Q_p</i>	<i>I²</i> (%)
<i>AD-HSP</i>					
<i>SPAST</i>	25.00 [21.00–30.00]	57	349.92	<0.00	87.00
<i>REEP1</i>	3.00 [2.00–5.00]	12	24.66	0.01	55.00
<i>ATL1</i>	5.00 [3.00–9.00]	26	191.63	<0.00	89.00
<i>AR-HSP</i>					
<i>SPG11</i>	18.00 [9.00–33.00]	27	326.47	<0.00	94.00
<i>SPG15</i>	7.00 [3.00–15.00]	5	17.49	0.00	72.00
<i>SPG7</i>	13.00 [5.00–30.00]	7	30.37	<0.00	84.00
<i>SPG35</i>	8.00 [1.00–35.00]	4	13.89	0.00	78.00
<i>SPG54</i>	7.00 [0.00–50.00]	5	33.54	<0.00	89.00
<i>SPG5</i>	5.00 [2.00–12.00]	4	8.46	0.03	50.00

SPG11-HSP, 65% of *ATL1*-HSP, and 78% of *REEP1*-HSP patients were male (Fig. 7).

The male/female ratio was significantly higher in *SPG7*-HSP patients compared to those with mutation in *SPG5* ($P=0.0001$), *SPG11* ($P<0.0001$), and *SPG35* ($P<0.0001$). As for AD-HSP patients, numerically the males were significantly higher in *REEP1* mutation carriers in comparison with *SPAST*-HSP patients ($P=0.0015$).

Genotype–phenotype correlation in HSP patients

However, the lower limbs weakness and spasticity are considered to be the predominant clinical characteristics; there are significant differences showing special characteristics with regard to the underlying gene. Figure 8a, b represents the relative frequency of finding the clinical features in AR-HSP and AD-HSP, respectively.

Findings in neurological examination

We were able to only include *SPG11* and *SPG15* to investigate the association of AR-HSP-related genes with LL weakness. The results evidenced that all the patients ($n=8$) with *SPG15* mutations presented LL weakness which was significantly higher than those with *SPG11*-HSP ($P<0.0001$) (Fig. 8a). In the case of AD-HSP, we found 25 out of 29 patients (86%) with *REEP1*-related HSP were discerned with LL weakness. This frequency is significantly higher than that observed in HSP cases due to *ATL1* mutations (50%, 8 out of 16 patients) and *SPAST* mutations (47%, 113 out of 241 patients) (Fig. 8b).

The frequency of UL spasticity was 69% (11 out of 16 patients) in *SPG11*-HSP patients, while 3/5 of patients with mutations in *SPG54* and 3/7 of *SPG15*-HSP cases were reported to have UL spasticity. In the case of AD-HSP patients, UL spasticity was reported in 13% of *SPAST*-HSP (23 out of 178 patients) and 11% of *REEP1*-HSP patients (2 out of 19 patients). The UL spasticity was not observed in patients with *ATL1* mutations.

In general, UL hyperreflexia is a more common finding in AR-HSP than AD-HSP. All included HSP patients with mutated *SPG15*, *SPG7*, and *SPG54* to manifest UL hyperreflexia; however, 90% of *SPG11*-HSP showed such lesions (Fig. 8a) (Supplementary Table 3). In AD-HSP, almost 37% of *SPAST*-HSP (102 out of 274 patients) and 33% of *REEP1*-HSP (6 out of 18 patients) also showed UL hyperreflexia, which was higher than in patients with *ATL1* mutations (1 out of 15 patients).

For hyperreflexia in the lower limbs, we found data for AD-HSP-related genes. Data evidenced that all the *ATL1*-HSP patients have diagnosed with LL hyperreflexia (14 out of 14 patients). Moreover, LL hyperreflexia is a frequent finding in *SPAST*-HSP patients, with a rate of 96% (220 out

Fig. 1 Forest plot of *SPAST* mutation frequencies in HSP patients. A total of 25% of AD-HSP patients carry *SPAST* mutations. *CI* confidence interval

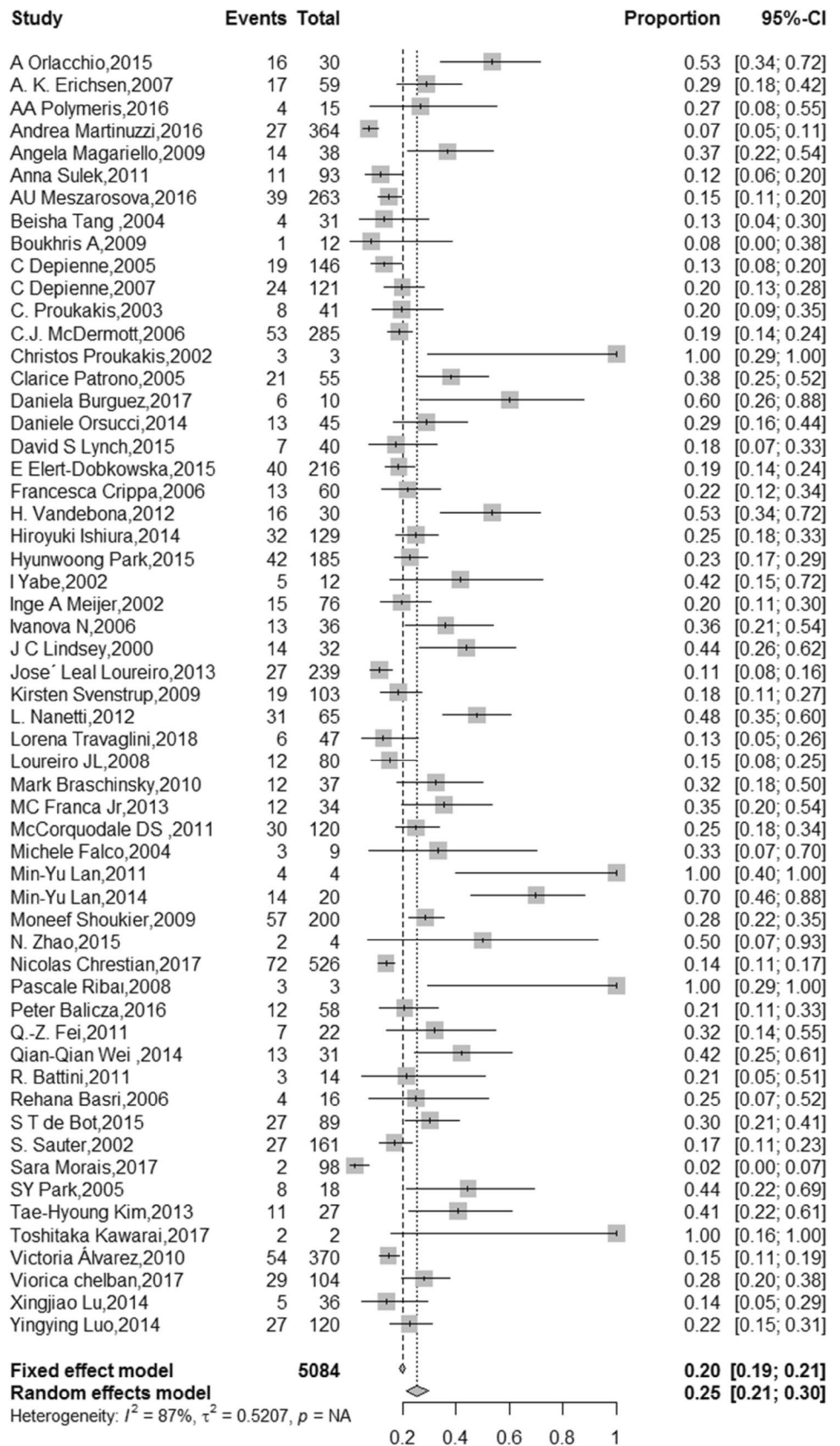
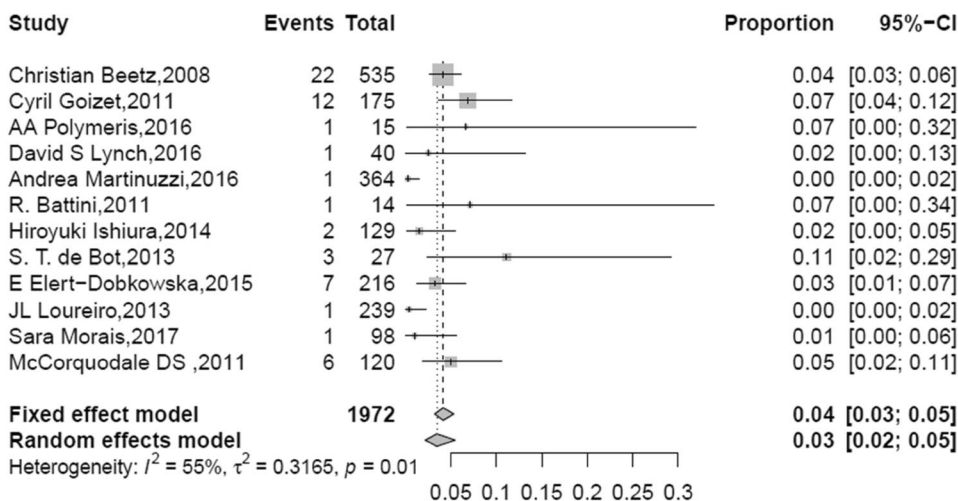


Table 3 Mutation frequency of reported genes in sub-populations

Gene	Pop	Meta-analysis		Test for heterogeneity		Test for sub-group differences	
		%Frequency [95% CI]	k	τ^2	I^2 (%)	Q	P
SPAST	Caucasian	23.07 [18.73–28.06]	36	0.50	87.50	3.47	1.00
	Asian	32.62 [23.93–42.70]	14	0.42	76.80		
	American	24.83 [15.59–37.15]	5	0.28	81.90		
ATLI	Caucasian	8.00 [4.00–14.00]	17	1.83	89.00	5.51	1.00
	Asian	4.00 [1.00–10.00]	6	1.09	67.00		
	American	4.00 [3.00–6.00]	2	0	0.00		
SPG11	Caucasian	10.55 [4.97–21.01]	18	2.66	92.40	5.37	1.00
	Asian	87.98 [5.89–99.88]	5	15.20	96.80		
	American	24.23 [13.46–39.66]	3	0.09	26.10		
SPG7	Caucasian	13.29 [2.74–45.50]	5	3.05	89.60	0.21	0.990
	American	18.97 [10.83–31.09]	2	0.00	0.00		

Fig. 2 Forest plot of *REEPI* mutation frequencies in HSP patients. A total of 3% of HSP patients carry *REEPI* mutations. CI confidence interval



of 228 patients) and also in *REEPI*-HSP patients was 86% (24 out of 28 mutation-positive patients (Fig. 8b).

For a number of neurological findings like superficial sensory abnormalities, deep sensory impairments and extensor plantar we found eligible data only for AD-HSPs. A greater percentage of patients with *REEPI* mutations showed disorders such as superficial sensory abnormalities (50%), deep sensory impairments (41%) in comparison to *SPAST*- and *ATLI*-related cases. All the AD-HSP patients with mutated *ATLI* were identified with extensor plantar. Moreover, the diagnosis of extensor plantar was significantly higher in *REEPI*-HSP patients than those with mutated *SPAST* ($P < 0.0001$) (Fig. 8b) (Supplementary Table 4).

Intellectual disability

As can be seen from Fig. 8a, intellectual disability was more often observed in *SPG54*-HSP than in the other

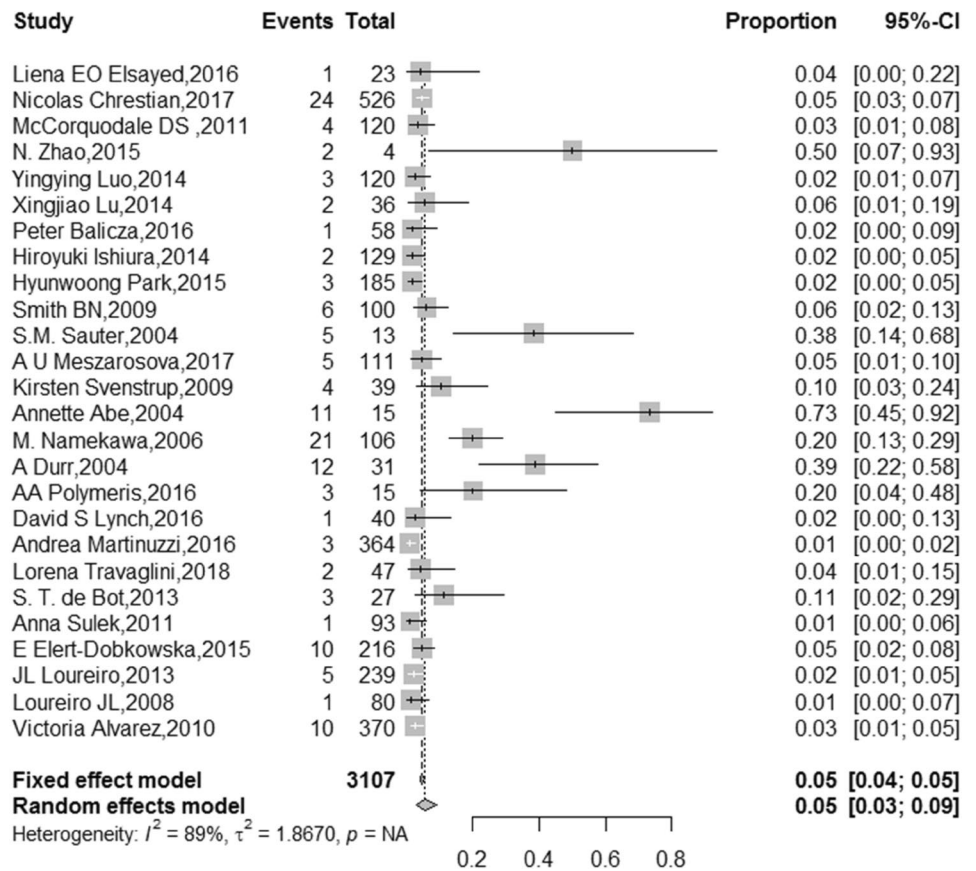
AR-HSPs. The relative frequency of intellectual disability frequency in HSP patients in order of highest to lowest was as follows: *SPG54* (89%), *SPG11* (86%), *SPG15* (78%), *SPG35* (71%) and *SPG7* (8%) (Fig. 8a).

As for AD-HSP, *SPAST*-HSP patients were most often diagnosed with intellectual disability. However, there was no report of intellectual disability in patients with *ATLI* mutations (Fig. 8b).

Ataxia

Data evidenced that 39% of *SPG11*-HSP patients manifested with ataxia (37 out of 96 patients). Also, ataxia was reported in 71% of *SPG35*-HSP (5 out of 7 patients), in 62% of *SPG7*-HSP patients (5 out of 8 patients), and 25% of *SPG15*-HSP (2 out of 8 patients) (Fig. 8a).

Fig. 3 Forest plot of *ATLI* mutation frequencies in HSP patients. Five percent of HSP patients carry *ATLI* mutations. *CI* confidence interval



Cataract

In the case of cataract, data showed that ~67% (4/6) with *SPG54* mutations and 39% (19/60) of patients with *SPG11* mutations were diagnosed with cataract. Also, cataract was reported in two out of nine (~22%) *SPG11*-HSP patients. There was an evident association between *SPG7* mutations and cataract, as five out of six *SPG7*-HSP patients were identified with cataract (Fig. 8a).

White matter abnormalities (WMA)

We found all the included cases for *HSP-SPG54* (7/7), 78% of *SPG15*-HSP cases (7/9), 73% of *SPG11*-HSP patients (85/116) and 20% of *SPG7*-HSP patients (3/15) manifested WMA (Fig. 8a).

Thin corpus callosum (TCC)

In the case of *SPG11*-HSP, 101 out of 114 patients (89%) reported having TCC. All HSP cases due to mutations in *SPG15* (8 out of 8) and *SPG54* (8 out of 8) reported

showing TCC. None of the *SPG7*-HSP patients identified with TTC (Fig. 8a).

Pes cavus

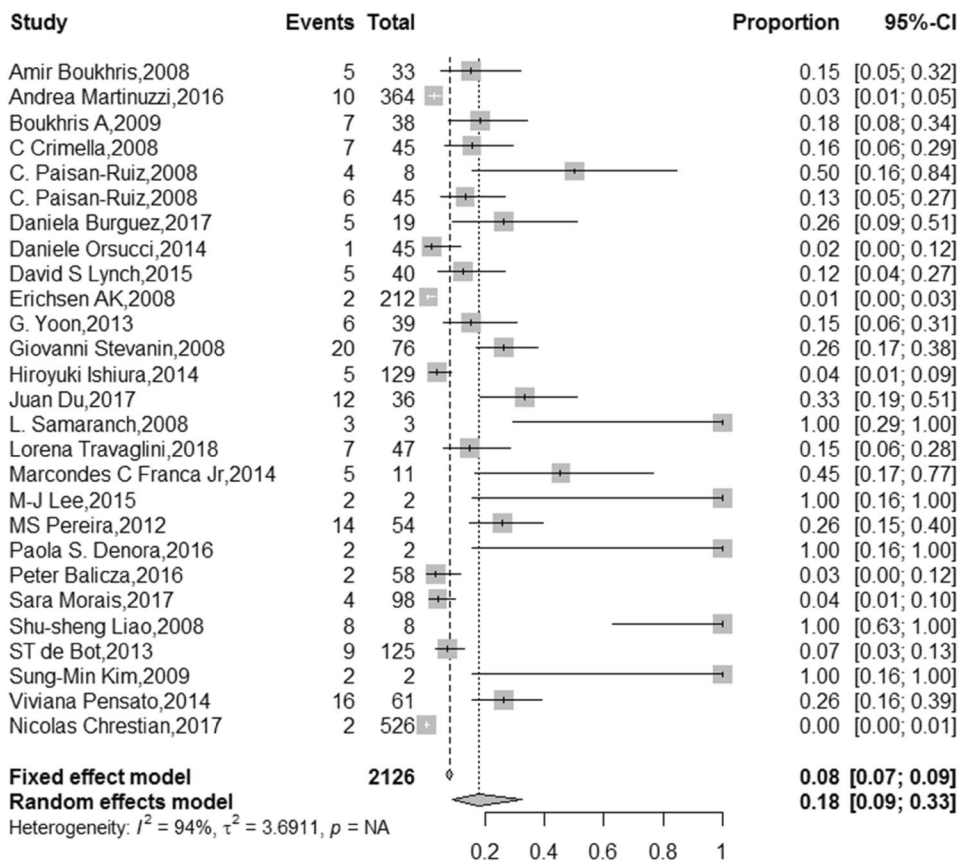
Pes cavus was observed in 33% (15/46) of HSP cases due to mutations in *SPG11*, in 20% (1/5) of patients with mutations in *SPG54*, and 12% (1/8) of cases with mutations in *SPG15*. It seems that patients with mutated *SPG11* were at significantly higher risk of developing pes cavus (Fig. 8a).

Dysarthria

Dysarthria was reported in both AD and AR-HSPs. For AD-HSP patients, only a number of those with mutated *SPAST* were diagnosed with dysarthria. Data evidenced that 4% of *SPAST*-HSP (11 out of 270 patients) has dysarthria (Fig. 8b).

In AR-HSPs, 62% (61/99) of *SPG11*-HSP patients, 83% (5/6) of *SPG54*-HSPs and 56% of *SPG7*-HSP cases (9/16) were found to have dysarthria (Fig. 8a).

Fig. 4 Forest plot of *SPG11* mutation frequencies in HSP patients. A total of 18% of HSP patients carry *SPG11* mutations. CI confidence interval



Neuropathy

From 90, 46 patients with *SPG11*-HSP showed neuropathy. This is less frequent in *SPG15*-HSP (38%, 3 out of 8 patients), and in patients with mutations in *SPG7* (15%, 2 out of 13 patients) (Fig. 8a). Neuropathy was more often observed in the *SPG11* group than in two other groups.

In addition, in AD-HSP groups neuropathy was more often observed in *REEP1*-HSP patients (17%, 4 out of 24 patients) than those with mutated *ATL1* (11%, 2 out of 18) and *SPAST* (2%, 6 out of 260 patients) (Fig. 8b).

The total number of mutation-positive patients with HSP who were diagnosed with other reported abnormalities was also derived from the studies; however, there was no significant association between mutated genes and the sub-phenotypes. A summary of the results of the association of sub-phenotypes with mutated genes is presented in Supplementary Tables 3–6.

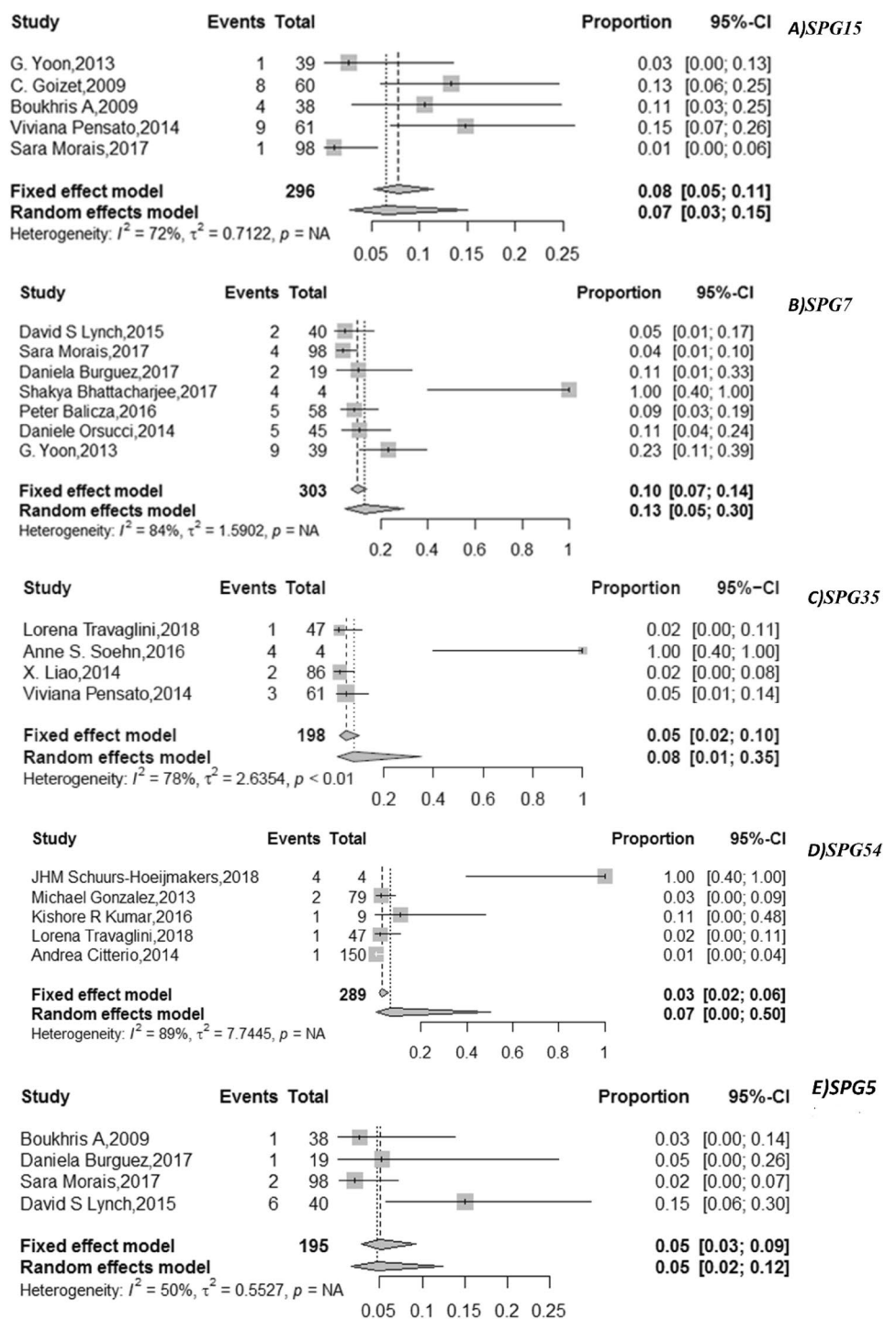
Discussion

HSP denotes a degenerative, genetically heterogeneous group of neurological disorders that primarily affect the upper motor neurons [1]. Thus far, multiple investigations

have demonstrated the frequency of distinct mutations in individual cases, families, and cohorts of various sizes, and analyzed phenotype–genotype associations [108–110]. The growing application of next-generation sequencing is not only leading to the improvement of diagnosis processes but also leading to the unremitting identification of new causal genes for HSP [2]. To establish robust associations between genotypes and clinically relevant phenotypes and also increase the statistical power, having conclusive data on larger cohorts is indispensable. Accordingly, to strengthen diagnosis, we pooled altogether 147 studies encompassing as many as 13,570 HSP patients according to the stringent quality criteria. The potentiality of evidence for specific genotype–phenotype species and the existence of a predictable relevance between the essential clinical outcomes with distinct genotypes were ascertained by the current meta-analysis. Hitherto, a total of 12 genes for AD-HSP and 41 genes for AR-HSP have been discerned [6]. We encompassed the following genes (*SPAST*, *REEP1*, *ATL1*, *SPG11*, *SPG15*, *SPG7*, *SPG35*, *SPG54*, and *SPG5*) in the study for which an adequate number of individuals for evaluation was feasible.

We are aware that there are some limitations regarding the current study. In some cases, we could not evaluate the relationship of the reported gene mutations and specific risk factors because of the unavailability of reliable

Fig. 5 **a** Forest plot of *SPG15* mutation frequencies in HSP patients. The frequency of *SPG15* mutations among HSP patients was 7%. **b** Forest plot of *SPG7* mutation frequencies in HSP patients. The frequency of *SPG7* mutations among HSP patients was 13%. **c** Forest plot of *SPG35* mutation frequencies in HSP patients. The frequency of mutations among HSP patients was 8%. **d** Forest plot of *SPG54* mutation frequency in HSP patients. The frequency was as 7%. **e** Forest plot of *SPG5* mutation frequencies in HSP patients. A total of five percent of HSP patients found to carry *SPG5* mutations. *CI* confidence interval



data. Therefore, further studies are necessary to evaluate the predictive power of genotyping. Moreover, differences in genotyping methods, ethnical background of patients and study design could potentially impose bias into the obtained results. Nevertheless, the advantage of this study is its large sample size which enables statistical power to determine genotype–phenotype associations.

The weight of mutations in AD-HSP patients was on *SPAST* with a frequency of 25%, which is noticeably higher than *REEPI* (3%) and *ATLI* (5%). These findings are compatible with previous reports using a narrative methodology to review evidence of mutation frequency in HSPs [2].

However, it is not statically significant; the Asians showed a higher frequency of mutations in the *SPAST* gene (32.62%)

Table 4 Mean age at disease onset in HSP patients

Gene	Meta-analysis		Test for heterogeneity		
	Mean AO [95% CI]	k	Q	Q _p	I ² (%)
<i>AD-HSP</i>					
<i>SPAST</i>	24.79 [21.00–28.58]	40	1584.00	< 0.00	97.50
<i>REEP1</i>	17.00 [11.18–22.82]	6	12.90	0.0251	61.00
<i>ALT1</i>	4.53 [3.09–5.98]	16	224.23	< 0.0001	93.30
<i>AR-HSP</i>					
<i>SPG11</i>	13.10 [11.30–14.90]	22	113.88	< 0.0001	81.60
<i>SPG15</i>	14.67 [11.44–17.91]	2	3.54	0.0598	71.80
<i>SPG7</i>	37.17 [33.31–41.02]	6	6.84	0.2331	26.90
<i>SPG35</i>	13.89 [0.00–28.92]	3	15.20	0.0005	86.80
<i>SPG5</i>	20.07 [10.38–29.76]	2	0.74	0.3907	0.0

in comparison to the Caucasians and Americans. Also, we found a higher frequency for mutations in the *ATLI* gene in the Caucasian HSP patients (8%) in comparison to the Asian and American populations (4%). In descriptive reviews, it has been reported that mutations in *SPAST* account for nearly 40% of AD-HSP cases [6].

As for AR-HSP patients, the contribution of *SPG11* mutations (18%) is higher than that of *SPG15* (11%),

SPG7 (13%), *SPG35* (8%), *SPG54* (7%), and *SPG5* (5%). Almost the obtained results are in line with previous findings that showed *SPG11* as the most common mutated gene in AR-HSP [99]. Interestingly, we found a high rate of *SPG11* mutation in Asian HSP patients (87.98%). This further emphasizes differences in the genetic architecture of different ethnic groups. There are reports tried to provide explanations for the high rate of *SPG11* mutations in populations. It has been determined that repeated Alu elements are one of the factors related to the *SPG11* locus instability which might lead to substantial gene rearrangements of the genomic region [99].

Our result also suggested that the age of onsets varied among patients regardless of the mutated genes. It has been determined that the age of onset can be ranged from 0 to 73 [111]. The results of this meta-analysis suggested that HSP-AD patients with *ATLI* mutations were younger than 10 years at the onset of the disease which are similar to the findings of the study carried by Namekawa et al. [81]. On the other hand, AD-HSP patients with mutated *SPAST* were older than 20 years old when they presented the disease. However, it has been reported that the average onset of AD-HSP in *SPAST* patients is mostly when they are in their 30s [6]. Among AR-HSP patients, *SPG7* mutated ones presented

Fig. 6 Summaries of forest plots of mean age at HSP onset in HSP patients with mutations in different genes

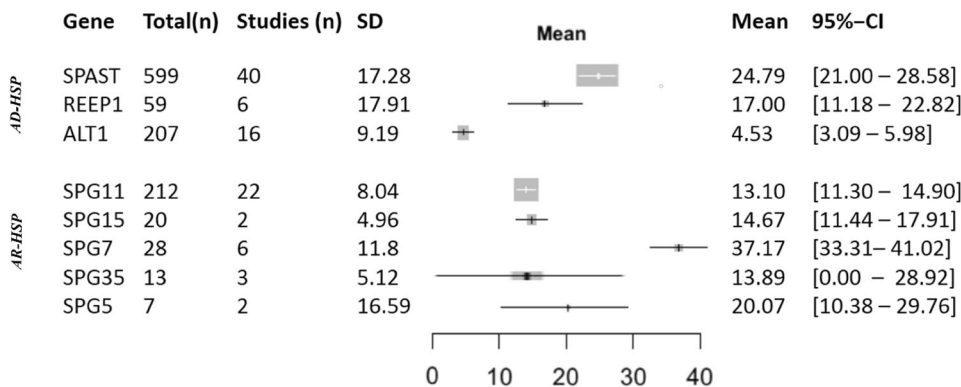


Table 5 Mean age at disease onset of reported genes in sub-populations

Gene	Pop	Meta-analysis		Test for heterogeneity			Test for subgroup differences	
		%Frequency [95% CI]	k	Q	τ ²	I ² (%)	Q	P
<i>SPAST</i>	Caucasian	21.88 [17.71–26.06]	23	993.89	86.95	97.8	7.51	0.023
	Asian	28.85 [25.50–32.20]	11	13.86	7.96	27.8		
	American	30.97 [21.86–40.07]	4	14.38	61.94	79.1		
<i>ATLI</i>	Caucasian	3.87 [2.43–5.31]	11	140.35	4.55	92.90	7.98	0.018
	Asian	2.19 [1.12–3.27]	2	0.87	0	0.00		
	American	13.74 [3.80–23.68]	2	3.00	38.18	66.70		
<i>SPG11</i>	Caucasian	13.09 [10.23–15.95]	14	105.26	23.15	87.6	0.03	0.982
	American	12.79 [9.57–16.01]	3	3.19	3.06	37.3		
	Asian	12.76 [10.73–14.80]	4	5.22	1.75	42.6		

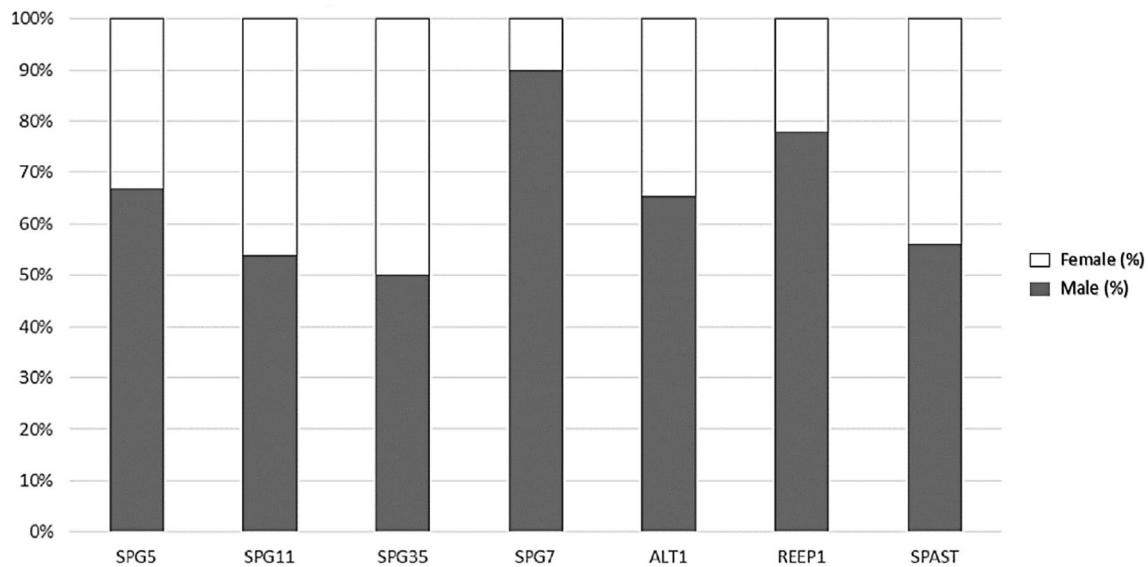


Fig. 7 Gender proportion in HSP patients with mutations in different genes. Numerically males are significantly higher in AR-HSP patients with *SPG7* mutations (90%) and in AD-HSP patients with

REEP1 mutations (78%) than females. The gender distribution among patients with mutated *SPG35* was even

the disease in the fourth decade of their life, which are older at diagnosis than AR-HSP patients with *SPG11*, *SPG15*, *SPG35*, and *SPG5* mutations. Also, our results displayed a significant tendency toward younger age at HSP onset for Caucasian patients with mutated *SPAST* and Asian patients with mutated *ATL1*.

Since HSPs are diseases with diverse range for age at symptom onset, symptoms progression rate and level of disability even in patients from families with the same mutations [6], genotype–phenotype relationships are not straightforward. Several factors contribute to a high level of phenotype variability in HSPs.

In contrast to the general conception that HSP affects males and females to the same degree, our findings represented the predominance of male patients in some specific mutations, notably *SPG7* in AR-HSP group and *REEP1* in AD-HSP group, suggesting the possibility of sex-dependent penetrance or intensity of the disease [112]. This could be attributed to unknown modifying factors. In some cases (*SPG4*-related HSP), age for symptom onset and penetrance is dependent on the patient gender [6].

Regarding the outcome and disease course, there is considerable variability between different subtypes of HSPs. AD-HSP patients with *REEP1* mutations more often present LL weakness, superficial sensory abnormalities, neuropathy, and deep sensory impairment. It has been reported that the manifestation of rare complicating features in *REEP1*-HSP patients is principally related peripheral nerve involvement [13]. Hence, as it has been determined, most *REEP1* patients represent pure spastic paraplegia [113]. Additionally, AD-HSP patients with *SPAST* mutations presented more often

with related symptoms including UL spasticity, UL hyperreflexia, ID, and dysarthria than patients with *ATL1* mutations.

HSP-*SPAST* patients experience progressive degeneration of axons which lead to the weakness of lower limbs [114].

AR-HSP patients with *SPG11* mutation had symptoms including pes cavus, neuropathy, and UL spasticity more often than other patients. Furthermore, the rate of *SPG7* patients with cataract is higher than others. Klebe et al. demonstrated the optic abnormalities observed in all *SPG7*-positive patients [115]. Moreover, patients with mutated *SPG54* present WMA more often, which could be due to the fact that *SPG54* mutations were accompanied by accumulation of lipids [107]. Cognitive abnormalities, dysarthria, and TCC are most often manifested in *SPG54* patients. All in all, it can be inferred from these findings that each specific mutations may have different phenotypes among HSP patients.

Here, we generated the extensive dataset available on genotype–phenotype associations in HSP. Our data exhibit the frequency of each symptom associated with the specific gene mutations which might have prognostic and therapeutic values. In the case of *REEP1* mutations, a higher likelihood for unfavorable outcome including LL weakness, superficial sensory abnormalities, deep sensory impairment, and neuropathy was observed. In addition, AR-HSP patients with *SPG11* mutations would expect symptoms such as pes cavus, neuropathy, and UL spasticity more often. However, we could not evaluate the relationship of some of the reported gene mutations and specific risk factors because of the unavailability of

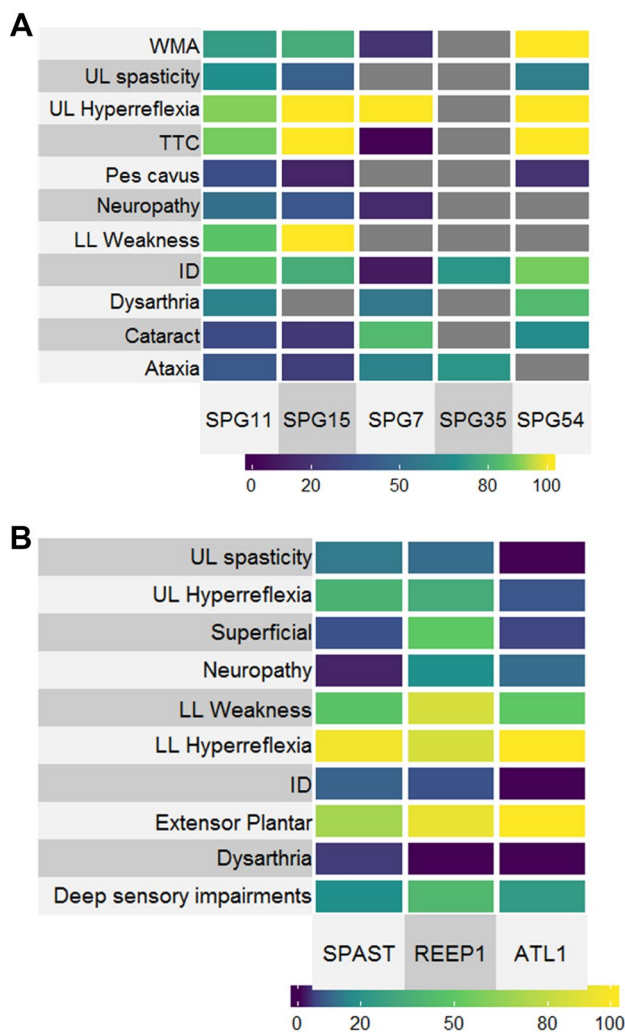


Fig. 8 **a** Relative frequency of findings of the clinical features in AR-HSP patients. **b** Relative frequency of findings of the clinical features in AD-HSP patients. The color gray indicates not available data

reliable data. Therefore, further studies are necessary to evaluate the predictive power of genotyping. Moreover, various genotyping methods or ethnical background of patients and also the evaluation of studies with different study design are limitations of this study. Also, the unavailability of clinical information of some patients, the genetic and clinical heterogeneity of the disease, and the limited number of studies regarding some countries impede the demonstration of more explicit genotype–phenotype relationships.

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Compliance with ethical standards

Conflicts of interest The authors declare that they have no competing interests.

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