

# Glucocerebrosidase and parkinsonism: lessons to learn

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**Abstract** Both homo- (causing autosomal-recessive Gaucher's disease; GD) and heterozygous mutations in the *glucocerebrosidase* gene (*GBA*) are associated with Parkinson's disease (PD), and represent the most robust known genetic susceptibility factors identified in PD. Since the accumulation of  $\alpha$ -synuclein has been considered critical to the pathogenesis of PD among several possible pathways through which glucocerebrosidase (GCase) deficiency may promote the pathogenesis of PD, particular attention was given to the reciprocity with  $\alpha$ -synuclein levels, lysosomal dysfunction, endoplasmic reticulum–Golgi trafficking of GCase, dysregulation of calcium homeostasis and mitochondrial abnormalities. The proportion of PD patients that carry *GBA* mutations is estimated to be approximately between 5 and 10 %. Individual PD patients with or without *GBA* mutations cannot be discriminated on clinical or pathological grounds. However, *GBA* mutation carriers may have slightly earlier age at PD onset, more likely have a positive family history for PD, and more prevalent non-motor symptoms when compared to those patients who are not carriers. Establishing the concept of *GBA*-related PD promoted a search for the pathogenic mechanisms through which GCase deficiency may influence pathogenesis of PD, suggesting that targeting the GCase–lysosomal pathway might be a rational

approach for the development of neuroprotective drugs in PD.

**Keywords** Parkinson's disease · Gaucher disease · Glucocerebrosidase · Lysosome ·  $\alpha$ -synuclein

Both homo- (causing autosomal-recessive Gaucher's disease; GD) and heterozygous mutations in the *glucocerebrosidase* gene (*GBA*) are associated with Parkinson's disease (PD), and represent the most robust known genetic susceptibility factor identified in PD [1, 2]. Neudorfer et al. [3] in 1996 reported six patients with GD type 1 who developed progressive parkinsonism refractory to conventional antiparkinsonian therapy, although GD patients with some features of parkinsonism were sporadically reported as early as 1939 [4]. In 2004 it has been shown that mutations in the *GBA* gene were more frequent in PD patients than in controls, and that heterozygous carriers of the *GBA* mutation might have an increased risk to develop PD [5, 6]. The main confirmation of such association was the extensive multicentric study (5691 PD patients and 4898 controls) that found the odds ratio of 5.43 for detecting any *GBA* mutation in PD patients compared to the controls [7].

## Proposed mechanism for *GBA*-associated parkinsonism

Glucocerebrosidase (GCase) is a lysosomal enzyme that hydrolyzes  $\beta$ -glycosyl linkage of glucosylceramide (GlcCer) to glucose and ceramide [8, 9]. Different mechanisms have been proposed in attempt to elucidate common pathological links between *GBA* mutations and PD, including glia-mediated inflammatory response and  $\alpha$ -

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synuclein accumulation. Astrocytosis and microglial activation were described both in human GD brain samples, as well as in *Gba*-deficient mouse model of neuronopathic GD [10–12]. The latter model demonstrated that glial cells' activation preceded neuronal loss in affected brain regions and that the level of inflammatory mediators correlated with disease progression [11]. Furthermore, recent reviews provided extensive analysis of the cellular relationship between GCCase and  $\alpha$ -synuclein ( $\alpha$ S) [13–15], but the mechanisms underlying the relation between *GBA* mutations and the development of PD is still not clear. There is clinical, genetic and experimental evidence for both mutant *GBA*-mediated loss-of-function or toxic gain-of-function hypotheses, which are not mutually exclusive [1, 16].

The loss-of-function theories mainly focus on altered lipid metabolism and speculate that *GBA* mutations result in unstable or deficient protein, that, due to a lack of enzymatic activity, contributes to accumulation of GCCase substrate, GluCer, within the lysosome, altering the cell membrane sphingolipid composition. Membrane binding is a key biological feature of  $\alpha$ S and many functions of  $\alpha$ S occur in association with lipid membranes. For example, in Lewy bodies (LB)  $\alpha$ S layers are formed around central lipid core [17]. Hence, accumulation of GluCer can change lipid homeostasis, with subsequent alterations in  $\alpha$ S processing. In support to this theory, null *GBA* alleles have been reported in PD patients and chemical inhibition of *GBA* could lead to accumulation of  $\alpha$ S [18], a finding that was later replicated in different models with *GBA* mutations [16, 19–21]. Even in brains of PD patients without *GBA* mutations (PD-non-*GBA*), the reduction of GCCase enzymatic activity was associated with increased  $\alpha$ S levels [22].

The gain-of-function theories elaborate the effect of misfolded mutant GCCase. Most *GBA* mutations are missense mutations, resulting in a misfolded protein. The presence of mutant GCCase was confirmed in a significant proportion of  $\alpha$ S inclusions in brain samples of GD and PD patients [1, 21]. The abnormal conformation can affect lysosomal function and cellular proteostasis systems and lead to  $\alpha$ S accumulation, either due to increased formation of  $\alpha$ S aggregates, or decreased clearance. Studies on fibroblasts derived from patients with GD showed that mutant GCCase failed to fold correctly and was therefore retained in the endoplasmic reticulum (ER), overwhelming ubiquitin–proteasome system [23–25]. As a result, lysosomal GCCase levels were significantly decreased, with subsequent accumulation of GluCer. Indeed, most mutant alleles identified in patients with *GBA*-associated PD (PD-*GBA*) were missense mutations that resulted in a misfolded protein. Moreover, mutant GCCase was found in LB, suggesting its role in  $\alpha$ S oligomerisation or impaired degradation [1].

### Glucocerebrosidase, $\alpha$ -synuclein and lysosomes: a vicious circle

Deficient lysosomal GCCase activity causes accumulation of GluCer that in turn, accelerates formation and stabilizes soluble  $\alpha$ S oligomers. Increased  $\alpha$ S oligomers inhibit ER–Golgi trafficking of GCCase and its translocation to the lysosome, resulting in further decrease in GCCase lysosomal activity [20, 26, 27]. This amplifies GluCer accumulation and stabilization of soluble  $\alpha$ S oligomers, and results in a stronger inhibition of GCCase ER–Golgi trafficking with each pathogenic cycle, resulting in more  $\alpha$ S aggregates [20]. This way, bidirectional interaction between  $\alpha$ S and GCCase creates a positive feedback loop that, after a certain threshold, leads to self-propagating disease. Such *reciprocal interaction* between GCCase and  $\alpha$ S may underlie the aggregation of  $\alpha$ S in the brain of PD-*GBA* patients. Data from autopsies of PD-*GBA* patients revealed elevated levels of oligomeric  $\alpha$ S and  $\alpha$ S-immunoreactive LB in the cortex and hippocampus [28]. However, some studies failed to demonstrate the effect of GCCase pharmacological inhibition on  $\alpha$ S accumulation/aggregation via lysosomal dysfunction [29].

In vitro experiments showed that in the lysosome-enriched fractions isolated from brain tissues and cultured neuronal cells,  $\alpha$ S directly inhibited the lysosomal GCCase activity (oligomers > monomers) [30]. It was shown that lysosomal GCCase interacts with the C terminus of  $\alpha$ S under acidic conditions, which mimicked the lysosomal lumen [31], and that membrane-bound  $\alpha$ -helical form of  $\alpha$ S inhibited GCCase hydrolytic activity [32]. It is not known why  $\alpha$ S oligomers inhibit GCCase activity more strongly than the monomers. One possibility is that  $\alpha$ S oligomers have a higher binding affinity with GCCase and can therefore modulate its enzymatic activity to a greater extent. The colocalization of  $\alpha$ S and GCCase in LB indicates that aggregated  $\alpha$ S can tightly bind to GCCase [33]. In cultured neuronal cells, in addition to directly inhibiting GCCase,  $\alpha$ S oligomers may indirectly reduce GCCase activity by blocking its transport from the ER to the lysosomes [20, 27].

GCCase is located on the surface of the inner membrane of the lysosome. Under normal conditions, newly synthesized GCCase is correctly folded in the ER and then translocated to the lysosomes by the trafficking receptor, lysosomal integral membrane protein-2 (LIMP-2) [34]. Cells overexpressing  $\alpha$ S show less GCCase delivered to the lysosome, as a result of less binding to LIMP-2 [35]. Since LIMP-2 is crucial for the correct trafficking of GCCase and that its malfunction may lead to a reduction in GCCase levels and activity, it is interesting to consider possible role of LIMP-2 in the development of PD. In LIMP-2 *knock-out* mice, lysosomal GCCase activity was reduced, resulting in  $\alpha$ S accumulation and disturbed lysosomal function, leading to neurotoxicity in dopaminergic neurons [36].

The main lysosomal degradation pathway for wild-type alpha  $\alpha$ S is chaperone-mediated autophagy (CMA) [37]. Proteins destined for CMA form a complex with cytosolic chaperone, heat shock cognate protein of 70 kDa (Hsc70), which is targeted to the lysosomal membrane where it interacts with lysosomal associated membrane protein 2A (LAMP-2A), the receptor for CMA of  $\alpha$ S, and undergoes translocation to the lysosome, followed by degradation [38]. To transport  $\alpha$ S into the lysosome, the LAMP-2A protein must form a multimeric complex on the lysosomal membrane [39].

Namely, LAMP-2A exists as a monomer at the lysosomal membrane, in specific membrane lipid microdomains and substrate proteins only bind to monomeric LAMP-2A. To translocate substrate across the lysosomal membrane, it forms a multimeric complex with other proteins, enabling translocation of the substrates into the lysosomal lumen, which only relates to LAMP-2A molecules outside these microdomains [40]. Retention of LAMP-2A within the lipid microdomains may not allow protein-complex formation, which in turn will prevent the translocation of  $\alpha$ S, resulting in its accumulation in the cytosol (Fig. 1).

In a cellular and mouse models of GD, *GBA* inhibition results in changes of lysosomal membrane composition, including increased concentration of GCCase in lipid rafts [41, 42]. It was hypothesized that this process may prevent or reduce the formation of LAMP-2A protein-complexes, which will then reduce the removal of  $\alpha$ S by CMA and increase its accumulation in cytosol [43]. In another study, LAMP-2A protein levels were found to be selectively decreased, which directly correlated with increased levels of  $\alpha$ S and decreased levels of Hsc70 in the same PD samples, as well as with accumulation of cytosolic CMA substrate proteins, MEF2D and I $\kappa$ B $\alpha$  [44]. It is possible that alterations in the composition of the lysosomal membrane may affect autophagy-lysosomal pathways in general, hypothetically contributing to PD development.

### The role of aging

Aging, an important risk factor for PD, is associated not only with decline in efficiency of the mechanisms responsible for disposal of misfolded proteins in post-mitotic neurons, but also with decline of GCCase activity [45]. Age-related increase of oligomeric  $\alpha$ S levels in the brains of cynomolgus monkeys was accompanied by a decrease in the expression and activity of GCCase [30]. Besides, levels of  $\alpha$ S phosphorylated at serine 129, a modification that promotes its oligomerization, also increase with age in the brain and are associated with a reduction in the activity of protein phosphatase 2A (PP2A), an enzyme that facilitates  $\alpha$ S dephosphorylation [30]. In the light of described deleterious  $\alpha$ S-GCCase feedback loop, aging-related  $\alpha$ S

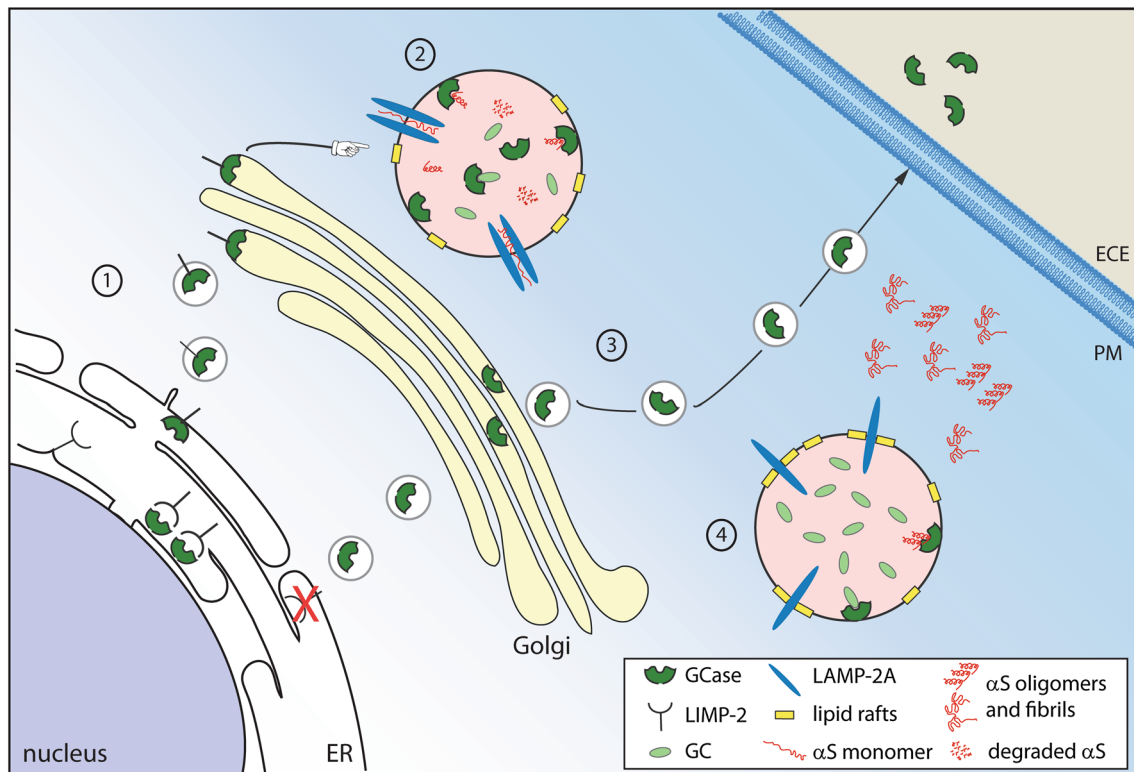
accumulation may affect GCCase activity even in PD-non-GBA patients. Indeed, decreased GCCase protein levels and enzymatic activity were recently identified in the substantia nigra (SN) of PD-non-GBA patients [22, 35, 46], that might, unlike general lysosomal inhibition, increase the levels of intracellular  $\alpha$ S [18, 47]. Interestingly enough, reduced GCCase occurred when cellular  $\alpha$ S levels were increasing, but before  $\alpha$ S deposition in LB, and correlated with reduced LAMP-2A and increased  $\alpha$ S levels [22].

### Glucocerebrosidase affects $\alpha$ -synuclein cell-to-cell transfer

Although initially thought to be a purely intracellular protein, it gradually became clear that  $\alpha$ S could be detected in the conditioned medium of cells and in extracellular fluids, such as plasma and CSF [48, 49]. Recent evidence has pointed towards the significance of cell-to-cell transfer of  $\alpha$ S aggregates in PD and other synucleinopathies, as a mechanism of disease propagation [50, 51]. The existence of extracellular  $\alpha$ S in rodent and human brain interstitial fluid has been confirmed by microdialysis [52]. Importantly, secreted  $\alpha$ S can impact neuronal homeostasis and lead to neuronal death, even at concentrations close to those identified in body fluids [51, 53]. It is conceivable that GCCase depletion may increase  $\alpha$ S release, while the endolysosomal dysfunction increases its uptake [54, 55]. A recent report described increased neuronal cell-to-cell transmission of endogenous  $\alpha$ S in grafted cells lacking GCCase [47]. Furthermore, the ectopic expression of wild-type GCCase (but not of an activity-deficient *GBA* mutant) reversed the effects of *GBA* deletion on the propagation of  $\alpha$ S aggregates, indicating that the enzyme hydrolytic activity had a role in cell-to-cell  $\alpha$ S transfer [47].

### How frequent are *GBA* mutations among PD patients?

More than 300 different mutations of the *GBA* have been reported, but the N370S (the most frequent among European populations and Ashkenazi Jews) and L444P (dominated in Asian populations, where N370S was rare) account for the majority of those found in both GD and PD. Both GD patients and asymptomatic heterozygous gene carriers were recognized to be at risk of PD [15]. The proportion of PD patients that carry *GBA* mutations is estimated to be approximately between 5 and 10 % [7, 56–59] (range 3.2–21 %) [5, 6, 60]. The highest frequency of *GBA* mutations in PD patients (31.1 %) was reported in Ashkenazi Jews [5], while studies in Norwegian [61] and North African Arab-Berber [62] populations failed to demonstrate different frequencies among PD patients and controls (Table 1).



**Fig. 1** Interaction between glucocerebrosidase,  $\alpha$  synuclein, and lysosomes (adapted from Siebert et al. Ref. [13]). *1* After selective recognition by the lysosomal integral membrane protein-2 (LIMP-2), glucocerebrosidase (GC) is sorted via ER and Golgi to the lysosomes. *2* Inside the lysosomes, GC is associated with inner face of the lysosomal membrane, and hydrolyzes its substrate, glucocerebroside (GC), thus enabling the maintenance of the lysosomal membrane composition. In addition,  $\alpha$  synuclein ( $\alpha$ S) monomers interact with lysosomal associated membrane protein 2A (LAMP 2A), and upon formation of multimeric complex, enter the lysosome, where GC facilitates their breakdown. *3* In case of LIMP-2 deficiency or absence, GC is not sorted to the lysosomes,

*GBA* mutations are important risk factor for developing PD, but most people with mutations will never develop PD [63]. Patients with GD have an almost 20-fold increased life-time risk of developing PD [64], irrespective of either GD severity or enzyme replacement therapy [65]. Carriers of severe (for example L444P) when compared to those with mild *GBA* mutations (for example N370S) have three to four times higher risk to develop PD, characterized by an earlier age at onset (on average 5 years) and more common cognitive impairment [66, 67].

Risks for PD at the age of 60 and 80 years was 4.7 and 9.1 % for GD patients and 1.5 and 7.7 % for *GBA* mutations carriers, respectively [68]. Cumulative risk for PD for *GBA* mutations carriers was 5 % at the age of 60 rising to 15 % at the age of 80 years [58], while Rana et al. [69] reported risks of 2.2 and 10.9 % at the age of 65 and 85 years, respectively. Due to the high cumulative age-specific risk (i.e. penetrance) found in the study by Anhelm

and is therefore secreted into the extracellular environment. *4* Impaired GC activity may affect lysosomal membrane composition, leading to increased density of lipid rafts, affecting the formation LAMP 2A-protein-complexes required for  $\alpha$ S translocation across lysosomal membrane, resulting in its accumulation in the cytosol. The increased cytosolic level of soluble monomers facilitates formation of oligomers and fibrils, affecting regular traffic of GC from ER to Golgi. LIMP-2 lysosomal integral membrane protein-2, GC glucocerebrosidase, ER endoplasmic reticulum, GC glucocerebroside,  $\alpha$ S  $\alpha$  synuclein, LAMP 2A lysosomal associated membrane protein 2A, PM plasma membrane, ECE extracellular environment

et al. [70] (29.7 % at the age of 80 years), it has been suggested that *GBA* might be considered as an autosomal-dominant PD causing gene with reduced penetrance, although, these results should be interpreted with caution.

It is not surprising that the first-degree relatives of GD patients more frequently have PD, since they are obligate heterozygous *GBA* carriers [71–73]. PD patients with affected relatives are more frequently carriers of *GBA* mutations than those with negative family history for PD [57].

### Clinical characteristics of Parkinson's disease associated with *GBA* mutations

Pathological examinations of PD-*GBA* patients have revealed morphological abnormalities within the spectrum of classical (idiopathic) PD; therefore, this condition is not considered to represent an atypical form of the disease [33,

**Table 1** Frequency of *GBA* mutations in patients with Parkinson’s disease (updated table from Ref. [1]; only studies with more than 100 patients with Parkinson’s disease and included controls were analyzed)

	Population	Screened mutations	Number of participants		Carrier frequency (%)		p value	Most common variants
			Cases	Controls	Cases	Controls		
Clark et al. [114]	Ashkenazi	N370S	160	92	10.7	4.3	0.20	N370S
Toft et al. [61]	Norwegian	N370S, L444P	311	474	2.3	1.7	0.58	N370S
Tan et al. [74]	Chinese	L444P, N370S	331	347	2.4	0.0	0.06	L444P
Wu et al. [75]	Chinese	L444P, RecNciI, R120W	518	339	3.1	1.2	0.07	L444P, RecNciI
Clark et al. [76]	Mixed (64 % Jewish)	GBA exons	278 (178)	179 (85)	13.7	4.5	–	N370S, c.84dupG
De Marco et al. [115]	Italian	N370S, L444P	395	483	2.8	0.2	0.0018	L444P
Mata et al. [116]	Mixed	N370S, L444P	721	554	2.9	0.4	0.001	N370S, L444P
Gan-Or et al. [89]	Ashkenazi	N370S, R496H, L444P, c.84dupG, IVS2+1, V394L, D409H, RecTL	420	333	17.9	4.2	<0.0001	N370S
Kalinderi et al. [117]	Greek	GBA exons	172	132	4.7	0.8	0.048	H255Q, L444P
Nichols et al. [77]	Mixed (<10 % Jewish)	N370S, T369M, L444P, IVS6, IVS10, E326K, K303K, R262H, RecNciI	1325	359	12.6	5.3	–	E326K, T369M, N370S, L444P
Neumann et al. [59]	British	GBA exons	790	257	4.2	1.2	0.01	L444P, N370S
Mitsui et al. [100]	Japanese	GBA exons	534	544	9.4	<0.1	<0.0001	R120W, RecNciI
Bras et al. [118]	Portugese	GBA exons	230	430	6.1	0.7	–	N370S, N396T
Mao et al. [88]	Chinese	L444P	616	411	3.2	0.2	0.001	–
Sun et al. [119]	Chinese	L444P, F213I, R353W, N370S	402	413	2.7	0.0	0.0007	L444P
Hu et al. [120]	Chinese	N370S	328	300	1.8	0.7	0.29	–
Lesage et al. [121]	North African (Algeria, Morocco, Tunisia, Libya)	GBA exons, LRRK2 (G2019S)	194	177	4.6	0.5	0.01	N370S, L444P, RecNciI
Moraitou et al. [122]	Greek	N370S, L444P, D409H, H255Q, R120W, Y108C, IVS10-1G>A, IVS6-2A>G	205	206	10.2	3.4	0.006	N370S
Noreau et al. [123]	French-Canadian	GBA exons	212	189	3.8	0.5	0.10	L444P, p.L236F, p.S378L, p.W417G
Lesage et al. [57]	European	GBA exons	1130	391	6.7	1.0	<0.0001	N370S
Huang et al. [93]	Chinese	GBA exons	967	780	3.7	0.3	0.0001	L444P
Setó-Salvia et al. [78]	Spanish	GBA exons	225	186	9.8	0.5	0.016	N370S, L444P
Emelyanov et al. [124]	Russian	N370S, L444P	330	240	2.7	0.4	0.038	N370S
de Carvalho Guimarães et al. [125]	Brazilian	N370S, L444P	237	186	3.4	0.0	–	–
Choi et al. [60]	Korean	GBA exons	277	291	3.2	0.0	0.01	N188S, P201H, R257Q, S271G, L444P

Table 1 continued

	Population	Screened mutations	Number of participants		Carrier frequency (%)		p value	Most common variants
			Cases	Controls	Cases	Controls		
Wang et al. [126]	Chinese	L444P, N370S, R120W	208	298	3.4	0.3	0.007	L444P
Zhang et al. [127]	Chinese	L444P, N370S, R120W	195	443	3.1	0.0	0.001	L444P
Kumar et al. [56]	Serbian	GBA exons 8–11	360	348	5.8	1.4	0.0041	N370S
González-Del Rincón et al. [128]	Mexican Mestizo	N370S, L444P	128	252	5.5	0.0	–	L444P
Yu et al. [129]	Chinese	GBA exons	184	130	8.7	1.54	0.0072	L444P
Li et al. [94]	Japanese (familial PD)	GBA exons	147	100	18.8	1	<0.0001	L444P
Pulkes et al. [90]	Thai	GBA exons	480	395	5.0	0.5	<0.001	–
Asselta et al. [130]	Italian	GBA exons 9–10	2350	1111	4.5	0.63	$2.2 \times 10^{-11}$	N370S
Grimes et al. [131]	Canadian	GBA exons	225	110	4.4	0.91	0.088	N370S, L444P
Gan-Or et al. [67]	Ashkenazi-Jewish	N370S, R496H, 84GG, IVS2 + 1, V394L, D409H, L444P, RecTL	1000	3805	19.2	6.4	<0.0001	N370S

[59]. Autopsy study also found that cortical LB are more frequently seen in PD-*GBA* patients than in non-carriers [59]. Clinically, *GBA* mutation carriers have an earlier age at PD onset (between 1.7 and 6.0 years earlier than PD-non-*GBA* [1, 5, 74–77]; observation not confirmed in several studies) [56, 78, 79], more likely have a positive family history for PD, but also more prevalent non-motor symptoms (NMS) when compared to PD-non-*GBA* [80].

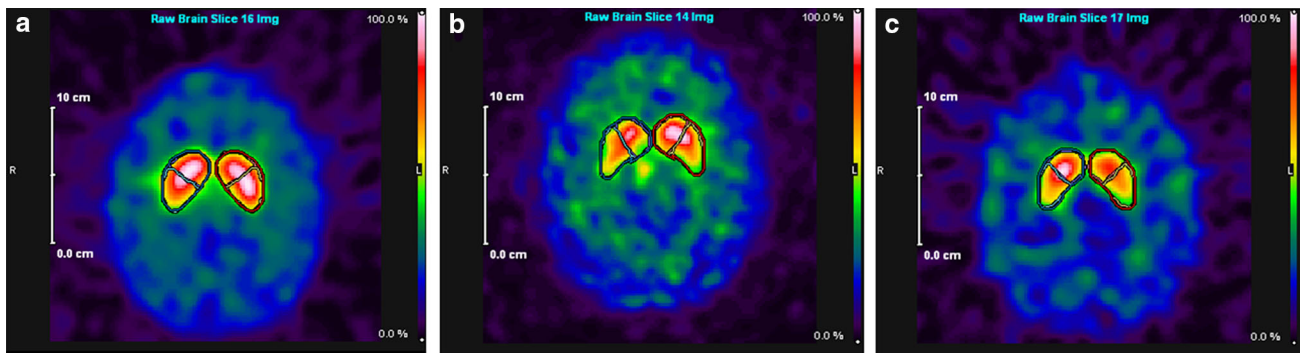
Both GD patients and asymptomatic *GBA* mutation carriers may exhibit mild parkinsonian motor signs insufficient to reach the diagnosis of PD that may remain stable after two years of follow-up [81, 82]. In addition, hyposmia, cognitive decline, REM-sleep behavior disorder and depressive symptoms are more frequent among them in comparison to subjects who are not carriers of *GBA* mutations [81, 83]. We identified a family where both parents of a GD patient (obligate *GBA* carriers) have stable mild parkinsonian signs during the follow-up of 3 years (Fig. 2).

PD-*GBA* has typical clinical manifestations: asymmetric parkinsonism with a good response to levodopa [84]. PD phenotype in GD patients and heterozygous *GBA* mutations carriers is similar [1]. Rarely, PD may precede clinical manifestations of GD for years [56, 85]. Initial symptoms of PD seem to be similar between *GBA* mutations carriers and non-carriers [5, 86–88]. However, although not confirmed in all studies, there are reports of more common bradykinesia, tremor, weakness and shoulder pain, as well as a lower frequency of rigidity as initial symptoms in PD-*GBA* [76, 86, 89].

### Motor phenotype

When diagnosed, PD-*GBA* is clinically indistinguishable from PD-non-*GBA* [57, 76, 77, 79, 88, 90, 91]. However, some studies suggested less prevalent asymmetric onset, more postural instability [7, 56, 87], and more frequent levodopa-induced motor fluctuations and dyskinesia (LID), in PD-*GBA* patients [57, 92] (conversely, other studies observed that LID occurred with a lower frequency or with a similar prevalence when compared to PD-non-*GBA* patients) [93–96]. In conclusion, individual PD-*GBA* patients cannot be discriminated from PD-non-*GBA* patients on clinical or pathological grounds.

*GBA* mutations and polymorphisms influence the course of PD [79]. Progression of motor deterioration is more rapid in PD-*GBA* than in PD-non-*GBA* patients: *GBA* mutations carriers have fourfold increased risk of progression to Hoehn and Yahr stage 3 (HY3) [79, 90, 97–99]. Winder-Rhodes et al. [79] estimated that the time of progression to HY3 was 23.5 months for PD-*GBA* patients, 32 months for PD patients with *GBA* polymorphisms, and 49 months for non-carriers.



**Fig. 2** DaT-SPECT findings in *GBA* mutation carriers in premotor phase of PD. **a** Normal DaT-SPECT in a person without parkinsonism and without *GBA* mutations; **b** and **c** show DaT-SPECT findings for parents of GD patient. GD patient doesn't have any signs of parkinsonism, hence, both parents (obligate carriers of *GBA* mutations) are in premotor phase of PD. **b** father of our GD patient (55 years) had no criteria for PD, but expressed hyposmia, REM-

sleep behavior disorder, hypomimia, and mild bradykinesia of the *left leg*, that were stable for a 3 year follow-up and *bilateral*, but predominantly *right-side* decrease in DaT-SPECT binding; **c** mother of the same GD patient (51 years) had only bradykinesia of the right extremities that was stable for 3 year follow-up and reduced striatal DaT binding bilaterally, predominantly on the *left side*

### Non-motor features

Prominent NMS appeared to be the key clinical aspect of PD-*GBA* patients: they suffered more commonly and severely from a variety of NMS than those without *GBA* mutations [58, 80, 87]. PD-*GBA* patients show more rapid progression of cognitive decline and have >5fold increased risk of progression to dementia when compared PD-non-*GBA* patients [78, 79, 96, 98]. Winder-Rhodes et al. calculated projected median time to dementia to be 46 months for PD-*GBA* patients, 96 months for PD patients with *GBA* polymorphisms, while <50 % of those without *GBA* mutations developed dementia over the median follow-up period of 82 months [79].

Visual hallucinations, delusions and psychosis occurred in PD-*GBA*, probably due to an extension of the LB pathology to the temporal lobe [55, 94, 95]. Depression, apathy, indifference, and anxiety disorder have been, although not uniformly, [89, 98, 101–103] reported to have higher prevalence in PD-*GBA* [58, 80, 87].

Autonomic dysfunction (e.g. orthostatic hypotension, constipation, sweating, urinary, bowel and sexual dysfunction), as well as sleep disturbances, fatigue, and unexplained pain, were also found to be more frequent in PD patients with than those without *GBA* mutations [58, 80, 87, 104, 105].

### Therapeutic considerations

While several reports suggested poor response to levodopa, majority of the studies found an excellent therapeutic effect of levodopa and dopamine agonists in PD-*GBA* [5, 56, 78, 84, 90]. DBS also had favorable

outcome in PD-*GBA* patients, although these patients might require application of the procedure earlier in the course of the disease and might have faster cognitive decline and axial impairment after DBS [65, 99, 106, 107]. The enzyme replacement therapy for GD neither prevented development of PD, nor modified severity of symptoms and PD progression, probably due to a lack of passage of the enzyme across the blood–brain barrier [108–110]. Alternative therapy for GD is with miglustat, an iminosugar which inhibits the biosynthesis of macromolecular substrates that accumulate pathologically in glycosphingolipidoses [111]. Miglustat is able to cross blood–brain barrier but no clear data are available on the impact of miglustat on parkinsonism in GD patients [110, 112, 113].

Establishing the concept of *GBA*-related PD promoted a search for the pathogenic mechanisms through which GCCase deficiency may influence pathogenesis of PD, suggesting that targeting the GCCase–lysosomal pathway might be a rational approach for the “development of neuroprotective drugs in PD” [15].

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### Compliance with ethical standards

**Conflicts of interest** Ivanka Marković and Nikola Kresojević report no disclosures. Vladimir Kostić received honoraria for lectures from Boehringer and Novartis and grants from Ministry of Education and Science, Republic of Serbia (Project #ON175090); Serbian Academy of Science and Arts, Novartis, Boehringer, Glaxo, Pfizer and Swispharm. On behalf of all authors, the corresponding author states that there is no conflict of interest.

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