



Characterization of tissue-specific biomarkers with the expression of circRNAs in forensically relevant body fluids

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Abstract

Messenger RNA (mRNA) markers have been extensively investigated for the identification of forensically relevant body fluids and tissues based on their expression profiles among cell types. As products of the backsplicing of pre-mRNAs, circular RNAs (circRNAs) share exonic sequences with their linear counterparts. The inclusion of circRNAs in mRNA profiling is shown to facilitate the detection of biomarkers in the identification of body fluids. In this study, we identified the expression of circRNAs of 14 out of 45 biomarkers from five body fluid types using outward-facing primer sets and revealed the ratio of circular to total transcripts of biomarkers by RNase R treatment. Furthermore, our results of qPCR analysis show that the inclusion of circRNAs in the detection of biomarkers, including HBA and ALAS2 for blood; MMP7 and MMP10 for menstrual blood; HTN3 for saliva; SPINK5, SERPINB3, ESR1, and CYP2B7P1 for vaginal secretions; TGM4, KLK3, and PRM2 for semen; and SLC22A6 and MIOX for urine, does not impair the specificity of these biomarkers. Additionally, a high copy number of targets from linear transcripts could be employed to increase the detection sensitivity of TGM4 and KLK3 with a low expression level of circRNAs in urine samples. Altogether, these results will help with the development of robust multiplex assays for body fluid identification.

Keywords Body fluid identification · mRNA profiling · Circular RNAs · Specificity · Sensitivity

Introduction

The identification of human body fluid stains at a crime scene is of practical significance since it has the potential to provide crucial information in criminal investigations. In recent years, several molecular approaches for cell type inference have been intensively studied, including the detection of the expression of messenger RNAs (mRNAs) [1–7] and microRNAs (miRNAs) [8–11], the determination of DNA methylation

levels [12–16], and the identification of microbial species [12, 17]. Cells from a single tissue type should have a unique transcriptome or gene expression profile, which facilitates the identification of forensically relevant body fluids. Currently, a number of mRNA markers have been developed for the identification of forensically relevant body fluids and the European DNA profiling group (EDNAP) has widely investigated mRNA profiling of a series of forensic-related body fluids/tissues in the collaborative exercises [18–21]. However, it should be noted that several biomarkers, such as the vaginal secretion markers HBD1 and MUC4, exhibit detectable cross-reactivity in non-target body fluids [4, 22, 23].

One ongoing challenge for mRNA profiling experiment with body fluid samples is the low quality and quantity of total RNAs. In addition to the optimization of primer sets and PCR amplification conditions, efforts have also been made to promote the identification of body fluids by increasing the recovery of transcripts, purifying PCR products, and employing expression-abundant biomarkers [3, 24–26]. In our previous reports, our results show that the inclusion of circular RNAs (circRNAs) in mRNA profiling can facilitate the detection of mRNA markers in forensic body fluid identification [27, 28].

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CircRNAs, derived from the backsplicing of pre-mRNAs, have been widely identified as being co-expressed with their linear counterparts [29]. As a matter of fact, the inclusion of circRNAs in mRNA profiling increases the level of transcripts. The determination of circular transcripts of body fluid-specific biomarkers will help with the development of robust multiplex assays for body fluid identification. However, the expression profiles of circRNAs in forensically relevant body fluids are not available. Additionally, it remains unknown whether the inclusion of circRNAs in the detection of these markers impairs the specificity of these biomarkers.

In this study, a total of 45 genes with tissue-specific expression in five body fluids were first obtained from previous reports and/or by retrieving genotype-tissue expression (GTEx) database in UCSC genome browser. The circular transcripts of these biomarkers were identified and the expression level of circRNAs was evaluated. The expression specificity of 14 biomarkers with the inclusion of circular transcripts in six body fluids was further characterized.

Materials and methods

Sample preparation

All samples of each fresh body fluid were collected from healthy volunteers (five males, four females, ranging from 20 to 30 years of age). Peripheral blood ($n = 4$) was obtained via venipuncture with vacutainer tubes (BD, USA). Saliva ($n = 4$, 5–7 ml) was collected in sterile 50-ml Corning polyethylene tubes (Corning, USA). Freshly ejaculated semen ($n = 4$) was gained from fertile men. Vaginal secretions ($n = 4$) were collected from the vagina by sterile cotton swabs, and four menstrual blood ($n = 4$, day 2 or 3 of the menstrual cycle) was collected from donors' sanitary towel. Urine samples ($n = 9$) were collected from five male and four female individuals, respectively. After collection, all samples were used for the RNA extraction or stored immediately at $-80\text{ }^{\circ}\text{C}$ before use. All procedures were approved by the ethics committee of Shanghai Medical College, Fudan University, and all donors volunteered for this study based on informed consent.

RNA preparation and reverse transcription

For vaginal secretions and menstrual blood samples, total RNAs were extracted with RNeasy® Mini Kit (Qiagen, Germany) according to the manufacturer's protocol with the following adaptations: entire cotton swabs or approximately 1 cm^2 sanitary napkins were cut into pieces and incubated at $56\text{ }^{\circ}\text{C}$ for 1 h in $350\text{ }\mu\text{l}$ RLT buffer containing $3.5\text{ }\mu\text{l}$ β -mercaptoethanol, and then the complete mixture including the swabs or sanitary napkins pieces was passed over a QiaShredder column (Qiagen, Germany), after which the

flow-through was incubated at $56\text{ }^{\circ}\text{C}$ for another 30 min. For urine samples, 40 ml fresh urine in a 50-ml Corning polyethylene tube was centrifuged at $4\text{ }^{\circ}\text{C}$ for 10 min to collect sediments. Urine sediments were then washed twice with sterile cold phosphate buffer (PBS) by centrifugation and resuspension and subjected to total RNA extraction with RNeasy® Mini Kit according to the manufacturer's protocol. For blood and saliva samples, total RNAs were obtained using RNeasy® Mini Kit. For semen samples, after being liquefied at $37\text{ }^{\circ}\text{C}$ for 30 min, $100\text{-}\mu\text{l}$ semen samples were mixed with an equal volume of PBS and then subjected to total RNA extraction with TRIzol LS (Invitrogen, USA) followed by cleanup using RNeasy® Mini Kit (Qiagen, Germany) according to the manufacturers' protocols. RNase-free DNase Set (Qiagen, Germany) was used for on-column DNA digestion, and total RNA was eluted in $35\text{ }\mu\text{l}$ RNase-free ddH₂O. RNA concentration was determined using a NanoDrop ND-2000 spectrophotometer (Thermo Scientific, USA). RNA integrity number (RIN) assessed using an Agilent RNA 6000 Nano Kit on an Agilent 2100 bioanalyzer (Agilent, Germany) was $4.5\text{--}9.1$ for peripheral blood, $2.4\text{--}4.3$ for menstrual blood, $1.0\text{--}2.4$ for saliva, $2.2\text{--}4.8$ for vaginal secretion, $2.6\text{--}2.7$ for semen, and $1.0\text{--}1.2$ for urine. Total RNA was used for subsequent evaluation or immediately stored at $-80\text{ }^{\circ}\text{C}$ before use. For each reverse transcription reaction, random hexamers were used to synthesize cDNA in a final volume of $20\text{ }\mu\text{L}$ using a QuantiTect Reverse Transcription Kit (Qiagen, Germany) according to the manufacturer's instructions. Reverse transcription (RT) minus controls without reverse transcriptase were used to rule out potential contamination of gDNA. The cDNA was immediately used for PCR or stored at $-20\text{ }^{\circ}\text{C}$ before use.

Identification of circular transcripts

Divergent primer sets for candidate biomarkers (Table S1) were designed and synthesized as described previously [27]. The primer sequences used in this study as well as product sizes are listed in Table S2. For cDNA synthesis, 30 ng of total RNA from each sample of body fluids was used for reverse transcription. In singleplex PCR, $25\text{ }\mu\text{l}$ of reaction mix contained $1\text{ }\mu\text{l}$ of cDNA or equal volume of sterile water as the non-template control, $2\text{ }\mu\text{l}$ of dNTPs mixture containing 2.5 mM of each dNTP (Takara, Japan), $2.5\text{ }\mu\text{l}$ of $10\times$ PCR buffer, and 1 U AmpliTaq Gold DNA polymerase (ThermoFisher, USA). The cycling conditions were as follows: the initial denaturation was at $95\text{ }^{\circ}\text{C}$ for 5 min, followed by 35 cycles of $95\text{ }^{\circ}\text{C}$ for 30 s, annealing at the indicated temperatures in Table S2 for 35 s, $72\text{ }^{\circ}\text{C}$ for 60 s with a final elongation at $72\text{ }^{\circ}\text{C}$ for 10 min. PCR products of circRNAs were separated by agarose gel electrophoresis (AGE) followed by purification and the junctions of head-to-tail products were determined by Sanger sequencing (Sunny Biotech., China).

Quantitative real-time PCR (qPCR)

In this study, L-primers refer to primer sets that mainly amplify linear transcripts of genes and LC-primers refer to primer sets that can simultaneously amplify linear and circular transcripts of genes. Specificity of all primer sets was checked with melting profiling together with agarose gel electrophoresis, and amplification efficiency of each primer set was evaluated by qPCR (Table S4). To eliminate linear RNA for the detection of circRNAs, total RNA was treated with RNase R (Epicenter, USA) at 37 °C for 1 h with a dose of 3 U per 1 µg of RNA before reverse transcription reaction.

QPCR was performed using QuantiNova™ SYBR® Green PCR Kit (Qiagen, Germany) in a total reaction volume of 10 µl using indicated primer sets (Table S4). Each reaction mixture contained 1 µl of cDNA (equivalent to 1.5 ng of total RNA), 5 µl of SYBR plus ROX reference dye premix (the volume ratio of SYBR to ROX is 100:1), and 0.7 µM for each primer. An equal volume of 1 µl ddH₂O or RT minus control was used to rule out potential contamination. qPCR reactions were conducted in triplicate for each RT reaction product. The cycling conditions consisted of an initial denaturation at 95 °C for 2 min, followed by 45 cycles of 95 °C for 15 s and 60 °C for 34 s and were performed on a 7500 Real-Time PCR system (ThermoFisher, USA). The amplification curves were analyzed using SDS v1.4 software (ThermoFisher, USA), to determine the quantification cycle (Cq) values and perform melting curve analysis. The detection results of markers were considered valid when the Cq value is less than 40 and Cq values deviating less than 0.5 cycle from the median value of the respective technical repeat. To analyze the ratio of circular to total transcripts of each gene, delta Cq (ΔCq) for each gene in a sample was termed as the average Cq from triplicate reactions (RNase R treatment) – the average Cq from triplicate reactions (without treatment). The ratio of circular to total transcripts of each gene was calculated as $100\% \times (1 + E)^{-\overline{\Delta Cq}}$, where $\overline{\Delta Cq}$ is the average ΔCq value obtained from four samples and E denotes the amplification efficiency of a primer set.

The expression stability of candidate reference genes (β -actin (ACTB), β 2M, 18S rRNA, and GAPDH) was evaluated based on their expression in different body fluids using RefFinder [30], and β -actin was selected as the reference control in this study (Fig. S3). For the specificity analysis of biomarkers, the expression of biomarkers detected using LC-primers in each type of body fluid was evaluated and ΔCq for each marker in one sample was defined as the average Cq from triplicate reactions (marker) – the average Cq from triplicate reactions (β -actin).

Capillary electrophoresis and profile analysis

PCR amplification was performed using fluorescein-labeled primers as described previously [27]. Briefly, the initial denaturation was at 95 °C for 5 min, followed by 28 cycles of 95 °C for 30 s, 60 °C for 35 s, 72 °C for 60 s with a final elongation at 72 °C for 10 min, and then CE was performed. Raw data were analyzed using GeneMapper ID software v3.2. The threshold for a positive result was set to 100 RFUs (relative fluorescence units). Negative controls did not show amplification signals. For samples with negative results in the sensitivity analysis, PCR amplification using LC-primers and L-primers were replicated followed by CE.

Results

Identification of circular transcripts of biomarkers

A total of 45 candidate genes with tissue-specific expression in five body fluids including menstrual blood, semen, saliva, vaginal secretions, and urine were first obtained (Table S1). Divergent primer sets based on the combination of exons of each biomarker were used for PCR amplification, and the circular transcripts are determined by Sanger sequencing (Table S2). As a result, 38 major circRNAs from 14 genes were identified (Fig. 1) and the covalent junctions in circular transcripts are shown in Fig. S1. Most of these exon-derived circular transcripts contained two to five exons, with an average length of 530 bp (Table S3), which can facilitate the development of LC-primers in mRNA profiling. Additionally, most of these circular transcripts are composed of incomplete exons, which implies a difficulty in the prediction of circular transcripts. Furthermore, the circular forms of MMP10 showed a significant difference from the results in circBase database. The expression of circRNAs of several biomarkers, such as PRM2, HTN3, MIOX, and SLC22A6, was not observed in previous reports. It is a possibility that circular transcripts can be erroneously assembled or missed out by the analysis of RNA-Seq data.

Evaluation of the expression content of circRNAs

Previous reports show that the backsplicing of pre-mRNAs competes with the splicing of pre-mRNAs [31]. In fact, a high abundance of circRNAs implicates a low expression level of mRNA from a single gene. Therefore, the evaluation of the ratio of circular to total transcripts of a single gene can help the selection of biomarkers in body fluid identification. To this end, primer sets for

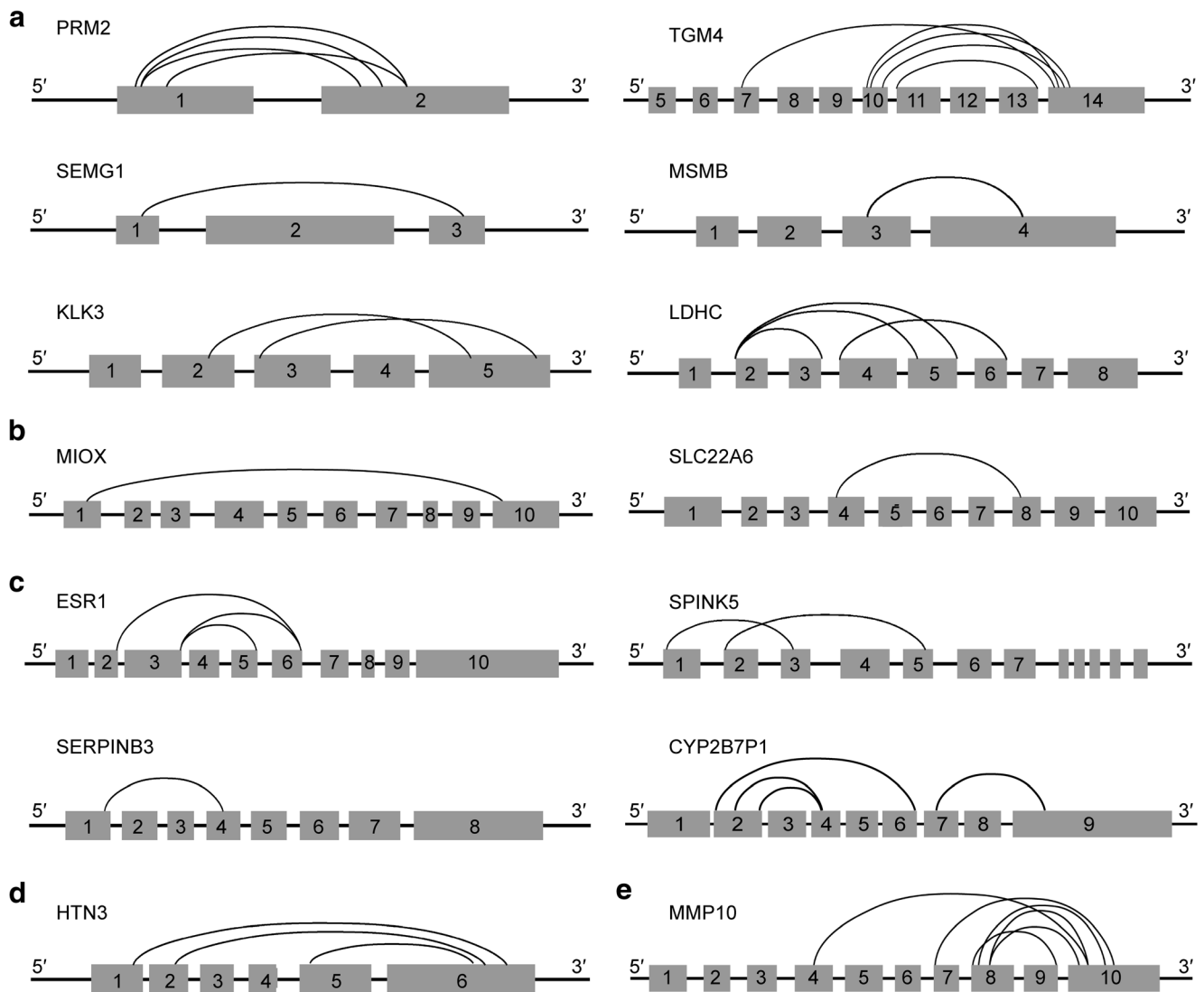


Fig. 1 Identification of circRNAs of tissue-specific biomarkers. **a** Semen-specific markers PRM2, TGM4, SEMG1, MSMB, KLK3, and LDHC. **b** Urine-specific markers MIOX and SLC22A6. **c** Vaginal secretions-specific markers ESR1, SERPINB3, SPINK5, and CYP2B7P1. **d** Saliva-specific marker HTN3. **e** Menstrual blood-

specific marker MMP10. The curved line indicates the downstream 3' end of an exon is covalently linked with the upstream 5' end of an exon, which results in the formation of a circular transcript. All junction sequences of the head-to-tail circRNAs are shown in Fig. S1

biomarkers used in previous reports were first collected and primer sets for the amplification of linear transcripts (L-primers) or for simultaneous amplification of linear and circular transcripts (LC-primers) were developed (Table S4 and Fig. S2). Total RNA with or without RNase R treatment was used for reverse transcription followed by qPCR with L-primers or LC-primers. As shown in Fig. 2, RNase R treatment could significantly remove linear transcripts. RNase R-resistant transcripts of several biomarkers, such as ALAS2, TGM4, PRM2, and KLK3, accounted for a high proportion of transcripts. In contrast, several biomarkers, such as HTN3 and SLC22A6, harbored a low expression level of circular transcripts. Overall, semen-specific markers have higher

circular-to-total RNA expression ratios relative to other body fluid markers (Table S5).

Evaluation of the specificity of biomarkers with the inclusion of circRNAs

It is unknown whether the promoter leakage in controlling expression dynamics of genes together with the backsplicing of pre-mRNAs lowers the specificity of biomarkers with the inclusion of circRNAs. To this end, qPCR was performed using LC-primers to test the expression of transcripts in six body fluids including peripheral and menstrual blood, semen, saliva, vaginal secretions, and urine samples. Raw Cq values were normalized relative to the expression of the reference

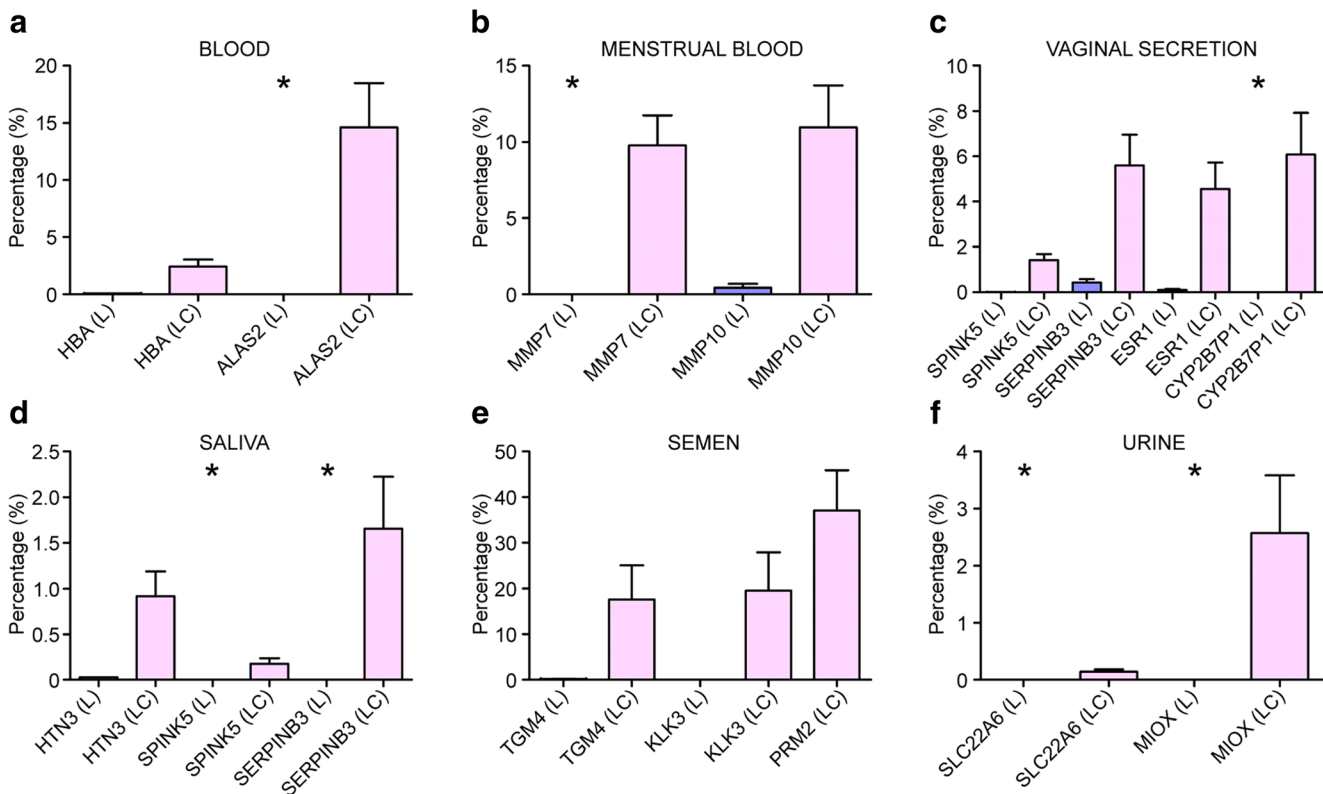


Fig. 2 Evaluation of the RNase R-resistant transcripts to all transcripts using L-primers or LC-primers of tissue-specific biomarkers. qPCR was performed using L-primers (L) and LC-primers (LC) on cDNA from 4 total RNA samples with or without RNase R treatment. The percentage of RNase R-resistant transcripts to all transcripts of each gene was evaluated as $100\% \times (1 + E)^{-\overline{\Delta Cq}}$, where $\overline{\Delta Cq}$ was termed as the average Cq from triplicate reactions (RNase R treatment) – the average Cq from triplicate reactions (without treatment) and E denotes the mean amplification

efficiency of a primer set. **a** HBA and ALAS2 in blood. **b** MMP7 and MMP10 in menstrual blood. **c** SPINK5, SERPINB3, ESR1, and CYP2B7P1 in vaginal secretions. **d** HTN3, SPINK5, and SERPINB3 in saliva. **e** TGM4, KLK3, and PRM2 in semen. **f** SLC22A6 and MIOX in urine. An asterisk indicates that the Cq value of a marker was more than 40 after RNase R treatment. Blue and purple indicate results obtained using L-primers and LC-primers, respectively

gene β -actin. On the whole, tissue-specific biomarkers were observed to have lower ΔCq values in expected body fluids (Fig. 3). Especially, MIOX, a newly developed biomarker for urine, showed high level of expression with a tissue-specific pattern. ESR1 was only detected in vaginal secretions and menstrual blood, which suggests high degree of expression specificity in body fluids. However, SPINK5 and SERPINB3, two markers for vaginal secretions, showed cross-reactivity with saliva. Additionally, four biomarkers including HBA, MMP7, TGM4, and KLK3 showed cross-reactivity with male urine samples (Fig. 3f). In contrast to HBA and MMP7, TGM4, and KLK3, two prostate-specific biomarkers were not detectable in female urine samples (data not shown), which is consistent with previous reports and our investigation [32, 33]. PRM2 exhibits high semen specificity and is undetectable in urine samples, making it more suitable for differentiating semen and urine samples (Fig. 3e, f). Therefore, the simultaneous detection of linear and circular transcripts shows a similar specificity of biomarkers to previous reports.

The detection of TGM4 and KLK3 in urine samples

Since the positive detection of TGM4 and KLK3 in urine samples can contribute to gender determination, we subsequently investigated the detection sensitivity of TGM4 and KLK3 using L-primers and LC-primers. The amplification efficiency of L-primers for TGM4 and KLK3 were similar to that of LC-primers (Fig. S4). Sensitivity testing of TGM4 and KLK3 was next assessed in a quantitative approach (input total RNA). A dilution series of total RNA from different individuals (0.2–0.006 ng) was reversely transcribed. PCR amplification was performed using L-primers and LC-primers, respectively, and results are summarized in Table 1. The detection limits of both TGM4 and KLK3 determined using L-primers were up to 0.2 ng of input total RNA (Table 1). In contrast, TGM4 and KLK3 could be detectable with as little as 0.012 ng of input total RNA using LC-primers in all tested samples (Table 1). Furthermore, in contrast to L-primers, the amplification using LC-primers of TGM4 and KLK3 produced considerably higher peaks (Fig. 4a, b).

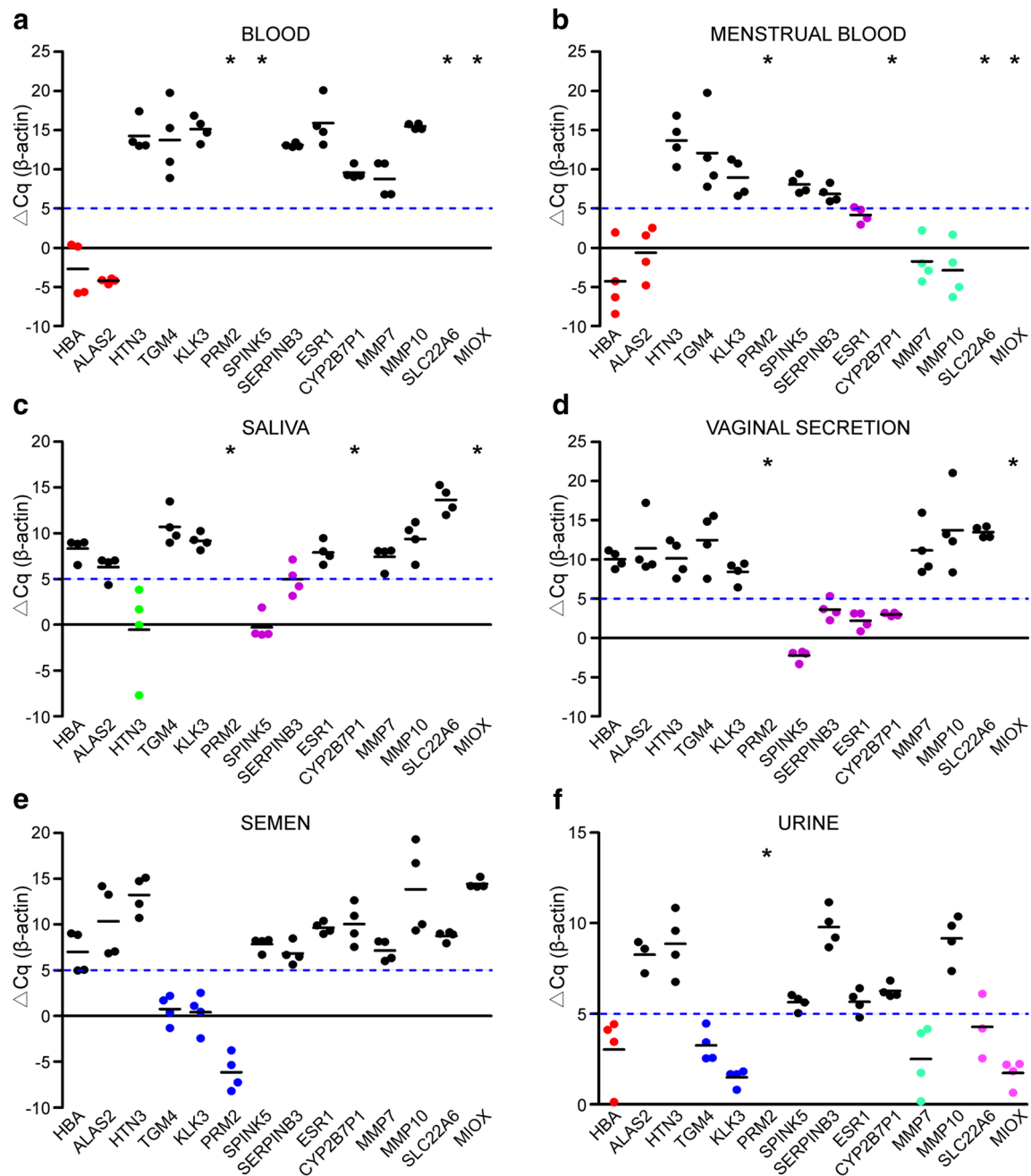


Fig. 3 Evaluation of the specificity of genes with the inclusion of circRNAs using qPCR. qPCR assay was carried out on four total RNA samples for each body fluid. Expression patterns of 14 genes including HBA and ALAS2 for blood; MMP7 and MMP10 in menstrual blood; HTN3 in saliva; SPINK5, SERPINB3, ESR1, and CYP2B7P1 in vaginal secretions; TGM4, KLK3, and PRM2 in semen; and SLC22A6 and MIOX in urine were measured by qPCR using LC-primers and presented as a scatter plot. Δ Cq was termed as the average Cq from triplicate reactions (marker) – the average Cq from triplicate reactions

(β -actin). **a** Blood. **b** Menstrual blood. **c** Saliva. **d** Vaginal secretions. **e** Semen. **f** Urine. Data are displayed as scatter plot (the black horizontal line represents the mean value of Δ Cq). A dashed line indicates the position of Δ Cq value equal to 5 and markers with the median value less than 5 were marked in colors. The markers for peripheral blood, menstrual blood, saliva, vaginal secretions, semen, and urine are indicated using red, spring green, green, purple, blue, and pink, respectively. An asterisk shows that the Cq value of a marker was more than 40 in the indicated tissue

Since the circRNAs of TGM4 and KLK3 had a high expression level in semen (Fig. 2e and Table S5), we subsequently determined whether the increased detection sensitivity of TGM4 and KLK3 using LC-primers attributed to the inclusion of circRNAs. The expression of circRNAs of TGM4 and

KLK3 was evaluated using urine total RNA with or without RNase R treatment. Unexpectedly, the ratio of RNase R-resistant transcripts to total transcripts in urine samples accounted for 0.52% for TGM4 and 1.94% for KLK3, which implies that the increased detection sensitivity of TGM4 and

Table 1 Detection of TGM4 and KLK3 in the serial dilution analysis using L-primers and LC-primers. The reverse transcription was performed using the indicated amounts of total RNA, and 1 μ l of RT products was used for 28 cycles of PCR amplification followed by CE. The number of samples in which the biomarker was detected out of the total number of samples tested is indicated

RNA input (ng)	TGM4		KLK3	
	L-primers	LC-primers	L-primers	LC-primers
0.2	5/5	5/5	5/5	5/5
0.1	1/5	5/5	2/5	5/5
0.05	0/5	5/5	0/5	5/5
0.025	0/5	5/5	0/5	5/5
0.012	0/5	5/5	0/5	5/5
0.006	0/5	2/5	0/5	4/5

KLK3 using LC-primers did not mainly result from the inclusion of circRNAs. In fact, compared with LC-primers of TGM4 and KLK3, L-primers of TGM4 and KLK3 had similar amplification efficiency (Fig. S4a, b) and however obtained significantly higher Cq values using the same amount of cDNA as template in urine samples (Fig. 4c). Despite a high expression level of circRNAs of TGM4 and KLK3 in semen samples, similar results still could be observed when we performed the evaluation of amplification efficiency of L-primers and LC-primers (Fig. S4a, b). Therefore, linear transcripts of TGM4 and KLK3 with the region LC-primers amplified should have a higher copy number than that with the region L-primers amplified in exfoliated cells, which could attribute to the increased detection sensitivity of TGM4 and KLK3 in urine samples.

Discussion

Several databases for circular RNAs, such as circBase, CIRCpedia, CircNet, and TS_circ database [34–37], have been established, while there is a lack of datasets for forensically relevant body fluids. Furthermore, although the expression profile of circular transcripts in forensically relevant body fluids can be revealed by next-generation sequencing (NGS), the validation of the head-to-tail products is still required by Sanger sequencing, since the analysis of datasets from NGS can present false-positive results. Especially, on account of a small amount of RNA from these body fluids, NGS and the bioinformatics analysis of datasets also might leave out circular transcripts. Therefore, to directly determine potential circular transcripts of biomarkers, we used outward-facing primer sets based on the combination of exons for PCR amplification followed by Sanger sequencing and identified the

expression of circular transcripts from 14 out of 45 genes with tissue-specific expression in the present study. In fact, several circular transcripts of genes, such as MIOX and SLC22A6, are not identified in four databases mentioned above, although the expression of circRNAs in kidney tissues was widely investigated [34, 38]. It should be noted that the low resolution of gel analysis for PCR products might result in the omission of circRNAs with a low expression level. However, the inclusion of circRNAs at a low expression level might not substantially promote the detection of biomarkers in mRNA profiling. Consequently, the determination of each potential circular transcript with a relatively high expression level in this study will help in the selection of target regions for PCR amplification. Nonetheless, some established markers without the expression of or with a very low expression level of circRNAs, such as PRM1 and UMOD, are still considered as important candidates in body fluid identification.

The expression variation of circRNAs occurs in individuals because of genetic context, age, sex, and so on. Because circRNAs and mRNAs of a single gene are from pre-mRNA, the simultaneous detection of circRNAs and mRNAs of biomarkers should not be impaired by the expression variation of circRNAs. Notably, the competition of circRNA biogenesis might result in undetectable expression of linear mRNA. Biomarkers with undetectable expression of linear mRNA in non-target tissues might harbor the detectable expression of circRNAs in non-target tissues. Previous studies reported hundreds of cases where only the expression of circular transcripts were detected but corresponding linear transcripts expression were not detectable [39]. Therefore, it is essential to clarify whether the inclusion of circRNAs impair the specificity of these biomarkers. To address this issue, we investigated the expression specificity of 14 biomarkers from six body fluids using LC-primers. Our results show that the expression specificity of these biomarkers is similar to previous reports. Therefore, circRNAs of mRNA markers in non-target tissues might be absent or have a very low level of expression and the inclusion of circRNAs does not interfere with the specificity of these mRNA markers. For those biomarkers, such as SPINK5 and SERPINB3, cross-reactivity with other body fluids does not attribute to the expression of circRNAs, since the expression of mRNA can be detected in more than one body fluid.

Among the six body fluid types, cross-reactivity of several biomarkers with urine samples was observed. In fact, the identification of urine stains attracts little attention to forensic scientists. HBA had a high and constant expression in all urine samples; however, the reason remains to be clarified. There might be not due to microscopic hematuria since ALAS2 had

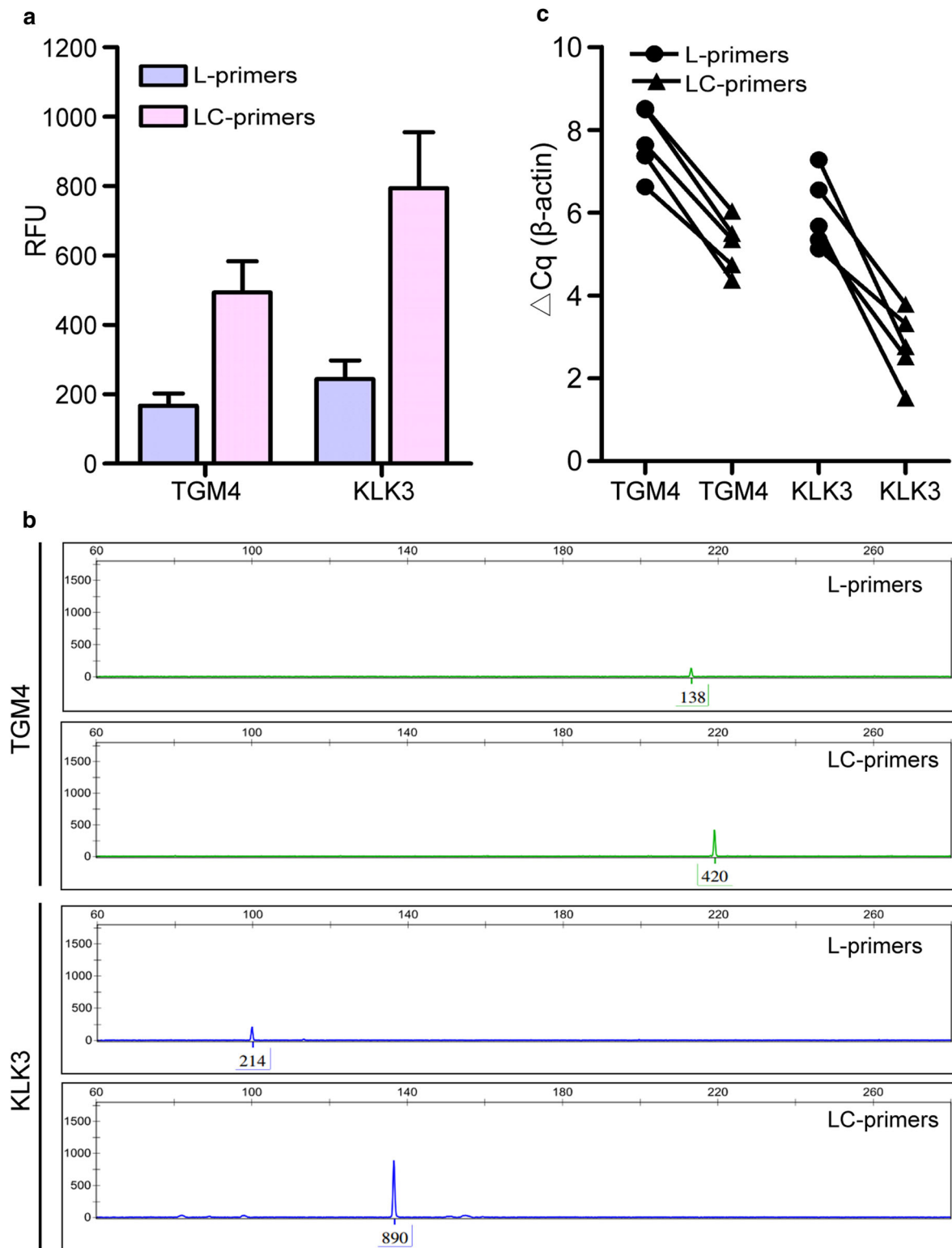


Fig. 4 The detection of TGM4 and KLK3 using L-primers and LC-primers in urine samples. **a** The average RFU values from the detection of TGM4 and KLK3 using L-primers and LC-primers in three urine samples. PCR amplification of TGM4 and KLK3 was performed on cDNA from 0.2 ng total RNA using L-primers and LC-primers followed by CE. **b** One representative electrophoretogram out of five samples in **a** for TGM4 (upper panel) and KLK3 (low panel). The peak height is

indicated in each panel. **c** The ΔCq values obtained using L-primers and LC-primers in urine samples. The reverse transcription was performed using five total RNA samples followed by qPCR using L-primers and LC-primers, respectively. ΔCq was termed as the average Cq from triplicate reactions (marker) – the average Cq from triplicate reactions (β -actin)

a low expression level in urine samples. Furthermore, our previous reports show a high expression level of HBB, a blood marker, in urine samples [33]. Matrix metalloproteinases (MMPs) are the key effectors of cell differentiation, cyclic growth, and cell death of the endometrium and play an intriguing role in apoptosis [40–42]. The expression of MMP7 in urine samples might attribute to the presence of exfoliated cells harboring the transcripts of MMP7 [43]. Additionally, since male urethra travels through the prostate, it is reasonable to demonstrate the detection of TGM4 and KLK3 in male urine samples. In contrast, we did not observe the expression of TGM4 and KLK3 in female urine samples and the expression of PRM2 in male urine samples. Especially, the use of different primer sets in this study and our previous studies obtained similar results, which can further validate the cross-reactivity of these mRNA biomarkers with urine samples.

The inclusion of circRNAs in mRNA profiling can facilitate the detection of biomarkers. In this study, in contrast to the expression of circRNAs of TGM4 and KLK3 in semen (Fig. 2e), circRNAs of TGM4 and KLK3 in urine samples had a significantly low expression level, which might weakly increase the detection sensitivity of TGM4 and KLK3 in urine samples. The increased detection sensitivity of TGM4 and KLK3 using LC-primers should not result from the alternative splicing, since the alternative splicing does not result in the deletion of the regions L-primers of TGM4 and KLK3 amplify [44, 45]. In fact, exfoliated cells will undergo or might be undergoing apoptosis when they detach from the surrounding extracellular matrix and the constituents of urine might promote the process of cell death, which can trigger global decay of mRNA molecules [46]. Since mRNA can decay from either the 5' or 3' end exonucleolytic decay [46], the regions at 5' and/or 3' end of linear transcripts might be removed during cell death, which results in the loss of primer binding sites at 5' and/or 3' end. In contrast, a higher copy number of targets from linear transcripts might be employed for PCR amplification by virtue of the primer binding sites in the middle of linear transcripts. Therefore, the development of primer sets to increase the detection sensitivity of mRNA biomarkers in exfoliated cells requires more attention.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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