# ORIGINAL ARTICLE

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# **Observer assessment of femoral neck radiographs after reduction and dynamic hip screw fixation**

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Abstract Introduction It is not known how the described methods of reduction and dynamic hip screw (DHS) fixation of displaced intracapsular femoral neck fractures translate into proper assessment of the postoperative radiographs. At teaching or evaluation sessions in daily practice, frequent discussion arises about postoperative technical assessment. The assessment of correct reduction and DHS fixation using the described methods in the literature may be subject to differences between observers. The aim of this study was to assess the extent of inter- and intraobserver agreement on technique, based on the methods in the literature, in a simulated daily practice setting. Materials and methods The postoperative anteroposterior (AP) and lateral radiographs of 35 randomly selected patients aged 60-90 years were rated twice, 2 months apart, by six surgical observers from three institutions with similar views on reduction and DHS fixation for this fracture type. The radiographs

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were of sufficient quality for proper assessment. Criteria for reduction and fixation could be rated as either adequate or inadequate. An adequate rating was assigned if in the observer's opinion, regardless of likely outcome, technical perfection according to the described methods had been achieved. The kappa statistic was calculated as a measure of agreement. Results Fracture reduction on the AP view approached a good kappa value (0.54). Poor to moderate interobserver agreement was found for fracture reduction on the lateral view and aspects of DHS fixation (kappa 0.10-0.36). Intraobserver agreement was good for five out of six observers for reduction and DHS fixation aspects (kappa 0.51-0.81). Conclusion During routine practice six surgical observers can nearly agree on adequate fracture reduction on the AP view, but do not agree on adequate reduction on the lateral view and adequate DHS fixation on the postoperative radiographs of displaced intracapsular femoral neck fractures.

**Keywords** Femoral neck fracture · Observer variation · Fracture fixation

### Introduction

When the choice is made to treat a displaced femoral neck fracture with internal fixation, there are two essential technical prerequisites to fracture healing: adequate reduction and adequate internal fixation [10, 15, 17, 19]. In closed reduction and fixation, both of these aspects are determined by the surgeon intraoper-atively using image intensification.

Before internal fixation, adequate reduction of displaced fractures of the femoral neck must take place. Inadequate reduction is a major risk factor for avascular necrosis and unstable fixation [10, 11]. After proper reduction, the Garden Index on the intraoperative image-intensified anteroposterior (AP) view should be between 160 and 180 deg [10], which corresponds to a CCD (caput-collum-diaphysis) angle between 130 and 150 deg. Valgus reduction of the femoral head on the AP view is acceptable up to 20 deg. Any degree of varus reduction of the femoral head on the AP view is unacceptable [6, 17]. On the lateral view, the alignment of the femoral head to the shaft should be as close as possible to 180 deg, with 10 deg retroversion being acceptable [4, 9, 17].

The dynamic hip screw (DHS, Mathys Medical, Bettlach, Switzerland) is one of many possible implants when performing internal fixation for displaced femoral neck fractures. In our hospital, the fixed-angle DHS is preferred if the fracture line is steeper than 50 deg (Pauwels 3 type fracture), measured intraoperatively with fluoroscopy. Correct insertion of the screw of the DHS for fractures of the femoral neck relies on the three-point fixation method described for cannulated screws: the screw should be inserted over the inferior calcar and in the lower half of the reduced femoral head. Following plate attachment, the first point of fixation is the inherent fixed angle of the DHS, the second point is the inferior calcar of the collum femoris, and the third point lies within the femoral head [2, 4, 5, 13, 17]. On the lateral view, the screw should be positioned in the center, or slightly in the dorsal part, of the femoral head and through the central part of the femoral neck [4].

Reduction and fixation aspects of displaced femoral neck fractures on postoperative radiographs are a frequent source of discussion amongst surgeons and their residents during teaching or evaluation sessions in routine clinical practice. Although the described methods of correct reduction and DHS fixation of displaced femoral neck fractures are clearly described in the literature, they may be subject to differences in observer agreement. The extent of this possible difference in observer agreement has not been reported, and it would be useful to know this during teaching sessions in daily practice.

The main aim of this study was to assess the intraand interobserver agreement in routine clinical practice on reduction and DHS fixation aspects of displaced intracapsular femoral neck fractures.

## **Patients and methods**

We randomly selected 35 patients between 60 and 90 years of age with displaced intracapsular fractures of the femoral neck who were being analysed in a larger multicenter study in the Netherlands. Patients were treated in three institutions (MST, AMC and SLH) with experience in DHS and cannulated screw fixation of displaced femoral neck fractures. The fractures selected for this study were reduced in a closed way and internally fixated with a DHS.

The observers' group consisted of a staff general surgeon with trauma/orthopaedic surgery as a subspecialty and an orthopaedic resident from the same institution and four staff orthopaedic surgeons from two other institutions. All the surgical observers had experience with sliding hip screw placement for displaced fractures of the femoral neck and uniformly understood the described methods in the literature.

To omit the confounding factor of personal preference, it was checked that all observers preferred femoral head reduction in 0-20 deg of valgus on the AP view and preferred the head-shaft alignment to be close to 180 deg on the lateral view [4, 9, 10, 17]. All observers had incorporated the following DHS insertion method into their practice: placement of the screw over the inferior calcar and into the lower part of the femoral head on the AP view, and placement in the central or dorsal half of the femoral head on the lateral view [4, 17].

To simulate routine clinical practice, detailed instructions for reduction and fixation using exact measurements between predetermined reference points were omitted on purpose, as these measurements are not performed routinely.

Each observer received a list of criteria, as shown in the first column of Table 1. Any unclear issues about the list of criteria were resolved before the rating sessions started. The observers were only shown the postoperative radiographs, which were taken on the first postoperative day before weight-bearing.

**Table 1** Observer criteria andintraobserver agreement of eachobserver, expressed by thekappa statistic

Criterion	Kappa value						
	Observer						
	1	2	3	4	5	6	
Anteroposterior view:							
Fracture reduction	0.44	0.82	0.55	0.72	0.81	0.77	
DHS placement over the calcar	1.0	0.64	0.56	0.74	0.65	1.0	
DHS position within the femoral head	0.35	0.72	0.46	0.51	0.73	0.40	
Distance of screw tip to the apex	0.32	0.63	0.31	0.57	0.63	0.44	
Lateral view:							
Fracture reduction	1.0	0.77	0.43	0.63	0.50	0.36	
Screw position in the femoral head	0.62	0.64	0.53	0.52	0.65	0.59	
Overall opinion:							
Fracture reduction	0.64	0.74	0.18	0.61	0.62	0.68	
Positioning of DHS	0.75	0.63	0.08	0.58	0.62	0.28	

## Rating sessions

The quality of the AP and lateral postoperative hip radiographs was representative of those available in daily hospital routine. All 35 pairs of radiographs were judged to be clear enough for rating by all observers. Each observer then proceeded to rate reduction and fixation criteria as either adequate or inadequate on the separate views. At the end of the criteria list, the overall opinion of fracture reduction and DHS fixation on both views was rated. A rating of adequate was assigned if in the observer's opinion the technical perfection according to described methods in the literature had been achieved for a particular criterion, regardless of the likelihood of clinical success or failure.

Each observer independently reviewed the radiographs of all 35 patients, with the identification labels covered and numbered in random order, once in the first session. As much time as needed for accurate assessment was provided. No feedback was given after this first session, and observers from the same clinic were blinded to each other's findings.

For intraobserver variance the radiographs were reorganized, and each observer performed the same rating session again 2 months later.

## Statistical analysis

Statistical analysis was done by calculating the kappa values using SPSS statistical software for intraobserver agreement [1]. For interobserver agreement a multiple rater formula for calculating the kappa value between more than two observers as described by Fleiss was used [8]. The result of this formula correlates with the average kappa value of each possible observer combination.

The kappa value was interpreted by Altman to represent the 'chance corrected proportional agreement' and can vary from -1 (complete disagreement) through 0 (agreement no better than chance) to +1 (complete agreement) [1]. No guidelines exist as to which level of agreement is acceptable. Altman after Landis and Koch recommends a kappa value of above 0.60 as good and above 0.80 as very good [1, 12]. The kappa value is

sensitive to an extreme distribution of the two-by-two table, as the calculation produces a lower than expected kappa value. If the distribution is extreme, Altman recommends showing the two-by-two table for better interpretation [1]. No clear guidelines could be found regarding minimum number of ratings for proper kappa calculation. In this study, 70 ratings per criterion were performed between each possible pair of six observers. This number of ratings is sufficient for kappa calculation, given that no extreme distributions in the two-bytwo tables were found [1].

## Results

Each observer completed the criteria lists of all 35 AP and lateral radiographs fully without disturbance and blinded to the rating sessions of other observers. This was performed once in the first and once in the second rating sessions.

#### Intraobserver agreement

The intraobserver kappa values of the six observers for fracture reduction and DHS fixation methods are shown in Table 1.

The average intraobserver kappa values shown in the middle column of Table 2 vary from 0.48 to 0.77, indicating moderate to good intraobserver agreement according to Altman. Observer number 3 was noted to have disproportionally low kappa values for nearly all criteria. Average intraobserver kappa values were recalculated omitting the ratings of this observer. This is shown in the last column of Table 2, in which the average intraobserver kappa values improved for all criteria.

## Interobserver agreement

In Table 3, kappa values for all criteria of fracture reduction and DHS fixation on separate and both AP and lateral views were below 0.60. This indicated poor to

Table 2Observer criteriaand the average (AVG)intraobserver agreement ofthe six observers, expressed bythe kappa statistic

Criterion	Kappa value			
	AVG	Adjusted AVG <sup>a</sup>		
Anteroposterior view:				
Fracture reduction	$0.69 \pm 0.10$	$0.71\pm0.08$		
DHS placement over the calcar	$0.77 \pm 0.11$	$0.81\pm0.07$		
DHS position within the femoral head	$0.53 \pm 0.17$	$0.54 \pm 0.14$		
Distance of screw tip to the apex	$0.48\pm0.08$	$0.51 \pm 0.08$		
Lateral view:				
Fracture reduction	$0.62 \pm 0.12$	$0.65 \pm 0.10$		
Screw position in the femoral head	$0.59 \pm 0.12$	$0.60 \pm 0.12$		
Overall opinion:				
Fracture reduction	$0.58 \pm 0.11$	$0.66 \pm 0.10$		
Positioning of DHS	$0.49 \pm 0.12$	$0.57 \pm 0.11$		

<sup>a</sup>Average kappa value omitting the rating of observer 3

Table 3 Observer criteria           and interobserver agreement	Criterion	Kappa value	Adjusted Kappa value <sup>a</sup>
between six observers, expressed by the kappa	Anteroposterior view: Fracture reduction	$0.45 \pm 0.12$	$0.54 \pm 0.09$
statistic according to Fleiss [8]	DHS placement over the calcar	$0.11\pm0.14$	$0.10 \pm 0.10$
	DHS position within the femoral head	$0.28 \pm 0.18$	$0.30 \pm 0.15$
	Distance of screw tip to the femoral head apex Lateral view:	$0.38\pm0.11$	$0.36 \pm 0.11$
	Fracture reduction	$0.22 \pm 0.16$	$0.35 \pm 0.14$
<sup>a</sup> Kappa value omitting the rating of observer 3 with poor intraobserver reliability (Table 1)	Screw position in the femoral head Overall opinion:	$0.19\pm0.08$	$0.19\pm0.08$
	Fracture reduction	$0.38 \pm 0.11$	$0.46 \pm 0.10$
	Positioning of DHS	$0.28\pm0.13$	$0.28 \pm 0.12$

moderate interobserver agreement according to Altman. When omitting the rating of observer number 3, who had disproportionally low intraobserver agreement, the kappa values improved, but not above 0.60, for fracture reduction and DHS fixation on both AP and lateral views (Table 3, last column). Only fracture reduction on the AP view approached a good kappa value  $(0.54 \pm 0.09)$ .

Figures 1 and 2 show characteristics of radiographs in which good interobserver agreement was found, and Figures 3 and 4 show characteristics of radiographs for which poor interobserver agreement was found.

## Discussion

During closed reduction and DHS fixation of displaced femoral neck fractures, the surgeon interprets the described methods in the literature subjectively using



Fig. 1 AP postoperative radiograph; all observers agreed on inadequate reduction

image intensification. No exact measurements are routinely performed. The objective result is the postoperative radiograph. A radiologist was not included in the observers' group as decision-making about the correct application of reduction and fixation methods is performed intraoperatively by surgeons.

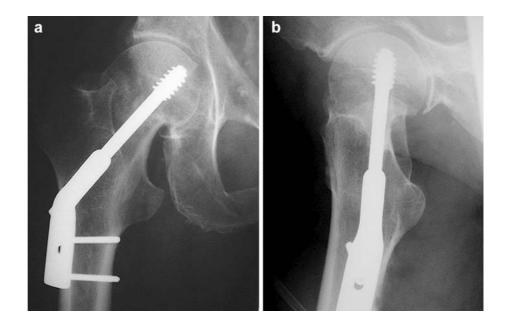
To increase stability and reduce the risk of avascular necrosis, the principle of femoral head reduction in valgus on the AP view has been known for well over 30 years [4, 6, 9, 10, 11, 14, 17, 18]. Compared to the other criteria of reduction and fixation, a relatively high kappa value of 0.54 was found for this particular criterion. In Bjorgul and Reikeras's study of interobserver agreement of radiographic signs predicting healing disturbance, a similar kappa value of 0.53 was found for the varus/valgus aspect of reduction [3]. The latter study also showed that comminution of the calcar and small size of the femoral head, suggested to be predictive factors of healing failure, had low interobserver agreement [3].

On the lateral view, the near 180-deg alignment of the head to the femoral shaft is an accepted reduction principle [4]. However, the available trauma and radiology literature is deficient in defining correct implant positioning in the femoral head with this view. This may clarify the poor interobserver agreement in this study.

Biomechanically, sliding hip screws maintained a significantly high peak force during cyclic loading compared with cannulated screws [7]. This supports fixing steep, Pauwels 3 type fractures with a fixed-angle implant, such as the DHS. However, randomized studies with a higher level of evidence have shown no advantage of one single internal fixation implant for displaced femoral neck fractures. Meta-analysis data show that sliding hip screws, pins and cannulated screws all performed similarly when considering the clinical outcome [16].

Low interobserver kappa values were found for the criteria concerning DHS fixation [2, 4, 5, 13, 17]. No specific studies concerning correct positioning of implants over the inferior calcar were found. For positioning of the screw within the femoral head in peritrochanteric fractures, Baumgaertner advocated a distance of the screw tip to the femoral head apex (tipapex distance, TAD) of 25 mm or less [2]. The femoral apex was defined as the point of intersection between the subchondral bone and a line in the center of and parallel

**Fig. 2a,b** AP and lateral postoperative radiographs; all observers agreed on both adequate reduction and DHS fixation



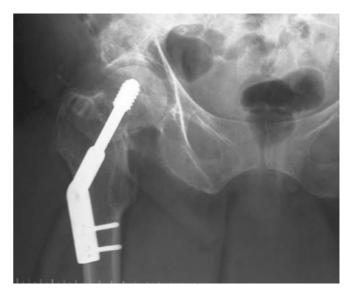


**Fig. 3** AP postoperative radiograph; 2 out of 6 observers agreed on inadequate reduction, and 4 out of 6 observers agreed on inadequate DHS fixation

to the femoral neck. Baumgaertner et al. stated that instructed observers familiar with the TAD measurement formula could reproduce the measurement correctly [2]. In our study design simulating routine clinical practice, we found only moderate agreement (0.28–0.38) of screw positioning within the femoral head and TAD on the AP view. This demonstrates that the TAD cannot be reproduced without specific instruction.

On the lateral view, interobserver agreement was poor for screw position within the femoral head (0.19). This also reflects the paucity of literature describing optimal implant positioning with this view. The intraobserver agreement for nearly all aspects of fracture reduction and fixation and overall technical opinion ranged from moderate to very good. The finding of good intraobserver agreement is important, as it indicates that the rating of reduction and fixation technique is consistently reproducible by the same person in daily practice. Only observer number 3, a staff orthopaedic surgeon, was less consistent, and we deemed it necessary to recalculate the average intra- and interobserver kappa values by omitting this observer's ratings.

In conclusion, it seems that surgeons with similar views on how to correctly reduce and internally fixate a displaced femoral neck fracture with a DHS can nearly agree on what should be considered a good reduction on the AP view, but cannot agree on what should be con-



**Fig. 4** AP postoperative radiograph; 4 out of 6 observers agreed on inadequate DHS fixation

sidered a good reduction on the lateral view and a good DHS fixation in routine clinical practice. Each individual surgeon was rather consistent in his own opinion. This finding is interesting for the discussion of this subject at teaching or evaluation sessions. Based on Garden's original study [10] and a reasonable interobserver agreement, we strongly recommend that proper reduction of the femoral head on the AP view should be in 5-20 deg of valgus, corresponding to a Garden index of 165-180 deg.

Given the differences in femoral neck fracture patterns, it could well be impossible to establish a classification system for reduction and fixation techniques on which surgeons completely agree. In the long term, we are working towards comparable clinical protocols and broadly accepted clinical practice guidelines based on high-level evidence, which will help generate more agreement in routine clinical practice on the correct treatment of this increasingly common fracture type. When good agreement is achieved, a technical assessment will have clinical consequences.

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