### **ORIGINAL PAPER**



# **Capillary cerebral amyloid angiopathy in Alzheimer's disease: association with allocortical/hippocampal microinfarcts and cognitive decline**

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### **Abstract**

Cerebral amyloid angiopathy (CAA) is caused by the deposition of the amyloid β-protein (Aβ) in the wall of cerebral and leptomeningeal blood vessels and is related to Alzheimer's disease (AD). Capillary Aβ deposition is observed in a subset of CAA cases and represents a distinct type of CAA named capillary CAA or CAA type 1. This type of CAA is strongly associated with the presence of the apolipoprotein E ε4 allele. CAA type 1-associated AD cases often exhibit a more severe Aβ plaque pathology but less widespread neurofbrillary tangle (NFT) pathology. The objective of this study was to analyze whether capillary CAA and its efects on cerebral blood fow have an impact on dementia. To address this objective, we performed neuropathological evaluation of 284 autopsy cases of demented and non-demented individuals. We assessed the presence of CAA and its subtypes as well as for that of hemorrhages and infarcts. Capillary CAA and CAA severity were associated with allocortical microinfarcts, comprising the CA1 region of the hippocampus. Allocortical microinfarcts, capillary CAA and CAA severity were, thereby, associated with cognitive decline. In conclusion, allocortical microinfarcts, CAA severity, and the capillary type of CAA were associated with one another and with the development of cognitive decline. Thus, AD cases with CAA type 1 (capillary CAA) appear to develop dementia symptoms not only due to AD-related Aβ plaque and NFT pathology but also due to hippocampal microinfarcts that are associated with CAA type 1 and CAA severity, and that damage a brain region important for memory function.

**Keywords** Microinfarct · Hippocampus · Cerebral amyloid angiopathy · Cognitive decline · Alzheimer · Dementia

# **Introduction**

Cerebral amyloid angiopathy (CAA) is characterized by the deposition of the amyloid β-protein (Aβ) in the wall of cerebral and leptomeningeal arteries, veins and cerebral capillaries

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[\[15,](#page-12-0) [31,](#page-12-1) [33](#page-12-2), [53\]](#page-13-0) and is related to Alzheimer's disease (AD) [\[24](#page-12-3)]. Capillary Aβ deposition is observed in a subset of CAA cases, is strongly associated with the presence of the apolipoprotein E (*APOE*) ε4 allele [[48\]](#page-13-1), and has been shown to be associated with dementia [\[30\]](#page-12-4). Capillary CAA can be seen in CAA cases with beginning AD-related pathology, even in the absence of Aβ deposition in larger vessels. Therefore, capillary CAA is considered to be a distinct type of CAA, previously described as CAA type 1, which is diferent from those CAA cases that show  $\mathbf{A}\beta$  deposits only in larger vessels (i.e., CAA type 2) [\[48\]](#page-13-1). In an animal model for CAA it was shown that capillary CAA can cause blood flow disturbances [\[46](#page-13-2)]. Moreover, increased levels of Aβ have been discussed to alter blood vessel function in APP-overexpressing mouse models even in the absence of CAA lesions [[38](#page-12-5), [39](#page-12-6), [41\]](#page-12-7).

CAA is associated with hemorrhages, microbleeds, and infarcts [\[17,](#page-12-8) [31](#page-12-1)]. However, it is not yet clear whether differences exist among the types of CAA in their potential to cause brain hemorrhages or infarcts and, if so, whether such diferences infuence cognition in cases with AD pathology.

To address these questions we performed a neuropathological study of 284 autopsy cases.

# **Materials and methods**

### **Neuropathology**

Human brains from 284 autopsy cases of both sexes (170 males and 114 females) with an average age of 68.8 years  $\pm$  13.5 years (average  $\pm$  SD) were investigated (Table [1\)](#page-2-0). The cases were consecutive samples from municipal and university hospitals in Germany (Bonn, Ofenbach and Ulm). Autopsies were performed in accordance with German law and were used for this study after receiving a positive vote from the local ethical committees in Ulm/ Germany (No. 86/13) and Leuven/Belgium (No. S-59295). Cases of familial AD, Down syndrome, Creutzfeldt–Jakob disease, familial CAA, infammatory diseases of the brain or the vessels, large brain tumors, vascular malformations, and severe head traumata were excluded to ensure that these factors did not interfere with the assessment of vascular dementia or AD as the causes of cognitive and/or neurological symptoms.

The patients were examined at the time point of hospital admission (approximately 1–4 weeks prior to death) by clinicians with diferent specialties according to standardized protocols. The protocols included the assessment of cognitive function (orientation to place, time and person; specifc cognitive or neuropsychiatric tests were not performed) and recorded the patients' ability to care for themselves and to get dressed, eating habits, bladder and bowel continence, speech patterns, writing and reading ability, short-term and long-term memory, and orientation within the hospital setting. These data were used to retrospectively assess the clinical dementia rating (CDR) scores for each patient [[21\]](#page-12-9) without knowledge of the pathological diagnosis. For this purpose, the information from the clinical fles was used to provide a CDR score according to the standard CDR protocol  $[21]$  $[21]$  $[21]$ . Sufficient data to estimate a CDR score were available for 234 patients. In the other cases the clinical information was not sufficient. Information about the presence or absence of hypertension was available in 277 cases, of myocardial infarction in 274 cases, of atrial fbrillation in 76 cases and of diabetes mellitus in 276 cases (Table [1](#page-2-0)).

The brains were fxed in a 4% aqueous solution of formaldehyde. After dissection of the brainstem and cerebellum from the forebrain, the forebrain was cut into 1-cm frontal slabs. Brain stem and cerebellum were cut perpendicular to the Meynert brain stem axis in 0.5-cm slabs. The gross-sections were inspected by two investigators (MH, DRT). The investigators were blinded with respect to the neuropathological diagnosis and assessed the brains independently. Due to the fact that macroscopic and microscopic samples permit visual perception of distinct pathologies (e.g., infarcts) while investigating others (e.g., vessel lesions such as CAA), a blinded pathological analysis only focusing on one single pathology was impossible. The clinical aspects of each case were known to the investigators at the time of assessment. Infarcts seen at the macroscopic level were only considered to be infarcts if they were confrmed histopathologically. In case of diferent opinions, the investigators discussed the fndings with the help of microscopy and reached a consensus. The distribution of hemorrhages of all sizes, large infarcts (all infarcts lager than 10 mm in diameter), and lacunar infarcts (all infarcts measuring 5–10 mm in diameter)  $[18]$  $[18]$  as well as the severity of atherosclerosis  $(AS)$  in the circle of Willis were recorded. The severity of AS was assessed as previously published  $[26]$ : 0 = no macroscopically detectable AS lesions; severity grade  $1=$  no more than three AS plaques in an artery and no circular AS plaques; severity grade 2=more than three plaques in at least one artery but no concentric plaques; severity grade  $3 =$ more than three plaques in at least one vessel and concentric plaques. The expansion of cerebral small vessel disease (SVD)-afected brain vessels was staged histopathologically as previously published  $[47]$ : SVD stage  $0 = no$  SVD; SVD stage  $1 =$  SVDafected vessels are limited to the basal ganglia region; SVD stage  $2 =$ SVD-affected vessels are found in the basal ganglia, the white matter of cortical gyri, the thalamus and the cerebellum; SVD stage 3=SVD disease-afected vessels expand into the brainstem and the midbrain.

Cases afected by large or lacunar infarcts were investigated using a standardized protocol: pictures of all grosssection slices were taken with a digital camera and saved as JPG fles. The respective JPG fles were assessed stereologically by measuring the infarcted area and the total area of each slice in a given brain with the ImageJ image analysis software (NIH, Bethesda, USA). To estimate the relative infarct volume we determined the percentage of the brain volume that was destroyed by the infarct(s):

Relative infarct volume (%)

$$
= \frac{\sum (\text{Infrared area in a slice } (n) \text{ of a given brain } (x)) \times 100}{\sum (\text{Area of the total slice } (n) \text{ of a given brain } (x))}.
$$

For histological assessments tissue blocks from frontal, parietal, and occipital lobe (Area 17), cingulate gyrus, occipital lobe, hippocampus with temporal cortex, entorhinal cortex, hypothalamus, basal ganglia, amygdala, basal nucleus of Meynert, thalamus, midbrain, pons, medulla oblongata and cerebellum were dissected, embedded in paraffin and microtomed to  $5-12 \mu m$ . For neuropathological diagnosis including the detection of large and lacunar infarcts, microinfarcts, hemorrhages, and microbleed <span id="page-2-0"></span>**Table 1** Description of the sample: sex and age distribution, distribution of the phases of  $\mathbf{A}\beta$  plaque pathology in the MTL [\[52\]](#page-13-4) representing the expansion of A $\beta$  plaque pathology in the brain [[51](#page-13-5)], distribution of the Braak NFT stages for the expansion of neurofbrillary tangle pathology [[7\]](#page-11-0), distribution of the CERAD scores for neuritic plaque





### **Distribution of phases of Aβ pathology in the medial temporal lobe**



#### **Distribution of Braak (NFT) stages**



### **Distribution of CERAD scores for neuritic plaque pathology**



### **Distribution of NIH-AA degrees of AD pathology**



pathology [\[32\]](#page-12-12), distribution of the degrees of AD pathology [\[22\]](#page-12-13), CAA types [\[48](#page-13-1)], presence/absence of infarcts and hemorrhages, the distribution of the CDR scores among the cases studied [[35](#page-12-14), [36\]](#page-12-15), prevalence of cardiovascular pathologies and risk factors, the distributions of the severity grades of AS in the circle of Willis, and the stages of SVD

#### **Distribution of CAA types**



#### **Prevalence of infarct types and hemorrhage**



#### **Distribution of clinical dementia rating (CDR) scores**



#### **Prevalence of cardiovascular pathologies and risk factors**



#### **Distribution of the severity grade of AS in the circle of Willis**



# **Distribution of SVD stages**



paraffin sections were stained with hematoxylin and eosin (H&E) or aldehyde fuchsine–Darrow red for lipofuscin pigment and Nissl material. Neurofibrillary tangles (NFTs), neuropil threads and neuritic plaques were assessed using an antibody directed against abnormal phosphorylated τ-protein (AT-8,  $1/1000$ , Thermo-Fisher, Waltham, MA, USA) [\[6](#page-11-1), [12\]](#page-12-16). A $\beta$  deposits were detected with an antibody directed against  $\text{A}\beta_{17-24}$  (4G8, 1/5000, formic acid pretreatment, Covance, Dedham, USA). Antibodies against the phosphorylated transactive response DNA-binding protein pTDP43 (polyclonal rabbit pS409/410-2, 1/5000, microwave pretreatment, Cosmo Bio Co., Ltd, Tokyo, Japan) were used to detect TDP43 aggregates and to diferentiate microinfarcts in the hippocampus from TDP43-related hippocampal sclerosis. These primary antibodies were marked with a biotinylated secondary antibody. The secondary antibodies were visualized with the ABC complex (Vectastain, Vector Laboratories, Burlingame, CA, USA) and 3,3-diaminobenzidine (DAB). Immunolabelled paraffin sections were counterstained with hematoxylin. Positive and negative controls were included. All tissue sections were viewed with an Olympus BX 51 or a Leica DMLB 2 light microscope. Digital photographs were taken with a Leica DC 500 or a Leica DFC 290 camera.

Phases of Aβ plaque deposition in the medial temporal lobe (Aβ-MTL phases) were assessed representing an appropriate estimate for Aβ-deposition in the entire brain as previously shown [[51,](#page-13-5) [52](#page-13-4)]. Braak stages for NFT expansion throughout the brain were determined as previously described on the basis of anti-abnormal τ-protein-stained sections  $[6, 7]$  $[6, 7]$  $[6, 7]$  $[6, 7]$ . The frequency of  $\tau$ -positive neuritic plaques was assessed according to the recommendations of the consortium to establish a registry for AD (CERAD) [[32\]](#page-12-12). The degree of AD pathology was determined according to Hyman et al.  $[22]$  $[22]$  on the basis of the A $\beta$ -MTL phase, Braak NFT stage, and the CERAD score for neuritic plaque pathology.

CAA was diagnosed when Aβ deposits were found in the wall of cerebral and leptomeningeal blood vessels. The severity of the CAA-related vessel wall damage was rated according to Vonsattel et al.  $[55]$  as follows:  $0 = no$  CAA;  $1 = A\beta$ -positive material in vessel wall(s) without significant smooth muscle cell degeneration;  $2 = A\beta$ -positive material in vessel wall(s) with signifcant destruction and fbrosis of media; and  $3 = A\beta$ -positive material in vessel wall(s) with micro- or macrohemorrhages. The presence of capillary Aβ was employed to distinguish two types of CAA as previously reported [[48](#page-13-1)]: CAA cases exhibiting capillary involvement were assessed as CAA type 1 and CAA cases lacking capillary CAA as CAA type 2.

The vascular brain tissue lesions were defned according to Grinberg and Thal [[18](#page-12-10)]. The number and distribution of microinfarcts was assessed in H&E and/or aldehyde fuchsine–Darrow red-stained sections in all areas taken for histological analysis. A microinfarct was diagnosed when we observed well-delineated lesions with neuron loss and gliosis or fresh necrotic lesions with a diameter less than 0.5 cm in the gray or white matter, usually not seen macroscopically [\[4](#page-11-2), [13,](#page-12-17) [14,](#page-12-18) [18](#page-12-10), [29\]](#page-12-19). We subclassifed microinfarcts as neocortical microinfarcts (seen in sections of the frontal, parietal, temporal, and occipital cortex); allocortical microinfarcts (in the hippocampus, entorhinal cortex, amygdala, and the cingulate gyrus); subcortical microinfarcts (in the basal ganglia, thalamus, hypothalamus, basal forebrain, midbrain, pons, medulla oblongata, and the cerebellum); and white matter microinfarcts (seen in any part of the white matter without afecting the cortical ribbon or subcortical gray matter). The category cortical microinfarcts included cases with both neo- and/or allocortical microinfarcts. Microbleeds were defned as hemorrhages limited to the perivascular space, whereas regardless of the size all blood extravasations into the brain parenchyma were defned as hemorrhages [[18\]](#page-12-10).

### **Statistical analysis**

Statistical analysis was carried out with IBM-SPSS 24. To search for associations we performed logistic or linear regression analysis using simple model terms including only one independent variable. In the event that we found an association for a distinct independent variable we constructed model terms that were controlled for other variables that were considered to have an infuence on a given pathology.

For the different types of infarction or hemorrhage the control variables were the cardiovascular risk factors assessed in this study, namely the severity of AS in the circle of Willis, the stage of SVD, and the presence/ absence of hypertension, myocardial infarction, and diabetes mellitus. Since the presence or absence of atrial fbrillation was known in only 76 cases we decided not to include this parameter as additional covariate. The impact of atrial fbrillation on allocortical microinfarcts was only studied in a model with atrial fbrillation as the only independent variable.

In the event that there were multiple covariates used in a model, analysis of multicollinearity was performed for those variables, which showed an efect as covariate in a model term with only one covariate but not in a more complex model. This analysis of multicollinearity was carried out by testing the associations between the variables that had still an efect in the complex model and those that did no longer exhibit an association with the dependent variable by linear or binary logistic regression analysis. Multicollinearity was considered in the event that there was (a) a signifcant correlation between two or more independent variables used in

a given model term that were (b) biologically linked with the same disease.

When analyzing the CDR score as the dependent variable, age, sex, and Braak NFT stage were used as control variables. For the analysis of the association of CAA type (including the group of cases without CAA) with CAA severity or the CDR score, we used the Mann–Whitney *U* test adjusted by the Bonferroni correction for multiple tests. Since three nominal groups (no CAA, CAA type 1, and CAA type 2) were compared with one another, linear or binary logistic regression could not be applied.

# **Results**

The neuropathological analysis showed large infarcts in 12.7%, lacunar infarcts in 7.4%, neocortical microinfarcts in 4.6%, allocortical microinfarcts in 6.7%, white matter microinfarcts in 0.4% and subcortical microinfarcts in 3.5% of the cases. Hemorrhages were found in 15.5% of the cases. In our cohort, 58.8% of the cases exhibited amyloid plaque pathology. CAA was observed in 34.2% of the cases with a prevalence of CAA type 1 (capillary CAA) of 15.2% and CAA type 2 of 19.0%.

In 10 of the 19 cases that showed allocortical microinfarcts, the clinical fles indicated signs of dementia. In six cases no signs of dementia were reported. No information about the cognitive status was available for the remaining three cases. 50% of the ten demented cases with allocortical microinfarcts showed capillary CAA (CAA type 1) whereas 40% had CAA type 2 and 10% had no CAA. When all 19 cases with allocortical microinfarcts were included, capillary CAA was seen in 42.1%, whereas CAA type 2 (26.3%) and cases without CAA (31.6%) were less frequently observed in this group of cases (Table [2\)](#page-4-0).

Within the entire sample, 18.6% of the CAA type 1 cases, 9.3% of the CAA type 2 cases and 3.2% of the cases without CAA showed allocortical microinfarcts (Fig. [1\)](#page-4-1).

CAA severity did not vary signifcantly between cases with CAA type 1 and cases with CAA type 2 assessed with the Mann–Whitney *U* test adjusted by the Bonferroni correction for multiple testing  $(p=1)$ . The distribution of CAA severity among the CAA types is shown in Table [2.](#page-4-0)



Prevalences of allocortical (CA1) microinfarcts in CAA type 1, CAA type 2 and no CAA cases

<span id="page-4-1"></span>**Fig. 1** Prevalence of allocortical microinfarcts located in the hippocampal CA1 sector in cases with no CAA, with CAA type 1 or with CAA type 2. Binary logistic regression analysis: \*\*\**p*=0.001

<span id="page-4-0"></span>**Table 2** Distributions among CAA severity, CAA types, and presence/absence of allocortical microinfarcts

	CAA severity					
	$\theta$		2	3		
No CAA	187 (100%)	$0(0\%)$	$0(0\%)$	$0(0\%)$		
CAA type 1	$0(0\%)$	17(39.5%)	$25(58.1\%)$	$1(2.3\%)$		
CAA type 2	$0(0\%)$	31 (57.4%)	23(42.6%)	$0(0\%)$		
No allocortical microinfarcts	181 (68.3%)	44 (16.6%)	39 (14.7%)	$1(0.4\%)$		
With CAA type $1a$		14(16.7%)	$20(23.8\%)$	$1(1.2\%)$		
With CAA type $2^a$		30 (35.7%)	19 (22.6%)	$0(0\%)$		
Allocortical microinfarcts	6(31.6%)	$4(21.1\%)$	9(47.3%)	$0(0\%)$		
With CAA type $1a$		$3(23.1\%)$	5(38.4%)	$0(0\%)$		
With CAA type $2^a$		1(7.7%)	$4(30.8\%)$	$0(0\%)$		
	No CAA	CAA type 1		CAA type 2		
No allocortical microinfarcts	181 (68.3%)	35 (13.2%)		49 (18.5%)		
Allocortical microinfarcts	6(31.6%)	$8(42.1\%)$		$5(26.3\%)$		

Numbers of cases are provided. The percentage per row are provided in brackets

Exception: <sup>a</sup>In brackets is the percentage of all CAA cases (CAA type 1+CAA type 2) of a given subgroup presented. Statistical analysis, see Tables [3,](#page-6-0) [4](#page-6-1), [5,](#page-6-2) [6](#page-7-0)

In all cases with allocortical microinfarcts the infarcts were located in the CA1 region of the hippocampus (Fig. [2](#page-5-0)). In one case there was an additional allocortical microinfarct in the entorhinal region, in another one in CA3, and in a third case there were additional neocortical and subcortical microinfarcts. The hippocampal lesions considered as microinfarcts exhibited no TDP43-related hippocampal sclerosis. A direct local co-occurrence of CAA and allocortical microinfarcts in the CA1 region was not observed. Parenchymal Aβ deposits were occasionally seen in the infarct region with some of these Aβ deposits showing the pattern of pericapillary amyloid (Fig. [2b](#page-5-0), d). Capillary CAA was usually seen in the subiculum area but not in the infarct area in the CA1 sector (Fig. [2c](#page-5-0), e).

# **Capillary CAA and CAA severity are associated with allocortical microinfarcts**

To study the relationships between CAA, its subtypes, the diferent types of infarcts and hemorrhages we performed binary logistic regression analysis with diferent model terms (Tables [3,](#page-6-0) [4](#page-6-1)). Only the presence of allocortical microinfarcts was associated with the presence of CAA type 1 (capillary CAA) and the severity grade of CAA (Tables [3,](#page-6-0) [4\)](#page-6-1) even in

<span id="page-5-0"></span>**Fig. 2** Hippocampus of an 89-year-old woman with Alzheimer's disease stained with an antibody against  $A\beta_{17-24}$ . **a** The overview magnifcation shows amyloid plaques in the subiculum, CA1 and CA2 sectors, and in the outer molecular layer of the dentate gyrus as well as in the presubiculum. The Ammon's horn sector CA1 also shows an old gliotic infarct with neuron loss in this region (arrowheads). **b** At the higher magnifcation level the neuron loss is more evident (arrowheads). Parenchymal amyloid plaques were seen in the infarct area but no CAAafected blood vessels. Only perivascular parenchymal Aβ was found focally (arrow). **c** CAA-afected capillaries were seen distant to the infarct region in the subiculum (small headed arrows). **d** High magnifcation of the perivascular Aβ, which is associated with the glia limitans next to small capillaries, which are free of amyloid deposits representing pericapillary  $Aβ$  [\[5](#page-11-3)]. **e** In capillary CAA in the subiculum, the vessel wall of the capillaries contains Aβ deposits. Calibration bar in **e** valid for  $a = 600 \text{ µm}; b, c = 130 \text{ µm};$  $d = 35 \text{ µm}; e = 25 \text{ µm}$ 



<span id="page-6-0"></span>**Table 3** Binary logistic regression analysis of the association between the presence/absence of the diferent types of infarcts or hemorrhage as the dependent variable and the grade of CAA severity, or the presence/absence of CAA type 1 or CAA type 2 as the independent vari-



<span id="page-6-1"></span>**Table 4** Binary logistic regression analysis of the association between the presence/absence of allocortical microinfarcts as the dependent variable and the grade of CAA severity, or the presence/absence of CAA type 1 or CAA type 2 as the independent variable, respectively. The logistic model is controlled for hypertension, diabetes mellitus, presence/absence of myocardial infarction, severity of atherosclerosis in the circle of Willis, stages of SVD expansion



a logistic regression model controlled for the severity of AS in the circle of Willis, the stage of SVD, and the presence/ absence of hypertension, myocardial infarction, and diabetes mellitus. The presence of other types of infarcts (such as neocortical, subcortical or white matter microinfarcts, or large or lacunar infarcts) was not associated with CAA type 1, CAA type 2 or CAA severity (Table [3\)](#page-6-0). The volume of large and lacunar infarcts was not related to CAA severity or type when assessed with linear regression analysis with one covariate (CAA severity, CAA type 1, or CAA type 2: *p*=0.427 − 0.639).

To clarify whether CAA type 1 or the severity of CAA represents the leading factor in this scenario binary logistic regression models were analyzed that included CAA severity, presence of CAA type 1 and/or CAA type 2 as covariates and the presence/absence of allocortical microinfarcts as dependent variable. This analysis confrmed that CAA type 1 and not CAA type 2 cases were associated with allocortical microinfarcts although the severity of CAA dominated the association with allocortical microinfarcts in a model containing CAA severity and the presence CAA type 1 as covariates (Table [5\)](#page-6-2).

# **Allocortical microinfarcts, CAA severity and the presence of capillary CAA correlate with the degree of dementia**

To clarify whether CAA severity, the presence of CAA type 1, and/or allocortical microinfarcts had an impact on the development of dementia as measured by the CDR score we used linear regression models. First, the diferent types

Model no.	Dependent variable	Covariates				
		CAA severity	Presence of CAA type 1	Presence of CAA type 2		
	Microinfarcts-allocortex	n.a.	$p = 0.001$ ; OR = 6.895, CI = 2.253- 21.105	$p = 0.073$		
2	Microinfarcts-allocortex	$p = 0.033$ ; OR = 2.043, $CI = 1.061 - 3.933$	$p = 0.259$	n.a.		
3	Microinfarcts-allocortex	$p < 0.001$ ; OR = 2.765, $CI = 1.585 - 4.823$	n.a.	$p = 0.378$		

<span id="page-6-2"></span>**Table 5** Binary logistic regression analysis of the association between the presence/absence of allocortical microinfarcts as the dependent variable and as covariates CAA severity, presence of CAA type 1 and/ or CAA type 2 as provided; n.a. = this variable is not assessed in a given model

<span id="page-7-0"></span>**Table 6** Linear regression analysis of an association between CAA severity as dependent variable and CAA type 1 and CAA type 2 as respective independent variables

	CAA type 1	CAA type 2
CAA severity	$p < 0.001$ ; $\beta = 0.601$	$p < 0.001$ ; $\beta = 0.564$

of infarcts or hemorrhage, respectively, were considered as independent variables and the CDR score was set as dependent variable. With this analysis we saw an association of allocortical and cortical (neocortical+allocortical) microinfarcts with CDR scores. Such an association was not observed for hemorrhage or for other types of infarcts, including those cases in which only neocortical microinfarcts were seen (Table [7](#page-7-1), Fig. [3](#page-8-0)). To clarify whether the associations with allocortical and cortical microinfarcts were attributable to patients' age and sex, we used linear regression models controlled for these variables. In these models, only the presence of allocortical microinfarcts showed an age- and sex-independent association with the CDR scores; this association remained stable when the Braak NFT stages were added in the model term (Tables [8,](#page-9-0) [9\)](#page-9-1).

The presence of CAA type 1 and CAA severity were also associated with increasing CDR scores in linear regression models (Tables [7](#page-7-1), [8](#page-9-0), [9](#page-9-1)): CAA type 1 cases had higher CDR scores than CAA type 2 and non-CAA cases (Fig. [3b](#page-8-0)). The presence of CAA type 2 was not associated with the CDR score (linear regression analysis: Table [7](#page-7-1)). The association between the CAA types (no CAA, CAA type 1, or CAA type 2) and the CDR score was analyzed with the Mann–Whitney *U* test with Bonferroni correction for multiple testing, which confrmed these fndings (Fig. [3b](#page-8-0)).

To clarify whether Braak NFT stage, AβMTL phase, allocortical microinfarcts, the presence of CAA type 1, and/or the CAA severity had independent effects on the dementia we analyzed model terms that contained all of these variables and reduced then the number of variables after analyzing multicollinearity effects by testing the association between distinct variables used as covariates in the frst model containing all variables. In the model that includes all variables only the Braak NFT stage was associated with the CDR score (Table [10](#page-9-2), model nos. 1 and 2). The Braak NFT stage was, thereby, strongly associated with the AβMTL phase, the CAA severity and the presence of CAA type 1 indicative of multicollinearity of these AD-related variables. Moreover, as shown before the presence of allocortical microinfarcts was strongly associated with the CAA type 1 and CAA severity pointing to multicollinearity among these vessel disease-related variables as well.

Since it is well known that multicollinearity can hide specific effects of distinct variables  $[1]$  $[1]$  we decided in a first step to exclude one of the two parameters describing CAA, resulting in a second parameter that was associated with the CDR score (either CAA severity or the presence of CAA type 1) in addition to the Braak NFT stage (Table [10](#page-9-2), model nos. 3–6). Allocortical microinfarcts became evident as a parameter that infuences the CDR score after reducing the model term to allocortical microinfarcts and Braak NFT stages (with or without controlling for age and sex) without other variables that showed associations with these two parameters (Table [10,](#page-9-2) model nos. 7 and 8). This analysis indicated that only model terms containing one AD-related (Braak NFT stage) and one CAA/allocortical microinfarctrelated parameter allowed an interpretation of the results without multicollinearity-induced bias.

# **Relationship of allocortical microinfarcts with cardiovascular risk factors**

To exclude cardiovascular causes as explanation for the occurrence of allocortical microinfarcts we performed binary logistic regression analysis. There was no signifcant association between allocortical microinfarcts and the

<span id="page-7-1"></span>**Table 7** Linear regression analysis for the association of CDR scores (dependent variable) and the diferent types of infarcts, hemorrhage, CAA type, or the CAA severity as independent variables. The lin-

ear regression models include only of the of infarcts or hemorrhage, respectively, as independent variable



<span id="page-8-0"></span>**Fig. 3** Relationship between the degree of dementia as represented by the CDR score and the diferent types of cerebral infarcts, CAA and the presence or absence of cerebral hemorrhages in the study sample. **a** The CDR score was signifcantly higher in individuals with allocortical microinfarcts (in our cohort, this group always included CA1 microinfarcts) than in those without. **b** Likewise, individuals with capillary CAA (CAA type 1) had higher CDR scores than those with CAA type 2 or without CAA. **c**–**h** No signifcant diferences between cases with and without a given lesion were observed for large infarcts (**c**), lacunar infarcts (**d**), neocortical microinfarcts (**e**), with matter microinfarcts (**f**), subcortical microinfarcts (**g**) and hemorrhages (**h**). **a** \**p*<0.05; \*\*\**p*<0.001 (linear regression analysis controlled for age and sex).  $\mathbf{b} * p < 0.05$ ; \*\*\**p*<0.001 (Mann–Whitney *U* test with Bonferroni correction for multiple testing)



no subcortical microinfarcts subcortical microinfarcts

severity of AS in the circle of Willis, the stage of cerebral SVD, hypertension, myocardial infarction, atrial fbrillation, and diabetes mellitus (Table [11](#page-9-3)). However, the *p* values for arterial hypertension ( $p=0.068$ ) and atrial fibrillation  $(p=0.076)$  show a statistically borderline relationship of allocortical microinfarcts with these two parameters.

# **Discussion**

The main fnding of this study was an association of allocortical microinfarcts located in the CA1 region of the hippocampus with cognition as measured by the CDR score. CA1 microinfarcts were, thereby, seen most frequently in

no hemorrhages

hemorrhages

<span id="page-9-0"></span>**Table 8** Linear regression analysis for the association of CDR scores (dependent variable) and the presence of cortical or allocortical microinfarcts, CAA type 1, or CAA severity as independent variables. The linear regression models include age and sex as control variables

	Microinfarcts cor- Micro- $tex = Neo + Allo-$ infarcts- cortex	allocortex	CAA type 1	<b>CAA</b> severity
CDR score $p = 0.096$			$p = 0.034$ $p < 0.001$ $\beta = 0.137$ $\beta = 0.313$ $\beta = 0.339$	p < 0.001

<span id="page-9-1"></span>**Table 9** Linear regression analysis for the association of CDR scores (dependent variable) and the presence of allocortical microinfarcts, CAA type 1, or CAA severity as independent variables. The linear regression model includes age, sex and Braak NFT-stage as control variables

	Microinfarcts-allocortex CAA type 1 CAA severity		
CDR score $p = 0.046$	$\beta = 0.119$	p < 0.001 $\beta = 0.221$	p < 0.001 $\beta = 0.23$

<span id="page-9-2"></span>**Table 10** Linear regression analysis with presence of allocortical microinfarcts, CAA severity, presence of CAA type 1, AβMTL phase, and Braak NFT stage as covariates with the CDR score as dependent

variable; n.a. these variables are not assessed as covariates in a given model term)



<sup>a</sup>Multicollinearity is seen between CAA type 1, CAA severity and the presence/absence of allocortical microinfarcts (see Tables [3,](#page-6-0) [6\)](#page-7-0); multicollinearity is seen between the Braak NFT stage, the AβMTL phase, CAA severity and the presence/absence of CAA type 1 as shown in Table [12](#page-10-0)

<sup>b</sup> Controlled for age and sex

<span id="page-9-3"></span>**Table 11** Binary logistic regression analysis of the association between the presence/absence of allocortical microinfarcts as dependent variable and the respective cardiovascular risk factor as independent variable

	Severity of atherosclerosis SVD stages Hypertension Myocardial infarction Atrial fibrillation Diabetes mellitus			
Microinfarcts-allocortex $p = 0.676$		$p = 0.651$ $p = 0.068$ $p = 0.845$	$p = 0.076$	$p = 0.762$

cases with severe and capillary CAA. An association of dementia with neocortical microinfarcts alone was not seen in our sample.

In contrast to our study, most studies reporting an association of cortical microinfarcts with dementia actually classifed hippocampal microinfarcts as cortical microinfarcts [[3,](#page-11-5) [4](#page-11-2), [16,](#page-12-20) [23](#page-12-21)]. If we classify hippocampal microinfarcts as cortical microinfarcts in our dataset we also see a very mild association of cortical (neocortical + allocortical) microinfarcts with dementia (Table [7\)](#page-7-1). In comparison with studies focusing on microinfarcts in general [[28,](#page-12-22) [43\]](#page-12-23) or on neocortical microinfarcts alone [[43](#page-12-23), [57](#page-13-7)], we distinguished neocortical from allocortical microinfarcts, including those in the hippocampal CA1 region. In our dataset, neocortical microinfarcts (if allocortical microinfarcts were excluded) did not exhibit a signifcant association with cognition in contrast to the results of Skrobot et al. [[43](#page-12-23)]. However, Skrobot et al. [[43](#page-12-23)] included only 113 cases and the regression models that were used diferentiated only between patients with or without dementia. Other potential sources of diferences

<span id="page-10-0"></span>**Table 12** Linear regression analysis with Braak NFT stage as dependent variable and AβMTL phase, CAA severity, or the presence of CAA type 1 as independent variable indicating multicollinearity

	$A\beta MTL$ phase	CAA severity	CAA type 1
Braak NFT stage	$p < 0.001$ ; $\beta = 0.664$	$p < 0.001$ ; $\beta = 0.445$	$p < 0.001$ ; $\beta = 0.359$

in our results compared with those of other investigators include: 1) we studied a hospital-based sample whereas most of the other studies investigated population-based cohorts [[3,](#page-11-5) [23,](#page-12-21) [28](#page-12-22)] and 2) we determined CDR scores retrospectively, whereas other authors either classifed patients simply as having or not having dementia [[23](#page-12-21), [43](#page-12-23)] or carried out neuropsychological testing prior to death, which likely provides a more accurate assessment of cognitive status than a retrospective analysis [[3,](#page-11-5) [8,](#page-11-6) [28\]](#page-12-22). In addition, we used immunohistochemical labeling of phosphorylated TDP43 to diferentiate infarct lesions from TDP43-related hippocampal sclerosis [\[2](#page-11-7)]. Epilepsy-related hippocampal sclerosis was excluded by the morphology of the lesion because epilepsy-related Ammon's horn sclerosis usually covers the entire CA1 sector and often extends into the CA3 and CA4 sector [[58](#page-13-8)] whereas microinfarcts only partially destroy the hippocampal architecture of a given hippocampal subfeld (Table [12\)](#page-10-0).

Taken together, the varying approaches diferent investigators use to analyze the impact of microinfarcts on dementia are not fully comparable, which could explain the diferent, presumably more precise results obtained by our approach. Here, we focused on the role of specifc allocortical regions, especially on the hippocampus, which is well known to be critically involved in memory function and orientation [[19,](#page-12-24) [37,](#page-12-25) [44\]](#page-13-9). We found that microinfarcts in this specifc memory-related brain region are associated with dementia. Thus, it is tempting to speculate that the association of microinfarcts with dementia is critically linked to the functional relevance of the brain region afected in accordance with the concept of strategic infarct dementia [[54\]](#page-13-10). This hypothesis is also supported by the fnding of Ince et al. [[23\]](#page-12-21) that subcortical microinfarcts in anatomical correlatives relevant for movement function were associated with impaired mobility.

Although it is well known that CAA is associated with microinfarcts [[11,](#page-12-26) [27](#page-12-27)] we could extend this knowledge insofar as we show here for the frst time that the presence of allocortical microinfarcts in the hippocampus is associated with the presence of capillary CAA (CAA type 1) and with the severity of CAA in the brain. Based on our fndings we think that CAA type 1 and CAA severity represent the crucial CAA-related factors for the association with allocortical/hippocampal microinfarcts whereas CAA type 2 showed no signifcant impact on the development of allocortical microinfarcts. The arguments supporting this conclusion are:

1) only CAA type 1 cases but not CAA type 2 cases were associated with the presence of allocortical microinfarcts in several logistic regression models; 2) both the presence of CAA type 1 and the CAA severity were associated with allocortical microinfarcts and logistic regression models whereby CAA severity showed the leading effect in a model term that includes both parameters; 3) CAA type 1 afects capillaries in the subiculum [\[49](#page-13-11)] whereas CAA type 2 is by far less prominent in the medial temporal lobe regardless of the severity grade. Since the severity of CAA represents the degree of CAA-induced damage of the walls of afected blood vessels it is tempting to speculate that moderately or severely affected blood vessels could more easily give rise to blood fow disturbances than less strongly afected ones because autoregulation of the blood fow will be altered in relation to vessel wall damage [[42](#page-12-28)]. For the development of hippocampal microinfarcts such moderately to severely CAA-afected vessels are expected to occur in the medial temporal lobe, which is the case in CAA type 1 cases exhibiting prominent capillary CAA in the subiculum region [[49](#page-13-11)].

It is known from animal experiments that capillary CAA can cause blood fow disturbances [[46](#page-13-2)]. However, severe capillary CAA was found distant from the allocortical microinfarcts located in the CA1 sector of the hippocampus. This fnding is in accordance with observations of other authors that hippocampal and frontal cortex microinfarcts were mainly associated with morphologically intact vessels [\[25](#page-12-29)]. However, we did find perivascular/pericapillary  $Aβ$  [\[5](#page-11-3)] at the site of such microinfarcts. Although a direct, local efect by capillary Aβ deposits on the development of microinfarcts may not be very likely, the presence of capillary CAA may indicate a generally impaired clearance of  $A\beta$  in the perivascular drainage channels of the brain [[9](#page-11-8), [10,](#page-12-30) [34,](#page-12-31) [56](#page-13-12)]. Accordingly,  $\mathbf{A}\beta$  and/or its diffusible aggregates may exist in a certain, increased concentration capable of inducing alterations of the vasomotoric function of blood vessels as shown in transgenic mouse brain [[38,](#page-12-5) [39](#page-12-6), [41\]](#page-12-7). These observations could explain Aβ-related blood fow disturbances even in the absence of local CAA-related Aβ deposits [[38,](#page-12-5) [39](#page-12-6), [41](#page-12-7)]. Thus, in the light of these results from transgenic mouse studies it is tempting to speculate that in patients with capillary CAA the perivascular clearance of  $A\beta$  is impaired leading to increased concentrations of difusible Aβ even in brain areas distant from the sites of capillary CAA, fnally resulting in an Aβ-related impairment of vasomotor function. Another possible explanation for CAA-related blood flow disturbances

as a cause for distant hippocampal microinfarcts is that capillary CAA may lead to a general impairment of cerebral blood flow even in brain areas distant from affected vessels. Therefore, vascular adaptation during hypoperfusion or mild hypoxia may be altered in patients with capillary CAA, possibly resulting in microinfarcts in the most vulnerable brain regions (such as the CA1 sector of the hippocampus) as soon as hypoxia lasts 2 min or more [[45\]](#page-13-13). An alternative explanation is that hypoxia itself causes alterations of the basement membrane as described experimentally [\[20](#page-12-32)], thereby stimulating vascular Aβ deposition. In a mouse model of Aβ deposition such an effect of hypoperfusion on the development of microinfarcts and CAA has already been reported [\[40](#page-12-33)] supporting the concept that the presence of Aβ in the perivascular space increases not only the likelihood of capillary CAA development but also that of hypoxia/hypoperfusion-related microinfarcts in vulnerable brain regions. Moreover, the fact that hypoxia can stimulate vascular Aβ deposition may indicate a vicious cycle ultimately resulting in the development of microinfarcts.

The association between cognitive status and allocortical/hippocampal microinfarcts as well as between allocortical microinfarcts and the presence of CAA type 1 indicates that such microinfarcts appear to be related to AD and Aβ-toxicity and may argue for the existence of subgroups of AD cases based on the CAA type, as previously suggested [[50\]](#page-13-14). Accordingly, CAA type 1-related AD would be characterized by capillary CAA, a strong association with the *APOE* ε4 allele, predominant plaque pathology [[50\]](#page-13-14) and a higher likelihood for development of microinfarcts in allocortical brain regions (namely the CA1 region of the hippocampus). As for infarcts/microinfarcts in other locations (neocortex, subcortical nuclei of the brain, white matter) we did not fnd such an association with CAA type 1 or CAA severity according to Vonsattel et al. [[55](#page-13-6)] in our sample. The distinction of diferent subgroups of AD based upon their vascular contribution to the disease by CAA may also have implications for future treatment strategies and for the planning of clinical trials for testing novel treatments.

The limitations of this study are the retrospective evaluation of the CDR scores, the hospital-based sample, and the fact that multiple statistical tests were performed. The retrospective evaluation of the CDR score was necessary because of the autopsy-based method of case recruitment in which cases were recruited only in the event that a permission for autopsy of the brain or the entire body was granted. This strategy also explains diferences in the composition of this case cohort in comparison to that of population-based studies. The problem of multiple testing cannot be neglected. Despite these limitations, we provide a cohort of 284 cases with robust neuropathological and retrospectively collected clinical data that suggest that

allocortical/hippocampal microinfarcts associated with CAA type 1 and the severity of CAA play a role in a specifc subtype of AD cases by the destruction of a brain area that is a key player in memory function.

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### **Compliance with ethical standards**

**Conflict of interest** DRT received consultant honorary from GE-Healthcare and Covance Laboratories and collaborated with Novartis Pharma AG, and Janssen Pharmaceutical Companies. CAFVA received research support from Roche Diagnostics, Biologische Heilmittel Heel, and ViaMed, honoraria from serving on the scientifc advisory board of Nutricia, and received speaker honoraria from Nutricia, Lilly Germany, Desitin Arzneimittel, Biogen and Dr. Willmar Schwabe GmbH&Co.KG.

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