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Decreased pyramidal neuron size in Brodmann areas 44 and 45 in patients with autism

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Abstract Autism is a neurodevelopmental disorder characterized by deficits in social interaction and social communication, as well as by the presence of repetitive and stereotyped behaviors and interests. Brodmann areas 44 and 45 in the inferior frontal cortex, which are involved in language processing, imitation function, and sociality processing networks, have been implicated in this complex disorder. Using a stereologic approach, this study aims to

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explore the presence of neuropathological differences in areas 44 and 45 in patients with autism compared to ageand hemisphere-matched controls. Based on previous evidence in the fusiform gyrus, we expected to find a decrease in the number and size of pyramidal neurons as well as an increase in volume of layers III, V, and VI in patients with autism. We observed significantly smaller pyramidal neurons in patients with autism compared to controls, although there was no difference in pyramidal neuron numbers or layer volumes. The reduced pyramidal neuron size suggests that a certain degree of dysfunction of areas 44 and 45 plays a role in the pathology of autism. Our results also support previous studies that have shown specific cellular neuropathology in autism with regionally specific reduction in neuron size, and provide further evidence for the possible involvement of the mirror neuron system, as well as impairment of neuronal networks relevant to communication and social behaviors, in this disorder.

Keywords Autism - Brodmann area 44 - Brodmann area 45 · Inferior frontal gyrus · Neuropathology - Stereology

Introduction

Autism spectrum disorders (hereafter referred to as autism) include brain developmental conditions of unknown etiology typically diagnosed in children by 3 years of age [\[59](#page-11-0)]. The diagnosis is made upon the presence of poor social interaction and communication skills as well as restricted and repetitive patterns of behavior, interests, or activities [\[1](#page-10-0)]. Although autism is pervasive in our society, affecting approximately 1 in 110 children with a gender ratio of 4.5 boys to every girl, its etiology still remains frustratingly

unclear. This is mainly due to the highly heterogeneous clinical expression, with some children excelling in specific niches while over a third have an intellectual quotient that falls to 70 points [\[59](#page-11-0)]. Despite the broad range of severity, determining the basis of social impairment may shed light on a common ground among autism's diverse causes.

As one of the core symptoms of autism is a deficit in social communication, an important area to assess at the cellular level would be one that is implicated in this function. In the left hemisphere, Brodmann areas 44 and 45 have a well-established role in syntactic processing and language production and more recently in processing emotional behavior and empathy [\[7](#page-10-0), [53,](#page-11-0) [72](#page-12-0)], skills that are necessary for communication. In the right hemisphere, this region is activated during processing prosody, metaphoric sentence judgements, fine motor control, salient cue detection, and response inhibition [\[6](#page-10-0), [31](#page-11-0), [72\]](#page-12-0), which provide information to respond appropriately in a social situation.

Another core symptom is poor interaction with family members starting at young age. This lack of reciprocal social contact affects the child's ability to develop skills that are crucial in social development, particularly imitation [\[62](#page-12-0)]. These are skills that are glaringly absent in children with autism, who display inadequate performance on tasks that demand theory of mind (ToM), the ability to understand and replicate other's mental states [[5,](#page-10-0) [22](#page-11-0), [32,](#page-11-0) [49\]](#page-11-0). This aptitude for empathizing with someone else's mindset and predicting his or her subsequent behavior develops in the early years of life, potentially emanating from imitation, and is essential for social interactions [[3,](#page-10-0) [58](#page-11-0)]. In a recent study, Senju and colleagues measured ToM ability in high-functioning patients with autism to assess their ability to recognize that the world-view of themselves and others can be different [[67\]](#page-12-0). Patients with autism were able to use other cognitive resources to determine someone else's world-view when prompted, but did not do so naturally, indicating impairment in ToM. While many studies have shown this disruption in ToM in patients with autism, the reason it does not develop properly remains unknown. One hypothesis for the lack of ToM is the dysfunction in the mirror neuron system early in childhood, which would likely cause a cascade of social impairments that characterize autism [\[23](#page-11-0), [79\]](#page-12-0).

Mirror neurons were first detected in the macaque premotor area F5 [[24\]](#page-11-0) and the inferior parietal cortex [\[20](#page-11-0)] as neocortical neurons that fired both when a macaque monkey observed an action and completed that action himself [\[9](#page-10-0), [17](#page-11-0), [24,](#page-11-0) [60\]](#page-11-0). Because of their specialized activity, mirror neurons were thought to play a key role for encoding imitation. Despite some controversy [[71\]](#page-12-0), evidence supports the existence of a homolog system in humans [[40,](#page-11-0) [61,](#page-12-0) [79\]](#page-12-0). Functional magnetic resonance imaging contributions determined that areas 44 and 45 of the posterior inferior frontal cortex have an essential role in imitation, and therefore may be involved in the mirror neuron system [[27,](#page-11-0) [39](#page-11-0), [40,](#page-11-0) [42](#page-11-0), [61\]](#page-12-0). As previously mentioned, impairment in the mirror neuron system is thought to be directly related to social deficits in autism [[78,](#page-12-0) [79](#page-12-0)]. Many studies have disproven a dysfunction in mirror neurons through tasks that involve movement imitation (e.g. [[30,](#page-11-0) [70\]](#page-12-0)). While these results do show that patients with autism have appropriate responses in motor mimicking, they leave the possibility that brain function necessary for social tasks involving imitation may still be abnormal.

The link between the pathology of autism and impairment in the mirror neuron system remains controversial. The major problem is that only approximately 10 % of neurons are thought to be mirror neurons in areas 44 and 45 [\[24](#page-11-0)]. Magnetoencephalography and electroencephalography studies are not able to localize the area that shows electrical changes in brain [\[29](#page-11-0)]. Functional magnetic resonance imaging studies permit the localization of brain regions that are activated during a given task, and while this can show which parts of the brain are activated differently in autism, it is not specific enough as the tasks typically activate not only regions involved in imitation but motor and visual cortices as well, and possibly regions that process emotion. Also, as mirror neurons are likely a small percentage of neurons in certain brain areas, it is difficult to determine if the activated or non-activated regions actually represent the involvement of mirror neurons to any specific extent. For these reasons, it is important to analyze the brains of patients with autism at the cellular level to determine whether there are abnormalities present.

To address this need, Coleman and colleagues carried out a preliminary non-stereologic study of area 44 comparing a 21-year-old patient with autism and two normal subjects, aged 18- and 25-years [\[12](#page-10-0)]. They found no significant difference in the density of pyramidal neurons, other neurons, and glia, but emphasized the limitations of their study due to the large interindividual variability. To explore further this region, we obtained stereological estimates of neuron size and numbers as well as regional volume in areas 44 and 45 in a larger sample of patients with autism and age- and hemisphere-matched controls.

Materials and methods

Subjects

A total of eight postmortem brains obtained from patients with autism were analyzed (one hemisphere per case) in comparison to age- and hemisphere-matched controls (age range 4–66 years; see Table [1](#page-3-0) for details). The patients

spanned most developmental time points, although no agedefined subgroups were considered because of the small sample size. The sample consisted of three left hemisphere and five right hemisphere pairs. For two controls (ages 4 and 25), each hemisphere was used to match two cases. The right hemisphere of the 4-year-old served as a control for the 5-year-old patient with autism and the left hemisphere for the 4-year-old patient with autism; the right hemisphere of the 25-year-old was a control for the 21-year-old and the left hemisphere for the 32-year-old.

All subjects with autism were identified based on the criteria from the Diagnostic and Statistical Manual of Mental Disorders Fourth Edition (DSM-IV) and the Autism Diagnostic Interview (ADI-R). None of the cases demonstrated chromosomal abnormalities. Autopsies were performed after obtaining the informed consent from a relative and approval from the relevant institutional review boards. Demographic and clinical data are shown in Table [1](#page-3-0).

Tissue processing

The tissue processing was performed at the New York State Institute for Basic Research in Developmental Disabilities (IBR) in Staten Island, NY, USA, and at the Morphologic Brain Research Unit (UWMBRU) at the University of Wuerzburg, Germany [[56,](#page-11-0) [73,](#page-12-0) [76\]](#page-12-0). The brains were divided mediosagittally and all but two cases had only one hemisphere available for study (Table [1](#page-3-0)). The brains underwent immersion-fixation in 10 % formalin for at least 3 months and were then embedded in celloidin. Hemispheres processed at IBR were cut into a complete series of 200-µm thick coronal sections $[37]$ $[37]$, and hemispheres processed at UWMBRU were cut into a complete series of 500-lm thick coronal sections. Each third section was available for staining in the 200-um thick series, and every other section was available in the 500-um thick series. All selected sections were stained with gallocyanin, mounted, and coverslipped at UWMBRU [\[38](#page-11-0)].

Brain regions and cytoarchitecture

Areas 44 and 45 constitute the opercular and triangular parts of the posterior inferior frontal gyrus. We defined the borders of these areas using Brodmann's classification: caudally with premotor area 6, separated by the precentral sulcus; rostrally by area 46, separated with the ascending ramus of the Sylvian fissure; dorso-caudally by area 9, and dorso-rostrally by area 46, separated by the inferior frontal sulcus; and ventrally by the orbital part of the premotor area, area 47, and the insula [[8\]](#page-10-0). The distribution of these areas is shown visually on the lateral view of the brain in Fig. [1](#page-4-0).

Area 6 is an agranular region in which the layer separation is less distinct than in areas 44 and 45. In area 6, layer IV is less discrete from surrounding pyramidal layers III and V, and the cells in this area are radially organized; in contrast, our region of interest has a more distinct granularity and the cellular organization becomes columnar instead of radial [\[8,](#page-10-0) [75\]](#page-12-0).

Areas 9 and 46 are both granular regions in which the six layers are clearly distinguishable. Layers II and IV are clearly demarcated from the rest of the cortical layers by their granule cells. Layer III can be divided into a superficial part (IIIa), which is sparsely populated with small pyramidal cells, and IIIb-c, which shows a denser presence of larger pyramidal neurons. Layer V has the opposite gradient with sublayer Va being denser and Vb comparatively sparser. The border between layer VI and adjacent layer Vb and the white matter on either side is sharp because of the density of layer VI. To distinguish areas 9 and 46 from our region of interest, we looked for a columnar cellular organization, a more robust gradient in layer III density, and large pyramidal neurons of layers III and V encroaching on layer IV [[8](#page-10-0), [75](#page-12-0)]. The difference between these areas is depicted in Fig. [2](#page-5-0).

Ventrally, the insula forms an important neighboring area to the medial and posterior parts of areas 44 and 45. Along with the distinct change in cytoarchitecture to an agranular cortex, the presence of the band-like layer V of the insula as well as the claustrum in the adjacent white matter provides good landmarks for the insula. The insular cortex, in comparison to areas 44 and 45, has a thick layer I, a less dense layer IV, and an indistinct border between layer VI and the white matter. Globally, the most striking differences between these areas are the loss of distinct granularity and loss of columnar organization (Fig. [2](#page-5-0)). In comparison, adjacent area 47 shows an apparently lighter layer III as the density of pyramidal neurons decreases, adopting a patchy, clustering distribution. Other distinctive features of area 47 are a more distinguishable layer IV and a less perceptible columnar organization [\[75](#page-12-0)].

Apart from demarcating our areas of interest from adjacent areas, we also established histological criteria to define layers within areas 44 and 45, which are six-layered dysgranular areas. Layer I is a sparse, virtually acellular layer. Layer II is a granular layer, denser than any other layer in the frontal lobe, and thus is clearly distinguishable. Layer III is subdivided into three sublayers: IIIa–c. The sublayers have larger pyramidal neurons as they approach layer IV. Layer IV is a dense granular layer, overrun by the both adjacent layers III and V. Layer V is subdivided into Va, a denser sublayer with large pyramidal neurons, and Vb, a sparser sublayer with fewer pyramidal neurons. Layer VI is a dense layer populated with interneurons and

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UMB-1708 C3 8 F R R 7.222 Multiple injuries No known disorder C3 8 C3 8 F R 20

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Seizures 44

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Engaged in repetitive play, bouncing up and down on her tiptoes,

Engaged in repetitive play, bouncing up and down on her tiptoes,

echolalia Abnormal EEG

Abnormal EEG

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Engaged in repetitive play, rocking, some self-injurious behavior

Engaged in repetitive play, rocking, some self-injurious behavior

Symptoms present as early as 7 months

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Housed in a group home at age 14 due to increased aggression Great grandmother diagnosed with schizophrenia, second cousin with

Housed in a group home at age 14 due to increased aggression

Symptoms present at 3 years

No known disorder

Great grandmother diagnosed with schizophrenia, second cousin with

autism

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1,388 Cardiac tamponade

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BB-1376 A7 52 M L 200/158 11.5 1,324 Myocardial infarction Suspected autism

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Fig. 1 Lateral view of a human brain depicting the regions of interest: Brodmann areas 44 (yellow) and 45 (light blue), as well as neighboring areas 4 (dark blue), 6 (orange), 9 (purple), 46 (pink), and 47 (green). Scale bar 2 cm

pyramidal neurons, well demarcated from the white matter ([[2](#page-10-0) , [8](#page-10-0) , [68](#page-12-0) , [75](#page-12-0)]—see Fig. [2](#page-5-0) for visualization).

The border between layer II, which is characteristically a dense layer with small neurons, and IIIa, a sparser layer with pyramidal neurons, is well defined by the change in cell density and size. However, neurons in layers III and V typically overrun layer IV, making the delineation of layer IV ambiguous. To maintain consistency in our parameters through all our cases, we chose uniformity over accuracy: if the borders of layer IV were not clearly visible, the upper boundary of layer III and the lower boundary of layer V were placed in the middle of layer IV. The border between layer V and VI is typically very clear: layer Vb is sparse and has pyramidal neurons, whereas layer VI is dense with interneurons and neurons.

Stereologic design

For stereologic quantification, we selected every 15th section in the 200-um thick series and every 4th section in the 500- lm thick series within the range of sections containing areas 44 and 45 for each case. This approach ensured that areas 44 and 45 were sampled in a consistent and unbiased manner with a number of sections that ranged between 4 and 12, depending on the section thickness. The quantitative analysis was performed using a stereology workstation equipped with a Zeiss Imager A1 microscope, Plan-Neofluar $2.5 \times$ (N.A. 0.075) and $40 \times$ (N.A. 0.75) objectives, a motorized stage (Ludl Electronics, Hawthorne, NY, USA), a MBF CX9000 camera (MBF Bioscience, Williston, VT, USA), and stereology software (StereoInvestigator version 10.2; MBF Bioscience).

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Cause of death Relevant clinical information ADI-

Relevant clinical information

Cause of death

interval (h), BW brain weight (g), y years, ADI-R Autism Diagnostic Interview-Revised, N/A not available, EEG electroencephalography

interval (h), BW brain weight (g), y years, ADI-R Autism Diagnostic Interview-Revised, N/A not available, EEG electroencephalography

Fig. 2 a Right hemisphere human brain section stained with gallocyanin showing cortical areas 44, 45, 46, and the frontoinsular cortex (FI), and photomicrographs showing the cytoarchitectural

characteristics of area 45 (b) as well as neighboring area 6 (c), area 46 (d), and insula (e). Scale bar 2 cm (a) and 200 μ m (b–e); cc corpus callosum, ic internal capsule

Starting with a random section number, a systematicrandom sampling scheme was applied throughout areas 44 and 45. The boundaries of layers III, V, and VI were defined at low magnification $(2.5 \times$ objective) on the computer display using the cytoarchitectural characterization described above. The Optical Fractionator probe was used to calculate an estimate of the total number of neurons, as we did not count neurons through the entire thickness of the tissue or each section available of our region of interest [\[65](#page-12-0), [77\]](#page-12-0). For some cases, the mounted thickness of these materials had already been estimated by other collaborators [[64,](#page-12-0) [73\]](#page-12-0), but in cases that had not yet been used we calculated the mounted thickness by averaging the measurements of a random sampling of 10 sites per slide with the $40\times$ objective in areas 44 and 45. As a main focus of our study involved identifying and measuring pyramidal neuron number and size, we had several criteria that defined an object as a pyramidal neuron: the typical triangular shape, visible apical dendrite, and a clear large nucleus with a dark nucleolus (Fig. [3](#page-6-0)b, d).

For optimal estimation of neuronal populations, the dimensions of the sampling grid were set to sample at least 150 pyramidal neurons per case [[65\]](#page-12-0). The software defined a systematic-random sampling sequence of counting frames and grids within the outlines of each layer of areas 44 and 45, in which pyramidal neurons were quantified. The quantification of pyramidal neurons was done at high magnification $(40 \times$ objective) on the computer display using the characteristics described before. A disector height of 20 lm was set in order to ensure that quantification only occurred in the area of the tissue in which there was optimal staining. Guard zones of $2 \mu m$ were used on the top and bottom of the disector of every section in order to prevent biases related to sectioning artifacts. The parameters used for Optical Fractionator are summarized in Table [2](#page-6-0).

The total volume of each analyzed layer in areas 44 and 45 was estimated using the Cavalieri probe through the measurement of the cross-sectional area of layers III, V, and VI. Along with the quantification of pyramidal neurons, their perikaryal volume was also measured using the Nucleator probe. To measure neuron volume, the user marks the center of the neuron and the probe extends a user-defined number of rays out of the center marker. The user then identifies the intersection of the rays with the edges of the neuron, and the program calculates the neuronal volume. Due to the typical shape of the pyramidal neurons and the 2D volume estimation calculation by the Nucleator, we chose to use six rays to precisely estimate the neuron's shape. Because their size is variable, all pyramidal neurons that were counted were also measured for volume estimation.

When we initiated this study, we recounted four cases randomly selected from the series to assess the consistency of our parameters, and obtained an average difference of 17 % between these recounts. This seemingly high variability was somewhat unexpected based on our past analyses of the same materials [[64,](#page-12-0) [73\]](#page-12-0) and turned out to be generated by the actual convolution of the gyral patterns in the inferior frontal region among these cases. In fact, previous studies of the architecture of this region did show a certain degree of interindividual variability in gyral and

Fig. 3 Photomicrographs depicting layer III of area 44 (a) and a typical pyramidal neuron in this layer (b) in a typically developing child compared to a child with autism (c, d) . Note the reduced size of

Table 2 Parameters used for stereologic quantification in control subjects and patients with autism

Number of sections (average)	5
Objective 1	$2.5\times$
Objective 2	$40\times$
Disector height	$20 \mu m$
Guard zone	$2 \mu m$
Counting frame	$50 \times 50 \mu m$
Grid size	$500 \times 500 \text{ µm}$
Measured thickness (average)	Cut at 200 μm: 166.5 μm
	Cut at 500 μm: 477.5 μm

sulcal anatomy [[2,](#page-10-0) [46,](#page-11-0) [55](#page-11-0), [68](#page-12-0)]. The average difference for cases that were sectioned optimally for our region of interest had a difference of less than 10 % and was

pyramidal neurons in the patient with autism. Scale bar 250 µm (a, c) and 10 μ m (b, d)

adequate for precise stereologic estimates; however, differences between recounts were higher in two of these cases (a control child and an adult with autism) due to unavoidable variability in the angle of section, the brains having been processed whole in a strict coronal plane. This can at times generate tangential section planes through the cortical layers and render the precise determination of regional borders more difficult, a problem that commonly arises in quantitative neuropathologic studies using stereology. We had to adopt a conservative approach in these two cases, by limiting the analysis to the domain of cortex in which the typical cytoarchitecture was unambiguous. It resulted in smaller volumes of reference, which doubtless influenced the estimated total number of neurons (see Fig. [4](#page-7-0), below). However, while the higher variability in neuron number and volume of the analyzed region of

Fig. 4 Graphs illustrating pyramidal neuron number in patients with autism and controls. Typically developing controls are shown in black and patients with autism in red; children appear as filled in circles and adults as open circles. The asterisks denote two cases in which the cytoarchitectural boundaries of areas 44 and 45 were defined with

conservative criteria due to tangential sectioning of the cortical layers (see text for details). Note the lack of differences in estimates of neuron numbers between control cases and patients with autism, and that the two cases in which a more conservative definition of regional boundaries had to be used do not represent statistical outliers

interest would not affect neuron somal volume, the lack of a statistically significant difference in neuron number and laminar volumes both within and between groups confirms that the impact of this cytoarchitectural issue in defining the full extent of areas 44 and 45 in these two cases was not large enough to affect the outcome of our study.

Statistical analysis

We compared eight patients with autism to six control subjects. Our study design consisted of eight pairs with two of the control subjects each matched with two different patients. In view of the matched subject design, we compared each patient with his or her matched control using repeated measures analysis of variance, with the repeated measures being the patient and the control within the pair. In this analysis, we controlled for the average age and the hemisphere that was evaluated for both members of the pair as well as postmortem interval (PMI) and section thickness. For each dependent variable, in addition to the comparison between cases and controls, we also evaluated whether each of the covariates was associated with the difference between cases and controls (e.g., whether there was a differential discrepancy between cases and controls with increasing age and whether there was a differential effect of cases versus controls in the two hemispheres). A p value of 0.05 was used as the criterion for statistical significance. Calculations were performed with SPSS (version 19, IBM SPSS Statistics, New York).

Photography

The photograph of the full brain in Fig. [1](#page-4-0) was taken with a Nikon Coolpix P100 and produced with Adobe Photoshop. The hemisphere photograph in Fig. [2](#page-5-0) was obtained by scanning a 500 - μ m thick histologic section of the right hemisphere of the human brain at 1200 dpi (Epson Perfection 2450 Photo Scanner, Epson Electronics America, Long Beach, California). The cortical sections in this figure are virtual slices, which are tiled photomontages of pictures taken with the $10\times$ objective (MBF Bioscience). Photomontages of layer III and V pyramidal neurons in Fig. [3](#page-6-0) were taken with the $10\times$ objective and photographs of individual pyramidal neurons were taken with the $40\times$ objective. Adobe Photoshop was used to edit brightness and contrast to optimize images. Graphs in Figs. 4 and [5](#page-8-0) were created using GraphPad Prism (GraphPad Prism, version 4; GraphPad Software, San Diego, USA).

Results

Areas 44 and 45 are dysgranular cortices with a marked columnar cellular organization. The dysgranular cortex is clearly distinct from nearby areas with the presence of many large pyramidal neurons in layer IIIc, a granular layer IV overrun by the both surrounding sublayers IIIc and Va, and large condensed pyramidal neurons in layer Va [\[2](#page-10-0), [8,](#page-10-0) [75](#page-12-0)]. The cytoarchitecture in patients with autism and controls was consistent on visual inspection, with the expected cell organization of areas 44 and 45 (Figs. [2,](#page-5-0) [3](#page-6-0)). We measured pyramidal neuron number, density, and individual volume, as well as layer volumes in areas 44 and 45, comparing patients with autism and normally developing controls.

When we used repeated measures analysis of variance, we did not find any statistically significant differences between patients with autism and controls for the volume of layers III, V, and VI, and for the number and density of pyramidal neurons in each layer (Fig. 4; Table [3](#page-9-0)). We did,

Control Child & Autism Child O Control Adult O Autism Adult

Fig. 5 Graphs illustrating pyramidal neuron volume in diagnostic groups (a), and across development (b). Typically developing controls are shown in black and patients with autism in red; children appear as filled in circles and adults as open circles. The asterisks denote two cases in which the cytoarchitectural boundaries of areas

44 and 45 were defined with conservative criteria due to tangential sectioning of the cortical layers (see text for details). Note the significantly smaller pyramidal cell volumes in patients with autism and the fact that this effect is more apparent at younger ages

however, find statistically significantly smaller pyramidal neuron volume in layers III (18 % smaller than controls; $F_{(1, 5)} = 37.869, p = 0.002$, Schmitz-Hof CE = 0.077), V (18.5 % smaller than controls; $F_{(1, 5)} = 16.258$, $p = 0.01$, Schmitz-Hof CE = 0.098), and VI (22 % smaller than controls; $F_{(1, 5)} = 55.737$, $p = 0.001$, Schmitz-Hof CE = 0.105) in patients with autism (Figs. [3](#page-6-0), 5a; Table [3\)](#page-9-0). The smaller pyramidal neuron size in patients with autism is visible in Fig. [3](#page-6-0)c, d compared to the size of pyramidal neurons in controls, shown in Fig. [3a](#page-6-0), b.

When we analyzed the extent of interactions with age, we found statistical significance in layers III ($p = 0.009$) and VI ($p = 0.013$), but not in layer V ($p = 0.067$). Examination of the case pairs showed that those with an average age less than or equal to 23 years had a range of differences from 584.43 to 848.77 μ m³ and those with an average age above 29 years had differences ranging from 142.03 to 462.16 μ m³ in layer III (Fig. 5b). In layer V, the differences in the younger group ranged from 434.36 to 911.93 μ m³ and the older group ranged from 112.05 to 493.98 μ m³. In layer VI, the differences in the younger group ranged from 642.49 to $822.64 \mu m^3$ and from 272.68 to $546.38 \mu m^3$ in the older group. Each layer had the same general trend of greater differences between younger patients with autism and controls and smaller differences between older patients and controls; the overlap in differences across ages in layer V is reflected by the p value falling short of significance. This is reflected by the trend lines shown in Fig. 5b, which reveal that young controls have a large pyramidal neuron volume that consistently decreases across their lifespan. Children with autism, however, have smaller pyramidal neuron volumes that are similar to those of adults in both groups (this age effect on pyramidal cell volume was statistically significant only for controls in layer III). The issues related to ambiguous cytoarchitecture in two cases had no impact of neuronal volumes (asterisks, Fig. 5). We found no statistically significant differences for hemisphere, PMI, or section thickness interaction in any of the three layers.

Discussion

Our results reveal a statistically significant reduction in pyramidal neuron size in patients with autism in the inferior frontal cortex, but no difference in pyramidal neuron number or layer volume in layers III, V, and VI, in contrast to recent data on other cortical domains of the frontal lobe [\[15](#page-11-0)], suggesting regional specificity in these autism-related differences in neuron numbers. A decreased pyramidal

Table 3 Summary of stereologic quantification of pyramidal neuron volume and number as well as layer volume in control subjects and patients with autism

Variable	Controls (mean \pm SD)	Autism (mean \pm SD)
	Pyramidal neuron volume (μm^3)	
Layer III	$2,482 \pm 650$	$2,034 \pm 468$
Layer V	$2,637 \pm 548$	$2,148 \pm 464$
Layer VI	$2,499 \pm 497$	$1,947 \pm 352$
	Pyramidal neuron number	
	Layer III 2.234 \times 10 ⁶ \pm 1.114 \times 10 ⁶	$2.251 \times 10^6 \pm 701.024$
	Layer V $1.459 \times 10^6 \pm 514,732$	$1.376 \times 10^6 \pm 410.502$
	Layer VI $1.358 \times 10^6 \pm 681,244$	$1.13 \times 10^6 \pm 339,078$
Layer volume $(mm3)$		
Layer III	$1.575 \times 10^8 \pm 6.705 \times 10^7$	$1.681 \times 10^8 \pm 6.993 \times 10^7$
	Layer V $1.073 \times 10^8 \pm 4.776 \times 10^7$	$1.065 \times 10^8 \pm 3.211 \times 10^7$
	Layer VI $1.010 \times 10^8 \pm 6.469 \times 10^7$	$8.343 \times 10^7 \pm 3.126 \times 10^7$

Boldface figures represent statistically significant differences from control cases. See text for details

neuron size in autism may have functional repercussion when considered in the context of cortical circuitry. Layer III neurons are involved in corticocortical projections and receive thalamocortical projections [[4,](#page-10-0) [43](#page-11-0)]. Layer V neurons project cortically and subcortically, primarily to the basal ganglia, brainstem, and spinal cord. Layer VI neurons also project subcortically, predominantly sending feedback projections to the thalamus. Data from studies using diffusion tensor imaging and resting state functional connectivity show that our region of interest is reciprocally connected with the orbital part of the inferior frontal gyrus (area 47), inferior premotor region (area 6), presupplementary motor area, Wernicke's area (area 22), superior and mid temporal gyri, mid frontal cortex (areas 8 and 9), and the paracingulate gyrus (area 32) [\[11](#page-10-0), [21](#page-11-0), [47](#page-11-0)]. As such, areas 44 and 45 have connections with regions involved in language, movement planning and control, imitation, and emotional perception, suggesting a potential network involved in processing and understanding social communication [[33](#page-11-0), [34,](#page-11-0) [48\]](#page-11-0).

Previous findings in the fusiform gyrus and amygdala, both of which send and receive connections with areas 44 and 45, showed reduced neuron number and, in the fusiform gyrus, reduced somatic volume [[66,](#page-12-0) [73\]](#page-12-0). The alterations found in these areas, which are involved in a face processing system, suggest that neuropathology in one hub of a given network may lead to a disruption in many key areas of that network. If the somatic size of pyramidal neurons is reduced, it is very likely that their functional integrity is compromised. A smaller cell body may also reflect a reduction in dendritic complexity and axonal length [\[25](#page-11-0), [35,](#page-11-0) [41,](#page-11-0) [54](#page-11-0)], which would cause a detrimental effect on connectivity. In this context, Casanova and colleagues investigated minicolumnar size in patients with autism and controls in nine areas of the neocortex, and found the most significant reduction in minicolumnar width in area 44 in patients with autism [[10\]](#page-10-0).

These data altogether maintain an established hypothesis of globally reduced connectivity in autism [\[16](#page-11-0)]. In support for this hypothesis, functional connectivity is reduced between areas 44 and 45 and temporal language areas [[18,](#page-11-0) [44](#page-11-0)] as well as with the primary visual cortex [[74\]](#page-12-0). In addition, low-functioning patients with autism have reduced activation of the left inferior frontal gyrus during speech stimulation when compared to controls [\[52](#page-11-0)]. Alterations in connectivity of areas 44 and 45 may disrupt language processing, imitation, and joint attention circuits, leading to the language delay that is characteristic of autism.

Whether a lack of fully functioning pyramidal neurons leads to the above impairments, or a lack of salience attribution to social and language cues results in neuronal atrophy or abnormal development remains unclear. In the former case, these smaller neurons may simply be immature, implying that this impairment stems from a defect in the development of pyramidal neurons. This immaturity could be caused by a number of factors, such as an immune disease or infection during pregnancy (e.g., see [[19,](#page-11-0) [26,](#page-11-0) [57,](#page-11-0) [63](#page-12-0)]). In the latter situation, the pyramidal neurons may have been larger early in development, but atrophied soon after due to deficits in functional inputs.

Although we could not separate our sample into developmental subgroups of a sufficiently large size, we qualitatively assessed the distribution of children (defined as less than 21 years of age, [[13\]](#page-10-0)) compared to the rest of the sample. There were three children with autism in our study (ages 4, 5, and 8), and two controls (ages 4, a control for both 4- and 5-year-old children with autism, and 8). As shown in Fig. [5](#page-8-0), the control children have a larger pyramidal neuron size in each layer, putatively because of the increased connections being developed at this young age. On the other hand, children with autism have consistently smaller neurons, consistent with the notion that children with autism do not develop appropriate connectivity. The fact that young children with autism show pyramidal neuron volumes comparable to those seen in adult controls and adults with autism (Fig. [5b](#page-8-0))—in absence of overt pyramidal cell loss that would then indicate that larger neurons were preferentially lost in children with autism suggests a possible early sign of pyramidal neuron aging, as a reduced pyramidal cell size has been reported in elderly patients [\[69](#page-12-0)]. This is an interesting possibility that has not yet been described in autism, and will require confirmation in larger cohorts and detailed quantifications.

Interestingly, in the prefrontal cortex of male children with autism from ages 2 to 16, Courchesne and colleagues recently reported an overall 67 % increase in number of pyramidal neurons as well as increased brain weight in autism [[15\]](#page-11-0). While our areas of interest are located in the prefrontal cortex, our results do not correspond to this striking increase in neuron number. There are several potential reasons that this same increase was not seen. First, Courchesne and colleagues investigated major divisions of the prefrontal cortex, and it is possible that certain areas were more responsible for the increase in neuron number than others. Second, we had a much smaller population of children in our sample, which would certainly bias the outcome of neuron number, given the trajectory of brain growth in autism [14, [36](#page-11-0)]. Upon closer examination of the young children with autism in the present study, the 4-year-old with autism displayed increased pyramidal neuron number in layers III and V and the 5-year-old had an increase in all three layers, while the 8-year-old had a decrease in the three layers. While these results are not wholly consistent with the prefrontal findings of Courchesne et al. [\[15](#page-11-0)], they are reminiscent of the enlargement of the brain in children with autism until approximately age 6 or 7 compared to typically developing controls, which is principally due to an early overgrowth that occurs in the first year [14, [36](#page-11-0)]. From childhood to preadolescence, the growth of the brain decreases considerably in comparison to growth in age-matched controls [14], and in late adolescence and young adult ages, patients with autism actually have reduced brain size [[28,](#page-11-0) [50\]](#page-11-0). This trend continues with age, with a premature and accelerated rate of decline in brain size in adults with autism [14]. The lack of difference in layer volumes in our study may be explained by the broad age range or by the combined effects of reduced neuron size with no change in neuron numbers. It is important to keep in mind, however, that the interindividual variability among patients with autism may indeed contribute to some of the discrepancies among neuropathology studies; this highlights the need to study larger samples.

A continuing challenge in autism research is to understand the cellular and molecular causes of the characteristic symptoms that are found throughout the spectrum. Thus far, the pathological basis of neuronal dysfunction in patients with autism remains poorly understood. The significant differences in the size of the pyramidal neurons observed in this study support the hypothesis that patients with autism have reduced connectivity among cortical regions, specifically those involved in social processing [\[44](#page-11-0), [45](#page-11-0), [51](#page-11-0), [73](#page-12-0)], and may also provide an explanation for the smaller size of the cortex in patients with autism [14, [28,](#page-11-0) [50\]](#page-11-0). Future research will need to determine the cause of the reduction in pyramidal neuron size in areas 44 and 45 in autism. It will also be necessary to perform similar studies in other areas that may be involved in social and language processing to provide greater insight into the potential cellular mechanisms that lead to the impairment of these functions in autism.

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Conflict of interest The authors declare that they have no conflict of interest.

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