

# Zwitterionic light-responsive polymeric micelles for controlled drug delivery

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**Abstract** Novel amphiphilic light-responsive block copolymer spiropyran-poly(2-methacryloyloxyethyl phosphorylcholine) (SP-PMPC) was reported and used as smart drug nanocarriers. SP-PMPC was easily synthesized via atom transfer radical polymerization (ATRP) of 2-methacryloyloxyethyl phosphorylcholine (MPC) using 2-bromo-2-methylpropanoate-ethyl-3',3'-dimethyl-6-nitrospiro (2H-1-benzopyran-2,2'-indoline) (SP-Br) as initiator. SP-PMPC can self-assemble to micelles with relatively low critical micelle concentration (CMC) value ( $0.037 \text{ mg mL}^{-1}$ ). Because of the reversible photochemical isomerization of hydrophobic spiropyran (SP) to hydrophilic merocyanine (MC), the self-assembly and disassembly of SP-PMPC micelles can be well controlled by an external light source, which was proved by ultraviolet-visible light (UV-vis) spectrometry, dynamic light scattering (DLS), and transmission electron microscopy (TEM). The hydrophobic anticancer drug doxorubicin (DOX) can be encapsulated into micelles. In vitro drug release studies showed that the release of DOX was accelerated in the presence of UV irradiation ( $\lambda=365 \text{ nm}$ ) when compared to similar systems without UV irradiation treatment. The SP-PMPC micelles exhibited superior biocompatibility as measured by 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2-H-tetrazolium bromide (MTT) assay owing to the stealth phosphorylcholine outer shell. Moreover, the DOX-loaded SP-PMPC micelles under UV irradiation exhibited better anticancer activity than that of the nonirradiated ones.

**Keywords** Spiropyran · Phosphorylcholine · Drug release · Light-responsive

## Introduction

In the past few decades, self-assembled polymeric micelles have emerged as promising nanocarriers for drug delivery due to their distinct advantages, such as high drug loading capacity [1–3], decreased side effects [4, 5], long circulation in the bloodstream [6, 7], passive targeting of tumor tissues via enhanced permeability and retention (EPR) effect [8], and improved drug bioavailability [4, 9]. What is more, the chemical and physical properties of the micelles can be easily adjusted by choosing different monomers, polymerization degrees, and other parameters. Therefore, there is growing interest in designing polymeric micelles as prospective nanocarriers of active therapeutics.

The ideal drug nanocarriers can stably retain the encapsulated drug in the bloodstream, while releasing the drug rapidly upon reaching the site of action. In order to balance the conflicting requirements (retention and release), the use of drug nanocarriers with triggering mechanisms for drug release as a new strategy has attracted much attention. Therefore, various smart drug nanocarriers in response to external stimuli such as pH [10–12], redox [13, 14], temperature [15, 16], enzyme [17], and light [18–20] have been extensively studied. Among various chemical and physical stimuli, light is an especially attractive external stimulus since it provides a possibility for realizing remote and spatiotemporal drug release by easily tuning the light intensity, energy, and site of irradiation [21–24]. Furthermore, combination of light and interventional therapy, fixed-point drug release can be realized by taking advantage of optical fiber [25, 26]. After the first “proof-of-

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concept” example pioneered by Zhao’s group [27], various light-responsive polymeric micelles were reported [2, 28–31]. Such light-responsive micelles were extensively investigated as drug nanocarriers because of the feasibility of high controllability over the drug release profile using a specific wavelength of light. In order to design light-responsive micelles, a lot of light-responsive functional groups were introduced to construct light-responsive polymers. The photochromic spiroopyran (SP) is one of the most well-known light-responsive molecules [32]. SP is a well-investigated photochromic molecule because of the spiroopyran-merocyanine (SP-MC) chemistry. SP molecule is colorless, nonpolar, and hydrophobic. Under UV irradiation (365 nm), colorless SP can undergo a reversible isomerization to colored MC with greatly increased hydrophilicity associated with the structural conversion from neutral to zwitterionic (Scheme 1). Based on the unique light-responsive property, spiroopyran-based materials were successfully applied in various areas, such as data storage, drug delivery, and light-actuated nanovalves [33–35].

Biocompatibility is another very important issue for drug delivery systems. It is very important that the surface of the drug nanocarriers should be engineered to be biocompatible and bioinert. Poly(ethylene glycol) (PEG) is the most widely used biocompatible synthetic polymer. As an alternative to traditional PEG, bio-inspired zwitterions, including phosphorylcholine (PC), carboxybetaine (CB), and sulfobetaine (SB), are recently well established for construction of biocompatible nanoparticles for drug delivery [36]. Since Nakabayashi et al. synthesized a methacrylate monomer with a phospholipid polar group, 2-methacryloyloxyethyl phosphorylcholine (MPC) [37], PC-containing polymers with a wide variety of molecular architectures were developed and used in different areas [38]. A new concept was therefore proposed for designing biocompatible materials with cell membrane-mimic surfaces. Very recently, Ji and co-workers reported a series of zwitterionic phosphorylcholine modified micelles as drug nanocarriers, which showed outstanding biostability and biocompatibility [39, 40].

In this research, light-responsive micelles using SP initiated poly(2-methacryloyloxyethyl phosphorylcholine) (PMPC) were well designed. Since SP can undergo a reversible isomerization from hydrophobic to hydrophilic MC upon UV irradiation, the light-responsive self-assembly and disassembly of

SP-PMPC were investigated. Moreover, the hydrophobic anticancer drug doxorubicin (DOX) was encapsulated into the micelles, and their performance as smart drug nanocarriers was investigated in terms of the in vitro light-responsive drug release. Finally, the cytotoxicity of DOX loaded SP-PMPC micelles with and without light irradiation was studied. All these results indicated that the novel amphiphilic light-responsive SP-PMPC could serve as promising drug nanocarriers for spatiotemporal drug delivery.

## Experimental section

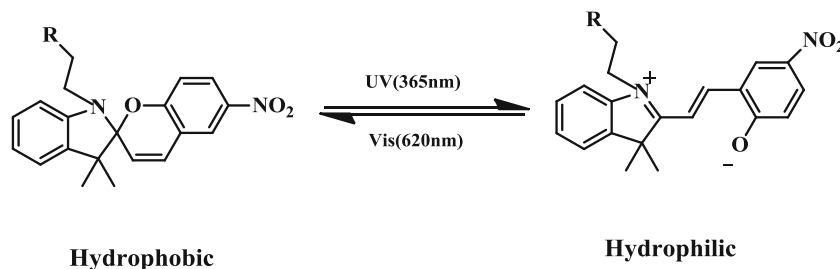
### Materials

2-Methacryloyloxyethyl phosphorylcholine (MPC), 2-bromo-2-methylpropionyl bromide, and 2,2'-bipyridine (bpy) were purchased from Aldrich and used without further purification. Doxorubicin hydrochloride (DOX-HCl) was obtained from Zhejiang Hisun Pharmaceutical Co., Ltd.

### Synthesis of spirobenzopyran-based ATRP initiator SP-Br

At first, 1'-(2-hydroxyethyl)-3',3'-dimethyl-6-nitrospiro(2H-1-benzopyran-2,2'-indoline) (SP-OH) was prepared as previously described [41]. A clean, dry round-bottom flask containing 100 mL of dry methylene chloride was cooled to 0 °C in ice-water bath. The solvent was purged with N<sub>2</sub> for 30 min before SP-OH (5.00 g) and triethylamine (8 mL) were added sequentially to the flask. 2-Bromo-2-methylpropionyl bromide (7) was then added dropwise into the flask. The flask was then removed from the ice-water bath, and the reaction was allowed to proceed for 24 h at room temperature. During this period, the reaction mixture changed to brown. The reaction mixture was washed with 200 mL of 5 % sodium bicarbonate three times. After the solvent was removed in vacuum, the crude product SP-Br was recrystallized from methanol twice to give 3.41 g yellowish powder in 48 % yield. <sup>1</sup>H NMR (500 MHz CDCl<sub>3</sub>) δ: 1.18 (s, 3H); 1.29 (s, 3H); 1.91 (s, 6H); 3.48–3.60 (m, 2H); 4.3 (t, 2H); 6.00 (d, 1H); 6.73 (q, 2H); 6.93 (q, 2H); 7.11 (d, 1H); 7.21–7.27 (m, 1H); 8.01–8.04 (m, 2H).

**Scheme 1** Light-induced isomerization between SP and MC



## Synthesis of SP-PMPC using SP-Br initiator

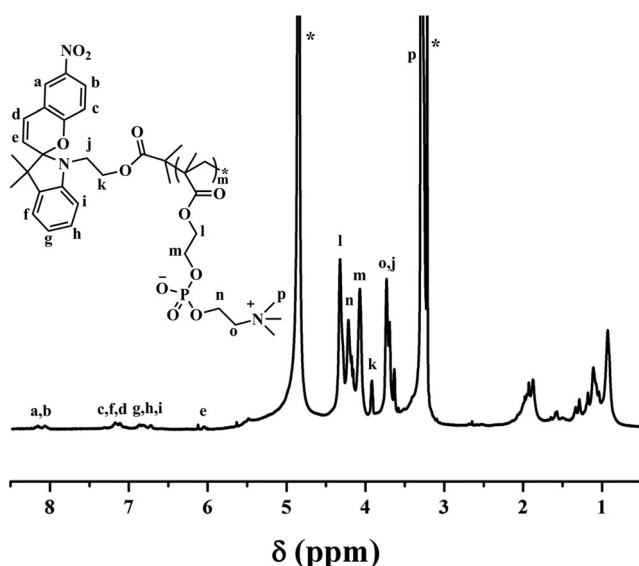
Typical protocols for the controlled polymerization of MPC using SP-Br initiator was shown as follows. SP-Br (100 mg, 0.2 mmol) and MPC (885 mg, 3 mmol) were dissolved in 7 mL of methanol and 1 mL of tetrahydrofuran (THF) mixture. The bpy ligand (62.48 mg, 0.4 mmol) and the CuBr catalyst (28.8 mg, 0.2 mmol) were added to this degassed solution at 25 °C. Polymerization occurred immediately. After 12 h, the solution was exposed to air. The resulting SP-PMPC polymers were precipitated into THF two times, then re-dissolved in methanol, and then passed through a silica gel column to remove the spent ATRP catalyst. After solvent evaporation, the remaining polymer was dried in a vacuum oven at 40 °C for at least 12 h. The yield was 66 %. <sup>1</sup>H NMR is shown in Fig. 1. The degree of polymerization was 13, which was calculated from <sup>1</sup>H NMR.

## Preparation of SP-PMPC micelles

The blank SP-PMPC micelles were prepared by a typical cosolvent approach. Briefly, 10 mg of SP-PMPC polymer was dissolved in 2 mL of methanol at room temperature and stirred for at least 2 h. After that, 2 mL of distilled water was added dropwise under stirring with a magnetic bar. The resulting mixture was kept stirring for another 2 h and then dialyzed against deionized water for 48 h (MWCO 1000).

## Determination of CMC

The CMC was determined using pyrene as the hydrophobic fluorescent probe. Pyrene was dissolved in acetone (2 mg mL<sup>-1</sup>) and then diluted to 100 μM to serve as a stock solution. Ten microliters of 100 μM pyrene solution was added to 1 mL of polymer



**Fig. 1** <sup>1</sup>H NMR spectra of SP-PMPC in CD<sub>3</sub>OD. Asterisk indicates residual NMR solvent. Tilde indicates cutoff

solution in water (with different concentrations from 5 × 10<sup>-4</sup> to 0.5 mg mL<sup>-1</sup>). The samples were sonicated for 5 min and kept for 24 h at room temperature prior to measurement. The fluorescence of each pyrene-loaded micellar solution was measured at an emission wavelength of 372 nm using a fluorometer. The CMC value was determined by calculating the ratio of the fluorescence intensities at wavelengths of 339 and 332 nm.

## Preparation of DOX-loaded micelles

At first, 2 mg of DOX·HCl and 10 mg of SP-PMPC were dissolved in 2 mL of methanol. Twenty microliters of triethylamine was added to obtain hydrophobic DOX. Then, the mixture was added slowly to 2 mL of phosphate-buffered saline (PBS, pH 7.4). After being stirred for an additional 3 h, the solution was dialyzed against water for 24 h in dark to remove free DOX (MWCO 1000). In order to determine the total loading of DOX, the DOX-loaded micellar solution was lyophilized and then dissolved in methanol. The fluorometric measurement was used to determine the loading amount. Drug loading content (DLC) was calculated according to the follow equation.

$$\text{DLC}(\%) = \left( \frac{\text{weight of loaded drug}}{\text{weight of polymer}} \right) \times 100\%$$

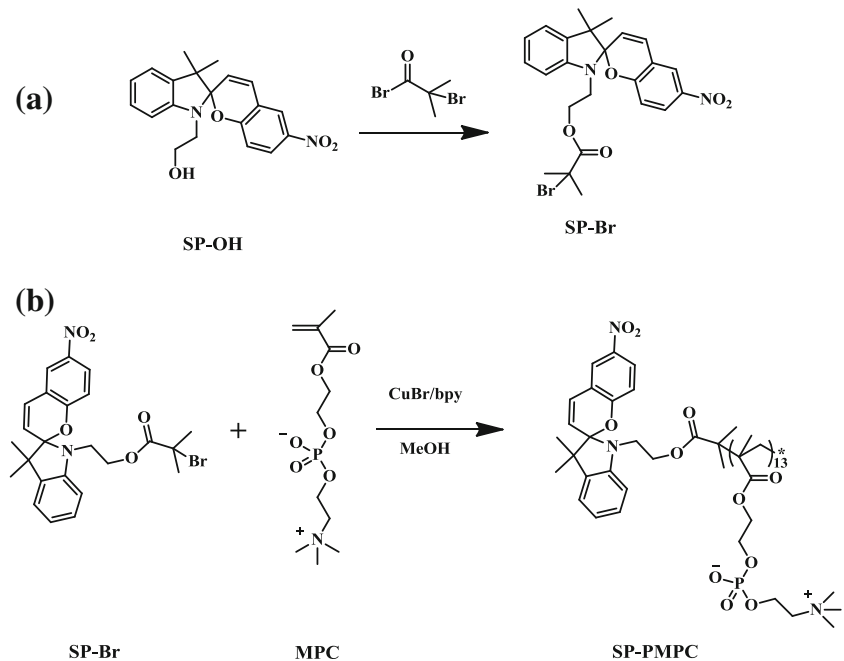
## In vitro drug release

The release of DOX from SP-PMPC micelles was studied with and without light irradiation at 37 °C. Briefly, 5-mL solution of DOX-loaded micelles was irradiated under UV light at 365 nm for 20 min. The solution was placed in a dialysis bag with a molecular weight cutoff of 1000 Da. The dialysis bag was then immersed in 95 mL of the release medium (buffer) at 37 °C in dark with constant shaking (100 rpm). Meanwhile, the DOX-loaded micellar solution without UV light irradiation was used as a control. At each predetermined time interval, 2 mL of the release medium outside the dialysis bag was taken out, and the same volume of each sample was replaced by the same volume of fresh medium. The DOX concentration in each withdrawn solution was determined using UV-vis spectra at 485 nm against the predetermined calibration curve.

## In vitro on-off release of coumarin 102

The fluorescent molecule coumarin 102 was loaded into the micelles using the same procedure as DOX-loaded micelles. At first, 2 mg of coumarin 102 and 10 mg of SP-PMPC were dissolved in 2 mL of methanol. Then, the mixture was added slowly to 2 mL of PBS (pH 7.4). After being stirred for an additional 3 h, the solution was dialyzed against water for 24 h in dark to remove free coumarin 102 (MWCO 1000).

**Scheme 2** Schematic illustration of the synthesis of **a** SP-Br and **b** SP-PMPC

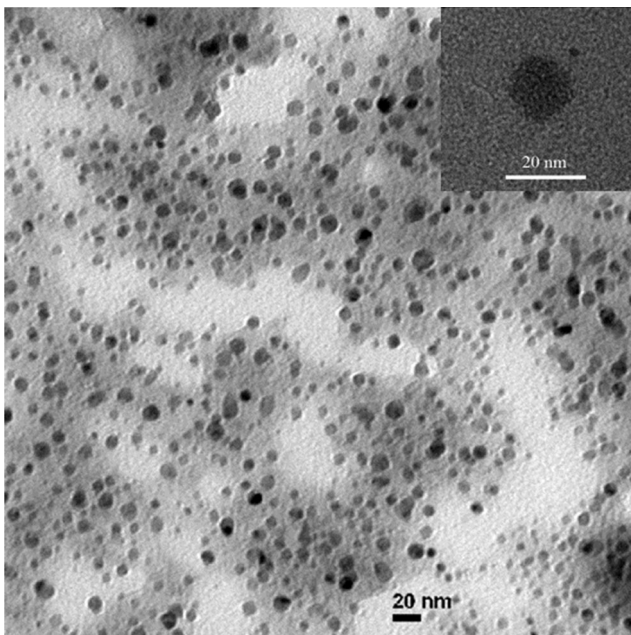


The on-off release of coumarin 102 was carried out as follows. The coumarin 102 loaded micellar solution was alternatively irradiated or not irradiated with UV light (365 nm) for every 10 min. The fluorescence emission spectra of coumarin 102 were recorded every 5 min from 450 to 700 nm with the excitation wavelength of 420 nm.

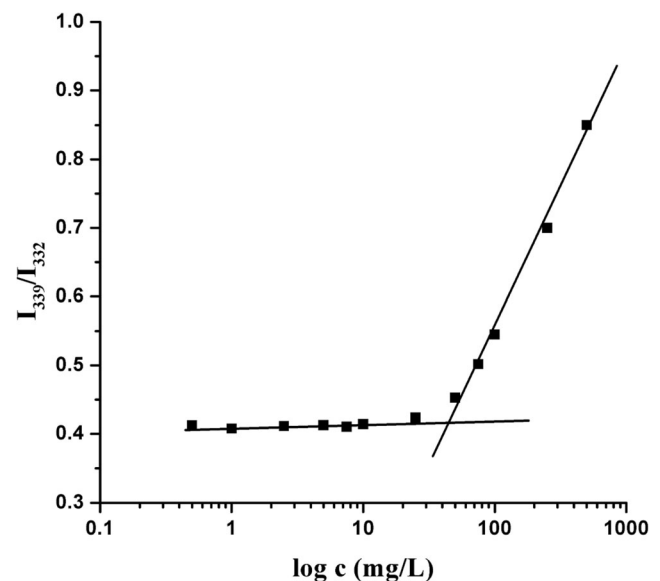
#### Hemolytic assays

The blank SP-PMPC micellar solutions were prepared in sterilized Tris Buffered Saline (TBS) (10 mM Tris, 142 mM

NaCl, pH 7.4) and stored in aliquots at  $-20\text{ }^\circ\text{C}$ . Serial 2-fold dilutions of a copolymer stock solution were made with sterilized TBS, which yielded copolymer solutions for hemolysis assays. Human red blood cell (RBC) suspension (100  $\mu\text{L}$ ) was washed with sterilized TBS (12 mL), harvested via centrifugation at 700 rcf, and resuspended into 20 mL TBS to yield the RBC stock suspension (0.5 % blood cells). RBC stock suspension (160  $\mu\text{L}$ ) and diluted copolymer solution (40  $\mu\text{L}$ ) were added into each centrifuge cup. After incubation at  $37\text{ }^\circ\text{C}$  for 60 min with shaking at 250 rpm, the centrifuge cups were subsequently centrifuged at 956 rcf for 5 min and the supernatant (30  $\mu\text{L}$ ) was transferred into a well of a 96-well

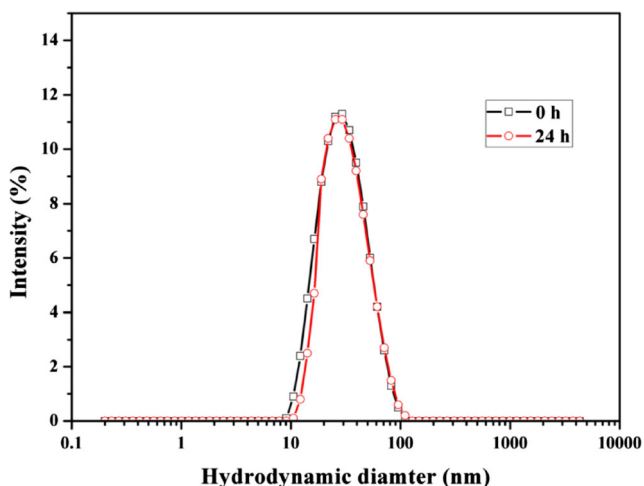


**Fig. 2** TEM image of SP-PMPC micelles



**Fig. 3** Determination of CMC using pyrene fluorescence excitation spectra





**Fig. 4** DLS results of SP-PMPC micelles in plasma

microplate and diluted with TBS (100  $\mu\text{L}$ ). Absorbance at 415 nm of a solution was measured using microplate reader. Controls included untreated RBC suspension and RBC suspension (160  $\mu\text{L}$ ) treated with Triton X-100 (50 %, 40  $\mu\text{L}$ ) to provide reference for 0 and 100 % hemolysis, respectively. Each hemolysis assay trial was carried out in triplicate and the reported results are the averages of two independent trials.

#### Cytotoxicity assay

Cytotoxicity assay was performed using the traditional 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2-H-tetrazolium bromide (MTT) assay. Human umbilical vein endothelial cells (HUVEC) and human epithelial carcinoma (HeLa) cells were cultured in Dulbecco's modified Eagle's medium (DMEM) with 10 % fetal bovine serum (FBS).

In order to measure the cytotoxicity of blank SP-PMPC micelles, HUVEC or HeLa cells were seeded in 96-well plates at  $1 \times 10^4$  per well in 200  $\mu\text{L}$  of culture medium for 24 h. The culture medium was replaced with fresh one. SP-PMPC micellar solution with the final concentration from 10 to 1000  $\mu\text{g mL}^{-1}$  was then added. After 48 h, the cell samples were treated with 20  $\mu\text{L}$  of MTT (5  $\text{mg mL}^{-1}$ ) for 4 h, which

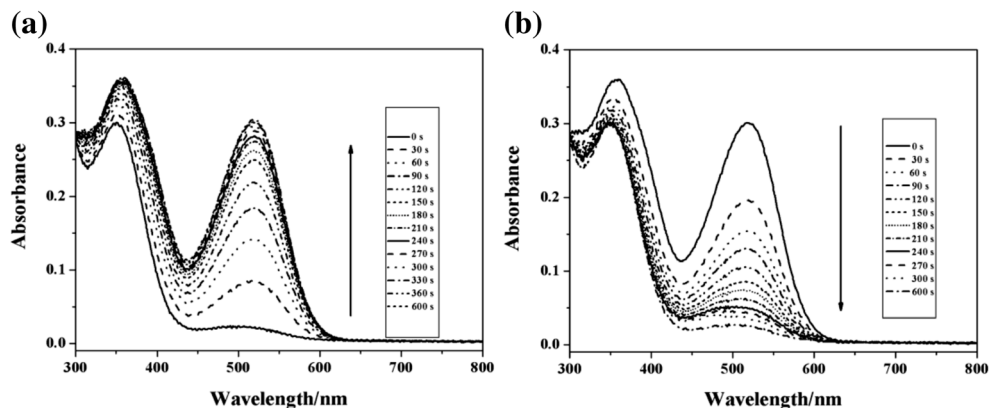
was followed by the addition of 150  $\mu\text{L}$  DMSO to dissolve the formazan crystals. The absorbance was measured at a wavelength of 570 nm. Data are expressed as average  $\pm$  SD ( $n=3$ ).

The cytotoxicity of DOX-loaded micelles against HeLa cells was also examined in vitro by the MTT assay. After HeLa cells were incubated for 24 h in 96-well plates at an initial seeding density of  $1 \times 10^4$  per well, the culture medium was removed and replaced with 200  $\mu\text{L}$  of medium containing serial dilutions of micelles. The cells were irradiated under UV light at 365 nm for 30 min after incubation with DOX-loaded micelles for 3 h and cultured for another 48 h. Meanwhile, cells without UV irradiation were also set as a control. The cytotoxicity of blank HPAE-PC micelles against HeLa cells with or without UV light irradiation was also investigated as controls. The cell samples were treated with 20  $\mu\text{L}$  of MTT (5  $\text{mg mL}^{-1}$ ) for 4 h, which was followed by the addition of 150  $\mu\text{L}$  DMSO to dissolve the formazan crystals. The absorbance was measured at a wavelength of 570 nm. Data are expressed as average  $\pm$  SD ( $n=3$ ).

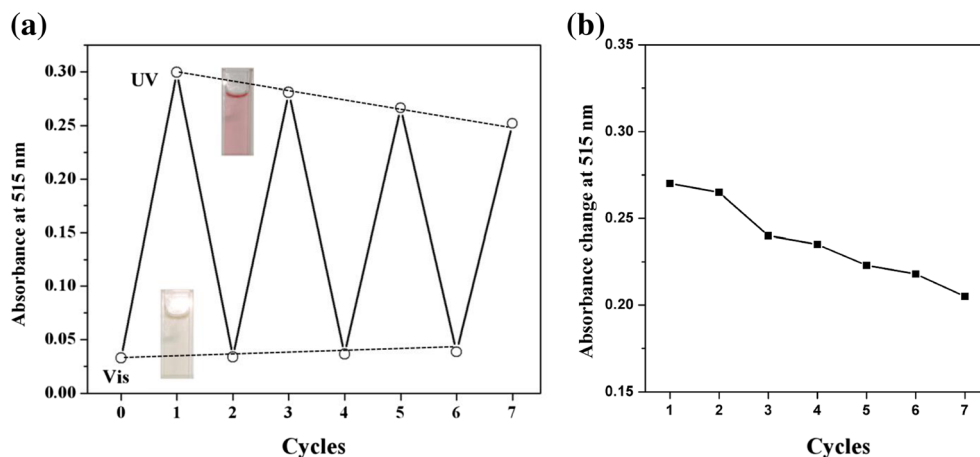
#### Characterizations

$^1\text{H}$ NMR spectra was recorded on a Bruker AV400 spectrometer operating at 400 MHz. Dynamic light scattering (DLS) measurements were carried out at 25  $^\circ\text{C}$  using a Zetasizer Nano-ZS from Malvern Instruments equipped with a He-Ne laser at wavelength of 633 nm. Transmission electron microscopy (TEM) was performed using a JEOL-2010 operated at an accelerating voltage of 200 kV. The samples were prepared by dropping 0.1  $\text{mg mL}^{-1}$  micellar solution on the copper grid. UV-vis spectra were carried out on a UV-vis Shimadzu UV-2550 spectrometer. Fluorescence spectra were carried out from Hitachi F-4500 fluorescence spectrometer with a band width of 10 nm. UV irradiation was conducted using a 365 nm UV light lamp (Spectrolite, model no. EN-280 L, USA).

**Fig. 5** UV-vis spectra of 0.2  $\text{mg mL}^{-1}$  of SP-PMPC micelles **a** under UV irradiation at  $\lambda=365$  nm and **b** under subsequent visible light irradiation at  $\lambda=620$  nm



**Fig. 6** **a** UV–vis spectra of SP-PMPC micelles upon alternating irradiation with UV light at  $\lambda = 365$  nm and visible light at  $\lambda = 620$  nm. **b** The absorbance change at 515 nm at different cycles



## Results and discussion

### Synthesis of SP-PMPC

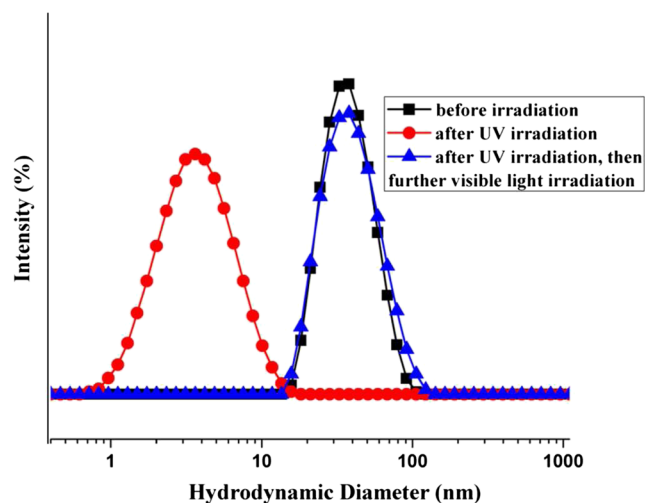
The synthetic route of SP-PMPC is shown in Scheme 2. The functional SP-containing ATRP initiator was firstly synthesized and proved by  $^1\text{H}$  NMR. The amphiphilic polymer SP-PMPC was prepared via ATRP using SP-Br as initiator. The successful synthesis of SP-PMPC was confirmed by  $^1\text{H}$  NMR as shown in Fig. 1 which clearly showed the characteristic signals of spiropyran (6.7–7.3 and 8.0–8.2 ppm) and phosphorylcholine (3.6–3.8 and 4.0–4.4 ppm). The degrees of polymerization (DP) of the MPC block was calculated to be 13 by integrating the signals of the aromatic groups of the SP-Br initiator at 8.1 ppm and those of the MPC block in the range of 4.0 to 4.4 ppm. The monomer conversion of MPC was 86.7 %. In addition, the molecular weight of SP-PMPC can also be determined to be 4200 g/mol by  $^1\text{H}$  NMR.

### Self-assembly and stimuli-responsiveness of SP-PMPC

Similar to other polymeric amphiphiles, SP-PMPC might also be able to self-assemble into nanosized micelles because of its amphiphilic structure. The self-assembly behavior of SP-PMPC was well investigated by DLS and TEM. The intensity-average hydrodynamic diameter ( $D_h$ ) of the micelles was 37.2 nm with a polydispersity index (PDI) of 0.286 measured by DLS. The morphology of the micelles was investigated using TEM. The TEM image indicated that the micelles were presumably spherical with mean diameter of about 15.5 nm (Fig. 2), which was much smaller than the  $D_h$  measured by DLS. It is most likely due to the shrinkage of hydrophilic shells upon drying the samples. The CMC of the SP-PMPC micelles was determined using pyrene as the hydrophobic fluorescent probe. The estimated CMC value was 44.87 mg  $\text{L}^{-1}$  (Fig. 3). It should be noted that the CMC value was much smaller than those of the low molecular weight surfactants and was comparable with

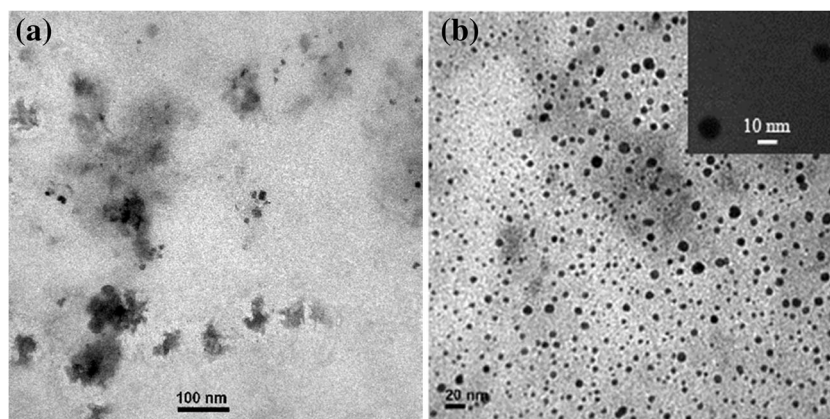
those of other polymeric micelles [42]. The stability of drug nanocarriers in plasma is very important to avoid unfavorable leakage of drugs. The SP-PMPC micelles were very stable in plasma. Neglectable changes of hydrodynamic diameter were observed after 24-h incubation of SP-PMPC in plasma (Fig. 4).

As a result of the reversible photochemical isomerization of SP segment, the UV-responsive property of SP-PMPC was evaluated in aqueous solution by UV–vis spectra. After the solution was irradiated with UV light (365 nm), the characteristic peak of the hydrophilic MC form at 515 nm appeared (Fig. 5a). During the UV light irradiation process, the absorption peak at 515 nm increased dramatically, which indicated the isomerization of hydrophobic SP to hydrophilic MC form. The solution color also changed from colorless to light pink upon UV irradiation (Fig. 6). The photochemical isomerization of SP to MC was reversible. The characteristic peak of the MC form at 515 nm gradually decreased under irradiation with visible light (620 nm), which suggested the isomerization of merocyanine to spiropyran (Fig. 5b). What is more, the reversible isomerization could be repeated several times. As



**Fig. 7** DLS results of SP-PMPC micelles after exposing to different light resource

**Fig. 8** TEM images of SP-PMPC micelles **a** after UV irradiation at 365 nm for 30 min and **b** further visible light irradiation at 620 nm for 30 min



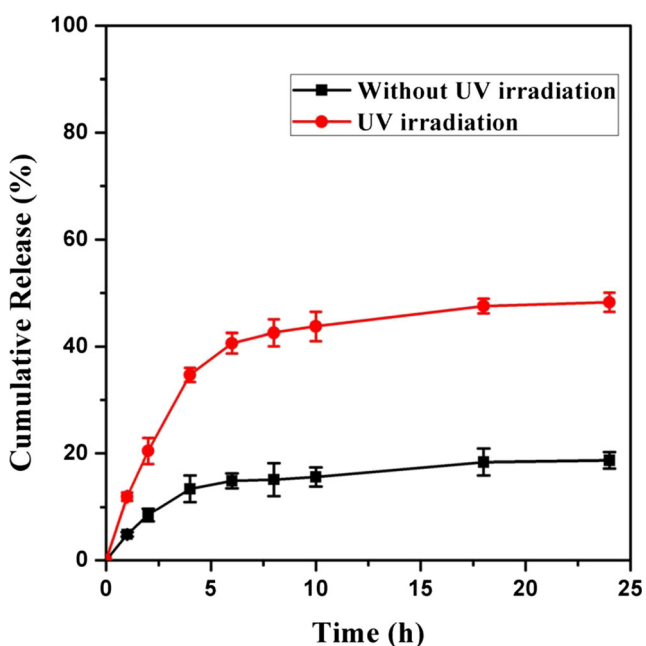
shown in Fig. 6, the photochemical isomerization of SP was indicated by the absorbance change at 515 nm due to spirocyan molecules switching between open (UV light, 365 nm) and closed (visible light, 620 nm) states. The slightly decrease of the amplitude with the number of the cycles indicated “fatigue” effects caused by photodegradation of the SP dyes [43].

Because of structural isomerization of hydrophobic SP to hydrophilic MC, the amphiphilic SP-PMPC was converted to all-hydrophilic MC-PMPC, which might result in the disassembly of the micelles. The reversible self-assembly and disassembly of SP-PMPC micelles were investigated by DLS and TEM. As discussed above, the  $D_h$  of SP-PMPC micelles was 37.2 nm as measured by DLS. However, after UV irradiation for 10 min, the  $D_h$  decreased significantly to 4.7 nm, which indicated disassembly of the micelles into unimers (Fig. 7). If the solution was again irradiated with visible light

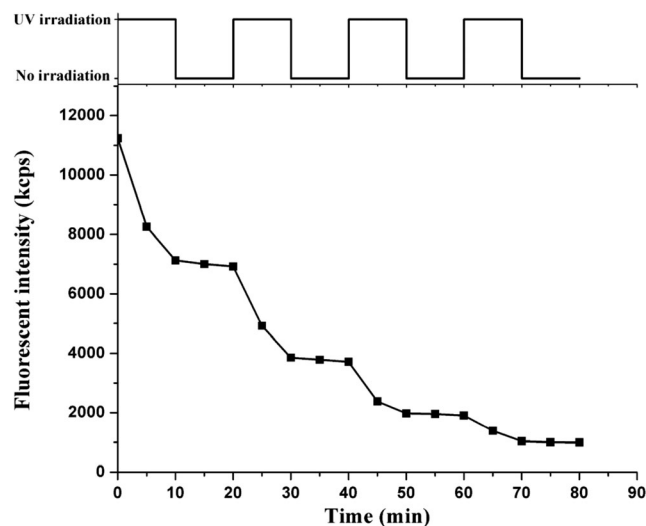
(620 nm), the  $D_h$  was changed to 40.6 nm, which was similar to that of the initial micelles. The light-responsive self-assembly and disassembly was confirmed by TEM as well. As shown in Fig. 8, the SP-PMPC micelles were dissociated and no regular aggregates were observed after UV light irradiation (365 nm). Spherical micelles were formed again after visible light irradiation (Fig. 8b), which was in accordance with the DLS results (Fig. 7).

#### In vitro light-responsive drug release

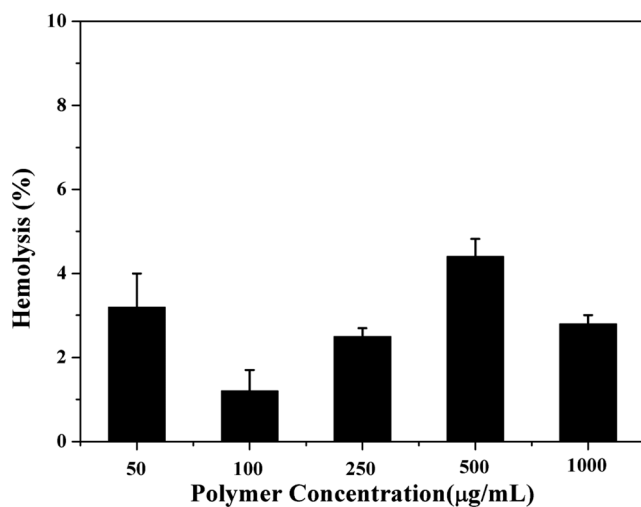
In order to evaluate the potential of the light-responsive micelles as smart drug nanocarriers, loading and release of anti-cancer drug DOX from SP-PMPC micelles were investigated. DOX was loaded into the micelles by a cosolvent technique as mentioned in “Experimental section.” The drug loading content (DLC) was 5.73 % as measured by fluorescent spectra. The drug release of the DOX-loaded SP-PMPC micelles was investigated with and without light irradiation at pH 7.4 by dialysis. The cumulative release percentages of DOX released



**Fig. 9** In vitro drug release behavior of DOX-loaded SP-PMPC micelles with and without UV irradiation

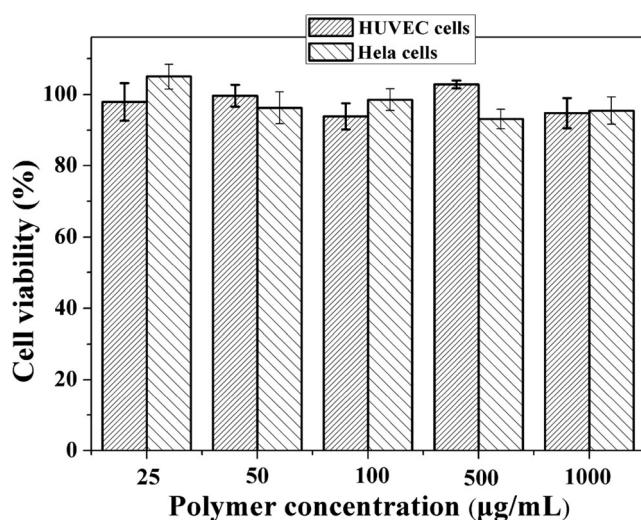


**Fig. 10** The on-off release of coumarin 102 by alternative with or without UV irradiation

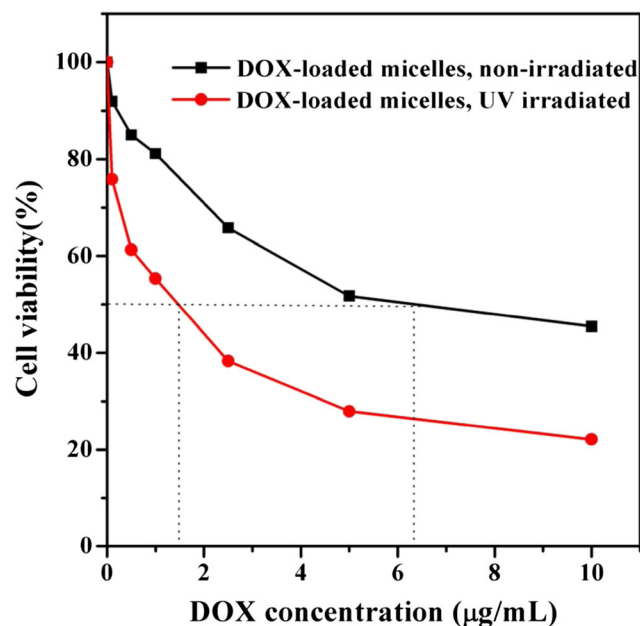


**Fig. 11** Hemolytic assays against human erythrocytes with different concentrations of blank SP-PMPC micelles

from the micelles versus time were presented in Fig. 9. It is interesting to note that the DOX release was accelerated significantly in the presence of UV irradiation than without UV irradiation. In the presence of UV irradiation, about 50 % of DOX was released from SP-PMPC micelles after 24 h. However, only less than 20 % of DOX was released without UV irradiation within the same period. The fast DOX release from the SP-PMPC micelles under UV irradiation was most likely due to the disassembly of the SP-PMPC micelles because of the photochemical isomerization of SP units. Furthermore, the on-off controlled release can be realized through this drug delivery system. The fluorescent molecule coumarin 102 was used to study the on-off controlled release. As shown in Fig. 10, the release of coumarin 102 was very fast when the UV light was on. However, the release of coumarin 102 was very slow without UV irradiation.



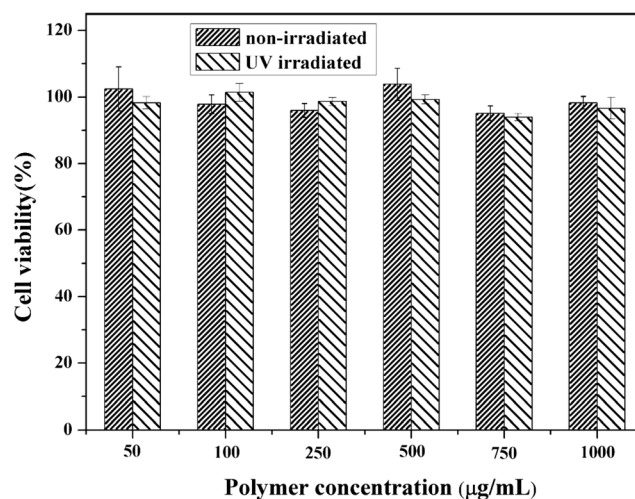
**Fig. 12** Cell viability of HUVEC cells and HeLa cells incubated with different concentrations of polymer micelles



**Fig. 13** Cytotoxicity of DOX-loaded SP-PMPC micelles with and without UV irradiation using HeLa cells after 48-h incubation

#### In vitro cytotoxicity assay

The biocompatibility is a basic requirement for an ideal drug delivery system. The hemocompatibility of blank SP-PMPC micelles was evaluated via hemolytic assays against human erythrocytes. As shown in Fig. 11, the micelles with PMPC shell showed very low hemolytic toxicity even if the concentration was as high as  $1 \text{ mg mL}^{-1}$ . It is especially advantageous for intravenous administration. What is more, the cytotoxicity of SP-PMPC micelles was evaluated to investigate their potential as drug nanocarriers. The in vitro cytotoxicity of blank SP-PMPC micelles was investigated by MTT assay using HUVEC cells and HeLa cells as respective models of normal and cancer cells. Figure 12 showed the relative cell



**Fig. 14** Cytotoxicity of blank SP-PMPC micelles with and without UV irradiation using HeLa cells after 48-h incubation



viability of the two kinds of cells after incubating with various concentrations of nanocarriers for 48 h. The viability of HUVEC cells and HeLa cells after treating SP-PMPC micelles was nearly 100 %, even at a high concentration of  $1 \text{ mg mL}^{-1}$ , which indicated that SP-PMPC micelles have no acute or intrinsic cytotoxicity to both cell lines. The cell viability was a little higher than 100 % when the concentration was  $25 \text{ } \mu\text{g mL}^{-1}$  as shown in Fig. 12. In such a low concentration, the material was completely nontoxic. The cell viability (104 %) was very close but a little higher than 100 %, which was also observed in published literatures [44, 45].

The cytotoxicity of DOX-loaded SP-PMPC micelles with and without UV light irradiation was also investigated using HeLa cells by MTT assay. As shown in Fig. 13, the DOX-loaded SP-PMPC micelles pretreated with UV irradiation during incubation exhibited higher cytotoxicity than nonirradiated ones. The 50 % cellular growth inhibition ( $\text{IC}_{50}$ ) value of the DOX-loaded micelles with UV irradiation was about  $1.47 \text{ } \mu\text{g mL}^{-1}$ , which was much lower than the one without UV irradiation ( $6.3 \text{ } \mu\text{g mL}^{-1}$ ). It might be ascribed to the faster DOX release because of the disassembly of the micelles under UV irradiation. Meanwhile, in order to eliminate the possibility that the increased anticancer activity of DOX-loaded micelles after UV irradiation comes from the cell death under UV light, the *in vitro* cytotoxicity of blank SP-PMPC micelles with or without UV irradiation was also investigated using HeLa cells. As expected, the blank micelles with or without UV irradiation did not exhibit obvious cytotoxicity to HeLa cells. Therefore, the excellent anticancer activity of DOX-loaded SP-PMPC micelles under UV irradiation was not caused by the UV light (Fig. 14). At present, UV light was widely used as a trigger in intracellular studies *in vitro*. However, compared to longer wavelength lights, it is still a big challenge to use the UV light as a trigger *in vivo* due to its low tissue penetration, which greatly limits its applicability in clinical therapy [46].

## Conclusions

A novel light-responsive drug delivery system was developed using SP-PMPC micelles. Well-defined amphiphilic copolymer SP-PMPC was synthesized by ATRP using functional SP initiator as evidenced by  $^1\text{H NMR}$ . SP-PMPC copolymer can self-assemble to micelles with  $D_h$  of 37.2 nm. When exposed to UV light, the micelles were disassembled owing to the photochemical isomerization of hydrophobic SP to hydrophilic MC. This structural change of the micelles was reversible upon exposure to visible light. The potential of the SP-PMPC micelles as smart drug nanocarriers was investigated using DOX as a model hydrophobic therapeutic. The *in vitro* drug release evaluation showed that the release of DOX was much faster in the presence of UV irradiation than that without UV

irradiation. The SP-PMPC micelles showed excellent biocompatibility because of the stealth phosphorylcholine outer shell. Furthermore, the DOX-loaded SP-PMPC micelles under UV irradiation exhibited better anticancer activity than that of the nonirradiated ones. These results indicated that the novel amphiphilic light-responsive polymers could be served as promising drug nanocarriers for controlled drug delivery.

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