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Rapid deswelling of sodium alginate/ poly(N-isopropylacrylamide) semiinterpenetrating polymer network hydrogels in response to temperature and pH changes

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Abstract In this study, temperature-/pH-responsive semi-interpenetrating polymer network (semi-IPN) hydrogels based on linear sodium alginate (SA) and cross-linked poly(N-isopropylacrylamide) (PNIPAAm) were prepared. The semi-IPN hydrogels reached an equilibrium deswelling state within 6 h in response to temperature or pH stimuli. Compared with the conventional PNIPAAm hydrogel, their dewelling rate in response to temperature was improved significantly, owing to the formation of a porous structure within the hydrogels in the presence of ionized SA during the polymerization process.

Moreover, the deswelling process could be well described with a firstorder kinetics equation and it is possible to design any hydrogel with the desired deswelling behavior through the control of the SA content in the semi-IPN hydrogels.

Keywords Poly(N-isopropylacrylamide) \cdot Sodium alginate \cdot pH-/temperature-responsive semi-interpenetrating polymer $network \cdot Rapid$ deswelling

Introduction

Intelligent hydrogels, which can change their swelling behavior and other properties in response to environmental stimuli such as temperature [\[1](#page-7-0)], pH [[2\]](#page-7-0), solvent composition [[3](#page-7-0)] and electric fields [[4\]](#page-7-0), have attracted great interest not only because of their unique properties but also because of their potential for significant technological and biomedical applications [\[5](#page-7-0), [6\]](#page-7-0). Among all intelligent hydrogels, temperature- and pH-responsive hydrogels are the most favorable members, and have been widely investigated during the last decade, because temperature and the pH value are important environmental factors in biomedical and other systems [[5,](#page-7-0) [6,](#page-7-0) [7](#page-7-0)].

Poly(N-isopropylacrylamide) (PNIPAAm) hydrogel, prepared from the monomer N-isopropylacrylamide (NIPAAm) and a suitable cross-linker, is a well-known

thermoresponsive hydrogel, which undergoes a volume phase transition around 32 °C (volume phase transition temperature, VPTT) in aqueous solution [[8,](#page-7-0) [9](#page-7-0)]. Owing to this unique property, it has been utilized in many fields, such as controlled drug release [[10\]](#page-7-0), molecular separation [\[11](#page-7-0)], enzyme immobilization [[12\]](#page-7-0) and chemical valves [\[13\]](#page-7-0). For some of these potential applications, such as temperature-sensitive actuators and chemical valves, a high response rate is needed. However, the deswelling rate of conventional PNIPAAm hydrogel is known to be very slow owing to the formation of a dense and thick skin layer, which prevents water molecules from migrating out of the gel when the deswelling occurs [\[14](#page-7-0)].

In recent years, there have been considerable efforts in enhancing the swelling and deswelling rates of PNI-PAAm hydrogel, and three main methods have been developed. The first approach was to prepare a PNI-PAAm hydrogel with a porous structure, which is advantageous to the migration of water through the large surface area contained within the pores [\[5](#page-7-0)]. The second method was to introduce comb-type grafted polymer chains into the PNIPAAm network, the free mobility of which can help the expulsion of water from the gel network during collapse [\[15](#page-7-0), [16\]](#page-7-0). The third means was to incorporate hydrophilic polymers, such as poly(vinyl alcohol) [[14](#page-7-0)] and poly(ethylene glycol) [\[17](#page-7-0)], which can form water-releasing channels within the hydrogel network, into the PNIPAAm hydrogel network by interpenetrating polymer network (IPN) technology. Compared with the former two methods, the last one has some advantages. For example, an IPN hydrogel can be prepared easily, and the combination of temperature-sensitivity with other properties such as pH sensitivity can achieved by adjusting the IPN structure. Moreover, it was reported that interpenetration of the two networks might lead to much higher mechanical strength in comparison with the homopolymer network [[18](#page-7-0)].

Sodium alginate (SA) is an anionic, hydrophilic polysaccharide, consisting of β -D-mannuronic acid and a-L-guluronic acid linked together in varying proportions by 1–4-linkages and has been utilized in a wide range of industrial and medical applications in both the non-cross-linked and hydrogel forms [[19\]](#page-7-0). SA can also be used as a hydrophilic polymer as well as a pHresponsive component to improve the deswelling rate of the PNIPAAm hydrogel and obtain pH-/temperature-responsive hydrogels. Recently, Kim et al. [[6](#page-7-0)] and Ju et al. [\[7](#page-7-0)] prepared two kinds of hydrogels based on an amino semitelechelic PNIPAAm and cross-linked SA with Ca^{2+} . One is a comb-type macroporous hydrogel, in which PNIPAAm was grafted on the surface or bulk of SA. The other is a semi-IPN hydrogel, where a polyelectrolyte complex was formed via the reaction between carboxyl groups in SA and amino groups in the modified PNIPAAm. However, the hydrogels based on the cross-linked SA with $Ca²⁺$ might be unsuitable for contact with biological buffer fluid because of a loss of mechanical properties with time, which is attributed to the replacement of Ca^{2+} by $Na⁺$. On the other hand, the reduction of the carboxyl groups in SA and the mobility limitation of the SA chain due to Ca^{2+} cross-linking may lead to a decrease in the pH sensitivity of the hydrogels. Unfortunately, to date, there have been no reports on the semi-IPN hydrogels based on linear SA and crosslinked PNIPAAm.

In our previous study [\[20](#page-7-0)], we successfully prepared SA/PNIPAAm semi-IPN hydrogels with remarkable temperature and pH sensitivity based on linear SA and cross-linked PNIPAAm. In the present work, we focus on studying the deswelling kinetics of the semi-IPN

hydrogels and explain how their deswelling rate was improved. The porous structure within the hydrogels observed by scanning electron microscopy (SEM) was formed in the presence of the ionized SA component during the polymerization process, which is advantageous to the migration of water molecules out of the gel network, resulting in rapid deswelling.

Experimental

Materials

NIPAAm (TCI, Japan) was purified by recrystallization from cyclohexane/toluene $(60/40, v/v)$ before use to remove the inhibitor. Ammonium persulfate (APS) (Shanghai Chemical Reagent Co., China) as an initiator, N, N' -methylenebisacrylamide (BIS) (Fluka Chemical Co.) as a cross-linker, and N, N, N', N' -tetramethylethylene diamine (TEMED) (Sigma Co.) as an accelerator were used as received. SA (Chemical Reagent Factory of Shanghai) has a β -D-mannuronic acid to α -L-guluronic acid ratio of 1.56 and a molecular weight of 2.9×10^{5} g mol⁻¹. All other reagents were of analytical grade and were used without further purification.

Preparation of SA/PNIPAAm semi-IPN hydrogels

Various ratios of SA to NIPAAm monomer and 2 wt % BIS based on the total monomers were dissolved in 13 ml deionized water and then 1 wt % APS and 1 wt % TEMED as redox initiators were added. Polymerization was carried out in ice–water bath for 24 h. After the polymerization was complete, the gel was cut into disks of 10-mm diameter and 1-3-mm thickness, and then immersed into an excessive amount of deionized water for 7 days to remove the residual unreacted monomers. Swollen polymeric gels were dried at room temperature for 24 h and then dried in a vacuum oven for 2 days at 40 $^{\circ}$ C prior to characterization. The feed compositions for the semi-IPN hydrogels are shown in Table [1.](#page-2-0)

VPTT determination

The VPTT of SA/PNIPAAm semi-IPN hydrogels were analyzed using a differential scanning calorimeter (DSC) (modulated DSC 2910, TA Co., USA). All hydrogels were immersed in deionized water at room temperature and allowed to swell for at least 24 h to reach the equilibrium state. The DSC analyses of the swollen hydrogels were performed from 25 to 45 \degree C at a heating rate of 3 °C min^{-1} under a nitrogen atmosphere with a

monomer

flow rate of 40 ml min^{-1} . Deionized water was used as the reference in the DSC analysis.

Scanning electron microscopy

The equilibrium-swollen samples of the SA/PNIPAAm semi-IPN hydrogels in deionized water at room temperature were quickly frozen in liquid nitrogen and then freeze-dried $(-48 \text{ °C}, 3.8 \times 10^{-4} \text{ mbar})$ for at least 24 h until all water had sublimed. The freeze-dried hydrogels were fractured carefully and coated with gold on the surfaces of the hydrogels. Their surface morphology was observed using a scanning electron microscope (JSM-5600LV, JEOL, Japan).

Swelling ratio measurement

The swelling ratios of SA/PNIPAAm hydrogels were measured gravimetrically under a certain condition after the excess water on the hydrogel surface had been removed gently with tissue paper. The hydrogels were incubated in the medium for at least 24 h under each condition. The swelling ratio (Q) of the hydrogel is defined as

$$
Q = W_{\rm s}/W_{\rm d},\tag{1}
$$

where W_s is the weight of water in the swollen hydrogel under a certain condition and W_d is the dry weight of the hydrogel.

Deswelling kinetics analysis

The deswelling kinetics of SA/PNIPAAm semi-IPN hydrogels was studied by recording the weight of water in the hydrogels. The water retention (WR) was calculated as

$$
WR = 100(W_t - W_d)/W_s,
$$
 (2)

where W_t is the weight of the hydrogels at a given time interval during the course of deswelling after the swollen hydrogels at 25 °C had been quickly transferred into hot water of 45 \degree C or the swollen hydrogels in pH 9 medium had been transferred into the pH 1.2 medium. To analyze the deswelling process quantitatively, a semilogarithmic plot as a first-order rate analysis was applied to the time dependence of deswelling as follows:

$$
\ln[(W_{\rm t} - W_{\rm e})/(W_0 - W_{\rm e})] = -kt,\tag{3}
$$

where W_e and W_0 are the weights of hydrogels in the equilibrium state under a certain condition and the weight of the hydrogel at 25 °C or pH 9, respectively, k is the rate constant, and t is the deswelling time.

Results and discussion

Preparation of SA/PNIPAAm semi-IPN hydrogels

SA/PNIPAAm semi-IPN hydrogels were prepared by solution polymerization in an aqueous medium in the presence of SA, NIPAAm as the monomer, BIS as the crosslinker, and redox initiators, as shown in Fig. [1. In](#page-3-0) [the present work, we employed a neutral solution as the](#page-3-0) [polymerization solvent, and the pH value of the poly](#page-3-0)[merization system measured by a pH meter was close to](#page-3-0) [7.0. Since the pH value is remarkably higher than the p](#page-3-0) K_a K_a [of the](#page-3-0) β -[D-mannuronic acid and](#page-3-0) α -[L-guluronic acid](#page-3-0) [units \(4.0 and 3.2, respectively\), SA is a negatively](#page-3-0) [charged polyelectrolyte in the polymerization system.](#page-3-0) [The strong electrostatic repulsions among SA carbox](#page-3-0)[ylate](#page-3-0) [anions](#page-3-0) (-COO⁻[\) could have resulted in an](#page-3-0) [expanded network of the hydrogel, which might have](#page-3-0) [had an extremely high water uptake. Since the hydrogel](#page-3-0) [network was reported to retain the memory of its for](#page-3-0)[mation history and molecular conformation \[21](#page-7-0), [22,](#page-7-0) [23\]](#page-7-0), an expanded network structure with a special conformation would remain even after the hydrogel had been transferred to an acidic medium after the synthesis. The expanded porous structure was confirmed by SEM for the swollen hydrogel samples after being freeze-dried and fractured, as illustrated later.

VPTT of SA/PNIPAAm semi-IPN hydrogels

The DSC thermograms of conventional PNIPAAm and SA/PNIPAAm semi-IPN hydrogels are shown in Fig. [2.](#page-3-0) Fig. 1 Synthesis scheme of sodium alginate/poly(N-isopropylacrylamide) (PNIPAAm) semi-interpenetrating polymer network (IPN) hydrogel

SA/PNIPAAm semi-IPN hydrogel

The temperature at the onset point of the DSC endotherm is referred to as the VPTT of the hydrogel as [reported in previous studies \[24\]](#page-7-0). At the VPTT, water in the hydrogels separated from the system, leading to a smaller heat capacity. It can be noted from Fig. 2 that all SA/PNIPAAm semi-IPN hydrogel samples exhibit a similar VPTT, around 33 \degree C, and there is no significant deviation from the VPTT of the conventional PNI-PAAm hydrogel, indicating that, in the semi-IPN systems, the PNIPAAm network retains its own property because there is no chemical bond between SA and the PNIPAAm network.

Internal structure of SA/PNIPAAm semi-IPN hydrogels

The SEM micrographs of the internal structure of SA/ PNIPAAm semi-IPN hydrogels are shown in Fig. [3. It is](#page-4-0) [seen that the conventional PNIPAAm hydrogel has a](#page-4-0) [relatively dense structure, while the semi-IPN hydrogels](#page-4-0) [show a porous network structure. Their pore sizes](#page-4-0) [increase with increasing SA content in the semi-IPNs.](#page-4-0) [Therefore, it can be concluded from the results that a](#page-4-0) [highly expanded network can be generated by electro](#page-4-0)[static](#page-4-0) [repulsions](#page-4-0) [among](#page-4-0) [SA](#page-4-0) [carboxylate](#page-4-0) [anions](#page-4-0) (-COO⁻[\)](#page-4-0)

Fig. 2 Differential scanning calorimetry thermograms of the conventional PNIPAAm and semi-IPN hydrogels at a heating rate of 3 °C min⁻¹ from 25 to 45 °C: PNIPAAm \tilde{a}); semi-IPN04 (b); semi-IPN08 (c) ; semi-IPN13 (d)

[during the polymerization process. With increasing SA](#page-4-0) [content, the expansion of the gel matrixes is enhanced,](#page-4-0) [resulting in an increase in the pore size. When the](#page-4-0) [temperature is above the hydrogel's VPTT, the shrinking](#page-4-0) Fig. 3 Scanning electron microscope micrographs of the conventional PNIPAAm and semi-IPN hydrogels: a PNIPAAm; b semi-IPN04; c semi-IPN08; d semi-IPN13

or deswelling occurs and thus the water molecules diffuse out easily as a result of numerous small pores in the hydrogel network. Therefore, the response rate is significantly enhanced by the incorporation of SA into the PNIPAAm hydrogel network during the deswelling process.

Response of SA/PNIPAAm semi-IPN hydrogels to environmental temperature

The effect of temperature on the equilibrium-swelling ratios of SA/PNIPAAm semi-IPN hydrogels and the conventional PNIPAAm hydrogel in deionized water are shown in Fig. 4. A VPTT of around $32 \degree C$ is observed for all the semi-IPN hydrogels and the conventional PNIPAAm hydrogel. It is well known that for the PNIPAAm hydrogel, the hydrogen bonds between the hydrophilic groups on its side chain and water molecules predominate over the hydrophobic interaction

Fig. 4 Swelling ratios of the conventional PNIPAAm and semi-IPN hydrogels as a function of temperature (pH 6.8)

[among the hydrophobic groups at temperatures below](#page-4-0) [the VPTT, leading to the great water uptake of the](#page-4-0) [PNIPAAm hydrogel. When SA was introduced into the](#page-4-0) [gel network, the swelling ratios of the SA/PNIPAAm](#page-4-0) [semi-IPN hydrogels were higher than those of the](#page-4-0) [PNIPAAm hydrogel and the difference became more](#page-4-0) [dramatic as the SA content in the semi-IPN hydrogel](#page-4-0) [was increased, which is attributed to the expanded](#page-4-0) [network structure formed during the polymerization](#page-4-0) [process, as discussed earlier. Thus, the higher the SA](#page-4-0) [content, the greater the network expansion, the more](#page-4-0) [water was contained in the hydrogel. However, as the](#page-4-0) [external temperature was increased to the VPTT, the](#page-4-0) [swelling ratios for all hydrogels decreased sharply, at](#page-4-0) [which point the hydrophobic interactions among the](#page-4-0) [hydrophobic groups of the gels became dominant and](#page-4-0) [thus the phase transition occurred. When the tempera](#page-4-0)[ture was above the VPTT, the hydrophobic interactions](#page-4-0) [became fully dominant in the systems, and the differ](#page-4-0)[ence between the swelling ratios of the semi-IPN hy](#page-4-0)[drogels and the PNIPAAm hydrogel tends to be less](#page-4-0) [significant, as shown in Fig.](#page-4-0) 4.

Deswelling kinetics of SA/PNIPAAm semi-IPN hydrogels in response to temperature change

The deswelling kinetics of SA/PNIPAAm semi-IPN hydrogels after a temperature jump from the equilibrium-swollen state at 25° C (below the VPTT) to deionized water at 45 $\mathrm{^{\circ}C}$ (above the VPTT) is shown in Fig. 5, from which we can observe that the semi-IPN hydrogels have much higher response rates than the conventional PNIPAAm hydrogels. For instance, semiIPN04, semi-IPN08 and semi-IPN13 lose about 80% water within 60 min, whereas the conventional PNI-PAAm takes 2 h to lose only 5% water. The dramatic improvement in the response rate is attributed to the incorporation of SA into the PNIPAAm network. As observed by SEM, the porous structure was generated for SA/PNIPAAm semi-IPN hydrogels owing to the presence of ionized SA in the course of the preparation of the hydrogels. According to the mean-field theory, an expanded network with an increased osmotic pressure results in a rapidly discontinuous volume change [during the phase transition \[25,](#page-7-0) [26](#page-7-0)]. On the other hand, in the expanded state, the mobility of the polymer chains was much higher, so the semi-IPN hydrogels would deswell faster. Thus, a hydrogel with an expanded network has a great temperature response. Similar to other hydrophilic polymers such as poly(vinyl alcohol) and poly(ethylene glycol) reported in the literature [[14,](#page-7-0) [17\]](#page-7-0), the hydrophilic SA chains would also have acted as water-releasing channels in the semi-IPN hydrogels when the collapse occurred; thus, their deswelling rate was greatly improved. Clearly, more SA incorporated into the gel systems led to more waterreleasing channels being formed, so the water molecules can be squeezed out of the gels more easily at temperatures above the VPTT.

To analyze the deswelling process quantitatively, $ln[(W_t-W_e)/(W_0-W_e)]$ against time t was plotted, as shown in Fig. 6. The plots were linearly fitted with a coefficient of more than 0.985, indicating the deswelling process can be apparently described by a first-order kinetics equation, and then we can obtain the deswelling rate constant from the slopes of the lines. The deswelling rate constants are 1.02×10^{-3} , 5.56×10^{-3} , 6.23×10^{-3} and

Fig. 5 Deswelling kinetics of the semi-IPN hydrogels at 45° C (pH 6.8)

Fig. 6 Ln $[(W_t-W_e)/(W_0-W_e)]$ versus time t for the semi-IPN hydrogels at 45 °C (pH 6.8)

Fig. 7 Deswelling kinetics of the semi-IPN hydrogels at pH 1.2

Fig. 8 Ln[$(W_t-W_e)/(W_0-W_e)$] versus time t for the semi-IPN

 9.24×10^{-3} 9.24×10^{-3} [min](#page-5-0)⁻¹ [for the conventional PNIPAAm](#page-5-0) [hydrogel, semi-IPN04, semi-IPN08, semi-IPN13,](#page-5-0) [respectively. It is clear that](#page-5-0) k increases with increasing [SA fraction. Moreover, the deswelling rate constants of](#page-5-0) [semi-IPN hydrogels are significantly greater than that of](#page-5-0) [the conventional PNIPAAm hydrogel owing to the](#page-5-0) [incorporation of SA chains into the gel network.](#page-5-0) [Accordingly, it is possible to design any hydrogel with](#page-5-0) [the desired deswelling behavior by controlling the SA](#page-5-0) [content.](#page-5-0)

When the equilibrium-swollen hydrogels in a pH 9.0 medium were transferred into an aqueous solution at pH 1.2, the deswelling kinetics of SA/PNIPAAm semi-IPN hydrogels is as shown in Fig. 7. Under basic conditions, the carboxylic acid groups in SA transform into the ionized form $(COO⁻)$, so the electrostatic repulsion between the ionized groups caused the hydrogels to swell. As the semi-IPN hydrogels were transferred into an acidic medium at a pH below the p K_a of SA, the COO^{$-$} groups were protonated to form COOH groups. The hydrogen bonds between the carboxyl groups (–COOH) in SA and the amide groups (–CONH) in PNIPAAm kept the polymer chains of the SA/PNIPAAm hydrogels close to each other and restricted the expansion of the network at temperatures [below their VPTTs \[27\]](#page-7-0). With increasing SA content, the hydrogen bonds were enhanced; thus, the gel network had a more compact structure with increased SA content. From the plots of $ln[(W_t-W_e)/(W_0-W_e)]$ against time t (shown in Fig. 8), the deswelling rate constants for semi-IPN04, semi-IPN08 and semi-IPN13 are 0.94×10^{-3} , 4.17×10^{-3} and 5.28×10^{-3} min⁻¹, respectively. The deswelling rate constant increased significantly with the SA content in the semi-IPN hydrogels. This behavior may also be attributed to the porous structure within the gel network, which was advantageous to the migration of water molecules out of the gel when the gel volume change induced by pH stimuli occurred.

Conclusions

In the present study, SA/PNIPAAm semi-IPN hydrogels were prepared by the introduction of linear SA with pH sensitivity into the cross-linked PNIPAAm hydrogel network. These semi-IPN hydrogels exhibited rapid deswelling rates in response to both pH and temperature changes. The phenomenon was due to the formation of the porous structure within the hydrogels in the presence of ionized SA during the polymerization process, as observed by SEM. The deswelling behavior of the SA/ PNIPAAm semi-IPN hydrogels could be well described with a first-order kinetics equation. The deswelling rate could be easily regulated by the SA content in the hydrogel network. Thus, it is expected that these types of semi-IPN hydrogels could be used in biomedical fields for stimuli-responsive drug delivery systems.

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