

Altered CD31 expression and activity in helper T cells of acute coronary syndrome patients

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Abstract In acute coronary syndrome (ACS), T cell abnormalities are associated to a worse outcome. Loss of inhibitory activity of CD31, an Ig-like adhesion molecule, on peripheral leukocytes has been found to enhance atherosclerosis in experimental models. In this study, we examined the expression of CD31 on T cells, and its role on TCR signaling in 35 patients with non-ST elevation ACS, in 35 patients with stable angina (SA), and in 35 controls. Furthermore, 10 ACS and 10 SA patients were re-analyzed at 1-year follow-up. Flow-cytometry analysis showed that in ACS patients, CD31 expression was reduced on total CD4⁺ and CD4⁺CD28^{null} ($P < 0.001$, ACS vs. SA), on naïve ($P < 0.001$, ACS vs. SA) and on central-memory and effector-memory CD4⁺ T cells ($P < 0.05$, ACS vs. SA and controls). The immunomodulatory effect of CD31 on TCR signaling of CD4⁺ and CD4⁺CD28^{null} T cells, was lower in ACS than SA patients ($P < 0.05$, for both comparisons). At 1-year follow-up, CD31 expression and function increased in ACS becoming similar to that found in SA. CD31 recruitment in the immunological synapse was lower in ACS than controls ($P = 0.012$). Moreover, CD31 modulated MAPK signaling and reduced the expression of T bet and Ror γ -t, necessary for Th1 and Th17 differentiation. Finally, we studied TCR

signaling in CD31⁺ naïve and primed T cell subsets observing a different pattern of protein phosphorylation. A CD31-mediated regulatory pathway is enhanced in SA and temporarily downregulated in ACS. As CD31 modulates both T cell activation, by increasing the threshold for TCR stimulation, and T cell differentiation, it might represent a novel molecular target to treat T cell abnormalities in ACS.

Keywords Acute coronary syndromes · Signaling pathways · Immune system · T cells · CD31

Introduction

Atherosclerosis is an inflammatory disease that involves both innate and adaptive immunity. Atherosclerotic lesions contain abundant immune cells including T cells, dendritic cells and macrophages that take part in initiation, progression and destabilization of the atherosclerotic plaque [16, 22].

Helper T cells (CD4⁺ lymphocyte) are the key players of adaptive immunity. Following T cell receptor (TCR) activation by antigen presenting cells, T cells differentiate into functionally polarized helper T cells such as Th1, Th2, Th17 and regulatory T cells. In addition to cytokine environment, the generation of different T cell subsets is modulated by TCR-mediated signal strength and antigen dosage [29]. In acute coronary syndrome (ACS), T cell subpopulations are dysregulated [3, 7, 12, 23–25, 28] and TCR signaling is altered leading to hyperreactivity [34]. Moreover, T cells of patients with ACS showed a differential MAPK activation [17].

CD31 is a member of the immunoglobulin (Ig) superfamily of cell adhesion molecules. It is expressed on most

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cells of the hematopoietic lineage including platelets, monocytes, neutrophils and T cells and plays an important role in inflammatory response through the modulation of leukocyte activation, cytokine production and the maintenance of vascular barrier integrity [2, 26, 27, 31, 32, 34, 38]. CD31 is involved in TCR-signaling immunomodulation by reducing Zap70 phosphorylation through the action of protein tyrosine phosphatases [26, 27]. Loss of CD31 Ig-like domains 1 to 5 prevents homophilic binding interaction and the consequent activation of CD31 ITIM/SHP2 inhibitory pathway, finally leading to uncontrolled T cell activation [11, 27]. CD31 signaling is triggered by homophilic and heterophilic binding interactions with different ligands [34]. In primed/memory CD4⁺ T cells, CD31 signaling, also triggered by cell polarization and subsequent clustering on the same cell membrane, attenuates the chemokine-induced signaling pathways, further contributing to regulation of effector T cell immunity [20]. In naive CD4⁺ T cells, CD31 identifies two distinct cell subsets with different roles in peripheral blood homeostasis and immune competence maintenance [19, 21]. Experimental studies have shown that loss of CD31 signaling in T cells promotes atherosclerosis and its complications [2, 4, 15].

As CD4⁺ T cells of ACS patients exhibit TCR hyperreactivity [35] and CD31 increases the threshold for TCR activation [26, 32], we decided to investigate the expression of CD31 on circulating T cells of ACS patients as compared with stable angina (SA) patients and subjects at intermediate risk for cardiovascular diseases (controls). We extended our analysis to CD4⁺CD28^{null} T cell subpopulation, a subset of long-lived directly cytotoxic CD4⁺ T lymphocytes that produce a large amount of the pro-inflammatory cytokine interferon- γ (IFN- γ) [23]. We have previously shown that circulating CD4⁺CD28^{null} T cell frequency is associated with a worse outcome of ACS, particularly in diabetic patients [12, 23]. Also, altered co-stimulatory pathways of CD4⁺CD28^{null} T cells have recently been described in ACS [8].

To further investigate the role of CD31 in ACS, we assessed the expression of CD31 in naive and memory T cell compartments; we studied CD31 recruitment in an ex vivo model of immunological synapse between autologous monocyte-derived dendritic cells and T cells, and we assessed the effects of CD31 triggering on MAPK signaling in naive and primed helper T cells.

Methods

For a detailed description of all methods, see Supplementary material online.

Population

We enrolled 35 patients admitted to our Coronary Care Unit with a diagnosis of non-ST elevation myocardial infarction (NSTEMI). NSTEMI was defined as detection of rise and fall of cardiac troponin T (cTnT) and at least one of the following: angina, ST segment depression or T wave inversion. We also enrolled 35 patients with chronic stable angina (SA) admitted to our cardiovascular ward to undergo coronary angiography because of severe symptoms (CCS class III or IV) and/or high-risk abnormalities on non-invasive testing, and 35 individuals aged >50 years at intermediate risk for cardiovascular diseases, without previous history and/or current symptoms or signs of ischemic heart disease (controls). The first 25 individuals in each group were consecutively enrolled from January 2012 to June 2012. After the end of the study, ten additional patients in each group were consecutively enrolled to better match the groups for gender and statin use and to assess the effects of CD31 on MAPK signaling in naive and memory helper T cells.

Patients enrolled in the SA group had symptoms of stable effort angina lasting more than 12 months, angiographically confirmed coronary artery disease, no previous ACS and no overt ischemic episodes during the previous 48 h.

Controls were screened in our outpatients clinic among subjects at intermediate risk for cardiovascular diseases to match them as better as possible for risk factors with ACS and SA patients. Controls never had symptoms of ischemic heart disease. To exclude inter-current signs of ischemic heart disease, a complete cardiovascular screening was performed, including a standard 12-lead EKG, a treadmill EKG stress test, an echocardiogram, and an Echo-color Doppler of carotid arteries. Controls had normal standard 12-lead EKG, negative treadmill EKG stress test, and no significant IMT on Echo-color Doppler of carotid arteries; although the majority of patients had no regional wall motion abnormalities on echocardiogram, some of them had an ejection fraction below 55 %. Three controls had atrial fibrillation, three had mild aortic stenosis, five mild mitral valve regurgitation, and eight diastolic dysfunction because of hypertension.

Exclusion criteria were: (1) age >80 years; (2) evidence of inflammatory or infectious diseases, malignancies, immunologic or hematological disorders; (3) allergic disorders; (4) ejection fraction <40 %; (5) treatment with anti-inflammatory drugs other than low-dose aspirin. Demographic data, classical cardiovascular risk factors, history of previous ACS, previous coronary revascularization procedures, ventricular function and medical treatment, were evaluated. All ACS and SA patients underwent coronary angiography; in ACS coronary angiography was

performed within 72 h after admission; in-hospital revascularization procedures were recorded. After 1-year follow-up, ten ACS who did not experience any recurrence of acute coronary events and ten SA patients free of any symptom matched for age, gender and treatment were reassessed.

All patients gave their written informed consent. The Ethics Committee of the Catholic University of Rome approved the study. The study has been performed in accordance with the ethical standards laid down in the 1964 Declaration of Helsinki and its later amendments.

Blood sampling

Venous blood samples were taken at the time of patient enrollment. In ACS, venous blood samples were collected within 24 h from symptom onset (mean \pm SD, 12.9 ± 7.5 h).

Immunophenotypic analysis

Flow-cytometry analysis was used to measure CD31 and transcription factors expression in helper and naïve T cells (for details see Supplementary material online).

Phosphoflow analysis

PBMCs were starved overnight, stimulated with anti-CD3/CD28 mAb or with anti-CD3/CD28 plus anti-CD31 mAb. They were then fixed, permeabilized, stained and analyzed by flow cytometry to measure phosphorylation levels of Zap70 and MAPKs (p38 and ERK) (for details see Supplementary material online).

Cell co-cultures and immunofluorescence microscopy

CD4⁺ T cells and monocytes for co-culture experiments were purified from PBMCs by sorting with CD4⁺ and CD14⁺ magnetic beads, respectively. Isolated CD4⁺ T cells from patients were stained and incubated with Staphylococcus Enterotoxin B (SEB)-loaded monocyte-derived dendritic cells for 10 min, fixed and stained for anti-CD3 and anti-CD31 mAb and analyzed by immunofluorescence microscopy to assess CD3 and CD31 migration in the immunological synapse (for details see Supplementary material online).

Statistical analysis

Continuous variables were normally distributed as assessed by Shapiro–Wilk test and described as mean and standard error. One-way ANOVA for repeated measures, with Bonferroni correction, was used for multiple pairwise

comparisons and paired-samples t test to compare the means of two related-samples within groups. Proportions were compared using the Chi square test. A two-tailed *P* value <0.05 was considered statistically significant. Statistical analysis was performed with GraphPad Prism version 5.00 for Windows, (GraphPad Software, San Diego, CA, USA) and SPSS 18.0 software (SPSS Inc., Chicago, IL, USA). No power calculation could be performed because of lack of previous studies in this setting. Thus, the enrollment of 35 patients in each group was arbitrary.

Results

Characteristics of study population are reported in Table 1.

CD31 expression on CD4⁺ T cell subsets

As shown in Fig. 1 and Table 2, CD31 expression on total CD4⁺ T cells, assessed in all patients, and on CD4⁺CD28^{null} T cells, assessed in 25 consecutively enrolled patients per group, was significantly higher in SA patients than in both ACS patients and controls (*P* < 0.001, for both comparisons) (Fig. 1; Table 2).

CD31 expression on CD4⁺ naïve and “primed” T cells was assessed in 25 consecutively enrolled patients per group. SA patients showed the highest CD31 expression and ACS patients the lowest CD31 expression on CD4⁺CD45RA⁺CD45RO⁻CCR7⁺ (“naïve” T cells) (*P* < 0.001 SA vs. ACS and controls; *P* = 0.064 ACS vs. controls). Moreover, when we analyzed CD31 expression on “primed” T cells (CD45RA⁻CD45RO⁺), ACS patients showed the lowest CD31 expression both on CD4⁺CD45RA⁻CD45RO⁺CCR7⁺ (central-memory T cells) (*P* = 0.004 and *P* = 0.005 ACS vs. SA and controls, respectively) and on CD4⁺CD45RA⁻CD45RO⁺CCR7⁻ (effector-memory T cells) (*P* < 0.001 and *P* = 0.002 ACS vs. SA and controls, respectively) (Fig. 1; Table 2).

CD31 inhibition of TCR-induced Zap70 phosphorylation

Zap70 have several residues of phosphorylation with different function [36], thus we analyzed the effects of CD31 at the Tyr319 site (a positive regulator of Zap70 function) and Tyr292 site (a negative regulator of Zap70 function). CD4⁺ T cells and CD4⁺CD28^{null} T cells (assessed in those patients with CD28^{null} ≥ 2 %) were stimulated with anti-CD3/CD28, with or without anti-CD31 cross link, for 5'.

As shown in Fig. 2a, CD31 triggering inhibited the phosphorylation of both Tyr319 and Tyr292. ACS patients showed a higher phospho-Zap70 Tyr319/Tyr292 ratio in

Table 1 Clinical characteristics of study population

| | Controls | SA | ACS | <i>P</i> value |
|---|---------------|----------------|----------------|---------------------|
| Number of patients | 35 | 35 | 35 | |
| Sex (M/F) | 24/11 | 25/10 | 23/12 | 0.88 |
| Age (mean ± SD) | 63 ± 10 | 66 ± 11 | 64 ± 12 | 0.64 |
| Risk factors | | | | |
| Hypercholesterolemia, <i>n</i> (%) | 19 (54) | 21 (60) | 16 (46) | 0.48 |
| Hypertension, <i>n</i> (%) | 20 (57) | 26 (74) | 21 (60) | 0.28 |
| Smoke, <i>n</i> (%) | 18 (51) | 19 (54) | 23 (66) | 0.44 |
| Obesity, <i>n</i> (%) | 5 (14) | 9 (26) | 7 (20) | 0.49 |
| Family history of IHD, <i>n</i> (%) | 10 (29) | 10 (29) | 14 (40) | 0.50 |
| Diabetes, <i>n</i> (%) | 4 (11) | 8 (23) | 7 (20) | 0.43 |
| Previous history | | | | |
| ACS, <i>n</i> (%) | NA | NA | 6 (17) | NA |
| Previous PCI/CABG, <i>n</i> (%) | NA | NA | 0 | NA |
| Medications (at the time of blood sampling) | | | | |
| Aspirin, <i>n</i> (%) | 12 (34) | 22 (63) | 26 (74) | 0.002* [†] |
| Ticlopidin/clopidogrel, <i>n</i> (%) | 0 | 6 (17) | 7 (20) | 0.02 [‡] |
| Low molecular weight heparin, <i>n</i> (%) | 0 | 1 (3) | 3 (9) | 0.16 |
| β-Blockers, <i>n</i> (%) | 8 (23) | 12 (34) | 9 (26) | 0.64 |
| ACE-inhibitors/ARBs, <i>n</i> (%) | 15 (43) | 19 (54) | 19 (54) | 0.54 |
| Statins, <i>n</i> (%) | 13 (37) | 21 (60) | 16 (46) | 0.15 |
| Insulin, <i>n</i> (%) | 0 | 2 (6) | 1 (3) | 0.36 |
| Oral antidiabetic drugs, <i>n</i> (%) | 0 | 3 (9) | 3 (9) | 0.20 |
| In-hospital management | | | | |
| cTnT >0.01 ng/mL, <i>n</i> (%) | 0 | 0 | 35 (100) | NA |
| LVEF (mean ± SD) | 57 ± 8 | 51 ± 6 | 50 ± 7 | 0.78 |
| Multi-vessel disease, <i>n</i> (%) | NA | 8 (23) | 12 (34) | 0.29 |
| PCI/CABG for the index event, <i>n</i> (%) | NA | 26 (74) | 29 (83) | 0.45 |
| Laboratory assay (mean ± SD) | | | | |
| Total cholesterol (mg/dL) | 168 ± 41 | 169 ± 43 | 171 ± 40 | 0.96 |
| LDL (mg/dL) | 90 ± 25 | 89 ± 26 | 93 ± 22 | 0.80 |
| HDL (mg/dL) | 49 ± 13 | 46 ± 11 | 45 ± 10 | 0.48 |
| Triglycerides (mg/dL) | 129 ± 41 | 122 ± 57 | 133 ± 60 | 0.67 |
| Lymphocyte count (10 ⁹ /L) | 2.3 ± 1 | 2.2 ± 0.7 | 2.3 ± 1.3 | 0.79 |
| hs-CRP (mg/L), median (range) | 1.1 (0.2–4.5) | 0.9 (0.4–10.9) | 5.7 (0.2–53.5) | <0.001 [§] |

* *P* < 0.05 SA vs. controls;† *P* < 0.001 ACS vs. controls;‡ *P* < 0.05 ACS and SA vs.controls; § *P* < 0.05 ACS vs.

SA and controls

untreated and TCR-stimulated total CD4⁺ T cells (*P* < 0.001 ACS vs. SA and controls), as well as in CD31-stimulated total CD4⁺ T cells (*P* = 0.002 ACS vs. SA). We also observed a greater Zap70 activation in CD31-stimulated CD4⁺CD28^{null} T cells of ACS patients as compared with SA (*P* = 0.003) (Fig. 2b). Finally, we calculated the percentage of phospho-Zap70 inhibition (at the activating site Tyr-319) by CD31. As shown in Fig. 2c and Table 2, the inhibitory effect of CD31 on TCR-induced Zap70 phosphorylation in CD4⁺ T cells was greater in SA than in ACS and controls (*P* = 0.030 and *P* = 0.019, respectively). Similarly, in CD4⁺CD28^{null} T cells the inhibition of TCR-induced Zap70 phosphorylation after

CD31 triggering was greater in SA as compared with ACS and controls (*P* = 0.048 and *P* = 0.011, respectively).

CD31 expression on CD4⁺ T cells was significantly correlated with TCR immune modulation (*P* < 0.001, *r* = 0.664) (Fig. 2d).

CD31 expression and signaling in ACS and SA at 1-year follow-up

Figure 3a shows CD31 expression on CD4⁺ T cell subsets of ACS and SA patients at baseline and 1 year after hospitalization. In ACS, all CD4⁺ T cell subsets showed a significant increase in CD31 expression at 1-year follow-up

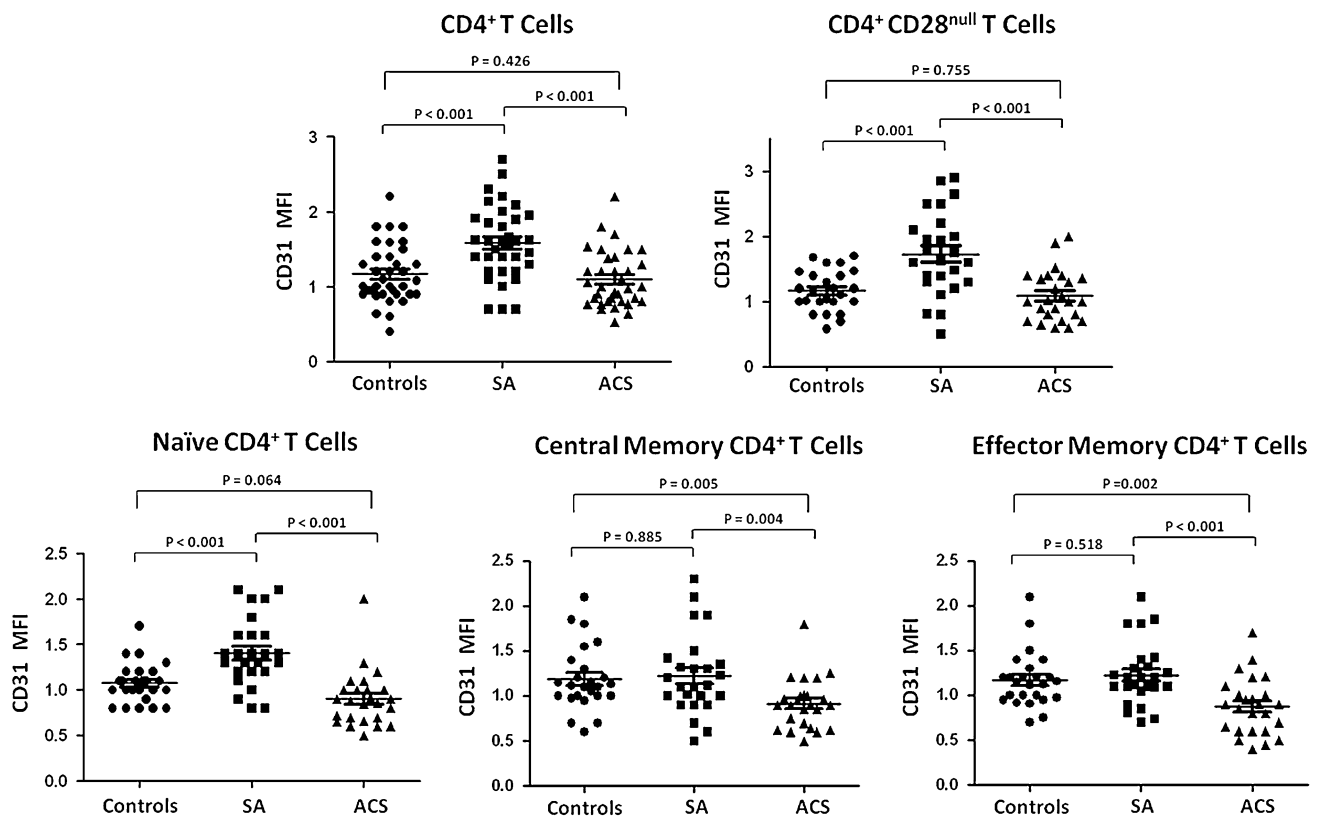


Fig. 1 Flow-cytometric analysis of CD31 expression on T cell subsets. CD31 expression on total CD4⁺ T cells and on CD4⁺CD28^{null} T cells was significantly higher in SA patients than both ACS and controls. Cumulative data from 35 ACS, 35 SA and 35 controls for total CD4⁺ T cells and 25 ACS, 25 SA and 25 controls for CD4⁺CD28^{null} T cells are presented as single dot plots and mean \pm SEM of CD31 MFI. CD31 expression on CD4⁺ naïve T cells

was significantly higher in SA patients than both ACS and controls. ACS patients showed the lowest CD31 expression on CD4⁺ naïve T cells, central-memory and effector-memory T cells. Cumulative data from 25 ACS patients, 25 SA patients, and 25 controls are presented as single dot plots and mean \pm SEM of CD31 MFI. For complete gating strategy see Supplemental Figure-S1. *MFI* median fluorescence intensity

as compared with baseline ($P = 0.001$ for total CD4⁺ T cells; $P = 0.028$ for CD4⁺CD28^{null} T cells; $P = 0.002$ for naïve T cells; $P < 0.001$ for central-memory and effector-memory T cells), becoming similar to that found in SA patients. No changes were observed in SA patients.

Frequency of total CD4⁺ T cells, CD4⁺CD28^{null} T cells, naïve, central-memory and effector-memory T cells was similar at 1 year of follow-up as compared with baseline in both ACS and SA patients (data not shown).

In ACS, the recovery of CD31 expression paralleled the increased inhibitory effects in Zap70 phosphorylation both on total CD4⁺ T cells and CD4⁺CD28^{null} T cells ($P = 0.021$ and $P = 0.045$, respectively), becoming similar to that found in SA (Fig. 3b). No changes were observed in SA patients.

CD31 accumulation in the immunologic synapse

To assess if CD31 is implicated in immunological synapse during antigen presentation, we used an ex vivo model of

autologous SEB-loaded monocyte-derived dendritic cells (MDDCs). At the time of antigen presentation, CD3 and CD31 are redistributed to the MDDCs/CD4⁺ T cell conjugate contact region in the immunological synapse (Fig. 4a). TCR/CD3 expression in the immunologic synapse, assessed in five consecutively enrolled patients per group, was greater in ACS patients as compared with controls ($P = 0.032$) (Fig. 4b; Table 2). More importantly, CD31 accumulation in the immunologic synapse on CD4⁺ T cells was lower in ACS as compared with controls ($P = 0.012$) (Fig. 4c; Table 2). Flow-cytometry analysis of MDDCs showed no differences in CD80 and CD31 expression among groups (Table 2).

CD31 differentially modulates ERK and p38 mitogen-activated protein kinase (MAPK) activation and inhibits the master regulators of Th1 and Th17 differentiation

To evaluate CD31 effects downstream of TCR activation, we assessed the levels of p38 and ERK phosphorylation

Table 2 Biological parameters

| | Controls | SA | ACS | <i>P</i> by ANOVA |
|---|--------------|--------------|--------------|---------------------|
| CD4 ⁺ CD28 ^{null} T cells (%) | 3.01 ± 0.5 | 3.6 ± 0.6 | 6.4 ± 1.1 | 0.005* |
| CD31 positive cells (%) | | | | |
| CD4 ⁺ T cells | 34.3 ± 1.81 | 31.5 ± 2.30 | 32.9 ± 3.50 | 0.74 |
| CD4 ⁺ CD28 ^{null} T cells | 28.4 ± 5.01 | 30.9 ± 3.43 | 25.6 ± 3.12 | 0.62 |
| Naïve CD4 ⁺ T cells | 39.7 ± 5.01 | 44.1 ± 7.31 | 42.7 ± 5.92 | 0.51 |
| Effector-memory T cells | 23.15 ± 4.89 | 24.15 ± 4.61 | 15.89 ± 4.74 | 0.76 |
| Central-memory T cells | 15.15 ± 2.09 | 19.15 ± 3.60 | 16.89 ± 2.64 | 0.25 |
| CD31 MFI | | | | |
| CD4 ⁺ T cells | 1.16 ± 0.06 | 1.58 ± 0.08 | 1.09 ± 0.05 | <0.001 [†] |
| CD4 ⁺ CD28 ^{null} T cells | 1.17 ± 0.06 | 1.75 ± 0.13 | 1.09 ± 0.08 | <0.001 [†] |
| Naïve T cells | 1.07 ± 0.04 | 1.41 ± 0.07 | 0.89 ± 0.06 | <0.001 [†] |
| Central-memory T cells | 1.19 ± 0.07 | 1.22 ± 0.08 | 0.91 ± 0.05 | 0.015* |
| Effector-memory T cells | 1.17 ± 0.06 | 1.22 ± 0.07 | 0.88 ± 0.06 | 0.002 [‡] |
| pZap70 inhibition | | | | |
| CD4 ⁺ T cells | 6.90 ± 1.59 | 15.10 ± 2.78 | 7.80 ± 1.34 | 0.030 [§] |
| CD4 ⁺ CD28 ^{null} T cells | 7.83 ± 2.88 | 26.14 ± 4.31 | 14.29 ± 3.45 | 0.048 [§] |
| Immunological synapse recruitment | | | | |
| CD3 | 0.94 ± 0.03 | 0.90 ± 0.18 | 1.26 ± 0.09 | 0.032 [#] |
| CD31 | 1.66 ± 0.23 | 1.29 ± 0.13 | 1.04 ± 0.09 | 0.012 [#] |
| MDDCs phenotype (MFI) | | | | |
| CD80 | 10.03 ± 0.53 | 9.99 ± 0.96 | 9.66 ± 1.11 | 0.436 |
| CD31 | 2.60 ± 0.76 | 2.64 ± 0.99 | 2.99 ± 0.99 | 0.528 |

Variables are presented as mean ± standard error. One-way ANOVA for repeated measures, with Bonferroni correction, was used for multiple pairwise comparisons

MFI median fluorescence intensity

* *P* < 0.01 ACS vs. SA and controls; [†] *P* < 0.001 SA vs. ACS and controls; [‡] *P* < 0.001 ACS vs. SA and *P* < 0.01 ACS vs. controls; [§] *P* < 0.05 SA vs. ACS and controls; [#] *P* < 0.05 ACS vs. controls

after CD31 stimulation in CD4⁺ T cells from five consecutively enrolled patients per group. TCR stimulation induces distinct MAPK pathways in naïve and primed T cells [1], thus we assessed the effects of CD31 signaling in these T cell subsets.

As shown in Fig. 5a, b, CD31 triggering reduced p38 and increased ERK phosphorylation both in naïve and in primed T cells, although the effect of CD31 stimulation was more pronounced in naïve T cells.

Naïve T cells from ACS (defined as CD45RA⁺CD45RO⁻) showed a greater p38 phosphorylation in all setting of analysis (untreated, αCD3/CD28 stimulated, αCD3/CD28/CD31 stimulated) as compared with SA and controls (all *P* < 0.05). Moreover, naïve T cells from SA patients showed a higher percentage of p38 inhibition by CD31 triggering as compared with ACS and controls (*P* = 0.034 and *P* = 0.041, respectively) (Fig. 5a). There were no differences among the three groups in primed T cells (Fig. 5a).

As shown in Fig. 5b, primed T cells of ACS patients (defined as CD45RA⁻CD45RO⁺) showed a reduced ERK phosphorylation in all setting of analysis (untreated, αCD3/CD28 stimulated, αCD3/CD28/CD31 stimulated) as compared with SA (all *P* < 0.05), while naïve T cells from SA patients showed increased percentage of ERK activation by CD31 triggering as compared with ACS (*P* = 0.019).

Since MAPK pathways are implicated in helper T cell differentiation [6, 36], we also evaluated the expression of

the lineage-specifying transcription factors T bet and Rorγt, necessary for Th1 and Th17 differentiation, respectively. As shown in Fig. 6, the expression of both transcription factors was reduced in CD4⁺ naïve T cells stimulated by αCD3/CD28/CD31 as compared with cells stimulated by αCD3/CD28. ACS patients showed a higher T bet expression after 72 h of TCR stimulation with (*P* = 0.001 and *P* = 0.007 ACS vs. SA and controls, respectively) or without CD31 cross link (*P* = 0.041 and *P* = 0.008 ACS vs. SA and controls, respectively) (Fig. 6a).

Similarly, ACS patients showed a higher Rorγt expression as compared with controls after TCR stimulation with and without CD31 cross link (*P* = 0.004 and *P* = 0.005, respectively) (Fig. 6b).

CD31⁺ naïve and primed T cells have distinct TCR signaling pathways

CD31⁺ naïve T cells have recently been identified as a distinct subset of CD4⁺ naïve T cells [19, 21]. In five controls, we studied the TCR signaling in CD31⁺ and CD31⁻ naïve and primed T cells. After TCR stimulation, CD31⁺ naïve T cells showed a reduced Zap70 phosphorylation at its activating residue Tyr-319 as compared with CD31⁺ primed T cells (*P* = 0.003); similarly, CD31⁻ naïve T cells showed a reduced Zap70 (Tyr-319) phosphorylation as compared with CD31⁻ primed T cells

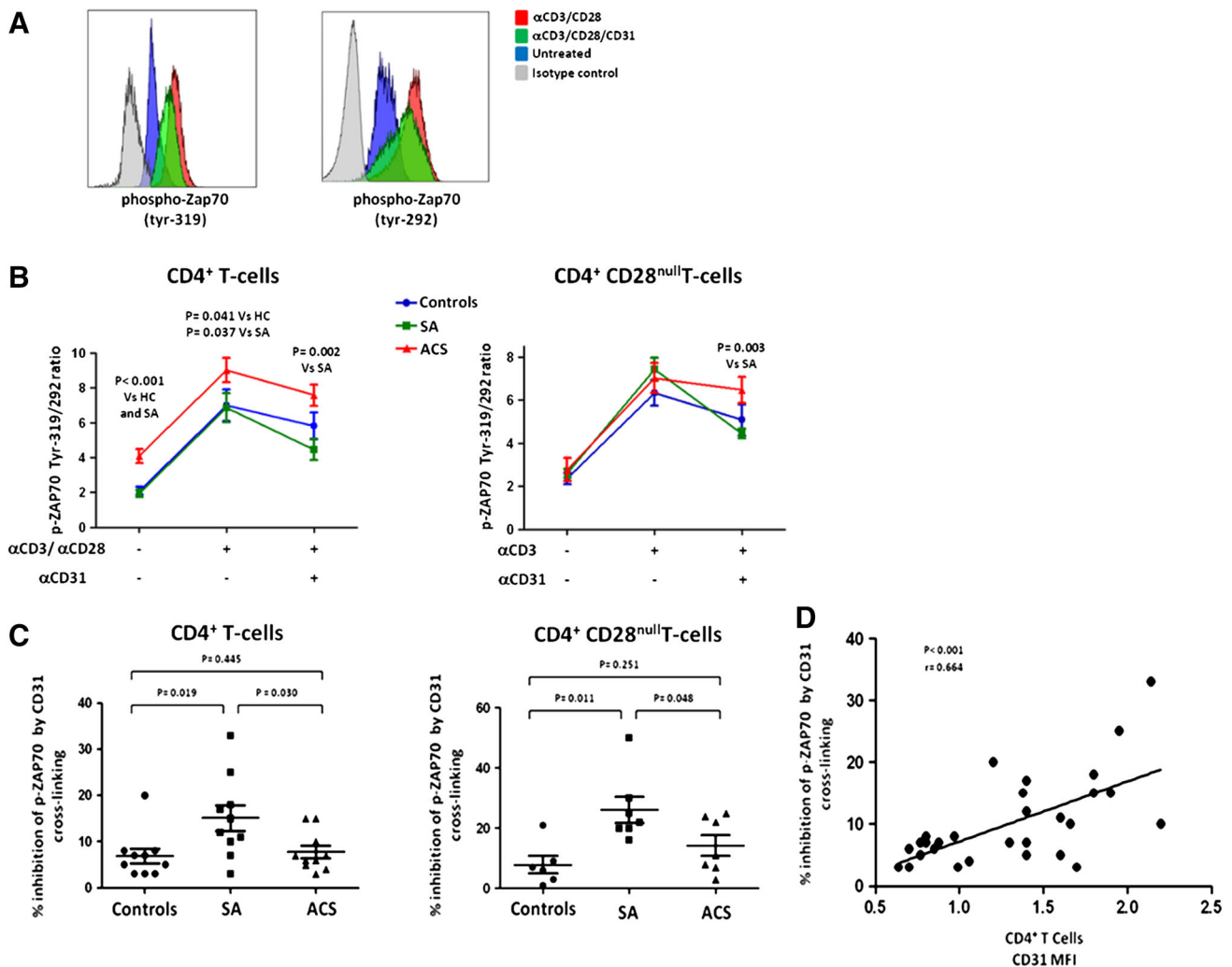


Fig. 2 CD31 triggering inhibits early TCR signaling. PBMCs were activated in vitro with αCD3/αCD28 for TCR stimulation in combination or not with αCD31. Cells were harvested after 5 min of stimulation and phosphorylation of ZAP70 (Y-319) and ZAP70 (Y-292) was assessed by flow cytometry in CD4⁺ and CD4⁺CD28^{null} T cell gate. **a** CD31 triggering inhibits ZAP70 phosphorylation both at the activating and at the inhibitory residue (Tyr-319 and Tyr-292, respectively). Representative histograms of unstimulated T cells (blue histogram), TCR activated T cells (red histogram) and TCR/CD31 activated T cells (green histogram) and isotype control (grey histogram) are shown in CD4⁺ T cell gate. **b** ACS patients showed higher ZAP70 phosphorylation ratio (Tyr-319/292) both in untreated

and in TCR-stimulated CD4⁺ T cells as compared with SA and controls and higher ZAP70 phosphorylation ratio (Tyr-319/292) in CD31-stimulated CD4⁺ T cells and CD4⁺CD28^{null} T cells with respect to SA patients. **c** CD31 inhibition of Zap70 phosphorylation in CD4⁺ and CD4⁺CD28^{null} T cells was significantly higher in SA patients than both ACS and controls. CD31 inhibition of Zap70 phosphorylation was calculated as described in supplemental materials. Data are presented as single dot plots and mean ± SEM. **d** CD31 expression on total CD4⁺ T cells strongly correlates with inhibition of Zap70 phosphorylation. Data obtained by ten ACS, ten SA, and ten controls independent experiments for total CD4⁺ T cells and seven ACS, seven SA, and six controls for CD4⁺CD28^{null} T cells

($P = 0.014$) (Fig. 7a). In contrast, Zap70 phosphorylation at its inhibitory residue Tyr-292 was higher in CD31⁺ naïve T cells as compared with CD31⁺ primed T cells ($P = 0.019$) (Fig. 7b). No differences were observed between CD31⁺ and CD31⁻ naïve T cells.

The study of MAPK signaling revealed increased ERK phosphorylation in CD31⁺ naïve T cells as compared with CD31⁻ naïve T cells ($P = 0.007$), and increased ERK phosphorylation in CD31⁺ naïve T cells as compared with CD31⁺ primed T cells ($P = 0.015$) (Fig. 7c). Finally as

shown in Fig. 7d, CD31⁺ primed T cells showed reduced p38 phosphorylation as compared with CD31⁻ primed T cells ($P = 0.036$). Overall, CD31⁺ naïve T cells revealed distinct Zap70 and MAPK phosphorylation patterns.

Discussion

Innate and adaptive immunity act in a complex network finely tuned by several feedback loops calibrating the

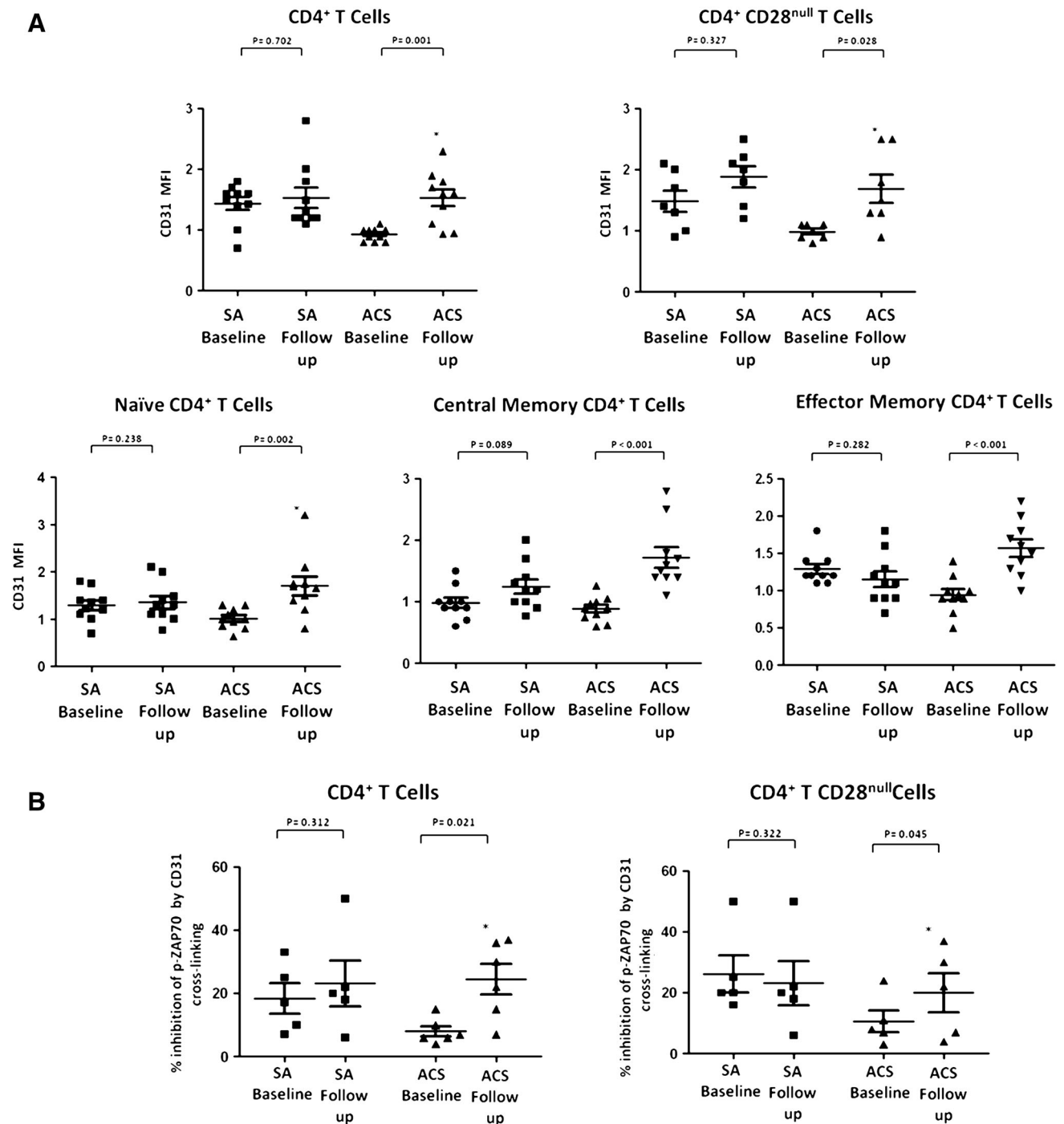


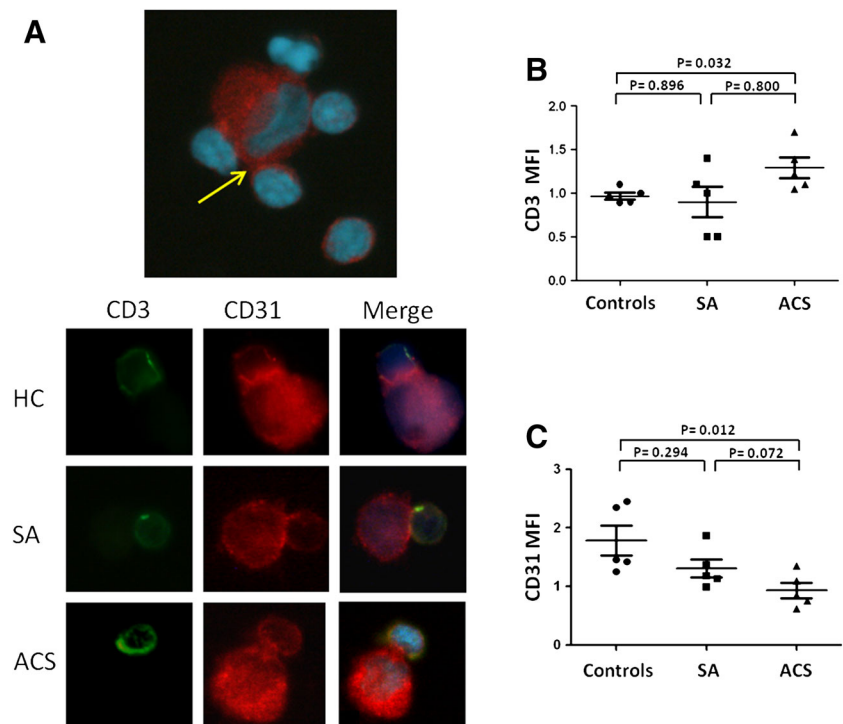
Fig. 3 CD31 expression and signaling in ACS and SA after 1-year of follow-up. **a** After 1-year follow-up, in a stable phase of the disease, all CD4⁺ T cell subsets of ACS patients showed a significant increase in CD31 expression as compared with baseline, becoming similar to that found in SA. Cumulative data from ten ACS patients and ten SA patients are presented as single dot plots and mean \pm SEM of CD31 MFI. * $P = ns$, ACS follow-up vs. SA follow-up. *MFI* median fluorescence intensity. **b** PBMCs were activated in vitro as described

in Fig. 2. One year after hospitalization, in a stable phase of the disease, total CD4⁺ T cells and CD4⁺CD28^{null} T cells of ACS patients showed a significantly increased CD31 inhibition of Zap70 phosphorylation with respect to baseline, becoming similar to that found in SA. Cumulative data from five ACS patients and five SA patients are presented as single dot plots and mean \pm SEM of CD31 MFI. * $P = ns$, ACS follow-up vs. SA follow-up. *MFI* median fluorescence intensity

immune response to avoid inappropriate leukocyte activation. In this context, CD31 plays an important immunoregulatory role by setting the threshold for T cell activation

[11, 26, 27, 32] which may be relevant in several inflammatory diseases [13, 14, 37]. Recently, an impaired CD3⁺/CD31⁺ ratio and a reduced frequency of CD31⁺ Treg have

Fig. 4 Different recruitment of CD3 and CD31 in the immunologic synapse in ACS patients. CD4⁺ T cells from patients with ACS, SA, and controls (5 each) were stained with α CD3 (green), α CD31 (red) and DAPI (blue) and stimulated with autologous SEB-loaded monocyte-derived dendritic cells (MDDCs) for 10 min. **a** Representative image of CD4⁺ T cell/MDDC conjugates with maximum fluorescence intensity of CD31 in the contact site. **b**, **c** Enhanced recruitment of CD3 and reduced recruitment of CD31 in the immunological synapse of ACS patients as compared with SA and controls



been reported in ACS, suggesting that CD31 might be involved in regulatory T cell defects in patients with ACS [18, 41].

In the current study, the expression of CD31 on CD4⁺ T cell subsets was higher in SA patients as compared with ACS and controls. Consistently with its higher expression, the inhibitory effect of CD31 on TCR-induced Zap70 phosphorylation was greater in SA than in ACS and controls. Moreover, CD31 accumulation on CD4⁺ T cells in the immunologic synapse was reduced in patients with ACS as compared with that observed in controls. Notably, CD31 expression and function increased in ACS during follow-up becoming similar to that observed in SA patients. Here we also make the novel observation that CD31 interferes with MAPK signaling pathways in CD4⁺ naïve T cells, thus reducing the expression of lineage markers T bet and Ror γ -t necessary for Th1 and Th17 differentiation, respectively. These effects are prevalent in SA and reduced in ACS patients. Moreover, CD31⁺ and CD31⁻ naïve and memory subpopulations have distinct Zap70 and MAPK phosphorylation patterns.

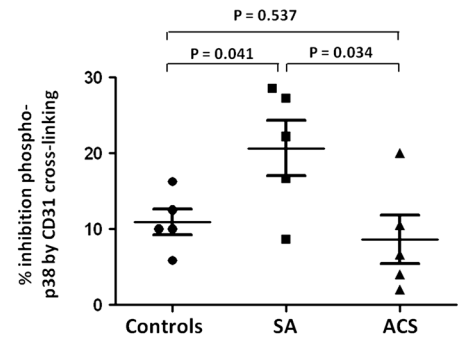
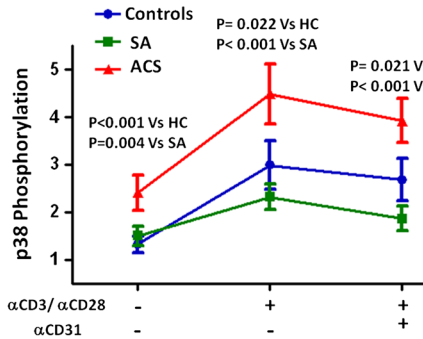
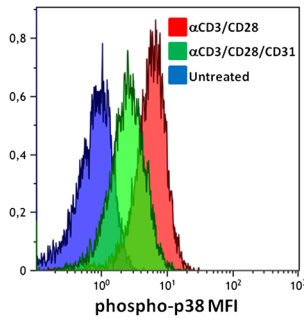
These findings suggest an enhanced CD31-mediated protective mechanism operating in SA patients, which is transiently downregulated in ACS patients during the acute phase of the disease. Our data are in agreement with experimental studies correlating CD31 loss on the surface of circulating T cells with the occurrence of atherothrombosis in mice and with the development of abdominal aortic aneurysm in patients [2, 4]. Hence, CD31 might

represent a novel molecular target to treat the TCR-signaling alteration observed in ACS.

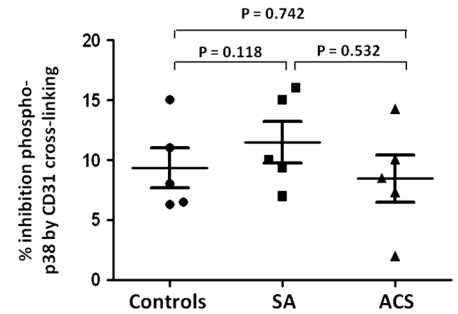
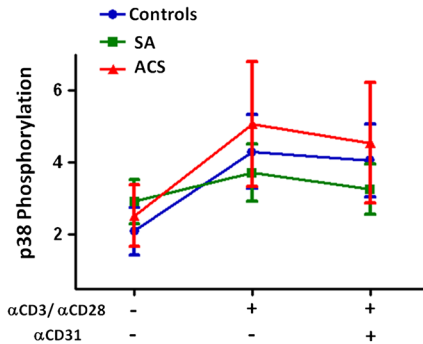
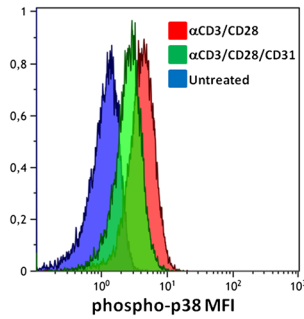
Several studies have highlighted the importance of innate and adaptive immunity in ACS [3, 7, 12, 17, 23–25, 28, 30, 35, 39]. The origin of the altered T cell response in ACS is still a matter of debate. T cell response can be directed to restricted antigens within the culprit lesions; [5, 33, 40] yet, the putative antigenic stimuli evoked in ACS can also be found in patients with chronic atherosclerotic disease [5]. Alternatively, the causes of the abnormal immune response observed in ACS might reside in a defective regulation of T cell compartment. We have observed that a large subset of ACS patients presents a unique adaptive immunity system signature, associated to a worse outcome and characterized by inadequate regulatory T cell response to effector T cell expansion [25]. Moreover, CD4⁺ T cells of ACS patients have abnormalities in the TCR-signaling machinery [35], and altered MAPKs phosphorylation [17] that leads to inappropriate T cell activation.

The first step in lymphocyte activation is the TCR binding with specific peptides presented by APCs. Once TCR engages its ligand, Zap70 is recruited thus initiating several signaling cascades that lead to the activation of different transcription factors and ultimately regulate T cell development, activation and effector functions. A previous study showed that TCR signaling is altered in ACS. In this study, CD4⁺ T cells exhibited enhanced accumulation of TCR/CD3 complexes in the immunological synapse and a

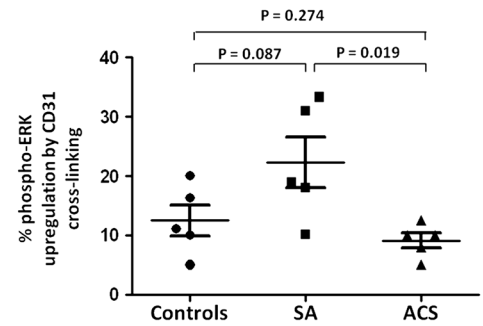
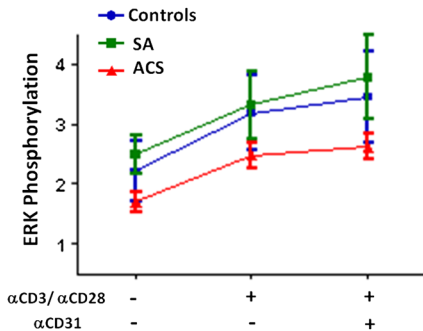
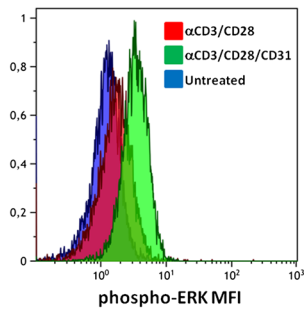
A Naive CD4⁺ T-Cells



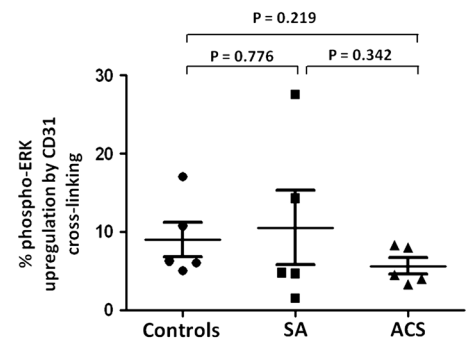
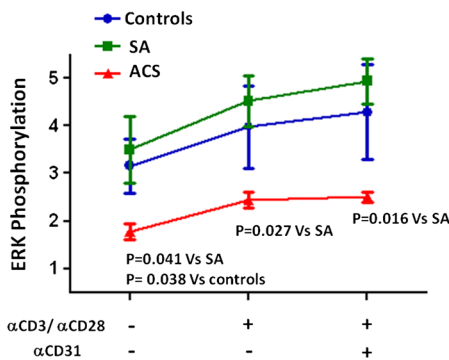
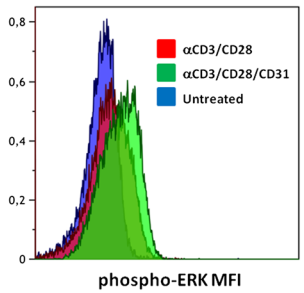
Primed CD4⁺ T-Cells



B Naive CD4⁺ T-Cells



Primed CD4⁺ T-Cells



defective Tyr-505 lymphocyte-specific protein tyrosine kinase phosphorylation which increases Zap70 activity [35]. The sustained TCR activation results in increased lymphocyte effector functions that could contribute to

destabilize atherosclerotic plaque integrity through multiple damaging pathways. Furthermore, the altered TCR signal activation might affect the direction of T helper polarization [29].

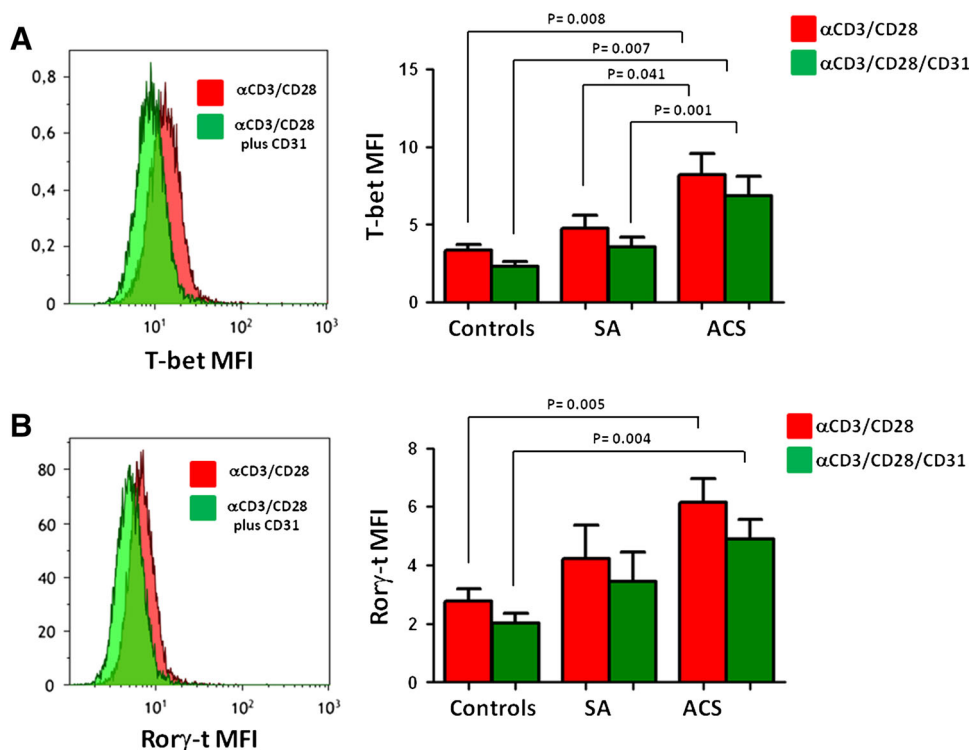
Fig. 5 CD31 modulates ERK and p38 phosphorylation. PBMCs were activated in vitro with α CD3/ α CD28 for TCR stimulation in combination or not with α CD31. Cells were harvested after 5 min of stimulation; and phosphorylation of p38 (a) and ERK (b) was assessed by flow cytometry in naïve and primed CD4⁺ T cell gate. CD31 triggering inhibits p38 phosphorylation and increased ERK phosphorylation. Representative histograms of unstimulated cells (blue histogram), TCR activated cells (red histogram), TCR/CD31 activated cells (green histogram) are shown. **a** Naïve T cells of ACS patients showed the highest p38 phosphorylation as compared with SA and controls in untreated, TCR-stimulated and CD31 stimulated cells. CD31 inhibition of p38 phosphorylation (expressed as described in Supplemental material) was significantly higher in naïve T cells of SA patients than both ACS and controls. No differences were observed in primed T cells. **b** No differences were observed in ERK phosphorylation in naïve T cells among the three groups of study. Naïve T cells of SA patients showed an increased CD31-induced ERK phosphorylation (expressed as described in Supplemental material) as compared with ACS patients. Primed T cells from ACS patients showed a reduced ERK phosphorylation with respect to SA in untreated, TCR-stimulated and CD31 stimulated cells. Data obtained by five ACS, five SA, and five controls independent experiments and presented as mean \pm SEM. For complete gating strategy see Supplemental Figure-S1. MFI median fluorescence intensity

In the present study, we expand these previous findings by dissecting out the role of CD31 in T cell dysregulation observed in ACS. The immunoregulatory functions of CD31 in T cells are now well recognized. During cell-cell interaction, homophilic CD31 engagement triggers inhibitory signaling that downmodulates lymphocyte activation

by inhibition of Zap70 phosphorylation [26, 27] which is involved in helper T cell differentiation [6, 36]. In this study we have found that in SA patients, CD31 expression on T cells is upregulated as compared with controls and this is associated with enhanced CD31 inhibitory signaling. We have also observed that CD31 expression is transiently reduced at the time of the acute event in patients with ACS as compared with SA. Moreover in ACS patients, CD31 recruitment in the immunological synapse was reduced while CD3 recruitment was increased with respect to controls, thus confirming and extending previous studies regarding the alteration of TCR signaling within the immunological synapse of ACS patients [35]. We also showed that CD31 signaling modulates the overall expression of lineage-specifying transcription factors for pro-inflammatory Th1 and Th17, also through modulation of the MAPK pathways (Fig. 7). Finally, the study of the TCR signaling in CD31⁺ and CD31⁻ T cell subsets revealed a different phosphorylation pattern of the protein involved in T cell activation, highlighting the differences between the CD31⁺ and CD31⁻ subpopulations of both naïve and primed CD4⁺ T cells, at least in response to TCR stimulation. Our evidences might help further studies to gain new insights into the role of CD31 in immune response.

Taken together these findings suggest that CD31 might have a role in containing the immune response in patients

Fig. 6 CD31 modulates the lineage-specifying transcription factors T bet and Ror γ -t. Isolated naïve CD4⁺ T cells were stimulated with α CD3/ α CD28 (red histogram) in combination or not with α CD31 (green histogram) for 3 days and stained for T bet and Ror γ -t. CD31 stimulation reduced the expression of both transcription factors. **a** ACS patients showed increased T bet expression in naïve CD4⁺ T cells stimulated with α CD3/ α CD28 and α CD3/ α CD28 plus α CD31 as compared with SA and controls. **b** ACS patients showed increased Ror γ -t expression in naïve CD4⁺ T cells stimulated with α CD3/ α CD28 and α CD3/ α CD28 plus α CD31 as compared with controls. Data obtained by five ACS, five SA, and five controls independent experiments and presented as mean \pm SEM



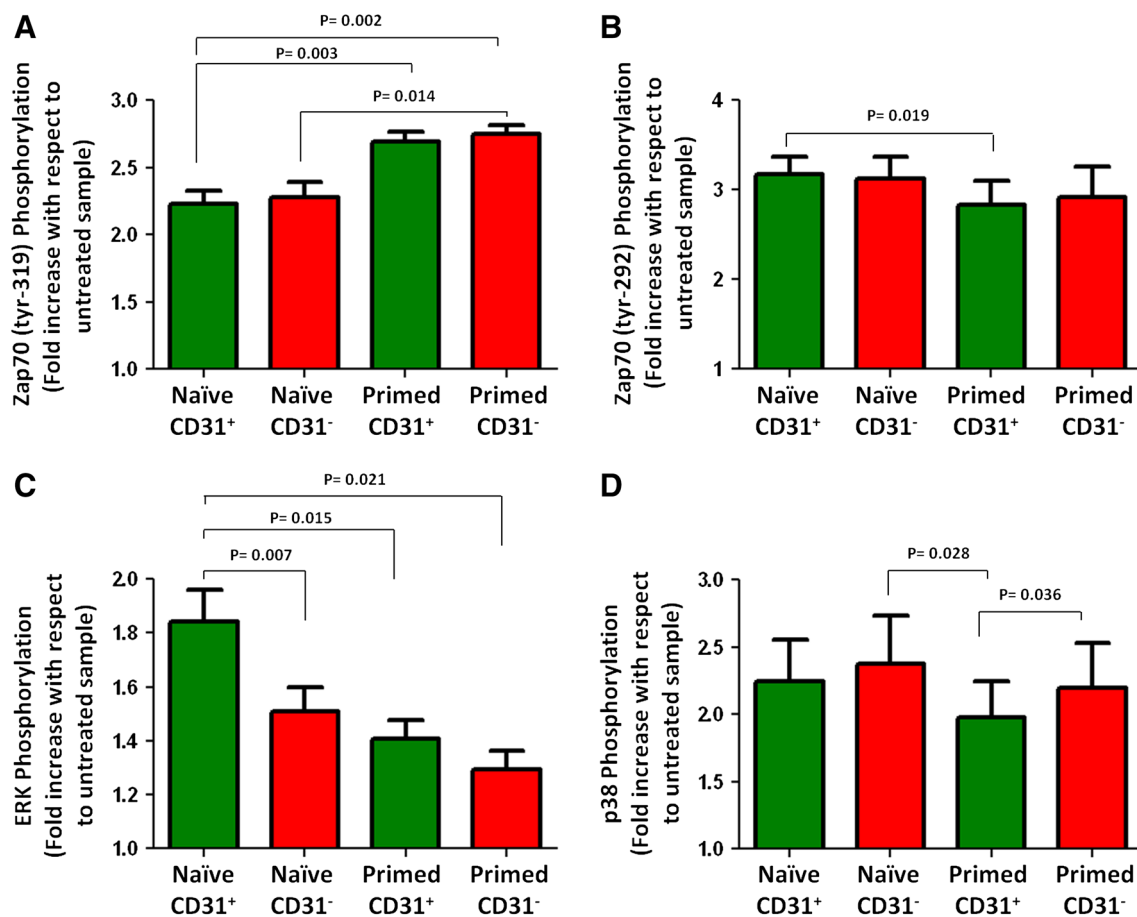


Fig. 7 Distinct TCR-signaling pathways in CD31⁺ T cell subpopulations. PBMCs were activated with α CD3/ α CD28 for 5' and the phosphoprotein levels were assessed by phosphoflow in naïve CD31⁺, naïve CD31⁻, primed CD31⁺ and primed CD31⁻ T cell subpopulations. **a** Naïve CD31⁺ T cells showed reduced Zap70 phosphorylation (at activating site Tyr-319) as compared with primed CD31⁺ T cells; similarly, naïve CD31⁻ T cells had reduced Zap70 phosphorylation as compared with primed CD31⁻ T cells. **b** Naïve CD31⁺ T

cells showed increased Zap70 phosphorylation at inhibitory site Tyr-292 with respect to primed CD31⁺ T cells. **c** Naïve CD31⁺ T cells showed increased ERK phosphorylation as compared with naïve CD31⁻ and primed CD31⁺ T cells. **d** Primed CD31⁺ T cells showed reduced p38 phosphorylation as compared with primed CD31⁻ T cells. Data obtained by five controls independent experiments and presented as mean \pm SEM of fold increase with respect to untreated sample. Paired *t* test was used to statistical analysis

with SA, while in patients with ACS the protective function of CD31 is reduced during the acute phase of the disease, thus leading to the uncontrolled lymphocyte activation and helper T cell dysregulation observed in previous studies. CD31 expression on CD4⁺ T cells of ACS patients and its immunomodulatory effect increased 1 year after the acute event, becoming substantially similar to that of SA patients. It is tempting to speculate that CD31 overexpansion might be a counter-regulatory mechanism which limits the detrimental effects of atherogenic stimuli in SA. However, T cell phenotype and function in peripheral blood not necessarily reflect what happens in the micro-environment of the unstable atherosclerotic plaque. We have not had the opportunity to collect coronary plaque specimens in ACS and SA patients, thus losing information on the role of CD31 on T cell locally resident in unstable plaques (Fig. 8).

There are no reports on the role of CD4⁺CD28^{null} CD31⁺ subpopulation. In contrast, CD8⁺CD28^{null} CD31⁺ T cells are considered senescent T cells with a role in inflammatory diseases [9]. Ligation of CD31, independently of TCR stimulation, induces tyrosine phosphorylation and production of interferon- γ and interleukin-10. CD31-driven IL-10 production indicates regulatory activity of CD8⁺CD28^{null} CD31⁺ T cells [9]. In our study, CD31 expression on CD4⁺CD28^{null} T cells is higher in SA than in ACS patients. Figure 2b, c shows how CD4⁺CD28^{null} T cells respond to CD31 stimulation. SA patients showed lower ZAP70 phosphorylation ratio (Tyr-319/292) in CD31-stimulated CD4⁺CD28^{null} T cells with respect to ACS patients. Moreover, CD31 inhibition of Zap70 phosphorylation in CD4⁺CD28^{null} T cells was higher in SA than in ACS patients. Thus, we can speculate that CD4⁺CD28^{null} CD31⁺ T cells might represent senescent T cells with an

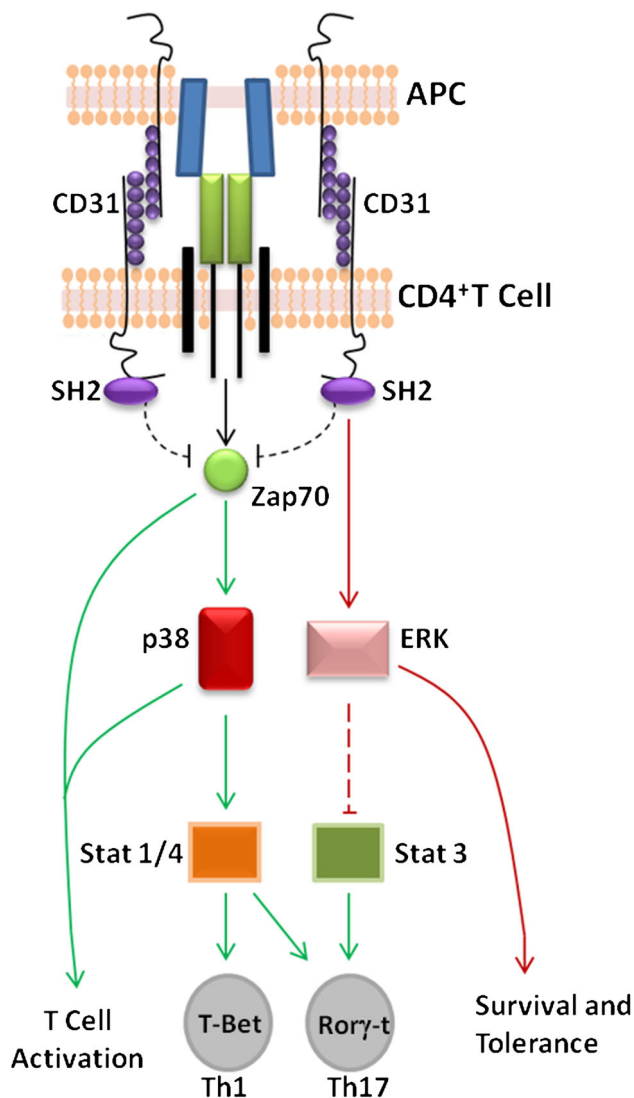


Fig. 8 Schematic representation of CD31-mediated regulatory pathway in $CD4^+$ T cells. TCR recruitment by APC initiates a cascade of phosphorylation events which activate different downstream molecules and transcription factors. In ACS patients, TCR signaling is altered and lead to lymphocyte hyperreactivity. CD31 inhibits TCR-induced Zap70 phosphorylation and the subsequent downstream p38 MAPK activation; this pathway is involved in Th1 and Th17 differentiation (*green arrows*). In parallel, CD31 recruits and activates SH2-domain-containing protein tyrosine phosphatases that enhances ERK activation; this pathway acts as negative regulator of Th17 differentiation (*red arrows*). Thus, CD31 triggering modulates T cell activation by setting the threshold for TCR stimulation and reduces the expression of the lineage markers T bet and $Ror\gamma-t$, necessary for Th1 and Th17 differentiation. This protective mechanism was less efficient in ACS patients, in whom CD31 signaling and its recruitment in the immunological synapse are reduced. The lower CD31-mediated regulatory activity might explain the enhanced TCR signaling and the unpaired balance of lymphocyte subsets in these patients

anti-inflammatory phenotype. Further studies, appropriately designed, are mandatory to investigate the role of $CD4^+ CD28^{null} CD31^+$ T cells in coronary artery disease.

Limitations

Our study has some limitations. It is an observational prospective analysis, including a limited number of patients. No power calculation could be performed because of the lack of previous studies in this setting; thus, the enrollment of 35 patients in each group was arbitrary. After 1-year follow-up, to avoid confounders related to the acute phase, we re-assessed only ACS who did not experience recurrence of acute coronary events and SA patients free of symptom matched for age, gender and treatment; thus, a small number of ACS and SA patients were re-assessed. ACS, SA patients and controls were matched for age and sex, but not for risk factors; however, no significant differences were observed to this regard between ACS and SA patients. Furthermore controls used less often aspirin and statin than SA and ACS patients. Nevertheless, controls were partly patients with cardiovascular diseases, although without previous history and/or current symptoms or signs of ischemic heart disease, and did not represent healthy probands. These limitations imply two dominant methodologic issues that cannot be eluded. First, several variables other than the coronary disease state might explain the differences observed across these three small populations. Secondly, it is impossible in this type of study to determine a cause-effect relationship. To this regard, we cannot exclude that loss of CD31 on T cells might be part of the general stress response in the acute setting of ACS. We cannot completely exclude that the reduced inhibitory effect of CD31 in ACS might simply be a marker of the general phenomenon of T cell receptor complex abnormality in these patients. Only a rescue experiment in which CD31 is restored would be ideal to prove that the observed reduced inhibitory effect of CD31 in T cells of ACS is specific. Finally, it would be of interest to analyze isolated T cells out of the coronary lesions. Thus, our study is more hypothesis-generating than hypothesis-testing.

Conclusion

In spite of these limitations, our study adds novel pieces of information to the important role of adaptive immunity alteration in coronary artery disease by suggesting that enhancement of CD31 signaling protects against plaque instability through modulation of TCR activation and through modulation of $CD4^+$ naïve T cell differentiation in Th1 and Th17 subsets. Our findings provide evidence for a protective role of CD31 against both the helper T cell dysregulation and the lymphocyte hyperreactivity observed during ACS. Our study highlights the clinical relevance of CD31 in atherosclerotic complications identifying this molecule as a potential candidate in the treatment of CAD.

Indeed, it has recently been shown that a synthetic CD31-derived peptide, able to engage a truncated extracellular CD31 fragment expressed by T cells that apparently lack CD31, has an immunosuppressive effect *in vivo* through restoration of the CD31 inhibitory pathway [10]. This peptide prevents the inflammatory responses underlying atherosclerosis complications and aortic aneurysms development in an experimental model [10].

Therefore, CD31-mediated regulatory pathway might represent a novel therapeutic target in the subset of ACS patients in whom an inflammatory outburst is the likely cause of coronary instability [5].

Conflict of interest On behalf of all the authors, the corresponding author states that there is no conflict of interest.

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