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## Regional differences of myocardial infarct development and ischemic preconditioning

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■ **Abstract** The spatial and temporal development of myocardial infarction depends on the area at risk (AAR), the severity and duration of blood flow reduction (energy supply) as well as on heart rate and regional wall function (energy demand). Both supply and demand can vary within the AAR of a given heart, potentially resulting in differences in infarct development. We therefore retrospectively analyzed infarct size (IS, %AAR, TTC) in 24 anesthetized pigs in vivo following 90 min hypoperfusion and 120 min reperfusion of the LAD coronary artery, which supplies parts of the LV septum (LVS) and anterior free wall (LVAFW). The total LAD perfusion territory averaged  $49.8 \pm 14.2$  (SD) g ( $49.2 \pm 8.4\%$  of LV);  $61.4 \pm 8.1\%$  of the AAR was LVAFW. IS within the LVS was  $25.3 \pm 15.1\%$ , while IS within the LVAFW was  $16.6 \pm 10.1\%$  ( $p < 0.05$ ). While ischemic blood flow (radiolabeled microspheres) did not differ between LVS ( $0.05 \pm 0.02$  ml/min/g) and LVAFW ( $0.05 \pm 0.03$  ml/min/g), perivascular connective tissue ( $56 \pm 9$  vs.  $38 \pm 7 \mu\text{m}^2$ ,  $p < 0.05$ ) and the capillary-to-myocyte distance ( $1.65 \pm 0.23$  vs.  $1.18 \pm 0.23$  mm,  $p < 0.05$ ) were larger in LVS than in LVAFW. Interestingly, IS in LVS ( $9.3 \pm 9.6\%$ ,  $n = 24$ ) and LVAFW ( $9.2 \pm 9.1\%$ ) were reduced to the same absolute extent by ischemic preconditioning with one cycle of 10 min ischemia and 15 min reperfusion, suggesting that a similar regional difference exists also in the protection afforded by ischemic preconditioning. The mechanism(s) for that remain(s) to be established. **Conclusion** In pigs, regional differences in infarct development and protection from it exist in the LAD perfusion territory, which are independent of ischemic blood flow but apparently related to pre-existing structural differences.

■ **Key words** Myocardial infarction – heterogeneity – ischemic preconditioning

### Introduction

Regional myocardial blood flow depends on the driving pressure, the diastolic duration, the number and diameter of blood vessels and their vasomotor tone [4]. Both under physiological conditions and during ischemia, there exists a substantial heterogeneity of blood flow within the left ventricular (LV) myocardium (for review,

see [2, 5, 23]), which has been attributed to differences in the metabolic rate [13, 14, 16, 42, 46] and/or altered protein expression [22].

The spatial and temporal development of myocardial infarction depends on the size of the area at risk as well as regional oxygen supply and demand during ischemia. Regional oxygen supply to the cardiomyocytes during ischemia depends on the duration and severity of blood flow reduction and the diffusion distance for oxygen [53];

regional oxygen demand – in turn – depends on heart rate [8] and regional wall stress [30]. Below a certain blood flow threshold [28, 40], infarct size – for a given area at risk and duration of ischemia – is inversely related to ischemic myocardial blood flow [7, 29, 31]; a further increase in regional oxygen demand by inotropic stimulation, however, increases infarct size for a given ischemic myocardial blood flow [40].

Ischemic preconditioning delays the development of myocardial infarction [26]. The relationship between infarct size and ischemic blood flow observed in non-preconditioned myocardium is lost or almost lost with ischemic preconditioning [26]. Thus, the protection achieved by ischemic preconditioning, i.e., the extent of infarct size reduction appears to be independent from regional myocardial blood flow and might also differ between different perfusion territories.

To analyze whether or not infarct size following ischemia/reperfusion within the left ventricle (LV) demonstrate regional differences, infarct size within the perfusion territory of the left anterior descending coronary artery (LAD) in pigs, which perfuses parts of the LV anterior free wall and the LV septum [18, 19] was retrospectively analyzed. Resting myocardial blood flow in the LV septum and LV anterior free wall differs in humans [12], and differences in myocardial fiber diameter within the LV septum and LV anterior free wall have also been reported [20], the latter contributing to the diffusion distance for oxygen.

## Materials and methods

In previous experiments, in which triggers and mediators involved in ischemic preconditioning's protection were defined [38, 39, 41, 49, 50], it appeared that infarct size in the LV septum was always greater than in the LV anterior free wall. To obtain more detailed data on infarct development, viable and infarcted tissue pieces of the LV septum and the LV anterior free wall were cut out separately in subsequent experiments [35, 36, 43, 44], and only those experiments were taken from previously published data sets and included in the present, retrospective analysis. For the histological analysis additional experiments were performed to obtain tissue samples from both the LV septum and the LV anterior free wall.

### ■ Experimental model

Forty-eight Göttinger minipigs were instrumented as described previously [39]. In brief, the pigs were anesthetized with enflurane and N<sub>2</sub>O, and both common carotid arteries were cannulated, one to measure arterial pressure and one to supply blood for an extracorporeal

circuit. A micromanometer was placed into the left ventricle for pressure recording. The LAD was cannulated and perfused from an extracorporeal circuit including a roller pump. Perfusion at constant low flow permits the measurement of regional myocardial blood flow with an intracoronary infusion of microspheres.

### ■ Regional myocardial blood flow

Radiolabeled microspheres (15 µm diameter, <sup>141</sup>Ce, <sup>114</sup>In, <sup>103</sup>Ru, <sup>95</sup>Nb or <sup>46</sup>Sc; NEN, Du Pont Co, Boston, MA, USA) were injected into the coronary perfusion circuit (1.5–3 × 10<sup>5</sup> suspended in 1 ml saline) to determine regional myocardial blood flow. Regional myocardial blood flow for a given tissue sample was calculated as the ratio of tissue sample activity to total activity within the myocardium times coronary inflow (given by the roller pump). This procedure for the determination of blood flow has been validated extensively [37]. The number of microspheres in each tissue sample was calculated with the predetermined number of radioactive counts per sphere. For each isotope, samples contained more than 400 microspheres as long as ischemic blood flow was higher than 0.02 ml/min/g and sample weight was greater than 0.5 g, resulting in an error of less than 10% [6, 10].

### ■ Experimental protocols

In all experiments, heart rate under baseline conditions was set to 10 beats/min above the spontaneous sinus rhythm by left atrial pacing.

**90 min ischemia (group 1, n = 24)** After control measurements of systemic hemodynamics and regional myocardial blood flow, pigs were subjected to 90 min ischemia. Coronary inflow was reduced to decrease mean coronary arterial pressure to 30 – 35 mmHg and then maintained until the end of the ischemic period. At 5 and 85 min of ischemia, further sets of hemodynamic measurements were obtained. At 5 min ischemia, regional myocardial blood flow was also measured. The myocardium was reperfused for 120 min.

### **Ischemic preconditioning with 10 min ischemia and 15 min reperfusion preceding 90 min ischemia (group 2, n = 24)**

After control measurements the pigs underwent a cycle of 10 min ischemia of a severity to decrease mean coronary arterial pressure to 30 – 35 mmHg and 15 min reperfusion at constant normal coronary arterial pressure. Measurements were performed at the end of the preconditioning ischemia and at 15 min reperfusion. Thereafter, the protocol was identical to that of group 1.

**Preparation of tissue** At the end of each experiment fol-

lowing 120 min reperfusion the heart was excised, sectioned into five to six slices parallel to the atrioventricular groove, and incubated in 1% TTC solution (25 min, 37 °C) to demarcate infarcted areas [15]. TTC positive (viable) tissue was subdivided into subendocardial, mid-myocardial and subepicardial layers of approximately equal weight. Tissue without TTC staining was carefully dissected from viable areas.

### ■ Histology

In a subset of experiments ( $n = 8$ ), tissue samples from both the LV anterior free wall and LV septum were fixed in formalin and embedded in paraffin (for details, see [1, 34]). Sections of 4  $\mu\text{m}$  thickness were cut, stained with hematoxylin and eosin and examined by light microscopy. Images at a magnification  $\times 1000$  were taken (Leica DMLB and Leica DC 100, Leica Bensheim, Germany), and the distance from the inner wall of a capillary to the surrounding myocytes was measured and defined as the capillary-to-myocyte distance ( $\mu\text{m}$ , total area analyzed for each wall: 0.06  $\text{mm}^2$ ). The same images were used to quantify the area of perivascular connective tissue and the cross sectional cardiomyocyte area ( $\mu\text{m}^2$ ). In addition, Masson Goldner staining was performed to examine connective tissue. The area of connective tissue was measured and calculated as a percentage per field of view. Histological findings obtained in pig hearts were confirmed in sections from normoperfused rabbit hearts ( $n = 8$ ).

### ■ Data analysis and statistics

Hemodynamic data were recorded on an 8-channel recorder (Gould MK 200A, Cleveland, OH, USA), simultaneously digitized at 200 Hz and directly stored to the hard disk of a personal computer. Systemic hemodynamic parameters were recorded and digitized over a 20 s period during each microspheres injection (approximately 33 consecutive beats over at least two complete respiratory cycles) using CORDAT II software [45]. Hemodynamic parameters analyzed were heart rate, LV peak and end-diastolic pressure, the maximum of the first derivative of left ventricular pressure ( $dP/dt_{\text{max}}$ ), mean coronary arterial pressure (CAP) and mean coronary inflow (CBF). Calculation of all hemodynamic parameters was done on a beat-to-beat basis, and data were then averaged.

All data are reported as mean values  $\pm$  SEM. A  $p$ -value less than 0.05 was accepted as indicating a significant difference in mean values. Systemic hemodynamic data were subjected to a two-way analysis of variance (ANOVA) for repeated measures, accounting for the two groups of pigs and the time course of the experiment.

Regional myocardial blood flow data of each group were also subjected to a two-way analysis ANOVA for repeated measures, accounting for viable and infarcted tissue samples and blood flow under control conditions and at 5 min of the index ischemia. Regional blood flow data for a given myocardial region were additionally subjected to a two-way ANOVA for repeated measures, accounting for the two groups of pigs and the time course of the experiment.

When significant differences were detected, individual mean values were compared using Tukey's post-hoc tests.

The area at risk and infarct size as a percent of the area at risk of the 2 groups of pigs were analyzed by unpaired  $t$ -test. Linear regression analyses between infarct size and subendocardial blood flow at 5 min of ischemia were performed and compared by analysis of covariance (ANCOVA).

## Results

Systemic hemodynamics are shown in Table 1. There were no significant differences in systemic hemodynamics between the two groups of pigs during the time course of the experiment. Heart rate remained unchanged throughout the protocol in both groups. LV peak pressure,  $dP/dt_{\text{max}}$ , CAP and CBF were significantly decreased at 5 and 85 min of the sustained ischemia, while LV end-diastolic pressure increased.

**Table 1** Systemic hemodynamics

|                      |         | Baseline        | 5 min<br>IP     | 5 min<br>ischemia | 85 min<br>ischemia |
|----------------------|---------|-----------------|-----------------|-------------------|--------------------|
| HR                   | Group 1 | 100 $\pm$ 9     |                 | 101 $\pm$ 9       | 102 $\pm$ 8        |
|                      | Group 2 | 99 $\pm$ 9      | 103 $\pm$ 19    | 100 $\pm$ 11      | 105 $\pm$ 18       |
| LVPP                 | Group 1 | 94 $\pm$ 7      |                 | 82 $\pm$ 10*      | 81 $\pm$ 12*       |
|                      | Group 2 | 94 $\pm$ 11     | 82 $\pm$ 11*    | 82 $\pm$ 7*       | 78 $\pm$ 11*       |
| LVedP                | Group 1 | 6 $\pm$ 3       |                 | 14 $\pm$ 4*       | 12 $\pm$ 5*        |
|                      | Group 2 | 6 $\pm$ 3       | 12 $\pm$ 4*     | 13 $\pm$ 3*       | 13 $\pm$ 5*        |
| $dP/dt_{\text{max}}$ | Group 1 | 1365 $\pm$ 325  |                 | 1082 $\pm$ 290*   | 1087 $\pm$ 247*    |
|                      | Group 2 | 1296 $\pm$ 260  | 1008 $\pm$ 178* | 1027 $\pm$ 160*   | 1004 $\pm$ 179*    |
| CAP                  | Group 1 | 118 $\pm$ 10    |                 | 30 $\pm$ 3*       | 30 $\pm$ 5*        |
|                      | Group 2 | 113 $\pm$ 22    | 29 $\pm$ 4*     | 30 $\pm$ 4*       | 30 $\pm$ 4*        |
| CBF                  | Group 1 | 42.4 $\pm$ 16.2 |                 | 6.5 $\pm$ 2.5*    | 6.6 $\pm$ 2.6*     |
|                      | Group 2 | 40.3 $\pm$ 12.4 | 6.3 $\pm$ 2.8*  | 6.4 $\pm$ 2.8*    | 6.5 $\pm$ 2.8*     |

Group 1 90 min ischemia ( $n = 24$ ); Group 2 Ischemic preconditioning + 90 min ischemia ( $n = 24$ ); HR heart rate (beats/min); LVPP left ventricular peak pressure (mmHg); LVedP (mmHg) left ventricular end-diastolic pressure;  $dP/dt_{\text{max}}$  maximum of the first derivative of left ventricular pressure (mmHg/s); CAP coronary arterial pressure (mmHg); CBF coronary blood flow (ml/min). \* $p < 0.05$  vs Baseline

**Table 2** Regional myocardial blood flow

|                      | Group 1                  |                | Group 2                  |                |
|----------------------|--------------------------|----------------|--------------------------|----------------|
|                      | Baseline                 | 5 min ischemia | Baseline                 | 5 min ischemia |
| LVAFW                | 0.93 ± 0.35              | 0.05 ± 0.03*   | 1.06 ± 0.31              | 0.05 ± 0.03*   |
| LVAFW <sub>INF</sub> | 1.05 ± 0.49 <sup>1</sup> | 0.04 ± 0.03*   | 1.28 ± 0.46 <sup>1</sup> | 0.06 ± 0.03*   |
| LVS                  | 0.80 ± 0.26 <sup>2</sup> | 0.05 ± 0.03*   | 0.90 ± 0.30 <sup>2</sup> | 0.05 ± 0.03*   |
| LVS <sub>INF</sub>   | 0.84 ± 0.31 <sup>3</sup> | 0.05 ± 0.03*   | 0.94 ± 0.31 <sup>3</sup> | 0.06 ± 0.03*   |

Group 1 90 min ischemia (n = 24); Group 2 Ischemic preconditioning + 90 min ischemia (n = 24); LVAFW blood flow in the left ventricular anterior free wall (ml/min/g); LVAFW<sub>INF</sub> blood flow in infarcted parts of the LVAFW (ml/min/g); LVS blood flow in the left ventricular septum (ml/min/g); LVS<sub>INF</sub> blood flow in infarcted parts of the LVS (ml/min/g)

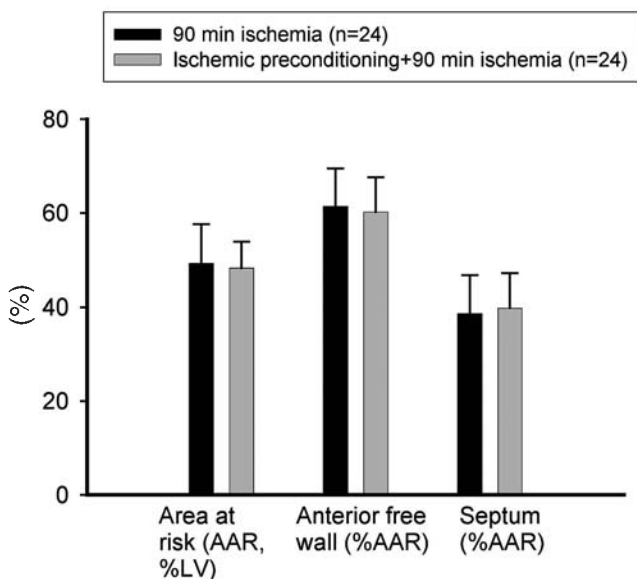
\*p < 0.05 vs Baseline; <sup>1</sup>p < 0.05 vs LVAFW; <sup>2</sup>p < 0.05 vs LVAFW; <sup>3</sup>p < 0.05 vs LVAFW<sub>INF</sub>

In the LV anterior free wall, baseline myocardial blood flows of endocardial and epicardial layers were similar (ratio: 1.05 ± 0.41) but baseline myocardial blood flow to subsequently infarcted tissue was higher than blood flow to viable tissue pieces in both groups of pigs (Table 2). At 5 min ischemia, blood flow of viable and infarcted tissue was reduced to similar absolute values. Baseline myocardial blood flow in the septum did not significantly differ between the subendocardial layer towards the LV and the subendocardial layer towards the right ventricle (ratio: 1.12 ± 0.67), but it was significantly lower than that in the LV anterior free wall in both groups of pigs. In the LV septum, baseline blood flow to subse-

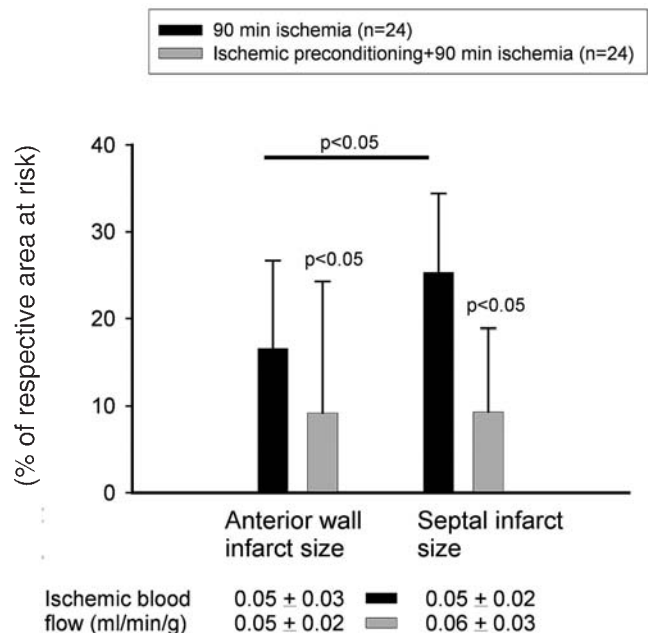
quently infarcted tissue was not different from blood flow to viable tissue pieces, again with no differences between groups. At 5 min ischemia, blood flow of viable and infarcted LV septum was reduced to similar absolute values, similar also to that measured in the LV anterior free wall. Since baseline blood flow was higher in the LV anterior free wall than in the LV septum, relative blood flows during ischemia were lower in the LV anterior free wall (5.0 ± 2.0% and 5.0 ± 3.1% of baseline in groups 1 and 2, respectively) than in the LV septum (6.3 ± 2.1% and 6.6 ± 3.1% of baseline in groups 1 and 2, respectively, both p < 0.05 vs. LV anterior free wall).

The area at risk – perfused by the LAD – was similar in both groups of pigs (Fig. 1). Also the distribution of LV anterior free wall and LV septum perfused by the LAD was similar between groups. Infarct size was smaller in the LV anterior free wall than in the LV septum following ischemia/reperfusion in non-preconditioned hearts, while it was similar in both LV areas in preconditioned hearts (Fig. 2). The linear relationship between regional myocardial blood flow at 5 min ischemia and infarct size obtained in the LV septum ( $y = -368.5 \cdot x + 43.3$ , n = 24, r = 0.56) was significantly shifted upwards compared to that obtained in the LV anterior free wall ( $y = -172.3 \cdot x + 24.4$ , n = 24, r = 0.47) (Fig. 3a). No significant correlation between ischemic regional myocardial blood flow and infarct size was found in preconditioned hearts (Fig. 3b).

In a subgroup of pigs, the cardiomyocyte cross-sectional area was slightly increased in the LV septum (272

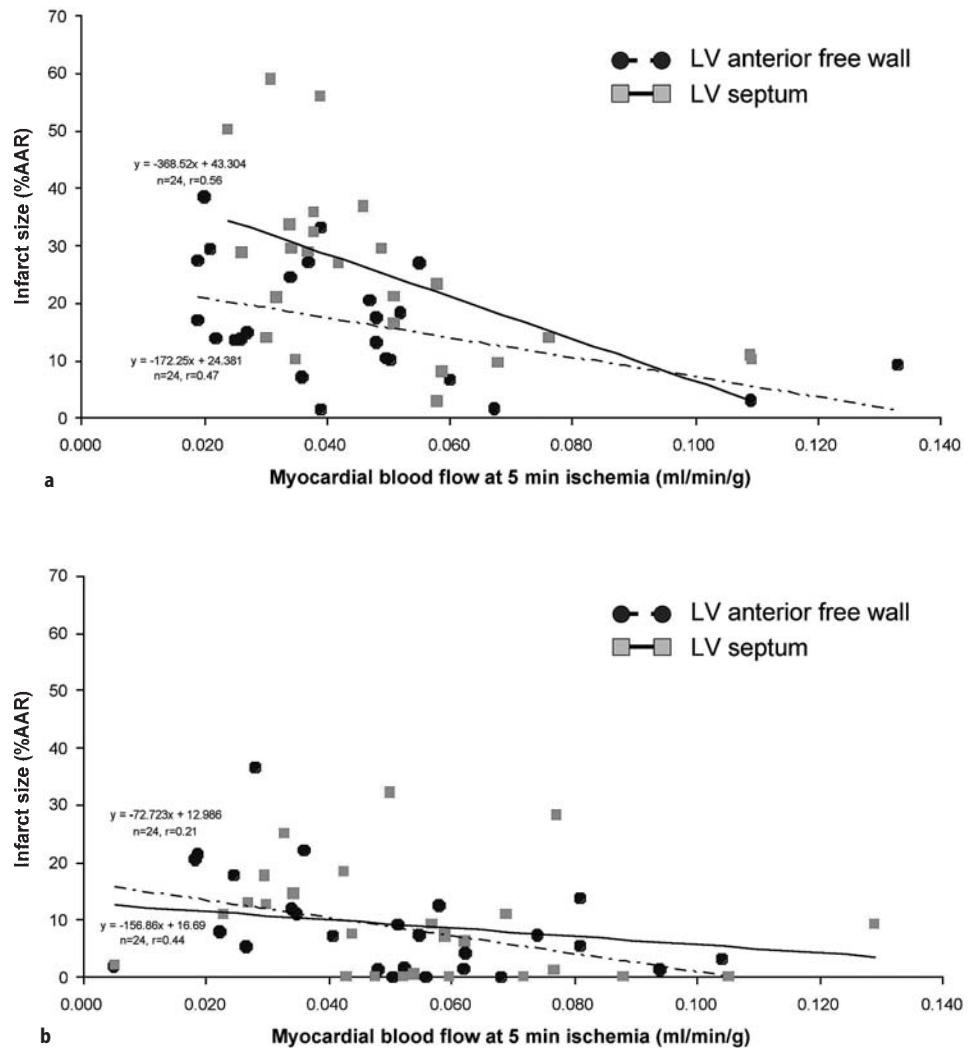


**Fig. 1** The area at risk – perfused by the LAD – was similar in both groups of pigs. Also the distribution of LV anterior free wall and LV septum perfused by the LAD was similar between groups.



**Fig. 2** Infarct size was smaller in the LV anterior free wall than in the LV septum following ischemia/reperfusion in non-preconditioned hearts, while it was similar in both LV areas in preconditioned hearts.

**Fig. 3** Relationship between ischemic myocardial blood flow and infarct size following ischemia/reperfusion in non-preconditioned (a) and preconditioned (b) hearts. Infarct sizes of the left ventricular anterior free wall (LVAFW) and the LV septum are expressed as percentage of the respective area at risk. While infarct size for a given ischemic myocardial blood flow is higher in the LV septum than in the LVAFW of non-preconditioned hearts (a), it is similar in preconditioned hearts (b)



$\pm 20 \mu\text{m}^2$ ) compared to the LV anterior free wall ( $254 \pm 11 \text{ mm}^2$ ,  $p = 0.05$ ). Also total myocardial connective tissue (Figs. 4 and 5), the amount of perivascular connective tissue (Fig. 6) and the capillary-to-myocyte distance (Fig. 7) were increased in the LV septum compared to the LV anterior free wall. These histological findings were confirmed in healthy hearts from rabbits (Figs. 5–7).

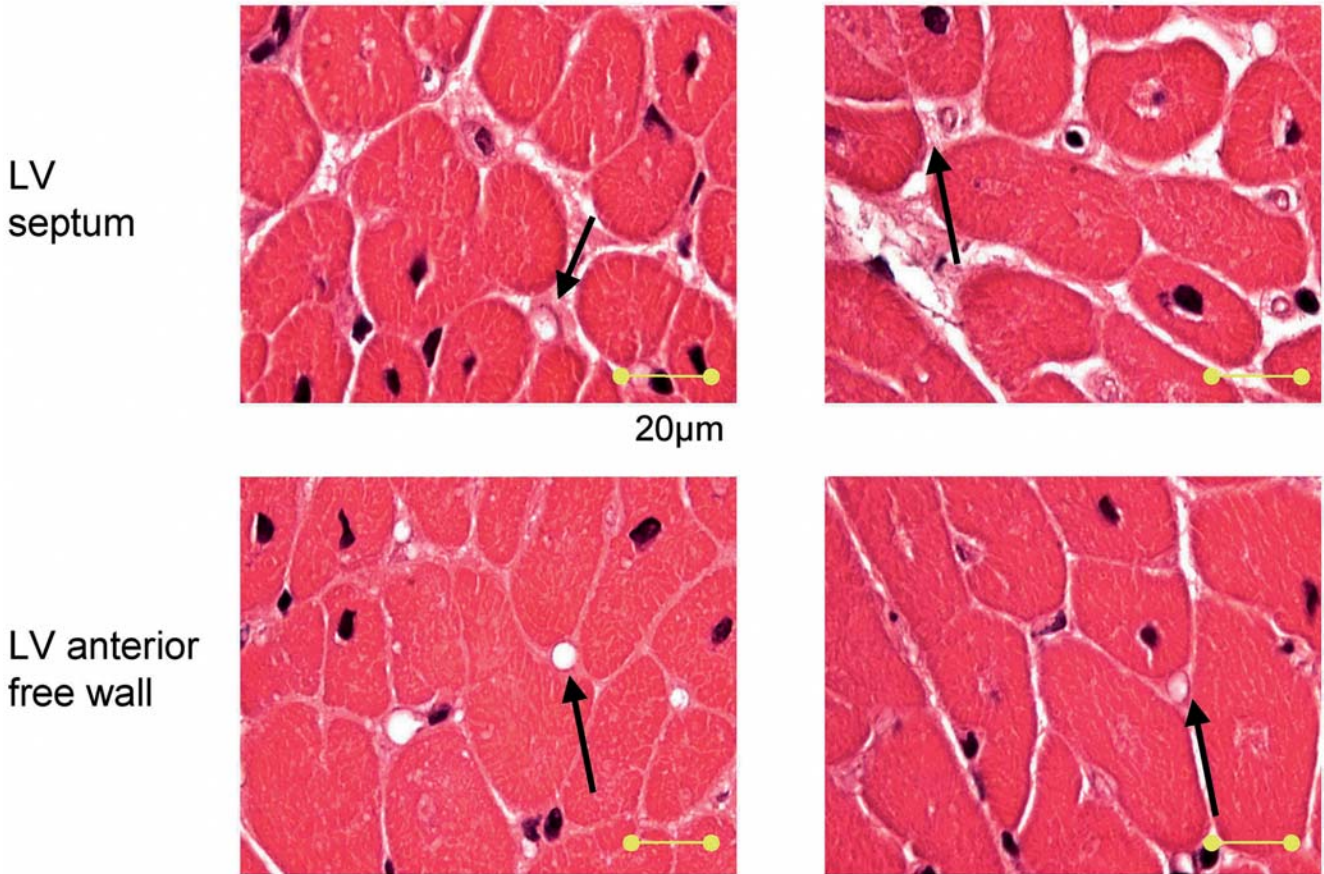
## Discussion

In pigs, regional differences in infarct development and protection from it by ischemic preconditioning exists in the LAD perfusion territory, which is independent of ischemic blood flow but apparently related to pre-existing structural differences.

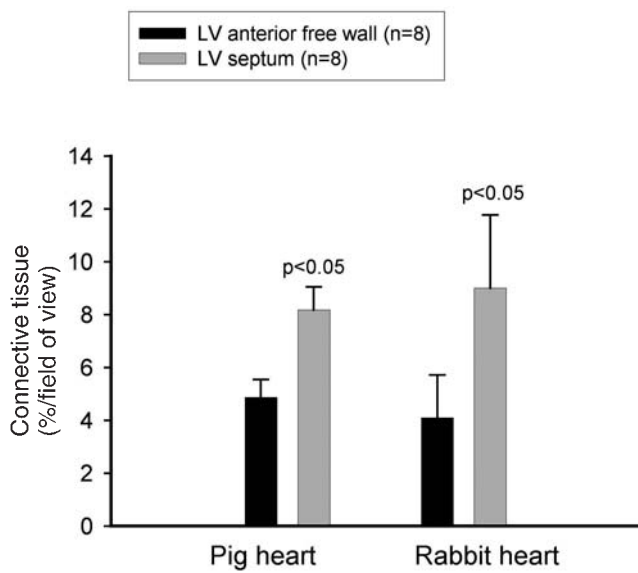
## ■ Critique of methods

The present experiments were performed in pigs since infarct development in this species, due to the sparsity of the innate collateral circulation, most closely resembles that observed in man [32].

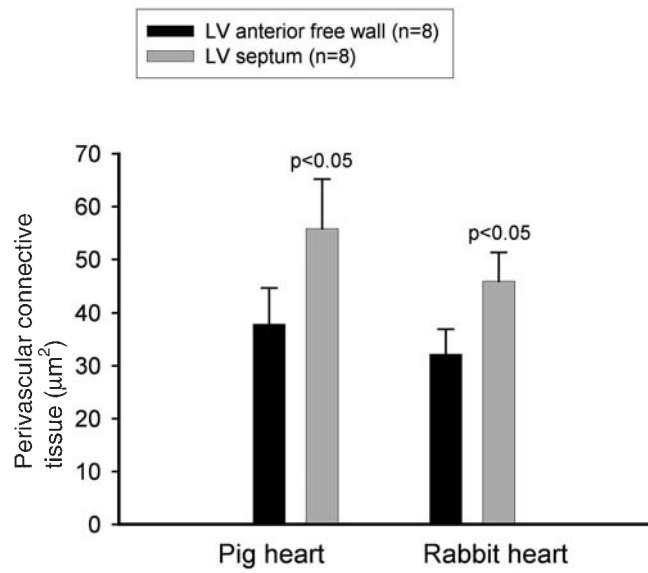
Since collateral flow is small in pigs [32], complete occlusion of the proximal left anterior descending coronary artery results in extensive infarction of the left ventricle and subsequent pump failure. Therefore in the present study, the left anterior descending coronary artery perfusion territory was hypoperfused at low, but maintained flow, resulting in a large area at risk (49% of the LV mass on the average), but a small infarct size when expressed as a percent of the area at risk (16 – 25%). However, infarct size expressed as a percent of the total LV mass in the present study averaged 7–12% and was thus comparable to that of previous studies using pigs



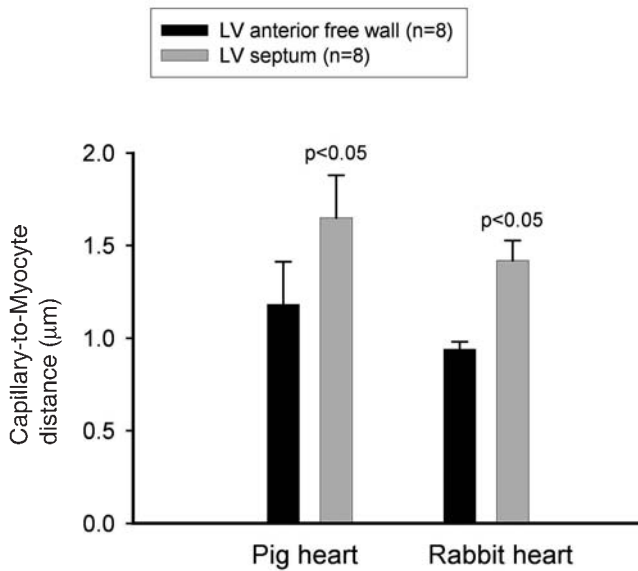
**Fig. 4** Tissue sections from the LV septum (upper two graphs) and the LV anterior free wall (lower two graphs). The connective tissue (arrows) is increased in the LV septum compared to the LV anterior free wall



**Fig. 5** Total myocardial connective tissue was increased in the LV septum compared to the LV anterior free wall in pig and rabbit hearts



**Fig. 6** Perivascular connective tissue was increased in the LV septum compared to the LV anterior free wall in pig and rabbit hearts



**Fig. 7** The capillary-to-myocyte distance was increased in the LV septum compared to the LV anterior free wall in pig and rabbit hearts

with a total occlusion of only one distal left anterior descending coronary artery branch [33].

### ■ Blood flow

While no difference in blood flow between the LV septum and the LV anterior free wall exists in dogs [52], blood flow distribution within the LAD perfusion territory under baseline conditions differs between the LV septum and the LV anterior free wall in humans [12]. The reduced blood flow in the LV septum compared to the LV anterior free wall in the present study could have resulted from an increased extravascular compression [51] and/or LV fibrosis; the latter explanation, however, appears to be of little importance for the present findings on infarction, since the pronounced difference in blood flow seen under baseline conditions was lost during ischemia. In agreement with previous results, myocardial tissue in the LV anterior free wall undergoing infarction had higher baseline blood flow than tissue which remained viable [17]. However, this was not observed in the LV septum, for reasons unknown.

### ■ Blood flow and ischemic preconditioning

In pig hearts, ischemic preconditioning increases the number of infarcted tissue pieces (y-axis) with lower blood flow values (x-axis) compared to non-preconditioned hearts [21]. Similarly, the ischemic myocardial blood flow (x-axis) below which irreversible tissue damage develops (y-axis) is shifted leftwards in precondi-

tioned pig hearts [28]. These results imply that downregulation of energy expenditure (or less energy wastage) occurs in preconditioned hearts and plays a role in its cardioprotective effects [27]. Therefore, at similar ischemic blood flow – as seen in the present study – irreversible tissue damage in preconditioned myocardium is less than in non-preconditioned myocardium. Whether or not the blood flow threshold for the development of irreversible tissue is similar for the LV septum and the LV anterior free wall is unknown at present.

### ■ Myocardial morphology

The cardiomyocyte cross-sectional area and the extent of myocardial connective tissue were greater in the LV septum than in the LV anterior free wall, and increased connective tissue was also measured around the myocardial blood vessels. These findings were not related to the animal species or the experimental setup, since they were also observed in intact rabbit hearts. Therefore, the general assumption of a homogenous distribution of cardiomyocyte size and collagen network within the healthy LV is challenged by the present study. In human hearts, differences in the extent of fibrosis between the LV septum and the LV anterior free wall have been found in hypertrophied [47], but not in healthy hearts [48]. However, significant differences in myocardial fiber diameter between the LV septum and the LV anterior free wall have been reported [20], with fiber diameter being greater in the LV anterior free wall than in the LV septum. The increase in the diffusion distance for oxygen (approximately 8%), as estimated from the increased capillary-to-myocyte distance and the increased cardiomyocyte cross sectional area, in the presence of a comparable ischemic blood flow could potentially contribute to the regional differences in infarct development in the LV septum vs. anterior free wall, although its exact contribution remains to be established.

In addition, differences in myocardial energy demand – which were measured previously within small regions of the left ventricle [13] – could explain the regional differences in infarct development. Since the myocardium consumes most of the oxygen to generate contractile function [30] and maintain wall stress independent of shortening [11], regional myocardial function must be measured to assess differences in myocardial energy demand between the LV septum and the LV anterior free wall. Indeed, wall thickening is greater in the LV septum than in the LV anterior free wall in humans under baseline conditions [9], but wall stress appears to be similar [3]. More importantly, in pigs regional myocardial function (fractional area) during ischemia is decreased to similar absolute values in the LV septum and the LV anterior free wall [24], and this decrease occurs more rapidly in the LV septum [25].

Thus at present, although differences in regional myocardial function cannot completely be ruled out, a major contribution to the observed regional differences in infarct development does not appear likely. Also, the established determinants of regional myocardial blood flow such as driving pressure, diastolic duration, number and diameter of blood vessels and their vasomotor tone do not predict the regional differences in infarction.

### ■ Ischemic preconditioning's protection

The close inverse relationship between ischemic regional myocardial blood flow and infarct size obtained in non-preconditioned hearts is lost in preconditioned hearts [26], indicating that the protection obtained by ischemic preconditioning is independent from ischemic energy

supply. Similarly in the present study, although infarct size was greater in the LV septum than in the LV anterior free wall in non-preconditioned hearts, it no longer differed in preconditioned hearts, again supporting the above notion. Both the above [26] and the present study imply that a certain maximum of cardioprotection by ischemic preconditioning exists; i.e. some irreversible tissue damage remains even in preconditioned hearts. The reasons for the independence of infarct development from energy supply in preconditioned hearts remain to be elucidated.

In conclusion, regional differences in infarct development and protection from it by ischemic preconditioning exists in the LAD perfusion territory of pigs, which is independent of ischemic blood flow but apparently related to pre-existing structural differences.

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