Z Rheumatol 2016 · 75:322–329 DOI 10.1007/s00393-015-1581-6 Published online: 12. September 2015 © Springer-Verlag Berlin Heidelberg 2015

Redaktion

U. Müller-Ladner, Bad Nauheim U. Lange, Bad Nauheim

G.G. Song¹ · S.-C. Bae² · Y.H. Lee¹

¹ Division of Rheumatology, Department of Internal Medicine, Korea University Anam Hospital, Korea University College of Medicine, Seoul

² Department of Rheumatology, Hanyang University Hospital for Rheumatic Diseases, Seoul

Vitamin D receptor *Fokl*, *Bsml*, and *Taql* polymorphisms and susceptibility to rheumatoid arthritis

A meta-analysis

Rheumatoid arthritis (RA) is a chronic inflammatory disease predominantly affecting the synovial joints and suffered by up to 1% of adults worldwide. Human leukocyte antigen (HLA) class II molecules have been shown to be strongly associated with RA, but family studies suggest that this association accounts for only one third of genetic susceptibility and that non-HLA genes are also involved [1, 2].

Although the primary function of vitamin D is regulation of bone mineral homeostasis, it is also involved in interleukin (IL)-2 inhibition, antibody production, and lymphocyte proliferation; therefore, vitamin D is considered to be a regulator of the immune system [3]. It is known that 1,25-dihydroxy vitamin D₃ $(1,25(OH)_2D_3)$ inhibits interferon secretion and negatively regulates IL-12 production by downregulating nuclear factorkappa B [4]. Furthermore, in one in vitro study, 1,25(OH)_2D_3 was found to have a preventative effect on autoimmune diseases [5].

The action of vitamin D is dependent on the vitamin D receptor (VDR), a member of the nuclear hormone receptor superfamily, and the *VDR* gene is one of the most frequently studied genes in the context of RA. This gene is located on chromosome 12q13.11 [6], and three polymorphisms—*BsmI* (rs1544410) and *ApaI* (rs7975232), both in intron 8; and *TaqI* (rs731236) in exon 9—have been identified at the 3'-end of the gene and been shown to be in strong linkage disequilibrium (LD; [7]). The other polymorphic region, FokI (rs10735810), is located in the start codon [6]. Although the functional significances of these four VDR polymorphisms remains unknown, it is believed that LD and one or more functional polymorphism(s) elsewhere in the VDR gene explain the observed associations between VDR gene polymorphisms and autoimmune diseases. These VDR polymorphisms have been associated with RA in some reports, but by no means in all [8, 9, 10, 11, 12]. The reasons for this disparity may be small sample sizes, low statistical power, and/or clinical heterogeneity [13, 14, 15]. Therefore, in order to overcome the limitations of individual studies, resolve inconsistencies, and reduce the likelihood that random errors are responsible for false-positive or false-negative associations, we turned to meta-analysis. The aim of the present study was to determine using meta-analysis whether the VDR FokI, BsmI, and TaqI polymorphisms are associated with susceptibility to RA.

Methods

Identification of eligible studies and data extraction

Literature search

We performed a search for studies that examined associations between *VDR* polymorphisms and RA. The literature was searched using the MEDLINE, EMBASE, and Cochrane citation databases to identify available articles in which *VDR* polymorphisms were analyzed in RA patients. Combinations of keywords, such as, 'vitamin D,' 'VDR,' 'polymorphism,' 'rheumatoid arthritis,' and 'RA' were entered as Medical Subject Headings (MeSH) or text words. References in identified studies were also investigated to identify additional studies not indexed by the electronic databases. No language or country restrictions were applied.

Inclusion criteria

Studies were included if: (1) they were case–control studies; (2) the data were original (independence among studies); (3) they provided enough data to calculate an odds ratio (OR); (4) they had a distribution of the *VDR* polymorphism in normal controls consistent with the Hardy–Weinberg equilibrium (HWE).

Exclusion criteria

The following studies were excluded: (1) studies that contained overlapping data; (2) studies in which the number of null and wild type genotypes could not be ascertained; and (3) studies in which family members were studied, because these analyses are based on linkage considerations.

Data extraction

We conducted a systematic review and meta-analysis in accordance with the guidelines provided by the Preferred Reporting Items for Systematic Reviews and

Tab. 1 Characteristics of individual studies included in the meta-analysis											
Study [Ref]	Country	Ethnicity	Numbers		Polymorphism(s)	Association of findings	Quality				
			Case Control		-		score				
Karray et al. 2012 [8]	Tunisia	Tunisian	108	152	Fokl, Bsml	Fokl (p=0.001), Bsml (NS)	6				
Chelani-1 et al. 2011 [12]	United Kingdom	Asian	130	146	Fokl, Bsml	<i>Fokl</i> (NS), <i>Bsml</i> (p<0.001)	5				
Chelani-2 et al. 2011 [12]	United Kingdom	European	132	144	Fokl, Bsml	NS	5				
Maalej-1 et al. 2005 [9]	France	European	100	100	Fokl, Bsml, Taql	Fokl (p=0.01), Bsml (NS), Taql (NS)	6				
Maalej-2 et al. 2005 [9]	France	European	271	130	Fokl	NS	5				
Goertz et al. 2003 [10]	Germany	European	62	40	Fokl, Bsml, Taql	Fokl (NS), Bsml (p=0.026), Taql (p=0.017)	4				
Garcia-Lozano et al. 2001 [11]	Spain	European	120	200	Bsml, Taql	NS	5				

Ref reference, NS not significant.

Tab. 2 Meta-analysis of the associations between the vitamin D receptor (VDR) Fokl and Bsml polymorphisms and rheumatoid arthritis									
Polymorphism	Population	No. of studies	Test of associ	ation		Test of h	Publication		
			OR	95% CI	p-value	Model	p-value	l ²	bias p-value
Fokl									
F vs. f	Overall	6	1.174	0.994–1.387	0.059	F	0.170	35.5	0.192
	European	4	1.402	1.126–1.746	0.003	F	0.629	0	
FF vs. Ff + ff (recessive)	Overall	6	1.249	0.997-1.564	0.054	F	0.100	45.8	0.098
	European	4	1.611	1.203–2.158	0.001	F	0.620	0	
FF + Ff vs. ff (dominant)	Overall	6	1.164	0.827-1.637	0.384	F	0.738	0	0.761
	European	4	1.322	0.834–2.095	0.234	F	0.553	0	
FF vs. ff	Overall	6	1.261	0.875–1.817	0.214	F	0.414	0.25	0.675
	European	4	1.652	1.013-2.693	0.044	F	0.510	0	
Bsml									
B vs. b	Overall	6	1.065	0.911-1.245	0.427	F	0.000	94.8	0.265
	European	4	1.057	0.866-1.291	0.583	F	0.000	96.8	
BB vs. Bb + bb (recessive)	Overall	6	1.169	0.909-1.504	0.224	F	0.016	63.9	0.268
	European	4	1.474	1.067-2.036	0.019	F	0.031	66.1	
BB + Bb vs. bb (dominant)	Overall	6	0.826	0.654-1.042	0.106	F	0.501	0	0.133
	European	4	0.788	0.597–1.058	0.113	F	0.253	26.4	
BB vs. bb	Overall	6	0.957	0.711-1.289	0.772	F	0.933	0	0.970
	European	4	1.084	0.739–1.592	0.679	F	0.961	0	
al ² -0 indicates abcarge of baterageneity U(DR) uitamin Direcenter OR adde ratio CL confidence interval E Fived affects model									

al²=0 indicates absence of heterogeneity *VDR* vitamin D receptor, *OR* odds ratio, *CI* confidence interval, *F* Fixed effects model.

Tab. 3 Meta-analysis of the association between the vitamin D receptor (VDR) Taql polymorphism and rheumatoid arthritis									
Polymorphism	Population	No. of studies	Test of	Test of association			neterogene	Publication bias p-	
			OR	95% CI	p-value	Model	p-value	²	value
Taql									
T vs. t	Overall	3	1.065	0.834-1.361	0.613	F	0.211	35.7	0.076
	European	3	1.065	0.834–1.361	0.613	F	0.211	35.7	
TT vs. Tf + tt (recessive)	Overall	3	1.243	0.891–1.735	0.200	F	0.147	47.8	0.324
	European	3	1.243	0.891–1.735	0.200	F	0.147	47.8	
TT + Tt vs. tt (dominant)	Overall	3	0.823	0.500-1.354	0.443	F	0.491	0	0.353
	European	3	1.243	0.891-1.735	0.200	F	0.147	47.8	
TT vs. tt	Overall	3	1.022	0.599–1.742	0.937	F	0.422	0	0.138
	European	3	1.243	0.891-1.735	0.200	F	0.147	47.8	
^a l ² =0 indicates absence of heterogeneity <i>VDR</i> vitamin D receptor, <i>OR</i> odds ratio, <i>CI</i> confidence interval, <i>F</i> Fixed effects model.									

Meta-Analyses (PRISMA) statement. Regarding the methods and results of metaanalysis, data were extracted from original studies by two independent reviewers. Discrepancy between the reviewers was resolved by consensus or a third reviewer. The following information was extracted from each study: author, year of publication, ethnicity of the study population, demographics, and numbers of cases and controls for the *FokI*, *BsmI*, and *TaqI* genotypes. Frequencies of alleles were calculated from corresponding genotype distributions.

Evaluations of statistical associations

We performed meta-analyses using: (1) allelic contrast, (2) contrast of homozygotes, (3) recessive, and (4) dominant models. Point estimates of risk, ORs, and 95% confidence intervals (CI) were estimated for each study. In addition, intraand interstudy variations or heterogeneities were assessed using Cochran's Q-statistic. This heterogeneity test assesses the null hypothesis that all studies evaluated the same effect. The effect of heterogeneity was quantified using I², which ranges between 0 and 100% and represents the proportion of interstudy variability that can be attributed to heterogeneity as opposed to chance [16]. I² values of 25, 50, and 75% were nominally assigned as low, moderate, and high estimates, respectively. The fixed effects model assumes that genetic factors have similar effects on RA susceptibility across all investigated studies, and that observed variations among studies are caused by chance alone [17]. The random effects model assumes that different studies show substantial diversity and assesses both intrastudy sampling error and interstudy variance [18]. We used the fixed effects model in this meta-analysis. Statistical manipulations were undertaken using the Comprehensive Meta-Analysis computer program (Biosta, Englewood, NJ, USA).

Abstract · Zusammenfassung

Z Rheumatol 2016 · 75:322–329 DOI 10.1007/s00393-015-1581-6 © Springer-Verlag Berlin Heidelberg 2015

G.G. Song · S.-C. Bae · Y.H. Lee Vitamin D receptor *Fokl, Bsml,* and *Taql* polymorphisms and susceptibility to rheumatoid arthritis. A meta-analysis

Abstract

Objective. The aim of this study was to explore whether vitamin D receptor (*VDR*) polymorphisms are associated with susceptibility to rheumatoid arthritis (RA).

Methods. Meta-analyses were conducted on the associations between the *VDR FokI*, *BsmI*, and *TaqI* polymorphisms and RA. **Results.** A total of seven studies were considered in the meta-analysis, involving a total of 923 patients and 912 controls. Meta-analysis of the *VDR FokI* polymorphism showed no association between RA and the F allele in the entire studied cohort (odds ratio, OR =1.1740, 95% confidence interval, CI =0.994–1.387, *p*=0.059). However, stratification by ethnicity revealed a significant association between the F allele and RA in Europeans (OR =1.402, 95% CI =1.126–1.746, p=0.003). Furthermore, an association was found between RA and the *VDR Fokl* polymorphism using both the dominant model and homozygote contrast. Meta-analysis revealed no association between RA and the *VDR Bsml* B and *Taql* T polymorphisms in Europeans (OR for the B allele = 1.065, 95% CI =0.911-1.245, p=0.427; OR for the T allele = 1.065, 95% CI =0.834-1.361, p=0.613). **Conclusion.** This meta-analysis suggests that the *VDR Fokl* polymorphism is associated with susceptibility to RA in European populations.

Keywords

Immune system · Autoimmune diseases · Hormone receptors, nuclear · MEDLINE · Linkage disequilibrium

Fokl, Bsml und *Taql*-Polymorphismus des Vitamin-D-Rezeptors und Anfälligkeit für rheumatoide Arthritis. Eine Metaanalyse

Zusammenfassung

Ziel. Ziel der vorliegenden Studie war es zu untersuchen, ob Vitamin-D-Rezeptor(VDR)-Polymorphismen mit der Anfälligkeit für rheumatoide Arthritis (RA) in Zusammenhang stehen.

Methoden. Es wurden Metaanalysen zu den Assoziationen zwischen den Fokl-, Bsml- und Taql-Polymorphismen des VDR und RA durchgeführt.

Ergebnisse. In der Metaanalyse wurden 7 Studien berücksichtigt, die 923 Patienten und 912 Kontrollen umfassten. Die Metaanalyse des *VDR-Fokl-*Polymorphismus ergab keine Assoziation zwischen RA und dem F-Allel in der gesamten untersuchten Kohorte (Odds Ratio, OR =1,1740; 95%-Konfidenzintervall, 95%-KI =0,994–1,387; p=0,059). Jedoch zeigte die Stratifizierung nach Ethnizität eine signifikante Assoziation zwischen dem F-Allel und RA bei Europäern (OR =1,402; 95%-KI =1,126–1,746; p=0,003). Darüber hinaus wurde eine Assoziation zwischen RA und dem VDR-Fokl-Polymorphismus anhand des dominanten Modells und des homozygoten Kontrasts festgestellt. Wie die Metaanalyse zeigte, bestand keine Assoziation zwischen RA und den VDR-Bsml-B- und -Taql-T-Polymorphismen bei Europäern (OR für das B-Allel = 1,065; 95%-KI = 0,911–1,245; p=0,427; OR für das T-Allel = 1,065; 95%-KI = 0,834– 1,361; p=0,613).

Schlussfolgerung. Die vorliegende Metaanalyse liefert Hinweise darauf, dass der VDR-Fokl-Polymorphismus mit der Anfälligkeit für RA in der europäischen Bevölkerung assoziiert ist.

Schlüsselwörter

Immunsystem · Autoimmunkrankheit · Hormonrezeptoren, nukleäre · MEDLINE · Kopplungsungleichgewicht

Evaluation of quality score assessment, sensitivity test, and publication bias

The included studies were scored by the two reviewers, based on criteria selected from published recommendations on the evaluation of the quality of genetic association studies [19]; any disagreement was adjudicated by a third author. Total scores ranged from 0 to 10. Sensitivity analysis was also performed; firstly to assess the influence of each study on the pooled OR (by omitting each individual study) and secondly, to evaluate the statistical robustness of the results. Funnel plots are often used to detect publication bias. However, due to the limitations of funnel plotting,



Fig. 1 < Study flow chart

which requires a range of studies of varying sizes involving subjective judgments, publication bias was evaluated using Egger's linear regression test [20], which measures funnel plot asymmetry using a natural logarithm scale of OR.

Results

Studies included in the meta-analysis

In total, 621 studies were identified by electronic and manual searches, and 10 were selected for a full-text review based on title and abstract details [8, 9, 10, 11, 12, 21, 22, 23, 24, 25]. Five of these 10 studies were excluded; four because they had a genotype distribution in controls that was inconsistent with the HWE [21, 22, 23, 24] and one because it did not include the *FokI*, *BsmI*, and *TaqI* polymorphisms [25]. Five studies thus met the inclusion criteria [8, 9, 10, 11, 12]. Two of the eligible studies contained data on two different groups [9, 12] and these groups were treated independently. The study selection protocol is illustrated in **I** Fig. 1. Therefore, a total of seven separate comparisons were considered in the meta-analysis, comprising 923 patients and 912 controls in total (**Tab. 1**). These seven studies included one Asian, one Tunisian, and five European populations. An ethnicity-specific meta-analysis was thus conducted for European populations. Six studies examined the VDR FokI polymorphism, six the VDR BsmI polymorphism, and three the VDR TaqI polymorphism. Selected characteristics of these studies with respect to associations between the VDR polymorphisms and RA are summarized in **I** Tab. 1.

Meta-analysis of relationships between VDR polymorphisms and rheumatoid arthritis

A summary of the meta-analysis findings regarding the association between the

different *VDR* polymorphisms and RA is provided in **2** Tab. 2 and **2** Tab. 3.

Fokl polymorphism

Meta-analysis of the *VDR FokI* polymorphism showed no association between RA and the F allele in all study subjects (OR =1.1740, 95% CI =0.994–1.387, p=0.059; **Tab. 2, Fig. 2**). However, stratification by ethnicity revealed a significant association between the F allele and RA in Europeans (OR =1.402, 95% CI =1.126–1.746, p=0.003; **Tab. 2, Fig. 3**). Furthermore, an association was found between RA and the *VDR FokI* polymorphism using both the dominant model and the homozygote contrast (**Tab. 2**).

Bsml polymorphism

Meta-analysis revealed no association between RA and the *BsmI* B allele in all study subjects (OR =1.065, 95% CI =0.911–1.245, p=0.427; • **Tab. 2**, • **Fig. 2**). Stratification by ethnicity indicated an associa-

Originalien

Study name	Statis	tics for each	study		Q	dds ratio and	95% 0	.1			
	Odds ratio	Lower limit	Upper limit	p-Value							
Karray, 2012	0.964	0.654	1.421	0.853							
Maalej-1, 2005	1.691	1.129	2.534	0.011			-				
Maalej-2, 2005	1.302	0.863	1.967	0.209			⊣∎	H			
Goertz, 2003	1.568	0.856	2.872	0.145			+-	∎┼─			
Ghelani-1, 2001	1.186	0.790	1.779	0.411			_	_			
Ghelani-2, 2001	0.891	0.634	1.252	0.506							
	1.174	0.994	1.387	0.059							
					0.1	0.2 0.5	1	2	5	10	
a						Control		R	A		
Study name	<u>S1</u>	atistics for e	each study			Odds ratio	and 95	% <u>C</u> I			
	Odds ratio	Lower limit	Upper limit	p-Value							
Karray, 2012	0.977	0.685	1.392	0.896112							
Maalej, 2005	0.376	0.249	0.568	0.000003		│■-┼					
Goertz, 2003	0.261	0.138	0.496	0.000041		╶┼ ब ─┤					
Garcia-Lozano, 2001	0.972	0.698	1.353	0.866070							
Ghelani-1, 2001	4.057	2.825	5.827	<0.000000				-			
Ghelani-2, 2001	1.188	0.835	1.689	0.338243			-	-			
	1.065	0.911	1.245	0.426671			•				
b					0.1	0.2 0.5 Control	1	2 R/	5 4	10	
Study name		Statistics for each study				Odds ra	atio an	d 95%	CI		
	Odds ratio	Lower limit	Upper limit	p-Value					_		
Maalej, 2005	1.093	0.723	1.653	0.673			-	-			
Goertz, 2003	0.594	0.294	1.202	0.148							Fig. 2 < Odds rat
Garcia-Lozano, 2001	1.197	0.854	1.677	0.296			-	-			(CI) of individual s
	1.065	0.834	1.361	0.613			•				and pooled data f
					0.1	0.2 0.5	1	2	5	10	the vitamin D reco (VDR) Fokl (a), Bsr
c						Control		R	A		Taql (c) polymorp

and pooled data for the allelic associations between the vitamin D receptor (VDR) Fokl (a), Bsml (b), and Taql (c) polymorphisms and rheumatoid arthritis (RA) Heterogeneity, sensitivity test, and publication bias

Some interstudy heterogeneity was found during the meta-analysis of the *VDR BsmI* polymorphism. However, no interstudy heterogeneity was found during the metaanalyses of the *VDR FokI* and *TaqI* polymorphisms.

Sensitivity analysis was performed to assess the influence of each individual study on the pooled OR by removing each

tion between the *VDR BsmI* allele and RA in Europeans (OR =1.474, 95% CI =1.067– 2.036, p=0.019; **Tab. 2**). However, there was a high heterogeneity in the metaanalysis and the random effects model showed no association (OR =0.801, 95% CI =0.251–2.562, p=0.709). The recessive and dominant models, as well as homozygote contrast failed to reveal an association between the *BsmI* polymorphism and RA in all subjects (**Tab. 2**).

Taql polymorphism

Meta-analysis indicated no association between RA and the *TaqI* T allele in the European populations (OR =1.065, 95% CI = 0.834-1.361, p=0.613; **a** Tab. 3; **b** Fig. 2). The recessive and dominant models, as well as homozygote contrast failed to reveal an association between the *TaqI* polymorphism and RA (**b** Tab. 3).

Group by	Study name	Statistics for each study					
Ethnicity		Odds ratio	Lower limit	Upper limit	p-Value		
Asian	Ghelani-2, 2001	0.891	0.634	1.252	0.506		
Asian		0.891	0.634	1.252	0.506		
European	Maalej-1, 2005	1.691	1.129	2.534	0.011		
European	Maalej-2, 2005	1.302	0.863	1.967	0.209		
European	Goertz, 2003	1.568	0.856	2.872	0.145		
European	Ghelani-1, 2001	1.186	0.790	1.779	0.411		
European		1.402	1.126	1.746	0.003		
Tunisian	Karray, 2012	0.964	0.654	1.421	0.853		
Tunisian		0.964	0.654	1.421	0.853		





Odds ratio (95% CI)

with study removed

1 2

Odds ratio (95% CI)

with study removed

0.1 0.2 0.5

Control

0.5 1 2

0.5 1 2

0.2

Control

Odds ratio (95% CI)

with study removed

Control

5

5 10

5 10

RA

RA

RA

10

Fig. 3 ◀ Odds ratios and 95% confidence intervals (*CI*) of individual studies and pooled data for the associations between the F allele of the vitamin D receptor (*VDR*) *FokI* polymorphism and rheumatoid arthritis (*RA*) in each ethnic group

study in turn and recalculating the pooled OR. This analysis showed that no individual study significantly affected the pooled OR of the VDR TaqI polymorphism, indicating statistically robust results from this meta-analysis. After the study of Karray et al. or Ghelani-2 et al. was excluded, the results of the VDR FokI polymorphism were changed (OR =1.228, 95% CI =1.021-1.476, p=0.029; OR =1.281, 95% CI =1.058-1.550, *p*=0.011; Fig. 4). When the study of Maalej et al. or Ghelanin-1 et al. was excluded, the results of the VDR BsmI polymorphism changed (OR =1.268, 95% CI =1.071-1.500, p=0.006; OR =0.786, 95% CI =0.661−0.934, *p*=0.006; **⊆** Fig. 4). However, when two studies [9, 10] at one side of the vertical line and one study [12] at the opposite side were excluded, the results of the VDR BsmI polymorphism did not change and heterogeneity disappeared (OR =1.038, 95% CI =0.850-1.267, $p=0.714; I^2=0$, heterogeneity p=0.661).

It was difficult to correlate the funnel plot, which is usually used to detect publication bias, as the number of studies included in the analysis was relatively small. However, Egger's regression test showed no evidence of publication bias (**•** Tab. 2, 3, **•** Fig. 5).

Discussion

Although the multifactorial natures of autoimmune diseases are well recognized, genetic factors are considered to be strong determinants of these diseases, and researchers have thus been encouraged to search for the genes responsible. Many genes have been studied in this context; the *VDR* gene being an example of

Study name	Statistic	Statistics with study removed							
	Point	Lower limit	Upper limit	p-Value					
Karray, 2012	1.228	1.021	1.476	0.029					
Maalej-1, 2005	1.090	0.908	1.308	0.356					
Maalej-2, 2005	1.151	0.959	1.380	0.131					
Goertz, 2003	1.147	0.964	1.364	0.121					
Ghelani-1, 2001	1.172	0.976	1.407	0.089					
Ghelani-2, 2001	1.281	1.058	1.550	0.011					
	1.174	0.994	1.387	0.059					

а

Study name	Statistics with study removed							
	Point	Lower limit	Upper limit	p-Value				
Karray, 2012	1.088	0.914	1.294	0.342				
Maalej, 2005	1.268	1.071	1.500	0.006				
Goertz, 2003	1.164	0.991	1.367	0.065				
Garcia-Lozano, 2001	1.094	0.916	1.305	0.322				
Ghelani-1, 2001	0.786	0.661	0.934	0.006				
Ghelani-2, 2001	1.037	0.872	1.234	0.679				
	1.065	0.911	1.245	0.427				
					0.1	0.2		

b

Study name	Statis	tics with s	study rem	oved	
	Point	Lower limit	Upper limit	p-Value	
Maalej, 2005	1.050	0.775	1.424	0.751	
Goertz, 2003	1.154	0.889	1.499	0.282	
Garcia-Lozano, 2001	0.935	0.655	1.336	0.712	
	1.065	0.834	1.361	0.613	
					0.1
c					





Fig. 5 Funnel plots of studies examining the allelic associations between the vitamin D receptor (*VDR*) *Fokl* (**a**), *Bsml* (**b**), and *Taql* (**c**) polymorphisms and rheumatoid arthritis (RA) in all subjects. *SE* standard error (Egger's regression p-values =0.192, 0.265, 0.076, for **a**, **b**, and **c**, respectively)

those studied in the context of RA [26]. Vitamin D plays a key role in calcium homeostasis and also contributes to regulation of the immune system [3]. Given the immunosuppressive effects of vitamin D and the potential link between vitamin D deficiency and autoimmune diseases, *VDR* polymorphisms, which may influence VDR activity, have been studied as potential causes of autoimmune diseases, including RA [27, 28].

In this meta-analysis, we combined data from published studies to evaluate genetic associations between the most commonly studied polymorphisms of the *VDR* gene, namely the *FokI*, *BsmI*, and *TaqI* polymorphisms, and RA. Our metaanalysis of the *VDR BsmI* and *TaqI* polymorphisms showed no association with RA; neither in all study subjects nor in Europeans. In contrast, meta-analysis of the *FokI* polymorphism showed a significant association with RA in European populations (OR =1.402, 95% CI =1.126–1.746, p=0.003) without heterogeneity, suggesting that the *VDR FokI* F allele may be a risk factor for RA in Europeans.

However, our results should be interpreted with caution because of the limited number of studies included in this metaanalysis, which also restricted further subgroup analyses. High heterogeneity was observed in the VDR polymorphism meta-analysis, and sensitivity analysis performed by removing each study in turn, revealed that the results of meta-analysis of the VDR FokI and BsmI polymorphisms were not statistically robust. Furthermore, the relative importance of the VDR polymorphisms during the development of RA may be dependent on ethnicity. We were able to perform ethnicity-specific meta-analysis of the FokI polymorphism only in the European patients.

The FokI and BsmI polymorphisms have a functional role. The FokI polymorphism located in a start codon creates an alternative start site, resulting in a protein of different length [29]. The short protein (F allele) is more active than the long variant (f allele) with respect to its transactivation activity [30]. Vitamin D concentration was significantly increased in patients with the ff genotype compared to individuals carrying the FF genotype [30]. VDR mRNA level was significantly decreased in patients with the VDR B allele compared to those not having the B allele [31]. However, our results are not consistent with these functional studies of the VDR BsmI polymorphism. Epidemiologic results often do not coincide with functional studies, because RA is a complex disease; with contributions from multiple genes, different genetic backgrounds, and environmental factors. The VDR BsmI polymorphism might not be associated with RA susceptibility, but rather with RA severity or clinical findings. Additionally, our results on the VDR BsmI polymorphism might be due to type II error.

The present study has some limitations that require consideration. Firstly, heterogeneity and confounding factors may have distorted the analysis. Secondly, ethnicityspecific analysis included data from European patients; therefore, the results are only applicable to that particular ethnic group. Thirdly, haplotype analysis may have provided more information and would have been more powerful than single polymorphism analysis. Furthermore, LD was found for the BsmI, TaqI, and ApaI polymorphisms [7]. However, no meta-analysis of haplotypes was possible due to inadequate haplotype data. Fourthly, the VDR polymorphisms may be associated with RA severity and clinical features, but the small amount of available data did not allow us to investigate these associations.

Conclusion

This meta-analysis demonstrates that the *VDR FokI* polymorphism is associated with susceptibility to RA in European populations. However, an association was not found between the *VDR BsmI* and *TaqI* polymorphisms and RA. Larger-scale studies in populations with different ethnicities are necessary to explore the roles of *VDR* gene polymorphisms in the pathogeneses of RA.

Corresponding address

Y.H. Lee

Division of Rheumatology, Department of Internal Medicine, Korea University Anam Hospital, Korea University College of Medicine 126-1, Anam-dong 5-ga, Seongbuk-gu, 136–705 Seoul Korea Iyhcgh@korea.ac.kr

Acknowledgements. This study was supported in part by a grant from the Korea Healthcare Technology R&D Project, Ministry for Health and Welfare, Republic of Korea (HI13C2124).

Compliance with ethical guidelines

Conflict of interest. G.G. Song, S.-C. Bae, and Y.H. Lee state that there are no conflicts of interest.

The accompanying manuscript does not include studies on humans or animals.

References

- MacGregor AJ, Snieder H, Rigby AS et al (2000) Characterizing the quantitative genetic contribution to rheumatoid arthritis using data from twins. Arthritis Rheum 43(1):30–37
- Kim HR, Park MK, Cho ML et al (2010) Induction of macrophage migration inhibitory factor in ConA-stimulated rheumatoid arthritis synovial fibroblasts through the P38 map kinase-dependent signaling pathway. Korean J Intern Med 25(3):317– 326
- Maruotti N, Cantatore FP (2010) Vitamin D and the immune system. J Rheumatol 37(3):491–495
- Boonstra A, Barrat FJ, Crain C et al (2001) 1alpha,25-Dihydroxyvitamin d3 has a direct effect on naive CD4(+) T cells to enhance the development of Th2 cells. J Immunol 167(9):4974–4980
- Koizumi T, Nakao Y, Matsui T et al (1985) Effects of corticosteroid and 1,24R-dihydroxy-vitamin D3 administration on lymphoproliferation and autoimmune disease in MRL/MP-lpr/lpr mice. Int Arch Allergy Appl Immunol 77(4):396–404
- Miyamoto K, Kesterson RA, Yamamoto H et al (1997) Structural organization of the human vitamin D receptor chromosomal gene and its promoter. Mol Endocrinol 11(8):1165–1179
- Morrison NA, Yeoman R, Kelly PJ, Eisman JA (1992) Contribution of trans-acting factor alleles to normal physiological variability: vitamin D receptor gene polymorphism and circulating osteocalcin. Proc Natl Acad Sci U S A 89(15):6665–6669
- Karray EF, Ben Dhifallah I, Ben Abdelghani K et al (2012) Associations of vitamin D receptor gene polymorphisms Fokl and Bsml with susceptibility to rheumatoid arthritis and Behcet's disease in Tunisians. Joint Bone Spine 79(2):144–148
- Maalej A, Petit-Teixeira E, Michou L et al (2005) Association study of VDR gene with rheumatoid arthritis in the French population. Genes Immun 6(8):707–711
- Goertz B, Fassbender WJ, Williams JC et al (2003) Vitamin D receptor genotypes are not associated with rheumatoid arthritis or biochemical parameters of bone turnover in German RA patients. Clin Exp Rheumatol 21(3):333–339
- 11. Garcia-Lozano JR, Gonzalez-Escribano MF, Valenzuela A et al (2001) Association of vitamin D receptor genotypes with early onset rheumatoid arthritis. Eur J Immunogenet 28(1):89–93
- Ranganathan P (2009) Genetics of bone loss in rheumatoid arthritis—role of vitamin D receptor polymorphisms. Rheumatology (Oxford) 48(4):342–346
- Nath SK, Harley JB, Lee YH (2005) Polymorphisms of complement receptor 1 and interleukin-10 genes and systemic lupus erythematosus: a metaanalysis. Hum Genet 118(2):225–234
- 14. Lee YH, Witte T, Momot T et al (2005) The mannose-binding lectin gene polymorphisms and systemic lupus erythematosus: two case-control studies and a meta-analysis. Arthritis Rheum 52(12):3966–3974
- Lee YH, Ji JD, Song GG (2007) Tumor necrosis factor-alpha promoter –308 A/G polymorphism and rheumatoid arthritis susceptibility: a metaanalysis. J Rheumatol 34(1):43–49
- Higgins JP, Thompson SG (2002) Quantifying heterogeneity in a meta-analysis. Stat Med 21(11):1539–1558
- 17. Egger M, Smith GD, Phillips AN (1997) Meta-analysis: principles and procedures. BMJ 315(7121):1533–1537

- DerSimonian R, Laird N (1986) Meta-analysis in clinical trials. Control Clin Trials 7(3):177–188
- Clark MF, Baudouin SV (2006) A systematic review of the quality of genetic association studies in human sepsis. Intensive Care Med 32(11):1706–1712
- Egger M, Davey Smith G, Schneider M, Minder C (1997) Bias in meta-analysis detected by a simple, graphical test. BMJ 315(7109):629–634
- Hitchon CA, Sun Y, Robinson DB et al (2012) Vitamin D receptor polymorphism rs2228570 (Fok1) is associated with rheumatoid arthritis in North American natives. J Rheumatol 39(9):1792–1797
- Hussien YM, Shehata A, Karam RA et al (2013) Polymorphism in vitamin D receptor and osteoprotegerin genes in Egyptian rheumatoid arthritis patients with and without osteoporosis. Mol Biol Rep 40(5):3675–3680
- Rass P, Pakozdi A, Lakatos P et al (2006) Vitamin D receptor gene polymorphism in rheumatoid arthritis and associated osteoporosis. Rheumatol Int 26(11):964–971
- Lee CK, Hong JS, Cho YS et al (2001) Lack of relationship between vitamin D receptor polymorphism and bone erosion in rheumatoid arthritis. J Korean Med Sci 16(2):188–192
- Milchert M (2010) Association between Bsml vitamin D receptor gene polymorphism and serum concentration of vitamin D with progression of rheumatoid arthritis. Ann Acad Med Stetin 56(1):45–56
- Raychaudhuri S (2010) Recent advances in the genetics of rheumatoid arthritis. Curr Opin Rheumatol 22(2):109–118
- Lee YH, Bae SC, Choi SJ et al (2011) Associations between vitamin D receptor polymorphisms and susceptibility to rheumatoid arthritis and systemic lupus erythematosus: a meta-analysis. Mol Biol Rep 38(6):3643–3651
- Lee YH, Choi SJ, Ji JD, Song GG (2012) Vitamin D receptor Apal, Taql, Bsml, and Fokl polymorphisms and psoriasis susceptibility: a meta-analysis. Mol Biol Rep 39(6):6471–6478
- Arai H, Miyamoto K, Taketani Y et al (1997) A vitamin D receptor gene polymorphism in the translation initiation codon: effect on protein activity and relation to bone mineral density in Japanese women. J Bone Miner Res 12(6):915–921
- Monticielo OA, Brenol JC, Chies JA et al (2012) The role of Bsml and Fokl vitamin D receptor gene polymorphisms and serum 25-hydroxyvitamin D in Brazilian patients with systemic lupus erythematosus. Lupus 21(1):43–52
- Luo XY, Yang MH, Wu FX et al (2012) Vitamin D receptor gene Bsml polymorphism B allele, but not BB genotype, is associated with systemic lupus erythematosus in a Han Chinese population. Lupus 21(1):53–59