

LigaSure™ compared with ligatures and endoclips in experimental appendectomy: how safe is it?

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Abstract

Purpose The present study aims to compare strength, healing, and inflammation of appendiceal stumps closed by LigaSure Precise™ (Valleylab, Boulder, CO, USA) device, ligatures using polyglactin 910 (Vicryl, Ethicon, Edinburgh, UK) and endoclips (Ligaclip ERCA, Ethicon, OH, USA), and operation time (OT) in experimental appendectomy.

Methods Forty-eight Sprague–Dawley rats were divided into two (Group A and B). Each group was further subdivided into three subgroups (AS, AC, AL, BS, BC, BL) containing eight rats. Appendectomy was performed and stump was closed by ligatures in S, by endoclips in C and by LigaSure™ in L subgroups. OT was recorded. In Group A, cecum bursting pressures (BP) were determined instantly after the operation. In Group B, BP, histological evaluations, and measurements of collagen contents estimated by the tissue hydroxyproline (HPL) level were made on the seventh postoperative day. Statistical analyses were performed with Kruskal–Wallis test and Mann–Whitney *U* test. *P* value was considered significant at less than 0.05.

Results BPs of subgroups were comparable on postoperative immediate period and day 7. HPLs and OTs were

significantly better in L subgroups. BL had the least inflammation.

Conclusion Better healing, less inflammation, shorter OT, and equal strength achieved with LigaSure™ device comparing with polyglactin 910 ties and endoclips in experimental appendectomy is encouraging.

Keywords Appendectomy · Endoclips · Ligatures · LigaSure™

Introduction

Although laparoscopic appendectomy in children is mostly well adopted, technical difficulties may limit its wider acceptance [1–3]. Ligatures, clip appliance, or stapling of both appendix and meso-appendix were described in laparoscopic appendectomy for controlling the appendiceal stump and vessels [3, 4]. Intracorporeal ligature techniques requiring major skill are usually accused of increasing the operation time while stapling techniques are of increasing costs [1, 3, 5]. Besides, use of endoclips for securing the appendiceal stump is under debate because of the possible insufficiency of attained occlusive force [4].

The LigaSure™ vessel sealing system is a bipolar feedback-controlled sealing system that effectively seals vessels up to 7 mm in diameter with the minimal thermal spread. The device applies a precise amount of mechanical pressure and radiofrequency energy to tissue, causing fusion of the opposing layers by creating a seal of denatured collagen, which can then be transected [6]. The superiority of LigaSure™ over bipolar electrocautery is that the tissue fusion is created by the denaturation of proteins, thus forming a true seal rather than creation of a proximal thrombus [<http://www.ligasure.com/pages/atlas.htm>]. Experimental cystic

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duct closures, intestinal resection, and anastomosis were performed by LigaSure™ vessel sealing system [6, 7–10]. As collagen is abundantly present in the intestinal wall, we assumed that the device would have been capable of creating intestinal seals, and would have had enabled secure appendectomy.

This study was designed to search for an alternative, easier, and safer technique in laparoscopic appendectomy. Experimental appendectomy was performed in Sprague–Dawley rats, comparing the use of LigaSure Precise™ vessel sealing device, endoclips, and ligatures in division of meso-appendix and securing of the appendiceal stump.

Materials and methods

Experiments were conducted in accordance with the Guide for the Care and Use of Laboratory Animals and the experimental protocol was approved by the Faculty Committee for the Ethics on Animal Care and Experiments.

Forty-eight male Sprague–Dawley rats (weights ranged between 230 and 325 g with a mean of 276.02 ± 28.76 g) were randomly allocated into two groups (Group A and B). These groups were further subdivided into six subgroups as AS, AC, AL, BS, BC, and BL each containing eight rats.

Operations were performed under aseptic conditions. Ether inhalation was combined with intraperitoneal ketamine hydrochloride (50 mg/kg body weight) for anesthesia. After abdominal skin was shaved, a midline vertical laparotomy was performed. Appendix vermiformis (or a blind bowel originated from the cecum, approximately 1 cm in diameter and 1.5–2 cm in length) was found. In S subgroups, meso-appendix, and appendiceal base were ligated with 4/0 polyglactin 910 (Vicryl, Ethicon, Edinburgh, UK) ties and appendectomy was performed subsequently. In C subgroups, following utilization of two endoclips (10 mm, Ligaclip ERCA, Ethicon, OH, USA) on the meso-appendix, transection was performed. Base of appendix was occluded with an endoclip and appendectomy was then performed. In L subgroups after meso-appendix was divided by LigaSure Precise™ (Valleylab, Boulder, CO, USA) instrument, the device was applied to appendiceal base until the formation of two adjacent white lines delineating the coagulation borders (Fig. 1). Subsequently, the appendix was resected from just middle of the coagulation lines thus both appendiceal base and stump remained sealed (Fig. 2). None of the appendiceal stumps were buried to resemble laparoscopic removal of appendices. Diameters of all appendices were measured as millimeters, and the time needed to perform each appendectomy (OT) was measured as minutes and noted. All appendices were preserved for histological evaluation.

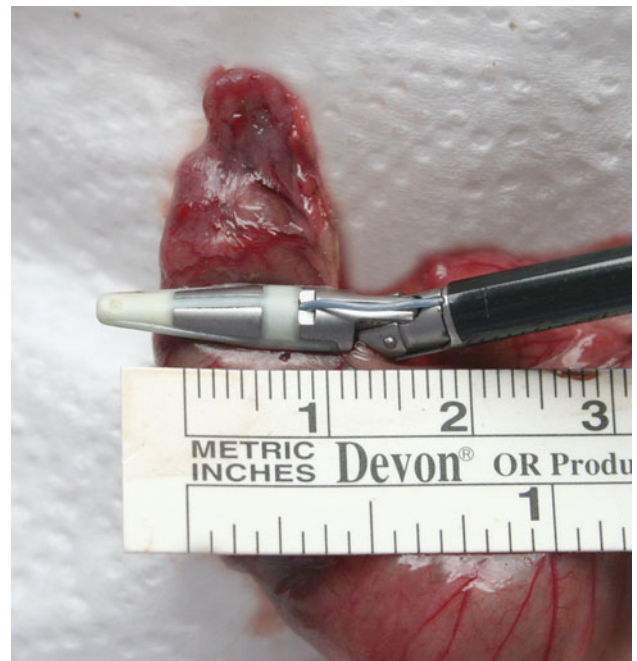


Fig. 1 Appendectomy performed by LigaSure Precise™ device



Fig. 2 Appendectomy. (1) appendix, (2) cecum

In Group A, rats were sacrificed by high dose of intraperitoneal ketamine hydrochloride (100 mg/kg body weight) immediately after the appendectomy. The colon was opened 2 cm distally from the cecum, contents were removed and tied with a 2/0 silk suture. The proximal ileal segment was cut and opened at a 2 cm distance from the cecum, intestinal contents were removed and a 22-gauge catheter was introduced to the lumen. This catheter was secured and fixed to a three-way stopcock connected to an infusion pump (62-HF-0267-00, Abbott, Chicago, IL, USA), which was infusing air at a constant rate of 1 mL/min and a manometer for simultaneous bursting pressure (BP) measurement. BP measurement as mmHg was performed in a saline-filled container. The bursts were defined as air bubbles escaping from the appendiceal stump.

In Group B, abdomen was closed after appendectomy and the rats were allowed to live until the seventh postoperative day when they would be sacrificed and cecum-bursting pressures would be measured. Integrity of the stump, sign of leakage, presence of adhesions, and existence of peritonitis were recorded during postmortem exploration. In order to protect intraperitoneal conditions, adhesions were not separated and the cecum was removed with the surrounding omentum and intestines together [11]. Following aforementioned BP measurement, endoclips, and ligatures on the stump were removed, and a 1 cm² cecal segment containing the stump in the middle, was resected and divided into two pieces. One of these pieces was preserved for hydroxyproline level (HPL) analysis, which represented the tissue collagen content and the other one for histological evaluation.

The specimens for HPL analyses were wrapped in an aluminum package and conserved in a deep freezer at –80°C. HPL analyses were performed by using hydroxyproline kit (Hypronisition, Organon, NL, USA) according to the principles described by Stegemann and Stalder [12]. Results were noted as micrograms per milligram of wet tissue.

Histological sections were stained by hematoxylin and eosin (H&E) and photomicrographs were taken by a histologist who was blinded to the origin of the specimen. Inflammation was evaluated with a semi-quantitative scale modified from Biert et al. and Verhofstad et al. (Table 1) [13, 14].

Statistical analyses were performed with SPSS 13.0 (SPSS Inc, Chicago, IL, USA) software system. Kruskal–Wallis test was utilized for variance analyses. Mann–Whitney *U* test was used to calculate the differences between two subgroups. Paired subgroups were compared by Wilcoxon–Signed Rank test. The statistical significance was set at *P* less than 0.05 with a confidence rate of 95%.

Results

All rats in Group A were sacrificed immediately after the operation. All rats in Group B survived, and had started

feeding and were defecating within 24 h postoperatively. All subgroups were comparable according to their weights.

When re-laparotomy was performed, clear intraabdominal fluid was present in all rats but no fecal material was detected. All appendiceal stumps were found to be surrounded by omentum. In one rat in BC, omentum and intestinal segments were found to be adhered to the stump. In three rats in BS, local abscess formation, and adhesion of omentum and intestinal segments, forming a compact mass tissue was noted.

In Group A, the difference among BP values of AL (121.87 ± 29.02 mmHg), AC (130.00 ± 17.72 mmHg) and AS (137.50 ± 25.49 mmHg) were not statistically significant (*P* > 0.05) (Table 2). Similarly, BPs in Group B were comparable with values of BL (160.00 ± 26.18 mmHg), BC (152.50 ± 28.15 mmHg) and BS (165.00 ± 22.03 mmHg) (*P* > 0.05) (Table 3). BPs in Group A were lower than the BPs in Group B (*P* < 0.05). Although, BPs of AS versus BS (*P* = 0.05) and AC versus BC (*P* = 0.055) were similar, BPs of AL was significantly lower than BL (*P* = 0.046).

Statistical analyses of HPLs revealed a significant difference between the subgroups (*P* = 0.01). HPL was significantly increased in BL (3.98 ± 0.16 µg/wet tissue) compared with BC (3.54 ± 0.27 µg/wet tissue) (*P* < 0.001) and BS (3.00 ± 0.27 µg/wet tissue) (*P* < 0.001). HPLs in BC were significantly higher than BS (*P* < 0.05) (Table 3).

Comparison of OTs in Group A revealed a significant difference (*P* = 0.01). AL (2.68 ± 0.59 min) and AC (3.81 ± 1.25 min) (*P* = 0.05) were hardly comparable, but AL was significantly shorter than AS (4.75 ± 1.38 min) (*P* = 0.005). AC and AS were also comparable (*P* = 0.23) (Table 2). In Group B comparison of OTs also revealed a significant difference (*P* = 0.012). BL (2.50 ± 0.80 min) was significantly shorter than BC (3.75 ± 0.88) (*P* = 0.015) and BS (4.25 ± 1.25 min) (*P* = 0.01), but BC and BS were similar (*P* = 0.5) (Table 3). Although, Group B had a shorter duration (3.50 ± 1.21 min) than Group A (3.75 ± 1.38 min) they were comparable (*P* > 0.05).

Appendix diameters in Group A was 9.9 ± 0.9 mm, and in Group B was 9.8 ± 0.7 mm. Comparison of appendix diameters in Group A (*P* = 0.94) and in Group B

Table 1 Modified Biert–Verhofstad classification for evaluation of inflammation and healing of appendiceal stumps [13, 14]

Score	Necrosis	PMNLs	Lymphocytes	Macrophages
0	None	Normal number	Normal number	Normal number
1	Small patches	Slight increase	Slight increase	Slight increase
2	Some patches	Marked infiltration	Marked infiltration	Marked infiltration
3	Massive	Massive infiltration	Massive infiltration	Massive infiltration

PMNL Polymorpho nuclear leukocyte

Table 2 Comparison of A subgroups

Group name	Mean \pm SD	<i>P</i>
BP values (mmHg)		
AL	121.87 \pm 29.02	0.20
AC	130.00 \pm 17.72	
AS	137.50 \pm 25.49	
OT (min)		
AL ^α	2.68 \pm 0.59	0.01*
AC	3.81 \pm 1.25	
AS ^α	4.75 \pm 1.38	
Appendix diameter (mm)		
AL	9.93 \pm 0.9	0.94
AC	10 \pm 1.17	
AS	9.87 \pm 0.69	

BP Bursting pressure, OT Operation time

* $P < 0.05$, Kruskal–Wallis test, ^α $P < 0.05$, Mann–Whitney *U* test

($P = 0.99$) showed that all subgroups were comparable (Tables 2, 3).

Histological examinations

Macroscopic examination of the appendiceal bases in AS, AC, BS, and BC revealed luminal patency of all specimens, while appendices in AL and BL were found to be totally closed. Similarly, histological evaluation showed that the appendiceal bases were patent with normal cellularity and structure in AS, AC, BS, and BC. Appendiceal bases in AL and BL were all found to be completely sealed. The crypt-villi architecture, surface epithelium and lamina propria was observed to be disappeared, but muscularis mucosa and tunica submucosa were found to be spared. Sealing created by LigaSure™ device was beginning by the surface epithelium and extending to the muscularis mucosa. Cavitation defects, those were scattered between lamina propria and muscularis externa were abundantly increased in the submucosa (Fig. 3a, b). Neighboring area had normal configuration and architecture.

Microscopic evaluation of appendiceal stumps revealed that inflammation in lamina propria and submucosa was more profuse in BS. Micro abscess formation with polymorpho-nuclear leukocytes (PMNL) and macrophages were detected in three specimens in BS and one in BC. Subgroups BL, BC, and BS were comparable with respect to lymphocyte quantity ($P = 0.058$). Evaluation of necrosis status ($P = 0.005$), PMNL quantity ($P = 0.047$), macrophage quantity ($P = 0.028$), and total scores ($P = 0.001$) revealed significant differences (Table 3). Comparison of

Table 3 Comparison of B subgroups

Group name	Mean \pm SD	<i>P</i>
BP values (mmHg)		
BL	160.00 \pm 26.18	0.54
BC	152.50 \pm 28.15	
BS	165.00 \pm 22.03	
HPL levels ($\mu\text{g}/\text{wet tissue}$)		
BL ^{α,β}	3.98 \pm 0.16	0.01*
BC ^{β,α}	3.54 \pm 0.27	
BS ^{α,α}	3.00 \pm 0.27	
OT (min)		
BL ^{α,β}	2.50 \pm 0.80	0.01*
BC ^β	3.75 \pm 0.88	
BS ^α	4.25 \pm 1.25	
Appendix diameter (mm)		
BL	9.9 \pm 0.77	0.99
BC	9.8 \pm 0.69	
BS	9.8 \pm 0.83	
Lymphocyte quantity		
BL	0.88 \pm 0.64	0.058
BC	0.75 \pm 0.71	
BS	1.63 \pm 0.74	
Necrosis status		
BL ^{α,β}	0.87 \pm 0.64	0.005*
BC ^β	1.87 \pm 0.64	
BS ^α	2.12 \pm 0.64	
PMNL quantity		
BL ^α	1.25 \pm 0.70	0.047*
BC	1.50 \pm 0.53	
BS ^α	2.12 \pm 0.64	
Macrophage quantity		
BL ^α	1.00 \pm 0.53	0.028*
BC	1.38 \pm 0.52	
BS ^α	1.88 \pm 0.64	
Total inflammation score		
BL ^{α,β}	4.00 \pm 1.41	0.001*
BC ^{β,α}	5.50 \pm 0.92	
BS ^{α,α}	7.75 \pm 1.28	

BP Bursting pressure, HPL Hydroxyproline level, OT Operation time, PMNL Polymorpho nuclear leukocyte

* $P < 0.05$, Kruskal–Wallis test, ^{α,β,α} $P < 0.05$, Mann–Whitney *U* test

BC versus BS revealed a significantly elevated total score in BS ($P = 0.005$). Comparison of BL versus BS revealed significant increases in necrosis status ($P = 0.005$), PMNL quantity ($P = 0.038$), macrophage quantity ($P = 0.021$) and total score ($P = 0.001$) in BS. Comparison of BL vs. BC showed that necrosis status ($P = 0.015$) and total score ($P = 0.038$) were significantly elevated in BC.

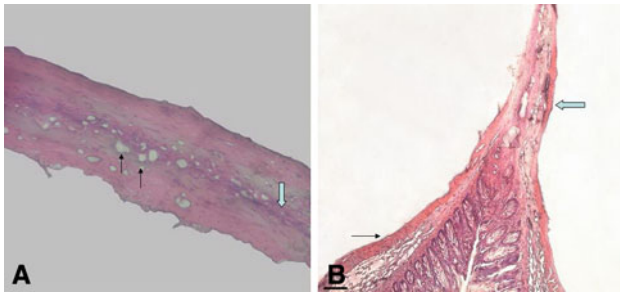


Fig. 3 Histological findings of the specimens sealed by LigaSure in subgroup AL. **a** Cross section of a sealed appendiceal base (H&E, $\times 20$). The lumen is closed and tunica mucosa is disappeared. *Gray arrow* fused muscularis mucosa of the opposing walls. *Black arrows* fissuring/cavitation defects along the appendix. **b** Cross section of a sealed appendiceal stump and cecum (H&E, $\times 20$). *Gray arrow* disappearance of tunica mucosa and tunica submucosa in the sealing area. *Black arrow* presence of tunica mucosa and tunica submucosa in cecum

Discussion

Despite the documented benefits of laparoscopic appendectomy in pediatric patients, there is still ongoing reluctance at least at beginners, which can be partly attributed to the increased technical demand for controlling the meso-appendix and the appendiceal stump [1, 2, 5, 15–21]. Certainly, the optimal method should comprise minimal skill requirements with maximum security avoiding bleeding from appendiceal vessels, intra-operative spillage of appendiceal contents and postoperative stump leakage [19, 21].

Several methods are described to achieve a reduction in the complexity of the procedure [1, 4, 17, 19–21]. Meso-appendix can be controlled successfully with endoclips or electro-coagulation [3, 19, 22]. Intracorporeal ligatures, pretied knots or endoloops can be used to ensure closing of the appendiceal stump, but they may be accused of increasing operation time in inexperienced hands [5]. Furthermore, they may have the disadvantages of slipping and spillage of infective content, unless appendix is divided between two ligatures one of which remains on appendix and one on the stump [5, 21]. Although, linear staples are utilized with the advantage of closing appendiceal stump with concurrent securing of the meso-appendix they have the handicap of raising operative costs [2, 5, 17, 21, 23, 24]. Laparoscopic clips may be of another choice but sufficiency of attained occlusive force for the stump is under discussion [4, 25, 26]. Thermal electro-coagulation with bipolar electrocautery was used in two studies and found to yield satisfactory results for controlling the meso-appendix with closing appendiceal base and stump [17, 22]. Similarly, Yang et al. performed the laparoscopic appendectomy by radiofrequency coagulation with

LigaSureTM device, and concluded that it was practical in division of meso-appendix and occlusion of the stump [19].

Healing in the appendiceal stump may be regarded as a normal polyphasic wound repair process occurring in three periods as: Lag phase (day 0–4), fibroplasia phase (day 3–14) and maturation phase (beyond 10 days) [27]. Hence, the surgical trauma causes an inflammatory reaction, fibrin clot formation, edema, PMNL and macrophage infiltration, fibroblast accumulation and formation of new collagen [13]. Following full thickness injury of the intestine healing can be achieved by approximation of intestinal layers, particularly collagen containing submucosa of the opposing intestinal walls [6, 13, 14, 28]. This type of primary healing in the appendiceal stump can be valid only if appendiceal walls are approximated and fused layer by layer as done by LigaSureTM [6]. On the contrary, healing in ligated or clipped stumps seems to occur as a secondary process. Since we found increased necrosis status in BC and BS comparing with BL, we believe that mucosal and sub-mucosal necrosis due to compression of clips or ligatures was followed by inflammation and new collagen formation which in turn improved the strength of the stump on the ongoing healing.

The collagen content which is measured by the HPL content is a good indicator of healing [13]. Increased HPL levels in BL compared with BC and BS may be due to the collagen reforming feature of LigaSureTM ensuring a better healing [6, <http://www.ligasure.com/pages/atlas.htm>]. Thus, collagen synthesis seems to have started immediately and had a faster onset after the tissue damage in BL [29]. On the other hand, lower HPL levels in BC and BS may be because of either disruption of the blood flow at the stump site caused by sutures or clips compression, or foreign body reaction against these materials that may cause severe tissue damage with concomitant profuse inflammation and lessened healing as previously described in intestinal anastomoses [30, 31].

Bursting pressure measurement demonstrates evenly distributed transmural pressure in both longitudinal and circular directions and is considered as a reliable index that closely approximates the clinical situation [11, 32]. In our experimental model, although BPs of L subgroups was lower than C and S subgroups the difference was not statistically significant. As the strength of the stump should mainly depend on the suture materials holding capacity on the first few days of healing it can easily be assumed that seal created by LigaSureTM was as powerful as polyglactin 910 sutures and endoclips on both postoperative immediate period and on day 7 [33]. The significant increase in BPs in BL versus AL may indirectly indicate that the fibroplasia phase was better in L subgroups and the wound integrity was solely relied on the newly formed collagen on day 7 [27].

Wound healing is the outcome of coordinated action of several cell types. PMNLs and macrophages are involved in removal of cell debris [14]. We observed increased PMNL and macrophage quantity in BS and BC with micro-abscess formation in three specimens in BS and in one specimen in BC conceptually similar to stump abscess seen after appendectomy [34]. Stump abscess is usually considered to result from a long stump left behind [35]. As we left only a 1–2 mm long stump, we believe that tight sutures or endoclips leading to ischemic injury might be the cause which may be concluded by the increased necrosis status in BC and BS [23]. On the other hand, the current condition might be due to exposure of the remaining contaminated intestinal mucosa to the abdominal cavity. Microbial contamination of the abdomen was not subject to the present study, but we may speculate that, as no mucosa was present in BL no contamination and abscess formation occurred [23]. But, the fact that many appendectomies are performed without complications with only simple ligation of the stump may be attributed to the use of postoperative antimicrobial therapy in the humans and thus confines our hypothesis to rats.

The diameter of normal appendix in children is usually less than 1 cm, and the maximal outer diameter of the appendix is calculated to be as 0.21–0.64 cm [36]. Je et al. found an increase in the maximal outer diameter of the appendix in children with appendicitis up to 4.2–14.5 mm (Median: 7.6 mm) [37]. On this context, utilization of LigaSure™ device on appendices with a mean diameter of 9.9 ± 0.79 mm seems to be legitimate. All the appendiceal bases in L subgroups were found to be completely sealed, which is certainly an advantage in preventing spillage of infective content in laparoscopic removal of appendices [19]. We used a 5 mm LigaSure™ device instead of a 10 mm one as its jaws would be too wide for the rat appendix. Obviously, the latter would have had the ability of creating a wider seal ensuring securer closing of both appendiceal base and stump, which could have been an advantage in longer appendices and bigger cecums as in humans.

Our study is an animal survey, and it has got some limitations, one of which is the lack of the clinical picture of appendicitis in the transected appendices. Thus, our results do not reflect the actual effect of LigaSure™ on the inflamed intestine. Besides, rat blind bowel although resembles the appendix in the human, is not a true lymphoid organ. Another point is the cost of LigaSure™ usage in appendectomy. The cost of the LigaSure™ generator may be offset as it is standard equipment in the operating theatre but the cost of one LigaSure™ head is about 900 USD. When compared with staples used in appendectomy, a two-folded increase in the operation expenses is established, which may be subdued by the invention of re-usable LigaSure™ heads in the future.

In the present study, appendiceal stumps 1 cm in diameter were closed easily by laparoscopic LigaSure Precise™ device. In addition, shorter duration of operation, decreased rate of inflammation and better healing of the appendiceal stumps achieved by LigaSure™ vessel sealing system is encouraging. Experimental studies using the appendicitis models may be needed. Further researches on the application of LigaSure™ to inflamed human appendix and its effects on the healing are mandatory before recommending its usage in the clinical setting. However, utilization of LigaSure™ vessel sealing system was observed to be a safe and efficient method for transection of meso-appendix as well as complete closure of the appendiceal base and stump in the experimental setting.

Conflict of interest statement The authors declare that, they do not have a financial relationship with any organization, and that they have no conflict of interest.

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