

Conservative surgical management of catheter infections in children on peritoneal dialysis

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Abstract

Introduction Major indications for peritoneal dialysis catheter removal include chronic exit-site infection (ESI) or tunnel infection (TI). No consensus on the optimal treatment of these infections in children exists.

Patients During the last 10 years, 13 patients (7 females, mean age 56 months) on peritoneal dialysis were treated for recurrent ESI (N : 4) or TI (N : 9). *Staphylococcus aureus* (12 patients) and *Pseudomonas aeruginosa* (1 patient) were isolated. All patients had a double-cuff straight Tenckhoff catheter and underwent the shaving of the external cuff, with a new tunnel tightly adherent to the catheter, and an exit-site in the opposite abdominal region. A mean follow-up of 31 months/catheter demonstrated no recurrence of ESI and TI.

Discussion Little pediatric experience with cuff shaving exists: reported catheter salvage rates are 48–100%. In our experience, good results were obtained by shaving off the external cuff and re-creating a new tunnel, with a different course, strictly adherent to the catheter. This measure seems to guarantee an effective barrier against infections, while obviating the need of the external cuff.

Conclusions Sometimes, in case of recurrent ESI or TI, the external cuff may facilitate the persistence of bacteria. A conservative surgical treatment offers good results in children.

Keywords Peritoneal dialysis · Cuff shaving · Tunnel infection · Exit-site infection

Introduction

Chronic peritoneal dialysis (PD) is the first choice pediatric dialysis modality for end-stage renal failure. Catheter-related complications still represent an important cause of morbidity. In particular, infectious complications (tunnel infection: TI, exit-site infection: ESI and peritonitis) are frequently responsible for catheter removal. In childhood, the overall rate of infectious complications varies from 24.4 to 32.5/PD-months, with a consequent doubling of the risk of peritonitis [1–3].

So far, there is no consensus on the treatment of recurrent catheter infections, especially in the pediatric age. Some authors have proposed a simultaneous surgical removal and replacement of infected catheters, allowing for an immediate restart of PD, especially in children in whom dialysis cannot be interrupted for a long time and in those who present difficulties associated with vascular access [2]. Partial surgical re-implantations have been advocated too [4–6].

Shaving the external cuff as an alternative to catheter removal for persistent ESI and TI has been proposed [7–9], but only few experiences in the pediatric age are reported. The aim of the present study was to show the results of shaving and reconstruction of a new tunnel to treat ESI/TI in a single center.

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Patients and methods

From 1996 to 2005, 13 patients (7 females), aged 4.5 years (1 month–14 years), with end-stage renal failure on PD were referred to our unit of pediatric surgery for recurrent ESI ($N = 4$; 2 males) and TI ($N = 9$; 4 males). *Staphylococcus aureus* (12 patients) and *Pseudomonas aeruginosa* (1 patient) were isolated in the external scrub cultures. Children with peritonitis infections were excluded from the study.

In all children, the technique of implantation was similar: performed with open surgery under general anesthesia by a dedicated surgical team, with a paramedian entry site, a curved, downward orientation and a contralateral exit site. The external cuff was positioned above the rectus sheath, at least 5 cm from the exit site [10]. After catheter implantation, the patients were regularly followed by the pediatric nephrology unit and addressed to automated peritoneal dialysis, with different treatment schedules according to individual needs.

In the present paper, ESI, TI and peritonitis were defined according to the International Society of Peritoneal Dialysis (ISPD) guidelines/recommendations [11]. ESI is diagnosed in the presence of purulent discharge from the sinus tract, or marked pericatheter swelling, redness and/or tenderness with or without a pathogenic organism cultured from the exit site. TI is defined as the presence of pain and signs of inflammation along the subcutaneous tunnel, not necessarily associated with ESI.

Empiric diagnosis of peritonitis/inner cuff infections is made if two of the following criteria are present: (1) the peritoneal effluent is cloudy, the effluent white blood cell (WBC) count is greater than 100 mm^3 and at least 50% of the WBCs are polymorphonuclear; (2) symptoms of peritonitis, like abdominal pain and fever, are detectable; (3) culture of peritoneal fluid is positive for organisms. On the basis of the above-mentioned criteria, inner cuff infections and peritonitis were excluded in all patients.

In our hospital, the protocol for the management of ESI and TI, includes: (1) culture of ES secretion and daily disinfection with sodium hypochloride (0.05%); (2) local therapy, consisting in the instillation of an antibiotic solution, empirically determined, directly into the tunnel; (3) intraperitoneal antibiotic therapy, prescribed on the basis of culture, and administered for at least 15 days, in cases that did not respond to previous treatment; (4) surgery in case of chronic or recurrent ESI and TI.

Recurrent ESI and TI were always treated by a conservative approach to minimize surgical invasiveness and resume PD immediately (Figs. 1, 2, 3).

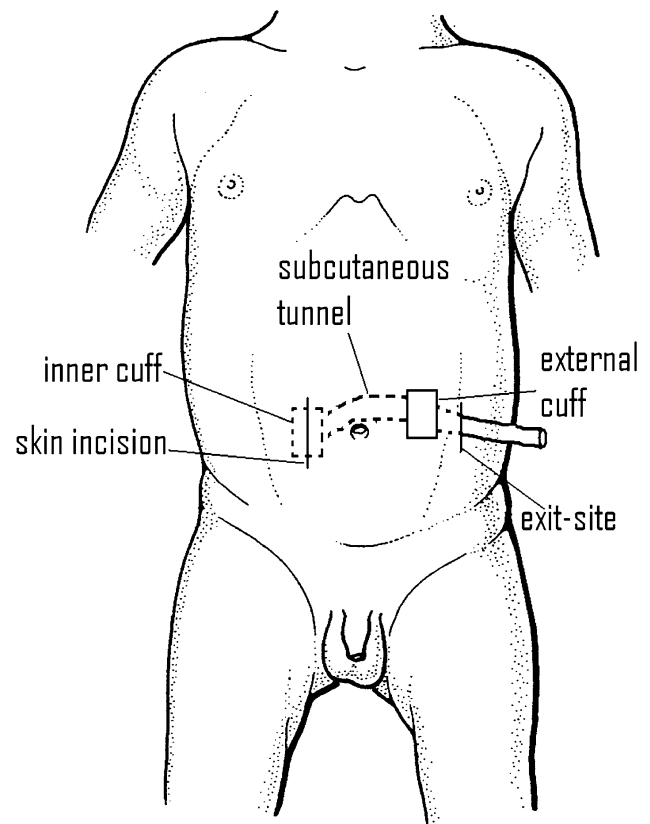


Fig. 1 Step 1: Cutaneous incision above the inner cuff

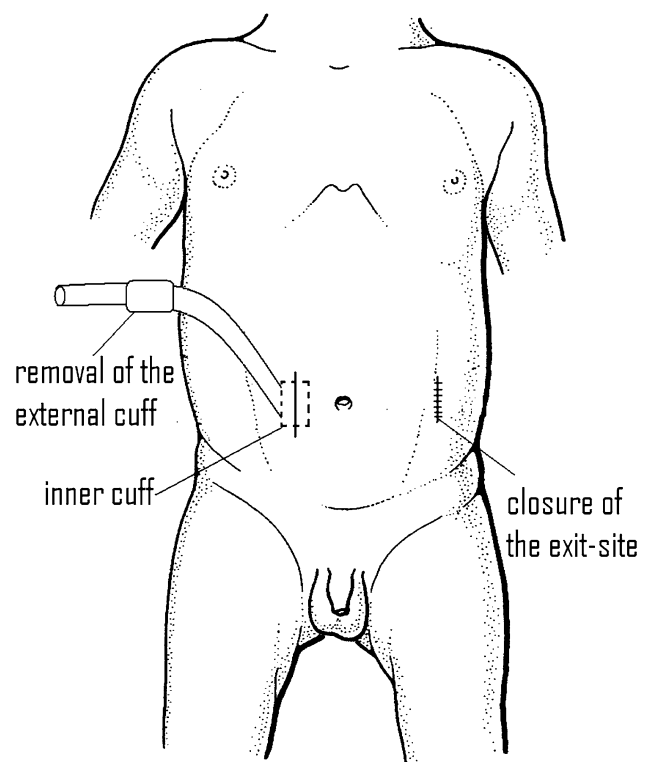


Fig. 2 Step 2: Removal of the external cuff

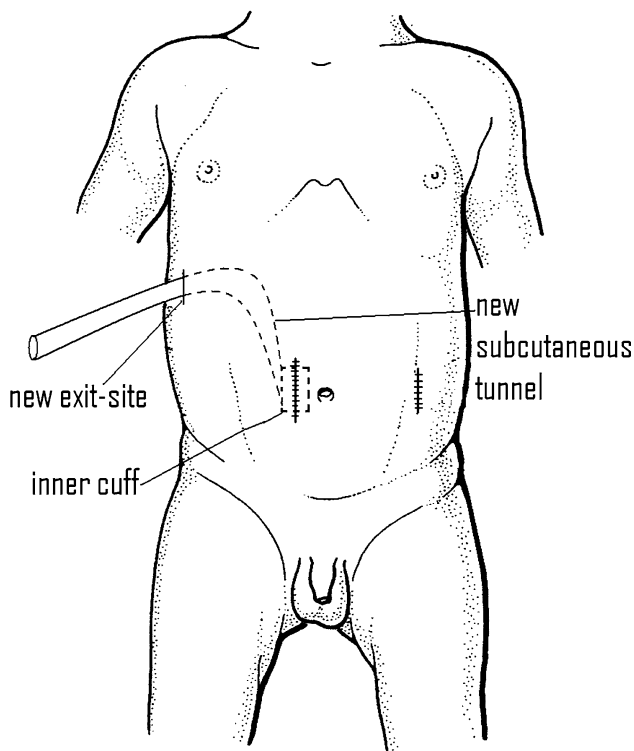


Fig. 3 Step 3: Creation of a new subcutaneous tunnel and abdominal wall closure

Results

The characteristics of the infected catheters, tunnel course and exit-site orientation are reported in Table 1.

The conservative approach consisted in the complete removal of the external cuff (cuff shaving) and in the reconstruction of a new subcutaneous tunnel, with a contralateral course and an exit site positioned in the opposite abdominal region. Germs isolated in the removed cuffs were always the same as that found on the external scrub culture. The peritoneal membrane was never opened, and

Table 1 Characteristics of implanted PD catheters

	N	Percentage
Catheter		
Tenckhoff double-cuff straight catheter	13	
Entry site		
Midline	4	31
Paramedian	9	69
Tunnel		
Swan neck	10	77
Straight	3	23
Exit-site orientation		
Downward	10	77
Lateral	3	23

neither was the internal cuff taken off. The tunnel was made with a thin tunneller, to create a tunnel tightly adherent to the catheter. The infected tunnel was closed after careful curettage and iodopovidone instillation combined with a broad-spectrum antibiotic. The procedure was performed under general anesthesia and was followed by antibiotic therapy. PD was started 8 h after surgery. The technique was performed only after the exclusion of peritonitis. The isolated infectious agent did not modify the choice of surgical treatment.

A mean follow-up of 31 (1–80) months/catheter demonstrated no recurrence of ESI or TI. No episodes of peritonitis were observed. Three patients were still on PD treatment, five patients had their catheter removed after kidney transplantation and five had to stop PD for reasons unrelated to the catheter (Table 2). The good results obtained with the present approach prompted us to modify the original study design: a control group was not recruited.

Discussion

Despite the recent advances in catheter design and dialysis technique, catheter-related infections remain an important cause of patient morbidity and a significant cause of technique failure [1].

The true incidence of TI is difficult to ascertain, as ESI and TI are often grouped together. In fact, ESI and TI often coexist: ESI is a documented risk factor for the development of TI and the treatment of TI is similar to that of chronic ESI [12]. Exit-site infections may result in catheter loss through the primary infection itself or due to recurrent peritonitis [13].

While some authors report a lower ESI rate with double-cuff catheters and significantly more resistant infections with single-cuff catheter [14, 15], in other studies no differences were found [14, 15].

In adult series, 39–53% of patients developed ESI and the estimated incidence varied from 0.05 to 1.1 episodes per patient/year [12, 16]. The reported prevalence of ESI in children varies from 25 to 69% [17, 18], while the incidence ranges from 1.1 to 1.98 episodes per patient/year [19], thus higher than in adult series. In children, *S. Aureus* and *P. Aeruginosa* are most likely to have associated peritonitis episodes that result in catheter replacement, similar to the adult experience. ESI alone is responsible for catheter removal in 10.8% of cases [19].

General indications for catheter surgery include chronic ESI and TI, treatment-resistant TI and ESI, ESI or TI associated with Gram-negative peritonitis, tuberculous or fungal peritonitis and relapsing peritonitis [20, 21].

Some authors have stressed the possibility of performing a simultaneous surgical removal of infected catheters and

Table 2 Follow-up and causes of catheter removal

Patient (sex, age in years)	Follow-up (months)	Reason for catheter removal
1. F, 1.5	45	Transplant
2. M, 2	9	Transplant
3. F, 1	3	No catheter-related complication
4. F, 4	60	Still on CPD
5. M, 4	60	No catheter-related complication
6. F, 1 month	1	No catheter-related complication
7. M, 9	80	No catheter-related complication
8. M, 6	17	No catheter-related complication
9. F, 6 months	54	Still on CPD
10. M, 14	48	Still on CPD
11. M, 8	10	Transplant
12. F, 9	1	Transplant
13. F, 1.5	12	Transplant

replacement with a new catheter, but PD cannot be immediately resumed [22]. This is an important consideration, especially in young patients, where PD cannot be interrupted for a prolonged time and a vascular access for hemodialysis cannot be obtained [23]. Some authors have proposed a partial re-implantation of infected catheter: the subcutaneous portion of the catheter is removed and the external portion of a new Tenckhoff catheter is connected with an internal stent, sealed with a medical adhesive silicone glue to the remaining portion of the implanted catheter [4–6]. The tunnel course and the exit site are built in the opposite abdominal region. The procedure seems to be effective, and PD can be resumed immediately after reimplantation. In our opinion, the disadvantage of this technique consists in the manipulation and modification of the original catheter structure.

Shaving the external cuff, as an alternative to catheter removal, was proposed in the early 1980s [7–9]. Reported catheter salvage rates are 48–100%. On the contrary, Piraino [12] reported a 73% failure rate after cuff shaving. A single pediatric experience with cuff shaving exists, consisting in raising out of the body the catheter and the outer cuff, removing the infected tissues and suturing the injury to form a new exit site [24]. The authors conclude that cuff shaving in children can be a useful alternative treatment in selected patients. With this technique, the tunnel is shorter with an unmodified course, and this can explain the unsatisfactory results obtained in their experience.

In our hospital, treatment consisting of removing the subcutaneous cuff associated with re-tunnelization guaranteed a successful outcome in all the patients. The new tunnel was created with a different course and was strictly adherent to the catheter. This simple measure, performed with a thin tunneller, was able to avoid infections, while obviating the need for the external cuff. This, in particular,

while representing a valid barrier against bacteria [25], in case of recurrent ESI and TI, may predispose to the growth of germs, so that infections cannot be eradicated by medical therapy alone. The conservative surgical management guarantees minimal discomfort, a reduced operating time and an immediate resuming of PD [4, 26]. In fact, not removing the catheter offers some advantages: no modifications of the original intraperitoneal camera of exchanges, no risks of leakage or bleeding, no manipulations of the original catheter and preservation of peritoneal sterility. The same salvage procedure can be performed even in catheters laparoscopically implanted. Infectious complications are the most common causes of catheter loss [27, 28], with a peritonitis rate of 1:13.2 months of PD [29]. In the present study, an increased incidence of infectious complications was not registered.

Our data, while waiting for larger multicentric series, seem to suggest that in children a conservative surgical treatment represents a valid alternative in the treatment of recurrent TI or ESI unresponsive to medical therapy. Post-operative discomfort is low and peritoneal dialysis can be restarted a few hours after surgery.

In conclusion, we believe that every effort must be taken to avoid catheter reimplantation in case of recurrent ESI/TI.

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