

Change in strong Eastern Pacifc El Niño events dynamics in the warming climate

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Abstract

While there is evidence that ENSO activity will increase in association with the increased vertical stratifcation due to global warming, the underlying mechanisms remain unclear. Here we investigate this issue using the simulations of the NCAR Community Earth System Model Large Ensemble (CESM-LE) Project focusing on strong El Niño events of the Eastern Pacifc (EP) that can be associated to fooding in Northern and Central Peru. It is shown that, in the warmer climate, the duration of strong EP El Niño events peaking in boreal winter is extended by two months, which results in signifcantly more events peaking in February–March–April (FMA), the season when the climatological Inter-Tropical Convergence Zone is at its southernmost location. This larger persistence of strong EP events is interpreted as resulting from both a stronger recharge process and a more efective thermocline feedback in the eastern equatorial Pacifc due to increased mean vertical stratifcation. A heat budget analysis reveals in particular that the reduction in seasonal upwelling rate is compensated by the increase in anomalous vertical temperature gradient within the surface layer, yielding an overall increase in the efectiveness of the thermocline feedback. In CESM-LE, the appearance of strong EP El Niño events peaking in FMA accounts for one-quarter of the increase in frequency of occurrence of ENSO-induced extreme precipitation events, while one-third results from weak-to-moderate El Niño events that triggers extreme precipitation events because of the warmer mean SST becoming closer to the convective threshold. In CESM-LE, both the increase in mean EP SST and the change in ENSO processes thus contribute to the increase in extreme precipitation events in the warmer climate.

Keywords CESM-LE · Extreme El Niño event · Climate change · Vertical stratifcation

1 Introduction

El Niño-Southern Oscillation (ENSO) is the most important mode of inter-annual variability in the tropical Pacifc. By impacting meteorological conditions worldwide via atmospheric teleconnections (Ropelewski and Halpert [1987;](#page-16-0) Yeh et al. [2018](#page-17-0)), it leads to dramatic societal and economics impacts (McPhaden et al. [2006\)](#page-16-1). Understanding if and how El Niño characteristics will change with global

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warming has been a major concern since the frst Coupled Model Intercomparison Projects in the 1990s (Meehl et al. [2000\)](#page-16-2). While large progresses in our vision of the likely changes in ENSO statistics have been made in the recent decades (Yeh et al. [2009a;](#page-17-1) Power et al. [2013;](#page-16-3) Cai et al. [2014,](#page-15-0) [2015b](#page-15-1)), there are still many uncertainties in the mechanisms at play to explain the changes in statistics in the context of global warming, all the more so as models have persistent biases [e.g. westward shift in the center of action of El Niño (Zheng et al. [2012;](#page-17-2) Li and Xie [2013\)](#page-16-4), double Inter-Tropical Convergence Zone (ITCZ) syndrome (Hwang and Frierson [2013](#page-16-5); Li and Xie [2013](#page-16-4)), warm bias in the far eastern Pacifc (Richter [2015\)](#page-16-6)]. These biases can in particular impact the realism of ENSO diversity in models (Ham and Kug [2012](#page-16-7); Karamperidou et al. [2017](#page-16-8)) by, for instance, infuencing the evolution of sea surface temperature (SST) anomalies during El Niño development (Santoso et al. [2013](#page-16-9); Dewitte and Takahashi [2017\)](#page-15-2), favoring so-called double peaked El Niño

events (Graham et al. [2017](#page-16-10)) or yielding compensating errors amongst the main ENSO feedbacks (Bayr et al. [2018](#page-15-3)). Since ENSO diversity is also a manifestation of the non-linearity of ENSO (Takahashi et al. [2011;](#page-17-3) Capotondi et al. [2015](#page-15-4)) that can impact mean state changes at low-frequency (Lee and McPhaden [2010](#page-16-11); McPhaden et al. [2011](#page-16-12); Choi et al. [2012](#page-15-5); Karamperidou et al. [2017](#page-16-8)), these biases are also likely infuential on the way models simulate internal variability (Zheng et al. [2018\)](#page-17-4). This has been a limitation to gain confdence in the projections of ENSO changes by these same models, but also to infer a clear mechanistic understanding of the sensitivity of ENSO to climate change.

So far, two broad views of the mechanisms at work in ENSO change due to global warming have been documented: (1) the projected faster warming of the eastern equatorial Pacifc compared to that of the central Pacifc will induce an easier eastward shift of the convection area from the central Pacifc, through a weakening of westward mean equatorial currents associated with the reduction of the equatorial trade winds (Vecchi and Harrison [2006;](#page-17-5) Santoso et al. [2013](#page-16-9)); (2) the faster eastern equatorial Pacifc surface warming due to climate change will reduce the meridional SST gradient in the eastern Pacifc so that the ITCZ is likely to move more often southward, inducing an increase in the number of ENSO-induced extreme precipitation events in the eastern Pacifc (Power et al. [2013;](#page-16-3) Cai et al. [2014](#page-15-0), [2015b,](#page-15-1) [2017\)](#page-15-6). Note that this applies to the warm phase of ENSO and not to the cold phase (La Niña) for which the faster warming of the Maritime continent in the Indonesian sector will tend to facilitate extreme La Niña events (Cai et al. [2015a](#page-15-7)).

Although these paradigms of the impact of climate change on ENSO provide useful guidance for analyzing and interpreting models, they present two main related caveats: frst, they allow explaining the increase in ENSO-related extreme precipitation events but do not address changes in ENSO statistics itself. In particular, the increase in extreme precipitation events does not necessarily require that El Niño events become stronger. This issue is nevertheless relevant considering the oceanographic consequences of strong El Niño events on the marine ecosystems in particular along the coast of Peru and Chile (Barber and Chavez [1983;](#page-15-8) Carr et al. [2002\)](#page-15-9). Second, in their principles, these paradigms only consider changes in surface processes (mixed-layer) although the latter are tightly linked to dynamical changes associated with thermocline processes. In particular, the differential warming between the surface oceanic layer and the thermocline under anthropogenic forcing yields a signifcant increase in vertical stratifcation across the equatorial Pacifc (Yeh et al. [2009a;](#page-17-1) DiNezio et al. [2009](#page-15-10); Capotondi et al. [2012\)](#page-15-11) that can be infuential on ENSO dynamics through a number of processes. Not only it modulates the way the wind stress forcing projects on the wave dynamics (Dewitte et al. [1999,](#page-15-12) [2009](#page-15-13)), infuencing ENSO stability (Dewitte et al. [2007](#page-15-14); Thual et al. [2013\)](#page-17-6), but it also directly infuences the so-called thermocline feedback, that is the sensitivity of SST to thermocline fuctuations (Zelle et al. [2004](#page-17-7)), a key process during Eastern Pacifc (EP) El Niño events (Zebiak and Cane [1987;](#page-17-8) An and Jin [2001\)](#page-15-15). The efect of changes in vertical stratifcation on ENSO dynamics in the context of global warming has been suggested in former studies (Yeh et al. [2009a,](#page-17-1) [b,](#page-17-9) [2010](#page-17-10); DiNezio et al. [2009;](#page-15-10) Stevenson et al. [2017](#page-17-11)). Recently it has been shown that the variance of EP El Niño events increases in association with the stronger vertical stratifcation in the central Pacifc in a set of models that realistically simulate the non-linear character of ENSO (Cai et al. [2018\)](#page-15-16). While this study consolidates the confdence in climate change projections by showing a large inter-model consensus with regards to their sensitivity to changes in vertical stratifcation, the statistical approach somehow limits a clear understanding of the oceanic processes involved. It thus calls for advancing our mechanistic understanding of the sensitivity of EP El Niño events to changes in vertical stratifcation in the context of climate change. In particular, the main question that motivates the present work is: Through which processes are strong EP El Niño events favored in the warmer climate and how does their increase in frequency explain the increased occurrence of extreme precipitation events?

Here we take advantage of the simulations of the CESM-LE project (Kay et al. [2015](#page-16-13)) to investigate the mechanisms behind the sensitivity of ENSO statistics to mean state changes focusing on strong EP El Niño events that are those associated with extreme events (Takahashi et al. [2011](#page-17-3); Takahashi and Dewitte [2016,](#page-17-12) hereafter TD16). The CESM-LE project provides a large number of realizations of the same model, the NCAR Community Earth System Model (CESM), a Coupled General Circulation Model (CGCM) that accounts for ENSO diversity with some skill (Stevenson et al. [2017](#page-17-11); Dewitte and Takahashi [2017](#page-15-2)). The CESM model also simulates changes in mean SST pattern between the present climate (historical) and the climate corresponding to RCP8.5 future greenhouse gas emission scenarios (hereafter RCP8.5) comparable to those of the CMIP5 ensemble mean (Vecchi and Soden [2007](#page-17-13); Li et al. [2016\)](#page-16-14), that is an El Niñolike pattern warming. Finally, this model also predicts an increase in ENSO-related extreme precipitation events in a warmer climate comparable to that of the CMIP5 ensemble (Cai et al. 2014), thus offering a perfect test-bed for better understanding the relative infuence of the gradual SST warming and the changes in ENSO dynamics on the statistics of extreme precipitation events.

The paper is organized as follows: after describing the data sets and the methods used in Sect. [2,](#page-2-0) we document the changes in ENSO statistics due to global warming (Sect. [3](#page-6-0)), highlighting changes in the seasonality of the number of events. Section [4](#page-8-0) presents a heat budget analysis where changes in the composite evolution of the tendency terms associated with global warming are interpreted in the light of an analysis of change in the thermocline feedback in the model. Section [5](#page-12-0) is a discussion followed by concluding remarks.

2 Data and method

2.1 Data

We use long-term simulations of the NCAR Community Earth System Model Large Ensemble Project (CESM-LE) (Kay et al. [2015](#page-16-13)). The 42 and 40 members of the historical runs (1850–2005 for one member, 1920–2005 otherwise) and RCP8.5 runs (2006–2100) are respectively used here consisting in a total of 3682 and 3800 years, which allows estimating the spread between members and thus confdence levels in the statistics (estimated by a Wilcoxon rank sum test in this study).

As defned by the CMIP5 design protocol (Taylor et al. [2012\)](#page-17-14), the historical external forcing is composed of the observed atmospheric composition changes due to emissions of greenhouse gases and aerosols and the natural volcanic and orbital forcing. The RCP8.5 scenario corresponds to a "representative concentration pathways" (RCP) of high emissions of greenhouse gases, where the 8.5 label corresponds to an estimation of the radiative forcing (8.5 W/m^2) at the end of the simulation that is the year 2100.

The simulations of the CESM-LE project use the Community Earth System Model, version 1 (CESM1) (Hurrell et al. [2013](#page-16-15)) coupling the Community Atmosphere Model version 5 (CAM5) atmosphere component (Meehl et al. [2013](#page-16-16)), the Los Alamos National Laboratory (LANL) Parallel Ocean Program version 2 (POP) ocean component (Smith et al. [2010\)](#page-17-15), the Community Land model version 4 (CLM4) land component (Oleson et al. [2010](#page-16-17)) and the LANL Community Ice CodE (CICE4) sea ice component (Hunke and Lipscomb [2010\)](#page-16-18). All components of the model are approximately 1° horizontal resolution. The atmospheric component has 30 vertical levels, the oceanic component has 60 vertical layers. CESM1(CAM5) still presents some of the persistent biases of coupled models, such as a westward shift of the cold tongue, the double ITCZ and an excessive mean precipitation in the tropical Pacifc (Hurrell et al. [2013\)](#page-16-15). However, as its previous version CCSM4, CESM1(CAM5) correctly simulates some intrinsic characteristics of ENSO such as a realistic 3–6 years period but overestimates the magnitude compared to observations (Gent et al. [2011;](#page-16-19) Deser et al. [2012;](#page-15-17) Hurrell et al. [2013](#page-16-15)). The seasonality of the ENSO variance is well represented despite the magnitude bias and a larger diference between winter and summer. It implies that the observed variance values are outside the simulated CESM-LE internal variability for certain months of the year (January to April) (Zheng et al. [2018](#page-17-4)). This model also accounts for many ENSO properties, in particular its diversity (Stevenson et al. [2017](#page-17-11); Dewitte and Takahashi [2017](#page-15-2)). Karamperidou et al. [\(2017\)](#page-16-8) and Cai et al. [\(2018\)](#page-15-16) showed the importance of ENSO non-linearities in the response of the tropical Pacifc to global warming. The metric of nonlinearity α defined by Karamperidou et al. ([2017](#page-16-8)) and consisting in the leading coefficient of the parabolic approximation of the ENSO variability in the frst and second principal components (PC) of SST anomalies in the tropical Pacifc space, is used here as an integrated measure of diversity (see also Dommenget et al. ([2013\)](#page-16-20) for such an approach). It yields a value $\alpha = -0.37 \pm 0.08 \ (\pm 22\%)$ for the CESM-LE historical run, which is close to the estimate from HadISST v1.1 observations (1950–2017) (α = −0.39) and from some CMIP5 models (Karamperidou et al. [2017](#page-16-8); Cai et al. [2018](#page-15-16)). In particular, the α value for the CESM ensemble is lower than the threshold value for α used in Cai et al. [\(2018](#page-15-16)) (i.e. α = −0.15) to discriminate non-linear models. The CESM model has thus a non-linear behavior similar to that of the ensemble model used in Cai et al. [\(2018\)](#page-15-16).

Stevenson et al. [\(2017](#page-17-11)) showed that the ENSO diversity in the CESM model is sensitive to various forms of external forcing using the Last Millennium Ensemble that contains many realizations of the 850–2005 period with difering combinations of forcing. In particular, anthropogenic changes in greenhouse gases and ozone/aerosol emissions can alter the persistence of EP and CP El Niño events, although forced changes in ENSO amplitude are generally small because of compensating efects between changes in oceanic processes. Here since we focus on the RCP8.5 scenario that corresponds to a signifcantly larger external forcing on the mean climate, we expect to identify more pronounced changes in ENSO processes, aided by our methodological approach to derive robust ENSO diversity changes in models (See Sect. [2.2](#page-2-1)).

The HadISST v1.1 monthly average sea surface temperature dataset (Rayner [2003\)](#page-16-21) is used to estimate whether the representation of the internal climate variability spread simulated by the members of CESM-LE includes the observed contemporary climate trajectory. The dataset has a resolution grid of 1° latitude-longitude. We use the period from January 1950 to December 2017.

2.2 Defnition of El Niño events and extreme precipitation events

2.2.1 El Niño events

Considering that at least two indices should be used in order to account for the diferent locations of SST anomalies peaks (Trenberth and Stepaniak [2001;](#page-17-16) Takahashi et al.

 2011 ; Ren and Jin 2011 ; Dommenget et al. 2013), we use the E and C indices defined by Takahashi et al. (2011) (2011) (2011) as E = $(PC1-PC2)/\sqrt{2}$ and $C = (PC1+PC2)/\sqrt{2}$ where the PC1 and PC2 are the normalized principal components of the frst two empirical orthogonal function (EOF) modes of SST anomalies in the tropical Pacifc (120° E–290° E; 10° S–10° N). The E and C indices are thus linearly uncorrelated by construction. They are calculated separately for the two diferent periods (historical versus RCP8.5). The SSTs are linearly detrended and the seasonal cycle is removed for each period and for each member independently, prior to carrying the EOF decomposition. A bilinear regression of the SST anomalies onto these indices is used to determine the SST anomalies spatial patterns associated with each index (Fig. [1\)](#page-3-0), indicating a relative good agreement between model and observations, although CESM simulates the center of the patterns displaced to the west compared to observations by 20° and 30° for the E and C patterns respectively. This westward bias of the SST variability is comparable to the CMIP5 ensemble (cf. Fig. 1 of Matveeva et al. ([2018\)](#page-16-23)). Note also the cold tongue bias as evidenced by the position of the mean 28 °C isotherm in Fig. [1,](#page-3-0) that is shifted westward by 25°, a feature common to many other CGCMs (Wittenberg et al. [2006](#page-17-17); Bellenger et al. [2014](#page-15-18)). These biases have been detrimental for comparing observations and models, particularly from historical ENSO indices, because the use of fxed regions (e.g. Niño-3) for averaging quantities results in diferences that refect this shift in variability and mean state rather than the actual dynamics of the system. For instance, Graham et al. ([2017\)](#page-16-10) showed that the recurrent CGCMs equatorial Cold Tongue bias can lead to the simulation of "fake" El Niño events that have never been observed, double peaking in the tropical band and called "double peaked" El Niño events. Using the conventional Niño regions to defne El Niño diversity increases the risk of integrating so-called "double peaked" El Niño events and mistaking them as CP El Niños when compositing, although they have more commonalities with the observed EP El Niño events. We thus follow the methodology of TD16 which projects tropical Pacifc variability (and feedbacks) onto the E and C modes rather than fxed regions to avoid these limitations (see Sect. [2.3.](#page-5-0)). Note that this method has proven to be skillful in showing a strong inter-model consensus on the SST variability of EP El Niño events despite diferences in the details of El Niño simulation across models (Cai et al. [2018](#page-15-16)).

In order to diagnose changes in ENSO statistics between the present and future climates, we estimate the E and C modes for the two periods, the historical period (1920–2005) and the RCP8.5 period (2006–2100), which provides two sets of E and C modes (patterns and timeseries). The change in statistics is therefore reflected here in both the pattern and the temporal evolution of the modes. This is motivated by the fact that the ENSO pattern is changing between the present and future climate (Fig. [2](#page-4-0)). The E and C indices have been normalized so that the patterns can be expressed in °C. In particular, there is a westward amplifcation (by 20°) of the E mode and an eastward amplifcation (by 35°) of the C mode in the warmer climate. In order to take into account these changes in the spatial patterns, the E and C indices of the RCP8.5 simulations are scaled by the projection of the associated spatial pattern on its counterpart of the historical runs. The scaling coefficients are equal to $1.16 \pm 10\%$ (± 0.12) for both E and C modes over 10° S– 10° N. This allows comparing changes in the amplitude of the composite evolution of the E and C indices (Fig. [3\)](#page-4-1) and not just changes in temporal evolution. Note that this method yields similar results than the one used in Cai et al. ([2018](#page-15-16)),

Fig. 1 Linear regression coefficients $(^{\circ}C)$ of SST anomalies onto the E (**a**, **c**) and C (**b**, **d**) indices for (**a**, **b**) HadISST v1.1 (1950–2017) and (**c**, **d**) the ensemble mean of CESM-LE historical simulations (42 members). The E and C indices are defned from the two leading

Fig. 2 Ensemble mean of the linear regression coefficients $(^{\circ}C)$ of SST anomalies onto the E (left) and C (right) indices calculated for the historical runs (**a**, **b**), the RCP8.5 runs (**c**, **d**) and the diferences between RCP8.5 and historical runs (**e**, **f**). The E and C indices are defned from the two leading principal components of the EOF analysis of the SST anomalies in the tropical Pacifc (115° E–290° E; 10° S–10° N). The SST anomalies are linearly detrended over each

time period. The 5% confdence intervals from a Wilcoxon rank-sum test are indicated by stippling. The stippling indicates where the values of the RCP8.5 runs are signifcantly larger (in absolute value) than that of the historical runs. Note the diferent scale of the colorbar on **e** and **f**. In the dashed lines is indicated the 2° S–2° N region onto which the heat budget is projected

 (b) C-index

Fig. 3 Composite evolution of **a** the E and **b** the C indices $(115^{\circ}$ E–290° E; 10° S–10° N) during strong (red) and moderate (green) El Niño events for (solid lines) historical and (lines with circles) RCP8.5 runs. The shading indicates the range of values between

the 25th and 75th percentiles of the distribution. The portion of the curves in dashed line for the RCP8.5 composites indicates where the changes between historical and RCP8.5 are not signifcant at the 95% level according to a Wilcoxon rank sum test

that does not consider change in spatial patterns of the E and C modes, but instead performs an EOF analysis of SST anomalies over the whole record (1920–2100). In particular, the increase in the variance of the E index in DJF from historical to RCP8.5 runs is 14% for our method and 18% for the Cai et al. ([2018\)](#page-15-16)'s method when considering the last 85 years of each period. The largest diference in methods is the dispersion amongst the members that is in general larger in the method used here. Despite these diferences, we fnd that the increase in variance of the E index in DJF is signifcant at the 95% confdence level based on a Wilcoxon test for both methods. CESM simulates thus an increase in the DJF E-index variance in the future climate, regardless of the method, comparable to 17 models of the CMIP5 data base that account realistically for the non-linear behavior of ENSO (Cai et al. [2018](#page-15-16)).

El Niño events are defned from the PC1 derived from the analysis of the main mode of variability of the tropical Pacifc by the EOF method. El Niño events are when the value of the PC1 exceeds its 75% percentile over at least 5 consecutive months, regardless of season. Our defnition is slightly diferent from that of TD16 that seek for El Nino peaks over 2-year running mean time windows with a 1–2–1 flter applied to the PC1. We checked that both methods provide very comparable statistics by applying our defnition to the GFDL CM2.1 PI-control simulation and comparing our results with that of TD16. In the meantime, it has been also verifed that using the historical defnition by the ONI index does not change ENSO statistics on the PI-control simulation of CESM. El Niño classes (strong versus moderate) are then defned based on the E index. When the E-index value reaches a threshold value (interpreted here as the value of SST anomalies in the far eastern Pacifc needed for deep convection to be activated), a strong EP event takes place. This threshold is estimated from a *k*-*mean* cluster analysis $(k=2)$ applied jointly to the E and C values during El Niño years and for the calendar month when the E-index is maximal. It yields two classes that correspond to moderate (either EP or CP) Niño events (cluster 1) and strong EP El Niño events (cluster 2). We fnd a threshold value of 2.2 °C for the PI-control simulation (see also Dewitte and Takahashi [\(2017\)](#page-15-2)). Note that the PI-control and historical simulations of CESM do not exhibit a well-defned bimodal distribution in the (E, C) space conversely to the GFDL CM2.1 model (see TD16), so that the determination of this threshold value is somewhat subjective and certainly sensitive to the model biases. Nevertheless the model exhibits a clear non-linearity in the response of the wind stress to SST anomalies in the eastern Pacifc (Fig. S1—Supplementary material). The cluster analysis applied to historical and RCP8.5 simulations yields threshold values similar to the PI-control value. Sensitivity tests to this threshold value (taking an error of 5%) indicate that results presented in this paper are not impacted significantly. For a variation of $\pm 5\%$ of the threshold, the number of strong El Niño events varies from 225 (−5.1%) to 262 (10.5%) for the historical simulations and from 271 (−10.3%) to 322 (6.6%) for the RCP8.5 simulations.

2.2.2 Extreme precipitation events

The defnition follows that of Cai et al. [\(2014](#page-15-0)), that is based on the total DJF rainfall averaged over the Niño-3 region (150° W–90° W; 5° S–5° N). An extreme precipitation event is such that the rainfall index is above the threshold value of 5 mm/day. This defnition was shown to be robust in accounting for changes in statistics of extreme events due to global warming despite the arbitrary choice of the threshold value in the warmer climate (Cai et al. [2017\)](#page-15-6). Noteworthy, with such a defnition, all extreme precipitation events are

however not necessarily associated with a strong or weak to moderate El Niño event. In particular, extreme precipitation events are defned from a threshold value of the DJF Niño-3 rainfall index. In that case, when two consecutive winters are affected by the same episode of anomalous positive surface temperature, causing precipitation events in DJF, the same warm episode is counted as two "independent El Niño events". It thus allows two extreme precipitation events to take place from 1 year to another, while strong or weak-to-moderate El Niño events can last over more than 1 year (with the selected year corresponding to the maximum amplitude of the PC1 timeseries of the EOF analysis of SST anomalies). Nevertheless, with such a defnition, 96% of the extreme precipitations events are concomitant with a strong El Niño event in the historical runs (Table [1](#page-6-1)). As will be seen, this percentage is reduced in the RCP8.5 runs (55%) due to both changes in the seasonality of strong El Niño events and the gradual warming of the eastern equatorial Pacifc.

2.3 Heat budget

The equation of the SST change within the surface layer that is used for the heat budget is the following:

$$
\left[\frac{\partial T'}{\partial t}\right] = -\left[u\frac{\partial T}{\partial x}\right]' - \left[v\frac{\partial T}{\partial y}\right]' - \left[w\frac{\partial T}{\partial z}\right]' + \frac{Q'_{net}}{\rho_0 C_p h} + R'\tag{1}
$$

The prime denotes the monthly anomaly relative to the mean climatology. T is the 4D-potential temperature, u, v and w are respectively 4-D zonal, meridional and vertical currents. Square brackets indicate vertical integration over the surface layer, whose depth is set at 80 m. The frst three right hand side terms correspond respectively to the zonal, meridional and vertical advections. The term Q_{net} is the net ocean–atmosphere heat fux, including surface fuxes and penetrating short-wave radiation. The coefficients ρ_0 and Cp are respectively the sea-water reference density $(kg/m³)$ and the specific heat content $(J/(kg C))$. The residual term R includes the short-wave fuxes of heat out of the base of the mixed layer, the change in temperature associated with the freshwater fux, the horizontal and vertical difusion of heat, and errors associated with the off-line calculation and the use of monthly mean outputs. The method further follows TD16 that consists in projecting the tendency terms of the SST equation (Eq. [1\)](#page-5-1) onto the spatial patterns of the first two normalized EOF modes of the equatorial Pacifc (2° S–2°N). The resulting timeseries are then linearly combined according to the defnition of the E and C indices, which is convenient for infering how processes contribute to the rate of change of SST anomalies in the E and C equatorial regions (Fig. [2\)](#page-4-0). The projection of the heating rate onto the E mode is thus expressed as:

3682 (3800) years are considered for the historical (RCP8.5) runs. Note that the values of the frequency of occurrence have been rounded while the percentages in the text use the exact values

$$
\left\langle \frac{\partial T'}{\partial t} \middle| E \right\rangle = \frac{1}{N_x N_y} \int_{120^{\circ} E}^{290^{\circ} E} \int_{2^{\circ} S}^{2^{\circ} N} \left(\frac{\partial T'}{\partial t} (x, y, t) \cdot E(x, y) \right) dx dy
$$

This method has the advantage of objectively estimating the region of infuence of the diferent feedbacks and their changes in a warmer climate, compared to the method where tendency terms are averaged over the classical Niño-4 (5° S–5° N, 160° E–210° E) and Niño-3 $(5^{\circ}$ S–5° N, 210° E–270° E) regions, or modified versions of them to take into account mean state biases in the CGCMs (Kug et al. [2010;](#page-16-24) Capotondi [2013;](#page-15-19) Stevenson et al. [2017\)](#page-17-11). Since the E and C patterns are modifed in the future climate (see Fig. [2](#page-4-0) and Sect. [2.2.1\)](#page-2-2), our method thus takes into account changes that may occur in the location of the main centers of the thermodynamical processes. To be able to compare the amplitude in the evolution of the tendency terms between the two climates, tendency terms for the RCP8.5 simulations are scaled by the projection coefficient of the RCP8.5 E and C patterns on their counterparts in the historical runs. The projection is done here over the domain (120° E–290° E; 2° S–2° N). The values of the scaling coefficient are equal to 1.18 (\pm 10%) for both E and C modes over 2° S– 2° N. The heat budget was calculated on the model native grid. The CESM uses the ocean POP model (Smith et al. [2010\)](#page-17-15), which has a staggered Arakawa B-grid (Arakawa and Lamb [1977](#page-15-20)). The centered second-order fnite diferences scheme and leap-frog time stepping were used for the calculation of the tendency terms following the model grid discretization.

3 Changes in Eastern Pacifc El Niño events

3.1 Composite evolution

As a frst step, we present the composite evolution of the E and C indices during moderate and strong events in the two climates (Fig. [3](#page-4-1)). It indicates that, in this model, strong (moderate) El Niño events are preferentially of EP (CP) types because strong (moderate) El Niño events have large (weak) values of the E index. The E index during strong El Niño event tends also to peak from Aug(Y0), which is counterintuitive if compared to other historical indices (e.g. NINO34). This can be understood as follows: the E index accounts for SST variability in the far eastern Pacifc where the thermocline is shallow and the thermocline feedback more intense than in the central equatorial Pacifc. So when a Kelvin wave is triggered during the development of ENSO (typically during Feb–April $Y(0)$), the SST increase in the far eastern Pacifc a couple month later, which projects on the E mode, then El Niño develops, which maintains an elevated E index. In other words, the frst part of the warming in E is due to the forced Kelvin wave acting as a trigger of ENSO, while the second part of the warming in E is associated with the growing coupled mode. The values of the C index are somewhat larger for moderate than for strong El Niños during the development phase. The C index has weaker positive values for strong El Niño events and can become negative during their decaying phase because strong El Niño events tend to be followed by La Niña events (DiNezio and Deser [2014](#page-15-21)), which the C index accounts for. The evolution of the indices is comparable to observations (see Fig. [4](#page-7-0) of TD16) although the comparison is limited for strong El Niño events owing to their too few numbers in the observational record.

The striking feature of Fig. [3](#page-4-1) is that the temporal evolution and amplitude of the indices do not change much from the present to the future climate in particular during the developing and mature phases of the El Niño composite, even if there are time frames when amplitude changes are statistically signifcant according to a Wilcoxon rank sum test. However, strong EP El Niño events last signifcantly longer by 2 months in the RCP8.5 simulations peaking in March (Y1) instead of December (Y0), while the central Pacifc cools earlier and more than in the present climate. This suggests changes in seasonality of some events. Moderate El Niño events exhibit in general weaker changes in their evolution and amplitude, although there is a similar increase in persistence of the E index than that of strong events.

3.2 Seasonal stratifcation

In order to get further insights into the changes in ENSO statistics, the changes in the numbers of strong and moderate EP El Niño events are stratifed according to the month of their peak value of the E index. Figure [4](#page-7-0) allows identifying periods in the calendar year (hereafter referred to as "seasons") when the number of events changes signifcantly from the historical to the RCP8.5 simulations. Considering periods

in the calendar year when the number of events is above 15 events for 3–4 consecutive months in the RCP8.5 simulations, three "seasons" can be defned: Jul–Aug–Sep (JAS), Oct–Nov–Dec–Jan (ONDJ) and Feb–Mar–Apr (FMA) (see Table [1\)](#page-6-1). The threshold value of 15 events is selected arbitrarily and corresponds to 2% of the total number of events.

The results indicate a drastic change in the seasonal distribution of the number of events between the two climates. The most important changes are for strong EP El Niño events, with a significant increase $(+1315\%)$ in the number of events peaking during FMA. This is also observed for moderate EP El Niño events but to a lesser extent (+92%). Such a change indicates that, while the mean amplitude of EP El Niño event is weakly impacted by global warming (Fig. [3\)](#page-4-1), this is not the case for the seasonal variance of the E index. This is evidenced in Fig. [5](#page-8-1) that shows the climatological variance of the E index for the two climates. There is a signifcant increase in the E index variance (at the 95% confdence level based on a Wilcoxon test) at almost all calendar months, more pronounced for the FMA season (+40% increase in variance). The large increase in variance of the E index in FMA is likely to translate in a larger number of extreme precipitation events in the warmer climate because this corresponds to the season when the ITCZ has its southernmost position (Xie et al. [2018](#page-17-18)). In the CESM model, the frequency of occurrence of extreme precipitation events (see defnition in Sect. [2.2\)](#page-2-1) is projected to increase from 0.04 per 10 years (one event every 24.7 years) to 0.16 (one event every 6.4 years) on average over the last 50 years of the RCP8.5 simulations, which corresponds to a 3.9 fold increase of the number of extreme events at the end of the 21st century (+225% increase from the present to the future climate, Table [1\)](#page-6-1). The CESM model thus projects more than a doubling of extreme precipitation events in the future

Fig. 4 Number of **a** strong and **b** moderate El Niño events, defned from the E-index, as a function of the month in the calendar year when they peak (i.e. E index has maximum value) for (blue) historical and (red) RCP8.5 simulations. Note the diferent scale on the y axis between **a** and **b**

Fig. 5 (Bottom panel) Climatological variance of the E index for (green) observations (1950–2017, 115° E–290° E; 10° S–10° N), (blue) the historical and (red) RCP8.5 simulations of CESM-LE. Error bars are inferred from the 95th and 5th percentiles of the distribution obtained by 10,000 realisations of randomly resampling the 40 (42) members and calculating their variance each time, any member being allowed to be selected again. (Top panel) Percentage of increase in variance from the historical to the RCP8.5 runs as a function of calendar month. The increase in variance between historical and RCP8.5 simulations is statistically signifcant at the 95% confdence level for all months except November and December (grey shading) according to Wilcoxon and bootstrap tests. The increase in variance associated with the DJF mean is provided on the right hand side of each panel. It is signifcant at the 95% confdence level

climate, consistent with Cai et al. ([2014\)](#page-15-0). The CESM model exhibits however a more modest increase, from the present to the warmer climate, in the number of strong EP El Niño events than in the number of extreme precipitation events. In particular, the number of strong EP El Niño events (extreme precipitation events) increases from 237 (146) in the historical period to 302 (489) in the RCP8.5 period, which corresponds to an increase of their frequency of occurrence (in events/decade) of $+18\%$ from the present to the future climate (Table [1\)](#page-6-1), so that the increase in strong EP El Niño events is much less that the increase in extreme precipitation events. This can be interpreted broadly as resulting from the fact that moderate EP El Niño events can yield extreme precipitation events in the warmer climate due to increased mean SST in the eastern equatorial Pacifc (Cai et al. [2014](#page-15-0)), independently of whether or not the moderate EP El Niño events undergo a change in their dynamics. However, since the overall number of (strong and moderate) EP El Nino events has almost no change (not shown), the 18% increase in the frequency of strong EP El Nino events indicates that global warming may favor the "high-regime" of ENSO (TD16), suggesting that the increase in extreme precipitation events in the warmer climate does not solely results from the warming of the cold tongue (Cai et al. [2014](#page-15-0)). This will be further documented in the discussion section. In the following, we investigate the processes explaining the increased persistence of EP El Niño and the emergence of events peaking in FMA in the warmer climate, focusing on key ENSO oceanic processes sensitive to the increased vertical stratifcation, i.e. the thermocline feedback and the recharge of heat content.

4 ENSO processes and increased stratifcation

In this section, the focus is on the processes that could explain the increased variance and persistence of the E index in FMA. As mentioned in the introduction, the increase in vertical stratifcation is a salient feature of the climate change pattern on temperature in the ocean, which has implications for ENSO dynamics. Not only it modulates the thermocline feedback through changing the relationship between SST and thermocline depth fuctuations (Dewitte et al. [2012](#page-15-22)), but it can also infuence the dynamical response of the ocean through the projection of momentum forcing on the wave dynamics (Philander [1978;](#page-16-25) Dewitte [2000\)](#page-15-23), and thereby the ENSO stability (Yeh et al. [2010;](#page-17-10) Thual et al. [2011,](#page-17-19) [2013](#page-17-6)). Recently Cai et al. ([2018\)](#page-15-16) showed that changes in vertical stratifcation due to greenhouse warming are associated with the increase in variance of the EP El Niño events in an ensemble composed of models simulating ENSO diversity/ non-linearity similar to that of CESM (see Sect. [2\)](#page-2-0). We thus here use the CESM simulations to get insights in the mechanisms at work for explaining the increased climatological variance in strong EP El Niño events.

4.1 Recharge‑discharge process

Heat content along the equator is a precursor of ENSO and its primary source of predictability, which has been conceptualized by the recharge-discharge oscillator model (Jin [1997\)](#page-16-26). Although large heat content anomalies are not always necessary for strong EP El Niño to occur (TD16), it is worth diagnosing the recharge-discharge process in the model, as it can explain to some extent the persistence of SST anomalies during ENSO. In the framework of the simple recharge-discharge model (Jin [1997\)](#page-16-26), a stronger recharge would imply a longer lasting El Niño event once it has developed. Figure [6](#page-9-0) shows the strong El Niño composite evolution of estimates of the so-called tilt and warm water volume (WWV) modes that depict the recharge discharge-discharge process (Clarke [2010](#page-15-24)). The WWV mode is phase-shifted (ahead by \sim 6 months) with the tilt mode that

Fig. 6 (Top panels) Composite evolution of **a** the Warm water volume (WWV) mode and **b** the tilt mode during strong El Niño events for the (solid yellow lines) historical and (brown lines with dots) RCP8.5 runs. The WWV mode corresponds to the mean 20 °C isotherm depth (Z20) anomalies (m) averaged over the region (115°– 290 \degree E; 2 \degree S-2 \degree N). The tilt mode is estimated by projecting the 20 \degree C isotherm depth (Z20) anomalies (m) onto the E mode pattern calculated over the domain $(115^{\circ}$ E–290° E; 2° S–2° N). The shad-

accounts for the quasi-instantaneous response of the eastern Pacifc thermocline to wind stress anomalies. It is clear from Fig. [6a](#page-9-0) that the recharge process is increased in the warmer climate (the mean over the period Jun(Y0)–Oct(Y0) increases from 0.55 to 6.25 m between the two climates), while the tilt mode amplitude also increases prior to the ENSO peak (Fig. [6](#page-9-0)b). The tilt mode amplitude increase is consistent with westerly winds projecting more on the ocean dynamics in the warmer climate due to the increased stratifcation in the central Pacifc (Fig. [7](#page-9-1)) (Dewitte et al. [1999](#page-15-12); Thual et al. [2011\)](#page-17-19). Note that it was checked that the zonal equatorial wind stress integrated from one side of the Pacifc to the other (that represents an estimate of the tilt mode which does take explicitly into account the change in stratifcation) during the EP El Niño events is not signifcantly changed between the two climates (not shown) so that the increase in the amplitude of the tilt mode is not

ing indicates the range of values between the 25th and 75th percentiles of the distribution of the members. The portions of the curves in dashed line for the RCP8.5 composites indicate when the changes between historical and RCP8.5 are not signifcant at 95% confdence level based on a Wilcoxon rank sum test. (Bottom panels) Composite evolution of Warm water volume (WWV) over Jan (Y0)-Jan(Y1) for **c** all the strong El Niño events, and **d** excluding the contribution of strong El Niño events peaking in FMA

Fig. 7 Mean diferences of equatorial (2° S–2° N) temperature (in °C) between the RCP8.5 and historical simulations. The blue (red) line indicates the mean depth of the 20 °C isotherm for the historical (RCP8.5) simulations

the result of changes in the amplitude of wind stress forcing that contributes to the build-up of heat content, but instead has to result from the fact that wind stress forcing projects more efficiently onto wave dynamics due to the increased stratifcation. The increase lasts until Jan(Y1) so that the effect on SST anomalies could last until $~Mar(Y1)$ through the thermocline feedback because of the delayed response of SST anomalies to thermocline fuctuations (Zelle et al. [2004;](#page-17-7) see also Sect. [4.2](#page-10-0)). Regarding the WWV mode, the change in amplitude in $Jul(Y0)$ – $Oct(Y0)$ from the present to the future climate is certainly more difficult to interpret because of likely compensating efects amongst diferent processes (Thual et al. [2011;](#page-17-19) Lengaigne et al. [2012;](#page-16-27) Izumo et al. 2018), the potential role of changes in off-equatorial high-frequency winds (McGregor et al. [2016;](#page-16-29) Neske and McGregor 2018) and other sources of external forcing (see Sect. [5](#page-12-0)). However, the increase in amplitude of the WWV can be associated to a large extent with the increased occurrence of the strong events peaking in FMA as evidenced by the composite of the WWV evolution with and without strong events peaking in FMA (Fig. [6c](#page-9-0), d). The increase in amplitude of the WWV is statistically signifcant (at 95% confdence level based on a Wilcoxon rank sum test) from $Apr(Y0)$ to $Jan(Y1)$ when considering the events peaking in FMA. The increase is statistically signifcant only from Jun(Y0) when El Niño events whose peak occurs in FMA are not considered. Note that the same diagnosis was done using the thermocline depth, i.e. the depth of the maximal vertical temperature gradient. While the change with global warming of the WWB amplitude prior to the ENSO peak $(i.e. Jun(Y0) - Oct(Y0))$ is less pronounced, it is statistically signifcant when considering strong El Niño events peaking in FMA (not shown).

4.2 Mixed‑layer processes

While the strengthened vertical stratifcation increases the efectiveness of momentum fux onto the wave dynamics (Dewitte et al. [1999](#page-15-12)), which tends to destabilize ENSO by increasing the coupling efficiency between the ocean and the atmosphere (Thual et al. [2011](#page-17-19), [2013](#page-17-6)), the sensitivity of ENSO to changes in stratifcation also operates through changes in the mixed-layer processes. Owing to the shallow thermocline in the eastern Pacifc, the main oceanic process there is the mean vertical advection of anomalous temperature $\left(-\bar{w}\cdot\frac{\partial T'}{\partial z}\right)$) , often referred to as the thermocline feedback (An and Jin [2001](#page-15-15)). Since changes in the thermocline feedback not only depend on changes in the magnitude of the seasonal upwelling rate (\bar{w}) but also on changes in the vertical gradient of anomalous temperature between the surface and the base of the mixed layer $\left(\frac{\partial T'}{\partial z}\right)$) , inferring its sensitivity to vertical stratifcation is not straightforward. In

particular, increased stratifcation in the eastern Pacifc may reduce the efectiveness of upwelling through fattening and tightening the isotherms, while it could increase the sensitivity of SST anomalies to thermocline fuctuations through enhancing mean vertical difusivity (Zelle et al. [2004\)](#page-17-7). Compensating efects are thus possible.

As a frst step, we present the composite evolution during strong El Niño events in the eastern Pacifc (E region) of the mixed-layer processes (tendency terms) for the present and future climates (Fig. [8\)](#page-11-0). For conciseness sake, we focus hereafter on the developing and peak phases, noting also that the residual term being relatively large during the decaying phase (Fig. [8](#page-11-0)e), the interpretation of the results is not straightforward during that particular phase. As expected, total vertical advection exhibits the largest amplitude (Fig. [8](#page-11-0)d). It was checked through a Reynolds decomposition of the tendency terms that the main contributor to total vertical advection is the thermocline feedback, with nonlinear vertical advection and anomalous vertical advection of mean temperature ("upwelling feedback") only marginally contributing during the onset and peak phase of strong EP El Niño events (Fig. S2—Supplementary material) consistently with TD16. The residual term has a comparable contribution (cooling) than the thermal damping term, and can be interpreted as resulting from the reduced vertical difusivity in the frst 80 m as the mixed-layer deepens. The largest changes between the present and future climates are for vertical advection and thermal damping with a 71% increase (90% reduction) for the average over $Apr(Y0)$ -Feb $(Y1)$ for vertical advection (thermal damping) relatively to the value over the present climate (Fig. [8](#page-11-0)f). Changes in these two opposite sign terms explain why the rate of SST change is hardly impacted from the present climate to the future climate. While the larger contribution of thermal damping is expected from the increase variance of the E index from the present to the future climate, the increase in the magnitude of vertical advection is more difficult to interpret. 77% of this increase is associated with the contribution of climatological vertical advection of anomalous temperature (Fig. S2), so that it can be interpreted as resulting from the combined efects of the weakening of the Walker circulation on the seasonal upwelling on the one hand (DiNezio et al. [2009](#page-15-10); Dewitte et al. [2012](#page-15-22); Chung et al. 2019) and of the increased stratifcation on the relationship between SST and thermocline anomalies on the other hand. Figures [9](#page-12-1)a, b present estimates of the changes of these two quantities (i.e. upwelling rate and the slope of the linear relationship between SST and thermocline anomalies) between the two climates. The slope of the linear relationship between SST and thermocline anomalies is estimated for lag between −6 and 6 months and the maximum value is shown considering that temperature anomalies in the vicinity of the thermocline are transported to the surface by a combination of

Fig. 8 Heat budget projected onto the E mode: composite evolution during strong El Niño events for **a** the total heating rate, **b** the surface net heat fux, **c** the zonal advection, **d** the vertical advection and **e** the residuals (i.e. diference between the rate of SST change and all tendency terms including meridional advection) for the (yellow) historical and (brown) RCP8.5 simulations. All terms are projected onto the E mode patterns (see the method section). The shading indicates the range of values between the 25th and 75th percentiles of the distribu-

tion of the members. The portions of the curves in dashed line for the RCP8.5 composites indicate when the changes between historical and RCP8.5 are not signifcant at 95% confdence level based on a Wilcoxon rank sum test. **f** Mean values over the period Apr (Y0)–Feb (Y1) of all the terms. Error bars are inferred from the 95th and 5th percentiles of the distribution obtained by randomly resampling the values of tendency terms of the 40 (42) members, any members being allowed to be selected again

(a) Climatological upwelling in the eastern Pacific

(b) Relationship between SST and D20

Fig. 9 a Changes in climatological mean upwelling in the eastern Pacifc (Niño-3 region) for the (blue) historical and (red) RCP8.5 simulations (m/day). Error bars correspond to the inter-members spread (standard deviation). **b** Changes in the maximum value of the slope of the lagged relationship between SST anomalies (E index) and the depth of the 20 °C isotherm (D20) anomalies in the eastern Pacifc (projected onto the E mode) for the (blue) historical and (red) RCP8.5 simulations. The lag is indicated above the corresponding

upwelling and vertical mixing, which introduces a delay in the time dependence of the local relation between SST and thermocline anomalies (Zelle et al. [2004](#page-17-7)). As expected, the climatological upwelling rate is reduced in the warmer climate (Fig. [9a](#page-12-1)). The reduction is most important in boreal winter reaching −14% in March. The decrease is statistically signifcant at the 95% confdence level except for the month of October. On the other hand, the sensitivity of the SST to thermocline fluctuations is significantly increased in particular with a maximum relative increase in August (+100%). On average over the year, the relationship between SST and thermocline fuctuations is increased by 46%. Such increase largely compensates for the decrease in climatological upwelling and yield an overall increase in the thermocline feedback as evidenced by Fig. [9c](#page-12-1) that shows the change in climatological variance of the mean vertical advection of anomalous temperature between the present and the future climate. In particular, the relative increase in variance is

bars (positive value corresponds to D20 ahead SST). **c** Climatological variance of the thermocline feedback for the (blue) historical and (red) RCP8.5 simulations (°C/days). Error bars are inferred from the 95th and 5th percentiles of the distribution obtained by 10,000 realisations of randomly resampling the 40 (42) members and calculating their variance each time, any member being allowed to be selected again

maximum in May–June-July $(+83\%)$, which corresponds to the season when the tropical Pacifc system becomes highly unstable (Stein et al. [2010\)](#page-17-20) and is more susceptible to develop an El Niño event. As a summary, Fig. [8f](#page-11-0) presents the averaged changes in amplitude of the tendency terms during the developing phase of strong EP El Niño events. The largest increase is for vertical advection $(+71\%)$, 77% of which is attributed to the thermocline feedback.

5 Discussions and concluding remarks

We have investigated the sensitivity of ENSO dynamics to mean state changes in a model that has skill in simulating ENSO diversity and non-linearity. We fnd that, in the CESM model, the persistence of strong EP events is increased by 2 months so that the variance in SST anomalies in the eastern Pacifc is signifcantly increased over the

Fig. 10 (Bottom panel) Climatological variance of the E-index for (blue) the historical and (red) RCP8.5 simulations of an ensemble of CMIP5 models. The ensemble corresponds to the 17 models used in Cai et al. (2018) (2018) that realistically represent the nonlinear Bjerknes feedback. Error bars are inferred from the standard deviation of 10,000 realisations obtained by randomly resampling the 17 models and calculating their variance each time, any models being allowed to be selected again. (Top panel) Percentage of increase in variance from the historical to the RCP8.5 runs as a function of calendar month

FMA season when the ITCZ is about to reach its southernmost position. Noteworthy a similar behavior is found in the CMIP5 ensemble (Fig. [10](#page-13-0)), allowing to some extent to generalize the results obtained here from the CESM model.

While recent studies have shown that the number of extreme precipitation events associated with El Niño is projected to increase in the warmer climate (Cai et al. [2014,](#page-15-0) [2015b\)](#page-15-1), the mechanisms by which this will take place remain unclear. Here we suggest that a portion of the increase in extreme precipitation events in the warmer climate is associated with the increase in the number of strong EP El Niño events, in particular those that peak in FMA, which corresponds to the season when climatological SST in the eastern Pacifc is already high. Those events are thus strongly coupled to the ITCZ and do not necessarily require the anthropologically-forced mean SST warming trend in the eastern Pacifc to yield extreme precipitation events. In order to estimate the proportion of extreme precipitation events that relates either to moderate or strong El Niño events, we consider the number of events over 10-year running windows among all simulation members (i.e. at least 400 years are considered for each chunk) and estimate the proportion of El Niño events (strong and moderate) compositing extreme precipitation events along historical and RCP8.5 periods (Fig. [11\)](#page-13-1). The increase (by 1315%) in the frequency of occurrence of strong EP El Niño events peaking in FMA explains 24% of the increase in the frequency of occurrence of extreme precipitation events in the CESM model. 9% and 21% of the increase in the frequency of occurrence of extreme precipitation events are explained by the frequency of occurrence of strong El Niño events peaking in ONDJ

Fig. 11 Number of extreme precipitation events over 10-year running windows that are concomitant with either strong or moderate El Niño events among the ensemble of the historical (1920–2005) and the RCP8.5 (2006–2100) simulations. Hatch indicates the proportion of moderate El Niño events while shading is for strong El Niño events. The colors refer to the seasons as defned in Sect. [3.2](#page-7-1): blue for

JAS events, red for ONDJ events and green for FMA events. Note that there is a little share of extreme events that are not concomitant with either a moderate or a strong El Niño events (i.e. the green curve does not overlap the black curve), which is due to internal variability in precipitation (year of extreme precipitation event without an El Niño event)

and JAS respectively (see Sect. [3.2](#page-7-1) for the defnition of "seasons"). This sums to 54% of the increase in the frequency of occurrence of extreme precipitation events thus explained by the increase in the frequency of occurrence of strong El Niño events. Concomitantly, the increased proportion of extreme precipitation events associated with weak and moderate El Niño events (which represents an additional 0.43 events/ decade of weak to moderate El Niño events that relates to an extreme precipitation events in the warmer climate) results in that 34% of the increase in extreme precipitation events are associated with moderate El Niño events and thus due to the warmer mean SST in the eastern equatorial Pacifc. Note that in the present climate, there is almost no weak to moderate El Niño event (i.e. 0.003 events/decade) that relates to extreme precipitation events (versus 0.43 events/decades in the future climate). The remaining 12% of the increase in the frequency of occurrence of extreme precipitation events could not be explained by the occurrence of an El Niño event and thus corresponds to internal variability in precipitation in a warmer climate. Overall Fig. [11](#page-13-1) illustrates the infuence of the number of events peaking in FMA on the change in extreme precipitation events in the warmer climate, although very few of these events (9) exist in the historical simulation. It indicates that changes in the statistics of extreme precipitation events cannot be solely attributed to changes in mean SST in the equatorial eastern Pacifc i.e. the warmer mean SST becoming closer to the convective threshold, but also depend on changes in ENSO dynamics.

The "emergence" of strong EP El Niño peaking in FMA in the warmer climate is suggested to be associated with the increased vertical stratifcation across the equatorial Pacifc, a salient feature of the climate change patterns in climate models (Yeh et al. [2009a](#page-17-1), [b;](#page-17-9) DiNezio et al. [2009](#page-15-10); Cai et al. [2018\)](#page-15-16). Cai et al. ([2018](#page-15-16)) showed in particular that the increased variance in Eastern Pacifc SST anomalies is associated with the increase in vertical stratifcation. We suggest further that the increased persistence of EP El Nino events is resulting from both a stronger recharge process and a more efective thermocline feedback in the warming climate due to an increased vertical stratifcation. In particular, the sensitivity of SST anomalies in the far eastern Pacifc to thermocline fuctuations is signifcantly increased in FMA and overwhelms the reduction in mean upwelling (Fig. [9\)](#page-12-1). The recharge process is also shown to be enhanced in the warmer climate, which can be interpreted as resulting from the increased stratifcation in the central-western Pacific where wind stress can be more efficiently projected onto the wave dynamics. Overall our study suggests that the infuence of the increased ocean vertical stratifcation in a warmer climate on ENSO could be understood in terms of two main mechanisms involving mostly linear processes, i.e. (1) on the dynamical side, a stronger recharge process and an overall more energized wave dynamics, and (2) on the thermodynamical side, an increased thermocline feedback in the eastern Pacifc. These processes work together to produce the increased persistence/variance in EP El Niño events in the warmer climate.

Of course, considering the coupled nature of ENSO, there are other potentially important processes that could be at play to explain the longer duration of strong EP El Niño events in the warmer climate and their changing seasonal stratifcation. In particular, non-linear oceanic processes are important for the strong El Niño regime (Jin et al. [2003\)](#page-16-31) although non-linear advection, the main contributor to the oceanic non-linearities during ENSO, does not appear essential for the onset of strong EP El Niño events (TD16), a feature that is also observed here (Fig. S2c). Nevertheless non-linear advection is increased by 120% from the present to the future climate, over Apr-May-Jun(Y1), the period over which it peaks in the E region, contributing to the longer persistence of warm anomalies during strong El Niño events. Determining if such increase is related to the increase in vertical stratifcation would deserve further investigation which is beyond the scope of the present study considering the likely interplay between the various nonlinear processes. The other important non-linear processes for ENSO are those encapsulated in the Bjerknes feedback and are atmospheric processes by nature (Dommenget et al. [2013,](#page-16-20) TD16). While the details of the change in the characteristics of the Bjerknes feedback is beyond the scope of the present study, we note that, within the approximations of our methodological approach, the slopes of the piecewise linear relationship between the E index and the zonal wind stress in the eastern equatorial Pacifc are weakly changed from the present to the future climate (See Figure S1). This suggests that the characteristics of the Bjerknes feedback are not fundamentally modifed in this model from the present to the future climate, although the convective SST anomaly threshold appears to have changed consistently with Johnson and Xie [\(2010\)](#page-16-32) that showed that it is not absolute and varies with the mean climate (e.g. the temperature of the free troposphere). The other key ingredient for strong El Niño events to develop, that was not looked at here although it can non-linearly interact with the equatorial ENSO dynamics, is the nature of the changes in the external stochastic forcing that has multiple facets. While high-frequency stochastic forcing, in the form of Westerly Wind Bursts (WWBs), is expected to energize more wave dynamics in the warmer climate, it is not clear how its characteristics will change in the future (Bui and Maloney [2018;](#page-15-25) Maloney et al. [2019](#page-16-33)). We note here that, in the CESM model, the high-frequency (frequency > 90 days⁻¹) variance of the equatorial zonal wind stress is increased from the present to the future climate (not shown), which could contribute to the stronger recharge process in the warmer climate for strong El Niño events (see Fig. [6](#page-9-0)). This would deserve further investigation

which is planned for future work. In particular, since there is more and more evidence that the low-frequency component of the external forcing to ENSO is certainly as important as the high-frequency component (Dommenget and Yu [2017](#page-16-34); Takahashi et al. [2018](#page-17-21)), such investigation will have to consider all aspects of the external forcing, including the North Pacifc Meridional Mode (Chiang and Vimont [2004](#page-15-26)) that is also suggested to become more energetic in the warmer climate in this model (Liguori and Di Lorenzo [2018\)](#page-16-35).

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