

Non‑annular, hemispheric signature of the winter North Atlantic Oscillation

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Abstract Sensitivity experiments with an atmospheric general circulation model (AGCM) without a proper stratosphere are performed to locally force a North Atlantic oscillation (NAO)-like response in order to analyse the tropospheric dynamics involved in its hemispheric extent. Results show that the circulation anomalies are not confned to the North Atlantic basin not even within the frst 10 days of integration, where the atmospheric response propagates downstream into the westerly jets. At this linear stage, transient-eddy activity dominates the emerging, regional NAOlike pattern while zonal-eddy coupling may add on top of the wave energy propagation. Later at the quasi-equilibrium nonlinear stage, the atmospheric response emphasizes a wavenumber-5 structure embedded in the westerly jets, associated with transient-eddy feedback upon the Atlantic and Pacifc storm-tracks. This AGCM waveguided structure rightly projects on the observational NAO-related circumglobal pattern, providing evidence of its non-annular character in the troposphere. These fndings support the view on the importance of the circumglobal waveguide pattern on the development of NAO-related anomalies at hemispheric level. It could help to settle a consensus view of the Arctic Oscillation, which has been elusive so far.

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1 Introduction

The North Atlantic Oscillation (NAO) largely dominates atmospheric variability during Euro-Atlantic winter and its associated impacts govern, likewise, climate variability in the North Atlantic surrounding areas (e.g. Hurrell et al. [2003](#page-10-0); Hurrell and Deser [2009](#page-10-1)). In recent years, there has been a relevant increase in understanding the dynamics involved in the NAO. It is well established that the NAO can be regarded as the main integrator of fuctuations in the Atlantic storm-track and the associated eddy-driven jet (e.g. Thompson et al. [2003;](#page-11-0) Vallis and Gerber [2008](#page-11-1); Gerber and Vallis [2009](#page-10-2); Wettstein and Wallace [2010](#page-11-2)), being tied to breaking of synoptic-scale Rossby waves (e.g. Rivière and Orlanski [2007](#page-11-3); Strong and Magnusdottir [2008](#page-11-4); Woollings et al. [2008\)](#page-11-5) that links blocking occurrence with weather regimes (e.g. Woollings et al. [2010](#page-11-6); Davini et al. [2012](#page-10-3)).

The internal, regional dynamics of the NAO variability is supported by the confnement of the pattern to the North Atlantic basin at lower-tropospheric levels (e.g. García-Serrano et al. [2011\)](#page-10-4); although, it is recognized that weaker anomalies in phase with North Atlantic mid-latitudes are systematically present in the North Pacifc basin (e.g. Hurrell et al. [2003](#page-10-0)). This latter quasi-zonally symmetric appearance led to the paradigm of the Arctic Oscillation or Northern Annual Mode (AO/NAM) (Thompson and Wallace [1998,](#page-11-7) [2000,](#page-11-8) [2001](#page-11-9)). The AO/NAM variability relies on a large-scale seesaw in atmospheric mass between middle and high latitudes, which is thought to have a deep barotropic, annular signature throughout the atmosphere (Thompson et al. [2003](#page-11-0)). In contrast, the variability

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associated with the NAO-AO has a distinct hemispheric pattern at upper-tropospheric levels, which is wave-like (Nigam [2003](#page-10-5); Thompson et al. [2003](#page-11-0)). This hemispheric signature was identifed by Branstator ([2002\)](#page-10-6) as embedded in the circumglobal waveguide pattern (CWP), which has non-annular, zonally-propagating Rossby wave dynamics (Hoskins and Ambrizzi [1993\)](#page-10-7). The NAO/CWP paradigm provides a quasi-zonally symmetric structure at surface (García-Serrano et al. [2011](#page-10-4)), since the waveguide pattern tends to vanish at low levels over continents (Branstator [2002](#page-10-6)), thereby may reconcile the debate about the Pacifc centre of action in the NAO-related variability (e.g. Deser [2000](#page-10-8); Wallace [2000;](#page-11-10) Ambaum et al. [2001](#page-10-9); Dommenget and Latif [2002](#page-10-10); Wallace and Thompson [2002;](#page-11-11) Huth [2006\)](#page-10-11) but maintaining a non-annular behaviour (c.f. Cohen and Saito [2002](#page-10-12); Feldstein and Franzke [2006](#page-10-13)).

In the middle troposphere (500 hPa), the NAO-related atmospheric variability shows two centres of action in the North Pacifc and the one at North Atlantic mid-latitudes, still more pronounced, elongates resembling another two centres of action (e.g. Baldwin et al. [1994;](#page-10-14) Christiansen [2002;](#page-10-15) Woollings et al. [2010\)](#page-11-6). The same hemispheric anomalies can be found in the upper troposphere (e.g. DeWeaver and Nigam [2000a](#page-10-16), [b](#page-10-17)), in the tropopause height (Ambaum and Hoskins [2002](#page-10-18)) or just above the tropopause level (Baldwin et al. [2003\)](#page-10-19). The ffth centre of action of the NAO/CWP pattern is located around the Arabian Peninsula (Branstator [2002\)](#page-10-6). The NAO-related wavenumber-5 structure at upper-tropospheric levels is better displayed in the streamfunction feld or the rotational (non-divergent) component of the meridional wind (e.g. Branstator [2002](#page-10-6); García-Serrano et al. [2011](#page-10-4)), presumably because its dynamics invokes Rossby wave propagation into the westerly jets.

Further upward into the stratosphere, the atmospheric variability becomes more zonal (e.g. Thompson and Wal-lace [2000](#page-11-8)) and the NAM-like variability gains more dynamical signifcance (e.g. Vallis and Gerber [2008\)](#page-11-1). Interestingly, observational and modelling studies show that changes in the stratospheric polar vortex strength lead to a regional NAO-like pattern at surface rather than to an AO/ NAM-like signature (e.g. Baldwin and Dunkerton [2001](#page-10-20); Ambaum and Hoskins [2002;](#page-10-18) Norton [2003](#page-11-12); Shaw et al. [2014](#page-11-13)), with mid-tropospheric anomalies projecting on the CWP structure (e.g. Kindem and Christiansen [2001](#page-10-21); Christiansen [2002](#page-10-15)). The troposphere-stratosphere covariability is, likewise, associated with a near-surface circulation anomaly that is most pronounced in the North Atlantic basin (e.g. Perlwitz and Graf [1995;](#page-11-14) Baldwin et al. [2003](#page-10-19)), but involving a non-annular, hemispheric NAO/CWP-like pattern aloft (e.g. Baldwin et al. [1994,](#page-10-14) [2003;](#page-10-19) Ambaum and Hoskins [2002](#page-10-18)). Hence, even considering the NAOrelated troposphere-stratosphere coupling as a regional

phenomenon (e.g. Ambaum and Hoskins [2002;](#page-10-18) Davini et al. [2014\)](#page-10-22), it yields circumglobal circulation anomalies apparently trapped into the westerly jets.

The physical relationship between the regional NAO and the hemispheric AO, defned at surface, is not well established. The starting point of this study is the NAO/CWP paradigm in the troposphere. The purpose is to explore whether tropospheric dynamics can explain the establishment of NAO-related anomalies at hemispheric level, particularly the Pacifc centre of action in the NAO-AO-related variability. To this aim, an AGCM without a proper stratosphere is used to force, regionally, a NAO-like response and to analyse the development of the associated CWP-like pattern.

2 Model and experimental setup

The atmosphere model used in this study is the Simplifed Parameterizations primitivE-Equation DYnamics (SPEEDY) model (Molteni [2003\)](#page-10-23). It is an intermediate complexity AGCM based on a spectral primitive equation core and a set of simplifed parameterization schemes, which were especially designed to work in models with just a few vertical levels but are similar to those adopted in state-of-the-art AGCMs. SPEEDY has a vertical resolution of seven layers and a triangular spectral truncation at total wavenumber 30 (i.e. T30L7). The levels correspond to 925, 850, 700, 500, 300, 200, and 100 hPa. SPEEDY has a good damping parameterization in the upper-most level that allows absorption of waves and prevents spurious refection (Fred Kucharski, personal communication; see also King et al. [2010](#page-10-24)). A fve-layer version of the model is described in detail by Molteni ([2003\)](#page-10-23). The seven-layer version improved climate and is described and validated in Hazeleger et al. [\(2003](#page-10-25)) and Bracco et al. ([2004\)](#page-10-26); see Kucharski et al. ([2013\)](#page-10-27) for updates.

In order to obtain sea surface temperature (SST) forcing felds for the AGCM sensitivity experiments, a coupled run is frstly analysed. The coupled model SPEEDO (SPEEDY-Ocean) was confgured for the Atlantic basin from 45°S to 60°N, with restoring conditions of the thermodynamic properties applied at the northern and southern boundaries; outside the Atlantic and over land climatological surface temperature was prescribed (e.g. Hazeleger and Haarsma [2005](#page-10-28); Haarsma et al. [2005](#page-10-29), [2008\)](#page-10-30). The ocean component consisted of the Miami Isopycnic Coordinate Ocean Model (MICOM) version 2.7 (Bleck et al. [1992](#page-10-31)). SPEEDO was integrated for 60 years from which the last 50 years are used for analysis (Haarsma et al. [2005](#page-10-29)).

A set of sensitivity experiments with SPEEDY have been performed in this study, namely control (CTL) and perturbed runs, both consisting of 200-member ensembles

Fig. 1 Regression map of ERA40 (**a**, **c**) and SPEEDY-MICOM (SPEEDO; **b**, **d**) Z300 (m; *top*) and SLP (hPa; *middle*) anomalies in January–February onto the corresponding NAO index. Overplotted in *top panels* is the corresponding climatological zonal wind at 300 hPa (ci = 10 ms^{-1} starting in 20 ms−¹). Contours in *bottom panels* delimit the forcing felds (SST anomalies; °C) of the AGCM runs

of 30-day integrations for the month of January. The initial conditions for the frst of January were obtained from a 200-year integration with climatological SSTs. The CTL transient simulations use SST climatology as boundary condition. In the perturbed transient simulations, a SST anomaly pattern is prescribed in the North Atlantic with climatology elsewhere. To partially separate results from the model framework, and for ease of comparison, observational SSTs (ERSST; Smith et al. [2008\)](#page-11-15) are also used in addition to SPEEDO SSTs. The anomalous forcing felds are shown in Fig. [1](#page-2-0) (bottom), and correspond to the regression of ERSST anomalies onto the observational NAO index (Fig. [1e](#page-2-0)), as given by the ERA-40 re-analysis (Uppala et al. [2005](#page-11-16)), and SPEEDO SST anomalies onto the

model NAO index (Fig. [1f](#page-2-0)). Principal component analysis (PCA/EOF; von Storch and Zwiers [2001](#page-11-17)) has been applied upon monthly sea level pressure (SLP) anomalies over 90°W–40°W/20°N–90°N to obtain the corresponding NAO index; the target season is January–February (García-Serrano et al. [2011](#page-10-4)). The amplitude of the SST regression maps have been amplifed to reach a maximum of 2.5 °C (Fig. [1](#page-2-0)-bottom), similar to previous studies (e.g. Kucharski and Molteni [2003](#page-10-32)), in order to compensate the damping in surface heat fux as consequence of considering the sea as an infnite reservoir of heat capacity (AGCM simulations). Note that the forcing felds are restricted to a SST dipole in the western North Atlantic (Fig. [1](#page-2-0)-bottom, black contours), with the aim of inducing changes primarily in the eddydriven jet and avoiding continuous baroclinic effects from the subtropical part (Li and Conil 2003); previous works have shown efficiency of the SST dipole in triggering a NAO-like response (Ferreira and Frankignoul [2005;](#page-10-34) Deser et al. [2007\)](#page-10-35).

Analysis reveals that SPEEDO SST forcing yields identical atmospheric response as to ERSST anomalies (not shown), indicating that small-scale details in the boundary conditions are not determinant for SPEEDY; the results shown below are those from the observational SST anomaly (Fig. [1](#page-2-0)e). The focus here is not on the NAO-related SST feedback onto the North Atlantic atmosphere, which is well documented, but on the establishment of the circumglobal pattern associated with a SST-forced NAO-like response. The length of the transient simulations (30 days) is not enough to reach the equilibrium stage, with a strong barotropic structure, which takes about 2–3 months (e.g. Ferreira and Frankignoul [2005](#page-10-34); Deser et al. [2007;](#page-10-35) see Fig. S5). Results additionally reveal that the atmospheric response is quite linear and does not substantially differ in NAO[−] (to Fig. [1e](#page-2-0)), shown and discussed throughout the manuscript, from $NAO⁺$ (to a SST anomaly opposite in sign to Fig. [1e](#page-2-0)); the transient response (until day 10 of integration) towards $NAO⁺$ can be found in the supplementary material (Fig. S6). The size of the ensembles is 200, which ensures reducing internal (chaotic) variability and obtaining robust results. The forced atmospheric anomalies, hereafter referred to as *ensemble*-*mean response*, are estimated as the difference between the ensemble-mean of the perturbed and CTL runs. All anomalies discussed below are statistically signifcant at 95 % confdence level according to both, a *t* test of equal mean (von Storch and Zwiers [2001\)](#page-11-17) and a *F*-test for the signal-to-noise ratio (Annamalai et al. [2007](#page-10-36)).

3 The NAO/CWP

The structure of the observed NAO is well known (e.g. Hurrell et al. [2003;](#page-10-0) Hurrell and Deser [2009\)](#page-10-1). Figure [1c](#page-2-0)

shows the global SLP regression map of the ERA-40 NAO index in mid-winter (January–February; see also García-Serrano et al. [2011\)](#page-10-4); note that its negative phase is displayed (NAO−). The canonical pattern is dominated by a strong meridional dipole between middle and high latitudes of the North Atlantic (i.e. the NAO), but usually includes weaker anomalies in the North Pacific (see Sect. [1\)](#page-0-0); this signature is evident across different re-analyses and/or seasons considered (e.g. Deser [2000](#page-10-8); Ambaum et al. [2001\)](#page-10-9).

At mid/upper-tropospheric levels, the hemispheric anomalies associated with the observational NAO depicts a characteristic pattern as well; generally, with two weak centres of action in the North Pacifc basin and an elongated one at North Atlantic mid-latitudes, projecting on two, embedded in the NAO-related dipole with high latitudes (e.g. Thompson et al. [2003](#page-11-0); Woollings et al. [2010](#page-11-6)). Figure [1](#page-2-0)a points out this signature, showing the regression map of geopotential height at 300 hPa (Z300) onto the ERA-40 NAO− index. These four apparent centres of action are distributed along the CWP pattern (Branstator [2002](#page-10-6)) and may, particularly the two over the North Pacifc, refect a stationary, zonally-propagating Rossby wavetrain (Hsu and Lin [1992;](#page-10-37) Hoskins and Ambrizzi [1993\)](#page-10-7) triggered from the North Atlantic basin (Watanabe [2004;](#page-11-18) Watanabe and Jin [2004](#page-11-19)). The waveguide effect of the westerly jets is illustrated here by the collocation of the anomalies within the climatological zonal wind (Fig. [1](#page-2-0)a, thick contours). The ffth centre of action in the wavenumber-5 structure of the NAO/CWP pattern is located around the Arabian Peninsula, which becomes more noticeable in the streamfunction feld (Fig. S1; Branstator [2002;](#page-10-6) García-Serrano et al. [2011](#page-10-4)).

The global SLP regression map of the model NAO[−] index is displayed in Fig. [1d](#page-2-0). As also shown in other AGCMs, SPEEDY overestimates the amplitude of the North Pacifc centre of action related to the NAO at surface. At the upper troposphere, the regression map of Z300 (Fig. [1b](#page-2-0)) remains showing an overestimation of the NAOrelated anomalies in the central-eastern North Pacifc (see also the streamfunction anomalies in Fig. S1). This feature might be associated with the overestimated local wind maxima (Fig. [1](#page-2-0)a, b, thick contours) and more vigorous transient-eddy activity (Figs. [5](#page-8-0)b, c, [6](#page-9-0)d, thick contours) there as compared to the North Atlantic (cf. Vallis and Gerber [2008](#page-11-1); Gerber and Vallis [2009](#page-10-2)). On the contrary, SPEEDY underestimates the amplitude of the centre of action at high latitudes (Fig. [1](#page-2-0)b, d). This latter could be linked to the fact that SPEEDY does not have a proper, active stratosphere (see Sect. [2](#page-1-0)), in that coupling processes and feedbacks (e.g. Ambaum and Hoskins [2002](#page-10-18)) are underrepresented.

Beyond biases, SPEEDY rightly captures both the NAO-related quasi-zonally symmetric signature at surface (Fig. [1d](#page-2-0)) and the wavenumber-5 structure at the upper troposphere (Fig. [1b](#page-2-0)), which projects on the observational one

(Fig. [1a](#page-2-0); spatial correlation of 0.73). The hypothesis here is that the hemispheric scale of the NAO is non-annular in origin, namely the NAO/CWP could be at the basis of the AO development, implying that tropospheric dynamics is key for its circumglobal extent. This is assessed in Sect. [4.](#page-4-0)

The two lobes per basin of the NAO/CWP pattern collocate with the entrance- and exit-region of the corresponding jetstream. The basis of this confguration is beyond the scope of this study, and a more theoretical framework to address the question is required. It is noted, however, that the centres of action at the exit-regions, where the barotropic processes are more intense (e.g. Vallis and Gerber [2008](#page-11-1); Gerber and Vallis [2009\)](#page-10-2), are those penetrating to the surface (Fig. [1](#page-2-0)a–d); whereas the centres of action at the entrance-regions, where the baroclinic processes are dominant, are closer to continents (Branstator [2002](#page-10-6)). The ffth centre of action is at the interplay between the North African and Asian jets (Fig. [1](#page-2-0)a, b), where there is a relative maximum in the Eady growth rate (e.g. Vallis and Gerber [2008](#page-11-1); Gerber and Vallis [2009](#page-10-2)).

4 Model circumglobal response

The transient and quasi-equilibrium ensemble-mean circulation anomalies towards NAO− in response to SST anomalies in Fig. [1](#page-2-0)e are shown and discussed in the following (see Sect. [2\)](#page-1-0).

At day 1 of integration (Fig. S2a, b), there is already a baroclinic response, albeit weak, at the core-region of the North Atlantic jet. This baroclinic structure, with positive geopotential height anomalies at lower levels (Z925) and negative ones at upper levels (Z300), remains until day 10 of integration but increasing in amplitude and extent (Fig. [2\)](#page-5-0). The available energy into the system is indeed provided by the baroclinic processes associated with changes in the meridional temperature gradient induced by the anomalous SST forcing (Fig. [1e](#page-2-0)); here illustrated with the Eady growth rate at 850 hPa (Fig. [3-](#page-6-0)right), which measures baroclinic instability and governs the amplitude of the atmospheric perturbations (e.g. Hoskins and Valdes [1990](#page-10-38)). The ensemble-mean response at day 2 of integration covers the whole Atlantic basin, from the Gulf of Mexico to offshore Iberian Peninsula (Fig. [2a](#page-5-0), b). At day 4, the circulation anomalies penetrate into Europe, with the uppertropospheric anomalies (Fig. [2](#page-5-0)c) going slightly ahead than the lower-tropospheric anomalies (Fig. [2d](#page-5-0)). When the atmospheric anomalies are well developed over Europe at day 6 of integration, particularly for Z300 (Fig. [2](#page-5-0)e), the ensemble-mean response shows a barotropic anomaly at the exit-region of the North Pacifc jet (Fig. [2e](#page-5-0), f). This is striking, as no clear geopotential height anomalies propagating downstream, thus connecting the two regions, have been shown. It is to note, however, that 1 day before (day 5) the atmospheric response displays a cyclonic anomaly over the eastern North Pacifc for Z300 (Fig. S2c) but not for Z925 (Fig. S2d), illustrating that the atmospheric teleconnection is frstly established at upper levels (e.g. Ambrizzi and Hoskins [1997\)](#page-10-39), where it likely triggers the feedback from the transient-eddy activity (e.g. Trenberth et al. [1998](#page-11-20)). Latitudinal shifts of the westerly jets may make the zonally-oriented Rossby waves undistinguishable (e.g. Lu et al. [2002\)](#page-10-40); hence, an analysis is performed by subtracting the zonal-mean in the ensemble-mean response for geopotential height (Fig. [3-](#page-6-0)left) and streamfunction (Fig. S3) at 300 hPa. It is shown that the zonally-asymmetric circulation anomalies effectively propagate downstream into the westerly jets, thereby discarding that Rossby wave energy propagates upstream to the North Pacifc. Wave activity fux diagnostic confrms that the energy propagation is eastward, off the North Atlantic jet (Fig. S4). The waveguiding time-scale in SPEEDY, of less than a week, is consistent with previous evidence from observational (Watanabe [2004\)](#page-11-18), linear baroclinic model (Watanabe and Jin [2004\)](#page-11-19), and comprehensive AGCM (Li [2006\)](#page-10-41) results. Figure [4a](#page-7-0) summarizes how the wave perturbation at 40°N propagates downstream and amplifes with integration time, whereas Fig. [4](#page-7-0)b shows that the propagating zonallyasymmetric circulation anomalies are not an artefact of the residual operator.

At day 8 of integration (Fig. [2g](#page-5-0), h), two centres of action over the North Pacifc basin are noticeable in the ensemblemean response at the upper troposphere. The barotropic centre of action at the exit-region of the North Pacifc jet has increased in amplitude (cf. to Fig. [2](#page-5-0)e, f), indicating that it is not only sustained against dissipation but amplifed, by likely extracting energy from the mean-fow on top of the wave energy propagation (Fig. S4f). 2 days after (day 10), it keeps growing (Fig. [2](#page-5-0)i, j). Recall that the baroclinic processes in the North Atlantic (Fig. [3j](#page-6-0)) are the main source for the conversion of available potential energy into kinetic energy. In the Euro-Atlantic sector the ensemble-mean atmospheric anomalies are overall stronger. The uppertropospheric circulation anomaly over Europe has further displaced eastward and the centre of action at North Atlantic mid-latitudes has apparently splitted in two (Fig. [2](#page-5-0)i); note that these anomalies correspond to the zonal propagation/advection of the baroclinic perturbation (Figs. [2](#page-5-0)j, [5c](#page-8-0)). Together, the wavenumber-5 structure of the ensemblemean response for Z300 embedded in the westerly jets at day 10 of integration (Fig. [2i](#page-5-0)) is already reminiscent of the quasi-equilibrium response (see Fig. [6](#page-9-0)a) and projects on the simulated NAO/CWP pattern (Fig. [1](#page-2-0)b; spatial correlation of 0.41).

Besides, the ensemble-mean response yields positive circulation anomalies at high latitudes of the North Atlantic, **Fig. 2** (*Shading*/*thin contours*) Ensemble-mean response for geopotential height at 300 hPa (Z300, m; *left*) and 925 hPa (Z925, m; *right*) every 2 days of integration. (*Thick contours*) Overplotted is the ensemblemean monthly-mean zonal wind at 300 hPa (ci = 10 ms^{-1})
starting in 20 ms⁻¹) from the control run

Fig. 3 (*Shading* /*thin contours*) Ensemble-mean response for the asymmetric part, i.e. departure from zonal-mean, of geopotential height at 300 hPa (Z300*, m; *left*) and Eady growth rate at 850 hPa (σ_E 850, day − 1 ; *right*) every 2 days of integration; σ_E 850 has been computed from potential tem perature and zonal wind at 925 and 700 hPa. (*Thick contours*) Overplotted in each panel is the ensemble-mean monthlymean of the corresponding feld from the control run: Z300* $\text{(ci = 50 m; } \text{left)}$ and $\sigma_E 850$ $(ci = 0.3 \text{ day}^{-1}; \text{right})$

Fig. 4 Ensemble-mean response for geopotential height at 300 hPa (Z300, m; **a**) and its asymmetric part (Z300*, m; **b**), i.e. departure from zonal-mean, at 40°N every day of integration from 1 (*purple*) to 10 (*orange*), plus the averaged over the days 15–30 (*red*)

pointing out the frst hint of a barotropic NAO-like pattern (Fig. [2i](#page-5-0), j). This anticyclonic anomaly is located over the Greenland-blocking region, usually associated with wavebreaking on the poleward side of the storm-track/jetstream and negative NAO regime (e.g. Woollings et al. [2008,](#page-11-5) [2010](#page-11-6); Davini et al. [2012](#page-10-3)). This mechanism could be at play according to the Eady growth rate anomalies that identify there a region of increasingly unstable fow over the days 8–10 of integration (Fig. [3](#page-6-0)h, j; Rivière and Orlanski [2007](#page-11-3)), since this perturbation would break and dissipate leading to local barotropic energy conversion (e.g. Strong and Magnusdottir [2008\)](#page-11-4). The analysis of the transient-eddy heat fux, which is proportional to the vertical component of the Eliassen-Palm fux (e.g. Andrews et al. [1987\)](#page-10-42), confrms

that there is an injection of wave activity over the region (Fig. [5c](#page-8-0); Magnusdottir and Haynes [1996](#page-10-43)). The emerging barotropic structure at day 10 is accompanied by a south-ward displacement of the eddy-driven jet (Fig. [5](#page-8-0)a), consistent with the settling of the negative NAO phase (e.g. Woollings et al. [2010\)](#page-11-6). In agreement with this latitudinal shift in the zonal wind, there are negative anomalies of transienteddy momentum fux over the western North Atlantic (Fig. [5b](#page-8-0)), indicating that the westerly fow is being decelerated. The positive anomalies of transient-eddy momentum fux over the eastern North Atlantic (Fig. [5](#page-8-0)b) depict westerly momentum deposition that tends to accelerate the North African jet (Fig. [5a](#page-8-0)). Likewise, the dipole-like anomaly of transient-eddy heat fux at the core-region of the North Atlantic jet (Fig. [5](#page-8-0)c) implies that the storm-track is weakened and shifted to the south, as also expected during the negative NAO phase (e.g. Hurrell et al. [2003](#page-10-0)). Interestingly, the ensemble-mean response at day 10 of integration does not show large anomalies of transient-eddy/meanflow interaction in the North Pacific basin, in agreement with the dominant linear, barotropic Rossby wave propagation (e.g. Ambrizzi and Hoskins [1997\)](#page-10-39). Even so, other dynamics may be at work in the interaction between the NAO-related anomalous Rossby wavetrain and the mean-flow. Figure [3-](#page-6-0)left shows that the zonally-asymmetric Z300 anomalies are out-of-phase with the climatological wave pattern over Eurasia and the western-central North Pacifc, as well as over the North Atlantic. The associated zonaleddy momentum fux (Fig. [5d](#page-8-0); e.g. DeWeaver and Nigam [2000a\)](#page-10-16) shows overall negative anomalies in the three areas, and in particular over the former. This suggests that zonaleddy coupling could contribute, against dissipation, to the remote atmospheric response by extracting energy from the mean-fow.

At the quasi-equilibrium stage, average of days 15–30 of integration, the circumglobal response is fully established, and the amplitude of the ensemble-mean Z300 anomalies has increased substantially (cf. Figs. [4](#page-7-0)a, [6a](#page-9-0); spatial correlation with Fig. [1b](#page-2-0) of 0.59). Note that the two centres of action along the North Atlantic jet are stronger than any other at the upper troposphere. The wavenumber-5 structure of the ensemble-mean response, showing a non-annular pattern trapped into the westerly jets, is better illustrated by the meridional component of the wind at 300 hPa (Fig. [6](#page-9-0)b). The waveguided circulation yields a deep barotropic anomaly at the exit-region of the North Pacifc jet, which represents the stronger centre of action of Z925 at mid-latitudes (Fig. [6](#page-9-0)c); this is collocated with a relative maximum of the perturbation kinetic energy (Fig. [6](#page-9-0)d), which encapsulates transient-eddy activity in the storm-tracks (e.g. Hoskins et al. [1983\)](#page-10-44). The quasi-equilibrium response for Z925 over the North Atlantic (Fig. [6](#page-9-0)c) does not entirely resemble the model NAO pattern (Fig. [1](#page-2-0)d), because of the shortness of

the integration (see Sect. [2;](#page-1-0) Fig. S5), but transient-eddy activity/feedback (Fig. [6d](#page-9-0)) has been effcient enough to start setting the barotropic dipole-like pattern, as compared to day 10 (Fig. [2](#page-5-0)i, j), particularly over eastern North America-Iberian Peninsula at mid-latitudes and over Greenland-Scandinavian Peninsula at subpolar latitudes (Fig. [6](#page-9-0)a, c).

5 Summary and discussion

The temporal development of the NAO-related circumglobal response to extratropical North Atlantic SSTs, with the transition from a linear Rossby wave response towards a nonlinear response including transient-eddy feedbacks, has been investigated with SPEEDY-AGCM simulations under perpetual January conditions.

The results shown here support the hypothesis that the hemispheric signature of the winter NAO at surface, particularly the associated circulation anomalies over the North Pacifc basin, could be explained by tropospheric dynamics (without the need of interaction with the stratosphere) involving a Rossby wavetrain channelized into the westerly jets, which is consistent with the CWP pattern at the upper troposphere (e.g. García-Serrano et al. [2011](#page-10-4)). The resemblance of this waveguided, non-annular teleconnection to the observational and model NAO-related upper-tropospheric wavenumber-5 structure suggests that NAO/CWP-like variability may represent a natural mode of atmospheric variability (Branstator [2002;](#page-10-6) Branstator and Selten [2009\)](#page-10-45).

The fndings also imply that the mid-latitude North Pacifc and North Atlantic centres of action in the hemispheric NAO signature do not fuctuate in phase, in agreement with the idea that no longitudinal coherence in transient-eddy activity is expected (e.g. Vallis and Gerber [2008;](#page-11-1) Gerber and Vallis [2009](#page-10-2); Wettstein and Wallace [2010](#page-11-2)); thereby, the NAO/CWP paradigm is in contrast with the AO/NAM paradigm, where a large-scale, hemispheric **Fig. 6** (*Shading*/*thin contours*) Ensemble-mean response averaged over the days 15–30 of integration for geopotential height at 300 hPa (Z300, m; **a**), meridional wind at 300 hPa (V300, ms−¹ ; **b**), geopotential height at 925 hPa (Z925, m; **c**), and perturbation kinetic energy at 300 hPa $(PKE300 = (u'u' + v'v')/2,$ $m^2 s^{-2}$; **d**); the eddy covariances have been averaged over the days 15–30 of integration. (*Thick contours*) Overplotted is the ensemble-mean monthly-mean zonal wind at 300 hPa (ci = 10 ms^{-1} starting in 20 ms−¹ ; **a**–**c**) and PKE300 $(ci = 45 \text{ m}^2 \text{ s}^{-2}; \textbf{d})$ from the control run; the latter computed from fltered daily data using the 24 h-difference flter (e.g. Wallace et al. [1988;](#page-11-21) Chang and Fu [2002](#page-10-46))

seesaw between middle and high latitudes is postulated. However, the NAO/CWP-like variability does not revoke the AO/NAM pattern, but instead provides a dynamical framework to consistently understand its quasi-zonally symmetric appearance at surface. From this perspective, the AO would correspond to the circumglobal extension of the more regional NAO (c.f. Kimoto et al. [2001](#page-10-47)). The NAO/CWP could also explain why the mode of variability in the Northern Hemisphere appears to be dominated by atmospheric variability in the Atlantic sector (e.g. Thompson et al. [2003\)](#page-11-0). It could well help to settle a unifying view of the NAO-AO variability, which is much-needed due to its important environmental impacts and implication for climate forecasting.

Targeted modelling efforts are required to provide further support to the dynamical framework discussed here. Exploration could point at analysing the downstream

propagation of NAO-related atmospheric anomalies, in the North Atlantic, induced by tropospheric mean-fow instabilities (e.g. Watanabe [2009](#page-11-22)) and/or changes in the stratospheric polar vortex strength (e.g. Garfnkel et al. [2013](#page-10-48)). Theoretical understanding of the predominance of wavenumber-5 in the CWP might also be subject of research (see last paragraph in Sect. [3](#page-3-0)).

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