



Coronary microvascular dysfunction affects left ventricular global longitudinal strain response to dipyridamole stress echocardiography: a pilot study

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Abstract

The aim is to investigate, by means of speckle tracking echocardiography, left ventricular (LV) contractile function at rest and during dipyridamole stress in patients with coronary microvascular dysfunction (CMD). 59 patients (39% women, mean age 65.6 ± 6.1 years) with history of chest pain and without obstructive coronary artery disease (CAD) underwent dipyridamole stress echocardiography. Coronary flow was assessed in the left anterior descending coronary artery. Coronary flow reserve (CFR) was determined as the ratio of hyperaemic to baseline diastolic coronary flow velocity. CMD was defined as $CFR < 2$. Global longitudinal strain (GLS) was measured at rest and at peak dose. Nineteen patients (32%) among the overall population showed CMD. Baseline GLS was significantly lower in patients with CMD (-16.8 ± 2.7 vs. -19.1 ± 3.1 , $p < 0.01$). A different contractile response to dipyridamole infusion was observed between the two groups: GLS significantly increased up to peak dose in patients without CMD (from -19.1 ± 3.1 to -20.2 ± 3.1 , $p < 0.01$), and significantly decreased in patients with CMD (from -16.8 ± 2.7 to -15.8 ± 2.7 , $p < 0.01$). There was a significant inverse correlation between CFR and ΔGLS ($r = -0.82$, $p < 0.01$). Rest GLS and GLS response to dipyridamole stress are markedly impaired among patients with chest pain syndrome, non-obstructive CAD and CMD, reflecting subclinical LV systolic dysfunction and lack of LV contractile reserve due to underlying myocardial ischemia.

Keywords Coronary microvascular dysfunction (CMD) · Coronary flow reserve (CFR) · Dipyridamole stress echocardiography · Global longitudinal strain (GLS) · Ischemia and no obstructive coronary artery disease (INOCA) · Speckle tracking echocardiography (STE) · Contractile reserve

Introduction

Chest pain in patients without obstructive coronary artery disease (CAD) is a frequent problem encountered in clinical practice [1]. Coronary microvascular dysfunction (CMD) is a potential mechanism of myocardial ischemia in this subset of patients [2].

The main underlying components of CMD are sympathetic activation, endothelial and smooth muscle cells dysfunction, and arteriolar remodeling, which determine impaired coronary vasodilator function and reduced coronary flow reserve (CFR). Traditional risk factors, first diabetes, but also aging, hypertension, obesity, dyslipidemia and insulin resistance, as well as chronic inflammation, have been shown to favor functional and structural alterations leading to this impaired microvascular response.

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In patients without obstructive CAD, CMD can be identified through a reduced CFR, assessed by pulsed Doppler echocardiography associated with vasodilatory stress.

In these patients, CFR has proven to add incremental prognostic value to the risk stratification achieved with clinical and angiographic data [3]. Among these patients, regional and global left ventricular (LV) contractile function is often preserved at baseline and during stress. This may be explained by the fact that microvascular abnormalities do not uniformly involve all the myocardium, but are distributed in a scattered manner [2]. Thus, ischemic myocardium can be non-detectable, because surrounded by healthy and normally functioning tissue.

In the era of new ultrasound technologies, speckle tracking echocardiography (STE) is able to detect subclinical LV systolic dysfunction in early-stage cardiovascular diseases, when LV ejection fraction (LVEF) is still normal [4].

The aim of the present study was to investigate the changes in global longitudinal strain (GLS) evaluated by STE during dipyridamole stress echocardiography, in patients with CMD and non-obstructive coronary disease.

Methods

Patients

Fifty-nine patients referred to the Department of Cardiology of “Umberto I” Hospital (Nocera Inferiore, Italy) were prospectively enrolled from September 2019 to March 2020.

Patients were selected according to the following criteria: history of chest pain; electrocardiogram (ECG) changes or myocardial perfusion scintigraphic defects during effort; coronary angiogram showing absent or non-significant (<50% quantitatively assessed) stenosis in any major vessel or secondary branch.

Patients with acute coronary syndrome and myocardial diseases were excluded.

All patients underwent pharmacological stress test with dipyridamole (0.84 mg/kg over 6 min) within 15 days of coronary angiography. This evaluation was performed on antianginal treatment. Stress echocardiographic data were collected and analyzed by echocardiographers not involved in patients' care. Data were entered into the databank on the same day of test performance.

The study was conducted in accordance with the Declaration of Helsinki on ethical principles for medical research involving human subjects. All patients provided their written informed consent before undergoing stress echocardiography and authorized physicians to use their clinical data.

Stress echocardiography

Transthoracic echocardiography study was performed using the commercially available ultrasound machine GE Vivid S70, equipped with multifrequency, phased-array sector scan probe M5Sc, and with second harmonic technology.

A standard, baseline echocardiography was recorded before starting the stress study. Subsequently, high-dose dipyridamole stress test (up to 0.84 mg/Kg over 6 min) was performed. Blood pressure and ECG were acquired at baseline and each minute during the test.

Pharmacologic stress test was stopped for one of the following reasons: development of new or worsening wall motion abnormalities on echocardiography; ST-segment shift > 2.5 mV; severe chest pain; other intolerable symptoms; systolic blood pressure > 220 mmHg or diastolic blood pressure > 120 mmHg; decrease in blood pressure > 30 mmHg; supraventricular arrhythmias, atrial fibrillation, ventricular arrhythmias, or frequent and polymorphous premature ventricular beats.

In order to evaluate global and regional LV systolic function, standard views for echocardiographic stress testing (parasternal long axis, parasternal short axis at level of papillary muscles, apical 4-, 2-, and 3-chamber) were obtained at rest and at peak hyperemia. Global LV contractile function was calculated by Simpson biplane method. Segmental contractile function was graded for each of the 17 segments of the LV as 1 when normal, 2 when hypokinetic, 3 when akinetic, and 4 when dyskinetic. Wall motion score index (WMSI) was derived by dividing the sum of individual visualized segment scores by the number of visualized segments.

Baseline and peak stress LV GLS were calculated using two-dimensional STE, on ECG-gated, high quality apical 4-, 2-, and 3-chamber images, with gray-scale frame rate kept between 30 and 70 frames/s. Strain values and curves were obtained for all 17 myocardial segments, and LV GLS value was generated by the software. A bull's eye, which intuitively displays segmental and global peak systolic longitudinal strain, was also provided by the system.

A specific projection (a modified apical 2-chamber view, obtained sliding upwards and medially the probe, and slightly turning it counterclockwise) was collected in order to assess left anterior descending (LAD) artery flow. Coronary flow was sampled at rest and at peak stress in the mid-distal portion of the LAD, under the guidance of color Doppler flow mapping. In all patients, color-coded blood flow from the LAD was visualized at baseline, thus there was no need to use contrast enhancement (SonoVue). CFR was defined as the ratio between hyperemic and basal peak diastolic coronary flow, and it was considered normal

when > 2 . CFR and GLS analysis were performed by different operators, blinded to the other data, to avoid bias.

Statistical analysis

The baseline characteristics are shown as means and standard deviations for continuous variables and as numbers and percentages for categorical variables. Unpaired *t* test and paired *t* test were, respectively, used to analyze differences in continuous variables between the 2 groups (with and without CFR), and between rest and peak hyperemia in each group. Analysis of categorical data was performed using the Chi-squared test.

Linear regression analysis and partial correlation tests by Pearson's method were done to assess univariate relations. To identify independent determinants of CFR and LV GLS, their individual association with clinically relevant and echocardiographic variables was assessed by multivariate analysis. The included variables were diabetes and arterial hypertension. All tests of hypotheses were two-sided and *p* value < 0.05 was considered statistically significant.

Results

Fifty-nine patients were enrolled in the study, of which 39% were women. The mean age was 65.6 ± 6.1 years. Nineteen patients (32%) among the overall population showed CMD. There were no significant differences in baseline characteristics, including pharmacological treatment, between patients with and without CMD (Table 1). Dipyridamole infusion was well tolerated, and CFR was successfully performed in all patients. None of them developed new or worsening wall motion abnormalities on echocardiography.

Echocardiographic data at baseline and during stress are, respectively, reported in Tables 1 and 2. GLS, at baseline, was significantly lower in patients with CMD (-16.8 ± 2.7 vs. -19.1 ± 3.1 , $p < 0.001$). A different response to dipyridamole stress echocardiography was observed between the two groups (Figs. 1, 2, Table 3): GLS significantly increased up to peak dose in patients without CMD (from -19.1 ± 3.1 to -20.2 ± 3.1 , $p < 0.001$), whereas a significant decrease from rest to peak dose was observed in patients with CMD (from -16.8 ± 2.7 to -15.8 ± 2.7 , $p < 0.001$). There was a marked inverse correlation between CFR and Δ GLS ($r = -0.82$, $p < 0.001$; Fig. 3), using Pearson's method. Univariate linear regression analysis confirmed a significant correlation between CFR and Δ GLS (standardized beta coefficient -0.823 ; $p < 0.001$). In a multivariate analysis, diabetes was the only variable independently related to lower CFR levels ($p = 0.003$).

Table 1 Baseline characteristics of the overall population according to coronary flow reserve

	CFR < 2 (<i>n</i> = 19)	CFR ≥ 2 (<i>n</i> = 40)	<i>p</i> value
Clinical and demographic characteristics			
Age, years	66.8 ± 5.8	63.8 ± 5.5	0.167
Male gender, <i>n</i> (%)	12 (63)	24 (60)	0.482
BMI, Kg/m ²	25.7 ± 1.9	25.2 ± 1.7	0.398
HR, beat/min	68.4 ± 5.6	67.1 ± 5.9	0.412
SBP, mmHg	132 ± 16	131 ± 13	0.827
DBP, mmHg	77 ± 8	76 ± 7	0.780
Hypertension, <i>n</i> (%)	14 (74)	25 (63)	0.409
Diabetes mellitus, <i>n</i> (%)	6 (32)	11 (27)	0.332
Dyslipidemia, <i>n</i> (%)	13 (68)	27 (67)	0.497
Echocardiographic characteristics			
EDVi	65.5 ± 5.5	65.2 ± 6.1	0.856
ESVi	25.6 ± 4.1	24.1 ± 2.4	0.154
LVEF, %	61 ± 4.6	62.9 ± 3.2	0.104
GLS, %	-16.8 ± 2.7	-19.1 ± 3.1	0.007
SV, ml	71.4 ± 7.4	73.6 ± 8.0	0.316
SVi, ml/m ²	39.9 ± 4.2	41.1 ± 4.8	0.341
CO, ml/min	4.9 ± 0.8	4.9 ± 0.7	0.859
CI, ml/min/m ²	2.7 ± 0.4	2.8 ± 0.4	0.875
CFV, m/s			

BMI body mass index, *CAD* coronary artery disease, *CFR* coronary flow reserve, *CFV* coronary flow velocity, *CI* cardiac index, *CO* cardiac output, *DBP* diastolic blood pressure, *EDVi* end diastolic volume index, *ESVi* end systolic volume index, *GLS* global longitudinal strain, *HR* heart rate, *LAVi* left atrial volume index, *LVEF* left ventricular ejection fraction, *LVMI* left ventricular mass index, *PASP* pulmonary artery systolic pressure, *SBP* systolic blood pressure, *SV* stroke volume, *SVi* stroke volume index, *TAPSE* tricuspid annulus plane systolic excursion, *n* number

Discussion

Patients with chest pain undergoing invasive coronary angiography are found to have normal-appearing coronary arteries (defined as lesions $< 50\%$) up to 60% of cases [5]. In a substantial proportion of these patients, angina symptoms are due to other underlying mechanisms, different from coronary artery narrowing, including CMD [6, 7].

CMD can be detected by non-invasive tools, such as PET imaging, dipyridamole stress echocardiography, and other emerging imaging modalities in this field, like cardiac magnetic resonance and computed tomography [1]. In the present study, the non-invasive parameter chosen to identify CMD was the reduced CFR evaluated by dipyridamole stress echocardiography. The use of dipyridamole allowed to obtain good quality images at peak hyperemia, avoiding an excessive increase in heart rate, which would have affected speckle tracking analysis.

Table 2 Characteristics of the overall population at peak hyperemia according to coronary flow reserve

	CFR < 2 (n = 19)	CFR ≥ 2 (n = 40)	p value
Clinical characteristics			
HR, beat/min	81.3 ± 5.6	82.8 ± 6.0	0.358
SBP, mmHg	128 ± 13	130 ± 13	0.724
DBP, mmHg	74 ± 7	74 ± 7	0.848
Echocardiographic characteristics			
EDVi	65.1 ± 5.1	64.7 ± 5.9	0.761
ESVi	22.2 ± 2.3	21.2 ± 2.6	0.156
LVEF, %	65.9 ± 2.4	67.2 ± 2.7	0.066
GLS, %	-15.8 ± 2.7	-20.2 ± 3.1	< 0.001
SV, ml	76.7 ± 42.9	77.8 ± 7.1	0.524
SVi, ml/m ²	42.9 ± 3.8	43.5 ± 4.3	0.617
CO, ml/min	6.2 ± 0.6	6.5 ± 0.8	0.282
CI, ml/min/m ²	3.5 ± 0.4	3.6 ± 0.5	0.349
CFV, m/s			

CFR coronary flow reserve, CFV coronary flow velocity, CI cardiac index, CO cardiac output, DBP diastolic blood pressure, EDVi end diastolic volume index, ESVi end systolic volume index, GLS global longitudinal strain, HR heart rate, LVEF left ventricular ejection fraction, PASP pulmonary artery systolic pressure, SBP systolic blood pressure, SV stroke volume, SVi stroke volume index, TAPSE tricuspid annulus plane systolic excursion

CFR is dependent on the combined effects of epicardial coronary stenosis and CMD. In the absence of obstructive coronary artery narrowing, impaired CFR reflects the presence of microvascular dysfunction. Therefore, CFR can be useful to assess CMD in patients with chest pain but no obstructive CAD [8]. According to both 2019 European guidelines for diagnosis and management of chronic coronary syndromes [9] and 2021 American guidelines for the evaluation and diagnosis of chest pain [10], a non-invasive measurement of CFR by means of transthoracic echocardiography and vasodilatory stress is advised in patients with suspected ischemia and no obstructive coronary artery disease (INOCA), with class of recommendation IIb.

Patients with CMD have traditionally been considered at “low-risk”. However, this issue remains controversial. This population is heterogeneous, including truly normal, smooth coronary arteries, and mild or moderate, isolated or multiple, single or multivessel non-significant coronary stenosis. It is reasonable to expect a less benign prognosis for patients with coronary disease, even if non-significant. Moreover, it has been shown that patients with chest pain and non-obstructive CAD are predominantly women, and their risk of cardiac events is higher when compared to

asymptomatic subjects [11, 12]. Supporting this finding, the WISE study demonstrated that women with reduced CFR assessed by adenosine, had increased risk of major adverse outcomes (including cardiac death, stroke, and new onset of heart failure) over a 5.4-year follow-up period [13].

In the absence of obstructive CAD, CMD do not normally give rise to regional wall motion abnormalities during stress, even when ST-segment changes and positive perfusion scan are present [14–19]. However, it has been proven that impaired CFR in the LAD evaluated by dipyridamole stress echocardiography is associated with a less benign long-term outcome and a higher risk of hard events in patients with known or suspected CAD and negative stress echocardiography by wall motion criteria [20, 21].

CMD may contribute to subtle changes in myocardial contractile function, non-detectable with the traditional indices of LV systolic function. LV contractile dysfunction becomes more apparent using GLS, a parameter of myocardial deformation which is able to detect subclinical systolic impairment when LVEF is still normal.

The overall population of this study shows a negative stress echocardiography by traditional wall motion criteria; however, GLS at baseline is significantly lower in patients with impaired CFR if compared to controls, reflecting the presence of a LV subtle contractile dysfunction in case of CMD. A previous study by Michelsen et al. [22] found no association between baseline GLS and CFR in women with angina and non-obstructive CAD. Similarly, Rodriguez-Zanella et al. [23] recently found no significant difference in rest GLS between patients with and without CFR. However, the hypothesis of subclinical contractile dysfunction in patients with CMD cannot be excluded, since that microvascular dysfunction is one of the known mechanisms of myocardial ischemia, and that these patients show a poorer prognosis.

A novel finding emerging from the present study is the opposite response to dipyridamole stress echocardiography observed between the two groups. In particular, patients without CMD exhibit a certain contractile response to hyperemic stress evaluated by STE (mean improvement in GLS, % - 1.18 ± 0.84). Conversely, a significant impairment in GLS from rest to peak dose is observed among patients with CMD (Δ GLS, % + 1.04 ± 0.82), which could be explained by a supply/demand mismatch of myocardial perfusion during stress [22, 24]. The linear correlation analysis between CFR and Δ GLS confirms these data: as the CFR increases, the LV contractile reserve improves, and vice versa (Fig. 3).

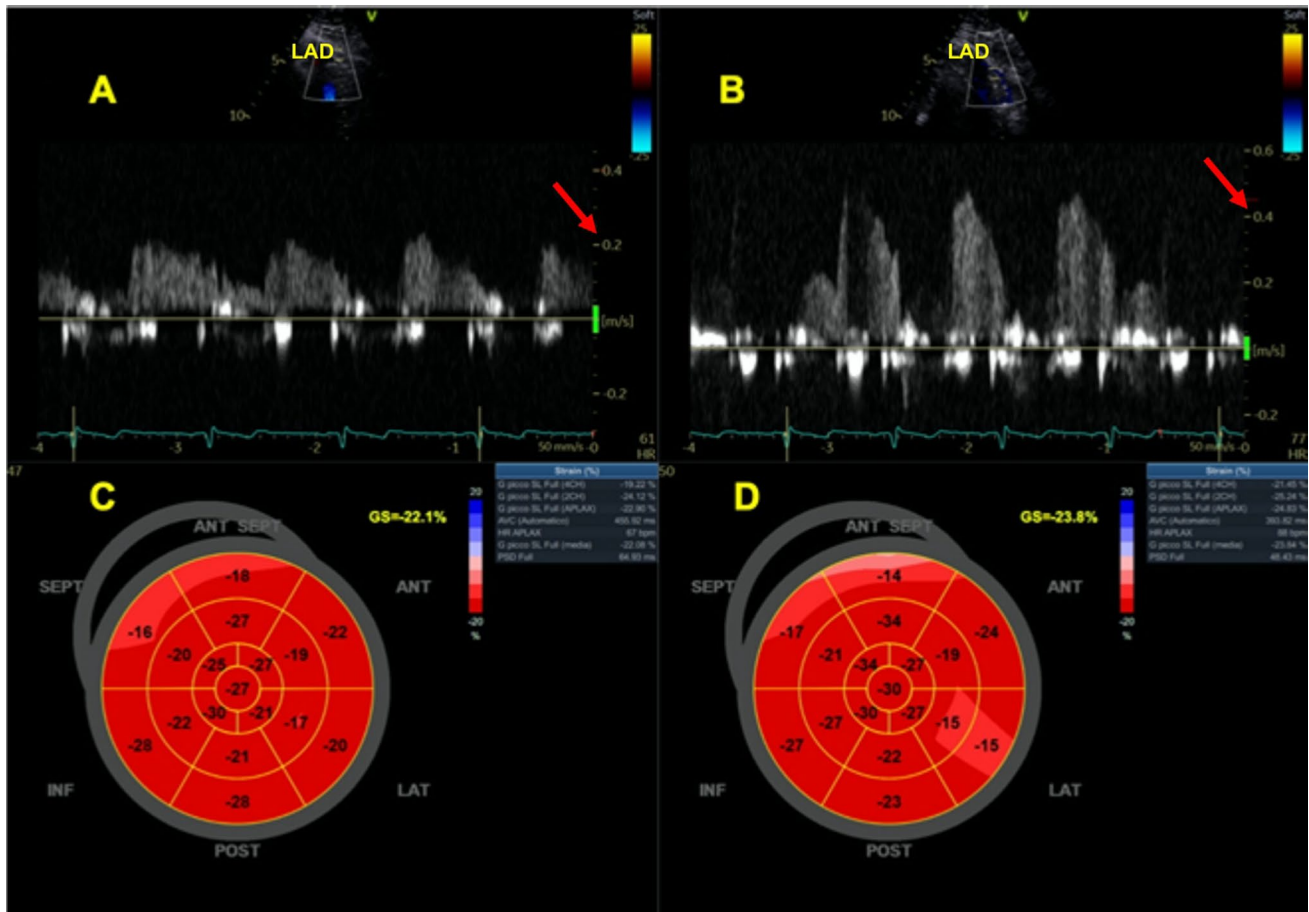


Fig. 1 Global longitudinal strain (GLS) increase during dipyridamole stress echocardiography in a patient without coronary microvascular dysfunction. Coronary flow is sampled in the mid-distal portion of the left anterior descending (LAD) at rest (**A**) and at peak stress

(**B**) under the guidance of color Doppler flow mapping. Peak diastolic LAD flow more than doubles at peak dose than baseline, indicating a normal coronary flow reserve. GLS value at peak stress (**D**) is higher than rest value (**C**)

The results of the present study are in agreement with the data emerging from a recent study by Jovanovic et al [25], who demonstrated that CFR, resting, peak, and Δ GLS were all markedly impaired in a population of 70 women with cardiac syndrome X compared to controls.

In conclusion, rest GLS and GLS response to dipyridamole stress are impaired among patients with chest pain syndrome, non-obstructive CAD and CMD, reflecting sub-clinical LV systolic dysfunction and lack of LV contractile reserve due to underlying myocardial ischemia.

The main limitation of this study is that it has been carried out in a single center, and the sample size is too small

to drive definitive general conclusions. Further and larger studies are needed to clarify the association between baseline GLS and CFR, and to explain the mechanisms underlying the association between GLS reserve and CMD.

Moreover, it would be interesting to follow the study population over time in order to establish if GLS at rest and after dipyridamole stress echocardiography may be further useful tools to stratify the cardiovascular risk and choose the best therapy in patients with CMD.

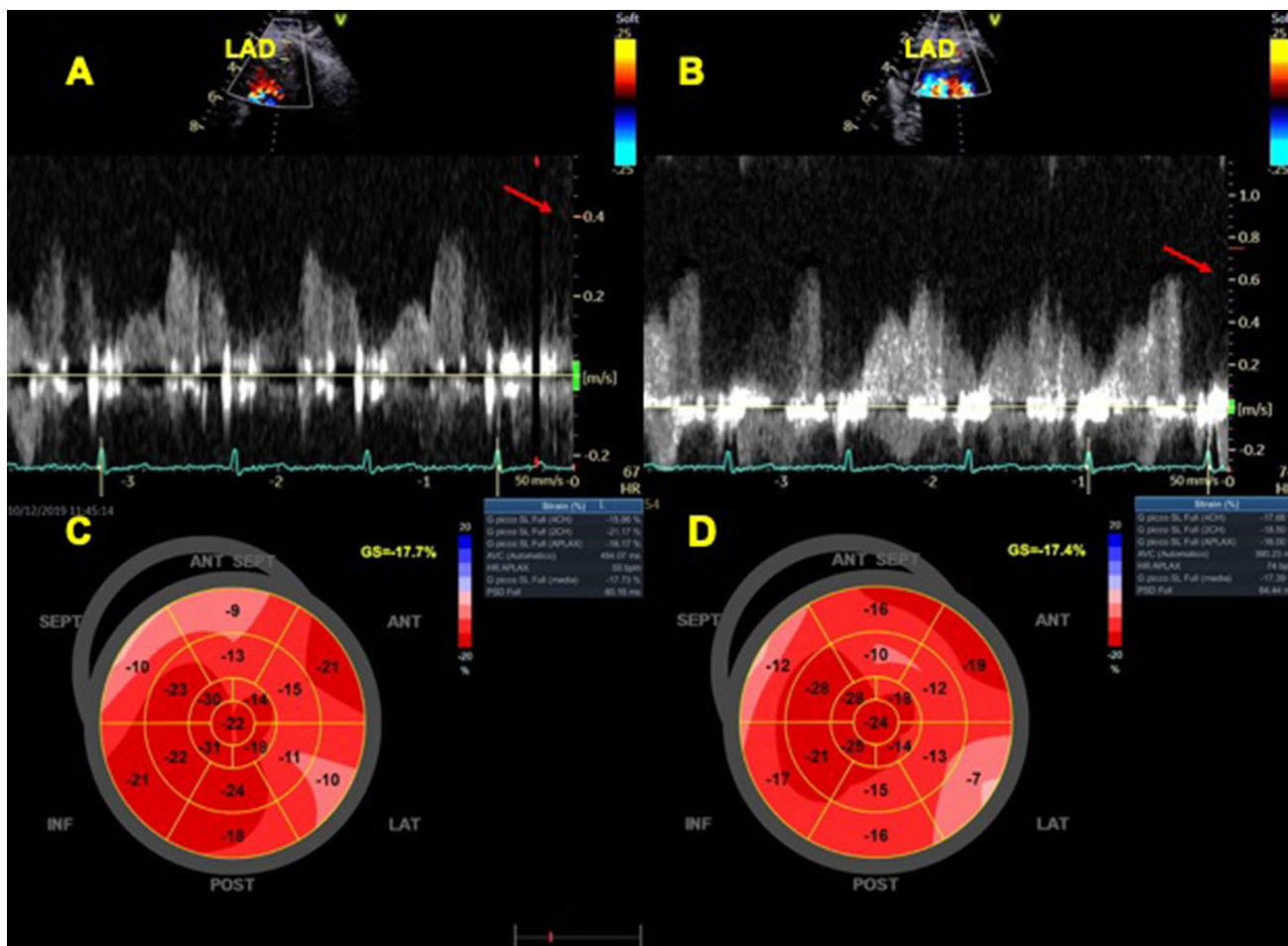


Fig. 2 Global longitudinal strain (GLS) decrease during dipyridamole stress echocardiography in a patient with coronary microvascular dysfunction. Coronary flow is sampled in the mid-distal portion of the left anterior descending (LAD) at rest (**A**) and at peak stress

(**B**) under the guidance of color Doppler flow mapping. Peak diastolic LAD flow does not at peak dose, indicating an abnormal coronary flow reserve. GLS value at peak stress (**D**) is lower than rest value (**C**).

Table 3 Changes in echocardiographic parameters induced by dipyridamole according to coronary flow reserve

	CFR < 2 (n = 19)			CFR ≥ 2 (n = 40)		
	Rest	Peak	p value	Rest	Peak	p value
GLS, %	-16.8 ± 2.7	-15.8 ± 2.7	< 0.001	-19.1 ± 3.1	-20.2 ± 3.1	< 0.001
ΔGLS, %	+1.04 ± 0.82			-1.18 ± 0.84		
EDVi	65.5 ± 5.5	65.1 ± 5.1	0.572	65.2 ± 6.1	64.7 ± 5.9	0.063
ESVi	25.6 ± 4.1	22.2 ± 2.3	< 0.001	24.1 ± 2.4	21.2 ± 2.6	< 0.001
LVEF, %	61 ± 4.6	65.9 ± 2.4	< 0.001	62.9 ± 3.2	67.2 ± 2.7	< 0.001
SV, ml	71.4 ± 7.4	76.7 ± 42.9	< 0.001	73.6 ± 8.0	77.8 ± 7.1	< 0.001
SVi, ml/m ²	39.9 ± 4.2	42.9 ± 3.8	< 0.001	41.1 ± 4.8	43.5 ± 4.3	< 0.001
CO, ml/min	4.9 ± 0.8	6.2 ± 0.6	< 0.001	4.9 ± 0.7	6.5 ± 0.8	< 0.001
CI, ml/min/m ²	2.7 ± 0.4	3.5 ± 0.4	< 0.001	2.8 ± 0.4	3.6 ± 0.5	< 0.001
CFV, m/s						

Δ refers to the difference between values measured at peak hyperemia and values measured at rest
 CFR coronary flow reserve, CFV coronary flow velocity, CI cardiac index, CO cardiac output, GLS global longitudinal strain, EDVi end diastolic volume index, ESVi end systolic volume index, LVEF left ventricular ejection fraction, SV stroke volume, SVi stroke volume index

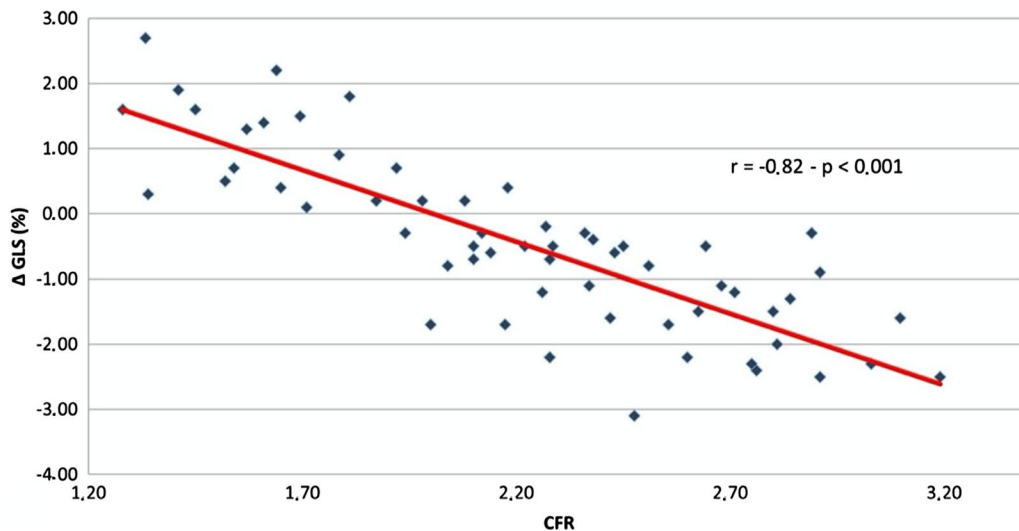


Fig. 3 Scatter plot of the association between global longitudinal strain (GLS) reserve (Δ GLS) and coronary flow reserve (CFR). Patients with CMD (low CFR in absence of obstructive coronary

artery disease) show no contractile response of the left ventricle, characterized by GLS worsening from rest to peak dose of dipyridamole

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Declarations

Conflict of interest The authors declare that they have no conflict of interest.

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