**ORIGINAL ARTICLE**



# **Usefulness of fbrinogen‑to‑albumin ratio to predict no‑refow and short‑term prognosis in patients with ST‑segment elevation myocardial infarction undergoing primary percutaneous coronary intervention**

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#### **Abstract**

No-reflow is one of the major complications of primary percutaneous coronary artery intervention (pPCI) in the treatment of acute ST-segment elevation myocardial infarction (STEMI). Fibrinogen-to-albumin ratio (FAR) has currently emerged as a novel infammatory marker to predict infammation in chronic diseases. This study aimed to investigate whether admission FAR values predicts angiographic no-refow and short-term prognosis in all STEMI patients. A total of 510 consecutive STEMI patients who underwent successful pPCI between September 2016 and May 2018 were included in this study. Patients were divided into groups based on thrombolysis in myocardial infarction (TIMI) fow grades after pPCI. No-refow was defned as a post-PCI TIMI fow grade of 0, 1, or 2. Angiographic success was defned as TIMI fow grade 3. Fibrinogen, hs-CRP, and admission FAR values were signifcantly higher among patients with no-refow. On multivariate analysis, admission FAR was an independent predictor of angiographic no-reflow  $(p<0.001)$ . Receiver-operating characteristics analysis revealed the cut-off value of admission FAR was a predictor of no-reflow with a sensitivity of 79.59% and a specificity of 69.42%. In multivariable Cox regression models adjusted for potential confounders, admission FAR values, and LVEF, hs-CRP was independently and positively associated with the 30-day all-cause mortality. Admission FAR was associated independently and signifcantly with angiographic no-refow and short-term mortality in patients with STEMI undergoing pPCI.

**Keywords** ST-segment elevation myocardial infarction · Thrombus grade · Primary percutaneous coronary intervention · Fibrinogen-to-albumin ratio

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# **Introduction**

ST-segment elevation myocardial infarction (STEMI) is a common form of acute myocardial infarction (AMI). Percutaneous coronary intervention (PCI) is performed as soon as possible within 12 h of onset to open the infarct-related coronary artery, which has been recommended as the preferred method of reperfusion  $[1]$  $[1]$ . Slow coronary flow or noreflow is a serious complication of reperfusion in patients with STEMI, which lead to poor prognosis and increased mortality [[2](#page-6-1), [3\]](#page-6-2). Some experimental models have found that neutrophil accumulation, reactive oxygen species, and the coagulation cascade via endothelial dysfunction and microvascular constriction are associated with slow or no-reflow [\[4](#page-6-3)]. However, the pathophysiological mechanisms of coronary no-refow are not fully understood. Infammation plays an important role in the development, progression, and evolution of atherosclerosis. Previous studies have shown a relationship between no-refow phenomenon and increased infammatory activity, for instance, neutrophil-to-lymphocyte ratio (NLR) and C-reactive protein (CRP) have been reported as independent predictors of no-reflow among STEMI patients treated with primary PCI [\[5](#page-6-4), [6](#page-6-5)].

Recently, fbrinogen-to-albumin ratio (FAR) has been reported as a new infammatory marker closely related to a variety of diseases, including cardiovascular diseases. For example, FAR has been shown to provide a reliable infammatory index to be used in predicting the severity of coronary artery disease in patients with STEMI. However, there are no data regarding the prognostic value of FAR in the prediction of postprocedural no-refow among STEMI patients undergoing primary PCI. Therefore, the purpose of this study was to explore the relationship between FAR and no-refow phenomenon and short-term prognosis in patients with acute STEMI undergoing direct PCI.

## **Methods**

This retrospective analytic-cross sectional study used the data of 510 consecutive patients from September 2016 to May 2018 who were admitted to our cardiovascular center with a diagnosis of acute STEMI and underwent primary PCI within 12 h from symptom onset. The definition of STEMI was based on the criteria of the classic symptoms of coronary ischemia and detection of a 1-mm ST-segment elevation in the inferior lead, or a 2-mm ST-segment elevation in the anterior chest lead occurring in two contiguous leads, or on the presence of a new (or presumably new) left bundle branch block. Patients with culprit lesion in left main coronary artery, left main stenosis over 50%, previous coronary artery bypass surgery, cardiogenic shock, pain to balloon time over 12 h, treatment with fbrinolytic, active infectious or infammatory diseases, presence of any chronic infammatory–autoimmune disease including rheumatologic disorders, hematologic diseases, endstage liver and renal failures, and known malignancy were excluded from the current study. Patients on the following medications were also excluded from the study: glycoprotein IIb/IIIa receptor blockers, corticosteroids, cytotoxic drugs, and diuretics. The study protocol was approved by the Second Afliated Hospital of Zhengzhou University Ethics Committee. Written informed consent was obtained from all patients.

All participants that underwent coronary angiography performed in multiple orthogonal projections were using Judkins technique. Patients who were candidates for primary PCI received 300 mg of aspirin and a single loading dose of 600 mg clopidogrel or 180 mg ticagrelor at the time of diagnosis of STEMI coronary angiography was

performed using standard technique. Immediately after the decision of coronary intervention, 50–70 unit/kg of intravenous bolus dose of unfractionated heparin was administered to the patients who were not treated with enoxaparin before the coronary angiography. The TIMI flow grades were analyzed by two interventional cardiologists blinded to patient clinical data and the frame rate of cine images was 30 frames per seconds. Analysis of cineangiography was performed using an Axiom (Siemens Medical Solution, Erlangen, Germany) workstation. TIMI flow grade three for the treated coronary vessel with a residual stenosis under 20% was considered as a successful pPCI. The no-refow phenomenon was identifed in patients with anterograde fow less than or equal to second level for TIMI and in the absence of dissection, thrombus, spasm, or distal embolization in the final angiogram [[7](#page-7-0)]. Accordingly, the patients were subdivided into normalreflow group and no-reflow group. Multivessel disease was defned as the presence of more than or equal to one lesion with over 50% stenosis in more than or equal to one major epicardial coronary artery or its major branches remote from the IRA.

All patients received venous blood samples from the antecubital veins after admission, which was performed prior to coronary angiography. Plasma levels of albumin were measured using an automated chemistry analyzer (AU5400, OLYMPUS, JAPAN). Plasma fbrinogen levels were measured using an automatic coagulation analyzer (STA Compact Max, STAGO, FRANCE). F/A ratios were calculated by loading all the data to the statistical program used. Standard methods were used to measure the serum level of glucose, glycated hemoglobin, hemoglobin, uric acid, hs-CRP, and lipid profle. Cardiac troponin T (cTnT), creatine kinase (CK), and CK-MB were measured using a Hitachi modular E-170 (Roche Diagnostics GmbH, Mannheim, Germany). All echocardiographic measurements were made immediately after obtaining the blood samples, using a GE ViVidE7 ultrasound machine (GE Healthcare, Piscataway, USA) with a 3.5-MHz transducer. Left ventricular ejection fraction (LVEF) was measured using the Simpson method according to the recommendations of the American Society of Echocardiography.

Statistical analysis was performed using the SPSS 22.0 Statistical Package Programmed for Windows (SPSS, Inc., Chicago, Illinois). A two-sided  $p$  value of <0.05 was considered signifcant. Distribution of continuous variables was assessed with the one-sample Kolmogorov–Smirnov test. Continuous variables were expressed as mean  $\pm$  standard deviation for normally distributed variables and as the median (25th–75th percentiles) for non-normally distributed variables. The diferences between groups were tested by independent samples *t* test or Mann–Whitney *U* test. Categorical variables were summarized as percentages and <span id="page-2-0"></span>**Table 1** Baseline patient characteristics of the study patients



*CAD* coronary artery disease, *LEVF* left ventricular ejection fraction, *ACEI* angiotensin-converting enzyme inhibitor, *ARB* angiotensin receptor blocker

compared with the  $\chi^2$  test. Multivariant stepwise logistic regression, including covariates found to have a signifcant association with no-refow in univariate analysis, was used to identify independent predictors of no-refow. The receiver-operating characteristic (ROC) curve was used to determine the cut-off value of FAR values to predict the no-refow. A multivariate Cox proportional-hazards regression model was used to fnd the independent predictors of the primary endpoint. Factors entered into the multivariate model included those with  $p$  value < 0.05 from the univariate analysis and variables with known prognostic value. The 30-day survival curves for FAR groups were analyzed using the Kaplan–Meier method, and statistical assessment was performed using the log-rank test.

## **Results**

Among the 510 patients of STEMI (mean age  $61.14 \pm 11.15$  years, 78.9% male), the incidence of angiographic no-reflow was 19.2%. Study participants were divided into two groups according to TIMI fow grades after pPCI. No-reflow group with flow grades 0 to 2 ( $n=98, 67$ ) men, mean age  $64.09 \pm 11.53$  years) and the normal-reflow group with flow TIMI grade  $3(n=412, 325)$  men, mean age  $60.44 \pm 10.96$  years). Demographic, clinical, laboratory, and procedural characteristics in individual groups are listed in Table [1](#page-2-0).

Compared to normal-reflow group, patients in the no-reflow group were older  $(64.09 \pm 11.53 \text{ vs.}$ 60.44 $\pm$ 10.96 years,  $p = 0.004$ , Table [1\)](#page-2-0) and prevalence of diabetes mellitus was signifcantly higher in them (37.8% vs. 27.4%, *p* = 0.044, Table [1](#page-2-0)). Besides, more men were in the reflow group (78.9% vs. 62.4%,  $p = 0.026$ , Table [1](#page-2-0)).

The comparison of admission hematological parameters of both groups is presented in Table [2.](#page-3-0) The patients in the no-refow group had signifcantly higher fbrinogen, FAR and hs-CRP levels when compared to those in reflow patients. The comparison of angiographic and echocardiographic characteristics of the two groups showed no statistically signifcant diferences apart from chest pain to balloon time, initial TIMI flow, and the presence of multivessel dis-ease (Table [2](#page-3-0)). Pain to balloon time in the no-reflow group was longer than that of the patients in the reflow group, as presented in Table [2](#page-3-0) (5.0 h vs. 4.0 h,  $p = 0.018$ ). There were more patients with multivessel disease in the no-refow group compared to that of the reflow group (48.8% vs. 65.3%,  $p < 0.001$ ). In both study groups, the left anterior descending coronary artery is the most common IRA. The percentage of stent implantation, stent length, and diameter in the two groups were similar (Table [2\)](#page-3-0).

Effects of the variables with an unadjusted  $p < 0.05$  in logistic regression analysis and clinically important variables on the no-fow were analyzed using univariate and multivariate logistic regression analyses. Male (OR 0.45; 95% confdence interval [CI] 0.23–0.87; *p*=0.017, Table [3](#page-4-0)), <span id="page-3-0"></span>**Table 2** Laboratory data and angiographic characteristics of the study patients



Normal reflow  $(n-412)$  No reflow  $(n-98)$  *p* value

*TC* total cholesterol, *TG* triglyceride, *LDL*-*C* low-density lipoprotein cholesterol, *HDL*-*C* high-density lipoprotein cholesterol, *cTnI* cardiac troponin I, *UA* uric acid, *CK*-*MB* creatine kinase myocardial band, *TIMI* thrombolysis in myocardial infarction, *LAD* left anterior descending artery, *CFX* circum fex coronary artery, *RCA* right coronary artery, *PCI* percutaneous coronary intervention

Initial TIMI fow(OR 0.56; 95% CI 0.37–0.85; *p*=0.007, Table [3](#page-4-0)), FAR (OR: 1.80; 95% CI 1.57–2.07; *p*<0.001, Table [3](#page-4-0)), multivessel disease (OR 0.46; 95% CI 0.26–0.79; *p*=0.005, Table [3\)](#page-4-0), hs-CRP (OR 1.08; 95% CI 1.00–1.17;  $p=0.041$ , Table [3](#page-4-0)) were observed to be independent predictors for the development of no-refow phenomenon.

ROC statistical analyses showed that FAR above 10.89 had 79.59% sensitivity and 69.42% specificity for the development of no-refow status (95% CI 0.786–0.852, *p*<0.001, Fig. [1](#page-4-1)).

In the multivariate Cox regression model, procedural success, FAR, LVEF, and hs-CRP at admission were independent predictors of 30-day mortality after pPCI (Table [4](#page-5-0)). Moreover, Kaplan–Meier curves between patients with FAR<10.89 and  $\geq$  10.89 for 30-day mortality revealed worse outcomes in patients with high FAR  $(p < 0.001)$  (Fig. [2\)](#page-5-1).

## **Discussion**

To our knowledge, this is the frst study to report the relationship among the FAR, no-refow and short-term mortality in patients with STEMI undergoing pPCI. The results of this study showed that FAR, fbrinogen, and hs-CRP values <span id="page-4-0"></span>**Table 3** Efects of various variables on no-refow in univariate and multivariate logistic regression analyses



*DM* diabetes mellitus, *CAD* coronary artery disease, *CI* confdence interval



<span id="page-4-1"></span>**Fig. 1** ROC curves of FAR for prediction of no-refow phenomenon after pPCI in patients with STEMI

independent predictors of no-refow after pPCI on multivariate analysis in this study. Furthermore, FAR was an independent factor for 30-day mortality in these patients.

Primary PCI is the preferred revascularization method for most patients with STEMI, but the performance of primary PCI fails to normalize the coronary flow and myocardial perfusion in some of these patients [[8\]](#page-7-1). This phenomenon described as no-reflow is significantly associated with poor outcome and increased mortality after pPCI [[9\]](#page-7-2). Therefore,

early identifcation of patients with high risk of coronary angiography no-refow can enable physicians to choose the best treatment strategy.

Previous studies have found that no-reflow is associated with a variety of pathological factors, including endothelial dysfunction, reactive oxygen species, ischemia–reperfusion injury, platelet aggregation, micro-thrombosis, distal embolization, and vasomotor dysfunction, but the exact mecha-nism of no-reflow is still unclear [\[4](#page-6-3), [10,](#page-7-3) [11](#page-7-4)]. Celik et al. [[12\]](#page-7-5) suggested that distal embolization plays an important role in the mechanism of no-refow after pPCI. Several high-risk factors, such as high thrombotic load in the coronary artery, right coronary artery lesions, and women (parallel structure), have been found to predict the risk of distal coronary thrombosis in STEMI patients [\[12](#page-7-5)[–15\]](#page-7-6). Recent studies have shown that higher infammation status play an important role in the occurrence of the no-refow phenomenon in STEMI patients after pPCI [\[13\]](#page-7-7). Akpek et al. [[14](#page-7-8)] reported that neutrophil-to-lymphocyte ratio and CRP had a positive correlation with no-refow in patients with STEMI undergoing pPCI. Oduncu et al. [[15\]](#page-7-6) showed that patients with no-refow who underwent PCI have higher baseline CRP levels.

Serum albumin is the major protein in human serum, maintains the permeability of the capillary membrane, and participates in the acute and chronic infammatory response [[16,](#page-7-9) [17\]](#page-7-10). In addition, serum albumin is an important inhibitor of platelet activation and aggregation and is an important mediator of platelet induction [\[18](#page-7-11), [19\]](#page-7-12). Recent studies have shown that the serum albumin levels are closely related to the occurrence, development and prognosis of coronary heart disease. It has been suggested that serum albumin levels lower than 3.5 g/dl on admission were one of the independent predictors of new heart failure and in-hospital  $\overline{a}$ 

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<span id="page-5-0"></span>**Table 4** Univariate and multivariate Cox regression analyses model revealing the predictors of 30-day mortality after primary percutaneous coronary intervention



*CAD* coronary artery disease, *DM* diabetes mellitus, *LEVF* left ventricular ejection fraction, *TC* total cholesterol, *TG* triglyceride, *LDL*-*C* low-density lipoprotein cholesterol, *HDL*-*C* high-density lipoprotein cholesterol, *UA* uric acid, *CI* confdence interval



<span id="page-5-1"></span>**Fig. 2** Kaplan–Meier curves between patients with FAR <10.89 and  $\geq$  10.89 for 30-day mortality

mortality in patients with acute coronary syndrome [[20](#page-7-13)]. Kurtul et al. [[21](#page-7-14)] showed that albumin was associated with coronary artery SYNTAX scores and the incidence of adverse events during hospitalization in patients with ACS. Meanwhile, fbrinogen is also a biomarker of chronic infammation, which is known to be a precursor to fbrin and accelerates platelet aggregation [[22\]](#page-7-15). In the Atherosclerosis Risk in Communities Study, elevated fbrinogen levels have been shown to be one of the risk factors for coronary heart disease. However, in healthy adults, the role of predicting coronary events is weaker than traditional risk factors [\[23](#page-7-16)]. Gao et al. [\[24](#page-7-17)] showed that fbrinogen levels were associated with coronary artery Gensini scores in men under 35 years of age. Kurtul et al. [[25\]](#page-7-18) showed that fbrinogen levels in patients with the acute coronary syndrome were positively correlated with coronary SYNTAX scores.

Based on the previous research results, both higher fbrinogen levels and lower serum albumin levels were reported to be associated with adverse cardiovascular outcomes in the setting of STEMI. Its relation with infammation has been investigated some previous clinical studies. It has been found that there is a positive correlation between FAR and coronary SYNTAX score in patients with STEMI, and FAR can be used as an independent predictor of higher SYN-TAX Score in patients with STEMI [\[26](#page-7-19)]. Karahan et al. [[27\]](#page-7-20) showed that FAR levels are related to the clinical classifcation and severity of chronic venous insufficiency. Yang et al. [\[28\]](#page-7-21) have found that the albumin-to-fibrinogen ratio (AFR) is associated with disease activity in patients with rheumatoid arthritis (RA). AFR may serve as two novel infammatory markers for monitoring disease activity in RA patients. Furthermore, several studies have shown that the FAR has been used frequently to predict outcomes in several types of human cancers [\[29](#page-7-22)[–32](#page-7-23)]. Our results showed that FAR levels were signifcantly higher in the no-refow group compared with the normal-reflow group. We also found an optimal cut-off point for FAR of at least 10.89. It predicted the noreflow with good sensitivity and specificity. In multivariate Cox regression, FAR, LVEF, and hs-CRP at admission were independent predictors of 30-day mortality after pPCI. One of the mechanisms by which higher levels of FAR cause noreflow may be that low albumin levels promotes fibrinolysis, thereby inhibiting the physiological fbrinolytic system and reducing the spontaneous dissolution of the thrombus [\[33](#page-7-24)]. In addition, the bioavailability of prostacyclin (PGI2), an efective platelet aggregation inhibitor, also depends on serum albumin levels [[16](#page-7-9), [34](#page-7-25)]. On the other hand, serum albumin inhibits the expression of vascular cell adhesion molecule-1(VCAM-1) induced by tumor necrosis factor A(TNF-a), thereby reducing apoptosis of endothelial cells [\[35\]](#page-7-26). The deposition of fibrinogen can change the permeability of vascular endothelium, promote the aggregation and oxidation of low-density lipoprotein under the endothelium,

further stimulate the proliferation and migration of vascular smooth muscle cells to the intima, and eventually lead to the formation of atherosclerotic plaque [[36\]](#page-7-27).

In summary, we believe that FAR, as a readily available and cheaper marker, may help clinicians in predicting the development of no-refow and short-term mortality after pPCI. Therefore, FAR is considered to be a new marker of infammation in STEMI patients. It may be used as a component in accurate risk stratifcation when a patient is a candidate for pPCI. However, the occurrence of no-reflow appears to involve many mechanisms, of which only a few may have been illuminated. Therefore, further clinical research is needed in the future to better understand the specifc mechanism of this phenomenon. Our study has some limitations. First, the sample size is very small, and the results shown in this study should be verifed in larger clinical trials. Second, there are multiple risk factors for the no-refow that we did not assess them and it might have afected our multivariate analysis. Finally, FAR has confned clinical utility, because when performing pPCI, the surgeon usually does not know the results of fbrinogen and albumin.

#### **Compliance with ethical standards**

**Conflicts of interest** There are no conficts of interest.

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