ORIGINAL ARTICLE



Increased mortality and aggravation of heart failure in liver X receptor-α knockout mice after myocardial infarction

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Abstract Liver X receptors, LXRa (NR1H3) and LXR^β (NR1H2), are best known as nuclear oxysterol receptors and physiological master regulators of lipid and cholesterol metabolism. LXRa play a protective role in acute myocardial ischemia/reperfusion (MI/R) injury, but its role in myocardial infarction (MI) is unknown. The present study was undertaken to determine the effect of LXRa knockout on survival and development of chronic heart failure after MI. Wild-type (WT) and $LXR\alpha^{-/-}$ mice were subjected to MI followed by serial echocardiographic and histological assessments. Greater myocyte apoptosis and inflammation within the infarcted zones were found in $LXR\alpha^{-/-}$ group at 3 days after MI. At 4 weeks post-MI, $LXR\alpha^{-/-}$ MI murine hearts demonstrated significantly increased infarct size, reduced ejection fraction (LXR $\alpha^{-/-}$ 29.4 % versus WT 34.4 %), aggravated left ventricular (LV) chamber dilation, enhanced fibrosis and reduced angiogenesis. In addition, LXR $\alpha^{-/-}$ mice had increased mortality compared with WT mice. LXRa deficiency increases mortality, aggravates

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pathological injury and LV remodeling induced by MI. Drugs specifically targeting LXR α may be promising in the treatment of MI.

Keywords Nuclear receptors · Myocardial infarction · Heart failure · Mortality · Apoptosis

Introduction

Acute myocardial infarction is a leading cause of morbidity and mortality worldwide [1, 2]. Heart failure is an increasing global public health problem, with the most common cause currently being cardiac remodeling after myocardial infarction (MI) [3, 4]. Thus, how to attenuate the loss of myocytes in the adverse pathological left ventricular (LV) remodeling, which includes dilatation of the ventricle and increased interstitial fibrosis [5], has long been focused on to develop an efficient strategy to improve post-infarct prognosis.

Nuclear receptors (NRs) are master regulators of transcriptional programs that integrate the homeostatic control of almost all biological processes. Liver X Receptors, LXR α (NR1H3) and LXR β (NR1H2), are best known as nuclear oxysterol receptors and physiological regulators of lipid and cholesterol metabolism that also act in an antiinflammatory way [6]. Recent evidence has suggested that LXR α and LXR β are both expressed in the cardiovascular system. LXRs exert salutary effects on cardiac hypertrophy [7, 8]. The nonselective LXR α /LXR β agonist GW3965 protects against myocardial ischemia–reperfusion (MI/R) injury [9]. Recently, it has been reported that activation of LXR α but not LXR β subtype attenuates MI/R injury via inhibition of oxidative/nitrative stress, and subsequently reducing the apoptotic pathways mediated by endoplasmic-reticulum (ER) stress and mitochondria [10]. However, the particular roles of individual LXR subtypes in the regulation of LV remodeling after MI remain unknown. Whether LXR α has therapeutic potential after MI is not clear.

In the present study, LXR α was hypothesized to attenuate the development of chronic heart failure following MI in mice. If this hypothesis was accurate, deficiency of LXR α in mice would be found altering long-term mortality as well as aggravating levels of clinical and biochemical markers of congestive heart failure after MI.

Materials and methods

Experimental animals

This investigation conforms to the National Institutes of Health Guidelines on the Use of Laboratory Animals and was approved by the Institute's Animal Ethics Committee. LXR α -deficient and wild-type (WT) C57BL/6 male mice (22–25 g) were obtained from the Jackson Laboratories (Bar Harbor, ME, USA) and were housed at 25 ± 5 °C, adherent to a 12 h light–dark cycle, with food and water freely available.

Surgical generation of MI model

Myocardial infarction procedures were performed utilizing a novel method as described in previous study [11]. In brief, mice were anesthetized with 2 % isoflurane inhalation with an isoflurane delivery system but not ventilated. A small skin cut (1.2 cm) was made over the left chest, and a purse suture was done. By dissecting and retracting of the pectoral major and minor muscles, the fourth intercostal space was exposed to make a small hole in it with a mosquito clamp to open the pleural membrane and pericardium. With the clamp slightly open, the murine heart was smoothly and gently "popped out" through the hole. The left anterior descending coronary artery (LCA) was located, sutured, and ligated at a site \approx 3 mm from its origin using a 6-0 silk suture. The ligation was deemed successful when the anterior wall of the LV turned pale. When ligation was completed, the heart was immediately placed back into the intrathoracic space followed by manual evacuation of air and closure of muscles and the skin, by means of the previously placed purse-string suture. The mouse was then allowed to breathe room air and monitored during the recovery period, which generally lasted 3-5 min. Sham-operated animals were subjected to identical surgical procedures, except that the suture passed beneath the LCA was not tied. After recovery from surgery, the mice were returned to under standard animal housing conditions.

Assessment of infarct size and survival

Myocardial infarction size was determined by the use of 2,3,5-triphenyltetrazolium chloride (TTC) as described elsewhere [12]. In brief, 28 days after surgery hearts from randomly chosen mice were removed, frozen at -20 °C and sliced into ~1 mm thick sections perpendicular to the long axis of the heart using a heart slice chamber. These murine hearts were used to determine infarct size only. TTC staining was performed and slices were photographed with a digital camera. The survival analysis was performed in sham-operated WT/LXR α KO (n = 15), WT-MI (n = 25) and LXR α KO-MI (n = 21). During the study period of up to 4 weeks, cages were inspected twice a day and dead animals were immediately subjected to examination for the presence of MI.

Echocardiographic measurements

In vivo cardiac function was determined by echocardiography at 24 h and 4 weeks after MI. Mice were anesthetized with 1.5 % isoflurane. Transthoracic two-dimensional echocardiographic views of the mid-ventricular short axis were obtained at the level of the papillary muscle tips below the mitral valve (Vevo 2100, VisualSonic, Toronto, Canada). LV diameter was measured and subsequently fractional shortening (FS% = [(LVEDD - LVESD)/ LVEDD) × 100]) and left ventricular ejection fraction (LVEF) were calculated. An individual blinded to the experimental groups recorded the cardiac structural parameters which were read to calculate the functional parameters of the heart by a second individual.

Terminal deoxynucleotidyl transferase-mediated 29-deoxyuridine 59-triphosphate nick-end labeling assay (TUNEL)

Apoptotic cells in formalin-fixed, paraffin-embedded murine heart tissue sections were identified with ApopTag Fluorescein In Situ Apoptosis Detection Kit S7110 (Chemicon International), according to the manufacturer's protocol. Cells with nuclear positive staining by fluorescent antibodies for DNA fragmentation were visualized directly under a fluorescence microscope and counted (original magnification $200 \times$). At least 3 fields per section were examined, as described previously [13].

Histological analysis

All morphometric analyses were performed in a standard manner on 5 transverse sections of each murine heart. Tissue sections were stained with hematoxylin and eosin and Masson's trichrome or used for immunohistochemistry as previously described [14]. Cardiac fibroblasts were plated on fibronectin-precoated chamber slides, fixed, and incubated with rhodamine-conjugated phalloidin and a specific antibody to a-smooth muscle actin (a-SMA).

Immunofluorescence

After incubation with primary antibodies to CD31 (1/50, GB13063, Wuhan goodbio technology CO., Wuhan, China) overnight at 4 °C, the paraffin-embedded heart sections were washed with PBS three times and incubated with cyanin 3 (Cy3) conjugated secondary donkey anti-goat IgG (1/300, 705-165-003, Wuhan goodbio technology CO., LTD, Wuhan, China) for 1 h at room temperature in a darkened humidified chamber. The final preparations were washed with PBS and mounted with fluorescent mounting medium containing 4', 6-diamidino-2-phenylindole (DAPI) (C1002, Beyotime Institute of Biotechnology, Shanghai, China). Each section was observed under a confocal laser scanning microscope at a magnification of $200 \times$ and $400 \times$.

Western blot analysis

The harvested hearts were homogenized and lysed with cell lysis buffer which containing 1 protease inhibitor cocktail tablet per 10 mL of Lysis Reagents (Complete; Roche, Indianapolis, IN, USA). Total protein extracts, after centrifugation at 12,000g at 4 °C for 30 min, were mixed with loading buffer and heated at 99 °C for 5 min. Protein concentrations were determined with a bicinchoninic acid (BCA) protein assay kit (Beyotime Biotechnology, China). For western blot analysis an equal amount of protein (60 mg) was loaded in each well and subjected to 12 % sodium dodecylsulfate-polyacrylamide gel electrophoresis (SDS-PAGE). Separated proteins were then transferred from the gel to nitrocellulose membranes (Whatman) and blocked with LI-COR blocking buffer for 1-2 h. The membranes were incubated with the primary antibodies overnight at 4 °C. The primary antibodies were as follows: LXR α (1:1000 ab41902, abcam), caspase-3 (1:1000 #9664, Cell Signaling Technologies, inc.), p-AKT (1:1000 #4060, Cell Signaling Technologies, inc.), GAPDH (1:1000 #2118, Cell Signaling Technologies, inc.). Following washing primary antibodies with TBS/0.05 % Tween-20 thrice, the membranes were incubated with appropriate secondary antibodies (1:10,000, LI-COR Biosciences) for 1-2 h at room temperature and then washed again in TBS/0.05 % Tween-20 for 3 times. The blot was visualized using an Odyssey infrared imaging system (LI-COR Biosciences). Samples were corrected for background and quantified by Odyssey software. All values were normalized to the loading control and expressed as fold increase relative to control.

Real-time quantitative PCR

Total RNA was isolated from tissues and cardiomyocytes with TRIzol Reagent and purified with Oiagen's RNeasy Mini Kit (Qiagen). Reverse transcription was performed by Omniscript RT Kit (Qiagen). The resultant cDNA was amplified by SYBR[®] Premix Ex Taq™ Perfect Real Time Kit (Takara BIO, Otsu, Japan). The PCR reaction was directly monitored by The LightCycler® 480 Real Time PCR System (Roche Applied Science, Indianapolis, IN, USA). Utilized SYBR Green real-time PCR primers were as follows: mouse GAPDH forward 5'-TCACTGCCACCCAGAAGA-3' and reverse 5'-GACGGACACATTGGGGGGTAG-3'; mouse LXRα forward 5'-GCTCATTGCCATCAGCATC-3' and reverse 5'-AGCATCCGTGGGAACATCA-3'; mouse TNF-a forward 5'-TCGTAGCAAACCACCAAGTG-3' and reverse 5'-AGATAGCAAATCGGCTGACG-3'; mouse IL-6 forward 5'-GTCACAGAAGGAGTGGCTAAG-3' and reverse 5'-TTCTGACCACAGTGAGGAATG-3'; mouse IL-1β 5'-TGGAGAGTGTGGATCCCAAGCAAT-3' forward and reverse 5'-TGCTTGTGAGGTGCTGATGTACCA-3'; mouse Collagen forward 5'-AAG GTT CTC CTG GTG AAG CTG GT-3' and reverse 5'-CTG AGC TCC AGC TTC TCC ATC TT-3': mouse MMP9 forward 5'-GCT GAC TAC GAT AAG GAC GGC A-3' and reverse 5'-TAG TGG TGC AGG CAG AGT AGG A-3'. Real-time PCR data were represented as Ct values, defined as the crossing threshold of PCR, obtained via LightCycler 480 Data Analysis software. Relative mRNA expression levels of the samples were calculated as described, and expressed as $2^{-\Delta\Delta Ct}$ [10]. Data were standardized by GAPDH.

Statistical analysis

All values were expressed as mean \pm SEM. Comparison of survival was performed from Kaplan–Meier plots followed by log-rank test. Comparisons between two parameters were analyzed by the unpaired Student's *t* test. Statistical analyses between more than 3 groups were performed by 1-way ANOVA. Significance was set at *P* < 0.05.

Results

Upregulation of LXRa at the infarction site

To assess the importance of LXR α in the cardiac healing process, we first examined the diversification of LXR α gene expression in the infarct regions of the hearts from WT post-MI mice. Elevated expression of LXR α was found in the infarct region compared with sham-operated heart

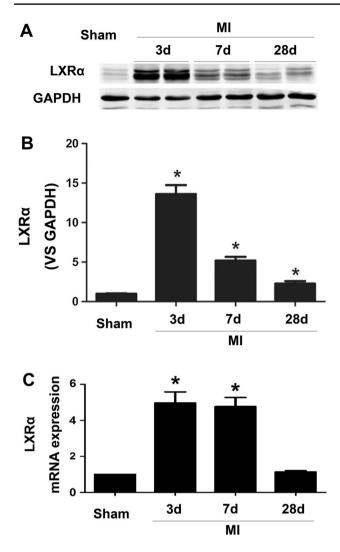


Fig. 1 LXR α expression is upregulated after MI. **a** Typical Western blot showing LXR α expression in the infarct region of sham-operated and infarcted WT mice on the indicated days after MI. **b** Quantitative analyses of the relative levels of protein expression. **c** Expression of LXR α mRNA detected by real-time quantitative PCR in the infarct areas at the indicated days after MI. Sham-operated animals served as control. Results were normalized against GAPDH and converted to fold induction relative to sham-operated controls. There were 4–5 mice in each group and data were expressed as mean \pm SEM. *P < 0.05 versus sham-operated controls

as demonstrated by both Western blot and real-time PCR. LXR α expression peaked at day 3 and gradually declined but persisted up to day 28 after MI (Fig. 1).

Mortality

Mortality rates over the 4-week observation period were higher in LXR α knockout mice with MI than in infarcted

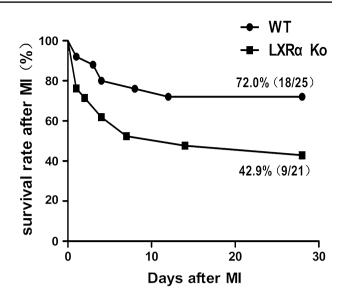


Fig. 2 Increased mortality rates after MI in LXR $\alpha^{-/-}$ mice. Mortality was negligible in sham-operated mice and increased in both genotypes after MI over entire 4-week observation period. Mortality rates were higher in group of infarcted LXR α KO mice than in WT mice with MI (log-rank P = 0.0453)

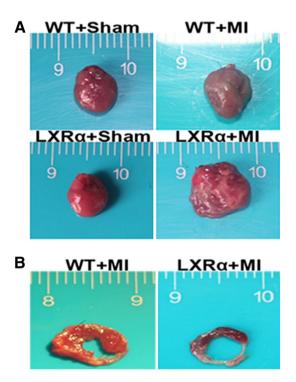


Fig. 3 Cardiac structure is impaired in LXR $\alpha^{-/-}$ mice following MI. **a** Representative images taken at 4 weeks post-MI demonstrate impaired LV wall integrity in LXR $\alpha^{-/-}$ hearts. **b** TTC staining performed on 28 day post-MI hearts revealed infarct size is significantly greater in LXR $\alpha^{-/-}$ than WT mice

	WT + Sham $(n = 10)$	$LXRa^{-/-} + Sham (n = 10)$	WT + MI (n = 20)	$LXRa^{-/-} + MI (n = 16)$	
EF %	62.28 ± 1.31	60.66 ± 1.49	$40.56 \pm 1.46*$	$37.37 \pm 2.32^{\#}$	
FS %	31.93 ± 1.33	30.45 ± 1.37	$22.80\pm0.98^*$	$21.62 \pm 1.12^{\#}$	
LVEDD (mm)	3.16 ± 0.11	3.21 ± 0.12	$3.54\pm0.09^*$	$3.63 \pm 0.10^{\#}$	
LVESD (mm)	2.13 ± 0.11	2.27 ± 0.12	$2.63\pm0.08*$	$2.73 \pm 0.11^{\#}$	

Table 1 Echocardiographic parameters of WT and LXRa^{-/-} mice 1 day post-MI

EF ejection fraction, %*FS* percent fractional shortening, *LVEDD* LV end-diastolic diameter, *LVESD* LV end-systolic diameter * P < 0.05, WT + MI versus WT + sham; "P < 0.05, LXRa^{-/-} + MI versus LXRa^{-/-} + Sham

Table 2 Echocardiographic parameters of WT and LXRa^{-/-} mice 28 days post-MI

	WT + Sham $(n = 10)$	$LXRa^{-/-} + Sham (n = 10)$	WT + MI (n = 16)	$LXRa^{-/-} + MI (n = 10)$
EF %	68.23 ± 1.11	66.87 ± 1.29	34.38 ± 1.46	29.35 ± 1.86*
FS %	38.09 ± 0.93	37.27 ± 1.09	17.66 ± 0.71	$15.18 \pm 0.76^{*}$
LVEDD (mm)	3.51 ± 0.10	3.63 ± 0.11	4.65 ± 0.10	$5.10\pm0.13^*$
LVESD (mm)	2.28 ± 0.12	2.43 ± 0.13	4.15 ± 0.08	$4.62 \pm 0.11^{*}$

* P < 0.05, LXRa^{-/-} + MI versus WT + MI

WT mice (LXR α KO-MI 57.1 % versus WT-MI 28.0 %; log-rank P = 0.0453), as shown in Fig. 2. Postmortem necropsy verified the presence of MI in all infracted animals. Survival was identical between Sham-WT and Sham-LXR $\alpha^{-/-}$ mice. Deaths in sham-operated mice (n = 1 WT sham, n = 1 LXR α KO sham) occurred early after surgery, related to postsurgical bleeding.

Infarct size

Macroscopically, the two groups of mice had significantly larger heart volume than the sham-operated mice at 28 days post-MI. Heart shape of infarcted LXR α knockout mice became more spherical relative to that of WT mice with MI (Fig. 3a), reflecting aggravation of LV global remodeling after LXR α knockout. TTC staining of post-MI hearts at 28 days revealed apparently higher infarct/LV area ratios in LXR $\alpha^{-/-}$ than in WT mice (Fig. 3b).

$LXR\alpha^{-/-}$ mice exhibit cardiac dysfunction after MI

Results from survival studies showed that the majority of deaths concentrated within 1 week after MI in WT and $LXR\alpha^{-/-}$ mice (Fig. 2), suggesting that critical cardiac events concerning structural changes occurred in the early phase of post-MI. Therefore, cardiac function was assessed using 2D and Doppler echocardiography (ECG) on mice at days 1 and 28 following MI.

ECG at 1 day after surgery revealed that mice from both $LXR\alpha^{-\prime-}$ and WT groups exhibited significantly impaired cardiac function. No significant difference was observed

between the two groups at this time point (Table 1). However, $LXR\alpha^{-/-}$ mice were inferior in LV systolic function, as judged by percent ejection fraction (%EF) and fractional shortening (%FS), compared with WT mice at day 28 after MI. Furthermore, left ventricular end-systolic diameter (LVESD) and end-diastolic diameter (LVEDD) increased significantly in $LXR\alpha^{-/-}$ mice than in WT mice at day 28 after MI (Table 2), indicating severe LV dilatation and cardiac remodeling in $LXR\alpha^{-/-}$ mice.

Deficiency of $LXR\alpha$ increase MI-induced myocardial apoptosis and inflammation

Apoptotic death of cardiomyocytes has been suggested to cause LV remodeling and dysfunction [15]. Cardiomyocyte apoptosis was quantified by TUNEL assay in murine hearts 3 days after MI. The number of TUNEL-positive cardiomyocytes in the border area significantly increased in LXR $\alpha^{-/-}$ mice than in WT mice (Fig. 4a, b). Western blot analysis showed a conspicuous elevation in cleaved caspase-3 level of LXR $\alpha^{-/-}$ murine hearts at day 3 after MI (Fig. 4c, d). Increased phosphorylation of Akt is generally considered as an anti-apoptotic signal [16]. An increase in Akt phosphorylation was obvious in WT murine hearts at 3 days post-MI. However, Akt phosphorylation significantly decreased in the infarct LV regions of $LXR\alpha^{-/-}$ -MI versus WT-MI (Fig. 4c, e). Inflammation is the first stage of cardiac repair after myocardial infarction [17]. Therefore, we examined the expression levels of proinflammatory cytokines, such as tumor necrosis factor (TNF)-a, interleukin (IL)-6, and IL-1β, in the heart of WT mice and

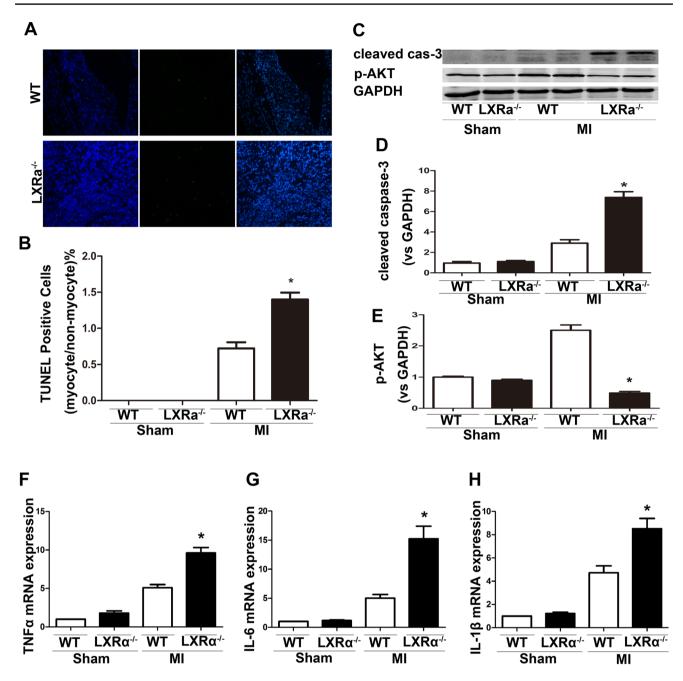


Fig. 4 LXRα deficiency results in enhanced apoptosis and inflammation post-MI. **a** TUNEL-positive myocytes (*green*) at 3 days post-MI revealed an increase in apoptosis in LXRα^{-/-} mice compared to WT mice. DAPI nuclear staining in *blue* (TUNEL assay original magnification, ×200). **b** The ratio of myocyte/non-myocyte apoptosis increased at 3 days post-MI in LXRα^{-/-} mice (n = 3 per group, 5 fields per heart). **c** Representative Western blot showing cleaved caspase-3 and phosphorylated Akt expression in the infarct region of sham-operated and infarcted WT/LXRα^{-/-} mice at 3 days after MI.

d, **e** Quantitative analyses of the relative levels of protein expression. **f–h** mRNA expression levels of proinflammatory genes detected by real-time quantitative PCR in the hearts of WT and LXR α KO mice at 3 days after MI. Sham-operated animals served as control. Results were normalized against GAPDH and converted to fold induction relative to sham-operated controls. There were 4–10 mice in each group and data were expressed as mean \pm SD. **P* < 0.05 versus WT/MI group

 $LXR\alpha^{-/-}$ mice after MI. A quantitative RT-PCR experiment revealed that these inflammatory genes had markedly increased in both WT mice and $LXR\alpha^{-/-}$ mice 3 days post-MI when compared with their respective sham groups.

Interestingly, the proinflammatory cytokines mRNA expression had a significant increase in the infarct LV regions of LXR α Ko mice when compared with WT mice 3 days post-MI (Fig. 4f–h).

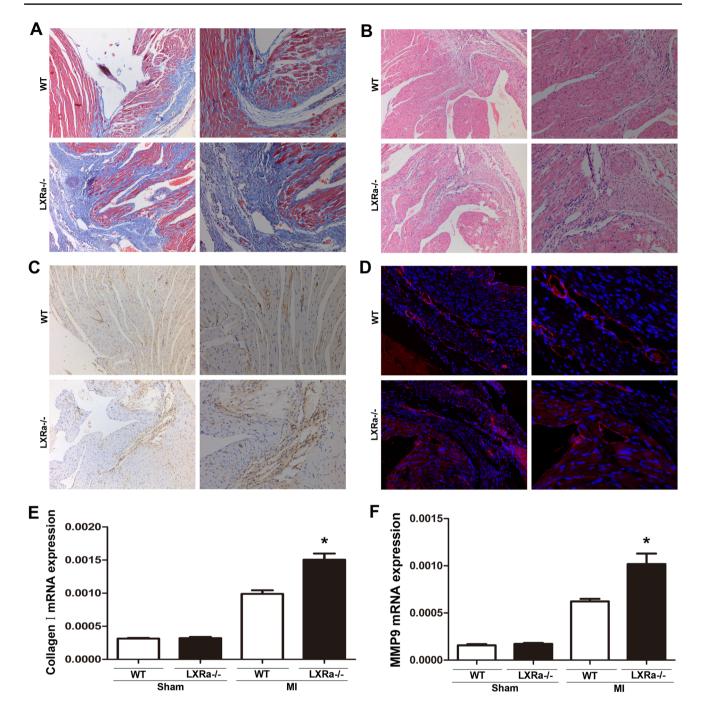


Fig. 5 LXR α deficiency results in increased fibrosis and reduction angiogenesis after MI. **a** Masson's trichrome staining to detect interstitial fibrosis in the border zone of WT and LXR $\alpha^{-/-}$ mice at 4 weeks after MI (original magnification, ×100 and ×200). **b** Serial frozen sections were stained with hematoxylin-eosin for morphological identification of border and infarct areas (original magnification, ×100 and ×200). **c** α -SMA-stained images from the infarct LV regions of WT and LXR $\alpha^{-/-}$ hearts post-MI (original magnifica-

tion, ×100 and ×200). **d** Representative heart sections from WT and LXR $\alpha^{-/-}$ mice harvested at 28 days after MI. Sections were stained with CD31 antibodies (original magnification, ×200 and ×400). **e**, **f** After 28 days post-MI, ventricular mRNA levels of collagen I and MMP-9 were determined by qRT-PCR and normalized to GAPDH mRNA levels. *Bars* represent group mean ± SEM (n = 5-10). *P < 0.05 versus WT/MI group

$LXR\alpha^{-/-}$ mice aggravate myocardial fibrosis and reduce angiogenesis after MI

Masson's trichrome staining for interstitial fibrosis in the border zone was analyzed in WT and $LXR\alpha^{-/-}$ murine hearts at 4 weeks after MI. Figure 5a demonstrates a significant aggravation in the fibrosis area in LXR $\alpha^{-/-}$ MI mice than in WT MI mice. The border zone was confirmed by hematoxylin-eosin (HE) staining on serial sections (Fig. 5b). Expression of α -smooth muscle actin (α -SMA) is considered as a marker for the differentiation of fibroblasts into myofibroblasts [18]. LXR $\alpha^{-/-}$ mice had a significant increase in number of α-SMA-positive myofibroblasts compared with WT mice in the peri-infarct areas at 4 weeks after MI (Fig. 5c). Promoted angiogenesis has been considered to facilitate myocardial recovery from ischemic injury [19, 20]. A decline in number of CD31positive capillary vessels was found in $LXR\alpha^{-/-}$ mice compared with WT mice at day 28 after MI (Fig. 5d). To supporting this notion, we detected collagen I and matrix metalloproteinase (MMP)-9 mRNA expression by RT-PCR analysis of infarcted murine hearts at day 28 after MI. As shown in Fig. 5e, f, the collagen I and MMP-9 mRNA expression increased post-MI compared with their respective sham groups. Furthermore, in the infarcted LV regions, LXR $\alpha^{-/-}$ mice post-MI had a significant increase in collagen I and MMP-9 than WT mice post-MI did.

Discussion

The significant findings in the present study were that LXR α -deficient mice exhibit a higher mortality rate and exacerbated cardiac dysfunction and remodeling after MI when compared with wild-type mice. This study provides direct evidence supporting a cardioprotective role of LXR α in post-ischemic heart failure, which was mediated, at least in part, by preventing apoptosis, inflammation and fibrosis of cardiomyocytes and promotion of myocardial angiogenesis. Cardiac remodeling is generally accepted as a determinant of the clinical course of heart failure, involving functional, geometric, cellular, and molecular changes [21]. It is one of the major therapeutic challenges to reduce post-MI cardiac remodeling in modern cardiology. Drugs specifically targeting LXR α may be promising in treating ischemic heart disease.

Liver X receptors, LXR α and LXR β (NR1H3 and NR1H2, respectively), were identified in the mid-1990s based on sequence homology with other nuclear receptors [22]. LXR α and LXR β proteins have considerable sequence homology (approximately 77 % identity in DNA and ligand-binding domains) and are activated by the same ligands. LXR α is expressed predominantly in metabolically

active tissues such as the liver, kidney, intestine, macrophages, and adipose tissue, whereas LXRB is more ubiquitously expressed. They play a central role in the transcriptional control of lipid and cholesterol metabolism [23]. Although LXRs were initially discovered as orphan receptors, the search for its natural ligands resulted in the identification of various oxysterols as endogenous LXR agonists. These oxidized cholesterol metabolites include 24(S)hydroxycholesterol, 22(R)-hydroxycholesterol, 27-hydroxycholesterol and 24(S), 25-epoxycholesterol. There were a plethora of synthetic LXR agonists such as T0901317 and GW3965 were found in recent years [6]. However, almost all current LXR agonists are non-specific, and they not only activate LXR α , but also cause activation of LXR β . It has reported that combined therapy of LXR agonist T0901317 and adipose-derived mesenchymal stem cells could improve cardiac function after MI [24]. This confirms our research from different aspects. Recent research suggests that LXR α /LXR β are both expressed in the cardiovascular system, LXRa is selectively upregulated by ischemia/ reperfusion, whereas LXR^β expression remained mostly unaffected [10]. However, another study showed that $LXR\beta$ was increased by 28 % in infarcted hearts, whereas postinfarction LXRa levels were unchanged at 24 h after MI compared to sham-operated animals [9]. Our evidence demonstrated an elevation in LXRa expression in the infarct region that peaked at day 3 and gradually declined but persisted up to day 28 post-MI. These results suggest that LXRa may play a pivotal role in the cardiac healing process after MI. The discrepancy between the two studies about the expression of LXRa may result from different time points of observation.

The major predictor of mortality is the impairment of left ventricular function after MI. Infarct size is a crucial variable for the interpretation of heart failure after MI [25]. Therefore, increased mortality in LXR $\alpha^{-/-}$ compared with WT mice might have resulted from larger infarct sizes in LXR $\alpha^{-/-}$ murine hearts. Exaggerated ventricular remodeling is probably linked to larger infarct sizes in LXR $\alpha^{-/-}$ mice post-MI. Pathological left ventricular remodeling helps to preserve cardiac output in the early phase after MI. However, in the long term, this process can lead to increased oxygen consumption, deterioration of cardiac contractile function, impairment of ventricular relaxation and occurrence of arrhythmias [26]. Due to the importance of left ventricular dilatation in heart failure evolution, LVESV and LVEDV are better predictors of long-term mortality than LVEF [27]. Our experiment has exhibited an increase in LVESV and LVEDV in LXR $\alpha^{-/-}$ mice compared with WT mice at day 28 after MI. In the present study, the majority of deaths occurred within 1 week after MI in WT and LXR $\alpha^{-/-}$ mice. Since the most common cause of death is arrhythmias or hemodynamic decompensation, we speculate that there is an early increase in cardiac arrhythmias and hemodynamic decompensation in $LXR\alpha^{-/-}$ mice after MI.

Apoptosis contributes to the progression of MI, and increased apoptosis in areas remote from the infarct contributes to late LV remodeling after MI, whereas anti-apoptotic treatment at an early stage reduces the infarct size [28, 29]. In the present study, we have found that deletion of the LXR α gene increases cardiomyocyte apoptosis and cleaved caspase-3, and decreases activation of anti-apoptotic kinase p-Akt at 3 days post-MI. Expression levels of several inflammatory genes, such as TNF-a, IL-6 and IL-1 β , were increased in WT and LXR α KO mice 3 days after MI. The degree of increase was higher in LXR α KO mice than in WT mice. As inflammatory cytokines are reported to induce cardiomyocyte apoptosis [30], it is possible that the enhanced apoptosis in the infarct area LXR α KO mice is caused in part by the increased inflammatory.

Cardiac fibroblasts are largely responsible for forming the infarct scar by proliferating, differentiating to myofibroblasts, and depositing large amounts of extracellular matrix (ECM) [31]. The appearance and disappearance of myofibroblasts should be right in time; if activated myofibroblasts persist too long in the myocardium, they will cause extensive scarring and fibrosis. We observed myocardial fibrosis in WT and LXR $\alpha^{-/-}$ mice at 4 weeks post-MI. Deficiency of LXRa was found associated with aggravated myocardial fibrosis. ECM remodeling contributes to myocardial fibrosis, which is considered to be an independent risk factor in the progression of heart failure [32]. Type I collagen is the predominant component of the cardiac ECM, its synthesis and deposition lead to an increase in myocardial stiffness, eventually resulting in cardiac systolic and diastolic dysfunction [33]. The matrix metalloproteinases (MMPs) are endopeptidases that are present within the myocardium. The enhanced activity and expression of MMP-9 are associated with increased collagen formation [34]. In our experiment, mRNA expression of type I collagen and MMP9 significantly increased in LXR $\alpha^{-/-}$ mice compared to WT mice at 4 weeks post-MI. Angiogenesis is an adaptive response to hypoxia and ischemia. Increased angiogenesis has been documented to facilitate cardiac recovery from ischemic injury [35]. Another finding in the present study is that LXRa contributes to angiogenesis after MI (Fig. 5d). Impaired angiogenesis in LXR $\alpha^{-/-}$ mice could partly explain the aggravated cardiac dysfunction.

There are still a few limitations in the present study. We used mice harboring a systemic deletion of LXR α , but some aspects of chronic heart failure in LXR α KO mice might be due to unopposed activity of LXR β . LXR β regulates lipogenesis and cholesterol efflux in skeletal muscle, with anti-thrombotic effects in human platelets [36]. Considerable evidence has also identified LXR β as

anti-inflammatory transcription factors and physiological regulators of immune responses and apoptosis. Therefore, further studies are required to detect whether LXR β deletion has similar or divergent effects on the development of heart failure.

In conclusion, the present study showed that LXR α plays an important role in cardiac remodeling by adjusting myocardial apoptosis, inflammation, fibrosis and angiogenesis. Manipulation of LXR α or LXR α -dependent signaling pathways may be promising in cardiac healing after MI.

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Compliance with ethical standards

Conflict of interest The authors declare no conflict of interest.

Ethical approval This investigation conforms to the National Institutes of Health Guidelines on the Use of Laboratory Animals, and was approved by the Institute's Animal Ethics Committee.

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