

Differential impact of peripheral endothelial dysfunction on subsequent cardiovascular events following percutaneous coronary intervention between chronic kidney disease (CKD) and non-CKD patients

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Abstract Chronic kidney disease (CKD) status might modify the predictive effect of peripheral endothelial dysfunction on cardiovascular events after percutaneous coronary intervention (PCI). The aim of this study was to examine the differential effect of peripheral endothelial dysfunction on clinical outcome after PCI between CKD and non-CKD patients. We conducted a cohort study of 435 patients following PCI. CKD was defined as estimated glomerular filtration rate <60 mL/min/1.73 m². Peripheral endothelial dysfunction was examined using reactive hyperemia-peripheral arterial tonometry index (RHI), and we divided patients into low- and high-natural logarithmic RHI (Ln-RHI) group. The endpoint was a composite of cardiovascular death, nonfatal myocardial infarction, ischemic stroke, hospitalization due to unstable angina pectoris, and coronary revascularization. A total of 56 patients had a cardiovascular event. Patients who suffered a cardiovascular event had significantly lower Ln-RHI than other patients in the non-CKD group (0.46 ± 0.18 versus 0.60 ± 0.25 ; $P = 0.002$). Kaplan–Meier analysis demonstrated a significantly higher probability of cardiovascular events in low Ln-RHI patients in the non-CKD group (log-rank test: $P = 0.003$). Multivariate Cox proportional hazards analysis identified Ln-RHI as an independent and significant predictor of future cardiovascular events in the non-CKD group (HR: 0.096; 95 % CI 0.02–0.47; $P = 0.004$) but not in the CKD group. There was a differential effect of peripheral endothelial dysfunction on clinical outcome after

PCI between CKD and non-CKD patients, and peripheral endothelial dysfunction significantly correlates with subsequent cardiovascular events after PCI in non-CKD patients.

Keywords Percutaneous coronary intervention · Endothelial dysfunction · Chronic kidney disease

Introduction

Percutaneous coronary intervention (PCI) is performed in patients with coronary heart disease to improve symptoms and clinical prognosis, and dual antiplatelet therapy (DAPT) is currently recommended for the prevention of adverse cardiovascular events in patients following coronary stents [1–3]. Patients following coronary stent implantation have a high risk of subsequent cardiovascular events, including myocardial infarction, stroke, and cardiovascular death. All patients after coronary intervention should receive secondary preventive interventions, but determination of their risk factor is still insufficient.

Reactive hyperemia-peripheral arterial tonometry (RH-PAT), which is used to measure the digital hyperemic response, is a noninvasive, automatic, and less operator-dependent test that is clinically used to evaluate endothelial function [4, 5]. It is reported that the RH-PAT index (RHI) predicted adverse cardiovascular events in patients without known coronary artery disease [6], and we have reported that the RHI was useful for identifying patients who were at high risk for ischemic heart disease [7, 8].

Chronic kidney disease (CKD) is thought to be associated with atherosclerosis, cardiovascular events, increased platelet activation, and reduced platelet inhibition by DAPT [9, 10], and coronary heart disease is a major cause of death for CKD patients [11]. Recently, we have demonstrated

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that endothelial function is significantly correlated with the presence of coronary heart disease and is an independent predictor of future cardiovascular events in the CKD patients [12]. The predictive effect of peripheral endothelial function might vary between CKD and non-CKD patients, and the association of peripheral endothelial dysfunction with clinical outcome following PCI according to the presence of CKD is poorly understood.

The aim of the present study was thus to investigate the differential predictive effect of peripheral endothelial dysfunction on future subsequent cardiovascular events in patients undergoing PCI between CKD and non-CKD.

Materials and methods

The study complied with the Declaration of Helsinki regarding investigation in humans was approved by our institutional review committee and was conducted in accordance with the guidelines of an ethics committee. Written informed consent was obtained from all patients.

Study population

This was a single-center study and a total of 600 consecutive patients who underwent PCI from January 2009 to November 2012 in our hospital were eligible. We excluded patients treated with thrombolytic agents, ticlopidine, sarpogrelate, or cilostazol and patients with deep vein thrombosis, atrial fibrillation, collagen disease, liver dysfunction, and malignant diseases. All patients underwent cardiac catheterization and PCI during hospitalization, and they received DAPT with maintenance doses of 100 mg/day of aspirin and 75 mg/day of clopidogrel after a loading dose of 300 mg of clopidogrel. The estimated glomerular filtration rate (eGFR) was calculated according to the new Japanese equation: $eGFR \text{ (mL/min/1.73 m}^2) = 194 \times \text{serum creatinine}^{-1.094} \times \text{age}^{-0.287} \times 0.739 \text{ (if female)}$ [13]. The time point of eGFR measurement was before the PCI. We defined CKD as $eGFR < 60 \text{ mL/min/1.73 m}^2$ in this study.

Smoking status was determined via an interview. Subjects were classified as having hypertension if they were receiving drug treatment for hypertension or if they had a systolic pressure of at least 140 mmHg or a diastolic pressure of at least 90 mmHg. Dyslipidemia was defined as low-density lipoprotein $\geq 140 \text{ mg/dL}$, high-density lipoprotein $< 40 \text{ mg/dL}$, or triglyceride $\geq 150 \text{ mg/dL}$ and diabetes as a 2-h glucose tolerance test finding of at least 200 mg/dL or a fasting glucose level of $\geq 126 \text{ mg/dL}$, HbA1c $\geq 6.5 \%$, physician-diagnosed diabetes, and/or the use of diabetic medication. Patients who had an ankle-brachial index value of < 0.90 in either leg were categorized as having peripheral

arterial disease (PAD). Acute coronary syndrome (ACS) was defined as either an acute myocardial infarction (ST-elevation myocardial infarction or non-ST-elevation myocardial infarction) or unstable angina pectoris according to the American College of Cardiology/American Heart Association guidelines [2, 3].

Assessment of endothelial function by reactive hyperemia-peripheral arterial tonometry

Peripheral endothelial function was assessed by reactive hyperemia-peripheral arterial tonometry (RH-PAT) using the EndoPAT2000 system (Itamar Medical, Caesarea, Israel). RH-PAT measurement is largely operator-independent, and a computerized algorithm with an online system automatically calculated the RH-PAT index (RHI); thus, there was minimal interoperator and intraoperator variability. The RH-PAT studies were performed as described previously [7]. Since RHI values are not normally distributed, we calculated the natural logarithmic (Ln)-RHI values for statistical analyses. [7, 14]. Previous studies demonstrated that RH-PAT technology has excellent reproducibility [15, 16].

Follow-up

After coronary stent implantation, patients were followed prospectively at outpatient clinics until October 2013 or until an endpoint occurred. We performed follow-up angiography 6 to 9 months after the procedure. Cardiovascular events were ascertained from a review of medical records and confirmed by direct contact with the patients, their families, and physicians. The endpoint was a composite of cardiovascular death, nonfatal myocardial infarction, ischemic stroke, hospitalization due to unstable angina pectoris, and coronary revascularization. Cardiovascular death was defined as death due to myocardial infarction, congestive heart failure, or documented sudden cardiac death. We used the universal definition of myocardial infarction in this study [17]. The diagnosis of ischemic stroke was based on clinical and radiological evidence of stroke. Coronary revascularization was defined as emergent revascularization for unexpected hospitalization. Revascularization therapy based only on angiographic data, including PCI-mediated restenosis, was not counted as a cardiovascular event. For subjects who had more than 2 cardiovascular events, only the first event was considered in the analysis.

Statistical analysis

The Shapiro–Wilk test was used to assess the normal distribution of continuous data. Continuous variables with a normal distribution are expressed as the mean \pm SD.

Categorical data are presented as numbers or percentages. Differences between 2 groups were tested using Fisher's exact test for categorical variables. Differences in continuous variables were analyzed by the unpaired *t* test or the Mann–Whitney *U* test, as appropriate. We used the Kaplan–Meier method to estimate the cardiovascular event probabilities at 1730 days, and we also used the log-rank test to compare distributions of survival times among groups. Cox proportional hazard models were used to calculate hazard ratios (HRs) and to test for the interaction between CKD and RHI. The results of this analysis are expressed as HRs for comparison of risk with 95 % confidence intervals (CIs). Univariate analysis was performed using clinical variables that are considered to be associated with cardiovascular events (RHI, male, age, body mass index, ACS, hypertension, dyslipidemia, diabetes, current smoking, previous myocardial infarction, previous stroke, and PAD). Clinical variables with a *P* value <0.05 were subsequently entered into multivariate analysis. A *P* value <0.05 was considered to denote the presence of a statistically significant difference, and the *P* value <0.1 was considered significant for the interaction analysis. Statistical analyses were performed using SPSS version 22 software (IBM Institute Inc., USA).

Results

A total of 435 patients were enrolled in this study, and patients were divided into the CKD group (*n* = 150) and the non-CKD group (*n* = 285). The mean eGFRs in the CKD and non-CKD groups were 46 ± 11 and 76 ± 13 , respectively (*P* < 0.001). The mean Ln-RHI was 0.58 ± 0.24 and the median Ln-RHI was 0.54 in the total subjects. Patients were subsequently divided by the median Ln-RHI into low- and high-RHI patients. Table 1 lists the clinical characteristics of the CKD group and the non-CKD group according to the RHI state. Clinical characteristics were similar between low- and high-RHI subjects in both CKD and non-CKD groups, except for medication of ACE-I/ARB in the non-CKD group. The mean Ln-RHI in the CKD and non-CKD groups were 0.59 ± 0.24 and 0.58 ± 0.25 , respectively (*P* = 0.91). There were no patients who experienced contrast-induced nephropathy.

The data of 435 patients were available for analyzing cardiovascular events. The mean follow-up period was 927 days and the median follow-up period was 923 days. We followed patients up to 1730 days in this study. A total of 56 patients suffered a cardiovascular event. Details of

Table 1 Clinical characteristics of the CKD and non-CKD group according to the RHI state

	CKD (<i>n</i> = 150)			Non-CKD (<i>n</i> = 285)		
	Low RHI (<i>n</i> = 76) (%)	High RHI (<i>n</i> = 74) (%)	<i>P</i>	Low RHI (<i>n</i> = 142) (%)	High RHI (<i>n</i> = 143) (%)	<i>P</i>
RHI value	1.53 (1.44–1.64)	2.01 (1.82–2.48)		1.5 (1.38–1.61)	2.03 (1.87–2.42)	
Male	52 (68.4)	49 (66.2)	0.862	101 (71.1)	103 (72.0)	0.896
Age (years)	72.5 ± 8.2	73.2 ± 7.8	0.62	66.8 ± 10.8	67.2 ± 10.9	0.772
eGFR	47.1 ± 9.8	45.6 ± 12.2	0.395	77.1 ± 13.1	75.8 ± 13.0	0.377
BMI	24.3 ± 3.6	24.0 ± 3.0	0.645	24.1 ± 3.7	23.8 ± 3.2	0.386
ACS	26 (34.2)	22 (29.7)	0.602	65 (45.8)	62 (43.4)	0.721
Diabetes	40 (52.6)	32 (43.2)	0.258	65 (45.8)	71 (49.7)	0.554
Hypertension	64 (84.2)	58 (78.4)	0.406	99 (69.7)	99 (69.2)	1.0
Dyslipidemia	52 (68.4)	53 (71.6)	0.723	110 (77.5)	105 (73.4)	0.492
Current smoking	14 (18.4)	7 (9.5)	0.158	36 (25.4)	25 (17.5)	0.114
Previous MI	17 (22.4)	9 (12.2)	0.131	21 (14.8)	17 (11.9)	0.491
Previous stroke	16 (21.1)	13 (17.6)	0.681	15 (10.6)	11 (7.7)	0.419
PAD	17 (22.4)	11 (14.9)	0.296	15 (10.6)	12 (8.4)	0.551
Hemodialysis	0 (0)	2 (2.7)	0.242	0 (0)	0(0)	NA
DES only	52 (68.4)	61 (82.4)	0.058	89 (62.7)	101 (70.6)	0.168
DES and BMS	6 (7.9)	5 (6.8)	1.0	6 (4.2)	14 (9.8)	0.103
Statin	74 (97.4)	68 (91.9)	0.164	136 (95.8)	131 (91.6)	0.223
β-blocker	65 (85.5)	60 (81.1)	0.516	103 (72.5)	113 (79.0)	0.216
ACE-I/ARB	61 (80.3)	57 (77.0)	0.692	106 (74.6)	85 (59.4)	0.008

Continuous variables of age, eGFR, and BMI were tested by unpaired *t* test and expressed as mean ± standard deviation

CKD chronic kidney disease, RHI reactive hyperemia-peripheral arterial tonometry (RH-PAT) index, BMI body mass index, ACS acute coronary syndrome, MI myocardial infarction, PAD peripheral arterial disease, ACE-I angiotensin-converting enzyme inhibitor, ARB angiotensin receptor blocker

the cardiovascular events are as follows: cardiovascular death ($n = 4$), nonfatal myocardial infarction ($n = 4$), stroke ($n = 5$), unstable angina ($n = 12$), and coronary revascularization ($n = 31$). The number of events for each group was 22 in the CKD group and 34 in the non-CKD group, respectively. Patients who suffered a cardiovascular event had significantly lower Ln-RHI than other patients in the non-CKD group (0.46 ± 0.18 versus 0.60 ± 0.25 ; $P = 0.002$). There was no significant difference in Ln-RHI between patients with and without cardiovascular events in the CKD group (0.56 ± 0.27 versus 0.59 ± 0.24 ; $P = 0.58$). In the Kaplan–Meier analysis, a significantly higher incidence of cardiovascular events in the low-RHI group was observed in the non-CKD group (log-rank test: $P = 0.003$) (Fig. 1a) but not observed in the CKD group (log-rank test: $P = 0.753$) (Fig. 1b).

The results of the univariate and multivariate Cox proportional hazards analysis for cardiovascular events are summarized in Tables 2 and 3. Multivariate Cox proportional hazard analysis identified Ln-RHI as an independent and significant predictor of future cardiovascular events only in the non-CKD group (HR: 0.096; 95 % CI 0.02–0.47; $P = 0.004$) but not in the CKD group. The P value of the interaction between CKD and RHI was 0.059.

Discussion

This is the first study to demonstrate the differential predictive effect of endothelial dysfunction on subsequent cardiovascular events after PCI between CKD and non-CKD. The findings of the present study are as follows: (1) A significantly higher incidence of cardiovascular events was observed in low-RHI patients in the non-CKD group. (2) Endothelial dysfunction is a significant and independent predictor of major cardiovascular events after PCI in the non-CKD group but not in the CKD group. Although there are several evidences of the relationship between endothelial dysfunction and atherosclerosis [18, 19], the effect of endothelial dysfunction in the subsequent cardiovascular events after PCI was still unclear. Previous studies have shown the correlation between endothelial function assessed by RH-PAT and coronary heart disease in high-risk patients, or it was reported that impaired endothelial function assessed by flow-mediated dilation (FMD) was associated with the risk of coronary restenosis after PCI [20], but there was insufficient data on the association between endothelial dysfunction and subsequent cardiovascular events in patients undergoing PCI.

At present study, we have revealed that the effect of peripheral endothelial dysfunction on clinical outcome is more important in the non-CKD patients than in the CKD patients. CKD is thought to be associated with

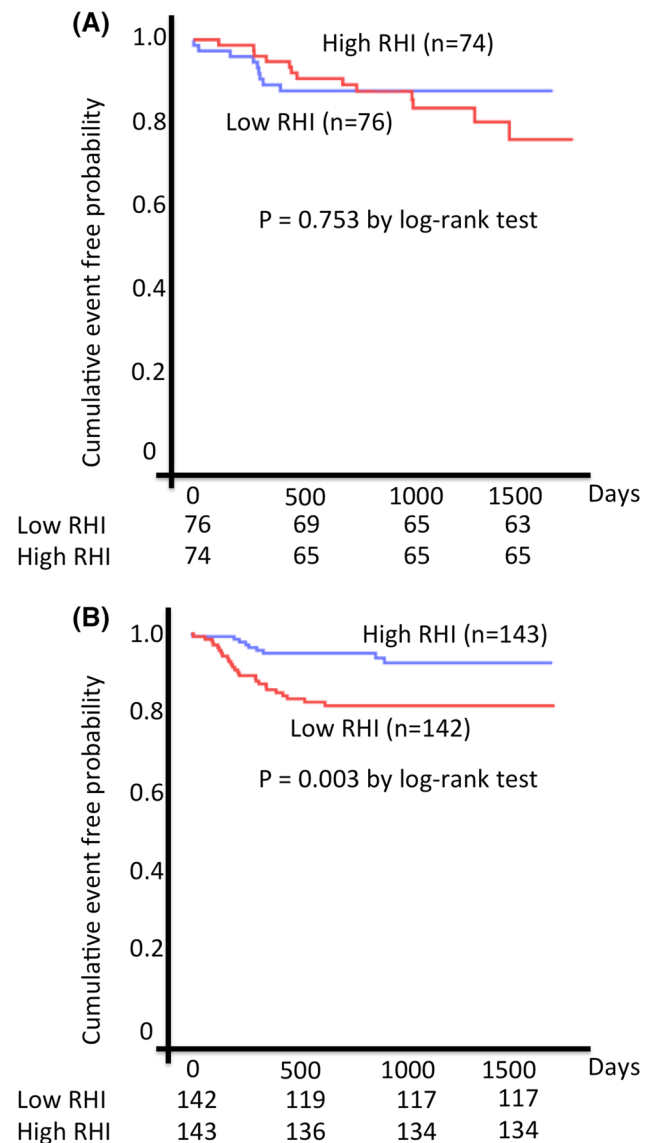


Fig. 1 Kaplan–Meier curves for primary composite endpoints during the follow-up period between low- and high-RHI groups in the CKD group (a) and the non-CKD group (b). Kaplan–Meier curves did not show a significant difference between low- and high-RHI patients in the CKD group (log-rank test: $P = 0.753$). On the other hand, patients with low RHI had a worse prognosis than patients with high RHI in the non-CKD group (log-rank test: $P = 0.003$). CKD chronic kidney disease, RHI reactive hyperemia-peripheral arterial tonometry (RH-PAT) index

atherosclerosis, increased platelet activation, reduced platelet inhibition by DAPT, and cardiovascular events [9], and in other studies, it was suggested that clinical factors like diabetes and CKD might modify the predictive effect of surrogate markers [21, 22]. Similarly, we hypothesized that the effect of peripheral endothelial dysfunction on clinical outcome might be different between CKD and non-CKD patients, and evidence for the association

Table 2 Predictors of clinical outcome by Cox proportional hazard model for the CKD group

Variables	Univariate analysis			Multivariate analysis		
	HR	95 % CI	P value	HR	95 % CI	P value
RHI	0.89	0.15–5.47	0.90			
Male	1.31	0.51–3.36	0.57			
Age (>71 years)	1.03	0.44–2.41	0.95			
BMI	0.88	0.76–1.01	0.074			
ACS	1.17	0.49–2.79	0.73			
Hypertension	0.48	0.19–1.18	0.11			
Dyslipidemia	0.40	0.18–0.93	0.034	0.37	0.16–0.86	0.021
Diabetes	1.12	0.49–2.59	0.79			
Current smoking	0.60	0.14–2.57	0.49			
Previous MI	2.88	1.21–6.86	0.017	3.17	1.32–7.6	0.01
Previous stroke	0.18	0.024–1.34	0.093			
PAD	1.75	0.68–4.46	0.25			

Ln-RHI natural logarithm of reactive hyperemia-peripheral arterial tonometry (RH-PAT) index, *BMI* body mass index, *ACS* acute coronary syndrome, *MI* myocardial infarction, *PAD* peripheral artery disease, *HR* hazard ratio, *CI* confidence interval

Table 3 Predictors of clinical outcome by Cox proportional hazard model for the non-CKD group

Variables	Univariate analysis			Multivariate analysis								
	HR	95 % CI	P value	Model 1			Model 2			Model 3		
				HR	95 % CI	P value	HR	95 % CI	P value	HR	95 % CI	P value
RHI	0.068	0.012–0.37	0.002	0.096	0.02–0.47	0.004	0.074	0.014–0.40	0.002	0.081	0.016–0.41	0.002
Male	0.47	0.24–0.93	0.029	0.54	0.27–1.08	0.08				0.55	0.28–1.09	0.086
Age (>71 years)	2.44	1.23–4.83	0.011	2.05	1.02–4.11	0.043	2.23	1.12–4.47	0.023	2.08	1.04–4.18	0.039
BMI	0.91	0.82–1.01	0.068									
ACS	1.65	0.84–3.24	0.15									
Hypertension	2.69	1.04–6.96	0.041	2.23	0.85–5.88	0.11						
Dyslipidemia	1.61	0.67–3.89	0.29									
Diabetes	1.44	0.73–2.83	0.29									
Current smoking	0.49	0.17–1.39	0.18									
Previous MI	0.59	0.18–1.93	0.38									
Previous stroke	3.06	1.33–7.02	0.008	2.55	1.08–6.03	0.033	2.35	1.01–5.47	0.048			
PAD	3.36	1.52–7.42	0.003	2.12	0.92–4.89	0.077	2.44	1.08–5.51	0.032	2.79	1.25–6.21	0.012

Abbreviations as in Table 2

between endothelial dysfunction and clinical outcome according to the presence or absence of CKD was insufficient. Thus, in the present study, we have demonstrated that CKD status modifies the prognostic effect of peripheral endothelial dysfunction in patients undergoing PCI, and the role of endothelial function as a surrogate marker of clinical outcome is more important in non-CKD patients.

It is reported that peripheral endothelial dysfunction correlates with the presence of coronary heart disease and is an independent predictor of adverse cardiovascular event in CKD patients with at least one coronary risk factor [12].

Because there are not enough reports on this issue, it is unclear why peripheral endothelial dysfunction is associated with increased risk of cardiovascular events only in the non-CKD group but not in the CKD group in the present study. The presence of CKD is reported to be one of the predictive factors of clinical outcome in patients with stent implantation [23], and clinical studies have suggested that CKD itself contributes to high residual platelet reactivity [9]. Thus, it is possible that the contribution of CKD status may be considerable and might have outweighed the influence and impact of peripheral endothelial dysfunction in CKD patients at the present study.

Endothelial function is associated with the maintenance of vascular tone, thrombosis, platelet adhesion, vasculature-blood cell homeostasis, and impaired endothelial function is an early and fundamental event in the development of atherosclerosis [19]. Assessment of endothelial function by FMD or RH-PAT might be more useful for the patients without co-morbidities such as coronary heart disease. However, at the present study, we have shown that impairment of endothelial function is independently associated with clinical outcome in high-risk patients requiring PCI. This observation suggests that endothelial dysfunction is still a useful surrogate marker in such high-risk patients and more careful management of cardiovascular risk factors is indicated in patients with endothelial dysfunction undergoing PCI. However, the present study suggested that the predictive effect of endothelial function varied according to the presence or absence of CKD. Thus, more careful observation is needed to follow up patients without co-morbidities such as CKD and with endothelial dysfunction. Endothelial function could be improved by appropriate medications and lifestyle interventions [24, 25], and treatment of coronary risk factors by optimal medications could lead to improvement of endothelial dysfunction, attenuate enhanced platelet aggregation, and reduce cardiovascular events. Further study is needed to clarify our findings.

Study limitations

One limitation of this study is that it was performed in a single center. Compared with previous Western studies, the number of patients was small, and the study may have been underpowered to detect a difference in the clinical event rate. Therefore, a large multiracial and multicenter study is required to confirm our results. In addition, patients characteristics of medications of ACE-I/ARB were different between low- and high-RHI patients in the non-CKD group. At the study design, we did not plan to use drug prescriptions as variables of cox proportional hazard model, and we cannot deny that this difference might influence clinical outcome. In this study, we did not take the severity of coronary artery disease into account nor did compare that between high- and low-RHI groups. The severity of coronary artery disease might influence the incidence of composite endpoint. Moreover, the implantation of drug-eluting stent might worsen endothelial function. Thus, we cannot deny the possibility that the use of drug-eluting stent might influence the study results. Further continuous clinical studies are necessary.

Conclusions

There was a differential effect of peripheral endothelial dysfunction on clinical outcome after PCI between CKD

and non-CKD patients, and peripheral endothelial dysfunction significantly correlates with subsequent cardiovascular events after PCI in non-CKD patients.

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Compliance with ethical standards

Conflict of interest None.

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