


Histone methylation in the freeze-tolerant wood frog (*Rana sylvatica*)

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Abstract Freeze-tolerant animals survive sub-zero temperatures and long-term starvation associated with the winter by lowering their metabolic rate using a variety of transcriptional, translational, and post-translational regulatory methods. Histone methylation is one mechanism that is known to regulate gene expression at the transcriptional level. Here, we measured relative protein levels of seven histone methyltransferases (SMYD2, SETD7, ASH2L, RBBP5, SUV39H1, EHMT2, and SET8), four methylated histone H3 residues (H3K4me1, H3K9me3, H3K27me1, and H3K36me2), the methyltransferase activity on H3K4, and methylation of p53 (p53K370me2 and p53K372me1) in the skeletal muscle and liver of the freeze-tolerant wood frog (*Rana sylvatica*) during the freeze–thaw cycle. Overall, the results reveal a tissue-specific expression of histone methyltransferases and the methylation sites on histone H3 during freezing and thaw. In liver, H3K4me1 significantly decreased during freezing, H3K9me3 remained constant across conditions, H3K27me1 increased only during thaw, and H3K36me2 increased during freezing and then decreased during thaw ($p < 0.05$, $n = 4$). In skeletal muscle, H3K4me1 and H3K27me1 both decreased during freezing, whereas H3K9me3 and H3K36me2 were maintained across freezing and thaw ($p < 0.05$, $n = 4$). Methylation of p53 was also tissue-specific, where no changes were seen in liver tissue; however, p53 in skeletal muscle was differentially methylated. Overall, these results provide an evidence

for the potential role methylation of histones and non-histone proteins play in freezing survival and entrance into a hypometabolic state.

Keywords Histone methylation · Freeze tolerance · *Rana sylvatica* · Metabolic rate depression · Epigenetics

Introduction

One of the most well-studied naturally freeze-tolerant vertebrates is the wood frog, *Rana sylvatica* (Storey and Storey 1984, 1988; Layne and Lee 1987; Lee et al. 1992). This animal enacts multiple adaptations to survive full-body freezing, including control of ice crystal formation using ice nucleating proteins, accumulation of massive amounts of intracellular glucose to prevent intracellular ice and maintain cell volume, and, perhaps, most crucially, a drastic reduction in metabolic rate to survive long periods while frozen (Storey 1984; Storey and Storey 1985; Wolanczyk et al. 1990; Costanzo et al. 1993). These mechanisms allow the wood frog to recover from days to weeks at sub-zero temperatures with up to ~65% of total body water frozen (Lee et al. 1992).

At sub-zero temperatures, ice crystal formation causes the onset of ischemia in the wood frog due to the cessation of breathing and blood flow. This produces a switch to anaerobic glycolysis in the form of lactic acid fermentation, which the wood frog must rely on for ATP generation for days to weeks until thawing occurs. As a result, all cellular energetic requirements depend on internal glucose stores accumulated before ice nucleation begins. Since the animal is limited to a finite supply of energy, reprioritization of ATP expenditure to only essential processes occurs

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until thawing takes place, resulting in global metabolic rate depression for the duration of the freezing period.

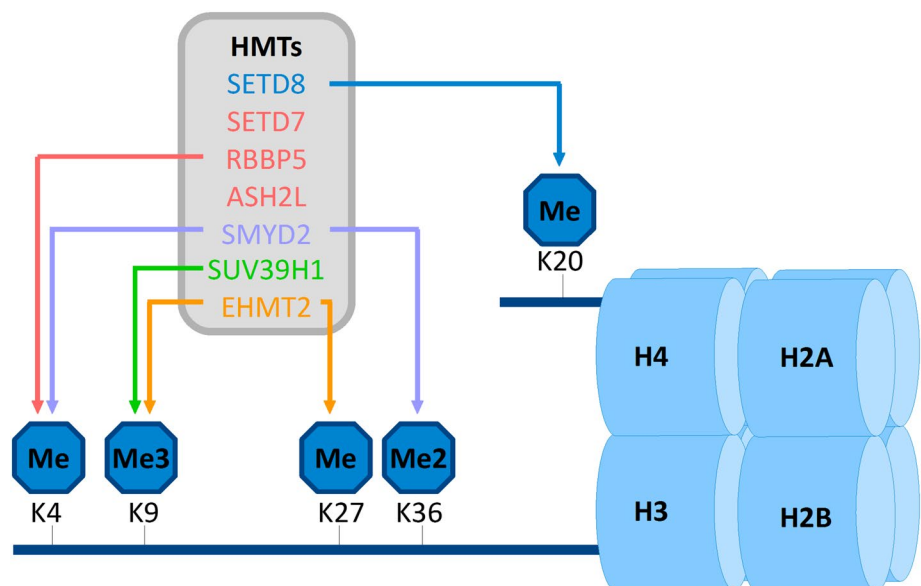
Some of the most energetically expensive processes are gene expression and protein synthesis. These two cell processes use 1–10% of the total energy production of the cell (Rolfe and Brown 1997) and, thus, are key targets for stringent regulation during periods of environmental stress (Land et al. 1993; Frerichs et al. 1998; Fuery et al. 1998; Storey and Storey 2004). Given that the expression of some genes is necessary for survival, the reduction of transcription and translation is done in a selective manner. Genes that are vital for surviving freezing temperatures, such as fibrinogen, antioxidants, novel freeze-responsive genes, and anti-apoptotic genes (Joanisse and Storey 1996; Cai and Storey 1997a, b; McNally et al. 2002, 2003; Gerber et al. 2016) are upregulated, while those unnecessary due to energy expenditure limitations, such as those involved in cell cycle progression, and glycolysis, are downregulated (Storey 1987a; Zhang and Storey 2012). Given the importance of controlling transcription at the global level in these animals, we have begun to explore the role that epigenetics play in the wood frog, and other species that undergo metabolic rate depression.

Epigenetics refers to heritable, molecular mechanisms that are capable of altering gene expression without changing the DNA sequence (Wolffe and Matzke 1999). There are two main categories of epigenetic mechanisms: DNA methylation, and histone modification. DNA methylation occurs mainly on the 5th position of cytosine residues (5mC), and is generally associated with silencing gene expression (Bogdanović and Veenstra 2009). Similar to DNA, histones can be modified by the addition of methyl

groups, as well as a host of other chemical modifications, resulting in a multitude of transcriptional consequences (Peterson and Laniel 2004). Recent evidence has shown that epigenetic mechanisms are vital during times of cellular stress and environmental perturbation (Storey 2015). In the context of metabolic rate depression, DNA methylation and histone acetylation have shown to be differentially regulated between control and hypometabolic states in a variety of animals such as hibernating squirrels (Biggar and Storey 2014) and anoxia tolerant turtles (Krivoruchko and Storey 2010; Wijenayake and Storey 2016). The results from these animals lead to the idea that other epigenetic mechanisms, such as histone methylation, may also be involved in the coordinated regulation of metabolic rate depression.

Histone methylation is one such mechanism that has been strongly linked to transcriptional regulation (Zhang and Reinberg 2001; Kouzarides 2002; Martin and Zhang 2005; Liu et al. 2010; Greer and Shi 2012). The methylation of histones is carried out by histone methyltransferases (HMTs) specific to each residue (Fig. 1). The addition of uncharged methyl groups to certain amino acid residues creates effector protein binding sites (Lachner et al. 2001; Kim et al. 2006; Kouzarides 2007; Adams-Cioaba and Min 2009). The creation of new binding sites, therefore, allows histone methylation to act as either a transcriptional activator or repressor, depending on which proteins are recruited. Up to three methyl groups can be added to each histone lysine residue, resulting in mono-, di-, or tri-methylation (me1, me2, and me3, respectively). Each lysine residue, and the degree to which it is methylated, can have functionally distinct outcomes within the nucleus. For instance,

Fig. 1 Histone lysine residues methylated by histone methyltransferases. Histone methyltransferases (HMTs) such as SETD7, RBBP5, ASH2L, SMYD2, SUV39H1, EHMT2, and SET8 transfer methyl groups from *S*-adenosyl methionine (SAM) to recipient histone lysine residues. Each residue can accept up to three methyl groups (me1, me2, and me3, respectively)



active gene transcription and euchromatin has been strongly associated with mono-methylation of lysine 4 and mono-methylation of lysine 27 of histone H3 (H3K4me1 and H3K27me1, respectively) (Schneider et al. 2004; Martin and Zhang 2005), whereas gene silencing and heterochromatic regions are linked to tri-methylation of lysine 9 and di-methylation of lysine 36 (H3K9me3 and H3K36me2, respectively) (Peters et al. 2002; Keogh et al. 2005; Youdell et al. 2008; Li et al. 2009; Hsia et al. 2010). The role of histone methylation in metabolic rate depression and freeze tolerance has yet to be elucidated, and like other epigenetic processes mentioned previously, may regulate the hypometabolic state.

Lysine methylation is not limited to histone proteins, but rather has been shown to regulate non-histone targets, and influence a wide variety of signaling pathways and cellular processes (reviewed in Biggar and Li 2015). One of the many transcription factors that are regulated by lysine methylation is p53 (Chuikov et al. 2004; Huang et al. 2006; Shi et al. 2007). Lysine 370 and 372 both act to increase activity and stability of p53 when di- and mono-methylated, respectively (p53K370me2 and p53K372me1). Given that p53 is involved in cell cycle arrest, DNA damage repair, and apoptosis signaling, all of which have implications for freeze tolerance and metabolic rate depression, the methylation of p53 is of particular interest in the context of this study.

This study presents the first exploration of site-specific histone methylation in the context of freeze tolerance in *R. sylvatica*. The protein expression levels of seven histone methyltransferases (SETD7, RBBP5, ASH2L, SMYD2, SUV39H1, EHMT2, and SET8), global levels of corresponding methylated histone residues (H3K4me1, H3K9me3, H3K27me1, and H3K36me2), non-histone targets (p53K370me2 and p53K372me1), and total methyltransferase enzymatic activity on H3K4 were measured in the liver and skeletal muscle of *R. sylvatica* in response to 24 h freezing and 8 h thaw. Overall, the results show tissue-specific changes in HMTs and HMT target expression levels, as well as changes in HMT activity under freezing conditions.

Materials and methods

Animal care and treatment

Male wood frogs (*R. sylvatica*) were caught during the spring from breeding ponds in Ottawa, Ontario, kept in coolers with crushed ice from the edges of the ponds, and transported to Carleton University. All frogs were washed in tetracycline and then placed in plastic containers with sphagnum moss for 1 week in an incubator at 5 °C. Control

frogs were sampled from this condition after the 1 week period.

For the frozen condition, frogs were placed in a plastic container with damp paper towel and put into an incubator at −4.0 °C for 45 min to lower the frog's body temperature to below zero. The temperature was then raised to −2.5 °C for 24 h and frogs were randomly selected for sampling. The remaining frogs were placed back into an incubator at 5 °C for 8 h to allow thawing before sampling.

Control, 24 h frozen, and 8 h thaw frogs were euthanized by pithing, and then, skeletal muscle and liver tissues were excised and flash frozen in liquid N₂ for a total of $n=4$ of each tissue per condition. All tissues were then stored at −80 °C for future use.

All protocols were conducted with permission of the Carleton University Animal Care Committee and within the guidelines of the Canadian Council on Animal Care.

Total protein extraction

Muscle and liver tissues from control, 24 h frozen, and 8 h thaw conditions were weighed, then crushed with a mortar and pestle in liquid N₂ and homogenized with a P10 homogenizer, 1:2 w/v in chilled homogenization buffer (20 mM HEPES, 200 mM NaCl, 0.1 mM EDTA, 10 mM NaF, 1 mM Na₃VO₄, and 10 mM β-glycerophosphate, pH 7.4) with a few crystals of PMSF and 1 μL/mL of protease inhibitor (Catalogue # PIC002; BioShop Canada Inc., Burlington, ON, Canada). The homogenates were then centrifuged at 10,000×g for 15 min at 4 °C and the supernatant containing the soluble proteins was collected as samples. Total protein concentration for each sample was determined using the BioRad protein assay (Catalogue # 5000002; BioRad Laboratories, Hercules, CA, USA) at 595 nm on an MR5000 microplate reader (Dynatech Laboratories, Chantilly, VA, USA). Concentrations were then adjusted to 10 μg/μL using the same homogenization buffer as before. Aliquots of samples were taken at this stage to be used for HMT activity assays. The remaining sample volumes were used for western blotting. These samples were mixed 1:1 v/v with SDS buffer (100 mM Tris-base, 4% w/v SDS, 20% v/v glycerol, 0.2% w/v bromophenol blue, and 10% v/v 2-mercaptoethanol), ending with a final concentration of 5 μg/μL. All samples were then boiled in a water bath for 10 min to fully denature and linearize the proteins. Samples were stored at −40 °C until use.

Western blotting

Equal amounts of control, 24 h frozen, and 8 h thaw (15–40 μg, depending on tissue, and protein to be probed) were loaded into 6–15% discontinuous SDS–polyacrylamide gels (percentage of acrylamide in resolving gel

dependent on size protein to be probed) with 4 μL of PiNK Plus pre-stained protein ladder (10.5–175 kDa; Catalogue # PM005-0500K; FroggaBio, Toronto, ON, Canada). The upper stacking gel (pH 6.8) was comprised of 5% acrylamide v/v in pH 6.8 Tris buffer (1 M Tris) with 0.1% SDS (Sodium dodecyl sulfate), 0.1% APS (ammonium persulfate), and 0.1% TEMED (*N,N,N',N'*-Tetramethylethane-1,2-diamine), whereas resolving gels were 6–15% acrylamide v/v in pH 8.8 Tris buffer (1.5 M Tris), with 0.1% SDS, 0.1% APS, and 0.1% TEMED.

Loaded gels were run in the BioRad Mini Protean III system (BioRad Laboratories, Hercules, CA, USA) for 30–150 min at 180 V in running buffer (25 mM Tris-base, 190 mM glycine, 0.1% w/v SDS, pH 7.6). Proteins from the gels were then transferred onto 0.45 μm pore PVDF membranes by electroblotting at room temperature for 60–180 min at 160 mA in 1X transfer buffer (25 mM Tris-base, 192 mM glycine 10% v/v methanol, pH 8.5).

To prevent non-specific binding of primary and secondary antibodies, the membranes were incubated with skim milk (1–10%, on a rocker at room temperature for 30 min) in 1X TBST (20 mM Tris-base, 140 mM NaCl, 0.05% Tween-20) or M_w 30,000–70,000 PVA (1 mg/mL, on a rocker at room temperature for 30–90 s) in 1X TBST. Membranes were then probed with primary antibodies (1:1000 v/v dilution in 1X TBST) at 4°C for 18 h. Blots were washed 3×5 min with 1X TBST and probed with HRP-conjugated goat anti-rabbit secondary antibodies (1:8000 v/v dilution in TBST; Catalogue # APA002P, BioShop Canada Inc., Burlington, ON, Canada) at room temperature for 30 min. Membranes were washed 3×5 min again in 1X TBST and were visualized by chemiluminescence (1:1 v/v H_2O_2 , Luminol) using the ChemiGenius Bio Imaging System (Syngene, Frederick, MD, USA). Membranes were then stained with Coomassie blue (0.25% w/v Coomassie brilliant blue, 7.5% v/v acetic acid, 50% methanol) to visualize all protein bands for loading standardization. Histone methyltransferase antibodies were purchased from Cell Signal (Lysine Methyltransferase Antibody Sampler Kit-#8694). Antibodies for H3K4me1 and H3K9me3 were purchased from Abcam (H3K4me1-ab8895; H3K9me3-ab8898), and antibodies for H3K27me1 and H3K36me2 were purchased from ActiveMotif (H3K27me1-39890; H3K36me2-39256). The primary antibody for p53 was purchased from Abcam (Catalogue # ab28), p53K370me2 was purchased from Ameritech Biomedicines (Catalogue # ATB-H0007), and the antibody for p53K372me1 was from Genetex (Catalogue # GTX117515).

HMT activity assays

Total methyltransferase activity on H3K4 was measured using the EpiQuik Histone Methyltransferase Activity/

Inhibition Assay Kits (Epigentek, Catalogue # P-3002-96) following the manufacturer's instructions. Activity on H3K4 was chosen for three reasons: (1) the HMTs that methylate H3K4 were shown to be consistently downregulated in both tissues, (2) levels of H3K4me1 were significantly decreased in both tissues, and (3) the connection between H3K4me1 and transcription activation has been concretely determined. Briefly, a dilution curve ranging from 20 to 100 μg of protein was tested using a pooled sample containing 10 μL of total protein extracts from each sample point to determine the linear range of protein needed for the assay. Based on the dilution curve, 30 and 60 μg of total protein extracts from liver and skeletal muscle, respectively, of control, 24 h frozen, and 8 h thaw wood frog tissue were incubated with the supplied adomet (Epigentek), and biotinylated substrate (Epigentek) in the provided 96-well microplate for 60 min at 37°C. Along with the protein samples, in each run, a blank well was prepared by replacing total protein extracts with the provided assay buffer, and a positive control was prepared by replacing total protein extracts with the provided control enzyme (300 $\mu\text{g}/\text{mL}$; Epigentek). After incubation, each well was washed three times with 150 μL of 1X wash buffer. 50 μL of capture antibody provided with the kit (100 $\mu\text{g}/\text{mL}$; Epigentek) diluted 1:100 in 1X wash buffer was then added to each well and incubated for 60 min at room temperature on an orbital shaker. The wells were washed again three times with 150 μL of 1X wash buffer before adding 50 μL of supplied detection antibody (100 $\mu\text{g}/\text{mL}$; Epigentek) diluted 1:1000 in 1X wash buffer, and the wells were incubated for 30 min at room temperature. After a final five washes with 150 μL of 1X wash buffer, 100 μL of developing solution supplied with the kit was added to each well and incubated for 10 min at room temperature until the color of the positive control wells had reached a dark blue (indicating the presence of methylated histone H3K4). At this stage, 50 μL of the supplied stop solution was added to each well, and the sample wells were read using a microplate reader (Multiscan Spectrum, Thermo Labsystems) at 450 nm.

A standard curve was created by replacing total protein extracts with supplied HMT standard at different concentrations (0.1–5.0 ng/ μL) as per the manufacturer's instructions. The protein concentrations that were used fit on the linear portion of the standard curve, and the slope of this curve was calculated and used to calculate HMT activity using the following equation:

$$\text{Activity} \left(\frac{\text{ng}}{\text{h}} \right) = \frac{\text{OD}(\text{sample} - \text{blank})}{[\text{Protein amount} (\text{ug}) \times \text{incubation time}(\text{h}) \times \text{slope}]} \times 1000.$$

Quantification and statistics

Chemiluminescent protein bands on the immunoblots were quantified by densitometry using the ChemiGenius Bio Imaging System GeneTools Software (Syngene, Frederick, MD, USA). Band densities were standardized against the combined intensity of Coomassie blue stained bands in the same lane that did not show differential expression between conditions. Data for each experimental condition are expressed as mean ± SEM with *n* = 4 samples from different animals. Statistical analysis was performed by one-way ANOVAs and Tukey’s post-hoc test (*p* < 0.05) using SigmaPlot 12 statistical package software (Systat Software Inc., San Jose, CA, USA).

Results

HMT protein expression in response to 24 h freezing exposure and 8 h thaw

Relative protein expression levels of seven HMTs (SETD7, RBBP5, ASH2L, SMYD2, SUV39H1, EHMT2, and SET8) were measured in the liver (Fig. 2) and skeletal muscle (Fig. 3) of *R. sylvatica*. Control frogs are compared with frogs exposed to 24 h freezing temperatures and 8 h thaw. In liver (Fig. 2), SMYD2 and ASH2L were significantly downregulated to 30 ± 8 and 20 ± 2% of control, respectively, during 24 h freezing compared to the control (*p* < 0.05), and while ASH2L returned to above control levels (140 ± 13% of control levels), SMYD2 remained downregulated after 8 h thaw

Fig. 2 Effects of 24 h frozen and 8 h thaw on relative proteins levels of SETD7, RBBP5, ASH2L, SMYD2, SUV39H1, EHMT2, and SET8 methyltransferases in *R. sylvatica* liver as determined by Western immunoblotting. Data are mean ± SEM, *n* = 4 independent trials on samples from different animals. **a** Not significantly different from corresponding control. **b** Significantly different from corresponding control (*p* < 0.05). **c** Significantly different from corresponding control and 24 h frozen (*p* < 0.05)

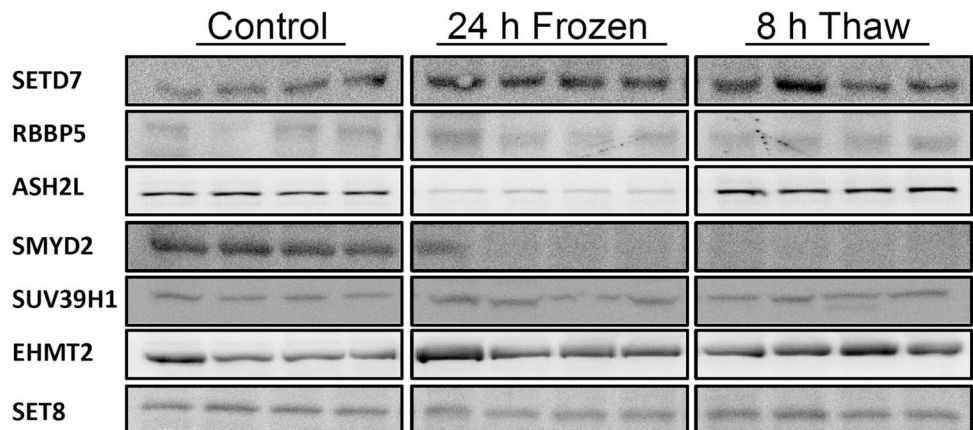
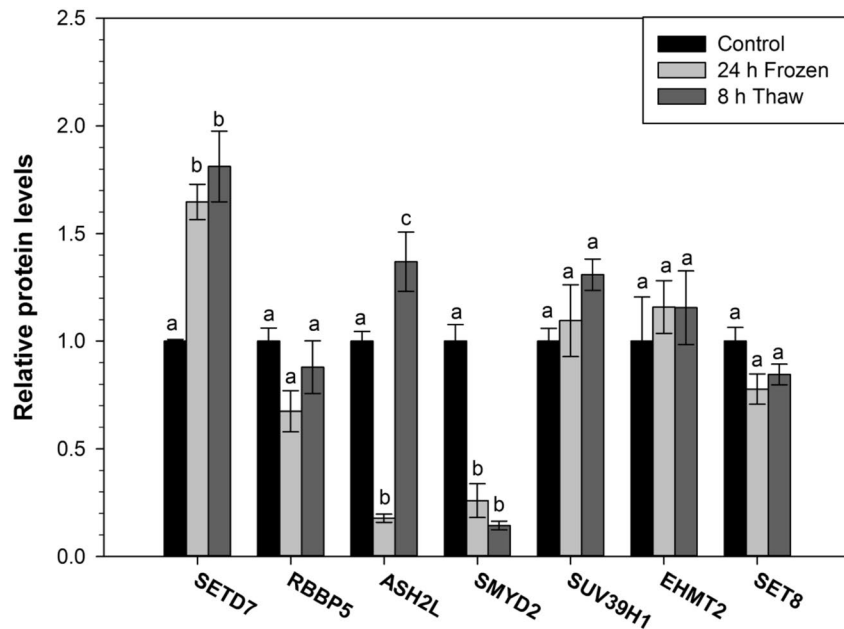
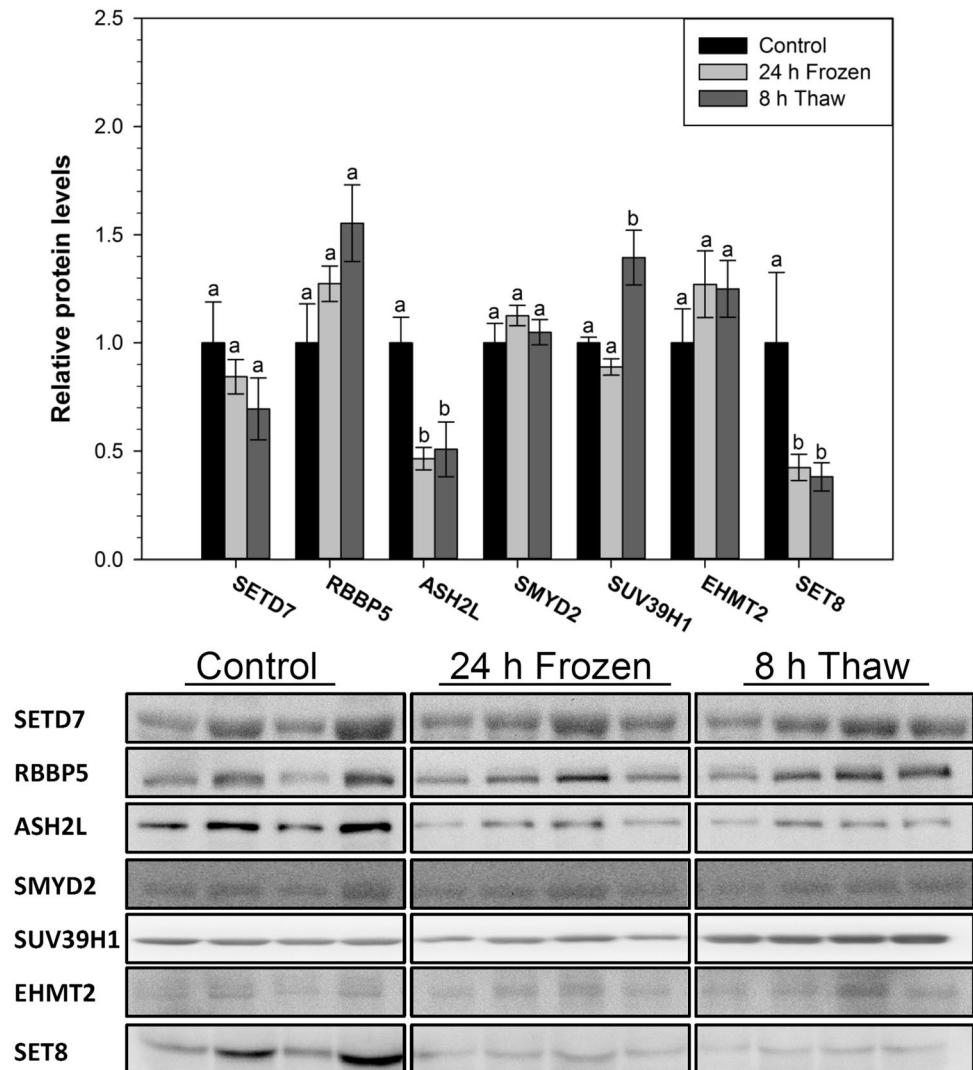


Fig. 3 Effects of 24 h frozen and 8 h thaw on relative proteins levels of SETD7, RBBP5, ASH2L, SMYD2, SUV39H1, EHMT2, and SET8 methyltransferases in *R. sylvatica* skeletal muscle. All other information as in Fig. 2



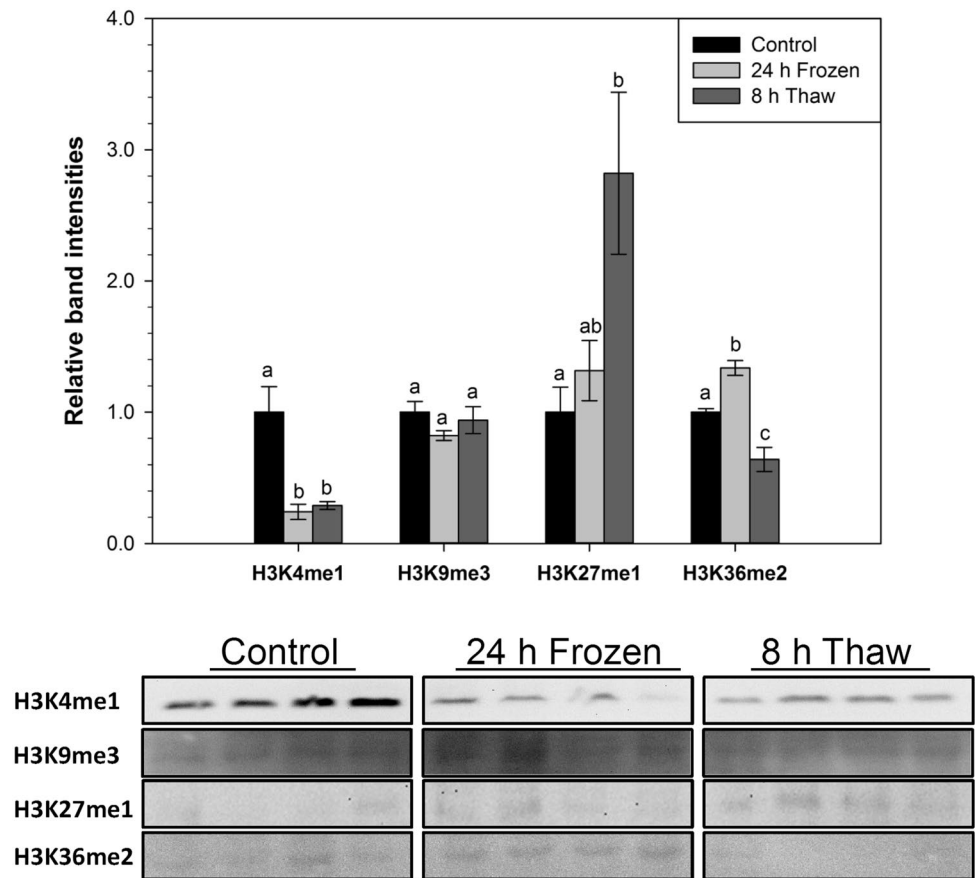
($10 \pm 2\%$ of control). RBBP5 did not change significantly across the three conditions, whereas SETD7 increased to $160 \pm 8\%$ of control values during 24 h freezing, and remained elevated at $180 \pm 16\%$ of control values during 8 h thaw compared to the control ($p < 0.05$). The HMTs that methylate H3K9 (SUV39H1, EHMT2) and SET8 remained unchanged.

In skeletal muscle (Fig. 3), ASH2L protein levels decreased to $50 \pm 5\%$ of control values during 24 h freezing ($p < 0.05$) and remained at that level during 8 h thaw ($50 \pm 13\%$ of control). SETD7, RBBP5, and SMYD2 showed no significant change across experimental conditions. As for the HMTs that methylate H3K9, SUV39H1 increased to $140 \pm 13\%$ of control values during 8 h thaw ($p < 0.05$), while EHMT2 had no significant change. SET8 decreased to $40 \pm 6\%$ of control values during 24 h freezing ($p < 0.05$) and remained at that level for 8 h thaw.

Analysis of methylated histone residues levels

Relative protein levels of H3K4me1, H3K9me3, H3K27me1, and H3K36me2 in liver (Fig. 4) and skeletal muscle (Fig. 5) were measured during control, 24 h freezing, and 8 h thaw conditions. In liver tissue, expression levels of H3K4me1 were observed to significantly decrease to $24 \pm 5\%$ of control values during 24 h freezing and remained decreased at $30 \pm 3\%$ during 8 h thaw ($p < 0.05$) compared to the control, whereas H3K9me3 did not change between the three conditions. Total levels of H3K27me1 did not change between control and 24 h freezing; however, it increased to $280 \pm 62\%$ of control values after 8 h thaw ($p < 0.05$). H3K36me2 increased significantly to $130 \pm 5\%$ of control values during 24 h freezing ($p < 0.05$) and then decreased to $60 \pm 9\%$ of the control value during 8 h thaw ($p < 0.05$).

Fig. 4 Effects of 24 h frozen and 8 h thaw on relative protein levels of H3K4me1, H3K9me3, H3K27me1, and H3K36me2 in *R. sylvatica* liver. All other information as in Fig. 2



H3K4me1 levels in skeletal muscle significantly decreased to 2 ± 1 and $4 \pm 1\%$ of control values during both 24 h freezing and 8 h thaw, respectively ($p < 0.05$) compared to the control. H3K9me3 levels remained constant across the three conditions. H3K27me1 decreased significantly to $20 \pm 4\%$ of control values during 24 h freezing and stayed at that level during 8 h thaw ($p < 0.05$), while H3K36me2 levels did not change between all experimental conditions.

Analysis of HMT activity

Total HMT activity levels on H3K4 were measured in total soluble protein extracts of liver and skeletal muscle (Fig. 6) comparing 24 h freezing and 8 h thaw to the control. In liver, total mono-methylating activity on H3K4 decreased significantly to $20 \pm 7\%$ of control values in 24 h freezing ($p < 0.05$) and $30 \pm 4\%$ of control values after 8 h thaw. The activity on H3K4 in skeletal muscle was also observed to decrease significantly to $50 \pm 10\%$ of control after 24 h freezing, and continued to decrease to $26 \pm 10\%$ of control values in response to an 8 h thaw ($p < 0.05$).

Relative levels of methylated p53 in response to freezing temperatures

The relative protein levels of total p53, p53K370me2, and p53K372me1 were measured in liver and skeletal muscle of *R. sylvatica* in control, 24 h frozen, and 8 h thaw frogs. In the liver (Fig. 7), total p53, p53K370me2, and p53K372me1 were not affected by freezing temperatures and subsequent thawing. In skeletal muscle (Fig. 8), total p53 did not change; however, relative levels of p53K370me2 increased to $200 \pm 13\%$ relative to the control ($p < 0.05$) during 24 h freezing, and increased further to $230 \pm 34\%$ during 8 h thaw. Levels of p53K372me1 decreased to $70 \pm 5\%$ of control values during 24 h freezing and continued to decrease to $40 \pm 1\%$ relative to the control in response to 8 h thaw.

Discussion

The wood frog, *R. sylvatica*, belongs to a small group of vertebrates that can survive full-body freezing over long periods of time. Although several biochemical adaptations

Fig. 5 Effects of 24 h frozen and 8 h thaw on relative protein levels of H3K4me1, H3K9me3, H3K27me1, and H3K36me2 in *R. sylvatica* skeletal muscle. All other information as in Fig. 2

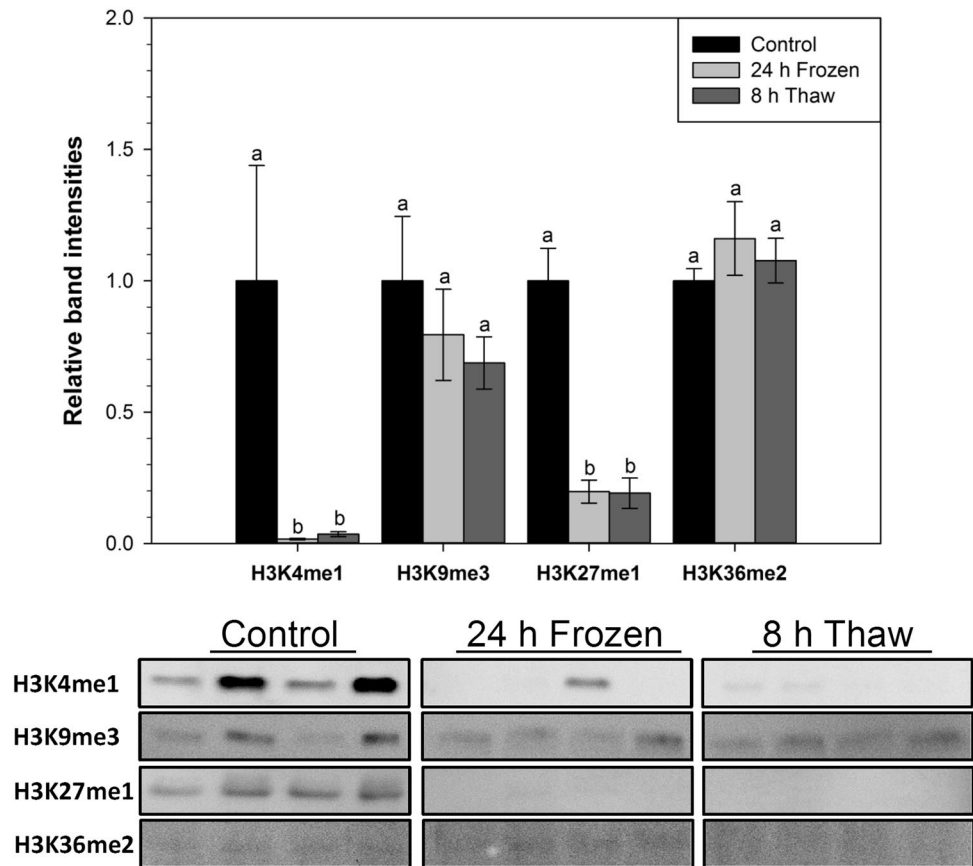
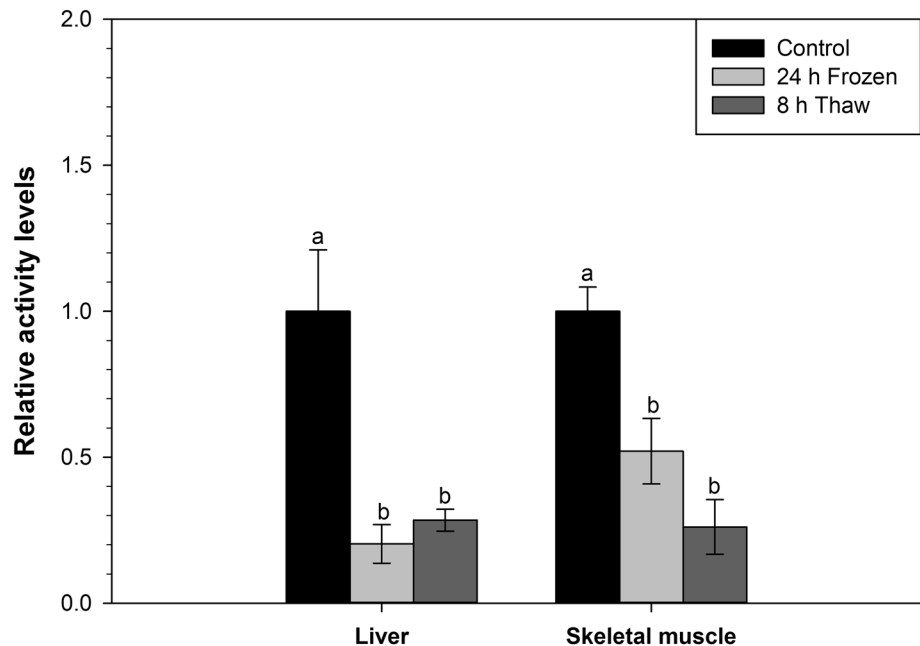


Fig. 6 Relative HMT activity on H3K4 in the liver and skeletal muscle of *R. sylvatica* comparing the effects of 24 h frozen and 8 h thaw. Enzyme activities are expressed in relative enzymatic activity levels. Data are mean \pm SEM, $n=4$ independent trials on samples from different animals. **a** Not significantly different from corresponding control. **b** Significantly different from corresponding control ($p < 0.05$). **a, b** Not significantly different from corresponding control and 24 h frozen ($p < 0.05$)



for freezing survival have been elucidated in the wood frog (Storey 1987b; Greenway and Storey 2000; Cowan and Storey 2001; Rider et al. 2006; Woods and Storey 2006; Dieni and Storey 2008, 2011; Zhang and Storey 2013; Abboud

and Storey 2013), the role of histone methylation has yet to be explored. Histone lysine methylation plays a major role in the regulation of protein expression and the overall function of these modifications depends on the residue and the

Fig. 7 Effects of 24 h frozen and 8 h thaw on relative protein levels of total p53, p53K370me2, and p53K372me1 in *R. sylvatica* liver. All other information as in Fig. 2

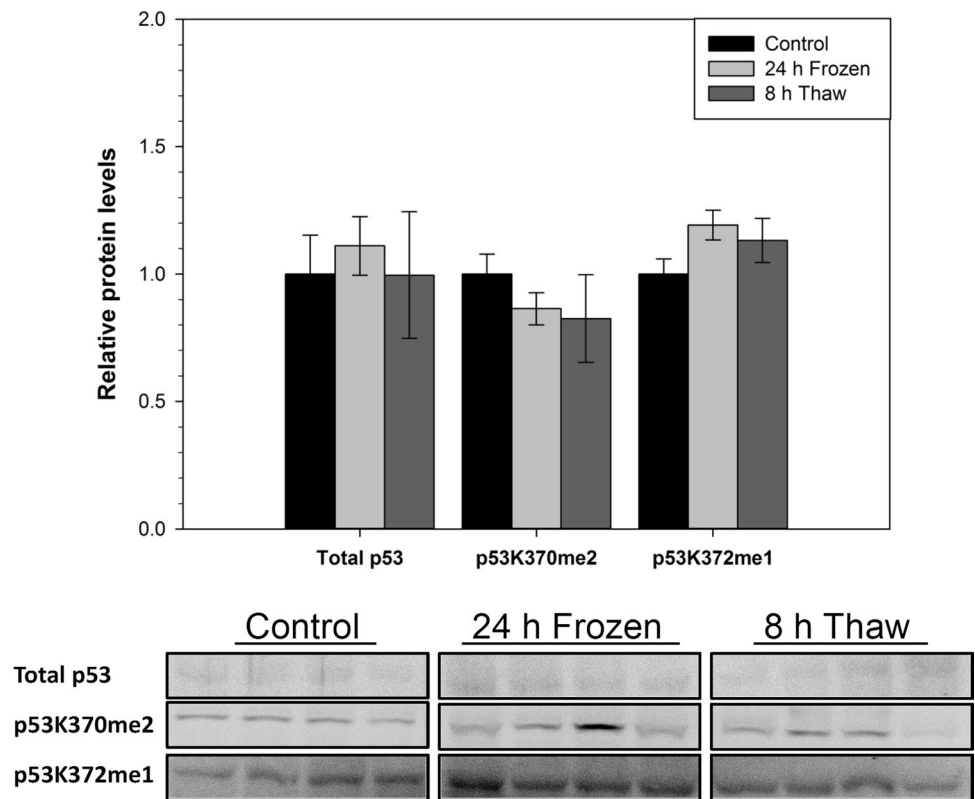
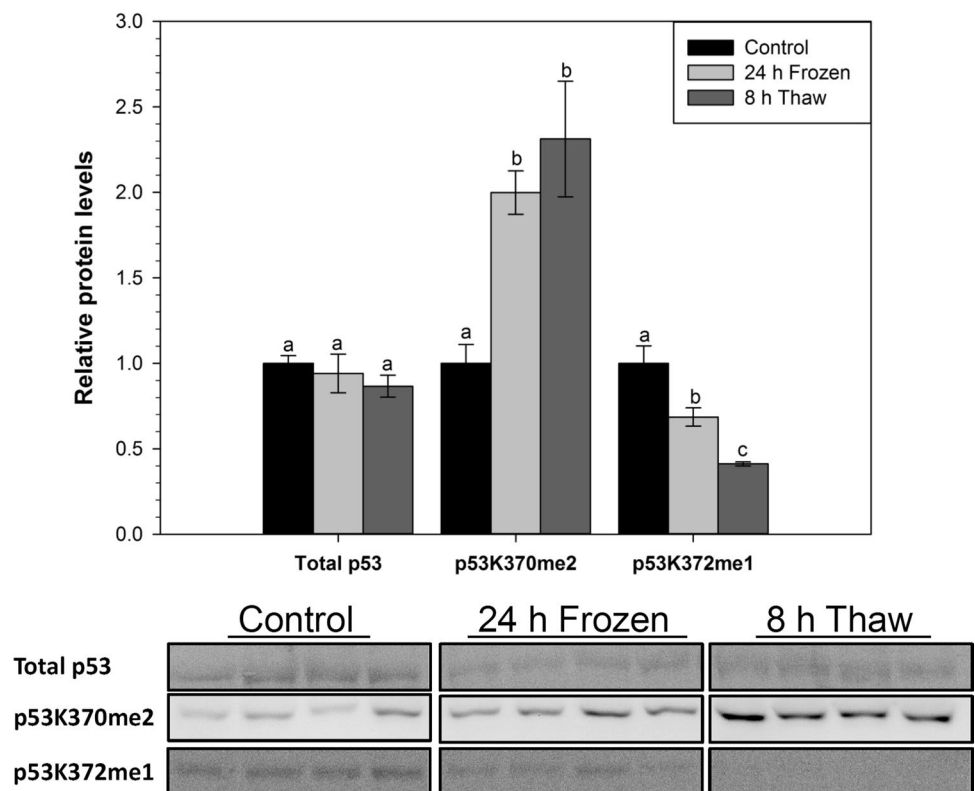


Fig. 8 Effects of 24 h frozen and 8 h thaw on relative protein levels of total p53, p53K370me2, and p53K372me1 in *R. sylvatica* skeletal muscle. All other information as in Fig. 2



degree to which it is methylated. This gives histone modifications both a transcriptional activator and repressor role (Kouzarides 2002, 2007), making it of particular interest in the wood frog as many genes are differentially regulated in response to freeze temperatures.

The HMTs that methylate H3K4 (SETD7, RBBP5, ASH2L, and SMYD2) showed either a significant downregulation or no change in protein levels during 24 h freezing in both tissues when compared to control, except for SETD7 in the liver (Figs. 2, 3). The potential net decrease in these HMTs that methylate H3K4 is consistent with the fact that they are transcription activators, and thus, their downregulation may be to decrease transcription, while the wood frog is frozen. To further support this finding, levels of H3K4me1 decreased significantly in muscle and liver during freezing (Figs. 4, 5) and total methyltransferase activity on H3K4 in both tissues was reduced a comparable amount (Fig. 6). If reducing the amount of methylated H3K4 is a contributing factor to metabolic rate depression and subsequent freezing survival, we would expect to see the overall decrease in HMT protein levels and/or methyltransferase activity, and ultimately the reduced amount of H3K4me1 as seen in these results.

Once ice nucleation begins in the wood frog, glycogen stores in the liver decrease substantially, fueling the synthesis of extremely high levels of glucose in the liver (Storey and Storey 1984, 1985). The glucose is then shuttled into the blood for distribution to all other tissues, where it acts as a cryoprotectant. Glycogenolysis in the liver continues even after extracellular freezing has reached its full extent (Storey and Storey 1984) showing a need for the regulation of some liver function, while the wood frog is in a frozen state. Aside from histones, SETD7 also methylates the farnesoid X receptor (FXR), regulating the expression of FXR target genes specific to the liver (Balasubramaniyan et al. 2012). FXR expression has been shown to be upregulated in response to glucose (Duran-Sandoval et al. 2004), and results in reducing glucose production, and increasing insulin sensitivity (Ma et al. 2006). SETD7 protein levels increase during 24 h freezing in the liver and remain elevated during 8 h thaw, which suggests that it may be expressed in anticipation of rising temperatures when the wood frog thaws and must return glucose to basal levels. Not only would the elevated levels of glucose be toxic when the animal returns to euthermic temperatures, the replenishment of glycogen levels must also occur for the animal to be prepared for the next freezing event.

Unlike the HMTs that methylate H3K4, the ones that act on H3K9 (SUV39H1, EHMT2) did not change significantly (Figs. 2, 3), nor did levels of H3K9me3 (Figs. 4, 5) in either tissue. On the other hand, H3K36me2, which recruits the histone deacetylase complex Rpd3S to act on Histone H4 (Li et al. 2009), did change. We found a significant increase

in the levels of H3K36me2 in liver tissue during freezing exposure (Fig. 4); however, no change was seen in skeletal muscle during the same conditions (Fig. 5). One of the downstream actions of H3K36me2, recruitment of histone deacetylases, has previously been shown as a contributing factor in animals that undergo metabolic rate depression (Krivoruchko and Storey 2010), alluding to a potential role for histone deacetylation and H3K36me2 in the wood frog as it enters a metabolically depressed state.

H3K27me1 is a histone modification associated with active gene transcription (Barski et al. 2007; Ferrari et al. 2014), and of the other histone modification examined in this study, it is most functionally similar to H3K4me1. It is of interest to note that H3K4me1 significantly decreased during 24 h freezing and remained at that level during the 8 h thaw, whereas H3K27me1 did not change during 24 h freezing, but increased during the 8 h thaw (Fig. 4). In an animal that reduces its metabolic rate to a dramatically low level, the difference seen between these two functionally similar modifications may be due to the role the liver plays in freezing survival. As mentioned previously, the liver has a unique and vital role during freezing and remains metabolically active to produce and release high levels of glucose that is needed for survival, while most other tissues such as skeletal muscle are dormant (Storey and Storey 1986). This reduced but still present metabolic activity in the liver requires a transcriptionally permissive histone modification during freezing to continue the production of enzymes involved in processes such as glycogenolysis. Once the wood frog begins to thaw, the liver facilitates multiple methods to decrease glucose levels, which otherwise would be toxic (Storey and Storey 1986; Layne et al. 1996; Costanzo et al. 1997). These immediate steps taken by the liver to return to euglycemic levels require coordinated regulation from the transcriptional level down to modulating the activity of metabolic enzymes. Thus, a transcriptionally permissive histone modification could be involved, leaving open the possibility that the increase in H3K27me1 during 8 h thaw is to regulate the return to metabolic baseline. In contrast to liver tissue, skeletal muscle in the wood frog does not have as high of a level of function during freezing. Myofibril contraction is blocked by ice formed around the muscle, and although cryoprotective glucose increases in the muscle during the freezing period, it is not derived from muscle glycogen stores, but rather is transported from the liver where it is produced (Storey 1984). It, therefore, comes as no surprise that the changes seen in H3K27me1, a dramatic decrease during freezing and thaw, match those seen in H3K4me1 in skeletal muscle (Fig. 5) given the fact that there are low metabolic requirements in the tissue compared to the liver.

In recent years, the number of non-histone proteins discovered to be controlled by methylation has grown

substantially and is expected to continue rising (Biggar and Li 2015). The transcription factor p53 is heavily regulated by many post-translational modifications (Tibbetts et al. 1999; Barlev et al. 2001; Tang et al. 2008; Lee and Gu 2009), including methylation, making it particularly interesting in the context of this study. Exerting control over many processes such as the cell cycle (Agarwal et al. 1995), apoptosis (Lowe et al. 1993), and energy metabolism (Puzio-Kuter 2011), p53 could play a major role in the wood frog's survival during periods of freezing. Here, we look at two positive regulating methyl-lysine residues on p53 (p53K370me2 and p53K372me1). Although there were no changes in the liver (Fig. 7), there was a significant differential regulation of methylated lysine residues in skeletal muscle (Fig. 8). The most prominent change, an increase to 200% of control values in p53K370me2 during freezing and thawing, suggests an active role for p53 during and after periods of whole body freezing in the skeletal muscle. One possibility for the change in methylation status of p53 in skeletal muscle tissue, but not liver, is the difference in metabolic output and function during freezing stress. Whereas some liver function remains, while the frog is in a frozen state, skeletal muscle is less metabolically active, relative to euthermic conditions, given that all muscle movement is halted due to ice formation. The previous studies have shown both an increase in anti-apoptotic proteins, and cell cycle suppression proteins in skeletal muscle when the wood frog enters a hypometabolic state (Zhang and Storey 2012; Gerber et al. 2016), thus potentially leading to a resistance to changes in muscle mass. Given that methylation and subsequent activation of p53 may be a mechanism for inducing cell cycle arrest, it may be the case that the increases in p53 methylation during freezing and thaw may be a mechanism to halt the cell cycle for the wood frog and thus halt the expenditure of scarce energy resources. Active p53 has been shown to increase in other hypometabolic animals (Zhang et al. 2013; Biggar et al. 2015). For example, p53 in the anoxia tolerant red-eared slider turtle translocates to the nucleus and is phosphorylated at multiple sites, leading to the increased transcription of p53 downstream genes (Zhang et al. 2013). Since p53 activation may be seen in multiple species that undergo metabolic rate depression, it could be possible that p53 methylation is a contributing mechanism for increasing p53 activity. Further investigation into whether there is a direct causal link between the methylation of p53 and suppression of the cell cycle in the wood frog will be needed to expand our understanding of cellular regulation by protein methylation.

Conclusion

In summary, the present study demonstrates tissue-specific changes in HMTs, their activity, and the histone and non-histone proteins that they methylate in response to freezing and thaw. Crucial to freezing survival is the reprioritization of finite energy reserves, the wood frog accumulates prior to temperatures dropping below zero. This is made possible through top level controls (i.e. transcriptional regulation) to enter a state of hypometabolism. Differentially regulated histone methylation may provide the base for downregulating pathways that are not vital, while simultaneously maintaining the select few that are. These results are not without their limitations; global changes in histone modification can only signify general trends across the genome. Ultimately histone modifications act on a gene-to-gene level, and thus, how exactly these global changes map to individual genes is the direction that this research must take. Directly connecting changes in histone modifications at individual genes will help broaden our understanding of the role histone modifications play, and how they enable survival of whole body freezing by the wood frog.

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Compliance with ethical standards

Ethical approval All applicable international, national, and/or institutional guidelines for the care and use of animals were followed.

Conflict of interest The authors declare that they have no conflict of interest.

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