

# **Efect of Mn codopant on thermoluminescence properties of γ‑rays**  irradiated Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:Dy phosphors for dosimetry applications

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#### **Abstract**

Orthophosphate-based phosphors have been used widely as efficient materials for the luminescence applications. Thermoluminescence (TL) properties of luminescent materials help us to fnd the suitability of the phosphors for the TL dosimetric application. In this work, a series of Dy<sup>3+</sup> doped and Mn<sup>2+</sup>-codoped sodium yttrium phosphate Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub> phosphors were synthesized via a solid-state reaction method and thermoluminescence behavior were studied. To observe the efect of the dopant and codopants on phase purity and crystalline structure of phosphors, X-ray difraction method analyses were carried. In addition, the morphological images were examined; chemical composition and functional groups were confirmed. Herein, the Dy<sup>3+</sup>-doped and Mn<sup>2+</sup>-codoped Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub> phosphors were irradiated by 1 kGy-dose γ-radiation and Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:0.07Dy<sup>3+</sup> showed a intense TL intensity peak at 178 °C, whereas Mn<sup>2+</sup>-Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:0.07Dy<sup>3+</sup>, 0.07Mn<sup>2+</sup> phosphors showed at 134 °C. The effect of codopant  $Mn^{2+}$  on the TL properties of Dy<sup>3+</sup>-doped Na<sub>3</sub>Y(PO<sub>4)2</sub> phosphors and irradiation dose were investigated. The optimized  $Na<sub>3</sub>Y(PO<sub>4</sub>)$ <sub>2</sub>:0.07Dy<sup>3+</sup> phosphor was showed a linear response to irradiation as a function of dose in the range of the 50 Gy–1.5 kGy. The glow curves were deconvolated and the TL kinetic parameters of phosphors were obtained by adopting various methods, revealing that the glow curves exhibited the secondorder kinetics, and activation energies were calculated. The kinetic parameters of prepared samples were compared with the other TL materials. The obtained results confrm that the phosphors may have potential applications as TL dosimetry materials to measure low irradiation.

**Keywords** Phosphors · Thermoluminescence · Dosimetry

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# **1 Introduction**

Thermoluminescence (TL) is a versatile technique owing to its wide spread application in diverse felds such as dosimetry of high- or low-energy radiation, radiation therapy, agriculture/food irradiation sciences, and space research [\[1](#page-7-0), [2](#page-7-1)]. In TL dosimetry (TLD), phosphors play a vital role because of their excellent TL properties such as high efficiency, radiation dose response, thermal stability, high sensitivity, and reproducibility [[3,](#page-7-2) [4\]](#page-7-3). Generally, the TL emission occurs when electron and hole traps, that are formed due to irradiation by high-energy radiation in dosimetry materials, which are stimulated by thermal energy and recombined [[5\]](#page-7-4). The TL emission is directly proportional to the irradiation dose that is absorbed by phosphor materials, and therefore, the unknown radiation can be measured. The phosphors are prepared by doping rare-earth ions or transition ions that create traps in the TL material by introducing luminescence centers rather than damage to their crystal structure. Specifcally,

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luminescence of  $Dy^{3+}$  ions produce excellent luminescence emission in the visible part of the electromagnetic spectrum and emission from these ions strongly depends on site symmetry of the host matrix around the ions  $[6]$  $[6]$ . The Dy<sup>3+</sup> ion-doped  $CaSO<sub>4</sub>$  (TLD-900) is always the preferred choice commercially to measure lower dose range in the felds of nuclear medicine, radiology, and radiation research using smaller radioactivity. Additionally, the transition metal ions  $Mn^{2+}$  can also produce a broad band emission in the visible range from green to red depending on the around crystal feld owing to its d–d transition. The Mn ion-activated  $CaSO<sub>4</sub>$  has been reported as a sensitive material and it gives TL intense glow peak at a low-temperature regions. Moreover, the emission spectrum of  $Dy^{3+}$  ions matches with the excitation spectrum of  $Mn^{2+}$  ions, and therefore,  $Mn^{2+}$ ions have been used as the sensitizer for luminescence [[5,](#page-7-4) [7](#page-7-6), [8\]](#page-7-7). There are several commercially available rare-earthand transition-ion-doped TLD phosphors. For an instance,  $CaF_2: Dy(TLD-200)$ ,  $CaF_2: Mn(TLD-400)$ ,  $CaSO_4: Dy$ , Mn, and  $Li_2B_4O_7$ : Mn (TLD-800) phosphors are commercially available [[5](#page-7-4), [7](#page-7-6)[–9\]](#page-7-8). However, every phosphor has its own drawbacks such as toxicity, low reusability, reliability, lack of tissue equivalence, and sensitivity; therefore, it is necessary to synthesis the novel material for reliable dosimeters in the radiation-related felds [\[10](#page-7-9)].

Generally, phosphate-based phosphors have excellent TL properties and are used as optically stimulated luminescence materials because of their chemical and thermal stabilities, resistance to radiation damage, non-hygroscopic nature, high absorption coefficient, and high luminescence output  $[11–14]$  $[11–14]$ . The TL properties of some phosphate-based materials were reported by researchers, namely,  $Sr_2P_2O_7$ :Eu<sup>3+</sup> [\[15\]](#page-7-12), NaLi<sub>2</sub>PO<sub>4</sub>:Eu<sup>3+</sup> [[2\]](#page-7-1), LuPO<sub>4</sub>:Eu [\[13\]](#page-7-13), NaCaPO<sub>4</sub>:Dy<sup>3+</sup> [[16](#page-7-14)], and  $Li_2BaP_2O_7:Dy^{3+}$  [\[17](#page-8-0)]. Furthermore, the TL properties of phosphate-based materials can be enhanced further by γ-irradiation. Gamma radiation creates energy traps between the valence and conduction bands, which decreases the recombination rate of electron–hole pairs, thereby increasing the TL properties of phosphate materials. In this context, Batal et al. [\[18](#page-8-1)] studied the absorption spectra of gamma-irradiated sodium phosphate glasses containing vanadium, and observed the formation of characteristic defects and color centers, the possible photochemical efect of the transition metal in the glass, and the possible approach of saturation after a certain irradiation dose. Tsai et al. [\[19\]](#page-8-2) investigated the efect of gamma radiation on the structure and properties of single-phase tetracalcium phosphate, which showed a lower porosity volume fraction or compressive strength at low gamma doses (10 and 20 kGy) and more porous/loose and apatite particles became larger in size at high gamma doses (after 30 kGy). Gamma radiationinduced defect centers in undoped phosphate glasses and the effect of these centers on the sensitivity and build-up time of silver-doped phosphate glasses were investigated by Fan et al. [[20](#page-8-3)]. The thermoluminescence of beta-irradiated  $Ca<sub>5</sub>(PO<sub>4</sub>)<sub>2</sub>OH:Gd<sup>3+</sup>, Pr<sup>3+</sup> was reported and activation energy$ as well as the frequency factor for diferent TL curve peaks determined by Mokoena et al. [[21\]](#page-8-4). The optical properties, such as photoluminescence and radio-photoluminescence (RPL) of various X-ray irradiated Ag-doped phosphate glasses, were investigated by Tanaka et al. [[22](#page-8-5)]. Recently, Kodaira et al.  $[23]$  $[23]$  used Ag<sup>+</sup>-activated phosphate glass as an RPL dosimeter for heavy ions (from C to Fe) and estimated a linear energy transfer (LET) threshold of 5 keV/μm in water. They also argued that the  $\text{Ag}^+$ -activated phosphate glass had good potential for application in fuorescent nuclear track detectors for high LET range  $(5-200 \text{ keV}/\mu\text{m})$  radio-immunotherapy and space radiation dosimetry.

From the literature reviews, it can be conclude that γ-irradiated phosphate-based phosphor doped with rare earths and transition ions have been widely used for radiation dosimetry application. However, there are no reports on the Dy-doped and Mn-codoped sodium yttrium phosphate  $Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>$  phosphors as a TL dosimeter. The selected double sodium rare-earth phosphates host material  $\text{Na}_3\text{Y}(\text{PO}_4)_2$ has the fundamental building blocks of the separated  $PO<sub>4</sub>$ tetrahedral and  $Na<sup>+</sup>$  and  $RE<sup>3+</sup>$  ions lying among them, which shares oxygen ions to form the rare-earth  $\text{REO}_6$  octahedral; these are suitable for accommodating rare-earth ions and transition ions in the host and may create traps on excita-tion [\[24](#page-8-7)]. Therefore, in this present work,  $\text{Na}_3\text{Y}(\text{PO}_4)_2$  has been doped with  $Dy^{3+}$  and codoped with  $Mn^{2+}$  was irradiated by gamma radiation and TL properties were studied. The results showed good linear response with respect to gamma dose, suggesting its potential application as a gamma dosimeter.

## **2 Synthesis**

#### **2.1 Preparation of phosphors**

A series of  $Dy^{3+}-d$ oped  $Na_3Y(PO_4)_2$  and  $Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:0.07Dy<sup>3+</sup>, yMn<sup>2+</sup>phosphors were prepared by$ the high-temperature solid-state reaction (SSR) method. Initially,  $Na_2CO_3$ ,  $Y_2O_3$ ,  $NH_4H_2PO_4$ ,  $Dy_2O_3$ , and  $MnCO_3$  were taken as starting materials (all were of analytical reagent grade) and weighed in stoichiometric amounts according to the balanced chemical equations for synthesis as follows.

1. For  $Dy^{3+}$ -doped  $Na_3Y(PO_4)_2$ :

 $3Na_2CO_3+xDy_2O_3 + (1 - x)Y_2O_3 + 8NH_4H_2PO_4$  →  $2Na_3Dy_xY_{(1-x)}(PO_4)_2 + 3CO_2 + 8NH_3 + 6H_2O.$ 

2. For Dy<sup>3+</sup>-doped and Mn<sup>2+</sup>-codoped Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:

 $(3 - y)Na_2CO_3 + xDy_2O_3 + yMnCO_3(1 - x)Y_2O_3 + 8NH_4H_2PO_4 \rightarrow$  $2Na_{(3-y)}DyY_{(1-x)}(PO_4)_2 + 3CO_2 + 8NH_3 + 6H_2O.$ 

To eliminate  $NH<sub>4</sub>, CO<sub>2</sub>$ , and water from the homogeneity mixtures, the samples were heated slowly to 400 °C, maintained at 900 °C (10 h), and finally heated at 1100 °C for 5 h in ambient air with several intermediate grindings and subsequently cooled to room temperature (23 °C) in the furnace. Furthermore, the sintered materials were ground into fne powders and subjected to irradiation and characterization.

#### **2.2 Gamma irradiation of phosphate materials**

The as-prepared phosphate materials were exposed to a Co-60 gamma source at diferent doses ranging from 50 Gy to 1.5 kGy with dose rate of 5.4 kGy/h. The radionuclide Co-60 ( ${}^{60}Co_{27}$ ) is most commonly used source of gamma radiation with half-life 5.27 years. Co-60 radioactive source can be produced by exposing Co-59 to neutrons in nuclear reactor. Co-60 decays into a Ni-60 ( ${}^{60}\text{Ni}_{28}$ ) principally emitting one negative beta particle (maximum energy is 0.318 MeV). Thus, produced Ni-60 is in excited state, and it immediately emits two photons of energy 1.173 MeV and 1.333 MeV in succession to reach its stable state. These two gamma rays are responsible for radiation processing in the Co-60 gamma irradiators. Therefore, the average energy of gamma rays is considered as 1.25 MeV [\[25](#page-8-8)]. The schematic representation of decay scheme of Co-60 is shown in Fig. [1.](#page-2-0)

#### **2.3 Characterization**

Pristine and gamma radiation-irradiated phosphate materials were characterized. The powder X-ray difraction (XRD) patterns were recorded using a difractometer (PANalytical X'Pert PRO, USA) with Cu K<sub>α</sub> radiation of wavelength  $\lambda$  $=1.5405$  Å, and 2 $\theta$  was recorded in the range of 10–60°.



The IR spectra were recorded by Fourier transform infrared (FTIR) spectroscopy in the range of 4000–400  $cm^{-1}$  on an IR spectrometer (Perkine Elmer, Bruker). Scanning electron microscopy (SEM; ZEISS EVO MA 15) was employed to examine the distribution of the synthesized particles, and surface morphological graphs were captured. The elemental composition of the phosphor powders was evaluated using energy-dispersive spectroscopy (EDS) equipped with an X-ray detector (THERMO EDS) coupled with the SEM instrument. For the thermoluminescence measurements, all the Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>: $x$ Dy<sup>3+</sup> ( $x$  = 0.03,0.05,0.07, and 0.09) samples were irradiated with 1 kGy gamma radiation for 30 min. The Dy<sup>3+</sup> concentration was fixed at  $x = 0.07$ , and the Mn<sup>2+</sup> concentration was varied (*y*=0.01, 0.03, 0.05, 0.07, and 0.09) to study the efect of irradiation on the samples. Furthermore,  $\text{Na}_3\text{Y}(\text{PO}_4)_2$ :0.07Dy<sup>3+</sup> was irradiated with various radiation dose from 50 Gy to 1.5 kGy. The TL glow curves were measured using an NUCLEONIX TL analyzer type TL1009 TL reader at a heating rate of 2.5 s<sup> $-1$ </sup> in the temperature range from 303 to 673 K.

## **3 Results and discussion**

#### **3.1 Structural and morphological studies**

Figure [2](#page-2-1) shows the typical XRD patterns of  $Na_3Y(PO_4)_2:xDy^{3+}$ ,  $yMn^{2+}$ . All the diffraction peaks were well matched with the XRD profile of the monoclinic  $Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>$  phase obtained in solid state at 1100 °C, as reported by Matraszek et al. [\[26](#page-8-9)]. The results showed that the synthesized samples exhibited a single phase and no signifcant phase changes occurred even after doping and codoping the host matrix with  $Dy^{3+}$  and  $Mn^{2+}$  ions, respectively. Possibly, the Dy<sup>3+</sup> ions with radii of 0.103 nm (CN=8) were situated in the  $Y^{3+}$  ion sites with radii of 0.102 nm (CN=6).

<span id="page-2-1"></span>

<span id="page-2-0"></span>**Fig. 1** Schematic representation of Co-60 gamma source **Fig. 2** Typical XRD profile of Na<sub>3</sub>Y(PO<sub>4</sub>); $x$ Dy<sup>3+</sup>,  $y$ Mn<sup>2+</sup>

where the radii of the dopant ions were nearly equal to that of the host ions and the charges were balanced as shown in the below equation:

$$
Dy^{3+} \to Y^{3+} + Dy^0_Y. \tag{1}
$$

Similarly,  $Mn^{2+}$  ions with radii of 0.96 nm (CN = 8) could be situated in the  $Na<sup>+</sup>$  ion sites with radii of 0.118 nm  $(CN = 8)$ , where the radii of the ions were equal and thus, the charges could be balanced as:

$$
Mn^{2+} \to 2Na^{+} + Mn_{Na}^{0} + V_{Na}''.
$$
 (2)

Here, by creating oxygen vacancies in the host materials. Therefore, the incorporation of dopant  $Dy^{3+}$  ions at sites of  $Y^{3+}$  and codopant Mn<sup>2+</sup> ions at sites of Na<sup>+</sup> is more likely to occur in the host matrix [[27](#page-8-10)].

Figure [3](#page-3-0) shows the FTIR spectra of  $Na<sub>3</sub>Y(PO<sub>4</sub>)$ ;*x*Dy<sup>3+</sup>,yMn<sup>2+</sup> phosphors. The strong and broad IR absorption peaks in the range of 490–400  $cm^{-1}$  and 650–520 cm<sup>-1</sup> were attributed to the asymmetric and symmetric deformation modes of the phosphate group  $(PO<sub>4</sub>)$ , respectively. The weak absorption peaks in the range of 950–840 cm<sup>-1</sup> arose due to symmetric stretching (PO<sub>4</sub>), and the broad peak at 1130–990 cm<sup>-1</sup> was attributed to the asymmetric stretching of  $PO<sub>4</sub>$  groups. The IR absorption peaks confirmed that the prepared phosphors had  $PO<sub>4</sub>$  groups. Moreover, no absorption peaks were found in the range of 3654–3535 cm−1, revealing that the prepared samples were free from moisture and nonbonding phosphor with hydroxyl groups [\[28](#page-8-11), [29\]](#page-8-12).

The SEM image and energy-dispersive X-ray (EDX) spectrum of  $\text{Na}_3\text{Y}(\text{PO}_4)_2$ :0.07Dy<sup>3+</sup>,0.03Mn<sup>2+</sup> are presented in Fig. [4](#page-4-0)a, b, respectively. The morphological analysis showed that the particles had equal sizes in the range of



<span id="page-3-0"></span>

3–5 μm, and the EDX spectrum revealed the presence of Na, Y, P, and O in the compound. Moreover, there was no evidence of the presence of impurities in the host matrix, which supported the XRD results.

# **3.2 TL studies**

## **3.2.1 Evaluation of trap parameters from glow curve deconvolution**

TL properties can be studied from the kinetic parameters obtained from the TL glow curve, which represents the intensity of the emitted light as a function of temperature. It is well known that the kinetic parameters provide information regarding the suitability of phosphors for dosimetric applications, the mechanism of state/charge traps in the material, and the formation of localized energy levels within the forbidden gap for TL emission in the material [[30](#page-8-13)]. In general, the TL emission of phosphors is highly dependent on the type of traps/luminescent centers created by irradiation, dopant concentration, and annealing temperature.

Herein, the TL material  $Na_3Y_{1-x}(PO_4)_2:xDy^{3+}$ ,  $vMn^{2+}$  was prepared by doping with  $Dy^{3+}$  ions  $(x=0.01, 0.03, 0.05, 0.07,$  and 0.09), and codoping with *y*Mn<sup>2+</sup> ions (*y* = 0.01,0.03,0.05,0.07, and 0.09), where  $Dy^{3+}$  ion ( $x = 0.07$ ) concentration was kept constant. The prepared phosphors were subjected to gamma ray doses of 1 kGy prior to TL measurements, and the TL glow curves were recorded and are presented in Fig. [5.](#page-4-1) From TL curve, it was observed that  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2$ :0.3Dy<sup>3+</sup> phosphor was found to have two strong peaks at low temperature (103 °C) and at high temperature (205 °C), and one weak peak at 300 °C, potentially because the sample possesses increased numbers of shallow traps at low temperatures as well as at high temperature. On the increasing dopant concentration, three peaks were slowly disappeared and found to have single peak, the possible reason may be decrease in trap levels in the host materials due to dopant concentration. However, the TL emission increased with dopant concentration up to  $0.7Dy^{3+}$  ions and subsequently decreased at higher concentrations. The  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2:x\text{Dy}^{3+}$  ( $x=0.07, 0.09$ ) phosphors showed abroad TL emission peak with an appropriate Gaussian shape at 178  $\degree$ C, which is suitable for TL application [[31](#page-8-14)]. To study the TL behavior of phosphors, kinetic parameters such as the order of kinetics (*β*), activation energy/ trap depth (E), and frequency factor(s) can be obtained by employing various methodology based on the shape or geometrical properties of TL glow peaks. Herein, three methods such as Chen's, Lushihik, and Halperin–Braner **Fig. 3** Typical FTIR spectra of Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:*x*Dy<sup>3+</sup>, *y*Mn<sup>2+</sup> methods were followed to analyze the deconvoluted TL



<span id="page-4-0"></span>**Fig. 4** Typical **a** SEM image of Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:0.07Dy<sup>3+</sup>, 0.03Mn<sup>2+</sup>; **b** Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:0.07Dy<sup>3+</sup>, 0.09Mn<sup>2+</sup>; **c** and **d** corresponding EDX spectrum, respectively



<span id="page-4-1"></span>**Fig. 5** TL glow curves of  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2:x\text{Dy}^{3+}$ 

glow curves that suite best for obtained peaks from the TL measurements. At first, the equations derived from Chen's approach were adopted, which solves various difficulties include no complicated iterative methods. The Chen's new

approximation equation for second-order kinetics to determine the activation energy  $(E\gamma)$  is given as follows [\[32\]](#page-8-15):

$$
E_C = 2kT_m \left(\frac{1.756T_m}{\omega} - 1\right),\tag{3}
$$

where  $T_m$  = temperature at the maximum peak and  $\omega = T_2 - T_1(T_1, T_2)$  are the temperatures on either side of  $T_m$ ). The kinetic order was calculated using the following equation  $\mu_{g} = \delta/\omega$  (where  $\delta = T_2 - T_m$ ). The frequency factor(s) was evaluated using the Chen–Winner equation [\[33\]](#page-8-16):

$$
s = \frac{\beta E}{kT_m^2} \exp\left(\frac{E}{kT_m}\right) \left[1 + (b-1)\Delta_m\right]^{-1},\tag{4}
$$

where  $E$  is the activation energy,  $b$  is order of kinetics,  $\beta = 2.5$  °C/s is heating rate and  $\Delta_m = \frac{2kT_m}{E}$ .

The total number of trapped electrons  $(n_0)$  can be calculated by adopting the general-order kinetics model to ft the TL curve [[33\]](#page-8-16):

$$
I(T) = \frac{s}{\beta} n_0 \exp\left(-\frac{E}{kT}\right) \left[1 + \frac{(b-1)s}{\beta} \int_{T_0}^T \exp\left(-E/kT'\right) dT'\right]^{-b(b-1)},\tag{5}
$$

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where *s* is the frequency factor that is considered as a constant, *E* is the activation energy/trap depth, and *b* is the kinetic order. The experimental data were obtained from the TL glow curves.

Furthermore, to verify the activation energy, here, two more methods were adopted, the one is proposed by Lushihik and the other one suggested by Halperin–Braner for second-order kinetics. The evaluation of the activation energy for second-order kinetics was performed using Lushihik's formula as given by [[34\]](#page-8-17):

$$
E_L = 1.706 \left( \frac{kT_m^2}{\delta} \right),\tag{6}
$$

where  $\delta = T_2 - T_m$ .



<span id="page-5-0"></span>**Fig. 6** Deconvoluted TL glow curve of  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2$ :0.03Dy<sup>3+</sup>

<span id="page-5-1"></span>**Table 1** TL trap parameters of Na<sub>3</sub>Y<sub>1-*x*</sub>(PO<sub>4</sub>)<sub>2</sub>:*x*Dy<sup>3+</sup>(*x*=0.03,0.05,0.07, and 0.09)

The another approach suggested by Halperin–Braner uses an iterative process to find E using both  $T_1$  and  $T_2$  on the glow curve [[35\]](#page-8-18), as demonstrated by the following equation:

$$
E_{HB} = \frac{2kT_m^2}{\tau} (1 - 3\Delta_m) \tag{7}
$$

where,  $\Delta_m = \frac{2kT_m}{E}$  and  $\tau = T_m - T_1$ .

For further analysis, all TL graphs of the prepared phosphors were deconvoluted, and the typical  $Na_3Y_{1-x}(PO_4)_2:xDy^{3+}$  ( $x=0.03$ ) curve is shown in Fig. [6.](#page-5-0) The calculated values of activation energy using diferent methods along with the values of other parameters are summarized in Table [1.](#page-5-1)

The activation energies of  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2:x\text{Dy}^{3+}(x=0.03)$ were calculated by all three methods for the peak at low temperature (103 °C) found to be nearly 2.825 eV, whereas for other dopant concentration, it is was very less, which reveals the less number of trapping levels at higher concentration. The activation energies for diferent deconvolation peaks were different, which information about the formation of some shallow and some deep traps. The kinetic order  $(\mu_{\alpha})$  was calculated for all the peaks, and the shape factors for all the peaks and samples were in the range of 0.47 to 0.50, which conformed that the phosphor showed the second-order kinetics.

#### **3.2.2 Linear dose response**

To study the linear response of phosphors to the radiation dose,  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2:x\text{Dy}^{3+}(x=0.07)$  was irradiated with various doses of  $\gamma$ -radiation. The TL glow curves with TL intensity as a function of accumulated radiation dose were recorded and are shown in Fig. [7](#page-6-0). The TL intensity signal increased linearly with γ-radiation (regression





<span id="page-6-0"></span>**Fig. 7** Linear response TL glow curve of  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2$ :0.07Dy<sup>3+</sup>

 $coefficient = 0.936$ ) and was proportional to the gamma dose from 50 Gy to 1.5 kGy (shown in the inset). The TL curves were found to have a broad single peak at 178 °C, which was maintained for the diferent radiation doses. Moreover, no TL saturation was found under 1.5 kGy, which may be because the radiation dose does not affect electron-hole pair trap recombination. The high radiation dose may lead to reduction in the space between electron and hole pair traps or the distance between luminescence centers and the limited number of available vacant traps in the TL material [[36](#page-8-19)]. Another reason for the high-dose response might be the effective atomic number  $(Z_{\text{eff}})$  of the TL material. It is well known that phosphor materials have a high  $Z_{\text{eff}}$ that usually responds to relatively high-dose ranges, which can be more useful for high-dose radiation applications. The  $Z_{\text{eff}}$  of Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>:Dy<sup>3+</sup> is approximately 48, which may be expected to show a TL response to high radiation doses [\[31](#page-8-14)]. Hence, the linear response of the prepared phosphors to irradiation and high-dose response is an important characteristic for application in TL dosimetry.

## **3.2.3 Efect of Mn2+ codopant on TL properties**

To study the efect of the codopant on the TL properties, the concentration of dopant  $Dy^{3+}$  ions was kept constant at  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2$ :*x*Dy<sup>3+</sup> (*x* = 0.07) (which showed the maximum TL intensity), and the  $Mn^{2+}$  ion concentration was varied and exposed to 1 kGy radiation. The recorded TL glow curves are shown in Fig. [8](#page-6-1). The TL intensity increased with codopant concentration up to  $y = 0.07$  and then decreased. The glow curves consisted of two peaks a broad peak at 134 °C and a weak peak at 310 °C, whereas the  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2:x\text{Dy}^{3+}$  ( $x=0.07$ ) phosphor exhibited only one TL signal peak at 178 °C. The maximum peak temperature decreased due to codoping with  $Mn^{2+}$  ions in



<span id="page-6-1"></span>**Fig. 8** TL glow curve of  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2:0.07\text{Dy}^{3+}$ *y*Mn2+(*y*=0.03,0.05,0.07, and 0.09)

the host material and the TL intensity also decreased; the possible reason behind this decrease may be the limited electron–hole charge traps or decreased distance between luminescence centers. The weak peak at 310 °C is purely due to  $Mn^{2+}$  ions forming luminescence centers [\[37](#page-8-20)]. The calculated trap parameters are tabulated in Table [2,](#page-7-15) and various phosphate-based TL materials are compared and shown in Table [3](#page-7-16). From the comparison, it can be concluded that the  $Dy^{3+}$ -doped and Mn<sup>2+</sup>-codoped Na<sub>3-*y*</sub>Y<sub>1-*x*</sub>(PO<sub>4</sub>)<sub>2</sub> phosphor may be a potential TL material for TLD applications.

# **4 Conclusion**

In summary,  $Mn^{2+}$ -codoped  $Na_3Y_{1-x}(PO_4)_2:0.07Dy^{3+}$  phosphors were prepared by an solid-state reaction for TL gamma radiation dosimetry. The TL glow curves of all  $Dy^{3+}$ -doped  $Na<sub>3</sub>Y(PO<sub>4</sub>)<sub>2</sub>$  were in the appropriate Gaussian shape with a peak at 178 °C and  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2$ :0.07Dy<sup>3+</sup> exhibited the maximum TL intensity, whereas  $\text{Na}_3\text{Y}_{1-x}(\text{PO}_4)_2$ :0.03Dy<sup>3+</sup> showed the three peaks at 103 °C, 205 °C, and 300 °C, and it can be used to measure radiation in the low as well as high-temperature regions. The  $Mn^{2+}$  ions codoped with  $Na_3Y_{1-x}(PO_4)_2$ :0.07Dy<sup>3+</sup> phosphors had two peaks at 134 °C and 310 °C. The kinetic parameters of activation energy, the order of kinetics, and frequency factors were established by Chen's new approximation method and found that the values of activation energy ranged from 2.91 to 0.46 eV . The TL curves were belongs to second order of kinetics, frequency factor(s) Furthermore, Lushihik, Halperin, and Braner method were adapted to analyse activation energy and obtained values were consisting with Chen's new approximation method. The trap parameters and linear response suggested that the prepared phosphors may be good potential candidates for TLD applications.

<span id="page-7-15"></span>**Table 2** TL trap parameters of Na<sub>3</sub>Y<sub>1-x</sub>(PO<sub>4</sub>)<sub>2</sub>:0.07Dy<sup>3+</sup>, *y*Mn2+(*y*=0.03,0.05,0.07, and 0.09)



<span id="page-7-16"></span>**Table 3** Comparison of various phosphate-based TL materials with prepared samples



The thermoluminescence study on the codoped phosphor suggests its stability to low dose of γ-ray exposure.

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#### **Compliance with ethical standards**

**Conflict of interest** The authors declared that there is no confict of interest.

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