



# Breast cancer imaging with glucosamine CEST (chemical exchange saturation transfer) MRI: first human experience

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## Abstract

**Objectives** This study aims to evaluate the feasibility of imaging breast cancer with glucosamine (GlcN) chemical exchange saturation transfer (CEST) MRI technique to distinguish between tumor and surrounding tissue, compared to the conventional MRI method.

**Methods** Twelve patients with newly diagnosed breast tumors (median age, 53 years) were recruited in this prospective IRB-approved study, between August 2019 and March 2020. Informed consent was obtained from all patients. All MRI measurements were performed on a 3-T clinical MRI scanner. For CEST imaging, a fat-suppressed 3D RF-spoiled gradient echo sequence with saturation pulse train was applied. CEST signals were quantified in the tumor and in the surrounding tissue based on magnetization transfer ratio asymmetry (MTR<sub>asym</sub>) and a multi-Gaussian fitting.

**Results** GlcN CEST MRI revealed higher signal intensities in the tumor tissue compared to the surrounding breast tissue (MTR<sub>asym</sub> effect of  $8.12 \pm 4.09\%$ ,  $N = 12$ ,  $p = 2.2 \times 10^{-3}$ ) with the incremental increase due to GlcN uptake of  $3.41 \pm 0.79\%$  ( $N = 12$ ,  $p = 2.2 \times 10^{-3}$ ), which is in line with tumor location as demonstrated by T<sub>1</sub>W and T<sub>2</sub>W MRI. GlcN CEST spectra comprise distinct peaks corresponding to proton exchange between free water and hydroxyl and amide/amine groups, and relayed nuclear Overhauser enhancement (NOE) from aliphatic groups, all yielded larger CEST integrals in the tumor tissue after GlcN uptake by an averaged factor of  $2.2 \pm 1.2$  ( $p = 3.38 \times 10^{-3}$ ),  $1.4 \pm 0.4$  ( $p = 9.88 \times 10^{-3}$ ), and  $1.6 \pm 0.6$  ( $p = 2.09 \times 10^{-2}$ ), respectively.

**Conclusion** The results of this initial feasibility study indicate the potential of GlcN CEST MRI to diagnose breast cancer in a clinical setup.

## Key Points

- *GlcN CEST MRI method is demonstrated for its ability to differentiate between breast tumor lesions and the surrounding tissue, based on the differential accumulation of the GlcN in the tumors.*
- *GlcN CEST imaging may be used to identify metabolic active malignant breast tumors without using a Gd contrast agent.*
- *The GlcN CEST MRI method may be considered for use in a clinical setup for breast cancer detection and should be tested as a complementary method to conventional clinical MRI methods.*

**Keywords** Magnetic resonance imaging · Glucosamine · Breast neoplasms · Diagnostic imaging · Contrast media

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## Abbreviations

CEST	Chemical exchange saturation transfer
Gd	Gadolinium
GlcN	Glucosamine
MRI	Magnetic resonance imaging
MT	Magnetization transfer
MTRasym	Magnetization transfer ratio asymmetry
NOE	Nuclear Overhauser enhancement
ROI	Region of interest
T <sub>1</sub> W	T <sub>1</sub> -weighted
T <sub>2</sub> W	T <sub>2</sub> -weighted

## Introduction

Chemical exchange saturation transfer (CEST) MRI enables to obtain images of endogenous cellular components or exogenous agents that contain exchangeable protons. CEST effects are detected indirectly through the reduction of the water signal following selective saturation of exchangeable protons on the CEST agent [1] (for reviews, see, e.g. [2, 3]). With respect to imaging of cancer, CEST has been shown to provide information of high clinical relevance spanning the diagnosis of tumors [3, 4], tumor grading [4, 5], and the assessment of therapy response after radiation treatment [6]. CEST became an emerging interest in the field of breast cancer diagnosis, revealing endogenous CEST contrasts in breast tumors [7–10].

The use of glucose has been proposed as a new molecular imaging approach for diagnosing tumors given its high sensitivity at the molecular level and the known enhanced glucose uptake by tumors [11]. However, its fast conversion to lactic acid prevents its efficient imaging. Several excipients and glucose analogs were tested as tumor-detecting agents in murine tumor models to assess their potential for clinical translation of CEST MRI [12]. Glucosamine (2-amino-2-deoxy-D-glucose, GlcN) is a glucose analog commonly used food supplement and has excellent safety profile. It is taken up by tumor cells through the glucose transporter, then undergoes phosphorylation and can accumulate in the cells [13, 14]. Recently, it was demonstrated as an exogenous contrast agent for imaging of breast tumors and their metastases in mice [15, 16]. Here, the translation of the GlcN CEST MRI method to a clinical MRI setup was examined, in order to evaluate the feasibility of obtaining a new class of contrast agent for breast cancer MRI that enables the tumor to be distinguished from the surrounding tissue, and to compare it to the conventional MRI method.

## Material and methods

**Subjects** This study was reviewed and approved by the institutional review board (Tel Aviv and University and Sheba

Medical Center); all patients signed informed consent. Twelve female patients with newly diagnosed breast lesions suspected as malignant cancer were included in this study, between August 2019 and March 2020. The histopathological markers of all enrolled patients are shown in Table 1. The patients were fasted for at least 6 h before the study and were scanned twice with the CEST MRI protocol: before and at 2 h after drinking a solution of 7.5 g of GlcN sulfate (Arthryl, Rafa) in 150 ml water.

**MRI protocol** All MRI measurements were performed on a 3-T clinical MRI scanner (PRISMA, Siemens) using a bilateral diagnostic breast coil (16 channels, Siemens) with the parameters listed in Supplementary Material (Table 1S). All acquisition parameters were optimized according to phantoms results of GlcN solutions at 3T [17]. The routine breast MRI protocol also included T<sub>1</sub>W-DCE with the injection of gadoterate dimeglumine at a dose of 0.1 mmol/kg (Dotarem, Guerbet) contrast agent following the CEST scans.

Optimal slice positioning of the CEST sequence was supported by high-resolution T<sub>2</sub>W images acquired at the beginning of the examination and unilateral shimming was performed to improve B<sub>0</sub> homogeneity. The CEST protocol included a series of saturation frequencies offsets (17–24) in the range of ± 6 ppm, using a train of 5 gauss saturation pulses with 100 ms long, interpulse delay of 61 ms and 2 s pause between measurements (total saturation pulse duration of 1.5–2 s), saturation attenuations of 2.5 μT, and recovery time of 5 s. One fully relaxed image was acquired for normalization. CEST sequence was applied with fat suppression and followed by a spiral-reordered 3D GRE read-out, resulting in a scan time of ~ 4–4.5 min.

**Post processing** Data processing was performed with Matlab 2017a (The Mathworks). Conventional Z-spectra were corrected for B<sub>0</sub> inhomogeneity (based on the B<sub>0</sub> field-maps [18]) and normalized. ROIs of the tumors and surrounding tissues were carefully selected by the radiologist who had originally read the case clinically and based on complementary data obtained by Gd-T<sub>1</sub>W examinations. The calculation of the Z-spectra was performed on a voxel-by-voxel basis using spline interpolation of offsets acquired in the experiments [19]. Reported CEST values were averaged (mean ± standard deviation) within the defined ROIs based on magnetization transfer asymmetry (MTRasym) calculations:

$$CEST(\Omega) = [M_{SAT}(\Omega) - M_{SAT}(-\Omega)] / M_0 \quad (1)$$

where  $M_{SAT}(\Omega)$  and  $M_{SAT}(-\Omega)$  are the signal intensity with RF saturation at  $\Omega$  and  $-\Omega$ , respectively, and  $M_0$  is the signal intensity without RF saturation.

To resolve individual contributions to the GlcN CEST effect, the Z-spectrum was analyzed using a five-pool Gaussian

**Table 1** Histological characteristics of the patients

Patient (no.)	Age (y)	Clips	Histologic type/grade	Phenotype ER/PR/Her2	Necrosis	ACR breast	Ki-67 (%)
1	34	Yes	IDC, DCIS	+/+/+	No	B	20–25
2	50	Yes	IDC, DCIS/G3	+/+/	Yes	D	40
3	63	No	IDC/G3	+/+/+	No	C	30
4	43	No	DCIS	+/+/	No	D	-
5	75	No	IDC	+/+/+	No	B	20
6	38	No	IDC/G2+ DCIS low grade	+/+/-	No	C	5
7	46	No	IDC/G1	+/+/-	No	C	10
8	54	Yes	IDC/G2	+/+/+	No	C	30
9	50	Yes	IDC, low grade	+/+/-	No	C	-
10	68	Yes	IDC/G3 + extensive necrosis	-/-/-	Yes	B–C	95
11	50	Yes	IDC/G2–3	+/+/-	Yes	C	40
12	64	Yes	IDC/intermediate	+/-/+	No	C	-

Abbreviations: *IDC*, invasive ductal carcinoma; *DCIS*, ductal carcinoma in situ; *ER/PR/Her2*, estrogen/progesterone/Her2; *G1*, *G2*, *G3*, grade 1, 2, 3; *Ki67*, proliferation index (%). Tumor size was in the range of ~ 0.3–2 diameter

fitting model [20, 21] for the separation of the water, MT, hydroxyl, amine/amide, and NOE signals. Fitting the results by Gaussian functions was found to give better coefficient of determination ( $R^2$ ) than the conventional Lorentzian fitting. The reason may be that field inhomogeneity had non-negligible contribution to the line shape. The fitting of the Z-spectrum to the sum of multiple Gaussian functions was performed using the following equation:

$$y = \sum_i A_i \exp \left[ -4 \ln 2 (x - \omega_i)^2 / \sigma_i^2 \right] \quad (2)$$

where  $\omega$  is the frequency offset from the water resonance, and  $A_i$ ,  $\omega_i$ , and  $\sigma_i$  are the amplitude, frequency offset, and linewidth of the CEST peak for the  $i^{\text{th}}$  proton pool, respectively. The integrals of the different pools were generated following their multi-Gaussian fitting and are given as integral  $= \sqrt{(\pi/2)} A_i \sigma_i$ .

Contrast to noise ratio (CNR) was calculated as  $(S_B - S_A) / \sqrt{(\sigma_B^2 + \sigma_A^2)}$ , where  $S_A$  and  $S_B$  are the mean values for the regions-of-interest (ROIs) of the tumors and the surrounding areas of normal breast tissue respectively and  $\sigma_{A,B}$  are their standard deviations [22, 23]. In the same way, CNR was calculated for the  $T_1W$  imaging.

**Statistical analysis** The nonparametric Wilcoxon signed-rank test was used to calculate statistical significance as obtained before and after GlcN oral administration.  $p$ -values  $< 0.05$  were considered significant. The small size of the study group does not allow the evaluation of the statistical significance of this research results vs. the clinical results.

## Results

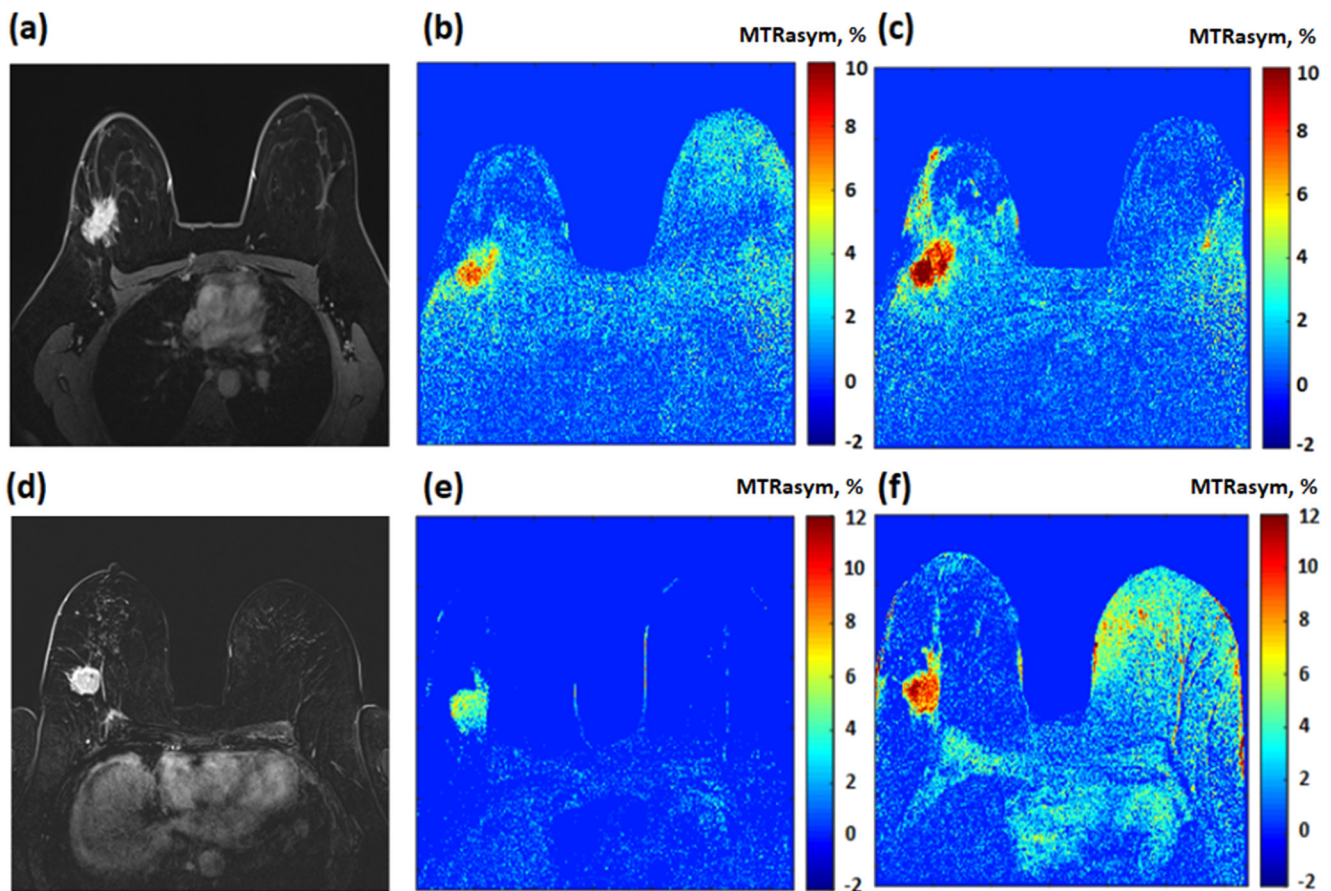
CEST signal was found to be higher in malignant breast lesions than in surrounding breast tissue in all patients (median age, 53 years,  $N = 12$ ,  $p = 2.2 \text{ E}^{-03}$ ) (Table 2 and Figs. 1, 2). The CEST signal was calculated based on MTRAsym for chemical shifts at 2 ppm from the water signal. The choice of this chemical shift was to allow isolation from the broad water signal. The CEST signal location was determined based on complementary data obtained by Gd- $T_1W$  examinations and according to its visual location as identified by an expert radiologist. Before the GlcN oral administration, the average CEST value for the tumors was  $4.71 \pm 3.31\%$  while that of the normal tissue was  $0.43 \pm 0.36\%$ . The average CEST values 2 h after the GlcN oral administration were  $8.12 \pm 4.09\%$  and  $0.48 \pm 0.52\%$  in the tumor and the normal tissues respectively ( $N = 12$ ,  $p = 2.2 \text{ E}^{-03}$ ). Thus, the average CEST value in the tumor increased by  $3.41 \pm 0.79\%$  following the GlcN oral administration while that of the normal tissue remained about the same.

Figure 3 outlines the spectral results of the breast tumor as displayed with Z-spectra for patient no. 2. A multi-pool Gaussian fitting approach was applied to account for the contribution of each metabolite. Figure 3 points to the increase in the hydroxyl (OH) and amine/amide CEST signals as well as in the NOE signal of breast cancer tissue as observed by the Z-spectra following GlcN oral administration, indicating GlcN uptake in the tumors.

Both the Gaussian fitting analysis and MTRAsym analysis show GlcN CEST effects in patients with breast tumors;

**Table 2** Summary of all patients results as obtained from MRI data

Patient (no.)	T <sub>1</sub> contrast kinetics wash in (mm <sup>2</sup> /s)	T <sub>1</sub> contrast kinetics wash out (rate/s)	T <sub>1</sub> contrast kinetics time to peak (s)	CNR T <sub>1</sub>	MTRasym (before), % (2 ppm)	MTRasym (after), % (2 ppm)	Delta MRTasym, % (2 ppm)	CNR CEST (before)	CNR CEST (after)	Integrals calculated by Gaussian fitting					
										OH	Amine/amide	NOE			
										Before (1.5–2 ppm)	After (2.5–4 ppm)	Before (-2.8)–(-3.5) ppm)	After		
1	0.7	0	133	4.6	6.8 ± 0.9	11 ± 0.8	4.2 ± 0.8	6.7	9.7	0.12	0.17	0.31	0.38	0.44	0.67
2	0.43	-	96	5.5	2.1 ± 1.2	6.8 ± 0.8	4.7 ± 1.0	1.6	7.4	0.32	0.48	0.39	0.58	0.29	0.49
3	2.4	2	76	4.6	4.2 ± 0.2	9.6 ± 1.4	5.4 ± 0.4	1.8	6.1	0.28	0.83	0.54	1.48	0.57	1.63
4	2.4	30	133	3.9	0.5 ± 0.3	2.9 ± 0.4	2.5 ± 1.6	0.9	5.9	0.2	0.24	0.62	0.69	0.34	1.14
5	1.6	0	144	3.1	11.4 ± 0.4	12.2 ± 0.2	0.8 ± 0.3	23.6	32.3	0.16	0.5	1.6	1.38	0.3	0.46
6	2.1	-	142	5.5	8.8 ± 0.5	10.7 ± 0.4	1.9 ± 0.4	9.4	17.4	0.13	0.57	0.4	0.67	0.49	0.5
7	1.8	4	133	2.4	1.2 ± 0.5	6.7 ± 0.6	5.5 ± 0.5	1.1	6.8	0.2	0.45	0.05	0.35	0.1	0.8
8	1.19	12	142	2	6.5 ± 0.4	8.1 ± 0.5	1.6 ± 0.4	13.3	14.4	0.47	0.51	0.05	0.29	1.3	1.04
9	0.62	0	81	4.1	0.8 ± 0.5	3.5 ± 0.8	2.6 ± 0.6	1.2	3.8	0.26	0.57	0.72	1.03	1.05	1.79
10	1.09	-	146	3.8	2.4 ± 0.2	3.3 ± 0.6	0.9 ± 0.4	5.9	3.6	0.05	0.45	1.22	1.61	1.24	1.47
11	1.07	0	138	6	5.0 ± 0.7	5.4 ± 0.4	0.4 ± 0.6	5.6	6.2	0.14	0.31	0.54	0.81	0.32	0.53
Average	1.40		124	4.2	4.7	8.1	3.4	6.2	10.7	0.21	0.46	0.59	0.84	0.59	0.96
SD	0.67		25.1	1.3	3.3	4.1	0.8	6.7	8.1	0.11	0.17	0.44	0.45	0.40	0.47



**Fig. 1** **a–c** A 34-year-old female patient with grade II–III invasive ductal carcinoma in the right breast and **(d–f)** a 63-year-old female patient with grade III invasive ductal carcinoma in the right breast. **a, d** Gadolinium

**(Gd)**  $T_1W$  images. **b, e** and **c, f** are CEST MTRAsym maps calculated at frequency offset of 2 ppm before and after oral administration of GlcN, respectively

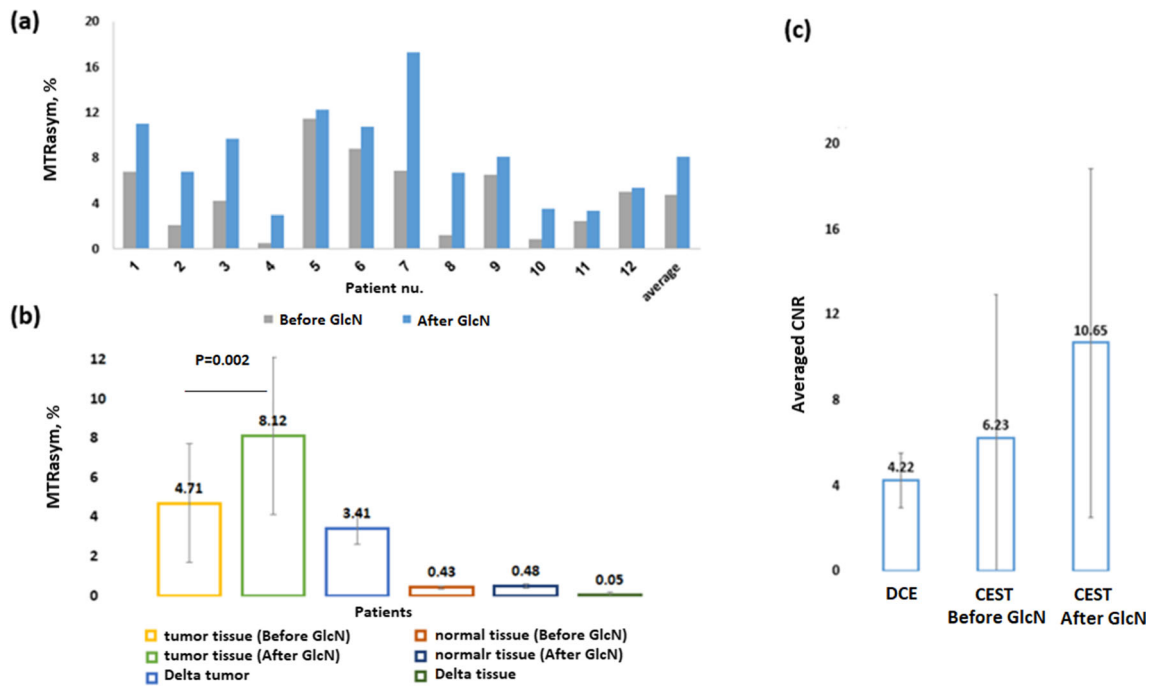
however, the Gaussian approach yields information of the different pool contributions to the Z-spectra as demonstrated in Fig. 4 and Table 2. Both CEST amplitudes and linewidths were increased after GlcN treatment (Table 2S, Supplementary Material). The integrals for the hydroxyl, amine/amide CEST, and NOE pools were increased with averaged factors ( $N = 12$ ) of  $2.2 \pm 1.2$  ( $p = 3.38 \text{ E} - 03$ ),  $1.4 \pm 0.4$  ( $p = 9.88 \text{ E} - 03$ ), and  $1.6 \pm 0.6$  ( $p = 2.09 \text{ E} - 02$ ), respectively.

## Discussion

To our knowledge, this is a first demonstration for the detection of human breast cancer with GlcN CEST MRI method at a clinical setup. This study reveals the feasibility of the technique to differentiate between breast cancer tissue and normal-appearing breast tissue. This observation suggests that the method could be used to track changes in metabolic activity in response to GlcN uptake in the tumor, a key marker for cancer diagnosis. Therefore, the method may be used as a complementary molecular imaging method. At the same time,

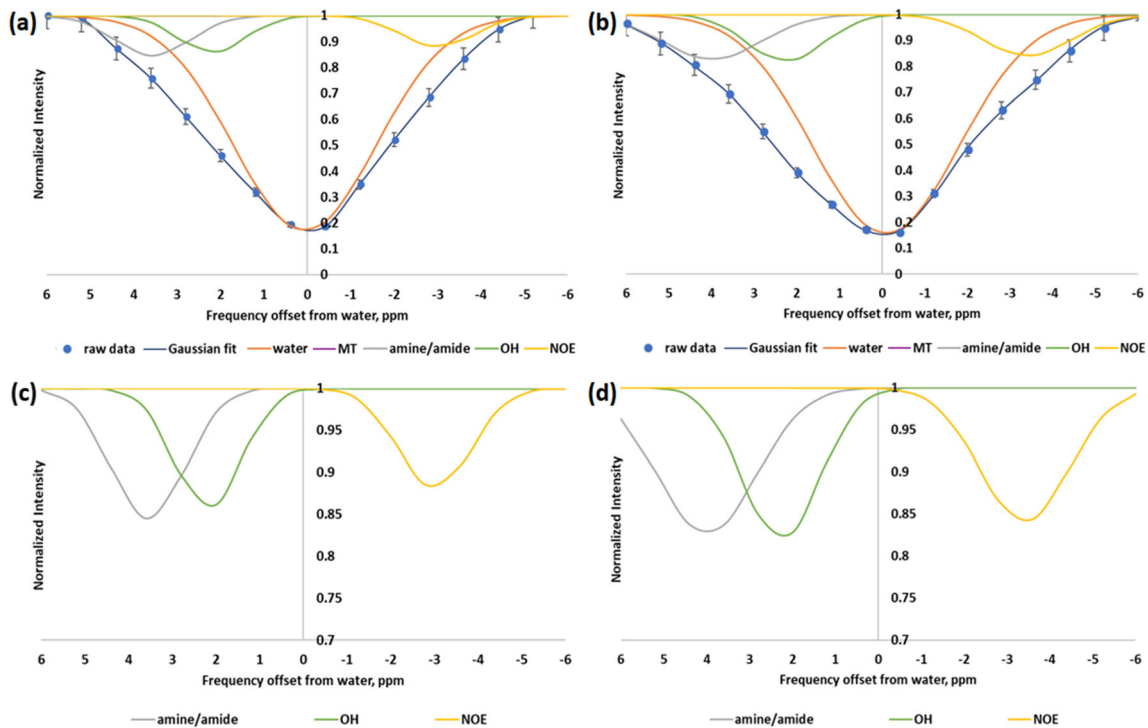
determining the method's threshold conditions and thus identifying a typical GlcN CEST scale range for breast cancer will require a larger sample size. The high contrast to noise ratio (CNR) in the GlcN CEST images points to a potential in detecting small tumors at earlier stages. The MTRAsym in the surrounding breast tissue was low, which is in agreement with recently published data [9].

This study showed that both the MTRAsym analysis and the multi-pool Gaussian fitting may assist in detecting dynamic changes of the CEST signal in breast cancer following oral administration of GlcN. Since MTRAsym calculations are impacted by the presence of other CEST species in the contralateral side of the direct effect, they were limited to the hydroxyl peak. Z-spectra were fitted with five Gaussian line shapes to separate the contributions of each peak contribution to the CEST effect. When compared with the results reported at higher preclinical field strength [16], lower absolute differences between the resonant frequencies of water and the other examined peaks at a clinical field strength give rise to considerably larger water direct saturation and spillover effects. In this study, we found that fitting to a Gaussian line shape [21] yielded better results than fitting to a Lorentzian line shape



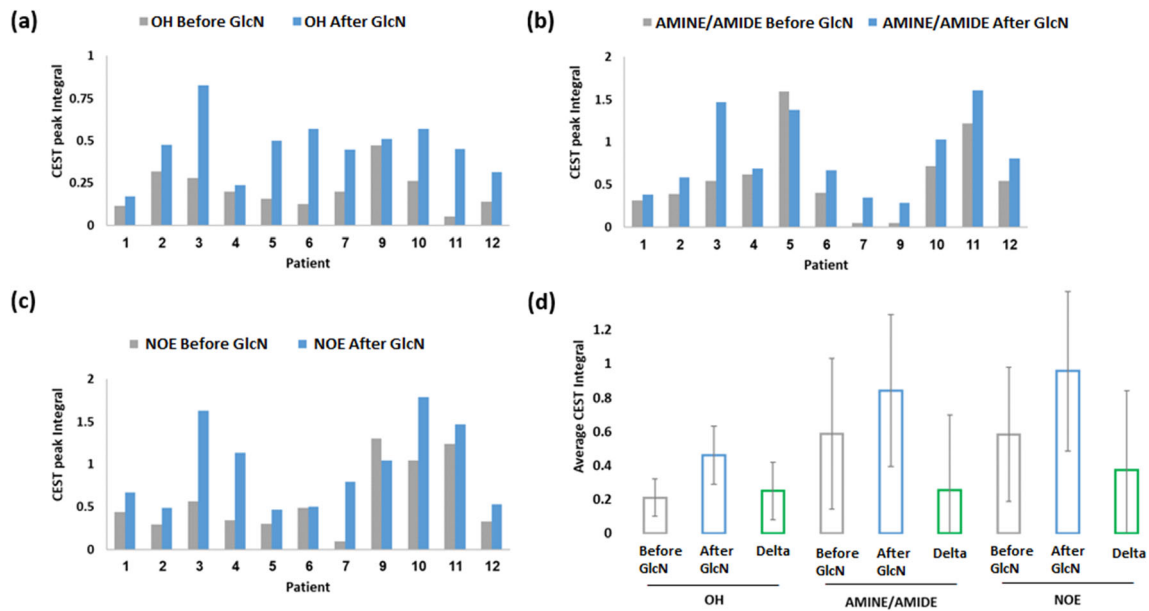
**Fig. 2** Plots of the MTRAsym at frequency of 2 ppm as obtained for tumor tissue measured in the patients ( $n = 12$ ) (a) before and after oral administration of GlcN and (b) the average results compared with normal breast tissue (error bars represent the standard deviation of the

distributions of MTRAsym values) and (c) the averaged CNR results as obtained by the  $T_1W$ , and CEST imaging methods (error bars represent the standard deviation of the distributions of averaged CNR)



**Fig. 3** Z-spectra of breast tumor obtained for a 50-year-old female patient with grade III IDC, DCIS in the left breast (a) before and (b) after oral administration of GlcN and the corresponding multi-pool Gaussian fitting, shows the contribution from different pools (error bars represent the standard deviation of the distributions of normalized intensities

values). **c** and **d** are the fitted different pools, separated from the raw Z-spectra, respectively ( $R^2 > 0.99$  and residual errors are less than 2%). The MT pool is not easily apparent in the figure since it is much smaller compared to the other pools



**Fig. 4** CEST peak integral change for each examined patient at the frequency ranges of (a) OH, (b) amine/amide, and (c) NOE as calculated by the multi-pool Gaussian fitting before and after oral administration of GlcN and (d) the corresponding averaged CEST peak integral for the

signals of the OH, amine/amide, and NOE (for all patients; patient #8 was excluded from the analysis due to technical difficulty in Z-spectra fitting)

[20]. This could be related to the fact that the 3-T clinical scanner contributes more to field inhomogeneity than the 7T results. The multi-Gaussian fitting approach allowed to measure tumor contrast referring to 3 main exchangeable pools: the hydroxyl, amine/amide, and NOE pools. The integral increase of the 3 peaks, which is attributed to GlcN administration, is due to an increase in both linewidth and amplitude of the examined pools. The contrast may arise from GlcN and its metabolic product accumulation in the tumor, as was previously shown for a murine model [15, 16]. Since there is limited published data regarding the metabolic activity of breast carcinomas, it is difficult to anticipate which type of exchangeable protons was detectable [7]. A CEST peak around 1.5–2 ppm may originate from –OH protons belonging to GlcN metabolites or from glycosaminoglycans (GAGs). The origin of the CEST contrast detected at 2.5–4 ppm may be a weighted sum of signals that originate from different amine/amide groups arising from GlcN and its phosphorylated products. As was shown previously [15], the CEST effect of GlcN increases at lower pH values. Hence, the enhanced CEST effect following the GlcN administration can also be explained by tissue acidosis associated with lactate buildup [16]. Potential contributions from metabolites responsible for the NOE (~3 ppm) could be proteins and peptides as well as N-acetyl groups. The NOE effect indicates that the CEST arises from intracellular metabolites of GlcN. Free GlcN molecules do not give forth to NOE effects [15]. Thus, the observation of NOE proves that GlcN enters into the cancer cells

and that its metabolites contribute to the CEST effect. This result concurs with previous  $^{13}\text{C}$  NMR spectroscopy studies of extracts of implanted tumors in mice [16], which indicated the accumulation of GlcN and its metabolites in the tumors. One may note that the fat suppression has only a minimal effect on the CEST results since it is too short (few ms) to build up any additional CEST effects, and that this pulse is always applied even in the  $M_0$  image; thus, a potential perturbation of the water will be offset independent.

The GlcN CEST contrast varies from patient to patient due to a variety of factors such as tumor viability and malignancy, pH change of the surrounding tissue, and individual reaction to GlcN administration, which might all contribute to the wide range of results. The small number of patients is a limitation of this study that may impede the ability to decide whether there is a significant correlation between the observed CEST results and pathological markers. Thus, further clinical trials are required to assess the detectability and the sensitivity of GlcN CEST signal with regard to the tumor pathological characteristics.

In the present study, each patient was scanned twice: before and 2 h after the administration of the agent. The choice of this time interval was done since it takes 2 h to get high concentration of GlcN in the blood [24]. This might be time constraints encountered in clinical practice. However, since GlcN CEST has highly significant contrast for breast tumors, it is reasonable to suggest that in the future a single scan (at a range of frequencies that are most sensitive for the detection of

GlcN) 2 h after oral administration of GlcN will be enough; thus, only an additional few minutes will be required over the routine clinical scan time.

In future, complementary studies should be performed in a larger scale of patients for further evaluation and optimization of the technique. Additionally, the GlcN CEST MRI technique should be examined for its ability to differentiate between malignant and non-malignant processes. In recent years, concerns have been raised regarding the repeated use of Gd [25]. GlcN CEST has potential clinical application that allows a non-Gd MRI of breast cancer. The similarity of the biochemical basis of the proposed method to that of the positron emission tomography (PET) points to the possibility that both morphological and metabolic information will be obtained in a single MRI session. It can serve as a guide for tumor diagnosis as well as its treatment monitoring.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s00330-022-08772-w>.

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## Declarations

**Ethics approval** Institutional Review Board approval was obtained.

**Informed consent** Written informed consent was obtained from all subjects (patients) in this study.

**Conflict of interest** The authors of this manuscript declare no relationships with any companies, whose products or services may be related to the subject matter of the article.

**Guarantor** The scientific guarantor of this publication is Prof. Gil Navon.

**Statistics and biometry** No complex statistical methods were necessary for this paper.

## Methodology

- prospective
- diagnostic or prognostic study
- performed at one institution

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