



# Evaluation of amide proton transfer-weighted imaging for endometrial carcinoma histological features: a comparative study with diffusion kurtosis imaging

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## Abstract

**Objectives** To investigate whether amide proton transfer-weighted imaging (APTWI) and diffusion kurtosis imaging (DKI) can be used to evaluate endometrial carcinoma (EC) in terms of clinical type, histological grade, subtype, and Ki-67 index.

**Methods** Eighty-eight patients with EC underwent pelvic DKI and APTWI. The non-Gaussian diffusion coefficient ( $D_{app}$ ), apparent kurtosis coefficient ( $K_{app}$ ), and magnetization transfer ratio asymmetry (MTR<sub>asym</sub> (3.5 ppm)) were calculated and compared based on the clinical type (type I, II), histological grade (high- and low-grade), and subtype (endometrioid adenocarcinoma (EA) and non-EA). Correlation coefficients were calculated for each parameter with histological grades and the Ki-67 index.

**Results** The MTR<sub>asym</sub> (3.5 ppm) and  $K_{app}$  values were higher in the type II group and high-grade group than in the type I and low-grade groups, respectively, while the  $D_{app}$  values were lower in the type I and low-grade groups, respectively (all  $p < 0.05$ ). The  $K_{app}$  value was higher in the EA group than in the non-EA group ( $p = 0.022$ ). The  $K_{app}$  value was the only independent predictor for the histological grade of EA and the clinical type of EC. The AUC (DKI) was higher than the AUC (APTWI) in the identification of type I and II EC and high- and low-grade EA ( $Z = 2.042, 2.013, p = 0.041, 0.044$ ), while in the identification of EA and non-EA, only the difference in  $K_{app}$  was statistically significant. Moreover, the  $K_{app}$  and MTR<sub>asym</sub> (3.5 ppm) values and  $D_{app}$  values correlated positively and negatively, respectively, with histological grade ( $r = 0.759, 0.555, 0.624, \text{ and } 0.462$ , all  $p < 0.05$ ) and Ki-67 index ( $r = -0.704, -0.507$ , all  $p < 0.05$ ).

**Conclusion** Both DKI- and APTWI-related parameters have potential as imaging markers in estimating the histological features of EC, while DKI shows better performance than APTWI in this study.

Nan Meng and Xuejia Wang contributed equally to this work and should be considered co-first authors.

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## Key Points

- *DKI and APTWI can be used to preliminarily evaluate the histological characteristics of endometrial carcinoma (EC).*
- *The  $K_{app}$  was the only independent predictor for the histological grade of EA and the clinical type of EC.*
- *The  $K_{app}$ , MTRasym (3.5 ppm), and  $D_{app}$  correlated positively and negatively, respectively, with histological grade and Ki-67 index.*

**Keywords** Diffusion magnetic resonance imaging · Magnetization transfer contrast imaging · Endometrial neoplasms

## Abbreviations

APTWI	Amide proton transfer-weighted imaging
$D_{app}$	Non-Gaussian diffusion coefficient
DKI	Diffusion-kurtosis imaging
EA	Endometrioid adenocarcinoma
EC	Endometrial carcinoma
FIGO	International Federation of Gynecology and Obstetrics
$K_{app}$	Apparent kurtosis coefficient
MTRasym (3.5 ppm)	Magnetization transfer ratio asymmetry at 3.5 ppm
SI	Signal intensity

## Introduction

Endometrial carcinoma (EC) is a common malignant tumor of the female reproductive system, with high morbidity and mortality worldwide [1, 2]. Studies to date have shown that clinical type, histological grade, subtype, and the Ki-67 index can all have important effects on the treatment and prognosis of EC patients. For example, Bokhman et al [3] showed that type I (estrogen-dependent) EC was more sensitive to hormone therapy and had a better prognosis than type II (nonestrogen-dependent) EC. Furthermore, Scholten et al [4] found that the 5-year survival rate of patients with low-grade (grades 1, 2) EC was significantly higher than that of patients with high-grade (grade 3) EC (92%, 94% vs 63%). The study of Kitson et al [5] also reported that the level of the Ki-67 index can serve as an effective biological marker for EC disease assessment.

In clinical practice, preoperative biopsy is widely used in the evaluation of EC histological features. However, due to the influence of multiple factors, such as operator experience, tumor heterogeneity, and lesion size, this method may not be sufficient to make correct diagnoses for the clinical types, histological grades or subtypes, and Ki-67 index [6, 7]. Magnetic resonance imaging (MRI) is currently recognized as a reliable means of noninvasive detection and evaluation of EC [8, 9]. However, conventional MRI sequences based on morphological imaging often cannot well reflect the microscopic information of lesions, which makes it difficult to provide more detailed guidance for relevant clinical diagnosis and

treatment programs [10, 11]. Furthermore, the advent of diffusion-weighted imaging (DWI) and dynamic contrast-enhanced imaging (DCE-MRI) has greatly improved the reliability of MRI in predicting aspects of EC lesions [12, 13]. Nonetheless, in the absence of biopsy, there are still great challenges in the assessment of micro pathological features such as clinical type, histological grade, subtype, and Ki-67 index in EC patients using conventional MRI alone. Diffusion kurtosis imaging (DKI) is a type of diffusion imaging technology that utilizes the motion of water molecules in tissue as a non-Gaussian distribution [14]. Compared with DWI, DKI more accurately describes the diffusion characteristics of water molecules in tissue; thus, it has higher sensitivity with regard to reflecting the complexity of the microstructure of tissue [15]. Due to this advantage, DKI has been widely used in glioma grading [16], stroke assessment [17], and diagnosis and prognosis evaluation of breast [18] and cervical [19] cancer as well as in other fields. Amide transfer-weighted imaging (APTWI) is an MRI molecular imaging technology proposed by Zhou et al [20] that is based on the chemical exchange between amide protons and water protons and can achieve noninvasive quantitative assessment of mobile protein and polypeptide concentrations in tissues without the use of contrast agents. Previous studies have confirmed that APTWI can be implemented for the diagnosis, identification, and prognosis assessment of some diseases [19, 21, 22]. However, in terms of EC research, only a few small sample studies thus far have separately reported that APTWI [23]- and DKI [24]-related parameters can be preliminarily used as imaging markers for the noninvasive assessment of EC histological grade.

This study aimed to investigate APTWI and DKI in the evaluation of EC in terms of clinical type, histological grade, subtype, and Ki-67 index, with the goal of providing new help for the diagnosis and treatment of EC patients.

## Materials and methods

### Study population

The Ethics Committee of the local institution approved this prospective study. Written informed consent was acquired from each patient before scanning. From August 2017 to

**Table 1** Clinicopathologic characteristics of the patients

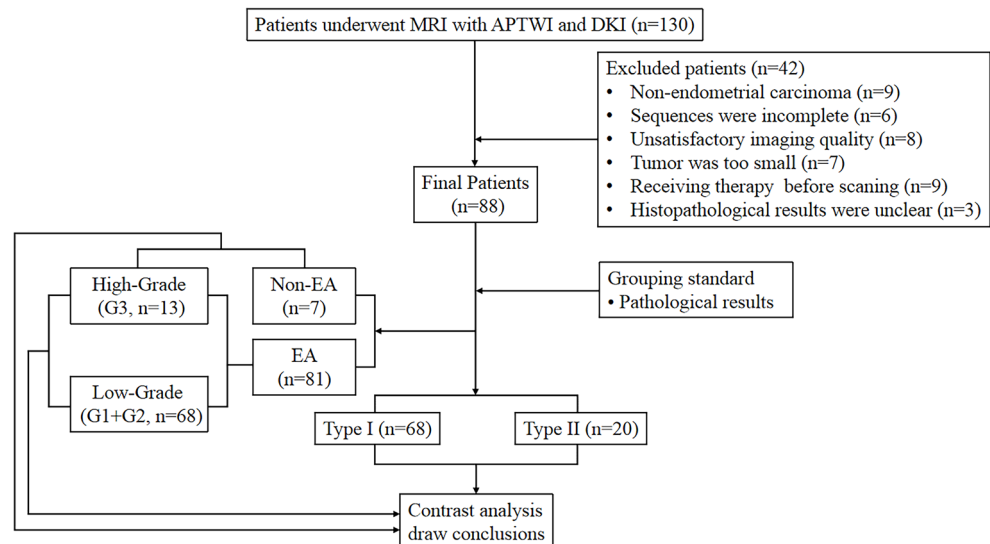
Characteristics	Type I ( <i>n</i> = 68)	Type II ( <i>n</i> = 20)
Age (years)	57.38 ± 7.46 (41–70)	62.95 ± 9.04 (40–71)
Maximum diameter (mm)	51.50 ± 13.68 (22–81)	56.40 ± 14.36 (33–100)
Histological type <i>n</i> (%)		
Endometrioid	68 (100.00%)	13 (65.00%)
Serous	0 (0.00%)	4 (20.00%)
Clear-cell	0 (0.00%)	3 (15.00%)
Histological grade <i>n</i> (%)		
Grade 1	45 (66.18%)	0 (0.00%)
Grade 2	23 (33.82%)	0 (0.00%)
Grade 3	0 (0.00%)	20 (100.00%)
FIGO stage <i>n</i> (%)		
IA	32 (47.06%)	4 (20.00%)
IB	16 (23.53%)	3 (15.00%)
II	5 (7.35%)	3 (15.00%)
IIIA	3 (4.41%)	2 (10.00%)
IIIB	3 (4.41%)	2 (10.00%)
IIIC1	2 (2.94%)	1 (5.00%)
IVA	3 (4.41%)	2 (10.00%)
IVB	4 (5.88%)	3 (15.00%)
Ki-67 index <i>n</i> (%)		
≤ 10% (–)	3 (4.41%)	0 (0.00%)
11%–25% (+)	19 (27.94%)	0 (0.00%)
26%–50% (++)	22 (32.35%)	6 (30.00%)
≥ 51% (+++)	24 (35.29%)	14 (70.00%)

April 2020, a consecutive series of 130 female patients were enrolled for MRI in this study due to suspicion of having EC by computed tomography (CT) or ultrasound (US). The exclusion criteria were as follows: (1) pathologic findings were non-EC (*n* = 9); (2) patients who were unable to complete all

imaging sequences due to claustrophobia or the long scanning time (*n* = 6); (3) the quality of APTWI or DKI images was hampered by motion or ghosting artifacts (*n* = 8); (4) the maximum area of EC was less than 50 pixels (392 mm<sup>2</sup>) on the axial plane of APTWI or DKI given the effect of image noise (*n* = 7); (5) chemotherapy, radiotherapy, or surgery was performed before scanning (*n* = 9); and (6) unclear pathological or immunohistochemistry results (*n* = 3). Ultimately, 88 patients were included in the study (age range, 41–73 years; mean age, 58 years) (Fig. 1, Table 1).

## Image acquisition

MR imaging was performed with a 3.0-T MR scanner (Discovery MR750, GE Healthcare) equipped with a 16-channel phased-array body coil. For all sequences, patients were placed in the supine position feet-first into the scanner and with a partially full bladder. Before the examination, 40 mg of hyoscine butyl bromide (Buscopan; Boehringer) was administered intramuscularly to reduce bowel motion. First, two-dimensional axial T1-weighted imaging (T1WI), T2-weighted imaging (T2WI), and DWI [11] scans were performed. Next, with reference to T1WI, T2WI, and DWI images, a radiologist with 10 years of experience selected slices on which a tumor appeared to be present as the scan sections for APTWI and DKI. A total of 5 *b*-values (0, 500, 1000, 1500, and 2000 s/mm<sup>2</sup>), with 30 diffusion directions, were used in DKI [14, 15, 24]. APTWI was performed by using a saturation power level of 2.0 μT and a saturation pulse ( $T_{sat}$ ) with a duration of 0.5 s [21, 23–25]. A total of 52 frequencies, including 49 offsets ranging from –600 to + 600 Hz with an interval of 25 Hz and a frequency 5000 Hz (3 times) far from the resonant frequency, were used for the APTWI and z-spectrum scans for signal normalization. The water saturation shift reference (WASSR) was applied for  $B_0$  correction.

**Fig. 1** Flow diagram of the patient selection process

Finally, a DCE-MRI scan was performed in which a volume of gadopentate dimeglumine (Gd-DTPA, Bayer Pharmaceutical) was intravenously injected (0.1 mL/kg, 2.0 mL/s) using an automatic injector. The details of each protocol are shown in Table 2.

**Data postprocessing**

All MR images were independently analyzed by 2 radiologists (with 6 and 8 years of experience, respectively) who were blinded to each other’s results as well as the clinical data and pathology reports. The DKI and APTWI images were analyzed using a postprocessing workstation (Advantage Workstation 4.6, GE Healthcare) equipped with special software (GE FuncTool). For  $K_{app}$ ,  $D_{app}$ , and MTR<sub>asym</sub> (3.5 ppm) maps, regions of interest (ROIs), excluding areas with necrotic regions, obvious signals or artifacts from a hemorrhage, cystic degeneration, and blood vessels, were drawn along the tumor edge at every cross-section of the tumor tissue using T1WI, T2WI, DWI, and DCE-MRI as references. The final value of each lesion parameter was the average value of the corresponding parameter on all slices.

DKI parameters were calculated using the following equation:

$$S_b = S_0 \times \exp(-b \times D_{app} + b^2 \times D_{app}^2 \times K_{app}/6)$$

where  $S_0$  and  $S_b$  represent the signal intensity (SI) under different  $b$ -values (0 s/mm<sup>2</sup> or other values), respectively;  $K_{app}$  (arbitrary units) indicates kurtosis and represents the degree of deviation from the Gaussian distribution; and  $D_{app}$  ( $\times 10^{-3}$  mm<sup>2</sup>/s) indicates diffusivity and represents the diffusion coefficient corrected for non-Gaussian bias [14, 15].

APTWI parameters were calculated using the equation:

$$\begin{aligned} & \text{MTR}_{\text{asym}} (3.5 \text{ ppm}) \\ &= [S_{\text{sat}} (-3.5 \text{ ppm}) - S_{\text{sat}} (+3.5 \text{ ppm})] / S_0 \end{aligned}$$

where  $S_{\text{sat}}$  and  $S_0$  are the SIs obtained with and without selective saturation, respectively; the magnetization transfer ratio was defined as  $1 - S_{\text{sat}}/S_0$ , and MTR<sub>asym</sub> (3.5 ppm) represents the magnetization transfer ratio asymmetry at 3.5 ppm downfield from the water signal [20, 21].

**Histopathologic analysis**

A pathologist (with 8 years of experience), who was blinded to the MRI data, analyzed all surgically resected specimens of each patient. The clinical type, histological grade, and subtype were determined by hematoxylin/eosin (HE) staining. A murine Ki-67 monoclonal antibody (M3G4, Celnovte) was used to determine the Ki-67 index. Referring to the International Federation of Gynecology and Obstetrics (FIGO) grading system [26] and previous studies [3, 27], the specimens were classified into the following groups: type I (grade 1 and grade 2 endometrioid adenocarcinoma (EA)) and type II (grade 3 EA and non-EA (clear cell and serous carcinoma)) EC groups, EA (grade 3) and non-EA groups, and low-grade (grade 1 and grade 2) and high-grade (grade 3) EA groups.

**Statistical analysis**

The software MedCalc (Version 15.0; MedCalc Software) and SPSS (Version 23.0; IBM) were employed for statistical analyses. Interobserver reliability is described with the intraclass correlation coefficient (ICC) ( $r \geq 0.75$ , excellent agreement;

**Table 2** Imaging protocol parameters

Parameters	T1WI	T2WI	DWI	DKI	APTWI	DCE-MRI
Sequence	2D-FSE	2D-FSE	2D-SS-EPI	2D-SS-EPI	2D-EPI	3D-LAVA
Orientation	Axial	Axial	Axial	Axial	Axial	Axial
TR/TE (ms)	605/8	5455/109	6000/60.5	2500/58.9	3000/12	4.2/2.1
FOV (cm <sup>2</sup> )	36 × 36	36 × 36	36 × 36	36 × 36	36 × 36	36 × 36
Matrix	320 × 224	320 × 224	128 × 128	128 × 128	128 × 128	320 × 320
Bandwidth (Hz/pixel)	62.50	83.33	250	250	250	83.33
Slice thickness	5	5	5	5	5	1
No. of sections	20	20	20	5-15	1	80
NEX	1	1	1, 4	2	1	0.7
Fat suppression	/	STIR	STIR	SPECIAL	STIR	FLEX
$b$ -values (s/mm <sup>2</sup> )	/	/	0, 1000	0, 500, 1000, 1500, 2000	/	/
Respiratory compensation	Free	Free	Free	Free	Free	Breath holding
Scan time	1 min 57 s	1 min 33 s	1 min 24 s	5 min 28 s	2 min 36 s	0:09 (each phase)

FSE fast spin echo, SS-EPI single shot echo planar imaging, TR/TE repetition time/echo time, FOV field of view, NEX number of excitations, LAVA liver acquisition with volume assessment, FLEX flexible, STIR short-inversion time (TI) recovery, SPECIAL spectral inversion at lipids

$0.60 \leq r < 0.75$ , good agreement;  $0.40 \leq r < 0.60$ , fair agreement; and  $r < 0.40$ , poor agreement) [23]. The Shapiro-Wilk test was applied to evaluate whether the data of each group followed a normal distribution. The comparison of each parameter between different groups was analyzed with the independent sample *t* test. Receiver operating characteristic (ROC) curves were generated, and the Delong test was performed to determine which parameter was suitable for the evaluation of EC histological features. Logistic regression analyses were used to identify independent factors and combination diagnosis. The Spearman rank and Pearson correlation were employed to describe the correlation of each parameter with histologic grade and Ki-67 index, respectively. A correlation coefficient (*r*) of 0.75–1.00 was considered to indicate a good correlation, 0.50–0.74 a moderate correlation, 0.25–0.49 a mild correlation, and 0.24 or lower little or no correlation. Results with  $p < 0.05$  were considered to be statistically significant [18].

## Results

### Characteristics of the patients

Table 1 shows the clinicopathological characteristics of all patients.

### Consistency test

The ICCs between the two readers were as follows:  $K_{app}$ , 0.861;  $D_{app}$ , 0.843; and MTRasym (3.5 ppm), 0.757. Therefore, the two readers' averaged values of the parameter were used for the final analysis.

### Differences in parameters

The  $D_{app}$  value was higher, and the  $K_{app}$  and MTRasym (3.5 ppm) values were lower in the type I group than in the type II group ( $p = 0.002$ ,  $< 0.001$ , and  $< 0.001$ ). Although the  $K_{app}$  value was higher in the EA group than in the non-EA group ( $p = 0.022$ ), the difference in  $D_{app}$  and MTRasym (3.5 ppm) values between the two groups was not significant ( $p > 0.05$ ). Additionally, the  $D_{app}$  value was higher, and the  $K_{app}$  and MTRasym (3.5 ppm) values were lower in the low-grade group than in the high-grade group ( $p = 0.002$ ,  $< 0.001$ , and  $= 0.001$ ) (Figs. 2 and 3, Table 3).

### Regression analyses

Age, tumor size, FIGO stage, and related parameters were all included in the analysis. Univariate analysis revealed that FIGO stage,  $K_{app}$ ,  $D_{app}$ , and MTRasym (3.5 ppm) were independent predictors for the histological grade of EA, and age,

FIGO stage,  $K_{app}$ ,  $D_{app}$ , and MTRasym (3.5 ppm) were independent predictors for the clinical type of EC. Multivariable analysis revealed that  $K_{app}$  was the only independent predictor for the histological grade of EA and the clinical type of EC ( $p = 0.004$  and  $0.02$ , respectively) (Table 4).

### Diagnostic performance of different parameters

Regarding the identification of type I and type II EC, AUC ( $K_{app}$ )  $>$  AUC ( $D_{app}$ )  $>$  AUC (MTRasym (3.5 ppm)) was higher, but the difference between the AUCs of each parameter was not significant ( $p > 0.05$ ). According to the different imaging methods, the AUC (DKI) was nearly significantly higher than AUC (APTWI) ( $Z = 2.042$ ,  $p = 0.041$ ), where AUC (DKI) means AUC ( $K_{app} + D_{app}$ ), AUC (APTWI) means AUC (MTRasym (3.5 ppm)). Regarding the identification of EA and non-EA, only the AUC of the  $K_{app}$  value was significant (AUC = 0.846,  $p = 0.003$ ). Based on a comparison of high- versus low-grade EA, AUC ( $K_{app}$ )  $>$  AUC ( $D_{app}$ )  $>$  AUC (MTRasym (3.5 ppm)) and the difference in AUC between  $K_{app}$  and MTRasym (3.5 ppm) values were significant ( $Z = 2.031$ ,  $p = 0.042$ ). According to the different imaging methods, the AUC (DKI) was nearly significantly higher than the AUC (APTWI) ( $Z = 2.013$ ,  $p = 0.044$ ) (Fig. 4, Table 5).

### Correlation analysis

$K_{app}$  showed good and moderate positive correlations with histological grade and the Ki-67 index, respectively ( $r = 0.759$ ,  $0.624$ ,  $p < 0.05$ ).  $D_{app}$  was moderately and negatively correlated with histological grade and the Ki-67 index ( $r = -0.704$ ,  $-0.507$ ,  $p < 0.05$ ). MTRasym (3.5 ppm) showed a moderate and mild positive correlation with histological grade and the Ki-67 index, respectively ( $r = 0.555$ ,  $0.462$ ,  $p < 0.05$ ) (Fig. 5).

## Discussion

### Evaluation of APTWI for EC

Our analyses revealed that APTWI aids in the discrimination of EC of different clinical types and histological grades. The function of APTWI to reflect lesion characteristics is accomplished via the detection of the mobile protein and polypeptide contents of lesions [20, 21]. Previous studies have shown that the MTRasym (3.5 ppm) value is mainly related to the following factors: high cellularity, nuclear atypia, microscopic necrosis, and microvessel density (MVD) [24, 28, 29]. In this study, the type I and low-grade groups included highly differentiated and moderately differentiated lesions, but the type II and high-grade groups included poorly differentiated lesions. In terms of EC, the pathologic features of poorly differentiated

**Table 3** Comparison of different parameters among different groups

Groups	Age (year)	$K_{app}$	$D_{app}$ ( $\times 10^{-3}$ mm <sup>2</sup> /s)	MTR <sub>asym</sub> (3.5 ppm) (%)
<b>Histologic type</b>				
Type I ( $n = 68$ )	57.38 $\pm$ 7.46	0.82 $\pm$ 0.07	1.14 $\pm$ 0.12	3.23 $\pm$ 0.55
Type II ( $n = 20$ )	62.95 $\pm$ 9.04	0.89 $\pm$ 0.04	1.02 $\pm$ 0.09	3.65 $\pm$ 0.39
<i>t</i> -value	-2.514	-5.119	4.469	-3.246
<i>p</i> value	0.018	< 0.001	< 0.001	0.002
<b>Histological subtype</b>				
EA ( $n = 13$ )	60.92 $\pm$ 9.94	0.92 $\pm$ 0.04	1.02 $\pm$ 0.10	3.66 $\pm$ 0.41
Non-EA ( $n = 7$ )	66.71 $\pm$ 5.99	0.87 $\pm$ 0.04	1.03 $\pm$ 0.09	3.64 $\pm$ 0.39
<i>t</i> -value	-1.623	2.632	-0.157	0.09
<i>p</i> value	0.122	0.022	0.877	0.928
<b>Histologic grades</b>				
Low ( $n = 68$ )	57.38 $\pm$ 7.46	0.82 $\pm$ 0.07	1.14 $\pm$ 0.12	3.23 $\pm$ 0.55
High ( $n = 13$ )	59.38 $\pm$ 11.66	0.92 $\pm$ 0.04	1.02 $\pm$ 0.10	3.69 $\pm$ 0.41
<i>t</i> -value	-0.803	-5.087	3.769	-3.551
<i>p</i> value	0.424	< 0.001	0.001	0.002

EA grade 3 endometrioid adenocarcinoma, Non-EA clear cell and serous carcinoma, High-grade G1+G2, Low-grade G3

carcinoma include a tighter tissue structure, greater nuclear atypia, and more microscopic necrosis than highly and moderately differentiated carcinoma [13, 30]. In addition, recent studies have shown that type II EC is associated with higher serum levels of vascular endothelial growth factor (VEGF) [31] and that many enhancement parameters are also higher in type II than in type I carcinomas [32]. Due to these features, the mobile protein and polypeptide contents of the type II and high-grade groups are greater than those of the type I and low-grade groups, resulting in higher MTR<sub>asym</sub> (3.5 ppm) values. Additionally, this study found no significant difference in the MTR<sub>asym</sub> (3.5 ppm) values between the EA and non-EA groups. The explanation for this result may be related to their similar degree of differentiation. Ki-67 is a nuclear nonhistone protein in proliferative-phase cells. In general, the higher its expression level is, the greater the density of EC cells, the lower the differentiation, and the greater the invasiveness [5]. Therefore, we think that the increase in the MTR<sub>asym</sub> (3.5 ppm) value in the high Ki-67 index lesions is related to high cellularity and nuclear atypia, among other features.

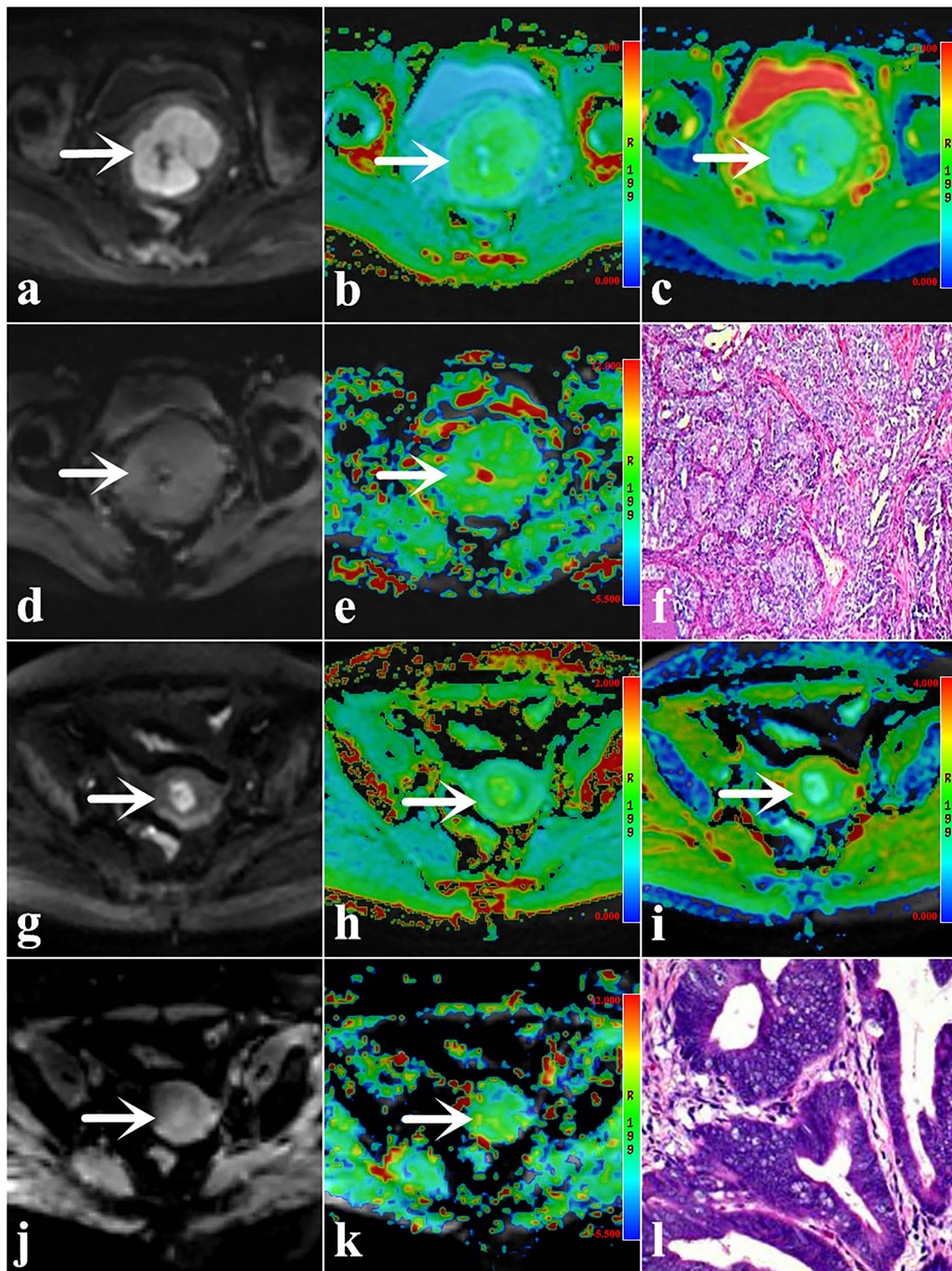
An important issue with APTWI is the choice of  $T_{sat}$ . A long  $T_{sat}$  was beneficial to obtain good contrast but also increased the probability of motion artifacts, especially during pelvic MRI. Most previous publications have suggested that APTWI with a  $T_{sat}$  of approximately 0.5 s was sufficient to evaluate pelvic lesions (such as EA, prostate cancer, and cervical cancer) [23, 25, 33]. Therefore, we applied a  $T_{sat}$  of 0.5 s in this study. However, it is necessary to further study the duration of the saturation radio frequencies.

In this study, we used echo planar imaging (EPI) acquisition for APTWI. Generally, turbo spin echo (TSE)-based APTWI [34] is less sensitive to susceptibility effect and

superior in signal-noise ratio (SNR) than EPI-based APTWI. However, EPI is faster in acquisition, and when the image quality is acceptable, under the same time, using EPI acquisition could obtain more saturation spectra with different frequency offsets to improve quantitative accuracy. At present, TSE-based APTWI combined with acceleration schemes has been developed [34, 35], which is promising for clinical usage.

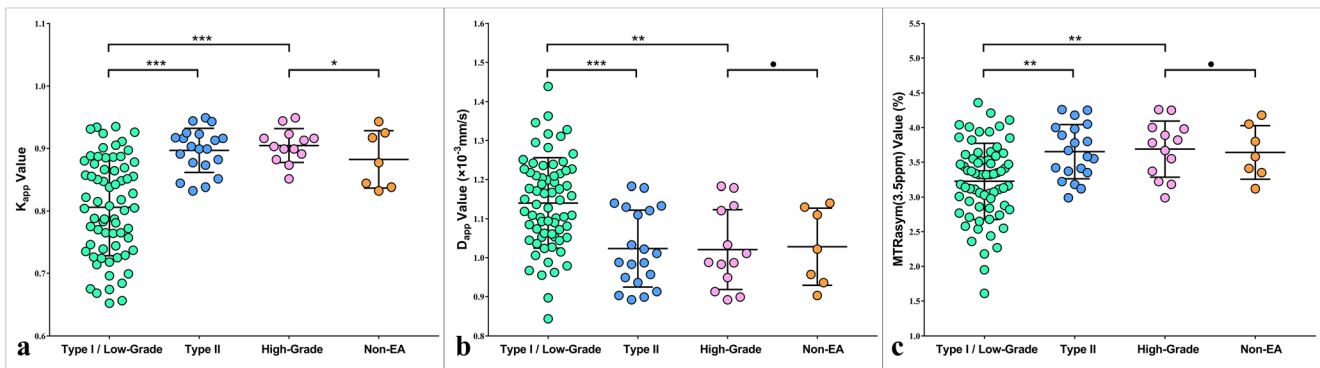
### Evaluation of DKI for EC

Our analyses revealed that compared with the type II and high-grade groups, the diffusion of water molecules in the type I and low-grade groups is less restricted, and the degree of deviation from a Gaussian distribution is lower. According to previous studies, differences in tissue differentiation levels may be an important reason for the above results [16, 24]. Compared with the moderately and highly differentiated type I and low-grade groups, the poorly differentiated type II and high-grade groups tended to have a tighter tissue structure and more significant tissue heterogeneity. The former limits the diffusion velocity of water molecules; as the latter increases the deviation of the diffusion motion of water molecules, its  $D_{app}$  value decreases, and the  $K_{app}$  value increases. In addition, we also found that only the  $K_{app}$  value could distinguish the EA group and the non-EA group. The possible reasons are as follows: (1) Both the EA and non-EA groups are poorly differentiated tumors, and they to some extent are similar in features of cell proliferation and nuclear atypia. Therefore, it is difficult to use the  $D$  value, which is mainly affected by the above factors, to distinguish differences between them. (2) EA is mainly characterized by high dysplasia of glandular cells,



**Fig. 2** **a–f** Images in a 58-year-old woman with type II, high-grade (grade 3) EA (arrowheads, Ki-67 = 60%). Averaged parameters values obtained by 2 readers were as follows:  $K_{app} = 0.946$ ,  $D_{app} = 0.913 \times 10^{-3} \text{ mm}^2/\text{s}$ , MTRasym (3.5 ppm) = 3.78%. **g–l** Images in a 49-year-old woman with type I, low-grade (grade 1) EA (arrowheads, Ki-67 = 30%). Averaged parameters values obtained by 2 readers were as follows:  $K_{app} = 0.787$ ,

$D_{app} = 1.227 \times 10^{-3} \text{ mm}^2/\text{s}$ , MTRasym (3.5 ppm) = 2.74%. **a, g** DWI original maps ( $b = 1000 \text{ s}/\text{mm}^2$ ), **b, h** pseudo colored maps of  $K_{app}$ , **c, i** pseudo colored maps of  $D_{app}$ , **d, j** APTWI original maps, **e, k** pseudo colored maps of MTRasym (3.5 ppm), **e, f** pathological images (original magnification,  $\times 100$ )



**Fig. 3** Plots show individual data points, averages, and standard deviations of  $K_{app}$  (a),  $D_{app}$  (b), and MTRasym (3.5 ppm) (c) in different groups. Individual points are averages of values calculated by 2 readers. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , and • $p > 0.005$

whereas serous carcinoma and clear-cell carcinoma display dense papillary and solid lamellar growth, respectively [36]. The difference in cell type and growth mode might be the reason for the difference in  $K_{app}$  values between the EA and non-EA groups. This study also indicated that DKI-related parameters can be applied as potential imaging markers to evaluate cell proliferation in EC. The reason may be as follows: in lesions with a high Ki-67 index, the cell proliferation ability was strong, and the tissue structure was compact [37]; therefore, the diffusion movement of water molecules was significantly restricted, and the  $D_{app}$  value was reduced. Additionally, a high Ki-67 index indicates a high degree of cell malignancy, high nuclear atypia, and more tissue necrosis. All these factors increase the heterogeneity of pathological tissues to different degrees and then cause a rise in the  $K_{app}$  value.

The DKI-related parameters were best estimated using 5–7  $b$ -values in the range of 300–2000  $s/mm^2$  [14–18]. The reasons were as follows: the maximum  $b$ -value of 2000  $s/mm^2$  can obtain a sufficient signal-to-noise ratio while effectively reducing the apparent departure of diffusion kurtosis from linearity, and the minimal  $b$ -value of 300  $s/mm^2$  can reduce the influence of perfusion on the diffusion metrics. The  $b$ -values (0, 500, 1000, 1500, and 2000  $s/mm^2$ ) of this study were basically consistent with the above conclusion. Therefore, the reliability of the related parameters is relatively high.

### Comparison of DKI and APTWI

In this study, the AUC (DKI) was nearly significantly higher than the AUC (APTWI) in the identification of type I and II

**Table 4** Univariate and multivariate analyses for identifying high- and low-grade EA

Parameters	Univariate analyses		Multivariable analyses	
	OR (95% CI)	$p$ value	OR (95% CI)	$p$ value
High- and Low-grade EA				
Age (year)	1.287* (0.697–2.387)	0.420	/	/
Tumor size (mm)	1.097* (0.605–1.990)	0.761	/	/
FIGO stage	1.268 (1.003–1.604)	<b>0.048</b>	0.967 (0.702–1.331)	0.836
$K_{app}$	12.436* (3.081–50.200)	< <b>0.001</b>	9.619* (2.062–44.871)	<b>0.004</b>
$D_{app}$ ( $\times 10^{-3}$ $mm^2/s$ )	0.301* (0.137–0.659)	<b>0.003</b>	0.629* (0.221–1.791)	0.385
MTRasym (3.5 ppm) (%)	3.018* (1.338–6.806)	<b>0.008</b>	1.250* (0.444–3.518)	0.673
Type I and type II EC				
Age (year)	1.817* (1.039–3.177)	<b>0.036</b>	1.579* (0.848–2.940)	0.150
Tumor size (mm)	1.421* (0.860–2.347)	0.170	/	/
FIGO stage	1.229 (1.059–1.595)	<b>0.012</b>	1.133* (0.599–2.140)	0.702
$K_{app}$	5.975* (2.439–14.639)	< <b>0.001</b>	3.435* (1.216–9.703)	<b>0.020</b>
$D_{app}$ ( $\times 10^{-3}$ $mm^2/s$ )	0.303* (0.155–0.594)	<b>0.001</b>	0.555* (0.233–1.324)	0.184
MTRasym (3.5 ppm) (%)	2.919* (1.470–5.795)	<b>0.002</b>	1.636* (0.689–3.880)	0.264

All factors with  $p < 0.1$  in univariate analyses were included in multivariate regression analyses. OR odds ratio, CI confidence interval. \*OR for per 1 standard deviation. The bold typeface in the table indicates the logistic regression analyses with statistical significance



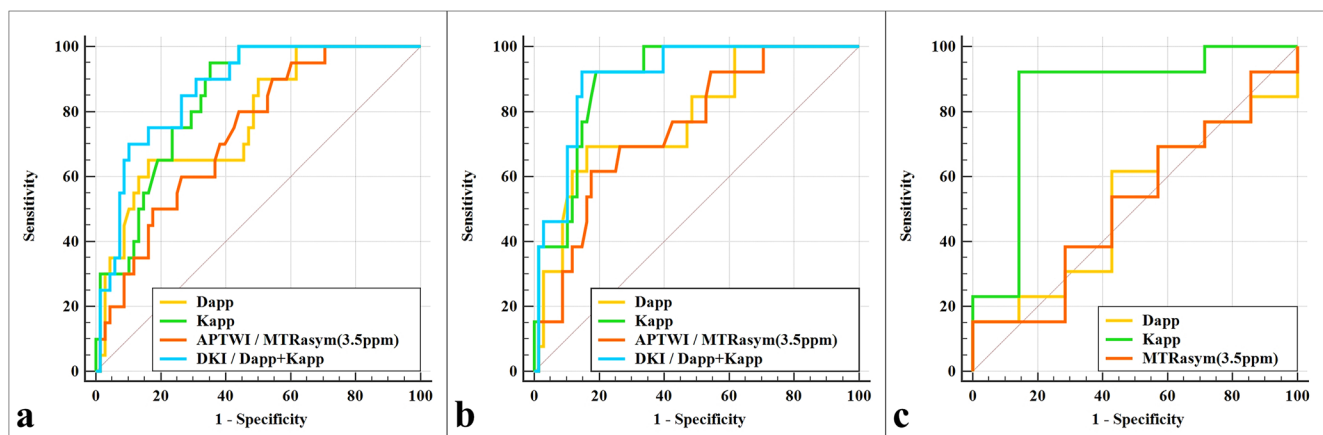
**Table 5** Analysis of the diagnostic performance for  $K_{app}$ ,  $D_{app}$ , and MTRAsym (3.5 ppm) in discriminating different group

Parameters	AUC (95% CI)	<i>p</i> value	Cutoff	Sensitivity	Specificity
Type I vs type II					
$K_{app}$	0.837 (0.743–0.907)	< 0.001	0.845	95.00% (83/88)	64.71% (57/88)
$D_{app}$ ( $\times 10^{-3}$ mm <sup>2</sup> /s)	0.774 (0.672–0.856)	< 0.001	1.033	65.00% (57/88)	83.82% (74/88)
APTWI [MTRAsym (3.5 ppm) (%)]	0.732 (0.627–0.821)	< 0.001	3.340	80.00% (70/88)	55.88% (49/88)
DKI ( $K_{app}+D_{app}$ )	0.870 (0.781–0.932)	< 0.001	/	/	/
EA vs non-EA					
$K_{app}$	0.846 (0.617–0.966)	0.003	0.847	92.31% (18/20)	85.71% (17/20)
$D_{app}$ ( $\times 10^{-3}$ mm <sup>2</sup> /s)	0.516 (0.286–0.742)	0.907	/	/	/
MTRAsym (3.5 ppm) (%)	0.516 (0.286–0.742)	0.909	/	/	/
Grades high (G1+G2) vs low (G3)					
$K_{app}$	0.895 (0.807–0.952)	< 0.001	0.880	92.31% (75/81)	80.88% (66/81)
$D_{app}$ ( $\times 10^{-3}$ mm <sup>2</sup> /s)	0.781 (0.675–0.865)	< 0.001	1.033	69.23% (56/81)	83.82% (68/81)
APTWI [MTRAsym (3.5 ppm) (%)]	0.749 (0.641–0.839)	< 0.001	3.650	61.54% (50/81)	82.35% (67/81)
DKI ( $K_{app}+D_{app}$ )	0.906 (0.821–0.960)	< 0.001	/	/	/

AUC (type I vs type II):  $DKI > APTWI$  ( $Z = 2.042$ ,  $p = 0.041$ ); AUC (High vs Low):  $K_{app} > MTRAsym$  (3.5 ppm) ( $Z = 2.031$ ,  $p = 0.042$ ),  $DKI > APTWI$  ( $Z = 2.013$ ,  $p = 0.044$ ). The AUC of other parameters between different groups was not significant

EC and high- and low-grade EA, while in the identification of EA and non-EA, only the difference in  $K_{app}$  was significant, which was consistent with previous studies [19, 23]. In addition, we have also applied multivariable analysis to the identification of high- and low-grade EA and the identification of type I and type II EC and found that among many factors, such as age, tumor size, FIGO stage, and DKI- and APTWI-related parameters, only  $K_{app}$  was an independent predictor for the histological grade of EA and the clinical type of EC. These results indicate that compared with APTWI, DKI has, to a certain extent, a higher sensitivity in reflecting the histological information of EC. The possible reasons are as follows: (1)

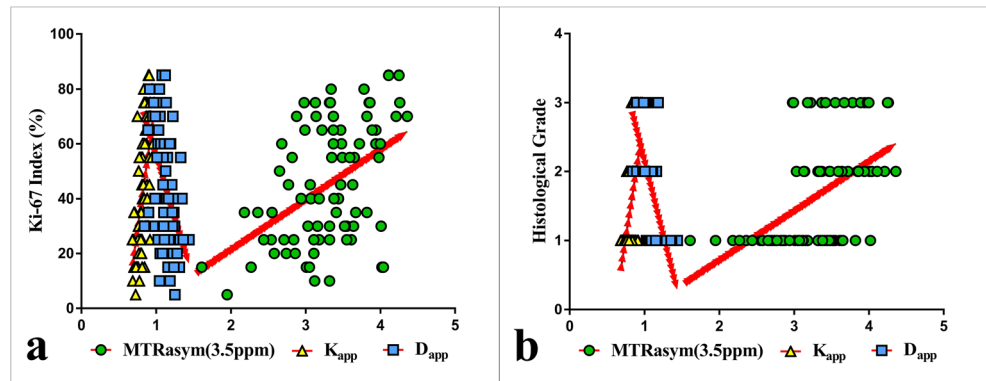
differences in mobile protein and polypeptide contents between the different EC groups are less significant than the differences in the diffusion of water molecules; (2) compared with DKI, which is almost only affected by the diffusion state of water molecules, the SI of APTWI is affected not only by the mobile protein and polypeptide contents but also by various factors such as the nuclear Overhauser effect, pH value, fat, and water content [38–40]. Furthermore, it may be difficult for the existing body imaging protocol of APTWI to accurately reflect the SI changes caused by the abovementioned reasons. In clinical practice, compared with APTWI, DKI not only has a relatively short scanning time, but also generates



**Fig. 4** Graph shows ROC curves to assess utility of different metrics for discriminating different groups. **a** Differentiation of type I from type II EC: different parameters,  $AUC(K_{app}) > AUC(D_{app}) > AUC(MTRAsym(3.5\text{ ppm}))$ , but the difference between AUC of each parameter was not significant ( $p > 0.05$ ); different imaging methods, the AUC (DKI) was nearly significantly higher than AUC (APTWI) ( $Z = 2.042$ ,  $p = 0.041$ ). **b** Differentiation of high- and low-grade EA: different parameters, AUC

( $K_{app}$ )  $> AUC(D_{app}) > AUC(MTRAsym(3.5\text{ ppm}))$ , and the difference in AUC between  $K_{app}$  and MTRAsym (3.5 ppm) values was significant ( $Z = 2.031$ ,  $p = 0.042$ ); different imaging methods, the AUC (DKI) was nearly significantly higher than AUC (APTWI) ( $Z = 2.013$ ,  $p = 0.044$ ). **c** Differentiation of EA and non-EA groups, only the AUC of the  $K_{app}$  was significant ( $AUC = 0.846$ ,  $p = 0.003$ )

**Fig. 5 a** The Pearson correlation between the Ki-67 index and  $K_{app}$ ,  $D_{app}$ , and MTRasym (3.5 ppm),  $r = 0.759$ ,  $-0.704$ , and  $0.555$ ,  $p$  all  $< 0.05$ . **b** The Spearman correlation between histological grade and  $K_{app}$ ,  $D_{app}$ , and MTRasym (3.5 ppm),  $r = 0.624$ ,  $-0.507$ , and  $0.462$ ,  $p$  all  $< 0.05$



DWI images with different  $b$ -values, which can provide a more sufficient basis for the diagnosis of lesions.

Several limitations of this study need to be pointed out. First, the cohort of this study was relatively small, and it was a single-center study, so there may be selection bias. Second, both APTWI and DKI, based on EPI acquisition, are highly sensitive to motion and susceptibility artifacts, with poor SNR and low spatial resolution, making it difficult to evaluate small EC lesions. Third, we defined the solid portion of EC in the axial plane as the ROIs and used the average value of all slices as the final result, which might hurt histologic heterogeneity. Fourth, in this study, the final value of each lesion parameter is the average of the corresponding parameters on all slices, but due to the heterogeneity of the tumor, this value may not completely match the histological location of the tumor. In the future, we will attempt to adopt the new technology and conduct multicenter prospective cohort and external validation to ensure that this method can be used in clinical practice.

## Conclusion

Both DKI- and APTWI-related parameters have potential as imaging markers in estimating the histological features of EC, while DKI shows better performance than APTWI in this study.

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## Declarations

**Guarantor** The scientific guarantor of this publication is Meiyun Wang.

**Conflict of interest** One of the authors of this manuscript (Kaiyu Wang) is an employee of GE Healthcare. The remaining authors declare no relationships with any companies whose products or services may be related to the subject matter of the article.

**Statistics and biometry** No complex statistical methods were necessary for this paper.

**Informed consent** Written informed consent was obtained from all subjects (patients) in this study.

**Ethical approval** Institutional Review Board approval was obtained.

**Study subjects or cohorts overlap** Some study subjects or cohorts have been previously reported in radiology.

## Methodology

- prospective
- case-control study
- performed at one institution

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