

Non-enhanced magnetic resonance imaging of unruptured intracranial aneurysms at 7 Tesla: Comparison with digital subtraction angiography

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Abstract

Purpose To prospectively evaluate non-contrast-enhanced 7-Tesla (T) MRA for delineation of unruptured intracranial aneurysms (UIAs) in comparison with DSA.

Material and methods Forty patients with single or multiple UIAs were enrolled in this IRB-approved trial. Sequences acquired at 7 T were TOF MRA and non-contrast-enhanced MPRAGE. All patients additionally underwent 3D rotational DSA. Two neuroradiologists individually analysed the following aneurysm and image features on a five-point scale in 2D and 3D image reconstructions: delineation of parent vessel, dome and neck; overall image quality; presence of artefacts. Interobserver concordance was assessed by the kappa coefficient.

Results A total of 64 UIAs were detected in DSA and in all 2D and 3D MRA image reconstructions. Ratings showed comparable results for DSA and 7-T MRA when considering all image reconstructions. Highest ratings for individual image reconstructions were given for 2D MPRAGE and 3D TOF MRA. Interobserver concordance was almost perfect for the majority of ratings.

Conclusion This study demonstrates excellent delineation of UIAs using 7-T MRA within a clinical setting comparable to the gold standard, DSA. The combination of 7-T non-enhanced MPRAGE and TOF MRA for assessment of untreated UIAs is a promising clinical application of ultra-high-field MRA.

Key Points

- Non-enhanced 7-T MRA allowed excellent delineation of unruptured intracranial aneurysms (UIAs).
- Image quality at 7-T was comparable with DSA considering both sequences.
- Assessment of UIAs is a promising clinical application of ultra-high-field MRA.

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Keywords Magnetic resonance angiography · Time-of-flight · MPRAGE · 7-T · Unruptured intracranial aneurysm

Abbreviations

7-T	7-Tesla
CNR	Contrast-to-noise ratio
DSA	Digital subtraction angiography
FWER	Familywise error rate
GRAPPA	Generalized Autocalibrating Partial Parallel Acquisition
MPRAGE	Magnetization-prepared rapid acquisition gradient-echo

MRA	Magnetic resonance angiography
PACS	Picture Archiving and Communication System
RF	Radiofrequency
SAH	Subarachnoid haemorrhage
SEM	Standard error of mean
SNR	Signal-to-noise ratio
TOF	Time-of-flight
TONE	Tilt-optimized non-saturated excitation
UIA	Unruptured intracranial aneurysm

Introduction

Subarachnoid haemorrhages (SAHs) are responsible for 25 % of all cerebrovascular-related deaths [1] and are related to intracranial aneurysm rupture in approximately 80 % of all cases. More than 30 % of surviving patients suffer from high morbidity due to intra-parenchymatous bleedings accompanying initial aneurysm rupture or consecutive vasospasms leading to cerebral infarctions. Only one-third of all patients with aneurysmal SAH are ultimately able to fully return to work, and one-third work fewer hours or in less responsible positions [2, 3]. Previous studies have shown that size and shape of unruptured intracranial aneurysms (UIAs) significantly influences the rupture rate. Therefore, high-quality delineation of UIAs plays an important role for indication, planning and execution of UIA treatment [4–6].

The current gold standard for detection of UIA remains digital subtraction angiography (DSA). Nevertheless, ionizing radiation, iodinated contrast agent as well as the general risk of an invasive diagnostic procedure have to be taken into consideration, as DSA is associated with a risk for severe permanent neurological complications. Publications including data from the last three decades [7, 8] report risks as high as 0.2–0.5 %. However, today's complication rates might be lower due to technical advances and softer catheters. Within the past two decades, magnetic resonance angiography (MRA) has become an excellent non-invasive diagnostic alternative to DSA. Sensitivity rates between 79 % and 97 % have been reported for 1.5-T (T) MRA for detection of small UIAs [9–12]. Even better performance has been shown for 3- and 7-T (ultra-) highfield non-enhanced MRA, with recent studies reporting sensitivity rates comparable with the gold standard DSA [13–16]. Increased signal-to-noise (SNR) and contrast-to-noise (CNR) ratios at higher magnetic field strength lead to improved spatial resolution and vessel contrast. One major limitation of 7-T TOF MRA is posed by SAR restrictions. Thus, optimized pulse sequences were developed allowing reasonable acquisition times while providing excellent image contrast [17, 18]. Several studies comparing 7-T MRA to lower field strength MRA have recently been published and have shown feasibility and superior image quality for 7-T MRA [19–23]. For treatment decisions, not only the detection and

the size of UIAs is important. The microarchitecture of an UIA such as daughter lesions or adjacent small vessels, assessable by 1.5- and 3-T MRI only with strong limitations, is also extremely relevant.

The purpose of this prospective study was to evaluate diagnostic application and image quality for assessment of UIA by ultra-high-field 7-T TOF MRA and non-enhanced MPRAGE imaging in comparison to the current gold standard DSA within a clinical setting.

Materials and methods

Ethics statement

The study was conducted according to the principles of the Declaration of Helsinki and was approved by the local university institutional review board. Written informed consent was obtained before each examination.

Study design and population

The study group comprised 40 neurosurgical patients, displaying a total of 64 UIAs (male $n=15$, female $n=25$; average age 58 years, standard error of mean (SEM) 1.6; range 38–80 years). Inclusion criteria were: (1) single or multiple UIAs, (2) age >18 years, (3) ability to provide informed consent and (4) legal competence. Exclusion criteria were: (1) need for monitoring on intensive care or intermediate care unit as well MR-related contraindications including (2) cardiac pacemakers or any other electronic implants, (3) all metallic implants including titanium aneurysm clips and Guglielmi detachable coils, (4) pregnancy, (5) claustrophobia and (6) chronic or episodic vertigo.

MRI scanner and coil system

Ultra-high-field examinations were acquired on a 7-T whole-body MRI system (Magnetom 7 T, Siemens Healthcare GmbH, Erlangen, Germany) with a 32-channel Tx/Rx radiofrequency (RF) head coil (Nova Medical, Wilmington, MA, USA). The gradient system of the scanner provides a maximum amplitude of 45 mT/m and a slew rate of 200 mT/m/ms. Prior to acquisition of diagnostic sequences B_0 -shimming was performed using a vendor-provided gradient echo sequence and algorithm. For B_1 -field mapping and local flip angle optimization a vendor-provided spin-echo type sequence was used; after a slice selective excitation, two refocusing pulses generate a spin-echo and a stimulated echo.

Time-of-flight (TOF) MRA sequence

The TOF MRA sequence was based on a 3D FLASH sequence with flow compensation and tilt-optimized non-saturated excitation (TONE) across the slab [17, 24]. Datasets were acquired with an excitation flip angle of $\alpha = 18^\circ$, TE = 4.34 ms, TR = 20 ms, FOV $200 \times 169 \times 46 \text{ mm}^3$, 112 slices per slab (oversampling 14 %), Generalized Autocalibrating Partial Parallel Acquisition (GRAPPA) acceleration factor R = 4 (phase direction), partial Fourier 6/8 in both slice and phase directions, matrix of 896×756 (non-interpolated), and a voxel size of $0.22 \times 0.22 \times 0.41 \text{ mm}^3$ in a total acquisition time of 6 min 22 s. To ameliorate SAR restrictions, the variable-rate selective excitation algorithm [17] was used for both excitation and saturation RF pulses. Additionally, the flip angle of the saturation RF pulses was reduced from 90° to 35° – which leads to sufficient venous saturation for the given TR [18, 19]. The vendor-provided system was used for SAR monitoring.

Magnetization-prepared rapid acquisition gradient-echo (MPRAGE) sequence

The following parameters were applied for MPRAGE imaging: TR = 2500 ms, TE = 1.54 ms, TI = 1100 ms, TA = 6 min 13 s, GRAPPA acceleration factor R = 2, excitation flip angle $\alpha = 7^\circ$, adiabatic wideband, uniform rate, smooth truncation pulse for magnetization preparation [25], bandwidth = 570 Hz/px, 256 slices per slab (slice oversampling 75 %), matrix 384×336 (non-interpolated), FOV = $270 \times 236 \text{ mm}^2$, voxel size $0.7 \times 0.7 \times 0.7 \text{ mm}^3$ leading to a total acquisition time of 6 min 13 s.

Digital subtraction angiography

Four-vessel DSA was performed using a Philips Allura angiography suite (Philips Healthcare, Best, The Netherlands) capable of 3-dimensional (3D) rotational DSA. After the standardized introduction, the previously performed ‘oblique’ two-plane projections of the posterior circulatory system and both internal carotid artery circulation areas were typically replaced by the relevant rotational series resulting in a reduction of radiation exposure for patients and examiners. The 3D DSA scans were acquired over a period of 4.1 s with a C-arm rotation of 240° . The injection of 18 ml of iodinated contrast agent with a flow rate of 3 ml/s into the ACI and 15 ml of contrast agent with a flow rate of 2 ml/s in the posterior circulatory system was performed automatically with the help of an injector (MedRad, Mark V ProVis®, MEDRAD Medizinische Systeme GmbH, Volkach, Germany). During the rotation, 122 images were acquired and used to create 3D image reconstructions that were sent to the Picture Archiving and Communication System (PACS) along with the ‘fluoroscopy

images’ for evaluation by both raters. After evaluation of the 3D images a targeted projection of the aneurysm was performed in a conventional DSA series.

Three-dimensional MR image reconstruction

Prior to 2-dimensional (2D) and 3D image reconstruction N4 heterogeneity correction [26] was applied to TOF and MPRAGE datasets to correct for considerable intensity bias fields due to B_1 -field heterogeneity. High-resolution 2D and 3D image reconstructions were then rendered using the MeVisLab image processing framework and visual development environment (<http://www.mevislab.de/>). Screenshots were taken from all rated 2D and 3D visualizations and were archived for potential later reassessment. Image reconstructions were defined as follows: 2D multiplanar image reconstruction of TOF MRA (2D TOF MRA); 2D multiplanar image reconstruction of MPRAGE (2D MPRAGE); 3D maximum intensity projection of TOF MRA (3D TOF MRA); 3D maximum intensity projection of MPRAGE (3D MPRAGE).

Image evaluation and statistics

Image evaluation was performed separately and independently by two experienced neuroradiologists for all individual 2D and 3D image reconstructions of both MRI sequences, a combination of all four MRI image reconstructions (combined 7 T), as well as for DSA images. The total number of UIAs, location and lateralization were assessed. Both readers individually evaluated the following features for qualitative analysis utilizing a five-point scale (5 = excellent, 4 = good, 3 = moderate, 2 = poor, and 1 = non-diagnostic vessel delineation):

1. Delineation of parent vessel
2. Delineation of aneurysm dome
3. Delineation of aneurysm neck
4. Overall image quality
5. Presence of artefacts

Interobserver accordance for ordinal scale variables was assessed using the kappa coefficient [27] (k) according to Landis [28] as follows: Poor ($k < 0.00$), Slight ($k = 0.00-0.20$), Fair ($k = 0.21-0.40$), Moderate ($k = 0.41-0.60$), Substantial ($k = 0.61-0.80$), Almost Perfect ($k = 0.81-1.00$).

For intermethod comparisons the Wilcoxon matched-pairs two-sided signed-ranks test was applied. To control familywise error rate (FWER) due to multiple testing, several procedures were sequentially used. As the first step, the overall significance level α was set to 0.01 after applying a Bonferroni correction to account for five rated individual aneurysm/image features. To control FWER due to multiple

Table 1 Basic demographic data of patients with single aneurysms: aneurysm location, side, width of aneurysm neck, height of aneurysm dome and maximal diameter of aneurysm sack

Aneurysm	Subject	Sex	Age	Location	Side	Neck* (mm)	Height* (mm)	Diameter* (mm)
1	1	Male	47	BA		5.3	5.3	6.7
2	2	Female	52	ICA	Left	6.2	6.4	8.1
3	3	Female	43	MCA	Right	2.6	4.1	3.7
4	4	Female	56	ICA	Right	10.5	31.1	37.4
5	5	Female	61	MCA	Left	3.2	4.0	3.9
6	6	Female	56	MCA	Right	7.8	6.5	8.7
7	7	Male	70	BA		8.2	4.5	8.8
8	8	Male	45	PCA	Left	3.3	14.3	20.0
9	9	Female	54	MCA	Right	4.4	4.4	7.2
10	10	Female	60	ICA	Right	12.8	13.0	17.0
11	11	Female	60	MCA	Left	3.6	6.8	7.1
12	12	Female	44	ACA	Right	1.4	2.0	2.5
13	13	Male	57	BA		4.5	4.0	5.3
14	14	Male	60	ACA	Left	3.0	11.2	11.6
15	15	Male	55	MCA	Right	6.8	9.9	10.2
16	16	Male	49	PC	Right	7.6	9.8	6.7
17	17	Female	40	MCA	Left	7.1	9.3	8.9
18	18	Female	38	MCA	Right	4.2	7.9	5.9
19	19	Male	54	SCA	Left	0.5	1.1	0.9
20 [#]	20	Male	75	BA		21.2	19.5	25.2
21 [#]	21	Male	80	MCA	Right	4.5	26.9	39.5
22	22	Female	53	MCA	Right	4.2	5.4	6.6
23	23	Female	61	MCA	Left	4.0	19.8	17.5
24	24	Female	51	ICA	Left	2.4	1.5	1.9
25	25	Male	71	BA		27.2	10.6	17.8
26	26	Female	73	AcoA		4.5	12.4	6.1
27	27	Male	75	MCA	Right	4.0	12.7	6.9
28	28	Female	63	ICA	Right	3.4	8.0	11.0
29	29	Female	65	MCA	Right	6.4	6.7	9.0
30	30	Male	56	MCA	Right	9.1	31.9	24.7

*Size in mm: Aneurysm sizes were measured in consensus reading in two orthogonal planes of maximum intensity projections. Shown are 7-T TOF MRA measurements. Wilcoxon matched-pairs two-sided signed-ranks test was calculated for all 64 aneurysms analysed in this study. There were no significant differences between TOF MRA and MPRAGE and DSA. Mean diameters with standard error of mean (SEM) and range are listed below for all patients with single aneurysms

7-T TOF MRA

Neck: 6.5 mm (SEM 1; 0.5–27.2 mm) Height: 10.4 mm (SEM 1.5; 1.1–31.9 mm) Diameter: 11.6 mm (SEM 1.8; 0.9–39.5 mm)

7-T MPRAGE

Neck: 6.6 mm (SEM 1; 0.9–25.5 mm) Height: 10.6 mm (SEM 1.5; 0.6–31.7 mm) Diameter: 11.7 mm (SEM 1.7; 0.9–39.0 mm)

DSA

Neck: 5.7 mm (SEM 0.9; 0.6–25.9 mm) Height: 8.7 mm (SEM 1.1; 1.3–31.5 mm) Diameter: 9.1 mm (SEM 1.3; 1–37.3 mm)

These two aneurysms were completely thrombosed and could not be visualized by DSA

7-T 7-Tesla, ACA anterior cerebral artery, AcoA anterior communicating artery, BA basilar artery, ICA internal carotid artery, MCA middle cerebral artery, PC pericallosal artery, PCA posterior cerebral artery, PcoA posterior communicating artery, PICA posterior inferior cerebellar artery, SCA superior cerebellar artery, TOF time-of-flight, MRA magnetic resonance angiography, DSA digital subtraction angiography, MPRAGE magnetization-prepared rapid acquisition gradient-echo

Table 2 Basic demographic data of patients with multiple aneurysms: aneurysm location, side, width of aneurysm neck, height of aneurysm dome and maximal diameter of aneurysm sack

Aneurysm	Subject	Sex	Age	Location	Side	Neck* (mm)	Height* (mm)	Diameter* (mm)
31	31	Female	69	ICA	Left	5.3	5.3	6.7
32				ICA	Left	6.2	6.4	8.1
33	32	Male	50	MCA	Right	2.6	4.1	3.7
34				MCA	Left	10.5	31.1	37.4
35	33	Female	59	MCA	Right	3.2	4.0	3.9
36				ICA	Left	7.8	6.5	8.7
37	34	Female	75	AcoA		8.2	4.5	8.8
38				MCA	Left	3.3	14.3	20.0
39	35	Female	51	BA		4.4	4.4	7.2
40				MCA	Right	12.8	13.0	17.0
41				MCA	Right	3.6	6.8	7.1
42	36	Female	52	ICA	Right	1.4	2.0	2.5
43				MCA	Right	4.5	4.0	5.3
44				MCA	Left	3.0	11.2	11.6
45				ICA	Left	6.8	9.9	10.2
46	37	Female	52	MCA	Right	7.6	9.8	6.7
47				AcoA		7.1	9.3	8.9
48				ACA	Right	4.2	7.9	5.9
49				ACA	Left	0.5	1.1	0.9
50	38	Male	68	BA		21.2	19.5	25.2
51				MCA	Right	4.5	26.9	39.5
52				PcoA	Right	4.2	5.4	6.6
53				MCA	Left	4.0	19.8	17.5
54	39	Female	66	MCA	Right	2.4	1.5	1.9
55				MCA	Left	27.2	10.6	17.8
56				MCA	Left	4.5	12.4	6.1
57				ACA	Right	4.0	12.7	6.9
58				PICA	Right	3.4	8.0	11.0
59	40	Female	53	BA		6.4	6.7	9.0
60				MCA	Left	9.1	31.9	24.7
61				MCA	Left	5.3	5.3	6.7
62				MCA	Right	6.2	6.4	8.1
63				PcoA	Right	2.6	4.1	3.7
64				PCA	Left	10.5	31.1	37.4

*Size in mm: Aneurysm sizes were measured in consensus reading in two orthogonal planes of maximum intensity projections. Shown are 7-T TOF MRA measurements. Wilcoxon matched-pairs two-sided signed-ranks test was calculated for all 64 aneurysms analyzed in this study. There were no significant differences between TOF MRA and MPRAGE and DSA. Mean diameters with standard error of mean (SEM) and range are listed below for all patients with multiple aneurysms

7-T TOF MRA Neck: 3.3 mm (SEM 0.2; 1.3–6.1 mm) Height: 5.8 mm (SEM 1.1; 0.6–32.2 mm) Diameter: 6.6 mm (SEM 1.2; 1.1–35.5 mm)

7-T MPRAGE

Neck: 3.4 mm (SEM 0.3; 1.3–7.1 mm) Height: 5.9 mm (SEM 1.1; 0.7–32.6 mm) Diameter: 6.6 mm (SEM 1.3; 0.9–36.0 mm)

DSA

Neck: 3.2 mm (SEM 0.2; 1–6.7 mm) Height: 5.8 mm (SEM 1.1; 0.6–31.8 mm) Diameter: 6.4 mm (SEM 1.2; 1–35.1 mm)

7-T 7-Tesla, ACA anterior cerebral artery, AcoA anterior communicating artery, BA basilar artery, ICA internal carotid artery, MCA middle cerebral artery, PC pericallosal artery, PCA posterior cerebral artery, PcoA posterior communicating artery, PICA posterior inferior cerebellar artery, SCA superior cerebellar artery, TOF time-of-flight, MRA magnetic resonance angiography, DSA digital subtraction angiography, MPRAGE magnetization-prepared rapid acquisition gradient-echo

tests between six rated visualization methods a closed test procedure was implemented. The Skillings Mack test, a generalized Friedman test for multiple group comparisons with ties and equal ranks, was applied to all combinations of groups including three, four or five imaging methods. Only if the

Skillings Mack test showed significant differences within groups including five imaging methods were the subgroups sequentially tested. Within the subgroups with significant differences, a pairwise testing was performed using the Wilcoxon matched-pairs two-sided signed-ranks test. As this follows the

closed test principle, significance level for pairwise testing equals the overall significance level α (0.01).

For every mean value the SEM (σ/\sqrt{n}) was calculated as an estimate of the population mean. Statistical analysis was carried out with the STATA software package (Stata/MP 14.1 for Mac (64-bit Intel), StataCorp, College Station, TX, USA).

Results

The study group comprised 40 neurosurgical patients (male $n=15$, female $n=25$; average age 58 years, SEM 1.6; range 38–80 years). All 7-T MRI examinations and DSA were performed successfully without any relevant side effects. Both readers identified 64 UIAs in all 2D and 3D image reconstructions of 7-T TOF MRA and 7-T MPRAGE imaging as well as in DSA. Ten patients (male $n=2$, female $n=8$) had multiple UIAs with frequencies ranging between 2 and 6 UIAs. Lateralization was slightly unequal with 23 left-sided UIAs, 30 right-sided UIAs, eight basilar artery UIAs and two anterior communicating artery UIAs. The majority ($n=52$, 81 %) of UIAs were located in the anterior circulation with only 12 UIAs (19 %) were located in the posterior circulation. Detailed information about patient demographics, UIA location and sizes are presented in Tables 1 and 2.

In summary, combined 7-T and DSA ratings were excellent without significant differences between the visualization methods. Both ratings were significantly higher than for all individual MRI reconstructions (2D TOF MRA, 3D TOF MRA, 2D MPRAGE and 3D MPRAGE) for all evaluated aneurysm and image features. Ratings for 2D MPRAGE and 3D TOF MRA were significantly lower, but still good to

excellent for most evaluated aneurysm and image features. Evaluation of 2D TOF MRA and 3D MPRAGE resulted in the lowest ratings with a good average, but poor or non-diagnostic ratings for few specific aneurysms. Details about mean ratings for all evaluated aneurysm and image features and differences between ratings are illustrated as boxplots in Fig. 1 and are listed in Table 3. Figures 2 and 3 are exemplarily illustrating the strength and weaknesses of all four MRA image reconstructions in comparison to DSA in two patients. For the majority of ratings ($n=27$) interobserver accordance was almost perfect and the remaining ratings ($n=3$) showed substantial interobserver accordance. Details are shown in Table 4.

Discussion

Non-enhanced 7-T MRA allowed excellent delineation of UIA in the presented patient cohort showing image quality comparable with DSA considering both MRA sequences. Assessment of UIAs is therefore a promising clinical application of ultra-high-field MRA and warrants further prospective research.

Digital subtraction angiography is considered to be the gold standard for evaluation and treatment planning of UIA, offering dynamic, high spatiotemporal resolution for delineation of vessel pathologies. The low clinical complication rate of DSA (<1 %) is reasonable for treatment planning (neurosurgical clipping or endovascular coiling) [8], but repetitive follow-up examinations, e.g. for monitoring of UIA, may add up to a significant cumulative complication rate [8]. Moreover, diffusion-weighted imaging studies have shown

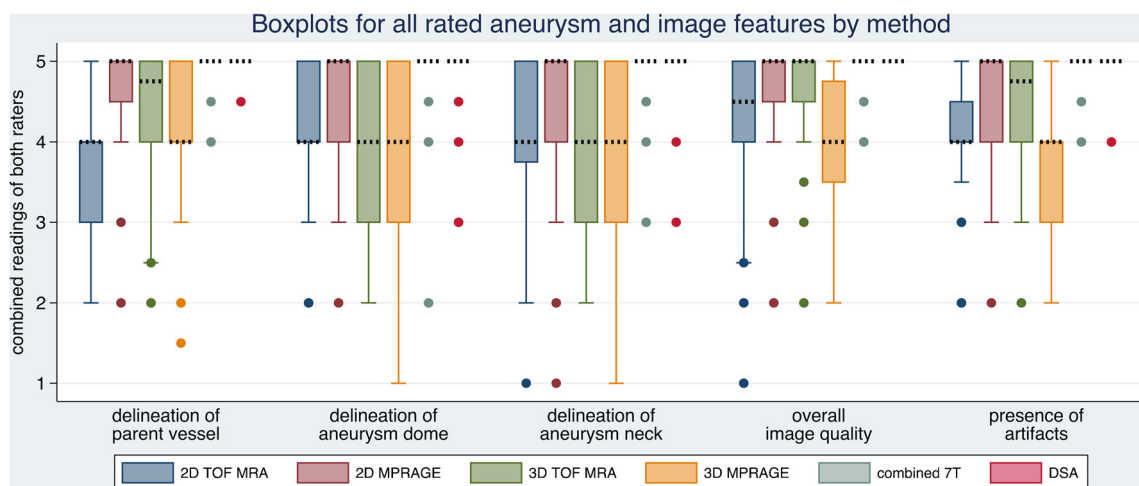


Fig. 1 These box plots show combined ratings of both raters for all six imaging methods for all five rated features. Wilcoxon matched-pairs two-sided signed-ranks test showed several significant differences as well as several identities between ratings. Ratings of combined 7 Tesla and DSA showed no significant difference for all rated features and both were

significantly higher ($p<0.001$) compared to all other ratings (2D TOF MRA, 3D TOF MRA, 2D MPRAGE and 3D MPRAGE). Details of all pairwise tests are given in the results section. DSA digital subtraction angiography, TOF time-of-flight, MPRAGE magnetization-prepared rapid acquisition gradient-echo

Table 3 Mean values and standard error of mean (SEM) for delineation of all five rated aneurysm and image features and result of Wilcoxon matched-pairs signed-ranks tests for equality of distributions

Delineation of parent vessel						
Mean [SEM]	2D TOF MRA	2D MPRAGE	3D TOF MRA	3D MPRAGE	Combined 7 T	DSA
2D TOF MRA	4.16 [0.12]	0.0000 ↓	0.0000 ↓	0.1085 →	0.0000 ↓	0.0000 ↓
2D MPRAGE		4.63 [0.09]	0.4802 →	0.0000 ↑	0.0000 ↓	0.0000 ↓
3D TOF MRA			4.55 [0.1]	0.0000 ↑	0.0000 ↓	0.0000 ↓
3D MPRAGE				3.96 [0.11]	0.0000 ↓	0.0000 ↓
Combined 7-T					4.96 [0.02]	0.0833 →
DSA						5.00 [0.0]
Delineation of aneurysm dome						
Mean [SEM]	2D TOF MRA	2D MPRAGE	3D TOF MRA	3D MPRAGE	Combined 7 T	DSA
2D TOF MRA	4.09 [0.12]	0.0023 ↑	0.038 [SM →]	0.038 [SM →]	0.0000 ↓	0.0000 ↓
2D MPRAGE		4.49 [0.1]	0.0026 ↑	0.0000 ↑	0.0000 ↓	0.0002 ↓
3D TOF MRA			4.02 [0.14]	0.038 [SM →]	0.0000 ↓	0.0000 ↓
3D MPRAGE				3.85 [0.14]	0.0000 ↓	0.0000 ↓
combined 7-T					4.85 [0.07]	0.4065 →
DSA						4.91 [0.04]
Delineation of aneurysm neck						
Mean [SEM]	2D TOF MRA	2D MPRAGE	3D TOF MRA	3D MPRAGE	Combined 7 T	DSA
2D TOF MRA	3.94 [0.14]	0.0009 ↓	0.278 [SM →]	0.278 [SM →]	0.0000 ↓	0.0000 ↓
2D MPRAGE		4.44 [0.12]	0.0112 →	0.0000 ↑	0.0000 ↓	0.0000 ↓
3D TOF MRA			4.02 [0.13]	0.278 [SM →]	0.0000 ↓	0.0000 ↓
3D MPRAGE				3.8 [0.14]	0.0000 ↓	0.0000 ↓
Combined 7-T					4.87 [0.06]	0.3214 →
DSA						4.95 [0.04]
Overall image quality						
Mean [SEM]	2D TOF MRA	2D MPRAGE	3D TOF MRA	3D MPRAGE	Combined 7 T	DSA
2D TOF MRA	3.96 [0.11]	0.0000 ↓	0.0029 ↓	0.1915 →	0.0000 ↓	0.0000 ↓
2D MPRAGE		4.6 [0.08]	0.0117 →	0.0000 ↑	0.0000 ↓	0.0000 ↓
3D TOF MRA			4.23 [0.12]	0.0000 ↑	0.0000 ↓	0.0000 ↓
3D MPRAGE				3.78 [0.12]	0.0000 ↓	0.0000 ↓
Combined 7-T					4.95 [0.02]	0.3214 →
DSA						4.94 [0.03]
Presence of artifacts						
Mean [SEM]	2D TOF MRA	2D MPRAGE	3D TOF MRA	3D MPRAGE	Combined 7 T	DSA
2D TOF MRA	3.84 [0.11]	0.0000 ↓	0.0029 ↓	0.0192 →	0.0000 ↓	0.0000 ↓
2D MPRAGE		4.67 [0.08]	0.0154 →	0.0000 ↑	0.0009 ↓	0.0000 ↓
3D TOF MRA			4.34 [0.11]	0.0000 ↑	0.0000 ↓	0.0000 ↓
3D MPRAGE				4.15 [0.12]	0.0000 ↓	0.0000 ↓
Combined 7-T					4.94 [0.03]	0.0984 →
DSA						4.99 [0.01]

Rating scale: 5 = excellent; 4 = good; 3 = moderate; 2 = poor; 1 = non-diagnostic vessel delineation

Overall significance level α was set to $p \leq 0.01$ after Bonferroni correction for multiple testing of five aneurysm features (delineation of parent vessel, dome and neck, overall image quality and artifacts) and closed test procedure using the Skillings Mack test

↑ Method in the first column has significant higher mean value for ratings compared to method in first line

→ No significant difference between mean values for ratings of method in the first column and method in first line

↓ Method in the first column has significant lower mean value for ratings compared to method in first line

[SM →] Post-hoc Wilcoxon matched-pairs signed-ranks tests wasnot conducted, as pre-hoc Skillings Mack test did not show significant differences for a group containing this null hypothesis

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[29] that silent embolisms induced by invasive DSA are quite frequent (from 1.5 % up to >20 %), depending on the patient's arteriosclerosis status and experience of the examiner. Hence, imaging methods without the risk associated with invasive DSA that additionally avoid the application of contrast agent and ionizing radiation are highly desirable. Time-of-flight MR angiography at 1.5 T and 3 T has become a widely used, non-

invasive tool for detection, assessment and follow-up of UIAs [30].

While 1.5-T TOF imaging is known to be limited for the assessment of small vessel pathologies [15], the increase of the magnetic field strength has been shown to enable superior vascular assessment at 3 T [31] and 7 T [15; 20] due to the increase in SNR and CNR. Ultra-high-field 7-T MRI has been

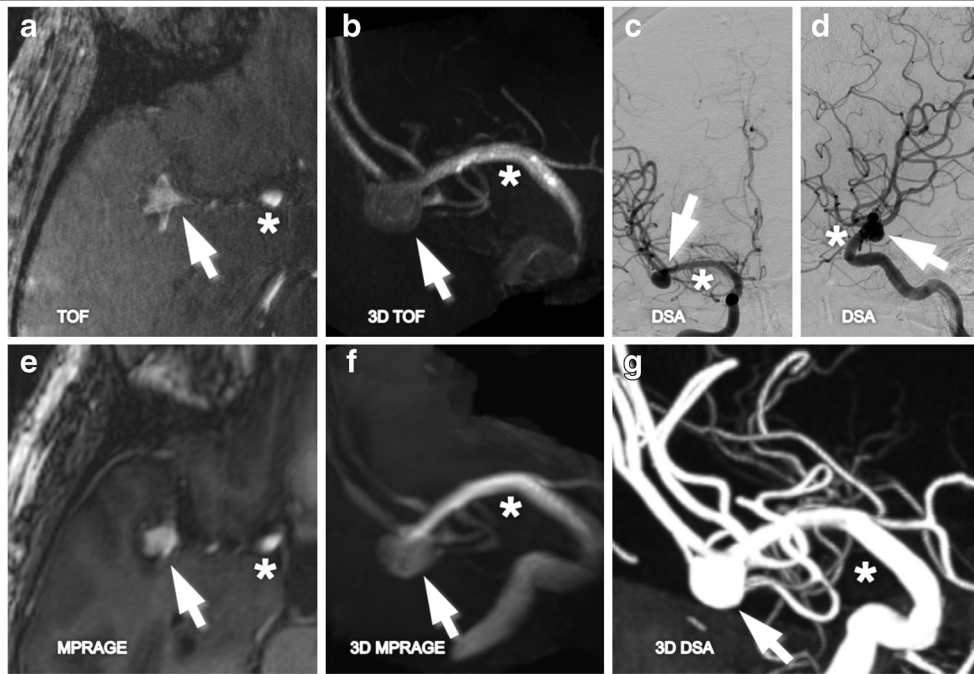


Fig. 2 This 59-year-old female patient (subject 33) had a right MCA aneurysm and a small left ICA aneurysm. The figure shows the right-sided MCA bifurcation aneurysm (arrows) in TOF MRA (a), 3D maximum intensity projections of TOF MRA (b), DSA (anterior-posterior (c) and lateral (d) projection, MPRAGE (e) and 3D maximum intensity projections of MPRAGE (f) as well as in maximum intensity

projection (g) of the 3D rotational DSA dataset. The asterisks are placed next to the parent vessel (M1 segment of MCA). *MCA* middle cerebral artery, *ICA* internal carotid artery, *DSA* digital subtraction angiography, *TOF* time-of-flight, *MPRAGE* magnetization-prepared rapid acquisition gradient-echo

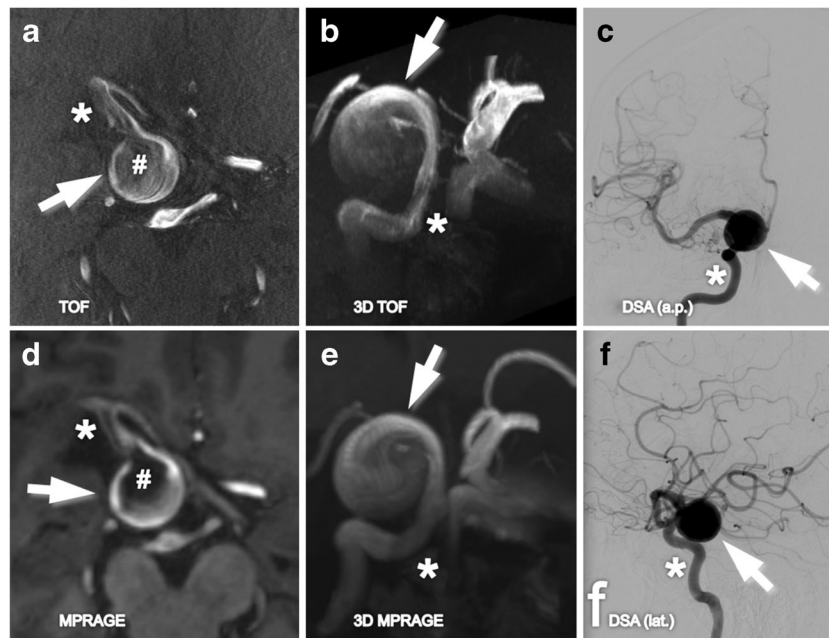


Fig. 3 This 60-year-old female patient (subject 10) had a large right ICA aneurysm (arrows). The figure shows TOF MRA (a), 3D maximum intensity projections of TOF MRA (b), anterior-posterior (c) and lateral (d) projections of DSA as well as MPRAGE (e) and 3D maximum intensity projections of MPRAGE (f). The asterisks are placed next to the parent vessel. The number signs indicate a hypointense area within the aneurysm dome most likely caused by turbulent flow (a, d).

Consideration of all four MRA image reconstructions helps to understand the vascular and aneurysm anatomy, which is difficult to fully comprehend when only evaluating a single image reconstruction. *ICA* internal carotid artery, *TOF* time-of-flight, *MRA* magnetic resonance angiography, *DSA* digital subtraction angiography, *MPRAGE* magnetization-prepared rapid acquisition gradient-echo

demonstrated to offer three beneficial features: (1) higher SNR (up to four- to fivefold higher than at 1.5 T and up to two- to threefold higher than 3 T) as well as (2) longer T1 relaxation times [32], yielding improved vessel-tissue contrast [33] and (3) inherently hyperintense arterial vasculature [34–36]. The third is most likely augmented by the application of local RF transmit coils at 7 T. Body RF coils are commonly applied for signal transmission at lower field strength. Hence, due to the local transmit coil setup at 7 T, a non-selective inversion recovery pulse is effectively a slab-selective inversion recovery pulse [36, 37]. In a recent publication, Zwawanenburg et al. [38] demonstrated the high diagnostic potential of non-enhanced MPRAGE MRI at 7 T for excellent assessment of cerebral perforating arteries and related anatomical parenchymatous structures. In two other recent studies on UIAs and intracranial arteriovenous malformations, the diagnostic potential of MPRAGE has been shown [20, 21]. Only minor non-significant improvement of vessel delineation after contrast agent application was found in a study with healthy volunteers, underlining the high diagnostic potential of non-enhanced 7-T MPRAGE MRI [34].

To prospectively evaluate diagnostic application and image quality of 7-T TOF MRA and non-enhanced MPRAGE for assessment of UIA, the presented study compares these imaging methods with the current gold standard (DSA) for the first time in a larger patient cohort.

There are some limitations of the current study that should be mentioned. The study design was intentionally focused solely on the direct comparison of 7-T MRA and the current gold standard DSA for assessment of UIAs as this comparison has not been made to date. A comparison to lower field strength MRA is of interest, but adding yet another imaging modality leads to unfavourable complexity of the statistics and reduces statistical power of the analysis. A several fold larger

patient cohort would be required for a 1.5-T, 3-T, 7-T and DSA comparison study. The patient cohort was of moderate size, but very inhomogeneous and comprised of several patients with multiple UIAs. The number of aneurysms in patients with multiple UIAs accounted for half of all assessed aneurysms in this study. Thorough correction for multiple testing has been performed for the different imaging methods and the assessed image and aneurysm features, but correction for multiple UIAs in a single patient was not performed. Nevertheless, pairwise comparisons returned reasonable and consistent results. The cohort heterogeneity also had a positive effect, as UIAs in almost all locations could be assessed.

Another limitation is that especially ratings for 3D visualizations and for the combined 7-T rating are likely to depend on each observer's experience in evaluating 3D vessel reconstructions. Thus, kappa values for interobserver concordance were lower for these three imaging methods compared to 2D visualizations and DSA, but they were still substantial to almost perfect. An important limitation of all current ultra-high-field MRI studies is due to exclusion of scans in patients with most metallic implants. Despite high clinical interest for follow-up, patients after endovascular coiling or surgical clipping cannot be enrolled in 7-T MRI studies at present, as previous aneurysm treatment is still a contraindication for MRI scans >3 T. The first promising investigations on implant safety at 7 T have already been performed [39], but before patients with for example multiple UIAs (e.g. one clipped, one coiled, two conservatively observed due to very small size) can be followed up, further studies on implant safety are mandatory.

Following highly promising results when comparing 7-T MRA in UIAs to lower magnetic field strength MRA [15, 21], this study now provides the missing comparison with the current gold standard (DSA). The results of the present study show excellent assessment of UIAs for the combined rating

Table 4 Interobserver concordance (kappa statistic) was almost perfect for the majority of ratings

	Delineation of parent vessel	Delineation of aneurysm dome	Delineation of aneurysm neck	Overall image quality	Presence of artifacts
2D TOF MRA	0.88**	0.88**	0.98**	0.93**	0.98**
3D TOF MRA	0.88**	0.95**	0.94**	0.95**	0.93**
2D MPRAGE	0.96**	0.81**	0.88**	0.98**	0.98**
3D MPRAGE	0.81**	0.97**	0.97**	0.97**	0.94**
Combined 7-T	0.79*	0.95**	0.89**	0.65*	0.73*
DSA	1.00**	1.00**	1.00**	1.00**	1.00**

According to Landis the kappa coefficient (k) was rated as follows:

Poor ($k < 0.00$), Slight ($k = 0.00-0.20$), Fair ($k = 0.21-0.40$), Moderate ($k = 0.41-0.60$)

Substantial* ($k = 0.61-0.80$), Almost perfect** ($k = 0.81-1.00$)

Disagreements were weighted by $1 - \{(i - j) / (k - 1)\}^2$, where i and j index the rows and columns of the ratings by the two raters and k is the maximum number of possible ratings

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of 2D and 3D visualizations, comparable with DSA ratings. The individual 2D and 3D ratings for TOF MRA and MPRAGE varied considerably between different image and aneurysm features. Ratings for 2D MPRAGE and 3D TOF MRA were good to excellent for most evaluated aneurysm and image features. Evaluation of 2D TOF MRA and 3D MPRAGE resulted in the lowest ratings, with a good average but low ratings for a few specific aneurysms. The variability of the ratings can be explained by specific differences between 2D and 3D reconstructions of the raw image data. The high spatial resolution of TOF MRA leads to good 3D visualizations, whereas 2D multi-planar reconstructions are prone to TOF-specific artefacts (e.g. pulsation artefacts), resulting in blurred delineation and lower ratings. The opposite is true for 2D and 3D visualizations of MPRAGE. Minimal artefacts and good vessel-tissue contrast allow excellent aneurysm depiction in 2D multi-planar image reconstructions, but significantly lower spatial resolution impairs 3D visualization. The combination of 2D and 3D TOF MRA and MPRAGE visualizations can combine the strengths of both MR sequences and overcome the weaknesses of solely 2D image reconstructions in individual cases. Consequently, ratings for aneurysm and image features are comparable with DSA ratings.

In conclusion, this study demonstrates excellent delineation of UIAs using 7-T MRA within a clinical setting. Visualization comparable to the gold standard DSA was shown for all evaluated imaging and aneurysm features for combined assessment of 2D and 3D visualizations of TOF MRA and MPRAGE. The combination of 7-T non-enhanced MPRAGE and TOF MRA for assessment of untreated UIAs is a promising clinical application of ultra-high-field MRA.

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