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Accuracy of MRI in characterization of soft tissue tumors and tumor-like lesions. A prospective study in 548 patients

Abstract The purpose of our study was to assess prospectively the value of MRI in characterization of soft tissue tumors (STT) and soft tissue tumor-like lesions in a multi-institutional setting by a group of experts. The material consisted of 548 untreated and proven STT or tumor-like lesions originating from a multi-institutional database of STT in which 930 consecutive patients with STT examined by MRI were registered between 1 January 2001 and 28 April 2003. Based on MRI findings, a suitably ordered differential diagnosis was made in consensus by two radiologists (J.L.M.A.G and A.M.D.S). MRI diagnoses were compared with histology results (455 cases, 83%) and/or 6-month follow-up (93 cases, 17%) as reference standards. The correlation between the MRI and histological diagnosis and between the radiological and histological phenotype were statistically determined. One hundred twenty-three patients presented with a malignant STT; 425 patients presented with a benign one. Concerning differentiation between malignant and benign lesions (dignity), a sensitivity of 93%, specificity

of 82%, negative predictive value (NPV) of 98% and positive predictive value (PPV) of 60% with accuracy of 85% were obtained. Concerning phenotype characterization, if only the first MRI diagnosis was taken into account, a sensitivity of 67%, specificity of 98%, NPV of 98%, PPV of 70% and accuracy of 96% were obtained. For benign lesions, sensitivity of 75%, specificity of 98%, NPV of 98%, PPV of 76% and accuracy of 97% were obtained. The phenotype's definition of malignant STT had a sensitivity of 37%, a specificity of 96%, NPV of 96%, PPV of 40% and an accuracy of 92%. A correct diagnosis compared with histological assessment was proposed in 227(50%) of the 455 histologically confirmed cases. Despite non-quantified MR parameter evaluation, the results of our prospective study were better than those reported in previous studies and demonstrated the need for a centralized approach to such rare pathology.

Keywords Magnetic resonance imaging · Soft tissue tumors · Soft tissue sarcoma · Prospective study

Introduction

Magnetic resonance imaging (MRI) is generally considered to be the most accurate imaging technique for local staging of musculoskeletal tumors [18, 28, 36, 40, 46, 48, 59, 64]. Characterization is defined as the differentiation between benign and malignant lesions, definition of phenotype and histology of soft tissue tumors (STT), while grading means definition of the malignancy grade of soft tissue sarcomas (STS). Individual parameters such as morphology (shape, volume, and margins), homogeneity, signal intensity (SI) and changing SI on different pulse sequences are used for differentiation of malignant from benign lesions and characterization of STT [23, 61]. Unfortunately, because of low specificity and sensitivity, no single MRI feature can be used to differentiate accurately malignant from benign STT. Static, dynamic and first-pass MRI using gadolinium-chelate injection with definition of enhancement rate improve differentiation of necrotic from viable tissue, but because benign lesions may be highly vascular and malignant ones poorly vascularized, there still is controversy about the specificity of these parameters in differentiating malignant from benign lesions [20, 57, 58, 60]. Diagnosis of STT can be achieved by using a number of individual parameters or a combination of them, which can be quantified and incorporated into a mathematical diagnostic formula or by using a more subjective approach to the same parameters based on the skill of an expert group [17, 52]. The best differentiation of malignant from benign lesions and characterization figures are reached by a combination of a series of individual parameters. Authors of previous prospective studies [8, 37, 43] in which the accuracy of MRI in the differentiation of malignant from benign lesions and characterization of STT were studied have reported sensitivities between 94 and 100% and specificities between 17 and 90%. The exact histology of the lesions was predicted in 22–44% and in 58% of the benign group; predicting the histology of malignant lesions was not successful at all. However, because of methodological differences such as study samples that were not appropriate for lesion prevalence and differences in characterization and differentiation of malignant from benign lesion classification, these studies are difficult to compare [19]. Compared to previous studies, our patient selection has the best accordance with the known prevalence figures of benign and malignant STT.

The purpose of our study was to evaluate prospectively the accuracy (sensitivity, specificity, negative predictive value and positive predictive value) of MRI in differentiating benign from malignant lesions and in the determination of phenotype and histology of STT and soft tissue tumor-like lesions in a study population reflecting an appropriate sample according to lesion prevalence.

Materials and methods

To optimize the methodology and to cope with population biases in radiological studies, our prospective study had to meet a high score on the scale of methodological quality (SMQ) for clinical studies of radiological examinations proposed by Arrivé et al. [4]. We applied the 15 SMQ standards (SMQS) they defined to our study. All SMQS standards except three (11, 13 and 14) were met. The SMQS concerning the avoidance of diagnostic review bias (the referring radiologist and pathologist are informed about the MRI differential diagnosis), concerning the intra-observer variability that was not tested in our study and concerning the inter-observer variability that was not tested in a consensus report were not met.

The material consisted of 548 untreated and proven STT or tumor-like lesions originating from a multi-institutional national database of STT in which 930 consecutive patients with STT examined by MRI for clinically obvious or incidentally detected mass lesions by MRI, histology or follow-up were registered between 1 January 2001 and 28 April 2003. The cooperating MR centers (n=58) were asked to present every soft tissue tumor or tumor-like lesion without selection to the principal investigator (database manager) prospectively (before biopsy or therapy). Retroperitoneal lesions, recurrences and not confirmed cases were excluded. Thirty-seven patients were examined at 1-T field strength and 411 on 1.5-T field strength. The study protocol included SE T1-WI and TSE T2-WI with and without FS or STIR in minimally two orthogonal planes (SE T1-WI n=545, TSE T2-WI n=291, SE T1-WI FS n=196, STIR n=185, TSE T2-WI FS n=311). TSE T2-WI or STIR sequences were available for 496 patients; TSE T2-WI FS and STIR sequences were available in 45 cases. In 52 cases, neither STIR nor TSE T2-WI FS were available; these were all cases without high SI in the lesion on T1-WI. Partial flip angle imaging was performed in a minority of cases and was excluded in the diagnostic process. In 503 cases, intravenous low molecular gadolinium chelate was administered (SE T1-WI n=304, SE T1-WI FS n=331, SE T1-WI, and SE T1-WI FS n=132). T1-WI was performed with fat-suppressed sequences before and after gadolinium chelate administration in 175 cases. SE T1-WI FS images before gadolinium administration were obtained to objectify the enhancement in cases with high SI of the lesion before gadolinium administration and because of its additional value in characterization of STT [24]. Dynamic gadoliniumenhanced GE T1-WI imaging with time intensity curves were available only in a minority of cases (n=5) and excluded in the diagnostic process.

After registration, a consensus second opinion report was made by two experienced radiologists (J.L.M.A.G with 12 years of experience and A.M.D.S with 15 years of experience); it was stored and sent to the referring co-investigator within 24 h. Age and gender of the patient as well as clinical information were available for the radiologist. Differentiating malignant from benign lesions and characterization were defined using parameters described in the literature [16]. In a consensus report, the intra- and inter-observer variability was not tested (SMQS standard 13 and 14 are not met).

The thresholds to differentiate between malignant and benign STT were interpreted in a non-quantified way. They were based on parameters such as origin, size, shape, margins, SI on different pulse sequences, signal homogeneity, changing pattern of homogeneity (T1–T2), grade and pattern of contrast enhancement, low SI septations, hemorrhage, peri-tumoral edema, distribution (intra-compartimental or extra-compartimental, neurovascular bundle displacement or encasement and bone involvement), fluid-fluid levels, signal voids, fat induction and intra-tumoral necrosis [9, 11, 17, 22].

Characterization (definition of phenotype and specific diagnosis) of the lesion was performed using the same parameters as for differentiation between malignant and benign lesions together with age and location, multiplicity and presence of concomitant diseases.

The observers were requested to give a tissue-specific (differential) diagnosis with a maximum of three possibilities in order of decreasing probability. Lesions were characterized as malignant if the differential diagnosis contained at least one malignant diagnosis. Lesions were characterized as benign if all diagnoses were benign. Non-specificity of a benign-looking lesion was reflected in the proposition of a biopsy. Non-specificity of a malignant-looking lesion was categorized as sarcoma not otherwise specified (NOS).

The reference standard was histology by biopsy and/or resection of the lesion. In selected cases, another reference standard was used, i.e., follow-up of at least 6 months without clinical or MRI evolution of benign tumors or tumor-like lesions. These selected cases were benign lesions with typical MRI presentation like cavernous hemangioma (n=14), lymphangioma (n=3), lipoma (n=14), pigmented villonodular synovitis (n=2), giant cell tumor of tendon sheath (n=1), neurinoma (n=5), elastofibroma dorsi (n=2) and plantar fibromatosis (n=2), concomitant diseases, i.e., hemangioma with typical MRI presentation in known Maffucci's syndrome (n=1) and Klippel Trenaunay (n=1) and neurofibroma with typical MRI presentation in neurofibromatosis (n=2). Tumorlike lesions with typical MRI presentation were meningocoele (n=1), varicose vein (n=1), ganglion cyst (n=4), synovial (n=1) or tendon sheath effusion (n=1) and myositis (n=5). Tumor-like lesions with typical MRI presentation and spontaneous resolution were muscle strain (n=3), posttraumatic contusional tumor-like lesion (n=7) and hematoma (n=8). Infectious tumor-like lesions included a case with recent Bartonella henselae serology and typical history of cat scratch disease with lymphadenopathy (n=1), and (culture and) resolution under antibiotics of soft tissue abscess (n=2), diffuse soft tissue infection (n=1) or infectious lymphadenopathy (n=4) or lymphangitis (n=1). A tumor-like lesion with typical MRI presentation (aneurysmatically widened and partially thrombosed ulnar artery at Guyon's canal), location and clinical history of repetitive trauma is hypothenar hammer syndrome (n=2); there was typical location, hyperuricemia and regression under uricosuria therapy in gouthy tophus (n=1), history of injection in injection granuloma (n=2) and typical dermal presentation of granuloma annulare (n=1). Histologically proven cases were anonymously stored in the database and identified by a storage number.

Final diagnosis was proven by histologic examination (n=455) or follow-up (n=93) in 548 cases. The tumor was removed in 278 patients; 148 patients had only a biopsy, and in 29 both biopsy and removal were performed.

Histology result of biopsies and/or removed specimens were compared in a prospective way with the MR reports. In the characterization results, only lesions with proven histology by biopsy and/or removed specimens were included. The referring radiologist and pathologist were informed about the MRI differential diagnosis; SMQS 11 (avoidance of diagnostic review bias) was not met. Sarcomas, metastases and cases with discordance between histological and MR findings were reviewed by a "Peer Review Committee" of six pathologists, experts in histology of STS. Up to now, this committee already has reviewed 125 cases. In case of non-conformity between the experts, additional histochemical examination was performed (n=16). Finally, a consensus histology report was made. If, despite histochemical examination, tumors could not be further differentiated, they were classified as NOS. Six cases were stored as high grade sarcoma NOS. Cases without proven diagnosis [not operated and/or insufficient follow-up (n=378)] with doubtful histology because of insufficient or not representative biopsy material (n=4) were excluded (n=382).

Concerning differentiation between benign and malignant tumors, all lesions, including the lesions confirmed by follow-up, were used. True negatives were defined as lesions with benign histology and benign MRI diagnosis (all diagnoses given in the differential diagnosis); true positives were defined as lesions with malignant histology and at least one malignant MRI diagnosis given.

Tumors were classified along with their histological phenotype (type of tissue from which the tumor arises) according to the histological classification of the World Health Organization (WHO) [21] adapted by Weiss and Goldblum [62]. Each histological category is divided into a benign and a malignant group.

To include tumor-like lesions and tumors located in the soft tissues but not covered by the before-mentioned phenotypes, this classification was extended for tumor-like lesions, hamartomas, soft tissue lymphomas, epidermal tumors, metastases and lesions without phenotype differentiation (NOS) as well as to meet the need of MRI to discriminate osseous and cartilaginous lesions. Tumor-like lesions included synovial or tendon sheath cysts or ganglia, tenovaginitis, thrombosed vessels, varicose veins, hematoma, scar tissue, abscess, soft tissue infection or inflammation, tuberculosis, gouty tophus, lymphangitis, rheumatic node, endometrioma, bursal effusion or hemorrhage, granuloma annulare, periostitis, botryomycoma, trichilemmal, sebaceous, epidermal inclusion or pilonidal cyst, muscle strain and myositis, foreign body reaction and tumoral calcinosis. Mesothelial tumors were excluded. This gives an overview of the modified phenotypic classification. MRI diagnoses were also classified according to these 21 modified Weiss and Goldblum groups.

The MRI diagnosis and histological diagnosis, differentiation between benign and malignant lesions and phenotype conformity were statistically determined with the calculation of predictive value (positive and negative), sensitivity, specificity and accuracy with *P*-values using Fisher's exact test and 95% confidence interval using the Walds method.

Results

The patients with proven diagnosis included 268 females and 280 males with ages between 3 days and 93 years, all with the clinical suspicion of a soft tissue mass. One hundred twenty-three patients presented with a malignant STT; 425 patients presented with a benign one. Concerning differentiation between malignancy and be-

Table 1 Diagram with results of differentiation of malignant from benign lesions if only the first MRI diagnosis was taken into account, in absolute numbers with statistical workup (CI: 95% confidence level intervals using Walds method are given in parentheses)

All lesions	Histology+	Histology-	CI	Predictive value
MRI+ MRI–	99 24 80% (CI 71–86.5) Sensitivity	26 399 94% (CI 87.5–97.5) Specificity	79% (CI 70–86) 94% (CI 87.5–97.5) 548	PPV NPV Total P<0.0001

 Table 2
 Diagram with results of differentiation of malignant from benign lesions in absolute numbers with statistical workup if all MRI diagnosis are taken into account (CI: 95% confidence level intervals using Walds method are given in parenthesis)

All lesions	Histology+	Histology-	CI	Predictive value
MRI+	115	76	60% (CI 50-69)	PPV
MRI–	8 93% (CI 86–97) Sensitivity	349 82% (CI 73–88.5) Specificity	98% (CI 92.5–100) 548	NPV Total <i>P</i> <0.0001

Table 3 False negative results: all cases with diagnosis on MRI (diagnosis 1, 2 and 3), biopsy suggested (1) or not (0)

Histological diagnosis	Diagnosis 1	Diagnosis 2	Diagnosis 3	Biopsy suggested?
Fibrosarcoma, infantile	Lymphangioma, cystic			0
Clear cell sarcoma	Tumor-like lesion	Myositis	Parasitic infection	0
Lymphoma, large cell B type	Myositis	Systemic disease		1
Metastasis, renal clear cell ca	Fibroma	-		0
Leiomyosarcoma	Giant cell tumor of tendon sheath			0
Plasmacytoma, solitary extramedullary	Inflammation	Amyloidoma		1
Metastasis, adenocarcinoma intermediate differentiated	Myositis	Desmoid, subfascial	Nodular fasciitis, subfascial	1
Leiomyosarcoma	Fasciitis, nodular	Myositis ossificans	Desmoid; aggressive fibromatosis	1

Table 4 Cross table of the phenotype classification of all lesions: histological classification is given in horizontal rows, phenotype on MRI diagnosis is given in vertical columns. All figures are absolute numbers; N: total number of cases; statistical workup

Phen	otype	Ν	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	19	20	21
1	Muscle skeletal	7	2	0	0	2	1	1	0	0	0	0	0	0	0	0	0	0	0	0	1
2	Vascular	59	2	47	2	1	2	0	ĩ	Õ	2	Õ	Õ	Õ	1	Ő	Õ	Õ	Õ	Õ	1
3	Fat	94	0	2	71	4	2	3	1	Õ	4	Õ	1	1	0	2	Õ	Õ	Õ	Õ	3
4	Fibrous	53	0	2	0	34	1	4	0	1	3	1	0	2	0	0	0	0	0	0	5
5	Neural	78	Ő	2	2	3	60	3	Õ	0	3	1	Õ	0	Õ	1	Õ	Õ	Õ	Õ	3
6	Miscellaneous	16	Ő	0	0	4	3	5	Õ	Õ	1	Ō	Õ	Õ	Õ	2	Õ	Õ	Õ	Õ	1
7	Cartilage	11	0	0	0	0	0	0	7	1	1	0	0	0	0	0	0	0	1	1	0
8	Osseous	5	0	0	0	2	1	0	0	1	0	0	0	0	0	0	0	0	0	1	0
9	Tumor-like lesion	112	1	6	2	11	4	0	1	0	80	2	0	1	0	0	0	0	0	0	4
10	Metastasis	15	0	0	0	2	0	1	0	0	2	6	0	0	0	3	0	0	0	0	1
11	Multiple-hamartoma	3	0	0	0	1	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0
12	Synovial	32	0	1	0	3	1	0	0	0	1	0	0	25	0	0	0	0	0	0	1
13	Epidermis	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
14	Lymphoid	24	0	0	0	0	5	0	0	0	2	1	0	0	0	15	0	0	0	0	1
15	Fibro-histiocytic	5	0	1	0	0	1	0	0	0	0	0	0	0	0	0	2	0	0	0	1
16	Muscle smooth	21	0	0	0	5	3	2	0	0	1	1	1	3	0	0	0	2	0	0	3
18	Perivascular	1	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0
19	Neuro-ectodermal	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0
20	Paraganglionic	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0
21	Not discriminated	9	0	0	0	2	2	2	0	0	0	0	0	0	0	0	0	0	0	0	3
	Total	548	5	61	77	74	86	22	10	3	101	12	3	33	1	23	2	2	2	3	28
Phene	otype (statistical workup))	Ν	r		Se	ns.		Spec.			Acc.		PP	V		NP	v		Р	
1	Muscle skeletal	1		7		29			99			99		4	n		99			0.0	014
2	Vascular	L	4	59		80			97			95		7	7		98			<0.0	001
3	Fat		č	94		76			99			95		9	2		95			< 0.0	001
4	Fibrous		Ĩ	53		64			92			89		4	6		96			<0.0	001
5	Neural		2	78		77			94			92		7	õ		96			< 0.0	001
6	Miscellaneous			16		31			97			95		2	3		98			0.0	002
7	Cartilage			11		64			99			99		7	Ő		99			< 0.0	001
9	Tumor-like lesi	on	11	12		71			95			90		7	9		93			< 0.0	001
10	Metastasis			15		40			99			97		5	0		98			< 0.0	001
12	Synovial			32		78			98			97		7	6		99			< 0.0	001
14	Lymphoid			24		63			98			97		6	5		98			< 0.0	001
16	Muscle smooth		2	21		10			100			97		10	0		97			0.0	014
	Overall		54	48		67			98			96		7	0		98			< 0.0	001

Pheno	otype	Ν	1	2	3	4	5	6	7	8	9	10	11	12	13	14	20	21
2 3 4 5 6 7 8 9 11 12 13 14 15 16 18 20 21	Vascular Fat Fibrous Neural Miscellaneous Cartilage Osseous Pseudotumor Multiple-hamartoma Synovial Epidermis Lymphoid Fibro-histiocytic Muscle smooth Perivascular Paraganglionic Not discriminated	59744071472112230112215113	$ \begin{array}{c} 2 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$	47 2 1 2 0 0 0 0 6 0 1 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0	$\begin{array}{c} 2\\ 62\\ 0\\ 2\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\$	$ \begin{array}{c} 1 \\ 2 \\ 30 \\ 3 \\ 2 \\ 0 \\ 0 \\ 11 \\ 1 \\ 2 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 1 \end{array} $	$ \begin{array}{c} 2 \\ 1 \\ 1 \\ 55 \\ 0 \\ 0 \\ 1 \\ 4 \\ 0 \\ 2 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 0 \\ 2 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$	0 0 1 2 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	$ \begin{array}{c} 1\\ 0\\ 0\\ 4\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\ 0\\$	0 0 1 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2 4 3 2 0 1 0 80 0 1 0 0 1 0 0 1 1 0 0 0	$\begin{array}{c} 0 \\ 0 \\ 0 \\ 1 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\$	0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0	$\begin{array}{c} 0 \\ 1 \\ 2 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$	1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 1 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0	$ \begin{array}{c} 1 \\ 0 \\ 1 \\ 3 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$
21	Total	425	3	60	68	53	71	5	7	2	95	3	3	31	1	11	3	9
Pheno	otype (statistical workup)		Ν		Se	ens.		Spec.		Ace	с.	F	PPV		NPV	T	Р	
2 3 4 5 9 12 14	Vascular Fat Fibrous Neural Tumor-like lesion Synovial Lymphoid		59 74 40 71 112 30 12		80 84 75 77 71 83 83)		96 98 94 96 96 98 100		94 96 92 93 89 97 99		7 9 5 8 8 8 8	8 1 8 0 5 1 1		97 97 95 90 99 100		<0.0 <0.0 <0.0 <0.0 <0.0 <0.0 <0.0)001)001)001)001)001)001)001
	Overall		425		75	5		98		97		7	6		98		<0.0	0001

Table 5 Statistical work up of the phenotype classification of benign lesions: histology classification is given in the horizontal rows, phenotype on MRI diagnosis is given in the vertical columns. All figures are absolute numbers; *N*: total number of cases; statistical workup

nignity, if only the first diagnosis given was taken into account, a TN diagnosis was made in 399 instances, a FN diagnosis was made in 24 instances, a FP diagnosis in 26 cases and a TP diagnosis in 99 cases. A sensitivity of 80%, specificity of 94%, NPV of 94% and PPV 79% with an accuracy (91%) was obtained (P<0.0001) and presented in USA 1.

Concerning differentiation between malignancy and benignity, taking into account all three MRI diagnoses, a true negative (TN) diagnosis was made in 349 instances; a false negative (FN) diagnosis was made in 8 cases. In four of them, a biopsy was proposed because of the nonspecific presentation of the lesion on MRI. A false positive (FP) diagnosis was made in 76 and a true positive (TP) diagnosis in 115 patients. Sensitivity of 93%, specificity of 82%, negative predictive value (NPV) of 98% and positive predictive value (PPV) of 60% with accuracy of 85% was obtained (P<0.001) (Table 2). FN results are listed in Table 3.

Concerning phenotype characterization (histological tissue type characterization), on the first MRI diagnosis an overall sensitivity of 67%, specificity of 98%, accuracy of 96%, PPV of 70% and NPV of 98% was obtained. Overview of phenotype classification and statistical workup are given in Table 4.

Table 5 gives an overview of the statistical workup of the phenotype classification of benign lesions. For benign lesions a sensitivity of 75%, specificity of 98%, NPV of 98%, PPV of 76% and accuracy of 97% was obtained. Benign lesions of fatty origin presented with the best sensitivity of 84% and PPV of 97%, while the lowest sensitivity of 75% and PPV of 58% was noted for fibrous tumors. Table 6 gives a statistical work up of the phenotype classification of malignant lesions. The phenotype definition of malignant STT had a sensitivity of 37%, a specificity of 96%, a PPV of 40%, an NPV of 96% and an accuracy of 92%. Neural tumors presented with the best sensitivity (71%), but a low PPV of 33%. To obtain statistically relevant figures for sensitivity and specificity, individual phenotypes with too small numbers were deleted from Tables 4, 5, 6.

A match between the first proposed MRI diagnosis and histological result was found in 227 (50%) out of 455 histologically confirmed cases. The correct histological diagnosis was included in the (on MR) proposed diagnostic possibilities (maximum three) in 257 (56%) cases. A list of the 181 (54%) benign SST with a correct first diagnosis is given in Table 7.

A specific diagnosis of malignant STT was made in 46 cases (38%). They are listed in Table 8.

Phen	otype	Ν	1	2	3	4	5	6	7	8	9	10	12	14	15	16	19	21
1	Muscle skeletal	7	2	0	0	2	1	1	0	0	0	0	0	0	0	0	0	1
3	Fat	20	0	0	9	2	1	3	0	0	0	0	0	2	0	0	0	3
4	Fibrous	13	0	1	0	4	0	3	0	0	0	1	0	0	0	0	0	4
5	Neural	7	0	0	0	0	5	1	0	0	1	0	0	0	0	0	0	0
6	Miscellaneous	12	0	0	0	2	3	3	0	0	1	0	0	2	0	0	0	1
7	Cartilage	4	0	0	0	0	0	0	3	0	0	0	0	0	0	0	1	0
8	Osseous	3	0	0	0	2	0	0	0	1	0	0	0	0	0	0	0	0
10	Metastasis	15	0	0	0	2	0	1	0	0	2	6	0	3	0	0	0	1
11	Multiple-hamartoma	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0
12	Synovial	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1
14	Lymphoid	12	0	0	0	0	3	0	0	0	2	1	0	5	0	0	0	1
15	Fibro-histiocytic	4	0	0	0	0	1	0	0	0	0	0	0	0	2	0	0	1
16	Muscle smooth	16	0	0	0	5	1	2	0	0	0	1	2	0	0	2	0	3
19	Neuro-ectodermal	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0
21	Not discriminated	6	0	0	0	1	0	2	0	0	0	0	0	0	0	0	0	3
	Overall	123	2	1	9	21	15	17	3	1	6	9	2	12	2	2	2	19
Phen	otype (statistical workup)		Ν		S	ens.		Spec.		Acc	с.	I	PPV		NPV		Р	
1	Muscle skeletal		7		2	.9		100		96		1	00		96		0.0	0028
3	Fat		20		4	5		100		91		1	00		90		<0.0	0001
5	Neural		7		7	1		91		90			33		98		0.0)003
10	Metastasis		15		4	0		97		90			67		92		<0.0	0001
14	Lymphoid		12		4	-2		94		89			42		94		0.0	020
16	Muscle smooth		16		1	3		100		89		1	00		89		0.0)160
21	Not discriminated		6		5	0		86		85			16		97		0.0)467
	Overall		123		3	7		96		92			40		96		<0.0	0001

 Table 6
 Cross table of the phenotype classification of malignant lesions: histological classification is given in the horizontal rows, phenotype on MRI diagnosis is given in the vertical columns. All figures are absolute numbers; N: total number of cases; statistical workup

Table 7	Diagnostic	match	between	MRI	first	diagnosis	and	histol
ogy, ben	ign cases							

Table 8	Diagnostic	match	between	MRI (first	diagnosis) ai	nd his-
tology,	malignant	cases	(MPNST	malignant	peripheral	nerve
sheath to	umor, NOS	not oth	erwise sp	ecified)		

Histological diagnosis	MRI diagnosis	Total number	%
Lipoma	38	51	75
Schwannoma	15	41	37
Hemangioma	21	24	88
Giant cell tumor of tendon sheath	10	17	59
Pigmented villonodular synovitis	9	10	90
Fasciitis, nodular	5	10	50
Desmoid	8	10	80
Neuroma, Morton's	7	9	78
Neurofibroma	5	9	56
Cyst, ganglion	7	8	88
Cyst, synovial	5	8	63
Tumor-like	6	7	86
Endometrioma	3	7	43
Lymphadenitis	5	5	100
Chondromatosis	3	4	75
Neurinoma	1	4	25
Fibromatosis	3	4	75
Cyst, epidermoid	1	4	25
Fibrolipohamartoma	2	3	67
Myositis	4	4	133
Hematoma	5	5	167
Others	18	89	
Total	181	333	54

APO diagnosis	MRI diagnosis	Total number	%
Liposarcoma	9	19	47
Leiomyosarcoma	1	16	6
Metastasis	5	14	36
Myxofibrosarcoma	2	11	18
Lymphoma	4	10	40
Synovial sarcoma	2	8	25
Rhabdomyosarcoma	2	7	29
Sarcoma, NOS	6	6	100
MPNST	5	5	100
Dermatofibrosarcoma	2	4	50
Chondrosarcoma	2	3	67
Osteosarcoma	1	3	33
Fibrosarcoma	0	3	0
Others	5	13	
Total	46	122	38

Discussion

Soft tissues are defined as the subcutaneous and cutaneous tissues or compartments, muscles and tendons, fatty tissue, the soft parts of the joints (joint capsule, synovium, and ligaments) and peripheral neurovascular bundles. In our series, the retroperitoneal lesions were excluded.

Tumors of these soft tissues (STT) include benign and malignant ones and tumor-like lesions. The commonly used histological classification of STT refers to the standard book of Enzinger and Weiss (Weiss and Goldblum classification) or to the recent WHO histological typing adapted by Fletcher et al. [21]. We adjusted the classification of Weis and Goldblum in order to include metastasis, lymphoma and tumor-like lesions in our register.

Overall prevalence of malignant STT is estimated between 5.1 and 15.5% [34, 44]. In our study the relatively high number (n=123, 22%) of malignant lesions was due to a selection bias caused by the referral policy including only patients who had had an MR examination, excluding a large number of (superficial) lesions treated without imaging and of typically benign "do not touch" lesions. Our figures better reflect the prevalence of STT in contrast with the prospective studies of Ma and Berguist in which a prevalence of malignancy of 50 and 47%, respectively, was reported. This is probably due to the fact that the referring centers are requested to send all STT (benign and malignant) to the national registry. However, the prevalence of sarcoma in a radiological population (referred to MR) is more relevant than the prevalence in the entire population where the relatively high number of benign STT dwarfs the prevalence of sarcoma. The latter loses importance since a "radiological" population will always be a selected one.

Although some authors [7, 13, 32] state that MRI is not useful for differentiating malignant from benign lesions and characterization [41], Sundaram stressed the importance of "naming" soft tissue masses based on MR imaging criteria, working on the premise that one's inability to "name" or provide a succinct differential diagnosis requires that the lesion has to be considered "indeterminate" and biopsied. The approach to such indeterminate lesions is that they are sarcomas until proven otherwise [50].

It was expected that MR imaging would have great potential for the histological diagnosis of STT because of its high intrinsic contrast resolution. Unfortunately, the initial enthusiasm has not entirely been fulfilled. Because MR images only provide indirect information about tumor histology by showing signal intensities related to some physicochemical properties of tumor components (e.g., fat, blood, water and collagen) and probably to well-known histological grading parameters, such as cellularity, cellular pleomorphism, mitotic rate, matrix and presence of necrosis, they reflect gross morphology of the lesion rather than underlying histology.

The second reason for the limited ability of MRI in tissue-specific characterization is the time-dependent changes of some tumors during natural evolution or as a consequence of therapy [16].

Although signal characteristics of both benign and malignant tumors frequently overlap, a number of reli-

able parameters for MR differentiation of malignant from benign tumors are described, including size, shape, margins, signal homogeneity, changing pattern of homogeneity (T1–T2), contrast enhancement (static studies and dynamic studies), low SI septations, intra-lesional hemorrhage, peri-tumoral edema, distribution (intracompartmental and extra-compartmental), neurovascular bundle displacement and/or encasement, bone involvement and growth rate.

Retrospective studies on the differentiation of malignant from benign STT by MR imaging largely outnumber prospective ones [13, 25, 29, 42, 63]. De Schepper et al. performed retrospectively a multivariate statistical analysis to determine the accuracy of ten parameters, individually and in combination, for predicting malignancy. A sensitivity and specificity of 81% was achieved when a combination of parameters was used [17].

To date, only three prospective studies have been published. In the studies of Ma et al. [37], Berquist et al. [8] and Moulton et al. [43], respectively, a sensitivity of 100, 94 and 78% and a specificity of 17, 90 and 89% for predicting malignancy were reported.

The high sensitivity (100%) in the study of Ma et al. coincides with a very low specificity (17%) caused by a rigorous threshold of parameters that differentiates benign form malignant lesions, avoiding all false negatives. The additional value of MRI for differentiating benign from malignant lesions in these circumstances is doubtful. Their rigorous calculated threshold disregards subjective recognition of typical lesions with well-known MR imaging characteristics, but conflicts with their definition of malignancy and benignity. The limitations of their study are twofold. First, their list of lesions with well-known conflicting imaging characteristics such as hemangioma, lipoma, leiomyosarcoma and low grade liposarcoma is incomplete, lacking desmoid, lymphadenitis in cat scratch disease, synovial chondromatosis, pigmented villonodular synovitis and nodular fasciitis. Another drawback is the low number (36) of cases with equal malignant/benign (18/18) distribution, not reflecting the prevalence in the general population.

In the study of Berquist et al., a sensitivity of 94% and a specificity of 90% with an accuracy of 90% for diagnosing malignancy were obtained. Three radiologists were asked to evaluate cases according to several specific criteria: size, location, margins, SI and/or homogeneity on T1-WI and T2-WI images, neurovascular encasement or displacement, hemorrhage and/or edema in or around the lesions and bone involvement. Then they were asked to categorize lesions as malignant or benign and, when possible, to provide a specific diagnosis. Their study uses not a quantitative, but a subjective method for discrimination of malignant from benign lesions. This study also suffered from the same limitations as the previous one, e.g., a relatively low number of included cases (95) and a benign-malignant distribution

that did not conform to the prevalence in the general population. Consequently, results of both studies are not comparable with ours.

Moulton et al. obtained a specificity of 89%, PPV of 65%, NPV of 94% and a sensitivity of 78%. Exclusion of the benign lesions decreased the specificity and NPV to 76% and 86%, respectively. A subjective analysis of each case was done prospectively in 95 cases and retrospectively but blinded in 127 cases. The observers were asked to determine the specific histological diagnosis of the lesion and whether they believed it to be benign of malignant. Because of the great number of lesions (225) and segmentation more in accordance with epidemiology, i.e., 179 (79.5%) benign and 46 (20.5%) malignant tumors, this study is comparable with ours.

In most previous studies, the accuracy of MRI was evaluated by using (a combination of) quantitative parameters. In a retrospective study of 44 cases, however, Teo et al. concluded that malignant soft tissue masses are reliably distinguished from hemangioma by subjective analysis combining lesion morphology, SI and enhancement after gadolinium chelate injection [52]. The subjective method for the differentiation of malignant from benign STT is also supported by Berquist et al. [8]. They could not identify any quantitative criterion or combination of criteria that could differentiate benign from malignant STT with greater accuracy than on subjective evaluation.

In our study, this non-quantitative analysis of different imaging characteristics was also performed in order to obtain a specific diagnosis or differential diagnosis with a maximum of three possibilities. The patient's age, sex and clinical presentation were available to the radiologist. The radiologist was using imaging characteristics as described in the methods section, but also considering tumor prevalence, location, age of the patient and concomitant diseases. We classified lesions on MRI according to their phenotypes as defined by Weiss and Goldblum. By grouping lesions by grade and similar histology in which discrimination is often only possible on histochemical grounds, differentiation of malignant from benign tumors with phenotype classification better reflects the performance of characterization by MRI. The advantages of a multi-center approach for unusual histology are numerous if the methodology is rigorously followed. The additional expertise acquired in a short time by reviewing a large number of cases with up-to-date and uniform MRI technique proved to be highly useful. In regard to the wide range of possible diagnoses in STT (n=198 according to the list of Weiss and Goldblum), a representative sample containing the majority of diagnoses is needed; subsequently, even in our study, the peculiar diagnoses are not numerous enough to evaluate. All these arguments support the need for a centralized imaging registration of STT.

Compared to the study of Moulton published in 1994, our study, with the largest number of cases (548), best

population representation and a comparable study population, showed that MRI reliably identifies malignancy in STT with a higher sensitivity (93 vs. 78%) with high NPV (98%) and comparable specificity (82 vs. 87%), but with rather low PPV (60%). Better sensitivity was probably the result of a methodology adapted to clinical radiological practice (three diagnostic possibilities in our study and only one MRI diagnosis in Moulton's study), progress in radiological science with inclusion of newly described parameters, description of larger series of tumors with specific imaging characteristics and the diagnostic skill of radiologists [22, 31]. Indeed, in several recent studies, distinctive or suggestive imaging characteristics have been described in relatively large series of specific STT, including lesions adjacent to the superficial fascia, clear cell sarcoma, desmoid tumors, hemangiomas, liposarcoma and dermatofibrosarcoma protuberans [6, 14, 15, 30, 53]. If a biopsy is done in all lesions with rather benign but non-specific MRI appearance, FNs (n=8) are almost completely avoided. False negative cases without biopsy proposition (n=4) may go undiagnosed and untreated, and their number has to be as low as reasonably achievable. This technique is proposed by Sundaram to manage indeterminate lesions. He also states that the number of soft-tissue conditions that can be diagnosed on MRI will continue to grow [50]. In our study, FN cases without biopsy proposition included one lymphoma, one soft tissue metastasis and four sarcomas. The number of undiagnosed cases will decrease if the policy of performing a biopsy in all atypical lesions on MRI, especially in patients with known malignancies, is respected.

On the other hand, in 76 cases false positivity resulted in "over-treatment" by performing a biopsy that otherwise showed the benign character. The high NPV therefore will avoid misdiagnosis of malignant tumors as benign ones and inappropriate treatment.

In addition to the differentiation of malignant from benign lesions, tissue-specific diagnosis was also statistically evaluated in our series and compared to the data in the literature. In an early retrospective study on characterization, Balzarini reported that most lesions have a non-specific MRI appearance, except for lipomatous and fibrous lesions [6]. On the other hand, in a retrospective study of 134 masses and pseudo-masses of the hand and wrist, Capelastegui et al. reported an accurate diagnosis with differentiation of tumor-like lesions from genuine tumors [10]. As stated before, the need for preoperative characterization will grow in the future because of the diagnosis-dependent prognosis and diagnosis-dependent therapeutic approach to STT. Concerning characterization, we used the modified classification of Enzinger and Weiss. For characterization, the same parameters as for grading are used together with age, location, multiplicity and concomitant diseases. In a recent publication, we emphasized the value of SI characteristics on SE T1-WI with and without FS. Decisions regarding biopsy and treatment could be simplified if a specific diagnosis or limited differential diagnosis could be provided by clinical or imaging evaluation.

In their prospective study on differentiation of malignant from benign lesions and characterization of 95 lesions (50 benign and 45 malignant), Berquist et al. predicted the exact histology of the lesion in 22 and in 58% of the benign group. Predicting the histology of malignant lesions was not successful at all. In the largest partially prospective study of Moulton et al. (n=225, 179 benign and 46 malignant), the exact histology of the lesions was predicted in 44%, while specificity and NPV decreased for malignant lesions.

In our study the exact histology of all lesions was predicted in 50% (versus 22% in the study of Berquist et al). A correct histological diagnosis was included in the proposed diagnostic possibilities in 55% of cases.

Phenotype classification of all lesions revealed a sensitivity of 67% and a specificity of 98%. The best sensitivity (\geq 75%) and specificity (\geq 95%) was found in vascular, fatty, neural and synovial phenotypes. An intermediate sensitivity (71%) with high specificity (96%) was found in tumor-like lesions (Table 4). STT (benign and malignant) were confidently differentiated from tumor-like lesions.

In malignant lesions the exact histology was predicted in 47 (38%) cases. Best results were found for sarcomas NOS (6/6/100%), and malignant peripheral nerve sheath tumors (5/5/100%). The non-diagnosis "sarcoma NOS" was proposed in all malignant-looking lesions on MRI that could not be further differentiated; thus, it is expected that the prediction of histology will score well.

Phenotype classification of all malignant lesions revealed a sensitivity of 37% and a specificity of 96%. The highest sensitivity (71%) and specificity (91%) were reached for neural phenotype lesions (Table 6).

On the contrary, in benign lesions the exact histological diagnosis was made in 50% of lesions if only the first diagnosis was taken into account versus 58% in the study of Berquist et al.

Benign STT were accurately categorized into phenotypes (sensitivity 75%, specificity 98%, PPV 76%, NPV 98%, and accuracy 97%). Sensitivities of 75% or more and specificities of 95% or more were reached for vascular, fatty, neural, synovial and lymphoid phenotypes. Results of both differentiation of malignant from benign lesions and characterization were better in the group of benign STT and tumor-like lesions.

The methodology used to classify lesions as true positive and true negative was different in our study compared to the other prospective studies. In the other prospective studies, the radiologist could only give one diagnosis. If MR findings were not entirely specific, the radiologist in our study was allowed to give a differential diagnosis with a maximum of three possibilities; this methodology better reflects clinical radiological practice. In conclusion, the results of our large, prospective (multi-institutional) study were better than those reported in previous studies, reflecting the progress not only in technology and technical skill, but also in the methodology and diagnostic flair of experienced radiologists.

The obtained results allowed the conclusion that rare pathologies such as STT are best centralized and studied by experts for diagnosis as well as probably for treatment. It was not our purpose to study all diagnostic parameters in a quantitative way and to provide the radiologist with a statistically based diagnostic formula. This could be a drawback to this study.

Another drawback to our study focused on MRI is the lack of data and comparison with other imaging examinations (standard radiography, ultrasound, CT scan, nuclear medicine). It is evident that these examinations, as well as evolving molecular biology studies, can provide complementary information. Together with proliferation markers, histological and immunohistochemical examination, MRI will be a cornerstone method in diagnosis, avoiding non-suited invasive therapy for many patients with benign STT and optimizing the treatment, prognosis and outcome. Moreover, optimal differentiation of malignant from benign lesions, phenotyping and histology will be mandatory for the development of therapeutic regimens in the near future.

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