

# Detection of *Helicobacter* DNA in different water sources and penguin feces from Greenwich, Dee and Barrientos Islands, Antarctica

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**Abstract** *Helicobacter* spp. colonize the gastrointestinal tract of humans and animals and have been associated with gastrointestinal diseases. Antarctic habitats are considered pristine ecosystems, but the increase in human activity could be introducing human bacteria hosted into waters and wildlife. However, *Helicobacter* spp. occurrence has not been studied in Antarctica. The aim of our study was to detect the *Helicobacter* DNA in different water sources and penguin feces from Greenwich, Dee and Barrientos Islands during summer of 2012 and 2013. High *Helicobacter* proportion was observed in water sources amplifying the *16S rRNA* (33/40) and *23S rRNA* genes (37/40) by semi-nested PCR. Similar results were observed in feces from Gentoo penguins (*16S rRNA*: 32/39, and *23S rRNA*: 28/39) and Chinstrap penguins (*16S rRNA*: 16/17, and *23S rRNA*: 15/17) by PCR. The phylogenetic relationship of *16S rRNA* and *23S rRNA* sequences from penguin feces was closely related to *Helicobacter brantae*. Analyses of *16S rRNA* sequences showed that the majority of water samples are related to penguin (3/6) and *Helicobacter pylori* (2/6)

sequences, but the *23S rRNA* sequences matched with *Campylobacter* and *Arcobacter*. These results show for the first time the presence of the genus *Helicobacter* in different Antarctica water sources and in Gentoo and Chinstrap penguin feces. A few *16S rRNA* sequences are very closely related to *H. pylori*, but specific *glmM* and *ureA H. pylori* genes were not detected. More studies are needed to determine the *Helicobacter* species present in this ecosystem and to establish the human impact in these Antarctic Islands.

**Keywords** *Helicobacter* spp. · *16S rRNA* · *23S rRNA* · Waters · Feces · Penguins · Antarctica

## Introduction

*Helicobacter* spp. are gram-negative, microaerophilic, spiral-shaped bacteria that colonize the gastrointestinal tracts of humans and animals and have been associated with gastrointestinal diseases in their hosts. The genus contains 36 formally named species isolated from gastrointestinal tract of birds and mammals. The most studied species is *Helicobacter pylori*, a human pathogen that causes gastritis and gastric ulcers (Kusters et al. 2006; Parte 2014). Some authors have suggested that *H. pylori* transmission could occur through contaminated waters. Furthermore, different strategies such as biofilms and viable but non-culturable state have been described for its long-term survival outside (Cellini et al. 2008; García et al. 2014; Santiago et al. 2015). Additionally, waterborne transmission has also been suggested for other *Helicobacter* species such as *H. mustelae*, *H. muridarum*, *H. felis*, *H. canadensis*, *H. pullorum*, *H. canis* (Azevedo et al. 2008) and *H. cetorum* (Goldman et al. 2009). *Helicobacter* spp. culture from environment is difficult.

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Therefore, molecular techniques have been used to allow the detection of these bacteria in environmental samples (Carbone et al. 2005; Twing et al. 2011).

The Antarctic continent has been geographically isolated from the rest of the world since more than ten million years and some Antarctic habitats are considered to be the most pristine ecosystems on earth. The development of Antarctic research and tourism activities in the past 50 years has resulted in an increase in human presence. Provisions of the 1991 Antarctic treaty have somehow reduced the direct impact of human-derived wastes and thereby their microbial populations (Baker et al. 2003; Bargagli 2008; Grondahl et al. 2009). However, the dramatic increase in human activities in the last decade might be introducing human-associated pathogens into Antarctic wildlife and waters.

Penguins are wild birds that have colonized the Antarctic ecosystem, and they have long lives and a permanent ecological niche and have been considered as environmental bio-indicators (Metcheva et al. 2006; Barbosa 2011). Some studies have reported the presence of microbial human fecal contamination in Antarctic waters, soils and animals (Sjoling and Cowan 2000; Hughes and Thompson 2004; Bonnedahl et al. 2005; Tin et al. 2009; Cowan et al. 2011). Moreover, members of the *Helicobacteraceae* family were reported in four penguin species from Antarctic, Sub-Antarctic and Australian regions (Dewar et al. 2013). However, the detection of the genus *Helicobacter* has not been reported in water sources or penguin feces from Antarctica. The main goal of this study was to determine whether *Helicobacter* genus DNA is present in different water sources and in fecal samples of Gentoo (*Pygoscelis papua*) and Chinstrap penguins (*Pygoscelis antarctica*) from Greenwich, Dee and Barrientos Islands, Antarctica.

## Materials and methods

### Sampling collection and DNA extraction

The study was carried out at Greenwich (21E 358256 UTM 3071559), Dee (21E 356244 UTM 3076306) and Barrientos Islands (21E 357986 UTM 3077558), at South Shetland Islands, Antarctica. Water and fecal samples were collected between summer of 2012 and 2013 (Fig. 1). Each island has different human activities; Chilean base Arturo Prat and the Ecuadorian base Pedro Vicente Maldonado are located at Greenwich Island. Dee Island is separated from Greenwich Island to the south by 850 m and has no human settlements. Barrientos Island is a popular tourist site frequented by Antarctic cruise ships visiting penguin reproductive colonies (IAATO 2014).

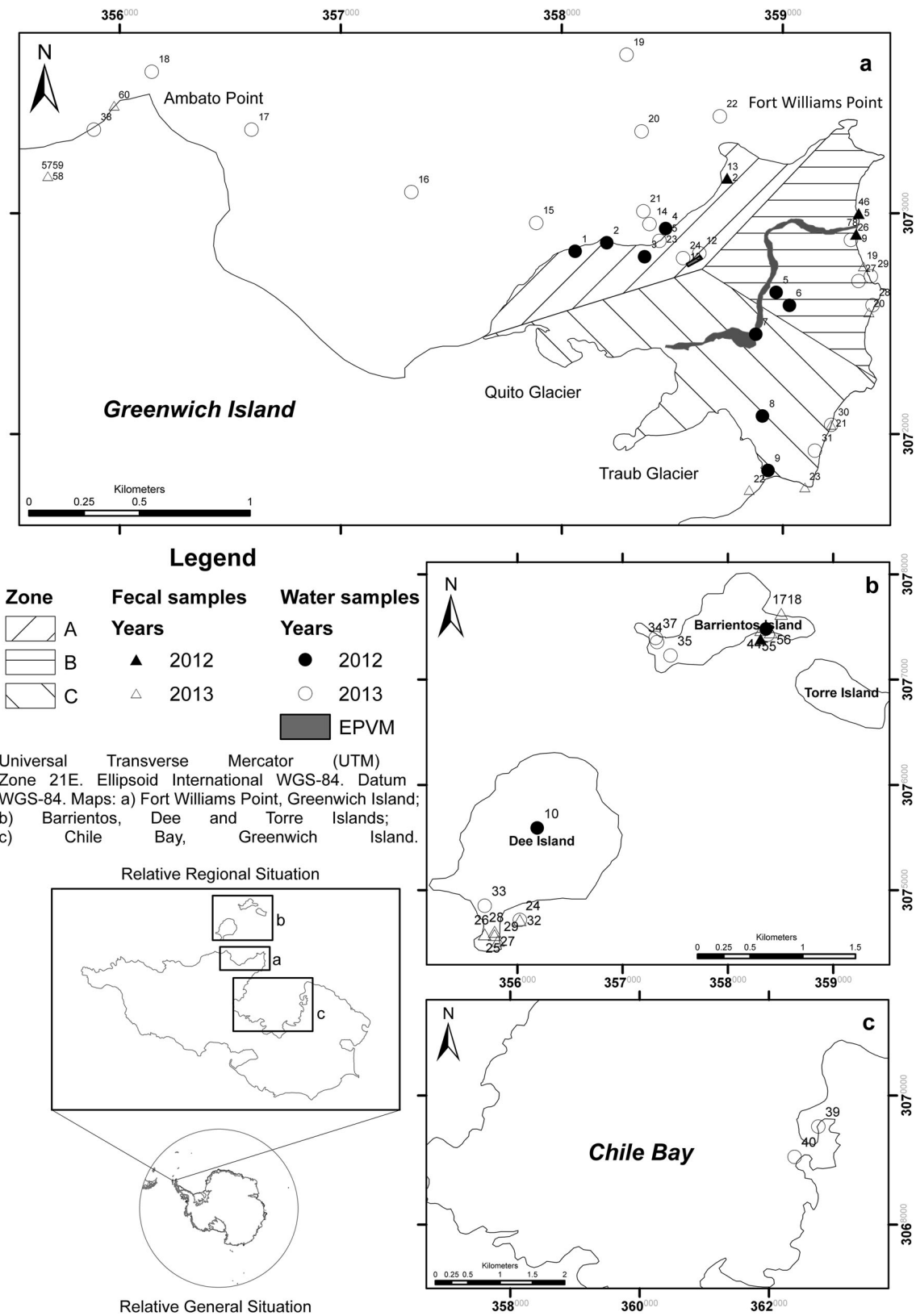
Forty water samples were collected from coastal, river, lake, glacial meltwater and treated wastewater sources. The

physicochemical parameters including temperature, pH, salinity, conductivity and dissolved oxygen were determined with a multiparameter meter (Horiba UX22). All water samples (500 ml) were filtered using Durapore GV membranes (0.22 µm, 47 mm in diameter) in a Millipore filtration system with a vacuum pump (model WP6211560), and each membrane was placed in a sterile 15-ml tube. Freshly dropped fecal samples of Gentoo penguins (*P. papua*) and Chinstrap penguins (*P. antarctica*) were collected in sterile plastic containers being careful to avoid touching the ground or snow. Waters and fecal samples were kept at −20 °C until arrival to Venezuela; then they were frozen at −80 °C for subsequent molecular analyses.

DNA from filtrated water samples was extracted using QIAamp DNA Mini kit (Qiagen, Valencia, CA). One half of each membrane was cut and resuspended in 180 µl of the first buffer of the QIAamp DNA Mini kit according to the manufacturer recommendations for tissues samples under sterile conditions. Penguin fecal DNA was extracted using Power Soil DNA isolation kit (MOBIO Laboratories), according to the manufacturer recommendations.

### PCR assays

*Helicobacter* DNA was detected in water samples by a semi-nested PCR using *Helicobacter* genus-specific primers for *16S rRNA* gene and *23S rRNA* gene. For *16S rRNA* gene semi-nested PCR, the first set included the *Helicobacter* genus-specific forward primer (HeliF) and a reverse primer specific for the Epsilonproteobacteria (EpsilonR: 5'-TAT TCA CCG YRR CAT GGC TGA TYY R-3'); the second set included *Helicobacter* genus-specific primers (HeliF: 5'-AAC GAT GAA GCT TCT AGC TTG CTA G-3', and HeliR: 5'-GTG CTT ATT CST NAG ATA CCG TCA T-3') (Germani et al. 1997). *Helicobacter 23S rRNA* gene was amplified using primers O68 (5'-AGG CGA TGA AGG ACG TA-3') and V62 (5'-CCC GAC TAA CCC TAC GAT-3') in the first PCR round and O20 (5'-CAT AAT GAT CCT GCG AGT T-3') and V62 in the second round (Dewhirst et al. 2005). In Penguin feces, *Helicobacter* DNA was detected by using the same genus-specific primers for *16S rRNA* (HeliF and HeliR) and for *23S rRNA* genes (O20 and V62) described above (Germani et al. 1997; Dewhirst et al. 2005). The *H. pylori* DNA was assessed amplifying *glmM* (*glmMF*: 5'-GGA TAA GCT TTT AGG GGT GTT AGG GG-3', and *glmMR*: 5'-GCT TAC TTT CTA ACA CTA ACG CGC-3') (Kansau et al. 1996) and *ureA* genes (*ureAF*: 5'-GCC AAT GGT AAA TTA GTT-3', and *ureAR*: 5'-CTCCTTAATTGTTTTTAC-3') (Peek et al. 1995). The reaction mixture contained 3–6 µl of DNA (approximately 50–100 ng) and 0.5 µM of each primer. Amplifications were performed using a Ready-To-Go PureTaq PCR kit (Amersham Biosciences,



**Fig. 1** Localization of water and fecal samples in Greenwich, Dee and Barrientos Islands

NJ) in a thermal cycler model GeneAMP 9700 (Applied Biosystems, CA) according to the recommendations for each primer set, except for *23S rRNA* gene in penguin fecal samples where the cycling conditions were 95 °C for 3 min, followed by 35 cycles of 95 °C for 1 min, 50 °C for 1.3 min, 72 °C for 2 min and a final extension to 72 °C for 8 min. The positive control was *H. pylori* DNA, and the negative control was a no-DNA template. The controls for the second round of the semi-nested PCR were prepared by adding PCR amplicons of the first-round negative and positive controls, respectively. An additional negative control was prepared for the second round by adding water to reaction mixture instead of DNA.

### 16S and 23S rRNA gene sequencing and sequence analysis

*Helicobacter* genus-specific fragments of the *16S* and *23S rRNA* genes from water ( $n = 6$ ) and fecal ( $n = 12$ ) samples were amplified and purified for sequencing using the QIAquick PCR Purification kit (Qiagen), according to the manufacturer's recommendations. Purified *16S rRNA* amplicons [ $\sim 300$  base pairs (bp)] and *23S rRNA* amplicons ( $\sim 730$  bp) were sequenced at Macrogen Inc., Seoul, Korea. The *Helicobacter 16S* and *23S rRNA* gene sequences were deposited in GenBank under the accession numbers KF428985–KF428996 and KP017600–KP017609, respectively. *Helicobacter* sequences of this study were aligned with the closest GenBank matches using the SINA software (Pruesse et al. 2012). Two phylogenetic trees were constructed using the neighbor-joining method and the Kimura2 model provided in Molecular Evolutionary Genetics Analysis 2.1 software (version 5.0; Tamura et al. 2011).

### Statistics

Paired Wilcoxon signed-rank test was used to determine differences in the *Helicobacter 16S* and *23S rRNA* PCR results using the PAST software (Hammer et al. 2001).

## Results

The range of the physicochemical parameter values of water samples was: temperature, 2.1–10.27 °C, pH, 4.36–6.9, salinity, 0–4 ‰, conductivity, 0.12–18.06 S/m, and dissolved oxygen 5.50–7.56 mg/l.

*Helicobacter* spp. *16S rRNA* and *23S rRNA* genes were detected in more than 70 % of water samples (Table 1), indicating that the *Helicobacter* genus is present in high proportions for all water sources studied. Not statistical differences were observed between the *16S* and *23S rRNA* PCR results of glacial meltwater, river, lake and wastewater samples. However, in coastal water samples, the *Helicobacter* DNA detected with *23S rRNA* primers was higher than with *16S rRNA* primers in 2013 ( $p = 0.03$ ) and in both years ( $p = 0.01$ ).

High proportion of *Helicobacter* spp. DNA was detected in fecal samples of Gentoo and Chinstrap penguins with no statistical difference between *23S rRNA* than *16S rRNA* primers including all samples for both years and 2013; however, in 2012, statistical difference in Gentoo penguins was observed ( $p = 0.01$ ) (Table 2).

The *16S rRNA* phylogenetic analysis of water and fecal samples is shown in Fig. 2. Sequences of both penguin species formed a clade with *H. brantae*. These results confirm the presence of *Helicobacter* DNA in feces of Gentoo and Chinstrap penguins. This may suggest that penguin sequences are related to *Helicobacter* species reported in wild birds in other latitudes. Additionally, we observe that sequences from water samples are divided into three groups. Three of water sequences formed a group with penguin sequences and *H. brantae*; one sequence from coastal seawater (KF428979) forms a group with *H. pametensis*, and the last group of two sequences (one sequence from coastal seawater and another from wastewater) forms a clade with *H. pylori*. Interestingly, the sequences associated with *H. pylori* belonged to water samples associated with human activity such as coastal seawater from Barrientos Island (KF428983) and wastewater effluents from a research base at Greenwich Island (KF428984). However, *glmM* and *ureA* *H. pylori*-

**Table 1** *Helicobacter* prevalence by semi-nested PCR in different water sources from Greenwich, Dee and Barrientos Islands, Antarctica, in 2012 and 2013

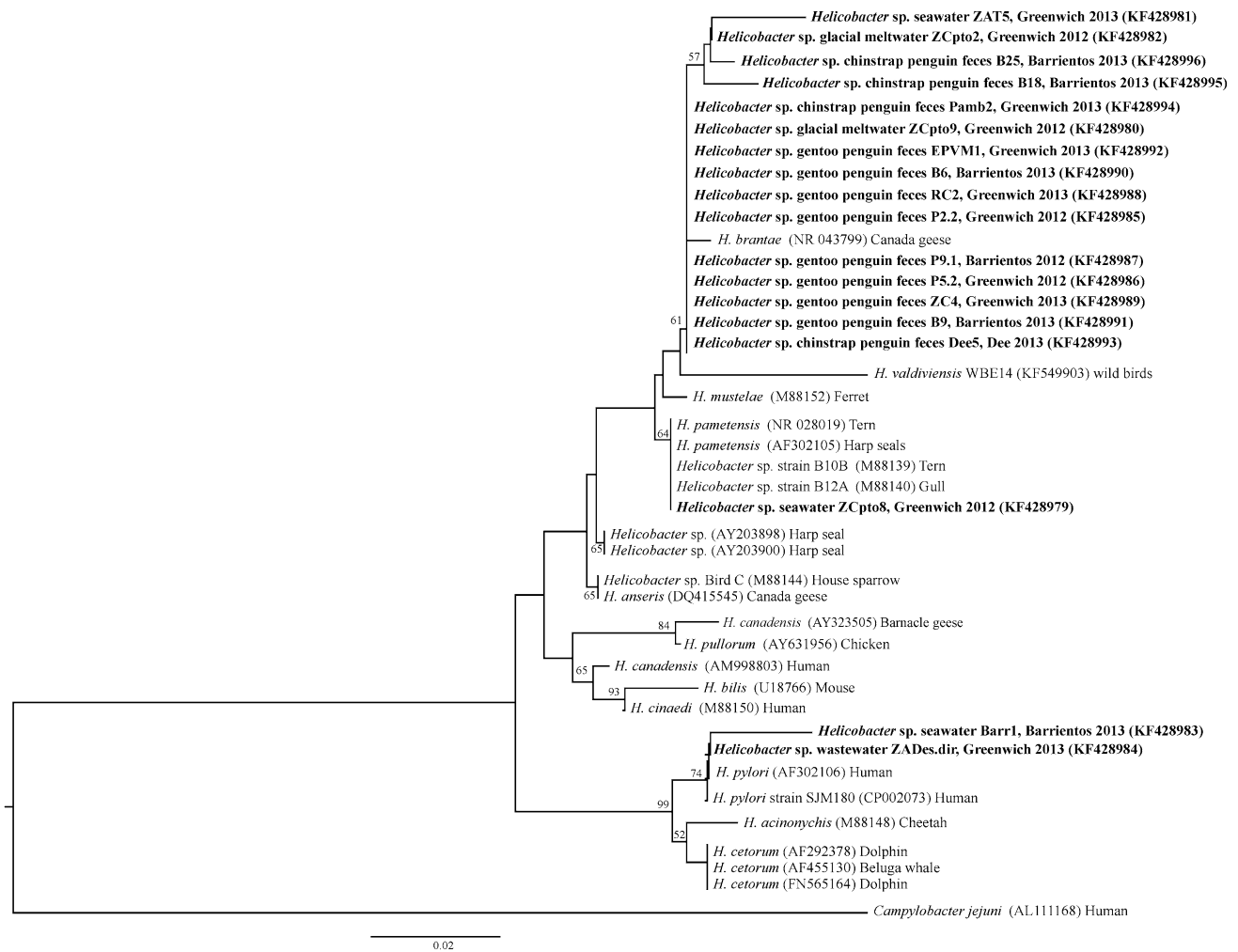
Water source	2012			2013			Both years		
	<i>16S rRNA</i>	<i>23S rRNA</i>	<i>p</i>	<i>16S rRNA</i>	<i>23S rRNA</i>	<i>p</i>	<i>16S rRNA</i>	<i>23S rRNA</i>	<i>p</i>
Glacial meltwater	4/5 (80 %)	5/5 (100 %)	0.32	7/7 (100 %)	4/7 (57.1 %)	0.08	11/12 (91.7 %)	9/12 (75 %)	0.32
Coastal seawater	3/4 (75 %)	4/4 (100 %)	0.32	12/17 (70.6 %)	17/17 (100 %)	0.03	15/21 (71.4 %)	21/21 (100 %)	0.01
River and lake	2/2 (100 %)	2/2 (100 %)		2/2 (100 %)	2/2 (100 %)		4/4 (100 %)	4/4 (100 %)	
Wastewater	ND	ND		3/3 (100 %)	3/3 (100 %)		3/3 (100 %)	3/3 (100 %)	
Total	9/11 (81.8 %)	11/11 (100 %)	0.16	24/29 (82.8 %)	26/29 (89.7 %)	0.48	33/40 (82.5 %)	37/40 (92.5 %)	0.21

Wilcoxon signed-rank test was used to determine differences between *16S* and *23S rRNA* semi-nested PCR results

**Table 2** *Helicobacter* prevalence in penguins’ feces from Greenwich, Dee and Barrientos Islands, Antarctica, in 2012 and 2013

Penguin feces	2012			2013			Both years		
	16S rRNA	23S rRNA	p	16S rRNA	23S rRNA	p	16S rRNA	23S rRNA	p
Gentoo penguins	12/12 (100 %)	6/12 (50 %)	0.01	20/27 (74 %)	22/27 (81.5 %)	0.32	32/39 (82.1 %)	28/39 (71.8 %)	0.21
Chinstrap penguins	ND	ND		16/17 (94.1 %)	15/17 (88.2 %)	0.32	16/17 (94.1 %)	15/17 (88.2 %)	0.32
Total	12/12 (100 %)	6/12 (50 %)	0.01	36/44 (81.8 %)	37/44 (84.1 %)	0.65	48/56 (85.7 %)	43/56 (76.8 %)	0.13

Wilcoxon signed-rank test was used to determine differences between 16S and 23S rRNA PCR results



**Fig. 2** Phylogenetic tree of partial 16S rRNA sequences of the *Helicobacter* genus obtained from feces of Gentoo and Chinstrap penguins and different water sources. The tree was constructed using the neighbor-joining algorithm. Bootstrap values are based on 10,000

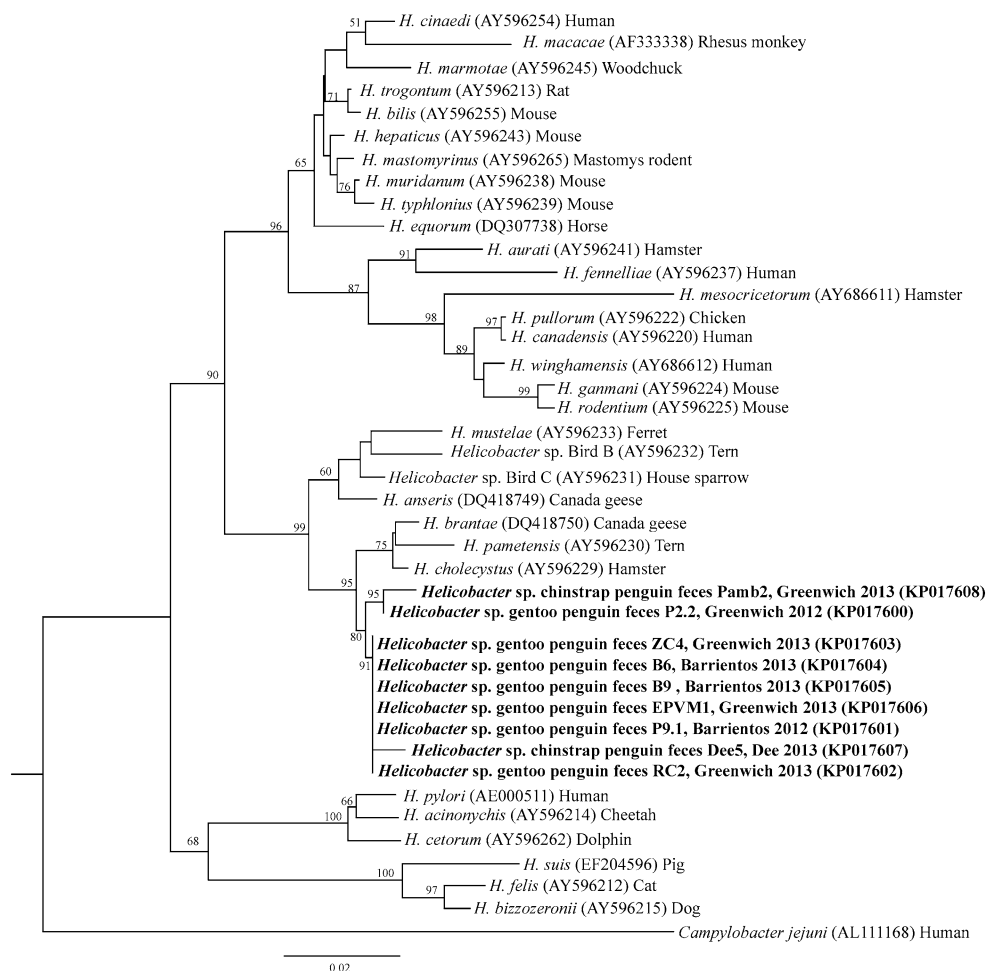
replicates, and no values are given for groups with bootstrap values <50 %. The scale bar represents 0.02 (2 %) nucleotide sequence difference

specific genes were not found in any of water or penguin fecal samples.

The 23S rRNA phylogenetic analysis of penguin fecal samples is shown in Fig. 3. In this case, all penguin sequences formed their own cluster and were related to *Helicobacter* sequences found in avian hosts as *H. brantae*

and *H. pametensis*. Amplicons from three seawater samples were sequenced which showed similarities (between 81 and 95 %) with *Arcobacter* spp. and in one case (wastewater) 100 % similar to *Campylobacter hominis* (KP017609). Therefore, these are not included in the phylogenetic analysis presented in Fig. 3.

**Fig. 3** Phylogenetic tree of partial 23S rRNA sequences of the *Helicobacter* genus obtained from feces of Gentoo and Chinstrap penguins. The tree was constructed using the neighbor-joining algorithm. Bootstrap values are based on 10,000 replicates, and no values are given for groups with bootstrap values <50 %. The scale bar represents 0.02 (2 %) nucleotide sequence difference



## Discussion

Our results show the presence of genus *Helicobacter* in water samples and both penguin species (Tables 1, 2). The presence of *Helicobacter* genus detected in the majority of penguin samples may be possibly due to the frequent contact established among penguins, since both species are highly gregarious living in colonies of large numbers of individuals of same and other species (Ancel et al. 2013). Additionally, analyses of 16S rRNA showed that the 50 % of water samples sequenced (3/6) were related to penguin sequences (Fig. 2), suggesting that water sources could be one possible route of transmission, as it has been reported for other *Helicobacter* species (Azevedo et al. 2008; Goldman et al. 2009).

Phylogenetic relationships of 16S rRNA and 23S rRNA sequences from penguin feces are closely related to *Helicobacter* species found in wild birds as *H. brantae* and *H. pametensis*, which are not closer to human *Helicobacter* as *H. pylori*. *Helicobacter brantae* and *H. pametensis* had been reported only in birds and their pathogenic or zoonotic potential had not been demonstrated (Dewhirst et al.

1994; Fox et al. 2006). *Helicobacter* sequences from penguin feces form their own group in 23S and 16S rRNA trees, suggesting that the *Helicobacter* species that colonize the digestive tract of Gentoo and Chinstrap penguins are probably new commensal species. Further, *Helicobacter* culture from these penguin fecal samples is necessary to confirm this assumption.

Comparing 16S and 23S rRNA PCR results, the *Helicobacter* detection found with 23S rRNA is higher than 16S rRNA primers for coastal water samples (Table 1). Sequences of 23S rRNA amplicons from three coastal seawater samples showed similarities with *Arcobacter* sequences, while 16S rRNA sequences from these samples had 97–99 % similarity with *H. brantae*, *H. pametensis* and *H. pylori* (Fig. 2). These results suggest that the 23S rRNA primers used in this study amplify other bacterial genera in addition to *Helicobacter*. This finding was confirmed using the RDP's ProbeMatch software (Cole et al. 2014). The non-specificity of 23S rRNA primers for *Helicobacter* might explain the high 23S rRNA detection obtained in coastal seawater samples (Table 1). The *Arcobacter* genus belongs to the family *Campylobacteraceae* and has been

detected in diverse water sources (drinking water, rivers, lakes, groundwater, seawater, sewage) with many species having a wide range of survival temperatures (Collado and Figueras 2011). Although it is probable that *Arcobacter* species are present in Antarctica seawater, more studies are necessary to confirm this result.

In the phylogenetic tree of partial *16S rRNA* sequences obtained from different water sources, we observed that the sequences are divided into tree groups, the majority of sequences form a clade with penguin feces samples and *H. brantae*, one sequence (KF428979) is closer to *H. pame-tensis*, and the last two sequences (KF428983 and KF428984) form a clade with *H. pylori* (Fig. 2).

The *16S rRNA* amplicon (KF428984) of one sample from water treatment plant effluent had 99 % similar to *H. pylori*, whereas the *23S rRNA* amplicon (KP017609) was identical to *Campylobacter homini*. Despite the discrepancy in similarity found between both sequences of genes, amplicons showed high similarities with *Campylobacter* and *Helicobacter* species associated with humans (Lawson et al. 2001; Kusters et al. 2006), suggesting that human bacterial DNA could be introduced in Antarctica seawater sources. *H. pylori* detection by PCR and FISH from wastewater effluents had been reported previously and suggests that *H. pylori* could survive wastewater treatments (Moreno and Ferrús 2012). In our study, the bacterial viability of wastewater samples was not determined. However, the introduction of foreign DNA might have dangerous consequences, since human pathogen genes could be transferred to Antarctic microorganisms.

The other *16S rRNA* sequence with 97 % similarity to *H. pylori* belonged to a seawater sample from Barrientos Island (KF428983) (Fig. 2). There are Gentoo and Chinstrap penguin colonies in this island; therefore, we were expected to obtain a *Helicobacter* sequence closely related to penguins rather than to humans. However, more than 5000 tourists landed to Barrientos Island in 2012–2013 to watch these penguin colonies (IAATO 2014). Although tourist activities in Antarctica have strong regulations, bacterial contamination has been previously reported in other six penguin colonies (Bonnedahl et al. 2005). However, more studies are necessary to confirm the impact of wastewater discharge as well as the prevalence of water-borne pathogens in this ecosystem. Other possibility could be that our Barrientos Island sequence is related to *H. cetorum*. *Helicobacter cetorum* has high *16S rRNA* homology to *H. pylori* and has been cultured from several marine mammals (Goldman et al. 2009). The presence of *H. cetorum* in Antarctic waters is a possibility because marine mammals like seals and whales are common. Although the seawater sample from Barrientos Island (KF428983) sequence had a 96 % similarity to *H. cetorum* and forms a group with *H. pylori* (Fig. 2), we cannot

discard the possibility to found more of one *Helicobacter* sequence in this water sample. Then, we need to use other methods like PCR–DGGE or cloning to determine how many *Helicobacter* sequences we can find in our samples.

Even though two of our *16S rRNA* sequences are closer to *H. pylori*, the *glmM* and *ureA* *H. pylori*-specific genes were not detected in any of the water samples. This result probably could be due to differences in sensitivity between PCR and semi-nested PCR. Semi-nested PCR is a more sensible method than PCR and allows the amplification of sequences present in extremely low numbers (García-Amado et al. 2011). These results suggest that *H. pylori* DNA concentration in Antarctica water sources is low; however, water quality monitoring programs including fecal indicators are necessary to confirm the degree of human impact.

In conclusion, the present study is the first report of *Helicobacter* DNA presence in different water sources and fecal samples of Gentoo (*P. papua*) and Chinstrap (*P. antarctica*) penguins from Greenwich, Dee and Barrientos Islands, Antarctica. Our results show that *Helicobacter* genus is part of the bacterial diversity of the microbiota present in the gastrointestinal tract of these two penguin species; however, more studies are needed to isolate, identify and establish the role of *Helicobacter* species as commensals. Additionally, two *16S rRNA* sequences are closer to human *Helicobacter* species like *H. pylori*, and then more studies are needed to determine the *Helicobacter* species present in this ecosystem and to establish the human impact in these Antarctic Islands.

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