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Mercury and methylmercury distribution in tissues of sculpins from the Bering Sea

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Abstract Fish skeletal muscle is often used to monitor mercury concentrations and is used by regulatory agencies to develop fish consumption advisories. However, the distribution of mercury species (MeHg⁺ and THg) in muscle tissue and other organs is not well understood in a number of fish species. Here we evaluate the spatial distribution of THg and MeHg+ in skeletal muscle and internal organs (heart, liver, and kidney) of 19 sculpin representing three species: Myoxocephalus scorpius (shorthorn sculpin n = 13), Myoxocephalus jaok (plain sculpin, n = 4), and Megalocottus platycephalus (belligerent sculpin, n = 2). Four subsamples of muscle were taken along the lateral aspect of each fish, from muscle A (cranial) to muscle D (caudal). Using Games-Howell post hoc procedure to compare mean concentrations of all tissues, muscle samples were significantly different from internal organs, although there was no difference between muscle-sampling locations. THg concentrations (ww) were higher in muscle (muscle A through D mean \pm SD, 0.30 ± 0.19 mg/kg) than that in heart (0.06 \pm 0.05 mg/ kg), kidney $(0.08 \pm 0.06 \text{ mg/kg})$, and liver $(0.09 \pm$ 0.08 mg/kg). Percent MeHg⁺ decreased with age in both skeletal muscle and organs (p < 0.05). In contrast to some previous reports for other fish species, this study found significantly higher THg concentrations in muscle than in the liver. This study highlights the importance of using muscle samples when evaluating potential Hg exposure in risk assessments for piscivorous wildlife and human populations, and assumptions related to organ mercury concentrations should be examined with care.

Keywords Fish · Mercury · Methylmercury · Sculpin · Muscle

Introduction

Mercury (Hg) is detectable in nearly all commercial and subsistence-harvested fish species. Monitoring of Hg concentrations is important for both human health risk assessment and ecological monitoring. There are a number of chemical species of Hg, but environmental Hg falls into two general groupings—inorganic mercury (Hg⁰, Hg²⁺, Hg⁺) and organic mercury, which consists of one or two methyl groups (MeHg⁺, Me₂Hg). Inorganic Hg is poorly absorbed in the vertebrate gut and is excreted fairly rapidly in urine and feces following ingestion (Clarkson 1997). However, in humans and other predators that consume a fish-based monomethylmercury (henceforth: methylmercury, MeHg⁺) is of concern because it bioaccumulates and biomagnifies in aquatic ecosystems, is easily absorbed from the gut, and distributes to tissues such as muscle and liver (Wolfe et al. 1998). Transport throughout the body is facilitated by complexes formed with cysteine groups (MeHg-S-R) which are able to cross the blood-brain barrier and accumulate in brain tissue (Roos et al. 2010). Methylmercury is a well-



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known neurotoxicant, and it has been implicated in poor neurological developmental outcomes in children in a number of longitudinal studies (Oken et al. 2005; Debes et al. 2006).

Concern over health effects has led governmental agencies to set action levels and tolerances limiting the amount of MeHg+ that can be present in commercially available fish. These limits include 1 µg/g for retail fish in the USA, and certain predatory fish in Australia, Canada, and the European Union; and 0.5 µg/g for the majority of retail fish in Australia, Canada, and the European Union (Canadian Food Inspection Agency 1998; The Commission of the European Communities 2001; United Nations Environment Programme Chemicals 2002; US Food and Drug Administration 2007). Additionally, there are many government agencies that have recommended fish consumption limits for Hg. In Alaska, the presence of contaminants in fish has prompted specific recommendations for consumption limits for different fish species (Hamade 2014). These recommendations are of particular concern to people who rely on fish and marine mammals as part of a subsistence diet. As many parts of some fish are commonly consumed, understanding how THg and MeHg⁺ are distributed across different tissue types and in different species is important in assessing the risk of fish consumption and the development of consumption recommendations.

There have been numerous studies examining the species of Hg found in fish muscle, most of which support the conclusion that MeHg⁺ is the primary species (i.e., >80 %) in muscle tissue (Jewett et al. 2003). Some studies have suggested that [THg] can vary according to spatial location of muscle sampled by as much as 36 % (mean = 0.35 mg/ kg vs. mean = 0.23 mg/kg) and that this variation may be driven by lipid content (Balshaw et al. 2008). Since inorganic and organic species of Hg have different octanolwater partitioning dynamics, it is conceivable that differences in [THg] related to lipid content may also drive differences in percent methylmercury of THg (%MeHg⁺). Another explanation is that lipid composition of muscle tissue can affect available binding sites for Hg species on proteins. A decrease in protein concentration in muscle may reflect lower THg concentrations due to decreased binding site availability, such as cysteine residues.

In a number of vertebrate species (including mammals, birds, and fishes), [THg] are highest in the liver (Wagemann et al. 1998; Dietz et al. 2000; Moses et al. 2009). The liver and kidney tissues are important for metal sequestration, biotransformation, and/or elimination and are often evaluated for evidence of damage due to Hg (Sonne et al. 2007). Because liver is generally considered to have the highest concentration of Hg within an organism and because of the importance of liver (as well as kidney) in metal toxicokinetics, many Hg-monitoring studies focus exclusively on the liver and kidney (Riget et al. 2005;

Mieiro et al. 2009). However, the %MeHg⁺ in liver appears to be more variable than in other tissues, and low %MeHg⁺ in livers of some fish species may be indicative of demethylation processes which are known to occur in livers of a number of species (Martoja and Berry 1980; Palmisano et al. 1995; Eagles-Smith et al. 2009).

Species of sculpin (superfamily *Cottoidea*) have been advocated as ecosystem sentinels for heavy metal exposure for a number of reasons: (1) their circumpolar distribution allows for comparisons across the Arctic region, (2) individual sculpins generally have high site fidelity, potentially reflecting point sources of contamination (Dorts et al. 2011; Sonne et al. 2014), and (3) sculpins comprise a dietary component of a number of piscivorous mammals including humans (Burger et al. 2007a), Steller sea lions (Womble and Sigler 2006), bearded seals (Dehn et al. 2006), and belugas (Seaman et al. 1982). In addition there is evidence that sculpin consumption has been increasing in bearded seals in the 2000s (Quakenbush et al. 2011).

The focus of this study is to characterize the distribution of Hg across different tissues (muscle, liver, kidney, and heart) and to determine whether Hg concentration differs by location within marine sculpin skeletal muscle. Specimens were collected opportunistically, and differences in Hg concentrations were examined between species. Because of the potential adverse effects of MeHg⁺ specifically, the percent of THg that was MeHg⁺ was also determined.

Materials and methods

Sculpin collection and species identification

Nineteen sculpin were collected in summer 2009 via hook and line sampling from subsistence fishers off the northern side of Nunivak Island, AK, near the harbor for the village of Mekoryuk (60°23′N; 167°48′W, see Fig. 1). Fish length was measured from the tip of the mandible to the tip of the tail, and fish were subsequently frozen whole until subsampling in the laboratory. Muscle samples were taken from four different locations (Fig. 2). Muscle sample A was taken from the anterior end of the body (just caudal to the gill openings), anterior and posterior of the pleural ribs (muscle B and C, respectively), and caudal peduncle (muscle D). Due to the morphology of these fish, varying amounts of skeletal muscle tissue above and below the lateral line were collected based on the size of the fish. Samples weighed on average 10 g (range 3-25 g each). After subsampling for muscle, the abdomen was opened and the entire liver, both kidneys, and the heart were collected. Skin and underlying connective tissue was removed from muscle samples with the aid of a scalpel. Samples



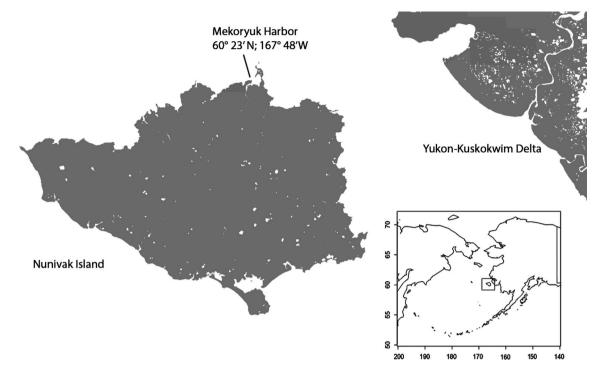


Fig. 1 Location of the sampling site on Nunivak Island, AK. Sculpin were subsistence-harvested from the harbor in the village of Mekoryuk. Image of Nunivak Island is from Google Earth

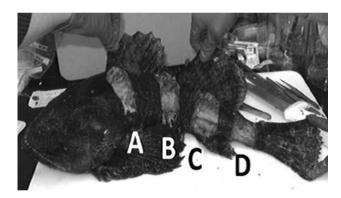


Fig. 2 Locations of the longitudinal muscle-sampling sites. Site A is at the anterior end of the trunk and site D is on the caudal peduncle

were freeze-dried for 48–72 h in Whirl-Paks and homogenized by breaking up and mixing the freeze-dried material within a Whirl-Pak bag. Weight of each sample before and after freeze-drying was used to calculate the percent water in each tissue.

The remainder of the carcass was examined at the University of Alaska Museum of the North for species determination. A dichotomous key for species of the family Cottidae (sculpin) was used for species assignment (Mecklenburg et al. 2002). Thirteen specimens were identified as shorthorn sculpin (*Myoxocephalus scorpius*) based on size, configuration of dorsal fins, and shape of dorsal scales. Four specimens were identified as plain

sculpin (*Myoxocephalus jaok*) relying on the presence and distribution of head ornamentation. Finally, based on a projecting lower jaw and configuration of posterior head spines, two specimens were identified as belligerent sculpin (*Megalocottus platycephalus*). All but two fish, both shorthorn sculpin, were female.

Aging

Specimen ages were estimated from otolith growth rings. Transverse sections of otoliths were mounted on glass slides and annuli-counted using a light microscope (Campana and Neilson 1985; Ennis 1970). Annuli were counted separately by three different technicians. Ages determined by each technician were within 1 year of each other. The median of the three ages was used for further analysis. Age estimates were obtained for all fish except two plain sculpin.

Total mercury analysis

Total Hg (THg) concentrations were determined using a direct Hg analyzer (DMA-80, Milestone, Shelton, Conneticut). Instruments were calibrated using an 11-point square function calibration curve from 0.75 to 25 ng and a seven-point square function calibration curve from 30 to 450 ng. Samples (11–35 mg of dried material) were considered below detection limit (BDL) when the THg



detected in the sample was below 1 ng for at least two of the repeated samples. All samples were analyzed in duplicate. Additional samples were analyzed when results of the duplicates differed by more than 10 %. The mean value for all replicates was used in the statistical analysis. At the beginning of each run, blanks, aqueous standards, and DORM3 (National Research Council Canada, Ottawa ON, Canada) were analyzed for quality assurance and control. Liver from same shorthorn sculpin were also analyzed with each run as a quality assurance method. Blanks were below 0.1 ng THg, standards were all within 10 % of expected values, and the total Hg concentration in the reference material was within the certified range (0.382 \pm 0.060 μ g/ g). Wet weight [THg] for each sample was calculated using the percent water content by taking [THg] dry weight and multiplying by the proportion dry mass to total mass.

Methyl mercury analysis

A rapid method for MeHg⁺ extraction was used (Nam and Basu 2011), and the extract was analyzed on the DMA-80. Because [MeHg⁺] after extraction was relatively low, the DMA-80 was calibrated using a six-point linear calibration curve from 0.25 to 7 ng. Samples were considered BDL when the Hg detected in the sample was below 0.25 ng for at least two of the repeated samples. In addition to the quality control samples described for the analysis of total Hg, certified reference materials (DORM-3 and DOLT-4) were extracted and analyzed with each run. Certified references were within an average of $11.6 \pm 9.14 \%$ of the mean certified value for DORM 3 (mean \pm SD certified concentration $0.355 \pm 0.056 \,\mu\text{g/g}$; rapid extraction $0.314 \pm$ $0.033 \mu g/g$) and $13.7 \pm 9.3 \%$ of the mean certified value for DOLT-4 (mean \pm SD certified concentration 1.33 \pm $0.12 \mu g/g$; rapid extraction $1.14 \pm 0.12 \mu g/g$). All tissues (except two hearts that had insufficient mass) were subsampled and extracted on at least three different days. Each run included at least one sample that had been previously extracted and analyzed. All extracts were analyzed in duplicate. A third measurement was made when results of the duplicates differed by more than 10 %. For quality assurance of the rapid technique, results were compared to those obtained with cold vapor atomic fluorescence detection (CVAFS; Bloom 1989) for muscle sample C based on previous methods in our laboratory (e.g., Moses et al. 2009). Three subsamples of muscle for all 13 shorthorn sculpin and three of four plain sculpin were extracted and analyzed using EPA Method 1630 with a Brooks Rand Model III CVAFS system. To compare measurements produced by the two methods, a paired Wilcoxon signed-rank test was performed. No significant difference was found in MeHg⁺ concentrations determined by the two methods (p = 0.40). The average percent difference between the rapid technique and CVAFS was 1.6 \pm 6.6 %. Only data from the rapid extraction on the DMA-80 are presented here.

Statistical analysis

The plain (n = 4) and belligerent sculpin (n = 2) measurements were excluded from statistical analyses due to low samples sizes for these species. Percent MeHg⁺ was calculated for each individual and tissue as mean [MeHg⁺]/mean [THg]. Because [THg] and [MeHg⁺] were non-normally distributed, log transformations were applied where appropriate. Similar to Wagemann et al. (1997), we found that using mean values to calculate %MeHg+ resulted in an overestimation of this parameter. Therefore, average tissue %MeHg⁺ was determined by the slope of the regression comparing [MeHg⁺]-[THg] for each tissue. To assess differences in tissue [THg], [MeHg⁺], and %MeHg⁺, we utilized a repeatedmeasures analysis of variance (ANOVA) which accounts for variability within individual fish, since organs within a single fish cannot be considered independent with respect to Hg distribution. We followed this analysis with a comparison of mean values (post hoc Games-Howell). Age and length were highly correlated (r = 0.74), and thus both variables could not be included together in further analyses. Because age is a more direct measure of potential time of exposure to contaminants than length, age was used for further comparisons. In order to investigate the relationship between age and concentrations of Hg species, linear regressions were performed using data grouped according to the results of the Games-Howell. Statistical analyses were performed using R Programming Language (R Core Team 2012) including the 'car' package (Fox and Sanford 2011). Figures were produced with the 'ggplot2' package (Wickham 2009). A p value < 0.05 (after multiple test corrections) was considered significant for all comparisons.

Results

Age and length

As expected, age and length are highly correlated $(r=0.74,\ p<0.01)$ for shorthorn sculpin. Age ranged from 4 to 21 years and length ranged from 28 to 65 cm (Table 1). Belligerent and plain sculpin fell within the range of lengths determined for the shorthorn sculpin (42–50 cm for plain, 29–36 cm for belligerent).

Hg species in tissues

Mean concentrations of Hg species are presented in Table 2. Mean muscle [THg] and [MeHg⁺] were higher than internal organs. Ratios of muscle [THg] to internal organ [THg] ranged from 3:1 up to approximately 14:1



Table 1 Species, age, length, sex, and ratios of mean muscle [THg]-internal organs [THg]. Species were identified using dichotomous key (Mecklenburg et al. 2002)

Species	Age (years)	Length (cm)	Sex	Ratio average [THg] in muscle to		
				Liver	Kidney	Heart
Myoxocephalus scorpius (shorthorn sculpin)	4	28	F	3.7	3.5	3.9
	6	41	F	3.4	3.2	3.6
	6	37	F	6.0	4.8	7.5
	6	38	M	8.5	7.4	9.2
	7	36.5	M	14.0	5.5	7.2
	9	43	F	5.8	6.2	12.4
	9	55	F	4.1	5.0	6.5
	10	44	F	6.7	5.3	7.1
	13	58	F	4.0	4.4	6.6
	17	54	F	5.0	5.2	6.5
	19	65	F	3.1	3.3	5.1
	19	43	F	2.9	4.7	5.8
	21	54	F	4.2	3.2	4.8
Average				5.5 ± 3.0	4.8 ± 1.3	6.6 ± 2.3
Myoxocephalus jaok (plain sculpin)	4	43	F	2.8	2.6	3.3
	5	42	F	3.7	4.8	5.3
	_	46	F	3.4	3.0	5.1
	_	50	F	4.5	5.0	5.0
Average				3.6 ± 0.7	3.9 ± 1.2	4.7 ± 0.9
Megalocottus platycephalus (belligerent sculpin)	4	29	F	9.5	9.2	9.5
	8	36	F	10.0	7.8	5.5
Average				9.7 ± 0.3	8.5 ± 1.0	7.5 ± 2.9

Ages were assigned by counting annuli of Table 1

(Table 1). Within individual fish, the internal organs had lower $\% MeHg^+$ (calculated as [MeHg^+]/[THg] \times 100) than muscle samples (Table 1). The variation in $\% MeHg^+$ for internal organs was higher, as measured by percent relative standard deviation (%RSD, data not shown). Average tissue MeHg^+ as determined by the slope of the

regression comparing [MeHg $^+$]–[THg] was 50–60 % for the internal organs and 81–94 % for the muscle-sampling sites (Table 2).

Using a repeated-measures ANOVA, we found that tissue type was a significant variable in predicting concentrations of THg (F = 18.2, p < 0.01), MeHg⁺

Table 2 Concentrations (mg/kg wet weight) of total Hg ([THg]), methylmercury ([MeHg +]), and mean %MeHg ([THg]/[MeHg +] \times 100) for shorthorn sculpin

Shorthorn sculpin tissue	Mean concentration (mg/kg) ± SD		Mean percent MeHg+a	Mean percent water \pm SD	
	THg	MeHg ^{+a}			
Muscle A	0.29 ± 0.19	0.26 ± 0.16	86	80 ± 1.4	
Muscle B	0.29 ± 0.19	0.28 ± 0.18	94	80 ± 1.5	
Muscle C	0.30 ± 0.20	0.26 ± 0.16	81	79 ± 1.1	
Muscle D	0.33 ± 0.21	0.29 ± 0.18	88	80 ± 1.0	
Liver	0.09 ± 0.08	0.06 ± 0.04	50	69 ± 7.0	
Heart	0.06 ± 0.05	0.04 ± 0.03	60	84 ± 2.6	
Kidney	0.08 ± 0.06	0.05 ± 0.03	55	82 ± 1.3	

^a Mean percent MeHg calculated as the percent value of the slope of regression between [THg] and [MeHg]



 $(F=15.9,\ p<0.01)$, and percent MeHg⁺ $(F=24.5,\ p<0.01)$. Using post hoc Games–Howell test, we found that individual muscle sections (A–D) were not statistically different from each other for either [THg] or [MeHg⁺]. Similarly, internal organs (heart, liver, and kidney) were not statistically different from each other. Muscle samples from the four sites (A–D) were all statistically different from each internal organ (p<0.01), resulting in the grouping presented in Fig. 3. Muscle samples had significantly higher [THg] and [MeHg⁺] than internal organs.

Hg and age

Based on the grouping suggested by Games–Howell, we performed a regression using averaged grouped data (muscle and internal organs). Both [THg] and [MeHg $^+$] increased significantly with age (p < 0.01 for both). Using log-transformed data, the equation for the relationship between [THg] and age for muscle tissue is log[THg in muscle] = $0.12 \times (\text{age}) - 3.51$. Similarly, the equation for the relationship between [THg] and age for internal organs is log[THg in organs] = $0.13 \times (\text{age}) - 4.36$. For both [MeHg $^+$] and [THg], the interaction between age and tissue was not significant.

Percent MeHg⁺ appeared to decrease with age for both muscle and internal organs (Fig. 4). The interaction term between age and tissue (muscle vs. internal organs) as a predictor of %MeHg⁺ was not significant.

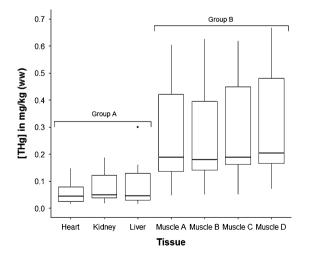
Discussion

The shorthorn sculpin in this study were generally older and larger than those reported from Norway (1–6 years and 6–30 cm; Luksenburg and Pedersen 2002) and included

fish older and larger than the maximum age and size reported elsewhere (15 years and 50 cm; Ennis 1970). The belligerent sculpin in this study were also larger than had been previously published (Ball et al. 2007) for belligerent sculpin from the eastern Bering Sea (13.6 \pm 0.62 cm, ages not reported). Plain sculpin were within the age and size range reported for the eastern Bering Sea (TenBrink and Hutchinson 2009).

The livers analyzed in this study had a broader range for [THg] (0.01–0.30 mg/kg) than the [THg] in livers from shorthorn sculpin (measuring >27 cm) reported in the literature (0.054–0.093 mg/kg in northwest Greenland and 0.015–0.061 mg/kg in central Greenland; Rigét et al. 2007). Exact lengths in that study were not reported, so it is possible that the broader range found in this study is due to the broad age and length range of the specimens we examined.

It is interesting to note the much higher concentrations of Hg in the muscle tissues compared with liver detected in this study. For many fish species, [THg] has been reported to be higher in liver than in muscle (Shultz and Crear 1976; Havelková et al. 2008; Mieiro et al. 2009; Guilherme et al. 2010). A study that evaluated Hg tissue distribution in 12 freshwater fish species in the Amazonian Basin found that only two species (both in the characid genus Leporinus) had muscle [Hg] greater than liver [Hg], and one additional species (the auchenipterid catfish Aegeneiosus inermis) was found to have muscle and liver concentrations of close to 1:1 ratio (Régine et al. 2006). The 1:1 ratio has been reported in several other studies, both in freshwater and marine fish (Jewett et al. 2003; Burger et al. 2007a). Although not included in statistical analyses, ratios of [THg] in muscle-liver for belligerent sculpin and plain sculpin are presented in Table 2. These ratios (especially



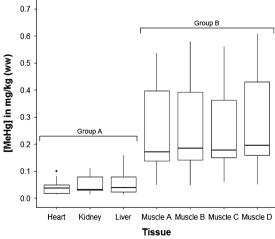
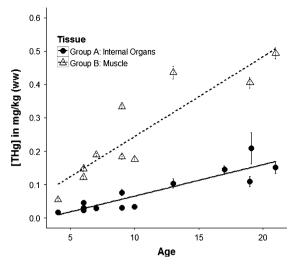
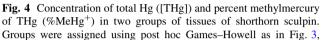
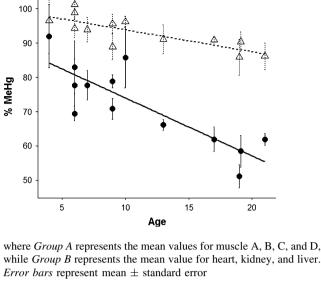


Fig. 3 Concentrations of total Hg ([THg]) and methylmercury ([MeHg⁺]) in different tissues of shorthorn sculpin. Groups were assigned using post hoc Games–Howell, where each tissue was compared against all others at an adjusted alpha level of 0.05. Individual points represent outliers









while *Group B* represents the mean value for heart, kidney, and liver.

for [THg] in muscle-liver) are higher than those reported in other sculpin species. For instance, great sculpin (Myoxocephalus polyacanthocephalus) caught off Adak, Alaska, were found to have ratios of 1:1 (muscle-liver) and 3:1 (muscle-kidney) (Burger et al. 2007b). A muscle-liver ratio of >1 for [Hg] has been reported in estuarine fish species and elasmobranchs (Mathieson et al. 1996; Coelho et al. 2010). In adult marine mammals including whales, pinnipeds, and polar bears (Hyvärinen et al. 1998; Wagemann et al. 1998; Dietz et al. 2000; Frodello et al. 2000; Moses et al. 2009), liver and/or kidney generally have the highest [THg]. Our study indicates that, at least in some fish, skeletal muscle may play an important role in Hg bioaccumulation within this specific tissue (i.e., not other muscle types such as heart) and contribute more significantly to body burden since muscle tissue is a relatively large compartment by mass. It has been previously shown (Giblin and Massaro 1973) that the rate of elimination of Hg from muscle is much slower than the rate of elimination from liver, kidney or heart in rainbow trout (Oncorhynchus mykiss) where most of the Hg distributed to the muscle was still present after 100 days. Additionally, muscle represents a higher percentage of the body weight (larger compartment) than liver or kidneys and is more likely to be preferentially consumed by humans. Even when the [THg] is lower in muscle than in liver, muscle may have a greater proportion of the body burden of Hg (Giblin and Massaro 1973; Mathieson et al. 1996; Brookens et al. 2008). Thus, if there is concern about the risk of Hg exposure through piscivory, it is critical to include muscle samples in any assessment, and this is particularly important in species where differential tissue-specific distribution of Hg has not been examined.

When tissues were compared using post hoc Games-Howell test (which has been done in other studies to compare tissue concentrations of Hg, for instance Brookens et al. 2008), muscle samples were not significantly different from each other (Fig. 3). This is in contrast to findings in other species, for instance bluefin tuna in Balshaw et al. (2008), where the authors found up to 63 % difference in [THg] between two muscle sections. Their study noted an inverse relationship with lipid content of the muscle tissue, and while we did not measure lipid content directly, the differences in %H₂O of muscle tissue, as measured by weighing samples before and after freeze-drying, did not display large variation among sampling location (Table 1). In other fish species, percent H₂O can be used as an effective proxy for percent lipid content in muscle since the two measures are highly correlated (Zaboukas et al. 2006). Thus the lipid content of muscle tissue and spatial distribution of [THg] are important considerations when taking muscle samples for comparison among individuals within a species or between species.

In order to investigate the associations of Hg species with age, we constructed a linear regression with tissues combined according to the results of the Games-Howell test (Fig. 4). Both Group A (internal organs) and Group B (muscle) had relationships between [THg] and age and [MeHg⁺] and age that were significantly different from 0 (p < 0.01). The interaction term between group and age was significant for both [THg] and [MeHg⁺], indicating that the relationships between Hg species and age were different between these groups of tissues. This is likely the result of tissue-specific dynamics of MeHg⁺ demethylation, transport, and storage.

In this study, we found that %MeHg⁺ was inversely associated with age in both internal organs and muscle. In the



internal organs, the decrease in %MeHg⁺ with increasing [THg] likely represents demethylation of MeHg⁺ and storage as inorganic forms of Hg (Komsta-Szumska et al. 1983; Wagemann et al. 1998, 2000). The interaction term agegroup was not a significant predictor of %MeHg⁺, indicating that %MeHg⁺ decreased similarly with age in both muscle $(\%\text{MeHg}^+ = -0.58 \times (\text{Age}) + 99.31)$ and internal organs $(\%MeHg^+ = -1.13 \times (Age) + 80.81)$. The lack of significance of the interaction term, while possibly reflecting a true similar relationship, is potentially driven by the large variation in %MeHg⁺ in internal organs, especially for young fish. There are several possible explanations for the large variation in %MeHg+ in young fish including the uncertainty of the age estimation process in general. The first is that our small sample size led to a poor distribution of ages, and the variation seen in young fish might represent the variation across the entire population. It has also been suggested that demethylation of MeHg⁺ occurs only when THg concentrations (mostly MeHg⁺) have reached a critical threshold (for waterfowl, reported dry weight thresholds were between 7.48 and 9.91 mg/kg dry weight, Eagles-Smith et al. 2009). While concentrations in liver in our study were not approaching the concentrations noted in Eagles-Smith et al. (2009), it is possible that a similar demethylation threshold exists in sculpin.

In conclusion, our study highlights the importance of assessing variability in Hg concentrations among different fish species, as some previously held assumptions for Hg accumulation do not appear to hold true for the species of sculpin we evaluated. If sculpin are to continue to be used as a species for biomonitoring, species-specific dynamics of THg and MeHg⁺ need to be considered. Since concentrations of THg and MeHg⁺ were significantly higher in muscle than in liver and since muscle is the tissue preferentially consumed by humans, this supports the importance of including muscle samples in addition to liver samples for biomonitoring rather than focusing exclusively on the liver. Mercury contamination of marine species is a topic of increasing concern for subsistence hunters and fish consumers, who often consume only select tissue types. It is important to have a thorough understanding of the dynamics of Hg in different tissues to support development of technically sound management decisions and risk assessments.

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