

Anti-citrullinated peptide antibodies and their value for predicting responses to biologic agents: a review

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Abstract Anti-citrullinated peptide antibodies (ACPAs) play an important pathogenic role both at the onset and during the disease course. These antibodies precede the clinical appearance of rheumatoid arthritis (RA) and are associated with a less favorable prognosis, both clinically and radiologically. The objective of this work was to conduct a comprehensive review of studies published through September 2015 of ACPAs' role as a predictor of the therapeutic response to the biological agents in RA patients. The review also includes summary of the biology and detection of ACPAs as well as ACPAs in relation to joint disease and CV disease and the possible role of seroconversion. The reviews of studies examining TNF inhibitors and tocilizumab yielded negative results. In the case of rituximab, the data indicated a greater probability of clinical benefit

in ACPA⁺ patients versus ACPA⁻ patients, as has been previously described for rheumatoid factor. Nonetheless, the effect is discreet and heterogeneous. Another drug that may have greater effectiveness in ACPA⁺ patients is abatacept. Some studies have suggested that the drug is more efficient in ACPA⁺ patients and that those patients show greater drug retention. In a subanalysis of the AMPLE trial, patients with very high ACPA titers who were treated with abatacept had a statistically significant response compared to patients with lower titers. In summary, the available studies suggest that the presence of or high titers of ACPA may predict a better response to rituximab and/or abatacept. Evidence regarding TNFi and tocilizumab is lacking. However, there is a lack of studies with appropriate designs to demonstrate that some drugs are superior to others for ACPA⁺ patients.

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Introduction

Rheumatoid arthritis (RA) is an autoimmune disease that affects 0.5 % of the Spanish population [1]. Seventy percent of patients present autoantibodies (*seropositive* RA), mainly *rheumatoid factor* (RF) and *anti-citrullinated peptide antibodies* (ACPAs), which generally indicate a more serious illness compared with patients with *seronegative* RA. This indicates *de facto* that there are two different types of RA from the etiopathogenic and the evolutionary point of view [2].

Furthermore, apart from the role that RF plays in RA, ACPA is relevant to crucial aspects of RA. Because of their

high specificity, ACPAs play a very important role in the diagnosis of the disease, are involved in pathogenesis, and are associated with a greater radiographic progression, the increased risk of pulmonary complications, and an increased risk of cardiovascular (CV) events [2–7].

However, despite the development of new biological therapeutic agents, there is a lack of robust scientific evidence to assessing the clinical response of biologic therapies in patients with ACPAs. Studies of rituximab (RTX) have yielded conflicting results that can be summarized as follows: seropositive patients, including those with ACPAs, are likely to have a better, although modest, clinical response than seronegative patients [8, 9]. Recently, some data for abatacept suggest the possibility that this drug will have greater effectiveness in ACPA⁺ patients. However, these data come from records or subanalyses of clinical trials, some of which were presented at conferences and others that were recently published [10–12].

This circumstance and the absence of a thorough review of all of the available biological agents, for which ACPA⁺ patients' responses have been analyzed, have prompted us to review in detail the existing literature and to analyze the possible predictive value of the clinical response to biologic therapies according to the ACPA status (positive vs. negative) and ACPA levels changes.

Methodology

The project coordinator (EMM) selected 5 rheumatologists with expertise in RA and in the management of RA patients with biological therapies. These experts had also published scientific articles on this topic, including consensus documents. In addition to these characteristics, the panelists were selected for their geographical distribution (representing different regions of the country); efforts were made to ensure that they were as representatively distributed as possible.

A narrative search of articles published through September 2015 was performed to find studies that analyzed RA patients treated with any biologic therapy approved in our country, including (a) the predictive value of the therapeutic response of ACPAs and (b) the clinical value of seroconversion (defined as the change from ACPA⁺ to ACPA⁻).

One reviewer (EL) used *clinical queries* that included medical subject headings (MeSH) terms and free text in MEDLINE for the article search. Systematic reviews and meta-analyses, clinical trials, and observational studies were selected. There were no restrictions on language, and only articles including the drugs' effects in humans were selected. This search was complemented by experts' advice on the publications and other related works on this topic. The results were presented and discussed at a meeting of the panel of experts.

In this meeting, the literature addressing the clinical and the predictive value of the ACPAs response to different biological therapies was presented and discussed. Additionally, the sections, scope, and the format of the review document were agreed upon, and tasks were distributed. Each expert was responsible for drafting one or more sections of the review document. Once combined, the sections were circulated among the panelists for comments, corrections, and suggestions. The coordinator was responsible for editing the final document. When questions arose, the expert who was responsible for the section was contacted.

Antibodies in RA

Both the anti-IgG-Fc antibody (Ab) RF and ACPA are highly characteristic Abs of RA. There are other autoantibodies associated with RA, such as RA33, anti-calpastatin, ANCA, ANA, anti-collagen II, and anti-glucose-6-phosphate isomerase (GPI), but these are less informative than RF [13].

An important step in the study of RA autoimmunity was the discovery of the post-translationally modified Ab anti-protein. ACPAs have been used in the diagnosis of RA since the discovery of the anti-perinuclear factor [14] and anti-keratin Abs a few years later [15]. Both Abs recognize the same antigen, filaggrin [16]. Although many authors have recognized ACPAs testing's diagnostic and prognostic value, its use never spread because the technique for detection was more laborious and less reproducible than RF detection [17–19]. A significant step was the discovery that the reactivity of these Abs depended on the presence of citrulline residues [20, 21].

The next step was the use of citrullinated proteins (filaggrin, fibrinogen, or myelin basic protein) to identify RA-specific anti-citrulline Abs; however, these proteins were difficult to isolate in large quantities and with sufficient purity [22, 23]. In the first generation of the assay, a citrullinated peptide derived from filaggrin was used [24]; while it was better than the previous methods for detecting anti-citrullinated peptide antibodies, it was less sensitive than RF. Because filaggrin is not localized in the synovium, other synthetic peptides rich in citrulline were assayed, leading to the discovery of the second-generation assay, which uses a cyclic peptide that exposes the epitopes (CCP2) more efficiently. This assay has a sensitivity of up to 80 % and a specificity similar to that of the previous generation [25]. Subsequently, other assays were developed that differed slightly in sensitivity and specificity but did not seem to perform better than the CCP2 assay [26, 27].

All of the anti-citrullinated protein Abs recognize a wide variety of citrullinated proteins and are thus currently known as ACPAs [28]. These recognized proteins include fibrinogen, vimentin, alpha enolase, the peptidyl

arginine deiminase enzyme, or enolase derived from *Porphyromonas gingivalis* [3]. Although ACPAs generally cross-react with multiple citrullinated proteins and share little homology, such characteristics are not absolute [29].

Recently, anti-carbamylated protein antibodies have been described. These antibodies represent a post-translational modification that converts lysine to homocitrulline and that cross-reacts with ACPAs [30].

Citrullinated protein formation

Citrulline is a post-translational modification of arginine catalyzed by the peptidyl arginine deiminase (PAD) enzyme [31]. Typically, PAD is inactive because of very low concentrations of Ca^{2+} . During apoptosis, there is an influx of Ca^{2+} into the interior of the cell, which activates PAD in a physiological process that causes the citrullination of intracellular proteins, thus facilitating their degradation. This reaction probably does not provoke an immune reaction because the neoantigens are not exposed to the immune system [32]. In the inflammatory processes, when cells die via necrosis, the cellular membrane is ruptured, and PAD is released into the extracellular space, where high concentrations of Ca^{2+} and citrullinated proteins exist. The inflamed synovium contains macrophages that express PAD2 and granulocytes that express PAD4; these enzymes cause the citrullination of extracellular proteins, such as fibrinogen [33], or intracellular proteins, such as vimentin [34]. However, the synovial citrullination of proteins is associated with inflammation in both animal models [35] and humans [36, 37] and is not specific for RA.

Infectious agents such as *Porphyromonas gingivalis*, a bacterial species directly related to the development of periodontitis, are capable of producing bacterial peptidylarginine deiminases causing the citrullination of proteins such as human fibrinogen and alpha enolase [38].

Although inflammatory processes are very common, only a small proportion of the population develops ACPAs, which are very specific to RA and are related to the pathogenesis of the disease [4].

ACPAs in the pathogenesis of RA

Several items of evidence link the presence of ACPAs to the pathogenesis of RA. The first is their high specificity: they appear infrequently and usually at low titers in other autoimmune diseases [25, 27, 39, 40]. The efficacy of selective B cell depletion in the treatment of RA provides evidence that favors the role of autoantibodies in the disease's pathogenesis [41].

The second item supporting the link between ACPAs and RA is based on findings that ACPAs precede the clinical manifestations of the disease. In an animal model of

collagen-induced arthritis, anti-collagen Ab and ACPA preceded the appearance of joint inflammation [42]. In healthy people, ACPAs precede the development of RA by several years [43–45], and very few individuals become ACPA⁺ after the clinical development of arthritis [46]. Recent studies have shown that these Abs appear gradually and that the recognized epitopes increase just before the onset of symptoms [47, 48]. This finding is interesting, but still poorly explained, as high ACPA titers in patients with arthralgias are a very important risk factor for the development of arthritis in the near future [49]. At the same time, it appears clear that only a small group of individuals who develop ACPAs will ultimately develop RA [49]. However, external factors, such as obesity and tobacco use, are predictive of the development of the clinical manifestations [50].

ACPAs in the classification of RA

There is a relationship between ACPA production and the presence of certain HLA-DR alleles associated with RA susceptibility, also called shared epitope (SE) [51, 52]. The association is located in the third hypervariable region of the β chain and is found mostly in the DRB*0101, *0102, *0401, *0404, *0405, *0408, *1001, and *1402 alleles [53]. In HLA-DRB1*0401 transgenic mice, the conversion of arginine to citrulline in selected peptides increases their affinity for HLA and induces the very efficient collaboration of T lymphocytes in the production of Abs [54].

In several cohorts of patients with RA, it has been shown that when patients are stratified by the presence or absence of ACPA, HLA-DR alleles with SE are found in the presence of ACPAs and not with ACPA⁻ RA [55–57], which indicates that the HLA-DR alleles with SE are not associated with RA in general, but with a phenotypic subtype defined by the presence of ACPAs [56, 57].

Another risk allele for the development of RA and the production of ACPAs is the protein tyrosine phosphatase, non-receptor type 22 (*PTPN22*), which is involved in the stimulation, activation, and differentiation of T lymphocytes [58].

ACPA in joint disease

The fact that ACPAs appear years before the onset of symptoms suggests that the production of Abs and the development of the disease are different processes. A theory with several steps has been proposed as a model for RA pathogenesis [4] (Fig. 1).

The first step is the production of ACPAs. The citrullination of proteins, a physiological process that is characteristic of RA, represents the capacity to initiate an immune response against these antigens. Until recently, the roles of genes, environmental factors, and autoimmunity in the

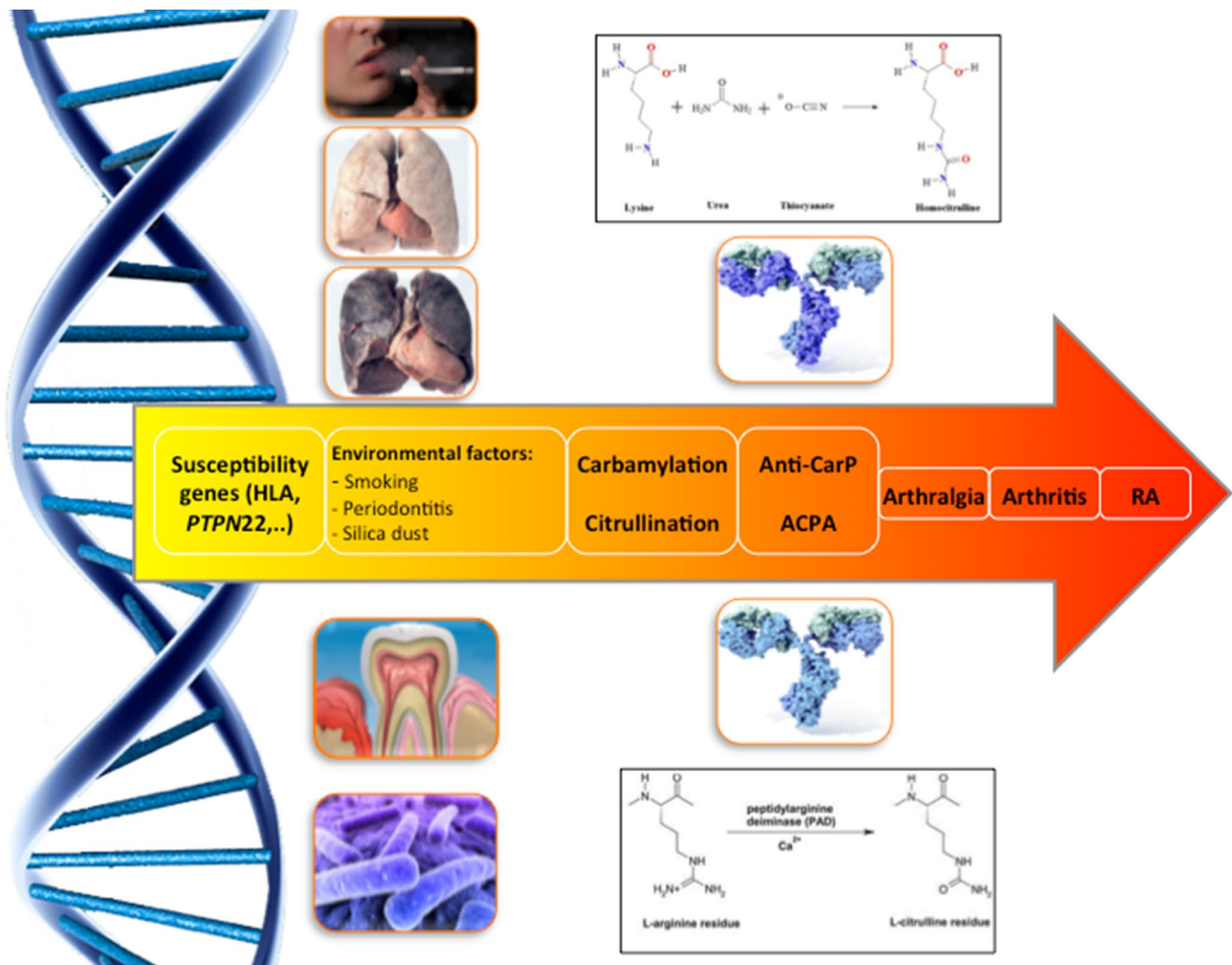


Fig. 1 Model for the pathogenesis of rheumatoid arthritis: the exposure to certain environmental factors (e.g., smoking, periodontitis due to an infection with *Porphyromonas gingivalis* or silica dust exposure) leads to local protein modification by citrullination and/or carbamylation. In genetically susceptible individuals, inflammatory process caused by these factors elicits an immune response to citrullinated and/or carbamylated proteins. A secondary or non-related event associated with damage and inflammation in synovial joints results in citrullination and/or carbamylation of synovial proteins with the formation of immune complexes which will boost the inflammatory process, leading to the development of arthralgia first and then arthritis

etiology of RA were studied independently. In this model, it is necessary to understand how the known risk factors interact with genes in the development of the disease. Some risk factors associated with the development of RA and ACPAs are known, such as tobacco use, occupational exposure to silica dust, and periodontitis [59, 60]. A case-control study showed that the appearance of ACPAs was associated with the presence of HLA-DR alleles with SE in a dose-dependent manner and that tobacco was a risk factor for ACPA⁺ RA but not for ACPA⁻ RA. This study also showed that ACPA⁺ RA was not completely dependent on SE. [58]. The importance of this work is that the authors demonstrated that tobacco is capable of initiating the citrullination of proteins in the lungs and that in the local inflammatory environment, it can act as a trigger for the

development of ACPAs [58]. Additionally, a similar interaction between exposure to silica dust has been described [59], while periodontitis, especially as a result of *Porphyromonas gingivalis* and its capacity for causing citrullination, might, to some extent, be related to the initiation of the autoimmune process that will ultimately develop into RA in some patients [60].

Once the ACPAs have been produced, it is necessary to explain how an organ-specific disease, such as RA, can be produced by non-organ specific Abs. Research has shown that the Abs and immune complexes are deposited in the joints but only persist and initiate an inflammatory reaction if the antigen is located in the joint [4]. This could explain how ACPAs can present many years before the onset of symptoms and not produce arthritis until the occurrence

of an intercurrent episode that produces a small synovial lesion with the citrullination of synovial proteins.

Finally, a third step is needed for the disease to become chronic. The vast majority of immune responses are self-limiting because of autoregulatory mechanisms. RA is known to be a polygenic disease in which HLAs confer only part of the known risk [61]. Among the many genes that have been associated with RA, a polymorphism of the *PTPN22* gene is one that has been replicated most consistently [62, 63]. The association between the presence of ACPAs and the C1858T polymorphism of the *PTPN22* gene is fully specific for RA [64].

For the clinician, a useful test is one that has high sensitivity and specificity, detects the majority of patients with few false positives, is positive in the initial stages of the disease, thus facilitating early diagnosis, and is capable of predicting disease outcomes that are relevant for the clinician. ACPAs have all of these characteristics [65]. A systematic review of the literature that included 151 articles that used the anti-CCP2 test was published in 2010. The sensitivity and specificity of ACPAs in RA were 57 % (95 % CI 51–63 %) and 96 % (95 % CI 93–97 %), respectively. Anti-CCP2 had a higher specificity than RF (96 vs. 86 %), with a similar sensitivity. No evidence in the analysis indicated that the combination of the anti-CCP2-positive and RF assays had a higher diagnostic yield than the CCP2 assay alone [66].

ACPAs' importance for the clinician lies in its relationship with distinct disease outcomes. Approximately 50–70 % of RA patients are ACPA⁺ [29], and although the ACPA⁺ and ACPA⁻ patients present some similar clinical characteristics in the initial stages of the disease [5], the subsequent clinical course is different; furthermore, histological differences have been described wherein ACPA⁺ patients have higher lymphoid infiltration and less fibrosis [67]. Some extra-articular manifestations and comorbidities are clearly influenced by the presence of ACPA; for example, the risk of suffering CV [6] or pulmonary disease [7] is increased in these patients, but it appears that RF and not ACPA is associated with extra-articular manifestations, such as nodules and vasculitis [68].

It is likely that the most important clinical repercussion is that ACPA⁺ patients have a more destructive disease course [5, 69–73], and the ACPA titer has been linked to the potential of these autoantibodies to cause bone damage [74, 75]. However, all of these findings have also been described in relation to RF. Given the considerable overlap of the effects of these two autoantibodies in RA patients, it is difficult to separate their effect on disease characteristics. Both RF and ACPA are associated with a more active disease, which partly explains the structural deterioration and which requires more intense treatment [73]. Recently, it has been suggested that the presence of RF is significant to the development of erosions when ACPA is present [76].

The involvement of ACPA in bone damage

Synovitis is the principal trigger for bone loss in RA. Synovitis produces proinflammatory cytokines, which are very effective in the activation and maturation of osteoclasts. These cytokines induce osteoclast differentiation either directly or indirectly by increasing the expression of the RANK ligand, which explains the abundance of osteoclasts in inflamed joints and especially at erosion sites.

While it is clear that inflammation is a risk factor for bone destruction, the impact of autoimmunity, in this case the presence of ACPAs, is another important factor [5, 70, 73, 77–79]. In addition to local bone destruction in the form of erosions, patients with RA have a greater loss of trabecular bone. The presence of ACPAs is a risk factor independent of bone resorption [80–82], which suggests that autoimmunity actively contributes to bone loss, both focal and generalized. A recent study showed that healthy but ACPA⁺ people had greater bone loss in metacarpal bones, especially at the cortical level, compared with controls, suggesting that ACPAs have a direct role in bone loss that is independent of inflammation [83].

One recently published explanation for these findings showed that purified ACPAs from patients with RA recognize citrullinated vimentin and were capable of inducing the differentiation of mononuclear cells into osteoclasts and directly activating bone resorption [84]. The expression of citrullinated vimentin in osteoclasts is caused by PAD enzyme expression (2 and 4) in these cells, and the expression of this protein on the cell surface makes them accessible to autoantibodies that are capable of activating the differentiation of osteoclasts.

These findings provide new insights into the development of bone lesions in RA. The preclinical phase, which is marked by the presence of autoimmunity (i.e., the presence of ACPAs), induces changes in and activation of osteoclasts even before clinical manifestations appear. The presence of synovitis, which is associated with the development of various proinflammatory cytokines capable of activating the osteoclasts, increases previously activated process [85].

ACPAs and CV disease in RA

RA is a chronic inflammatory disease prototype characterized by increased morbidity and CV mortality compared with the general population of the same age and sex [86–88]. This increased incidence of CV events is the result of a process of accelerated atherosclerosis [89–92]. It has been demonstrated that both an altered immune response and the proinflammatory state that characterizes patients in the early stages of the disease constitute important pathogenic factors of vascular dysfunction in these patients [93].

When establishing the CV risk of a patient with RA, it is important to determine whether there are markers that can identify patients who face an increased risk of experiencing such events. Carotid ultrasound studies have shown a higher frequency of atheromatous plaques in RA patients with extra-articular manifestations [94]. This finding has great impact because the presence of ultrasonographic morphological alterations in the carotid artery is a true reflection of the existence of underlying atherosclerotic disease, which is primarily associated with ischemic heart disease and stroke.

In addition to clinical data that may indicate an increased CV risk, it is important to identify serological markers that may be useful for identifying groups with an increased CV risk. Markers such as elevated levels of angiotensin-2 or osteoprotegerin are elevated in patients with RA who experience CV events [95, 96], and they also correlate with a higher frequency of atheromatous plaques in the carotid artery [97].

Furthermore, the European League Against Rheumatism (EULAR) guidelines for CV risk management confer greater CV risk when the patient presents RF or ACPA positivity [98]. This guideline has practical clinical implications because these two serological tests are routinely used in everyday clinical practice.

In this section, we will focus on establishing evidence supporting the possible role of ACPA in the development of CV disease in RA patients.

Clinical evidence of an increased risk of CV events associated with ACPAs

In a Madrid cohort, Lopez-Longo et al. discovered that patients with ACPA⁺ RA developed ischemic cardiopathy more frequently than those who were ACPA⁻ (6.5 vs. 2.6 %, odds ratio 2.58). Furthermore, ACPA positivity was associated with a higher mortality rate (11.2 vs. 6.8 %, hazard ratio 1.72). A multivariate analysis of their cohort also demonstrated that the development of ischemic cardiopathy was independently associated with ACPA positivity (RR = 2.8, $p = 0.009$) [6].

ACPA involvement in the subclinical atherosclerosis process in patients with RA

It has been postulated that the development of subclinical vascular disease may be linked to ACPAs in patients with RA [99]. Consistent with this, an association between the presence of ACPA and a greater presence of subclinical atherosclerotic disease has also been observed [100].

Endothelial dysfunction is the initial process in the development of atherosclerosis, and impaired endothelial function in patients with RA has been linked to ACPA

positivity [101]. Sokolove et al. [102] demonstrated via immunohistochemistry that citrullinated proteins were present within the damaged endothelium of atherosclerotic plaques.

When defining CV risk (and therefore predicting an increased susceptibility of developing CV events), a number of noninvasive subclinical markers may be useful for predicting future CV events. In the English-language literature, these markers are described as “surrogate markers” of CV disease. Such surrogate markers have proven useful in both the general population and RA patients for predicting the risk of CV events. One such marker is carotid ultrasound. The use of this technique verified that the carotid intima-media thickness (cIMT) predicts the risk of future CV events in patients with RA [103]. In line with this observation, it is known that ACPA positivity is associated with an increased cIMT on carotid ultrasound [104–106]. Given these data, Vazquez-Del Mercado et al. [107] analyzed the relationship between ACPA levels, inflammation markers, and the presence of subclinical atherosclerosis, determined using cIMT values, in a cohort of patients with RA who presented no comorbidities. In addition to confirming previous data that showed an increased cIMT in patients with RA without classic CV risk factors compared to controls [94], the stratification of patients with RA according to ACPA positivity showed that the ACPA⁺ patients had cIMT values that were significantly higher than those of the ACPA⁻ patients [107]. Furthermore, multivariate studies revealed that the clinical variables that were positively associated with the cIMT were C-reactive protein (CRP) and ACPA [107]. This study suggests that ACPAs are markers of a poor clinical prognosis, and their strong correlation with the cIMT supports that value’s association with atherosclerotic disease.

Role of ACPAs in CV disease development

Barbarroja et al. [108] analyzed the specific role that ACPAs have in the pro-oxidative, inflammatory, and proatherogenic profiles observed in leukocytes from patients with RA. These authors demonstrated that elevated titers of ACPA were associated with the altered expression of prothrombotic and inflammatory markers. A high degree of oxidative stress was also associated with abnormal cIMT values in patients with RA [108]. Based on gene expression analysis, these authors ascertained that lymphocytes played a fundamental role in altering the inflammatory profile. The monocytes were responsible for the prothrombotic and atherogenic state, and the neutrophils were involved mainly in the pro-oxidative events. Furthermore, in vitro treatment with purified ACPAs reproduced this previously described profile and promoted leukocyte activation [108]. This study verifies that ACPAs act as direct inductors of a

pro-oxidative state and of the inflammatory and pro-atherogenic profile of the lymphocytes, monocytes, and neutrophils that play a role in CV disease in patients with RA [108].

Consistent with the above-mentioned findings, a recent study suggested that the excess CV risk observed in patients with RA is caused in part by immunocomplexes of antibodies against citrullinated proteins that perpetuate inflammation and the progression of atherosclerotic plaques on the local level [109]. Nonetheless, although there is the possibility that immunocomplexes linked to ACPA play a predominant role in the progression and local inflammation of atherosclerotic plaques, these data need to be replicated in an independent cohort.

In conclusion, ACPAs have been linked to an increased risk of subclinical atherosclerotic disease and CV events. Recent studies indicate that ACPAs have a direct pathogenic role in the development of atherosclerotic disease in patients with RA. Immunocomplexes linked to ACPAs played a predominant role in the progression and local inflammation of atherosclerotic plaques in patients with RA.

Predictive value of the response to ACPAs by different biological agents

Tables 1 and 2 show a brief summary of some of the articles that are described and referenced in the review.

The predictive value of ACPAs status and levels in response to TNF antagonists

ACPA predict the evolution of undifferentiated arthritis into RA [110–116]. A systematic review of the value of the second-generation ACPAs concludes that these Abs have a high predictive value for the development of RA in both healthy individuals and in patients with undifferentiated arthritis [117]. However, their predictive value for other outcomes, particularly the response to treatment, is questionable [39, 70, 78, 79, 117–129]. The analysis of the published results regarding the predictive value of several important demographic, clinical, serum marker, and genetic markers shows that the results cannot be generalized because of the heterogeneity of the studies [130]. As mentioned in the previous section, there is a relationship between the presence of ACPAs and RF [5, 44, 131].

RF status predicts a better response to rituximab and tocilizumab in RA [132], but not to abatacept and TNF (tumor necrosis factor) antagonists [132, 133]. However, the value of ACPAs for predicting the response to TNF antagonists is a subject of dispute. A recent systematic review of the predictive value of the response of IgM-RF status and of ACPA as a response-predictive variable in

patients with RA identified 10 studies with infliximab, 8 with adalimumab, 6 with etanercept, and 1 with golimumab [134]. The mean duration of disease prior to treatment with the biologic was between 5 and 12 years. The ACPA status did not predict the EULAR, Disease Activity Score 28 joints examined (DAS28), or ACR20 response. However, the heterogeneity of the analyses was high, and only two studies were of high quality. A sensitivity study that eliminated conflicting results did not change the predictive value results, but the causes of the heterogeneity were not identified.

The value of the changes in levels has been also reported. In a randomized 3-month study of 52 patients with long-duration RA who were treated with etanercept combined with disease-modifying anti-rheumatic drugs (DMARDs), or with DMARDs alone, the levels of ACPA and RF decreased more markedly in the first group, and this finding was consistent with a greater reduction in clinical activity [135]. In another prospective study examining a 24-week treatment with adalimumab in 72 patients with RA who had not responded to DMARDs, those patients who met the American College of Rheumatology 20 % improvement criteria (ACR20) for response showed a significant decrease in ACPA levels; however, no such decrease occurred in those who did not achieve the same level of response [126]. This result was similar to that obtained in 188 consecutive patients with Abs with IgM-RF and ACPAs who were treated with adalimumab and followed for 28 weeks [136]. Additionally, in another prospective study of 12-month duration in 57 patients who had not responded to MTX (methotrexate) and were treated with adalimumab, the IgM-RF and ACPA levels decreased in parallel to clinical improvement during the observation period. These changes did not occur in a parallel group of patients with stable clinical activity who were treated with MTX [137]. The results observed with etanercept and adalimumab differed from those observed in studies of infliximab use in patients with variable disease durations [135, 138, 139]. A recent systematic review of the predictive value of the response of IgM-RF status and of ACPA as a response-predictive variable in patients with RA identified 10 studies with infliximab, 8 with adalimumab, 6 with etanercept, and 1 with golimumab [134]. The mean duration of disease prior to treatment with the biologic was between 5 and 12 years. The ACPA status did not predict the EULAR, Disease Activity Score 28 joints examined (DAS28), or ACR20 response. However, the heterogeneity of the analyses was high, and only two studies were of high quality. A sensitivity study that eliminated conflicting results did not change the predictive value results, but the causes of the heterogeneity were not identified.

In summary, the ACPA status in RA patients upon the initiation of therapy with TNF antagonists appears not to

Table 1 Summary of published studies assessing the effect of biologic therapies in RA according to patients ACPA status

References	Study design	Population	Outcomes	Results
Chen et al. [135]	RCT (3 m)	Established RA ($n = 90$) refractory to DMARD DMARD + ETN versus DMARD	Δ ACPA, RF levels Disease activity variables	ETN + DMARD > \downarrow in ACPA compatible with a reduction in clinical disease activity
Onishi et al. [189]	Observational prospective (24 w)	Established RA ($n = 45$) ENT \pm MTX	Δ ACPA Disease activity variables	Significant \downarrow in ACPA only in patients who had clinical improvement
Bobbio-Pallavicini et al. [111]	Observational prospective (12 m)	Established RA ($n = 132$) refractory to DMARD ENT \pm MTX	Δ ACPA, RF levels Disease activity variables	RF but not ACPA was not associated with a clinical response to anti-TNF α
Bos et al. [136]	Observational prospective (28 w)	Established RA ($n = 188$) ADA	Δ ACPA, RF levels Δ ESR, CRP	Patients with response to ADA: > \downarrow RF than ACPA Only \downarrow RF associated with \downarrow ESR, CRP
Atzeni et al. [137]	Observational prospective (12 m)	Established RA ($n = 57$) ADA + MTX versus MTX	Δ ACPA, RF levels Disease activity variables	ADA (but not MTX) induced a significant \downarrow in RF and ACPA correlated with the clinical response to the therapy
Alessandri et al. [138]	Observational prospective (24 w)	Established RA ($n = 43$) refractory to DMARD INF + MTX	Δ ACPA, RF levels Disease activity variables	Significant \downarrow in ACPA and RF only in patients who had clinical improvement
De Rycke et al. [37]	Observational prospective (30 w)	Established RA ($n = 62$) refractory to DMARD INF + MTX	Δ ACPA, RF levels	No changes in ACPA levels
Lv et al. [134]	SLR and meta-analysis	$n = 10$ studies, $n = 1283$ RA INF, ADA, ETN, Goli- mumab	ACPA, RF levels Disease activity variables	RF nor ACPA were associ- ated with a clinical response to anti-TNF α
Kawashiri et al. [171]	Observational prospective (6 m)	Established RA ($n = 58$) refractory to DMARD TCZ	ACPA levels Disease activity variables	ACPA did not predict response to TCZ
Pers et al. [172]	Observational prospective (6 m)	Established RA ($n = 204$) refractory to DMARD TCZ	ACPA levels Disease activity variables	ACPA did not predict response to TCZ

RA rheumatoid arthritis, ACPA anti-cyclic citrullinated peptide antibodies, RCT randomized controlled trial, w week, SLR systematic literature review, m month, DMARD disease-modifying drugs, MTX methotrexate, RF rheumatoid factor, w week, ESR erythrocyte sedimentation rate, CRP C-reactive protein, SLR systematic literature review, INF infliximab, ETN etanercept, ADA adalimumab, TCZ tocilizumab

predict the response to treatment. However, in several studies, in patients with a long disease evolution and a favorable response, the antibody levels decrease in parallel to the improvement of the disease.

The value of ACPAs in predicting the response to rituximab

As we can infer from the above-mentioned robust evidence, different proteins that are present in the synovial tissue or even in the pulmonary tissue can be citrullinated [140]. They might become targets for B cells in RA and

undifferentiated arthritis triggering a specific antibody response with pathogenic potential [141]. Rituximab (RTX) is a monoclonal Ab with high affinity for the CD20 molecule expressed in B and pre-B cells. RTX has demonstrated efficacy in RA that is linked to the rapid depletion of circulating B lymphocytes until they begin to reconstitute 6–9 months later [142].

The first randomized placebo-controlled clinical trials in patients refractory to MTX [143] or to DMARDs/biologics [144] have already indicated a better response to RTX in RF-positive patients. However, the REFLEX trial, which

Table 2 Summary of published studies assessing the effect of biologic therapies in RA according to patients ACPA status

References	Study design	Population	Outcomes	Results
de Lemos et al. [9]	SLR and meta-analysis	<i>n</i> = 6 RCT, <i>n</i> = 2139 RA	ACPA, RF levels	>Response to treatment in ACPA ⁺ patients than ACPA ⁻ patients
Isaacs et al. [8]	Meta-analysis	RTX <i>n</i> = 4 RCT, <i>n</i> = 2177 RA	Disease activity variables ACPA, RF levels	Heterogeneity >Response to treatment in ACPA ⁺ patients than ACPA ⁻ patients
Sellam et al. [152]	Observational prospective (24 w)	RTX Established RA (<i>n</i> = 208) refractory to anti-TNF α	Disease activity variables ACPA, RF levels	Heterogeneity ACPA ⁺ and RF ⁺ predicted good response to RTX
Chatzidionysiou et al. [153]	CERRERA study	RTX <i>n</i> = 10 European biologics registries, <i>n</i> = 2019 RA	Disease activity variables ACPA, RF levels	ACPA ⁺ predicted good response to RTX
Couderc et al. [155]	Observational prospective (6 m) Observational prospective (6 m)	RTX Established RA (<i>n</i> = 64) refractory to DMARD	Disease activity variables ACPA, RF levels	ACPA ⁺ predicted good response to RTX
Gardette et al. [156]	Observational retrospective (6 m)	RTX Established RA (<i>n</i> = 114) refractory to DMARD	Disease activity variables ACPA levels	ACPA ⁺ (high titers) predicted good response to RTX
Narvaez et al. [154]	Observational prospective (6 m)	RTX Established RA (<i>n</i> = 108) refractory to DMARD	Disease activity variables ACPA levels	ACPA ⁺ (high titers) predicted good response to RTX
Quartuccio et al. [157]	Observational retrospective (6 m)	RTX Established RA (<i>n</i> = 110) refractory to DMARD	Disease activity variables ACPA levels	ACPA did not predict response to RTX
Gottenberg et al. [110]	Orencia and Rheumatoid Arthritis (ORA) prospective registry (6 m)	RTX Established RA (<i>n</i> = 773) refractory to DMARD ABA	Disease activity variables ACPA levels Disease activity variables Drug retention ACPA levels	ACPA ⁺ predicted good response to ABA and higher retention rate
Scarsi et al. [183]	Observational prospective (6 m)	Established RA (<i>n</i> = 30) ABA	Disease activity variables ACPA levels	ACPA ⁺ predicted good response to ABA
Nusslein [178]	Prospective cohort (2 years)	Established RA (<i>n</i> = 834) refractory to DMARD ABA	Disease activity variables ACPA levels Drug retention ACPA levels	ACPA ⁺ predicted higher retention rate
Sokolove et al. [12]	Prospective cohort (2 years)	Established RA (<i>n</i> = 646) refractory to DMARD ABA versus ADA	Drug retention ACPA levels Disease activity variables	ACPA ⁺ was associated with a better response to ABA and ADA Patients with the highest baseline ACPA had better clinical response with ABA (no with ADA) than patients with lower concentrations

RA rheumatoid arthritis, ACPA anti-cyclic citrullinated peptide antibodies, *w* week, SLR systematic literature review, *m* month, DMARD disease-modifying drugs, MTX methotrexate, RF rheumatoid factor, *w* week, ESR erythrocyte sedimentation rate, CRP C-reactive protein, SLR C-reactive protein, RTX rituximab, ABA abatacept, ADA adalimumab

included patients with an insufficient response to anti-TNF, showed no significant differences between RF⁺ and RF⁻ patients in the ACR20 response at 24 weeks [145]. These discrepancies, combined with knowledge about the mechanisms of action of RTX, have led to an extensive exploration of serological status (RF⁺ and/or ACPA⁺) as a predictor of the response to RTX, including subanalyses of the first pivotal trials.

The first of these subanalyses in seronegative patients indicated that this subpopulation's response was not significantly different from their response to placebo. However, this finding was likely related to an insufficient sample of seronegative patients [144–146] and/or a high response in the placebo group [144]. In an attempt to correct this limitation, a new analysis of the REFLEX trial with a more exigent measure of efficacy (the American College of Rheumatology 50 % improvement criteria, ACR50) demonstrated that the presence of Abs with any isotype of RF and/or IgG anti-CCP, together with an elevated CRP, identified a subgroup of patients with a greater response to RTX [147]. These findings were replicated in samples of patients with early RA and an insufficient response to MTX in the SERENE trial [148], which previously had not successfully demonstrated a greater response among seropositive patients through week 48 [148].

In the same sense, the results of the IMAGE study after 102 weeks demonstrated that in patients without previous MTX therapy, a higher percentage of RF⁺ and/or ACPA⁺ patients achieved an ACR50 response with RTX and suffered minor structural damage compared with seronegative RA patients [149]. Again, the limited sample of seronegative patients leads the authors to interpret the high placebo response rate in this population with caution.

In an attempt to correct this situation, Isaacs et al. conducted a meta-analysis published in 2013 [8] that included four randomized placebo-controlled clinical trials—REFLEX [145], DANCER [144], SERENE [148], and IMAGE [146] and gathered 2177 patients with RA (1416 RTX and 761 placebo; of them, 1253 and 681 were seropositive, respectively). The meta-analysis of global data according to a fixed effects model included 2139 patients, with a similar proportion of seropositive patients (RF⁺ and/or ACPA⁺) in each of the four studies. The demographic and baseline disease characteristics of the included populations were similar, and they included patients who had never received MTX [146], those who were refractory to MTX or other DMARDs [144, 149], and those who were previously refractory to biologics [144, 145]. The overall effect of the model indicates that the response to RTX, as measured by the reduction in the DAS28 based on erythrocyte sedimentation rate (DAS28-ESR) at week 24, is higher in seropositive patients, but the effect of ACPA⁺ serological status is modest. In ACPA⁺ patients, RTX ($n = 1243$)

achieved a reduction in 0.24 units (95 % CI -0.45 to -0.04), which was not observed in the placebo group's ($n = 640$) with a reduction in 0.02 units (95 % CI -0.18 to 0.23). The results using the ACR20 and ACR50 criteria were similar. There was no relationship between the RF and ACPA titers and the magnitude of the effect, nor did one individual serotype dominate. Furthermore, the impact of the positive serotype on the response to RTX in different studies is not homogeneous. The greatest effect on the reduction in the DAS28 was observed in patients who were refractory to anti-TNF in the REFLEX study. The effect was modest in those not exposed to MTX (IMAGE study), and no effect was observed in the SERENE and DANCER studies. An additional meta-regression analysis with individual patient data identified some covariables that influence heterogeneity, but were not able to explain differences across all the studies. Thus, the higher baseline values for the Health Assessment Questionnaire (HAQ) and/or pain and/or the number of swollen joints were cited to explain the better response to RTX among seropositive patients who had not been exposed to MTX. When the groups were stratified for low values of these covariates, only the seropositive patients who were refractory to anti-TNF (REFLEX study) obtained an additional benefit compared to the seronegatives. In any case, the conclusions of this meta-analysis were that in terms of the overall effect of the study, the seropositive patients responded better to the RTX than the seronegatives did, although the difference was modest.

In agreement with the conclusions of this meta-analysis, a recent systematic review [9] described very similar findings. The review included a meta-analysis, this time with a random effects model, of the DANCER, IMAGE, and REFLEX studies, and incorporated the SUNRISE study of patients refractory to anti-TNF [150].

Although the methodological quality of both meta-analyses was high, the included trials were not designed to demonstrate that ACPA⁺ serological status is a predictor of the response to RTX, and in many of the trials, outcomes were measured before sufficient time had elapsed to observe an effect of RTX [151]. Both meta-analyses agreed that the effect was discrete and heterogeneous.

Alongside these findings in clinical trials, the capacity of ACPA to predict a greater response to RTX has also been identified via multivariate analysis in an open multicenter trial [152]; the collaborative CERRERA study, which includes patients with RA from ten European registries [153]; and several prospective observational studies [154, 155]. In a retrospective observational study, statistical significance was only obtained with high titers of ACPA [156]. Conversely, in another retrospective multicenter study, only positivity for RF and not for ACPA predicted the predetermined outcomes [157].

The differences in the outcomes used as the response variable (including the time frame) or in the predictor variable could partly explain some contradictory data; other explanations include the heterogeneity of the populations studied and the limited presence of ACPA⁻ patients. In summary, although there ACPA⁻ patients may benefit somewhat from RTX treatment, the data indicate that seropositive patients are more likely to experience clinical benefit. Until new data in seronegative patients are available, it appears reasonable to maintain the recommendations of the 2011 consensus document for the use of RTX [158], which advocates the use of another mechanism of action, such as a first-line biologic, in this subpopulation.

ACPA seroconversion as a predictor of response

Evidence indicates that the efficacy of RTX in RA depends not so much on the dose used as on the depletion of circulating B lymphocytes [159] and the reduction in both circulating and bone marrow memory B cells [160]. Additionally, the analysis of the effect of RTX in synovial cell populations shows that the reduction in plasma synovial cells predicts clinical improvement at 24 weeks in responder patients and coincides with a significant decline in serum IgM-RF titers at 24 weeks or in ACPA at 36 weeks [161]. The kinetics of the responders' clinical and serological response suggests that the benefit of RTX may result in part from an indirect effect on the plasma cells associated with the production of pathogenic autoantibodies.

However, the modulation of ACPA titers by RTX has been explored in few studies, often with very limited sampling and considerable heterogeneity in design, population, and treatment regimens; furthermore, ACPA modulation was not always studied in relation to the clinical response [162–168]. The follow-up exceeded 6 months in only two of the studies [162, 168]. Although reductions with respect to the base level were generally observed over time, only Cambridge et al. [162] found significant titer reduction in responder patients (8/12 ACPA⁺), with an ACR20 response at 6 months. In 7 of these responders, relapse was accompanied by a variable recovery of ACPA titers [162]. A later study ($n = 15$) failed to replicate these results [163]. In another recent study of 77 patients (75 % ACPA⁺), Vancsa et al. [168] describe a progressive sustained reduction in serum ACPA levels that was only meaningful after 2 treatment cycles (i.e., starting at 12 months) and was not correlated with the DAS28. A recent article suggests that the restrictive IgG seropositivity against epitopes of modified citrullinated vimentin, along with the decrease in its titers, can select RTX responder patients at 24 weeks [169]. Further well-designed studies are needed to determine the modulation of ACPA serum levels as predictors of RTX response.

ACPAs and tocilizumab

Tocilizumab (TCZ) is a humanized monoclonal antibody directed against the IL-6 receptor. It impedes IL-6 from binding to its receptor and, therefore, from signaling.

Among its multiple immunomodulatory effects, IL-6 promotes the differentiation of activated B cells into immunoglobulin-producing cells and has been involved in the pathogenesis of RA, Castleman syndrome, and other diseases with significant B cell lymphoproliferation [170]. However, information on the effect of TCZ in relation to ACPA status is limited, and only two prospective observational studies have explored the ability of these Ab to predict response in patients with RA. The first study analyzed remission, as measured with the Clinical Disease Activity Index (CDAI) at 24 weeks, in 58 patients with evolved RA; more than 40 % of the patients were refractory to anti-TNF, and 91 % were positive for RF and ACPA [171]. The univariate and logistic regression analyses showed that the only variable associated with CDAI remission was high titers of IgM-RF, but not of ACPA. Pers et al. [172] published similar findings for ACPA in a recent multicenter French study that recruited 204 patients with evolved RA, most of them previously exposed to biologics. In that case, the outcomes studied were EULAR response and remission at 24 weeks, but neither RF⁺ (in 71 % of the patients) nor ACPA⁺ (65.6 % of the patients) status was able to predict the response in the univariate or multivariate analysis. Therefore, current data do not support a different response to TCZ in patients with basal ACPA⁺ serological status. We have not found information on TCZ's effect on the modulation of ACPA levels.

Abatacept and ACPAs

In the registry studies of abatacept in RA patients who failed to respond to MTX and TNF antagonists according to AIM and ATTAIN assays, respectively [173, 174], the frequency of ACPA positivity was not detailed, nor did the studies specifically analyze whether there was an association between clinical response and ACPA status. In other studies of the efficacy of abatacept in RA, most of the included population was ACPA⁺, so differences between populations with and without autoantibodies could not be studied. This was the case in the AGREE study, in which the higher efficacy of abatacept combined with MTX compared to MTX monotherapy was examined in early RA [175]. In some studies, the presence of ACPAs was an inclusion requirement; such was the case in the ADJUST trial [176], a randomized, double-blind comparative study of abatacept (treatment for 6 months) versus placebo in ACPA⁺ patients with undifferentiated arthritis. This study found that after 1 year of follow-up, 46 % of

the patients treated with abatacept completely fulfilled the criteria for RA (ACR 1987), a lower percentage than those treated with placebo (67 %), although the differences did not reach statistical significance. The same happened in the AVERT study, which analyzed the efficacy (clinical remission, DAS28-CRP < 2.6) of abatacept + MTX versus abatacept and MTX monotherapy in patients with early RA at 1 year and at 18 months after 6 months of totally abandoning therapies (clinical remission with no drugs, or *drug-free remission*). In this study, 100 % of the patients were ACPA⁺ [177]. A recent systematic review and meta-analysis of three clinical trials with abatacept concluded that the presence of RF was not associated with greater clinical efficacy, but no data were based on the presence of ACPAs [132].

Thus, none of the randomized controlled trials of abatacept attempted to determine whether there is an association between ACPA status and clinical response. The first evidence that abatacept shows better efficacy rates in the ACPA⁺ population was described in an observational investigation of the French Oencia and Rheumatoid Arthritis (ORA) registry [110]. The ORA registry is a prospective registry that analyzes the efficacy and safety of abatacept in RA, starting in 2008. The study analyzed all patients treated with abatacept who had a minimum follow-up of 6 months (773 patients). It is worth noting that the included patients were selected from routine clinical practice, and the authors emphasize that only 21 % of them had fulfilled the inclusion criteria for clinical trials for drug indication registry. A total of 72.5 % of the patients were positive for RF, and 70.2 % were ACPA positive. Only 11 % of the patients had received prior treatment with TNF antagonists. A total of 59.1 % of the patients obtained a EULAR response at 6 months (20.4 % good and 38.7 % moderate). The RF frequency among responders was 75.6 %, compared with 66.7 % of the non-responders ($p = 0.03$); the ACPA⁺ frequency was 75.9 % among the responders versus 62.2 % among the non-responders ($p < 0.001$). In the multivariate analysis adjusted for DAS28 and CRP, the presence of ACPA was associated with a EULAR response with an *odds ratio* (OR) of 1.9 (95 % CI 1.2–2.9), but no similar results were associated with the presence of RF (OR of 1, 95 % CI 0.6–1.6). The authors also analyzed the retention rate of abatacept, a surrogate marker of the effectiveness of the drug, and found that it was higher in ACPA⁺ patients than in ACPA⁻ patients (72.5 vs. 62.4 %, $p = 0.02$); no such differences were observed for RF. A greater reduction in the dose of glucocorticoids was also observed in both RF⁺ or ACPA⁺ patients compared to those without autoantibodies. This study of routine clinical practice is the first to definitively report a higher rate of clinical response and drug retention at 6 months in ACPA⁺ patients treated with abatacept.

This higher retention rate of abatacept in ACPA⁺ patients was also demonstrated in an analysis of a prospective multicenter clinical practice study, ACTION, that included patients treated with abatacept after the failure of TNF antagonists and studied the factors that predicted the retention of the biologic drug [178]. A total of 865 patients were analyzed, and the multivariate analysis showed a decreased risk of abatacept discontinuation in ACPA⁺ patients compared with ACPA⁻ patients: *hazard ratio* (HR) of 0.55 (95 % CI 0.4–0.75). However, differences related to the patients' origin (e.g., the Italian and Greek patients were less likely to discontinue treatment than, for example, the Germans) were observed. The failure of two or fewer TNF antagonists was also associated with greater continuation of abatacept in this study.

There are no other studies published to date on the possible association between the presence of ACPAs and the efficacy of abatacept, although there are preliminary communications, presented at congresses and published in abstract form, with results that go in the same direction as the two aforementioned studies; namely, they report a greater effectiveness of abatacept in ACPA⁺ patients. In one study [11] that analyzed 9 European registries, including the Spanish registry BIOBADASER, a total of 3641 patients (5475 patients/year) treated with abatacept were identified. Of these patients, there was information about RF status for 69.6 % and about ACPA status for 46 %. The primary objective was the retention rate of the drug and its association with the positivity of these autoantibodies. RF and ACPA positivity was associated with better survival of the drug, with HRs (95 % CI) for the suspension of abatacept for any reason of 0.8 (0.73–0.94) and 0.79 (0.69–0.82), respectively, and for inefficiency of 0.70 (0.60–0.81) and 0.69 (0.58–0.82) for the presence of RF and ACPAs, respectively. However, although the EULAR responses at 1 year were numerically higher in RF⁺ and ACPA⁺ patients, these differences did not reach statistical significance.

The AMPLE study is a randomized trial comparing the efficacy of abatacept with that of adalimumab, both in combination with MTX. No differences were observed between the two drugs in different clinical efficacy parameters or in the kinetics of response or the radiologic progression [179]. A newly published subanalysis of this study reported that patients treated with abatacept who had very high basal levels of ACPAs (upper quartile) had a statistically significant decrease in the DAS28 and CRP compared with patients with lower ACPA levels who were treated with abatacept. This outcome was not observed for adalimumab [12].

Moreover, three Japanese studies showed some discordant results. In a recently published study of clinical practice conditions, high RF titers were associated with a major clinical response in patients treated with abatacept and no

change in those treated with tocilizumab. However, ACPAs were not analyzed in this study [180]. In another study that included only a small number of patients treated with abatacept ($n = 60$), a higher rate of remissions occurred in RF⁺ patients compared to RF⁻ patients, but no association was found with ACPA status [181]. However, in the ABROAD study [182], which aimed to determine the factors that predicted clinical remission in patients treated with abatacept who had not previously received biologic therapy, an association between ACPA status and a better clinical response was found. In this prospective study of clinical practice, 155 patients with RA were included, and clinical remission rates were analyzed using the Simplified Disease Activity Index (SDAI; 3.3), as a function of the presence and concentration of ACPAs: low titer (<3 times the normal limit), high (<22 times), and very high (>22 times). SDAI remission was only observed in 16 % of the patients, and only two variables were associated with its presence: (a) a short disease duration (<1 year) and (b) a very high ACPA titer (OR 4.4, 95 % CI 1.38–15.3). The presence of high or low titers was not associated with higher indices of remission.

An interesting aspect to consider is the possible effect of the biologic treatments, and abatacept in particular, on the evolution of ACPA titers after the initiation of treatment and whether this evolution could have clinical implications. A recently published Italian study with a small sample of patients with RA ($n = 30$) demonstrated a reduction in the levels of immunoglobulins, RF, and ACPA (both IgG and IgA) after 6 months of treatment with abatacept. This decrease was only significant in patients who achieved clinical remission. Seroconversion (from positive to negative) was infrequent for ACPAs (7 %) and more frequent for RF (from 23 to 31 %, depending on the isotype) [183]. At the 2014 ACR congress, the results of a subanalysis of the AVERT study [177] that analyzed the impact of abatacept on different antigenic specificities and isotypes (IgA, IgG, IgM) of ACPA after the initiation of treatment were reported. A reduction in all ACPA isotypes and of the specificities was observed after 1 year of treatment for all three treatment branches; however, these reductions were most evident in the group treated with abatacept + MTX when compared to the groups treated with monotherapy. The authors concluded that abatacept can have an effect on the maturation of the response to ACPAs in patients with early RA and that this could alter the course of the autoimmune process in this disease [184]. Recently, at the 2015 EULAR congress, the data from a subanalysis of this study were presented; these data verified that ACPA⁺ patients with the IgM isotype respond more favorably to abatacept. Particularly interesting were the highest observed remission rates, particularly in those patients in whom the IgM isotype antibodies become negative with treatment; however, this change did not affect the overall negativization

of ACPAs. A total of 61.5 % of the patients treated with abatacept + MTX in whom the ACPA IgM isotype became seronegative were in clinical remission at 12 months of treatment, compared with 41.5 % of the patients who did not experience seroconversion. These differences were not demonstrated in the patients who were assigned to treatment with MTX monotherapy [10]).

This probable association between the presence of ACPA and the greater clinical efficacy of abatacept and its possible effect on the maturation of the immune response to these autoantibodies serves to underscore abatacept's mechanism of action. The inhibition of T lymphocyte activation through costimulatory signal blocking would have relevant effects on the B lymphocytes and plasma cells responsible for antibody production. The production of different immunoglobulins (antibodies) by the B lymphocytes develops after the antigen presents in the lymphoid tissues, which requires the help of the T lymphocytes [185]. The production of ACPAs by the B lymphocytes depends on the activation of antigen-specific CD4⁺ T helper cells. This activation requires costimulation signals that result from the binding of the T lymphocyte receptor CD28 with CD80/CD86 on antigen-presenting cells, which is blocked by abatacept [186]. A Japanese study confirmed that this drug reduces the CD25⁺ (a marker of lymphocyte activation) proportion of the T helper lymphocytes (CD4⁺), but only in ACPA⁺ patients [187]. In addition, these T lymphocytes are more activated in ACPA⁺ patients who respond to abatacept than in non-responders [187]. Moreover, a significant decrease in antibody-producing memory B lymphocytes has been shown in patients treated with abatacept [182].

Definitively, the results of different clinical studies that analyze the relationship between the presence of ACPAs and clinical response suggest greater efficacy and/or retention of abatacept in ACPA⁺ patients in concordance with the mechanism of action of this biologic agent. Preliminary data suggest that the presence of ACPAs and their concentrations, isotypes, and behavior (decline of the concentration) after the initiation of abatacept therapy may be relevant to the effectiveness of this biologic agent. However, the results of the majority of the studies are not published and are only communicated at congresses; furthermore, most are observational studies that are neither controlled nor randomized or are subanalyses of clinical trials, which calls for caution about reaching definitive conclusions.

Discussion

ACPA⁺ have considerable clinical relevance in the diagnosis of RA. Their specificity is superior to that of RF (96 vs. 86 %); furthermore, ACPA-positive patients have a more

aggressive clinical course with an increased risk of pulmonary and CV complications. In contrast, RF is strongly linked to extra-articular manifestations [2–7].

ACPAs (and RF) may be present for years before the disease onset. However, it should be noted that not all people with these Abs develop RA. In a recent 5-year study, 819 healthy relatives of 252 RA patients were studied. Of these, 1.3 % were positive for RF and anti-CCP2, 1.4 % for anti-CCP2 only, and 2 % for RF only. RA occurred in 17 people. The positive predictive value was 64 % when both antibodies were positive and 58 % when only anti-CCP2 was positive. Children of RA patients had 3 times higher independent risk of developing RA [188]. The presence of ACPAs could be decisive for the development of RA when a concatenation of risk factors associated with a genetic predisposition occurs. Among these risk factors, the best known is tobacco, which facilitates the citrullination of certain proteins in the lungs. Other risk factors capable of the citrullination are silica powder and the periodontitis caused by *Porphyromonas gingivalis*. In any case, these risk factors must find a propitious genetic terrain, such as the HLA-DR shared epitope alleles.

In addition, ACPAs have a relevant role in the development of subchondral bone lesions and CV events [82, 94]. The latter result from the accelerated atherosclerosis that occurs in RA; additionally, ACPAs have been demonstrated to be an independent risk factor for ischemic heart disease [6]. Furthermore, ACPAs are associated with an increase in the cIMT, which can predict the risk of CV events [103].

The main objective of this review was to evaluate ACPAs as a predictor of response in RA patients treated with biologics. With respect to anti-TNF, the results are disparate and inconclusive. Apart from isolated studies, in an extensive systematic literature review on the predictive value of the response in IgM-RF and ACPA⁺ patients [134], ACPA status did not predict the EULAR, DAS28, or ACR20 response. Given the heterogeneity among studies, a sensitivity analysis was performed, but the result did not change. Therefore, based on the current evidence, it cannot be confirmed that ACPAs predict anti-TNF response.

Concerning RTX, from the first trials, the results suggested a greater response in RF⁺ patients, although some studies, such as REFLEX [145, 147], gave controversial results; this was probably due to the limited number of RF⁻ patients. However, a further analysis of this trial demonstrated that RF seropositivity and/or IgG anti-CCP with elevated CRP detected a subgroup of patients with greater response to RTX [145]. These results were corroborated in the SERENE and IMAGE trials [146, 148]. However, the limitation of the small number of seronegative patients led Isaacs et al. [8] to perform a meta-analysis of REFLEX, DANCER, SERENE, and IMAGE. The authors concluded that although small, the overall effect on seropositive

patients was higher than the effect on the seronegative patients. This predictor effect has also been observed in other types of studies (open, registries, and observational) [153–157]. Therefore, at the present, seropositive patients continue to be a target population for treatment when considering RTX. On the other hand, studies addressing the reduction in the RF and ACPA titers and the response to RTX, have produced discrepant results [162, 168].

With respect to tocilizumab, neither of the two studies that evaluated the ability to predict the response in the ACPA⁺ patients yielded significant results [171, 172].

Regarding to abatacept, some studies like the AIM and ATTAIN [173, 174] did not address this issue and others recruited a vast majority of ACPA⁺ patients [175], or the presence of ACPA was required to be included in the study [176]. The first data to suggest that abatacept may be more effective in ACPA⁺ patients is a French observational study [110]. The analysis was carried out in 773 patients on abatacept for a minimum of 6 months and reported a higher rate of clinical response and drug retention in ACPA⁺ patients. A higher retention rate of abatacept has been also observed in other studies [11, 178]. In a subanalysis of the AMPLE study [12], those patients having a very high ACPA titer (upper quartile) had a significantly greater decrease in DAS28-CRP than patients with lower ACPA titers also treated with this drug. Three Japanese studies also reported divergent results [180–182]. In the ABROAD study [182], predictors of remission in patients treated with abatacept were a short disease evolution and a very high ACPA titer.

All ACPA isotypes are reduced after treating RA with abatacept [177]. However, recent data suggest that ACPA⁺ for IgM responded more favorably to abatacept [10]. Seropositivity (from positive to negative) is more common in the case of RF than ACPAs (from 23 to 31 % in RF vs. 7 % in ACPA) [183]. Although the clinical significance of the reduction in the Ab titer or the negativization was not established, it is logical that the reduction and/or absence of antibodies would be beneficial for the evolution of the disease. The possible effect of abatacept on the ACPA patients might result from the inhibition of costimulation, which would affect antibody production. The CD4⁺ T helper lymphocytes activate the B cells responsible for the production of ACPAs. A decrease in the memory B cells, which produce Abs, has also been demonstrated, and this could be affected by abatacept [182].

In summary: no predictive value has been demonstrated in ACPA⁺ RA patients treated with anti-TNF and tocilizumab. There are favorable data suggesting that with RTX, RF⁺ and/or ACPA⁺ patients would respond better than seronegatives, but no study has compared the efficacy of this drug in ACPA⁺ versus ACPA⁻ patients. Finally, data have suggested a better response with abatacept in patients

with high ACPA titers. However, there is no conclusive evidence of the superiority of this drug compared with other biologics. To extract a definitive conclusion, it would be necessary to conduct a comparative study to demonstrate the superiority of abatacept to other biologics in ACPA⁺ patients. The modification of ACPA concentrations and the possible negativization of some isotypes after the initiation of treatment with abatacept are of maximum interest, as it could have direct consequences on immunological mechanisms that perpetuate arthritis. However, the data provided to date are very preliminary, and it is difficult to determine their current clinical implications.

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Compliance with ethical standards

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Ethical standard This article does not contain any studies with human participants or animals performed by any of the authors.

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