**ORIGINAL PAPER**



# A simple and efficient technique to prepare aromatic **polyhydroxibutirate/polybutylene adipate terephthalate blends**

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### **Abstract**

Polyhydroxybutyrate (PHB) is a biodegradable polymer, and preparation of a blend with another biodegradable polymer, polybutylene adipate terephthalate or Ecoflex<sup>®</sup> (ECO) is described. Some works in the previous literature show the possibility of preparing blends involving both. The techniques normally used previously described normally an extrusion process or even mixers that require high investment such as HAAKE Rheomix, for example. The main contribution is use of an original and simple technique, especially with low cost in relation to the earlier works described elsewhere. Obtaining solutions of both polymers and studies of miscible mixtures is the basis of the blending preparation process. The mass percentage ratios used to prepare the blends were 5, 10 and 20% ECO in PHB. Fourier transform infrared spectroscopy, scanning electron microscopy (SEM) and dynamic-mechanical thermal analysis (DMA) were used for characterization of blends. It was observed an increase in the fexibility of blends when compared to PHB as pointed out in the recent literature. By using SEM, it was concluded that there is interaction between the phases present in the blend and this interaction benefts miscibility. The results obtained by the DMA analyses in fexion modulus and by the diferential scanning calorimetry (DSC) curves showed miscibility is dependent on ECO concentration as expected.

**Keywords** Blend · Polyhydroxybutyrate · Copolyester · DMA · ECOFLEX · PHB

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#### **Introduction**

The use of polymers in society has increased more and more due to the wide variety of these materials on the current market linked to ease large-scale production that these materials present. The production of polymers has increased over the years driven mainly by the automotive, packaging, food and civil construction industries [[1\]](#page-13-0). Currently, there is a demand for new engineering materials presenting a combination of strength, low density, processing easiness and reduced costs [[2\]](#page-13-1).

With the increase in the production and consumption of plastic materials in society, there is also a growing concern and awareness related to pollution and environmental problems that the disposal of these materials generates [[3,](#page-13-2) [4](#page-13-3)]. Thus, is very important searching for materials that are from renewable sources and preferably biodegradable, for example. PHB is an alternative because of its biodegradability  $[5-10]$  $[5-10]$  $[5-10]$ , but it is usually expensive and brittle, but these aspects can be improved through the formation of blends, such as with polypropylene [\[6,](#page-13-5) [8](#page-14-1), [11\]](#page-14-2). In the same way, it could be observed an increase in publications of scientific content related to the research of degradation of polymeric materials [[1,](#page-13-0) [12](#page-14-3)[–17\]](#page-14-4).

Parallel to the growing development in the area of new polymers, preparation of new blends has shown an increasing interest nowadays [[7,](#page-13-6) [8,](#page-14-1) [18](#page-14-5)–[22\]](#page-14-6). By mixing and matching polymers with diferent or even similar properties, a new material is obtained, often combining the best properties of both materials involved in the mixture in a more practical and quick way in relation to synthesizing new polymers [[23–](#page-14-7)[28](#page-15-0)]. In the case of polymer blends, one of the extremely important issues and requirements is the question of the miscibility of the polymers involved in the blend. Even if the miscibility of the blend components is not exceptional, the material formed may have new properties and satisfy some specifc application [\[29–](#page-15-1)[32\]](#page-15-2).

Among the biodegradable polymers currently produced, two stand out: Polyhydroxybutyrate, which is a polymer of the family of polyhydroxyalkanoates (PHA) synthesized within bacteria of the Gram-positive and Gram-negative genera and which has great rigidity and mechanical resistance [[33](#page-15-3)[–35](#page-15-4)]. The second polymer is the aromatic–aliphatic copolyester of the trade name  $Ecoflex^{\circledast}$ , produced by BASF, and based on butane-1, 4-diol, terephthalic acid, 27.8 mol% of adipic acid and 50 mol% of butanediol,  $[36]$  $[36]$  has good flexibility and is used in the manufacture of biodegradable plastic packaging and flms. Some works found in the literature report the mixture of  $PHB/Ec\{\theta\}$  in blends. The literature describes important properties of the two polymers used in this work for the formation of blends [[37](#page-15-6)–[39\]](#page-15-7).

Moraes [[24](#page-14-8)] and collaborators report that the mixtures between the two polymers lead to miscible blends and improved mechanical properties in relation to unmixed polymers, in their original composition. In the work done by Moraes [\[24\]](#page-14-8) and collaborators, the mixtures were obtained through a process using a thermoelectric mixer. Blends of PHB and PLA were obtained by Armentano [[40](#page-15-8)].

Based flms with thicknesses between 20 and 60 mm were obtained by extrusion with the adequate flming die. Screw speed at 100 rpm was used to optimize the material fnal properties, while the temperature profle was set up at 180, 190 and 200  $\degree$ C. Arrieta [[41](#page-15-9)] describes some difficulties in processing PHB. According to the authors, PHB processing temperature should be at least  $180-190$  °C, but its thermal degradation takes place very quickly at these temperatures. Nevertheless, melting temperature of PHB can be lowered far below the thermal decomposition temperature to make this material much easier to process [[42\]](#page-15-10).

The general objective of this work was to obtain PHB/ECO blends via casting process at room temperature and later thermoforming. Blend mixing technique was developed, crushing the materials, solubilizing both in a common solvent under constant agitation for better mixing and solvent evaporation. An alternative that in part makes it is more viable and does not require specifc equipment for the process and can be carried out in laboratories using relatively simple and low-cost instruments. The main compositions used in percentage of PHB/ECO by mass were: 95/5, 90/10 and 80/20. Polymers blends were characterized by FTIR, SEM, DSC and DMA techniques.

#### **Materials and methods**

#### **Materials**

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Eco was kindly provided by the company BASF. Table [1](#page-2-0) shows main data provided by the manufacturer of the polymer copolyester aliphatic–aromatic polymer named Ecoflex<sup>®</sup>.

The PHB used in this work is a biodegradable polymer belonging to the family of polyhydroxyalkanoates and their melting temperature (Tm) and glass transition (Tg) 170 and 5 °C, respectively, according to furnisher. Main solvents were of high purity: acetone, dimethylformamide and chloroform.

<span id="page-2-0"></span>

<span id="page-3-0"></span>

#### **Blend preparation**

For the preparation of blends, ECO and PHB were used. The samples were prepared with the solubilization of PHB and ECO in chloroform and then thermoforming. Volumes of both solutions were mixed, and Table [2](#page-3-0) lists the contents of the components of the blends and the acronyms used in the identifcation of the samples.

### **Thermoforming**

ECO and PHB solutions were mixed as described, and solvent was evaporated by casting method. After evaporation of the solvent, blends round plates were ground to prepare small pieces of solid mixture for further thermoforming. An aluminum mold was used, whose rectangular cavity is 80 mm in length, 60 mm in width and 3.15 mm in thickness. To prepare the samples, 20 g of the blend was used in the mold for thermoforming. The press used was the Marconi (model MA098 A/E) at 185 °C and force of 3 tons. Plates with final dimensions of 80 mm  $\times$  60 mm  $\times$  3 mm were obtained for the DMA tests in the fexion module. Films with the same width and length were obtained with 0.6 mm thickness for tests on the traction module.

### **Characterizations**

### **Fourier transform infrared spectroscopy (FTIR)**

Analyses were done on a Nicolet IR 200 equipment from ThermoScientifc, USA, which has a resolution of 4 cm<sup>-1</sup> with a 32-fold scan and a wave number from 400 to 4000 cm<sup>-1</sup>.

### **Dynamic‑mechanical thermal analysis (DMA)**

**Traction module** For the evaluation of the mechanical properties, DMA tests were carried out on the traction module—DMA model Q800, TA Instruments, USA with a tension flm claw. The flms prepared by thermoforming were cut into rectangular shapes, approximately 60 mm long, 7 mm wide and 0.6 mm thickness. A pre-load of 0.5 Newtons was applied with a force ramp of 1 N min<sup>-1</sup> up to a maximum of 18 N. The established temperature was 30 °C. The tests were performed in triplicate.

Flexion module For the DMA tests on the flexion module, the dual cantilever gripper was used and curves of the storage, loss and tan delta modules were obtained

[\[43](#page-15-11)]. Just some experimental data: Initial test temperature 40 °C, Heating ramp from  $5^{\circ}$ C min<sup>-1</sup> up to 200 °C, Fixed frequency of 1 Hz and Maximum amplitude of 16 µm. The specimens were all standardized so that the geometry of the samples did not infuence the results and the standardized dimensions were 35 mm long, 13.2 mm wide and 3.20 mm thickness. The analyses were performed in triplicate.

#### **Diferential scanning calorimetry (DSC)**

DSC analyses were performed using the heat fow system, to examine the thermal properties of the blended samples, in a temperature range of  $-50-250$  °C with 1 g of sample.

#### **Scanning electron microscopy (SEM)**

In order to observe the morphology of the blends, ECO and PBH, the samples were analyzed through scanning electron microscopy using magnifcations that varied from 150 to 10,000 times. Metallization with gold was performed on the samples, and images of the fractures of the tensile test were performed.

### **Results and discussion**

#### **Fourier transform infrared spectroscopy (FTIR)**

Polymers used in the preparation of the blends were analyzed in FTIR equipment. The obtained spectra are represented in Fig. [1](#page-4-0) and show the main characteristic bands of the polymers used in the blend. It is possible to identify the presence of functional groups and bands associated with typical angular strains and deformations according to the prediction taking into account the chemical structure of each polymer.

Typical values were obtained for ECO as expected according to its structure, especially the bands in 1730  $cm^{-1}$  and 740  $cm^{-1}$ . These values are related,



<span id="page-4-0"></span>**Fig. 1** FTIR spectra of AAC-Ecofex® and PHB

<span id="page-5-0"></span>



<span id="page-5-1"></span>**Table 3** Maximum stress (MPa), maximum deformation (%) and elastic modulus (MPa) values for PHB, ECO and blends



respectively, to the stretching movement of the carbonyls present in the ECO structure and angular deformation outside the plane at the connections  $=C-H$ . The stretching movement of the carbonyls, according to Silverstein [\[44](#page-15-12)], can be found in the wavelength ranges that can vary from 1870 to 1540 cm<sup>-1</sup>, this variation in the position that the band can be found is due to some factors, they are: physical state of the material, electronic and mass efects of substituents, conjugation, hydrogen bonds (intermolecular and intramolecular) and ring deformation [[40\]](#page-15-8) describes a sharp peak centered at 1723 cm<sup>-1</sup> and attributed to the stretching vibrations of the crystalline carbonyl group was observed for neat PHB. In another work Moraes [[24\]](#page-14-8), the values found for the same materials with FTIR analyses were very close to those found in this work, despite the diferent preparation processes. An analysis of the PHB spectrum shows mainly bands at 1740 cm<sup>-1</sup>, 1170 cm<sup>-1</sup> and 1080 cm<sup>-1</sup>, which correspond to the stretching movements of the carbonyls, axial strain of  $CC(=O) - O$ and asymmetric axial strain of OCC, respectively.

#### **Dynamic‑mechanical thermal analysis in traction module**

The analyses were performed in triplicate for the blends (BL05ECO, BL10ECO and BL20ECO), PHB and ECO. Figure [2](#page-5-0) shows the typical DMA curves in tensile modulus obtained for the PHB and ECO where it was possible to observe the values

According to the averages presented, it is evident that ECO has a higher elasticity than PHB, as expected. The maximum deformation of PHB was 1.61%, while ECO reached 16.48% deformation (Table [3\)](#page-5-1). The choice of ECO to blend with PHB is centered, among others, on this fact. Another determining factor for choosing ECO is that its chemical structure is similar to PHB, facilitating the miscibility of the polymers in the blends. Some works in the literature report the miscibility of ECO and PHB [[24\]](#page-14-8). Table [3](#page-5-1) lists the results of maximum stress, maximum deformation and modulus of elasticity for the blends and polymers obtained by DMA on tensile modulus.

Data in Table [3](#page-5-1) show that increase in the concentration of ECO in the blends leads to a decrease in the maximum stress values at break. Regarding deformations, the use of 20% ECO led to a more deformable blend, as expected. In addition, all blends showed deformation values higher than PHB, indicating the possibility of preparing materials that can maintain maximum tensile strengths comparable to PHB, but with greater deformability.

Figure [3](#page-6-0) shows the typical DMA curves in traction module obtained for blends.

For the elasticity modules, a signifcant increase can be noted for the value obtained for the sample containing 10% ECO in relation to 5% of the polymer. Similar results were obtained by Moraes [\[24](#page-14-8)] and collaborators who mention that the addition of ECO in the PHB matrix can generate residual tensions, due to the increase in the concentration of tension in the interfacial region, causing the blend to have an increase in stifness in some cases.

#### **Dynamic‑mechanical thermal analysis in fexion module**

DMA is one of the most interesting tools for determining the glass transition temperature values of polymers. Due to the need to compare the thermodynamic properties of blends prepared according to the ECO and PHB contents, thermal-dynamic analyses were performed. The main purpose, among others, was to obtain maximum temperature values at tan delta peaks in order to analyze and defne, according to

<span id="page-6-0"></span>



<span id="page-7-0"></span>

the values obtained, the miscibility of the blend [\[43](#page-15-11)] determined the miscibility of polymeric blends by observing tan delta peaks presented during the glass transition phase of the materials. In this work, tan delta peaks in the transition from the rubbery state to the melt were analyzed and thus the melting temperature was determined. Table [4](#page-7-0) shows the melting temperatures of the samples analyzed in DMA.

PHB and ECO presented melting temperatures of 183.7 °C and 136.8 °C, respectively, temperatures that are in accordance with the literature and the manufacturer's data provided: 185 °C for PHB and approximately 120 °C for the fusion of ECO. The blends presented melting values of 170.9 °C for the composition of 5%, 173.74 °C for the composition of 10% and 170.81 °C for the composition of 20% of ECO in the PHB matrix.

A very close result to 171.7 °C for Tm was obtained by Casarin [\[45](#page-15-13)] 220% for a blend formed by a mixture of 25% ECO and 75% PHB obtained by extrusion process. This Tm result obtained by Casarin [\[45](#page-15-13)] is extremely important in comparison with the result obtained in this work for the BL20ECO blend. The new methodology described in our work that uses solubilization led to a blend with a melting temperature very close to the value obtained by the blend formed by extrusion. This result shows that a simple blending preparation process like the one used can lead to interesting results when compared to more expensive and complex techniques.

According to the values obtained (Table [4\)](#page-7-0), the composition of 10% was the one that showed the highest melting temperature, which may be associated with a good interaction between the polymer components of the blend so that the composition ended up infuencing the results of the melting temperature of material. This result can be added to the result obtained in the mechanical analyses carried out in DMA in the traction module, which showed a slight superiority in the mechanical properties of the blend with this composition.

<span id="page-7-1"></span>

The storage, loss (at approximately  $70^{\circ}$ C) and tan delta modules obtained from the materials through DMA analysis are shown in Table [5](#page-7-1).

Polymer storage module is related to the ability to withstand a suitable tension and the materials response to that applied load. The loss module of polymeric materials is also related to the crystallinity of the materials, and lower loss modules  $(E'')$ indicate more fexible materials, where the lag in response to mechanical stress is less. Comparing the values present in Table [5](#page-7-1) of both loss module and storage module, it is possible to notice that the ECO has an *E*ʹ of approximately 39.4 MPa and this value if compared to the PHB, which is approximately 623 MPa, shows the difference in the properties of both polymers. In addition, the diferences also show that the largest PHB module is in accordance with its high mechanical strength and high rigidity, whereas in ECO, the low values show the greater fexibility of the material. For blends, it is noted that the storage module remains high due to the greater composition of PHB in the blend; however, it difers from PHB in that it is slightly smaller than in PHB. In another way, it is still possible to observe a reduction in the loss module of blends material. This reduction indicates an increase in the fexibility of the blends in relation to the PHB justifed by the presence of ECO in the blends, and these results indicate that there is interaction between the polymers constituting the blend, so that the slight change in the modules indicates a miscibility in the more accentuated blend due the sensitivity in its properties analyzed in DMA.

The preparation of blends by the solubilization method can have advantages in the preparation of these mixtures. Once in solution, the polymeric chains have greater mobility when compared to the possible melting phase that are widely used in the preparation of blends as described. The presence of aromatic structure in the main chain of the ECO is directly related to an increase in its rigidity. Thus, when in the solution phase, the interpenetration and interdifusion of the PHB and ECO chains must be improved in relation to the preparations that are made by melting.

#### **Scanning electron microscopy**

During the analyses made through the scanning electron microscopy (SEM), it was possible to visualize the superfcial physical aspects in the fracture region of the samples. Of all the images obtained, the ones with an increase of 150, 200 and 600 times of the samples were selected for comment.

Figure [4](#page-9-0) shows SEM images of the pure thermoformed polymers in the fracture region; in these images, it is possible to observe the surface of the materials. It is possible to verify their diferentiated characteristics, since ECO presents in its surface structure a homogeneous and characteristic aspect of crushing at break, this aspect which is related to its fexibility. PHB, on the other hand, has a rough surface and is full of erosions and cracks in its structure, characteristic of fragile materials that sufer from crumbling and detachment of particles, giving this aspect to the material. These characteristics were observed in several studies [[11,](#page-14-2) [46,](#page-15-14) [47](#page-16-0)]. It is possible to observe in Fig. [4a](#page-9-0), c characteristics of ECO rupture, which has streaks along surface caused by the stretching of the material during its breaking process. In Fig. [4](#page-9-0)b, d images, the PHB structure is observed, which presents particles and



x600 100 um

x600 100 um

<span id="page-9-0"></span>**Fig. 4** Micrograph of the samples and Ecofex 200x (**a**), PHB 200x (**b**), Ecofex 400x (**c**), PHB 400x (**d**), Ecofex 600x (**e**), PHB 600x (**f**)

roughness as well as small holes and cracks due to its rupture because it is a material with greater rigidity [\[23](#page-14-7), [48](#page-16-1)].

Figure [5](#page-10-0) shows SEM images from blends BL05ECO, BL10ECO and BL20ECO. The main aspect of BL05ECO (Fig. [5a](#page-10-0), d) when compared to PHB is a visible increase in homogeneous regions characterized by the addition of ECO to PHB. In addition, it can be also observed a reduction in the porous regions of the material,



x600 100 um



<span id="page-10-0"></span>**Fig. 5** Micrograph of the samples and 05% 200x (**a**), 10% 200x (**b**), 20% 150x (**c**), 05% 600x (**d**), 10% 600x (**e**), 20% 600x (**f**)

this result was expected according to the DMA analyses that showed lower melting temperature of the blend compared to pure PHB, because with the increase in the homogeneous regions of the material, it is estimated that there was a greater heat transfer that eventually facilitated the fusion of the blend.

In the images of BL10ECO (Fig. [5](#page-10-0)b, e), it is possible observe greater homogenization in the material and a higher reduction in irregular regions when compared

to BL05ECO, there is also the formation of large regions united by the interaction between PHB and ECO, because ECO chains penetrate PHB regions and flls in the gaps and roughness of the PHB, thus improving the mechanical properties of the blend.

For the BL20ECO blend (Fig. [5c](#page-10-0), f), aggregation phenomena can be seen. Specifically in this case, the percentage of ECO is the highest among all and the agglomeration of ECO chains leads to regions with great heterogeneity, as evidenced by the circle in Fig. [5c](#page-10-0). Obviously, in the preparation of polymer blends the limit for adding one polymer in relation to the other is an extremely known fact. For this BL20ECO blend, this limit for chain difusion has become evident and has been reached. The results obtained for mechanical properties reinforce this visual observation obtained in SEM analysis. According to Hutníkova [\[49](#page-16-2)], blending of two polymers gives rise to intermediate layers at the phase border. The character of these layers depends on compatibility of both polymers and has signifcant infuence on the physical properties of blend. It was also observed that the blend in the 10% composition showed a more homogeneous structure compared to the other compositions, because in the blend of 5% the composition was too low to cause any efective interaction between ECO and PHB. Thus, there were minimal interactions and partial flling of the PHB irregular regions, but the material's mechanical behavior was lower than the 10% blend, which showed greater homogeneity and interaction between the two polymers and consequently improved chemical and mechanical properties. As for the blend in the composition of 20% it was observed that there was saturation of ECO in the material, which caused a greater accumulation and separation of the two polymers in the blend, a result that explains the fragility of the material observed in the DMA tests.

The PHB and ECO blends were also studied by [\[49](#page-16-2)]. The diference in relation to other studies is that the percentage concentrations of ECO were always higher than the PHB. The samples of pure PHB, pure Ecoflex®, their blends (PHB/ECO) containing 10, 30 and 50 wt% of PHB, blend of 30 wt% of PHB and 70 wt% of Ecoflex<sup>®</sup> with small content (3 wt%) of additive (chain extender) Joncryl<sup>®</sup> were studied. It is interesting to note that particularly in this case pointed out by [[49\]](#page-16-2), higher proportions of ecofex in the blends revealed poor miscibility of these polymers according to analysis of proton spin–lattice relaxation process. The realized NMR by authors experiments show formation of PHB and  $E\text{coflex}^{\circledast}$  domains in the blends with some boundary regions in which the blend components afect each other.

#### **Diferential scanning calorimetry by heat fow**

In the analyses carried out using DSC equipment, samples of the PHB, ECO polymers and the composites were analyzed in order to obtain values of melting temperatures, glass transition (Tg) and to compare the DSC curves of the materials.

Analyzing the DSC curves presented in Fig. [6](#page-12-0), it was possible to notice the values of the endothermic peaks of the materials that are related to the melting temperature, the values found are consistent with the analyses made in DMA and also with the literature of previous works [[24,](#page-14-8) [50\]](#page-16-3) who found the same values



<span id="page-12-0"></span>**Fig. 6** DSC curve of PHB and Ecofex

of endothermic peaks and melting temperature. The values found for PHB were 166.9 °C for melting temperature and approximately 130 °C for ECO.

In this work, it was not possible to identify endothermic peaks and temperatures in order to determine the glass transition temperature value in both pure polymers and blends, as according to Moraes and Pellicano [[24](#page-14-8), [50\]](#page-16-3) the identifcation of glass transition temperature in semi-crystalline polymers, in this case the PHB, which is the major constituent of the blend, is extremely difficult and requires several repetitions of tests and parameters that may vary.

Figure [7](#page-12-1) shows the curves for the blends in the composition of 5, 10 and 20 wt% ECO in the PHB matrix. It is possible to observe that the melting temperatures obtained by the endothermic peaks of the materials varied in relation to the pure materials, the melting temperature values of 164.3  $\degree$ C, 167.4  $\degree$ C and 179.5 °C were found for the blends of BL5ECO, BL10ECO and BL20ECO, respectively.



<span id="page-12-1"></span>**Fig. 7** DSC curves of blends

This change in the temperature values of the endothermic peaks is associated with the degree of miscibility of the blend components and indicates an increase in the miscibility of the polymers justifed by this diference in melting temperature, and this justifcation can be found in other works in the literature, such as by [[24,](#page-14-8) [43,](#page-15-11) [50](#page-16-3)].

### **Conclusion**

It is possible to report that physical mixtures between PHB and ECO produced interesting blends with unique mechanical properties when compared to the original polymers. The variation of ECO mass in the blend directly infuenced the mechanical thermodynamic properties. There was increased elasticity in the blends without signifcant loss of mechanical strength. It was possible to confrm that an increase of more than 20% of the composition of ECO in the blend generates phase separation in the blend causing a saturation in the main phase. In general, the misciblity between the polymers was verifed in the preparation of the blends. However, the use of an amount of 20% of ECO in relation to PHB led to a blend with mechanical properties inferior to the others, which may indicate that the miscibility limit between the polymers may have been reached for this blend partially. The methodology used to prepare blends in our work is simpler and more accessible than other published earlier. In other works, use of thermoplastic polymer processing equipment with high market value could be observed. In addition, the solubilization of polymer chains promotes a greater miscibility between them, since the interdifusion and mobility of them occur more efficiently than in a melted phase mixture between two diferent polymers.

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