

# **Complete Genome Sequence of** *Lactobacillus plantarum* **EM, A Putative Probiotic Strain with the Cholesterol‑Lowering Efect and Antimicrobial Activity**

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## **Abstract**

*Lactobacillus plantarum* EM is a probiotic strain with antimicrobial activity, cholesterol-lowering efects, and tolerance to acid and bile. To understand the genetic basis of the probiotic characteristics of this strain, genome sequencing and probioticrelated genetic analysis were performed. The genomic characteristics of *L. plantarum* EM were confrmed by comparative genomic analysis with 41 probiotic lactic acid bacteria, including 10 *L. plantarum* strains. *L. plantarum* EM was shown to contain a circular chromosome of 3,184,808 bp and eight plasmids with various lengths from 5,027 to 76,369 bp. The *L. plantarum* EM genome had a total of 3560 protein-coding genes, including probiotic-related genes, such as tolerance to acid and bile, temperature stress, and oxidative stress. Comparative genomic analysis showed that *L. plantarum* EM contained plantaricin and bovicin gene clusters, which are related to antimicrobial activity, and fve bile salt hydrolase genes related to serum cholesterol-lowering efects. The genomic analysis confrmed the probiotic properties of *L. plantarum* EM, and our results indicated that this strain has potential application for use as an industrially important probiotic.

# **Introduction**

The *Lactobacillus plantarum* species constitutes extremely fexible and versatile lactic acid bacteria (LAB), which have been isolated from many diferent environmental niches, such as animals, plants, and the gastrointestinal and vaginal tract, as well as various food materials, such as vegetables, dairy products, meat products, and fermented foods [[1,](#page-11-0) [2](#page-11-1)]. *L. plantarum* is applied to a variety of fermented foods, and some strains are used as probiotics that may confer benefcial health effects to humans or animals [\[3](#page-11-2)].

Probiotics are living microorganisms that provide benefcial efects to the host and are used to prevent a variety of diseases associated with diarrhea, hyperlipidemia, infammatory bowel disease, and immune function [[4](#page-11-3), [5\]](#page-11-4). In the genus *Lactobacillus*, some strains of the species, such as *L.* 

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*acidophilus*, *L. gasseri*, *L. rhamnosus*, *L. plantarum*, and *L. fermentum*, act as important probiotics [\[6\]](#page-11-5). To function as a probiotic, a bacterial strain should be resistant to bile and the acidity of the gastrointestinal tract to enter the small intestine. Other functional properties for characterizing probiotics are the ability to produce antimicrobial compounds and reduce serum cholesterol levels [[6,](#page-11-5) [7](#page-11-6)]. Cholesterol-lowering efects are closely related to the bile salt hydrolase (bsh). Bile acid conjugated with taurine or glycine helps to absorb cholesterol in the small intestine. However, when bile acid is removed by bacterial bsh, bile acid is excreted and cholesterol is consumed as a precursor for the synthesis of new bile acid, thereby lowering serum cholesterol  $[8]$  $[8]$ . The bsh activity present in microorganisms has been reported in strains, such as *Bifdobacterium*, *Lactobacillus,* and *Streptococcus*, and contributes to the probiotic properties in the gastrointestinal tract of humans and animals [\[9\]](#page-11-8). One of the antimicrobial compounds, bacteriocin, is an antimicrobial peptide synthesized in ribosomes and works against closely related species [\[10\]](#page-11-9). Plantaricin is a bacteriocin produced by *L. plantarum*, most of which, such as plantaricin A and the two-peptide bacteriocins, plantaricin EF and plantaricin JK, belong to class IIc. Some plantaricins have antimicrobial activity against both gram-negative and gram-positive bacteria, indicating

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the potential of *L. plantarum* as an antimicrobial agent [[11](#page-11-10)]. A general mechanism for the probiotic effects may be related to the genus or species of bacteria, but specifc mechanisms tend to be strain-specifc [[12](#page-11-11)]. Thus, genome sequencing is the best way to identify the metabolic pathways, phylogenetic relationships, the health and safety of specifc strains, and genetically understand the biological specificity of new strains  $[13, 14]$  $[13, 14]$  $[13, 14]$  $[13, 14]$ .

The previous researcher isolated *L. plantarum* EM from kimchi, a traditional Korean food, and this strain has been shown to reduce serum cholesterol levels [[15](#page-11-14)]. *L. plantarum* EM has been shown to meet the functional criteria required for probiotics, such as bile and acid tolerance, antimicrobial activity against pathogenic bacteria and fungi, and antibiotic susceptibility [[15\]](#page-11-14). Here, we performed genome sequencing and comparative genomic analysis to uncover the mechanism of the probiotic efect of *L. plantarum* EM.

# **Materials and Methods**

# **Strain Isolation and DNA Extraction**

Before use, *L. plantarum* EM was activated in MRS broth (Difco, Becton & Dickinson, Sparks, MD, USA) at 30 °C for 48 h under anaerobic conditions. The genomic DNA of *L. plantarum* EM was extracted with a DNeasy Blood and Tissue kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. The total genomic DNA purity and concentration were determined by absorbance using an Ultrospec 2100 Pro-spectrophotometer (Amesham Biosciences, Cambridge, UK) [\[16](#page-11-15)].

# **Genome Sequencing, Assembly, Annotation, and Analysis**

The genome sequencing of *L. plantarum* EM was performed using the PacBio RS II platform (Pacifc Biosciences, Menlo Park, CA, USA). A 20 kb library was generated using a SMARTbell Template Preparation Kit 1.0 and sequenced with P4-P2 chemistry on two cells. The raw data were obtained as 91,147 reads with an average read length of 10,774 bp. The fltered subreads were de novo assembled using HGAP version 2.0. Functional annotation of the genome sequence was performed using RAST version 2.0 [\[17\]](#page-11-16), and probiotic-related genes were identified based on the annotation results. A circular genomic map was constructed using the CGView server [\[18](#page-11-17)]. The ResFinder version 3.1 was used to identify the antibiotic resistance genes in plasmids from pEM1 to pEM8 [[19\]](#page-11-18).

# **Comparative Genomic Analysis of Probiotic**  *Lactobacillus* **Species**

To confrm the genetic characteristics of *L. plantarum* EM, a comparative genomic analysis was performed with 41 probiotic *Lactobacillus* strains. The probiotic *Lactobacillus* strains used were those with probiotic functions identifed in previous studies, including *L. acidophilus*, *L. brevis*, *L. rhamnosus*, *L. paracasei*, *L. casei*, *L. fermentum*, *L. helveticus*, *L. plantarum*, and *L. reuteri*. The genomes of these strains were retrieved from the National Center for Biotechnology Information (NCBI;<ftp://ftp.ncbi.nlm.nih.gov/genomes/>) genome database (Table [1](#page-2-0)). For estimation of the phylogenetic tree, the 16S rRNA gene sequences extracted from the genome sequence of 42 probiotic *Lactobacillus* strains were aligned using ClustalW with default parameters, and phylogenetic analysis was performed using the maximum-likelihood method with 1,000 bootstraps in MEGA (version 6.06). The genes related to bacteriocin synthesis in each *Lactobacillus* species were identifed using BAGEL4 [[20](#page-11-19)]. The genes related to probiotic properties and cholesterol-lowering were identifed using BLASTp. The bsh genes, the genes related to cholesterol-lowering efects, were extracted from the genome sequence of 21 *L. plantarum* strains, and the alignment and phylogenetic tree were constructed using the ETE3 module with its default parameters for protein sequences [\[21\]](#page-11-20). The pan-genome analysis and visualization of the probiotic *Lactobacillus* strains were analyzed using Anvi'o version 6.0 pan-genomic workflow [\[22,](#page-11-21) [23](#page-11-22)]. The number of pan-, core-, accessory-, and unique-genomes were analyzed using computational pipeline Bacterial Pan Genome Analysis (BPGA) version 1.3 with the default parameters [[24\]](#page-11-23). In order to classify the genomes of each strain by functional categories, clusters of orthologous groups (COGs) were assigned to the amino acid sequences using USEARCH version 8.0 against the COG database [[25\]](#page-11-24).

#### **Nucleotide Sequence Accession Numbers**

The genome sequence of *Lactobacillus plantarum* EM was deposited in the DDBJ/EMBL/GenBank with accession numbers CP037429.1 (chromosome), CP037430.1 (pEM1), CP037431.1 (pEM2), CP037432.1 (pEM3), CP037433.1 (pEM4), CP037434.1 (pEM5), CP037435.1 (pEM6), CP037436.1 (pEM7), and CP037437.1 (pEM8).

# **Results and Discussion**

### **General Genome Features**

The complete genome of *L. plantarum* EM was composed of a circular chromosome and eight plasmids (Fig. [1](#page-3-0)).

<span id="page-2-0"></span>



The complete genome of *L. plantarum* EM consisted of 3,618,689 bp with a G+C content of 44.2% (Table [1\)](#page-2-0). The genome had a chromosome of 3,184,808 bp with a G+C content of 44.7%. The plasmids, designated pEM1 to pEM8, had various lengths ranging from 21,426 to 76,369 bp. The genome size and G+C content of the *L. plantarum* EM chromosome were similar to *L. paracasei* N1115 (3,064,279 bp, 46.46%), *L. rhamnosus* DSM 14870 (3,013,149 bp, 46.7%), and *L. casei* LC5 (3,132,867 bp, 47.9%), but not to *L. fermentum* F-6 (2,064,620 bp, 51.7%) or *L. acidophilus* NCFM (1,993,560 bp, 34.7%). Among the species used for analysis, *L. plantarum* had the largest genome and the greatest number of plasmids. This fact is related to the ecological fexibility of *L. plantarum* and



<span id="page-3-0"></span>

the diversity of ecological niches in which *L. plantarum* is encountered [[26](#page-11-25)]. And, in general, *Lactobacillus* reduced the genome size by removing useless functions to adapt to the environment during evolution, whereas *L. plantarum* has a larger genome obtained by horizontal gene transfer via mobile elements, such as plasmids, transposons, prophages, and integrons [[27\]](#page-11-26).

The nucleotide sequence blast results revealed that the eight plasmids of *L. plantarum* EM showed similarity to the plasmids or chromosome of the *L. coryniformis*, *L. plantarum*, *L. pentosus*, and *L. curvatus* strains. It was also confrmed that each plasmid had a gene related to a plasmid replication protein. The annotation results showed that the genome had 3,107 coding sequences and 88 RNA genes. Moreover, the protein-coding sequences were functionally divided into 238 SEED subsystem categories. The plasmids of *L. plantarum* EM contained from 29 to 79 diferent protein-coding genes. The ResFinder database were used to identify the antibiotic resistance genes. The results showed that no antibiotic resistance genes were detected in any of the plasmids. Therefore, in the gastrointestinal tract, antibiotic resistance genes are not expected to be transmitted from *L. plantarum* EM strains to pathogenic microorganisms.

#### **Probiotic‑Related Genes of** *L. plantarum* **EM**

The probiotic properties of *L. plantarum* EM were confirmed in a previous study  $[15]$  $[15]$ . This was supported by the genomic analysis data in our study, in which a gene encoding F0F1 ATB syntheses (chr\_orf2044 to chr\_orf2050), which are related to acid tolerance, and choloylglycine hydrolases (chr\_orf56, chr\_orf57, chr\_orf2236, chr\_orf2913, chr\_orf3049), which are related to bile salt resistance, were detected (Table [2](#page-5-0)). Probiotics can experience heat stress in the food industry (e.g., pasteurization and spray-drying) or during storage. Exposure to high temperatures induces the expression of evolutionarily conserved heat shock proteins (HSPs), including chaperones, such as GrpE, DnaK, DnaJ, and GroES/GroEL [[28\]](#page-11-27). The heat shock protein GrpE (chr\_ orf1738) and the chaperone proteins DnaK (chr\_orf1737), DnaJ (chr\_orf1736), and GroES/GroEL (chr\_orf638 to chr\_ orf639), which participate in the heat shock response and hyperosmotic response, were detected in the chromosome of *L. plantarum* EM. Cold shock-inducing proteins have been identifed in a variety of microorganisms, and these genes are related to the adaptation process required for bacterial survival at low temperatures [[29\]](#page-11-28). In *L. plantarum* EM, the cold shock protein of the CSP family genes was found on the chromosome (chr\_orf31, chr\_orf886, chr\_orf1025). Additionally, catalase katE (chr\_orf3077), thiol peroxidase (chr\_orf2002), and glutathione peroxidase (chr\_orf194), which protect against oxidative stress, were detected.

# **Pan‑Genomic Analysis of 42 Probiotic** *Lactobacillus* **Strains**

The taxonomic relationship between *L. plantarum* EM and other probiotic *Lactobacillus* species was confrmed by 16S rRNA gene sequence. Phylogenetic tree analysis revealed that *L. plantarum* EM was grouped with *L. plantarum* strains (Fig. [2\)](#page-6-0). The 16S rRNA gene sequence of *L. plantarum* EM was most closely related to ST-III, 10CH, and WCFS1 (100% identity) among the *L. plantarum* strains. Hence, based on the phylogenetic relationship analysis, the EM strain was identifed as *L. plantarum*.

To understand the genome of probiotic *Lactobacillus* species and to obtain the unique genes of *L. plantarum* EM, we performed a pan-genome analysis. The pan-genome analysis of 42 *Lactobacillus* strains showed that the remaining strains, except *L. casei* and *L. paracasei* strains, were grouped according to each species (Fig. [3\)](#page-7-0). Based on a comparative genomic analysis of 42 genome sequences of probiotic *Lactobacillus* species, the pan-, accessory-, and core-genome encompassed 15,020, 10,877, and 114 genes, respectively. To investigate the diversity and functionality encoded by the pan-genome, the genes were classifed by functional categories using COG analysis. The core-genome was assigned a high percentage of genes for translation, ribosomal structure and biogenesis, and the accessory-genome had the highest percentage of genes for general function prediction and transcription. It contains probiotic-related genes, such as choloylglycine hydrolase, that function in bile resistance. These results suggest that all the strains used for the analysis had probiotic-related genes because they have already been confrmed as probiotic bacteria. Of the 4,029 unique genes identifed in the 42 *Lactobacillus* strains, 83 genes were identifed as unique genes present only in the *L. plantarum* EM genome. The unique genes identifed were those involved in replication, recombination and repair (20.51%), transcription (15.38%), and carbohydrate transport and metabolism (12.82%).

# **Genetic Analysis Related to the Cholesterol‑Lowering Efect**

High cholesterol-removing ability was observed in the *L. plantarum* EM strain [[15\]](#page-11-14). This ability was supported by our genomic analysis results, in which a total of fve bsh genes were detected. *L. plantarum* ST-III is a highly cholesterolresistant strain with four bsh genes on the genome, and the function of these genes was demonstrated in a previous study [\[30](#page-11-29)]. As a result of the alignment of the bsh genes of *L. plantarum* ST-III and EM, the bsh1, bsh3, and bsh4 genes of ST-III showed 98–100% identity to chr\_orf2191, chr\_orf2855, and chr\_orf2990 of EM, respectively. Compared to the bsh2 gene of *L. plantarum* ST-III, eleven nucleotide substitutions

<span id="page-5-0"></span>**Table 2** Important genes encoding probiotic-related proteins in *L. plantarum* EM



were found in chr\_orf56 and chr\_orf57 of EM. At the 475 bp position of chr\_orf56 and chr\_orf57 in *L. plantarum* EM, the TGG for tryptophan was replaced with TAG, causing a premature stop codon. As a result, the bsh gene was divided into two fragments and a total of fve bsh genes were present. Comparison of the bsh gene of 23 *L. plantarum* strains showed that they mainly had one bsh gene, similar to bsh1 of *L. plantarum* ST-III. The bsh2, bsh3, and bsh4 genes were present only in strains with three or more bsh genes (Fig. [4](#page-8-0)). A previous study showed that all bsh genes of *L. plantarum* ST-III were responsible for the hydrolysis activity of many substrates, and the bsh1 gene was highly activate against glycodeoxycholic acid [\[30](#page-11-29)].

## **Identifcation of Bacteriocin Gene Clusters**

The bacteriocin synthesis gene clusters of *Lactobacillus* species were compared and analyzed. As a result, one or more bacteriocin gene clusters were found in all species except the *L. brevis* and *L. fermentum* strains (Table [3](#page-9-0)). *L. rhamnosus*, *L. helveticus*, and *L. plantarum* mostly contained carnocin, helveticin, and plantaricin, respectively. *L. casei* and *L. paracasei* mainly contained LSEI bacteriocin derived from *L. casei* ATCC 334, and *L. acidophilus* mainly contained acidocin and helveticin. Bacteriocin gene clusters seemed to be among those that are transferred horizontally, showing similar patterns between closely related genomes [\[31\]](#page-11-30). The genome of *L. plantarum* EM consists of encoding genes involved in bovicin (gene start position, 1 bp on the plasmid) and plantaricin (gene start position, 353,842 bp on the chromosome), i.e., plantaricin JK, N, A, and EF (Fig. [5\)](#page-10-0). Plantaricin F was previously identifed in probiotic *L. plantarum* with antimicrobial activity against *Micrococcus, Listeria, Staphylococcus,* and *Salmonella* [[32](#page-11-31)]. In an in vitro assay, *L. plantarum* EM showed antimicrobial activity against *Bacillus cereus, Micrococcus* 



<span id="page-6-0"></span>**Fig. 2** Phylogenetic analysis was based on 16S rRNA gene sequences for 42 probiotic *Lactobacillus* strains

*leteus, Staphylococcus aureus, Escherichia coli, Salmonella* Typhi, *Vibrio parahaemolyticus*, and *Pseudomonas aeruginosa* [\[15\]](#page-11-14). These results were assumed to be related to the bacteriocin gene cluster present on the genome of *L. plantarum* EM.

In this study, we performed genome sequencing and analysis of *L. plantarum* EM, which has already confrmed probiotic properties. The genome sequence of *L.* 

*plantarum* EM provided genetic information on probioticrelated functions, such as cholesterol-lowering, antimicrobial activity, and tolerance to bile and acid. The *bsh* gene, bacteriocin gene cluster, and F0F1 ATB syntheses were identifed through genomic analysis of *L. plantarum* EM. This strain may be used in foods or industries as a probiotic for human health.



<span id="page-7-0"></span>**Fig. 3** Pan-genome distribution across 42 *Lactobacillus* species. The center fgure shows the hierarchical clustering of pan-genome based on their presence/absence



 $\overline{0.322904}$ 

<span id="page-8-0"></span>**Fig. 4** Phylogenetic analysis was based on the bile salt hydrolase genes for 21 *L. plantarum* strains

<span id="page-9-0"></span>**Table 3** Putative bacteriocin gene cluster identifed in *Lactobacillus* species

Strain	Size (bp)	Class (bacteriocin gene name)
L. acidophilus NCFM	25,766	Acidocin J1132 (Enterocin X, Acidocin J1132)
	20,483	Enterolysin A (Enterolysin A)
	20,933	Helveticin J (Helveticin J)
L. acidophilus La-14	25,769	Acidocin J1132 (Enterocin X, Acidocin J1132)
	20,483	Enterolysin A (Enterolysin A)
	20,933	Helveticin J (Helveticin J)
L. acidophilus LA1	25,766	Acidocin J1132 (Enterocin X, Acidocin J1132)
	20,483	Enterolysin A (Enterolysin A)
	20,933	Helveticin J (Helveticin J)
L. rhamnosus LOCK900	25,853	Carnocin CP52 (Enterocin X, Carnocin CP52)
L. rhamnosus LOCK908	25,850	Carnocin CP52 (Enterocin X, Carnocin CP52, LSEI 2386)
L. rhamnosus DSM 14870	25,850	Carnocin CP52 (Enterocin X, Carnocin CP52)
L. rhamnosus Pen	25,853	Carnocin CP52 (Enterocin X, Carnocin CP52)
L. rhamnosus GG	25,853	Carnocin CP52 (Enterocin X, Carnocin CP52, LSEI 2386)
L. paracasei N1115	20,114	LSEI 2163 (LSEI 2163)
	33,617	LSEI 2386 (LSEI 2386, Enterocin X, Carnocin CP52)
L. paracasei L9	20,231	Thermophilin A (Thermophilin A)
	30,992	LSEI 2386 (LSEI 2386, Enterocin X, Carnocin CP52)
L. paracasei CAUH35	28,577	LSEI 2386 (LSEI 2386, Enterocin X, Carnocin CP52)
L. casei LC5	32,672	Carno bacteriocin A (Carno A, Enterocin X, Acidocin LF)
L. casei BL23	20,114	LSEI 2163 (LSEI 2163)
	29,141	LSEI 2386 (LSEI 2386, Enterocin X, Carnocin CP52)
	20,180	Enterolysin A (Enterolysin A)
L. casei W56	20,114	LSEI 2163 (LSEI 2163)
	29,138	LSEI 2386 (LSEI 2386, Enterocin X, Carnocin CP52)
	20,180	Enterolysin A (Enterolysin A)
L. helveticus H9	20,285	Enterolysin A (Enterolysin A)
	20,936	Helveticin J (Helveticin J)
L. helveticus R0052	20,762	Helveticin J (Helveticin J)
	20,483	Enterolysin A (Enterolysin A)
	20,696	Helveticin (Helveticin J)
	20,882	Helveticin J (Helveticin J)
	20,000	LAPs
	20,000	LAPs
L. helveticus KLDS1.8701	20,516	Helveticin J (Helveticin J)
	20,429	Enterolysin A (Enterolysin A)
	20,876	Helveticin J (Helveticin J)
L. helveticus MB2-1	20,966	Helveticin J (Helveticin J)
	20,285	Enterolysin A (Enterolysin A)
L. helveticus CAUH18	20,798	Helveticin (Helveticin J)
	20,147	Enterolysin A (Enterolysin A)
	20,936	Helveticin J (Helveticin J)
L. helveticus D76	20,762	Helveticin J (Helveticin J)
	20,468	Enterolysin A (Enterolysin A)
	20,954	Helveticin J (Helveticin J)
L. helveticus D75	20,762	Helveticin J (Helveticin J)
	20,468	Enterolysin A (Enterolysin A)
	20,954	Helveticin J (Helveticin J)
L. plantarum WCFS1	29,495	Plantaricin J (Plantaricin JK, N, A, EF)
L. plantarum ST-III	29,495	Plantaricin J (Plantaricin JK, N, A, EF)
L. plantarum ZJ316	24,131	Plantaricin J (Plantaricin JK, Plantaricin NC8-alpha, beta)





<span id="page-10-0"></span>**Fig. 5** Genetic organization of putative bacteriocin synthesis genes: **a** Bovicin gene cluster of *L. plantarum* EM on plasmid, **b** Plantaricin gene cluster of *L. plantarum* EM on chromosome, **c** Plantaricin gene cluster of *L. plantarum* WCFS1, **d** Plantaricin gene cluster of *L. plantarum* 16, **e** Plantaricin gene cluster of *L. plantarum* KLDS1.0391

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**Author Contributions** EK performed the experiments, analyzed data and wrote the manuscript. HCC reviewed and edited the manuscript. HYK designed this study, supervised all experiments and reviewed the manuscript. All authors read and approved the fnal manuscript.

**Data Availability** The data used to support the fndings of this study are included within the article.

## **Compliance with Ethical Standards**

**Conflict of interest** The authors declare no confict of interest.

**Ethical Approval** Not applicable.

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