



# Molecular determinants for the polarization of macrophage and osteoclast

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## Abstract

Emerging evidence suggest that macrophage and osteoclast are two competing differentiation outcomes from myeloid progenitors. In this review, we summarize recent advances in the understanding of the molecular mechanisms controlling the polarization of macrophage and osteoclast. These include nuclear receptors/transcription factors such as peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) and estrogen-related receptor  $\alpha$  (ERR $\alpha$ ), their transcription cofactor PPAR $\gamma$  coactivator 1- $\beta$  (PGC-1 $\beta$ ), metabolic factors such as mitochondrial complex I (CI) component NADH:ubiquinone oxidoreductase iron-sulfur protein 4 (Ndufs4), as well as transmembrane receptors such as very-low-density-lipoprotein receptor (VLDLR). These molecular rheostats promote osteoclast differentiation but suppress proinflammatory macrophage activation and inflammation, by acting lineage-intrinsically, systemically or cross generation. These findings provide new insights to the understanding of the interactions between innate immunity and bone remodeling, advancing the field of osteoimmunology.

**Keywords** Bone · Osteoimmunology · Macrophage · Osteoclast · PPAR $\gamma$  · ERR $\alpha$  · PGC-1 $\beta$  · Ndufs4 · VLDLR

## Two major bone cell types: osteoblast and osteoclast

Bone is a relatively hard and dense connective tissue that is a major component of the skeleton, which not only provides structural integrity for the body but also performs many other vital functions such as movement, internal organ protection, and mineral metabolism [1]. In addition, bone provides a microenvironment that is critical for the development and maintenance of hematopoietic stem cells (HSCs) and mesenchymal stem cells (MSCs). Osteoblast and osteoclast are two major types of bone cell that are coordinated to maintain bone homeostasis [2–6]. Osteoblasts develop from stem cells of mesenchymal origin and are responsible for bone formation through producing an osteoid matrix that is calcified extracellularly. Osteocytes (i.e., the structural cells in the bone) are terminally differentiated osteoblasts embedded in bone matrix

during the process of bone deposition. MSCs can also give rise to other cell types related to bone such as chondrocytes, marrow stromal cells, and bone marrow adipocytes. Mature osteoclasts are multinucleated giant cells that are derived from myeloid precursor cells of hematopoietic origin. Osteoclasts are formed by the fusion of myeloid precursor cells and specialized to remove mineralized bone matrix (i.e., bone resorption) through the production of lysosomal enzymes, such as tartrate-resistant acid phosphatase (TRAP) and cathepsin k (CTSK). HSCs are capable of differentiation into other immune cells such as macrophages, dendritic cells, as well as lymphoid cells. Bone formation by osteoblasts and bone resorption by osteoclasts occur mainly at the bone surface and are tightly coupled to maintain bone homeostasis. Dysregulated bone homeostasis generally leads to bone diseases, such as osteopetrosis and osteoporosis [7]. Osteopetrosis is characterized by increased bone density and a defect in bone marrow formation, while osteoporosis represents a condition with a significant increase in the risk of bone fractures due to decreased bone mass and density. Aberrantly activated osteoclastogenesis is one of the major reasons that directly lead to osteoporosis, which occurs frequently in postmenopausal women and aging population and can be exacerbated by pathological conditions such as inflammation.

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## Osteoclastogenesis and the RANK–RANKL–OPG signaling pathway

Bone cell communications play a crucial role in bone homeostasis. Many coupling factors that mediate these interactions between osteoblast and osteoclast have been established [8, 9]. Genetically modified mice and naturally occurring mutant mice have contributed greatly to the identification of the receptor activator of nuclear factor- $\kappa$ B ligand (RANKL)–RANK–osteoprotegerin (OPG) signaling pathway, as well as the associated molecular mechanisms regulating osteoclast differentiation and activation [8, 9]. Osteoblasts and their precursors can promote osteoclastogenesis by producing at least two known essential factors, macrophage colony-stimulating factor (M-CSF) and RANKL [10–12]. M-CSF acts as a factor for promoting the proliferation and survival of the osteoclast progenitors [13]. M-CSF functions through binding to its specific receptor c-FMS, which is a member of the receptor tyrosine kinase superfamily [14, 15]. RANKL was originally found as a T cell-derived cytokine mediating T cell proliferation and dendritic cell functions [16]. It is a transmembrane protein that belongs to the tumor necrosis factor (TNF) superfamily. In the presence of M-CSF, RANKL binding to its receptor RANK on osteoclast precursors promotes osteoclast differentiation, survival, and activation of bone resorption [17–20]. Synergistically, M-CSF stimulates the expression of RANK in osteoclast precursor cells [14], therefore rendering them being able to efficiently respond to RANKL. In addition to RANKL, osteoblasts and their precursors produce OPG, which also belongs to the TNF receptor superfamily and acts as a physiological decoy receptor of RANKL, and therefore inhibits osteoclastogenesis and bone resorption [21, 22]. The ratio between RANKL and OPG is considered to be a key determinant for osteoclast differentiation and bone resorption. Studies have indicated that osteocytes are essential source of RANKL during bone remodeling after birth [23–25], suggesting the interaction between osteocytes and osteoclasts during postnatal period. Binding of RANKL to RANK recruits the adapter protein TNF receptor-associated factor (TRAF) 6 (and other TRAFs) and therefore triggers a variety of intracellular signaling cascades [8], including a series of transcription factors such as mitogen-activated protein kinases (MAPKs), nuclear factor- $\kappa$ B (NF- $\kappa$ B), activator protein 1 (AP-1), and nuclear factor of activated T-cells 1/2 (NFATc1/2) [8]. These transcription factors work synergistically to induce the expression of specific genes of osteoclast including calcitonin receptor, TRAP and CTSK, leading to osteoclast differentiation, proliferation, and activation. Simultaneously, the activation of RANK signaling is also dependent on immunoglobulin-like receptors such as osteoclast-associated receptor (OSCAR), immunoglobulin-like receptor-A (PIR-A), signal regulatory protein- $\beta$ 1 (SIRP $\beta$ 1), and triggering receptor

expressed on myeloid cells 2 (TREM2), as well as immunoreceptor tyrosine-based activation motif (ITAM)-bearing molecules such as Fc-receptor common  $\gamma$ -subunit (FcR $\gamma$ ) and DAP12 [8], and all these molecules are necessary for costimulation and activation of calcium/calmodulin signaling. Sustained activation of calcium/calmodulin signaling is required for the induction and activation of NFATc1, which is a master regulator of osteoclast differentiation [26].

## Osteoimmunology

The discovery of the RANK–RANKL–OPG signaling pathway has contributed enormously to the emergence and development of osteoimmunology, which represents a concept to study the interplay between immune and bone system (originally in understanding of immune regulation of osteoclasts) under both physiological and pathological conditions [27, 28]. The most direct evidence for the existence of the interplay between immune and bone system is that activated T cells express RANKL [16], and the blocked osteoclastogenesis in RANKL-deficient mice is restored by transgenic overexpression of RANKL only in T cells [29]. These studies indicate that osteoclastic bone resorption is influenced by immune system. In addition, studies have shown that osteoclasts share a number of regulatory molecules such as cytokines, receptors, signaling molecules and transcription factors with most of bone resident immune cells, including macrophages, dendritic cells, T cells, B cells, and natural killer (NK) cells [8, 30]. For example, inflammatory cytokines including interleukin-1 (IL-1), IL-6, IL-11, and TNF- $\alpha$  secreted from activated immune cells such as activated T lymphocytes may directly induce osteoclastogenesis and bone resorption through regulating the ratio of RANKL to OPG [31, 32], which frequently occurs in inflammatory bone diseases such as rheumatoid arthritis (RA). Conversely, some cytokines including IL-4, IL-10, and Interferon  $\beta$  (IFN $\beta$ ) secreted from immune cells may exert the opposite effect [32]. A likely scenario is that an even more complex interaction exists between bone and immune system that exerts both positive and negative regulation of bone remodeling. Overall, the interaction between T cells and osteoclast/bone destruction was once a central subject of osteoimmunology and is quite well understood [8, 9]. Accumulating evidence suggest that the immune regulation of bone homeostasis also extends to osteoblastic bone formation which will not be discussed here [33], though the physiological and pathological significance as well as underlying molecular mechanisms are less well understood than in osteoclasts. Here, we mainly focus on the interaction between macrophage and osteoclast.

## Macrophage and osteoclast

Macrophage and osteoclast are the two competing differentiation outcomes from myeloid progenitors. Macrophages are mononuclear myeloid immune cells present in nearly all tissues and known for their roles in eliminating invaded pathogens or infection, dead cells and debris, as well as orchestrating inflammatory responses [34]. Macrophages typically comprise 15 to 20% of the cells harvested from murine bone marrow [35, 36]. Bone resident tissue macrophages are termed as osteal macrophages which are predominantly located adjacent to osteoblast and may support osteoblastogenesis and bone formation [35, 37]. Thus, osteal macrophages represent a potential therapeutic target for improving fracture repair outcomes when a bone injury occurs. Considering their differential roles of macrophage and osteoclast in bone remodeling, the balance between these two types of cells regarding their differentiation and function may be especially important. Although osteoclasts share many common antigens with macrophages, there are some clear surface antigens that separate these two cell types [38, 39]. Broadly, activated macrophages can be divided into two major types—M1 and M2 [34]. M1 macrophages are pro-inflammatory ones which are classically activated by lipopolysaccharide (LPS) or T-helper 1 (Th1) cell-related cytokines such as IFN $\gamma$ . M2 macrophages are identified as anti-inflammatory macrophages activated by Th2 cell-related cytokines such as interleukin IL-4 and IL-13. M1 macrophage-related cytokines such as TNF- $\alpha$ , IL-6, and IL-1 $\beta$  can induce osteoclastogenesis, while the M2 macrophage-related cytokines such as IL-4 and IL-10 can inhibit osteoclastogenesis through the inhibition of NFATc1 [8, 9]. Thus, the polarization of macrophage (M1/M2) itself is important for the determination of osteoclastogenesis, which makes the interaction between macrophage and osteoclast even more complex. Though the interaction between macrophage and osteoclast has been realized for a long while, the underlying molecular mechanisms are not well understood. In this review, we summarize recent advances in understanding of molecular mechanisms mediating the polarization of macrophage and osteoclast, which is an important aspect of osteoimmunology. Specifically, we will discuss the recent discoveries of novel modulators of the differentiation/activation of macrophage and osteoclast. These include nuclear receptors/transcription factors such as peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) and estrogen-related receptor  $\alpha$  (ERR $\alpha$ ), their transcription cofactor PPAR $\gamma$  coactivator 1- $\beta$  (PGC-1 $\beta$ ), transmembrane receptors such as very-low-density-lipoprotein receptor (VLDLR), as well as metabolic factors such as mitochondrial complex I (CI) component NADH:ubiquinone oxidoreductase iron-sulfur protein 4 (Ndufs4). Interestingly,

these molecular modulators act as rheostats to promote osteoclast differentiation but suppress proinflammatory macrophage activation and inflammation, by acting lineage-intrinsically, systemically or cross generation.

## PPAR $\gamma$ in macrophage and osteoclast

PPAR $\gamma$  is a ligand-activated transcription factor that belongs to the nuclear hormone receptor superfamily [40, 41]. It forms heterodimer with retinoid X receptor (RXR) to associate with PPAR responsive element (PPRE) within the promoters of the target genes, and triggers transcription upon binding to agonistic ligands [40, 41]. Their ligands include long-chain fatty acids, peroxisome proliferators, the prostaglandin D2 metabolite 15-deoxy-(Delta12, 14)-prostaglandin J2 (15d-PGJ2), and the thiazolidinedione (TZD) class of antidiabetic agents [40–44]. PPAR $\gamma$  was originally shown to play an important role in adipocyte differentiation [45] and later was shown to be involved in modulating various physiological processes such as glucose and lipid metabolism as well as inflammatory responses [46, 47].

Since we know that macrophage and osteoclast are both differentiated from myeloid progenitors, thus, an interesting question is, what is the role of PPAR $\gamma$  in macrophages and osteoclast, respectively? PPAR $\gamma$  is expressed in myeloid-lineage cells such as macrophages and is markedly upregulated in activated macrophages [46]. Its expression is induced during macrophage differentiation [48, 49]. However, the role of PPAR $\gamma$  in macrophage differentiation is controversial due to the differences in experimental models. Some studies have indicated that PPAR $\gamma$  is required for the differentiation of macrophage [49, 50]. Others using embryonic stem cells suggest that PPAR $\gamma$  is not required for macrophage differentiation [48, 51]. Interestingly, a study demonstrates that PPAR $\gamma$  only determines the differentiation of fetal monocytes into alveolar macrophages but not for macrophage differentiation in other organs [52]. It has been shown that PPAR $\gamma$  is a negative regulator of macrophage activation and pro-inflammatory responses [46, 50]. Consistently, a variety of PPAR $\gamma$  agonists inhibit the production of inflammatory cytokines or inflammatory signaling in monocytes/macrophages [46, 50, 53, 54]. Conversely, inhibition of PPAR $\gamma$  in myeloid-lineage cells through overexpression of dominant-negative PPAR $\gamma$  leads to upregulation of proinflammatory cytokines [55]. In addition, both in vitro and in vivo experiments show that PPAR $\gamma$  or its activation is required for maturation of alternatively activated M2 macrophages with anti-inflammatory properties in a manner dependent on IL-4 and the signal transducer and activator of transcription 6 (STAT6) [56, 57]. All these findings suggest that PPAR $\gamma$  in myeloid-lineage cells plays a key role in preventing proinflammatory macrophage activation. Some studies show that activation of

PPAR $\gamma$  may induce apoptosis of macrophages [58, 59]. Thus, selective PPAR $\gamma$  ligands may provide a strategy for treatment of inflammatory diseases such as atherosclerosis and RA in which macrophages are activated. Actually, TZDs including troglitazone, rosiglitazone, and pioglitazone were once widely used in the treatment of insulin resistance and type 2 diabetes by activating PPAR $\gamma$  [60, 61]. However, a variety of harmful effects of TZDs limit their widespread use in human patients [62, 63], and one of these is that TZDs decrease bone formation and accelerate bone loss in healthy and insulin-resistant individuals, and increase the risk of bone fractures in women with type 2 diabetes [62, 64]. Similarly, TZDs have been shown to cause bone loss in rodents [65, 66]. One possibility is that activation of PPAR $\gamma$  by TZDs may affect osteoclast function, which is confirmed by using PPAR $\gamma$  genetic mouse model [67].

PPAR $\gamma$  deletion in the osteoclast lineage impairs the differentiation of osteoclasts through compromising RANKL signaling, leading to osteopetrosis due to decreased osteoclast number and bone resorption [67]. Importantly, ligand activation of PPAR $\gamma$  by rosiglitazone exacerbates osteoclast differentiation in a receptor-dependent manner [67]. Mechanistically, PPAR $\gamma$  acts as a direct regulator of c-fos expression, which is an essential transcription factor for osteoclastogenesis [67, 68]. These results suggest that PPAR $\gamma$  and its ligands promote osteoclast differentiation and bone resorption, which partly explains why use of TZDs in human patients and rodents accelerate bone loss [62, 65, 66]. In this study, mature macrophage-related inflammatory genes such as monocyte chemoattractant protein-1 (MCP-1) and TNF $\alpha$  were up-regulated in the mutant cells and suppressed by rosiglitazone in wild-type (WT) cells [67], which is consistent with the previously reported anti-inflammatory role of PPAR $\gamma$  or its activation [46, 53]. Interestingly, it has been revealed that osteoclast progenitors reside in the PPAR $\gamma$  expressing bone marrow cells [69]. In addition to its role in osteoclast, PPAR $\gamma$  has also been suggested to inhibit osteoblast differentiation and bone formation [70, 71]. Collectively, PPAR $\gamma$  and its ligands exert effects on bone homeostasis by promoting osteoclast differentiation and bone resorption as well as inhibiting osteoblast differentiation and bone formation [72]. These findings suggest that bone loss caused by long-term use of TZDs may owe to a combination of increased bone resorption and decreased bone formation.

In summary, PPAR $\gamma$  acts as an important molecular rheostat to promote osteoclast differentiation/activation but suppress proinflammatory macrophage activation and inflammation. Aberrant activation and disruption of PPAR $\gamma$  will lead to bone diseases (e.g., osteoporosis) and inflammatory diseases, respectively. PPAR $\gamma$  is still an important target for improving insulin sensitivity and eliminating the side effects of TZDs

including those caused to bone is a prerequisite for their widespread use for patients; thus, novel strategies are necessary to modulate PPAR $\gamma$  activity to enhance the beneficial effects and reduce unwanted adverse effects [73, 74]. In addition to PPAR $\gamma$ , studies have shown that the pro-osteoclastogenic effect of rosiglitazone is also mediated coordinately by ERR $\alpha$  and PGC-1 $\beta$  [75, 76]. Interestingly, these two factors are also involved in modulating the activation of macrophage, which will be discussed below in more detail.

## ERR $\alpha$ in macrophage and osteoclast

ERR $\alpha$  is an orphan nuclear receptor that belongs to the ERR subfamily (ERR $\alpha$ , ERR $\beta$ , and ERR $\gamma$ ). It was identified initially based on their high degree of sequence homology with two estrogen receptors (ER $\alpha$  and ER $\beta$ ) [77–80]; however, it does not bind estrogen and is not activated by estrogen directly [81]. ERR $\alpha$  is widely expressed in tissues of developing and adult animals, with enriched expression in tissues with high oxidative metabolic capacity [81, 82]. ERR $\alpha$  acts as a transcription factor that regulates metabolic homeostasis such as fatty acid oxidation (FAO) and the adaptive bioenergetic response [83–86]. For example, mice with genetic deletion of ERR $\alpha$  show a lean phenotype with decreased white adipose tissue, and they are resistant to high-fat diet-induced obesity and have reduced lipogenesis in adipose tissues [85]. Importantly, genes targeted by ERR $\alpha$  or genes mediating ERR $\alpha$  activity also control metabolic regulation [87]. Notably, ERR $\alpha$  acts as a transcriptional regulator of medium-chain acyl CoA dehydrogenase (MCAD), an enzyme involved in mitochondrial FAO [88, 89]. ERR $\alpha$  can be activated by its coactivators, including PGC-1 $\alpha$  and PGC-1 $\beta$ , both of which play an important role in mitochondria biogenesis and respiration [90–93]. Recent studies have shown that ERR $\alpha$  also acts as a key mediator of the functions of macrophage and osteoclast [75, 76, 94–98].

ERR $\alpha$  expression is upregulated in activated macrophages such as those induced by IFN $\gamma$  or LPS [95, 99]. Mice with genetic deletion of ERR $\alpha$  show excessive systemic inflammation and proinflammatory responses in macrophage upon immune challenge [95]. Further analysis shows that ERR $\alpha$  acts as a negative regulator of Toll-like receptor (TLR)-induced inflammatory responses through inducing TNF $\alpha$ -induced protein 3 (Tnfaip3) transcription and controlling the metabolic reprogramming in macrophages [95]. Consistent with these findings, Wei et al. report that proinflammatory cytokines produced by activated macrophages are suppressed by cholesterol activation of ERR $\alpha$  [76]. Meanwhile, other studies suggest that ERR $\alpha$  in macrophage together with its coactivator PGC1 $\beta$  play a

key role in host defense such as antibacterial activity [94, 97].  $ERR\alpha$  or PGC-1 $\beta$  deficiency results in decreased mitochondrial gene expression, intracellular reactive oxygen species (ROS) level, and bacterial clearance in IFN- $\gamma$ -activated macrophages [94], suggesting a link between mitochondrial oxidative metabolism and macrophage-driven antibacterial immunity. Collectively, these results indicate that  $ERR\alpha$  is required for maintaining the homeostasis/function of macrophage such as controlling overwhelming proinflammatory responses under normal physiological conditions and promoting antibacterial activity when necessary.

Considering the similar origin for osteoclast and macrophage, it is not surprising that  $ERR\alpha$  is also found to be expressed in osteoclasts [82, 100].  $ERR\alpha$  has been demonstrated to be involved in the regulation of osteoclast adhesion and transmigration [101]. Later its role in osteoclasts has been systematically analyzed in  $ERR\alpha$  knockout (KO) mice [75].  $ERR\alpha$  KO mice exhibit osteopetrosis due to osteoclast defects and decreased bone resorption, suggesting that  $ERR\alpha$  is an important regulator of osteoclastogenesis. Interestingly, rosiglitazone activation of PPAR $\gamma$  induces the expression of  $ERR\alpha$ , while  $ERR\alpha$  deletion compromises the expression of several key genes of osteoclast and formation of mature osteoclasts stimulated by RANKL and rosiglitazone. Concomitantly,  $ERR\alpha$  deletion completely abolishes the rosiglitazone induction of genes related to mitochondrial biogenesis/activation in osteoclasts. These results suggest that  $ERR\alpha$  is a direct PPAR $\gamma$  target gene in the specific context of osteoclastogenesis, and it acts as a key PGC-1 $\beta$  (as an  $ERR\alpha$  coactivator) target to promote osteoclast function and mitochondrial biogenesis/activation. This study reveals a previously unrecognized role of  $ERR\alpha$  in promoting osteoclastogenesis by inducing the expression of mitochondrial genes via a PGC1 $\beta$ -dependent mechanism. No natural ligand has been found until a study by Wei et al. identifies cholesterol as an endogenous  $ERR\alpha$  agonist [76]. In this study, the rheostat role of  $ERR\alpha$  in macrophage and osteoclast is further confirmed in another manner, as cholesterol activation of  $ERR\alpha$  inhibits the proinflammatory cytokines produced by macrophage and promotes osteoclast differentiation, while all these effects caused by cholesterol are ablated by  $ERR\alpha$  deletion. Concomitantly, pharmacological effects of statin and bisphosphonate (for depletion of cholesterol) on bone resorption and skeletal remodeling are mediated by  $ERR\alpha$  [76]. In line with this report,  $ERR\alpha$  also acts as a mediator of the driving effect of MYC-dependent oxidative metabolism on osteoclastogenesis [98]. In addition,  $ERR\alpha$  has also been reported to inhibit osteoblast development and bone formation [102, 103].

Together, these findings identify  $ERR\alpha$  as a critical regulator of bone homeostasis through its functions in osteoclast and osteoblast, as well as a regulator of macrophage function, suggesting that proper  $ERR\alpha$  activity is important to maintain the balance between osteoclast and macrophage.

## PGC-1 $\beta$ in macrophage and osteoclast

PGC-1-related transcription coactivators are usually expressed in tissues with a high oxidative capacity, such as muscle, brown fat, and liver [104]. Similar with roles of the other two members of PGC-1 family, PGC-1 $\alpha$  and PGC-1-related coactivator (PRC), PGC-1 $\beta$  is a strong activator of mitochondrial biogenesis and respiration and therefore regulates multiple aspects of energy metabolism, including adaptive thermogenesis and FAO [91, 105–111]. Their regulating functions are achieved by activating specific target transcription factors including PPAR $\gamma$  and  $ERR\alpha$ . Genetically manipulated mouse models greatly promote the understanding of the in vivo physiological functions of PGC-1 $\beta$ . For example, transgenic mice with overexpression of PGC-1 $\beta$  are resistant to obesity due to the elevated energy expenditure [91]. Muscle fibers with transgenic PGC-1 $\beta$  overexpression are rich in mitochondria and highly oxidative [112], while hepatic-specific activation of PGC-1 $\beta$  protects against steatohepatitis [113]. PGC-1 $\beta$ -deficient mice show less resistance to acute cold exposure due to impaired adaptive thermogenesis [107, 110], insulin resistance [109] as well as hepatic steatosis on a high-fat diet [107, 110]. More or less, mitochondrial dysfunction is observed in different tissues with PGC-1 $\beta$  ablation [107, 109, 110, 114, 115].

As a coactivator of PPAR $\gamma$  and  $ERR\alpha$ , one intriguing question is, does PGC-1 $\beta$  have a similar role as PPAR $\gamma$  and  $ERR\alpha$  in the regulation of macrophage and osteoclast? Evidence show that PGC-1 $\beta$  expression and oxidative metabolism are induced during alternative macrophage activation (M2 macrophage activation) [116]. Transgenic expression of PGC-1 $\beta$  promotes the differentiation and activation of M2 macrophages possibly through programming macrophage for FAO and mitochondrial biogenesis and attenuates the expression of proinflammatory cytokines, whereas inhibition of mitochondria respiration or blocking PGC-1 $\beta$  impairs alternative macrophage activation [116]. This is consistent with the results from a recent study showing that repolarization of inflammatory macrophages to an M2 phenotype is prevented by the inhibition of mitochondrial oxidative respiration [117]. Mechanistic analyses show that PGC-1 $\beta$  co-activates the transcriptional functions of STAT6 to metabolically shift macrophages to the alternative state. Another study shows that PGC- $\beta$  and FAO is downregulated in bone marrow derived macrophages (BMDM) with tuberous sclerosis 1 (TSC1) deletion, and these macrophages fail to upregulate the M2 program [118], further suggesting that PGC1- $\beta$ -mediated oxidative metabolism is crucial for alternative macrophage functions and prevention of proinflammatory responses. Consistently, several other reports also show the anti-inflammatory property of PGC-1 $\beta$  under different settings [119, 120]. All these studies suggest that PGC-1 $\beta$  may be a

key player linking mitochondrial oxidative metabolism to the anti-inflammatory program of alternative macrophage activation.

Interestingly, PGC-1 $\beta$  is induced during osteoclast differentiation by cyclic adenosine monophosphate (cAMP) response element-binding protein (CREB) as a result of ROS [121]. Knockdown of PGC-1 $\beta$  in vitro inhibits osteoclast differentiation and mitochondria biogenesis, whereas mice with global PGC-1 $\beta$  deletion exhibits impaired osteoclast function leading to increased bone mass [121]. Notably, PGC-1 $\beta$ -deficient osteoblasts also show defects [121]. A study by Wei et al. specifically dissects the mechanisms for how PGC-1 $\beta$  mediates the induction of osteoclast differentiation and bone loss by rosiglitazone [75]. Wei et al. found that PGC-1 $\beta$  is highly induced by rosiglitazone during osteoclast differentiation in a PPAR $\gamma$ -dependent manner [75]. Rosiglitazone-activated PPAR $\gamma$  indirectly induces PGC-1 $\beta$  expression by downregulating  $\beta$ -catenin and derepressing c-jun. In vitro experiments show that PGC-1 $\beta$  is required for the pro-osteoclastogenic effect of rosiglitazone. Importantly, it has been demonstrated that PGC-1 $\beta$  deletion in the osteoclast lineage confers complete resistance to rosiglitazone-induced bone loss. These findings identify PGC-1 $\beta$  as an essential coactivator of PPAR $\gamma$  to promote osteoclastogenesis in vivo.

In summary, as a coactivator of PPAR $\gamma$  and ERR $\alpha$ , PGC-1 $\beta$  is an important molecular rheostat in promoting osteoclast differentiation and mitochondrial function but suppressing pro-inflammatory responses through programming alternative macrophage activation. Thus, a transcriptional network consisting at least PPAR $\gamma$ , ERR $\alpha$ , and PGC-1 $\beta$  is required for maintaining the proper polarization of macrophage and osteoclast.

### Ndufs4 in macrophage and osteoclast

Ndufs4 is an 18 kDa subunit of mitochondrial complex I (CI), which is located in the mitochondrial inner membrane [122, 123]. CI is comprised of at least 45 different proteins and is a critical component for electron transport and generation of a proton gradient across the mitochondrial inner membrane to drive adenosine triphosphate (ATP) production [122, 123]. CI-associated defects are the most common mitochondrial disorders which lead to metabolic diseases such as impaired oxidative metabolism, as well as neurological diseases such as Alzheimer, Parkinson, and Leigh syndrome [124–128]. Accumulating evidence have shown that Ndufs4 is essential for proper assembly of CI [129, 130], and its mutation causes Leigh syndrome in humans and is associated with various defects including retarded growth, developmental delay, visual defects, muscular hypotonia, encephalomyopathy, cardiomyopathy, lethargy, and failure to thrive [129–134]. Global Ndufs4 KO mice or mice with loss of Ndufs4 specifically in

the brain shows a similar phenotype of encephalopathy resembling Leigh syndrome including retarded growth, loss of motor ability, breathing abnormalities, and death by ~7 weeks old [128, 135].

Interestingly, global Ndufs4 KO pups exhibit a transient alopecia phenotype [128], and this phenotype has been shown to be caused by a systemic inflammatory response [136]. Detailed ex vivo experiments show that Ndufs4 deletion in macrophages leads to the upregulation of pro-inflammatory genes, indicating that the systemic inflammation in Ndufs4 KO pups is likely attributed to, at least in part, the activation of macrophages [136]. Experiments using mice with hematopoietic-specific deletion of Ndufs4 further confirm the cell-autonomous role of Ndufs4 in the prevention of pro-inflammatory macrophage activation and inflammation. Similarly, treatment with a CI inhibitor rotenone also elevates the expression of proinflammatory genes in WT macrophages. These results indicate that Ndufs4 (or CI) in macrophage indeed plays a cell-autonomous role in prevention of proinflammatory macrophage activation and inflammation.

Both global deletion of Ndufs4 and hematopoietic deletion of Ndufs4 decrease bone resorption and increase bone mass due to the compromised osteoclastogenesis [136]. These results indicate that Ndufs4 (or CI) plays a cell intrinsic role in the osteoclast lineage to promote osteoclastogenesis and decrease bone mass. Ndufs4 deletion specifically in liver causes a metabolic shift from FAO to glycolysis, leading to accumulation of fatty acids and lactate in the circulation. The accumulated fatty acids and lactate further activate Ndufs4 KO macrophages via ROS induction and diminish osteoclast lineage commitment in Ndufs4 KO myeloid progenitors; both inflammation and osteopetrosis in Ndufs4 KO mice are attenuated by TLR4 deletion. These findings uncover TLR4 as an essential mediator of the systemic inflammation in the Ndufs4 KO pups. In summary, using deletion of the essential CI subunit Ndufs4 as a model for mitochondrial dysfunction, this study reports that normal mitochondrial oxidative metabolism suppresses proinflammatory macrophage activation and inflammation while promotes osteoclast differentiation and bone resorption via both cell-autonomous and systemic regulation. These findings reveal the essential CI subunit Ndufs4 as a critical rheostat in macrophage and osteoclast polarization.

### Maternal VLDLR in offspring macrophage and osteoclast

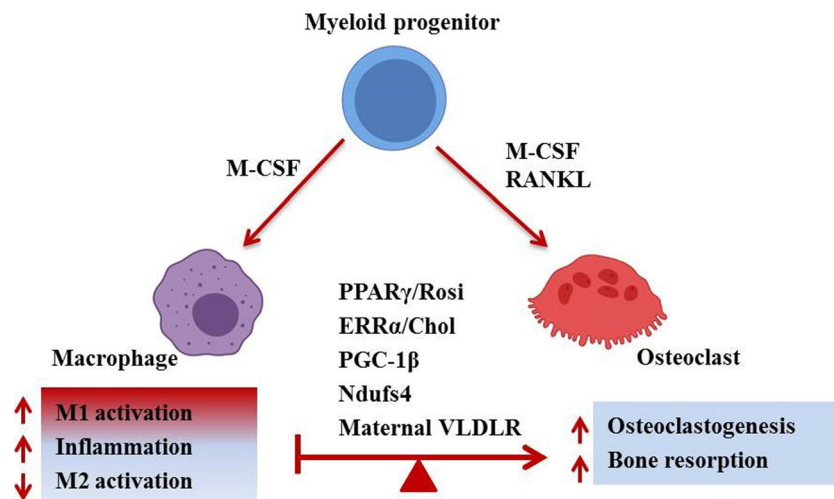
VLDLR is a transmembrane lipoprotein receptor that belongs to the low-density-lipoprotein (LDL) receptor superfamily [137, 138]. It is abundantly expressed in fatty-acid-utilizing tissues (heart, skeletal muscle, and adipose tissue), brain and

macrophages, but essentially absent in liver and intestine. VLDLR regulates lipid metabolism via modulating the uptake of its ligands such as VLDL [139, 140]. It is also involved in the regulation of brain development by forming a heterodimer with apolipoprotein E receptor 2 (ApoER2) [141]. Activation of VLDLR by its ligand Reelin (RELN) triggers downstream signaling events that modulate neuronal functions [141, 142]. In addition, VLDLR has been implicated in metabolic homeostasis [140, 143–145]. Disruption of VLDLR in mice leads to a reduction in adipose tissue [143, 146]. On an LDL receptor-deficient background, VLDLR deletion increases serum triglyceride in mice on a high-fat diet, while VLDLR overexpression decreases serum triglyceride [147]. VLDLR in macrophage has shown to be a pro-atherogenic factor [145], as reconstitution of macrophage VLDLR expression in VLDLR KO mice largely increases atherosclerotic lesion development, probably by mediating the accumulation of atherogenic lipoproteins.

The unique role of VLDLR in macrophage and osteoclast has been revealed at the maternal-offspring interface [148–150]. Maternal deletion of VLDLR in mice leads to the production of defective milk with diminished levels of platelet-activating factor acetylhydrolase (PAFAH) due to the impaired expression of phospholipase A2 group 7 (PLA2G7) in macrophages [148]. Platelet-activating factors (PAFs) are a class of potent proinflammatory lipids that are present in neonates, and are elevated in infants suffering inflammatory disorders such as necrotizing enterocolitis [151, 152]. PAFs can be removed by the degradation enzyme PAFAH. Studies have shown that secreted form of PAFAH exists in milk, which may function to suppress the

proinflammatory activity of PAF in the nursing neonates [151, 153, 154]. PAFs accumulate in the nursing pups with ingestion of the PAFAH-deficient milk from VLDLR KO mother, resulting in symptoms related to systemic inflammation such as alopecia, anemia and growth retardation [148]. Interestingly, these neonatal defects can be rescued by oral supplementation of PAFAH to the pups. Therefore, macrophage VLDLR promotes PAFAH secretion in mother's milk and suppresses systemic inflammation in nursing neonates. This study reveals a novel anti-inflammatory role of VLDLR in macrophage at the maternal-offspring interface and demonstrates the physiological significance of maternal VLDLR in ensuring milk quality.

Provocatively, a later study shows that ingestion of defective milk can exert a long-term impact on the offspring to adulthood [149]. In this study, the role of maternal and offspring VLDLR in osteoclasts is investigated. The deficient milk from VLDLR KO mothers blunts the differentiation of osteoclast and bone resorption and consequently causes osteopetrosis in the offspring [149]. The detailed pharmacological and genetic rescue experiments reveal that the milk defects are largely due to an excessive activity of mammalian target of rapamycin (mTOR) signaling in the adipocytes, which can be reversed by maternal rapamycin treatment during lactation. Meanwhile, excessive activity of mTOR in the adipocytes also results in an elevated expression of 3-hydroxy-3-methylglutaryl coenzyme A reductase (HMGCR), a rate-limiting enzyme in the cholesterol biosynthetic pathway, consequently leading to increased levels of cholesterol precursors in the milk. Together, these findings uncover the cellular,



**Fig. 1** Macrophage and osteoclast are two competing differentiation outcomes from myeloid progenitors. The polarization of macrophage and osteoclast is regulated by molecular rheostats. Peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) and its ligand rosiglitazone (Rosi), estrogen-related receptor  $\alpha$  (ERR $\alpha$ ) and its endogenous agonist cholesterol (Chol), PPAR $\gamma$  coactivator 1- $\beta$  (PGC-1 $\beta$ ), mitochondrial complex I (CI) component NADH:ubiquinone oxidoreductase iron-

sulfur protein 4 (Ndufs4), as well as maternal very-low-density-lipoprotein receptor (VLDLR) act as rheostats to promote osteoclast differentiation but suppress proinflammatory macrophage activation and inflammation, by acting lineage-intrinsically, systemically or cross generation. M-CSF macrophage colony-stimulating factor, RANKL receptor activator of nuclear factor- $\kappa$ B ligand

molecular and biochemical mechanisms for how maternal VLDLR ensures milk quality, protects the neonatal offspring from systemic inflammation, as well as enhances normal differentiation of osteoclast in adult offspring. Thus, maternal VLDLR control offspring macrophage osteoclast polarization by increasing osteoclastogenesis but decreasing proinflammatory macrophage activation. In contrast, in the offspring, VLDLR suppresses osteoclast differentiation by promoting RANKL signaling, leading to osteoporosis, although maternal VLDLR plays a dominant role over offspring VLDLR in the regulation of bone resorption [149]. Moreover, VLDLR in macrophages of adipose tissue aggravates adipose inflammation and insulin resistance in obesity [155], suggesting that in the offspring, VLDLR also modulates macrophage osteoclast polarization by inhibiting osteoclastogenesis but activating proinflammatory macrophages. Together, these interesting findings identify maternal and offspring VLDLR as critical yet opposite rheostats that controls myeloid lineage allocation into osteoclast or macrophage.

## Conclusions and perspectives

In this review, we have summarized and discussed the recently discovered modulators of the polarization between macrophage and osteoclast. These include nuclear receptors and transcription factors such as PPAR $\gamma$  and ERR $\alpha$ , their transcription cofactor PGC-1 $\beta$ , metabolic factors such as mitochondrial CI component Ndufs4, as well as transmembrane receptors such as VLDLR. Intriguingly, these molecular rheostats are all related to energy metabolism, and at the same time all function to promote osteoclast differentiation but suppress proinflammatory macrophage activation, by acting lineage-intrinsically, systemically or cross generation (Fig. 1). Particularly, the convergence of the functions of ERR $\alpha$ , PGC-1 $\beta$  and Ndufs4 at mitochondrial oxidative metabolism implies an important role of metabolic control of the lineage specification for macrophage and osteoclast. Several studies have already highlighted mitochondrial oxidative metabolism/metabolic (re)programming as a key player in inflammatory signaling in macrophage [117, 156, 157]. Thus, mitochondrial metabolism may represent a novel therapeutic target for both inflammatory diseases and bone resorption disorders. These findings provide new insights into the understanding of the interaction between innate immunity and bone remodeling. These significant findings open an exciting path to future research to identify additional factors and mechanisms that control osteoclast and macrophage polarization. We believe that more progress will be made to deepen our understanding of the interaction between innate immunity and bone remodeling.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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