ORIGINAL ARTICLE



# GSTP1, GSTM1, and GSTT1 polymorphisms as predictors of response to chemotherapy in patients with breast cancer: a meta-analysis

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Abstract Several studies have investigated the effects of polymorphisms in the GSTP1, GSTT1, and GSTM1 genes on responsiveness to chemotherapy in breast cancer, but the results have been inconsistent. The aim of this study was to determine the association between polymorphisms of GSTP1, GSTT1, and GSTM1 genes and response to chemotherapy in patients with breast cancer. The relevant studies were retrieved from PubMed, Embase, ISI Web of Knowledge, China National Knowledge Infrastructure, and Wanfang databases. The articles evaluating the correlations between response to chemotherapy and GSTP1, GSTT1, and GSTM1 polymorphisms in breast cancer patients were comprehensively reviewed. Odds ratios (ORs) and 95% confidence intervals (95% CIs) were calculated to measure the strength of the associations. These associations were assessed with the  $\chi^2$  test in this meta-analysis. Subgroup analysis by chemotherapy protocol and ethnicity were conducted to explore the source of heterogeneity among studies. A total of 14 articles with 31 studies involving GSTP1, GSTT1, and GSTM1 polymorphisms with response to chemotherapy were identified in the final meta-analysis. In the overall analysis, a significant association of GSTM1present/GSTM1-null polymorphism with responsiveness to chemotherapy was observed in breast cancer patients (OR

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0.74, CI 0.60–0.92, P = 0.006), whereas the GSTT1-present/GSTT1-null and GSTP1rs1695 polymorphisms were not significantly associated with clinical response to chemotherapy. The subgroup analysis by chemotherapy protocol indicated that the patients who harboring GSTP1rs1695 AA or AG variant had a higher response rate to anthracyclinebased chemotherapy than those carrying GSTP1rs1695 GG variant [AA vs. GG: OR 0.48, CI 0.29–0.80, P < 0.05; AA vs. AG: OR 0.60, CI 0.43–0.83, P < 0.05; A vs. G: OR 0.60, CI 0.47–0.77, P < 0.05; AA vs. (AG + GG): OR 0.56, CI 0.42–0.76, *P* < 0.05; (AA + AG) vs. GG: OR 0.57, CI 0.34-0.94, P < 0.05]. In addition, the heterogeneity existed among studies for GSTP1 polymorphism, while no obvious heterogeneity was detected for GSTT1 and GSTM1 polymorphisms. And the heterogeneity present in different studies, evaluating the association of GSTP1 polymorphism with response to anthracycline-based chemotherapy, disappeared in breast cancer patients after subgroup analysis by chemotherapy regimen was performed. In conclusion, this meta-analysis suggested that GSTP1rs1695 and GSTM1present/GSTM1-null polymorphisms could be considered as reliable predictors of response to anthracycline-based chemotherapy in patients with breast cancer.

**Keywords** Breast cancer · GSTs · Polymorphism · Chemotherapy · Response · Meta-analysis

## Introduction

Breast cancer is the most common cancer in women worldwide, and 1.68 million new patients occured all over the world in 2012 [1, 2]. Over 14% of female death is due to breast cancer every year, which is the leading cause of cancer-related deaths in women [3, 4]. Radiotherapy,

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chemotherapy, targeted therapy, and hormone therapy are the common therapeutic methods of breast cancer. Chemotherapy is often used as a therapeutic strategy before or after surgical resection of breast cancer. And chemotherapy is usually the most useful treatment to suppress cancer cell growth and division when metastasis happens in breast cancer patients. Chemotherapy will be utilized as an adjuvant treatment (ATC) after primary surgery in early stage of cancer. When this treatment is used in patients with locally advanced breast cancer or large operable breast tumors before surgery, it is called neoadjuvant chemotherapy (NACT) [5]. In addition, the combined use of drug therapy will be more effective than a single drug in the process of breast cancer chemotherapy [6]. Anthracycline is one of the most effective cytotoxic agents, and therefore, the anthracycline-based chemotherapy regimens is usually considered as mainly therapeutic protocol for patients with breast cancer [7]. Anthracycline contains doxorubicin and epirubicin, which are often applied in the chemotherapy of breast cancer. Furthermore, cyclophosphamide, 5-fluorouracil, and paclitaxel are also used in the therapy of breast cancer [8, 9]. However, responsiveness to chemotherapy is variable in individual and cannot be predicted for breast cancer patients. Previous studies have found breast cancer patients had a higher susceptibility to drug resistance, and these chemotherapy drugs often had a greater risk of side effects [10]. Consequently, the predictors of response to chemotherapy would be critical to individualizing treatment.

Genetic variations in drug metabolizing enzymes have been conformed to be associated with the response to chemotherapy [11]. Glutathione S-transferases (GSTs) is a superfamily of multifunctional enzymes involving in the detoxification of exogenous and endogenous reactive components [12]. Furthermore, GSTs, consisting of six members: GSTT1 (theta), GSTP1 (pi), GSTM1 (mu), GSTA (alpha), GSTK1 (kappa), and GST (sigma) in human, can detoxify chemotherapy drugs or their metabolites by catalyzing the conjugation of mutagenic electrophilic substrates to glutathione [13]. Particularly, GSTT1 (theta), GSTP1 (pi), GSTM1 (mu), and GSTA (alpha) enzymes could protect numerous molecules from reactive oxidant damage [14]. It is reported that GSTP1 rs1695 (313A>G) which converts isoleucine 105 (Ile) to valine (Val) could lead to a low specific activity of GSTP1 enzyme [15]. Specifically, deletion polymorphisms of GSTM1 and GSTT1 genes were associated with reduced enzyme activity [16]. Recent studies have found that the genetic polymorphisms of GSTP1, GSTM1, and GSTT1 genes provided a stronger scientific basis for response to chemotherapy [17]. At the same time, several in vitro studies have also observed that the expression of GSTP1, GSTM1, and GSTT1 genes had a significant association with resistance to chemotherapy [18, 19]. However, the results of GSTP1, GSTM1, and GSTT1 polymorphisms with responsiveness to chemotherapy in breast cancer were still inconclusive, probably because the sample size of each study included was so small that it lacked sufficient evidence to demonstrate the comprehensive conclusion. Nevertheless, meta-analysis could synthesize information from various investigations on the same issue to provide a reliable result concerning the correlation between GSTP1, GSTM1, and GSTT1 polymorphisms and response to chemotherapy in breast cancer.

Therefore, we conducted a meta-analysis to determine the potential role of GSTP1, GSTM1, and GSTT1 polymorphisms in predicting response to chemotherapy in breast cancer patients. Moreover, a subgroup analysis based on chemotherapy regimens was also performed, to investigate whether SNPs in the GSTP1, GSTM1, and GSTT1 genes could work as biomarkers to predict the outcomes of the responsiveness to anthracycline-based chemotherapies for breast cancer. As far as we know, this is the first metaanalysis to investigate the associations of GSTP1, GSTM1, and GSTT1 polymorphisms with responsiveness to chemotherapy in breast cancer patients.

#### Materials and methods

#### Searching strategy

PubMed, Embase, ISI Web of Knowledge, China National Knowledge Infrastructure (CNKI), and Wanfang database were comprehensively searched. The latest retrieval was updated in May 2016 with the following items: "Breast Neoplasms, Breast cancer, glutathione S-transferase T1, glutathione S-transferase M1, Glutathione S-Transferase pi, GSTP1, GSTT1, GSTM1, polymorphism, chemotherapy." The following retrieval schemes were used on the PubMed database: "(Breast Neoplasms [Mesh] OR Breast cancer) AND (glutathione S-transferase T1 [Mesh] OR glutathione S-transferase M1 [Mesh] OR Glutathione S-Transferase pi [Mesh] OR GSTP1 OR GSTT1OR GSTM1)." In addition, "(Breast Neoplasms [Mesh] OR Breast cancer) AND chemotherapy" was also searched to find relevant articles. After the title and abstract screening, all the retrieved articles were screened by reading full text to assess their eligibility for the meta-analysis. Only studies conducted in humans were used in this meta-analysis. Reviews and references of included studies were searched for additional relevant studies.

#### Inclusion and exclusion criteria

Included studies in the meta-analysis had to fulfill the following criteria: (1) studies investigating the correlation between GSTP1, GSTM1, and GSTT1 polymorphisms and responsiveness to chemotherapy in breast cancer patients; (2) prospective or retrospective association studies evaluating the response to chemotherapy; (3) studies providing detailed data to response and non-response rate in different genotypes of GSTP1, GSTM1, and GSTT1. The exclusion criteria were as follows: (1) reviews and meta-analysis; (2) the article not involving the response rate of chemotherapy in breast cancer patients; (3) basic studies concerning animals and breast cancer cell lines; (4) studies lacking critical genotype information; (5) studies only investigating breast cancer susceptibility, progression, severity or survival.

#### **Data extraction**

Two investigators independently extracted the data from each included report. Discrepancies were settled by discussion with the research team. The following information was collected from each eligible study: first author's name, publication year, country of studied population, ethnicity, chemotherapy protocol, genotype method, genotype frequency, number of patients and evaluation criterion of response to chemotherapy. To reduce heterogeneity, studies were classified, according to different population, into the following subgroups: Asians and Caucasians.

#### Statistical analysis

The odds ratios (ORs) and 95% confidence intervals (95% CIs) were calculated to evaluate the effects of GSTP1, GSTM1 and GSTT1 polymorphisms on response to chemotherapy in breast cancer, using Stata software (version 12.0, College Station, TX, USA). At the same time, the allele model, homozygous model, recessive model, dominant model, and codominant model were applied to assess the association between responsiveness of chemotherapy and GSTP1, GSTM1, and GSTT1 polymorphisms. Heterogeneity often occurs in a meta-analysis on account of many factors, for example, environmental factors, age, sample size, chemotherapy protocol, and ethnicity. In the meta-analysis, heterogeneity was assessed with Chi-square test-based Q test and  $I^2$  statistic [20, 21]. The random effects model would be applied to compute a pooled estimate of the ORs from each study in case of heterogeneity existing (P > 0.05,  $I^2 < 50\%$ ), while the fixed effects model would be used if heterogeneity did not exist among studies (P < 0.05,  $l^2 > 50\%$  [22, 23]. The forest plots were drew to intuitively display whether the heterogeneity existed. Moreover, stratified analysis was carried out to investigate the influences of chemotherapy protocol and ethnicity in heterogeneity among studies. Funnel plots were carried out to estimate the potential publication bias with Begg's test and Egger's test [24]. Sensitivity analysis was performed to observe the stable of results and identify the effects of individual study on the pooled results by omitting each study. In this review, the Response Evaluation Criteria in Solid Tumors (RECIST) was applied to define the response to chemotherapy in breast cancer patients [25]. Complete responders (CR) and partial responders (PR) were considered as good response to chemotherapy, while stable disease (SD) and progressive disease (PD) were classified as nonresponse. The distribution difference for (CR + PR) versus (SD + PD) in various genotypes was evaluated with  $\chi^2$  test.

# Results

#### Characteristics of eligible studies

A total of 14 published articles with 31 studies were identified eligible for the systematic review according to the selection criteria. In the initial searching, 249 articles were retrieved from electronic databases. An additional 14 articles were excluded because they were duplicate, and 235 articles were remained. Forty articles concerning the correlation of the GSTP1, GSTM1, and GSTT1 polymorphisms with chemosensitivity to breast cancer were retained after reading titles and abstracts. Meanwhile, 21 articles were assessed for eligibility after scanning full text. Finally, 14 articles met the inclusion criteria were included in the meta-analysis after 7 articles which lacked detailed genotype information were removed [5, 9, 26-37]. Of these studies, 11 studies with 1727 breast cancer patients reported the association of response to chemotherapy with GSTP1 polymorphism, 9 studies with 1317 breast cancer patients were for GSTT1 polymorphism and 11 studies with 1468 breast cancer patients were for GSTM1 polymorphism. The process of literature searching and screening is shown in Fig. 1. And the characteristics of included studies are provided in Tables 1, 2 and 3. In addition, the detailed chemotherapy protocol or drugs used of breast cancer patients included in the meta-analysis were as follows: taxol and doxorubicin (TA), taxol, doxorubicin, and cyclophosphamide (TAC), cyclophosphamide, doxorubicin, and 5-fluorouracil (CAF), cyclophosphamide, epirubicin, and 5-fluorouracil (CEF), cyclophosphamide, intravenous methotrexate, and 5-fluorouracil (CMF), doxorubicin/ docetaxel (A/D), doxorubicin/epirubicin (A/E), taxol and xeloda (TX), docetaxel and doxorubicin (DA), cyclophosphamide, taxol, and xeloda (CTX). Furthermore, no metaanalysis involving the association of GSTP1, GSTM1, and GSTT1 polymorphisms with the responsiveness to chemotherapy in breast cancer patients was found in literature searching (Tables 1, 2, 3; Fig. 1).



#### Meta-analysis results

Association of GSTP1rs1695 polymorphism with response to chemotherapy in breast cancer patients

Eleven studies, investigating the association between GST-P1rs1695 polymorphism and response rate of chemotherapy in breast cancer patients, were included in the pooled analysis. In the total analysis, GSTP1rs1695 polymorphism did not have a significant effect on the response to chemotherapy in breast cancer patients. However, heterogeneity present in different studies was detected using Chi-square test-based on Q test (P < 0.05) and  $I^2$  statistic  $(I^2 > 50\%)$ . Thus, subgroup analysis-based on ethnicity and chemotherapy protocol were conducted to eliminate the heterogeneity (Fig. 2). The results indicated GSTP1rs1695 polymorphism significantly was significantly associated with the responsiveness to anthracycline-based chemotherapy [A vs. G: OR 0.60, CI 0.47–077, P < 0.05; AA vs. GG: OR 0.48, CI 0.29–0.80, *P* < 0.05; AA vs. (AG + GG): OR 0.56, CI 0.42–0.76, *P* < 0.05; (AA + AG) vs. GG: OR 0.57, CI 0.34-0.94, P < 0.05; AA vs. AG: OR 0.60, CI 0.43-0.83, P < 0.05]. The breast cancer patients carried A allele of GSTP1rs1695 had a better response to anthracyclinebased chemotherapy than patients carried G allele (A vs. G OR 0.60, CI 0.47–0.77, P < 0.05). And there was no significant correlation of GSTP1 polymorphism with responsiveness to chemotherapy in Asians and Caucasians (Table 4; Fig. 3).

# Association of GSTM1 polymorphism with response to chemotherapy in breast cancer patients

The literature retrieval identified eleven studies which explored the association of response to chemotherapy with the GSTM1 polymorphism in breast cancer patients. In total, there was a significant association between GSTM1 polymorphism and the responsiveness to chemotherapy (OR 0.74, CI 0.60–0.92, P = 0006). The distribution of response rate to chemotherapy between GSTM1-present and GSTM1-null genotype really had a significant difference. No heterogeneity among studies was observed among studies for GSTM1 polymorphism. The results of subgroup analysis-based on chemotherapy protocol indicated that heterogeneity was decreased obviously. And the GSTM1 polymorphism had a significant effect on response to anthracycline-based chemotherapy in breast cancer patients (OR 0.61, CI 0.45–0.82, P = 0.001). In addition, the significant correlation was found in Caucasians (OR 0.75, CI 0.58–0.97, P = 0.03), but not in Asians. But two studies

Table I Characterist References	Ethnicity	ded studies for Country	Pathology	polymorphism Genotype	Chemotherapy	Response	Number of	Respor	lse		Non-res	ponse		Anthracycline
				method		criteria	cases	AA	AG	GG	AA .	AG	GG	based
Tang et al. [26]	Asians	China	BC	Sequencing	TA/TAC/CAF	RECIST	126	41	21	4	30	9	0	Yes
Oliveira et al. [27]	Mixed	Brazil	BC	PCR-RFLP	CEF	RECIST	40	13	11		5	11		Yes
Zhong et al. [28]	Asians	China	BC	Sequencing	TA/TAC/CAF	RECIST	128	49	27	5	38	6	0	Yes
Yao et al. [ <b>5</b> ]	Caucasians	USA	BC	MassARRAY	CAF/CMF	NR	200	47	43	10	45	43	12	No
Bai et al. [29]	Asians	China	BC	PCR-RFLP	<b>CEF/CAF</b>	RECIST	159	40	17	26	41	18	17	Yes
Romero et al. [30]	Caucasians	Spain	BC	TaqMan	A/D	pCR/RCB	159	89	16		51	З		No
Ji et al. [ <mark>9</mark> ]	Asians	China	BC	PCR-RFLP	TA/TAC/CAF	RECIST	153	59	35	٢	42	10	0	Yes
Tulsyan et al. [31]	Asians	India	BC	PCR-RFLP	A/E	NR	100	28	25	8	17	19	Э	Yes
Liu et al. et al. [32]	Asians	China	BC	PCR-HRM	TX/T/DA	RECIST	125	32	38		42	13		No
Islam et al. [33]	Mixed	Bangladesh	BC	PCR-RFLP	CEF	RECIST	117	28	31	6	32	14	ю	Yes
Zhou et al. [34]	Asians	China	BC	MassARRAY	NR	RECIST	420	124	108	35	54	99	33	No
References	Ethnicity	Country	Pathology	Genotype	Chemotherapy	Response	Number o	f Res	ponse		Non-re	esnoqe	Ň	Anthracycline
				method		criteria	cases	Pres	sent	IluN	Presen	t N	llu	based
Khedhaier et al. [35]	Mixed	Tunisia	BC	PCR-RFLP	EADM/CTX/5- Fu/A/E/M	NR	140	49	_	31	47	1	3	No
Oliveira et al. [27]	Mixed	Brasil	BC	PCR-RFLP	CEF	RECIST	40	15		6	٢		6	Yes
Mishra et al. [36]	Caucasians	NSA	BC	PCR-RFLP	CAF	RECIST	45	16		10	13		9	Yes
Bai et al. [29]	Asians	China	BC	PCR-RFLP	CEF/CAF	RECIST	159	42		41	43	ŝ	3	Yes
Romero et al. [30]	Caucasians	s Spain	BC	PCR-RFLP	A/D	pCR/RCB	159	82		23	47		7	No
Ji et al. [9]	Asians	China	BC	PCR-RFLP	TA/TAC/CAF	RECIST	153	55		46	32	5	0	Yes
Saadat et al. [37]	Mixed	Iran	BC	PCR-RFLP	CAF/TAC	RECIST	101	50		17	25		6	Yes
Tulsyan et al. [31]	Asians	India	BC	PCR-RFLP	A/E	NR	100	50		11	32		7	Yes
Zhou et al. [34]	Asians	China	BC	PCR-RFLP	NR	RECIST	420	145		122	81	7:	2	No
TA taxol and doxorul CMF cyclophospham	bicin, TAC taxi ide, intravenou	ol, doxorubicin Is methotrexate,	, and cyclophc and 5-fluorou	sphamide, CAF a racil, A/D doxorul	cyclophosphamide, bicin/docetaxel, <i>A</i> //	, doxorubicin, E doxorubicin,	and 5-fluorou /epirubicin, TX	acil, <i>CH</i> taxol ai	EF cyclc nd xelod	phosph a, <i>DA</i> d	amide, e ocetaxel	pirubic and do	cin, and oxorubi	5-fluorouracil, cin, CTX cyclo-
phosphamide, taxol, a response/residual can	and xeloda, A ( cer burden, BC	doxorubicin, E breast cancer	epirubicin, <i>N</i> K	e not report, REC.	IST Response Eval	luation Criteria	a in Solid Tum	ors, <i>Mi</i> x	ndod <i>pə</i> s	lation r	nixed, p	CR/RC	B path	ologic complete

References	Ethnicity	Country	Pathology	Genotype	Chemotherapy	Response	Number of	Response		Non-resp	onse	Anthracycline
				method		criteria	cases	Present	Null	Present	Null	based
Khedhaier et al. [35]	Mixed	Tunisia	BC	PCR-RFLP	EADM/CTX/5- Fu/A/E/M	NR	140	33	47	31	29	No
Tang et al. [26]	Asians	China	BC	PCR-RFLP	TA/TAC/CAF	RECIST	62	12	31	11	8	Yes
Oliveira et al. [27]	Mixed	Brasil	BC	PCR-RFLP	CEF	RECIST	40	13	11	13	б	Yes
Zhong et al. [28]	Asians	China	BC	PCR-RFLP	TA/TAC/CAF	RECIST	89	19	39	19	12	Yes
Mishra et al. [36]	Caucasians	USA	BC	PCR-RFLP	CAF	RECIST	45	14	12	13	9	Yes
Bai et al. [29]	Asians	China	BC	PCR-RFLP	<b>CEF/CAF</b>	RECIST	159	49	34	53	23	Yes
Romero et al. [30]	Caucasians	Spain	BC	PCR-RFLP	A/D	pCR/RCB	159	53	52	32	22	No
Ji et al. [ <mark>9</mark> ]	Asians	China	BC	PCR-RFLP	TA/TAC/CAF	RECIST	153	38	63	24	28	Yes
Saadat et al. [37]	Mixed	Iran	BC	PCR-RFLP	CAF/TAC	RECIST	101	32	35	13	21	Yes
Tulsyan et al. [31]	Asians	India	BC	PCR-RFLP	A/E	NR	100	39	22	23	16	Yes
Zhou et al. [34]	Asians	China	BC	PCR-RFLP	NR	RECIST	420	137	130	74	79	No
TA taxol and doxorub CMF cyclophosphami phosphamide, taxol, a response/residual canc	icin, <i>TAC</i> taxol, de, intravenous 1 nd xeloda, <i>A</i> do: er burden, <i>BC</i> br	doxorubicin methotrexate, xorubicin, E east cancer	, and cyclopho , and 5-fluoroun epirubicin, <i>NR</i>	sphamide, <i>CAF</i> racil, <i>A/D</i> doxoru not report, <i>REC</i>	cyclophosphamide, ibicin/docetaxel, A/I IST Response Evalt	doxorubicin, an E doxorubicin/e lation Criteria i	ıd 5-fluorourac pirubicin, <i>TX</i> ta n Solid Tumors	il, <i>CEF</i> cyc ixol and xel s, <i>Mixed</i> pol	lophosph oda, <i>DA</i> pulation	namide, epi docetaxel a mixed, <i>pC</i>	rubicin, a nd doxorr <i>VRCB</i> pat	nd 5-fluorouracil, bicin, CTXcyclo- hologic complete

Table 3 Characteristics of the included studies for GSTM1-present/GSTM1-null polymorphism

involving in Caucasians were too few to demonstrate the conclusion. In the cumulative analysis, the results indicated the breast cancer patients of GSTM1-null genotype had a poor effect on responsiveness to chemotherapy, especially in Caucasians (Table 5; Fig. 3).

# Association of GSTT1 polymorphism with response to chemotherapy in breast cancer patients

Nine studies were included for GSTT1 polymorphism in this meta-analysis. In the overall analysis, we have found that no significant association between GSTT1 polymorphism and response to chemotherapy or anthracycline-based chemotherapy existed (total: OR 0.88, CI 0.69–1.10, P = 0.26; for anthracycline: OR 0.94, CI 0.67–1.32, P = 0.72). No evidence of heterogeneity was detected among studies for GSTT1 polymorphism. And the distribution of response rate to chemotherapy between GSTT1-present genotype and GSTT1-null genotype did not have a significant discrepancy (Table 5; Fig. 2).

#### Publication bias and sensitivity analysis

The funnel plots were drawn and symmetrical, while Egger's test did not indicate significant publication bias for GSTT1 polymorphism (Begg's test, z = 0.63. P = 0.53; Egger's test, t = -0.34, P = 0.75). The data displayed that there might be small publication bias for the GSTP1 and GSTM1 polymorphisms (for GSTM1, Begg's test, z = -1.17. P = 0.24; Egger's test, t = -2.49, P = 0.03; for GSTP1, AA vs. GG, Begg's test, z = -0.99. P = 0.32; Egger's test, t = -3.63, P = 0.01). In subgroup analysis of anthracycline-based chemotherapy, the publication bias disappeared (for GSTM1, Begg's test, z = -0.74. P = 0.46; Egger's test, t = -1.27, P = 0.25; for GSTP1, AA vs. GG, Begg's test, z = -0.94. P = 0.35; Egger's test, t = -2.77, P = 0.05). The sensitivity analysis showed that the results were statistically robust since the corresponding combined ORs were relatively stable by removing each study (Figs. 4, 5).

## Discussion

In the present study, we searched the relevant researches and performed the statistical analysis to test the hypothesis that the responsiveness to chemotherapy is dependent on genetic polymorphism of GSTP1, GSTM1, and GSTT1 genes. Overall, we have demonstrated that carriers of GG genotype of GSTP1rs1695 had a poor response to anthracycline-based chemotherapy than AA and AG genotypes in breast cancer patients. In other genetic models, similar results were also detected for GSTP1 polymorphism. The GSTM1-present genotype could increase the strength of response to chemotherapy compared with GSTM1-null genotype. However, significant association for GSTM1 polymorphism was only observed in Asians, but not in Caucasians. It is well known that the allelic distribution of metabolic genes was inconsistent throughout human populations and the allele frequencies of GSTM1-null/GSTM1present variation might follow the diverse ethnic or geographic patterns [38]. No underlying association between GSTT1 polymorphism and responsiveness to chemotherapy was detected in the overall analysis and stratified analysis. The subgroup analysis-based on chemotherapy regimens presented that chemotherapy drug had a great influence in the association of GSTP1rs1695 and GSTM1null/GSTM1-present polymorphisms with responsiveness to anthracycline-based chemotherapy. These data in the meta-analysis displayed that A allele of GSTP1rs1695 and GSTM1-present genotype might be considered as biomarkers of good response to anthracycline-based chemotherapy in breast cancer patients.

Anthracyclines had severe side effects like cardiovascular toxicity and bone marrow dysfunction [39]. Hence, the identification of biomarkers predicting the response to anthracycline-based chemotherapy in breast cancer patients was quite necessary. Anthracyclines could result in DNA damage, mitochondrial membrane disruption and occurring of apoptotic cascade, which displayed its antineoplastic effects [40]. Further, manganese catalase (CAT), superoxide dismutase (MnSOD), and glutathione-Stransferases (GSTs) involved in ROS neutralizing pathways might have a great effect on these processes [41]. GSTs could participate in the metabolism of DNA synthesis and regulate the cellular response to oxidative stress [28]. When DNA was damaged by reactive oxidant, GSTs would be activated by numerous products. For instance, GSTP1 gene was reported to be involved in anthracycline detoxification and had a high expression in breast cancer tissues [42, 43]. Although GSTs contained several genes which cantain a lot of polymorphic locus, the studies of GSTP1, GSTM1, and GSTT1 genes have found that functional polymorphisms existed in the three genes. From these results, GSTP1rs1695 and GSTM1-present/ GSTM1-null polymorphisms might be specific molecular markers for clinical response to anthracycline-based chemotherapy in patients with breast cancer.

In the included studies for GSTP1 polymorphism, Tang et al. have investigated the association of GSTP1rs1695 polymorphism with the response to chemotherapy and the chemotherapy regimens adopted in breast cancer patients were TA, TAC or CAF. The study of Tang et al. [26] observed that anthracycline-based chemotherapy had a better treatment effect on the A allele carriers of GSTP1 gene than C allele carriers. Other three studies also displayed the



Fig. 2 Forest plot of GSTT1-present/GSTT1-null polymorphism for breast cancer. Yes: anthracycline-based chemotherapy regimens; no: other chemotherapy regimens

significant association of GSTP1rs1695 polymorphism with responsiveness to anthracycline-based chemotherapy in Chinese populations [28, 32, 34]. Two studies for GSTP1 polymorphism were selected in Caucasians, and no significant effects were found in breast cancer patients [5, 30]. There were two researches that studied population were not clearly reported and we considered the studied population as mixed population [27, 33]. Moreover, the results of five studies indicated that GSTP1rs1695 polymorphism was not related to response to chemotherapy [5, 27, 29-31]. For GSTT1present/GSTT1-null polymorphism, one study described that GSTP1 polymorphism was significantly associated with responsiveness to chemotherapy [35]. For GSTM1 polymorphism, Tang et al. and Zhong et al. have detected a significant correlation between response rate to chemotherapy and GSTM1-present/GSTM1-null polymorphism [26, 28]. In addition, eight studies that adopted the anthracyclinebased chemotherapy regimens for GSTM1 polymorphism were included in this meta-analysis [9, 26–29, 31, 36, 37]. From these studies, anthracycline-based chemotherapy was a common chemotherapy strategy both in Asians and Caucasians. But these studies were limited by the sample size, chemotherapy regimens and ethnicity. So the meta-analysis was a powerful tool by extracting and analyzing these data to obtain a more convincing and accurate conclusion.

Heterogeneity should be emphasized in this meta-analysis. No apparent between-study heterogeneity among studies involving GSTM1 and GSTT1 polymorphisms was detected. Although heterogeneity present in different studies concerning GSTP1 polymorphism was found, subgroup analysis showed chemotherapy strategy was the mainly cause of heterogeneity. And heterogeneity disappeared in the subgroup analysis-based on chemotherapy regimens of

Table 4         Results of met.										
<b>3STP1</b> (rs1695)	A versus G		AA versus GG		AA versus (AG + C	JG)	(AA + AG) versus	GG	AA versus AG	
	OR/CI	Ρ	OR/CI	Р	OR/CI	Р	OR/CI	Р	OR/CI	Р
Caucasians	1.10 (0.72–1.67)	0.67	1.25 (0.49–3.19)	0.64	1.08 (0.62–1.89)	0.78	1.23 (0.50–2.99)	0.65	1.04 (0.58–1.88)	0.88
Asians	0.93 (0.77–1.13)	0.45	0.96 (0.65–1.40)	0.82	0.87 (0.68–1.12)	0.29	1.02 (0.71–1.48)	0.91	0.84 (0.64–1.11)	0.22
Anthracycline based	0.60 (0.47–0.77)	P < 0.05	0.48 (0.29–0.80)	P < 0.05	0.56(0.42 - 0.76)	P < 0.05	0.57 (0.34–0.94)	P < 0.05	0.60 (0.43-0.83)	P < 0.05
Cotal	0.91 (0.77–1.07)	0.25	0.91 (0.65–1.28)	0.29	$0.86\ (0.69{-}1.06)$	0.16	0.98 (0.71–1.35)	0.89	0.84 (0.66–1.06)	0.14



Fig. 3 Forest plots of GSTM1-present/GSTM1-null polymorphism and GSTP1rs1695 polymorphism for breast cancer. a GSTM1; b GST-P1rs1695 AA versus GG. Yes: anthracycline-based chemotherapy regimens; no: other chemotherapy regimens

 Table 5
 Results of meta-analysis for GSTT1- and GSTM1-present/

 GSTM1-null polymorphisms and response to chemotherapy in breast cancer patients

Group	GSTT1 present ve	ersus null	GSTM1 present v null	ersus
	OR/CI	Р	OR/CI	Р
Caucasian	0.64 (0.31–1.32)	0.23	0.75 (0.58-0.97)	0.03
Asian	0.93 (0.70–1.24)	0.63	0.65 (0.36-1.17)	0.15
Anthracy- cline-based	0.94 (0.67–1.32)	0.72	0.61 (0.45–0.82)	0.001
Total	0.88 (0.69–1.10)	0.26	0.74 (0.60–0.92)	0.006



Fig. 4 Begg funnel plot of GSTT1-present/GSTT1-null polymorphism for breast cancer (response to chemotherapy)

GSTP1 polymorphism. Ethnicity was not the leading cause of heterogeneity for GSTP1 polymorphism because heterogeneity still existed in the subgroup analysis-based on ethnicity. The sample size of included studies did not have a big difference, so we did not carry out the subgroup analysis-based on sample size. Moreover, the sample was all breast cancer patients and therefore the Hardy–Weinberg equilibrium (HWE) was not tested in the studied population. And sensitivity analysis displayed that the results were stable.

On the other hand, limitations of this meta-analysis should be noted. Firstly, the number of studies which involved single chemotherapy regimens was too few to precisely assess the role of GSTP1, GSTT1, and GSTM1 polymorphisms in responsiveness to chemotherapy. Secondly, the number of large-sized studies was limited. As a consequence, the sample size might lead to false negative results in some included studies. Third, the studies of Caucasians were so few that only two studies in Caucasians were included in this review. Therefore, large-scale studies with sufficient clinical information in Caucasians were still needed to demonstrate the conclusion. Finally, this metaanalysis did not extract the clinical information, environmental factors, and other genes information. These factors might affect the response to chemotherapy.

#### Conclusion

In summary, GSTP1rs1695 and GSTM1-present/GSTM1null polymorphisms might be considered as reliable predictors of clinical response to anthracycline-based chemotherapy in breast cancer patients. However, studies that focused



Fig. 5 Begg funnel plots of GSTM1-present/GSTM1-null polymorphism and GSTP1rs1695 polymorphism for breast cancer (response to anthracycline-based chemotherapy). a GSTM1; b GSTP1rs1695 AA versus GG

on gene–gene and gene–environment interactions were expected to be conducted to accurately establish the predictive values of GSTP1rs1695 and GSTM1-present/GSTM1null polymorphisms in anthracycline-treated patients of breast cancer.

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#### Compliance with ethical standards

#### Conflict of interest None.

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