

EGFR-TKI rechallenge with bevacizumab in *EGFR*-mutant non-small cell lung cancer

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Abstract

Background Efficacies of epidermal growth factor receptor (EGFR)-tyrosine kinase inhibitor (TKI) rechallenge have been demonstrated in *EGFR*-mutant non-small cell lung cancer (NSCLC). However, their efficacies were only moderate. Some preclinical studies suggested synergistic effects of bevacizumab to EGFR-TKI in TKI-resistant models.

Methods We retrospectively evaluated clinical efficacy and safety of EGFR-TKI rechallenge with bevacizumab. Rebiopsy was performed on all studied cases to examine T790M-resistant mutation status.

Results Between January 2010 and June 2014, a total of 24 *EGFR*-mutant NSCLC patients who had been previously treated with EGFR-TKIs (gefitinib, erlotinib, and/or afatinib) received EGFR-TKI rechallenge with bevacizumab. Twenty-two (92 %) patients underwent erlotinib and two (8 %) gefitinib as rechallenge EGFR-TKIs in combination with bevacizumab. Three patients achieved partial response, and 18 had stable disease, resulting in the response rate (RR) of 13 % and disease control rate (DCR) of 88 %, respectively. The median progression-free survival (PFS) was 4.1 [95 % confidence interval (CI) 2.3–4.9] months, and the median overall survival (OS) was 13.5 (95 % CI 9.7–27.4) months. The RR, DCR, median PFS, and median OS for T790M-positive versus T790M-negative were 0 versus 18 % ($p = 0.530$), 86 versus 88 % ($p = 1.00$), 3.3 versus 4.1 months ($p = 0.048$), and 15.1

versus 13.5 months ($p = 0.996$), respectively. Severe adverse events (\geq grade 3): grade 3 of 1 (4 %) rash; grade 3 of 1 (4 %) paronychia; grade 3 of 1 (4 %) hypertension; and grade 3 of 1 (4 %) anemia, were observed.

Conclusions EGFR-TKI rechallenge with bevacizumab demonstrated higher DCR and modestly longer PFS than historical data on EGFR-TKI rechallenge alone. Its activity was notably higher in T790M-negative population.

Keywords *EGFR* mutation · EGFR-TKI rechallenge · Bevacizumab · Acquired resistance · T790M

Introduction

In systemic chemotherapies for advanced non-small cell lung cancer (NSCLC), molecular-targeted therapies have been recently developed and have provided a remarkable benefit to patients harboring specific genetic alterations such as epidermal growth factor receptor (EGFR) gene mutations or anaplastic lymphoma kinase gene fusions [1]. Somatic mutations in *EGFR* have been identified in patients with radiographic responses to EGFR-tyrosine kinase inhibitors (TKIs) [2, 3]. At present, *EGFR* sensitive mutation is established as the most reliable predictive marker for the efficacy of EGFR-TKIs [4, 5]. Currently, the efficacy of up-front EGFR-TKIs has been demonstrated for patients harboring *EGFR* sensitive mutations in prospective randomized phase III trials compared with platinum doublet cytotoxic chemotherapies, exhibiting a median progression-free survival (PFS) of approximately 12 months [6–11]. Despite an initial dramatic response, most patients finally acquire resistance to EGFR-TKI.

Several acquired resistant mechanisms to EGFR-TKI have been identified [12–17], and the “gatekeeper” *EGFR*

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mutation, a threonine-to-methionine substitution at amino acid position 790 in exon 20 (T790M), is the most common mechanism, accounting for approximately half of acquired resistance. Some reports demonstrated emergence of T790M was a favorable prognostic maker after acquired resistance [18, 19]. Furthermore, upcoming third-generation EGFR-TKIs have shown remarkable effectiveness for patients with T790M after acquired resistance to classical EGFR-TKIs [20, 21]. T790M is thus an important biomarker, and rebiopsy to confirm T790M status will become more essential in clinical practice.

In present clinical practice after acquired resistance to EGFR-TKIs, several guidelines recommend platinum doublet chemotherapies for patients maintaining good performance status (PS) [22, 23]. Similar to *EGFR* wild-type patients, docetaxel and pemetrexed are administered as salvage treatments following platinum doublets. After failure of these agents, EGFR-TKI rechallenge is occasionally effective. Several reports have shown efficacies of EGFR-TKI rechallenge in *EGFR*-mutant NSCLC, but the efficacies were only moderate [response rate (RR), 0–22 % disease control rate (DCR), 29–67 %, and median PFS, 2.0–3.3 months] [24–29].

Bevacizumab is a recombinant, humanized monoclonal antibody directed against vascular endothelial growth factor (VEGF), a key factor in tumor-associated angiogenesis. The survival benefit of bevacizumab with paclitaxel plus carboplatin has been established in the frontline setting for metastatic non-squamous NSCLC, as demonstrated in a randomized phase III trial [30]. Recently, several clinical trials have exhibited the efficacy of EGFR-TKIs with bevacizumab in chemo-naïve patients with *EGFR*-mutant NSCLC [31, 32]. Some preclinical studies also suggested synergistic effects of bevacizumab to EGFR-TKI in TKI-resistant models [33, 34]. EGFR-TKI with bevacizumab could be a potent therapeutic strategy for patients after acquired resistance to EGFR-TKIs, but to the best of our knowledge, there is almost no clinical evidence regarding this combination therapy. The aim of our study was to evaluate clinical efficacy and safety of EGFR-TKI rechallenge with bevacizumab after acquired resistance to TKI in *EGFR*-mutant NSCLC. Additionally, we compared efficacies between T790M-positive and T790M-negative populations to explore the effect of this prominent mutation on combination therapy with EGFR-TKI and anti-VEGF antibody.

Patients and methods

Patients

We screened all patients with *EGFR*-mutant NSCLC to identify cases after acquired resistance to EGFR-TKI who

had received EGFR-TKI rechallenge in combination with bevacizumab at our institute. Patients' results were analyzed using medical and radiographic records to take age, gender, Eastern Cooperative Oncology Group (ECOG) PS, histology, smoking history, primary *EGFR* mutation status, previous EGFR-TKI therapies, and clinical course details into account. We retrospectively evaluated the RR, DCR, PFS, overall survival (OS), and safety. Efficacies were also compared between T790M-positive and T790M-negative populations. This study was approved by the institutional review board of Institute of Biomedical Research and Innovation.

Treatment

EGFR-TKI (erlotinib or gefitinib) was orally prescribed daily. The initial doses of erlotinib and gefitinib were 250 and 150 mg/day, respectively. Therapeutic dose was adjusted by the discretion of physicians in charge. In cases with intolerable toxicities, erlotinib dose reduction was performed from 150–100 mg/day or 50 mg/day, and gefitinib administration was modified from daily to alternating days or every 3 days. Some patients underwent EGFR-TKIs at 2 weeks on/1 week off. In patients with leptomeningeal metastases, erlotinib was prescribed at 300 mg on alternating days. Bevacizumab was intravenously administered at 15 mg/kg triweekly. Tumor evaluations were performed every 4–8 weeks with computed tomography.

Rebiopsy and *EGFR* mutational analysis

Rebiopsy was performed on all studied cases to examine T790M status before receiving EGFR-TKI rechallenge with bevacizumab. Tumor specimens were obtained by various methods: ultrasound or computed tomography (CT)-guided needle biopsy; bronchoscopic transbronchial biopsy; cell blocks of malignant effusions; and/or surgery. We isolated tumor DNA from these histologically or cytologically confirmed cancer cell specimens, and *EGFR* mutations were analyzed using the peptide nucleic acid-locked nucleic acid PCR clamp method [35].

Statistical analysis

Tumor response was evaluated in accordance with the Response Evaluation Criteria in Solid Tumors (RECIST) (version 1.1). The DCR was defined as the rate of complete response (CR)/partial response (PR) + stable disease (SD) \geq 6 weeks in our study. RR and DCR between T790M-positive and T790M-negative populations were compared using the Fisher's exact test. The PFS was calculated from the date of therapy initiation to disease progression or death. The OS was calculated from the date of

therapy initiation to death and censored at the date of last visit for patients whose deaths could not be confirmed. PFS and OS were analyzed using the Kaplan–Meier method to estimate the median points with 95 % confidence interval (CI). PFS and OS between T790M-positive and T790M-negative populations were compared using the log-rank test. Toxicity was assessed according to the National Cancer Institute Common Terminology Criteria for Adverse Events (CTCAE) (version 3.0). A p value <0.05 was considered significant. The statistical analyses were performed using JMP 7 (SAS Institute, Inc., Cary, NC, USA).

Results

Patient characteristics

Between January 2010 and June 2014, a total of 24 *EGFR*-mutant NSCLC patients who had been previously treated with *EGFR*-TKIs received *EGFR*-TKI rechallenge in combination with bevacizumab at our institute. Patient characteristics are shown in Table 1. Median age was 64 (range 50–81). Female (18 of 24, 75 %), good PS (0/1) (21 of 24, 88 %), and never smoker (17 of 24, 71 %) were dominant. Primary *EGFR* mutation status was 16 (67 %) exon 21 (L858R), 5 (21 %) exon 19 (deletion), 1 (4 %) exon 19 (deletion) + exon 21 (L858R), 1 (4 %) exon 18 (G719S), and 1 (4 %) exon 18 (G719S) + exon 21 (L861Q). Patients previously underwent gefitinib (9 of 24, 38 %), erlotinib (1 of 24, 4 %), gefitinib and erlotinib (11 of 24, 46 %), or gefitinib and afatinib (3 of 24, 12 %), before treatment of *EGFR*-TKI rechallenge with bevacizumab. Twelve (50 %) patients had *EGFR*-TKI rechallenge with bevacizumab successively without a TKI-free interval, and 12 (50 %) patients after 1–4 intervening cytotoxic regimens. Eighteen (75 %) bevacizumab-naïve patients received *EGFR*-TKI rechallenge with bevacizumab, and 6 (25 %) after previous bevacizumab-containing regimens.

Efficacy and safety

Twenty-two (92 %) patients underwent erlotinib and two gefitinib (8 %) as *EGFR*-TKI rechallenge therapies in combination with bevacizumab. Median course of bevacizumab administration was 6 (range 1–19). No (0 %) CR, 3 (13 %) PR, and 18 (75 %) SD were confirmed, resulting in the RR of 13 % and DCR of 88 %, respectively. The median PFS was 4.1 [95 % confidence interval (CI) 2.3–4.9] months (Fig. 1a), and the median OS was 13.5 (95 % CI 9.7–27.4) months (Fig. 1b).

Table 2 summarizes adverse events. Rash was the most frequent (15 of 24, 65 %) side effect of the therapy. Severe adverse events (\geq grade 3): 1 (4 %) grade 3 rash; 1 (4 %)

Table 1 Patient characteristics

Characteristics	Number (%)
Age	
Median (range)	64 (50–81)
Gender	
Male	6 (25 %)
Female	18 (75 %)
Performance status (ECOG)	
0, 1	21 (88 %)
2, 3	3 (12 %)
Histology	
Adenocarcinoma	24 (100 %)
Smoking history	
Never	17 (71 %)
Former/current	7 (29 %)
Primary <i>EGFR</i> mutation status	
Exon 21 (L858R)	16 (67 %)
Exon 19 (deletion)	5 (21 %)
Exon 19 (deletion) + exon 21 (L858R)	1 (4 %)
Exon 18 (G719S)	1 (4 %)
Exon 18 (G719S) + exon 21 (L861Q)	1 (4 %)
Previous <i>EGFR</i> -TKIs	
Gefitinib	9 (38 %)
Erlotinib	1 (4 %)
Gefitinib and erlotinib	11 (46 %)
Gefitinib and afatinib	3 (12 %)
Number of prior regimens	
Median (range)	5 (2–10)
Number of interval cytotoxic regimens	
None	12 (50 %)
1–4 regimens	12 (50 %)
History of prior bevacizumab	
Bevacizumab naïve	18 (75 %)
Bevacizumab exposed	6 (25 %)

ECOG Eastern Cooperative Oncology Group, *EGFR* epidermal growth factor receptor, *TKI* tyrosine kinase inhibitor

grade 3 paronychia; 1 (4 %) grade 3 hypertension; and 1 (4 %) grade 3 anemia, were observed. Neither grade 4 nor 5 adverse events were confirmed. There were no liver dysfunctions, interstitial lung disease, nor bevacizumab-related severe adverse events such as pulmonary hemorrhage, gastrointestinal bleeding, or thromboembolic events.

Rebiopsy results and comparison of efficacies between T790M-positive and T790M-negative populations

Table 3 shows primary and rebiopsy *EGFR* mutation status. T790M was confirmed by rebiopsy in 7 (29 %)

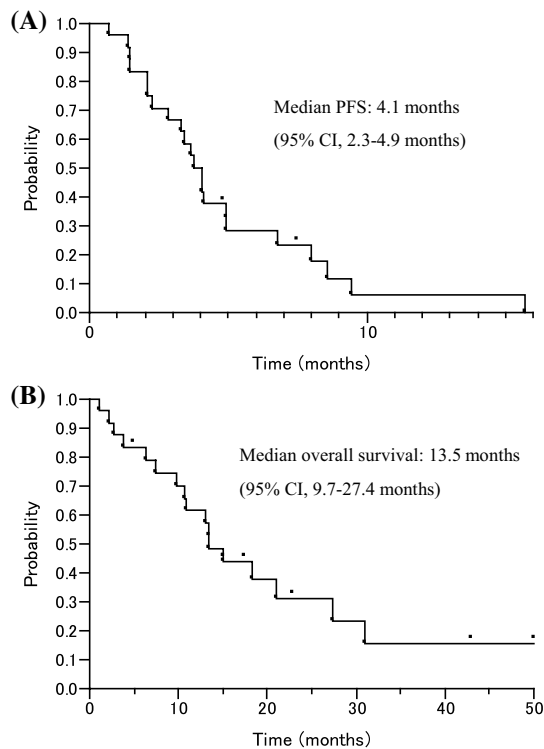


Fig. 1 Progression-free survival (a) and overall survival (b)

Table 2 Adverse events

Adverse events	Any grade	Grade 3
Rash	15 (63 %)	1 (4 %)
Paronychia	4 (17 %)	1 (4 %)
Anorexia	3 (13 %)	0
Nausea	2 (8 %)	0
Diarrhea	1 (4 %)	0
Anemia	1 (4 %)	1 (4 %)
Thrombocytopenia	1 (4 %)	0
Hypertension	1 (4 %)	1 (4 %)
Proteinuria	1 (4 %)	0
Hemoptysis	1 (4 %)	0

Neither grade 4 nor 5 adverse events were confirmed

of 24 patients. At the time of rebiopsy, sensitive *EGFR* mutations were not detected in 2 (8 %) cases. Two complex mutations consisting of exon 19 (deletion) + exon 21 (L858R) and exon 18 (G719X) + exon 21 (L861Q) changed to exon 21 (L858R) alone and exon 21 (L861Q) alone, respectively, after acquired resistance to EGFR-TKIs.

The RR, DCR, median PFS, and median OS in patients with T790M-positive ($n = 7$) versus T790M-negative ($n = 17$) were 0 versus 18 % ($p = 0.530$), 86 versus 88 % ($p = 1.00$), 3.3 (95 % CI 0.6–4.1) months versus 4.1 (95 %

Table 3 Primary and rebiopsy *EGFR* mutation status

Primary <i>EGFR</i> mutation status	Rebiopsy <i>EGFR</i> mutation status		Number (%)
	Sensitive mutation	T790M	
L858R	L858R	+	3 (13 %)
	L858R	–	12 (50 %)
	Wild-type	–	1 (4 %)
Del-19	Del-19	+	3 (13 %)
	Del-19	–	1 (4 %)
	Wild-type	–	1 (4 %)
Del-19 + L858R	L858R	–	1 (4 %)
G719S	G719S	+	1 (4 %)
G719S + L861Q	L861Q	–	1 (4 %)

EGFR epidermal growth factor receptor, *L858R* L858R point mutation in exon 21, *Del-19* deletional mutations in exon 19, *G719S* point mutation in exon 18, *L861Q* L861Q point mutation in exon 21

CI 2.1–8.0) months ($p = 0.048$) (Fig. 2a), and 15.1 (95 % CI 1.0–inestimable) months versus 13.5 (95 % CI 7.5–31.1) months ($p = 0.996$) (Fig. 2b), respectively.

Case report

The patient is a 79-year-old female diagnosed with adenocarcinoma of the lung harboring L858R. She had pleural disseminations and multiple brain metastases and was initially treated with gefitinib for 8 months, achieving PR. After progression, she underwent carboplatin plus pemetrexed with bevacizumab as the second-line chemotherapy. PR continued for 5 months, but brain metastases progressed. After whole brain radiation therapy, rebiopsy of primary tumor revealed T790M-negative status. We initiated erlotinib 150 mg/day daily + bevacizumab 15 mg/kg triweekly. Two months later, chest CT demonstrated a favorable response (Fig. 3a, b). Erlotinib was reduced to 100 mg/day due to grade 2 anorexia and grade 3 paronychia. After dose reduction, the treatment was well tolerated and the response continued for 16 months.

Discussion

EGFR-TKI rechallenge with bevacizumab demonstrated RR of 13 %, DCR of 88 %, and median PFS of 4.1 months in our study. These results exhibited higher DCR and modestly longer PFS than results from several recent studies of EGFR-TKI rechallenge alone [24–29]. As shown in the case report, a longitudinal clinical benefit was achieved in some cases. Interestingly, in the presented case, PFS was longer in third-line erlotinib with bevacizumab (16 months) than in first-line gefitinib (8 months). A favorable toxicity

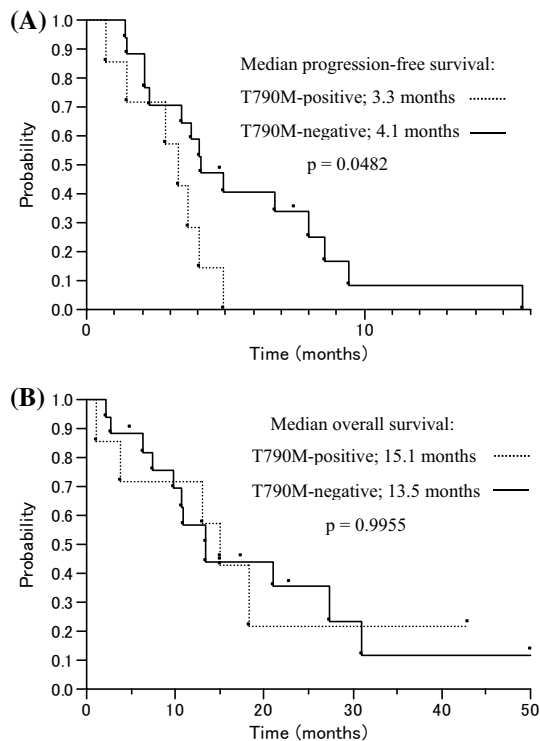


Fig. 2 Comparison of progression-free survival (a) and overall survival (b) between T790M-positive and T790M-negative populations

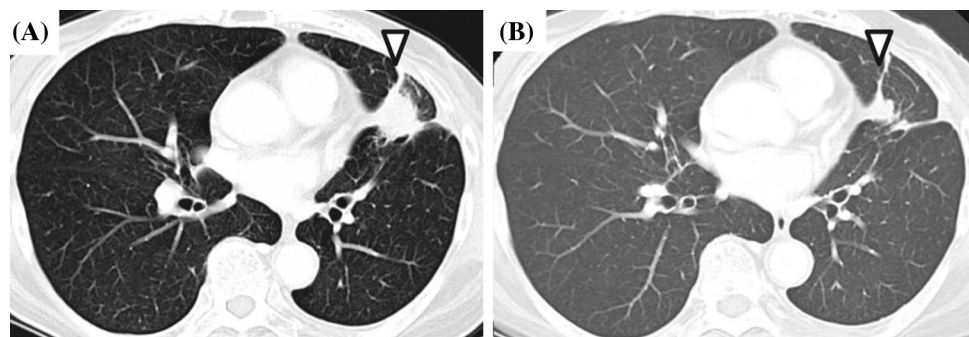
profile was also shown in the treatment of EGFR-TKI rechallenge with bevacizumab. Grade 3 adverse events were observed in only 4 (17 %) patients, and there were neither grade 4 nor grade 5 adverse events. Although our study included many heavily pretreated patients, active dose reductions and modifications might have improved the safety and maintained the efficacy. EGFR-TKI rechallenge with bevacizumab could be effective and safe even for heavily pretreated patients after acquired resistance to EGFR-TKI.

Activity of this combination therapy was notably higher in T790M-negative population. Dual blockade of EGFR and VEGF pathways may provide greater clinical benefit in T790M-negative cases. The reason for this

result is unclear, but we present two hypotheses. First, VEGF is associated with T790M-negative acquired resistant mechanisms. Some preclinical studies reported that dual blockade of EGFR and VEGF pathways could delay tumor progression [33, 34]. Second, T790M-negative status is a predictive marker of EGFR-TKI rechallenge. A few investigators demonstrated T790M disappearance (T790M status from positive to negative) could be a predictive marker of EGFR-TKI rechallenge [17, 36]. TKI-free interval could reduce the proportion of T790M-negative cells enough that T790M is undetectable by PCR. Resistant tumors are likely to be a mixed population of TKI-sensitive (T790M-negative) and TKI-resistant (T790M-positive) cells, and upon withdrawal of the selective pressure from TKI, previously arrested TKI-sensitive cells can repopulate more quickly than TKI-resistant cells, and tumors may regain their sensitivity to TKI. This theory is based on the indolent nature of T790M-positive cells and the rapid growth potential of TKI-sensitive cells [37, 38]. Incidence of T790M in our study was 29 % (7 of 24), which is relatively lower than historical incidence of T790M (40–60 %) [19, 39]. T790M status might have changed from positive to negative in some cases after TKI-free interval. Notably, upcoming third-generation EGFR-TKIs have shown remarkable effectiveness for patients with T790M after acquired resistance to classical EGFR-TKIs [20, 21]. On the other hand, there have been almost no good therapeutic options for T790M-negative populations. Our proposed EGFR-TKI rechallenge with bevacizumab therapy could be a therapeutic option for patients without T790M.

Results of rebiopsy exhibited some interesting insights. At the time of rebiopsy, sensitive *EGFR* mutations “disappeared” in two (8 %) cases. Although cancer cells were definitely confirmed in our specimens, this phenomenon might have represented false negative results by inadequate process of mutation analysis. However, several current studies have actually insisted loss of activating mutation was a possible acquired resistant mechanism [40, 41]. Further investigations are warranted to confirm whether this phenomenon is a false negative result or a true acquired

Fig. 3 Chest computed tomography before (a) and 2 months after (b) therapy. Arrowheads indicate responding primary tumor



resistant mechanism. Two complex mutations consisting of exon 19 (deletion) + exon 21 (L858R) and exon 18 (G719X) + exon 21 (L861Q) changed to exon 21 (L858R) alone and exon 21 (L861Q) alone, respectively, after acquired resistance to EGFR-TKIs. We assume that these results imply an intratumor heterogeneity of *EGFR* mutations [42, 43]. Above all, rebiopsy results occasionally raise intriguing questions and will become more essential in future clinical practice to confirm T790M status.

Our study has several limitations. First, it is retrospective and small sample size, including some biases, inevitably. Second, half of patients underwent EGFR-TKI with bevacizumab without TKI-free interval. This might have affected our results. Heon et al. demonstrated that 16 patients with a longer TKI-free interval (>6 months) were able to obtain greater benefit from erlotinib rechallenge than 8 patients with a shorter TKI-free interval (≤ 6 months) (median time to progression: 4.4 vs. 1.9 months, $p = 0.026$) [27]. We also previously showed that higher efficacy of TKI rechallenge with erlotinib after gefitinib failure can be achieved with proper patient selection criteria, including good PS, a benefit from prior gefitinib, and the insertion of cytotoxic chemotherapies between gefitinib and erlotinib therapies [28]. Unfortunately, our data did not reveal such a trend, which might be due to small sample size, but patients with longer TKI-free intervals (presumably interspersed with cytotoxic chemotherapies) are likely to obtain more benefit from EGFR-TKI with bevacizumab therapy. Finally, variable timings and locations of rebiopsy might have influenced T790M status. T790M status is spatiotemporally heterogeneous due to selective pressure from EGFR-TKI [44]. T790M status appears to be frequently negative in cerebrospinal fluid and after a longer TKI-free interval. Our presented T790M incidence was 29 %, which is lower than historical T790M incidence (40–60 %) [19, 39].

In conclusion, EGFR-TKI rechallenge with bevacizumab demonstrated higher DCR and modestly longer PFS than historical data on EGFR-TKI rechallenge alone. It was well tolerated and feasible for heavily pretreated patients. The activity was notably higher in T790M-negative population. EGFR-TKI rechallenge with bevacizumab could be a potent therapeutic option after acquired resistance to EGFR-TKI, especially in those without T790M. Further studies are needed to evaluate this strategy. We are thus conducting a prospective phase II study of afatinib plus bevacizumab after acquired resistance to EGFR-TKI (UMIN00014710).

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Compliance with ethical standards

Conflict of interest No conflicts of interest.

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