

# A pharmacokinetic and safety study of intravenous arsenic trioxide in adult cancer patients with renal impairment

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Received: 7 July 2009 / Accepted: 27 October 2009 / Published online: 13 November 2009  
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## Abstract

**Purpose** This study evaluated the pharmacokinetic and safety profiles of arsenic trioxide given twice per week in adult cancer patients with advanced malignancies and varying degrees of renal function.

**Methods** Patients received intravenous arsenic trioxide 0.15 mg/kg twice weekly for 4 weeks, followed by a 2-week rest period. The pharmacokinetic profiles of the pharmacologically active arsenical species, arsenious acid ( $\text{As}^{\text{III}}$ ), and its metabolites, monomethylarsonic acid ( $\text{MMA}^{\text{V}}$ ) and dimethylarsinic acid ( $\text{DMA}^{\text{V}}$ ), were evaluated during the first cycle for 72 h following doses on days 1 and 22. Safety assessments were made at each treatment visit.

**Results** Twenty patients received an average of 11 doses. Compared with normal renal function, mild to severe renal impairment decreased urinary excretion of  $\text{As}^{\text{III}}$  and

increased exposure to  $\text{MMA}^{\text{V}}$  and  $\text{DMA}^{\text{V}}$  1.4- to 8-fold after multiple dose administration. Only severe renal impairment substantially increased exposure to  $\text{As}^{\text{III}}$  ( $\text{AUC}_{0-t}$  increased by 18% after a single dose and 40% after multiple doses). The safety profile of arsenic trioxide after limited treatment on a twice-per-week schedule was comparable across all renal function groups.

**Conclusion** Renal impairment did increase the systemic exposure to arsenic and its methylated metabolites following standard daily dosing of arsenic trioxide. The data from the limited number of patients with severe renal dysfunction did not suggest that severe renal impairment affected the safety profile of arsenic trioxide in cancer patients who received limited treatment with arsenic trioxide.

**Keywords** Arsenical species · Metabolites · Systemic exposure · Accumulation

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## Introduction

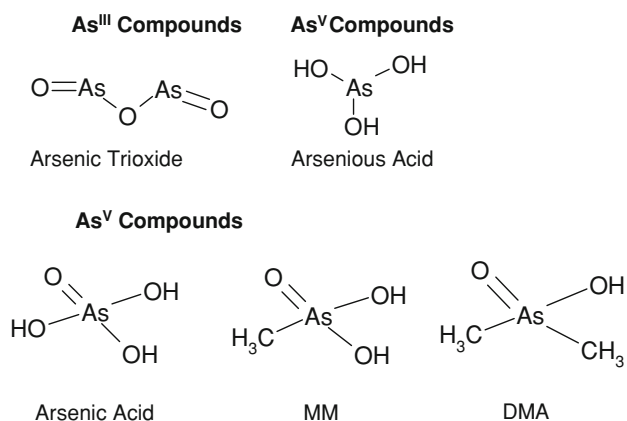
Arsenic trioxide has been used for centuries to treat infectious, inflammatory and malignant disorders, although it has been largely replaced by antibiotics and chemotherapy in Western medicine [1]. Reports from China about the efficacy and safety of arsenic trioxide in patients with previously incurable acute promyelocytic leukemia (APL) renewed interest in the drug in the USA, and pivotal US trials demonstrated significant clinical activity of arsenic trioxide in patients with refractory APL [2, 3]. Arsenic trioxide was subsequently approved in the USA in 2000 for induction of remission and for consolidation in patients with APL who relapsed on retinoid or anthracycline chemotherapy.

In clinical studies, arsenic trioxide administered by intravenous (IV) infusion at a dose of 0.15 mg/kg per day

achieved hematological complete remission in 80–92% (and molecular remission in 73–76%) of patients with relapsed or refractory APL [2–4]. Similar activity has been demonstrated in patients with newly diagnosed, previously untreated APL [5, 6]. Clinical activity of arsenic trioxide has also been demonstrated in other hematological cancers, including refractory multiple myeloma [7] and myelodysplastic syndrome [8]. The potential for the clinical application of arsenic trioxide in other indications, including solid tumors, is being explored in clinical trials.

Overall, arsenic trioxide is generally well tolerated; most toxicities are manageable and reversible and do not require discontinuation of treatment. The greatest safety concerns associated with arsenic trioxide include the potential for cardiac and hepatic toxicities. Arsenic trioxide can cause prolonged QT/QTc [9] intervals, which can be life-threatening, and electrocardiograph (ECG) monitoring during arsenic trioxide therapy is recommended. Arsenic trioxide has also been associated with hepatotoxicity, reflected by increased serum transaminases [4, 6]. One study has shown that an increased risk of hepatotoxicity in patients treated with arsenic trioxide may correlate with genetic polymorphisms affecting methylation and metabolism of inorganic arsenic [10].

Inorganic arsenic exists in trivalent and pentavalent forms. The inorganic, lyophilized form of arsenic trioxide, when reconstituted, immediately forms the trivalent hydrolysis product, arsenious acid ( $\text{As}^{\text{III}}$ ), the pharmacologically active species of arsenic trioxide [11–14]. The metabolism of  $\text{As}^{\text{III}}$  involves oxidation and oxidative methylation by methyltransferases (primarily in the liver and potentially also in the testes, lungs and kidneys) to pentavalent arsenic acid ( $\text{As}^{\text{V}}$ ), monomethylarsonic acid ( $\text{MMA}^{\text{V}}$ ) and dimethylarsinic acid ( $\text{DMA}^{\text{V}}$ ) [11] (Fig. 1). These metabolites are primarily excreted in the urine.



**Fig. 1** Chemical structures of arsenic trioxide and its metabolites.  $\text{As}^{\text{III}}$  arsenious acid,  $\text{As}^{\text{V}}$  arsenic acid, *MMA* monomethylarsonic acid, *DMA* dimethylarsinic acid

Historically, assays were available to quantify total arsenic; however, the recent development of sensitive and specific assays has allowed for differentiation and measurement of individual arsenical species. Because  $\text{As}^{\text{III}}$  has been reported to be more toxic than  $\text{As}^{\text{V}}$  [15–17], the toxicity of arsenic trioxide may be related to the metabolism and excretion patterns of arsenic metabolites in individual patients. The purpose of this study was to determine the effect of renal impairment on the pharmacokinetic (PK) profile of  $\text{As}^{\text{III}}$  and its metabolites and on the resulting safety profile of arsenic trioxide treatment in patients with advanced malignancies.

## Methods

### Study design

This was a noncomparative, open-label pharmacokinetic and safety study of arsenic trioxide in patients with various levels of renal function. Patients with advanced malignancies, for which standard curative or palliative therapies did not exist or were no longer effective, were stratified by renal function based on a 24 h urine collection for creatinine clearance (CrCl) into five groups: (1) normal renal function (CrCl > 80 mL/min); (2) mild renal impairment (CrCl 50–80 mL/min); (3) moderate renal impairment (CrCl 30–49 mL/min); (4) severe renal impairment (CrCl < 30 mL/min); and (5) end-stage renal disease (patients requiring dialysis). Enrollment of up to six patients per renal function group was planned, according to regulatory guidance on the conduct of PK studies in patients with renal impairment [18, 19]. In addition, with six patients in each cohort, there was at least a 74% chance of observing a true dose-limiting toxicity (DLT) rate  $\geq 20\%$ . Specifically, two or more patients experiencing a DLT in a given cohort would indicate unacceptable toxicity of the dose in a particular renal function group. A DLT in this study was defined as: a grade 4 neutropenia lasting 7 days or more; febrile neutropenia defined as a fever (temperature of 38.5°C or more) of unknown origin without clinically or microbiologically documented infection when absolute neutrophil count (ANC) was less than  $1.0 \times 10^9/\text{L}$ ; thrombocytopenia with a platelet nadir of less than  $25 \times 10^9/\text{L}$ ; a study treatment-related grade 3 or grade 4 nonhematologic toxicity (excluding nausea and vomiting of all grades) or any drug-related death.

Eligibility criteria also included age  $\geq 18$  years; life expectancy of  $\geq 3$  months; Karnofsky performance status of  $\geq 70$ ; serum bilirubin within normal limits; alanine aminotransferase and aspartate aminotransferase no more than 1.5 times the upper limit of normal; a serum potassium value of  $>4.0$  mEq/L and a serum magnesium value of  $>1.8$  mg/dL; and a demonstrated commitment to use

medically acceptable birth control, if applicable, for the duration of the study.

Exclusion criteria included: a QTc interval of  $>460$  ms; pre-existing neurotoxicity or neuropathy (grade  $\geq 2$ ); ANC of  $<1,000/\text{mm}^3$ , platelets  $<75,000/\text{mm}^3$  or hemoglobin of  $<10$  g/dL; concurrent treatment or treatment within 30 days before study entry with chemotherapy, radiation therapy, hormonal therapy or immunotherapy; any previous treatment with arsenic compounds; significant underlying cardiac dysfunction, including conduction defects, unstable angina, myocardial infarction  $<6$  months before study entry, congestive heart failure from any cause or class  $\geq$  II New York Heart Association functional classification; uncontrolled diabetes mellitus; any active serious infections; and a history of grand mal seizures.

Patients were treated with arsenic trioxide 0.15 mg/kg infused intravenously over 2 h twice weekly for the first 4 weeks of two 6-week cycles. The study was defined as two complete cycles. The standard dose of arsenic trioxide for the treatment of APL is 0.15 mg/kg per day. Based on simulation studies that predicted steady-state plasma  $\text{As}^{\text{III}}$  trough concentrations nearly doubling after once-daily administration to patients with normal renal function, a twice weekly administration schedule, which was not associated with significant drug accumulation, was chosen (data on file). Informed consent was obtained before any study-specific assessments were performed. Patients who received at least one dose of arsenic trioxide were considered evaluable for PK and safety analyses.

#### Blood sampling and drug analysis

Plasma and urine samples for PK evaluation were collected during cycle 1 on days 1–4 (following a single dose) and days 22–25 (following dose 7). Patients were confined in a general clinical research center at these times to allow accurate collection of PK samples. Trough samples were also collected at interim visits (weeks 2 and 3) during cycle 1. Heparinized blood samples were collected before dosing and 2, 2.5, 3, 4, 6, 8, 12, 16, 20, 24, 48 and 72 h after initiation of drug infusion. Pooled urine samples were also collected over 72 h during the following time intervals: 0–4, 4–8, 8–12, 12–16, 16–24, 24–48 and 48–72 h after initiation of infusion. Samples were kept frozen at  $-20^\circ\text{C}$  in the dark until analysis.

Plasma and urine samples were analyzed by Cantest, Ltd. (formerly Elemental Research Inc; North Vancouver, BC, Canada) for four arsenical species (arsenious acid [ $\text{As}^{\text{III}}(\text{OH})_3$ ], arsenic acid [ $\text{As}^{\text{V}}\text{O}(\text{OH})_3$ ], monomethylarsonic acid [ $\text{MMA}^{\text{V}}$ ,  $\text{As}^{\text{V}}\text{O}(\text{CH}_3)(\text{OH})_2$ ] and dimethylarsonic acid [ $\text{DMA}^{\text{V}}$ ,  $\text{As}^{\text{V}}\text{O}(\text{CH}_3)_2\text{OH}$ ]) using validated liquid chromatography methods with inductively coupled

plasma mass spectrometric detection (LC-ICPMS), following separation of the compounds by ion chromatography. Calibration standards and quality control (QC) samples were prepared in either human plasma containing sodium heparin or human urine. Phenylarsonic acid was employed as the internal standard for the analysis of all specimen samples, calibration standards and QC samples. For all arsenical species in plasma, the linear range was from 5.0 to 500 ng/mL. For all arsenical species in urine, the linear range was from 50.0 to 1,500 ng/mL. Plasma and urine concentrations of arsenical species below the quantifiable limits of the assay were treated as zero in calculations of mean concentrations.

#### Pharmacokinetic analysis

Pharmacokinetic parameters for each arsenical species in plasma were estimated by standard noncompartmental methods using WinNonlin<sup>®</sup> software (Enterprise Version 4.1, Pharsight Corporation, Mountain View, CA, USA, 2003). To facilitate comparisons between arsenical compounds, pharmacokinetic parameters were calculated on an arsenic-equivalent basis, rather than based on the actual measured concentrations of the arsenical species.

Maximum plasma concentration ( $C_{\text{max}}$ ) was defined as the highest observed plasma concentration; time to peak plasma concentration ( $T_{\text{max}}$ ) was the corresponding time when  $C_{\text{max}}$  was observed. The terminal rate constant for elimination from plasma ( $\lambda_z$ ) was determined by linear regression of the terminal portion of the semi-logarithmic plasma concentration-versus-time curve. The terminal phase was identified for each patient's profile by visual inspection of the data, with a minimum of three values included for each  $\lambda_z$  determination. The terminal elimination half-life ( $t_{1/2}$ ) was calculated for each profile as  $\ln [2]$  divided by  $\lambda_z$ . The areas under the plasma concentration-versus-time curve from time zero to the time of the last measurable concentration ( $\text{AUC}_{0-t}$ ) and to 72 h ( $\text{AUC}_{0-72}$ ) for each profile were determined by log-linear trapezoidal summation. The area from time zero to infinity ( $\text{AUC}_{0-\infty}$ ) was calculated as the sum of  $\text{AUC}_{0-t}$  and the area extrapolated from the last measurable plasma concentration to infinity ( $C_{\text{last}}/\lambda_z$ ). The percentage of  $\text{AUC}_{0-\infty}$  extrapolated was calculated as  $(\text{AUC}_{0-\infty} - \text{AUC}_{0-t})/(\text{AUC}_{0-\infty}) \times 100$ . Systemic clearance (CL) was calculated as dose divided by  $\text{AUC}_{0-\infty}$ , and the steady-state volume of distribution ( $V_{\text{ss}}$ ) was calculated as  $[(\text{AUMC}/\text{AUC}_{0-\infty}) - \text{TI}/2] \times \text{CL}$ , where AUMC was the area under the first moment curve to infinity and TI was the length of the infusion. Renal clearance ( $\text{CL}_{\text{R}}$ ) was calculated as the amount of  $\text{As}^{\text{III}}$  excreted over 72 h divided by  $\text{AUC}_{0-72}$ , and nonrenal clearance ( $\text{CL}_{\text{NR}}$ ) was calculated as  $\text{CL} - \text{CL}_{\text{R}}$ . The observed ratio of exposure ( $R_{\text{obs}}$ ) was calculated as the day

22  $AUC_{0-72}$  divided by the day 1  $AUC_{0-72}$ .  $CL$ ,  $CL_R$ ,  $CL_{NR}$ ,  $V_{ss}$  and  $R_{obs}$  were calculated for  $As^{III}$  only.

Urinary excretion amounts were calculated for each arsenical species and collection interval by multiplying the urinary arsenic concentration by the urine volume for the respective interval; cumulative amounts were also tabulated. Urinary excretion rates for  $As^{III}$  were calculated for each collection interval by dividing the excretion amount by the length of the collection interval. Cumulative percentages of the arsenic dose excreted as  $As^{III}$  and as the sum of all arsenical species measured were calculated on an arsenic-equivalent basis.

#### *Toxicity assessment*

Toxicity was assessed by the National Cancer Institute Common Toxicity Criteria (NCI-CTC) Version 2 at each treatment visit. Laboratory (hematology, clinical chemistry) and ECG monitoring was performed once a week during weeks 1 through 4 and at the end of week 6 of each treatment cycle or as clinically indicated. Patients with disease progression, any DLT, or deterioration by 1 grade in renal function were withdrawn from the study. Follow-up safety assessments were performed within 30 days of the last arsenic trioxide dose. Adverse events were classified as serious or nonserious. A serious adverse event was defined as any experience (which may be a combination of toxicities, clinical presentation, diagnoses and therapies) at any dose that suggested a significant hazard, contraindication, side effect or precaution. A serious adverse event was further defined as one that was fatal, life-threatening (NCI-CTC grade 4), resulted in persistent disability or incapacity, required inpatient hospitalization or prolonged existing hospitalization or was a congenital anomaly.

#### *Response assessment*

Disease progression and disease response were evaluated by radiography, physical examination, ultrasonography, magnetic resonance imaging, positron-emission tomography or other methods at the end of each cycle.

#### *Statistical analyses*

Pharmacokinetic data analyses were summarized using descriptive statistics. To evaluate the relationship between each pharmacokinetic parameter and creatinine clearance, a Spearman rank correlation and its 95% asymptotic confidence limits were calculated using values of creatinine clearance and pharmacokinetic parameters. All data were processed and summarized by the use of Statistical Analysis Software (SAS<sup>®</sup>) version 9.1.3.

## **Results**

### **Patients**

Between January 2003 and October 2004, 20 patients (mean age, 63.1 years; range, 29–85 years) with advanced malignancies were enrolled. Patient demographics are summarized by renal function group in Table 1.

All 20 patients received at least one dose of the study drug. Enrollment included six, five, six and three patients in the normal, mild, moderate and severe renal disease cohorts, respectively. No patients were enrolled in the planned end-stage renal disease cohort. As much as 15 patients received at least one complete cycle, 6 patients received two complete cycles, and 1 patient received three complete cycles. The median [ $\pm$ standard deviation (SD)] cumulative dose was 89.0 mg (range, 35.6–349.4). Disease progression was the primary cause for early termination, including seven (35%) patients before and five (25%) patients after the start of cycle 2. Plasma samples from five patients were stored for a period of time that exceeded the documented stability window of 30 days for  $As^{III}$ . In addition, plasma samples from one of these patients were in frozen storage for a period of time that exceeded the 71-day stability window for arsenic acid prior to assay. Data collected for these samples have been omitted from all analyses and summaries presented within the current report.

### **Pharmacokinetic evaluation**

#### *Single dose*

Following a single intravenous dose of arsenic trioxide, the pharmacokinetic profile of  $As^{III}$  was similar among the four renal function groups (Table 2). The plasma concentration-versus-time profile of  $As^{III}$  was characterized by  $C_{max}$  being reached immediately after drug administration (2 h), followed by a biphasic decline (Fig. 2a) with an initial rapid distribution followed by elimination with mean  $t_{1/2}$  ranging from 9.5 to 12.7 h (Table 2). Renal impairment was associated with decreased renal clearance of  $As^{III}$ , with renal clearance accounting for approximately 3% of total systemic clearance in patients with severe renal impairment compared with 18% in patients with normal renal function (Table 2). The percentage of the total arsenic dose excreted in urine decreased from 42% in the normal renal function group to 24% in the severe renal function group (Table 2). The percentage of the arsenic dose excreted as  $As^{III}$  also decreased by 50–60% in patients with renal impairment compared with patients with normal renal function (Table 2).

**Table 1** Patient demographics

Renal function group	Normal (CrCl $\geq$ 80)	Mild impairment (Cr Cl: 50–79)	Moderate impairment (Cr Cl: 30–49)	Severe impairment (CrCl < 30)	Total
No. of patients	6	5	6	3	20
Age (years)					
Mean	58.5	62.0	68.2	63.7	63.1
Range	48–75	30–73	29–85	43–79	29–85
Sex					
Male	4	2	5	1	12
Female	2	3	1	2	8
Weight (kg)					
Mean	72.6	82.0	76.5	86.9	78.2
Range	46.6–111.0	33.8–134.8	54.8–103.9	66.2–97.6	33.8–134.8
Tumor type					
Breast	1	0	0	0	1
Clear cell	0	1	0	0	1
Colon	2	0	1	0	3
Endometrial	0	1	0	1	2
Ewing's sarcoma	0	0	1	0	1
Hepatocellular	1	0	0	0	1
Lung	1	0	0	0	1
Multiple myeloma	0	0	1	1	2
Ovarian	0	1	0	0	1
Prostate	0	1	2	0	3
Renal cell	0	0	1	1	2
Sinonasal	1	0	0	0	1
Wilms' tumor	0	1	0	0	1
Karnofsky performance score ( <i>n</i> )					
100	1	1	0	0	2
90	5	1	1	2	9
80	0	2	2	1	5
70	0	1	3	0	4
Number of prior systemic therapies					
Median	4	5	4	4	4
Range	2–5	0–11	1–6	3–5	0–11

MMA<sup>V</sup> and DMA<sup>V</sup> were detected in the plasma at quantifiable levels 8–12 h after the start of the initial infusion of arsenic trioxide and reached maximum values at 16–24 and 24–48 h, respectively. The mean AUC<sub>0–t</sub> of both MMA<sup>V</sup> and DMA<sup>V</sup> were inversely correlated with creatinine clearance (Spearman rank correlation  $-0.727$  and  $-0.600$ , respectively) (Table 2). In the mild, moderate and severe renal dysfunction groups, the AUC<sub>0–t</sub> for MMA<sup>V</sup> increased by approximately threefold in the mild and moderate groups and sixfold in the severe group, and the AUC<sub>0–t</sub> for DMA<sup>V</sup> increased by approximately two to

threefold across the renal dysfunction groups. As<sup>V</sup> plasma levels were below quantifiable levels.

#### Multiple doses

Following 3 weeks (total 7 doses) of arsenic trioxide treatment, the plasma concentration-versus-time curve of As<sup>III</sup> (Fig. 2b) was qualitatively similar to that following a single dose (Fig. 2a). However, after multiple doses of arsenic trioxide, the mean AUC<sub>0–t</sub> of As<sup>III</sup> was 40% higher in the severe renal impairment group compared with the

**Table 2** Single-dose pharmacokinetic parameters for arsenic trioxide and its methylated metabolites

Parameter <sup>a</sup>	Normal renal function (n = 6) <sup>b</sup>	Mild renal impairment (n = 5) <sup>b</sup>	Moderate renal impairment (n = 6) <sup>b</sup>	Severe renal impairment (n = 3) <sup>b</sup>	Spearman correlation (95% CI)
<b>As<sup>III</sup></b>					
AUC <sub>0-t</sub> (ng-eq h/mL) <sup>c</sup>	129.8	140.5	114.4	153.5	-0.043 (-0.526, 0.464)
SD	53.0	49.0	11.6	31.8	
AUC <sub>0-72</sub> (ng-eq h/mL)	144.4	156.0	128.2	161.5	N/A
SD	67.9	66.9	19.2	30.41	
AUC <sub>0-∞</sub> (ng-eq h/mL)	188.5	207.7	178.7	220.5	-0.256 (-0.718, 0.383)
SD	71.2	53.5	10.6	37.5	
C <sub>max</sub> (ng-eq/mL)	21.3	21.6	20.2	28.6	-0.156 (-0.602, 0.373)
SD	5.8	5.6	7.6	4.9	
T <sub>max</sub> (h)	2.0	2.0	2.0	2.1	N/A
Range	2.0, 2.5	2.0, 2.0	2.0, 4.0	2.0, 2.2	
t <sub>1/2</sub> (h)	9.5	11.6	12.7	11.4	-0.315 (-0.746, 0.329)
SD	3.0	0.9	2.5	2.5	
CL <sub>R</sub> (L/h)	9.3	3.0	3.1	1.3	N/A
SD	5.1	0.7	1.4	0.40	
CL (L/h)	51.4	42.2	47.6	43.7	0.280 (-0.361, 0.730)
SD	15.9	11.5	13.1	19.0	
CL <sub>R</sub> /CL	0.179	0.077	0.055	0.031	N/A
SD	0.106	0.040	0.029	0.004	
CL <sub>NR</sub> (L/h)	41.8	39.2	45.0	42.4	N/A
SD	12.5	12.2	12.5	18.5	
V <sub>ss</sub> (L)	615.0	644.3	769.7	611.5	-0.077 (-0.621, 0.522)
SD	219.3	108.7	269.0	200.1	
Percentage of arsenic dose excreted in the urine <sup>d</sup>	42.2	28.9	27.1	23.7	N/A
SD	9.4	15.5	5.3	6.9	
Percentage of arsenic excreted as As <sup>III</sup>	12.0	5.6	4.3	3.3	N/A
SD	7.6	2.8	1.9	1.9	
<b>MMA<sup>V</sup></b>					
AUC <sub>0-t</sub> (ng-eq h/mL)	90.7	257.4	310.0	574.7	-0.727 (-0.881, -0.404)
SD	125.6	328.7	205.3	224.3	
AUC <sub>0-∞</sub> (ng-eq h/mL)	365.5	256.0	496.0	887.0	-0.782 (-0.941, -0.260)
SD	174.7	49.5	210.8	282.8	
C <sub>max</sub> (ng-eq/mL)	4.4	7.7	8.1	10.9	-0.574 (-0.805, -0.161)
SD	2.9	5.2	2.8	3.5	
T <sub>max</sub> (h)	16.0	16.0	22.0	24.0	N/A
Range	16.0, 20.0	12.0, 24.2	16.0, 24.0	20.0, 24.0	
t <sub>1/2</sub> (h)	31.7	16.4	35.6	60.0	N/A
SD	8.2	1.5	11.8	24.8	
<b>DMA<sup>V</sup></b>					
AUC <sub>0-t</sub> (ng-eq h/mL)	306.7	747.0	635.7	919.3	-0.600 (-0.819, -0.200)
SD	170.4	566.7	188.9	109.0	
AUC <sub>0-∞</sub> (ng-eq h/mL)	826.5	768.0	NC	NC	0.600 (-0.646, 0.964)
SD	196.2	-			
C <sub>max</sub> (ng-eq/mL)	6.7	16.2	12.9	19.0	-0.623 (-0.830, -0.234)
SD	2.5	13.5	4.4	3.5	



**Table 2** continued

Parameter <sup>a</sup>	Normal renal function ( <i>n</i> = 6) <sup>b</sup>	Mild renal impairment ( <i>n</i> = 5) <sup>b</sup>	Moderate renal impairment ( <i>n</i> = 6) <sup>b</sup>	Severe renal impairment ( <i>n</i> = 3) <sup>b</sup>	Spearman correlation (95% CI)
<i>T</i> <sub>max</sub> (h)	24.0	48.6	48.0	48.0	N/A
Range	20.0, 48.0	20.0, 72.0	24.0, 48.1	48.0, 72.0	
<i>t</i> <sub>1/2</sub> (h)	69.7	49.0	NC	NC	N/A
SD	23.3	–			

CI, confidence interval; SD, standard deviation; AUC<sub>0–*t*</sub>, area under the curve to the time of the last measurable drug concentration; AUC<sub>0–72</sub>, area under the curve to 72 h; AUC<sub>0–∞</sub>, area under the curve to time infinity; *C*<sub>max</sub>, maximum observed plasma concentration by inspection; *t*<sub>1/2</sub>, terminal elimination half-life; *T*<sub>max</sub>, time to maximum observed plasma drug concentration by inspection; CL, systemic clearance; CL<sub>R</sub>, renal clearance; CL<sub>R</sub>/CL, ratio of renal clearance to systemic clearance; CL<sub>NR</sub>, nonrenal clearance; *V*<sub>ss</sub>, steady-state volume of distribution; extrapolation (%), 100 × (AUC<sub>0–∞</sub> – AUC<sub>0–*t*</sub>)/AUC<sub>0–∞</sub>; As<sup>III</sup>, arsenious acid; MMA<sup>V</sup>, monomethylarsenic acid; DMA<sup>V</sup>, dimethylarsinic acid; NC, not calculable

<sup>a</sup> Median (range) is presented for *T*<sub>max</sub>, and mean ± SD (unless *n* = 1) is presented for all other parameters for each renal function group

<sup>b</sup> The number of patients contributing to the calculation of each pharmacokinetic parameter varies

<sup>c</sup> (ng-eq), Results were normalized to a dose of 10.5 mg arsenic trioxide (70 kg patient dose)

<sup>d</sup> Percentage of total arsenic dose excreted as sum of As<sup>III</sup>, arsenic acid (As<sup>V</sup>), MMA<sup>V</sup> and DMA<sup>V</sup>

normal renal function group (Table 3), although data were available for only two patients from each of these subgroups. Similar to the single-dose setting, renal clearance was approximately 5% of total systemic clearance in patients with severe renal impairment compared with approximately 16% in patients with normal renal function.

Systemic exposure (as measured by AUC<sub>0–*t*</sub> and *C*<sub>max</sub>) to all measurable arsenic species (As<sup>III</sup>, MMA<sup>V</sup>, and DMA<sup>V</sup>) was increased in all renal function groups following multiple doses, compared with single-dose administration, although it was greatest in patients with severe renal impairment (Tables 2, 3). MMA<sup>V</sup> and DMA<sup>V</sup> exposure was increased 1.4- to 8-fold in the mild, moderate and severe renal dysfunction groups as compared with values in subjects with normal renal function. As<sup>V</sup> plasma levels were generally below quantifiable levels. As<sup>III</sup> accumulation was not observed with increased renal dysfunction (*R*<sub>obs</sub>; Table 3).

#### Safety evaluation

Adverse events were reported by all patients and were equally distributed across all renal function groups. Overall, the most frequent adverse events were nausea and fatigue, each occurring in 45% of all patients; diarrhea (35%); anorexia and headache (30% each); vomiting, cough and constipation (25% each); and abdominal pain, stomatitis, peripheral edema, dyspnea and rash (20% each).

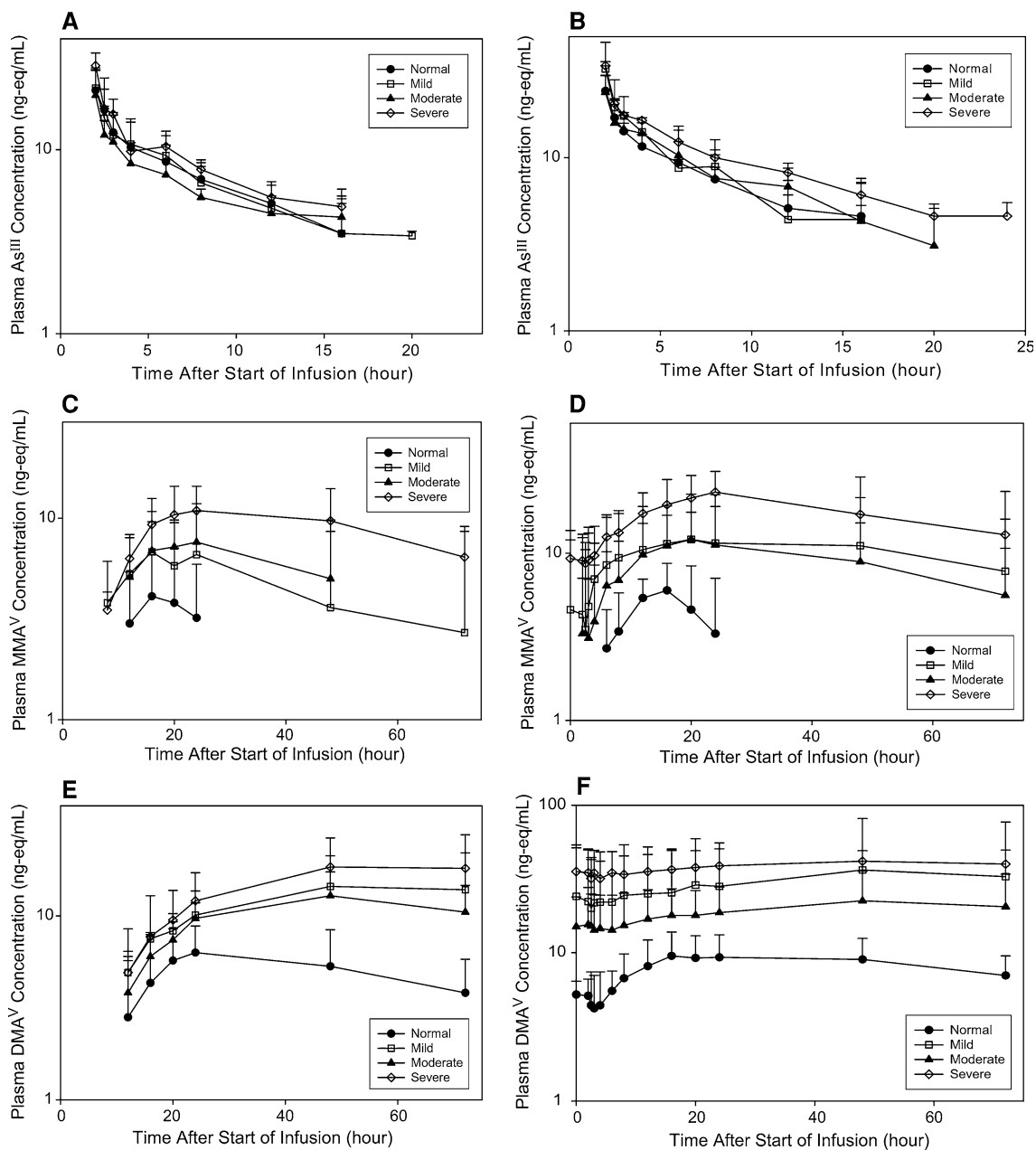
The most frequent treatment-related adverse events included nausea in six (30%) patients, fatigue in three (15%) patients and vomiting in three (15%) patients (Table 4). Treatment-related adverse events were similar in frequency among normal renal function and mild and moderate renal impairment function groups [normal, 4 (67%); mild, 4 (80%); and moderate, 3 (50%)]. All three

(100%) patients in the severe renal function group experienced at least one treatment-related event.

Six patients experienced one or more serious adverse events, including two that were considered to be DLTs (Table 5). One patient with normal renal function experienced sudden cardiac death after having received three doses of arsenic trioxide. No autopsy was performed, but the investigator considered the event to be possibly related in view of the known effects of arsenic trioxide on QT prolongation. The baseline ECG showed sinus tachycardia, and a follow-up ECG 2 days before the patient's death showed left axis deviation and sinus tachycardia. The QT/QTc interval of 308/417 ms was essentially unchanged from baseline. Another patient with mild renal dysfunction had a dose-limiting adverse event of grade 3 congestive cardiac failure after four doses of arsenic trioxide. This event was preceded by grade 1 ventricular extrasystoles (palpitations) and a nonserious prolonged QT interval considered to be related to the study drug. The patient had a history of cardiomyopathy and congestive cardiac failure during initial chemotherapy with doxorubicin; these conditions resolved after discontinuation of doxorubicin and modification of the patient's medications.

Only one (33%) patient with severe renal impairment experienced any adverse event above grade 2 (grade 3 fatigue and grade 3 hyperkalemia), and none of the patients with severe renal function suffered any serious adverse events, as defined in the protocol.

In addition to the two patients with DLTs discussed above, two (10%) patients withdrew from the study before starting cycle 2 because of clinical deterioration without meeting the criteria for disease progression. In addition, one patient in the mild renal impairment group with a grade 2 urinary tract infection and one patient in the moderate renal



**Fig. 2** Mean (+SD) plasma concentrations of arsenious acid ( $As^{III}$ ; **a, b**), monomethylarsonic acid ( $MMA^V$ ; **c, d**) and dimethylarsinic acid ( $DMA^V$ ; **e, f**) in cancer patients with varying degrees of renal

impairment following a single dose (**a, c, e**) or multiple doses (**b, d, f**) of arsenic trioxide (0.15 mg/kg)

impairment group with grade 2 renal failure discontinued study treatment because of adverse events. None of the three patients with severe renal impairment experienced side effects requiring study drug discontinuation.

## Discussion

Arsenic trioxide is used in the induction, consolidation and maintenance of remission in patients with relapsed/

refractory APL at a standard dose of 0.15 mg/kg per day for a maximum of 60 consecutive days. Because arsenic is excreted in the urine [13] renal impairment has the potential to alter the pharmacokinetics and safety of arsenic trioxide in cancer patients. Our study was designed to examine the pharmacokinetics of the  $As^{III}$ ,  $As^V$ ,  $MMA^V$  and  $DMA^V$  arsenic species in cancer patients with varying degrees of renal function. To our knowledge, this is the first report of its kind. We report that mild to severe renal impairment results in increased systemic exposure to the



**Table 3** Multi-dose pharmacokinetics of arsenic trioxide and its methylated metabolites

Parameter <sup>a</sup>	Normal renal function (n = 6) <sup>b</sup>	Mild renal impairment (n = 5) <sup>b</sup>	Moderate renal impairment (n = 6) <sup>b</sup>	Severe renal impairment (n = 3) <sup>b</sup>	Spearman correlation
<b>As<sup>III</sup></b>					
AUC <sub>0-t</sub> (ng-eq h/mL) <sup>c</sup>	163.7	170.0	163.5	229.0	-0.434 (-0.788, 0.171)
SD	11.7	72.8	40.9	15.6	
AUC <sub>0-72</sub> (ng-eq h/mL)	191.3	187.5	183.5	283.0	N/A
SD	28.9	87.1	59.0	26.9	
AUC <sub>0-∞</sub> (ng-eq h/mL)	212.5	212.8	253.0	313.5	-0.655 (-0.894, 0.057)
SD	9.19	78.3	33.4	44.6	
C <sub>max</sub> (ng-eq/mL)	24.3	32.8	23.8	33.9	-0.082 (-0.604, 0.493)
SD	5.6	13.1	5.9	1.9	
T <sub>max</sub> (h)	2.0	2.0	2.0	2.0	N/A
Range	2.0, 2.0	2.0, 3.0	2.0, 2.0	2.0, 2.1	
t <sub>1/2</sub> (h)	10.6	7.9	10.9	12.7	-0.455 (-0.821, 0.222)
SD	0.4	3.2	2.1	1.8	
R <sub>obs</sub>	1.68	0.98	1.41	1.65	N/A
SD	0.56	0.15	0.35	-	
CL <sub>R</sub> (L/h)	7.2	3.0	3.6	2.6	N/A
SD	1.3	1.7	1.9	1.4	
CL (L/h)	50.8	45.0	37.9	30.5	0.636 (0.027, 0.888)
SD	11.0	15.8	9.3	12.4	
CL <sub>R</sub> /CL	0.162	0.079	0.074	0.048	N/A
SD	0.035	0.059	0.012	0.028	
CL <sub>NR</sub> (L/h)	42.8	42.0	35.1	28.9	N/A
SD	11.0	16.1	8.8	11.0	
V <sub>ss</sub> (L)	682.0	439.0	541.7	495.0	0.291 (-0.387, 0.752)
SD	94.8	195.3	45.0	120.2	
Percentage of arsenic dose excreted in the urine <sup>d</sup>	68.7	48.6	59.0	55.7	N/A
SD	2.6	15.9	14.3	14.3	
Percentage of arsenic excreted as As <sup>III</sup>	14.6	6.4	7.5	4.0	N/A
SD	5.1	4.4	3.1	2.0	
<b>MMA<sup>V</sup></b>					
AUC <sub>0-t</sub> (ng-eq h/mL)	138.8	685.8	604.0	1,227.0	-0.707 (-0.890, -0.283)
SD	116.1	976.2	435.3	352.5	
AUC <sub>0-∞</sub> (ng-eq h/mL)	220.0	319.0	1,373.7	2,149.5	-0.933 (-0.984, -0.678)
SD	141.4	41.0	754.3	723.4	
C <sub>max</sub> (ng-eq/mL)	6.2	15.1	13.0	23.2	-0.707 (-0.890, -0.283)
SD	2.5	14.9	6.9	7.7	
T <sub>max</sub> (h)	14.0	18.0	20.1	24.0	N/A
Range	12.0, 16.0	16.0, 48.0	20.0, 24.0	24.0, 24.1	
t <sub>1/2</sub> (h)	20.0	19.1	56.3	45.6	N/A
SD	2.6	1.5	14.4	0.4	
<b>DMA<sup>V</sup></b>					
AUC <sub>0-t</sub> (ng-eq h/mL)	590.3	2,208.5	1,405.5	2,802.3	-0.739 (-0.903, -0.342)
SD	225.2	2,590.7	815.1	729.3	
AUC <sub>0-∞</sub> (ng-eq h/mL)	1,667.5	2,819.0	2,295.0	NC	-0.600 (-0.964, 0.646)
SD	474.5	2,378.7	-		

**Table 3** continued

Parameter <sup>a</sup>	Normal renal function ( <i>n</i> = 6) <sup>b</sup>	Mild renal impairment ( <i>n</i> = 5) <sup>b</sup>	Moderate renal impairment ( <i>n</i> = 6) <sup>b</sup>	Severe renal impairment ( <i>n</i> = 3) <sup>b</sup>	Spearman correlation
<i>C</i> <sub>max</sub> (ng-eq/mL)	10.4	37.6	22.6	42.2	−0.700 (−0.887, −0.270)
SD	4.51	44.4	13.1	8.4	
<i>T</i> <sub>max</sub> (h)	20.1	36.0	48.0	48.0	N/A
Range	16.0, 48.0	24.0, 48.0	24.0, 48.0	0.0, 48.1	
<i>t</i> <sub>1/2</sub> (h)	89.1	83.5	86.0	NC	N/A
SD	49.4	29.8	–		

SD, standard deviation; AUC<sub>0–*t*</sub>, area under the curve to the time of the last measurable drug concentration; AUC<sub>0–72</sub>, area under the curve to 72 h; AUC<sub>0–∞</sub>, area under the curve to time infinity; *C*<sub>max</sub>, maximum observed plasma concentration by inspection; *t*<sub>1/2</sub>, half-life; *T*<sub>max</sub>, time to maximum observed plasma drug concentration by inspection; *t*<sub>1/2</sub>, terminal elimination half-life; *R*<sub>obs</sub>, area under the plasma concentration-versus-time curve (AUC) from time 0 to 72 h on day 22 divided by the AUC from time 0 to infinity on day 1; CL, systemic clearance; CL<sub>R</sub>, renal clearance; CL<sub>R</sub>/CL, ratio of renal clearance to systemic clearance; CL<sub>NR</sub>, nonrenal clearance; *V*<sub>ss</sub>, steady-state volume of distribution; extrapolation (%), 100 × (AUC<sub>0–∞</sub> − AUC<sub>0–*t*</sub>)/AUC<sub>0–∞</sub>; As<sup>III</sup>, arsenious acid; MMA<sup>V</sup>, monomethylarsonic acid; DMA<sup>V</sup>, dimethylarsinic acid; NC, not calculable

<sup>a</sup> Median (range) is presented for *T*<sub>max</sub>, and mean ± SD (unless *n* = 1) is presented for all other parameters for each renal function group

<sup>b</sup> The number of patients contributing to the calculation of each pharmacokinetic variable varies

<sup>c</sup> Results were normalized to a dose of 10.5 mg arsenic trioxide (70 kg patient dose)

<sup>d</sup> Percentage of total arsenic dose excreted as sum of As<sup>III</sup>, arsenic acid (As<sup>V</sup>), MMA<sup>V</sup> and DMA<sup>V</sup>

**Table 4** Treatment-related adverse events

	Number (%) of patients					
	Normal renal function ( <i>n</i> = 6)	Mild renal impairment ( <i>n</i> = 5)	Moderate renal impairment ( <i>n</i> = 6)	Severe renal impairment ( <i>n</i> = 3)	All patients ( <i>N</i> = 20)	
Nausea	2 (33)	2 (40)	1 (17)	1 (33)	6 (30)	
Fatigue	1 (17)	0	1 (17)	1 (33)	3 (15)	
Vomiting	1 (17)	1 (20)	1 (17)	0	3 (15)	
Anorexia	1 (17)	0	0	1 (33)	2 (10)	
Constipation	1 (17)	1 (20)	0	0	2 (10)	
Diarrhea	0	2 (40)	0	0	2 (10)	
Adverse events that occurred in at least 10% of all patients are included	Somnolence	1 (17)	1 (20)	0	0	2 (10)
	Stomatitis	0	1 (20)	1 (17)	0	2 (10)

methylated arsenic metabolites, but only severe renal impairment results in increased exposure to As<sup>III</sup>. Although renal impairment reduces the urinary excretion of both the total arsenic dose and As<sup>III</sup>, this effect is somewhat mitigated following multiple doses of arsenic trioxide. With impaired renal function, both total arsenic excretion and the percentage of arsenic dose excreted as As<sup>III</sup> were reduced, and systemic exposure to As<sup>III</sup> increased by up to 40% in the severely impaired renal function group compared with the normal renal function group. Despite increased exposure to both methylated arsenic metabolites and inorganic arsenic in patients with renal impairment, our study indicates little correlation between renal function and the occurrence or severity of adverse events. A DLT occurred in 1 of 6 patients in the normal renal function

group, 1 of 5 patients in the mild impairment group, 0 of 6 patients in the moderate impairment group, and 0 of 3 patients in the severe renal impairment group. As such, the data in this study do not indicate a clear relationship between the rate of DLTs and the degree of renal impairment or increase in systemic exposure to arsenic or its metabolites as a result of renal impairment.

A study by Fujisawa et al. [20] evaluating the pharmacokinetics of arsenic trioxide given daily to 12 Japanese patients with APL (renal function status not reported), showed that accumulation of the methylated metabolites accounts for most of the increase in total arsenic concentrations following repeated exposure to arsenic trioxide. In this study, inorganic arsenic reached steady-state levels over a 4-week dosing period, whereas MMA<sup>V</sup> and DMA<sup>V</sup>

**Table 5** Serious adverse events

Treatment group (CrCl, mL/min)	Patient age (years)/sex	Serious adverse event	Grade	DLT	Relationship to study drug
Normal (CrCl $\geq$ 80)	48/F	Pleural effusion	3	No	Not related
		Hypoxia	5	No	Not related
		Pulmonary hemorrhage	3	No	Not related
		Respiratory failure	5	No	Not related
Mild impairment (CrCl 50–79)	56/M	Sudden cardiac death	5	Yes	Possibly related
	72/F	Congestive cardiac failure	3	Yes	Possibly related
Moderate impairment (CrCl 30–49)	29/M	Renal failure	2	No	Not related
		Prothrombin time prolonged	3	No	Not related
		Blood bilirubin increased	2	No	Not related
	85/M	Abdominal pain	2	No	Not related
		Diverticulitis	2	No	Not related
	71/M	Disorientation	2	No	Not related
		Cerebrovascular accident	4	No	Not related
		Pyrexia	1	No	Not related

CrCl urinary creatinine clearance, DLT dose-limiting toxicity

continued to rise. Mean total arsenic excretion was 20% following a single dose of arsenic trioxide, but increased to 60% during weeks 1–4. However, renal clearance accounted for only 6–10% of the total clearance of inorganic arsenic, suggesting that hepatic elimination accounts for the majority of systemic clearance of the drug.

Our data are generally consistent with these previously reported observations. Although we observed higher rates of total arsenic excretion (among patients with normal renal function), the trend was similar with about 42% of daily dose excreted after a single dose and 70% of daily dose excreted after multiple doses. Also similarly, we report that inorganic arsenic ( $As^{III}$ ) accounts for 12–14% of the excreted arsenic dose. Although renal excretion plays a minor role in the elimination of inorganic arsenic in patients with normal renal function, in patients with severe renal impairment, even when the administered dose is reduced (i.e., administered twice weekly), systemic exposure to  $As^{III}$  is increased. Our data suggest that these changes may not significantly affect the safety profile of arsenic trioxide in patients with renal impairment when administered using a twice-weekly schedule. The consequences of the observed increases in systemic exposure to both methylated arsenic metabolites and inorganic arsenic as a result of renal impairment on patient safety with prolonged dosing schedules (i.e., daily for up to 60 days) are unknown. Future clinical studies are needed to examine these relationships in more detail. This could include a study of APL patients treated with arsenic trioxide with curative intent and who have renal dysfunction. This would allow a better estimation of the risks and benefits in this patient population.

In conclusion, definitive recommendations on dosing for each renal dysfunction level cannot be made. The limited toxicity data suggest that dose reductions are not required when arsenic trioxide is administered on a biweekly schedule. However, the PK data indicate caution as well as consideration of dose reduction in the treatment of patients with arsenic trioxide who are potentially at risk for increased toxicity, including patients with renal impairment. A pragmatic recommendation is therefore to weigh the risk and benefit of treatment. With APL, the goal is cure. In this case, one approach could be to dose patients with renal dysfunction using the dose as per the package insert (i.e., 0.15 mg/kg per day) and monitor the patient's cardiac rhythm via continuous telemetry monitoring. Dose alterations would be instituted if any safety concerns are noted (e.g., QTc interval increases greater than 60 ms above baseline, increases to an absolute value greater than 500 ms, and/or any evidence of ventricular triplets or "R on T" phenomena. Therapy should be held until resolution. If a clinical decision is made to continue therapy for cure, then dose reduction should be considered. Concomitant medications that are known to affect the QT interval should be avoided during treatment with arsenic trioxide. Overall, caution is advised in the use of arsenic trioxide in the treatment of patients with renal impairment, and the risk versus benefit must be carefully assessed.

**Acknowledgments** The authors gratefully acknowledge the editorial support provided by Bridget O'Keeffe, PhD, and Helix Medical Communications LLC. This study was funded by Cephalon, Inc., Frazer, Pennsylvania with additional support from NIH Grant No. M01 RR-000080 (SR) and NIH Grant GCRC M01RR00750 (CS).

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