ORIGINAL ARTICLE

# The polymorphisms of *TS* and *MTHFR* predict survival of gastric cancer patients treated with fluorouracil-based adjuvant chemotherapy in Chinese population

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# Abstract

*Purpose* The aim of this study was to investigate the association of the thymidylate synthase (*TS*) and methylenetetrahydrofolate reductase (*MTHFR*) polymorphisms with the clinical outcomes of gastric cancer patients treated with 5-FU-based adjuvant chemotherapy.

*Methods* One-hundred and sixteen patients with gastric cancer were treated with 5-FU-based adjuvant chemotherapy. The *TS* (a 28-bp tandem repeat polymorphism in the *TS* enhancer region (TSER) and a 6 bp deletion/insertion polymorphism in the 3'-untranslated region) and *MTHFR* C677T polymorphisms were determined in blood samples from those patients using PCR and PCR-LDR (ligation detection reaction) method, respectively.

*Results* The overall survival (OS) in patients with the *TS* ins6/ins6 genotype was significantly shorter than those in patients with the del6/del6 (P = 0.017) and ins6/del6 (P = 0.022) genotype. The relapse-free survival (RFS) and OS in patients with the *MTHFR* C/C genotype were significantly worse than those in patients with the T/T or C/T genotype (P = 0.043 and 0.040, respectively). Cox multivariate analysis also showed that patients with the *TS* ins6/ ins6 genotype have worse OS than patients with the T/T or C/T genotype (HR = 2.437, P = 0.041), and the *MTHFR* C/C genotype was associated with shorter RFS (HR = 1.723,

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Z.-H. Huang (⊠) · D. Hua · L.-H. Li Wuxi Oncology Institute, The Fourth Affiliated Hospital of Suzhou University, 200 Huihe Road, 214062 Wuxi, Jiangsu Province, China e-mail: hzhwxsy@yahoo.com.cn P = 0.031) and OS (HR = 1.681, P = 0.056). No significant association was found between the TSER polymorphism and the clinical outcomes (P > 0.05).

*Conclusion* The polymorphisms of *TS* 3'-UTR ins6/del6 and *MTHFR* C677T appear to be potential prognostic factors in gastric cancer patients treated with 5-FU-based adjuvant chemotherapy, which may allow identification of gastric cancer patients who will benefit from 5-FU chemotherapy.

# Introduction

Gastric cancer is the fourth most common cancer and the second most frequent cause of cancer deaths worldwide. Surgery is the primary modality for managing early-stage disease. However, even after radical surgery, the majority of gastric cancer patients develop local or distant recurrence [1]. Meta-analyses of adjuvant chemotherapy clinical trials have confirmed a survival benefit in favor of the systemic medical treatment [2-4]. Despite the development of new agents, 5-fluorouracil (5-FU) remains a cornerstone in the treatment of gastric cancer. However, the response rate is only approximately 25%, even if supplemented by leucovorin (CF), which improves the effect of 5-FU. Despite numerous efforts on identifying suitable predictive markers, there is still a lack of accurate markers to discriminate between the patients who are likely to benefit from 5-FU chemotherapy and those who are not [5-8].

As a pyrimidine analog, 5-FU exerts its anti-tumor effects through anabolism, which is determined by the rate

of catabolism. Thus, the genes coding for the key enzymes in 5-FU metabolism may play a pivotal role in the efficacy of 5-FU. Thymidylate synthase (TS) is the target enzyme for 5-FU and catalyzes methylation of dUMP to dTMP, which is an important process of DNA biosynthesis. The expression levels of TS in tumor tissues are considered to influence the sensitivity of several tumors, including gastric cancer, towards 5-FU-based chemotherapy [9, 10]. However, the scarcity of tumor tissue, the potential biases of immunohistochemistry and mRNA quantification, and the genetic heterogeneity of clinical tumor tissue limits its clinical applications. In contrast, it is much easier to obtain DNA isolated from peripheral blood lymphocytes for polymorphisms analysis. Genetic polymorphism is an important mechanism of influencing gene function. A lot of studies indicate that some TS polymorphisms could influence the response to 5-FU. The first found functional polymorphism in the TS promoter is a variable number of tandem repeats with two or three repeats of a 28-base pair sequence in the 5'-untranslated region (UTR) (2R/3R). The 3R allele was associated with enhanced TS expression when compared with the 2R allele [11, 12]. Another important TS polymorphism is a 6 bp deletion or insertion (del6/ins6) in the 3'-UTR. Several studies seem to confirm that the TS 3'-UTR del6 allele is associated with decreased TS mRNA stability and lower intra-tumoral TS expression in comparison with the ins6 allele [13].

Methylenetetrahydrofolate reductase (MTHFR) plays a key role in folate metabolism. The substrate for MTHFR, 5,10-methylenetetrahydrofolate, is essential to the DNA synthesis by acting as a cofactor in the conversion of dUMP to dTMP by TS. A common polymorphism in the MTHFR has been identified (C677T). The T/T variant occurs frequently in most populations and correlates with reduced enzyme activity and increased thermolability compared with the C/C wild-type homozygotes [14]. Because the activity of 5-FU is dependent on a competitive interaction with folate metabolism, the MTHFR 677 T allele may also influence the effect of 5-FU-based chemotherapy by causing the accumulation of 5, 10- methylenetetrahydrofolate. Some in vitro studies have identified the MTHFR polymorphism as an important predictor for 5-FU treatment [15], but the clinical data are controversial [16–19].

Most studies on the *TS* and *MTHFR* polymorphisms were focused on advanced or metastatic diseases. However, the results of those studies could not be transferred to adjuvant chemotherapy without reservation. The objective of the present study was to analyze whether the *TS* and *MTHFR* polymorphisms could influence the prognosis of gastric cancer patients receiving 5-FU-based adjuvant treatment.

## Materials and methods

### Patients

From May 2001 to November 2006, one hundred and sixteen patients with histologically confirmed gastric cancer were enrolled in this study at the Fourth Affiliated Hospital of Suzhou University. All those patients received radical surgery and classified as stage of IB-IV (M0). Of the patients, 12 curatively resected patients with stage IV (M0) patients were included based on following consideration: complete resection of the tumor with D (2-3) resection, defined as resection performed with curative intent and resulting in negative resection margins. After surgery, these patients were treated with at least four cycles of 5-FUbased adjuvant treatment (83 with 5-FU/CF/oxaliplatin, 14 with 5-FU/CF/taxanes, 19 with 5-FU/CF/oxaliplatin/other regimens (taxanes or hydroxycamptothecin)). Follow-up of those patients was performed at 3-month intervals after chemotherapy at outpatient clinics or by routine phone calls. The relapse of gastric cancer had to be proven by cytology biopsy or surgery. This study was approved by the ethics and research committee of our hospital.

### DNA extraction and genotyping

Blood samples were collected in EDTA containing tubes. Genomic DNA was isolated from peripheral blood lymphocytes using Axygene genomic DNA purification Kit (Axygen Biotechnology, China).

The primers and probes were listed in Table 1. Genotyping of *MTHFR* was performed using PCR-LDR (polymerase chain reaction-ligation detection reaction) method as described previously [20]. The PCRs for *TS* genotyping were carried out in a total volume of 20 µl including 20 ng genomic DNA,  $1 \times$  PCR buffer, 2.5 m mol/1 MgCl<sub>2</sub>, 0.2 m mol/1 dNTPs, 0.25 µ mol/1 each primer, 1 U hot-start Taq DNA polymerase (QIAgen) and 0.5% DMSO (only for TSER). Cycling parameters were as follows: 95°C for 15 min; 35 cycles of 94°C for 30 s, 60°C for 40 s, and 72°C for 30 s; and a final extension step at 72°C for 10 min. PCR products were analyzed by 2% (TSER) or 3% (*TS* 3'-UTR) agarose gel electrophoresis and ethidium bromide staining following by visualization with ultraviolet illumination using a gel imaging analyzing system.

In addition, the representative PCR products were subjected to direct DNA sequencing to confirm the accuracy of the genotyping results.

## Statistical analysis

Data analysis was performed using SPSS 13.0 for Windows. The genotypes for each polymorphism were

Primers or probes	Sequences $(5' \rightarrow 3')$	Length of product
TS-3'UTR-U	CAAATCTGAGGGAGCTGAGT	158/152 bp
TS-3'UTR-L	CAGATAAGTGGCAGTACAGA	
TSER-U	GTGGCTCCTGCGTTTCCCCC	243/215 bp
TSER-L	GGCTCCGAGCCGGCCACAGGCATGGCGCGG	
MTHFR-U	TGAAGGAGAAGGTGTC TGCGGGA	198 bp
MTHFR-L	AGGACGGTGCGGTGA GAGTG	
MTHFR-P	p-CTCCCGCAGACACCTTCTCCTTGCTGCGAT CGATGGTCAGGTGCTGCCGTG-FAM	
MTHFR-P-C	TTTTTCGTGACAACATTCAGCGTGCAGAGCA CAAAGCTGCGTGATGATGAAATCGG	107 bp
MTHFR-P-T	ATCGGTCACGAAACGGCTGGTCCGCACAA AGCTGCGTGATGATGAAATCGA	102 bp

**Table 1**The sequences ofprimers and probes

analyzed firstly as a three-group categoric variable (referent
model), and if it was necessary some SNPs were also
grouped further according to the dominant and recessive
model. The relationships between the genotype frequencies
and clinical characteristics were assessed by $\chi^2$ or Fisher's
exact probability tests. Relapse-free survival (RFS) was
defined as the time interval between the date of surgery and
the date of confirmed relapse or the date of last follow-up.
Overall survival (OS) was defined as the time between sur-
gery and either death or the time of the last follow-up. The
end date of the follow-up was 24 February 2008 and the
median follow-up period was 26.1 months (range 5.2-
75.1 months). The mortality rate and relapse rate in those
gastric cancer patients were 51.7% (60/116) and 60.3% (70/
116), respectively. Survival curves were generated by the
Kaplan-Meier method and verified by the log-rank test. Cox
proportional hazards regression analysis was used to esti-
mate Hazard Ratios (HRs) and their 95% confidence inter-
vals (CIs), representing the overall relative risk of relapse
and death associated with polymorphism, and to adjust for
potential confounding variables. All of the values were
two-sided and statistical significance was defined as
P < 0.05.

# Results

# TS and MTHFR genotypes

A total of 116 patients were analyzed. Their demographic and disease characteristics were shown in Table 2. The allelic discrimination data from PCR and PCR-LDR assay were confirmed by direct sequencing of representative PCR products. In those cases, the genotype determined by PCR or PCR-LDR assay was identical to that determined by DNA sequencing (Supplementary Fig. 1). Table 3 listed the

Table 2	Patients characteristics	Characteristics	n (%)
		Age	
		≥58	66 (56.9)
		<58	50 (43.1)
		Gender	
		Male	84 (72.4)
		Female	32 (27.6)
		Histotype	
		Intestinal	76 (65.5)
		Diffuse	40 (34.5)
		Nodal stage	
		N0	24 (20.7)
		N1	63 (54.3)
		N2	29 (25.0)
		Tumor stage	
<i>TNM</i> tumo		T1	1 (0.9)
		T2	5 (4.3)
		T3	92 (79.3)
		T4	18 (15.5)
		TNM stage	
		IB	3 (2.6)
		II	19 (16.4)
		IIIA	60 (51.7)
		IIIB	22 (19.0)
		IV(M0)	12 (10.3)
		Grading	
		G2	52 (44.8)
	nor-node-metastasis	G2-G3	14 (12.1)
classifications; G grading		G3	50 (43.1)

genotypes distribution of *TS* and *MTHFR* polymorphisms. No significant associations were found between those polymorphisms and age, gender, pathologic stage, or grading (data not shown).

**Table 3**The distribution of *TS*and *MTHFR* genotypes

Genotypes	n (%)	
TSER		
2R/2R	9 (7.8)	
2R/3R	37 (31.9)	
3R/3R	70 (60.3)	
TS 3'-UTR		
ins6/ins6	11 (9.5)	
ins6/del6	48 (41.4)	
del6/del6	57 (49.1)	
MTHFR 677		
T/T	22 (19.0)	
C/T	53 (45.7)	
C/C	41 (35.3)	

Association between polymorphisms and clinical outcomes

According to the Kaplan-Meier survival analysis, median RFS was 11.5 months for the ins6/ins6 genotype, 20.8 months for the ins6/del6 genotype, and 36.9 months for the del6/del6 genotype (log-rank  $\chi^2 = 3.483$ , P = 0.175, Fig. 1a). Patients with the ins6/ins6 genotype had a shorter OS of 20.7 months when compared with 29.8 and 41.0 months in those with the ins6/del6 (log-rank  $\chi^2 = 5.219$ , P = 0.022) and del6/del6 genotype(log-rank  $\chi^2 = 6.676$ , P = 0.017) (Fig. 1d).

Patients with the 3R/3R genotype had a shorter RFS of 19.1 months when compared with 31.8 and 29.8 months in those with the 2R/3R and 2R/2R genotype; however, the difference was not statistically significant (log-rank  $\chi^2 = 1.541$ , P = 0.463, Fig. 1b). No significant association was seen between the OS of patients with the 3R/3R genotype and that of patients with the 2R/3R and 2R/2R genotype (log-rank  $\chi^2 = 3.795$ , P = 0.150, Fig. 1e).

The Kaplan-Meier survival analysis showed that patients with the *MTHFR* C/C genotype had shorter RFS (19.9 vs. 31.8 months, log-rank  $\chi^2 = 4.103$ , P = 0.043) (Fig. 1c) and OS (24.5 vs. 52.0 months, P = 0.040) than patients with the other two genotypes (Fig. 1f).

After adjusted for age, gender, pathologic stage and grading, multivariate analysis showed that the ins6/ins6 genotype appeared to be an independent risk factor for OS when compared with the other two genotypes (adjusted HR = 2.437, P = 0.041). The *MTHFR* C/C genotype was a potential risk factor for RFS (adjusted HR = 1.723, P = 0.031) for gastric cancer patients, and a trend for worse OS in patients with the C/C genotype versus those with the T/T and C/T genotypes also was noted (adjusted HR = 1.681, P = 0.056) (Table 4).

## Discussion

In this study, we investigated whether the determination of two common polymorphisms of the *TS* gene and the *MTHFR* C677T polymorphism in gastric cancer patients receiving 5-FU-based adjuvant chemotherapy, could be used to predict the relapse and survival of those patients. Our analysis suggests that the polymorphisms of the *TS* 3'UTR and *MTHFR* C677T can result in differences of RFS and/or OS among gastric cancer patients treated with 5-FUbased adjuvant chemotherapy, highlighting its potential utility for the rational choosing 5-FU in the treatment of gastric cancer.

It is well known that some genetic or biologic features of cancer cell happen during the course of cancer progression. It is possible that some variations between early and advanced (metastatic) cancer may account for their different response to a certain drug. Most of the current studies on the *TS* and *MTHFR* polymorphisms focused on advanced or metastatic diseases; and the results of these studies may not be able to exactly reflect the potential influence of the polymorphisms of *TS* and *MTHFR* on adjuvant chemotherapy.

Recently, the TS polymorphisms have been suggested to influence 5-FU sensitivity in vitro and in vivo. Several studies on colorectal cancer found that the 3R/3R genotype was associated with worse clinical outcomes in patients treated with 5-FU-based chemotherapy compared with the 2R/2R or 2R/3R genotype [21, 22], but Jakobsen et al. [17] got opposite conclusion. Different results also were reported in gastric cancer. Ishida et al. [5] observed that a longer survival was associated with the 2R/2R or 2R/3R genotype in gastric cancer patients who had received the oral fluoropyrimidines therapy, compared with the 3R/3R genotype, although it did not reach significance. Ott et al. [7] reported that the 3R/3R is a risk factor for tumor-related survival in neoadjuvant treated locally advanced gastric cancer. However, several other studies did not observe any significant difference in the outcome of patients according to TSER genotypes [6, 19, 23, 24]. Uncertainty about the effect of the TS 3'UTR polymorphism in patients treated with FU also exists. Dotor et al. [25] found a better effect of the TS 3'UTR del6/del6 on survival of colorectal cancer patients treated with 5-FUbased adjuvant chemotherapy. Stoehlmacher et al. [26] also showed that the TS del6/del6 genotype was associated with better clinical outcomes of colorectal cancer patients receiving 5-FU-based chemotherapy. In advanced gastric cancer patients treated with FU, Lu et al. [27] also found higher response rate in patients with the TS 3'UTR del6 allele compared to the patients with the ins6/ins6 genotype, but several other studies showed that the TS 3'UTR polymorphism could not predict the efficacy of 5-FU treat-



Fig. 1 Kaplan-Meier curves considering the influence of the thymidylate synthase (TS) and methylenetetrahydrofolate reductase (MTH-FR) genotypes on relapse-free survival and overall survival of gastric cancer patients treated with 5-FU-based adjuvant chemotherapy. **a–c** 

Kaplan-Meier estimates of relapse-free survival by the *TS* 5'-untranslated region (5'-UTR), *TS* 3'-UTR and *MTHFR* C677T genotypes, respectively; **d–f** Kaplan-Meier estimates of overall survival by the *TS* 5'-UTR, *TS* 3'-UTR and *MTHFR* C677T genotypes, respectively

ment [19, 23, 24]. Possible explanations for divergent findings may include genotyping in normal or tumor tissues, variable doses and schedules of FU-based therapy, variable tumor stage or different kind of cancers, limited patient's numbers in some studies and different ethnic populations among those studies.

 Table 4
 Cox multivariate analyses for overall and relapse-free survival

Variables	Relapse-free survival		Overall survival	
	HR (95% CI)	P value	HR (95% CI)	P value
Age (≥58 vs. <58)	1.000 (0.975-1.026)	0.992	1.008 (0.980-1.037)	0.560
Gender (male vs. female)	0.958 (0.557-1.646)	0.876	1.161 (0.657–2.053)	0.607
TNM stage (IB-II vs. III-IV)	1.568 (0.779–3.158)	0.208	2.933 (1.241-6.932)	0.014
Grading				
G3	1.0 (referent)		1.0 (referent)	
G2	0.587 (0.347-0.994)	0.047	0.679 (0.387-1.191)	0.177
G2–G3	0.468 (0.192-1.145)	0.096	0.486 (0.181-1.306)	0.152
TSER (3R/3R vs. 2R/2R + 2R/3R)	0.340 (0.809-2.220)	0.256	1.540 (0.879–2.698)	0.131
TS 3'-UTR (del6/del6 + ins6/del6 vs. ins6/ins6)	1.542 (0.681-4.494)	0.299	2.437 (1.039-5.716)	0.041
<i>MTHFR</i> 677 (T/T + C/T vs. C/C)	1.723 (1.051–2.826)	0.031	1.681 (0.988-2.862)	0.056

HR hazard ratio; CI confidence interval; TNM tumor-node-metastasis classifications; G grading

In this study, the OS in patients with the TS ins6/ins6 genotype was significantly shorter than those in patients with the del6/del6 and ins6/del6 genotype, but no significant association was found between the clinical outcomes and the TSER polymorphism. A limitation of the present study was failed to analyze another important polymorphism (a G > C substitution at the 12th nucleotide in the second repeat of the 3R alleles, named 3RG/ 3RC) in the TSER, which has been identified recently and has opened new perspectives for studying TS 5'-UTR genotypes. TS 5'-UTR genotypes were classified into high expression type (2R/3G, 3C/3G, and 3G/3G) and low expression type (2R/2R, 2R/3C, and 3C/3C). Although Dotor et al. [25] found that the analysis of the double polymorphism in TS 5'-UTR did not add prognostic information, several studies analyzed the TS polymorphisms based on 5'-UTR/3'-UTR combined genotypes and found that those polymorphisms may all have functional influence on the effect of 5-FU, even though no significant association was found between the 5-FU sensitivity and the sole TS polymorphisms [18, 28, 29]. However, in the present study, we failed to analyze the novel polymorphism that functionally transfers a TS 3R genotype into a TS 2R genotype in their analysis, which may influence the effect of the TS 5'UTR polymorphisms on the prognosis of gastric cancer patients treated with 5-FU-based adjuvant chemotherapy.

The third polymorphism with putative influence on 5-FU-based chemotherapy is the *MTHFR* C677T. The reduced activity of the thermolabile variant of the MTHFR enzyme in T allele carriers increases availability of 5,10methylenetetrahydrofolate, which is a cofactor for fluorouracil inhibition of TS. In previous studies, the *MTHFR* C677T polymorphism showed significant [16, 17] or no clear prognostic effect [18, 19, 24, 30] in patients treated with FU-based palliative chemotherapy. Lu et al. [31] reported that the MTHFR T/T genotype was associated with higher response rate compared to the C/C or C/T genotype in advanced gastric cancer treated with 5-FU-based chemotherapy in Chinese population, but several studies on other populations showed that the T allele was not associated with improved outcomes [18, 19, 24, 30]. In the present study, we also found the favorable effect of the T allele on survival of gastric cancer patients receiving 5-FU-based adjuvant chemotherapy in Chinese population. Basing on the functional effect of the MTHFR 677 T allele, perhaps there is another possible explanation for divergent results in vivo in addition to the aforementioned reasons about the TS polymorphisms. Cellular availability of cofactor 5,10methylenetetrahydrofolate for fluorouracil TS inhibition may be influenced not only by the MTHFR C677T polymorphism, but also other factors, like folate level in the diet. It is possible that patients with low folate diet are more susceptible to the effects of the MTHFR C677T than patients with sufficient folate intake. MTHFR C677T polymorphism may show different pharmacogenetic effects on the 5-FU sensitivity in studied populations with different diet features.

## Conclusion

Our data show that the polymorphisms of *TS* 3'-UTR and *MTHFR* C677T appear to be potential prognostic factors in gastric cancer patients treated with 5-FU-based adjuvant chemotherapy.Further prospective clinical studies on the prognostic role of the *TS* and *MTHFR* polymorphisms are needed before the polymorphisms can be used in clinical practice to select patients who are most likely to benefit from 5-FU-based chemotherapy.

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