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# A model-based approach to the in vitro evaluation of anticancer activity

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#### Abstract

Purpose The use of in vitro screening tests for characterizing the activity of anticancer agents is a standard practice in oncology research and development. In these studies, human A2780 ovarian carcinoma cells cultured in plates are exposed to different concentrations of the compounds for different periods of time. Their anticancer activity is then quantified in terms of  $EC_{50}$  comparing the number of metabolically active cells present in the treated and the control arms at specified time points. The major concern of this methodology is the observed dependency of the EC<sub>50</sub> on the experimental design in terms of duration of exposure. This dependency could affect the efficacy ranking of the compounds, causing possible biases especially in the screening phase, when compound selection is the primary purpose of the in vitro analysis. To overcome this problem, the applicability of a modeling approach to these in vitro studies was evaluated.

*Methods* The model, consisting of a system of ordinary differential equations, represents the growth of tumor cells using a few identifiable and biologically relevant parameters related to cell proliferation dynamics and drug action. In particular, the potency of the compounds can be

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C. E. Re · D. Ballinari Nerviano Medical Sciences, Via Pasteur 10, 20014 Nerviano (MI), Italy measured by a unique and drug-specific parameter that is essentially independent of drug concentration and exposure time. Parameter values were estimated using weighted nonlinear least squares.

*Results* The model was able to adequately describe the growth of tumor cells at different experimental conditions. The approach was validated both on commercial drugs and discovery candidate compounds. In addition, from this model the relationship between  $EC_{50}$  and the exposure time was derived in an analytic form.

*Conclusions* The proposed approach provides a new tool for predicting and/or simulating cell responses to different treatments with useful indications for optimizing in vitro experimental designs. The estimated potency parameter values obtained from different compounds can be used for an immediate ranking of anticancer activity.

Keywords Pharmacodynamic analysis ·

Cellular responses to anticancer drugs ·

Model-based approach · Tumor growth inhibition model

## Introduction

In oncology, one of the most important steps for screening compounds is the evaluation of their in vitro anticancer activity. Generally, after a first test on pure enzymatic systems, the most active moieties are compared on the basis of their capability to inhibit tumor cell proliferation in vitro. In these kinds of experiments, tumor cell cultures are exposed to different concentrations of the compound for a given time. For a given drug concentration C and exposure time T, drug efficacy (E) is measured as the ratio of the number of surviving cells to the number of cells observed in the control arm, in which cells are grown without anticancer agents. The

design of the experiments is tailored to the specific phase of development and the corresponding needs. In the screening phase, for example, the cells are usually exposed only to a limited number of concentration levels for a unique fixed period of time [10, 11, 13], whilst, in case of further investigation on a specific compound, a wider range of concentration levels and exposure times is adopted. In the latter case, drug efficacy is typically summarized by a twoentry table (E vs. c and t) and, in case of sufficient data, also by a three-dimensional response surface [1, 8, 9, 12, 17]. This bivariate relationship E = f(c, t) may be characterized by descriptive and empirical methodologies. These approaches, however, do not provide a unique drug specific estimate of the anticancer activity. For example, the  $EC_{50}$  values may change significantly when calculated at different exposure times, showing that the experimental design and conditions may strongly influence the assessment of drug activity.

An alternative and more ambitious approach would be to develop a pharmacodynamic (PD) model of the time course of observed data. Along this direction, a first attempt has been made in [14], where a PD model of the in vitro effects of methotrexate is developed. In order to account for the substantial delay of the observed drug effect, the authors resorted to transit compartment models, which are emerging as a simple and robust approach to describe physiological time delays [6, 15].

In this paper, a new PD model describing the effect of drug concentration on cell proliferation rate is investigated. Differently from [14], where attention is focused on a single drug, our aim is to have a model describing the behaviour of a variety of drugs so as to enable comparative potency ranking. A major difference with respect to [14] is that the transit compartments are used to model the damage process of the tumor cells instead of describing delayed drug action. The proposed model describes the in vitro cell growth by means of few physiologically relevant parameters. In particular, it is possible to obtain a unique drug-specific index of efficacy on which candidate ranking can be based.

#### Materials and methods

#### Chemical supplies

All drugs and compounds used were either obtained from Nerviano Medical Sciences (Nerviano, Milan, Italy) or commercially available.

#### Cell culture conditions

A2780 human ovarian cancer cells were seeded at 20,000 cell/cm<sup>2</sup> in complete medium (RPMI 1640 plus 10% Foetal Bovine Serum). 24 h after seeding, cells were

treated with compounds dissolved in 0.1% DMSO, at different concentrations.

The cells were incubated at 37°C and 5% CO<sub>2</sub> and at the end of the exposure time the plates were processed using CellTiter-Glo assay (Promega) following the manufacturer's instruction. CellTiter-Glo is a homogenous method based on the quantification of the ATP present, an indicator of metabolically active cells [5]. ATP is quantified using a system based on luciferase and D-luciferin resulting into light generation. Briefly, 25 ml reagent solution is added to each well and, after 5-min shaking microplates are read by Envision (PerkinElmer) luminometer. The luminescent signal is proportional to the number of active cells present in culture. Dead cells do not affect cell counts because they do not contribute to the ATP content. As a consequence, the number of metabolically active cells can be directly derived from the luminescent signal using a specific calibration curve [5, 7].

Inhibitory activity was evaluated comparing treated versus control data using Assay Explorer (MDL) program.

## Experimental

Two different experimental sessions were considered; in the first one, commercial anticancer drugs were investigated: 5-fluorouacil (5-FU), cisplatin, docetaxel, doxorubicin, etoposide, gemcitabine, SN38 (the active metabolite of irinotecan), paclitaxel, vinblastine and vincristine. In the second session, four compounds in early discovery phase, namely compounds A, B, C, and D, were tested. In both cases, at each concentration level, cell counts were replicated using four wells. Replicates of controls (cells without treatment) were also included, eight wells in the first session and fourteen wells in the second one.

A twofold concentration range was considered; in particular, the different compounds were used at the following concentrations: doxorubicin from 9.77 nM to 10 µM, paclitaxel from 0.244 nM to 0.25 µM, 5-FU, cisplatin and etoposide from 97.6 nM to 100 µM, vincristine, vinblastine and docetaxel from 24.4 pM to 25 nM, SN38 from 19.5 nM to 20 µM, gemcitabine from 2.44 nM to 2.5 µM, compound A and compound C from 78.1 nM to 40 µM, compound B and compound D from 97.7 nM to 50 µM. The following exposure times were tested for the drugs of the first session: 4, 8, 12, 24, 48, and 72 h; the exposure times for the compounds of the second session were: 4, 8, 24, 48, and 72 h, except for the compounds A and C for which the measurement at 48 h was not taken. For each concentration level (and for controls), cell counts evaluated at different exposure times and averaged over replicates were gathered to obtain the average growth time course.

The experiments were carried out using a 96-well plate format. Each plate, associated with a specific exposure time, included wells treated with two drugs at different concentrations together with untreated wells used as control reference. As a whole, in the first session 30 plates (corresponding to six exposure times and five pair of drugs) yielded the growth curves of ten drugs at different concentrations and five controls. In the second session, nine plates (corresponding to five exposure times for a pair of compounds and four exposure times for another pair) yielded the growth curves of four drug candidates at different concentrations and two controls.

## Pharmacodynamic model

#### Unperturbed growth model (untreated cells)

Tumor proliferation of untreated cells was described by an exponential growth model  $N_u(t) = N_0 e^{\lambda_0 t}$  or, in terms of differential equations:

$$\frac{\mathrm{d}N_u(t)}{\mathrm{d}t} = \lambda_0 N_u(t)$$
$$N_u(0) = N_0$$

where  $N_u(t)$  is the number of proliferating tumor cells at time t,  $\lambda_0$  is the rate of exponential growth, and  $N_0$  is the number of proliferating cells at time t = 0. The origin of the time axis is 24 h after seeding, which also corresponds to the start of the treatment.

## Perturbed growth model (treated cells)

In the proposed model, the antitumor drug, whose concentration is assumed constant and is denoted by c, makes some cells non-proliferating, eventually bringing them to death. It is assumed that the rate of transformation of proliferating cells into non-proliferating ones is proportional to the number of proliferating ones through the constant parameter  $k_2$ , which acts as an index of drug potency. The time which is elapsed from the instant when the cell is hit by the drug to the cell death is called time-to-death. The death process has been described by a chain of transit compartments that can be thought of as progressive stages of damage. A three-compartment model has been adopted here. In terms of differential equations, the overall in vitro tumor growth inhibition model (TGI model A, Eq. (1)) is:

$$\begin{cases} \frac{dN_p(t)}{dt} = \lambda_0 N_p(t) - k_2 c N_p(t) \\ \frac{dN_1(t)}{dt} = k_2 c N_p(t) - k_1 N_1(t) \\ \frac{dN_2(t)}{dt} = k_1 N_1(t) - k_1 N_2(t) \\ \frac{dN_3(t)}{dt} = k_1 N_2(t) - k_1 N_3(t) \end{cases}$$
(1)

$$N_t(t) = N_p(t) + N_1(t) + N_2(t) + N_3(t)$$
  

$$N_p(0) = N_0, N_1(0) = N_2(0) = N_3(0) = 0$$

where  $N_p(t)$  denotes the number of proliferating cells at time t and  $N_i(t)$ , i = 1, 2, 3 the number of cells in the *i*th damage stage. In the above equations,  $k_1$  is the rate of transition from a damage compartment to the next one (the average time-to-death corresponding to  $3/k_1$ ).

If the (average) death time exceeds the last observation of the time-course, cell death cannot be observed so that, for practical purposes, the damage compartments can be merged together, obtaining the following reduced model (TGI model B, Eq. (2)):

$$\begin{cases} \frac{dN_{p}(t)}{dt} = \lambda_{0}N_{p}(t) - k_{2}cN_{p}(t) \\ \frac{dN_{np}(t)}{dt} = k_{2}cN_{p}(t) \end{cases}$$
(2)  
$$N_{t}(t) = N_{p}(t) + N_{np}(t) \\ N_{p}(0) = N_{0}, N_{np}(0) = 0 \end{cases}$$

where  $N_{np}(t)$  is the total number of non-proliferating cells regardless of their degree of damage. It has to be noticed that this implies that in TGI model B no cells are lost during the observation time period (i.e., 72 h) and, as a consequence, the number of observed cells may never show a decrease even at the highest drug concentration levels. As such, this model can be considered representative of the effect of the drug on the cells only in this transient phase and, differently from TGI model A, cannot be extrapolated outside this time interval.

The analytic expression of the total number  $N_t(t)$  of tumor cells is reported in Appendix for both models.

## Threshold concentration

From Eq. (1) it is seen that the derivative of the proliferating cells is negative if and only if  $c > \lambda_0/k_2$ . The concentration  $C_T = \lambda_0/k_2$ , called threshold concentration, is the minimal drug concentration that stops the increase of the number of proliferating cells. If  $c > C_T$ , the number of cells asymptotically tends to zero.

## Inhibition surfaces

The results of in vitro cell-growth studies can be represented as inhibition surfaces, which show the effect E(c,t)as a function of concentration c and exposure time t. The usual approach is to estimate such surfaces from experimental data collected on a grid of values in the plane (c, t), using either parametric [9, 17] or nonparametric [8] methods. Using the new TGI model, an analytic expression for the whole inhibition surface can be derived from the parameters  $N_0$ ,  $\lambda_0$ ,  $k_1$ ,  $k_2$ . More precisely:

$$E(c,t) = 100 \left(1 - \frac{N_t(t,c)}{N_u(t)}\right)$$

where  $N_t(t, c)$  is the total number  $N_t(t)$  of tumor cells (see Appendix for its analytic expression) at drug concentration *c*.

## $EC_{50}$ calculation

For a given exposure time *T*,  $\text{EC}_x(T)$  is defined as the concentration  $\overline{c}$  such that  $E(\overline{c}, T) = x$ . In particular,  $\text{EC}_{50}$  is commonly used to characterize the potency of the compounds.  $\text{EC}_{50}$  can be estimated from the following three-parameter Hill's model:

$$E(c,T) = E_0(T) + \frac{(100 - E_0(T))c^m}{\mathrm{EC}_{50}^m(T) + c^m}$$

where *m* is a shape factor and  $E_0(T)$  is the baseline effect.

Note that for some values of t, EC<sub>50</sub> may not exist. In fact, if t is too small, no concentration can achieve a 50% effect due to the non-null time-to-death. In the following,  $t_{\rm min}$  denotes the minimal time such that EC<sub>50</sub> exists for all  $t > t_{\rm min}$ .

According to the proposed TGI model,  $t_{\min}$  is the minimal time *t* such that  $N_t(t, \infty)/N_u(t) = 0.5$ , where  $N(t, \infty)$  is the total number of tumor cells at time *t* when drug concentration tends to infinity. From Appendix, it follows that for TGI model A

$$e^{-k_1 t_{\min}} \left( 1 + k_1 t_{\min} + k_1^2 \frac{t_{\min}^2}{2} \right) - \frac{1}{2} e^{\lambda_0 t_{\min}} = 0$$
(3)

so that  $t_{\min}$  can be numerically computed by finding the zeros of the Eq. (3).

Note that for TGI model B, corresponding to  $k_1 = 0$  in Eq. (3), the minimal time admits the simple expression  $t_{\min} = \ln(2)/\lambda_0$ , which coincides with the cell doubling time.

#### Data analysis

The PD model was implemented using Winnonlin (version 3.1, Pharsight, CA, USA). Parameters were estimated using weighted nonlinear least squares. Different weighting strategies (uniform,  $1/y_{observed}$ ,  $1/y_{observed}^2$ ) were applied and chosen based on the analysis of residuals and the coefficient of variation of the estimated parameters. The pharmaco-dynamic model was fitted to the cell counts averaged over replicates. For each experiment, the unperturbed and perturbed growth models were fitted simultaneously to the data of control and treated groups.

# Results

Both experimental sessions were analyzed using the proposed in vitro TGI model. According to such model, the unperturbed growth can be considered a particular case of the perturbed one for c = 0, so that for each drug simultaneous fitting of both control and treated arms is possible. The activity of different compounds (ten commercial anticancer drugs and four compounds still in discovery phase) was analyzed. As an example Fig. 1 shows the observed and model-fitted growth for both controls and cells exposed to different concentrations of three representative compounds, namely doxorubicin (Root Mean Square Error RMSE = 945.8), 5-FU (RMSE = 771.9), and compound C (RMSE = 667.4). In case of 5-FU the use of model B (Eq. 2) was suggested by the lack of any decrease in the observed number of cells also at the highest concentration level of 100  $\mu$ M. It appears that the model was able to adequately describe cell growth for all three compounds. Similar results were obtained for the other eleven compounds, with RMSE ranging in the interval [616.9, 1322.9] and [235.1, 667.4] for the first and second experimental session, respectively. Fitted versus observed number of cells are plotted in Fig. 2 for all the fourteen compounds.

Parameter values estimated for all the tested compounds together with the corresponding coefficient of variation (CV%) are reported in Table 1. The parameters related to the growth of untreated cells ( $N_0$  and  $\lambda_0$ ) were always well determined with CV% below 5% in all the investigated cases. The exponential rate  $\lambda_0$  had an average value of  $3.06 \times 10^{-2}$  h<sup>-1</sup> with a very limited range of variability [ $2.58 \times 10^{-2}$ ,  $3.39 \times 10^{-2}$ ]. The corresponding doubling time ln(2)/ $\lambda_0$  = 22.7 h was in optimal agreement with the biological knowledge on the A2780 cell line. The values of  $N_0$  clustered in two groups according to the different experimental sessions; for the first session, the average initial number of cells resulted to be 2279, whilst for the other session (candidate compounds) lower values were estimated (average value of 1164).

The estimated values of the potency parameter  $k_2$  ranged from 6.34 × 10<sup>-4</sup>  $\mu$ M<sup>-1</sup> h<sup>-1</sup> for 5-FU to 21.8  $\mu$ M<sup>-1</sup> h<sup>-1</sup> for vinblastine; the CV% were always less than 15% indicating a very good precision of the estimates. For cisplatin, doxorubicin, etoposide, gemcitabine and the four compounds in discovery phase, the estimated values of  $k_1$ ranged from 0.033 to 0.416 h<sup>-1</sup> with CV% always less than 42%. For the other drugs (paclitaxel, SN38, vinblastine, 5-FU, vincristine and docetaxel), the  $k_1$  parameter (transition rate through the mortality chain) was not significantly different from zero (*t* test, *P* > 0.05) indicating that 72 h are not enough to observe cell death. For this reason, these drugs were analyzed using the TGI model B. 0.0390625 μM

0.3125 μM

2.5 μM

controls

0.3125 μM

2.5 μM

20 μM

24 48

Time (h)

10<sup>5</sup>

0

N° of cells 104 10<sup>3</sup> 10

Time (h)

controls

Α

105

10<sup>3</sup>

10<sup>2</sup> 0 24 48 72

N° of cells 104

С



Fig. 1 Observed data (black circles) and fitted growth curves (continuous lines) for both untreated and treated A2780 human ovarian cancer cells exposed to different concentrations of

72

5 μΜ

40 μM

10 μM



Fig. 2 Regression plot of fitted versus observed number of cells for all the fourteen compounds

doxorubicin (Panel A), 5-FU (Panel B) and compound C (Panel C). Data of each panel were simultaneously fitted by using TGI model A (doxorubicin and compound C) or TGI model B (5-FU)

From the model parameters  $\lambda_0$  and  $k_2$ , the threshold concentration  $C_T$  (which, as previously defined, is the minimum concentration that stops the increase of proliferating cells) was computed (see Table 1). For a given cell line, the  $C_T$  parameter can be also used to rank the compounds according to their potency with lower  $C_T$  values corresponding to greater potency. The computed values of  $C_T$  ranged from  $1.55 \times 10^{-3} \,\mu\text{M}$  for vinblastine to 48.4 µM for 5-FU.

The robustness of the proposed approach when the number of plates is very limited as usually happens in screening experiments was also investigated. For this purpose, a reduced data set consisting of only the data collected at 4 and 72 h (first and last exposure time) was considered. The parameters  $\lambda_0$ ,  $N_0$ ,  $k_1$ , and  $k_2$  obtained from

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		$\lambda_0 \ ({ m h}^{-1})$	N <sub>0</sub> (no. of cells)	${k_1 \over ({ m h}^{-1})}$	$k_2 \ (\mu M^{-1} \ h^{-1})$	$C_T$ ( $\mu$ M)	$\substack{t_{\min} \\ (h)}$	$\lambda_0 \ ({ m h}^{-1})$	N <sub>0</sub> (no. of cells)	$k_1$ (h <sup>-1</sup> )	$k_2 \ (\mu M^{-1} \ h^{-1})$	$C_T$ ( $\mu$ M)	EC <sub>50</sub> (μM)
5-Fluorouacil	В	0.0307	2323.7	I	0.000634	48.4	22.6	0.0288	2602.2	I	0.000743	38.8	27.7
		(1.96)	(1.96)		(8.75)			(1.52)	(1.98)		(6.83)		(10.74)
Cisplatin	A	0.0311	2318.2	0.014	0.00507	6.13	14.9	0.0301	2337.0	0.08014 (8.12)	0.00516	5.83	2.15
		(1.95)	(1.96)	(11.57)	(7.56)			(1.50)	(1.98)		(5.60)		(3.42)
Docetaxel	В	0.0326	2283.8	Ι	6.83	0.00477	21.3	0.0325	2085.0	Ι	6.53	0.00498	0.00228
		(2.21)	(2.29)		(6.97)			(2.07)	(2.87)		(60.6)		(9.95)
Doxorubicin	А	0.0292	2147.3	0.0743	0.0745	0.392	18.1	0.0271	2279.8	0.0695 (12.55)	0.0775	0.350	0.102
		(2.72)	(2.43)	(8.39)	(9.03)			(3.78)	(4.23)		(12.29)		(15.44)
Etoposide	А	0.0258	2420.3	0.0634	0.00560	4.61	20.7	0.0246	2373.0	0.0560 (18.17)	0.00504	4.88	0.860
		(4.18)	(3.19)	(10.72)	(14.23)			(6.52)	(6.41)		(22.05)		(19.77)
Gemcitabine	А	0.0314	2407.7	0.0336	0.413	0.0760	21.0	0.0309	2419.3	0.0339 (11.62)	0.46	0.0672	0.0422
		(3.82)	(3.28)	(12.55)	(12.73)			(3.41)	(4.09)		(11.08)		(16.79)
SN38 (Irinotecan)	в	0.0335	2163.3	I	0.00489	6.85	20.7	0.0316	2345.67	I	0.00522	6.05	3.68
		(2.12)	(2.35)		(9.76)			(0.94)	(1.33)		(4.14)		(8.93)
Paclitaxel	В	0.0311	2149.1	I	5.92	0.00525	22.3	0.0298	2298.7	Ι	6.843	0.00435	0.00341
		(2.74)	(2.16)		(10.51)			(2.72)	(2.71)		(10.23)		(29.49)
Vinblastine	в	0.0339	2247.3	I	21.8	0.00155	20.4	0.0331	2113.5	I	15.55	0.00213	0.00126
		(2.58)	(2.66)		(11.72)			(2.74)	(3.66)		(11.09)		(18.17)
Vincristine	в	0.0322	2329.8	I	14.7	0.00219	21.5	0.0295	2633.3	I	14.018	0.00210	0.00199
		(2.07)	(2.08)		(8.81)			(2.42)	(2.99)		(96.6)		(18.14)
Compound A	А	0.0283	1313.1	0.293	0.0726	0.390	9.36	0.0290	1289.3	0.0689	0.113	0.257	0.139
		(4.84)	(4.33)	(36.93)	(11.18)			(3.65)	(4.28)	(10.24)	(9.34)		(2.46)
Compound B	Α	0.0292	1016.1	0.416	0.0112	2.61	5.60	0.0288	1007.3	0.109	0.0143	2.01	1.00
		(1.79)	(1.97)	(41.73)	(6.22)			(1.38)	(1.68)	(17.813)	(7.30)		(6.31)
Compound C	Α	0.0305	1408.7	0.0640	0.0483	0.631	18.6	0.0301	1399.6	0.0680	0.0433	0.695	0.583
		(4.29)	(4.00)	(9.64)	(12.50)			(5.13)	(6.60)	(15.05)	(14.48)		(4.47)
Compound D	А	0.0288	921.7	0.0641	0.115	0.250	19.3	0.0267	999.3	0.0584	0.108	0.247	0.0975
		(4.95)	(4.06)	(7.48)	(10.98)			(6.46)	(5.85)	(8.95)	(13.44)		(7.68)
The full data set ref	ers to the ov	rerall expendent	rimental data, wh	ile the reduc	ced data set cons.	ists of only t	the data c	sollected at	t 4 and 72 h (first	and last exposure t	ime). The table	reports also t	hree other

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these reduced data sets were still identifiable, with values and CV% comparable to those previously obtained from the full time courses (see Table 1). In particular, the Spearman's correlation between  $k_2$  estimated on the full data set and its estimate on the reduced data set was equal to 0.9747 (0.9912 for  $C_T$ ) indicating consistency in the drug potency ranking.

From the analytic expression of E(c, t), see "Materials and methods", inhibition surfaces providing the effect E as a function of concentration c and exposure time t for all compounds were computed and are reported in Fig. 3. The different profiles of EC50 versus exposure time of all the analyzed compounds are plotted in Fig. 4. It is apparent that  $EC_{50}$  exhibits a strongly nonlinear time dependence passing from vertical asymptotes to slow decays. The vertical asymptotes occur in correspondence of  $t_{\min}$ , the minimal time at which  $EC_{50}$  is defined. The values of  $t_{min}$ computed as explained previously (see "Materials and methods") are reported in Table 1. Recall that for the six drugs whose  $k_1$  was not significantly different from zero,  $t_{\min}$  coincides with the cell doubling time. When  $k_1$  was identifiable, a linear dependence of  $t_{\min}$  on the logarithm of  $k_1$  was observed (see Fig. 5).

The shape of the curves in Fig. 4 suggests that robust estimates of  $EC_{50}$  can be obtained only exposing the cells for a sufficiently long period of time, e.g. 48 or 72 h as in these experiments. In fact, for exposure times close to  $t_{min}$ ,  $EC_{50}$  is extremely time sensitive.

The  $C_T$  values and the EC<sub>50</sub> at 72 h, the longest exposure time, showed a tight log–log correlation ( $r^2 = 0.983$ ) with the exponential coefficient equal to 1.05, see Fig. 6.

#### Discussion

Ten commercial anticancer drugs and four new generation compounds still in discovery phase were tested in vitro using A2780 tumor cell line in two different experimental sessions. A new PD approach to the analysis of the response curves was proposed and tested. The model was able to adequately describe the time course of the cell growth in control and treated cells showing the appropriateness and suitability of the model assumptions. As a result, for each compound, four physiologically meaningful pharmacodynamic parameters could be estimated:  $N_0$  and  $\lambda_0$ , the starting number of cells and the rate of cell growth in the control plates, are mainly related to the experimental conditions and to the adopted cell line, whereas  $k_1$  and  $k_2$ , the cell rate-to-death and the drug potency may be considered as drug-specific parameters. For each of the 14 tested compounds a simultaneous fitting of all the data was successfully performed. The

estimates of  $N_0$  were homogeneous within each of the two experimental sessions. The different values observed between the two sessions reflected the number of seeded cells that may vary from session to session. On the contrary, the estimates of  $\lambda_0$  were remarkably stable also across sessions with an average doubling time value of 22.5 h, in good agreement with the doubling time expected for the A2780 cell line. For six drugs, the  $k_1$ parameter was not significantly different from zero because the time-to-death was comparable or longer than the observation period (72 h in our experimental setting). This may be a possible indication of analogies among the mechanisms of action within this group of drugs. In these cases, the simplified TGI model B was considered and successfully identified.

The in vitro experiments considered in the present paper are mainly used for screening purposes during the early phase of drug development. In this context, it is particularly important to optimize the experimental setting and procedures. It has been shown that the model parameters can be reliably estimated also from a reduced data set consisting of data collected only at two times (4 and 72 h).

So far, the in vitro anticancer activity of candidate drugs has been analyzed mainly by means of descriptive and empirical approaches, where the results are presented under the form of inhibition surfaces and summarized by means of the  $EC_{50}$  at selected exposure times. This empirical approach suffers from several drawbacks. First of all, the time dependence of  $EC_{50}$  hampers its use both as a latency index and a ranking criterion. Second, the point-to-point reconstruction of the inhibition surface requires a large number of evaluations in order to cover the widest range of concentrations and exposure times, resulting expensive and time consuming. Finally, from a purely empirical description of the inhibition it is difficult to predict the effect of changes in experimental conditions.

By contrast, this paper describes a model-based approach, which relies on a simple dynamic model of the drug effect on the cell growth. This approach has several advantages with respect to the empirical one. Few evaluations are sufficient to estimate the model parameters, yielding time-independent potency indices,  $k_2$  and  $C_T$ , that can be used to rank the candidate compounds under analysis. The inhibition surface and the relative EC<sub>50</sub> value can be easily derived and the minimal time  $t_{min}$ , needed for the EC<sub>50</sub> to be observable, is obtained from a specific formula. From the graphs presented in Fig. 4 it can be recognized that also cell exposure times of 48 h, commonly used in many laboratories including the NCI60 [2, 3, 19], may suffice to obtain a first estimate of EC<sub>50</sub> for screening purposes. An interesting open question regards



**Fig. 3** Inhibition surfaces providing the effect E as a function of concentration c and exposure time t. A refers to the first experimental session: a 5-FU; b cisplatin; c docetaxel; d doxorubicin; e etoposide;

f gemcitabine; g SN38; h paclitaxel; i vinblastine; l vincristine. **B** refers to the second experimental session: a compound A; b compound B; c compound C; d compound D



**Fig. 4** Relationship between  $EC_{50}$  and exposure time *t* for all the analyzed compounds. Note the nonlinear dependence of  $EC_{50}$  upon *t* and the existence of a minimum time  $t_{min}$ , specific for each compound, below which  $EC_{50}$  is not defined



**Fig. 5** Relationship between the minimal time  $t_{\min}$  needs for EC<sub>50</sub> to exist and the model parameter  $k_1$  (transit rate through mortality chain compartments). The *circles* are associated to compounds whose parameter  $k_1$  is significantly different from zero. Regression performed on semi-log scale:  $t_{\min} = -0.2714 - 15.818 \cdot \log_{10}(k_1)$ ,  $r^2 = 0.961$ . Doubling time computed considering the average value of  $\lambda_0$  estimated for all compounds corresponds to  $k_1 = 0.0353$  on that regression

the generality of the proposed model. Although no claim of general validity is made, in the present paper the model was shown to be able to satisfactorily explain tumor growth inhibition for 14 compounds with known different mechanisms of action. The structure of the proposed in vitro model is very similar to that of the so called TGI in vivo model [16, 18], which has been successfully applied to even more compounds including new targeted candidates



**Fig. 6** Relationship between the newly proposed potency parameter  $C_T$  (threshold concentration) and EC<sub>50</sub> at 72 h calculated for all the tested compounds. The drawback of EC<sub>50</sub> is that it depends on the exposure time, see Fig. 4. Conversely, the threshold concentration  $C_T$  is time-independent. Regression performed on log–log scale:  $\log_{10}(C_T) = 0.371 + 1.05 \cdot \log_{10}(\text{EC}_{50}), r^2 = 0.983$ 

[4]. Although no immediate relationship exists between the parameters of the two models, there is motivation for investigating the possible prediction of the in vivo parameters from the in vitro ones.

# Appendix

#### Perturbed growth model

In the following, the analytic expression of the total number of tumor cells  $N_t(t)$  is reported for TGI model A and TGI model B.

#### TGI model A

The solution of Eq. (1), that can be easily computed, for example, by Laplace transform is

$$\begin{cases} N_{p}(t) = N_{0}e^{\beta t} \\ N_{1}(t) = \frac{N_{0}k_{2}c}{\gamma} \left(e^{\beta t} - e^{-k_{1}t}\right) \\ N_{2}(t) = \frac{N_{0}k_{2}ck_{1}}{\gamma^{2}} \left[e^{\beta t} - e^{-k_{1}t} - \gamma te^{-k_{1}t}\right] \\ N_{3}(t) = \frac{N_{0}k_{2}ck_{1}^{2}}{\gamma^{3}} \left[e^{\beta t} - e^{-k_{1}t} - \gamma te^{-k_{1}t} - \frac{\gamma^{2}t^{2}}{2}e^{-k_{1}t}\right] \end{cases}$$

$$\tag{4}$$

where  $\beta = \lambda_0 - k_2 c$  and  $\gamma = k_1 + \beta$ . Then,  $N_t(t) = N_p(t) + N_1(t) + N_2(t) + N_3(t)$ .

## TGI model B

The solution of Eq. (2) is

$$\begin{cases} N_p(t) = N_0 e^{\beta t} \\ N_{np}(t) = \frac{N_0 k_2 c}{\beta} \left( e^{\beta t} - 1 \right) \end{cases}$$

where  $\beta = \lambda_0 - k_2 c$ . Then,  $N_t(t) = N_p(t) + N_{np}(t)$ .

## $EC_{50}$ calculation

The minimal time  $t_{min}$  such that  $EC_{50}$  exists for all  $t > t_{min}$  can be computed using the proposed TGI model. In fact, by definition  $t_{min}$  must satisfy the equation:

$$N_t(t_{\min},\infty)/N_u(t_{\min}) = 0.5$$

where  $N_t(t, \infty)$  is the total number of tumor cells at time *t* when drug concentration tends to infinity. For TGI model A, from Eq. (4), letting *c* tend to infinity, it results that:

$$\begin{cases} N_p(t) = 0\\ N_1(t) = N_0 e^{-k_1 t}\\ N_2(t) = N_0 k_1 t e^{-k_1 t}\\ N_3(t) = N_0 k_1^2 \frac{t^2}{2} e^{-k_1 t} \end{cases}$$

Being  $N_t(t) = N_p(t) + N_1(t) + N_2(t) + N_3(t)$  and  $N_u(t) = N_0 e^{\lambda_0 t}$ , one finds that  $t_{\min}$  satisfies the equation:

$$e^{-k_1 t_{\min}} \left( 1 + k_1 t_{\min} + k_1^2 \frac{t_{\min}^2}{2} \right) - \frac{1}{2} e^{\lambda_0 t_{\min}} = 0.$$

Similarly, for TGI model B,  $t_{\min}$  can be derived from the equation  $N_0/N_0 e^{\lambda_0 t_{\min}} = 0.5$  yielding  $t_{\min} = \ln(2)/\lambda_0$ .

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