ORIGINAL ARTICLE

Low-dose alemtuzumab vs. standard policy for prevention of graft-versus-host disease in unrelated and related allogeneic stem cell transplantation—a matched pair analysis

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Abstract Antibody-mediated in vivo T cell depletion is common prior to unrelated (URD) or mismatched allogeneic stem cell transplantation (alloSCT) and optional in HLA-identical sibling (FAM) alloSCT. While anti-thymocyte globulin (ATG) is the current standard, alemtuzumab is an alternative. The optimal dose of alemtuzumab has not been defined. This retrospective analysis compares low-dose alemtuzumab with ATG in URD alloSCT and with no antibody in FAM alloSCT. Twenty-eight patients treated with alemtuzumab (10 mg; HLA mismatch, 20 mg) were matched to 28 patients who have either received ATG (URD) or no antibody (noAB) according to disease, disease stage, age, transplant type and risk state. Both groups were compared for engraftment, outcome, disease-free (DFS) and overall survival (OS), graft-versushost disease (GvHD), freedom from GvHD (ffGvHD) and transplant-related mortality (TRM). No significant differences were found between the groups for leukocyte engraftment,

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Medizinische Klinik C (Hämatologie und Onkologie, Transplantationszentrum), Ernst-Moritz-Arndt-Universität-Greifswald, Ferdinand-Sauerbruch-Str, 17475 Greifswald, Germany e-mail: william.krueger@uni-greifswald.de GvHD, ffGvHD, TRM, DFS and OS. There was a trend for reduction of cGvHD by alemtuzumab (p=0.05). A transplanttype stratified subanalysis consolidated equivalency of alemtuzumab and ATG in URD-SCT and indicates possible superiority of low-dose alemtuzumab compared to noAB in FAM-SCT. Low-dose alemtuzumab, as part of conditioning regimen prior to alloSCT, is safe and comparable to standard ATG. Prospective trials, particularly comparing alemtuzumab vs. noAB in FAM alloSCT, should be conducted.

Keywords Allogeneic stem cell transplantation .

Anti-thymocyte globulin \cdot MabCampath \cdot Graft-versus-host disease

Introduction

Antibodies against T lymphocytes have become an integral part of conditioning regimens for allogeneic stem cell transplantation (alloSCT) [1]. Application of T cell-depleting antibodies as part of the conditioning regimens leads to depletion of donor- and recipient-derived T cells. This facilitates engraftment of donor haemopoiesis and reduces the risk of severe graft-versus-host disease (GvHD) [2]. Today, T celldepleting antibodies are commonly used in transplantation of stem cells from unrelated and HLA–antigen mismatched donors. Their application is optional in HLA-matched sibling transplantation [1, 3].

Polyclonal anti-thymocyte globulin (ATG) generated by immunisation of rabbits or, formerly, also of horses is most often applied for T cell depletion prior to unrelated/HLAmismatched alloSCT. An evolving alternative to ATG is alemtuzumab (MabCampath[®]) [4, 5].

Alemtuzumab is the humanised version of the monoclonal antibody Campath-1H which recognises the epitope CD52

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[6, 7]. This antigen is expressed on T cells and distinct B cell populations. Campath has been used successfully during the late 1980s in higher doses to suppress the graft-versus-host reaction after alloSCT, mainly in chronic myeloid leukaemia (CML) patients. However, this was associated with a considerable high relapse rate of the underlying disease [8, 9], a significant increase of infectious complications after transplantation, and potentially also associated with a higher rejection rate [9, 10]. This led to withdrawal of Campath-1H from the conditioning regimen and its replacement by ATG [2]. However, the experience with Campath helped to identify the importance of donor-derived T cells for the control of disease after transplantation and to discover the graft-versus-leukaemia effects [11].

Although it is now well accepted that the benefit–risk ratio disfavours high doses of the anti-CD52 T cell-depleting antibody, data on lower doses of alemtuzumab are sparse, and the optimal dose of alemtuzumab has not yet been established in different settings of alloSCT. Indeed, alemtuzumab is administered at doses between 20 and 100 mg either intravenously or subcutaneously prior to alloSCT [12, 13]. With these doses of alemtuzumab, Kröger et al. found a reduction in acute GvHD but a higher relapse rate [14], while Norlin et al. reported less acute but more chronic GvHD [15]. Only in the setting of reduced intensity conditioning regimens has a dose reduction for alemtuzumab been investigated by two groups [16, 17, 18].

Few data are available comparing low doses of alemtuzumab with current standard T cell depletion using ATG in unrelated alloSCT. We now report pilot data of our transplant unit, which indicate that low-dose alemtuzumab (10 and 20 mg) for T cell depletion prior to alloSCT may be advantageous compared to the standard ATG regimen, especially in regard to treatment-associated adverse effects and a reduction of chronic GvHD.

Patients and methods

Patients and diagnoses

We treated 28 consecutive patients with alemtuzumab (MabCampath[®], Genzyme, Cambridge, MA, USA) as part of the conditioning regimen from June 2009 until November 2010. The dose was 10 mg in HLA-matched transplantations (family and unrelated donors) and 20 mg in HLA-mismatched transplantations at day 1. The controls were 28 patients transplanted between July 1999 and May 2009. The switch to alemtuzumab was based on the promising data published by other groups [16]. These patients were matched to the patients from the investigational group according to age, diagnoses, disease state, high-risk state and transplant type. The median age was 52 years (range, 20–70) in the investigational group and 47 years (range, 20–67) in the control group (p=0.15, chi²).

The percentage of male gender was slightly higher in the control group compared to the alemtuzumab group (79 vs. 61 %, p=0.39, Mann–Whitney U test (MWU)). Patients of the control group received either ATG-Fresenius[®] (30 mg/kg, Fresenius-Biotech, Munich, Germany) or Thymoglobin[®] (6 mg/kg, Genzyme, Cambridge, MA, USA) prior to unrelated or mismatched transplantation or no antibody (noAB) in case of HLA-identical sibling transplantation.

Diagnoses, conditioning and transplantation

In each group, 14 patients suffered from acute leukaemia, 1 patient from chronic myeloid leukaemia, 3 from multiple myeloma, and 5 and 3 from high-grade and indolent non-Hodgkin's lymphoma, respectively. Conditioning was myeloablative (MAC) in 22 patients with busulfan_{16(or i.v. equivalent)}/cyclophosphamid₁₂₀± VP16₃₀ (n=21) or total body irradiation (TBI)_{12Gy}+ cyclophosphamide₁₂₀ (n=1) [19]. Reduced intense conditioning (RIC; n=34) was performed with TBI_{2Gy}/fludarabin₁₅₀ (n=10), treosulfan₃₆/fludarabin₁₅₀ (n=15) or melphalan₁₀₀₋₁₄₀/fludarabin₁₅₀ (n=6; Table 1) [20, 21, 22]. In general, MAC was preferred in younger patients and in patients with aggressive disease, and RIC was chosen for elderly patients or patients with co-morbidity and for patients with less aggressive disease.

Seventeen patients were grafted from matched donors and 39 from unrelated donors. A serological HLA–antigen mismatch was present in nine cases and a molecular HLAdisparity in 22 transplantations. Ten male patients received a graft from a female donor, an ABO blood group disparity was evident in 28 transplantations and 11 CMV⁺ patients were grafted from a CMV⁻ donor. Generally, an HLA mismatch was preferred about the CMV⁻ to CMV⁺ graft constellation. All patients were grafted with granulocyte colony-stimulating factor (G-CSF)-mobilised peripheral stem cells (Table 1).

Supportive care, GvHD prophylaxis and haematological recovery

Third-generation quinolones were given as antibacterial prophylaxis. Systemic antifungal prophylaxis was initiated with fluconazole and switched at day+1 to either itraconazole or voriconazole. Also, metronidazole for anaerobic gut decontamination was initiated at day+1. Quinolones were discontinued after engraftment or at initiation of broad-spectrum antibiosis for treatment of infections. Metronidazole was discontinued at day+30, and antifungal prophylaxis was given until day+70, depending on absence of GvHD. All patients received acyclovir from day+1 at least until day+30 to prevent reactivation of herpes simplex virus. *Pneumocystis jirovecii* prophylaxis was conducted until day+180 either with TMP-SMZ or with aerosolised pentacarinate [23]. Anti-infective prophylaxis did not change over the observation time.

GvHD prophylaxis after transplantation was performed with cyclosporine A and short-course methotrexate. Cyclosporine A, in association with mycophenolate mofetil, was given after conditioning with $\text{TBI}_{2\text{Gy}}$ /fludarabine conditioning. In general, it was scheduled to discontinue GvHD prophylaxis between days+100 and +180.

Forty-one patients received G-CSF after transplantation to stimulate haemopoiesis. Erythrocytes were substituted when haemoglobin decreased below 8 mg/dl, and prophylactic transfusion of platelets was made in the case of platelets less than 10/nl. The haematological recovery was related to the day of stem cell infusion (day0). Leukocyte engraftment was defined as the first of three consecutive days with an absolute leukocyte count exceeding 1.0/nl in the peripheral blood and platelet engraftment as the first day that the platelet count exceeded 20/nl, independent of platelet transfusions. The day of engraftment was '0' when cells never declined below the threshold.

Acute and chronic GvHD were graded and treated according to international standard [24, 25]. Freedom from GvHD was calculated using log-rank test and Kaplan–Meier analysis. Events were defined as the onset of either acute or chronic GvHD or death. Overall and relapse-free survival was calculated using the log-rank test and the Kaplan–Meier analysis. For calculation of event-free survival, either relapse or death was defined as events.

Statistics

Data were collected using the computer software MS Office (Microsoft, Munich, Germany) and analysed with GraphPad

Table 1 Patient data

Parameter	Alemtuzumab	ATG/no AB	p value
Patients (n)	28	28	n.a.
Gender (male)	17 (61 %)	22 (79 %)	0.15 (chi ²)
Age at SCT	52 (20-70)	47 (20-67)	0.39 (MWU)
Diagnosis			
AML/ALL	14	14	n.a.
CLL/indolent NHL	3	3	n.a.
CML	1	1	n.a.
MDS	2	2	n.a.
Multiple myeloma	3	3	n.a.
High-grade NHL/MCL	5	5	n.a.
High-risk disease	22 (79 %)	22 (79 %)	n.a.
Transplant biology			
Related donor	9 (32 %)	8 (29 %)	0.77 (chi ²)
Unrelated donor	19 (68 %)	20 (71 %)	0.77 (chi ²)
ABO incompatibility	14 (50 %)	14 (50 %)	n.a.
HLA-mm (antigen)	4 (14 %)	5 (18 %)	0.72 (chi ²)
HLA-mm (four digit)	7 (25 %)	15 (39 %)	0.25 (chi ²)
TX male to female	6 (21 %)	4 (14 %)	0.52 (chi ²)
TX CMV^- to CMV^+	4 (14 %)	7 (26 %)	0.28 (chi ²)
Graft source PSC	28 (100 %)	28 (100 %)	n.a.
Conditioning and transplantati	on		
MAC	13 (46 %)	9 (32 %)	0.27 (chi ²)
Bu/Cy±VP16	13	8	
TBI _{12Gy} /Cy	0	1	
RIC	15 (54 %)	19 (68 %)	0.27 (chi ²)
TBI _{2Gy} /flu	6	4	
Treo/flu	5	10	
Melphalan/flu	3	3	
Bu/flu	1	2	
Supportive therapy			
G-CSF from d+1	13 (46 %)	28 (100 %)	$<10^{-5}$ (chi ²)

MWU Mann-Whitney U test

Prism (GraphPad Software, San Diego, CA, USA). The statistical tests used were the chi² test, MWU test, *t* test, log-rank test and Kaplan–Meier survival analysis. A *p* value <0.05 was considered as statistically significant.

Results

Engraftment and discharge/transfer from the transplant unit

The percentage of patients who have received G-CSF for stimulation of haemopoiesis after alloSCT was significantly higher in the control group than in the investigational group (100 vs. 46 %, $p < 10^{-5}$, chi²; Table 1). The median dose of CD34⁺ cells transplanted was 7.1 (range, 2.7–11.3) in the alemtuzumab group and 5.29 (0.9–19.1) in the control group (p=0.15). Patients engrafted with leukocytes at day +15 (median, range, 11–28 [alemtuzumab]; median, 9–31 [control], p=0.80, MWU). Twenty platelets per nanolitre were significantly earlier reached after alemtuzumab (median day+11.5; range, 0–26) compared to the control group (median day+20.5; range, 0–54), ($p < 10^{-4}$, MWU).

Table 2 Results

Patients from the control group had a non-significantly longer stay on the transplant unit calculated from day 0 until discharge or transfer than patients after alemtuzumabcontaining conditioning (46.5 days [median; range, 24–76] vs. 36.5 days [median; range, 22–82], p=0.06, MWU; Table 2).

Acute and chronic graft-versus-host disease

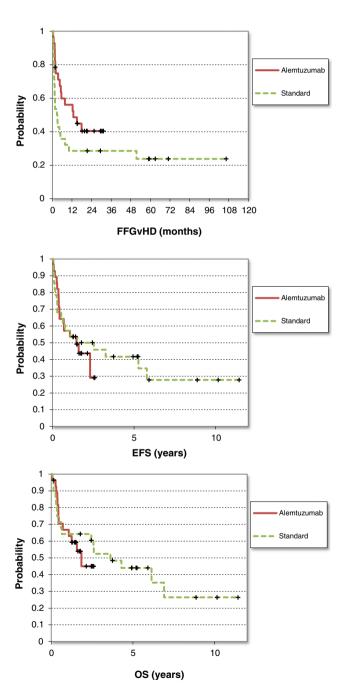
The incidence of acute GvHD (aGvHD) was 36 % (n=10) after alemtuzumab compared to 50 % (n=14) in the control group (p=0.28, chi²). A view on the severity of aGvHD also gave no evidence for differences between both groups (Table 2). Six patients had mild aGvHD in each group, and four and eight patients had moderate to severe aGvHD in the investigational and in the control group, respectively (p=0.16, chi²). Chronic GvHD (cGvHD) occurred in 12 patients. Nine of these had prior aGvHD, and three patients developed de novo cGvHD. No patient had a so-called 'overlap syndrome'. There was a borderline significance (p=0.05, chi²) for a lower incidence of cGvHD after alemtuzumab conditioning compared to the control group (11 % [n=3] vs. 32 % [n=9]; Table 2).

Parameter	Campath	ATG/no AB	<i>p</i> value
Transplantation			
TX date	July 1999–May 2009	June 2009–November 2010	n.a.
CD34 ⁺ cells×10 ⁶ /kg	7.1 (2.7–11.3)	5.29 (0.9–19.1)	0.15 (MWU)
Day of L>1/nl	15 (11–28)	15 (9–31)	0.80 (MWU)
Day of TC>20/nl	11.5 (0-26)	20.5 (0-54)	<10 ⁻⁴ (MWU)
Discharge from SCT unit (day) GvHD	36.5 (22–82)	46.5 (24–76)	0.06 (MWU)
Acute GvHD (n)	10 (36 %)	14 (50 %)	0.28 (chi ²)
Grade of acute GvHD	0 (0-4)	0.5 (0-4)	0.34 (MWU)
Grade 1 (n)	2 (7 %)	4 (14 %)	
	4 (14 %)	2 (7 %)	
Grade 2 (n)	1 (4 %)	7 (25 %)	Grade $3/4: p=0.16. chi^2$
	3 (11 %)	1 (4 %)	
Grade 3 (n)			
Grade 4 (n)			
Chronic GvHD (n)	3 (11 %)	9 (32 %)	0.05 (chi ²)
cGvHD limited disease	2	5	0.16 (chi ²)
Extensive disease	1	4	0.16 (chi ²)
Freedom from GvHD (months) Outcome	12.6 (0.5–31.2)	3.0 (0.3–106.5)	0.10 (log-rank test)
Relapses (<i>n</i>)	9 (32 %)	14 (50 %)	$0.17 (chi^2)$
Death rate (n)	13 (46 %)	17 (61 %)	$0.28 (chi^2)$
ffGvHD (months)	12.6 (0.5–31.2)	3.0 (0.3–106.5)	0.10 (log-rank test)
EFS (years)	1.3 (0.1–2.6)	1.7 (0.1–11.4)	0.67 (log-rank test)
OS (years)	1.3 (0.1–2.6)	2.6 (0.1–11.4)	0.55 (log-rank test)

MWU Mann-Whitney U test

To consider the different follow-up time in both groups, the 'freedom from GvHD (ffGvHD)' period was calculated using the log-rank test. The median interval was 12.6 months (range, 0.5–31.2) after alemtuzumab compared to 3.0 months (range, 0.3–106.5) in the control group (Table 2, Fig. 1). To consider the different biology of matched sibling and unrelated transplantation and the fact that familiar transplantation was performed with alemtuzumab in the investigational group and

without antibody in the control group, a subanalysis for transplant type was conducted. The Kaplan–Meier plot here shows parallel curves for patients after unrelated transplantation and a trend for a superior ffGvHD for the alemtuzumab group after familiar transplantation (p=0.06; Fig. 2, Table 3). This trend was significant when data from sibling transplantation were



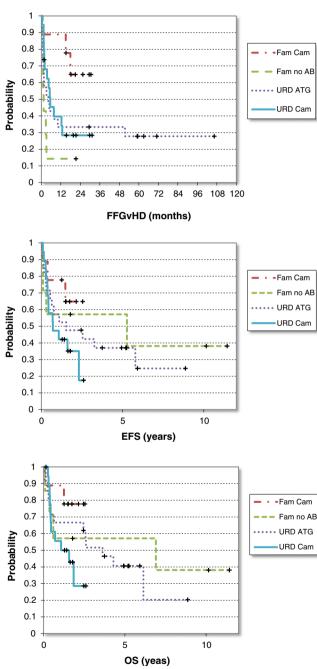


Fig. 1 Kaplan–Meier analysis for the entire group. Freedom from GvHD (months, *top*, p=0.10), event-free survival (years, *middle*, p=0.67) and overall survival (years, *bottom*, p=0.55). Alemtuzumab vs. standard policy (either ATG [unrelated donors] or no antibody [related donors])

Fig. 2 Subanalysis for transplant type and antibody. Freedom from GvHD (months, *top*, p=0.06), event-free survival (years, *middle*, p= 0.47) and overall survival (years, *bottom*, p=0.34). *Fam Cam* related donor with alemtuzumab (Campath), *Fam no AB* related donor without antibody, *URD ATG* unrelated donor with ATG, *URD Cam* unrelated donor with alemtuzumab (Campath), p=0.06 (log-rank test)

analysed alone (p=0.01, log-rank test). The ffGvHD after sibling transplantation was 18.2 months (median; range, 0.8– 30.6) after alemtuzumab conditioning compared to 1.4 months (median; range, 0.7–21.4) without antibody in conditioning. The ffGvHD after unrelated transplantation was comparable for the investigational and the control group with 5.2 months (median; range, 0.5–31.2) after alemtuzumab and 4.3 months (median; range, 0.3–106.5) after (p=0.06; Fig. 2, Table 3).

Reactivation of latent EBV and CMV infection

Patients were monitored for CMV reactivation at least weekly by PCR and were considered as positive when $\geq 1,000$ genomes per millilitre were detected in two consecutive samples. The episodes of CMV reactivation until day +100 were compared between the alemtuzumab and the control group by the independent *t* test without detection of significant differences. After alemtuzumab, a median of 0.53 episode per patient (± 0.22 , 95 % CI) was seen compared to 0.32 (± 0.18 , 95 % CI) in the control group (p=0.14).

Routine monitoring for EBV reactivation was not performed. Only one case of EBV reactivation was observed in the entire group. This patient died subsequently from EBV-lymphoproliferative disease (LPD; Table 4).

Disease-free and overall survival

The cumulative incidence of relapse calculated by log-rank test was 23 % after a median follow-up of 1.3 years (median; range, 0.1–2.6 years) compared to 39 % in the control group after 1.6 years (median; range, 0.1–11.4 years; p=0.95, log-rank test, graph not shown). The median event-free survival was 1.3 years (range, 0.1–2.6) in the alemtuzumab group and 1.7 years (0.1–11.4) in the control group. Log-rank test (p= 0.67) and Kaplan–Meier plot showed no differences between both groups (Table 2, Fig. 1). The corresponding median overall survival was also comparable in both groups (alemtuzumab, 1.3 years [range, 0.1–2.6], vs control, 2.6 [range, 0.1–11.4], p=0.55; log-rank test; Table 2, Fig. 1). The overall follow-up was identical to the overall survival.

The different biology of sibling and unrelated transplantation and the fact that familiar transplantation was conducted in the control group without in vivo T cell depletion suggested here

 Table 4
 Mortality

	5		
Parameter	Campath	ATG/no AB	p value
Death due to relapse	N=8 (29 %)	N=12 (43 %)	0.16 (chi ²)
NRM	N=5 (18 %)	N=5 (18 %)	n. a.
	•Infection, <i>n</i> =4	•Infection, <i>n</i> =2	
	•GvHD, $n=1$	•EBV-LPD, $n=1$	
		•GvHD, $n=1$	
		•VOD/MOF, $n=1$	

also a subanalysis stratified for transplant type. The median event-free survival and overall survival after matched sibling transplantation were 1.5 years (median; range, 0.1–2.6) after alemtuzumab conditioning and 1.8 years (median; range, 0.1–11.4) in the control group (p=0.47 and 0.34, respectively, log-rank test; Table 3). After unrelated transplantation, the event-free survival was 0.7 years (median; range, 0.1–2.6) in the alemtuzumab group compared to 1.5 years (median; range, 0.1–8.9) in the control group (p=0.47, log-rank test; Table 3). The overall survival periods were 1.1 years (median; range, 0.2–2.6 [alemtuzumab]) and 2.6 years (median; range, 0.1–8.9 [control group]; p=0.34, log-rank test; Table 3). The corresponding Kaplan–Meier plots are shown in Fig. 2, middle and bottom.

Mortality

Fifteen patients (54 %) after alemtuzumab conditioning and 11 (39 %) patients from the control group are well and alive. The data in Table 2 suggest a trend for a non-significantly higher numerical relapse rate and mortality rate after conventional conditioning policy compared to the alemtuzumab-containing regimen. However, Kaplan–Meier plots show here that this observation is mainly an effect of the different observation periods in both groups. Eight patients from the alemtuzumab group (29 %) and 12 patients (43 %) from the control group have died from relapsing or progressive disease. The absolute non-relapse mortality (NRM) was n=5 (18 %) in both groups. Here, infections were the leading events in four and two cases, respectively, followed by GvHD (n=2), toxicity (n=1) and post-transplant lymphoproliferative disease

 Table 3 Outcome—subanalysis for antibody and donor type

		•			
Group/parameter	Fam cam	Fam noAB	URD cam	URD ATG	p value (log-rank test)
ffGvHD (months)	18.2 (0.8-30.6)	1.4 (0.7–21.4)	5.2 (0.5–31.2)	4.3 (0.3–106.5)	0.06
EFS (years)	1.5 (0.1–2.6)	1.8 (0.1–11.4)	0.7 (0.1–2.6)	1.5 (0.1-8.9)	0.47
OS (years)	1.5 (0.1–2.6)	1.8 (0.1–11.4)	1.1 (0.2–2.6)	2.6 (0.1-8.9)	0.34

Fam cam related donor with alemtuzumab (Campath), Fam noAB related donor without antibody, URD ATG unrelated donor with ATG, URD Cam unrelated donor with Campath

(EBV-LPD; n=1; Table 4). The cumulative non-relapse mortality calculated by log-rank test was comparable in both groups with 22 % after 1.3 years (median; range, 0.1– 2.6 years) in the alemtuzumab group and 16 % in the control group after 2.6 years (median; range, 0.1–11.4 years; p=0.80, log-rank test, graph not shown).

Discussion

This matched pair analysis provides evidence that lowdose alemtuzumab (10/20 mg) prior to alloSCT is a feasible strategy for in vivo T cell depletion before haematopoietic stem cell transplantation (HSCT). Compared to standard conditioning, using ATG in patients undergoing unrelated (URD)-HSCT low-dose alemtuzumab resulted in similar outcomes and showed a potential benefit in patients undergoing matched sibling alloSCT by reducing chronic GvHD and improving freedom from GvHD.

This makes low-dose alemtuzumab an interesting alternative to ATG during conditioning for alloSCT, as alemtuzumab treatment may improve the quality of life of the patient. Alemtuzumab was associated with reduced acute toxicity compared to ATG, but more importantly with a trend of lowering the incidence and severity of cGvHD compared to both standard ATG and noAB policy [2].

This was driven by matched sibling alloSCT. In sibling transplantation, the use of alemtuzumab compared to 'noAB' improved ffGvHD (p=0.01 [only sibling SCT], p=0.06 [all patients], log-rank test), without influence on event-free and overall survival.

In contrast to the experience with high-dose alemtuzumab, we found no evidence that alemtuzumab limits the graft-versus-leukaemia/myeloma effects as shown by the Kaplan–Meier plots (Fig. 1) [8, 9]. Also, the NRM did not differ between both groups. Particularly, we found no increase in mortality by opportunistic infections. However, the generally low NRM in this high-risk collective allows no further conclusions.

Our study has the strength that we followed the same protocol for supportive measures and therapy during the entire period of analysis, i.e. the control group and the alemtuzumab group were treated very similarly. Nevertheless, the study has all the limitations of a retrospective, cohort study with non-contemporaneous cohorts. While this prevents any definite conclusions, our observations may prompt a sufficiently powered prospectively randomised trial.

In conclusion, the use of low-dose alemtuzumab within conditioning prior to allogeneic SCT seems to result in comparable outcomes in comparison to ATG in URD-SCT and might be associated with a benefit in regard to chronic GvHD in matched sibling SCT. This should be further assessed in a prospective trial.

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Conflict of interest The authors declare that they have no conflict of interest.

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