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Hydroxyurea responses and fetal hemoglobin induction in β -thalassemia/HbE patients' peripheral blood erythroid cell culture

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Abstract Due to genetic heterogeneity of β -thalassemia (β -thal) patients, several efforts have been undertaken to determine the efficacy of hydroxyurea treatment. The aim of this work is to determine the responder and nonresponder for hydroxyurea treatment in β -thal intermedia based on γ -globin mRNA and fetal hemoglobin (HbF) induction in human erythroid progenitor cells purified from a patient's peripheral blood. Eighteen β -thal/hemoglobin E patients [$13\beta^E/\text{codon}41/42(-\text{TCTT})$, $4\beta^E/\text{codon}17$, and $1\beta^E/\text{IVS}-654$], requiring blood transfusion occasionally, with Hb levels of 5.20–8.50 g/dl were studied. The relative levels of γ -globin mRNA was measured by real-time reverse-transcription polymerase chain reaction and HbF by high-performance liquid chromatography. The results indicated that erythroid progenitor cells treated with $30\ \mu\text{mol/l}$ hydroxyurea for 96 h preferentially enhanced $^G\gamma$ -and $^A\gamma$ -globin mRNA. The mean values of $^G\gamma$ -globin mRNA fold induction were higher than $^A\gamma$ -globin mRNA (12 ± 4 vs 4 ± 0.30), the Pearson's correlation of $^G\gamma$ -and $^A\gamma$ -globin mRNA was $r=0.80$. Induction of $^G\gamma/A\gamma$ globin mRNA is up to ninefold. A 30% increase in the proportion of HbF out of the total Hb was found in cultures derived from four

patients, 20–30% in cultures from nine patients, and less than 20% in cultures from five patients. In cultures from only two patients, increase in the proportion of HbF was less than 3%, and $^G\gamma/A\gamma$ globin mRNA is less than 0.50.

Keywords Real-time PCR · Primary erythroid cell liquid culture system · Hydroxyurea · Fetal hemoglobin · $^G\gamma/A\gamma$ -globin mRNA · β -thalassemia/HbE

Introduction

Beta-thalassemia (β -thal) is characterized by insufficient production of adult β -globin chains with subsequent accumulation of aggregates of unpaired, insoluble α -globin chains, which lead to ineffective erythropoiesis and intramedullar degradation of erythroid cells [1, 2]. The phenotypic presentation correlate with the degree of α/β imbalance [1]. It has been suggested that increased levels of fetal hemoglobin (HbF) could improve the clinical features of β -thalassemia patients, due to an improvement in the balance of α /non- α globin chains [3, 4]. Several pharmacological agents such as erythropoietin, 5-azacytidine, butyrate derivatives, hydroxyurea and combinations of these drugs have been shown to possess γ -globin chain inducing activity [5–7]. Hydroxyurea has been reported to give pronounced increase of HbF production; a decrease in cell number due to inhibition of proliferation; an increase in hemoglobin content per cell; and an increase in cell size in a two phase erythroid cell culture system [8] and was proposed that this may recapitulate the enhanced proliferation of HbF-containing erythroid cells which is thought to occur in vivo. Some studies have reported a correlation between increased HbF and total Hb, while others have shown that patients with increased HbF levels did not show increase in total Hb after treatment with hydroxyurea [9, 10]. In this report, we therefore study the hydroxyurea response in erythroid progenitor cells from β -thalassemia/HbE patients peripheral blood, by determining the synthesis of γ -globin mRNA and HbF, to identify candidates for HbF induction by hydroxyurea.

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Patients and materials

Eighteen β -thal/HbE patients (who have never been treated with hydroxyurea) with various β -thal mutation (13 β^E /codon 41/42(-TCTT), 4 β^E /codon 17, and 1 β^E /IVS-654) with normal α -globin genotype were studied. Genotyping of β -thal mutations was performed using reverse-dot blot hybridization, and β -thal mutation was determined by the gap polymerase chain reaction (PCR) [11, 12]. After informed consent was obtained, hematologic data, Hb analysis, and reticulocyte count were determined by conventional methods. Clinical assessment was based on severity of anemia, blood transfusion requirement and degree of growth impairment, and spleen enlargement. Primary erythroid progenitor cells were prepared by a modified method previously described [13, 14]. Thirty milliliters of human peripheral blood collected in vacuum glass tubes containing ethylenediamine tetracetic acid (EDTA) as an anticoagulant was obtained from β -thal/HbE patients. Light-density mononuclear cells were obtained by density centrifugation using Ficoll-Hypaque (1.07 g/ml, GIBCO BRL, Grand Island, NY). Red blood cells were lysed by suspending the mononuclear cell pellet in red cell lysis buffer (0.16 mol/l ammonium chloride, 10 mmol/l potassium bicarbonate, and 5 mmol/l EDTA). Platelets were removed by cell centrifugation at 200 g for 10 min through phosphate-buffered saline (PBS) containing 10% human serum albumin (HSA). Adherent cells were depleted by a 1 h incubation in a polystyrene tissue culture flask at 4°C. Nonadherent cells were then collected, and two cycles of negative selection were performed using anti-CD3, anti-CD11b, anti-CD15, and anti-CD45RA antibodies and immunomagnetic beads with Vario-Macs columns (Mitenyi Biotech, Auburn, CA). The remaining cells of $1-3 \times 10^5$ cells per milliliter were then cultured in Iscove's modified Dulbecco's medium (IMDM; GIBCO BRL) containing 15% heat-inactivated fetal calf serum, 15% pooled human AB serum, 2 U/ml erythropoietin (EPO), 20 ng/ml stem cell factor (SCF), 10 ng/ml interleukin (IL)-3, 100 U/ml penicillin, and 100 mg/ml streptomycin (GIBCO). The cells were incubated at 37°C in a high-humidity, 5% CO₂, 95% air incubator (day 0). On day 3, the cells [late burst-forming unit erythroid (BFU-E)] were centrifuged and then collected and incubated under the same conditions in fresh medium, but without IL-3. The purity of the colony-forming unit erythroid (CFU-E) was determined by measuring the percentage of cells which can form erythroid colonies in the plasma clot assay [15–18]. The cells which cannot form erythroid colonies are mainly proerythroblast (BFU-E) and late erythroblast (late BFU-E), as shown by cytopsin morphological studies [18].

The cultured medium was changed, and hydroxyurea (Sigma) was added on day 6 and collected on day 10. The purity of day 6 erythroid progenitor cells with proerythroblast-like features was assessed by cytopsin preparations in each experiment. The purity of the cells is important in this study because there is asynchronous synthesis of HbF and HbA during erythroblast maturation; HbF is produced

predominantly in the early pro-and basophilic erythroblasts [19–21]. Viability of the cells was determined by trypan blue exclusion technique using a hemocytometer. The number of Hb-containing cells was determined by means of the benzidine-HCl procedure [12]. Hemoglobin types in the cell lysate were separated and quantitated of Hb A₂, HbE, and HbF by automated high-performance liquid chromatography (HPLC) (VARIANT; BioRad, Hercules, CA, USA) [5]. RNA was extracted according to the method of Chomczynski [22]. The real-time quantitative competitive (QC) RT-PCR was performed as previously reported [23]. Synthetic oligonucleotide primers and the fluorescently labeled oligonucleotide hybridization probes were synthesized by PerkinElmer Applied Biosystem (Foster City, CA, USA). Primer and probe sequences are α -globin sense primer GAGGCCTGGAGGATGTTC, α -globin antisense primer CGTGGCTCAGGTCGAAGTG, and α -globin probe TGTCCCTCCCCACCAAGACCTACT; ^G γ -globin sense primer CTGGCAGAACAGATGGTACTGG and ^G γ -globin antisense primer CTCTGCATCATGGGCAG TGA; ^A γ -globin sense primer CTGGCAGAACAGATGGT GACTGC, ^A γ -globin antisense primer CTCTGCATCATGG GCAAGAG, and ^G γ -and ^A γ -globin probe CAGTGCCCTG TCCTCCAGATACCACTGA. The α -and γ -globin probe was 5' end labeled with tetrachloro-6-carboxyfluorescein (TET) and VIC, respectively. All probes contained quencher fluor, 6-carboxytetramethylrhodamine (TAMRA) at the 3' end. All samples were assayed in triplicate in a MicroAmp Optical 96-well reaction plate (PerkinElmer). Reagents for the one-step RT-PCR were from the TaqMan Gold RT-PCR kit (PerkinElmer) using procedures recommended by the manufacturer. RNA from a normal sample and from cord blood was used as standards for quantitation of α -and γ -globin mRNA, respectively. RT-PCR thermal cycling reaction was performed as follows: 48°C for 30 min; 95°C for 10 min, 40 cycles of 95°C for 15 s, and 60°C for 1 min. Amplifications were carried out in an ABI PRISM 7700 sequence detection system (PE Applied Biosystem). Statistics were obtained with Student's *t* test.

Results

At day 0, peripheral blood cells are cultured in the presence of a combination of growth factors (2 U/ml EPO, 20 ng/ml SCF, and 10 ng/ml IL-3), and most of the cells are early erythroid-committed progenitors (BFU-E) [15–18]. The cells then proliferate and differentiate into late BFU-E after culture for 3 days. The cells then continue to proliferate and differentiate into more mature colony-forming unit-like progenitors (CFU-E) on day 6 [13]. The cells continue to proliferate and differentiate into more matured erythroid progenitors such as orthochromatic normoblasts. Most of the cells that were treated with 30 μ M hydroxyurea at day 6 and collected at day 10 consisted of basophilic and polychromatophilic normoblasts, which were similar to the untreated culture control. Maturation of red cells to orthochromatophilic erythroblasts was observed when the

hydroxyurea-treated cells were cultured on day 13 (Table 1). However, delayed cell maturation occurred when hydroxyurea was added earlier than day 3 of culture. The average number of viable erythroid cells of the untreated control and hydroxyurea-treated cells from days 3 to 10 was $2\text{--}6 \times 10^6$ and $0.50\text{--}1.50 \times 10^6$ cells per milliliter, respectively; from days 6 to 10, the average number was $2\text{--}6 \times 10^6$ and $1\text{--}5 \times 10^6$ cells per milliliter, respectively. Various concentrations of hydroxyurea have been evaluated for the minimal effect on cellular prolifer-

ation. Hydroxyurea at $30 \mu\text{mol/l}$ was previously found to have significantly increased fractional HbF contents in β -thal/HbE patients (data not shown). Hydroxyurea increased HbF production in all cultures derived from 18 α -thal/HbE patients with different degrees of stimulation; as the increase in the proportion of HbF out of the total Hb varied from 2 to 35% (Table 2), it is equal to the absolute amount (in HbF) of $0.53\text{--}2.68 \text{ g/dl}$. The real-time QC RT-PCR was used to determine the relative induction of $^G\gamma$ - and $^A\gamma$ -globin mRNA to α -globin mRNA to normalize the

Table 1 Erythroid differentiation of 200 CFU-E cells, number of cells per milliliter, and Hb per cell before and after $30 \mu\text{M}$ hydroxyurea treatment on the indicated days

Patient	Pronormoblast (%)	Basophilic normoblast (%)	Polychromatophilic (%)	Orthochromatophilic (%)	Reticulocyte (%)	Number of cells/ml ($\times 10^6$)	Hb/cell
A							
Untreated, day 10	2.00	21.00	75.50	1.00	0.50	3.40	0.90
30 μM HU, days 6–10	2.00	23.00	73.00	1.50	0.50	2.00	2.00
B							
Untreated, day 10	1.00	27.00	65.00	3.00	4.00	5.30	0.60
30 μM HU, days 6–10	2.00	32.00	59.00	6.00	1.00	3.00	1.30
C							
Untreated, day 10	3.00	42.00	51.50	1.50	2.00	1.90	1.10
30 μM HU, days 6–10	4.00	43.00	49.50	3.00	0.50	1.00	2.60
D							
Untreated, day 10	5.00	30.0	64.00	1.00	0.00	6.70	0.40
30 μM HU, days 6–10	6.00	40.00	52.00	1.00	1.00	4.00	0.90
E							
Untreated, day 10	4.00	46.0	50.0	0.00	0.00	3.00	0.90
30 μM HU, days 6–10	5.00	48.0	45.0	2.00	1.00	1.70	2.30
F							
Untreated, day 10	5.00	33.50	54.50	6.00	1.00	3.90	1.00
30 μM HU, days 6–10	3.50	37.50	56.50	2.00	0.50	2.00	2.50
G							
30 μM HU, days 0–10	4.00	66.00	29.00	0.00	1.00	0.20	1.80
30 μM HU, days 3–10	2.00	35.00	60.00	3.00	0.00	1.20	0.30
30 μM HU, days 0–13	1.00	38.00	57.00	3.00	1.00	0.20	1.40
30 μM HU, days 3–13	0.00	5.00	45.00	50.00	1.00	0.60	0.40
30 μM HU, days 6–13	0.00	1.00	35.00	60.00	4.00	3.20	0.10

Table 2 Percentage increase in the proportion of HbF production in cultures of cells derived from 18 β -thalassemia/HbE patients after 96 h of treatment with 30 μM hydroxyurea

Patient	Percentage of Hb F (untreated)	Percentage of Hb F (HU treatment)	Percentage of increased HbF	Genotype
A	26.10	32.00	22.6	$\beta^E/\beta^{-4\text{bp}}$
B	28.50	31.70	11.23	$\beta^E/\beta^{-4\text{bp}}$
C	22.40	30.00	33.93	$\beta^E/\beta^{-4\text{bp}}$
D	18.80	22.80	21.28	$\beta^E/\beta^{-4\text{bp}}$
E	23.00	31.20	35.65	β^E/β^{17}
F	32.80	40.70	24.09	$\beta^E/\beta^E \text{ IVS } 654$
G	21.20	23.10	8.96	$\beta^E/\beta^{-4\text{bp}}$
H	10.50	10.80	2.86	β^E/β^{17}
I	17.80	22.30	25.28	$\beta^E/\beta^{-4\text{bp}}$
J	13.30	17.70	33.08	$\beta^E/\beta^{-4\text{bp}}$
K	7.60	9.60	26.32	$\beta^E/\beta^{-4\text{bp}}$
L	20.50	23.90	16.59	$\beta^E/\beta^{-4\text{bp}}$
M	23.80	31.20	31.09	$\beta^E/\beta^{-4\text{bp}}$
N	13.90	17.80	28.06	$\beta^E/\beta^{-4\text{bp}}$
O	20.40	25.70	25.98	β^E/β^{17}
P	20.90	25.30	21.05	β^E/β^{17}
Q	22.80	28.30	24.12	$\beta^E/\beta^{-4\text{bp}}$
R	11.60	11.90	2.59	$\beta^E/\beta^{-4\text{bp}}$

variation in the starting mRNA concentrations. The changes in the globin mRNA in α thal/HbE erythroid cultures with or without 30 $\mu\text{mol/l}$ hydroxyurea treatment for 96 h is shown in Table 3. The results indicated that erythroid progenitor cells treated with 30 $\mu\text{mol/l}$ hydroxyurea for 96 h preferentially enhanced $^G\gamma$ - and $^A\gamma$ -globin mRNA. The mean values of $^G\gamma$ -globin mRNA fold induction were higher than $^A\gamma$ -globin mRNA (12 ± 4 vs $4 \pm$

0.30), and the Pearson's correlation of $^G\gamma$ -and $^A\gamma$ -globin mRNA was $r=0.80$. The addition of 30 μM hydroxyurea to human erythroid cell cultures preferentially enhanced γ -globin mRNA synthesis, either $^G\gamma$ -and/or $^A\gamma$ -globin mRNA, in all patients (Table 3). This is shown by the fold induction of transcripts calculated by setting the transcription levels of untreated control (without hydroxyurea) at 1. In conclusion, $^G\gamma$ -globin mRNA in culture erythroid cells

Table 3 Mean fold induction of $^G\gamma$ -, $^A\gamma$ -, and $^G\gamma/A\gamma$ globin mRNA in cultures of cells derived from 18 β -thalassemia/HbE patients treated with 30 μM hydroxyurea for 96 h

Patients	α -mRNA \pm SD	β -mRNA \pm SD	$^G\gamma$ -mRNA \pm SD	$^A\gamma$ -mRNA \pm SD	$^G\gamma/A\gamma$ \pm SD
A	3.27 \pm 1.02	0.84 \pm 0.02	4.41 \pm 0.40	0.54 \pm 0.04	8.18 \pm 1.29
B	2.17 \pm 1.10	0.73 \pm 0.03	2.82 \pm 0.94	0.73 \pm 0.13	3.84 \pm 1.98
C	1.28 \pm 0.59	0.50 \pm 0.04	1.60 \pm 0.32	0.41 \pm 0.02	3.91 \pm 0.60
D	2.35 \pm 0.35	1.32 \pm 0.14	6.73 \pm 4.43	2.54 \pm 0.04	2.65 \pm 1.71
E	0.60 \pm 0.28	0.50 \pm 0.13	1.73 \pm 0.07	2.03 \pm 0.14	0.85 \pm 0.09
F	0.81 \pm 0.20	0.83 \pm 0.02	1.49 \pm 0.65	1.97 \pm 0.24	0.76 \pm 0.24
G	5.53 \pm 1.24	1.42 \pm 0.81	3.35 \pm 0.16	0.63 \pm 0.20	5.28 \pm 2.03
H	1.73 \pm 0.88	0.95 \pm 0.03	1.47 \pm 0.05	3.03 \pm 0.61	0.48 \pm 0.12
I	1.88 \pm 1.11	1.73 \pm 0.52	5.75 \pm 2.80	1.57 \pm 0.37	3.67 \pm 2.74
J	0.70 \pm 0.03	0.52 \pm 0.03	1.30 \pm 0.15	1.29 \pm 0.18	1.01 \pm 0.03
K	0.40 \pm 0.05	0.62 \pm 0.30	0.71 \pm 0.10	1.05 \pm 0.31	0.67 \pm 0.11
L	5.98 \pm 1.25	1.73 \pm 0.80	11.94 \pm 4.70	1.27 \pm 0.30	9.39 \pm 6.12
M	0.88 \pm 0.05	0.60 \pm 0.03	2.80 \pm 0.02	2.03 \pm 1.14	1.40 \pm 0.80
N	0.60 \pm 0.50	0.62 \pm 0.03	1.59 \pm 0.73	2.08 \pm 0.05	0.77 \pm 0.37
O	1.10 \pm 0.30	0.99 \pm 0.08	1.38 \pm 0.18	0.93 \pm 0.27	1.48 \pm 0.65
P	3.21 \pm 0.50	1.10 \pm 0.03	1.11 \pm 0.00	0.19 \pm 0.00	5.93 \pm 0.11
Q	2.33 \pm 0.87	1.35 \pm 0.12	3.23 \pm 0.57	3.26 \pm 0.24	0.99 \pm 0.10
R	1.03 \pm 0.15	0.85 \pm 0.11	0.05 \pm 0.01	4.16 \pm 0.29	0.01 \pm 0.00

All results were obtained from triplicate experiments and presented as mean \pm SD

increased by 0.05-to 12-fold over the untreated control cultures, whereas the $^A\gamma$ -globin mRNA fold induction was 0.20–4. The Pearson's correlation of $^G\gamma$ -and $^A\gamma$ -globin mRNA was $r=0.80$. Stimulation of $^G\gamma$ -globin gene expression as compared to $^A\gamma$ -globin gene was determined as the $^G\gamma/^A\gamma$ -globin mRNA, which was up to ninefold over the untreated control cultures.

Discussion

Patients with β -thal/HbE have different degree of severity despite of the same genotype [24, 25]. Therefore, it is interesting to perform an in vitro study of HbF induction using hydroxyurea in β -thal/HbE patients. Human erythroid progenitor liquid culture was used as a model system for the investigation of agents that may affect globin gene expression. This model is considered to be superior to other similar systems such as erythroleukemia cell lines and semisolid cultures because it allows terminal differentiation of the erythroid cells. In addition, the human erythroid cultures allow us to determine the effect of various drugs added at various stages of erythroid maturation to be tested [8, 26, 27]. Our study using real-time QC RT-PCR, a rapid and sensitive technique for precise quantification of mRNA template, revealed diversity in the values of each transcript. In this report, hydroxyurea induced HbF production in cultures of cells derived from 18 β -thal/HbE patients with different degrees of response. The differences in hydroxyurea response were also reported in other HbF-modulating agents, which were used in different kinds of hemoglobinopathies [28, 29]. It is well established that increased HbF levels of 30% of the total Hb leads to a significant improvement of the clinical status of the patients with sickle cell disease and β -thal patients [29–31]. In our study, increased HbF levels over 30% of the total Hb were found in four patients, 20–30% in nine patients, and less than 20% in five patients. In cultures of cells derived from only two patients, the increase in HbF was less than 3%; hence, these patients may potentially be nonresponders (Table 2). It is of interest that all 18 β -thal/HbE patients studied are all thalassemia intermedia with Hb levels ranging from 5.2 to 8.5 g/dl. This study implied that patients with thalassemia intermedia, including β -thal/HbE patients, showed quite good response to hydroxyurea treatment in vitro because 11 β^E /codon 41/42(-TCTT), 4 β^E /codon 17, and 1 β^E /IVS-654 patients are responders, and only 2 β^E /codon 41/42(-TCTT) are nonresponders. A slight increase in α -globin mRNA demonstrated in this study is also similar to the previous study, which showed that treatment with hydroxyurea resulted in increases in α -and γ -globin levels [32]. The relative increase in each globin might be influenced not only by the particular β -globin genetic defect but also by other genetic modifiers such as demethylation of the γ -globin genes, leading to increased γ -globin gene activity in sickle-cell patients treated with hydroxyurea [33]. In this study, hydroxyurea stimulated HbF synthesis by induction of $^G\gamma/^A\gamma$ -globin mRNA ratio up to ninefold (Table 3). The results also agree with

previous work showing that the increased HbF reflects increased transcription and more efficient processing of the respective γ -globin mRNA [34]. Some erythroid cell culture from β -thal/HbE patients showed large increases in γ -globin mRNA but little increase in HbF; this indicated that γ -globin mRNA induction was affected mostly at the transcriptional level. However, the results also showed that hydroxyurea stimulates in some patients increase in alpha-globin mRNA together with gamma globin mRNA (Table 3). In this report, most of the cells in hydroxyurea-treated erythroid culture at day 10 (from day 6 to day 10) consisted of basophilic and polychromatophilic normoblast, which was similar to the untreated culture control in seven patients studied. Maturation of red cells to orthochromatophilic erythroblasts was observed when the hydroxyurea-treated cells were cultured on day 13 (Table 2). However, delayed cell maturation occurred when hydroxyurea was added earlier than day 3 of culture. Nevertheless, the entire mechanism whereby erythroid regeneration stimulates HbF production remains to be determined. In conclusion, our approach should be considered as a basis for further efforts to test novel potential pharmacological modulators of hemoglobin production.

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