CLINICAL INVESTIGATION



The C-Reactive Protein to Albumin Ratio Is an Independent Prognostic Factor in Patients with Hepatocellular Carcinoma Undergoing Transarterial Chemoembolization: A Large Cohort Study

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Abstract

Background This study aimed to investigate the prognostic value of C-reactive protein to albumin ratio (CAR) in hepatocellular carcinoma (HCC) patients after transcatheter chemoembolization (TACE).

Methods Totally, 958 HCC patients with Barcelona Clinic Liver Cancer (BCLC) stage B were incorporated into the secondary analysis. X-Tile software was applied to determine the optimal cutoff point for CAR, and the total patients were divided into two groups. Cox proportional hazard regression models and Kaplan–Meier analyses were used to estimate the relationship between CAR and overall survival (OS). Stratified analyses were performed to evaluate the prognostic role of CAR in subgroups of major confounding factors, such as alpha-fetoprotein (AFP), diameter of the main tumor, Glasgow prognostic score (GPS) and modified GPS (mGPS).

Results The optimal cutoff level for the CAR was 0.06. There was a direct correlation between an elevated CAR

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(≥ 0.06) and shorter OS after adjustment (HR:1.580; 95%CI:1.193–2.092). Kaplan–Meier analysis and log-rank test showed a significant difference in OS curves between the two groups (P < 0.001). CAR showed the distinct value of prognostic stratification in most subgroups, especially in the subgroup of GPS-0 (HR:1.966; 95%CI:1.453–2.660), mGPS-0 (HR:1.984; 95%CI:1.509–2.608) and AFP ≤ 400 ng/ml (HR:1.925; 95%CI:1.393–2.659).

Conclusion The CAR was one of the prognostic factors for HCC patients undergoing TACE treatment. CAR could also provide further prognostic stratification for HCC patients who appear to have a good prognosis, such as patients with AFP-negative, GPS-0 or mGPS-0 to identify patients at a higher risk of death for closer follow-up or more aggressive treatment.

Level of Evidence Level 3, Cohort Study

Keywords Hepatocellular carcinoma · Transarterial chemoembolization · Prognosis · C-reactive protein to albumin ratio

Introduction

Liver cancer is the sixth most common type of cancer worldwide and one of the leading causes of cancer-related death [1]. Hepatocellular carcinoma (HCC) accounts for approximately 90% of these tumors [2]. Most patients with liver cancer miss the opportunity of surgery by the time they are first diagnosed. As one of the minimally invasive treatments, transcatheter chemoembolization (TACE) is of great significance for these patients, especially those who are in Barcelona clinic liver cancer intermediate stage (BCLC-B) [3]. However, the responses of HCC patients to TACE are highly heterogeneous, which presents a great challenge for predicting clinical outcomes. Therefore, it is urgent to find effective prognostic biomarkers for HCC patients before TACE.

Various studies have demonstrated that immune-inflammatory response serves a significant part of tumor development and progression, especially in HCC patients with chronic inflammation [4]. C-reactive protein (CRP), regulated by proinflammatory cytokines, is an acute-phase protein with good stability and accuracy [5]. High levels of CRP have been found to predict not only the degree of inflammation and tissue damage, but also inferior prognosis in many tumors, such as lung, breast and stomach cancers [6–9]. Serum albumin is synthesized in the liver reflecting people's nutritional status and liver function. Previous research showed that a low albumin level could predict poor survival in multiple cancers [10, 11]. Taking the serum level of CRP and albumin as elements, a series of valuable scores for assessing the prognosis of different tumor types have been developed, such as Glasgow prognostic score (GPS), modified GPS (mGPS) and C-reactive protein to albumin ratio (CAR) systems [12-14].

Extensive studies have validated patients with cancer could be classified into three different levels (0/1/2) of risk of death by GPS or mGPS [15]. In recent years, research has found that compared with GPS or mGPS, CAR is a quantitative parameter synthesizing values more reasonable and has been considered a more potential prognostic indicator in different types of tumors, including HCC [16]. Nevertheless, the previous studies mainly focused on the HCC patients receiving surgical treatment, and there was a lack of separate analysis for HCC patients with BCLC-B, for whom TACE is recommended as the first-line treatment [17]. In this study, we investigated the prognostic value of CAR in HCC patients undergoing TACE.

Materials and Methods

Design and Patients

This was a secondary data analysis of a multicenter cohort study including 2020 newly diagnosed HCC patients from January 2007 to December 2016. The inclusion criteria were: (1) The clinical stage was BCLC stage B; (2) the data of blood routine examination, serum CRP and albumin levels, abdominal imaging and follow-up were complete; and (3) without other malignant tumors. We mainly studied the derivation cohort of 979 HCC patients, and 21 patients who missed CRP or albumin data were ruled out. Finally, 958 HCC patients were incorporated into our study. Demographic and laboratory data were extracted for analysis: gender, age, serum CRP level, cause and type of hepatitis (hepatitis B virus [HBV] infection or others), blood routine examination factors (hemoglobin [Hb] level, white blood cell [WBC] count, platelet [PLT] count), parameters of liver function (albumin [ALB], aspartate transaminase [AST] and total bilirubin [TBIL] levels, etc.), tumor characteristics (diameter of the main tumor, number and location of intrahepatic lesions) and alpha-fetoprotein (AFP) level.

TACE Procedure and Follow-Up

TACE treatments included conventional TACE (cTACE) and drug-eluting bead TACE (DEB-TACE). It depended on the physicians to choose based on the patient's liver function and tumor size, number and location. All procedures were performed by experienced interventional radiologists to ensure the standardization of procedures. Take cTACE for example, the right femoral artery was punctured using the Seldinger technique and a catheter was routinely placed to perform digital subtraction angiography (DSA) of the hepatic artery to locate the lesion distribution and tumor supply vessels. After the catheter was properly positioned, a mixture of doxorubicin (10-50 mg) and lipiodol (2-20 ml) was injected, followed by embolization with gelatin sponge particles. Successful embolization was determined if there was no contrast staining during angiography after embolization. DEB-TACE was similar to cTACE except for embolic materials.

Subsequent treatment after TACE consisted of repeated TACE, ablative therapies, surgical resection, targeted therapies, or palliative chemotherapy, determined by the multidisciplinary teams, including hepatologists, radiologists, and interventional radiologists. Patients were followed monthly during initial treatment and every 2–3 months for the first 2 years if complete remission was achieved. After two years of remission, the frequency could decrease to once every 3–6 months.

Definition and Measurement

The GPS consisted of inflammatory (if CRP > 1.0 mg/dl was assigned a score of 1, otherwise 0) and nutritional conditions (if albumin < 3.5 mg/dl was assigned a score of 1, otherwise 0). For mGPS, if both CRP > 1.0 mg/dl and albumin < 3.5 mg/dl were assigned a score of 2, and only one or neither of the two biochemical abnormalities was assigned a score of 1 or 0, respectively. The CAR was calculated by dividing the serum CRP level (mg/dl) by serum albumin level (g/dl). OS was defined as the time from the date of diagnosis of HCC to death by any cause. HBV was defined as hepatitis B virus infection and other as

other causes of hepatitis. In addition, both lobes with lesions was defined as lesions occurring at both the left and right lobes of the liver.

Statistical Analysis

We applied X-Tile software (version 3.6.1, copyrighted by Yale University, 2003–2005) to determine the optimal cutoff point for CAR, and the total patients were divided into two groups (Online Resource 1). The χ^2 test or Fisher exact test was used to compare the baseline characteristics of the two groups. The Kaplan-Meier method was used to draw the cumulative risk curve and the log-rank test was used to compare survival differences between the groups. The relationship between the clinical factors and OS was explored by applying univariate and multiple Cox proportional hazard regression analysis. Statistically significant factors obtained from univariate analysis were included in multivariate analysis. We made a stratified analysis of the known major covariates that may influence the OS, including age, cause and type of hepatitis, LDH, AFP, diameter of the main tumor, number and location of tumors, Child-Pugh class, GPS and mGPS (Fig. 2). Heterogeneity across subgroups was determined by stratified Cox proportional hazards models, and the likelihood ratio tests were used to examine the interactions between the subgroups.

A two-tailed *P* value < 0.05 was considered statistically significant. All analyses were performed using Empower (R) (www.empowerstats.com, X&Y solutions, Inc. Boston, MA).

Results

Baseline Characteristics

From January 2007 to May 2012, a total of 958 HCC patients with BCLC stage B were retrospectively analyzed. The patients were predominantly male (90.8%), whose average age was 55 (14–85) years. According to the cause of disease, most participants (829/958, 86.5%) were HBV infected. The median OS time was 23.3 months (95%CI:20.294–26.306). By the last follow-up date, 540 (56.4%) patients had died. The patients were divided into two groups based on the best cutoff value of CAR (0.06). We compared the clinical characteristics of patients between the two groups in Table 1, indicating significant differences in age, Hb, AST, LDH, AFP, diameter of the main tumor, Child–Pugh class, GPS and mGPS.

1297

Association Between CAR and OS in HCC Patients Undergoing TACE

The comparison between the OS for HCC patients of the two groups is shown in Fig. 1. The median OS time was 49.1 months (95%CI:36.513–61.687) for the group of CAR < 0.06, 23.3 months (95%CI:20.294–26.306) for the group of CAR \geq 0.06. The 1-, 3-, and 5-year OS rates were 87.3, 56.5, and 40.5% for the low CAR group, and were 62.7, 35.6 and 27.6% for the high CAR, respectively. The two groups showed significant differences in survival rates (*P* < 0.0001).

As given in Table 2, the results of univariate analyses showed that CAR > 0.06 (HR:1.801; 95%CI:1.425-2.276). lobes with (HR:1.509: both lesion 95%CI:1.267-1.797), intrahepatic lesion > 3 (HR:1.569; 95%CI:1.314-1.873), main tumor > 50 mm (HR:2.246; 95%CI:1.850-2.726). AFP > 400 ng/ml(HR:1.430: 95%CI:1.203-1.700), LDH > 215U/L (HR:1.546; 95%CI:1.299–1.840), Child–Pugh class = B(HR:1.387;95%CI:1.092–1.761), GPS = 1,2 (HR:1.296; 95%CI: 1.083-1.552) and mGPS = 1,2 (HR:1.241: 95%CI: 1.045–1.473) were related to a higher mortality risk.

Multivariate analysis including the above prognostic factors indicated that CAR > 0.06 was independently linked to а higher death risk (HR:1.580; 95%CI:1.193-2.092) along with both lobes with lesion (HR:1.407; 95%CI:1.174–1.687), intrahepatic lesion > 3 (HR:1.395; 95%CI:1.160-1.679), main tumor > 50 mm (HR:2.078; 95%CI:1.697-2.544), AFP > 400 ng/ml 95%CI:1.032-1.469), LDH > 215U/L (HR:1.231; (HR:1.233; 95%CI:1.026-1.481) and Child-Pugh class = B (HR:1.320; 95%CI:1.024-1.701).

Subgroup Analysis for OS

In the subgroup of age $\geq 50(y)$, cause and type of hepatitis(HBV/others), LDH $\leq 215/ > 215(U/L)$, AFP $\leq 400/ > 400(ng/ml)$, diameter of the main tumor $\leq 50/$ > 50(mm), both lobes with lesions(no/yes), number of intrahepatic lesions($\leq 3/ > 3$), Child–Pugh class = A, GPS-0 and mGPS-0, CAR ≥ 0.06 showed a significant increase in death risk, especially in the subgroup of AFP, GPS and mGPS (Fig. 2).

To explore the combined effect of age, AFP, and CAR on mortality risk, the HRs of the CAR groups stratified by five subgroups of age (5-y groups) and two subgroups of AFP (≤ 400 and > 400) are shown in Table 3. After adjusting for confounding factors, among age 55–60(y) and age 60–65(y) people with AFP ≤ 400 (ng/ml), the high CAR group showed a 2.3- and 2.9-fold increase in mortality risk compared with the low CAR group, respectively.

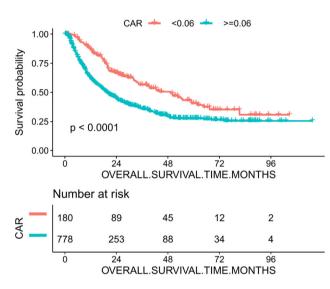
Table 1 Baseline characteristics of patients in the subgroups of CAR

Characteristics	CAR	P value		
	< 0.06	≥ 0.06		
Gender			0.480	
Male	161 (89.4%)	709 (91.1%)		
Female	19 (10.6%)	69 (8.9%)		
Age (years)			0.017	
< 50	52 (28.9%)	299 (38.4%)		
≥ 50	128 (71.1%)	479 (61.6%)		
Cause and type of hepatitis			0.669	
HBV	154 (85.6%)	675 (86.8%)		
Others	26 (14.4%)	103 (13.2%)		
Hemoglobin (g/L)			0.044	
≥ 120	146 (81.6%)	578 (74.4%)		
< 120	33 (18.4%)	199 (25.6%)		
$PLT (10^{9}/L)$			0.114	
≥ 100	125 (69.8%)	587 (75.5%)		
< 100	54 (30.2%)	190 (24.5%)		
WBC $(10^{9}/L)$			0.053	
≤ 10	149 (84.7%)	600 (78.1%)		
> 10	27 (15.3%)	168 (21.9%)		
AST (U/L)			0.045	
≤ 40	56 (31.1%)	186 (23.9%)		
- > 40	124 (68.9%)	592 (76.1%)		
LDH (U/L)			< 0.001	
≤ 215	103 (57.2%)	302 (38.8%)		
> 215	77 (42.8%)	476 (61.2%)		
AFP (ng/ml)	()		0.018	
≤ 400	108 (62.4%)	387 (52.5%)		
> 400	65 (37.6%)	350 (47.5%)		
Both lobes with lesions			0.702	
No	78 (43.3%)	325 (41.8%)	0.702	
Yes	102 (56.7%)	453 (58.2%)		
Diameter of the main tumor (mm)	102 (00.170)	100 (001270)	< 0.001	
≤ 50	103 (57.2%)	224 (28.8%)	0.0001	
> 50	77 (42.8%)	554 (71.2%)		
Number of intrahepatic lesions	(12.070)	551(112,0)	0.058	
≤ 3	83 (46.1%)	299 (38.4%)	0.050	
> 3	97 (53.9%)	479 (61.6%)		
Child–Pugh class	<i>(55.5 k)</i>		0.001	
A	169 (93.9%)	660 (84.8%)	0.001	
B	11 (6.1%)	118 (15.2%)		
GPS	11 (0.170)	110 (15.270)	< 0.001	
0	155 (86.1%)	174 (22.4%)	< 0.001	
1	25 (13.9%)	431 (55.4%)		
2	0 (0.0%)	431 (33.4%) 173 (22.2%)		
z mGPS	0 (0.070)	115 (22.270)	< 0.001	
	180 (100.0%)	232 (29.8%)	< 0.001	
0	100 (100.0%)	232 (29.0%)		

Table 1 continued

Characteristics	CAR	CAR		
	< 0.06	≥ 0.06		
1	0 (0.0%)	379 (48.7%)		
2	0 (0.0%)	167 (21.5%)		

Numbers that do not add up to 958 were attributable to missing data. The $\chi 2$ test was performed to compare the differences. If the counting variable has a theoretical number < 10, Fisher's exact probability test is used to get the result. *AFP*, Alpha-fetoprotein; *HBV*, Hepatitis B virus; *LDH*, lactic dehydrogenase; *WBC*, white blood cell; *GPS*, the Glasgow prognostic score; *mGPS*, the modified Glasgow prognostic score



In contrast, the increased risk for other age subgroups was not statistically significant.

As shown in Fig. 2, the CAR classified patients with GPS-0 points and mGPS-0 points, who showed longer survival than those with GPS-1/2 or mGPS-1/2 points, into two groups. Two survival curve analyses confirmed that the death risk of patients with CAR ≥ 0.06 was significantly higher than patients with CAR < 0.06, whether in the GPS-0 group (median OS:18.400 months; 95%CI:12. 606–24.194 VS median OS:49.100 months; 95%CI: 31.708–61.492) or mGPS-0 group (median OS:18.200 months; 95%CI:14.038–22.362 VS median OS:49.100 months; 95%CI:31.513–61.687) (Fig. 3).

Fig. 1 Correlation between the two CAR groups and overall survival in patients undergoing TACE for HCC

 Table 2
 Univariate and multivariate analyses for risk factors of OS after TACE treatment

Characteristics	Univariate			Multivariate		
	HR	95%CI	P value	HR	95%CI	P value
Gender (Female/ Male)	1.177	0.877, 1.579	0.277			
Age($\ge 50 / < 50$, years)	0.933	0.782, 1.113	0.439			
Cause and type of hepatitis(Others/ HBV)	0.784	0.606, 1.015	0.065			
Hemoglobin (< $120/ \ge 120,g/L$)	1.062	0.874, 1.291	0.544			
$PLT(<100/ \ge 100, 10^{9}/L)$	0.863	0.710, 1.048	0.137			
WBC(> $10/ \le 10, 10^9/L$)	0.998	0.809, 1.232	0.989			
AST (> $40/ \le 40$)	1.003	0.827, 1.216	0.978			
$LDH(> 215/ \le 215, U/L)$	1.546	1.299, 1.840	< 0.001	1.233	1.026, 1.481	0.026
$AFP(> 400/ \le 400, ng/ml)$	1.430	1.203, 1.700	< 0.001	1.231	1.032, 1.469	0.021
Both lobes with lesions(Yes/No)	1.509	1.267, 1.797	< 0.001	1.407	1.174, 1.687	< 0.001
Diameter of the main tumor (> $50/ \le 50$,mm)	2.246	1.850, 2.726	< 0.001	2.078	1.697, 2.544	< 0.001
Number of intrahepatic lesions(> $3/ \le 3$)	1.569	1.314, 1.873	< 0.001	1.395	1.160, 1.679	< 0.001
Child–Pugh class(B/A)	1.387	1.092, 1.761	0.007	1.320	1.024, 1.701	0.032
GPS(1,2/0)	1.296	1.083, 1.552	0.005	0.990	0.697, 1.408	0.957
mGPS(1,2/0)	1.241	1.045, 1.473	0.014	0.864	0.619, 1.206	0.390
$CAR(\geq 0.06 / < 0.06)$	1.801	1.425, 2.276	< 0.001	1.580	1.193, 2.092	0.001

AFP, Alpha-fetoprotein; HBV, Hepatitis B virus; LDH, lactic dehydrogenase; WBC, white blood cell; GPS, the Glasgow prognostic score; mGPS, the modified Glasgow prognostic score

Fig. 2 Stratified analysis for unadjusted HR in the subgroups of potential confounding factors. *AFP*, Alpha-fetoprotein; *HBV*, Hepatitis B virus; *LDH*, lactic dehydrogenase; *WBC*, white blood cell; *GPS*, the Glasgow prognostic score; *mGPS*, the modified Glasgow prognostic score.

Age <50 ≥50	Death/Total 190/351 350/607	⊦-∎1 ⊨∰1	HR(95%CI) 1.476 (0.975, 2.234) 1.953 (1.469, 2.595)	P for interaction 0.292
Cause and type of hepatitis	474/829	1 99 -1	1.710 (1.336, 2.190)	0.256
Others	66/129		2.608 (1.244, 5.469)	0.250
LDH	00/120		2.000 (1.244, 0.400)	
≤215	208/405	H B -4	1.595 (1.146, 2.219)	0.520
>215	332/553	+∎	1.831 (1.305, 2.569)	
AFP			,,	
≤400	271/495	⊢∎→	1.925 (1.393, 2.659)	0.491
>400	247/415	⊢∎→I	1.551 (1.093, 2.201)	
Diameter of main tumour			, , , ,	
≤50	139/327		1.455 (1.003, 2.109)	0.528
>50	401/631	HEH	1.600 (1.169, 2.189)	
Both lobe with lesions				
No	202/403	┝╼═╾┥	1.523 (1.053, 2.203)	0.231
Yes	338/555	⊢∎⊷	2.032 (1.500, 2.753)	
Number of intrahepatic lesior	าร			
≤3	191/382	H B 1	1.749 (1.210, 2.526)	0.906
>3	349/576	H B -4	1.765 (1.301, 2.394)	
Child-pugh class				
A	461/829	H H H	1.749 (1.370, 2.232)	0.737
В	79/129 •		1.913 (0.772, 4.738)	
GPS				
0	176/329	H=	1.966 (1.453, 2.660)	0.685
1/2	364/629		1.599 (0.877, 2.914)	
mGPS				
0	222/412	H B -1	1.984 (1.509, 2.608)	NA
1/2	318/546		NA	
	0	1 2 4	6	

Table 3 Effect modification of CAR on OS of HCC, stratified by age and AFP

Age, y	AFP, ng/ml	Unadjusted			Adjusted		
		HR	95%CI	P value	HR	95%CI	P value
50 to < 55	≤ 400	1.755	0.716, 4.304	0.2188	1.170	0.433, 3.163	0.7572
	> 400	1.900	0.669, 5.401	0.2283	1.262	0.391, 4.070	0.6972
55 to < 60	≤ 400	2.532	1.189, 5.392	0.0160	2.290	1.016, 5.162	0.0457
	> 400	1.933	0.588, 6.350	0.2775	1.072	0.291, 3.947	0.9164
60 to < 65	≤ 400	2.928	1.153, 7.433	0.0238	2.940	1.120, 7.721	0.0286
	> 400	1.890	0.718, 4.973	0.1971	1.394	0.481, 4.043	0.5409
65 to < 70	≤ 400	1.770	0.800, 3.920	0.1590	1.546	0.627, 3.813	0.3438
	> 400	1.054	0.421, 2.637	0.9103	0.761	0.285, 2.029	0.5851
≥ 70	≤ 400	1.809	0.741, 4.417	0.1929	1.256	0.480, 3.283	0.6425
	> 400	2.211	0.646, 7.565	0.2062	1.676	0.411, 6.838	0.4718

Discussion

In this secondary analysis, we demonstrated that HCC patients undergoing TACE with a high level of CAR tended to have a shorter OS. Moreover, CAR can identify subgroups at high risk for poor outcomes among those indicating better postoperative survival, such as the AFPnegative group, GPS-0 and mGPS-0 group. As an adjustable prognostic factor, CAR could guide physicians to monitor patients with high CAR levels more closely and provide anti-inflammatory therapy or nutritional support in their clinical practice.

Several studies have revealed that systemic inflammatory responses and nutrient consumption serve important parts in promoting poor prognosis in malignant tumor patients [18, 19]. CRP is an acute-phase protein stimulated mainly by proinflammatory cytokines, particularly Interleukin-6(IL-6). Elevated CRP level in tumors, indicating the presence of an intense inflammatory reaction, often accompanies total protein loss and increased tissue metabolism, leading to a poor nutritional status and a high risk of death[15, 20]. Serum albumin is a recognized marker of malnutrition in cancer, as a higher rate of albumin degradation and turnover within more aggressive tumor cell populations. This should be particularly emphasized in the treatment of HCC patients. As most HCC patients have cirrhosis, liver synthesis dysfunction caused by liver cirrhosis and tumor can lead to impaired nutritional status.

1301

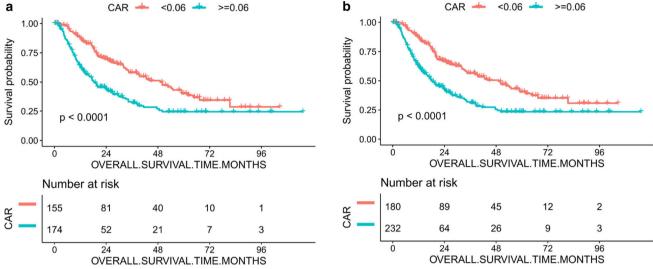


Fig. 3 Kaplan-Meier curves of overall survival for different levels of CAR stratified by GPS-0(a), mGPS-0 (b)

These research backgrounds have contributed to the development of prognostic scores based on CRP and albumin levels, such as the GPS, mGPS and CAR [12, 13, 16].

In the univariate analysis, the GPS, mGPS and CAR were all related to the adverse clinical outcomes of HCC patients undergoing TACE. After multivariate analysis, CAR remained an independent prognostic indicator. The results were consistent with previous research on CAR in HCC patients [16]. We also identified that tumor size, tumor number, tumor location, AFP level, Child-Pugh class and LDH level were still significant prognostic factors in the multivariate analysis, which were generally compatible with those of previous studies that described these markers' roles in tumor burden [21].

AFP is still the most authoritative serological indicator for the diagnosis and monitoring of HCC. However, it has been found that AFP elevation in many HCC patients is not obvious or even not elevated [22], which was consistent with our findings. Therefore, based on the AFP threshold of 400 ng/ml, we classified the participants to perform a subgroup analysis. The stratified results demonstrated that HCC patients with a higher CAR level were more likely to have worse clinical outcomes independent of serum AFP levels, which was also confirmed by recent research reported by Wu et al. [23]. Besides, we disclosed that the relationship between CAR and OS varied with aging, making CAR a potent prognostic predictor for AFP-negative HCC patients aged 55 to 65 years. The mechanisms underlying the heterogeneity of AFP- and age-related CAR effects remain to be clarified.

Consistent with the study of Ishizuka et al., CAR was shown could divide patients with GPS-0 (Fig. 3a) or mGPS-0 (Fig. 3b) into two independent groups [9]. The possible mechanisms might be explained as follows. As GPS and mGPS are qualitative scores in nature, the additive effect of rough classification of values may lead to higher or lower prognostic assessments of tumor patients than they are [24]. Although CAR, like GPS and mGPS, divides a patient' prognosis into different tiers, CAR acts as a quantitative ratio that theoretically makes more precise use of values. This suggests that even HCC patients with a low GPS/mGPS score, which generally indicates a better long-term prognosis, can still be screened out for high-risk patients (GPS:155/329; mGPS:180/412) with additional CAR assessment for active intervention.

In subgroup analysis, we also found that CAR showed the distinct value of prognostic stratification in most subgroups of clinical indicators, especially in the subgroup of age \geq 50 years, LDH > 215 U/L, number of intrahepatic lesions > 3, both lobes with lesions and Child–Pugh = A, which further demonstrated the ability of CAR to predict cancer prognosis.

Several limitations of this study should also be acknowledged. Firstly, the study was based on retrospective data from a single center. Secondly, although stratified analyses showed the prognostic value of CAR in HCC patients with different etiology, the most patients in this study were HBV infected, and further validation is needed in a larger population with non-hepatitis B. Thirdly, the type of TACE procedures including cTACE and DEB-TACE was not collected in the raw data, though until today, no significant difference in tumor response or survival has been observed between them [25]. In addition, as the treatment model for hepatocellular carcinoma has changed from single local treatment to multi-disciplinary

integrated treatment, further confirmation of the prognostic value of CAR in HCC patients receiving TACE-based combination therapy is needed.

Conclusions

In this large-scale, retrospective cohort study, we demonstrated that the CAR could serve as a simple, inexpensive, readily available prognostic factor in HCC patients undergoing TACE treatment. CAR could also provide further prognostic stratification for HCC patients who appear to have a good prognosis, such as patients with AFP-negative, GPS-0 or mGPS-0 to identify patients at a higher risk of death for closer follow-up or more aggressive treatment.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s00270-022-03208-w.

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Data Availability The raw data were freely obtained from the Dryad Digital Repository database (www.Datadryad.org; Dryad data package: Shen, Lujun et al. (2019), Data from: Dynamically prognosticating patients with hepatocellular carcinoma through survival paths mapping based on time- series data, Dryad, Dataset, https://doi.org/10.5061/dryad.pd44k8r).

Declarations

Conflict of interest The authors declare that they have no conflict of interest.

Ethical Approval This article does not contain any studies with human participants or animals performed by the author. The original study approach (2017-FXY-129) had been approved by the department of clinical research at SYSUCC.

Informed Consent As this was a secondary analysis study and the data were anonymous, informed consent was not necessary.

Consent for Publication As this was a secondary analysis study and the data were anonymous, consent for publication was not necessary.

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