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An Evaluation of Preparedness, Delivery and Impact of Surgical and Anesthesia Care in Madagascar: A Framework for a National Surgical Plan

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Abstract

Background The *Lancet* Commission on Global Surgery (LCoGS) described the lack of access to safe, affordable, timely surgical, and anesthesia care. It proposed a series of 6 indicators to measure surgery, accompanied by timebound targets and a template for national surgical planning. To date, no sub-Saharan African country has completed and published a nationwide evaluation of its surgical system within this framework.

Method Mercy Ships, in partnership with Harvard Medical School and the Madagascar Ministry of Health, collected data on the 6 indicators from 22 referral hospitals in 16 out of 22 regions of Madagascar. Data collection was by semi-structured interviews with ministerial, medical, laboratory, pharmacy, and administrative representatives in each region. Microsimulation modeling was used to calculate values for financial indicators.

Results In Madagascar, 29% of the population can access a surgical facility within 2 h. Surgical workforce density is 0.78 providers per 100,000 and annual surgical volume is 135–191 procedures per 100,000 with a perioperative mortality rate of 2.5–3.3%. Patients requiring surgery have a 77.4–86.3 and 78.8–95.1% risk of incurring impoverishing and catastrophic expenditure, respectively. Of the six LCoGS indicator targets, Madagascar meets one, the reporting of perioperative mortality rate.

Conclusion Compared to the LCoGS targets, Madagascar has deficits in surgical access, workforce, volume, and the ability to offer financial risk protection to surgical patients. Its perioperative mortality rate, however, appears better than in comparable countries. The government is committed to improvement, and key stakeholder meetings to create a national surgical plan have begun.

Emily Bruno and Michelle C. White serve as the lead authors of this article.

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Introduction

Thirty-two percent of the global disease burden requires surgical decision-making [1]. Yet, surgery remains the "neglected stepchild of global health" [2].

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In April 2015, the *Lancet* Commission on Global Surgery (LCoGS) defined the scale of the problem: Five billion people lack access to safe, affordable surgical and anesthesia care [3]; 143 million additional procedures are needed every year [4]; 33 million individuals face catastrophic health expenditure every year due to payments for surgical and anesthesia services [5]; and lack of access to surgery causes losses in economic productivity estimated cumulatively at USD \$12.3 trillion [6]. A set of six indicators, recommended targets, and a template for a national surgical plan were proposed to ensure surgery and anesthesia care become an integral part of each country's health system [7].

The six indicators focus on preparedness (access to surgery and surgical workforce density); delivery (surgical volume and perioperative mortality rate); and financial risk (protection against impoverishing and catastrophic expenditures). Measuring the indicators allows a country to benchmark itself against the LCoGS targets and to develop a national surgical plan for improvement and ongoing monitoring of the indicators [7] (Table 1).

As part of a project to implement the World Health Organization (WHO) Surgical Safety Checklist in all the regional referral hospitals in Madagascar, Mercy Ships, an international non-governmental organization (NGO), in partnership with Harvard Medical School's Program in Surgery and Social Change (PGSSC), collected data on the LCoGS' six core indicators. Mercy Ships operates an 84-bed hospital ship which visits countries at the invitation of the President and works closely with the Ministry of Health to offer free surgeries, medical training, and quality improvement initiatives. From October 2014 until June 2016, Mercy Ships was docked in Madagascar. During this time, the LCoGS core indicators were used to assess the preparedness, delivery, and impact of surgical and anesthesia services in Madagascar, thereby providing data for the Ministry of Health to develop a national surgical plan. This paper describes the methodology, the evaluation of surgical services in Madagascar, and the start of a national surgical plan.

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Materials and methods

Initial assessment and design

Initial assessment of the structure of Madagascar's hospital system and educational needs occurred from October to December 2014, followed by data collection between September 2015 and April 2016, and by data analysis between April 2016 and June 2016. Assessment consisted of hospital surveys and interviews with key personnel, such as the Minister of Health; medical school deans; the World Health Organisation representative to Madagascar; various hospital directors and their chiefs of surgery, anesthesia, and nursing; and, where available, providers of surgically relevant services, such as radiology and biomedical engineering.

There are 22 regions in Madagascar, each with a regional referral hospital, which, in seven regions, is also a university hospital. The majority of surgery takes place in the regional referral hospitals, although some district hospitals provide cesarean section and minor operations, such as herniorrhaphy and appendectomy. Each Regional Minister of Health and hospital director received a letter from Mercy Ships and the Ministry of Health detailing dates when Mercy Ships would visit.

Data collection

Initial discussions with the Ministry of Health envisaged visits to 25 hospitals in 20 regions. However, due to pilot illness and flight schedule changes, 22 hospitals in 16 regions were ultimately visited, representing 17 hospitals outside the capital and 5 hospitals in the capital city. On arrival, courtesy visits were made to the offices of the Regional Minister of Health and the hospital director. These visits served to confirm receipt of Mercy Ships' and Ministry of Health introductory communication and authorization, to describe the LCoGS data collection process, and to request permission of the hospital director to interview hospital staff. Data collection interviews took place with a combination of the following representatives, depending on availability: Regional Ministry of Health representatives; hospital directors; surgical, anesthesia, radiology, laboratory, and pharmacy staff; and other staff such as technical assistants, cashiers, and hospital statisticians.

All interviewees were adults over 18 years old who gave uncompensated, voluntary, verbal consent to participate. Confidential semi-structured interviews took place at the interviewee's own hospital and were conducted in French by one of the authors (EB) with assistance from VR, HR where necessary. Interviews on LCoGS indicators lasted

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Indicator	Definition
Preparedness for surgical and anesth	lesia care
1. Access to timely essential surgery	Proportion of the population that can access, within 2 h, a facility that can do caesarian section, laparotomy, and treatment of open fracture (the Bellwether procedures)
2. Specialist surgical workforce density	Number of specialist surgical, anesthetic, and obstetric physicians who are working, per 100,000 population
Delivery of surgical and anesthesia	care
3. Surgical volume	Procedures done in an operating theater, per 100,000 per year
4. Perioperative mortality rate	All-cause death rate prior to discharge among patients who have undergone a procedure in an operating theater, divided by the total number of procedures, presented as a percentage
Impact of surgical and anesthesia ca	re
5. Protection against impoverishing expenditure	Proportion of households protected against impoverishment from direct out-of-pocket payments for surgical and anesthesia care
6. Protection against catastrophic expenditure	Proportion of households protected against catastrophic expenditure from direct out-of-pocket payments for surgical and anesthesia care

between 30 min and 3 h each. Each interviewee was interviewed once; however, on several occasions, followup emails and/or telephone calls were employed to clarify data where necessary. Responses were recorded contemporaneously in electronic records. All responses were deidentified and stored in a password-protected database accessible only to PGSSC and Mercy Ships representatives.

Initially, a semi-structured interview tool was created by Mercy Ships and designed to cover all aspects of the LCoGS six core surgical indicators. However, during the study, four of the authors (EB, SS, NR, and MS) became part of a PGSSC working group to create a standardized semi-structured interview tool. The PGSSC semi-structured interview tool (Appendix of ESM) was used for several stages of data collection and is now freely available in the public domain.

Definitions and analysis of the LCoGS six core indicators (Table 1)

The definition of each of the six indicators is given in Table 1.

In Madagascar, a "specialist" is defined as someone who had undergone 3 years of practice as a "generalist," followed by an additional 4-year specialization.

With regard to Indicator 1, hospitals do not record the number of patients who travel more than 2 h to reach their facility; interviewees were asked to estimate this. We attempted to control for recall bias by conducting multiple interviews with a variety of hospital representatives.

No population census has been conducted since 1993; subnational population data were taken from the World Bank [8].We also lacked specific patient population and costing data from three of five hospitals visited in Antananarivo. To adjust for this, we calculated averages based on data available from the other hospitals visited in that city and used those figures in our subsequent analysis.

The costs of supplies and medications associated with a procedure were calculated based on those necessary for a caesarian section. Prior to June 2015, these supplies and medications (known as a "kit" in Madagascar) had been donated free of charge by the United Nations Population Fund. After June 2015, donations ceased, and hospitals began compiling their own kits and charging for them. Often these hospital-assembled kits are insufficient, necessitating that patients purchase a follow-on ("*suivi*") kit. A Malagasy NGO created two standardized versions of a more complete kit for use, one for caesarian sections under general anesthesia and one under regional anesthesia. Cost calculations in this paper used these complete kits as a baseline.

To calculate values for Indicators 5 and 6, microsimulation modeling was used. Calculations were based on observed costs from three different regions of Madagascar of a pregnant woman in obstructed labor for 2 days living at least 40 km from the nearest surgical center. Costs were adjusted to international dollars (I\$) using purchasing power parity converters available from the World Bank.

Impoverishing expenditure was defined as an expense that pushed a patient into or further into poverty (income below I\$1.25/day) by out-of-pocket payments, adjusted for purchasing power parity [3]. Catastrophic expenditure was defined as an expense of at least 10% of an individual's household income [9].

Timeline for national surgical plan

At the beginning of the study, the template for a national surgical plan was published, but the process was undefined.

Table 2	Regions,	population	sizes,	and hos	spitals visite	ed
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Region	Population ^a (2014)	Hospital	
Alaotra-Mangoro	1,108,000	Ambatondrazaka	
Amoron'i Mania	772,000	Ambositra	
Analamanga	3,614,000	Antananarivo (3 hospitals)	
Analanjirofo	1,117,000	Fenerive Est	
Androy	792,000	Ambovombe	
Anosy	725,000	Fort Dauphin/Tolagnaro	
Atsimo-Andrefana ^b	1,421,000	Toliara	
Atsimo-Atsinanana ^b	970,000	Farafangana	
Atsinanana ^c	1,371,000	Toamasina	
Betsiboka	317,000	Maevatanana	
Boeny ^c	863,000	Mahajanga	
Bongolava	494,000	Tsiroanomandidy	
Diana	755,000	Diego-Suarez/Antsiranana, Nosy Be	
Ihorombe	337,000	Ihosy	
Itasy	791,000	Miarinarivo	
Matsiatra Ambony	1,294,000	Fianarantsoa	
Melaky ^b	313,000	Maintirano	
Menabe	639,000	Morondava	
Sava	1,058,000	Sambava, Antalaha	
Sofia	1,346,000	Antsohihy	
Vakinankaratra	1,946,000	Antsirabe	
Vatovavy-Fitovinany ^b	1,529,000	Manakara	

^a Population sizes from World Bank data [8]

^b Data collection anticipated but unable to be completed

^c Data collection not planned, as hospital was a pilot site for WHO Surgical Safety Checklist implementation and so not visited

We planned preliminary discussions with the Ministry of Health for the mid-way point in December 2015, with the aim of defining future directions.

The study was approved by the Mercy Ships Institutional Review Board, Boston Children's Hospital Institutional Review Board, and the Madagascar Ministry of Health.

Results

From September 2015 to April 2016, data were obtained from 22 out of 25 hospitals that were planned for assessment. Three hospitals were omitted due to aircraft schedule changes at short notice on account of weather and pilot illness. The 22 hospitals represent 16 regions (Table 2).

The average patient population among the surgical sites visited was 394,181 (range 1944-2,000,000). Surgical centers had on average 131 beds (range 42-600) and three operating rooms (range 1-12). The types of surgery performed at these facilities are given in Table 3.

In Madagascar, 29% of the population can access a surgical facility within 2 h. Specialist surgical workforce

density is 0.78 per 100,000 population (Table 4), and the surgical volume is 163 (regional range 135–191) procedures per 100,000 population per year (Table 5). Madagascar's POMR ranges between 2.5 and 3.3% at the regional hospitals.

Depending on the cost of surgery in each region, patients in Madagascar requiring surgery have between a 77.4% (95% CI 75.0–79.9%) and a 86.3% (95% CI 84.2–88.2%) chance of incurring impoverishing expenditure and between a 78.8% (95% CI 75.3–83.0%) and a 95.1% (95% CI 93.1–97.1%) chance of incurring catastrophic expenditure from the costs of surgery (Table 6).

Discussion

In this comprehensive assessment of surgical capacity in Madagascar, using the LCoGS six core indicators for monitoring universal access to safe, affordable surgical care, we find that Madagascar meets one out of six LCoGS targets, collecting POMR data. Scale-up of workforce and surgical volume, improving timely access to surgical care, and increasing financial risk protection for surgical patients

Table 3 Surgery types performed at surgical facilities surveyed

Surgery type	Number of centers	
Obstetric-gynecologic	21/22	
General	19/22	
Critical care ^a	17/22	
Colorectal	12/22	
Orthopedic ^b	11/22	
Otolaryngologic	9/22	
Neurosurgical	8/22	
Pediatric ^c	8/22	
Opthalmologic	7/22	
Oral–Maxillofacial	7/22	

^a "Critical care" did not exist in the rural regions polled but was instead used to capture emergency care, which existed at each of the centers visited outside the capital

^b Certified orthopedic surgeons existed in five of the sites visited; all other sites relied upon general surgeons to perform orthopedic interventions

 $^{\rm c}\,$ Pediatric surgery in rural Madagascar refers primarily to hydrocele and hernia repair

are necessary to make progress toward achieving the other five targets. Madagascar's post-operative mortality rate (POMR) appears better than those of some other LMICs [10, 11]. The overall workforce deficit and low surgical volume in Madagascar are similar to other LMICs [12–14]. In Madagascar, outside the capital city, only 5 of 17 regional centers surveyed could fix an open fracture, whereas all centers, both in the rural regions and in the capital, could undertake laparotomy and cesarean section.

Since 1975, China has helped supplement workforce numbers in Madagascar [15]. In two hospitals surveyed (Sambava and Ambovombe), all the surgeons, anesthesiologists, and obstetricians were Chinese, a situation that reportedly caused difficulties in communication and teamwork. Although many African countries have reported successful health partnerships with other nations [16–22], these can be time-consuming and expensive. The most efficient way to supplement surgical workforce remains unknown [23].

Prior assessments of surgical capacity in Madagascar have been limited to three areas: emergency care in one of 22 regions [24], financial implications of maternal and child health in one region [25], and pediatric surgical workforce density [26]. Our assessment covers a wider range of surgery in 16 of 22 regions, encompassing 73% of the national population. In our study, only 29% of the patients lived within 2 h of a surgical center, compared with 75% in the maternal and child health study, but

Table 4	Specialist	surgical	workforce	density

	Surgeons	Anesthesiologists	OB/GYN	Total
Total	94	26	14	134
Per 100,000 population	0.55	0.15	0.08	0.78

OB/GYN obstetrician/gynecologist

Table 5 Surgical volume

	Total procedures	Laparotomies	Cesarean sections	Open fracture repairs
Monthly totals	1926–2733	543-792	465–726	152–181
Per 100,000 population annually	135–191	38–56	33–48	11–13

Table 6 Performance on LCoGS indicators

Indicator	LCoGS target	Madagascar
1. Percentage of population with access to timely surgery within 2 h	80%	29%
2. Specialist surgical workforce density per 100,000 population	20	0.78
3. Surgical Volume (procedures done per 100,000 population per year)	5000	135–191
4. Perioperative mortality rate (POMR)	Begin recording	Already recording;
		POMR = 2.5 - 3.3%
5. Proportion of households protected against impoverishing expenditure	100%	13.7-22.6%
6. Proportion of households protected against catastrophic expenditure	100%	4.9–21.2%

similar to our study, the costs of medications and supplies constituted the majority of out-of-pocket expenses [25].

In most LMICs, patients face catastrophic expenditure to pay for surgery [5]. Madagascar is one of the world's poorest countries, with annual income estimated at \$440 USD [27]. To pay for surgery, patients sell portions of their livelihoods, such as cattle (\$340–469 USD per head), parcels of land (\$44–49 USD per square meter), or rice paddies (\$521–625 USD). Madagascar currently lacks universal health coverage, but a type of insurance does exist for the very poor, known as the *Fonds d'Equité*. However, this is rarely used, primarily because of a culturally driven reluctance to self-identify, or to be publically identified, as "poor." Our data, similar to Lin et al. [28], suggest that finance is one of the most important barriers to accessing surgical care.

POMR was the only indicator for which Madagascar met the LCoGS target. Madagascar is at the lower end of reported POMR in other countries [10, 11]. However, conclusive comparisons are hindered by lack of standardized definitions [29] and by the fact that surgeries are limited to healthier patients.

Our study has some limitations. Hospital data and costs were collected by face-to-face interview and not anonymously. This could have introduced positive and negative bias. Alternatively, a deliberately poor impression could have been given in the hope of receiving help. Population sizes were based on estimates, as no current census data exist, but we attempted to control for this by taking data from multiple interviewees and population data from the World Bank. Although we covered only 73% of regional hospitals, most surgery occurs in these regional centers; this is likely to be sufficiently representative. Despite its limitations, our study has a number of strengths. It is the first comprehensive assessment of surgical capacity in Madagascar. It serves as a "proof-of-concept" study on feasibility using the LCoGS indicators to benchmark a national surgical system. It also identifies key areas for improvement. Furthermore, the study illustrates how an NGO, an academic institution and a Ministry of Health, can collaborate for capacity assessments and strategic planning.

Assessments of surgical systems are useful only if data are made available to the government to be used in developing a plan for improvement and ongoing monitoring. The LCoGS template for a national surgical plan provides just that. At the time of writing, all data have been shared with the Malagasy Ministry of Health; a working party of surgical specialists has been created; support has been obtained from other NGOs, major stakeholders, and funders; and a preliminary planning forum is due to occur in September 2016.

In conclusion, we have evaluated the preparedness, delivery, and impact of surgical care in Madagascar;

bench-marked the country against the LCoGS targets recommended to be achieved by the year 2030; and reported a "proof of concept" for this type of assessment in future countries. This process has revealed a deficit in Madagascar's surgical system when compared to LCoGS targets, namely in the areas of timely access to surgical care, specialist surgical workforce, and surgical volume. Madagascar's system is currently unable to offer financial risk protection to the majority of surgical patients. While much work remains to be done, initial signs are promising that the current government is committed to creating a national surgical plan to address the key areas of deficit—namely infrastructure, workforce, and service delivery.

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Compliance with ethical standards

Conflict of interest M. C. White, V. A. Ravelojaona, H. N. Rakotoarison, H. H. Andriamanjato, K. L. Close, A. Herbert, N. Raykar and S. Saluja have no conflicts of interest to declare.

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1224