REVIEW ARTICLE

The clinical use of bone morphogenetic proteins revisited: a novel biocompatible carrier device OSTEOGROW for bone healing

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Abstract

Purpose The purpose of this study was to revise the clinical use of commercial BMP2 (Infuse) and BMP7 (Osigraft) based bone devices and explore the mechanism of action and efficacy of low BMP6 doses in a novel whole blood biocompatible device OSTEOGROW.

Methods Complications from the clinical use of BMP2 and BMP7 have been systemically reviewed in light of their role in bone remodeling. BMP6 function has been assessed in $Bmp6$ -/- mice by μ CT and skeletal histology, and has also been examined in mesenchymal stem cells (MSC), hematopoietic stem cells (HSC) and osteoclasts. Safety and efficacy of OSTEOGROW have been assessed in rats and rabbits.

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Results Clinical use issues of BMP2 and BMP7 have been ascribed to the limited understanding of their role in bone remodeling at the time of device development for clinical trials. BMP2 and BMP7 in bone devices significantly promote bone resorption leading to osteolysis at the endosteal surfaces, while in parallel stimulating exuberant bone formation in surrounding tissues. Unbound BMP2 and BMP7 in bone devices precipitate on the bovine collagen and cause inflammation and swelling. OSTEOGROW required small amounts of BMP6, applied in a biocompatible blood coagulum carrier, for stimulating differentiation of MSCs and accelerated healing of critical size bone defects in animals, without bone resorption and inflammation. BMP6 decreased the number of

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osteoclasts derived from HSC, while BMP2 and BMP7 increased their number.

Conclusions Current issues and challenges with commercial bone devices may be resolved by using novel BMP6 biocompatible device OSTEOGROW, which will be clinically tested in metaphyseal bone fractures, compartments where BMP2 and BMP7 have not been effective.

Keywords Bone regeneration · Bone morphogenetic protein 6 (BMP6) . Bone fracture . OSTEOGROW . Whole blood containing device .BMP2 .BMP7 .Commercial bone devices

Introduction

Trauma is the second most expensive medical condition in the European Union (EU) and the United States (US), after cardiovascular diseases, and costs the health care system 43 billion euros and 50 billion dollars per year, respectively, of which nearly half is used for the treatment of broken bones alone [\[1\]](#page-9-0). Approximately 2.5 million bone grafting operations are performed annually in the EU and US [[2](#page-9-0)]. It is estimated that nearly six million fractures are persistent in the EU each year with 5–11 % resulting in delayed or impaired healing [\[3](#page-9-0)] and are associated with well-known complications and a socioeconomic burden [[4\]](#page-9-0). As the population ages, it is predicted that more than 12 million bone fractures will occur yearly by 2050 in the EU. Present orthopaedic procedures supporting bone repair are dependent on our understanding of the molecular processes responsible for tissue repair [\[5](#page-9-0)], which is a prerequisite for the development of novel biological therapies for supporting bone repair when physiological mechanisms of regeneration fail.

Molecular mechanisms of bone remodeling

During bone remodeling, resorption by osteoclasts acts as a trigger to stimulate bone formation by osteoblasts, which is called coupling [\[6](#page-9-0)]. The molecular mechanisms by which osteoblasts control osteoclastogenesis have been extensively studied and elucidated to a great extent. Osteoblasts are functionally coupled to osteoclasts via the receptor activator of nuclear factor kappa-B (RANK)–receptor activator of nuclear factor kappa-B ligand (RANKL)–osteoprotegerin (OPG) system stimulating their formation and activity [\[7](#page-9-0)–[9\]](#page-9-0). However, it is not well understood whether osteoclasts in turn influence bone formation by directing the osteoblast activity. In vitro bone marrow-derived mature osteoclasts express growth factors including vascular endothelial growth factor C (VEGFC), leukemia inhibitory factor (LIF), interleukin 1 receptor antagonist (IL1ra), chemokine (C-C motif) ligand 9 (CCL9), twisted gastrulation protein homolog 1 (TWGS1) and platelet

derived growth factor-BB (PDGF-BB). Functional analysis demonstrated that PDGF-BB stimulated osteoblast chemotaxis that was reduced by assessing siRNAs of PDGFR-β in osteoblasts [[10,](#page-9-0) [11](#page-9-0)]. Growth factors released during bone resorption that rebound to the extracellular matrix components also include transforming growth factor $β1$ (TGF $β1$) and insulin growth factor 1 (IGF-1) [\[12](#page-9-0)], stimulating osteoblast differentiation from bone marrow mesenchymal stem cells (BMSCs) [[13,](#page-9-0) [14\]](#page-9-0). A novel molecule named couplin has been recently identified in osteoclasts that also promotes osteoblast differentiation from BMSCs. Couplin is decreased during ageing and upon alendronate treatment, and increased by parathyroid hormone administration [\[15\]](#page-9-0). Under normal conditions, the homeostasis of both pathways proceeds in timely controlled cycles (Fig. 1). This multistage cascade controls fetal osteogenesis, bone volume maintenance in postnatal life, and recapitulates embryonic endochondral bone formation during fracture healing.

BMPs

Following the identification of BMPs and their receptors [\[16](#page-9-0)–[25\]](#page-9-0) there have been important discoveries and clinical reports on BMP use [\[26](#page-9-0)–[35\]](#page-10-0). The roles of individual BMPs have been studied through the identification of mutated genes in classic mouse mutants and through conventional gene targeting approaches, gene disruption and overexpression of genes encoding BMPs, BMPRs and Smads. Collectively, these studies have confirmed that BMPs have important roles in the development of the skeleton, nervous system, eye, kidney, heart and primordial germ cells [\[36](#page-10-0)–[49](#page-10-0)]. Bone healing in mammals is however restricted compared to more complex embryonic events like limb development that remains active following limb amputation in amphibians.

Fig. 1 Osteoblast–osteoclast communication in bone remodeling. The basic RANKL-RANK communication system is influenced by hormones like PTH and $1,25(OH)_2D_3$, Wnt signaling, growth factors, including BMPs, TGFβ1, IGF-1, PDGF-BB and others. Following bone resorption, growth factors released from the ECM influence differentiation of bone marrow stromal cells or directly act on osteoblasts. PTH can act via newly discovered couplin. In combination with $1,25(OH)_{2}D_{3}$, BMPs upregulate cathepsin K and anhydrase II to promote bone resorption

The role of BMPs in bone remodeling has not been well established prior to the formulation of bone devices containing BMP2 and BMP7 (currently in use) which resulted in less than expected bone formation robustness in clinical trials, and subsequent complications in the post-marketing observation period (see below).

Issues related to bone devices containing BMP2 and BMP7

Currently, two therapeutic concepts have been introduced to the market in order to overcome non-healing bone or complicated bone fractures. The bone devices consist of a bovine collagen matrix soaked with BMP2 (Infuse Bone Graft, lumbar tampered fusion device) or BMP7 (Osigraft) [\[50,](#page-10-0) [51](#page-10-0)]. Randomized, blinded and controlled clinical trials have supported the use of recombinant BMP2 and BMP7 for long bone acute fractures, non-unions and spinal fusions [\[52](#page-10-0)–[63\]](#page-10-0). BMP2 based Infuse has been confronted with major issues limiting its use in the post-marketing period [\[55](#page-10-0), [56](#page-10-0)]. Although the human body contains about 2 mg of BMPs at any time, clinicians use up to 40 mg of BMP2 in patients with spinal fusion surgeries, including off-label use in the cervical spine, which was associated with swelling in the neck resulting in life-threatening complications [\[55](#page-10-0), [56\]](#page-10-0). From this large BMP2 amount only 75 µg bind specifically to 1 g of collagen [\[64\]](#page-10-0) and the remaining amount precipitates onto the bovine matrix. Moreover, mature recombinant BMP is not soluble at neutral pH and therefore forms large molecular weight (MW) agglomerates, which then, in combination with bovine collagen, induce significant inflammation, swelling and heterotopic ossification at adjacent and distant cell compartments. Both BMP2 and BMP7 may cause early osteolysis associated with implant dislodgment, subsidence and loss of alignment, specifically in patients following spinal fusion surgery [\[55](#page-10-0), [56\]](#page-10-0). Similar events eventually occurred when BMP2 and BMP7 devices were used for long-bone fractures and non-unions. Inflammation and swelling were transient and not observed unless used under the skin, in patients operated for distal radial osteotomies and treated with BMP7 where metaphyseal bone is predominantly composed of bone marrow and mesenchymal stem cells, resulting in bone resorption and skin rash [[65\]](#page-10-0). Also, when used in preclinical studies within the bone medullary canal, a pronounced bone resorption has been observed [\[66\]](#page-11-0). When a BMP2 device was used in patients for the lower lumbar spine fusion the complications included an autonomic plexus injury, retrograde ejaculation and heterotopic ossification [\[55](#page-10-0)–[57,](#page-10-0) [59,](#page-10-0) [61\]](#page-10-0). In another prospective study with clinical and radiographic outcomes performed with a BMP2 device and autogenous bone in surgical treatment of a laparoscopic anterior lumbar interbody fusion, it has been demonstrated that the fusion occurred quickly and predictably with no adverse effects identified [\[58](#page-10-0), [62](#page-10-0)]. Similar results were observed in patients undergoing posterior cervical fusion, as it does not produce complications at the rate previously seen in the anterior cervical spine where the surgery was associated with postoperative oedema, dysphagia and haematoma formation [\[60\]](#page-10-0).

Further drawbacks include the use of the bovine collagen as a carrier and the use of non-injectable formulations for treating closed fractures, as well as a very high market price. Due to a potential problem with prions and bovine spongiform encephalopathy, bovine collagen has been subjected to strict new regulations if used as a medicinal product for human and veterinary applications [\[67\]](#page-11-0).

Therefore, although orthopaedic surgeons would use an affordable bone inducing and enhancing agent in almost every osteoporotic fracture and/or a non-union, the side effects and the price are restrictive components in routine use of current BMP devices in patients with bone defects. This is especially the case in elderly patients with a high proportion of secondary interventions. Complications observed with clinical use of BMP2 and BMP7 bone devices were mainly due to the previously limited understanding of their molecular mechanisms in bone remodeling.

In the light of these issues, there is a medical need for the development of a new osteogenic device that will offer safe and cost-effective healing. Well designed and executed studies are necessary to better define the incidence of various complications relative to the type of BMP, form and region of fusion, surgical technique, dose and carrier, and importantly, the natural history and management of associated complications [[63](#page-10-0)].

BMP induced bone formation at ectopic sites is not coupled to bone resorption

Growth factors expressed in the callus affecting fracture healing include TGFβ, FGF, PDGF, IGF and BMP [\[68\]](#page-11-0). However, at ectopic sites, e.g. under the skin or in the muscle, only BMPs can induce bone formation [[69\]](#page-11-0). Progenitor cells around blood vessels and in the connective tissues cannot differentiate into the osteogenic pathway without a BMP [\[47](#page-10-0)]. In the absence of osteoclasts which are in the bone coupled to adjacent osteoblasts, a BMP is required for the formation of an ossicle which undergoes a cascade of events, including cartilage formation, blood vessel invasion and formation of bone. The bone marrow progenitors arrive later from the systemic circulation to the newly formed bone to organize the bone marrow and osteoclasts [\[70](#page-11-0)] (Fig. [1](#page-1-0)). Thus, at an ectopic site BMPs act on the differentiation of osteogenic precursor cells into osteoblasts and form bone in the absence of osteoclasts. This situation is fully reproducible in vitro when osteoprogenitor cells and osteoblast-like cells are treated with a BMP [\[46,](#page-10-0) [71](#page-11-0)]. However, when BMP acts in the bone microenvironment, the outcome dramatically changes due to bone remodeling, as shown below.

In the presence of coupled bone cells BMPs stimulate resorption

Contrary to the belief that BMPs primarily induce new bone at an endosteal bone site, inactivation of the BMP type I receptor signaling in mouse osteoblasts surprisingly resulted in a significantly increased bone volume [[72\]](#page-11-0). Similarly, a conditional deletion of the *Bmp* receptor in differentiated mouse osteoclasts increased the osteoblastic bone formation and bone volume [\[73\]](#page-11-0). Accordingly, BMP4 overexpression in mouse osteoblasts resulted in bone loss [\[74](#page-11-0)]. Intramedullary use of BMP2 at the endosteal bone site resulted in the suppression of osteogenesis due to the downregulation of Runx2 and synthesis of collagen I, as well as inhibition of Wnt signaling [[75\]](#page-11-0) as a consequence of targeting Wnt inhibitors Dkk1 and Sost downstream of BMP signaling through the type IA receptor in osteoblasts [\[76](#page-11-0)]. These in vivo BMP effects on endosteal bone cells are a consequence of a pronounced stimulation and response of osteoclasts and their progenitors which express BMPR-IA and II receptors on their membranes [[77,](#page-11-0) [78\]](#page-11-0) and synthesize BMPs [[39](#page-10-0), [40](#page-10-0), [79](#page-11-0)–[82](#page-11-0)]. It is therefore suggested that in vivo the effect of BMPs on osteoclasts outweighs their effect on osteoblasts, resulting in a net bone loss. These surprising results are contradictory to the in vitro evidence showing that BMP2 and -7 promote differentiation of various osteoblast-like cells and in vivo induce new bone formation at ectopic sites in experimental animals (Fig. [2\)](#page-4-0). When used at orthotopic bone sites for supporting bone repair the outcome depends on the bone microenvironment. Thus, in the presence of coupled bone cells, the net effect of BMP therapy on the bone volume will be a loss. However, when used in an uncoupled cell environment at an ectopic site, or in the vicinity of the periosteum or muscle, new bone will form and support the bone healing by extending the area of new bone from an uncoupled to a coupled bone surface (Fig. [3](#page-5-0)).

There is also additional evidence that supports the role of BMPs in bone resorption. BMPs in vivo promote bone resorption in animal models of bone defect healing [\[83](#page-11-0)–[86\]](#page-11-0). In culture, human monocytes chemotactically respond to BMP4 [\[87\]](#page-11-0), while BMP7 stimulates the formation of TRAP positive mononuclear cells which, in the presence of $1,25(OH)₂D₃$, mature and resorb bone [\[88,](#page-11-0) [89](#page-11-0)]. BMP2 also mediates the osteoblast–osteoclast interaction, and in the presence of bone marrow stromal cells supports the maturation of mononuclear cells and bone resorption [\[90,](#page-11-0) [91\]](#page-11-0). In the presence of inflammation, BMP2 enhances bone resorption via upregulation of COX-2 and RANKL in osteoblasts [\[92](#page-11-0)]. In line with this, Noggin, a BMP antagonist, prevents osteoclastogenesis in

cultures of the bone marrow [\[93\]](#page-11-0). Osteoclasts isolated from long bones, in the presence of RANKL, increased resorption by BMP2 via cathepsin K and carbonic anhydrase II [[77\]](#page-11-0). TGFβ1 and activin, in the presence of RANKL and granulocyte macrophage colony-stimulating factor (GM-CSF), also stimulate osteoclastogenesis [[94\]](#page-11-0). In rats with removed thyroid and parathyroid glands systemic administration of BMP2 and -7 resulted in an increased bone resorption, indicating a direct effect on osteoclasts in vivo which is not mediated by calciotropic hormones [[95](#page-11-0)]. In contrast, BMP5 and -6 activated osteoclasts in a biphasic mode, depending on the RANKL/ OPG mRNA ratio and the BMP concentration [\[96\]](#page-11-0). Mechanistically, BMP2 transcriptionally regulates both RANKL [\[92,](#page-11-0) [93\]](#page-11-0) and CSF-1 [\[97](#page-11-0)], which are critical factors for osteoblastinduced osteoclastogenesis. It is suggested that BMP2 and -7 regulate the osteoclast activity both via OPG-RANKL system and through upregulating the expression of GM-CSF, stromal cell-derived factor-1 (SCF1) and resorption enzymes.

Clinical testing of BMP2 and -7 revised

If BMPs in vivo promote bone resorption, how was it then that clinical trials demonstrated that BMP2 and -7 supported bone healing with an efficacy equal to an autologous bone graft? Moreover, in animal studies it has been documented that BMPs when implanted on a collagen carrier promote formation of a new endochondral bone in mice, rats, rabbits, dogs, goats, sheep, and baboons [[23,](#page-9-0) [44,](#page-10-0) [98](#page-11-0)–[102\]](#page-12-0). In long bone acute fracture clinical trials using BMP2 and -7, bone loss has not been recorded [[52,](#page-10-0) [54\]](#page-10-0). The first evidence for a pronounced bone resorption came from patients in whom BMP7 was used for distal radial osteotomy [\[65\]](#page-10-0) and BMP2 for the spinal fusion surgery [[53](#page-10-0), [55](#page-10-0), [56](#page-10-0), [58](#page-10-0)–[63\]](#page-10-0).

In patients receiving BMPs mainly for spinal fusions [\[103](#page-12-0)–[106\]](#page-12-0) it has been observed that the use of intracorporal BMP7 in unstable thoracolumbar fractures resulted in severe bone resorption, loss of reduction and segmental collapse [\[103\]](#page-12-0). Vertebrae consist mainly of trabecular bone with surfaces lined by coupled bone cells, and a recombinant BMP2 and BMP7 in large amounts caused bone resorption due to their pronounced effect on osteoclasts, at endosteal/trabecular surfaces (Fig. [3](#page-5-0)). In clinical studies the retrospective analyses suggested that the initial BMP induced resorption was transient and that bone formation and repair subsequently occurred [[55](#page-10-0), [56](#page-10-0)].

The role of soft tissues adjacent to bone in BMP-induced bone formation

The cortical bone is covered on the outside with periosteal cells that are not coupled to osteoclasts and respond in vitro to

Fig. 2 Ectopic bone formation assay after implanting whole blood coagulum device (WBCD) OSTEOGROW (white circle) subcutaneously in the axillary region (circles) of a rat (a). Two weeks later μCT analysis in axial (b) and longitudinal (c) planes showed a newly formed mineralized ossicle (white arrows). Histological sections stained by von Kossa (d) and toluidine blue (e) demonstrate mineralized bone with a bone marrow and absence of inflammation and fibrosis at the external surface of the ossicle (*arrow* in \bf{d}), which is usually covered by a thick layer of fibrotic tissue in the form of a fibrous capsule when commercially available Osigraft (3.5 mg BMP7) or Infuse (1.5 mg/ml BMP2) are used on a bovine collagen carrier at a subcutaneous site in rats (results not shown)

BMPs [\[107,](#page-12-0) [108\]](#page-12-0). In the work of Geesink et al. osteogenic activity of BMP7 with a collagen (Osigraft) as a carrier was tested in a human fibular defect in patients undergoing a high tibial osteotomy for prevention of osteoarthritis [\[109](#page-12-0)]. Patients treated with Osigraft had a spherical formation of bone which began at the external borders of the defect (Fig. [3](#page-5-0)). BMP7 primarily stimulated the differentiation and mobility of cells outside the bone cavity originating from the periosteum and surrounding muscles to rebridge the fracture outside the bone defect, which later occupied the endosteal bone space. It has been well established that BMP2 and BMP7 turn muscles into bone via upregulating the inhibition of differentiation (Id) genes [\[45](#page-10-0), [110](#page-12-0)–[112](#page-12-0)], and in parallel promote the differentiation of pericytes and myoblasts into osteoblasts (Fig. [3\)](#page-5-0) [\[113\]](#page-12-0). Therefore, their collective effect on endosteal mesenchymal cells, periosteal cells, and the surrounding myoblasts/pericytes initiates bone formation and the formation of a bone callus.

The initial direct stimulation of endosteal osteoclasts might be an important step for removing nonfunctional bone pieces following a fracture within the bone cavity. While resorption takes place endostealy, forming an intramedullar "halo" [[66\]](#page-11-0), in parallel, new bone tissue is formed outside the bone cavity to biomechanically support the broken bone ends (Fig. [3\)](#page-5-0). The size of the new bone is, however, dose and carrier dependent. The effect of recombinant BMP2 and -7 in clinical trials for acute and chronic repair of long-bone defects was therefore not very effective, since the distal tibia is less encased with muscles, and due to open procedures it is not known whether the periosteum has been preserved [\[38](#page-10-0)]. Also, the amount of BMP2 and -7 in current commercial BMP devices significantly exceeds their biological need, containing an overdose of BMP2 and/or -7, which upon in vivo use is lost from the injury site, leading to increased bioavailability elsewhere, and eventually to uncontrolled immunological responses, including

formation of antibodies, exuberant ectopic bone formation and other undesirable side effects [[55](#page-10-0), [56](#page-10-0)].

OSTEOGROW: A new bone device consisting of BMP6 and a biocompatible blood coagulum-derived carrier

As shown, a biological response to BMPs is dependent on the cell type and microenvironment that is present at the site of BMP delivery. In a situation in which pluripotential cells are abundant, BMPs are effective. In bone injuries skeletal progenitor cells arise from multiple tissue compartments including the injured periosteum, endosteum, bone marrow cavity, vascular tissue and the surrounding musculature. All these progenitor populations contribute cells to the healing skeletal injury, but whether they respond equivalently to BMPs is not yet fully understood (Fig. 3) [\[41,](#page-10-0) [42,](#page-10-0) [52,](#page-10-0) [75](#page-11-0), [114\]](#page-12-0).

The ability to enhance osteogenesis and uncouple it from bone resorption, through the use of BMPs, is a critically important step in advancing the skeletal tissue engineering. Periosteal bone formation in the vicinity of bone and the ectopic bone microenvironment outside the bone medullar cavity have a common denominator reflected by absence of osteoclasts and therefore uncoupled osteoblast precursor cells which would form bone with a BMP.

10wk

 1_y

6wk

We have developed a novel osteogenic device called OSTEOGROW which is aimed to accelerate bone regeneration. It contains a biologically compatible autologous carrier made from the peripheral blood (whole blood containing device, WBCD), that significantly limits inflammatory processes common in commercial bone devices. Finally, BMP6 is added in small amounts to the carrier WBCD to accelerate and enhance bone formation, as evidenced in preclinical models of bone repair (Fig. [4\)](#page-6-0) [[115](#page-12-0)].

Fig. 4 X-ray analysis of critical size defects of rabbit ulnae. An ulnar critical size defect model was used to evaluate the efficacy of BMP6 in bone healing of adult male New Zealand white rabbits. Blood was collected from rabbit marginal ear veins into tubes without any anticoagulant substance in which BMP6 or BMP7 were added. Animals were divided into three groups $(n=8)$ and defects were treated with: modified whole blood containing device as a carrier (WBCD) alone (a, d), a

commercial device containing 1 g of bovine collagen and 3.5 mg of BMP7 (Osigraft) (b, e), and WBCD containing 100 μg BMP6 (c, f) in vivo eight weeks later. Healing was followed by X-rays and μCT (not shown) over a period of 12 weeks. Healing dynamics (g) was analysed by radiographic grading scores (0–6) [\[132](#page-12-0)] and BV/TV values determined by $μ$ CT [\[128\]](#page-12-0)

Uniqueness and exceptionality of BMP6

BMP6 has specific effects in its ability to convert stem cells to cartilage and bone forming cells [[13,](#page-9-0) [48,](#page-10-0) [116\]](#page-12-0). BMP6 and several other BMP family members are produced and released by BMSC and hematopoietic stem cells (HSC) which both constitute the stem cell niche of the bone marrow [[117\]](#page-12-0). HSC express BMP type I receptors and can also synthesize BMP6, which in turn influences the differentiation of BMSC, and subsequent differentiation into osteoblast, chondrocyte, adipocyte and other cell types [[118](#page-12-0)–[120](#page-12-0)]. HSC-derived BMP6 is responsible for enhanced osteoblast differentiation and bone formation from BMSC. In the crystal structure of BMP6 the H3 pre-helix loop region (residues 65–73) shows the largest difference between the BMP6 and BMP7 structures [[121\]](#page-12-0). Although highly homologous, BMP6 and BMP7 appear to have distinct type I receptor specificities with BMP6 displaying a 20-fold higher affinity to BMPR-IA than BMP7, but 20-fold lower than BMP2. This is certainly an unexpected finding given that BMP6 shares numerous receptor binding and signaling characteristics with BMP7 [[28,](#page-10-0) [122\]](#page-12-0). Such a resistance of BMP6 to inactivation by BMP antagonist(s) might, in addition, be ascribed to BMP receptor type I binding affinity and explain why large amounts of BMP7 are needed in commercially used BMP-based bone devices for a successful bone formation and repair in monkeys and patients [\[116](#page-12-0), [123](#page-12-0), [124](#page-12-0)].

Unlike knockout mice for some other BMPs, such as BMP2 [[125](#page-12-0)], Bmp6-/- mice are viable and fertile [[43\]](#page-10-0). However, although bones of the wild type (WT) and Bmp6-/ littermates are of similar size and shape, the bone volume (BV) is reduced in the development and adult life. At three months of age, trabecular BV (tBV) was decreased by 32 % in Bmp6-/- animals due to the decreased bone forming capacity of bone marrow MSC and increased differentiation towards osteoclasts from bone marrow HSCs (Fig. [5](#page-7-0)).

Increased expression of $Bmp2$, -4 and -7 (2.5-6 fold), in femurs of Bmp6-/- mice suggested that the effects of the depletion of BMP6 could not be overcome by other BMPs and that their effects are specific and distinguishable (Fig. [6](#page-8-0)).

Exogenous BMP6 had the most powerful effect on inducing differentiation of MSCs towards osteoblasts and formation of bone nodules in vitro as compared to BMP2 and -7 in both WT and Bmp6-/- bone marrow cells (Fig. [5\)](#page-7-0). At the same time, BMP6 decreased the number of osteoclasts derived from HSC, while BMP2 and -7 increased their number. Since endogenous BMP6 affected the bone volume in development, we further determined by liquid chromatography-mass spectrometry (LC-MS) and Western blotting [[126\]](#page-12-0) whether it was available in the circulation of adults. BMP6 was found in the plasma of WT mice and in healthy humans [\[127\]](#page-12-0). In rats with osteoporosis, systemically administered BMP6 increased the bone volume indicating that BMP6 has a systemic role in bone biology [[128](#page-12-0)]. To elucidate the underlying mechanism, gene expression profiling experiments revealed enrichment of IGF-1 and EGF related pathways in rats treated with BMP6. Similar results were obtained on primary human osteoblasts, suggesting that BMP6 exerts its osteoinductive effect, at least in part, through IGF-1 and EGF pathways [\[13\]](#page-9-0). In C2C12 premyoblasts, alteration of the plasma membrane heparan-sulfate (HS) structures with chlorate or heparinase III treatment inhibited BMP6-mediated signaling and differentiation of the cells into osteoblasts, indicating that endogenous HS plays an important role in the BMP6 activity. Addition of exogenous heparin could not

Fig. 5 Resorption, inflammation/fibrosis and efficacy of BMP2, BMP6 and BMP7. (a) Mesenchymal progenitor cells stained for alkaline phosphatase positive bone nodules which were stimulated by BMP6. Differentiation medium for mesenchymal stem cells added on day 7 contained α-MEM, 10 % FCS, 8 mM β-glycerophosphate, 50 μg/mL ascorbic acid and 10^{-8} M dexamethasone. The medium was changed every two days until the culture was terminated. BMPs (200 ng/ml) were added to the medium at every feeding. Osteoblasts were identified by alkaline phosphatase stain using a commercially available kit (Sigma Aldrich). (b) Number of osteoclasts derived from HSCs of WT and Bmp6-/- mice. Bone marrow cells were harvested from femurs and tibiae of rats after 14 days of therapy. Differentiation media for osteoclasts contained α -MEM, 10 % FCS, macrophage colony-stimulating factor (M-CSF, 50 ng/ mL; Sigma Aldrich), and recombinant human soluble receptor activator of nuclear factor-ĸB ligand (RANKL, 50 ng/mL; Sigma Aldrich). Equal amounts of 200 ng/mL BMP2, BMP6 and BMP7 were added on day 1 and replaced every second day until termination on day 6. The wells were fixed with 4 % paraformaldehyde, and adherent osteoclasts were

rescue BMP6 signaling in HS-disrupted cells, which leads to the conclusion that anchored HS is required on the plasma membrane for normal BMP6 signaling [\[129](#page-12-0)]. It has been recently demonstrated that mutations in Exostosin 1 and exostosin 2 genes, encoding glycosyltransferases involved in the biosynthesis of ubiquitously expressed heparan sulfate (HS) chains, are associated with multiple hereditary exostoses (MHE) [[130](#page-12-0)].

identified by tartrate-resistant acid phosphatase (TRAP) staining using a commercially available kit (Sigma Aldrich). Significant difference from control (c), and WT (w) $(P<0.05, ANOVA$ Dunnett test). (c) Efficacy of BMP2, BMP7 and BMP6 in a rabbit critical size defect model. Equal amounts (200 μg) of BMPs were added to 1.5 mL of full rabbit blood, and formulated WBCD was implanted into radius defects of rabbits $(n=4)$ group. Fourteen weeks following surgery BMP2 implants had a pronounced periosteal rebridgement with endosteal resorption (arrow); BMP7 implants rebridged defects by a cortical union and showed advanced endosteal remodeling; BMP6 treated defects fully healed with advanced bone remodeling and graft incorporation into the radius. (d) Histology of implants ($n = 3$ /group) following subcutaneous axillary implantation of 75 ng of BMP2, BMP7 and BMP6 in WBCD (1.0 mL). BMP2 implant had a thick fibrous capsule on the implant surface (arrows), the BMP7 implant was covered by a thinner fibrous capsule (arrow), while BMP6 in WBCD had no fibrous tissue outside the implant (asterisk)

At the cellular level, loss of the BMP6 signal in knock-out mice led to increased numbers of MSCs in the bone marrow, showing that they were primed to differentiate, but accumulated due to the lack of a specific signal. BMP6 therapy increased the differentiation of stem cells towards chondrocytes and osteocalcin positive osteoblasts [[48,](#page-10-0) [116,](#page-12-0) [123\]](#page-12-0) in the bone (Fig. [3](#page-5-0)). This unique role of BMP6 in bone healing and regeneration prompted us to use it in the OSTEOGROW device.

Fig. 6 Bmp6-/- mice have reduced trabecular bone volume (BV). (a) μCT analyses of WT and $Bmp6$ -/- embryos at days 15 (E15), 17 (E17) and at 2 days of postnatal (p.n.) life. (b) μ CT of distal femurs. (c) Real

BMP6 dosing

The dosing regimen performed in pre-clinical experiments indicated that BMP6 is efficacious when used in a significantly lower amount than BMP2 and -7. We demonstrated that 50 μg BMP6 in a WBCD device is more efficacious than 3.5 mg of BMP7 in Osigraft on a bovine collagen carrier in in vivo rabbit ulna critical size defects (Fig. [4\)](#page-6-0). Finally, when equal amounts of BMP2, BMP7 and BMP6 were used in biocompatible WBCD as a carrier in rabbits with a critical size ulna defect, BMP6-treated animals showed advanced healing and bone remodeling without endosteal resorption (Fig. [5](#page-7-0)) and lack of fibrosis and inflammation when implanted subcutaneously in the rat axillar region (Figs. [2](#page-4-0) and [5](#page-7-0)). We proposed that the higher BMP6 potency is related to a lesser sensitivity for endogenous inhibitors. Unlike BMP7, BMP6 dissociates from the BMP antagonist noggin, following binding of the complex BMP-noggin to cell surface receptors. This

time PCR expression of Bmp2 and -7 in the femur of WT and Bmp6-/ mice. BV/TV bone volume/tissue volume; significant difference from WT $(P<0.05, ANOVA$ Dunnett test) (*)

suggested why more BMP7 was required in vivo for the local bone therapy in the presence of a large Noggin amount locally in the surrounding tissues [\[123](#page-12-0)]. We further explored potential structural differences between BMP2, BMP7 and BMP6 in binding to Noggin, and found that lysine in the position 60 of the mature BMP6 domain was essential for its reversible binding to noggin. When prolin and glutamic acid in BMP2 and BMP7 in the position 60 were replaced by lysine, their biological activity significantly increased at lower concentrations [[123](#page-12-0)]. This might also prolong the BMP6 half-life time activity resulting in an enhanced osteoblast differentiation beneficial for the fracture healing [\[131](#page-12-0)].

New BMP6 biocompatible carrier

In parallel we discovered that blood coagulum from the patient's own blood (WBCD) modified with calcium salts serves as an appropriate autologous carrier for BMPs [\[115](#page-12-0)] (Fig. 7).

Fig. 7 Whole blood-derived coagulum binds BMP6. (a) In vivo blood samples from a rat injected with BMP6 (100 μg/kg) were collected into tubes with EDTA or citrate after one hour (lanes 1 and 2) and showed better recovery of BMP6 than blood samples collected without anticoagulants (lane 3). The same result was obtained in vitro when blood samples were spiked with BMP6 $(1 \mu g)$ (lanes 4 and 5). In addition, good recovery was obtained when BMP6 was added to the serum after coagulum formation (lane 6). BMP6 standard (1 μg) was applied directly into the gel lane (lane 7). (b) BMP6 binds to extracellular matrix molecules as determined by dot blot analysis

Moreover, the WBCD is non-immunogenic, non-inflammatory, and does not contain animal material, unlike commercial nonautologous devices. Modifications in its preparation resulted in a flexible, malleable, compact and injectable WBCD, thus preventing retraction and disassembling into smaller pieces within the period of at least seven days following injection. We then explored the use of WBCD as a carrier for BMP6 and showed that OSTEOGROW successfully rebridged critical size bone defects in animals (Fig. [5](#page-7-0)). BMP6 added to the blood remained active in the WBCD for approximately seven days and could not be recovered in the supernatant serum after the WBCD had been formed. It was bound to extracellular matrix molecules in the WBCD (Fig. [7](#page-8-0)) and eventually to membrane receptors of cells constituting the WBCD. This discovery served as a foundation for developing OSTEOGROW, a biocompatible new carrier device for BMP6. Multinational clinical studies will be performed to test the primary hypothesis that small amounts of BMP6 in a biocompatible carrier accelerate and enhance bone healing of the metaphyseal bone, the compartment where BMP2 and BMP7 are not effective.

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Conflict of interest HO, M. Jankolija, IP, M. Jurin and MK are employees of Genera Research.

SV is a founder and acts voluntarily as CEO of Genera Research.

DV, JC, JB, M. Pauk, IE, IF, IDC, M. Jelic, DD, TV, RN, VK, TBN, ZBT, JBS, SVT, M. Peric, M. Pecina and LG declare that they have no conflict of interest and certify that they have no commercial associations (e.g. consultancies, stock ownership, equity interest, patent/licensing, arrangements, etc.) that might pose a conflict of interest in connection with the submitted article.

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