ORIGINAL ARTICLE

Intravesical administration of $\gamma\delta$ T cells successfully prevents the growth of bladder cancer in the murine model

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Abstract

Background Superficial bladder cancers are usually managed with transurethral resection followed by the intravesical administration of Bacillus Calmette-Guerin which requires major histocompatibility complex (MHC) class I expression on cancer cells. Since cancer cells often loose MHC expression, a novel immunotherapy such as MHCunrestricted $\gamma\delta$ T cell therapy is desired.

Objective To clarify the relationship between the expression of MHC class I and clinicopathological features in bladder cancer patients, and investigate the effects of the administration of intravesical $\gamma\delta$ T cells on bladder cancer. *Methods* Samples from 123 patients who had undergone either transurethral resection or radical cystectomies were examined for MHC expression and the relationship between this and the clinicopathological features was analyzed statistically. The in vitro and in vivo effects of $\gamma\delta$ T cells expanded by zoledronic acid (ZOL) against several types of cancer cell line and an orthotopic bladder cancer murine model which was pretreated with ZOL were investigated.

T. Yuasa and K. Sato contributed equally to the study.

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K. Sato · E. Ashihara · M. Takeuchi · T. Maekawa · S. Kimura (⊠) Department of Transfusion Medicine and Cell Therapy, Kyoto University Hospital, 54 Kawahara Sakyo-ku, Kyoto 606-8507, Japan e-mail: shkimu@kuhp.kyoto-u.ac.jp *Results* MHC-diminished superficial bladder cancer was significantly more progressive than MHC-conservative bladder cancer (P = 0.047). In addition, there was a significant association between diminished MHC expression and poor disease free survival (P = 0.041) and overall survival (P = 0.018) after radical cystectomy. In vitro, all of the cell lines pretreated with 5-µM ZOL showed a marked increase in sensitivity to lysis by $\gamma\delta$ T cells. Moreover, intravesical administration of $\gamma\delta$ T cells with 5-µM ZOL significantly demonstrated antitumor activity against bladder cancer cells in the orthotopic murine model (P < 0.001), resulting in prolonged survival.

Conclusion The present murine model provides a potentially interesting option to develop immunotherapy using $\gamma \delta$ T cells for bladder cancer in human.

Keywords Bladder cancer \cdot Intravesical administration \cdot Major histocompatibility complex $\cdot \gamma \delta T \cdot Zoledronic acid$

Abbrevia	ations
BCG	Bacillus Calmette-Guerin
CIs	Confidence intervals
CIS	Carcinoma in situ
⁵¹ Cr	⁵¹ Chromium
CTL	Cytotoxic T-lymphocytes.
E/T	Effecter/target cell
IL-2	Interleukin-2
IVIS	In vivo imaging system
HRs	Hazard ratios
Luc	Luciferase
MHC	Major histocompatibility complex
NK	Natural killer
PBMCs	Peripheral blood mononuclear cells
SCID	Severe combined immunodeficiency
siRNA	Small interfering RNA

ZOL Zoledronic acid

Introduction

Superficial bladder cancers, which comprise approximately 70% of bladder cancers at initial diagnosis are usually managed with transurethral resection (TUR), followed by the intravesical administration of agents such as mitomycin C, adriamycin, and Bacillus Calmette-Guerin (BCG) [1, 2]. Among these intravesical agents, BCG is considered to be the most effective for the eradication and prophylaxis of recurrent superficial bladder cancer, including carcinoma in situ (CIS) and residual cancers [1-3]. BCG is believed to initially attach to bladder surfaces that are coated with extracellular matrix protein and subsequently cause a local inflammatory reaction in the bladder mucosa, characterized by large numbers of T cells including CD4 positive helper T-lymphocytes, CD8 positive cytotoxic T-lymphocytes (CTL), and macrophages [4]. The CTL-mediated antitumor effect is one of the major contributors of BCG therapy; therefore, preservation of major histocompatibility complex (MHC) class I should be necessary for its efficacy. Indeed, Kitamura et al. [5] recently reported that expression of MHC class I molecules on tumor cells contributes significantly to the therapeutic effect of BCG immunotherapy on bladder cancer. Although information on MHC class I expression patterns in bladder cancer is limited, down-regulation of MHC class I molecules in tumor cells is thought to be an important mechanism of tumor escape from immune surveillance [5, 6].

One of the T-lymphocyte subsets, $\gamma\delta$ T cells, displays MHC-unrestricted cytotoxicity that is reminiscent of natural killer (NK) activity [7, 8]. Currently, $\gamma\delta$ T cells are considered to represent a promising new concept in immunotherapy. Recently, we reported that zoledronic acid (ZOL), the most potent bisphosphonate, induced a significant dose-dependent expansion of $\gamma\delta$ T cells both in vitro and in vivo, mainly to the V γ 9V δ 2 subset [9]. These observations have recently facilitated the development of novel auto-immunotherapeutic approaches using in vitro expanded $\gamma\delta$ T cells from patients and have already yielded encouraging preliminary results [10].

In the present study, we attempted to evaluate the use of MHC class I expression as a prognostic factor for bladder cancer and also investigated the use of intravesical $\gamma\delta$ T cells as a possible MHC-unrestricted therapeutic tool against bladder cancer. $\gamma\delta$ T cells, which express many of the NK receptors including inhibitory types that recognize HLA class I such as NK inhibitory receptors (KIR) [11]. This may be advantageous because, the disrupting interactions of KIR with their ligands on tumor cells may enhance antitumor responses mediated by $\gamma\delta$ T cells [12]. In addition, local administration may be more effective in treating cancer compared to systemic administration, owing to a favorable effecter/target cell (E/T) ratio. Indeed, some researchers have succeeded in performing local preclinical immunotherapy using $\gamma\delta$ T cells in subcutaneous and intraperitoneal tumor models [13, 14]. Here, we performed intravesical immunotherapy using a bladder orthotopic model, which is close to the observations in a clinical setting.

Materials and methods

Patients and human samples

All 123 patients underwent either TUR or radical cystectomy and simultaneous bilateral pelvic lymph node dissection at the Department of Urology, Akita University School of Medicine between 1995 and 2003. Samples were fixed in formalin, embedded in paraffin, and sectioned for use in microscopic analysis. Informed consent was provided according to the Declaration of Helsinki. Clinical and pathological data were obtained by retrospective chart review, as previously described [15]. The 1997 TNM classifications were used for tissue staging. Ta is a noninvasive papillary carcinoma and T1 means that the tumor invades sub epithelial connective tissue.

Animals, cell lines, and reagents

Approval for these studies was obtained from the institutional review board at Kyoto University Hospital. Specific pathogen-free 6-8-week-old male Balb/c severe combined immunodeficiency (SCID) mice were used (SLC, Kyoto, Japan). The human bladder cancer cell line UM-UC-3 and KU-7, the small cell lung cancer cell line SBC-5, the non-small lung cancer cell line A549, the fibrosarcoma cell line HT1080, and the mesothelioma cell line 211H were obtained from the American Tissue Type Culture collection (Rockville, MD). ZOL and interleukin-2 (IL-2) were obtained from Novartis Pharma AG (Basel, Switzerland) and Shionogi (Osaka, Japan), respectively. UM-UC-3 cells were stably transfected with the pGL3control vector (Promega, Madison, WI) and pSV2Neo (the American Type Culture Collection) and denoted as UM-UC-3^{Luc}. These cells were maintained as described previously, to use for the in vivo imaging system (IVIS; Xenogen, Alameda, CA), which detects luciferase (Luc) expression [16]. We confirmed that there was no difference in in vitro proliferation between parental UM-UC-3 and UM-UC-3^{Luc}.

Immunohistochemical staining

Immunohistochemical staining was performed by the conventional avidin–biotin–peroxidase complex method (ABC-Elite, Vector Labs), as described previously [16]. Antihuman MHC-1 monoclonal antibody EMR8-5 (Hokudo, Sapporo, Japan) was used at 1:100 dilution for the evaluation of patients samples. Sections were counterstained with hematoxylin and mounted. Normal mouse IgG was used as a negative control.

Immunohistochemical evaluation

All of the specimens were reviewed independently using light microscopy by investigators who were blind to the clinicopathologic data (TY and NT). Staining results were assessed in a semi-quantitative fashion by two independent investigators, as described previously [5]. Briefly, immunoreactivity for MHC class I was categorized on a scale of 0–3 as follows: 0, undetectable staining; 1, incomplete membrane staining in more than 20% of the tumor cells; 2, moderate to complete staining in the cytoplasm of the tumor cells; 3, complete membrane staining in more than 80% of the tumor cells [5]. MHC class I expression was then classified as negative (scores 0, 1, 2) or positive (score 3) [5].

Western blot analysis

Western blotting analysis was performed as described previously [17]. Equal amounts of protein extracts (50 µg) from peripheral blood mononuclear cells (PBMCs), UM-UC-3 or KU-7 were subjected to 12.5% polyacrylamide gel under denaturing conditions (SDS-PAGE) and then electroblotted onto a PVDF membrane (Millipore, Tokyo, Japan), as described previously [17]. Anti-human MHC-1 monoclonal antibody EMR8-5 with a 1:1,000 dilution was used as the primary antibody. Anti-human vinculin (Abcam, Tokyo, Japan) was used as a loading control.

Human $\gamma \delta$ T cell preparations and culture

Informed consent was obtained for the collection of peripheral blood from healthy volunteers. Human $\gamma\delta$ T cells were prepared as described previously [9]. Briefly, PBMCs were separated individually from blood samples donated from five healthy volunteers using Ficoll-Paque (Pharmacia Biotech, Uppsala, Sweden). PBMCs (1 × 10⁵ cells) were stimulated with 5 µM of ZOL and cultured in 24-well roundbottom microtiter wells (Nunc, Wiesbaden, Germany) for 14 days at 37°C. On days 2, 6 and 10, 50 units/mL IL-2 were added to the culture. These ex vivo expanded $\gamma\delta$ T cells were enriched for the cytotoxicity assay both in vitro

and in vivo using a magnetic activated cell sorting system (Miltenyi Biotech, Bergisch Gladbach, Germany) to exclude $\alpha\beta$ T cells, as described previously [9]. After the enrichment, the percentage of $\gamma\delta$ T cells was always more than 99.8% (data not shown).

In vitro cytotoxicity assay

The in vitro cytotoxicity of $\gamma\delta$ T cells from three healthy volunteers against SBC-5, HT-1080, UM-UC-3, 211H, and A549 was examined quantitatively using a standard ⁵¹Chromium (⁵¹Cr) releasing assay [9]. Briefly, 100-µl aliquots of each cell line that had been pretreated with 5- μ M ZOL for 12 h were added to ⁵¹Cr for the final 2 h and then washed 3 times. The cells were then incubated for 4 h with ex vivo expanded $\gamma\delta$ T cells at an E/T ratio 10:1, the supernatants were collected, and the radioactivity of ⁵¹Cr released from target cells was measured in a gamma counter (Wallac, Gaithersburg, MD). The maximum ⁵¹Cr release was determined in target cells treated with Triton X-100 at final concentration of 0.5%. The cytotoxicity was defined as the cell lysis percent according to the formula: cell lysis % = [(experimental release - spontaneous release)/(maximum release - spontaneous release)] \times 100.

In vivo effects of $\gamma \delta$ T cells in the orthotopic bladder cancer murine model

In order to establish the orthotopic bladder cancer models, Luc-labeled bladder cancer cells (2×10^6) were implanted into the murine bladder cavity via 24-gauge angiocatheters (Termo, Tokyo, Japan), as described previously [16]. Male BALB/c SCID mice were intravesically administered 1×10^7 UM-UC-3^{Luc} cells. Mice were randomized into four groups: (i) untreated mice, (ii) mice treated with 5-µM ZOL (200 µl), (iii) mice treated with 1×10^7 purified $\gamma \delta$ T cells and (iv) mice treated with 5-µM ZOL (200 µl) and 1×10^7 purified $\gamma \delta$ T cells. Randomization was performed 7 (first experiment) and 3 days (second experiment) after the cancer cell transplantation and each group contained 8 mice. 100 µL of 5-µM ZOL for 3 h and/or $1 \times 10^7 \gamma \delta$ T cells were administered for 5 sequential days from day 8 to day 12 for the first experiment and from day 4 to day 8 for the second experiment by the transurethral and intravesical method. The effect of $\gamma\delta$ T cells on UM-UC-3^{Luc} was monitored by IVIS (total number of photons), as described previously [18]. To examine how many of the $\gamma\delta$ T cells survive after 3-h incubation in the bladder, $1 \times 10^7 \gamma \delta$ T cells were administrated by the transurethral and intravesical method to intact bladders. $\gamma\delta$ T cell variability was examined after 3-h incubation in the bladders by the trypan blue dye exclusion method. In addition, to examine how $\gamma\delta$ T cells infiltrate healthy bladder epithelium and/or cancer

lesions, $1 \times 10^7 \gamma \delta$ T cells were also administrated by the transurethral and intravesical method to orthotopic bladder cancer mice models that had been 21 days earlier inoculated with 1×10^7 UM-UC-3^{Luc} cells. After treatment with ZOL and $\gamma \delta$ T cells, the bladders were dissected (each group, n = 3) and examined histologically after hematoxy-lin–eosin staining and immunohistochemically with antihuman CD3 (Novocastra Laboratories Ltd, Newcastle, UK) by light microscopy.

Statistical analysis

All data were entered into an access database and analyzed using Excel 2000 (Microsoft Co., Tokyo, Japan) and SPSS (version 10.0, SPSS, Inc., Tokyo, Japan) software; a probability (P) of <0.05 was required for statistical significance. Chi-square analysis was used for the variables of sex, age, configuration, grade, stage, and lymphatic and vascular involvement. Recurrence of the superficial cancers was defined as positive cytology or a pathologically proven tumor. Recurrence of invasive cancers was defined as clinically detected tumors, chiefly by imaging. Kaplan-Meier analysis was used to estimate the cumulative recurrence free survival, cause-specific survival, and overall survival rates, and the log-rank test was employed to correlate differences in patient survival with the staining intensity of MHC class I. Hazard ratios (HRs) and 95% confidence intervals (CIs) for disease free survival were assessed by the Cox proportional hazard regression model. The influence of the treatment on the growth of bladder cancers was analyzed by the Student's *t* test.

Results

Relationship between the expression of MHC class I and clinicopathological features in patients with superficial bladder cancer

We initially tested whether the immunohistochemical levels of MHC class I expression correlated with the clinicopathological features, recurrence and progression free survival of patients with superficial bladder cancer. The histologically high grade, T1, and CIS co-existence bladder cancers demonstrated diminished MHC class I expression which was significantly lower than that in the low grade, Ta, and free of CIS cancer patients (Fig. 1a; Table 1). Moreover, although the difference in recurrence free survival was not significant, patients with low MHC class I expression exhibited a significantly shorter progression free survival than patients with high MHC class I expression (Fig. 1b upper row; P = 0.047). In addition, of these patients, 22 underwent BCG instillation therapy. In general, patients with low MHC class I expression had a tendency to exhibit shorter progression free survival than the patients with high MHC class I expression, although this difference



Fig. 1 MHC class I expression correlates with the progression of superficial bladder cancer. **a** MHC class I expression in the tissues of superficial bladder cancer was immunohistochemically analyzed by the conventional avidin–biotin–peroxidase complex method using the anti-human MHC class I monoclonal antibody EMR8-5 at a 1:100 dilution. A strong immune-reaction in low grade bladder cancers (*upper row*) and a weak and diminished immune-reaction in high grade

bladder cancers (*lower row*) were typically observed. Nuclear staining was performed with Mayer's hematoxylin. **b** Comparison of the survival curves between patients with bladder cancers expressing high and low levels of MHC class I. Progression free survival curves for patients with superficial bladder cancer (*upper row*) and for those treated with intravesical BCG (*lower row*)

Table 1Relationship betweenthe level of MHC class I expression and clinicopathologicalfeatures of the patients withsuperficial bladder cancer

	Total $(n = 52)$	High $(n = 30)$	Low $(n = 22)$	P value
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Age (mean SD)	68.1 (15.4)	67.1 (16.9)	69.4 (13.4)	0.98
Sex				
Male	41	23	18	0.65
Female	11	7	4	
Number of tumors				
CIS	11	3	8	0.50
Solitary	12	7	5	
Multiple	27	20	7	
Grade				
Well/mod	31	23	8	0.0034
Poor	21	7	14	
Depth of invasion				
CIS	11	3	8	0.0013
Та	27	24	3	
T1	14	3	11	
Recurrence				
Negative	31	18	13	0.95
Positive	21	12	9	
Progression				
Negative	47	29	18	0.072
Positive	5	1	4	
Follow-up in month (mean SD)	43.0 (28.3)	44.9 (31.5)	40.3 (24.5)	0.56

was not statistically significant (Fig. 1b lower row, P = 0.144).

Relationship between the expression of MHC class I and clinicopathological features in patients with invasive bladder cancer

Next, we tested whether immunohistochemical levels of MHC class I expression were related to various clinicopathological features and survival rates in patients with invasive bladder cancer. The lymph node involvement and lymphatic invasive bladder cancers demonstrated diminished MHC class I expression by immunohistochemistry, compared to the non-lymph node involvement and non-lymphatic invasive cancers (Fig. 2a; Table 2). Moreover, the patients with low MHC class I expression experienced a significantly shorter disease free survival time and overall survival than patients with high MHC class I expression (Fig. 2b upper and lower row, P = 0.041, 0.018, respectively). A Cox proportional hazard regression analysis indicated that perivesical invasion (>pT3a), high grade, lymph node involvement (pN+), and MHC diminishing were associated with poor disease free survival. However, a multivariate analysis using all of these clinicopathological and molecular factors indicated that only lymph node involvement was a significantly unfavorable prognostic factor independent of other factors (P = 0.021). These results suggest that bladder cancers with diminished MHC class I expression are biologically aggressive and treatment-resistant tumors.

Ex vivo-expanded $\gamma \delta$ T cells show cell dose-dependent cytotoxic activity against various cancer cell lines

In order to overcome MHC class I deletion, we investigated the use of $\gamma\delta$ T cells as a potential therapeutic tool. We investigated the cytotoxic activity of ex vivoexpanded $\gamma \delta$ T cells at an E/T ratio of 10:1 against various cancer cell lines. The average cytotoxicity of the $\gamma\delta$ T cells from three healthy volunteers with and without pretreatment of 5 μ M of ZOL was 75.2 and 32.4% for SBC-5 small cell lung cancer cells, respectively, 37.3 and 15.9% for HT-1080 fibrosarcoma cells, respectively, 52.2 and 14.8% for UM-UC-3 bladder cancer cells, respectively, 55.0 and 34.2% for 211H mesothelioma cells, respectively, and 30.4 and 13.2% for A549 non-small cell lung cancer cells, respectively (Fig. 3a). The differences in cytotoxicity between cells with no pretreatment and those pretreated with a low dose ZOL were significant for all of the cells examined (P < 0.001 for all cells). Thus, $\gamma \delta$ T cells kill various cancer cell lines and a low dose of ZOL can augment their cytotoxic effect.



Fig. 2 MHC class I expression correlates with the progression of invasive bladder cancer. **a** MHC class I expression in the tissues of invasive bladder cancer was immunohistochemically analyzed. A strong immune-reaction in moderate grade bladder cancers (*upper row*) and a weak and diminished immune-reaction in high grade bladder cancers (*lower row*) were typically observed. Micropapillary growth pattern of

the high grade bladder cancers also demonstrated a diminished immune-reaction (*lower row*). Numbers indicate original magnifications. **b** Comparison of the survival curves between patients with bladder cancers expressing high and low levels of MHC class I. Disease free survival curve (*upper row*) and overall survival curve (*lower row*) for invasive bladder cancer after radical cystectomy

$\gamma\delta$ T cells in the bladder

A total of 86.5 \pm 6.3% of $\gamma\delta$ T cells survived after 3-h incubation in the bladder (n = 5). UM-UC-3 which was used for in vivo experiments revealed less MHC class I expression than normal human PBMCs and KU-7 cells (Fig. 3b). $\gamma\delta$ T cells massively infiltrated tumor in the bladder, while few $\gamma\delta$ T cells infiltrated the healthy bladder epithelium (Fig. 4a, b). These findings suggested that the treatment of 100 µL of 5-µM ZOL for 3 h and/or $1 \times 10^7 \gamma\delta$ T cells might show in vivo growth inhibitory effects in the orthotopic murine bladder cancer models.

In vivo growth inhibition of human bladder cancer in orthotopic murine models by transurethral administration of ex vivo-expanded human $\gamma\delta$ T cells

We introduced UM-UC-3^{LUC} cells into the bladder, and observed their bioluminescence by IVIS. Bioluminescence was not detectable the following day, but was faintly detected 3 days later. In the initial experiment (the first experiment), we randomized these mice on day 8 after transplantation and administered the respective intravesical agent for 5 sequential days starting on day 9. There was no difference between these groups, possibly due to a low E/T ratio. In the second experiment, we divided the mice into 4 groups at day 3 after transplantation. We investigated the growth inhibitory effect of the human $\gamma\delta$ T cells with or without a low dose of ZOL (5 μ M) in vivo. Figure 4c

shows typical images at day 21 taken by IVIS and the growth curves of the respective transplanted cancers in murine bladder (Fig. 4d). Although equivalent numbers of cancer cells were injected, cancer growth rates differed among the treatment groups. Photon emissions from mice treated with both human $\gamma \delta$ T cells and a low dose of ZOL were significantly lower than those from mice in the non-treatment groups (P < 0.001). Moreover, the photon emissions from mice treated with human $\gamma \delta$ T cell and a low dose of ZOL were significantly lower than those form mice in the non-treatment groups (P < 0.001). Moreover, the photon emissions from mice treated with human $\gamma \delta$ T cell and a low dose of ZOL were significantly lower than those of the mice from either the $\gamma \delta$ T cells alone or a low dose of ZOL alone (P = 0.048, P < 0.001, respectively).

The mucosal surfaces of the $\gamma\delta$ T cell treated murine bladders did not show apparent injury and there were no microscopic differences in the non-cancerous bladder mucosa among the treated and non-treatment mice (Fig. 4a). We found no differences in the body weight among the groups of mice. Furthermore, the mice treated with the combination of $\gamma\delta$ T cells and a low dose of ZOL showed apparently better survival compared with the nontreated, $\gamma\delta$ T cell alone or a low dose of ZOL alone treatment groups (Fig. 4e). The median survival time was 31, 58, and 44 days for mice not treated, treated with $\gamma\delta$ T cell alone, and treated with a low dose of ZOL alone, respectively. The median survival time was not reached by mice treated with the combination of $\gamma\delta$ T cell and a low dose of ZOL until the end of the experiment.

A combination of $\gamma\delta$ T cells and a low dose of ZOL inhibited the growth of bladder cancers not only in vitro,

Table 2Relationship betweenthe level of MHC class I expressionsion and clinicopathologicalfeatures of the patients withinvasive bladder cancer

	Total $(n = 71)$	High $(n = 39)$	Low $(n = 32)$	P value
Age (mean SD)	67.0 (12.6)	67.4 (14.2)	66.4 (11.0)	0.96
Sex				
Male	55	33	22	0.11
Female	16	6	10	
Configuration				
Papillary	14	9	5	0.52
Non-papillary	53	29	24	
Flat	4	1	3	
Number of tumors				
Solitary	24	12	12	0.41
Multiple	43	26	17	
Flat	4	1	3	
Grade				
Well/mod	10	8	2	0.085
Poor	61	31	30	
Depth of invasion				
<u><</u> T2	26	15	11	0.72
>T3	45	24	21	
Lymph node involvement				
Negative	18	6	12	0.027
Positive	47	30	17	
Unknown	6	3	3	
Lymphatic invasion				
Negative	31	22	9	0.017
Positive	40	17	23	
Venous invasion				
Negative	41	26	15	0.093
Positive	30	13	17	
Follow-up in month (mean)	28.7 (25.8)	27.3 (20.0)	30.2 (30.2)	0.67

but also in vivo, and the duration of survival was also significantly prolonged by these treatments without any severe adverse effects in the murine model.

Discussion

In this study, we demonstrated that a loss of MHC class I expression in bladder cancer is a poor prognostic factor both for the progression of superficial cancers and the survival of invasive bladder cancers. Approximately 40–90% of human cancers derived from various MHC class I positive tissues have been reported to be MHC class I deficient [6]. Bladder cancers exhibiting a down-regulation of MHC class I expression acquire the ability to escape from T cell-mediated immune responses, consequently resulting in tumor development, progression, and a poor outcome; these observations are in line with other recent reports [5, 6, 19]. Kitamura et al. [5] also clearly show that the expression of

MHC class I molecules on bladder cancer cells contributes significantly to the therapeutic effect of BCG immunotherapy and to recurrence free survival of superficial bladder cancer. In contrast, Sharma et al. [20] reported that the presence of intratumoral CD8-positive tumor-infiltrating cytotoxic cells, not MHC class I expression, was significantly associated with clinical outcome among patients with invasive bladder cancer. These controversies might come from the sensitivity of the antibody against human MHC class I. However, their study is also in line with our observation that the CTL-mediated tumor immune microenvironment plays an important role in the tolerance of BCG therapy.

More than 50% of bladder cancers will recur intravesically, and 20–30% of the these cancers will develop to a higher grade and/or stage within the first 5 years of treatment, and progress to local invasive cancers [20]. In order to avoid progression to an invasive cancer, we have investigated the use of small interfering RNA (siRNA) targeting



Fig. 3 In vitro combined effects of $\gamma\delta$ T cells with ZOL on various cancer cells and their MHC class I expression. **a** Augmentation of the cytotoxic activity of the ex vivo-expanded $\gamma\delta$ T cells by a low dose of ZOL (5 μ M) in various cancer cell lines. In vitro cytotoxicity of $\gamma\delta$ T cells from 3 healthy volunteers against SBC-5, HT-1080 UM-UC-3, 211H, and A549 was examined quantitatively by a standard ⁵¹Chromium (⁵¹Cr) releasing assay. Each value indicates the mean \pm SEM (*n* = 6). **b** MHC class I expressions of human normal PBMNCs, UM-UC-3 and KU-7. The data shown are representative of 3 independent experiments

the *polo like kinase-1 (PLK-1)* gene as a novel therapeutic approach against bladder cancer [16]. We have demonstrated that intravesical administration of *PLK-1* targeted siRNA/cationic liposomes inhibited cancer growth in murine orthotopic bladder cancer models and that the transurethral siRNA therapy could overcome the drug delivery system problem of siRNA delivery.

Molecular targeted therapies are very promising especially for the hematological disorders such as Abl tyrosine kinase inhibitors for chronic myeloid leukemia [21]. However, the efficacy of molecular targeted therapy for solid malignancy remains to be unsolved. A recent topic for urological oncology is the success of sunitinib, which is a novel specific inhibitor of the receptor tyrosine kinases, and anti-angiogenic agents for metastatic renal cell cancer. Although progression free survival was longer and response rates were higher in patients with metastatic renal cell cancer who received sunitinib than in those receiving interferon- α , complete remission was seldom seen even in patients who received sunitinib [22]. The pathogenesis of solid malignancies such as bladder cancer is complicated; therefore, the efficacy of simple gene target therapy is doubtful. We attempted to perform immunotherapy in combination with molecular targeted therapy. We investigated the use of the anti-cancer action of $\gamma\delta$ T cells, which represent a minor subset of human peripheral T cells (1–10%) and contribute to the host immune defense in a different way to CTLs [8].

In this study, we initially demonstrated that $\gamma\delta$ T cells, proliferated by bisphosphonates, demonstrated active anti-cancerous effects against various cancer cells in vitro; this is consistent with previous reports [23]. Kato et al. [23] clearly demonstrated that bladder cancer cells can efficiently present bisphosphonate and pyrophosphomonoester compounds to $\gamma\delta$ T cells, inducing specific proliferation and interferon- γ production. Internalization of bisphosphonates by cancer cells led to rapid inhibition of farnesyl pyrophosphate (FPP) synthase, resulting in intracellular accumulation of isopentenyl pyrophosphate (IPP) upstream of FPP synthase in the mevalonate pathway (Supplemental Fig. 1) [7, 24]. Accumulated IPP acts as a powerful danger signal that activates the immune response and as such might represent a novel target for tumor immunotherapy [7, 9]. We have reported that the tumor killing mechanism of $\gamma\delta$ T cells depends mainly on direct contact involving a perforin-dependent cytolytic pathway [9, 25]. Consequently, we advanced to in vivo experiments.

Here, we have demonstrated that intravesical administration of $\gamma \delta$ T cells with a low dose of ZOL inhibited cancer growth in a murine orthotopic bladder cancer model. Previously, we have confirmed that a high dose of intravesical ZOL resulted in growth inhibition of bladder cancer without any severe side effects [26]. Most current immunotherapeutic approaches such as BCG therapy, which is currently the most effective agent for bladder cancer treatment aim to induce an antitumor response via stimulation of the adaptive immune system, which is dependent on MHCrestricted CTLs. In contrast, $\gamma\delta$ T cells from healthy volunteers, which were proliferated ex vivo, were able to function in an MHC-unrestricted manner and thus, MHC-unrestricted $\gamma\delta$ T cells represent a promising new concept in immunotherapy. The initial failure of the first experiment was probably due to an insufficient E/T ratio; therefore, in the second experiment we administrated $\gamma\delta$ T cells earlier. Improvement of the E/T ratio gave us satisfactory results. Although we have not yet investigated whether patient's $\gamma \delta$ T cells behave similarly as those from healthy volunteers, patient's $\gamma \delta$ T cells might have antitumor effects. Kobayashi



Fig. 4 In vivo effects of intravesical administrated $\gamma\delta$ T cells. After 3-h incubation with ZOL and $\gamma\delta$ T cells, the bladders was occupied by a large tumor (\uparrow) were dissected and examined histologically with hematoxylin-eosine staining (**a**) and immunohistochemically with anti-human CD3 antibody (**b**). Although the region of healthy bladder epithelium (*triangle*) was not infiltrated by $\gamma\delta$ T cells, the tumor was massively infiltrated by $\gamma\delta$ T cells indicated by human CD3 positivity (*filled triangle*). Original magnification ×16. The data shown are representative of 3 independent experiments. **c** In vivo effects of intravesical $\gamma\delta$ T cells in the orthotopic bladder cancer murine model. Typical images of the respective mice not treated or treated with a low dose of ZOL alone, $\gamma\delta$ T cells alone, or $\gamma\delta$ T cells and a low dose of ZOL, were

et al. [27] reported that adoptive immunotherapy using in vitro-activated autologous $\gamma\delta$ T cells induced antitumor effects in patients with advanced renal cell carcinoma after radical nephrectomy. Taken together, we hypothesize that a combination of molecular targeted therapy such as PLK-1 siRNA and this novel MHC class I-unrestricted immunotherapy may overcome the progression of bladder cancer.

In conclusion, we believe that the antitumor effect of intravesical autologous $\gamma\delta$ T cells is an attractive tool for use as a novel immunotherapy and may cause a break-through in clinical applications of cell therapeutics. The efficacy and safety of intravesical $\gamma\delta$ T cells should be verified by early phase clinical trials.

observed by IVIS. **d** The growth curves of orthotopically transplanted UM-UC-3^{LUC} were measured by IVIS. The anti-cancerous effect of intravesical ex vivo-expanded $\gamma\delta$ T cells was demonstrated in vivo: no treatment, *open square*; treatment with a low dose of ZOL alone, *closed square*; treatment with $\gamma\delta$ T cells alone, *open circle*; treatment with $\gamma\delta$ T cells and a low dose of ZOL, closed circle. **e** The survival curves of mice not treated or treated with $\gamma\delta$ T cells alone, a low dose of ZOL alone, or $\gamma\delta$ T cells and a low dose of ZOL. Survival of the orthotopic mice was improved by the intravesical administration of ex vivo-expanded $\gamma\delta$ T cells: no treatment, *open square*; treatment with a low dose of ZOL alone, *closed square*; treatment with $\gamma\delta$ T cells alone, *open circle*; treatment with $\gamma\delta$ T cells alone, *open circle*; treatment with $\gamma\delta$ T cells and a low dose of ZOL. Survival of the orthotopic mice was improved by the intravesical administration of ex vivo-expanded $\gamma\delta$ T cells: no treatment, *open square*; treatment with a low dose of ZOL alone, *closed square*; treatment with $\gamma\delta$ T cells alone, *open circle*; treatment with $\gamma\delta$ T cells and a low dose of ZOL alone, *closed square*; treatment with $\gamma\delta$ T cells alone, *open circle*; treatment with $\gamma\delta$ T cells and a low dose of ZOL, *closed circle*.

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