**SPECIAL SECTION: NEUROENDOCRINE**



# **Qualitative imaging features of pancreatic neuroendocrine neoplasms predict histopathologic characteristics including tumor grade and patient outcome**

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### **Abstract**

**Objectives** To identify PanNEN imaging features associated with tumor grade and aggressive histopathological features. **Methods** Associations between histopathological and imaging features of resected PanNEN were retrospectively tested. Histopathologic features included WHO grade, lymphovascular invasion (LVI), growth pattern (infltrative, circumscribed), and intratumoral fbrosis (mature, immature). Imaging features included size, degree/uniformity of enhancement, progressive enhancement, contour, infiltrative appearance (infiltrative<sub>im</sub>), calcifications, cystic components, tumor thrombus, vascular occlusion (VO), duct dilatation, and atrophy. Multinomial logistic regression analyses evaluated the magnitude of associations. Association of variables with outcome was assessed using Cox-proportional hazards regression.

**Results** 133 patients were included. 3 imaging features (infiltrative<sub>im</sub>, ill-defined contour [contour<sub>ill</sub>], and VO) were associated with all histopathologic parameters and poor outcome. Increase in grade increased odds of contour $_{\text{ill}}$  by 15.6 times (*p*=0.0001, 95% CI 3.8–64.4). PanNEN with VO were 51.1 times (*p*=0.0002, 6.5–398.6) more likely to demonstrate LVI. For PanNEN with contour<sub>ill</sub>, infiltrative growth pattern was 51.3 times  $(p < 0.0001, 9.1–288.4)$ , and fibrosis was 14 times  $(p=0.0065, 2.1-93.7)$  more likely. Contour<sub>ill</sub> was associated with decreased recurrence-free survival ( $p=0.0003$ , HR 18.29, 3.83–87.3) and VO (*p*=0.0004, HR6.08, 2.22–16.68) with decreased overall survival.

**Conclusions** Infiltrative<sub>im</sub>, contour<sub>ill</sub>, and VO on imaging are associated with higher grade/histopathological parameters linked to tumor aggression, and poor outcome.

**Keywords** Pancreatic neuroendocrine neoplasm · WHO grade · Imaging · CT · MRI · Patient outcome

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#### **Introduction**

Pancreatic neuroendocrine neoplasms (PanNEN) demonstrate variable biological behavior. This is refected in part by histopathologic grading according to the WHO 2019 classifcation system which categorizes PanNEN by tumor diferentiation and mitotic activity/ki-67 index [\[1](#page-13-0)]. By this system, well-diferentiated grade 1 tumors are the most indolent, followed by grade 2 and grade 3 tumors. Besides tumor grade, other histopathological variables such as lymphovascular invasion (LVI), infltrative growth pattern, and intratumoral fbrosis have been linked to tumor recurrence and decreased survival [[2,](#page-13-1) [3\]](#page-13-2).

Tumor grade and other histopathologic features may be difficult to adequately assess with the limited tissue available from biopsy specimens, especially since PanNEN may show tumor heterogeneity  $[4, 5]$  $[4, 5]$  $[4, 5]$  $[4, 5]$ . There is accumulating data emerging in the review literature showing that the clinical behavior of PanNEN may be refected in their imaging appearance, with grade 1 tumors manifesting with round, well-circumscribed margins and hyperenhancement [[6\]](#page-13-5). Most of the early literature focused on enhancement characteristics [[7–](#page-13-6)[9\]](#page-13-7) and relatively less on the morphologic features of the tumor until recently.

Routine pre-procedural imaging with CT and MRI provides an opportunity to gain information about the nature of the tumor before tissue diagnosis and surgical management. Our objective in this study was to determine whether prognostic histopathological variables, specifcally WHO grade, LVI, tumoral growth pattern, and intratumoral fbrosis, have qualitative imaging correlates that can be readily characterized on preoperative imaging.

#### **Materials and methods**

This was a HIPAA-compliant, single institution, IRB approved, study populated from a search of a prospectively maintained surgical database from 2000–2018. Informed consent was waived. Records were excluded if preoperative CT or MRI was not available: Imaging prior to 2006 was not available in the institutional Picture Archiving and Communication System (PACS), so the population essentially consisted of resected cases from 2006–2018. The imaging modality, and if CT, the phases of contrast performed, was recorded. The scanning parameters for pancreas protocol CT have previously been published [\[10](#page-13-8)]. Cases were excluded if CT or MRI performed at an outside institution were not available for review. Records were also excluded if pathology slides were unavailable, if the NEN was not pancreatic, if there were multiple PanNEN, or if a pediatric patient. Demographic variables from the surgical database include

age at diagnosis, sex, race, body mass index at diagnosis, recurrence-free survival (RFS) time, and overall survival (OS) time.

Tumors were assessed histopathologically by a gastrointestinal pathologist for four parameters: WHO 2019 criteria for classifcation and grade, lymphovascular invasion, growth pattern (circumscribed or infltrative), and intratumoral fbrosis (no signifcant fbrosis, mature fbrosis [MF], or immature fbrosis [IMF]). The latter three parameters are described in detail elsewhere [\[2](#page-13-1)]. Briefy, these histologic assessments were made on routine H&E sections. Lymphovascular invasion was considered when tumor cells were identifed in vascular spaces at the periphery of, or away from the tumor. If more than 10% of the tumor periphery showed irregular infltration greater than 0.1 cm into adjacent stroma, the growth pattern was classifed as infltrative, otherwise circumscribed. A tumor was considered signifcant for intratumoral fbrosis if at least 10% of the tumor area showed a fbrous stroma. If the appearance of the stroma was dense collagenous, hypocellular, or hyalinized, it was considered as MF. The presence of myxoid stroma with plump fbroblasts, involving at least 20% of the area of fbrosis, was classified as IMF. If histopathology slides were insufficient to assess a particular histopathologic parameter, then that parameter was excluded (Fig. [1](#page-2-0)).

Prior to assessment, imaging features were reviewed (Figs. [2](#page-3-0), [3](#page-4-0), [4](#page-4-1)) by two abdominal radiologists (ASS and MY) with 5 and 7 years, respectively, of post-fellowship experience at the time of review. Blinded to the pathology analysis, images were assessed independently and discrepancies were resolved by re-review in person after 2 months. Enhancement of the solid portion of tumor was categorized in several ways. Uniformity of enhancement was categorized as homogeneous or heterogeneous (Fig. [2](#page-3-0)). The degree of enhancement (enhancement $_{\text{deg}}$ ) was characterized as hyper, hypo, or isoenhancement relative to the pancreas in the pancreatic parenchymal phase of contrast when available, and if not available, was characterized in the portal venous phase. If heterogeneously enhancing, the enhancement $_{\text{dee}}$  was characterized by its most hypoenhancing area ("cold spot" analysis [[10\]](#page-13-8)). Progressive enhancement (enhancement<sub>prog</sub>), defined as tumor showing increasing enhancement relative to the pancreas on later phases, was only assessed on multiphase exams.

Tumor contour was an assessment of external margin as rounded, lobulated, or ill-defined (contour $_{\text{ill}}$ ; Fig. [3](#page-4-0)). A tumor characterized as having infltrative imaging appearance (infiltrative $_{\text{im}}$ ) obliterated fat planes or invaded adjacent organs or vessels (Fig. [4\)](#page-4-1). Upstream pancreatic duct (PD) dilatation and upstream parenchymal atrophy were assessed for all tumors except those in the distalmost tail. Calcifcations were assessed by CT. The presence of cystic components was defned as fuid intensity on T2 weighted



<span id="page-2-0"></span>**Fig. 1** Flow diagram shows exclusions applied to obtain the study population. *WHO* World Health Organization, *LVI* lymphovascular invasion, *PD* pancreatic duct. \*Images obtained prior to 2006 were

not available in the institutional Picture Archiving and Communication System (PACS). Therefore, no cases resected prior to 2006 were included

MR and/or hypodensity without increase in attenuation on multiphasic CT. Vascular occlusion (VO) was present when a vessel was obliterated or attenuated in caliber with or without the presence of collateral veins (Fig. [4B](#page-4-1)). Tumor thrombus was defned as a vascular flling defect contiguous with tumor. Occlusive tumor thrombus was also categorized as VO. Tumor size (greatest axial dimension) was measured by a single radiologist (initials blinded). If an imaging feature could not be assessed based on the images available that feature was not included in analysis.

Descriptive statistics were used to summarize patient characteristics. Continuous data are summarized using mean (standard deviation [SD]) and median (IQR). Categorical variables are summarized using frequencies (%n). Kruskall-Wallis and Chi-Square tests, and Fisher's Exact Tests (when appropriate) were performed to evaluate associations with imaging variables. Post-hoc group comparisons



**Fig. 2 a**–**c** Degree of enhancement was categorized as hyperenhancement, isoenhancement, and hypoenhancement in the pancreatic parenchymal phase if available, and if not, was assessed in the portal venous phase. **a** On coronal reformatted contrast-enhanced CT image, a NET in the tail of the pancreas demonstrates hyperenhancement relative to the pancreas in the pancreatic parenchymal phase. It is also rounded in contour and has uniform, homogeneous enhancement. **b**. An isoenhancing lesion is by definition difficult to detect as it enhances similar to the pancreatic parenchyma. In this example, the tumor in the pancreatic head is detected due to its round, exophytic nature from the pancreatic head (black arrow). The enhancement

<span id="page-3-0"></span>for associations between imaging predictors and pathology were conducted when the omnibus test was statistically signifcant. Univariate binomial and multinomial logistic regression analyses were used for chi-square test and ordinal logistic regression was used for analyses of tumor grade. The odds ratios (OR) and 95% confdence interval (CI) were reported. Statistical signifcance was set at the 0.05 level.

OS was calculated from the date of diagnosis to the date of last follow-up or the date of death. RFS was calculated from the date of diagnosis to the last follow-up visit or the event of disease recurrence. Patients who did not experience the event of interest were censored at their last date of follow-up. For signifcant predictors of survival, survival curves were generated using the Kaplan–Meier method. Univariate and multivariable Cox-proportional hazard models were constructed to evaluate parameters of pathology, imaging and the combination of pathology, and imaging as predictors of survival. Covariate selection for each of the three multivariable models used a stepwise selection method with  $p < 0.2$  entry criteria for inclusion. Missing data in the multivariable models were set to the reference level for that variable. The hazard ratio (HR) and 95% CI were reported.

of the upstream pancreatic body (white arrow) is shown in the bottom panel for comparison. **c** Hypoenhancing tumors (black arrow) enhance less than the adjacent parenchyma. This tumor in the pancreatic body/tail junction also demonstrates upstream ductal dilatation. **d** Progressive enhancement was assessed only on multiphase examinations. For progressive enhancement to be present, the attenuation or intensity of the tumor relative to the pancreas increases over time. This pancreatic body/tail junction tumor (white arrow) shows moderate hypoenhancement relative to the pancreas in the pancreatic parenchymal phase (left), followed by mild hypoenhancement (center) and isoenhancement in the venous phase of contrast (right)

All tests were two sided. All analyses were conducted in SAS version 9.4 (SAS, Cary, NC).

#### **Results**

#### **Patient population**

The surgical database yielded 191 records for surgically managed PanNEN. After 58 exclusions, most due to lack of preoperative imaging  $(n=40;$  Fig. [1\)](#page-2-0), there were 133 PanNEN, 56% men and mean age of 58.2 years (Table [1](#page-5-0)). Approximately three quarters of the population had a preoperative CT, while the remainder had MR. Most CTs were pancreas protocol (n=69/101). 24% had a preoperative MR, approximately half of which also had a CT. 18% of patients had tumor recurrence (median RFS of 31 months). 12% of patients were deceased (median OS of 38 months).

<span id="page-4-0"></span>**Fig. 3 a**, **b** A rounded contour to the tumor was defned as minimal contour undulation with a generally spherical or ovoid shape. This heterogeneously enhancing mass in the tail (black arrow) is rounded in contour. **b** A lobulated contour is defned by undulations in the contour of the tumor. In this partially cystic neuroendocrine tumor (black arrow), the external contour of the posterior aspect of the tumor is lobulated. **c** A tumor with an ill-defned contour has tumor margins which are difficult to delineate. This neuroendocrine tumor at the body/tail junction (arrow) has margins that are difficult to discriminate from the adjacent pancreas



<span id="page-4-1"></span>**Fig. 4 a**, **b** Infltrative tumors are defned as tumors which obliterate fat planes with or invade adjacent organs or vessels. Two imaging examples are shown. **a** On this axial post-contrast T1 fat-saturated MR image through the pancreatic tail mass, the tumor (black arrow) invades the splenic hilum, obliterating the fat and vessels in the

splenic hilum. **b** Axial contrast-enhanced CT shows a pancreatic body mass (black arrow) which has engulfed splenic vessels, including the splenic vein, resulting in vascular occlusion and venous collaterals in the left upper quadrant (white arrows)

#### **WHO grade**

One tumor in the study population was poorly diferentiated. Of the 119 well-diferentiated tumors available for grading, there were 47 (39%) grade 1, 64 (54%) grade 2, and 8 (7%) grade 3 tumors (Table [2\)](#page-6-0). Median tumor size was 2.4 cm (IQR 1.8–3.9 cm). There was no signifcant diference in size between tumor grades  $(p=0.051)$ .

WHO grade (Table [2\)](#page-6-0) was significantly associated with enhancement<sub>deg</sub> ( $p < 0.001$ ), enhancement<sub>prog</sub> ( $p < 0.001$ ),

contours ( $p = 0.001$ ), infiltrative<sub>im</sub> ( $p < 0.001$ ), VO  $(p<0.001)$ , PD dilatation  $(p=0.005)$ , and upstream atrophy  $(p=0.04)$ . For each increase in grade from WHO grade 1, PanNEN were 7 times more likely  $(p=0.0002, 95\% \text{ CI})$ 2.5–19.1) to be hypoenhancing than hyperenhancing, 6.2 times ( $p = 0.0008$ , 95% CI 2.1–17.8) more likely to demonstrate enhancement<sub>prog</sub>, 15.6 times ( $p = 0.0001$ , 95% CI 3.8–64.4) more likely to have contour<sub>ill</sub>, 9 times ( $p = 0.0003$ , 95%CI 2.7–29.7) more likely to have infiltrative<sub>im</sub>, 12.5 times ( $p = 0.0001$ , 95% CI 3.5–44.6) more likely to show

#### <span id="page-5-0"></span>**Table 1** Patient data



a additional post-contrast phases include arterial or delayed phases, without inclusion of noncontrast images in the exam

\*Data not available for all subjects. Missing values: Race=1, BMI at Diagnosis=3, Recurrence-Free Survival Time=1

Values presented as  $Mean \pm SD$ , Median [P25, P75], Median (min, max) or N (column  $\%$ )

VO, and 4.7 times (*p*=0.02, 95% CI 1.3–17.7) more likely to show PD dilatation (Table [3](#page-7-0)).

#### **LVI**

Lymphovascular invasion (LVI) was present in 48 of 131 tumors (36.6%). The presence of LVI on histopathological assessment (Table [4](#page-8-0)) was signifcantly associated with the following variables: size ( $p = 0.001$ ), enhancement<sub>deg</sub>  $(p = 0.03)$ , uniformity of enhancement  $(p < 0.001)$ , enhancement<sub>prog</sub> ( $p = 0.001$ ), contours ( $p < 0.001$ ), infiltrative<sub>im</sub> ( $p < 0.001$ ), cystic components ( $p = 0.005$ ), VO  $(p<0.001)$  PD dilatation ( $p=0.007$ ), and upstream atrophy (*p*<0.001). The likelihood of LVI was increased 1.2 times (*p*=0.005, 95%CI 1.1–1.4) for each 1 cm increase in tumor size, 3 times ( $p = 0.0135$ , 95% CI 1.3–7.3) for hypoenhancing

tumors, 3.8 times (*p*=0.0008, 95%CI 1.8–8.6) for heterogeneously enhancing tumors,  $4.5$  times ( $p = 0.002$ ,  $95\%$  CI 1.7–11.3) for enhancement<sub>prog</sub>, 18 times ( $p < 0.001$ , 95%) CI 4.4–73.8) for contour<sub>ill</sub>, 25.9 times ( $p < 0.001$ , 95% CI 5.7–118.1) for infiltrative<sub>im</sub>, 51.1 times ( $p = 0.0002$ , 95% CI 6.5–398.6) for VO, 4.6 times (*p*=0.01, 95% CI 1.4–15.3) for PD dilation, and 7.4 times (*p*=0.0003, 95% CI 2.5–21.8) for atrophy. The presence of cystic components was 3.8 times (*p*=0.007, 95% CI 1.5–10.2) less likely to be associated with LVI (Table [3\)](#page-7-0).

#### **Growth pattern**

An infltrative rather than circumscribed growth pattern on histopathology was present in 24 of 120 (20%) tumors. An infltrative growth pattern (Table [5\)](#page-9-0) was signifcantly associated with the following: enhancement<sub>deg</sub> ( $p=0.006$ ), enhancement<sub>prog</sub>  $(p < 0.001)$ , contours  $(p < 0.001)$ , infiltrative<sub>im</sub> ( $p < 0.001$ ), VO ( $p < 0.001$ ), PD dilatation  $(p<0.001)$ , and upstream atrophy  $(p=0.02)$ . The odds of an infltrative rather than circumscribed growth pattern is 5.6 times ( $p = 0.003$ , 95%CI 1.8–17.3) more likely for hypoenhancing tumors, 7.7 times (p=0.0001, 95%CI 2.7–21.8) more likely for tumors with enhancement<sub>prog</sub>, 51.3 times  $(p < 0.0001, 95\%$ CI 9.1–288.4) more likely for contour<sub>ill</sub>, 17.3 times (p<0.0001, 95%CI 5.5–54.9) more likely with infiltrative<sub>im</sub>, 16.9 times ( $p < 0.0001$ , 95%CI 5.3–53.7) more likely with VO, 7.4 times ( $p = 0.003$ , 95%CI 2–27.5) more likely with PD dilatation, and 4.4 times  $(p=0.02, 95\%$ CI 1.3–15) more likely with atrophy.

#### **Intratumoral fbrosis**

Of the 120 cases available to assess fbrosis, 70 tumors demonstrated no fbrosis, 36 MF, and 14 IMF (Table [6](#page-10-0)). Significant associations were found for enhancement $_{\text{dec}}$  $(p=0.006)$ , enhancement<sub>prog</sub> ( $p=0.048$ ), contours ( $p=0.01$ ), infiltrative<sub>im</sub> ( $p < 0.001$ ), calcifications ( $p = 0.03$ ), cystic components  $(p=0.01)$ , VO  $(p=0.04)$ , PD dilatation  $(p < 0.001)$ , and atrophy  $(p = 0.004)$ .

Hypoenhancing tumors were 11.5 times  $(p=0.004, 95\%)$ CI 2.2–60.3) more likely to be associated with MF (Table [7](#page-11-0)). Enhancement<sub>prog</sub> was 4.8 times ( $p = 0.02$ , 95% CI 1.3–18) more likely to be associated with IMF.

Contour<sub>ill</sub> was 10.5 times ( $p = 0.006$ , 95%CI 1.9–56.6) and 14 times (*p*=0.007, 95%CI 2.1–93.7) more likely than rounded contours and 6.3 times (*p*=0.04, 95% CI 1.1–34.3) and 12.5 times (*p*=0.01, 95% CI 1.7–92.2) more likely than lobulated contours to be associated with MF and IMF, respectively (Table [7\)](#page-11-0). Infiltrative $_{\text{im}}$  tumors were 5.6 times (*p*=0.007, 95%CI 1.6–19.9) more likely to be associated with MF and 12.2 times (*p*= 0.0008, 95% CI 2.8–52.6) more likely to be associated with IMF. Calcifcations and

<span id="page-6-0"></span>**Table 2** Qualitative imaging variable correlates for WHO grade

|                            | Imaging associations with WHO 2019 Grade |                 |                 |               |                        |  |  |  |  |
|----------------------------|--|-----------------|-----------------|---------------|------------------------|--|--|--|--|
| Imaging variable           | Total $(n=119)$                          | $1(n=47)$       | $2(n=64)$       | $3(n=8)$      | $p$ value              |  |  |  |  |
| Size*                      | 2.4 [1.8,3.9]                            | $2.2$ [1.5,3.1] | $3.2$ [1.8,5.0] | 2.9 [2.3,3.7] | $0.051^{b}$            |  |  |  |  |
| Degree of enhancement*     |  |                 |                 |               | 0.002 <sup>c</sup>     |  |  |  |  |
| Hyperenhancing             | 61(53.0)                                 | 34 (73.9)       | 26 (42.6)       | 1(12.5)       |                        |  |  |  |  |
| Hypoenhancing              | 28 (24.3)                                | 4(8.7)          | 20(32.8)        | 4(50.0)       |                        |  |  |  |  |
| Isoenhancing               | 26(22.6)                                 | 8(17.4)         | 15(24.6)        | 3(37.5)       |                        |  |  |  |  |
| Uniformity of enhancement* |  |                 |                 |               | 0.37 <sup>c</sup>      |  |  |  |  |
| Hetero                     | 66 (57.9)                                | 23(51.1)        | 37(60.7)        | 6(75.0)       |                        |  |  |  |  |
| Homo                       | 48 (42.1)                                | 22 (48.9)       | 24 (39.3)       | 2(25.0)       |                        |  |  |  |  |
| Progressive enhancement*   |  |                 |                 |               | $< 0.001$ <sup>c</sup> |  |  |  |  |
| No                         | 74 (75.5)                                | 34 (89.5)       | 38 (73.1)       | 2(25.0)       |                        |  |  |  |  |
| Yes                        | 24 (24.5)                                | 4(10.5)         | 14(26.9)        | 6(75.0)       |                        |  |  |  |  |
| Contours*                  |  |                 |                 |               | 0.001 <sup>c</sup>     |  |  |  |  |
| Ill-defined                | 13(11.1)                                 | 0(0.0)          | 10(15.9)        | 3(37.5)       |                        |  |  |  |  |
| Lobulated                  | 43 (36.8)                                | 14 (30.4)       | 25 (39.7)       | 4(50.0)       |                        |  |  |  |  |
| Rounded                    | 61(52.1)                                 | 32 (69.6)       | 28 (44.4)       | 1(12.5)       |                        |  |  |  |  |
| Infiltrative on imaging*   |  |                 |                 |               | $< 0.001$ <sup>c</sup> |  |  |  |  |
| No                         | 98 (83.8)                                | 44 (95.7)       | 51 (81.0)       | 3(37.5)       |                        |  |  |  |  |
| Yes                        | 19(16.2)                                 | 2(4.3)          | 12(19.0)        | 5(62.5)       |                        |  |  |  |  |
| Calcifications*            |  |                 |                 |               | 0.26 <sup>c</sup>      |  |  |  |  |
| No                         | 82 (78.1)                                | 35 (85.4)       | 42 (75.0)       | 5(62.5)       |                        |  |  |  |  |
| Yes                        | 23(21.9)                                 | 6(14.6)         | 14(25.0)        | 3(37.5)       |                        |  |  |  |  |
| Cystic*                    |  |                 |                 |               | 0.24 <sup>c</sup>      |  |  |  |  |
| No                         | 80 (72.7)                                | 27(64.3)        | 46(76.7)        | 7(87.5)       |                        |  |  |  |  |
| Yes                        | 30 (27.3)                                | 15(35.7)        | 14(23.3)        | 1(12.5)       |                        |  |  |  |  |
| Tumor thrombus*            |  |                 |                 |               | $0.18^{d}$             |  |  |  |  |
| No                         | 110 (96.5)                               | 46 (100.0)      | 56 (93.3)       | 8 (100.0)     |                        |  |  |  |  |
| Yes                        | 4(3.5)                                   | 0(0.0)          | 4(6.7)          | 0(0.0)        |                        |  |  |  |  |
| Vascular occlusion*        |  |                 |                 |               | $< 0.001$ <sup>c</sup> |  |  |  |  |
| No                         | 96 (83.5)                                | 46 (100.0)      | 46 (75.4)       | 4(50.0)       |                        |  |  |  |  |
| Yes                        | 19(16.5)                                 | 0(0.0)          | 15(24.6)        | 4(50.0)       |                        |  |  |  |  |
| Upstream PD dilatation*    |  |                 |                 |               | 0.005 <sup>c</sup>     |  |  |  |  |
| No                         | 77 (86.5)                                | 37 (92.5)       | 38 (86.4)       | 2(40.0)       |                        |  |  |  |  |
| Yes                        | 12(13.5)                                 | 3(7.5)          | 6(13.6)         | 3(60.0)       |                        |  |  |  |  |
| Upstream atrophy*          |  |                 |                 |               | 0.036 <sup>c</sup>     |  |  |  |  |
| No                         | 72 (81.8)                                | 34 (87.2)       | 36(81.8)        | 2(40.0)       |                        |  |  |  |  |
| Yes                        | 16(18.2)                                 | 5(12.8)         | 8(18.2)         | 3(60.0)       |                        |  |  |  |  |
|                            |  |                 |                 |               |                        |  |  |  |  |

\*Data not available for all subjects. Missing values: Size=1, Degree of enhancement, Uniformity of enhancement, progressive enhancement=21, Contours=2, Infiltrative=2, Calcifications=14,  $cystic=9$ , Tumor thrombus=5, Vascular occlusion=4, Upstream PD dilatation=30, Upstream atrophy=31.Values presented as Mean $\pm$ SD, Median [P25, P75], Median (min, max) or N (column %).p values: a=AN OVA, b=Kruskal–Wallis test, c= Pearson's chi-square test, d=Fisher's Exact test

absence of cystic components were 3.7 times ( $p = 0.01$ , 95%) CI 1.4–10.2) and 3.4 times (*p*=0.02, 95% CI 1.2–10.2) more likely to be associated with MF, respectively. VO was 3.5 times  $(p=0.03, 95\%$ CI 1.1–10.9) more likely to be associated with MF. PD dilatation was 15 times  $(p=0.01, 95\%$ CI 1.7–132.6) more likely to be associated with MF and 42.9 times ( $p = 0.001$ , 95% CI 4.5–410.7) more likely to be associated with IMF. Atrophy was 4.2 times ( $p = 0.03$ , 95%) CI 1.1–16.2) more likely to be associated with MF and 9.8 times ( $p = 0.003$ , 95% CI 2.2–43.9) more likely to be associated with IMF.

| Histopathology feature                   | Imaging feature                  | Odds ratio | Lower 95% CI | Upper 95% CI | $p$ value |
|--|----------------------------------|------------|--------------|--------------|-----------|
| WHO grade <sup>A</sup>                   | Hypoenhancement <sup>a</sup>     | 6.96       | 2.54         | 19.08        | 0.0002    |
|  | Isoenhancement <sup>a</sup>      | 3.29       | 1.28         | 8.47         | 0.0134    |
|  | Progressive enhancement          | 6.16       | 2.14         | 17.78        | 0.0008    |
|  | Ill-defined contour <sup>b</sup> | 15.59      | 3.77         | 64.41        | 0.0001    |
|  | Lobulated contourb               | 2.59       | 1.17         | 5.75         | 0.0193    |
|  | Infiltrative $_{\rm im}$         | 8.98       | 2.7          | 29.66        | 0.0003    |
|  | PD dilatation                    | 4.74       | 1.27         | 17.72        | 0.0208    |
|  | Vascular occlusion               | 12.46      | 3.48         | 44.65        | 0.0001    |
| $LVI^B$                                  | Size                             | 1.21       | 1.06         | 1.38         | 0.0050    |
|  | Hypoenhancement <sup>a</sup>     | 3.03       | 1.26         | 7.32         | 0.0135    |
|  | Heterogeneous enhancement        | 3.88       | 1.76         | 8.57         | 0.0008    |
|  | Progressive enhancement          | 4.46       | 1.75         | 11.33        | 0.0017    |
|  | Ill-defined contour <sup>b</sup> | 18.00      | 4.39         | 73.82        | < 0.0001  |
|  | Lobulated contour <sup>b</sup>   | 4.50       | 1.94         | 10.46        | 0.0005    |
|  | Infiltrative <sub>im</sub>       | 25.88      | 5.67         | 118.08       | < 0.0001  |
|  | PD dilatation                    | 4.65       | 1.41         | 15.29        | 0.0114    |
|  | Cystic components                | 3.84       | 1.45         | 10.22        | 0.0070    |
|  | Vascular occlusion               | 51.07      | 6.54         | 398.63       | 0.0002    |
|  | Upstream atrophy                 | 7.37       | 2.49         | 21.84        | 0.0003    |
| Infiltrative growth pattern <sup>B</sup> | Hypoenhancement <sup>a</sup>     | 5.60       | 1.81         | 17.31        | 0.0028    |
|  | Isoenhancement <sup>a</sup>      | 3.38       | 1.01         | 11.31        | 0.0485    |
|  | Progressive enhancement          | 7.68       | 2.71         | 21.80        | 0.0001    |
|  | Ill-defined contour <sup>b</sup> | 51.33      | 9.14         | 288.37       | < 0.0001  |
|  | Infiltrative <sub>im</sub>       | 17.33      | 5.47         | 54.89        | < 0.0001  |
|  | PD dilatation                    | 7.39       | 1.99         | 27.50        | 0.0028    |
|  | Vascular occlusion               | 16.94      | 5.35         | 53.66        | < 0.0001  |
|  | Upstream atrophy                 | 4.36       | 1.27         | 15.03        | 0.0196    |

<span id="page-7-0"></span>**Table 3** Logistic regression analyses of WHO grade, LVI, and growth pattern by imaging feature

AOrdinal logistic regression. Likelihood ratio corresponds to each stepwise increase in grade from WHO grade 1

<sup>B</sup>Logistic regression

a Compared to hyperenhancing

<sup>b</sup>Compared to rounded contour

Infiltrative $_{\text{im}}$  = infiltrative imaging appearance

PD=pancreatic duct

CI=confdence interval

### **Recurrence‑free survival**

Univariate cox regression analyses for imaging variables show that infiltrative<sub>im</sub> ( $p < 0.001$ , HR 6.1 95% CI 2.66–13.81), heterogeneous enhancement ( $p = 0.0064$ , HR 4.48, 95% CI 1.52–13.16), enhancement<sub>prog</sub> ( $p = 0.0003$ , HR 4.53, 95% CI 2.0–10.26), contour<sub>ill</sub> ( $p < 0.001$ , HR 25.9, 95%CI 5.57–120.4), lobulated contours (*p*=0.007, HR 7.82, 95% CI 1.75–34.95), and VO (*p* < 0.001, HR 5.85, 95% CI 2.58–13.27) are associated with an increased hazard of RFS (Table [8\)](#page-11-1). Multivariable analyses of only imaging variables identified enhancement<sub>prog</sub> ( $p = 0.01$ , HR 3.02, 95%CI 1.28–7.11) and contour<sub>ill</sub> ( $p = 0.0003$ , HR 18.29, 95% CI 3.83–87.3) or lobulated contours (*p* = 0.02, HR 5.3, 95% CI 1.2–26.7) to be associated with an increased hazard of RFS. When considering both pathological and imaging variables, infltrative growth pattern (*p*=0.003, HR 4.59, 95% CI 1.68–12.56) and LVI (*p*=0.008, HR 6.45, 95% CI 1.68–24.78) were found to be associated with an increased hazard of RFS.

<span id="page-8-0"></span>**Table 4** Qualitative imaging variable correlates for lymphovascular invasion



\*Data not available for all subjects. Missing values: Size=2, Degree of enhancement, Uniformity of enhancement, and Progressive enhancement=21, Contours=2, Infiltrative=2, calcifica $tions = 17$ ,  $cystic = 1$ , Tumor Thrombus = 5, Vascular Occlusion = 4, Upstream PD dilatation = 31, Upstream Atrophy=32. Values presented as  $Mean \pm SD$ , Median [P25, P75], or N (column %). p values: a=ANOVA, b=Kruskal–Wallis test, c=Pearson's chi-square test, d=Fisher's Exact test

#### **Overall survival**

Imaging variables associated with OS were infiltrative $_{\text{im}}$ (*p* = 0.032, HR 3, 95% CI 1.1–8.11), contour<sub>ill</sub> (*p* = 0.02, HR 5.46, 95% CI 1.29–23.13), and VO (*p* = 0.001, HR 5.39, 95% CI 1.99–14.61) (Table [8\)](#page-11-1). When considering only imaging variables, older age at diagnosis  $(p=0.01,$ HR 1.058, 95% CI 1.01–1.108) and VO (*p* = 0.0004, HR 6.08, 95% CI 2.22–16.68) were associated with increased hazard to OS. When considering both pathological and imaging variables, only older age at diagnosis ( $p=0.007$ , HR 1.08, 95%CI 1.02–1.137) and LVI ( $p = 0.008$ , HR 13.9, 95% CI 3.00–64.48) were found to be associated with an increased hazard of OS.

<span id="page-9-0"></span>**Table 5** Qualitative imaging variable correlates for growth pattern



\*Data not available for all subjects. Missing values: Size=2, Degree of enhancement, heterogeneity of enhancement, progressive enhancement=21, Contours=2, Infiltrative=2, Upstream PD dilatation=30, calcifications=14, cystic=9, Tumor Thrombus=5, Vascular Occlusion=4, Upstream Atrophy=31. Values presented as Mean $\pm$ SD, Median [P25, P75], Median (min, max) or N (column %). p values:  $a = A$ NOVA, b=Kruskal–Wallis test, c=Pearson's chi-square test, d=Fisher's Exact test

## **Discussion**

The goal was to determine if histopathologic features of PanNEN linked to patient outcome (WHO grade, LVI, growth pattern, and intratumoral fbrosis) have qualitative correlates on preoperative imaging. We found three imaging features associated with all four histopathologic parameters and patient outcome (RFS HR ranging from 5.8 to 25.9 and OS HR ranging from 3 to 5.5). These features are (1) infiltrative<sub>im</sub>, (2) contour<sub>ill</sub>, and (3) VO. We found that grade 3 tumors were up to 30 times more likely than grade 1 tumors to show contour<sub>ill</sub>  $(p=0.0001)$ . PanNEN with VO were 51.1 times  $(p=0.0002)$  more likely to demonstrate LVI. PanNEN with contour<sub>ill</sub> were 51.3 times ( $p < 0.0001$ ) more likely to show infltrative histopathologic growth pattern and 14 times ( $p = 0.0065$ ) more likely to show fibrosis.

<span id="page-10-0"></span>



\*Data not available for all subjects. Missing values: Size=1, Degree of enhancement, Uniformity of enhancement, Progressive enhancement=21, Contours=2, Infiltrative=2, Upstream PD dilatation=30, calcifications=14, cystic=9, Tumor Thrombus=5, Vascular Occlusion=4, Upstream Atrophy=31. Values presented as Mean $\pm$ SD, Median [P25, P75], Median (min, max) or N (column %). p values: a=A NOVA, b=Kruskal–Wallis test, c=Pearson's chi-square test, d=Fisher's Exact test

Our findings regarding the poor prognostic sign of contour $_{\text{ill}}$ [\[11](#page-13-9), [12\]](#page-13-10) and infiltrative imaging appearance [[13](#page-13-11), [14\]](#page-13-12) are consistent with other studies. Likewise, the association of VO with aggressive tumor biology in our study is consistent with prior reports [[11,](#page-13-9) [15](#page-13-13)[–17](#page-13-14)]. However, our study goes beyond WHO grade (based on tumor diferentiation and ki-67 index) and shows that these qualitative imaging features also refect LVI, infltrative growth pattern, and intratumoral fbrosis, all aggressive features of PanNEN on histopathology.

There is mounting evidence that fbrosis in PanNEN is associated with more aggressive disease [\[3,](#page-13-2) [9](#page-13-7), [10](#page-13-8), [18](#page-13-15)]. Studies on tumor enhancement have had limited success in identifying fbrosis [\[9](#page-13-7)] and as in our study morphologic assessment on imaging may better reflect fibrosis. We

|                                  | Mature fibrosis          |              |              |             | Immature fibrosis        |              |              |             |
|----------------------------------|--------------------------|--------------|--------------|-------------|--------------------------|--------------|--------------|-------------|
| Imaging feature                  | Odds ratio               | Lower 95% CI | Upper 95% CI | $p$ - value | Odds ratio               | Lower 95% CI | Upper 95% CI | $p$ - value |
| Hypoenhancement <sup>a</sup>     | 11.45                    | 2.18         | 60.28        | 0.0040      | -                        |              |              | 0.9077      |
| Progressive enhancement          | $\overline{\phantom{0}}$ | -            |              | 0.2652      | 4.80                     | 1.28         | 17.99        | 0.0199      |
| Ill-defined contour <sup>b</sup> | 10.5                     | 1.95         | 56.55        | 0.0062      | 14.0                     | 2.09         | 93.67        | 0.0065      |
| Ill-defined contour <sup>c</sup> | 6.25                     | 1.14         | 34.29        | 0.0349      | 12.5                     | 1.69         | 92.25        | 0.0133      |
| Infiltrative <sub>im</sub>       | 5.62                     | 1.59         | 19.87        | 0.0073      | 12.18                    | 2.82         | 52.60        | 0.0008      |
| Calcifications                   | 3.72                     | 1.35         | 10.22        | 0.0109      |                          |              |              | 0.9359      |
| No cystic components             | 3.48                     | 1.19         | 10.20        | 0.0231      | $\overline{\phantom{0}}$ |              | -            | 0.0656      |
| Vascular occlusion               | 3.52                     | 1.14         | 10.90        | 0.0291      |                          |              | -            | 0.0547      |
| PD dilatation                    | 15.0                     | 1.70         | 132.64       | 0.0149      | 42.86                    | 4.47         | 410.68       | 0.0011      |
| Upstream atrophy                 | 4.24                     | 1.1          | 16.17        | 0.0347      | 9.86                     | 2.21         | 43.91        | 0.0027      |

<span id="page-11-0"></span>**Table 7** Multivariable logistic regression analyses for intratumoral fbrosis

<sup>a</sup>Compared to isoenhancing

<sup>b</sup>Compared to rounded contour

c Compared to lobulated contour

Infiltrative $i_{\text{im}}$  = infiltrative imaging appearance

PD=pancreatic duct

CI=confdence interval

<span id="page-11-1"></span>**Table 8** Univariate Cox Regression Analysis for RFS and OS

| Imaging variable          | <b>RFS</b> |              |              |         | <b>OS</b> |              |              |                  |
|---------------------------|------------|--------------|--------------|---------|-----------|--------------|--------------|------------------|
|                           | HR         | Lower 95% CI | Upper 95% CI | P       | HR        | Lower 95% CI | Upper 95% CI | $\boldsymbol{P}$ |
| Infiltrative appearance   | 6.063      | 2.661        | 13.814       | < .0001 | 2.985     | 1.099        | 8.110        | 0.0320           |
| Hyperenhancement          | 0.813      | 0.258        | 2.563        | 0.7240  | 0.904     | 0.240        | 3.413        | 0.8817           |
| Hypoenhancement           | 2.812      | 0.976        | 8.106        | 0.0556  | 2.165     | 0.632        | 7.417        | 0.2190           |
| Heterogeneous enhancement | 4.477      | 1.523        | 13.164       | 0.0064  | 2.923     | 0.830        | 10.295       | 0.0950           |
| Progressive enhancement   | 4.525      | 1.996        | 10.259       | 0.0003  | 2.215     | 0.799        | 6.141        | 0.1263           |
| Ill-defined contours      | 25.897     | 5.570        | 120.404      | < .0001 | 5.464     | 1.291        | 23.132       | 0.0211           |
| Lobulated contours        | 7.822      | 1.751        | 34.954       | 0.0071  | 2.882     | 0.760        | 10.921       | 0.1195           |
| PD dilatation             | 2.151      | 0.797        | 5.802        | 0.1304  | 1.503     | 0.423        | 5.341        | 0.5292           |
| Calcifications            | 1.344      | 0.497        | 3.636        | 0.5600  | 2.713     | 0.801        | 9.191        | 0.1089           |
| Cystic components         | 0.972      | 0.359        | 2.632        | 0.9562  | 1.164     | 0.323        | 4.191        | 0.8161           |
| Tumor thrombus            | 3.557      | 0.832        | 15.201       | 0.0869  | 2.444     | 0.315        | 18.949       | 0.3926           |
| Vascular occlusion        | 5.846      | 2.576        | 13.267       | < .0001 | 5.392     | 1.990        | 14.611       | 0.0009           |
| Upstream atrophy          | 1.407      | 0.522        | 3.794        | 0.4997  | 1.560     | 0.500        | 4.861        | 0.4434           |
| <b>Size</b>               | 1.094      | 0.978        | 1.224        | 0.1163  | 0.997     | 0.851        | 1.168        | 0.9730           |

found that IMF in particular was associated with contour $_{\text{ill}}$ , infiltrative $_{\text{im}}$ , PD dilatation, and atrophy, all imaging features associated with higher grade tumor. IMF was nearly 43 times and MF was 15 times more likely to be associated with PD dilatation. PD dilatation has been shown to be associated with fibrosis [[9,](#page-13-7) [19\]](#page-13-16) and poorer prognosis [\[11](#page-13-9), [14,](#page-13-12) [20\]](#page-13-17). Studies examining the signifcance of fbrosis in PanNEN, thus, far have not distinguished between MF and IMF [\[3](#page-13-2), [9,](#page-13-7) [10](#page-13-8), [18,](#page-13-15) [21](#page-13-18)[–23](#page-14-0)]. IMF more closely resembles desmoplastic reaction that is commonly seen with aggressive and rapidly growing neoplasms such as pancreatic ductal adenocarcinoma.

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This is in contrast to the hypocellular hyalinized stroma in MF that is seen mostly in benign and slow-growing lesions [[24\]](#page-14-1). Future investigations may beneft from distinguishing between MF and IMF. For example, calcifcations in Pan-NEN were signifcantly associated with MF but not IMF in our study. Although some prior studies linked calcifcation to aggressive panNEN  $[14, 25, 26]$  $[14, 25, 26]$  $[14, 25, 26]$  $[14, 25, 26]$  $[14, 25, 26]$  $[14, 25, 26]$  $[14, 25, 26]$ , others did not  $[11-13]$ , [27\]](#page-14-4), raising question about the nature of the underlying fbrosis in these populations. Dystrophic calcifcations commonly occur in long-standing fbrosis and hyalinization of stroma involving slow-growing benign neoplasms [[24](#page-14-1)] or reactive/ infammatory conditions such as calcifed granulomas and arteriosclerosis. While most PanNEN are cellular tumors with scant stroma, a subset of these tumors incites a reaction which leads to mature collagen deposition, in turn allowing for the development of dystrophic calcifcation.

Tumor size was associated only with LVI, and no other histopathologic parameter, including WHO grade in this surgically managed cohort. Currently, the guidelines for Pan-NEN management are mostly driven by threshold tumor size of 2 cm for surgical intervention [\[28](#page-14-5), [29\]](#page-14-6). Our results show that size alone may be inadequate for preoperative determination of tumor aggression. Future prospective investigation of sub-2 cm PanNEN for these imaging features could be considered.

For the practicing radiologist, the results of this study also demonstrate the wide spectrum of imaging appearances for surgically managed PNEN; nearly half of PNEN do not hyperenhance, more than half demonstrate heterogeneous enhancement, more than half deviate from a round contour, and more than a quarter have cystic components. Furthermore, more than 15% can result in vascular occlusion and 3.5% demonstrate contiguous tumor thrombus. These results add to the growing data refecting a *spectrum* of imaging appearance for PNEN rather than categorization of the appearances as "typical" and "atypical." The results of this paper show that there are histologic and prognostic correlate to this spectrum of imaging appearances.

There are some limitations to our study. First, there was no standardized imaging modality for inclusion, as we wished to include the largest number of cases to assess as many imaging features as possible. However, both contrastenhanced CT and MR refect enhancement and tumor morphology in a similar fashion, and current National Comprehensive Cancer Network guidelines, for example, do not distinguish between the 2 modalities [[30\]](#page-14-7). CT has advantage in detecting tumor calcifcation, whereas cystic components are more confdently appreciated on MR. Second, while many CTs were scanned according to pancreas protocol, there was no standardized scanning protocol for the images acquired at an outside facility. Therefore, our assessment and conclusions particularly regarding enhancement may not be as robust compared to studies with standardized pancreatic imaging. We attempted to control for this as best as possible, by using background pancreatic enhancement as an internal control. It should be noted that only 3 of the 12 imaging features were directly related to assessment of enhancement, whereas the remaining 9 features were not dependent on the timing of post-contrast image acquisition. Furthermore, being inclusive of a heterogeneous pool of imaging studies is probably more refective of true clinical practice at a Pan-NEN referral center and our study shows that prognostic qualitative imaging features can be appreciated through this "noise." A third limitation pertains to population size and selection bias. Given the relative infrequency of PanNEN, the number of cases is reasonable and on par with similar studies. We included only surgically managed patients, implying tumor localized to the pancreas and patients ft for surgery. Therefore, the imaging features of aggressive, metastatic PanNEN are probably underrepresented. Likewise, tumors smaller than 2 cm are probably also underrepresented since 2 cm is the threshold for surgical management [\[28,](#page-14-5) [29](#page-14-6)]. We also excluded patients with multifocal PanNEN, and therefore, syndromic tumors, but this is probably appropriate as some authors believe that these tumors to be clinically distinct from sporadic PanNEN [[31\]](#page-14-8), and multifocality may not enable confdent radiologic-pathologic correlation.

Our results show that prognostication of tumor biology can be extracted by the radiologist from routine, clinically acquired CT and MR images, and should be reported. These qualitative imaging features will probably be most helpful in the preoperative management of tumors. There are several potential clinical scenarios: (1) Determine concordance with biopsy specimens. Tumor undersampling, particularly in heterogeneous tumors, may histologically give the false impression of a low-grade tumor. Evaluation for imaging concordance may better inform the patient care team's impression of tumor biology. (2) Determine if surgical management is appropriate for sub-2 cm tumors. Current surgical guidelines recommend resection for tumors larger than 2 cm [[28,](#page-14-5) [29](#page-14-6)]. Sallinen et al. [\[20\]](#page-13-17) showed that the presence of ductal dilatation in sub- 2 cm tumors may warrant surgical management. We also evaluated ductal dilatation but found that other imaging features like infiltrative $_{\text{im}}$ , contour $_{\text{ill}}$ , and VO were associated with patient outcome. Evaluation for these features may, therefore, be helpful to expedite surgical management of sub-2 cm tumors. (3) Guide the need for additional imaging prior to surgical management. The presence of aggressive imaging features may increase suspicion for metastatic disease that is occult on conventional imaging. Examinations such as somatostatin receptor imaging (i.e., DOTATATE PET) or liver MRI may be more valuable in these patients to accurately stage disease. Likewise, tumors without aggressive imaging features may be able to forgo additional preoperative imaging workup. (4) Inform the extent of surgical lymphadenectomy at the time of Pan-NEN resection. More aggressive tumors are more likely to harbor micrometastatic disease in lymph nodes that are not pathologically enlarged on imaging and more extensive nodal dissection may prove helpful. (5) Provide a window of opportunity to evaluate novel treatment paradigms prior to surgical management. For example, one could investigate the role of neoadjuvant therapy in the long-term outcomes of patients with more aggressive tumors.

Preoperative CT or MR, obtained in nearly all patients, provides readily available qualitative information about the underlying histopathologic features of PanNEN. Assessment

for infiltrative $_{\text{im}}$ , contour<sub>ill</sub>, and VO, in particular, may best inform tumor biology.

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