

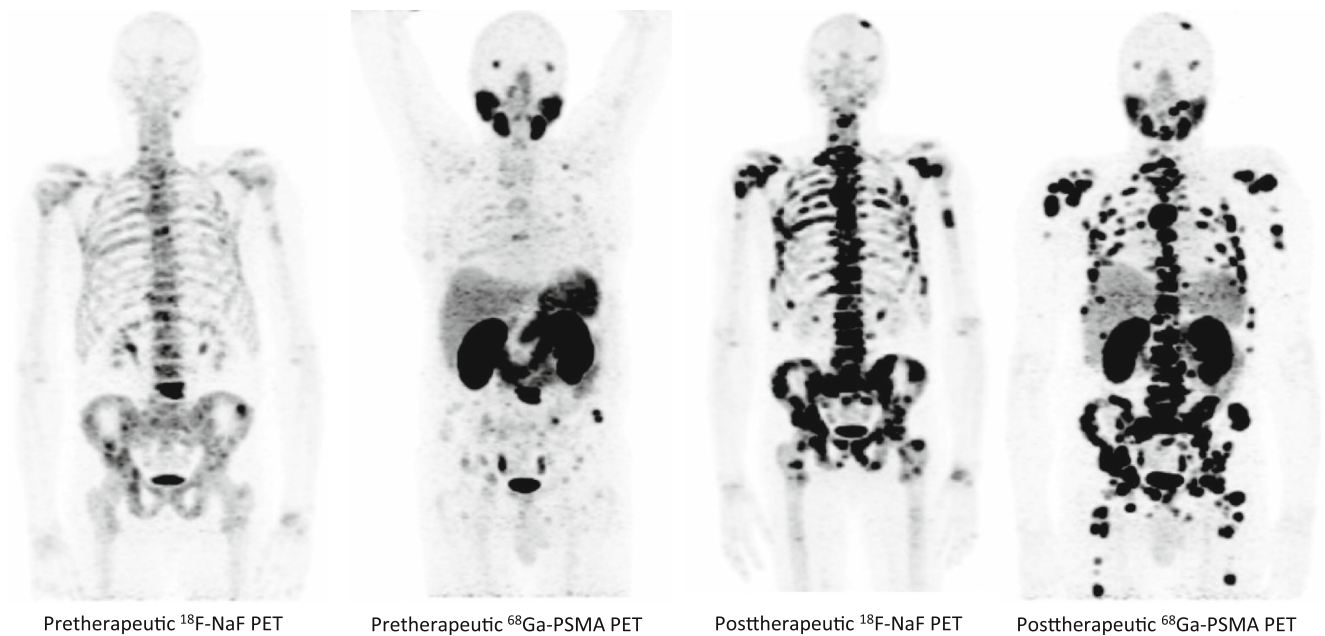
^{68}Ga -PSMA ligand PET versus ^{18}F -NaF PET: evaluation of response to ^{223}Ra therapy in a prostate cancer patient

Christian Uprimny · Alexander Kroiss · Bernhard Nilica · Sabine Buxbaum · Clemens Decristoforo · Wolfgang Horninger · Irene J. Virgolini

Received: 10 July 2014 / Accepted: 22 September 2014 / Published online: 8 October 2014
© Springer-Verlag Berlin Heidelberg 2014

Recent reports suggest that ^{223}Ra prolongs survival in prostate cancer patients [1]. Bone scintigraphy is considered the gold standard in the assessment of osseous metastatic disease in prostate cancer [2]. ^{68}Ga -labelled prostate-specific membrane antigen (PSMA) ligand is a novel, highly specific tracer for the detection of metastatic lesions of prostate cancer [3].

We present the case of a 69-year-old prostate cancer patient with extensive metastases to the bone (adenocarcinoma, Gleason score 8, PSA 1,239 $\mu\text{g}/\text{l}$, at initial diagnosis) who underwent both ^{68}Ga -PSMA PET and ^{18}F -NaF PET for the evaluation of response to therapy with ^{223}Ra . ^{18}F -NaF PET and a ^{68}Ga -PSMA PET performed prior to



C. Uprimny (✉) · A. Kroiss · B. Nilica · S. Buxbaum · C. Decristoforo · I. J. Virgolini
Department of Nuclear Medicine, Medical University Innsbruck, Anichstrasse 35, Innsbruck, Austria
e-mail: christian.uprimny@uki.at

W. Horninger
Department of Urology, Medical University Innsbruck, Anichstrasse 35, Innsbruck, Austria

therapy revealed multiple bone metastases that appeared mainly sclerotic on CT. On ^{18}F -NaF PET only some lesions showed a high bone turnover, whereas most of the metastases showed faint tracer uptake. This correlated with the metabolic activity of the PSMA ligand with the highest uptake in a lumbar vertebra and the left pelvis. Apart from bone metastases no other PSMA-positive tumour lesions were found. The patient received six cycles of ^{223}Ra . ^{18}F -NaF PET performed 16 days after the last cycle showed a marked increase in tracer uptake in the known bone metastases. Clear differentiation as to whether this was related to tumour progression or due to a “flare” phenomenon was not possible [4]. ^{68}Ga -PSMA PET demonstrated a massive increase in metabolic activity in disseminated bone metastases and additionally revealed local recurrence and iliac lymph node metastases, consistent with progressive disease. We conclude that ^{68}Ga -PSMA PET may be superior to ^{18}F -NaF PET for

the evaluation of therapy response to ^{223}Ra therapy in bone metastases.

Conflicts of interest None.

References

1. Parker C, Nilsson S, Heinrich D, Helle SI, O’Sullivan JM, Fossa SD, et al. Alpha emitter radium-223 and survival in metastatic prostate cancer. *N Engl J Med*. 2013;369(3):213–23.
2. Lawrentschuk N, Davis ID, Bolton DM, Scott AM. Diagnostic and therapeutic use of radioisotopes for bone disease in prostate cancer: current practice. *Int J Urol*. 2007;14(2):89–95.
3. Afshar-Oromieh A, Haberkorn U, Eder M, Eisenhut M, Zechmann C. [^{68}Ga]Gallium-labelled PSMA ligand as superior PET tracer for the diagnosis of prostate cancer: comparison with ^{18}F -FECH. *Eur J Nucl Med Mol Imaging*. 2012;39(6):1085–6.
4. Van Schelven WD, Pauwels EK. The flare phenomenon: far from fair and square. *Eur J Nucl Med*. 1994;21(5):377–80.