Imaging of prostate cancer metastases with ¹⁸F-fluoroacetate using PET/CT

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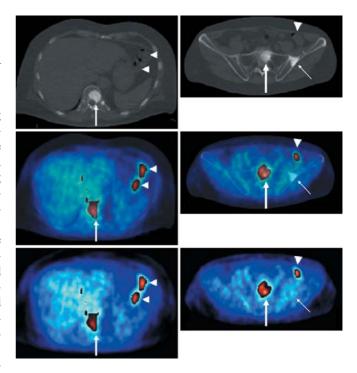
Fluorine-18 fluoroacetate [1] appears to be an interesting alternative to ¹¹C-acetate [2, 3] for imaging prostate cancer with PET. We acquired the first ¹⁸F-fluoroacetate PET images in a patient with prostate cancer, rising PSA (101 ng/ml) and progressive bone metastases. Scanning started 70 min after i.v. injection of 280 MBq ¹⁸F-fluoroacetate using a combined PET/CT system (Siemens Biograph).

The images demonstrate moderate to intense uptake in several (thick arrows) but not all (thin arrows) metastatic bone lesions, with SUV_{mean} of 2.82–4.10 and SUV_{max} of 3.36–5.11. This compared favourably to accumulation in the liver, with SUV_{mean} of 2.35–2.71 and SUV_{max} of 3.0–3.58. The mode of excretion was predominantly via the bowel (arrowheads), with low activity in the urine.

Compared with ¹¹C-acetate PET, ¹⁸F-fluoroacetate offers the possibility of delayed imaging with the potential to further increase the tumour-to-background ratios.

Upper row: CT image slices; *middle row*: combined ¹⁸F-fluoroacetate PET/CT; *lower row*: ¹⁸F-fluoroacetate PET

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