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Biosynthesis and prebiotic activity of a linear levan from a new *Paenibacillus* isolate

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Abstract

Levan, a type of β (2 \rightarrow 6)-linked fructan, is a promising biopolymer with distinct properties and extensive applications in the fields of food, pharmaceutical, cosmetics, etc. However, the commercial availability of levan is still limited due to the relatively high production costs. Here, a new *Paenibacillus* sp. strain FP01 was isolated and identified as an efficient fructan producer with high yield (around 89.5 g/L fructan was obtained under 180 g/L sucrose) and conversation rate (49.7%). The fructan named Plev was structurally characterized as a linear levan-type fructan with a molecular mass of 3.11×10^6 Da. Aqueous solutions of Plev exhibited a non-Newtonian behavior at concentrations 3-5%. Heating and chilling had no obvious effects on apparent viscosities of Plev solutions. Plev also had good rheological stabilities toward pH (3–11) and metal salts (Na⁺, K⁺, Ca²⁺, Mg²⁺). Microbiome and metabolome analysis showed that Plev intervention increased the abundance of beneficial bacteria and elevated the levels of short-chain fatty acids (SCFAs) in feces of mice. Taken together, Plev could be considered a potential thickener and prebiotic supplement in food industry.

Key points

• Paenibacillus sp. strain FP01 was identified as a high-efficient levan producer.

• The levan Plev from FP01 exhibited good rheological properties and stabilities.

• The in vivo prebiotic activities of linear levan were revealed.

Keywords Paenibacillus sp. · Levan · Rheological property · Prebiotic activity · Microbiome · Metabolomics

Introduction

Fructans are a class of fructose-conjugated homopolysaccharides, widely distributed in plants as storage carbohydrates or synthesized by various environmental microorganisms as extracellular polysaccharide (EPS) or biofilm for defense (Benigar et al. 2014). Depending on the linkage of fructofuranosyl residues, fructans are classified into two main types, commonly known as inulin and levan. Inulin-type fructans are low-molecular-weight polymers linked by β (2 \rightarrow 1) glycosidic bonds with degree of polymerization (DP) ranging from 3 to 60, traditionally extracted from tubers of Chicory and Jerusalem artichoke (Ahmed and Rashid 2019; Morreale et al. 2019). Levan is composed of β (2 \rightarrow 6) linkages in the backbone with occasionally β (2 \rightarrow 1) branches, produced by a variety of microorganisms and a few plants belonging to the tribe *Poeae* and *Triticeae* (Tamura et al. 2014). Bacterial levan is usually produced outside the cells by levansucrase-catalyzed transfructosylation with sucrose as the substrate. Compared with plant-derived levan which possesses small chains of DP 2-200, the size of bacterial levan-type polymers can be varied from low-molecular-weight oligosaccharides to thousands of fructose monomers (DP > 5 × 10⁴), mainly depending on the producing strains, medium components, and cultivation conditions (Ortiz-Soto et al. 2019).

Compared with plant-derived fructan, bacterial levan confers more advantages in industrial applications because of ease of extraction and controllability of production, and has drawn extensive research attentions due to the extraordinary physicochemical and functional properties. Bacterial levan possesses high stability and solubility in water and oil (Ates 2015; Srikanth et al. 2015a), high water holding capacity (Haddar et al. 2020), low intrinsic viscosity (Arvidson et al.

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2006), strong adhesiveness, favorable biocompatibility and biodegradability, good film-forming ability (Ağçeli and Cihangir 2020), etc., thus has been exploited as a stabilizer, emulsifier, food and feed additive, encapsulating agent, blood plasma extender, osmoregulator, and cryoprotector (Han 1990; Öner et al. 2016; Srikanth et al. 2015a). Besides, levan-type fructans have been reported to have antioxidant (Dahech et al. 2011b; Dahech et al. 2013), antidiabetic (Dahech et al. 2011a), antitumor (Abdel-Fattah et al. 2012), and immuno-stimulating (Dong et al. 2015) activities.

As a kind of non-digestible polysaccharide, fructan cannot be absorbed in the small intestine, but can be utilized by beneficial bacteria in the colon, and thus perform an excellent prebiotic action and have potential applications in the field of food, medical, and health care industries. Inulin and the related oligosaccharides have been regarded as efficient prebiotics for decades, whereas the prebiotic effects of bacterial levan still remain less investigated. Levan and levan-derived fructo-oligosaccharides have been reported as the substrates of several beneficial genera, including Bifidobacterium and some species of Bacteroides (Semjonovs and Zikmanis 2007) (Sonnenburg et al. 2010). The genes coding fructanmetabolizing enzymes (endo-levanase, fructofuranosidase, etc.) have also been identified in the genome of gut bacteria (Ávila-Fernández et al. 2016; Lammerts van Bueren et al. 2015; Mardo et al. 2017). In vitro model systems have been employed to assess the prebiotic potential of levan-type fructans (Kaarel et al. 2015). However, the results could be inconsistent, probably due to the model systems, different origins, chain length, and branching degree of levan (Liu et al. 2020; Szwengiel and Nkongha 2019). It is critical to understand the effects of levan on specific gut microbiome composition to gain an insight into the potential mechanisms of action.

Levan can be extracellularly produced from sucrose-based substrates by many bacterial species, including Zymomonas mobilis (Ferreira et al. 2019), Bacillus amyloliquefaciens (Cai et al. 2020), Bacillus subtilis (Bouallegue et al. 2020), Paenibacillus polymyxa (Grinev et al. 2020), Erwinia sp. (Liu et al. 2020), Halomonas smyrnensis (Tohme et al. 2018), Gluconobacter nephelii (Semjonovs et al. 2016), Acetobacter xylinum (Srikanth et al. 2015b), Leuconostoc citreum (Han et al. 2015), Brachybacterium sp. (Djurić et al. 2017), and Pseudomonas fluorescens (Jathore et al. 2012). The extracellular levansucrase from some bacteria could also be used for levan biosynthesis in vitro. Depending on fermentation conditions and producing strains, the bacterial levan may be of different chain length and branching degree, which determine its physiological functions and physicochemical characteristics.

Although many levan-producing microorganisms have been reported in recent years, levan is still a relatively costintensive polysaccharide due to high productive costs and limited commercial microbial systems, which hinder further study and applications of levan. Various strategies have been adopted to deal with these bottlenecks, including utilizing economically alternative substrates and nutrient sources (molasses, sugar cane syrups, chicken feather peptone) (de Oliveira et al. 2007; Veerapandian et al. 2020), optimizing medium and cultivation conditions (Erkorkmaz et al. 2018), immobilizing Zymomonas mobilis cells for continuous production of levan (Silbir et al. 2014), and modifying the metabolic pathway for levan biosynthesis (Feng et al. 2015a, b). Nevertheless, exploring new wild-type bacterial strains with high capacity of levan production still offers an efficient way. In this study, we intended to isolate and identify new bacterial strains which could produce levan-type fructans from sucroserich medium. The structure and rheological properties of the levan were characterized. Furthermore, the prebiotic activities of levan were evaluated based on intestinal microbiota and metabolism analysis. 16S rDNA high-throughput sequencing was employed to investigate the composition of the gut microbiota in mice, and the metabolic changes in the fecal metabolites were determined by ¹H NMR-based metabolite analysis.

Materials and methods

Chemicals

Monosaccharide standards were purchased from Sigma-Aldrich Co. (St. Louis, USA). Carbon sources such as sucrose, starch, fructose, lactose, maltose, xylose, and nitrogen sources such as yeast extract and peptone were purchased from Solarbio Limited (Beijing, China). All other chemicals and solvents in this study were of analytical grade.

Microorganism and growth conditions

The syrup waste water from a local factory in Nanjing (Jiangsu, China) was used to screen fructan-producing bacteria. The samples were initially inoculated into PYS broth (containing in g/L: potato extract 10, yeast extract 5, sucrose 50, pH 7.0) and cultivated at 30 °C for 48 h. Dilution separation with sterile 0.9% saline water was used for bacteria isolation on PYS agar (containing in g/L: potato extract 10, yeast extract 5, sucrose 50, agar 15, pH 7.0). Mucous colonies were inoculated on new PYS agar plates by dilution spreading to obtain pure cultures. The isolates were identified based on colony morphological, physio-biochemical characteristics and 16S rDNA gene sequence analysis. Escherichia coli 27F (5'-AGAGTTTGATCCTGGCTCAG-3') and 1492R (5'-TACGGTTACCTTGTTACGACTT-3') were used for the 16S rDNA gene amplification. The procedure was set as 95 °C for 5 min; 30 cycles of 95 °C for 30 s, 56 °C for 30 s,

and 72 °C for 1.5 min; and one final extension at 72 °C for 10 min. The PCR product was purified and sequenced by Genscript (Nanjing, China). The sequence was compared by the BLAST algorithm (http://www.ncbi.nlm.nih.gov/BLAST) at the National Center for Biotechnology Information (NCBI, USA). The phylogenetic tree was conducted using the MEGA6.0 program (Tamura et al. 2013). Evolutionary distances were calculated according to the algorithm of the Kimura two-parameter model for the neighbor-joining method.

EPS preparation

The bacterial strain was inoculated into 50 ml MS medium (containing in g/L: sucrose 50, NaNO₃ 2.5, KH₂PO₄ 0.5, CaCl₂ 0.1, MgSO₄·7H₂O 0.3, FeSO₄·7H₂O 0.01, MnSO₄ 0.004, pH 7.0) and cultivated on a shaker with a speed of 220 rpm at 30 °C. The culture broth was diluted with three volumes of deionized water and then the cell debris by centrifugation (16,000×g, 20 min). Protein was removed by the Sevag method (chloroform/1-butanol, v/v = 4:1). Double volumes of ethanol were added and the precipitate was collected by centrifugation at 7000×g for 10 min, re-dissolved in distilled water, dialyzed against several runs of distilled water for 24 h, and then lyophilized. The total sugar of EPS was determined by using phenol-sulfuric acid method with glucose as the standard. The protein content was measured using the bicinchoninic acid (BCA) reagent (Bio-Rad, Hercules, USA) with bovine serum albumin as a standard. All experiments were performed in triplicates.

Monosaccharide composition analysis

Monosaccharide compositions of the EPS were determined by gas chromatography (GC) according to Wang et al. (2019) with some modifications. Firstly, modified hydrolysis conditions were used for monosaccharide composition analysis of fructan-type polysaccharides. The purified EPS (10 mg) was dissolved in 2 ml of 1 M trifluoroacetic acid (TFA) solution and incubated at 70 °C for 30 min. Then the solution was dried under nitrogen, re-dissolved in methanol, and then dried under nitrogen to remove residual TFA. The dried residue was added to 1 ml pyridine, 0.2 ml trimethylchlorosilane, and 0.4 ml hexamethyldisilazane to react at 80 °C under nitrogen for 30 min. One milliliter of distilled water was added to terminate the reaction. The pyridine layer containing the trimethylsilylated derivatives was collected for gas chromatography (GC) with a Clarus 580 GC System (PerkinElmer, Waltham, USA) equipped with a Col Elite-5 column (30 m \times $0.32 \text{ mm} \times 0.25 \text{ }\mu\text{m}$). Nitrogen flow rate was 1 ml/min. The injection volume was 1 µl with a split ratio of 10:1. The column temperature was firstly maintained at 100 °C for 2 min, then increased to 150 °C at 5 °C/min, held for 5 min, and finally raised to 210 °C at 3 °C/min. The same procedure was performed for standard monosaccharides (Fru, Rha, Glc, Gal, Xyl, and Man) and subjected to GC analysis.

Fourier transform infrared spectroscopy

Infrared spectra of the purified EPS were measured with a Nicolet Nexus 470 spectrometer (Thermo Nicolet, Madison, USA). The sample was prepared as a KBr pellet. All of the samples were scanned over a wavelength range of $4000-400 \text{ cm}^{-1}$.

Nuclear magnetic resonance analysis of the EPS

Ten milligrams of the purified EPS was exchanged with D₂O by three cycles of lyophilization and finally dissolved in 0.5 ml of D₂O. ¹H- and ¹³C-NMR spectra were recorded on an Avance 500-MHz spectrometer (Brucker, Billerica, USA) at 25 °C. ¹H-NMR spectrum was referenced to residual HDO (δ = 4.79 ppm), and ¹³C-NMR spectrum was referenced to sodium-3-trimethylsilylpropionate (TMSP, Cambridge Isotope Laboratories, Andover, USA) as internal standards, respectively.

Molecular weight determination

The molecular weight distribution of EPS was determined by using a gel permeation chromatography (GPC) system (P230 GPC, Yilite Analytical Instruments, Dalian, China) equipped with a refractive index detector Shodex RID-20A (Shimadzu, Kyoto, Japan) and a PL aquagel-OH MIXED column (7.5 mm \times 300 mm, Agilent, Santa Clara, USA). The EPS was dissolved in a 0.1 M NaNO₃ and filtered through a nylon membrane (0.45 µm) before injection. NaNO₃ (0.1 M) was used as the mobile phase with a flow rate of 1.0 ml/min. The column oven was at 40 °C. Dextran standards (100.6~3693 kDa, American Polymer Standards Corp., Ohio, USA) were used to calculate the molecular weight of EPS via a calibration curve.

Time course of EPS production

The MS medium supplied with varied sucrose concentrations (50-180 g/L) was examined for their effects on EPS production. The biomass, levan yield, sucrose, and glucose were monitored during 80-h fermentation. Cell growth was monitored by assaying the optical densities at 600 nm (OD₆₀₀) with a Lambda35 UV/Vis spectrophotometer (PerkinElmer, Waltham, USA). After biomass removal by centrifugation, the supernatant was used for determination of EPS and glucose produced during fermentation, and residual sucrose in the fermentation broth. EPS was obtained by adding two volumes of ethanol to the supernatant, and the precipitations were

collected and freeze-dried and weighted. Then the purified EPS was further used for GPC analysis to evaluate the molecular weight distribution of EPS under different sucrose concentrations. Glucose concentration in the supernatant was determined by using a D-Glucose Assay Kit (GOPOD Format, Megazyme, Wicklow, Ireland). Sucrose concentration was determined with a Agilent 1100 high-performance liquid chromatography (HPLC) system, equipped with a refractive index detector and a Zorbax Carbohydrate Analysis Column (4.6 \times 250 mm, Agilent, Santa Clara, USA).

Rheological analysis

The purified EPSs were dissolved in distilled water to give a 0.5 to 5% (w/v) solution. The viscosity of the solutions was measured with a Physica MCR101 viscometer (Anton Paar GmbH, Graz, Austria) with a plate geometry sensor (PP-50, 1.000 mm gap). About 3 ml sample was carefully added to the platform and left to equilibrate for 5 min before each test. The apparent viscosity of the EPS solutions was measured with shear rate from 0.001 to 1000 s⁻¹ at 20 °C. To study the stability after heating and freezing, Plev solutions were heated to 100 °C for 1 h, or cooled to -20 °C for 2 h, and then both returned to 20 °C for the measurement of apparent viscosity. Effect of temperature (in range of 5-95 °C) on the viscosity of EPS solution (3-5%, w/v) was determined at a shear rate 0.1 s^{-1} . Effect of pH (in range of 3.0–11.0) on the viscosity of EPS solution (5%, w/v) was measured with shear rate from 0.001 to 1000 s⁻¹ at 20 °C. Effect of salts on the apparent viscosity was evaluated with EPS solutions containing 0.2 M of NaCl, KCl, CaCl₂, and MgCl₂, respectively.

Animals and treatments

Male C57BL/6J mice (weight 18–22 g, 4 weeks old) were obtained from the Model Animal Research Centre of Nanjing University (Nanjing, China). All mice were raised under a constant temperature (25 °C) and 12-h light/dark cycle (lights on at 7:00 am and off at 7:00 pm) with free access to food and water. After 7 days of adaptive feeding (week 0), the mice were randomly divided into three groups (n = 6 per group): (1) the control group (CK) fed with normal diet; (2) the low-dose Plev (LP) group fed with normal diet containing 5% (w/w) Plev; (3) the high-dose Plev (HP) group fed with normal diet containing 10% (w/w) Plev.

During the 30 days of feeding, the body weight and food intake of each mouse were measured every 2 days. On day 30, fresh feces samples were collected in individual sterilized cages, immediately frozen in liquid nitrogen and then stored at -80 °C. The mice were anesthetized with 2-3% isoflurane (Forene®, Abbott, Queenborough, Kent, England), sacrificed by cervical dislocation. Colon and caecum were carefully dissected, weighted, and immersed in liquid nitrogen before

storage at -80 °C. All experimental schemes were approved by the Animal Care and Use Committee at Nanjing University of Science and Technology, China.

Histopathological evaluation

The small and large intestines were fixed in 10% formalin solution, dehydrated, embedded in paraffin, and sliced into 5-µm-thick sections. The sections were stained using hematoxylin and eosin (HE) solution for histopathological examination with a light microscope (Nikon, Tokyo, Japan).

454 pyrosequencing

The fecal DNA was extracted by using a TIANamp Stool DNA kit (Tiangen Biotech Co., Ltd., Beijing, China) following the manufacturer's protocols. DNA concentration was monitored by Nanodrop 3300 spectrophotometer (Thermo Scientific, Waltham, USA), assessed by agarose gel electrophoresis and stored at – 20 °C. Amplification and sequencing of the V3-V4 region were completed by Genewiz Bio-pharm Technology Co., Ltd. (Suzhou, China). Briefly, 16S rDNA sequence from fecal DNA was amplified by PCR with the primers 5'-CCTACGGRRBGCASCAGKVRVGAAT-3' and 5'-GGACTACNVGGGTWTCTAATCC-3' targeting the V3-V4 hypervariable regions of *Bacteria* and *Archaea*. Indexed adapters were added to the ends of the 16S rDNA amplicons to generate indexed libraries for downstream NGS sequencing on Illumina.

Bioinformatic analysis

Quality trimming of raw sequence data was performed with a QIIME program suite (Caporaso et al. 2010). The reads overlapping > 20 bp were assembled and the sequence length was retained longer than 200-bp sequence. Operational taxonomic unit (OTU) alignment was carried out using VSEARCH clustering (1.9.6, https://github.com/torognes/vsearch) (Rognes et al. 2016) against the Silva database 132 (http://www.arbsilva.de) (Quast et al. 2013). A 97% similarity cutoff was set for OTU clustering. Taxonomic information of the OTUs was annotated using the Ribosomal Database Project (RDP) classifier (http://rdp.cme.msu.edu/classifier/classifier.jsp) (Cole et al. 2014). Alpha diversities (ACE, Chao1, Simpson, and Shannon index) were calculated using QIIME (Caporaso et al. 2010). The comparison between the microbial communities was performed using weighted UniFrac analysis (Lozupone and Knight 2005). Beta diversities are displayed by principal co-ordinates analysis (PCoA) based on the distance between the matrix Brary-Curtis. Unweighted Pair Group Method with Arithmetic mean (UPGMA) tree was built from beta diversity distance matrix.

Quantitative RT-PCR

Quantification of *Lactobacillus*, *Bifidobacterium*, and *Clostridium* cluster XIVa was performed using quantitative RT-PCR (qRT-PCR) with an ABI 7300 real-time PCR system (Applied Biosystems, Foster City, USA). Bacterial DNA and primers (Supplemental Table S1) were mixed in a final volume of 20 μ l containing 1 × SYBR Green PCR master mix (Applied Biosystems, Foster City, USA). The amplification procedure was set as one cycle at 95 °C for 10 min, followed by 40 cycles at 95 °C for 15 s, and 60 °C for 1 min. The results were expressed as the ratio between the DNA levels of the species to the V3 region expression levels to correct the difference of the total DNA concentration between individual samples (Zhou et al. 2014).

Sample preparation for metabolomic analysis

Fecal samples were extracted according to a previously described procedure. Briefly, 50 mg of fecal samples was mixed with 500 µl of phosphate buffer (0.1 M K₂HPO₄/NaH₂PO₄ = 4/1, pH = 7.4) containing 99.9% D₂O, 0.002% (w/v) of TMSP, and 0.03% of NaN₃ (w/v). After vortex mixing for about 30 s, the samples were subjected to a freeze-thaw cycle 3 times in liquid nitrogen and subsequently homogenized with a tissue lyser (QIAGEN, Hilden, Germany) at 20 Hz, 90 s, followed by centrifugation at 16000g for 10 min at 4 °C. Supernatants were collected and transferred into 5-mm nuclear magnetic resonance (NMR) tubes for NMR experiment.

NMR spectroscopy and data analysis

¹H-NMR spectra of fecal extracts were recorded on a Bruker Avance III 500-MHz NMR spectrometer (Bruker Biospin, Rheinstetten, Germany). A standard nuclear overhauser enhancement spectroscopy (NOESY) pulse sequence (relaxation delay-90-ms-90-tm-90-acquire-FID) was applied to suppress residual water signals. ¹H NMR spectra were recorded with 128 scans into 32 K data points over a spectral width of 10 kHz, and then were Fourier transformed by an exponential window function with a line broadening of 0.5 Hz.

¹H NMR spectra were manually phased and baseline corrected by using Bruker Topspin 3.0 software, and then automatically exported to ASCII files using MestRenova (version 8.0.1, Mestrelab Research SL, Santiago de Compostela, Spain). The ASCII format files were imported into R software (http://cran.r-project.org/) for multivariate data analysis with an R-script developed in-house (De Meyer et al. 2008). Each spectrum was binned between 0.5 and 9.5 ppm. After removal of residual water signals (4.5–5.45 ppm), the remaining regions were normalized to unity for sample comparison. Data were subsequently mean-centered and Pareto-scaled before multivariate analysis. Metabolites were identified and by

using Chenomx NMR Suite 8.1 (Chenomx Inc., Edmonton, Canada), aided by statistical total correlation spectroscopy techniques.

The metabolic differences were disclosed by a supervised OPLS-DA (orthogonal partial least squares discriminant analysis). Repeated 2-fold cross-validation and a permutation test were used to validate the models. Model quality was assessed by the goodness-of-fit parameter R^2 and cross-validation predictive ability Q^2 , respectively. Colored loadings plot and S plot were constructed to reveal the variables contributed to group separation. Fold-change (FC) values of metabolites and the associated P values corrected by Benjamini-Hochberg adjusted method were calculated and listed in colored tables (Benjamini and Hochberg 1995). Then, a heatmap drawn by TBtools software was used to identify clustered features (Chen et al. 2018).

Determination of lactate and short-chain fatty acids

Fecal samples (0.1 g) were suspended in 10 ml distilled water, vortexed for 10 min in ice bath, treated with sonication for 5 min, and then centrifuged at 10,000g for 10 min at 4 °C. The supernatants were filtered through a 0.2- μ m nylon syringe filter and stored at – 20 °C. The concentration of organic acids was determined with a high-pressure ion chromatography system (ICS-2100, Dionex, USA) equipped with an IonPac AS11-HC column (250 × 4 mm, Thermo Scientific, Waltham, USA) and a CD-25 conductive detector (Zhou et al. 2014). The conductivity of the eluent was monitored and calibrated with organic acid standards (lactic acid, acetic acid, propionic acid, and butyric acid). Short-chain fatty acid (SCFA) concentrations were calculated as mean micromoles per gram wet weight of feces.

Statistical analysis

SPSS 20.0 software (IBM, Armonk, USA), R package (V3.5.1) (http://cran.r-project.org), and GraphPad Prism version 5.0 (GraphPad Software, San Diego, USA) were used for statistical analysis. Correlation coefficient between gut microbiota and metabolites was evaluated using Pearson correlation analysis. Data are expressed as means \pm SEM or box-whisker plots. *P* < 0.05 was considered statistically significant.

Nucleotide sequence accession number

The 16S rDNA gene sequence of strain FP01 was submitted to NCBI with a GenBank number MK641394.1. The 16S rRNA sequencing data of the mice fecal microbiota was deposited in the Sequence Read Archive (SRA) database under accession number PRJNA649839.

Results

Isolation and characterization of strain FP01

Initial screening of fructan-producing bacteria was conducted on PYS medium with sucrose (5%, w/v) as the carbon source. A total of 15 strains exhibiting mucous appearance on PYS agar were isolated. One strain designated FP01 possessing the highest yield of EPS on PYS liquid medium was selected. Colonies of strain FP01 were raised, circular, cream white, and about 3 mm and 5 mm in diameter on PYS agar and MS agar, respectively, after 3 days of incubation at 30 °C (Fig. 1a). FP01 was identified as Gram-positive, rod-shaped, aerobic bacteria and can grow at temperature 15–35 °C and pH 4.0–9.0. The physiological and biochemical characteristics of FP01 are listed in Supplemental Table S2. FP01 could utilize monosaccharide (glucose), disaccharides (lactose, sucrose, and maltose), and many polysaccharides (starch, konjac glucomannan, carrageenan, guar gum, locust bean gum, and Arabic gum). The strain *Paenibacillus* sp. FP01 has been deposited in the China Center for Type Culture Collection (Wuhan, China) under CCTCC accession number M2019349.

The molecular identification by 16S rDNA gene analysis indicated that strain FP01 possesses the highest similarity (99%) to the genus *Paenibacillus*, falling within the branch



encompassing *Paenibacillus jamilae* and *Paenibacillus polymyxa* members (Fig. 1b). Accordingly, this isolate was identified as *Paenibacillus* sp. FP01 due to the unambiguous assignment on the species level. The 16S rDNA gene sequence of *Paenibacillus* sp. FP01 was submitted to GenBank under accession number MK641394.1.

Structural identification of the EPS

The EPS from *Paenibacillus* sp. FP01 was easily dissolved in water with a milky white, opalescent appearance, similar with that of most reported bacterial fructans. The monosaccharide composition of purified EPS was identified by GC analysis after acid hydrolysis. The GC spectrum of the trimethylsilyl-*O*-glycoside derivatives exhibited only one peak with retention time corresponding to that of fructose (Fig. 1c), indicating that the EPS derived from *Paenibacillus* sp. FP01 is a fructose polymer, named Plev. GPC analysis was performed to determine the molecular weight of Plev. The number average molecular weight (Mn), weight average molecular weight (Mw), and polydispersity index (Mw/Mn) of Plev were estimated to be 1.14×10^6 Da, 3.11×10^6 Da, and 2.73, respectively (Supplemental Fig. S1).

The Fourier transform infrared (FT-IR) spectrum of Plev displayed a strong, wide band at the wavenumber of 3327.9 cm⁻¹, corresponding to the hydroxyl (OH) stretching vibration of polysaccharide (Fig. 1d). The band at 2937.1 cm⁻¹ was assigned to the carbon-hydrogen (C–H) stretching absorption. The band at 1640.5 cm⁻¹ indicated the existence of bound water. The absorption bands around 1125.7 cm⁻¹ and 1020.8 cm⁻¹ were due to C–O–C and C–O–H stretching vibrations in pyranose or furanose. Absorption band around 930.2, 874.7, and 815.8 cm⁻¹ were typical signals of furanoid rings, being attributed to the symmetrical stretching vibration of D-type C–H of furanose, respectively. This result confirmed that Plev is fructan-type polysaccharide.

The ¹H-NMR spectrum of Plev polysaccharide exhibited seven proton signals at 4.19 (H-3), 4.12 (H-4), 3.96 (H-5), 3.90 (H-6'), 3.77 (H-1'), 3.69 (H-1"), and 3.56 (H-6") ppm (Fig. 1e). No peak in the anomeric region (5.3 to 4.3 ppm) was observed, confirming that this polymer is composed of only fructose residues. The ¹³C-NMR spectrum showed six intense signals at 107.05, 83.14, 79.20, 78.06, 66.25, and 62.81 ppm (Fig. 1f). Signals at 107.05 and 83.14 were assigned to the β configuration of anomeric carbon atom (C-2) and furanose (C-5), respectively. Signals at 79.20 and 78.06 were attributed to the oxymethinic groups of fructosyl ring (C-3 and C-4), and those at 66.25 and 62.81 are due to methylene groups (C-6 and C-1). According to the reported data, levan-type fructan exhibits relatively closed chemical shifts values for C-3, C-4, and C-5 groups, whereas inulin exhibits closed peaks of C-1 and C-6 (Bouallegue et al. 2020; Hammer and Morgenlie 1990; Han 1990; Han and Clarke 1990). The comparison of Plev with the published chemical shifts of levan indicated that Plev is a $(2 \rightarrow 6)$ - β -D-fructofuranan or levan-type fructan (Supplemental Table S3). Furthermore, ¹³C-NMR spectroscopy has been used to distinguish linear or branched fructans (Hammer and Morgenlie 1990). Compared with the spectra of linear bacterial levans, those of slightly branched levans possess a minor C-3 signal, which is approximately 0.2 ppm downfield from the dominating C-3 peak (Seymour et al. 1979). There was no obvious weak signal companying the C-3 signal and other minor C signals in the ¹³C-NMR spectrum of Plev, demonstrating that Plev is a linear levan.

Fermentative curves of FP01

The fermentative process of FP01 under varying sucrose concentrations (50-180 g/L) was monitored and is depicted in Fig. 2. With 5%, 10%, and 15% sucrose, the maximum biomass of FP01 was observed by 48-h fermentation, at which time FP01 was still at the logarithmic phase under 18% sucrose concentration (Fig. 2a). Levan biosynthesis was growth-associated and reached the maximum at the pre-stationary phase (Fig. 2b). A stepwise increase in the EPS yield with increased sucrose concentration was observed. With 5%, 10%, and 15% sucrose, the maximum yields of levan (24.2, 49.5, and 74.6 g/L, respectively) were obtained after 48-h fermentation. Continuing growth up to 80 h had no obvious increase or decrease effect on EPS yields. For concentration of sucrose up to 180 g/L, the highest yield (89.5 g/L) was obtained with prolonged fermentation time (62 h). During fermentation, sucrose in the culture liquid was gradually utilized, coupled with release of glucose (Fig. 2c, d). No fructose was detected in the medium during the whole fermentative period, and about $49.5 \pm 0.2\%$ conversion rate was attained for all sucrose concentrations, indicating that almost all of the fructoside released from sucrose was employed to synthesize levan.

Flow and viscoelastic behavior of Plev solutions

The rheological properties of Plev aqueous solutions were investigated under different concentrations, pH levels, temperatures, and metal salts. The apparent viscosity of Plev increased gradually with increasing concentration (Fig. 3a), indicating good thickening properties. A non-Newtonian shearthinning behavior was observed for Plev at concentrations \geq 3% (w/v), while a Newtonian-like behavior is exhibited at concentrations $\leq 2\%$. According to Hundschell and Wagemans (2019), the transition of levan from Newtonianlike to shear-thinning behavior is between the concentrations of 1% and 4%, which lies on the macromolecular structure of levan. Shear thinning is a beneficial behavior to food processing and production as it makes liquid foods easier to pump and thinner to chew and swallow (Chen et al. 2014).





The effect of temperature on the apparent viscosity of Plev solutions (3-5%, w/v) was determined. After exposure to 100 °C or -20 °C, the apparent viscosity of Plev was determined at 20 °C. No obvious change in flow behavior of Plev was observed, indicating that Plev has good thermostability and freeze-thaw stability, which is favorable in product processing that requires heating and freezing (Fig. 3b, c). In the temperature range of 5 to 95 °C, Plev solutions showed a gradual decline in the apparent viscosity in answer to the increasing temperature (Fig. 3d), which is similar with many polysaccharides, including pectin (Chen et al. 2014) and galactomannans (Kök et al. 1999).

Figure 3 e presents the effect of pH levels on the flow behavior of Plev solutions (5%, w/v). No obvious changes on viscosity were observed over a wide range of pH 3–11, indicating that Plev have good acid- and alkali-stable properties. The effect of common univalent and divalent ions on the viscosity of Plev was also determined. As shown in Fig. 3 f, the addition of NaCl, KCl, CaCl₂, and MgCl₂ (0.2 M) slightly increased the viscosity of Plev significantly at low shear rates (0.001~1 s⁻¹), whereas it had no influence on viscosity at higher shear rates (1~1000 s⁻¹). The results suggested that Plev can be potentially used to thicken foods containing salts.

Effect of Plev on body weight, food intake, cecal weight, and intestine histomorphology

The body weight of each mouse in all groups was determined every 2 days. Compared with the CK group, Plev feeding in both low and high doses exhibited higher food intake and resulted in slightly higher body weight gain (Fig. 4a, b). The cecum weight and cecal contents' weight of mice in LP and HP groups were also significantly higher than those of the control group (Fig. 4c, d), implying a potential beneficial effects of levan on gut health. A similar phenomenon has been reported for the mice feed with the EPS salecan (Zhou et al. 2014). Histopathological observations after 30 days of feeding showed no abnormalities in the small and large intestines of the mice in all groups (Fig. 4e). Neither mucosal layer disruption nor infiltration of inflammatory cells was observed, indicating that Plev has little effect on intestine histomorphology.

Structural changes of the fecal microbiota

The fecal samples from the CK and HP groups were used to evaluate the prebiotic activity of Plev. The effect of Plev on the gut microbiota was determined by 16S rDNA sequencing. Based on 97% similarity cutout, averages of 270 and 281 OTUs for bacterial diversity were obtained for the CK and HP groups, respectively, and 266 OTUs coexisted in both groups. No obvious differences were observed between two groups by common microbial alpha diversity analysis, indicating that the diversity and richness of the gut microbiota were not significantly changed by Plev intervention (Supplemental Fig. S2a). PCoA score plots based on the Unweight UniFrac algorithm exhibited the relationships between the gut microbiota communities of groups. A palpable clustering of the gut microbiota constitution for each group was observed, suggesting that supplementation of Plev induces substantial changes in gut microbiota composition

Fig. 3 Rheological properties of the levan Plev produced by Paenibacillus sp. FP01. a Double logarithmic plot of shear rate vs apparent viscosity at different concentrations of Plev at 20 °C. b Effect of heating pretreatment on the apparent viscosity of Pley solutions with shear rate from 0.001 to 1000 s^{-1} . c Effect of freezing pretreatment on the apparent viscosity of Plev solutions with shear rate from 0.001 to 1000 s^{-1} . **d** Effect of temperature on the apparent viscosity of Plev at shear rate of 0.1 s^{-1} . **e** Flow curves for 5% Plev solutions with varying pH at 20 °C. f Effect of various salts on the apparent viscosity of 5% Plev solutions at 20 °C



(Supplemental Fig. S2b). Hierarchical clustering also showed the clustering of each group (Supplemental Fig. S2c), being consistent with the result of PCoA analysis.

Gut microbiota composition at the phylum and genus levels

At the phylum level, the dominant components of the gut microbiota were *Bacteroidetes* and *Firmicutes*. In Plev-fed mice, the relative abundance of *Bacteroidetes* showed a significant increase, while that of *Firmicutes* significantly decreased in comparison with that of control group (Fig. 5a). The *Firmicutes/Bacteroidetes* (F/B) ratio was notably decreased due to the supplementation of Plev in the diet (Fig. 5b).

At the genus level, the relative abundance of several beneficial bacteria, including *Ruminococcaceae UCG-014*, [*Eubacterium*] coprostanoligenes_group, *Prevotellaceae_NK3B31_group*, and *Anaerostipes* was significantly increased. Contrarily, the abundance of potentially harmful bacteria, including *Odoribacter*, *Enterorhabdus*, *Turicibacter*, and *Ruminiclostridium*, was

significantly downregulated after supplementation of Plev (*P* < 0.05) (Fig. 5c). Besides, slight increases were detected for *Muribaculaceae_Unclassified*, *Alloprevotella*, *Faecalibaculum*, *Parasutterella*, *Eggerthellaceae_Unclassified*, *Bifidobacterium*, and *Ruminococcaceae UCG-003*. No obvious change was observed for *Lactobacillus*, *Roseburia*, *Ruminococcaceae UCG-013*, and *Ruminococcaceae UCG-009*. Quantitative RT-PCR was performed to further confirm the abundance of probiotic bacteria *Bifidobacterium*, *Lactobacillus*, and butyrate-producing *Clostridium* cluster XIVa (Van den Abbeele et al. 2013). As shown in Fig. 5 d, a slight increase was detected for the levels of *Bifidobacterium* and *Clostridium* cluster XIVa, in accordance with the results of 16S rDNA metagenomic analysis. No obvious change was observed for the *Lactobacillus* level.

Feces metabolic profile

The metabolic changes in the fecal samples were assessed using ¹H-NMR-based metabolomics. A total of 30 specific metabolites, predominantly organic acids (formate, lactate,



Fig. 4 Food intake (a), body weight gain (b), cecal wall weight (c), cecal contents weight (d), and photomicrographs of small- and large-intestine sections with HE staining (e) from mice fed with normal diet or diet

containing Plev. CK, control group fed with normal diet; LP, low-dose Plev group (5%, w/w); HP, high-dose Plev group (10%, w/w)

acetate, propionate, butyrate, isobutyrate, valerate, isovalerate, succinate) and amino acids (alanine, arginine, glycine, leucine, tyrosine, aspartate), were identified (Table 1 and Supplemental Fig. S3). To obtain more details about the metabonomic shifts introduced by Plev supplementation, the ¹H-NMR data of feces extracts were further analyzed using multivariate statistical analysis. Two distinct clusters were observed in the OPLS-DA score plots (Fig. 6a), in which the HP group was located in the right region, far away from the CK group, suggesting notably altered fecal metabolites between Plev-fed mice and normal mice. The S-plot exhibited contributions of divergent metabolites to the group separation. Further away from the center, more contributions provided (Fig. 6b). The color-coded loading plots based on the correlation coefficients visualized the changed metabolites in the HP group compared with the control group (Fig. 6c, d). In comparison with the CK group, significant increases (P < 0.05) of SCFAs (valerate, propionate, butyrate, and acetate) and slight increases of lactate and branched-chain fatty acids (isobutyrate, isovalerate) were observed in the HP group. The levels of some amino acids (arginine, glycine) and

organic acids (phenylacetate, malonate, hippurate, formate) were decreased due to Plev intervention. The discriminating metabolites between CK and HP groups were further visualized by heatmap analysis and an apparent hierarchical clustering of CK and HP groups was observed (Fig. 6e).

Correlation analysis

The correlation analysis was conducted by calculating the Pearson correlation coefficient to investigate the interactions between gut microbiota and metabolic changes introduced by Plev supplementation. An apparent correlation between specific genus of gut bacteria and fecal metabolites is illustrated in Fig. 7. The abundance of *Anaerostipes, Clostridiales vadinBB60 group, Eggerthellaceae_Unclassified, Muribaculaceae, Parasutterella Ruminococcaceae UCG-014*, and [*Eubacterium*]_coprostanoligenes_group showed a positive correlation with SCFAs (acetate, propionate, buty-rate, valerate) and branched-chain fatty acids (BCFAs) (isobutyrate, isovalerate). On the contrary, some other genera were negatively related to SCFAs (*Turicibacter, Dubosiella*,





Fig. 5 Relative abundance of the microbiota communities. **a** Phyla level. **b** *Firmicutes/Bacteroidetes* (F/B) ratio. **c** Statistical charts of bacteria with significant difference at the genus level. **d** The relative abundance of *Lactobacillus, Bifidobacterium,* and *Clostridium* cluster XIVa by qRT-

Enterorhabdus, Odoribacter, Desulfovibrio, and Ruminiclostridium). Besides, possible positive correlations

PCR. CK, control group (n = 6); HP, high-dose Plev feeding group (n = 6). Unpaired *t* test was used to assess the statistical significance. *P < 0.05; **P < 0.01

between *Odoribacter* and arginine, and *Desulfovibrio* and formate, were also revealed.

No	Matabalita		HP/CK		
INO.	Metabolite	ррш	FC	Р	
1	Valerate	0.89(t),1.31(m),1.53(m),2.18(t)	0.727509	**	
2	Tyrosine	3.06(dd),3.16(dd),3.94(dd),6.87(d),7.20(d)	0.360218		
3	Trimethylamine	2.88(s)	-0.28615		
4	Threonine	3.60(d), 4.26(m), 1.33(d)	0.17644		
5	Succinate	2.42(s)	0.029936	_	
6	Propionate	2.19(q), 1.06(t)	0.747161	*	
7	Phenylalanine	7.44(m), 7.39(m), 7.33(m), 3.17(dd), 3.30(dd), 3.99(dd)	-0.12986		
8	Phenylacetate	3.15(q),3.30(q),4.01(q),7.34(d),7.43(m)	-0.69288	*	
9	N-Acetylglutamate	1.89(m),2.04(s),2.06(m),2.23(t)	-0.01928	_	
10	Myo-Inositol	3.53(dd), 4.06(t), 3.28(t), 3.63(t)	-0.6475	*	
11	Methionine	3.87(m), 2.16(m), 2.65(dd), 2.15(s)	0.127226		
12	Malonate	3.13(s)	-0.37052		
13	Leucine	0.97 (tr)	0.370923		
14	Lactate	4.11(q), 1.33(d)	0.537079		
15	Isovalerate	0.91(d), 1.96(m), 2.06(d)	0.628156		
16	Isoleucine	0.94(tr), 1.01(d)	0.811162	*	
17	Isobutyrate	1.07(d), 2.39(m)	0.643762		
18	Hippurate	3.97(d),7.55(t),7.64(t),7.84(d)	-0.42946		
19	Glycine	3.55(s)	-0.24406		
20	Glycerol	3.57(dd), 3.67(dd), 3.79(m)	-0.05443		
21	Glutamate	3.78(m), 2.06(m), 2.36(m)	0.507763	*	
22	Glucose	3.42(t), 3.54(dd), 3.71(t), 3.72(dd), 3.83(dd), 3.84(m), 5.23(d)	-0.29649		
23	Formate	8.53 (s)	-0.40776		
24	Creatinine	3.05(s),4.06(s)	0.08326	_	
25	Citrate	2.53(d), 2.65(d)	0.860231		
26	Butyrate	0.90(t), 2.16(t), 1.56(m)	1.283244	*	
27	Aspartate	3.92(m), 2.70(m), 2.81(m)	0.476522		
28	Arginine	3.76(t), 1.89(m), 1.63(m), 3.23(t)	-1.0251	**	
29	Alanine	3.81(q), 1.48(d)	0.320268		
30	Acetate	1.92(s)	0.603935	*	

 Table 1
 List of detected metabolites in fecal samples

^a Multiplicity: (s) singlet, (d) doublet, (t) triplet, (q) quartets, (m) multiplets

^b Color-coded according to the log₂(fold), red and blue represented the increased and decreased metabolites respectively in HP group compared with CK group

^c P values were calculated based on a parametric Student's t test or a nonparametric Mann-Whitney test and were corrected by BH (Benjamini Hochberg) methods. *P < 0.05; **P < 0.01

Quantitative analysis of lactate and SCFAs in feces

SCFAs in gut are one of the most critical microbial metabolites which have been acknowledged to be beneficial to host health, especially in host with an abnormal status. To confirm the effect of Plev on the concentrations of SCFAs, the lactate and SCFAs levels in feces were further quantified by ion chromatography. As shown in Fig. 8, the levels of lactate, acetate, propionate, and



Fig. 6 OPLS-DA analysis of metabolic profiles between control and Plev-fed groups for feces. **a** Score plot. **b** S-plot points represent different variables (metabolites). **c**, **d** Color-coded coefficient loadings plots. Red and blue color represent metabolites that statistically

significant or no statistically significant contributions to the separation of groups, respectively. Peaks in positive or negative status indicated a relatively decreased or increased metabolites level in HP group

butyrate remarkably elevated in the HP group than those in the CK group, implying the beneficial effects of levan metabolism. The molar ratio between lactate, acetate, propionate, and butyrate was about 2.65:43.35:6.79:8.68 in fecal samples of the Plev-fed

mice, and 1.78: 20.92:5.19:2.08 in the control group. The main fatty acid in fecal samples donated was acetate, followed by butyrate and propionate. These results confirmed that supplementation of Plev can elevate fecal SCFAs effectively.

Fig. 7 Heatmap showing the Pearson correlation between dominant microbiota and altered fecal metabolites. The red color indicates a positive correlation and blue indicates a negative correlation. *P < 0.05, **P < 0.01



Discussion

As a functional biopolymer with distinct physicochemical properties and multiple activities, levan has drawn extensive research attentions in recent decades. Due to the high production cost and limited levan producers, levan has only been explored in small quantities. In this study, a new *Paenibacillus* strain FP01 was isolated and identified as high-level levan producer. Compared



Fig. 8 The concentrations of lactate and SCFAs in fecal samples determined by ion chromatography. CK, control group (n = 6); HP, high-dose Plev feeding group (n = 6). Unpaired *t* test was used to assess the statistical significance. *P < 0.05, **P < 0.01

with most reported bacterial levan producers (Table 2), *Paenibacillus* sp. FP01 was outstanding for its exceptionally high conversion rate of sucrose and high yield of levan. Besides, FP01 fermentation was performed in chemically defined medium with relatively low-cost inorganic nitrogen source (NaNO₃) rather than commonly used organic nitrogen sources (yeast extract, peptone, etc.), thus could be employed as a potential strain for levan production in industrial scale.

The levan Plev produced by *Paenibacillus* sp. FP01 was structurally characterized as a linear levan with a high molecular weight (Mw) of 3.11×10^6 Da. Microbial levans from different bacteria have Mw varying from 10^4 to 10^{10} Da. Extremely high Mw of 2.466×10^9 Da was reported for the levan from Kozakia baliensis (Jakob et al. 2013). Most reported Bacillus and Paenibacillus species produce levan with Mw in the range of $10^5 - 10^7$ Da (Gojgic-Cvijovic et al. 2019), except for the levan $(2.826 \times 10^4 \text{ Da})$ from *Bacillus* licheniformis 8-37-0-1 (Liu et al. 2010a). Plev solutions showed lower intrinsic viscosity than commonly used polysaccharide thickeners (xanthan, gellan gum, pectin, etc.) (Mahmood et al. 2017; Zhang et al. 2020). Nevertheless, the apparent viscosity of Plev is still higher than that of most plant-derived fructans. It should be noted that the viscosity of Plev could be improved by adding common salts including NaCl, KCl, CaCl₂, and MgCl₂, which was rarely reported for other levan-type fructans. Hundschell et al. (2020) reported that NaCl concentration plays a minor role for the intrinsic viscosity of levan from Gluconobacter albidus TMW 2.1191. The viscosity of levan from Zymomonas mobilis strain 113 "S" strain was only improved by high concentrations of NaCl (15-30%), whereas it may even be reduced by KCl (Vina et al. 1998). Good acid and alkali stability, thermostability, and freeze-thaw stability were also observed for Plev

Table 2	Levan	production	by	various	native	bacterial	strains	in	sucrose-based	1 substrates
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Strain	Carbon/nitrogen source (g/L)	Yield (g/L)	Fermentation time (h)	Conversion rate (%)
Paenibacillus sp. FP01 (This study)	Sucrose/NaNO ₃ (180/2.5)	89.5	60	49.7
Acinetobacter nectaris (González-Garcinuño et al. 2017)	Sucrose/yeast extract (120/7)	2.5	40	2
Acetobacter xylinum NCIM 2526 (Srikanth et al. 2015b)	Sucrose/bacterial peptone (60/10)	13.25	122	22
Bacillus aryabhattai GYC2-3 (Nasir et al. 2020)	Sucrose/yeast extract (250/10)	26	120	10.4
Bacillus amyloliquefaciens NK-ΔLP (Feng et al. 2015a)	Sucrose/urea (250.9/2.6)	22.6	48	9.04
Bacillus amyloliquefaciens NK-Q-7 (Feng et al. 2015b)	Sucrose/urea (250.9/2.6)	31.1	48	12.44
Bacillus atrophaeus (González-Garcinuño et al. 2017)	Sucrose/NH ₄ NO ₃ (120/7)	4	24	3.33
Bacillus lentus V8 (Abou-Taleb et al. 2015)	Sucrose/(NH ₄) ₂ SO ₄ (250/1.5)	57.95	48	23.18
Bacillus licheniformis NS032 (Kekez et al. 2015)	Sucrose/NH ₄ Cl (196.8/2.4)	47.8	96	24.29
Bacillus licheniformis NS032 (Kekez et al. 2015)	Sucrose/NH ₄ Cl (397.6/4.6)	99.2	96	24.95
Bacillus subtilis (natto) Takahashi (Wu et al. 2013)	Sucrose/beef extract/peptone (250/3/1.5) ^a	100	120	40
Bacillus subtilis (natto) Takahashi (Wu et al. 2013)	Sucrose/beef extract/peptone (250/3/1.5)	61	24	24.4
<i>Bacillus subtilis</i> (natto) CCT7712 (Dos Santos et al. 2013)	Sucrose/yeast extract (400/2)	111.6	16 h	27.9
<i>Gluconacetobacter diazotrophicus</i> PAL5 (Molinari and Boiardi 2013)	Sucrose (100) ^b	24.8	120	24.8
Gluconobacter nephelii P1464 (Semjonovs et al. 2016)	Sucrose/peptone/yeast extract (220/5/5)	26.4	48	12
Halomonas smyrnensis AAD6 ^T (Erkorkmaz et al. 2018)	Suc/casein peptone (50/0.5)	18.06	165	36.12
<i>Halomonas smyrnensis</i> AAD6 ^T (Kazak Sarilmiser et al. 2015)	Sucrose/peptone (50/0.5)	8.84	160	17.68
Paenibacillus bovis sp. nov BD3526 (Xu et al. 2016)	Sucrose/tryptone/yeast extract (200/10/5)	36.25	72	18.13
Paenibacillus sp. 2H2 (Rütering et al. 2016)	Suc/NaNO ₃ (30/4.25)	11.3	17	37.67
Paenibacillus polymyxa EJS-3 (Liu et al. 2010b)	Sucrose/yeast extract (188/25.8)	35.26	60	18.75
Paenibacillus polymyxa 92 (Grinev et al. 2020)	Sucrose/yeast extract (100/4)	38.4	168	38.4
<i>Pseudomonas fluorescens</i> NCIM 2059 (Jathore et al. 2012)	Sucrose/NH ₄ Cl (60/1.5)	15.42	144	25.7
<i>Tanticharoenia sakaeratensis</i> (Aramsangtienchai et al. 2020)	Sucrose/peptone/meat extract/yeast extract (200/5/1.5/1.5)	24.7	35	24.70
Zymomona mobilis NRRL B-14023 (Silbir et al. 2014)	Sucrose/yeast extract (299.1/2.5)	40.2	42.3	13.44

^a Sucrose was pulse fed at 30 mg/ml

^b No added N-source for biological N2-fixation (BNF) by Gluconacetobacter diazotrophicus PAL5

solutions. All these properties make Plev a potential fructantype thickening agent in the food industry.

The prebiotic activities of inulin-type fructans have been comprehensively investigated, whereas that of levan-type fructans are rarely reported, except for some in vitro studies. Here, we evaluated the prebiotic activities of Plev with an in vivo mice model by using metagenomic sequencing. Significant changes of gut microbiota were observed at the phylum and genus levels. The *Firmicutes/Bacteroidetes* (F/B) ratio was notably decreased due to Plev intervention. The F/B ratio has been proposed as an eventual biomarker, and a higher F/B ratio in gut microbiota has been associated with obesity, type 2 diabetes, and cardiovascular diseases (Magne et al. 2020). At the genus level, a remarkable upregulation of beneficial bacteria (*Ruminococcaceae UCG*- 014, [Eubacterium]_coprostanoligenes_group, Prevotellaceae_NK3B31_group, and Anaerostipes) and downregulation of potential harmful bacteria (Odoribacter, Enterorhabdus, Turicibacter, and Ruminiclostridium) were detected. It should be noted that no obvious change was observed for the Lactobacillus level. Kaarel et al. (2015) reported that in vitro fermentation of levan by fecal samples from a healthy human containing levan could not enhance the growth of Lactobacillus. A high-molecular-weight (HMW) levan-type fructan produced by Lactobacillus sanfranciscensis TMW1.392 also could not enhance the growth of Lactobacilli by in vitro cultivation (Bello et al. 2001). These results indicated that HMW levan could not stimulate the proliferation of Lactobacillus in guts.

SCFAs are one of the most critical microbial metabolites which have been acknowledged to be beneficial to host health, especially in hosts with an abnormal status. The gut beneficial effects of Plev were determined by ¹H-NMR-based metabolomics and quantitative determination of fecal SCFAs. The levels of SCFAs were significantly increased in Plev-fed mice, confirming the prebiotic activities of Plev. Correlation analysis revealed a positive relevance between SCFA levels and potential SCFA-producing bacteria (Anaerostipes, Clostridiales vadinBB60 group, Parasutterella Ruminococcaceae UCG-014, [Eubacterium] coprostanoligenes group, etc.) (Allen-Vercoe et al. 2012; Bas-Bellver et al. 2020; Duncan et al. 2004). The effect of Turicibacter on SCFA production has not been revealed, but it has been reported that the abundance of *Turicibacter* was significantly upregulated in mice with dextran sulfate sodium-induced colitis (Wang et al. 2020). As a H₂S producing bacterium, Desulfovibrio has been related with hypoplasia and hyperpermeability of intestinal epithelial cells (Rohr et al. 2019). Odoribacter was revealed to be responsible for production sulfonolipids which was notably increased in highfat-fed mice (Walker et al. 2017). These findings indicated that the gut microbiota acts as a complex and sophisticated modulator of intestinal metabolite metabolism.

In conclusion, the present study established the potential of the new *Paenibacillus* isolate FP01 for cost-effective production of levan. Maximum production of levan was obtained at 30 °C after 62-h incubation with 180 g/L sucrose in chemically defined medium. The levan Plev from *Paenibacillus* sp. FP01 was a linear HMW levan with good rheological properties. Plev solutions were quite steady and exhibited relatively low intrinsic viscosities and specific non-Newtonian flow behavior, which are favorable characteristics for food processing and production. More importantly, Plev has outstanding prebiotic activities by regulating gut microbiota, stimulating SCFA production and thus improving the intestinal metabolism. Based on these results, Plev could be proposed as a promising biopolymer for large-scale applications in food, feed, and pharmaceutical industries.

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Author's contributions RC and JFZ conceived and designed the project. LC and LW conducted the experiments. YZ and RC analyzed the data. RC wrote the original manuscript. JFZ and SMW critically revised the manuscript. All authors read and approved the final manuscript.

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Data availability Sequence data that support the findings of this study have been deposited in GenBank with the primary accession code MK641394.1 and in the Sequence Read Archive (SRA) with the primary accession code PRJNA649839.

Compliance with ethical standards

Competing interests The authors declare that they have no conflict of interest.

Ethical statement This study was conducted in strict accordance with the recommendations in the guide for the Animal Care and Use Committee at Nanjing University of Science and Technology (NJUST-AC-05-1217). All efforts were made to minimize suffering of the mice.

Consent to participate Not applicable.

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