



# Selenium-enriched *Bacillus paralicheniformis* SR14 attenuates H<sub>2</sub>O<sub>2</sub>-induced oxidative damage in porcine jejunum epithelial cells via the MAPK pathway

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## Abstract

Oxidative stress plays a detrimental role in gastrointestinal disorders. Although selenium-enriched probiotics have been shown to strengthen oxidation resistance and innate immunity, the potential mechanism remains unclear. Here, we focused on the biological function of our material, selenium-enriched *Bacillus paralicheniformis* SR14 (Se-BP), and investigated the antioxidative effects of Se-BP and its underlying molecular mechanism in porcine jejunum epithelial cells. First, we prepared Se-BP and quantified for its selenium and bacterial contents. Then, *in vitro* free radical scavenging activity was measured to evaluate the potential antioxidant effect of Se-BP. Third, to induce an appropriate oxidative stress model, we adopted different concentrations of H<sub>2</sub>O<sub>2</sub> and determined the most suitable concentration by a methyl thiazolyl tetrazolium (MTT) assay. Regarding treatment with Se-BP and H<sub>2</sub>O<sub>2</sub>, we found that Se-BP increased cell viability and prevented lactate dehydrogenase release when administered prior to H<sub>2</sub>O<sub>2</sub> exposure. Additionally, Se-BP markedly suppressed reactive oxygen species and malondialdehyde production in cells and effectively attenuated apoptosis. Compared with incubation with H<sub>2</sub>O<sub>2</sub> alone, treatment with Se-BP significantly promoted phosphorylation of ERK and p38 MAPK signaling molecules. When administered with ERK and p38 MAPK inhibitors, Se-BP did not alleviate the decrease in cell viability. Our results suggest that Se-BP prevents H<sub>2</sub>O<sub>2</sub>-induced cell damage by activating the ERK/p38 MAPK signaling pathways.

**Keywords** Selenium-enriched *Bacillus paralicheniformis* SR14 · H<sub>2</sub>O<sub>2</sub> · Oxidative stress · MAPK · Porcine jejunum epithelial cells

## Introduction

Oxidative stress basically defines a state of imbalance in which the pro-oxidant–antioxidant balance in cells is

disturbed (Bhatti et al. 2017). Excessive or sustained production of reactive oxygen species (ROS) and/or a deficiency of antioxidants results in endogenous oxidative stress, which causes DNA hydroxylation, protein denaturation, lipid peroxidation, and mitochondrial damage and apoptosis, ultimately compromising cell viability (Balaban et al. 2017; Cheng et al. 2017; Nathan and Cunningham-Bussel 2013; Song et al. 2017), and also promotes various diseases, such as inflammatory bowel disease (Bhattacharyya et al. 2014) and gastrointestinal cancers (Aw 1999). Many studies have reported that oxidative stress is usually accompanied by the production of ROS, including hydroxyl radicals and the superoxide radical (Ray et al. 2012). Thus, effective and timely elimination of ROS is beneficial for alleviating oxidative stress.

Studies have reported that ROS can directly regulate protein kinases and phosphatases in mitogen-activated protein kinase (MAPK) cascades (Ray et al. 2012). MAPKs regulate

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diverse cellular programs, including embryogenesis, proliferation, and cell apoptosis. The most well-known MAPKs are the extracellular signal-regulated kinases 1 and 2 (ERK1/2), the c-Jun N-terminal kinases (JNK1, JNK2, and JNK3), and the p38 ( $\alpha$ ,  $\beta$ ,  $\gamma$ , and  $\delta$ ) family. These kinases are evolutionarily conserved in eukaryotes and play pivotal roles in cellular responses related to various pathways (Raman et al. 2007).

In the search for approaches to effectively protect the body against oxidative damage, an important trace element, selenium, attracted researchers' attention. Selenium, initially described as a toxin, was subsequently shown to be an essential antioxidant (Hatfield et al. 2014) that plays a key role in redox regulation, antioxidant defense, and immune function through glutathione peroxidase (GPx) enzymes and thioredoxin reductase, which catalyze the removal of excess, potentially damaging radicals produced under stress conditions (Danesi et al. 2006; Maggini et al. 2007). In recent years, several studies have reported that selenium and selenium-enriched materials can relieve various types of oxidative damage caused by inducers such as  $H_2O_2$  and some toxins (Balaban et al. 2017; Guan et al. 2014; Ravn-Haren et al. 2008; Xu et al. 2007; Zhang et al. 2011).

Moreover, probiotics, nonpathogenic microorganisms that can resist digestion in the host small intestine and reach the colon alive, have been reported to exert a myriad of beneficial effects, including balancing the intestinal microbiota, accelerating growth, promoting the immune response, and inhibiting invasion by pathogenic bacteria (Musa et al. 2009; Yang et al. 2009). Thus, probiotics have attracted attention for their beneficial effects on animal health.

It might be worthwhile to explore whether the combination of both treatments would have a synergistic effect on body health. Earlier studies reported that some special probiotics not only performed advantageous roles in promoting body health but also resisted hostile environments with excess toxins, such as selenite and selenate, disturbing the original balance. These probiotics could transform inorganic selenium to organic or red elemental selenium, aiming to lowering its toxicity (Mccready et al. 1966). In contrast, selenium enhances the bioactivity of probiotics, and this complex possesses the beneficial effects of both agents. To date, many kinds of selenium-enriched probiotics have been identified, but few studies, mainly in pigs and rats, have reported that selenium-enriched probiotics could enhance the body's antioxidant capability and immune function, protect against various oxidative stresses, and inhibit pathogenic bacteria (Chen et al. 2005; Gan et al. 2013; Nido et al. 2016; Pescuma et al. 2017; Yazdi et al. 2013). Almost no studies of selenium-enriched probiotics have focused on oxidative damage to cells. Thus, it is necessary to consider the effects of selenium-enriched probiotics on the cell antioxidant status and immune function and to investigate its potential mechanism.

To the end, we have recently developed a bacterium, *Bacillus paralicheniformis* SR14, which can resist high concentrations of selenium and effectively transform sodium selenite to elemental selenium and organic selenium as we explained previously (Cheng et al. 2017). These special bacteria have attracted our interest for use in the mixture of a probiotic and low-toxicity selenium.

Therefore, the objective of this study was to investigate the potential effects of selenium-enriched *B. paralicheniformis* SR14 (Se-BP) and *B. paralicheniformis* SR14 (BP) on  $H_2O_2$ -induced oxidative stress in IPEC-J2 cells in vitro and elucidate the underlying molecular mechanisms.

## Materials and Methods

### Chemicals and Reagents

Phosphate buffer powder, 30% hydrogen peroxide ( $H_2O_2$ ), glucose, NaCl,  $K_2HPO_4$ , and  $MgSO_4$  were purchased from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Yeast extract and tryptone were purchased from OXOID (Hampshire, UK). Tertiary butylhydroquinone (TBHQ), DPPH, dimethyl sulfoxide (DMSO), and sodium selenite were purchased from Sigma-Aldrich (St. Louis, USA). The MTT cytotoxicity detection kit, whole-cell lysis assay kit, BCA assay kit, and ECL luminescence reagent were purchased from KeyGEN BioTECH (Nanjing, China). The FITC Annexin V Apoptosis Detection Kit was purchased from BD Biosciences (San Diego, USA). The GSH-Px ELISA Kit and TrxR ELISA Kit were purchased from Sangon Biotech (Shanghai, China). The Total Antioxidant Capacity Assay Kit with ABTS Method, Reactive Oxygen Species Assay Kit, Lipid Peroxidation MDA Assay Kit, Catalase Assay Kit, Total Superoxide Dismutase Assay Kit with NBT, and Lactate Dehydrogenase (LDH) Cytotoxicity Assay Kit were purchased from Beyotime Biotechnology (Shanghai, China). The Inhibition and Production of Superoxide Anion Assay Kit and Hydroxyl Free Radical Assay Kit were purchased from Nanjing Jiancheng Institute of Bioengineering (Nanjing, China). Primary antibodies against p38 MAPK (9212), phospho-p38 (4511), SAPK/JNK (9252), and phospho-JNK (4668) were purchased from Cell Signaling Technology (Danvers, MA, USA). Primary antibodies against ERK1/2 (ab17942), phospho-ERK1/2 (ab76299), and  $\beta$ -actin (ab8226) and secondary anti-rabbit IgG (ab6721) antibodies were purchased from Abcam (Cambridge, MA). The secondary anti-mouse IgG (E030110-01) antibody was purchased from EarthOx (San Francisco, USA). Inhibitors of p38 MAPK (SB203580), ERK1/2 (GSK1120212), and JNK (SP600125) were purchased from Selleck.cn (USA). Dulbecco's Modified Eagle Medium and Ham's F12 Nutrient Mixture (DMEM/F12) was purchased from

YOCON (Beijing, China). Fetal bovine serum (FBS) was purchased from Gemini (West Sacramento, CA).

### Bacteria strains and cultivation

*Bacillus paralicheniformis* SR14, an exopolysaccharide-producing bacterial strain conserved by the China General Microbiological Culture Collection Center (CGMCC No. 13908), was identified and maintained in our laboratory. In this study, the cultivation process was developed according to our preliminary research (Cheng et al. 2017) with minor modifications. Briefly, to obtain two kinds of product with or without selenium, 200  $\mu\text{L}$  of phosphate buffer solution (PBS) or 1 mol/L sodium selenite were added to the cultures. Both incubation time were 48 h.

### Preparation and characterization of BP and Se-BP

After cultivation, 10 mL of suspension was centrifuged at room temperature and  $3000\times g$  for 10 min; the pellet was washed twice with PBS and then resuspended in 5 mL of PBS. The selenium concentration of the prepared products (Se-BP and BP) was measured according to the method described previously (Hall and Gupta 1969). The bacterial concentration was measured by the flat colony counting method.

### Free radical scavenging activity

The superoxide anion radicals of Se-BP and BP were assessed according to the manufacturer's instructions (Nanjing Jiancheng Institute of Bioengineering, Nanjing, China). Briefly, 50  $\mu\text{L}$  of sample solutions at gradient concentrations (0.25, 0.5, 1, 2, and 4 mM) were mixed fully with 1.0 mL of reagent 1, 0.1 mL of reagent 2, 0.1 mL of reagent 3, and 0.1 mL of reagent 4 and were then heated in a 37 °C water bath for 40 min, followed by the addition of 2.0 mL of developer for 10 min. Absorbance was measured at a wavelength of 550 nm. The control tube contained 50  $\mu\text{L}$  of double-distilled water, and the standard tube contained 50  $\mu\text{L}$  of vitamin C.

The hydroxyl radical scavenging activity of Se-BP and BP was tested according to the manufacturer's instructions (Nanjing Jiancheng Institute of Bioengineering, Nanjing, China). Briefly, 0.2 mL of sample solutions at different concentrations (0.25, 0.5, 1, 2, and 4 mM) were mixed with 0.2 mL of substrate solution and 0.4 mL of reagent 3. After the reaction proceeded for 1 min at 37 °C, 2.0 mL of developer was added immediately, and the tube was mixed and placed at room temperature for 20 min. Absorbance was measured at a wavelength of 550 nm. The control tube contained 0.4 mL of double-distilled water, and the standard tube contained 0.2 mL of  $\text{H}_2\text{O}_2$  (0.03%).

Total antioxidant capacity was measured as recommended by the protocol (Beyotime Biotechnology, Shanghai, China).

Briefly, 200  $\mu\text{L}$  of ABTS working solution was reacted with 10  $\mu\text{L}$  of sample solution at different concentrations (0.25, 0.5, 1, 2, and 4 mM) for 2 to 6 min. Absorbance was measured at a wavelength of 734 nm. The standard curve was generated from different concentrations (0.15, 0.3, 0.6, 0.9, 1.2, 1.5 mM) of Trolox (standard reagent). The control tube contained 10  $\mu\text{L}$  of double-distilled water.

DPPH radical scavenging activity was analyzed according to the method of Cheng et al. (2017). Briefly, 100  $\mu\text{L}$  of sample solution at gradient concentrations (0.25, 0.5, 1, 2, and 4 mM) was mixed with 100  $\mu\text{L}$  of freshly prepared 0.5 mM DPPH-alcohol solution in a 96-well culture plate, which was incubated in the dark at room temperature for 30 min. Absorbance was measured at a wavelength of 517 nm. The control tube contained 100  $\mu\text{L}$  of double-distilled water.

### Cell line and cell culture

The porcine jejunum epithelial cells (IPEC-J2), a gift from Dr. Yin Yulong (Institute of Subtropical Agriculture, The Chinese Academy of Sciences), were cultured in DMEM/F12 supplemented with 10% FBS, 100 U/mL penicillin, and 100 U/mL streptomycin at 37 °C in a humidified atmosphere with 5%  $\text{CO}_2$ . For subsequent experiments, IPEC-J2 cells were seeded into 6- or 96-well plates; the volume of complete medium was 2 mL for 6-well plates and 200  $\mu\text{L}$  for 96-well plates. Cells were allowed to adhere for 18–24 h before treatment.

### Cell treatments

To determine the antioxidant effects of Se-BP and BP, IPEC-J2 cells were divided into several groups: control,  $\text{H}_2\text{O}_2$  treatment, Se-BP preprotection +  $\text{H}_2\text{O}_2$  treatment, and BP preprotection +  $\text{H}_2\text{O}_2$  treatment. Briefly, IPEC-J2 cells in the control group were cultured in DMEM-F12 (without FBS and antibiotics) for 4 h. Then, cells were washed with PBS and cultured in DMEM-F12 (without FBS) for another 10 h. IPEC-J2 cells in the  $\text{H}_2\text{O}_2$  group were cultured in DMEM-F12 (without FBS and antibiotics) for 4 h. Subsequently, DMEM-F12 (without FBS) containing  $\text{H}_2\text{O}_2$  (at the optimal concentration as determined by an MTT assay) was added for 10 h to induce oxidative stress. For the Se-BP/BP preprotection +  $\text{H}_2\text{O}_2$  group, after cells were cocultured with Se-BP or BP for 4 h, PBS was used to wash away the probiotics, and cells were then cultured with  $\text{H}_2\text{O}_2$  under the same conditions as the  $\text{H}_2\text{O}_2$  group.

### Measurement of cell viability

An MTT colorimetric assay was used to monitor cell viability. Briefly, IPEC-J2 cells were seeded into 96-well plates ( $2 \times 10^4$  cells per well). After treatment, cells were washed twice with PBS and incubated with 5 mg/mL MTT working solution for

4 h at 37 °C. Then, the supernatant was removed, and the culture was resuspended in 150 µL of DMSO to dissolve MTT formazan crystals, followed by mixing on a shaker for 15 min. The absorbance was measured at 570 nm using a SpectraMAX M5 (Molecular Devices, USA). The effect of Se-BP, BP, and H<sub>2</sub>O<sub>2</sub> on cell viability was assessed as the percentage of viable cells in each treatment group relative to untreated control cells, which were arbitrarily assigned a viability of 100%. For the inhibition experiments, cells were pretreated with or without inhibitors of p38 MAPK (SB203580, 25 µM), ERK1/2 (GSK1120212, 10 µM), and JNK (SP600125, 20 µM) and were then treated with or without the indicated concentrations of either Se-BP or BP for the indicated duration. Next, cells were treated with H<sub>2</sub>O<sub>2</sub> before cell viability was measured.

### Measurement of LDH release

The release of LDH into the culture medium through damaged membranes was measured spectrophotometrically using a Lactate Dehydrogenase (LDH) Cytotoxicity Assay Kit (Beyotime Biotechnology, Shanghai, China) according to the manufacturer's protocol. IPEC-J2 cells were seeded into 96-well plates (2 × 10<sup>4</sup> cells per well). After treatment, absorbance was measured at a wavelength of 490 nm.

### Measurement of intracellular ROS

Intracellular accumulation of ROS was measured using an ROS Detection Kit (Beyotime Biotechnology Shanghai, China) according to the manufacturer's instructions. Briefly, IPEC-J2 cells were cultured in a 6-well plate (1 × 10<sup>5</sup> cells per well), and the culture medium was renewed when the cells reached 80% confluence. After treatment, the cell culture medium was removed, and the cells were washed once with PBS and incubated with 10 µM 2,7-dichlorofluorescein diacetate (DCFH-DA) probe (diluted in FBS-free medium) at 37 °C for 20 min. Then, the DCFH-DA solution was removed, and the cells were washed three times with FBS-free medium. Finally, images were acquired by fluorescence microscopy (Nikon, Japan) at an excitation wavelength of 488 nm and an emission wavelength of 525 nm, and the fluorescence intensity represented the intracellular ROS level. For evaluation of ROS generation by flow cytometry (BD Biosciences, San Diego, USA), cells were collected in tubes after the appropriate treatment and stained with DCFH-DA as described above. For each sample, 15,000–20,000 events were recorded. Cells were gated on the forward scatter (FSC) and side scatter (SSC) signals before fluorescence was assessed. Cells with a fluorescence signal above the background, indicating positive ROS generation, were detected in the FL1 channel (excitation at 488 nm and emission at 525 nm).

### Assessment of lipid peroxidation

The content of malondialdehyde (MDA) was measured by a Lipid Peroxidation MDA Assay Kit (Beyotime Biotechnology, Shanghai, China) according to the manufacturer's protocol. IPEC-J2 cells were cultured in a 6-well plate (1 × 10<sup>5</sup> cells per well). After treatment, cells were washed twice with cold PBS and harvested in lysis buffer containing protease inhibitors and phosphatase inhibitors (KeyGEN BioTECH, Nanjing, China). After centrifugation at 12000×g and 4 °C for 10 min, the supernatant of the suspension was collected. Protein concentrations were determined by a BCA Protein Assay Kit (KeyGEN BioTECH, Nanjing, China). Samples were measured according to the manufacturer's instructions.

### Analysis of cell apoptosis

Cell apoptosis was analyzed by a FITC Annexin V Apoptosis Detection Kit (BD Biosciences, San Diego, USA) according to manufacturer's instructions. IPEC-J2 cells (1 × 10<sup>5</sup> cells per well in a 6-well plate) were treated as above. For fluorescence observation, cells were washed once with PBS and stained with Annexin V-FITC and PI in binding buffer for 15 min. The fluorescence intensity was detected by fluorescence microscopy (Nikon, Japan) within 1 h. For flow cytometric analysis, cells were trypsinized without EDTA, washed with PBS, resuspended in binding buffer, and stained with Annexin V-FITC and PI for 15 min before being analyzed with a flow cytometer (BD Biosciences, San Diego, USA) within 1 h. All procedures were performed following the manufacturer's protocol. Flow cytometry data were analyzed with Flow-Jo. The quantities of early apoptotic and late apoptotic cells are shown in the Q3 and Q2 quadrants, respectively.

### Western blot analysis

IPEC-2 cells (1 × 10<sup>5</sup> cells per well in a 6-well plate) were collected, and total cellular protein was extracted using a Whole Cell Lysis Assay Kit (KeyGEN BioTECH, Nanjing, China). According to the manufacturer's protocol, cells were centrifuged at 12,000×g at 4 °C for 10 min, and supernatants were collected for the assay. Protein concentrations were determined using a standard BCA protein assay kit. Thirty micrograms of protein was loaded per sample/lane, separated by SDS-PAGE and transferred to polyvinylidene fluoride (PVDF) membranes (Bio-Rad Laboratories, Hercules, USA). Membranes were blocked with 5% nonfat dry milk solution for 1 h at room temperature. Blocked membranes were incubated with appropriate primary antibodies at 4 °C overnight and were then incubated with secondary antibodies for 1 h at room temperature. Chemiluminescence detection was performed using an ECL luminescence reagent according

to the manufacturer's instructions. Specific bands were detected, analyzed, and quantified by ImageJ software (NIH, Bethesda, MD, USA).

## Statistical analyses

All data are expressed as the means  $\pm$  standard deviation (SD). Quantitative analysis of fluorescence intensity was performed using ImageJ. The flow cytometry data were analyzed by Flow Jo. One-way analysis of variance (ANOVA) followed by a least significant difference multiple comparison test was used, and  $P < 0.05$  was considered statistically significant. All statistical tests were carried out using SPSS 21 software.

## Results

### Preparation and characterization of Se-BP

As we demonstrated previously, Se-BP was prepared by supplementation with 2 mM selenium and quantified for subsequent experiments. The results showed that the dry matter contents of Se-BP and BP were 38.20 and 37.18 g/L, respectively. The bacterial counts of Se-BP and BP were  $2 \times 10^7$  and  $2 \times 10^8$  cfu/mL, respectively; total selenium content of Se-BP was 4132.2 mg/kg, while the elemental selenium content was only 1489.1 mg/kg, indicating that Se-BP is a complex of different forms of selenium-enriched probiotics. The detailed components are unclear. Thus, we did not establish a selenium control group. In the following experiments, the concentrations of bacteria and selenium are noted.

### Free radical scavenging activity of Se-BP in a cell-free system

To evaluate the ability of Se-BP to resist oxidative stress, an *in vitro* scavenging free radical activity assay was conducted. First, we measured the activity of superoxide radical scavenging. The results showed that both Se-BP and BP scavenged superoxide radicals in a dose-dependent manner (Fig. 1a), while Se-BP exhibited a higher scavenging ability than BP. The difference may be due to selenium addition and some exopolysaccharide production, which enhanced the scavenging capacity of Se-BP.

Second, Fig. 1b shows that Se-BP and BP almost completely removed hydroxyl free radicals. These results demonstrated that both Se-BP and BP could prevent ROS-induced cell damage.

Then, we also measured the scavenging rate of DPPH, with vitamin C as the positive control. Se-BP showed an even higher scavenging ability than vitamin C, and the capability of BP was much lower than that of Se-BP, at approximately

30% (Fig. 1c). In summary, Se-BP exhibited a higher antioxidant capacity than BP.

Finally, we evaluated another radical ABTS. The results showed that Se-BP exhibited a higher efficiency than BP in scavenging ABTS radicals in a dose-dependent manner; however, BP had almost no ability to eliminate ABTS radicals (Fig. 1d). Hence, Se-BP exhibited a higher total antioxidant capacity than BP.

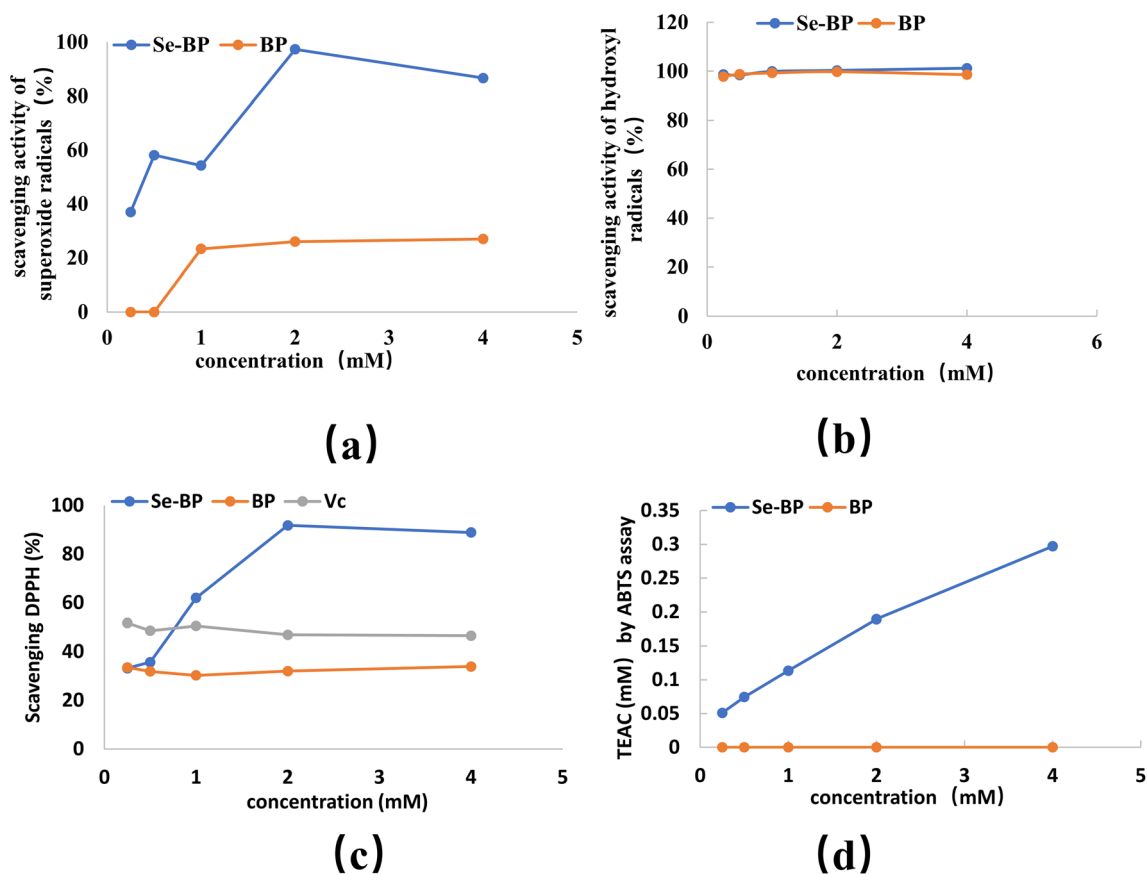
In summary, both Se-BP and BP showed a certain antioxidant capacity, while Se-BP exhibited a greater potential than BP. Together, these results provided a foundation for future antioxidant research.

### Preventive effect of Se-BP on H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in IPEC-J2

To investigate whether Se-BP could prevent H<sub>2</sub>O<sub>2</sub>-induced oxidative stress, IPEC-J2 cells were subjected to concentrations of H<sub>2</sub>O<sub>2</sub> ranging from 100 to 800  $\mu$ M for 10 h. The results of cell exposure to H<sub>2</sub>O<sub>2</sub> are shown in Fig. S1 (a). The viability of cells treated with 400  $\mu$ M H<sub>2</sub>O<sub>2</sub> for 10 h was approximately 60–80% that of the control cells. Therefore, treatment with 400  $\mu$ M H<sub>2</sub>O<sub>2</sub> for 10 h was selected for subsequent experiments. Regarding the concentrations of Se-BP and BP, cells were incubated with Se-BP (1–20  $\mu$ M) or BP ( $5 \times 10^3$ – $1 \times 10^5$  cfu/mL) for 4 h to clarify the effect of the appropriate concentration. The results showed that Se-BP (1–20  $\mu$ M) and BP ( $5 \times 10^3$ – $1 \times 10^5$  cfu/mL) had no significant effect on cell viability (Fig. S1 (b)). Thus, subsequent experiments were performed using Se-BP concentrations of  $\leq 20$   $\mu$ M and BP concentrations of  $\leq 1 \times 10^5$  cfu/mL for 4 h.

Pretreatment of IPEC-J2 cells with Se-BP (10 and 20  $\mu$ M) or BP ( $5 \times 10^4$  cfu/mL) significantly improved cell viability in the presence of H<sub>2</sub>O<sub>2</sub> (400  $\mu$ M), and a low dose of Se-BP did not attenuate H<sub>2</sub>O<sub>2</sub>-induced cell damage (Fig. 2a), which provided us with a reference for selecting the next concentrations of Se-BP and BP.

To further explore the beneficial effect of Se-BP, the release of intracellular LDH, an indicator of cell injury, was measured in H<sub>2</sub>O<sub>2</sub>-exposed IPEC-J2 cells. Compared with untreated control cells, H<sub>2</sub>O<sub>2</sub> group cells exhibited significantly enhanced LDH release, indicating that these cells were severely damaged by H<sub>2</sub>O<sub>2</sub>, while pretreatment with low doses of Se-BP (1–5  $\mu$ M) or BP ( $5 \times 10^3$ – $2.5 \times 10^4$  cfu/mL) did not attenuate LDH release. However, preincubation with Se-BP (10 and 20  $\mu$ M) significantly reduced the release of LDH compared with that in the H<sub>2</sub>O<sub>2</sub> group and was consistent with LDH release from the untreated control cells; however, BP ( $5 \times 10^4$  and  $1 \times 10^5$  cfu/mL) substantially decreased the level of intracellular LDH compared with that in the H<sub>2</sub>O<sub>2</sub> group, but this effect did not completely resolve the cell damage relative to untreated control cells (Fig. 2b).



**Fig. 1** Antioxidant properties of Se-BP and BP. **a** Scavenging activity against superoxide radicals, **b** hydroxyl radicals, **c** DPPH radicals (vitamin C [Vc] was used as the reference compound), and **d** ABTS radicals.

Collectively, the results of the cell viability and LDH release experiments indicate that treatment with Se-BP (10 and 20  $\mu\text{M}$ ) or BP ( $5 \times 10^4$  and  $1 \times 10^5$  cfu/mL) for 4 h was beneficial for maintaining cell integrity; these concentrations were thus selected for subsequent research.

### Se-BP inhibits oxidative damage-induced increases in ROS and MDA production in IPEC-J2

To validate the beneficial effect of Se-BP on ameliorating oxidative damage induced by  $\text{H}_2\text{O}_2$ , intracellular ROS production in IPEC-J2 cells was monitored by fluorescence microscopy and flow cytometry using DCFH-DA as the fluorescent probe. As shown in Fig. 3a, IPEC-J2 cells exposed to  $\text{H}_2\text{O}_2$  (400  $\mu\text{M}$ ) for 10 h showed a significant increase in fluorescence, which is proportional to the amount of ROS generation. The increase in ROS generation was markedly inhibited by Se-BP (10 and 20  $\mu\text{M}$ ) pretreatment. Cells treated with BP ( $5 \times 10^4$  and  $1 \times 10^5$  cfu/mL) showed a decreasing trend but no appreciable impact on ROS production compared with that seen in the  $\text{H}_2\text{O}_2$  group. The flow cytometry results (Fig. 3b) further confirmed that Se-BP (10 and 20  $\mu\text{M}$ ) significantly ameliorated  $\text{H}_2\text{O}_2$ -induced ROS production, whereas BP ( $5 \times 10^4$  and  $1 \times 10^5$  cfu/mL) barely attenuated the

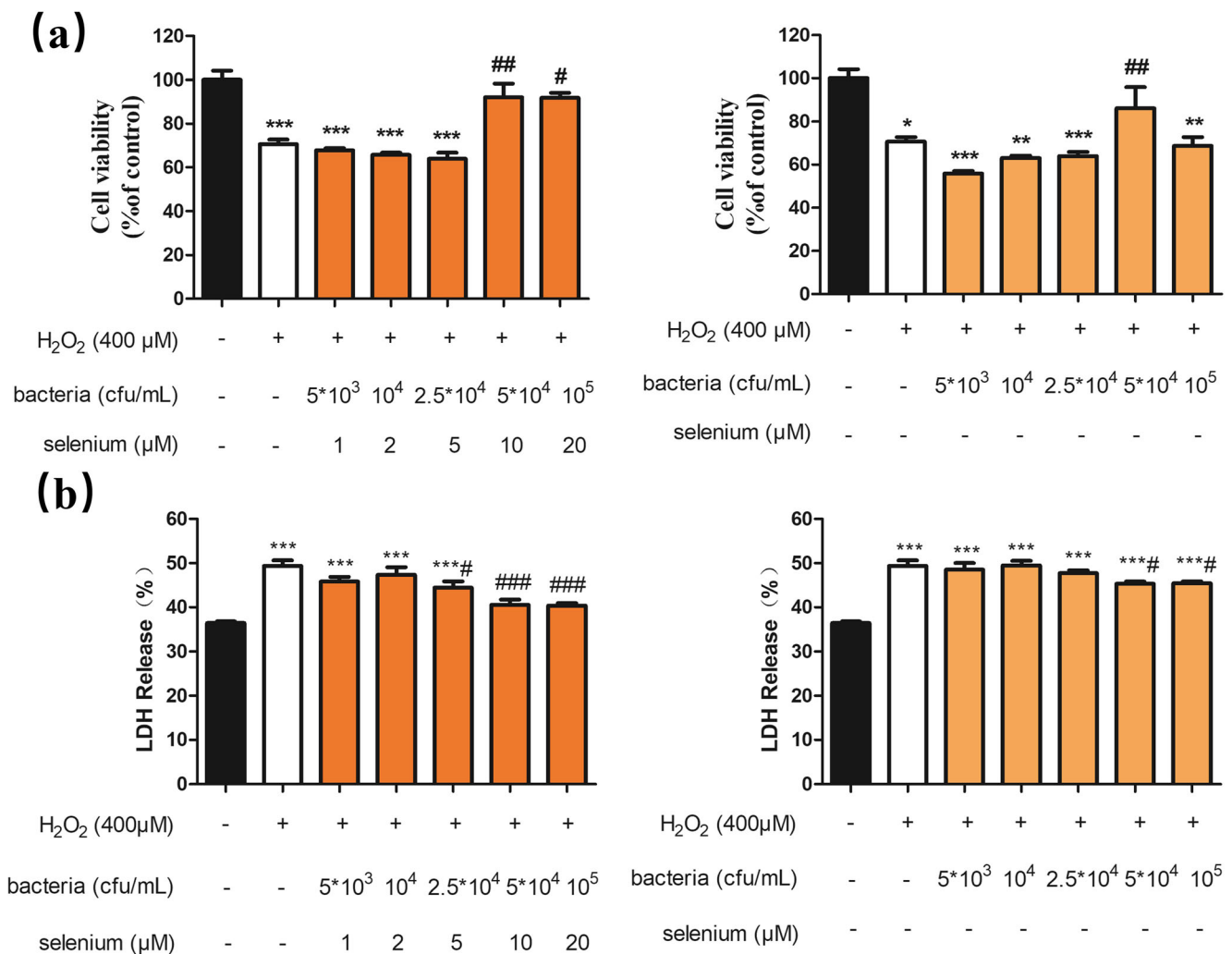
intracellular level of ROS, consistent with the findings in our previous study (Cheng et al. 2017; Song et al. 2017).

To investigate the effect of Se-BP on lipid peroxidation in cultured IPEC-J2 cells, MDA was measured according to an established protocol. As shown in Fig. 3c, the MDA level was markedly increased in response to  $\text{H}_2\text{O}_2$  compared to that in untreated control cells, whereas pretreatment with Se-BP (10 and 20  $\mu\text{M}$ ) significantly inhibited MDA production, and BP ( $5 \times 10^4$  cfu/mL) did not attenuate the MDA levels. In conclusion, Se-BP but not BP effectively protected against  $\text{H}_2\text{O}_2$ -induced oxidative damage, which further indicates that Se-BP has a higher antioxidant capacity than BP *in vitro*. These results have been shown *in vivo* (Chen et al. 2005).

The inhibition of  $\text{H}_2\text{O}_2$ -induced ROS generation and MDA by pretreatment with Se-BP may occur via a direct antioxidant mechanism through free radical scavenging activity, similar to the results shown in Fig. 1; however, the definite mechanism needs further investigation.

### Se-BP prevents $\text{H}_2\text{O}_2$ -induced apoptosis of IPEC-J2 cells

We detected apoptosis by fluorescence microscopy and flow cytometry based on Annexin V-FITC/PI double staining.



**Fig. 2** Se-BP inhibits hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)-induced cytotoxicity in IPEC-J2 cells. Cells in the control group (the black bars) were cultured in DMEM-F12 (without FBS and antibiotics) for 4 h, and then were washed with PBS before being cultured in DMEM-F12 (without FBS) for another 10 h. IPEC-J2 cells in the H<sub>2</sub>O<sub>2</sub> group (the white bars) were cultured in DMEM-F12 (without FBS and antibiotics) for 4 h and DMEM-F12 (without FBS) containing 400 μM H<sub>2</sub>O<sub>2</sub> was then added for 10 h. IPEC-J2 cells in the Se-BP/BP preprotection + H<sub>2</sub>O<sub>2</sub> group were

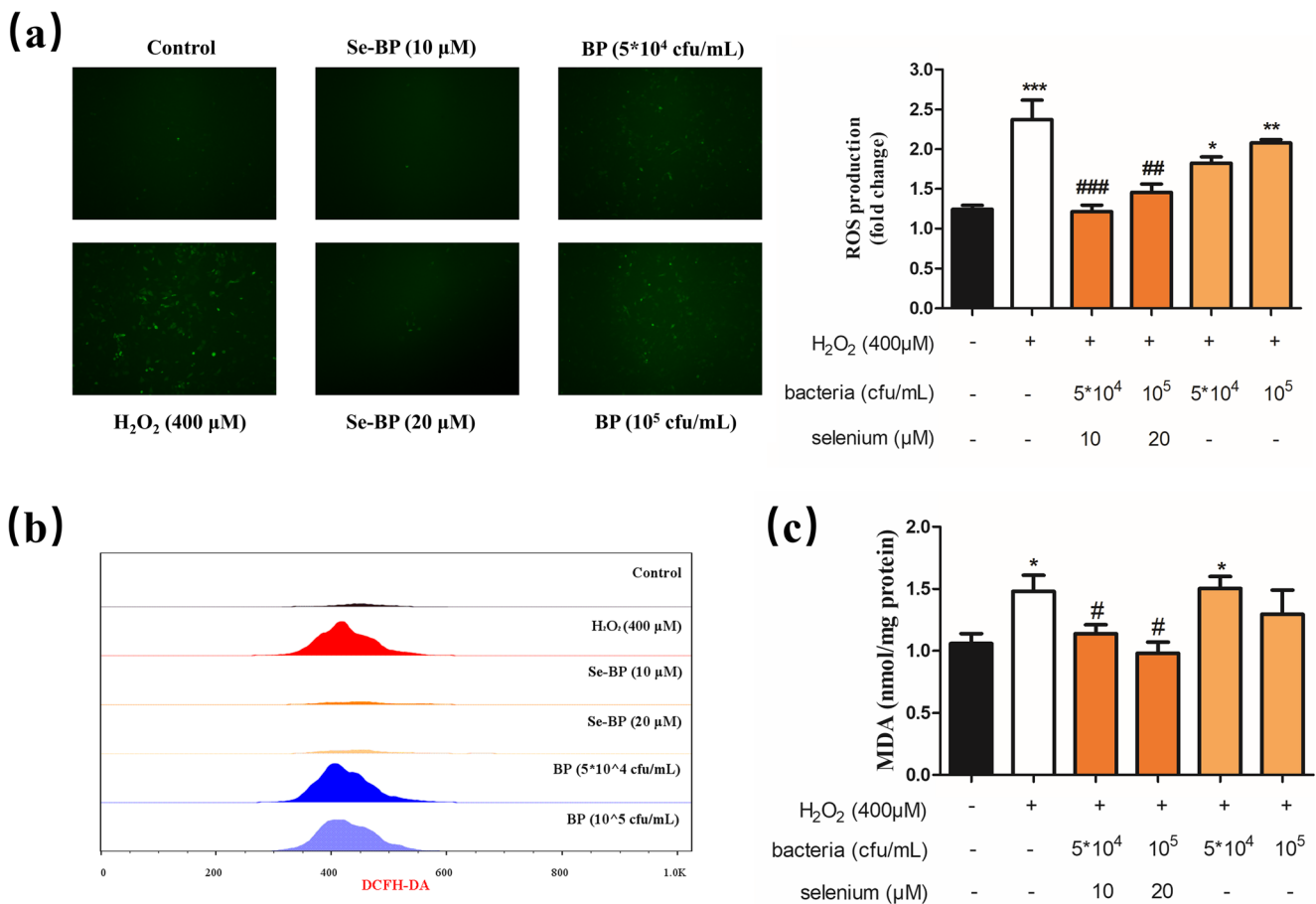
precultured with Se-BP (1–20 μM) or BP (5 × 10<sup>3</sup>–10<sup>5</sup> cfu/mL) for 4 h and incubated with 400 μM H<sub>2</sub>O<sub>2</sub> for 10 h. **a** Cell viability was determined by MTT assays. **b** LDH release was measured by an LDH Cytotoxicity Assay Kit. The values are the means ± SDs (\**P* < 0.05, compared with untreated control cells; #*P* < 0.05, compared with the H<sub>2</sub>O<sub>2</sub> group). Significant differences between the groups were analyzed with one-way ANOVA

Qualitative analysis showed that H<sub>2</sub>O<sub>2</sub> (400 μM) significantly increased the number of apoptotic cells compared to that in the untreated control group, and the increase in apoptosis was markedly inhibited by Se-BP (10 μM and 20 μM), but only slightly alleviated by BP at 5 × 10<sup>4</sup> cfu/mL and 1 × 10<sup>5</sup> cfu/mL (Fig. 4a). Further results are shown in Fig. 4b, c. The upper right quadrant (Q2) and lower right quadrant (Q3) represent the populations of late apoptotic cells (PI staining) and early apoptotic cells (Annexin V-FITC staining), respectively. The H<sub>2</sub>O<sub>2</sub> group contained a high percentage of apoptotic cells, whereas the Se-BP group contained a significantly lower percentage of apoptotic cells, indicating the protective effect of Se-BP against the apoptosis enhancement. Quantitative analysis results showed that Se-BP (10 μM and 20 μM)

appreciably decreased H<sub>2</sub>O<sub>2</sub>-induced cell apoptosis to levels similar to those in the untreated control group; BP (5 × 10<sup>4</sup> cfu/mL, 1 × 10<sup>5</sup> cfu/mL) markedly enhanced cell apoptosis compared with that seen in the control group, and BP (1 × 10<sup>5</sup> cfu/mL) was beneficial for decreasing H<sub>2</sub>O<sub>2</sub>-induced cell apoptosis. Taken together, these results indicate that Se-BP (10 μM and 20 μM) and BP (1 × 10<sup>5</sup> cfu/mL) effectively ameliorate H<sub>2</sub>O<sub>2</sub>-induced cell apoptosis.

### Activation of MAPKs by Se-BP

To explore the possible mechanism underlying the antioxidant effects of Se-BP, we focused on the role of the MAPK pathway, which has also been reported to regulate NP cell



**Fig. 3** Effects of Se-BP on ROS and MDA production in damaged IPEC-J2 cells. Cells in the control group (the black bars) were cultured in DMEM-F12 (without FBS and antibiotics) for 4 h, and were then washed with PBS before being cultured in DMEM-F12 (without FBS) for another 10 h. IPEC-J2 cells in the H<sub>2</sub>O<sub>2</sub> group (the white bars) were cultured in DMEM-F12 (without FBS and antibiotics) for 4 h and then DMEM-F12 medium (without FBS) containing 400 μM H<sub>2</sub>O<sub>2</sub> was then added for 10 h. IPEC-J2 cells in the Se-BP/BP preprotection + H<sub>2</sub>O<sub>2</sub> group were

precultured with Se-BP (10 μM and 20 μM) or BP (5 × 10<sup>4</sup> cfu/mL, 10<sup>5</sup> cfu/mL) for 4 h and incubated with 400 μM H<sub>2</sub>O<sub>2</sub> for 10 h. **a**, **b** Intracellular ROS levels were measured by fluorescence microscopy (**a**) and flow cytometry (**b**). **c** Intracellular MDA levels were measured. The values are the means ± SDs (\**P* < 0.05, compared with untreated control cells; #*P* < 0.05, compared with the H<sub>2</sub>O<sub>2</sub> group). Significant differences between the groups were analyzed with one-way ANOVA

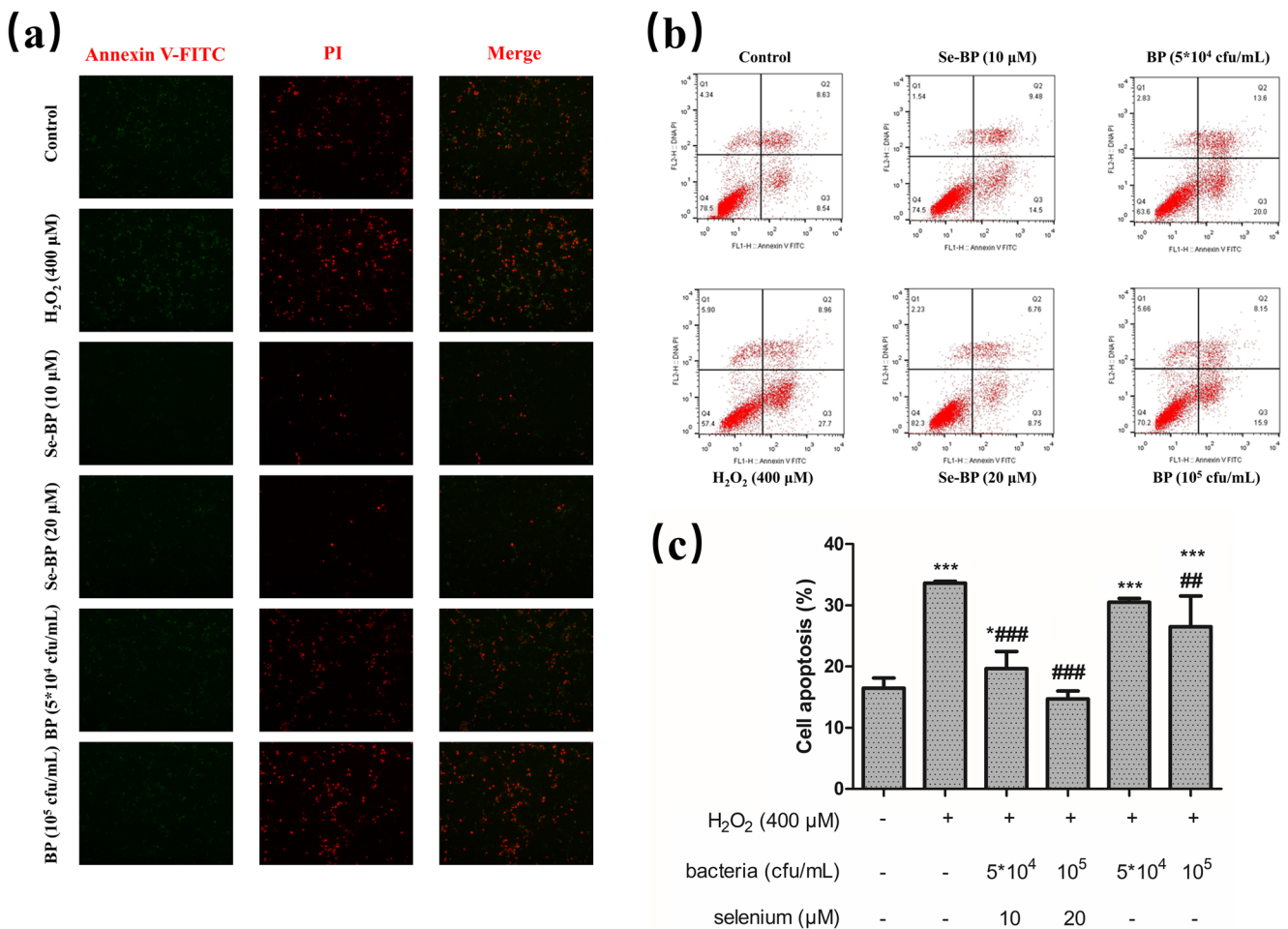
senescence downstream of ROS (Feng et al. 2017). In this study, we discovered that treatment with Se-BP (20 μM) for 4 h significantly increased the phosphorylation levels of ERK and p38 MAP kinases but had no effect on the total protein levels of JNK, ERK, and p38 (Fig. 5a), indicating that Se-BP activated the ERK/p38 MAPK signaling pathway. However, BP had no effect on the levels of total and phosphorylated MAPKs. These results demonstrate that Se-BP ameliorates oxidative stress more effectively than BP by activating the MAPK pathway. To further confirm this conclusion, we adopted inhibitors of p38 (SB203580), ERK (GSK1120212), and JNK (SP600125). Figure S2 (a and b) shows that these inhibitors did not impact cell viability at the tested concentrations and effectively prevented the expression of relevant proteins. In addition, Fig. 5b, c clearly demonstrates that Se-BP did not promote the phosphorylation of MAPKs and attenuated the decrease in cell viability when combined with the inhibitors. These results further verified

that in the presence of MAPK inhibitors, Se-BP cannot effectively activate the ERK/p38 MAPK pathway to protect against oxidative damage.

## Discussion

Previous studies have indicated that oxidative stress is involved in intestinal injury (Bhattacharyya et al. 2014) in vivo and in vitro, which severely damages the development of animal husbandry. H<sub>2</sub>O<sub>2</sub> is one of the most well-known factors that causes severe oxidative stress (Liu et al. 2012; Zou et al. 2016), further damaging intestinal homeostasis. It is well documented that exposure to H<sub>2</sub>O<sub>2</sub> triggers the rapid generation of ROS in IPEC-J2 cells. Accumulation of ROS and impairment of the antioxidant defense system by H<sub>2</sub>O<sub>2</sub> causes oxidative damage in cells (Je and Lee 2015). Hence, we established an H<sub>2</sub>O<sub>2</sub>-induced oxidative stress model in





**Fig. 4** Effects of Se-BP on H<sub>2</sub>O<sub>2</sub>-induced IPEC-J2 cell apoptosis. **a** Cells were pretreated with Se-BP (10 μM and 20 μM) or BP (5 × 10<sup>4</sup> cfu/mL and 10<sup>5</sup> cfu/mL) for 4 h and incubated with 400 μM H<sub>2</sub>O<sub>2</sub> for 10 h, followed by staining with Annexin V-FITC/PI. Cell apoptosis was

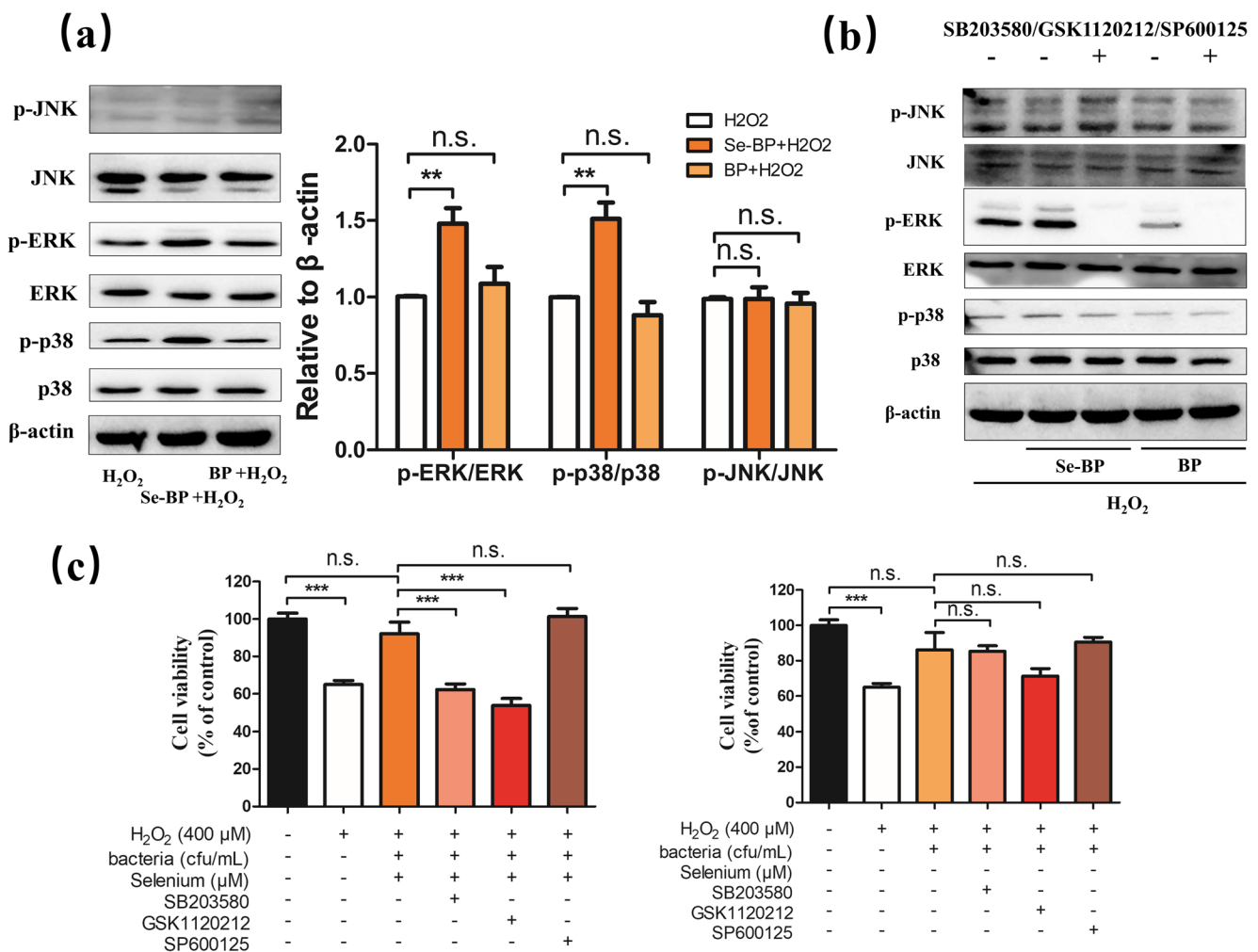
detected by fluorescence microscopy (**a**) and flow cytometry (**b**, **c**). The values are the means ± SDs (\**P* < 0.05, compared with untreated control cells; #*P* < 0.05, compared with the H<sub>2</sub>O<sub>2</sub> group). Significant differences between the groups were analyzed with one-way ANOVA

IPEC-J2 cells, and preliminary experiments were conducted to determine the proper concentration of H<sub>2</sub>O<sub>2</sub> for subsequent experiments.

On the one hand, many studies have demonstrated that different sources of selenium, such as selenium nanoparticles (Gangadoo et al. 2018; Song et al. 2017), sodium selenite, Se-enriched yeast, and DL-selenomethionine (Bakhshalinejad et al. 2017; Zamani Moghaddam et al. 2017), are necessary micronutrients with antioxidant, immunoregulatory, and anti-inflammatory effects on the gastrointestinal tract in both live-stock and poultry. On the other hand, attention has been devoted to probiotics, which are defined as live microorganisms that confer health benefits on the host, especially antioxidant potential and anti-apoptosis ability, when administered in adequate amounts (Resta-Lenert et al. 2002). Combined mixtures called selenium-enriched probiotics, in which probiotics transform selenate and/or selenite to elemental selenium and/or organic selenium, have gradually attracted researchers' attention (Nancharaiah and Lens 2015).

*Bacillus paralicheniformis* SR14, a bacterial strain previously isolated by our group, synthesizes exopolysaccharide-capped elemental selenium, which was proven to protect IPEC-J2 cells against oxidative stress (Cheng et al. 2017). As we mentioned above, selenium-enriched probiotics have attracted widespread interest. However, the protective effect of selenium-enriched *Bacillus paralicheniformis* SR14 (Se-BP) against oxidative stress remains uncertain. Thus, in this study, we aimed to study the antioxidant effect of *Bacillus paralicheniformis* SR14 on IPEC-J2 cells.

First, we determined the ability of Se-BP to resist oxidative stress by assessing its free radical scavenging activity in vitro. Free radicals include four types: superoxide anion radicals, hydroxyl free radicals, DPPT, and ABTS<sup>+</sup>. The superoxide anion radical, generated via the mitochondrial electron transport system, is considered an initial radical that generates other cell-damaging free radicals, such as hydrogen peroxide, hydroxyl radicals, and singlet oxygen, in living systems. The level of superoxide radicals is in dynamic balance under



**Fig. 5** Effects of Se-BP on MAPK signaling pathway activation in IPEC-J2 cells. **a** Cells were treated with Se-BP (20 μM) or BP (10<sup>5</sup> cfu/mL) for 4 h and incubated with 400 μM H<sub>2</sub>O<sub>2</sub> for 10 h. Cell lysates were prepared and subjected to Western blotting to detect phospho-JNK, JNK, phospho-ERK, ERK, phospho-p38 MAPK, and p38 MAPK. The relative band densities of phosphorylated-JNK/ERK/p38 MAPK were normalized to those of JNK/ERK/p38 MAPK, respectively. **b**, **c** Cells were pretreated with inhibitors of p38 (SB203580, 25 μM), ERK (GSK1120212, 10 μM), and JNK (SP600125, 20 μM) for 1 h, followed by treatment with Se-BP

(20 μM) or BP (10<sup>5</sup> cfu/mL) for 4 h. Next, these cells were treated with 400 μM H<sub>2</sub>O<sub>2</sub> for 10 h. Cell lysates were prepared and subjected to Western blotting to detect phospho-JNK, JNK, phospho-ERK, ERK, phospho-p38 MAPK, and p38 MAPK. The relative density of phosphorylated-JNK/ERK/p38 MAPK was relative to the level of JNK/ERK/p38 MAPK, respectively. Cell viability was measured via MTT assays. The values are the means ± SDs (\**P* < 0.05, compared with untreated control cells). Significant differences between the groups were analyzed with one-way ANOVA

normal conditions; however, under stress, excessive superoxide radicals harm the body (Blokina et al. 2003). Hydroxyl free radicals, one type of ROS, are generated via a reaction between negative peroxide ions and hydrogen peroxide, which can degrade DNA and damage cells in vivo. Thus, the effective elimination of hydroxyl free radicals is beneficial to organisms (Liu et al. 2010). DPPH, a well-known free radical, has been widely considered an important indicator of the antioxidant capacity of biomaterials in vitro (Zhao et al. 2017). During the reaction, the color of the DPPH solution turns from purple to yellow. ABTS<sup>•+</sup>, which is generated by oxidants, is also inhibited by antioxidants, a property widely used to evaluate the total antioxidant capacity (Rezvanfar et al. 2013). As shown in Fig. 1, BP exhibited an ability to scavenge

superoxide radicals and DPPH, at a 100% hydroxyl scavenging rate, consistent with the findings of Gao's study (Gao et al. 2013). In contrast, Se-BP presented a greater ability than BP to scavenge all free radicals, especially ABTS radicals, which means that Se-BP demonstrated a higher antioxidant potential than BP. The above results provide a foundation for subsequent antioxidant research.

As selenium is an essential trace element whose safety threshold is very narrow (Nancharaiyah and Lens 2015), we selected lower concentrations of 1–20 μM, which were not cytotoxic, as the initial selenium concentrations (Fig. S1 (b)). Thus, subsequent experiments were performed using Se-BP concentrations of ≤ 20 μM and BP concentrations of ≤ 10<sup>5</sup> cfu/mL for 4 h.

Second, we evaluated the protective effect of Se-BP on H<sub>2</sub>O<sub>2</sub>-induced oxidative stress. Cell viability and LDH release are important indicators of cell injury and integrity. The results showed that both Se-BP and BP had a tendency to attenuate the decline in H<sub>2</sub>O<sub>2</sub>-induced cell viability (Fig. 2a) and the increase in LDH release (Fig. 2b), consistent with the results of reported studies (Grompone et al. 2012).

ROS, which serve as critical signaling molecules in cell proliferation and survival, are important for cell homeostasis. However, excess ROS will surmount an effective antioxidant response (Ray et al. 2012). Treatment of cells with H<sub>2</sub>O<sub>2</sub> causes excess ROS production and further results in oxidative stress. MDA is one of the final products of polyunsaturated fatty acid peroxidation in cells. Thus, MDA is commonly known as a reliable marker of oxidative stress and the antioxidant status (Gawęł et al. 2004). In this study, exposure of IPEC-J2 cells to H<sub>2</sub>O<sub>2</sub> markedly induced cellular injuries as evidenced by the elevated levels of ROS and MDA. Pretreatment with Se-BP (10 μM and 20 μM) significantly inhibited this fatal damage, whereas pretreatment with BP (5 × 10<sup>4</sup> cfu/mL, 10<sup>5</sup> cfu/mL) only slowed this damage rather than completely preventing it. This inhibition of H<sub>2</sub>O<sub>2</sub>-induced ROS generation and MDA production by pretreatment with Se-BP may occur via a direct antioxidative mechanism through free radical scavenging activity, similar to the above results (Fig. 1).

Previous studies demonstrated that selenium and probiotics administered separately could effectively modulate the apoptosis of damaged cells (Bidkar et al. 2017; Resta-Lenert et al. 2002; Yan and Polk 2002). Flow cytometric analysis and Annexin V-FITC/PI assays further confirmed that increase in ROS levels led to cell death after infection and that Se-BP (10 μM and 20 μM) and BP (1 × 10<sup>5</sup> cfu/mL) effectively ameliorated H<sub>2</sub>O<sub>2</sub>-induced cell apoptosis (Fig. 4), consistent with the results of previous studies about functionalized selenium (Gao et al. 2014). Combining the results of the free radical scavenging activity, cell viability, LDH release, ROS generation, MDA production and cell apoptosis assays, we conclude that compared to BP pretreatment, Se-BP pretreatment significantly attenuated oxidative damage; these results were consistent with those of a study focused on selenium-enriched lactobacillus and lactobacillus (Patel et al. 2016).

To explore the possible mechanism underlying the antioxidant effects of Se-BP, we focused on cellular signal pathways. Cells need to be constantly aware of changes in the extracellular milieu to respond accordingly, so they have developed sophisticated mechanisms to receive signals, transmit the information, and orchestrate the appropriate responses. Signal transduction mechanisms rely heavily on posttranslational modifications of proteins, among which phosphorylation plays a major role. Current knowledge suggests that the kinases referred to as MAPKs seem to be involved in most signal transduction pathways (Raman et al. 2007). Studies

have reported that MAPK is an important regulator of cell growth, survival, proliferation, inflammation, and immune reactions in response to oxidative stress (Rui et al. 2015). Our results showed that Se-BP but not BP can activate the ERK/p38 MAPK signaling pathway to protect against oxidative injury induced by H<sub>2</sub>O<sub>2</sub> (Fig. 5). However, the role of MAPKs is controversial; some studies have reported that different materials play antioxidant roles by activating of MAPKs (Borrás et al. 2005), whereas others have suggested that oxidative damage or stress contributes to the activation of MAPKs (Haddad and Land 2002; Nafees et al. 2014; Rui et al. 2015). Further work needs to be done to verify the exact effect of MAPKs under conditions of cellular oxidative damage.

In conclusion, Se-BP might play an important role in protecting cells from oxidative stress by activating the ERK/p38 MAPK signaling pathway. Although a few studies have attempted to uncover the effect of selenium-enriched probiotics on the antioxidant status and immune function, these studies mainly focused on applications in pigs or rats, which lack the potential mechanisms demonstrated in cell models. Our study focused on the interaction between cellular oxidative damage and selenium-enriched probiotics, as well as the underlying mechanism. As we aim to identify safe and efficient dietary supplement of selenium-enriched probiotics, further investigations are needed in vivo in the future. Se-BP may indeed have broad applications in oxidative stress-related diseases.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no competing interests.

**Ethics approval** The research performed did not involve human participants and/or animals.

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