**A. Aria Tzika Richard L.Robertson Patrick D. Barnes Sridhar Vajapeyam Patricia E. Burrows S. Ted Treves R. Michael Scott**

# Childhood moyamoya disease: hemodynamic MRI

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A. A. Tzika (⊠) ⋅ R. L. Robertson ⋅<br>P. D. Barnes ⋅ S. Vajapeyam<br>P. E. Burrows ⋅ S. T. Treves P. D. Barnes · S. Vajapeyam ⋅ P. E.Burrows ⋅ S.T. Treves Department of Radiology, Children's Hospital and Harvard Medical School, 300 Longwood Avenue, Boston, MA 02115, USA

**Abstract** *Background.* Childhood moyamoya disease is a rare progressive cerebrovascular disease. *Objective.* To evaluate cerebral hemodynamics using dynamic Gd-DTPA-enhanced imaging in children with moyamoya disease. Materials and methods. Eight children (2–11 years of age) with the clinical and angiographic findings typical of moyamoya disease, before and/or after surgical intervention (pial synangiosis), underwent conventional MR imaging (MRI) and hemodynamic MR imaging (HMRI). HMRI used a spoiled gradient-echo with low flip angle (10 deg) and long TE (TR/TE  $= 24/$ 15 ms) to minimize T 1 effects and emphasize  $T2^*$  weighting. Raw and calculated hemodynamic images were reviewed. Three-dimensional

time-of-flight MR angiography (MRA) and perfusion brain single photon emission computed tomography (SPECT) were also performed.

*Results.* Abnormal hemodynamic maps resulting from vascular stenosis or occlusion and basal collaterals were observed in six patient studies. HMRI depicted perfusion dynamics of affected cerebrovascular territories, detected cortical perfusion deficits, and complemented conventional MRI and MRA. HMRI findings were consistent with those of catheter angiography and perfusion SPECT. *Conclusion.* Our preliminary experience suggests that HMRI may be of value in the preoperative and postoperative evaluation of surgical interventions in moyamoya disease.

## Introduction

Moyamoya disease is a rare and progressive cerebrovascular disease of unknown etiology. The highest prevalence is reported in Japan [1]. Definitive diagnosis is made by catheter angiography, which reveals steno-occlusive disease at the internal carotid artery bifurcation and a characteristic "moyamoya" or "puff of smoke" angiographic appearance representing extensive netlike collateral vessels within the basal ganglia and thalami [2]. Childhood moyamoya disease differs from the adult form in that the disease typically occurs bilaterally, the moyamoya vessels are more prominent, there is a higher incidence of symptomatic ischemia, and there is a lower incidence of intracranial bleeding and aneurysms [3, 4]. Differences in the site and frequency of infarction as observed by magnetic resonance imaging (MRI) have also been reported [5]. The current surgical treatment in our institution is pial synangiosis in which the superficial temporal artery (STA) is attached surgically to the pia. The goal of surgical revascularization is to preserve neurologic function by restoring vascular supply to the ischemic brain through the generation of transpial collaterals derived from the STA [6]. Using a bolus gadolinium-enhanced T2\*-weighted MR technique, we hypothesize that by imaging cerebral hemodynamics, which are directly related to brain function, we could complement the current neuroimaging evaluation of children with moyamoya disease, including those undergoing surgery [7, 8].

## Materials and methods

## Subjects

Eight patients, five girls and three boys (ages 2–11 years), with one or more episodes of cerebral ischemia and moyamoya disease as diagnosed by catheter angiography, also underwent conventional MRI, MR angiography (MRA) and hemodynamic MRI (HMRI) on a 1.5-T imaging system with a quadrature head coil (Signa; GE Medical Systems, Milwaukee, Wis.). We performed a total of nine examinations, including two preoperative and seven postoperative evaluations. Postoperative studies were performed 1 year after bilateral pial synangiosis [6]. The findings on all HMRI studies were compared with the angiographic, MRI and MRA results. The results of five HMRI studies were also compared with the findings from perfusion single photon emission computed tomography (SPECT).

#### MRI protocol

The MRI protocol included: T1- and T2-weighted conventional MRI, 3D time-of-flight MRA, HMRI and T1-weighted, Gd-DTPA-enhanced MRI.

#### Conventional MRI

MRI was performed using conventional spin-echo sagittal T1 weighted images (TR =  $600$  ms, TE =  $20$  ms, NEX 2, 24 cm field of view, 5 mm slice thickness with a 20% interslice gap, and  $128 \times 256$  acquisition matrix), fast spin-echo proton density-weighted images (TR =  $2000$  ms, TE =  $17$  ms, NEX 1, 24 cm field of view, 5 mm slice thickness with a 50% interslice gap,  $192 \times 256$  acquisition matrix, echo train length = 4), and fast spin-echo T2-weighted images (TR =  $3200$  ms, TE =  $85$  ms ef, NEX 1, 24 cm field of view, 5 mm slice thickness with a 50% interslice gap,  $192 \times 256$  acquisition matrix, echo train length = 8).

#### MR angiography

MRA was performed using a 3D time-of-flight sequence with the following parameters:  $TR = 40$  ms, flip angle = 20 deg,  $TE =$ 6.9 ms, NEX 1, 18 cm field of view, 6 cm volume with 1 mm partition thickness,  $128 \times 256$  acquisition matrix. A saturation band was placed above the imaged volume to decrease venous flow signal.

#### Hemodynamic MRI

HMRI was performed using a spoiled gradient-echo (SPGR) sequence during an intravenous bolus injection of 0.1 mmol/kg Gadoteridol or Prohance (Squibb Diagnostics, Bristol-Myers Squibb, Princeton, N.J.), with the following parameters:  $TR = 24$  ms, TE = 15 ms, flip angle = 10 deg, NEX 0.75, 26 cm field of view, 10 mm slice thickness,  $128 \times 256$  acquisition matrix. Thirty images were acquired consecutively every 2.5 s at one anatomical level selected from the conventional MR images. The first six images are collected in order to achieve equilibrium with the pulse sequence. The contrast is injected after the sixth image and the image acquisition continues until all 30 images are acquired. The procedure lasts 1 min 25 s and allows for the transit of the contrast through the brain. In our experience, this time is adequate to account for delays in perfusion of certain vascular territories in patients with cerebrovascular disorders.

**Table 1** Angiographic staging of moyamoya disease (adapted with modification from Suzuki and Takaku [10])

Stage	Angiographic findings
	Narrowing of internal carotid artery bifurcation without collaterals
	Initiation of moyamoya collaterals
	Intensification of moyamoya collaterals
	Minimization of moyamoya collaterals
	Reduction of moyamoya collaterals
	Disappearance of moyamoya collaterals

The MR images were transferred from the Signa to a Sun SPARCStation 10 computer (Sun Microsystems, Mountain View, Calif.) over an Ethernet, where data analysis procedures were performed using a program written in C, and percent signal intensity images and hemodynamic parameter maps were generated [9]. The procedure for the hemodynamic parameter calculation is as follows: a noise threshold value, obtained from the known noise level of the MR scanner, is used to generate a mask image to suppress background noise. For each pixel above the noise threshold, an average precontrast signal intensity( $SI<sub>0</sub>$ ) is calculated. For each pixel within the mask, the concentration or  $\Delta R2^*(t) = \text{[In (SI<sub>0</sub>/s<sub>0</sub>)]}$  $SI(t)$ ]/TE, where  $SI(t)$  is the signal intensity at time "t", and the  $\Delta R$  2<sup>\*</sup>(t) versus t curves are obtained for each pixel. Hemodynamic parameter maps of interest are then generated as follows: the relative cerebral blood volume (rCBV) map, which is the area under the  $\Delta R$  2\* peak calculated by pixelwise numerical integration, the mean transit time (MTT) map calculated from the effective width of the  $\Delta R2^*$  peak, and the cerebral blood flow map, which is the ratio of the area under the  $\Delta R2^*(t)$  peak to the difference between the MTT and the mean bolus injection time, calculated on a pixelwise basis. For each raw image acquired, the program also calculates a percent signal intensity image, which is the intensity distribution across the selected slice as a percentage of the average precontrast intensity distribution, calculated on a pixel-by-pixel basis for each image. The percent signal intensity images suppress the precontrast signal intensity distribution across the slice and reflect only the signal intensity changes caused by the bolus transit.

## Catheter angiography

All patients underwent conventional catheter angiography prior to surgery. Six patients were studied by angiography 1 year following synangiosis. Angiography was performed with general anesthesia in children under 10 years of age, and with sedation and local anesthesia in older children. Standard femoral arterial catheterization with a modified Seldinger technique and systemic heparinization were used. Selective contrast medium injections were made in the internal and external carotid arteries bilaterally, and in one or both vertebral arteries. Filming was carried out using a serial digital subtraction technique. In seven of eight cases, the angiogram was performed within 1 week of the MRI, MRA and HMRI examinations. In the eighth patient, a preoperative angiogram performed at another institution was used for correlation. The images were evaluated by a neuroradiologist (R. L. R.) and graded according to the extent and severity of the stenoocclusive involvement, including moyamoya collaterals, using a previously described staging scheme (Table 1) [4, 10]. Basal ganglia and transpial collaterals were qualitatively graded as minor (+), moderate  $(++)$ , or extensive  $(+++)$  (Table 2).



Perfusion brain SPECT

For perfusion brain SPECT, technetium-99m (99mTc) bicisate (Neurolite, DuPont Merck, Billerica, Mass.) was given intravenously approximately 2 h prior to imaging. Tracer injections were performed while the patient rested comfortably in a quiet environment for at least 5 min. The dosage of <sup>99m</sup>Tc-bicisate was 0.3 mCi  $(11.1 \text{ MBq})/kg$ , with a minimal dose of 1.0 mCi (37 MBq), and a maximal dose of 20 mCi (740 MBq).

SPECT images were obtained using a triple detector system (MultiSPECT 3, Siemens Gammasonics, Hoffman Estates, Ill.) equipped with ultra-high-resolution collimators. A magnification zoom of 1.45 was used. Each detector rotated 360° around the patient's head in 40 nonoverlying stops of 30 s each. Hence, a total of 120 images were obtained in 20 min. Reconstruction was conducted using filtered back projection and a Butterworth filter. Cheng's attenuation correction was applied to the studies.

## Results

Table 2 summarizes the qualitative analysis of the angiographic, MRA, MRI, HMRI and SPECT findings. Table 3 summarizes regions-of-interest (ROI) analysis on selected cortical regions from the same patients as in Table 2. The calculated contralateral ratios of approximately 1 indicated symmetrical cortical perfusion.

Angiographically, the disease was bilateral in all cases. The moyamoya or basal ganglia collaterals were extensively developed unilaterally or bilaterally in six out of eight patients (patients 1, 2, 3, 5, 7, 8). Transpial collaterals as a result of the pial synangiosis were present in all postoperative patients (patients 3–8). Extensive transpial collaterals were present bilaterally in five patients (patients 3, 4, 6, 7, 8). In one patient (patient 5), transpial collaterals were graded angiographically as moderate on the left and minor on the right. Staging by catheter angiography and MRA were in agreement in all but one case (patient 4) in which MRA overestimated the severity of obstruction.

MRI showed evidence of infarction in all but one case (patient 8). HMRI showed reduced hemodynamics at all lesion sites detected by MRI. In four cases (patients 1, 2, 3 and 7), HMRI detected frontal cortical perfusion deficits in the absence of MRI abnormality. Decreased blood flow to these regions was confirmed by angiography. HMRI detected deficits or asymmetries in four cases: two preoperatively (patients 1, 2; Fig. 1, 2) and two postoperatively (patients 5, 7; Fig. 3, 4). The other four patients (patients 3, 4, 6, 8) presented symmetrical ROIs (Table 3). In the postoperative patients, only frontal deficits were identified and the other cerebral territories were bilaterally well perfused. Postoperative patients (patients 3–8) exhibited symmetric cortical perfusion with one exception (Table 1). Only one case (patient 5) demonstrated persistent frontal and occipital hemodynamic asymmetries (Tables 2, 3).

**Table 3** Quantitative analysis of HMRI data from eight patients with moyamoya disease. The ROIs used in this analysis, determined from T2-weighted MR images shown here, included primarily brain parenchyma. The intensity measurements were determined from the same locations in the HMRI images. The mean intensity value and the standard deviation from 177 pixels were established





**Fig. 1 a–e** Untreated moyamoya disease in a 2-year-old girl (patient 1). Percent signal intensity change with bolus transit through the brain. Images **a** (baseline) to **e** (10.0 s) show the intensity distribution across the selected slice as related to the transit of Gd-DTPA at intervals of 2.5 s as a percentage of the average prebolus intensity distribution calculated on a pixel-by-pixel basis. Perfusing areas show a drop in signal intensity and appear darker, whereas hypoperfusing regions do not darken during bolus transit. Note the reduced perfusion in the right frontal cortical region (*straight arrow*) compared to the left, and the perfusion deficits in the parieto-occipital cortices bilaterally (*curved arrows*). Also note prominent early perfusion of the basal ganglia due to moyamoya collaterals (*open arrows*)

Basal ganglia collaterals were detected angiographically in varying degrees in all patients (Table 2). These collaterals produced flow voids in the basal ganglia and were detected by MRI in all but one case in which mild collateral circulation was shown by cerebral angiography (patient 4, Table 2). HMRI detected basal ganglia collaterals in all but two cases (patients 3, 4, Table 2). HMRI demonstrated transpial collaterals to the middle cerebral artery territory bilaterally in the six patients studied 1 year following synangiosis (patients 3–8, Table 2).

SPECT findings were in spatial agreement with the HMRI findings in five cases (patients 1, 2, 3, 7, 8). Postoperative SPECT results were not available in three patients.

## **Discussion**

MRI is sensitive to the structural cerebrovascular abnormalities of moyamoya disease. Findings suggesting the diagnosis on MRI include multiple infarctions, absent or diminished vascular flow voids in the circle of Willis and prominent flow voids in the basal ganglia. MRA complements MRI by showing more clearly the vessels involved [11, 12].



**Fig. 2a–c** MRI, SPECT and HMRI of the same patient as in Fig. 1. **a** This T2-weighted MR image shows chronic right parietal and frontal and left parieto-occipital infarctions (*arrows*) and cortical atrophy. **b** Perfusion SPECT reveals absence of perfusion of the right frontal cortex and bilateral parieto-occipital cortices (*arrows*). **c** This blood bolume calculated HMRI image represents a calculated hemodynamic map from a 10-mm-thick brain slice with darker areas showing regions of lower relative cerebral blood volume. The image exhibits diminished perfusion of the right frontal cortex and bilateral parietooccipital cortices (*arrows*) and increased perfusion in the lentiform nuclei (*arrowheads*)

**Fig. 3 a–d** One year after bilateral pial synangiosis in a 11 year-old girl (patient 6). Percent signal intensity change with bolus transit through the brain. Images **a–d** show the percent signal intensity distribution across the slice as related to the transit of the Gd-DTPA bolus through the brain from baseline ( **a**) to 7.5 s ( **d**). Note that the perisylvian territory perfuses early (**b**), followed by the frontal and occipital cortical areas ( **c**). The basal ganglia do not show prominent perfusion due to poorly developed moyamoya collaterals





**Fig. 4 a–d** MRI, MRA and angiography of the same patient as in Fig.3. Conventional T2-weighted MRI (**a**) and MRA (**b**) are shown along with digital subtracted angiography (**c, d**). **a** The T2 weighted MR image depicts a wide left sylvian fissure (*arrow*) related to prior distal MCA infarction. **b** The MRA shows reduced flow enhancement consistent with severe stenosis or occlusion of the MCAs bilaterally and of the left PCA *(arrows*). There is flowrelated enhancement in the STA bilaterally (*arrowheads*). **c** On the lateral ICA injection, occlusion of the supraclinoid left ICA (*arrow*) is shown. **d** On the lateral external carotid injection, welldeveloped transpial collaterals from the STA (*curved arrow*) to the MCA are demonstrated (*arrows*)

In this study, we used a dynamic  $T2^*$ -weighted MR technique which has been previously described [8, 13– 15]. Our approach to HMRI consists of rapid imaging of a Gd-DTPA bolus transit through the brain using a T 2\*-weighted MR pulse sequence. A bolus of a susceptibility contrast agent distorts the local magnetic field homogeneity (shortens T2\*) and results in dephasing of spins and signal loss. In our T2\*-weighted images (Figs. 1, 3), perfused tissue appears hypointense or "dark" due to the short  $T2^*$  of perfusing protons. Perfusion deficit regions appear hyperintense or "bright" due to the long  $T2^*$  protons. Thus, the pattern of contrast enhancement on the dynamic contrast-enhanced T2\* weighted images is different from that in T 1-weighted images and reflects primarily blood volume distribution. The theory underlining the mechanism of contrast enhancement has been experimentally approached and reviewed elsewhere [16–19].

Several limitations of the HMRI technique currently used must be mentioned. First, only a single 10-mmthick slice can be imaged repetitively every 2.5 s. This provides adequate temporal resolution of the bolus transit through the brain but does not permit functional evaluation of the entire brain. When available, faster gradients combined with echo planar techniques can be used to image the entire brain efficiently, thus overcoming this limitation [20]. Secondly, quantification of absolute values for hemodynamic parameters is needed [21]. Preliminary data have shown promise and good agreement with positron emission tomography (PET), but further evaluation is needed [22].

In seven moyamoya patients, abnormal hemodynamic maps on HMRI were supported by matching MRA and angiographic findings of arterial occlusion, stenosis and collateral formation. In one patient (patient 3, Table 2), HMRI did not detect any major basal ganglia collateral perfusion. The discrepancy between the HMRI and angiographic findings may be due to the selection of the anatomic level for HMRI, which did not include the basal ganglia territory in its entirety. It can also be attributed to the low resolution of the HMRI using the current methodology. This discrepancy may be resolved in the near future with the use of a three-dimensional technique. HMRI was in agreement, however, with SPECT at a similar anatomical level in one of the cases. SPECTwas not performed in the other case.

The angiographic grading systems previously proposed for moyamoya disease are based on the severity and location of arterial stenosis and the degree of basal ganglia collaterals [3, 4]. These grading systems present limitations in correlating regional cerebral perfusion with grade, since they neither take into account transpial or transdural collaterals (surgical or native) derived from the external carotid artery nor consider the posterior circulation involvement. While external carotid collaterals may be relatively unimportant in early moyamoya disease, they become more significant with disease progression and after surgical synangiosis. We have tried to assess qualitatively the angiographic demonstration of transpial collaterals separate from our angiographic grading.

As a result of surgically created transpial collaterals as confirmed angiographically, HMRI showed bilaterally symmetric cortical perfusion in four of six patients (patients 3, 4, 6, and 8; Tables 2, 3). In patient 5, perfusion deficits as evaluated by HMRI (Tables 2, 3) were in agreement with angiographic findings of minor and moderate transpial collateralization from the right and left synangioses respectively. Although extensive transpial collaterals were formed, patient 7 exhibited reduced and delayed frontal cortical perfusion which was attributed to poor frontal lobe circulation as revealed on angiography.

Underperfused regions were distinguished from perfused cerebral territories. The overall perfusion pattern was in good spatial agreement with SPECT (Table 2). Figures 1, 2 (patient 1) and Figs. 3, 4 (patient 6) illustrate cerebral perfusion dynamics in two typical patients before and following pial synangiosis respectively. This type of information is independent and complementary to MRI because it is based on cerebral hemodynamics [13], which are directly related to brain function [23]. For example, the atrophic cortical regions shown in patient 1 (Fig. 2 a) exhibit perfusion deficits as identified in the dynamic images (Fig. 1 a–e). Also the rCBV map (Fig. 2 c) was in good agreement with the SPECT image (Fig. 2 b). Postoperative exams in patient 6 showed the success of pial synangiosis by demonstrating the distribution of the collateral circulation developed from the STA. This information was not available from the MRI. The dynamic images (Fig. 3 a–d) exhibit excellent bilateral perfusion which is symmetric according to selected intensity ratios (Table 3). The atrophied left parietal cortex, as indicated by the bright signal in the T 2-weighted image (Fig. 4 a), shows good hemodynamics (Fig. 3a–d), although MRA shows severe bilateral MCA and left PCA stenosis or occlusion. Thus, vascular supply to the originally ischemic cortex is provided largely by the collaterals developed from the STA and middle meningeal artery following the procedure of pial synangiosis 1 year earlier. This was confirmed by the findings on angiography, which showed well-developed collaterals derived from the external carotid artery branches (Fig. 4 c–d). This case is illustrative of the complementary value of HMRI to conventional MRI and MRA.

Our results with HMRI agree with published observations of the hemodynamic changes in moyamoya disease using PET. Investigators have found reduced blood flow to the affected hemisphere and significantly increased blood volume in the lentiform nuclei [24]. This is illustrated in Fig. 1 b–d, where the affected cortices exhibit diminished perfusion and blood flow is increased to the lentiform nuclei. Also, the blood volume map (Fig. 2c) shows decreased blood volume (dark) in the affected cortices and increased blood volume (bright) in the lentiform nuclei bilaterally. It has been reported that hemodynamic changes depend on the stage of the disease. Using 133Xe, cerebral blood flow of the frontal lobes has been found to be decreased [25, 26]. We have observed similarly low perfusion in the frontal lobes of our moyamoya patients (Table 1). In fact, HMRI has the ability to detect hemodynamic changes in the frontal cortex which are not apparent with MRA because of small vessel dynamics.

The capability of this technique to provide information on hemodynamics not available from conventional MRI and MRA, and the potential for demonstrating the pathophysiologic characteristics of stroke, as well as guiding early therapeutic intervention, has been reported in some pediatric and adult patients [15].

In conclusion, HMRI provides additional functional information not available from conventional MRI, MRA, or angiography. HMRI may be of value in the preoperative and postoperative evaluation of surgical intervention in moyamoya disease.

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